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► To cite this version:

Rolando Cerda, Jacques Avelino, Celia A. Harvey, Christian Gary, Philippe Tixier, et al.. Coffee agroforestry systems capable of reducing disease-induced yield and economic losses while providing multiple ecosystem services. *Crop Protection*, 2020, 134, pp.105149. 10.1016/j.cropro.2020.105149 . hal-02539732

HAL Id: hal-02539732

<https://hal.inrae.fr/hal-02539732>

Submitted on 15 Apr 2020

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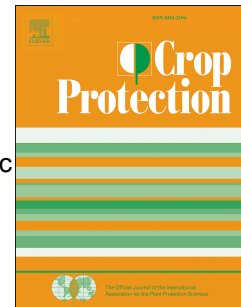


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Journal Pre-proof

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PII: S0261-2194(20)30082-X

DOI: <https://doi.org/10.1016/j.cropro.2020.105149>

Reference: JCRP 105149

To appear in: *Crop Protection*

Received Date: 11 October 2019

Revised Date: 10 March 2020

Accepted Date: 13 March 2020

Please cite this article as: Cerda, R., Avelino, J., Harvey, C.A., Gary, C., Tixier, P., Allinne, Clé., Coffee agroforestry systems capable of reducing disease-induced yield and economic losses while providing multiple ecosystem services, *Crop Protection* (2020), doi: <https://doi.org/10.1016/j.cropro.2020.105149>.

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**Coffee agroforestry systems capable of reducing disease-induced yield and economic losses
while providing multiple ecosystem services**

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Abstract

Crop losses caused by pests and diseases decrease the incomes and threaten the livelihoods of thousands of families worldwide. A good example of the magnitude of these impacts are the massive crop losses experienced by coffee farmers in Central America due to coffee leaf rust. Coffee farmers need agroecosystems that are capable of regulating the negative impacts of pests and diseases while providing other ecosystem services on which their households and society depend. In this study, we aimed to identify the most promising coffee agroforestry systems for regulating diseases and ensuring the provision of other ecosystem services. During two years, in a research network of 61 coffee plots under a wide variety of shade and management conditions in Turrialba, Costa Rica, we quantified primary and secondary coffee losses (yield and economic losses) and indicators of three other ecosystem services: provisioning of agroforestry products (bananas, plantains, other fruits, and timber), maintenance of soil fertility and carbon sequestration. We then performed an analysis of the relationships between losses and ecosystem service indicators. Based on the results of relationships and on three criteria, we identified the coffee agroforestry systems that had the lowest losses due to diseases and that provided desirable levels of agroforestry products, soil fertility and carbon sequestration. We found multiple significant relationships between losses and ecosystem services (including both tradeoffs and synergies) which allowed us to derive recommendations for better management strategies to reduce yield losses. We identified six coffee agroforestry systems (CAFs) as the most promising ones for reducing losses while simultaneously providing other ecosystem services. One of these CAFs was a simple agroforestry system (dominated by service trees), three were medium diversified CAFs and two were highly diversified CAFs (systems including service trees, timber trees, fruit trees and musaceas). The six CAFs differed in their cropping practices and farmer profitability objectives. The six CAFs offer several options for the design of new coffee plantations or for the transformation of existing plantations. Several of this promising CAFs use little fungicides, which is an indicator that the reduction of chemical inputs could be possible. Our results suggest that the regulation of diseases and associated losses in agroforestry systems should be based on, and take advantage of, the positive effects of plant biodiversity, adequate shade cover, good soil fertility, and minimal use of fungicides.

Key words: Design; Primary losses; Secondary losses; Soil fertility; Carbon sequestration; Trade-offs

1. Introduction

Regulation of pests and diseases is an important ecosystem service worldwide. Pests and diseases cause severe crop losses, threatening agricultural production and reducing the food security and incomes of farmers (Oerke et al., 1994; Oerke, 2006). In the countries of Central America in 2011–2012, an outbreak of coffee leaf rust, due to the pathogen *Hemileia vastatrix*, along with suboptimal cropping practices, caused significant yield losses leading to an average yield reduction of 20% in the following years. Since then, coffee production in the region has continued to be low (Cerde et al., 2017b).

Injury profiles, i.e. a given combination of injury levels caused by a range of diseases and pests (Savary et al., 2006), can differ dramatically according to crop systems in terms of encountered injuries and the levels they reach. A specific crop system can help regulate some diseases but promote others. In coffee systems, for instance, it is known that full-sun crops are more prone to coffee berry disease (*Colletotrichum kahawae*); branch dieback, a syndrome exacerbated by *Colletotrichum* fungi; brown eye spot (*Cercospora coffeicola*), and Phoma leaf blight (*Phoma costaricensis*). In contrast, shaded coffee systems are deemed prone to coffee leaf rust (*Hemileia vastatrix*), American leaf spot disease (*Mycena citricolor*), coffee wilt disease (*Fusarium xylarioides*) and thread blight (*Corticium koleroga*) (Avelino et al., 2011; Avelino et al., 2018). Quantifying the overall pest and disease regulation service within coffee systems is therefore difficult; however, valuing this service can be achieved through crop loss assessments (Avelino et al., 2011; Cerde et al., 2017a; Avelino et al., 2018). Crop systems that help reduce crop losses due to pests and diseases are those that will be of interest to farmers, even if some pests and diseases are present.

Crop losses due to pests and diseases include losses in quantity and/or quality of the crop product (Oerke, 2006), normally resulting in economic losses (Nutter et al., 1993). Both primary and secondary crop losses should be considered. Primary crop losses are those caused in the specific year when pest and disease injuries occur, while secondary crop losses are those resulting from negative impacts of these pests and diseases in subsequent years (Zadoks and Schein, 1979; Avelino et al., 2015). For instance, foliar diseases in coffee cause defoliation and death of branches that will no longer bear fruits, leading to secondary losses.

A recent study on coffee has shown that the secondary yield losses (38%) can be higher and therefore more important than primary yield losses (26%) caused by foliar pests and diseases (Cerdeira et al., 2017b). Since coffee has a biennial production rhythm characterized by a repetitive cycle of high production one year and low production the following year (DaMatta et al., 2007), the interaction between the biennial behavior of production and pests and diseases impacts on coffee yield can lead to strong economic fluctuation and instability for coffee farmers. The main coffee diseases to consider in Latin America and the Caribbean are coffee leaf rust (*H. vastatrix*), American leaf spot (*Mycena citricolor*), brown eye spot (*Cercospora coffeicola*) and anthracnose (*Colletotrichum gloeosporioides*); ultimately branch dieback must be considered, which is itself aggravated by a complex of opportunistic fungi.

Given such a problematic scenario, combating coffee diseases is a priority for governments and private sectors in the Latin American and Caribbean region. There is a need to better understand how different management practices and the agroecosystem structure influence crop losses. Coffee is produced under a wide variety of different conditions with different levels of management intensity. There are coffee plantations in monocultures (full sun) and shaded coffee plantations which range from simple to highly complex agroforestry systems (Toledo and Moguel, 2012).

An important and major challenge is to design coffee agroforestry systems capable of regulating pests and diseases and reducing resulting losses while, at the same time, maintaining other ecosystem services necessary for farmers and for society as a whole. For instance, for farmers and their families, the provision of diversified products such as fruits, timber, firewood and others from coffee agroforestry systems is important for household income and food security (Rice, 2008). The maintenance of soil fertility (a regulation service) is of interest to farmers, given that their production depends in great part on soil quality (Müller et al., 2015). For the society in general, carbon sequestration is a key regulation service, as it contributes to the mitigation of climate change (MEA, 2005). All of these services can be provided individually or simultaneously by coffee systems, depending on the type of agroforestry system and its management.

It is also important to understand the relationships among different ecosystem services, since management decisions that improve the delivery of a particular service can affect other services (Cheatham et al., 2009; Mora et al., 2016). To increase beneficial or synergetic relationships, trade-offs between ecosystem services

must be minimized and synergies promoted (Iverson et al., 2014; Rapidel et al., 2015). In the case of multiple cropping, such as agroforestry systems, knowledge of the trade-offs and synergies among ecosystem services is important for improving the management of the biodiversity. This knowledge is a necessary step towards the ecological intensification of agriculture, i.e. an agricultural intensification to increase yields with improved ecosystem services and reduced negative externalities (Kremen and Miles, 2012; Geertsema et al., 2016). It is also important to estimate the monetary values of ecosystem services and use this information in the assessment of relationships, because this can shed light on the magnitude of trade-offs or synergies (Peh et al., 2016). Several recent studies have already demonstrated the usefulness of assessing relationships among ecosystem services to guide farm management decisions. For instance, trade-off analysis in agroforestry systems (with coffee and cocoa especially) have yielded strategic recommendations to improve the design and management of different types of such systems (Wade et al., 2010; Meylan et al., 2013; Somarriba et al., 2013; Cerda et al., 2017a).

With this research, we aimed to identify the most promising coffee agroforestry systems (CAFs) that can serve as production models for farmers. Here we define 'promising' CAFs as those capable of reducing yield and economic losses due to diseases while also providing other ecosystem services. We studied a wide variety of coffee agroecosystems with different cropping practices, contrasting types of shade canopies and different altitudinal locations. Our specific objectives were to (1) quantify the delivery of provisioning services (coffee yield, agroforestry products, cash flow, value of domestic consumption) in different CAFs; (2) quantify indicators of regulation services (coffee yield losses and economic losses, incidence of diseases) plus indicators of maintenance of soil fertility and carbon sequestration in the aboveground biomass; and (3) analyze the relationships among those ecosystem services in order to identify the most promising CAFs. From these promising CAFs, we also aimed to derive technical recommendations to prevent losses from diseases. The indicators of ecosystem services chosen in this study are relevant for characterizing the basic needs of farmers' families, the natural resources in agroforestry systems and the environment in general (Rice, 2011; Somarriba et al., 2013; Cerda et al., 2014; Pinoargote et al., 2016).

2. Materials and methods

2.1 Data collection and calculation of indicators of ecosystem services

2.1.1 Location and coffee plot network

To characterize the delivery of multiple ecosystem services in coffee agroforestry plots, we collected data for two years (2014–2015) in 61 coffee plots in a research network established in Turrialba, Costa Rica. Turrialba is characterized as a premontane wet forest life zone (with mean annual rainfall = 2781 mm and a mean annual temperature = 22.2°C; 10 year averages), where coffee is grown from 600 to 1400 meters above sea level (m.a.s.l.). To sample the diverse set of conditions under which coffee is grown, we selected coffee plots that varied in terms of their management practices (e.g. fertilizers, weeding, pests and disease control, etc.), shade types (ranging from coffee systems in full sun to CAFs with high plant biodiversity) and in different altitudes from 600 to 1200 m.a.s.l. All coffee plots were owned by smallholder farmers and had the coffee variety *Caturra* as the dominant variety on the farm; this variety is also the most common in the region.

2.1.2 Measurements in coffee plants

In each coffee plot, we marked a subplot composed of eight coffee rows with 15 plants each and selected eight coffee plants (one per row). In these plants, we measured the number of fruiting nodes (yield component) and the number of dead productive branches (yield-reducing factor) as predictors of yield and yield losses (Cerdeira et al., 2017b). In the same plants, we measured the presence of foliar diseases in the leaves of three lateral branches (one branch in the lower part of the coffee plant, another in the middle and a third in the upper part) five times during the year, and then we calculated the standardized area under the disease progress curve (SAUDPC) for each disease. We also took measurements of the dieback level in all plants of the subplot. Dieback was considered as a result of negative effects of both biotic and abiotic factors. Additional details on the coffee plant measurements can be found in Table 1.

2.1.3 Characterization of shade canopy

In order to characterize the structure of the shade canopy, we marked a circular area of 1000 m² in the center of each subplot for the identification and measurements of plants and trees. We measured the species richness, tree abundance and trunk diameters (at breast height = 1.30 m; for trunks with diameter >5 cm) of each tree and classified shade plants into different types: timber trees, fruit trees, service trees and *musacea* plants (bananas and plantains). We defined 'service trees' as leguminous trees that provide leaf litter biomass to the soil and/or fix nitrogen; these trees can also provide fodder to feed livestock. Four times per year we measured the shade cover with a spherical densitometer in the four corners and in the center of the subplot and obtained yearly averages. We used this data to group coffee plots in three main types of coffee agroecosystems: coffee in full sun (CFS), coffee agroforestry systems with low plant diversification (CLD) and coffee agroforestry systems with high plant diversification (CHD).

2.1.4 Farmer surveys

We interviewed the farmers to collect data on management and agroforestry production, which we used to calculate indicators of provisioning services such as cash flow and value of domestic consumption. We applied semi-structured interviews to obtain the necessary data on cropping practices and production costs differentiated by inputs and labor (family labor and hired labor); yields of agroforestry products other than coffee (bananas, plantains, other fruits, timber); quantity of agroforestry products for domestic consumption and quantity of agroforestry products sold; and local cost of hired labor and of agroforestry products.

2.1.5 Calculation of indicators of ecosystem services

We used our field data to calculate indicators of four ecosystem services: regulation of diseases, provisioning of agroforestry products, maintenance of soil fertility and carbon sequestration. Table 1 lists the ecosystem service indicators, along with the main methods used to obtain them. In addition to being relevant for farmers, these indicators meet useful criteria in the study of ecosystem services, such as possible to quantify, sensitive to changes in the system management, respond to change in a predictable manner and reflect the features of the system (Dale and Polasky, 2007). Models and equations to estimate yields and yield losses

and economic losses are shown in Table 2; their indicators of prediction quality are presented in supplementary materials.

2.2 Analytical methods

2.2.1 Characterization of the relationships between indicators of losses and indicators of ecosystem services

To analyze the relationships between losses (yield and economic losses) and indicators of ecosystem services, we carried out bivariate linear regressions between losses and indicators of presence of diseases (reflected by the sAUDPC) and between indicators of losses and indicators of the other ecosystem services studied (Table 1). The regressor variables were the indicators of presence of diseases, provisioning of agroforestry products, maintenance of soil fertility and carbon sequestration listed in Table 1. The dependent variables were the indicators of yield losses: primary yield losses (%) and their economic primary losses (USD ha⁻¹) and secondary yield losses (%) and their economic secondary losses (USD ha⁻¹). A total of 48 regressions were performed and represented graphically. Since both yield losses and economic losses should be reduced, the relationship is interpreted as a synergy if the relationship between a loss and a given indicator of ecosystem service is negative (Fig. 1B): the increase of this given indicator is related to a reduction of the loss (i.e. greater yield). Conversely, if the relationship is positive, then this relationship is interpreted as a trade-off (Fig. 1C) because the improvement of this given ecosystem service is related to the increase of loss (i.e. lower yield).

2.2.2 Identification and characterization of the most promising coffee agroecosystems

In each graphical representation of the 48 regressions, a 'desirable area' was determined as part of the procedure to identify the most promising CAFs. The desirable area was defined as the area containing points, i.e. coffee plots, delimited by 'desirable levels' of the two indicators of ecosystem services analyzed in each regression (Fig. 1). The delimitation of the desirable areas followed three steps: (1) the outlier points of indicators of yield and economic losses were removed from the analysis to avoid bias from uncommon observations; (2) medians for all indicators of ecosystem services were calculated; and (3) each desirable area was delimited based on the data of the medians, which were considered as boundary values in this

study. In the case of regressions between losses and indicators of provisioning services, maintenance of soil fertility and carbon sequestration, the graphical representation was divided into four quadrants according to the medians in each axis and only one quadrant represented the desirable area. In the case of regressions between losses and indicators of diseases, the graphical representation was divided into only two zones according to the median in the axis of losses (because it was considered that low yield loss, even with high levels of a disease, is an acceptable situation). Thus, only one zone represented the desirable area (Fig. 1). This approach of identifying plots that attain desired values of pairs of ecosystem services was proposed as an important part of designing agroecosystems (Rapidel et al., 2015) and has already been applied in a previous study on ecosystem services provided by coffee systems (Cerdeira et al., 2017a).

The most promising CAFs (specific coffee plots) for providing multiple ecosystem services were those that met three criteria. First, the plots had to have lower values of secondary yield losses and secondary economic losses than the median of the dataset, given that secondary losses were the most important (higher than primary losses). This means that promising plots had to be at least within the 50% of the plots with lower secondary losses. Second, the coffee plots could not present negative values of cash flow in either of the two studied years, because cash flow reflects the gain or loss of money in cash taking into account the sales of agroforestry products and the costs of production invested (Table 1). Promising coffee plots, therefore, should never produce a loss of cash for the farmer. Third, and finally, the coffee plots had to be located in at least 32 desirable areas of the 48 regressions (two thirds—67—of the desirable areas). We chose this cutoff in order to identify a reasonable number of most promising coffee plots that can be considered as successful production models from which we can learn. A lower cutoff (e.g. 50%) would have resulted in too many apparently promising plots, and a higher cutoff (e.g. 80%) would have resulted in only one promising plot. We considered that the coffee plots fulfilling all three criteria were the most promising coffee agroecosystems for the regulation of diseases (reduced crop losses), the provisioning of products for farming families and the maintenance of soil fertility and sequestration of carbon. Finally, for each of the most promising CAFs identified, we described its characteristics of structure and composition of the shade canopy, cropping practices, production costs and the indicators of ecosystem services it provides.

3. Results

We found 21 significant relationships ($p < 0.05$) between yield losses and economic losses and ecosystem service indicators (out of total 48 regressions). We identified six promising CAFs that hold the greatest potential to provide multiple ecosystem services simultaneously. We first present figures of relationships among different ecosystem service provisions. In each figure, the types of coffee agroecosystems can be differentiated, and the six most promising CAFs are identified. We then describe their characteristics in detail.

3.1 Relationship between diseases and losses

The percentages of coffee leaf rust and dieback were positively related to yield losses and economic losses, which indicates that these phytosanitary problems are the most dangerous for the crop. According to the determination coefficient (R^2), primary yield and economic losses were more related to dieback, and secondary yield and economic losses were more related to coffee leaf rust. The percentage of brown eye spot were low in general and no related losses were highlighted (not significant), which means that this disease was not as important as the other two in our context (Fig. 2).

An important finding was that despite several coffee plots having high levels of disease (up to 70% of coffee leaf rust and up to 60% of dieback index), they were still located in the desirable areas with low yield losses and economic losses; most of them were agroforestry systems of CLD and CHD types. This is an important insight that there are systems capable of avoiding high losses despite a high presence of pathogens. The six most promising CAFs were among them (Fig. 2).

3.2 Relationships between indicators of losses and indicators of ecosystem services

We found five significant relationships of yield losses and economic losses with indicators of provisioning services, three with indicators of maintenance of soil fertility and five with indicators of carbon sequestration, yet, the R^2 in most of those relationships were equal or lower than 0.10 (Figs. 2, 3, 4 and 5). Such very low

R²s do not indicate clear relationships. Therefore, in the following paragraphs we focus on interpreting only relationships with R²s higher than 0.10.

Most of the coffee plots in the desirable areas with low losses and indicators of provisioning services were agroforestry systems (CLD and CHD). Among them, the systems with high diversification (CHD) were those capable of contributing the most to domestic consumption of agroforestry products, while the systems with low diversification (CLD) contributed the most to both coffee yields and cash flow in both years of evaluation. Very few systems at full sun (CFS) were identified as capable of maintaining low losses and at the same time providing good cash flows. All six most promising CAFs were in desirable areas between low secondary losses and desirable provisioning indicators, but not all of them were in desirable areas with low primary losses (Fig. 3).

We found few significant relationships between losses and indicators of maintenance of soil fertility. Only the relationships between soil K and secondary losses registered R²>0.10 and were positive (Fig. 4), but in such figures we noted that only the high K data of two coffee plots could be leading to the positive relationships; therefore, it is not possible to conclude that high K soil contents (specially in CHD) would lead to the increase of losses in general.

We found more CAFs (CLD, CHD) than coffee at full sun (CFS) registering low yield losses, low economic losses and good indicators of soil fertility (desirable areas in Fig. 4). This was more evident in the desirable areas with soil acidity and soil K, which reflects the importance of trees and other plants maintaining healthy soils. The six most promising CAFs were in desirable areas between losses and soil acidity, but not all of them in desirable areas between losses and soil K and soil C (Fig. 4).

We found a significantly positive relationship between secondary economic losses and carbon in timber trees, with an R² = 0.16. We also found a similar tendency with carbon in fruit trees (Fig. 5). Although the R²s were low, such relationships provide an insight that there can be trade-offs associated with tree densities, because while the service of carbon sequestration is improved, increased tree densities can lead to the increase of yield losses and resulting economic losses.

We noted that none of the coffee plots with carbon in timber trees higher than 8 Mg ha^{-1} , and none of the coffee plots with carbon in fruit trees higher than 4 Mg ha^{-1} registered low yield and economic losses (out of desirable areas, Fig. 5). It was interesting to find that coffee plots with carbon in service trees up to 27 Mg ha^{-1} were still located in desirable areas with low secondary losses, which indicates that the presence of that type of tree does not cause trade-offs between services and can contribute to reducing losses (Fig. 5).

In general, less than the third part of the coffee agroecosystems (full sun systems and agroforestry systems) evaluated in this study were located in each of the desirable areas between losses and indicators of ecosystem services (Figs. 3, 4 and 5). Among them, two desirable areas were the most difficult to reach: low secondary yield losses in combination with high soil K content, and low secondary yield losses in combination with high carbon content in fruit trees and timber trees. Only less than 16% of coffee agroecosystems reached desirable levels of such combinations.

3.3 The most promising coffee agroforestry systems for providing multiple ecosystem services simultaneously

We identified six CAFs as the most promising ones for the simultaneous regulation of diseases (low yield losses and low economic losses) and provision of other ecosystem services. Although they differed in their agroforestry structure, agronomic management and indicators of ecosystem services, all six CAFs met the three criteria proposed (in section 2.2.2) to be the most promising systems: 1) low secondary losses, 2) positive cash flow, and 3) located in at least 32 of the 48 possible desirable areas, deduced from the bivariate relationships between indicators of ecosystem services. Our results suggest that the provision of important benefits for farmers is not restricted to a given type of shade of the system but can be achieved by different agroforestry systems depending on their particular management strategies.

We numbered the CAFs from 1 to 6 according to the complexity of their shade canopies: from the simplest (CAF1) to the most complex (CAF6). The six CAFs were notably different in the structure and composition of their shade canopies, their agronomic management and the ecosystem services they provide. The densities and basal areas per type of tree (service, fruit, timber trees and bananas), as well as the species richness and shade cover of the plot, also differed among the six CAFs (Table 3).

The agronomic management differed mostly in the number of fungicide and herbicide applications and in the cost of hired labor and cost of inputs. In general, more practices and higher costs were applied in 2014 than in 2015 (Table 4), because when farmers realize that a given year (2015) is going to produce low yields, they prefer to reduce expenses. The management of shade trees was considered similar among the six CAFs, because farmers in the study area usually prune service trees twice a year in (once a few weeks before the beginning of the coffee harvest season and the other after the end of the harvest season). Farmers do not apply silvicultural practices to fruit or timber trees; and management of bananas is sporadic (they just cut diseased leaves when they are applying practices to coffee plants).

In Tables 3 and 4, we present summary data of the 61 coffee plots evaluated in this study (mean, standard deviation, minimum and maximum of all variables) to show the overall characteristics of coffee agroecosystems in the study area. It is possible to note that the most promising CAFs had lower densities of trees than many of the other coffee plots, which indicates that these promising CAFs avoid excessive densities (Table 3). However, the promising CAFs had similar frequencies of cropping practices as others, but lower production costs (Table 4).

Although all six CAFs presented good values of most of the indicators of ecosystem services, they were quite different in each indicator. In Table 5 we show the data of ecosystem services for each promising CAF and the summary data for all the 61 coffee plots. The six CAFs, although different among them, in general, were superior to other systems in terms of ecosystem service provision. For instance, yield losses and economic losses were lower than the means of all systems. Finally, in Table 6, we present a summary of the characteristics of the six CAFs related to their agroforestry structure, yield losses, yields and management strategies.

4. Discussion

4.1 Yield losses to identify crop systems tolerant to diseases

Primary and secondary yield losses were positively related to coffee leaf rust and dieback that leads to the death of productive branches, considered as the main yield-reducing factor (Cerdeira et al., 2017b). However, we highlight as an important finding that the coffee plots with the lower primary and secondary losses were not necessarily associated with lower disease levels. For instance, among the six most promising CAFs, the

percentage of coffee leaf rust ranged from 24% to 63%, but their primary yield losses did not surpass 6% and their secondary yield losses did not surpass 18%, much lower than the other coffee agroecosystems. In other words, some crop systems tolerate disease incidences better than others. Plant tolerance to pests and diseases, i.e. the plant's ability to produce a good harvest even with high disease or pest intensities (Agrios, 2005), can be related to good nutrition and appropriate shade cover in agroforestry systems (Toniutti et al., 2017; Villarreyna et al., 2020).

Given that reduced yield losses can be considered as indicators for valuing the regulation of pests and diseases as an ecosystem service (Avelino et al., 2011; Avelino et al., 2018), the six most promising CAFs can be considered as crop systems that provide such a service. However, it is important to clarify that these CAFs did not reduce yield losses only due to their natural capacity to tolerate diseases, thanks to their plant biodiversity levels and good soil fertility, but such capacity was reinforced by the control of diseases. In all of these promising systems, fungicides were applied with certain frequency. In this matter, it is also worth mentioning that strict control of diseases based only on pesticide application or on the removal of trees of the canopy to reduce excessive shade cover (such as in agroforestry systems) can be detrimental to the provision of other ecosystem services (Cheatham et al., 2009). Therefore, for effective regulation of diseases without trade-offs with other services, we believe that the control of phytopathogens must be combined with the regulation that the system itself provides, i.e. through the use of plant diversification, adequate shade cover and maintenance of soil fertility. A moderate shade cover (about 30%), for instance, helps avoid excessive fruit loads that increase the susceptibility of coffee plants to diseases, and good soil fertility enhanced by the organic matter provided by shade trees improves the ability of coffee plants to tolerate pathogen attacks (Cerdeira et al., 2017a; Villarreyna et al., 2020). Thus, shade trees contribute to improve coffee diseases management, reducing the dependence of farmers on chemical pesticides use for disease control. When there is excessive shade cover, instead of removing shade trees, management of these shade trees by pruning should therefore be encouraged.

4.2 Management and economic strategies to maintain the crop system sustainability

The six most promising CAFs were identified by their ability to provide various ecosystem services simultaneously, which is important to enhancing ecological sustainability while being profitable. Each of the

CAFs has a specific agroforestry structure and different combination of cropping practices, showing that there can be several and varied strategies that farmers can choose for the design of new plantations or for transforming existing plantations. There appear to be two pathways for reducing yield losses to disease: 1) applying fungicides to maintain high yields (as in CAF1 and CAF5), or 2) obtaining lower but acceptable yields with limited use of fungicides (e.g., CAF 2, 3, 4 and 6) (Fig. 6). These latter systems indicate that the reduction in fungicide use can be possible. An alternative to fungicides can be the use of biological products with bacteria or fungi that are antagonists to pathogens. In addition, the use of fungicides for avoiding epidemic growth must be planned based on the monitoring of diseases and the rainfall regime (Belan et al., 2015; Zambolim, 2016). Such actions can help reduce the use of chemical fungicides in quantity and frequency and yet help to protect the system, instead of only applying pesticides as an urgent measure when the epidemic has reached loss-inducing levels. The idea is to structure and manage coffee systems to maximize their preventive strengths against pests and diseases (Lewis *et al.*, 1997).

It is known that farmers do not apply radical changes to their systems when they want to make improvements in structure or management; instead, they will apply incremental changes step by step according to the availability of resources (Mussak and Laarman, 1989). Therefore, one way to encourage farmers to change their coffee systems to more sustainable systems is to identify what type of coffee plantation they currently have and provide technical advice on how to change this plantation into one of the 6 more promising CAFs, depending on which one they are most interested in and their resources. Figure 6 shows potential transformation pathways for each of the main types of coffee agroecosystems. For instance, monocultures in full sun could be transformed into simple agroforestry systems coffee-service trees (CAF1); depending on the initial level of diversification and on the management strategy, coffee systems with low diversification could be transformed into CAF2, CAF3 or CAF 4; and coffee systems with high diversification could be transformed into CAF5 or CAF6. Then, it is possible to incrementally change the level of shade diversification and so improve ecosystem services while reducing pesticide use to increase sustainability of the crop system, as indicated by the colored arrows in Figure 6. Since our study did not include organic farms, we do not have promising systems without any chemical pesticide use; therefore, the design of a transition pathway toward completely agroecological systems should be a future topic of study.

Another important strategy is to replace varieties susceptible to the main diseases with resistant varieties, as is being promoted by development projects in the region. However, it is important to take into account several considerations. The change of varieties implies moderate to high costs to farmers, thus, the process should be gradual and could take several years, especially in the case of smallholder farmers. The resistance of improved coffee varieties is being surpassed after several years due to the evolution of pathogens, so farmers cannot rely on these new varieties to confer long-term resistance; instead, the integral management of agroforestry systems (soil fertility, uniform shade cover, microclimate, plant diversity) will be always necessary to prevent the development of diseases and resulting losses (Avelino and Anzueto, 2020).

4.3 Management recommendations derived from the characteristics of the most promising coffee agroforestry systems

From the six most promising CAFs, we can identify specific characteristics of their shade canopies and management and use them as guides for reducing losses and providing ecosystem services. Based on the range of characteristics of the six CAFs (Tables 3 and 4), we derived six important recommendations for farmers who want to grow coffee in a sustainable manner and obtain other benefits, not only coffee yield.

a. Densities and management of service trees: service trees can be managed with densities up to 350 trees ha⁻¹ in simple agroforestry systems where the service tree is used as the main shade species. In more diversified agroforestry systems, service trees could reach up to 200 trees ha⁻¹ when the service tree species are wanted to be the most represented into the system. In diversified systems where bananas and other fruits or timber trees are more important for the farmer, service trees should not surpass 30 trees ha⁻¹. It is important to note that in this study we are referring to service trees of the family *Fabaceae*, mainly of the species *Erythrina poeppigiana*, which are easily pruned once or twice per year to maintain low shade cover with crowns of low height. If the user is planning to manage different service trees, for instance *Inga spp*, which are not easily nor frequently pruned, then the densities should be much lower because these trees tend to have wider and denser crowns, and high densities can result in excessive shade.

b. Densities of musaceae plants: the density of musaceae plants can reach up to 300 plants ha⁻¹ in medium diversified agroforestry systems where the production of bananas or plantains is a priority for

the farmer apart from coffee. For plantations with high densities of musaceae plants, there should be very low density of shade trees (<40 shade trees ha^{-1}). In highly diversified agroforestry systems where the objective is to cultivate fruit or timber trees, the density of musaceae plants should be much lower (~ 30 plants ha^{-1}).

c. Densities and species of fruit trees: in diversified agroforestry systems, such as CAF 5 and CAF 6, the density of fruit trees reached up to 80 trees ha^{-1} , but with small trees, most of them *cas* (*Psidium friedrichsthalianum*) and *arazá* (*Eugenia stipitata*), which were young trees (according to their basal areas) and had low shade cover. If the farmer wants to use other types of fruit trees, such as oranges or avocados, which have denser crowns, then we estimate that the density of such trees could be between 20 and 30 trees ha^{-1} , in order to avoid risk of excessive shade and competition with coffee plants for soil nutrients.

d. Densities and management of timber trees: in diversified agroforestry systems, timber trees should not surpass 30 trees ha^{-1} when they are tree species similar to *Cordia alliodora* or *Cedrela odorata*, as found in this study. One of the CAFs had 170 trees ha^{-1} but these were young and small trees; the farmer will likely reduce the density of trees in future years. Low densities of timber trees can be managed in agroforestry systems and still sequester important amounts of carbon and produce timber, as long as the silvicultural management favors as much as possible thickness increment of the main trunk (Somarriba et al., 2013).

e. Level of shade cover: the shade cover was variable among the most promising CAFs, but none of them surpassed 35%. This should be the maximum percentage of shade cover to manage in a climate such as that of Turrialba, where it is rainy most part of the year (mean annual rainfall = 2781 mm).

f. Cropping practices: weed control (with herbicides and/or machete weeding) should be done as necessary: at least three controls per year would be ideal. The use of herbicides should be limited if possible, which could be achieved by the use of a uniform shade cover in the plantation. At least one application of fertilizers per year is needed: two would be better. Harvests should be every two weeks in an area such as Turrialba, where ripe fruits can be seen frequently during the six-month harvest season. The application of fungicides per year was variable among the most promising CAFs, from

one to six applications. In case of small farmers, we believe the ideal to be two applications per year (as in several of the most promising CAFs). As mentioned, the quantity of fungicides used in the system can be reduced based on disease monitoring, by applying fungicides as soon as the disease reaches specific low incidence thresholds that help prevent the epidemic growth and further control needs. This practice has the potential to reduce the frequency of applications and quantity of inputs. More than four applications of fungicides can be justifiable when there is a strong risk of plant defoliation and high yield losses, but this is not always feasible for small farmers due to the investment needed. The use of fungicides should be the last resort.

4.4 Lessons from the analysis of relationships between indicators of ecosystem services

The analysis of the relationships between indicators of losses and indicators of other ecosystems services, and the determination of desirable areas (Figs. 2-5) were useful for identifying crop systems that maintained high yields (i.e. low losses to diseases), were financially profitable and ecologically sustainable. Although the R^2 s were low for most relationships, these relationships can still be considered as indicators of possible trade-offs or synergies, as long as they are significant ($p < 0.05$). Similar approaches, methods and findings were used in an assessment of ecosystem services by a set of agroforestry systems with coffee, cocoa, basic grains, pastures and home gardens (Cerdeira et al., 2019). In this study, the trade-offs found between ecosystem services become important warnings to avoid high yield losses and economic losses. For instance, the trade-off of increasing carbon sequestration (in fruit and timber trees) that leads to increased losses of coffee yields suggests that excessive presence of that type of tree should be avoided. In the case of relationships that could reflect synergies, such as the one of increasing soil carbon and reducing losses, the indication is that the increase of organic matter could help reduce losses, i.e. not necessarily by regulating diseases directly but by reducing their negative impact on yield (Avelino et al., 2006).

Some relationships, such as the ones between losses and domestic consumption, should be interpreted carefully. The positive relationship between the value of domestic consumption of agroforestry products and secondary losses of coffee could be seen as an undesirable relationship (trade-off); however, this can be seen as the farmers' strategy to face coffee losses by using the biodiversity—they increase the consumption of other products coming from the system when they realize that coffee yield is going to be low. Farmers use

agroforestry products (fruits, timber and others) to increase the self-consumption of on-farm products, increase incomes and therefore reduce financial risk (Ramírez et al., 2001; Rice, 2011).

When no significant relationships were found, that means that a given ecosystem service can be increased without increasing yield losses and economic losses. Independent of the significance and type of relationships (trade-offs or synergies), the identification of desirable areas in the regression graphics makes it possible to identify which type of agroecosystems are achieving desirable levels of ecosystem services (Rapidel et al., 2015). In addition, this approach was also useful for identifying which desirable combinations of ecosystem services are the most difficult to achieve. For example, few coffee systems achieved desirable combinations of low secondary losses with more soil K, and more carbon in timber and fruit trees. This indicates that soil fertilization strategies and silvicultural tree design-management should be improved.

Suggestions for how to improve the structure of the agroforestry systems and their management must be in line with farmer priorities. In this study, our proposed recommendations are primarily focused on improving disease regulation and increasing coffee yields, given that the coffee in the region is in a severe crisis due to the attack of coffee leaf rust and unfavorable socioeconomic and climate conditions; therefore, actions are needed to reduce crop losses (Avelino et al., 2015). The other goals are to promote plant diversity in agroforestry systems in order to provide other tangible products (fruits, timber), maintain soil fertility and contribute to climate mitigation through carbon sequestration. In other regions, the most promising systems should be identified or designed based on the priorities established according to the particular context and/or the interests of the main stakeholders. However, it is always critical to give an important weight and focus to disease regulation and control, given that the actions needed directly or indirectly affect the biodiversity and provision of ecosystem services of the crop system (Cheatham et al., 2009).

The quantification of several indicators of ecosystem services and the identification of trade-offs or synergies between them can also be inputs for decision support systems or multi-criteria decision analysis for agroforestry systems at the farm or landscape scale. In that kind of analysis, the key stakeholders (farmers, technicians, scientists, decision makers) can combine the quantitative and qualitative information about ecosystem services to rank them according to their priorities to achieve goals and generate possible

scenarios of trade-offs or synergies that can guide decision making processes (Domptail et al., 2013; Saarikoski et al., 2015).

A caveat of our study is that the boundaries (medians) to demarcate the desirable areas for identifying the most promising agroforestry systems used in this study are not generalizable for studies on coffee in other areas. In this study, the boundaries are dependent both on the indicators of ecosystem services of the sampled coffee plots and on the number of coffee plots. If similar studies were developed in other areas, their boundaries should be the medians registered in that study. Alternatively, the boundaries could be established according to the specific boundaries desired by the user (according to particular objectives of farmers or researchers), as done in a previous study (Cerdeira et al., 2017a). To define boundaries for a given region, for instance, the sampled plots should represent a huge variability of production situations and management strategies within the studied region so that the medians obtained could be considered as “threshold boundaries” for the region.

5. Conclusions

Identifying agroforestry systems that enhance the regulation of diseases while delivering good yields and other ecosystem services can help improve the sustainability of coffee farming by providing farmers and technicians with successful coffee production models. The six most promising CAFs identified in this study belonged to different types of agroforestry systems and management strategies. This is an important finding because such systems represent several options to follow (imitate) for the design of new coffee plantations or the transformation of existing plantations.

This study allowed us to identify the most important relationships between indicators of yield losses and economic losses and the indicators of other ecosystem services, which gives insights into better management of coffee agroforestry systems. The regulation of diseases must concentrate on reducing coffee leaf rust and dieback, as they were the main diseases that increased losses. The integrated management of diseases should take advantage of combining the management of plant biodiversity, soil fertility and the use of low quantities of fungicides, applied when inoculum pressure is still low. Increasing carbon in timber and

fruit trees implied slight trade-offs with disease regulation, because such increments also increased losses, indicating that densities of these types of trees, for caution, should be low.

In this study, the analysis focused mainly on yield losses and economic losses as indicators of the regulation of diseases and on their bivariate relationships with indicators of other ecosystem services. This means that for the identification of the most promising agroforestry systems, more weight was put on the service of regulation of diseases, a highly relevant service for farmers currently due to the coffee crises in the region. Despite this specificity, our study provides a useful methodological approach for other contexts (regions, crops), particularly in situations where other ecosystem services not assessed here, as hydric regulation, soil erosion regulation, or habitat for bird biodiversity, could be considered as relevant.

6. Acknowledgements

This research was supported by the CASCADE project Ecosystem-Based Adaptation for Smallholder Subsistence and Coffee Farming Communities in Central America, funded by the International Climate Initiative (ICI). The German Federal Ministry for the Environment, Nature Conservation, Building and Nuclear Safety (BMUB) supports this initiative on the basis of a decision adopted by the German Bundestag. This research is also a product of a study grant implemented by the *Agence inter-établissements de recherche pour le développement* (AIRD) on behalf of the *Center de coopération internationale en recherche agronomique pour le développement* (CIRAD).

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Table 1. Indicators of ecosystem services measured for two years (2014-2015) in 61 coffee plots in Turrialba, Costa Rica

| Indicators of ES | Methods/Formulas | Data sources/times of measurement |
|---------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Regulation of pests and diseases | | |
| sAUDPC of Coffee leaf rust (%) | $AUDPC = \sum_{i=1}^{n-1} \frac{I_i + I_{i+1}}{2} \times (t_{i+1} - t_i)$ <p>where <i>AUDPC</i>: area under the disease progress curve; <i>I_i</i>: incidence of a given disease at the <i>i</i>th measurement; <i>t_i</i>: time (in days) of the <i>i</i>th measurement; <i>n</i>: total number of measurements; <i>sAUDPC</i>: standardized AUDPC; <i>Nd</i>: total number of days in which the plants were measured</p> <p>Source: (Simko and Piepho, 2012)</p> | Incidences were measured five times: 1 st , fruit formation (slightly dry period); 2 nd , beginning of fruit ripening (beginning of rainy period); 3 rd , just before the harvest (rainy period); 4 th , during the peak of harvest (slightly dry period); 5 th , end of coffee harvest period (highest rainy period). |
| sAUDPC of Brown eye spot (%) | <p>Each plant of the subplot was classified in a scale (1-4): 1: plant with few defoliated branches; 2: plants with several defoliated and dead branches; 3: plants with a lot of defoliated and dead branches, and with withered dry fruits; 4: plants with almost all dead branches, almost dead plants. Dieback index was calculated with the formula below (where <i>N</i>: number of plants registered in each scale of dieback); and the maximum dieback index during the year was identified.</p> $Dieback\ index = \frac{1 \times N_1 + 2 \times N_2 + 3 \times N_3 + 4 \times N_4}{4 \times N_{total}} \times 100$ | The same as above |
| Maximum dieback index (%) | | |
| Primary and secondary yield losses (%) | These indicators were estimated through several models and equations. See the explanations in Table 2 | |
| Primary and secondary economic losses (USD ha ⁻¹) | | |
| Provisioning of agroforestry products | | |
| Coffee yield (USD ha ⁻¹) | These indicators were estimated through models and equations of actual yields. See the explanations in Table 2 | |
| Cash flow (USD ha ⁻¹) | <p>where: <i>GI</i>: gross income from sale of coffee and other agroforestry products; <i>AS</i>: amount of agroforestry products for sales; <i>MP</i>: local market price; <i>CF</i>: cash flow; <i>CC</i>: cash costs; <i>Value DC</i>: value of domestic consumption of agroforestry products; <i>ADC</i>: amount of agroforestry products for domestic consumption</p> <p>Sources: (Ambrose-Oji, 2003; Cerda et al., 2014)</p> | Data on management practices of coffee plots, costs of labor and inputs, and agroforestry production (fruits, bananas, plantains, etc.) were obtained through interviews with the owners of the coffee plots. |
| Value DC (USD ha ⁻¹) | | |
| Maintenance of soil fertility* | | |
| Acidity (mg kg ⁻¹) | Eight subsamples of soil at a depth of 0-40 cm were taken near the trunk of eight coffee plants (at 50cm approximately) in each experimental subplot. | The subsamples and composite samples were obtained during the peak of harvest in 2014. |
| K (mg kg ⁻¹) | The subsamples were mixed to obtain a composite sample, and sent to a soil laboratory for the chemical and texture analyses. | |
| Carbon (%) | Source: (Briceño and Pacheco, 1984). | |
| Carbon sequestration* | | |
| Carbon (Mg ha ⁻¹) in: | Biomasses of plants and trees in the shade canopy were estimated through allometric equations, which use the trunk diameters at breast height (1.3 m from soil) as predictors. Detailed equations can be found in Cerda et al., 2017a. Then, biomasses were multiplied by a 0.47 fraction to obtain the carbon content. | The trunk diameters were measured the coffee fruit formation (slightly dry period). |
| Fruit trees | | |
| Timber trees | | |
| Service trees | | |

Coffee leaf rust (*Hemileia vastarix* Berkeley and Broome); Brown eye spot (*Cercospora coffeicola* Berk and Curtis)

*: these indicators were measured only in the year 2014, the year of high production according to the biennial cycle of coffee production.

Source: adapted from (Cerda et al., 2017a)

Table 2. Models and equations used to estimate attainable yields, actual yields, and primary and secondary yield losses of coffee

| Explanations | Models and equations | Eq. |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----|
| For the estimation of primary yield losses in 2014 | | |
| Model 1 | $Y_{(14)} \sim NFN_{(14)} + DeadB_{(14)} + ShadeC_{(14)} + (1 Plot)$ | |
| Based on the results of the Model 1, we obtained an equation to estimate the actual yield of 2014 ($Y_{(14)}$) | $Y_{(14)} = I + a \times NFN_{(14)} + b \times DeadB_{(14)} + c \times ShadeC_{(14)}$ | 1 |
| By setting the dead branches to "zero", we estimated the specific attainable yield of 2014 ($Ya_{(14)}$) | $Ya_{(14)} = I + a \times NFN_{(14)} + c \times ShadeC_{(14)}$ | 2 |
| We estimated the primary yield loss in weight as the difference between $Ya_{(14)}$ and $Y_{(14)}$ | $PYL_{(14)} = Ya_{(14)} - Y_{(14)}$ | 3 |
| We estimated the primary yield loss as a percentage of the specific attainable yield of 2014 | $\%PYL_{(14)} = \frac{PYL_{(14)}}{Ya_{(14)}} \times 100$ | 4 |
| For the estimation of secondary yield losses in 2015 | | |
| Model 2 | $Y_{(15)} \sim NFN_{(15)} + DeadB_{(15)} + ShadeC_{(15)} + (1 Plot)$ | |
| Based on the results of the Model 2, we obtained an equation to estimate the actual yield of 2015 ($Y_{(15)}$) | $Y_{(15)} = I + a \times NFN_{(15)} + b \times DeadB_{(15)} + c \times ShadeC_{(15)}$ | 5 |
| Model 3 | $NFN_{(15)} \sim DeadB_{(14)} + ShadeC_{(14)} + (1 Plot)$ | |
| Based on the results of the Model 3, we obtained an equation to estimate the actual fruiting nodes of 2015 ($NFN_{(15)}$) | $NFN_{(15)} = I + a \times DeadB_{(14)} + b \times ShadeC_{(14)}$ | 6 |
| By setting the dead branches to "zero", we estimated the fruiting nodes that would have been attainable ($NFNa_{(15)}$) without reducing factors of 2014 | $NFNa_{(15)} = I + b \times ShadeC_{(14)}$ | 7 |
| Then, we estimated the loss of fruiting nodes for 2015 ($NFNI_{(15)}$) | $NFNI_{(15)} = NFNa_{(15)} - NFN_{(15)}$ | 8 |
| Thereby, we considered that estimating a yield with this $NFNI_{(15)}$ using the equation (5), and setting dead branches to "zero" represented the secondary yield losses | $SYL_{(15)} = I + a \times NFNI_{(15)} + c \times ShadeC_{(15)}$ | 9 |
| To estimate an attainable yield without negative impacts of 2014 and 2015 ($Ya_{(14-15)}$), we replaced equation 7 in equation (5) and then set as zero the dead branches of both years to assume that there were no reducing factors | $Ya_{(14-15)} = I + a \times NFNa_{(15)} + c \times ShadeC_{(15)}$ | 10 |
| We calculated the secondary yield loss of 2015 $\%SYL_{(15)}$ as a percentage of the $Ya_{(14-15)}$ | $\%SYL_{(15)} = \frac{SYL_{(15)}}{Ya_{(14-15)}} \times 100$ | 11 |
| For the estimation of primary economic losses in 2014 and secondary economic losses in 2015 | | |
| Coffee actual yields and primary and secondary yield losses were estimated in grams of fresh coffee cherries per plant with the equations above, and then were calculated as kilograms per hectare using the data of coffee plant densities. With these latter, economic losses were calculated as following: | | |
| Primary Economic loss (PEL) in 2014 was calculated with the price of coffee in that year (USD ha ⁻¹) | $PEL = PYL_{(14)} \times Price\ of\ coffee_{(14)}$ | 12 |
| Secondary Economic loss (SEL) in 2015 was calculated with the price of coffee in that year (USD ha ⁻¹) | $SEL = SYL_{(15)} \times Price\ of\ coffee_{(15)}$ | 13 |

Y: actual coffee yield per plant; Ya: attainable yield per plant; NFN: number of fruiting nodes per plant; DeadB: number of dead productive branches per plant; ShadeC: mean annual shade cover; ₍₁₄₎: represents the variables in the year 2014; ₍₁₅₎: represents the variables in the year 2015; I: represents the intercepts in the equations; a, b and c represent the coefficients in the equations. Yields were estimated in kg of fresh coffee cherries per hectare (using a factor 1/5.6, they can be transformed to green coffee). The price of coffee in 2014 was 0.48 USD per kg of ripe fresh coffee cherries; in 2015 it was 0.39 USD per kg of ripe fresh coffee cherries. These prices were the same for all coffee plots, given that the farmers sell the coffee to the same company "Compañía Santa Rosa de Turrialba". Indicators of prediction quality in supplementary materials.

Table 3. Characteristics of the structure, diversity and shade cover of the six most promising coffee agroforestry systems (CAF) for providing multiple ecosystem services

| Characteristics | CAF1 | CAF2 | CAF3 | CAF4 | CAF5 | CAF6 | Mean \pm SD* | Range* (min – max) |
|----------------------------------------------------------------|------|-------|--------|-------|-------|--------|-----------------|-----------------------|
| Color in Figs. 1-4 | red | green | orange | blue | brown | purple | | |
| Size of coffee plantation | | | | | | | | |
| Plot area (ha) | 0.22 | 0.40 | 0.37 | 0.22 | 1.40 | 1.40 | 0.9 \pm 0.8 | 0.1 - 4 |
| Densities of coffee plants | | | | | | | | |
| Density of coffee plants (individuals ha ⁻¹) | 5079 | 3358 | 3864 | 4341 | 4480 | 4652 | 4990 \pm 1137 | 3328 - 8943 |
| Distances between coffee rows (cm) | 175 | 204 | 200 | 199 | 196 | 193 | 173 \pm 25 | 100 - 234 |
| Distances between coffee plants (cm) | 113 | 146 | 129 | 116 | 114 | 111 | 121 \pm 18 | 77 - 169 |
| Densities in the shade canopy | | | | | | | | |
| Density of fruit trees (individuals ha ⁻¹) | 0 | 0 | 0 | 0 | 80 | 70 | 24 \pm 44 | 0 - 270 |
| Density of timber trees (individuals ha ⁻¹) | 0 | 30 | 10 | 20 | 30 | 170 | 33 \pm 55 | 0 - 280 |
| Density of Musaceae plants (individuals ha ⁻¹) | 10 | 60 | 260 | 300 | 20 | 20 | 216 \pm 299 | 0 - 1410 |
| Density of service trees (individuals ha ⁻¹) | 340 | 280 | 20 | 30 | 180 | 120 | 188 \pm 156 | 0 - 550 |
| Total density in shade canopy (individuals ha ⁻¹) | 350 | 370 | 290 | 350 | 310 | 380 | 461 \pm 377 | 0 - 1650 |
| Basal (BA) areas in the shade canopy | | | | | | | | |
| BA of fruit trees (m ² ha ⁻¹) | 0.00 | 0.00 | 0.00 | 0.00 | 0.87 | 0.60 | 0.4 \pm 0.8 | 0 - 4.0 |
| BA of timber trees (m ² ha ⁻¹) | 0.00 | 5.53 | 0.29 | 0.71 | 1.11 | 2.67 | 1.5 \pm 2.6 | 0 - 10.4 |
| BA of Musaceae plants (m ² ha ⁻¹) | 0.05 | 0.66 | 3.32 | 8.83 | 0.17 | 0.22 | 3.5 \pm 5.0 | 0 - 17.3 |
| BA of area of service trees (m ² ha ⁻¹) | 6.52 | 6.43 | 0.12 | 5.16 | 1.27 | 0.61 | 5.6 \pm 5.2 | 0 - 23.4 |
| Total BA in shade canopy (m ² ha ⁻¹) | 6.58 | 12.62 | 3.72 | 14.70 | 3.42 | 4.10 | 11.1 \pm 8.1 | 0 - 28.3 |
| Species richness in the shade canopy | | | | | | | | |
| Species richness | 2 | 4 | 6 | 5 | 8 | 7 | 4 \pm 3 | 0 - 13 |
| Shannon diversity index | 0.13 | 0.81 | 0.97 | 0.61 | 1.43 | 1.40 | 0.8 \pm 0.6 | 0 - 1.9 |
| Shade cover | | | | | | | | |
| Shade cover in 2014 (%) | 6 | 34 | 7 | 20 | 30 | 20 | 17 \pm 15 | 0 - 54 |
| Shade cover in 2015 (%) | 7 | 29 | 8 | 10 | 23 | 16 | 17 \pm 13 | 0 - 54 |

*Mean, Standard deviation (SD) and Range (minimum – maximum) of the data of the 61 coffee plots

Musaceae plants: include mainly bananas but also plantains; Service trees: include mainly poro trees (*Erythrina poeppigiana*); Fruit trees: include mainly oranges (*Citrus sinensis*) and mandarin lemons (*Citrus aurantifolia*), but also avocados (*Persea americana*), cas (*Psidium friedrichsthali*), arazá (*Eugenia stipitata*) and peach palm (*Bactris gasipaes*); Timber trees: include mainly *Cordia alliodora* and *Cedrela odorata*

Table 4. Characteristics of cropping practices and management costs of the six most promising coffee agroforestry systems (CAF) for providing multiple ecosystem services

| Characteristics | CAF1 | CAF2 | CAF3 | CAF4 | CAF5 | CAF6 | Mean \pm SD* | Range* (min – max) |
|--------------------------------------------------------|------|-------|--------|------|-------|--------|----------------|-----------------------|
| Color for being identified in Figs. 1-4 | red | green | orange | blue | brown | purple | | |
| Cropping practices in 2014 | | | | | | | | |
| Machete weeding (number yr ⁻¹) | 2 | 0 | 3 | 1 | 1 | 1 | 1.3 \pm 1.3 | 0 - 5 |
| Harvests of coffee (number yr ⁻¹) | 12 | 10 | 8 | 12 | 13 | 13 | 10.6 \pm 2.1 | 5 - 14 |
| Applications of fertilizers (number yr ⁻¹) | 2 | 1 | 1 | 2 | 0 | 0 | 1.4 \pm 0.8 | 0 - 3 |
| Applications of fungicides (number yr ⁻¹) | 6 | 4 | 1 | 1 | 5 | 1 | 2.2 \pm 1.9 | 0 - 7 |
| Applications of herbicides (number yr ⁻¹) | 2 | 3 | 1 | 1 | 2 | 2 | 1.6 \pm 1.2 | 0 - 4 |
| Pruning of coffee plants (number yr ⁻¹) | 1 | 1 | 0 | 0 | 1 | 1 | 0.8 \pm 0.4 | 0 - 1 |
| Cash costs in 2014 | | | | | | | | |
| Cost of hired labor (USD ha ⁻¹) | 0 | 465 | 907 | 2512 | 226 | 226 | 646 \pm 860 | 0 - 2919 |
| Cost of inputs (USD ha ⁻¹) | 624 | 391 | 245 | 682 | 253 | 42 | 449 \pm 245 | 0 - 1414 |
| Total cash cost (USD ha ⁻¹) | 624 | 856 | 1152 | 3194 | 479 | 268 | 1094 \pm 931 | 111 - 3645 |
| Cropping practices in 2015 | | | | | | | | |
| Machete weeding (number yr ⁻¹) | 1 | 0 | 1 | 3 | 1 | 1 | 1.4 \pm 1.4 | 0 - 5 |
| Harvests of coffee (number yr ⁻¹) | 12 | 9 | 12 | 10 | 12 | 12 | 8.5 \pm 3.4 | 0 - 13 |
| Applications of fertilizers (number yr ⁻¹) | 1 | 1 | 2 | 1 | 0 | 0 | 1.1 \pm 0.8 | 0 - 3 |
| Applications of fungicides (number yr ⁻¹) | 6 | 4 | 1 | 1 | 6 | 2 | 2.2 \pm 1.9 | 0 - 7 |
| Applications of herbicides (number yr ⁻¹) | 2 | 2 | 1 | 0 | 2 | 2 | 1.5 \pm 1.1 | 0 - 5 |
| Pruning of coffee plants (number yr ⁻¹) | 1 | 1 | 1 | 1 | 1 | 1 | 0.9 \pm 0.3 | 0 - 1 |
| Cash costs in 2015 | | | | | | | | |
| Cost of hired labor (USD ha ⁻¹) | 0 | 418 | 0 | 0 | 121 | 121 | 190 \pm 398 | 0 - 2182 |
| Cost of inputs (USD ha ⁻¹) | 626 | 526 | 353 | 283 | 277 | 62 | 365 \pm 251 | 0 - 1449 |
| Total cash cost (USD ha ⁻¹) | 626 | 943 | 353 | 283 | 399 | 184 | 555 \pm 536 | 0 - 2824 |

*Mean, Standard deviation (SD) and Range (minimum – maximum) of the data of the 61 coffee plots.

Table 5. Indicators of ecosystem services of the most promising coffee agroforestry systems (CAF) to provide multiple ecosystem services

| Indicators of ecosystem services | Boundary value* (median) | CAF1 | CAF2 | CAF3 | CAF4 | CAF5 | CAF6 | Mean \pm SD** | Range** (min – max) |
|----------------------------------------------------------------------------|-----------------------------|-------|-------|--------|------|-------|--------|-----------------|------------------------|
| Color for being identified in Figs. 1-4 | | red | green | orange | blue | brown | purple | | |
| Regulation of diseases in 2014 | | | | | | | | | |
| Primary yield loss (%) | 9 | 2 | 6 | 4 | 5 | 2 | 3 | 14 \pm 13 | 0.5 - 66 |
| Primary economic loss (USD ha ⁻¹) | 291 | 90 | 66 | 76 | 120 | 79 | 55 | 460 \pm 486 | 14 - 2326 |
| sAUDPC Coffee leaf rust (%) | - | 36 | 45 | 55 | 63 | 24 | 20 | 58 \pm 15 | 11 - 81 |
| sAUDPC Brown eye spot (%) | - | 7 | 5 | 3 | 1 | 6 | 13 | 8 \pm 4 | 0.8 - 27 |
| Maximum index of dieback (%) | - | 34 | 23 | 40 | 34 | 41 | 32 | 39 \pm 11 | 3 - 63 |
| Provisioning of agroforestry products in 2014 | | | | | | | | | |
| Coffee yield (kg ha ⁻¹) | 6174 | 11185 | 2257 | 3742 | 5137 | 7189 | 4241 | 6389 \pm 3680 | 1223 - 18818 |
| Cash Flow (USD ha ⁻¹) | 1645 | 4673 | 213 | 620 | 2400 | 2926 | 1740 | 2081 \pm 1853 | -1435 - 8574 |
| Value of domestic consumption (USD ha ⁻¹) | 47 | 85 | 70 | 419 | 256 | 70 | 70 | 158 \pm 272 | 0 - 1222 |
| Regulation of diseases in 2015 | | | | | | | | | |
| Secondary yield loss (%) | 36 | 11 | 18 | 4 | 17 | 18 | 0 | 38 \pm 26 | 0 - 100 |
| Secondary economic loss (USD ha ⁻¹) | 807 | 284 | 564 | 70 | 357 | 504 | 0 | 1082 \pm 956 | 0 - 4499 |
| sAUDPC Coffee leaf rust (%) | - | 21 | 41 | 45 | 48 | 19 | 23 | 44 \pm 13 | 19 - 75 |
| sAUDPC Brown eye spot (%) | - | 15 | 14 | 5 | 9 | 14 | 16 | 15 \pm 6 | 3 - 32 |
| Maximum index of dieback (%) | - | 40 | 43 | 49 | 50 | 31 | 46 | 43 \pm 11 | 25 - 80 |
| Provisioning of agroforestry products in 2015 | | | | | | | | | |
| Coffee yield (kg ha ⁻¹) | 712 | 6481 | 8892 | 4056 | 1926 | 6347 | 917 | 2262 \pm 3354 | 0 - 15765 |
| Cash Flow (USD ha ⁻¹) | -21 | 1657 | 2190 | 1076 | 396 | 1838 | 139 | 323 \pm 1315 | -2579 - 5040 |
| Value of domestic consumption (USD ha ⁻¹) | 8 | 413 | 68 | 37 | 331 | 68 | 68 | 157 \pm 283 | 0 - 1342 |
| Maintenance of soil fertility | | | | | | | | | |
| Potassium (mg ha ⁻¹) | 42 | 25 | 43 | 90 | 82 | 20 | 21 | 68 \pm 61 | 20 - 314 |
| Carbon (%) | 3 | 5 | 4 | 2 | 2 | 8 | 9 | 4 \pm 3 | 2 - 13 |
| Acidity (mg ha ⁻¹) | 139 | 53 | 139 | 65 | 122 | 36 | 47 | 173 \pm 128 | 9 - 555 |
| Carbon sequestration | | | | | | | | | |
| Carbon in fruit trees (Mg ha ⁻¹) | 0 | 0 | 0 | 0 | 0 | 2.0 | 1.3 | 1 \pm 3 | 0 - 16 |
| Carbon in timber trees (Mg ha ⁻¹) | 0.3 | 0 | 7.8 | 0.4 | 0.9 | 1.5 | 3.4 | 2 \pm 4 | 0 - 15 |
| Carbon in service trees (Mg ha ⁻¹) | 2.4 | 3.0 | 2.5 | 0.2 | 5.1 | 1.4 | 0.3 | 5 \pm 6 | 0 - 32 |
| Number of desirable areas (out of 48) in which the CAF were located | | | | | | | | | |
| | | 36 | 32 | 32 | 38 | 40 | 38 | | |

*The boundary values used to determine desirable areas in this study (See Figs. 1-4) were the medians of ecosystem service indicators, which meant that the desirable levels of ecosystem services indicators were those located at least within the 50% of the best levels.

**Mean, Standard deviation (SD) and Range (minimum – maximum) of the data of the 61 coffee plots.

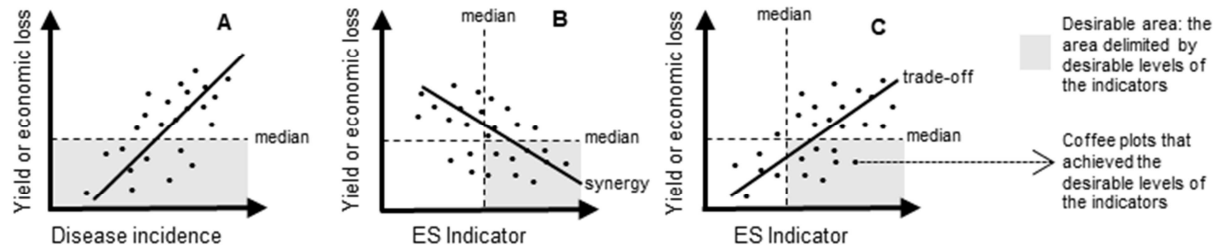
sAUDPC: standardized area under the disease progress curve

Table 6. Summary of the agroforestry structure, coffee yield losses due to diseases, yields, and strategies of management of the six most promising coffee agroforestry systems (CAF)

| CAF | Agroforestry structure | PYL (%) | SYL (%) | Coffee yields* | Disease management | Other cropping practices |
|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|------------------------------------|---------------------|-------------------------------------------------|
| CAF1 | Simple coffee agroforestry system, basically a combination of coffee and service trees. Highest density of coffee plants | 2 | 11 | High yields with bienniality | High chemical input | High chemical input and family labor |
| CAF2 | Medium diversified coffee agroforestry system, coffee-service trees-musaceas-timber trees, where service trees dominate the shade canopy and timber trees are big | 6 | 18 | High yields with bienniality | High chemical input | High chemical input and hired labor |
| CAF3 | Medium diversified coffee agroforestry systems, coffee-musaceas-service trees-timber trees, where musaceas dominate in the shade canopy | 4 | 4 | Acceptable and stable yields | Low chemical input | Rational use of chemical input and family labor |
| CAF4 | Medium diversified coffee agroforestry systems, coffee-musaceas-service trees-timber trees, where musaceas dominate | 5 | 17 | Acceptable yields with bienniality | Low chemical input | Rational use of chemical input and family labor |
| CAF5 | Highly diversified coffee agroforestry systems, coffee-service trees-timber trees-fruit trees-musaceas, where service trees dominate | 2 | 18 | High and relatively stable yields | High chemical input | High chemical input and hired labor |
| CAF6 | Highly diversified coffee agroforestry systems, coffee-service trees-timber trees-fruit trees-musaceas, where timber trees dominate | 3 | 0 | Acceptable yields with bienniality | Low chemical input | Rational use of chemical input and hired labor |

PYL: primary yield loss; SYL: secondary yield loss

*We considered acceptable yields those around 4000 kg of fresh coffee cherries per hectare, and high or low yields those above or below that number, respectively



ES Indicator: represents ecosystem service indicators of provisioning of agroforestry products, maintenance of soil fertility or carbon sequestration

Fig. 1. Interpretation of the relationships between yield or economic losses and disease incidence, and indicators of ecosystem services (A: represents the loss due to diseases; B: represents synergy; C: represents trade-off) and the identification of 'desirable areas' in which coffee plots achieved desirable levels of ecosystem service provisions.

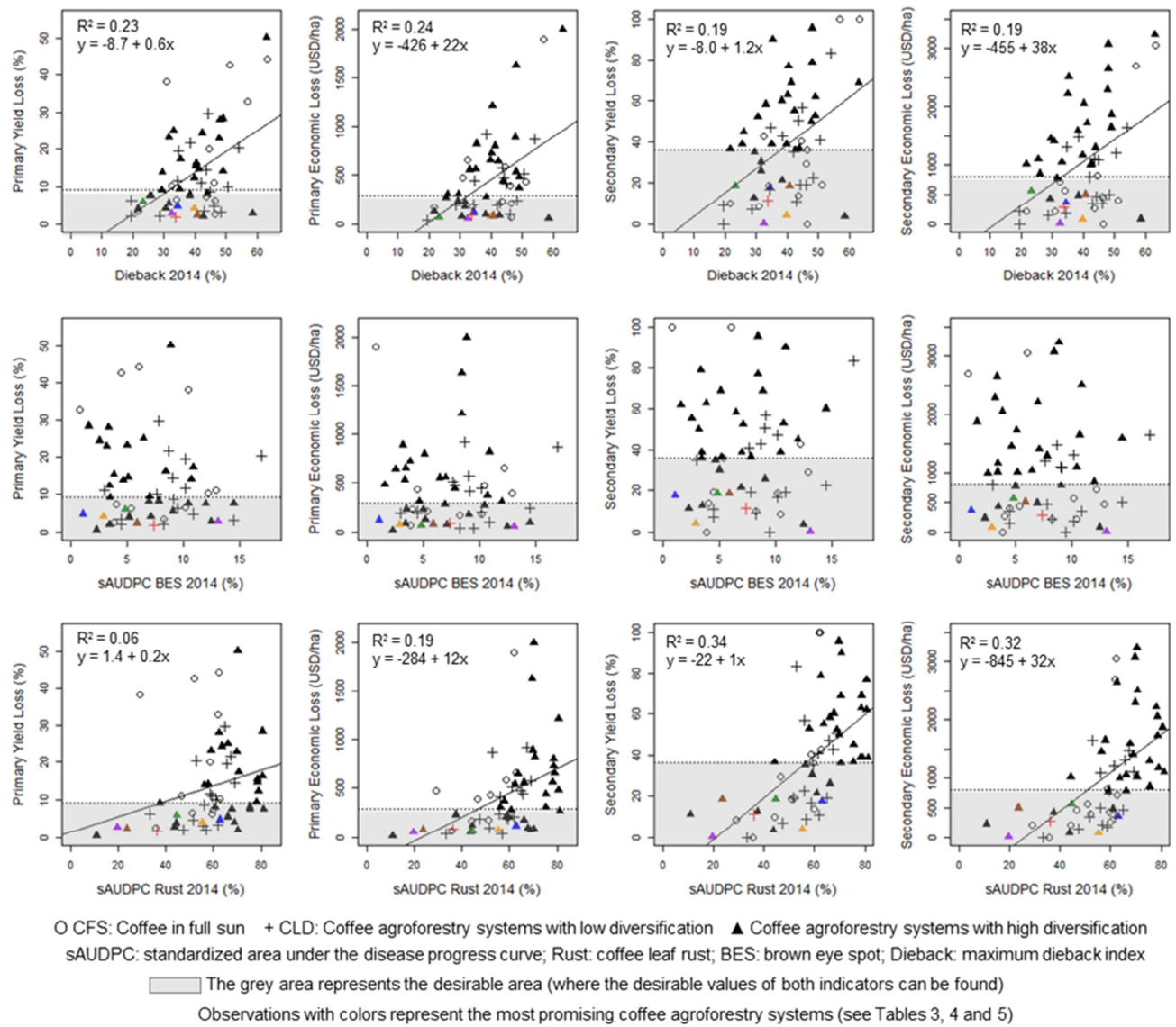


Fig. 2. Relationships between indicators of losses and indicators of presence of diseases and different types of coffee plots achieving the most desirable low levels of losses.

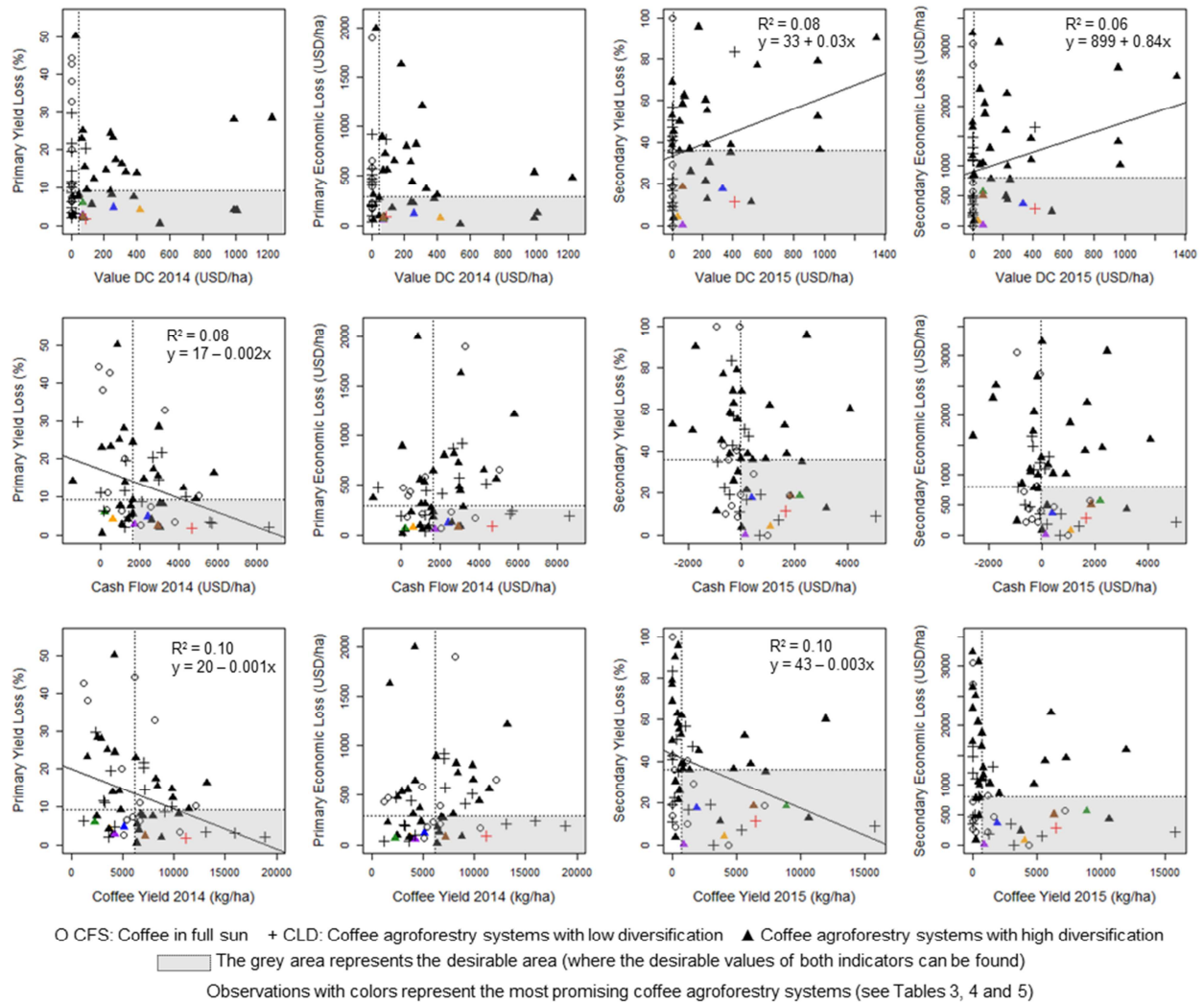
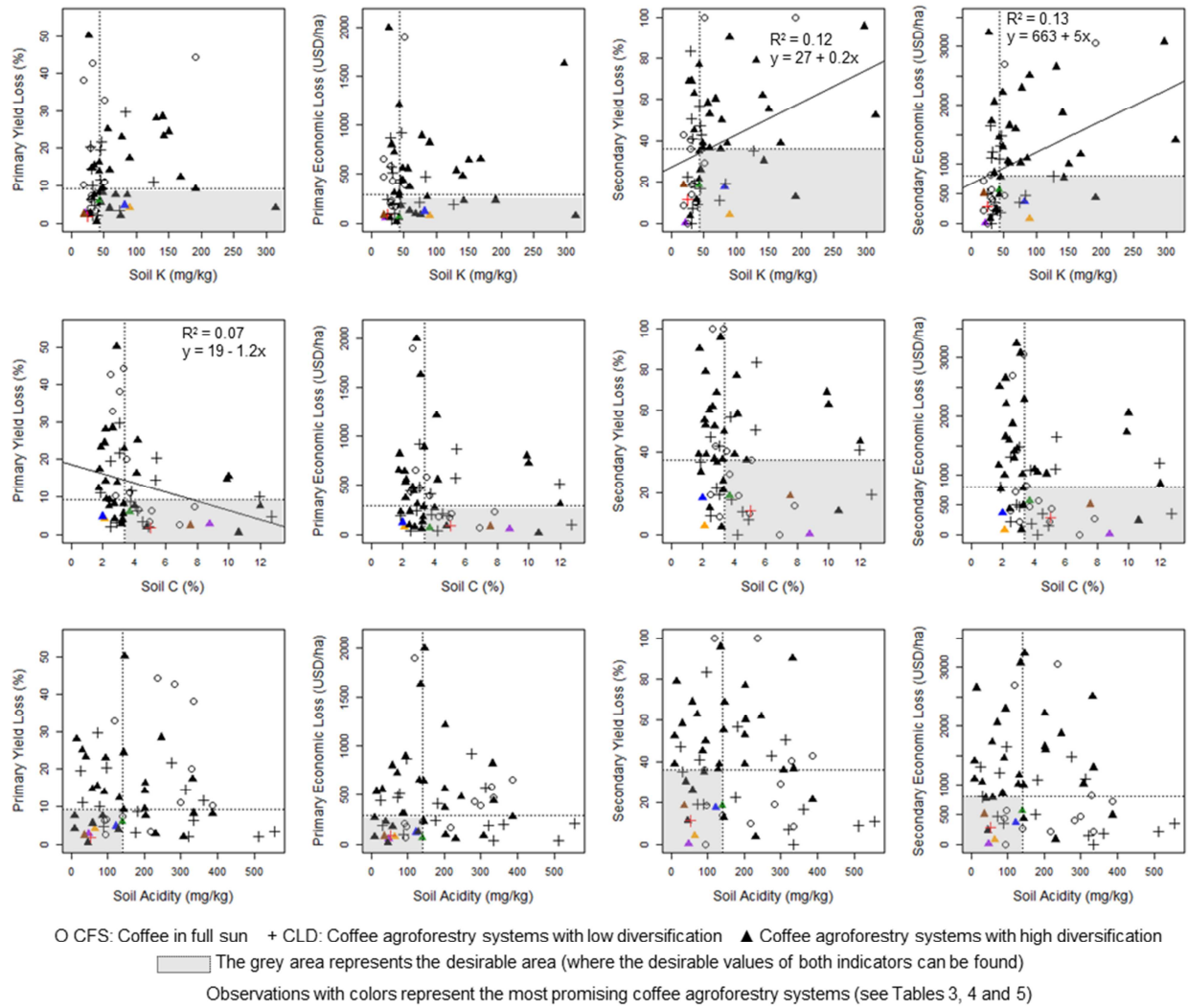


Fig. 3. Relationships between indicators of losses and indicators of provisioning of agroforestry products and different types of coffee plots achieving the most desirable levels of ecosystem services.



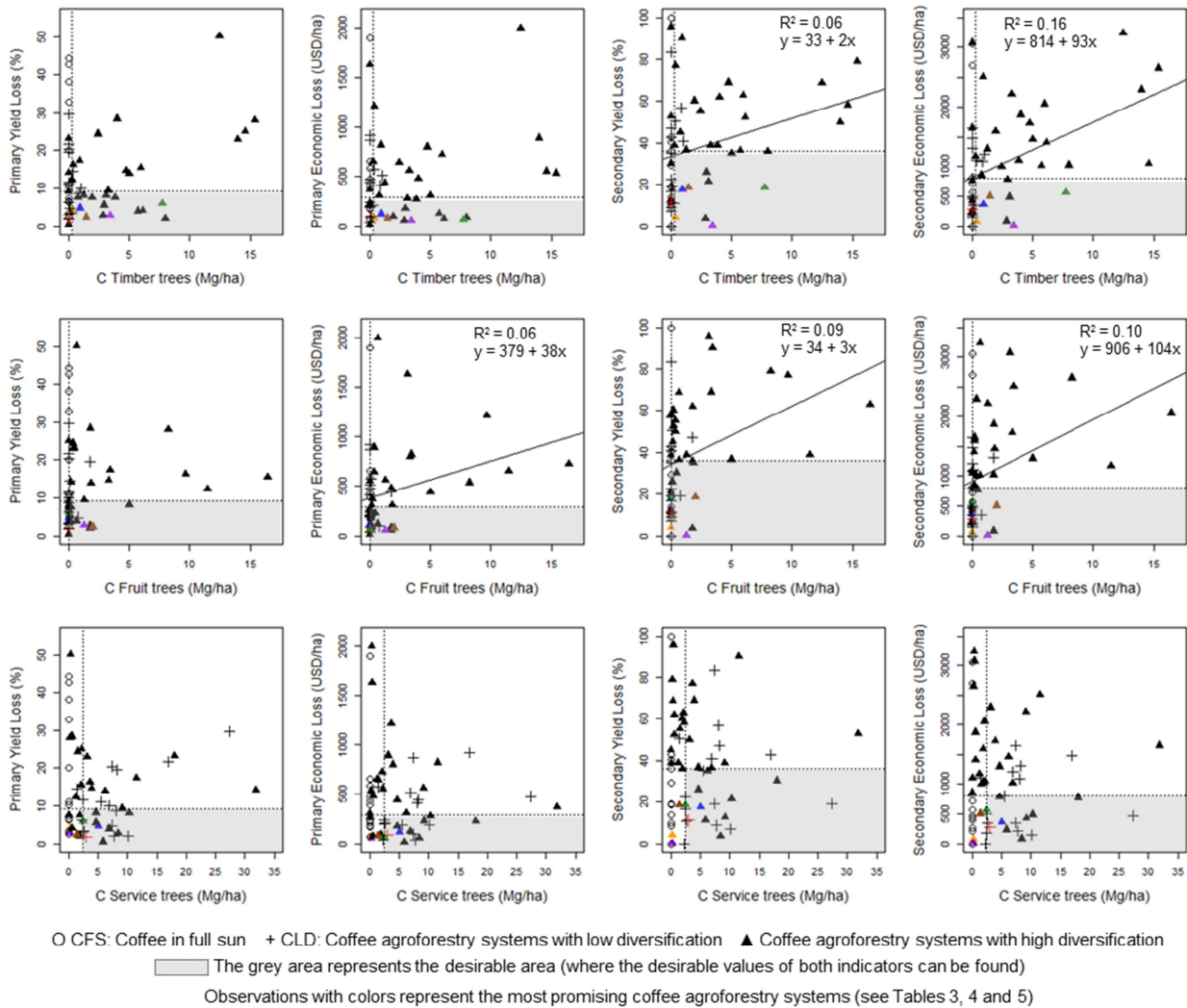


Fig. 5. Relationships between indicators of losses and indicators of carbon sequestration and different types of coffee plots achieving the most desirable levels of ecosystem services.

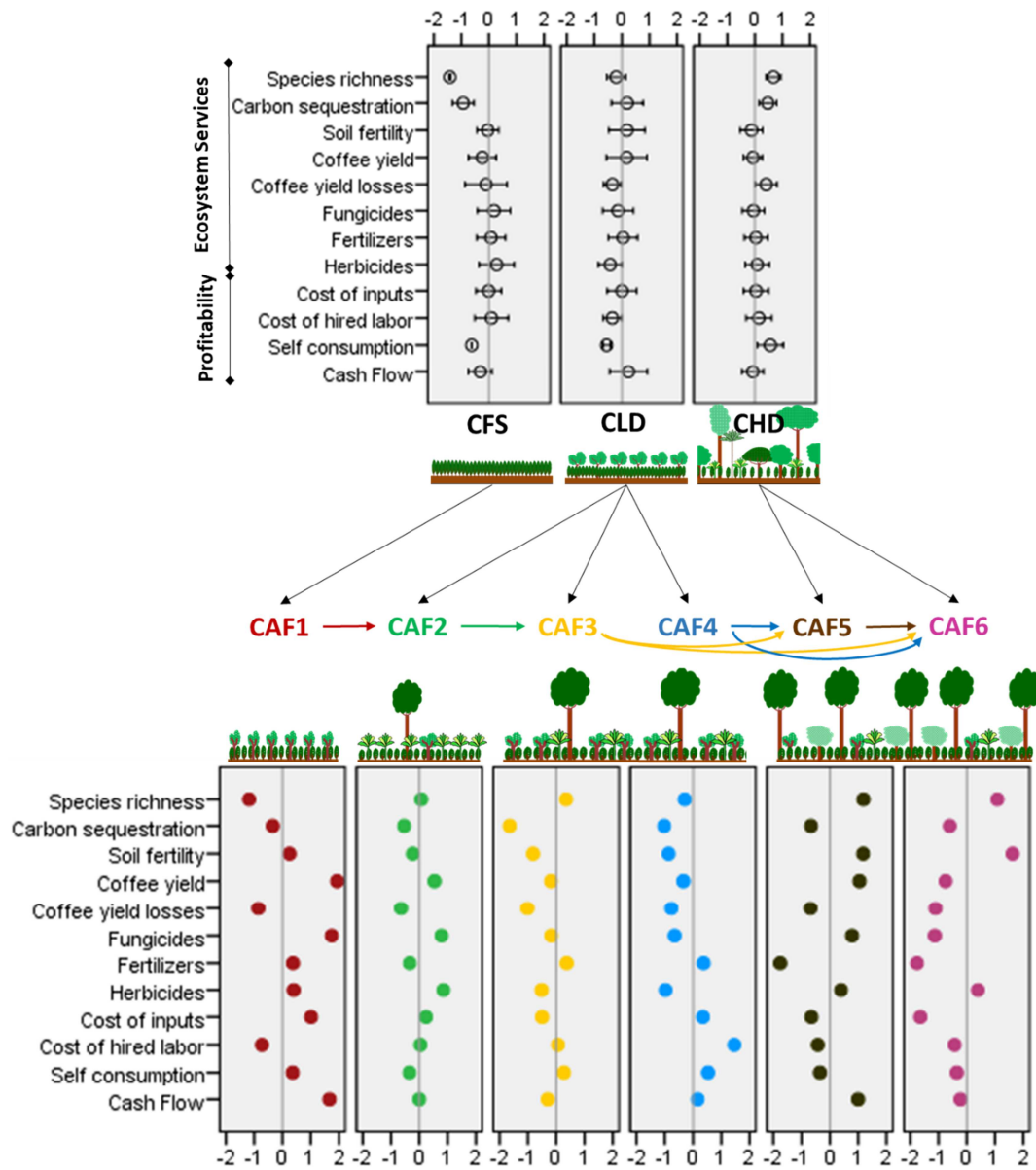


Fig. 6. Summary of ecosystem services and economic profitability provided by coffee in full sun (CFS), agroforestry systems with low diversification (CLD) and high diversification (CHD) and the proposed pathway toward the six most promising coffee agroforestry systems (CAF1 to CAF6). The possible transition pathway to go from actual coffee systems types (CFS, CLD, CHD) to the most promising CAFs are indicated by black arrows. Pathway to go from the low sustainable to the more sustainable cropping system (in terms of pesticide use) are indicated by colored arrows. The illustrative variables of ecosystem services provision: species richness, carbon sequestration, soil fertility, coffee yield, coffee yield losses, fungicides, fertilizers, herbicides; the illustrative variables of economic profitability: cost of inputs, cost of hired labor, self-consumption and cash flow, were calculated from the original variables. Respectively: species richness, carbon sequestration (Mg ha^{-1}), maintenance of soil fertility (%C), coffee yield (kg ha^{-1}), coffee yield losses (kg ha^{-1}), applications of fungicides (number yr^{-1}), applications of fertilizers (number yr^{-1}), applications of herbicides (number yr^{-1}), value of domestic consumption (USD ha^{-1}), cost of inputs (USD ha^{-1}), cost of hired labor (USD ha^{-1}), cash Flow (USD ha^{-1}). These variables were cumulated over two years, then centered to the average and standard deviation of the 61 plots. Error bar represents 95% of the confidence interval.

Highlights

We quantified primary and secondary yield losses due to diseases in coffee agroecosystems

We also quantified indicators of ecosystem services: provisioning of agroforestry products, soil fertility and carbon sequestration

We identified six most promising coffee agroforestry systems (CAFs) for reducing losses while providing other ecosystem services

The six CAFs are promising production models for the design or re-design of coffee agroecosystems

Disease regulation in CAFs can be enhanced by the appropriate combination of plant biodiversity, shade cover, soil fertility and cropping practices

Declaration of interests

☒ The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

☐ The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: