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# A trilogy of glucocorticoid receptor actions

Chek Kun Tan<sup>a</sup> and Walter Wahli<sup>a,b,c,1</sup>

Glucocorticoids (GCs) belong to a class of endogenous, stress-stimulated steroid hormones found in vertebrates (e.g., cortisol in humans and corticosterone in rodents); they have wide ranging physiologic effects capable of impacting metabolism, immunity, development, stress, cognition, and arousal. GCs exert their cellular effects by binding to the GC receptor (GR), one of a 48-member (in humans) nuclear receptor (NR) superfamily of ligand-activated transcription factors (1). As the first human NR to be cloned (2), GR has provided an invaluable template with which to understand how the structurally related NRs exert their complex cellular effects. Its activity also underscores the importance of small lipophilic ligands in regulating multiple biologic pathways. Like other NR family members, the GR comprises three major functional domains: (i) an N-terminal domain (NTD), which contains a constitutive activation function 1 (AF-1); (ii) a DNA-binding domain (DBD), containing two zinc finger motifs; and (iii) a C-terminal, ligand-binding domain (LBD), with its ligand-dependent AF-2 (Fig. 1A). The human and mouse GRs are encoded by a single *NR3C1* gene, which product can be differentially spliced into two major isoforms, GR $\alpha$  and GR $\beta$ ; the former is responsible for the majority of GR-mediated transcriptional activity (3). Additional variants, generated via translational regulatory mechanisms, together with posttranslational modifications (PTMs), contribute to the complexity and diversification of GR-mediated action (3, 4). These PTMs can dial up, or down, GR-mediated transcriptional activities, to confer distinct biologic functions. Relevant PTMs include phosphorylation, acetylation, methylation, ubiquitination, and SUMOylation (4). The first of these, phosphorylation, has been shown to modulate dimerization and DNA binding, coregulator interaction, and ligand-binding affinity, all of which alter transcriptional activity. A total of nine phosphorylation sites within the human GR NTD has been reported, some of which influence nuclear export and coregulator recruitment (5). Interestingly, NR SUMOylation, which involves the covalent conjugation of SUMO moieties at specific

lysines, triggers molecular transrepression pathways that link metabolism and inflammation (6). In two back-to-back publications in PNAS (7, 8), Hua et al. now report the detailed molecular mechanisms by which GR SUMOylation provokes GC-dependent gene repression.

In the absence of GC hormone, cytoplasmic GR is rendered inactive by bound chaperones (e.g., Hsp90). A conformational change in the GR LBD that accompanies GC binding causes GR activation and nuclear translocation (9, 10). Once in the nucleus, GR binds to the so-called positive GC response element [i.e., (+)GRE DNA-binding sequence (DBS)]. (+)GRE DBSs lie in the regulatory regions of target genes, and stimulate their expression via GR-dependent recruitment of a transcription initiation complex (Fig. 1B). While the molecular mechanism involved in GC-induced, GR-stimulated gene activity, has been extensively studied (11), agonist-activated GR also has gene-repressive activities conferred by two quite distinct mechanisms (Fig. 1B). The first of these, termed “tethered indirect transrepression,” arises when ligand-activated GR associates with transcription factors [NF $\kappa$ B (p65), AP1 (c-jun), or STAT3] bound to their cognate DBS (12). The second, more recently described repression mechanism, involves a direct binding of ligand-activated GR to an evolutionarily conserved negative GRE [inverted repeat (IR) nGRE DBS]; the result is GC-induced direct transrepression (13–15). The IR nGRE is unrelated to the (+)GRE DBSs described earlier, or a variety of nGREs (13). Until now, the molecular mechanisms governing IR nGRE-mediated direct and tethered indirect transrepression were poorly understood.

In their articles, Hua et al. now decipher these mechanisms (7, 8) (Fig. 1B). The authors demonstrate in vitro and in vivo that SUMOylation of the human and mouse GR [at lysine (K) 293 of human GR] within a conserved region of its NTD, is indispensable for either form of transrepression. For IR nGRE-mediated direct repression, SUMOylation of the GR is mandatory for the assembly of a repressive complex at the IR nGRE DBS; this complex comprises either one, or

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See companion articles on pages E626 and E635.

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endogenous GC. Last but not least, it is also important to find out whether administration of CpdX at the time point of lowest diurnal levels of endogenous GC (i.e., during the resting phase of the circadian cycle) could be beneficial.

The isolation of the GR gene and that of other NR family members, followed by their functional characterization, revolutionized our understanding of the signaling pathways triggered by small lipophilic molecules. These data have led to some largely unanticipated discoveries as to how these molecules, and their

associated regulatory apparatuses, have evolved to become such master regulators of our physiology. The demonstration of distinct direct and indirect transcriptional repression mechanisms for GR function illustrates this point. Given the latest discoveries, and those made since the initial cloning of the NRs, we anticipate a further unraveling of the GR's functional complexity that could help us to discover agents with clinically useful anti-inflammatory functions, which are free of the drawbacks that we currently associate with GCs.

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