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► **To cite this version:**

Eske Willerslev, John Davison, Mari Moora, Martin Zobel, Eric Coissac, et al.. Fifty thousand years of Arctic vegetation and megafaunal diet. *Nature*, 2014, 506 (7486), pp.47-51. 10.1038/nature12921 . hal-02640450

HAL Id: hal-02640450

<https://hal.inrae.fr/hal-02640450v1>

Submitted on 13 Nov 2024

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1 **Fifty thousand years of arctic vegetation and megafaunal diet**

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77 **Although it is generally agreed that the arctic flora is among the youngest and least diverse**
78 **on Earth, the processes that shaped it are poorly understood. Here we present 50 thousand**
79 **years (kyr) of arctic vegetation history, derived from the first large-scale ancient DNA**
80 **metabarcoding study of circumpolar plant diversity. For this interval we additionally**
81 **explore nematode diversity as a proxy for modelling vegetation cover and soil quality, and**
82 **diets of herbivorous megafaunal mammals, many of which became extinct around 10 kyr**
83 **BP (before present). For much of the period investigated, arctic vegetation consisted of dry**
84 **steppe tundra dominated by forbs (non-graminoid herbaceous vascular plants). During the**
85 **Last Glacial Maximum (25–15 kyr BP), diversity declined markedly, although forbs**
86 **remained dominant. Much changed after 10 kyr BP, with the appearance of moist tundra**
87 **dominated by woody plants and graminoids. Our analyses indicate that both graminoids**
88 **and forbs would have featured in megafaunal diets. As such our findings question the**
89 **predominance of a late Quaternary graminoid-dominated arctic “mammoth steppe”.**

90 It can be argued that arctic vegetation during the proximal Quaternary (the last *c.* 50 kyr) is less
91 well understood than the ecology and population dynamics of the mammals that consumed it,
92 despite the overall uniformity and low floristic diversity of Arctic vegetation¹⁻² Analyses of
93 vegetation changes during this interval have been based mainly on fossil pollen. Although highly
94 informative, records tend to be biased toward high pollen producers such as many graminoids
95 (grasses, sedges, and rushes) and *Artemisia*, which can obscure the abundance of other forms
96 such as many insect-pollinated forbs¹. Arctic pollen records are rarely comprehensively
97 identified to species level, which underestimates actual diversity³. These problems are to some
98 extent ameliorated by plant macrofossil studies (e.g.⁴), which may provide detailed records of
99 local vegetation. However, macrofossil studies are far less common, have their own taxonomic
100 constraints, and usually cannot provide quantitative estimates of abundance.

101 In recent years, a complementary approach has emerged that utilizes plant and animal ancient
102 DNA preserved in permafrost sediments⁵. Such environmental DNA¹¹ does not derive primarily
103 from pollen, bones, or teeth, but from above- and below-ground plant biomass, faeces, discarded
104 cells and urine preserved in sediments⁶⁻⁸. Like macrofossils, environmental DNA appears to be
105 local in origin⁹⁻¹² and in principle the survival of a few fragmented DNA molecules is sufficient
106 for retrieval and taxonomic identification¹³.

107 Environmental DNA can supply the fraction of the plant community not readily identifiable by
108 pollen analysis and, to some extent, macrofossils, particularly in vegetation dominated by non-
109 woody growth forms⁶. For most plant groups, DNA permits identification at lower taxonomic
110 levels than pollen¹⁴. Additionally, environmental DNA records have proven to reflect not only
111 the qualitative but also the quantitative diversity of aboveground plant¹² and animal taxa⁸, as
112 determined from modern sub-surface soils.

113 Leaching of DNA through successive stratigraphic zones may be an issue in temperate
114 conditions^{8,10} but not in permafrost⁵ or in sediments that have only recently thawed¹⁵. Re-
115 deposition of sediments and organics can confound results, which is also the case for pollen and
116 macrofossils^{6,16}, but can be avoided and accounted for by careful site selection and by excluding
117 rare DNA sequence reads¹⁶. For Quaternary permafrost settings, at least, taphonomic bias due to
118 differences in DNA survival across plant groups does not appear to be of concern (see Methods

119 section 4.0 on taphonomy), as has been shown by a comparative permafrost ancient DNA study
120 of plants and their associated fungi ¹⁷.

121 **Reconstruction of Arctic vegetation from permafrost samples**

122 We collected 242 sediment samples from 21 sites across the Arctic (Fig. 1, Extended Data Table
123 1). Ages were determined by accelerator mass spectrometry radiocarbon (¹⁴C) dating, and are
124 reported here in thousands of calibrated (calendar) years BP (Extended Data Figure 1,
125 Supplementary Data 1). We sequenced the short P6 loop sequence of the *trnL* plastid region and
126 a part of the ITS1 spacer region through metabarcoding (Methods section 3.0), generating a total
127 of 14,601,839 *trnL* plant DNA sequence reads and 1,652,857 ITS reads. Reads were identified
128 by comparison with (i) the arctic *trnL* taxonomic reference library ¹⁴, which we extended with
129 ITS sequences for three families; (ii) a new north boreal *trnL* taxonomic reference library
130 constructed by sequencing 1,332 modern plant samples representing 835 species; and (iii)
131 GenBank, using the program ecoTag (Supplementary Data 2, Methods section 3.0). Basic
132 statistics, *in silico* analyses, and additional experiments were carried out to check data reliability
133 (Extended Data Figure 2, Extended Data Table 2). We grouped the identified molecular
134 operational taxonomic units (MOTUs) into three distinct intervals (Fig. 2a): i) pre-LGM (50–25
135 kyr BP), a period of fluctuating climate; (ii) LGM (25–15 kyr BP), a period of constantly cold
136 and dry conditions; and (iii) post-LGM (15–0 kyr BP), the current interglacial, characterised by
137 relatively higher temperatures ¹⁷.

138 **Shifts in plant composition and lower diversity during the LGM**

139 To address compositional changes in vegetation across space and time we used a generalised
140 linear model and permutational multivariate analysis of variance (Permanova) (Supplementary
141 Data 3, Methods section 5.0). We find that (i) the composition of plant MOTU assemblages
142 differed significantly across the three intervals (pseudo-F = 6.77, $p < 0.001$, Extended Data
143 Figure 3a-e), with pre-LGM and post-LGM plant assemblages differing the most (Extended Data
144 Figure 3f); (ii) the greater the spatial distance separating a pair of samples within each time
145 period, the less similar their composition ($p < 0.001$); and (iii) LGM assemblages were most
146 homogeneous across space and post-LGM assemblages were most heterogeneous (Fig. 2).

147 LGM pollen spectra show high floristic richness compared to other intervals (e.g. ¹). This is due
148 to the limited occurrence of woody taxa with high pollen production, which in turn
149 proportionately emphasizes lower pollen-producing taxa. In contrast, our DNA data reveal that
150 plant diversity was lowest during LGM relative to other intervals (Fig. 2a). Plant assemblages
151 became more similar to each other and the estimated number of MOTUs decreased from pre-
152 LGM to LGM (Fig. 2a), with many taxa absent that had previously been well represented (Fig.
153 2b). In addition, while the LGM flora was largely a subset of the pre-LGM flora, the post-LGM
154 flora was different (Fig. 2b), with pronounced geographic differentiation (Fig. 2c).

155 **Steppe-tundra**

156 Due to the low taxonomic resolution of previously published vegetation reconstructions, it
157 remains undetermined whether arctic vegetation during the last part of the Quaternary was a
158 form of tundra or more like steppe (e.g. ^{18,19}). Small-scale contemporary analogues range from
159 low-productivity fellfields and cryoxeric steppe communities to more productive dry arctic
160 steppe-to-tundra gradients. Our sediment DNA plant sequence data from ~50–12 kyr BP
161 encompass taxa that typify both tundra and arctic steppe environments. These include taxa that
162 are today typical of dry and/or disturbed sites (e.g. *Bromus pumillianus*, *Artemisia frigida*,
163 *Plantago canescens*, *Anemone patens*), saline soils (*Puccinellia*, *Armeria*), moist habitats
164 (*Caltha*) and rocky or fellfield habitats (*Dryas*, *Draba*), plus a woody component dominated by
165 *Salix* (Supplementary Data 4 and 5). A spatial and/or temporal mosaic of plant communities is
166 indicated (Methods section 6.0), as is seen in floristically rich macrofossil records ⁴. The most
167 common MOTU in the pre-LGM and LGM samples is Anthemidae Group 1 (*Artemisia*,
168 *Achillea*, *Chrysanthemum*, *Tanacetum*), which underscores the importance in regional pollen
169 assemblages of Asteraceae in general and *Artemisia* in particular ¹. *Equisetum* and *Eriophorum*
170 are important only in postglacial assemblages, reflecting moister soil conditions. Increases in
171 aquatic taxa (Supplementary Data 4 and 5) also indicate a predominance of moister substrates in
172 the later part of the post-LGM period. These findings indicate a shift from dry steppe-tundra to
173 moist tundra in the early part of the post-LGM period—a change widely reported in other proxy
174 studies.

175 Nematode assemblage composition is known to change significantly with vegetation cover ²⁰
176 moisture ²¹ and organic resource inputs ²². Therefore, to obtain a complementary proxy for
177 vegetation cover and soil quality, we characterized the soil nematode fauna of contemporary
178 mesic shrub tundra and subarctic steppe on well-drained loess soils in Yukon Territory, Canada
179 (Fig. 1, Extended Data Table 3). The relative proportion of the nematode families
180 Teratocephalidae and Cephalobidae varied among vegetation types ($p < 0.001$, nested ANOVA),
181 and indicator species analysis ²³ confirmed that Teratocephalidae (indicator value = 0.98, $p =$
182 0.001) and Cephalobidae (indicator value = 0.98, $p = 0.001$) are very good indicators of tundra
183 and steppe vegetation, respectively (Fig. 3). These findings are in agreement with previous
184 studies restricted to subarctic Sweden ^{24,25} and alpine and subalpine habitats ²⁶⁻²⁷. We amplified
185 short DNA sequences from these two taxa from 17 sediment samples analysed for plant DNA
186 from Yukon and northeastern Siberia. We detected Cephalobidae DNA in almost all samples,
187 while Teratocephalidae was detected at a higher frequency in samples younger than 10 kyr BP
188 than in the pre-LGM and LGM samples (Extended Data Table 4). These results support our
189 inferences from plant sequence data and indicate a transition from relatively dry tundra and
190 steppe towards more moist tundra during the post-LGM interval.

191 **Forb dominance and megafaunal diets**

192 To assess structural and functional shifts in the plant assemblages, we investigated temporal
193 changes in the relative abundance of different growth forms. Our DNA results show that pre-
194 LGM vegetation was dominated by forbs, the relative share of which increased during the LGM,
195 whereas graminoids constituted less than 20% of the total read count (Fig. 4a). These results
196 persisted when we corrected for observed modern representational bias ¹² (Methods sections 4.0
197 and 5.3).

198 Continued forb dominance during the LGM implies that similar proportions of forbs and
199 graminoids were maintained through this period, despite the significant decline in floristic
200 diversity (Fig. 2a,b). Our findings contrast with pollen-based reconstructions, which have
201 emphasized dominance of graminoids in the unglaciated Arctic and adjacent regions, particularly
202 during the LGM, and exemplified by the widely-used term “mammoth-steppe” ¹⁹. Rather, our
203 results show that vegetation was forb-dominated in both overall abundance of MOTUs and in

204 floristic richness (Fig. 4a,b, Extended Data Figure 3g,h), in agreement with macrofossil data that
205 show a diversity of forbs of mixed ecological preference (e.g. ⁴).

206 We explored whether forbs were prominent in habitats favoured by megafauna by analysing 25
207 dated (47-20 kyr BP) sediment samples from Main River, Siberia, using *trnL* plastid plant and
208 16S mtDNA mammal primers. We found that the mean proportion of forbs was higher in
209 samples from which herbivorous megafaunal DNA had been retrieved (n = 18; e.g. woolly
210 mammoth, woolly rhinoceros, horse, reindeer and elk) than in samples lacking such DNA (n = 7;
211 Fig. 4c, Extended Data Table 5). Although suggestive of co-occurrence of megafauna in forb-
212 dominated settings, these results should be regarded as tentative, and further studies are needed
213 to verify if this is indeed a general trend.

214 We also investigated whether megafaunal diets revealed the level of forb dominance observed in
215 permafrost sediment samples. Using standardised methods, we genetically characterised
216 intestinal/stomach contents and coprolites recovered from 8 specimens of woolly mammoth,
217 woolly rhinoceros, bison and horse from Siberia and Alaska, dated > 55–21 kyr BP (Extended
218 Data Table 6, Methods sections 3.0 and 7.0). Although ingested plant remains are often difficult
219 to identify morphologically, they can be accurately identified ^{28,29} and roughly quantified ³⁰ using
220 DNA. The majority of these samples are dominated by forbs, which comprise 0.63 ± 0.12 of the
221 sequences, compared to 0.27 ± 0.16 expressing graminoid sequences (Fig. 4d, Supplementary
222 Data 6). These results suggest that megafaunal species supplemented their diets with high-
223 protein forbs rather than specializing more or less exclusively on grasses.

224 To confirm the reliability of our *trnL* approach for estimating herbivore diet, we analysed 50
225 rumen samples of sheep-feed diets with varying proportions of forbs (white clover, *Trifolium*
226 *repens*) and graminoids (ryegrass, *Lolium perenne*) (Methods section 5.4). As seen in Figure 4e,
227 the Pearson correlation coefficient between the actual fraction of forbs in these diets and the
228 proportion of forbs estimated with the DNA-based approach was highly significant ($r^2=0.75$, $p <$
229 10^{-15}).

230 **Perspectives**

231 Our observations of high forb abundance in the terminal Pleistocene may merely reflect
232 vegetation response to glacial climates, but there are other possibilities ¹. An abundant
233 megafauna would have caused significant trampling ³¹, enhancing gap-based recruitment ³²,
234 which could favour forbs ³³. Coupled with nitrogen input from wide-ranging herbivores³⁴, forbs
235 may out-compete grasses ³⁵. Furthermore, a diet rich in forbs may help explain how numerous
236 large animals were sustained; forbs may be more nutrient-rich (e.g. ³⁵) and more easily digested
237 ³⁶ than grasses. However, a feedback loop that maintained nutritious and productive forage and
238 supported large mammalian populations in glacial climate regimes may have been impossible to
239 maintain after deglaciation, as C:N ratios increased with global warming ³⁷, and the potential
240 breakdown of the megafauna-forb interaction would have been exacerbated by declining
241 mammalian populations. In contemporary tundra and steppe (the latter often called grasslands),
242 graminoids are generally perceived to be the dominant growth form in large herbivore habitats
243 (e.g. ^{38,39}). Our data, which unearth 50 kyr of arctic vegetation history, call this perception into
244 question.

245 **Methods summary**

246 Plant fragments or soil matrix organics were ¹⁴C-dated using accelerator mass spectrometry and
247 measured ¹ ages were converted into calendar years ⁴⁰. Permafrost sampling ⁵, DNA extraction
248 ¹¹, PCR amplification ⁴¹ and taxon identification (e.g. ¹²) followed established procedures. Most
249 vascular taxa are covered by ⁴², and nomenclature is provided accordingly; for the remaining
250 taxa nomenclature follows ⁴³. Dissimilarity between plant assemblages was quantified using
251 pairwise Bray-Curtis distance ⁴⁴. Variation in assemblage dissimilarity was decomposed using
252 Permutational Multivariate Analysis of Variance (Permanova ⁴⁵) and visualised using non-metric
253 multidimensional scaling ^{46,47}. We used a distance decay approach ⁴⁹ and a generalized linear
254 model to model variation in plant community assemblages over space and time. Growth form
255 composition of communities was compiled from species trait databases ⁴⁹. Differences in the trait
256 composition of assemblages in adjacent climatic periods were compared to a null model
257 assuming random assortment from the previous interval. Nematode faunas of 35 contemporary
258 sediment samples were morphologically determined. Presence of two indicator families
259 (Teratocephalidae for tundra and Cephalobidae for steppe) was genetically determined in 17

260 ancient sediment samples. Megafaunal DNA and faeces and gut content were determined
261 genetically following established methods. For a detailed discussion, see Methods.

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375
376 **Supplementary Information** is linked to the online version of the paper at
377 www.nature.com/nature.

378 **Acknowledgements**

379 We thank A. Lister, R. D. Guthrie, M. Hofreiter, L. Parducci, for very valuable thoughts and
380 fruitful discussions of our findings and K. Andersen for help identifying possible contamination.
381 We thank T. B. Brand, P. S. Olsen, V. Mirré, L. J. Gillespie, J. M. Saarela, J. Doubt, M.

382 Lomonosova, D. Shaulo, J. E. Eriksen, Steffi Ickert-Bond ,T. Ager, D. Bielman ,M. Hajibabaei,
383 A. Telka and S. Zimov for help and providing samples. We thank the Danish National
384 Sequencing Centre. This work was supported by the European Union 6th framework project
385 ECOCHANGE (GOCE-2006-036866, coordinated by P. Taberlet), the Danish National Research
386 Foundation (Centre of Excellence to E. Willerslev), the European Regional Development Fund
387 (Centre of Excellence FIBIR and SF0180098s08 to J. Davison, M. Moora, M. Zobel), the
388 Research Council of Norway (191627/V40 to C. Brochmann), the Australian Research Council
389 (DP0558446 to R.G. Roberts), a Marie Curie International Outgoing Fellowship (PIOF-GA-
390 2009-253376 to E.D. Lorenzen) and a Carlsberg Foundation (to M. Vestergård).

391 **Author contributions**

392 The paper represents the joint efforts of several research groups, headed by various people within
393 each group. Rather than publishing a number of independent papers, we have chosen to combine
394 our data in this paper in the belief that this creates a more comprehensive story. The authorship
395 reflects this joint effort. The ECOCHANGE Team designed and initiated the project. EW, MEE,
396 JM, EDL, MV, GG, JH, JC, IGA, PM, DF, GZ, AT, JA, AS, GS, RGR, RDEM, MTPG, and KK
397 collected the samples. GG, RE, AKB, JHS, CB, LG, EC and PT constructed the plant DNA
398 taxonomic reference libraries and provided taxonomic assignments of the sediment data with
399 input from IGA, EB, SB, LSE, MEE, and DM. EDL, MV, JH, LSE, SB, CC, PW, LG, GG and
400 JHS conducted the genetics lab work. TG did the dating. FP, DR, and VN produced and analysed
401 the data concerning the reliability of the *trnL* approach for estimating herbivore diet. JD, MM,
402 MZ, EC, MV, MR, JC, SB, PBP, HB, RR, TM and PT did the analyses. EDL produced the
403 figures. EW wrote most of the text with input from all authors, in particular JD, MM, MZ, EDL,
404 MEE, MV, PBP, DM, KAB, NY, LO, CB, PT, and RDEM.

405 **Author information**

406 All the raw and filtered data concerning plants, nematodes, megafauna and sheep diet are
407 available from the Dryad Digital Repository: <http://doi.org/XXXXXX/XXXXXX>. The authors
408 declare no competing financial interests. Correspondence and requests for materials should be
409 addressed to E.W. (ewillerslev@snm.ku.dk).

410 **Figure legends**

411 **Figure 1.** Sample localities. A total of 242 permafrost samples were collected from 21 sites,
412 shown by green dots. Eight ancient megafauna gut and coprolite samples (A–H) are shown by
413 grey hollow circles, seven modern nematode localities by grey hollow triangles.

414 **Figure 2.** Taxonomic diversity of arctic plant assemblages during the last 50 kyr. Taxon
415 composition was estimated by high-throughput sequencing of DNA from 242 permafrost
416 samples. A total of 154 molecular operational taxonomic units (MOTUs) were detected. **a**, Index
417 of ambient temperature (continuous line; oxygen isotope concentration, GRIP⁵⁰) and estimated
418 MOTU number (horizontal bars; second-order jackknife), are shown for three palaeoclimatic
419 periods: pre-LGM (> 25 kyr, n = 149), LGM (last glacial maximum; 25–15 kyr, n = 32) and
420 post-LGM (< 15 kyr, n = 61). **b**, MOTU counts recorded uniquely in each palaeoclimatic period
421 and shared among periods. **c**, Modelled decline in similarity (1-Bray-Curtis dissimilarity)
422 between pairs of plant assemblages from the same palaeoclimatic period in relation to the spatial
423 distance separating them.

424 **Figure 3.** Proportional abundance of two families (Teratocephalidae - dark; Cephalobidae -
425 light) among the total soil nematode community at contemporary tundra and steppe sites in
426 Yukon, Canada. Letters a–g correspond to sample localities (Fig. 1). Median (central dot),
427 quartile (box), maximum and minimum (whiskers) and outlying values (points) are shown.

428 **Figure 4.** Plant growth form composition over time and across sample types, estimated by high-
429 throughput sequencing of DNA from 242 permafrost samples. **a**, Proportions of DNA reads
430 corresponding to taxa exhibiting different growth forms, binned over 5 kyr time intervals. The
431 analysis included all sediment samples except 21 Svalbard samples and three further samples
432 where no growth form information was available. **b**, Number of MOTUs exhibiting different
433 growth forms as a proportion of total MOTU richness in all informative samples for each
434 palaeoclimatic period. **c**, The proportional abundance of forbs in samples from Main River,
435 Siberia (dated 47,100–19,850 yr BP) where megafauna were or were not detected. **d**, Proportions
436 of DNA reads corresponding to different growth forms in megafauna diet, determined from
437 analysis of eight gut and coprolite samples from late Quaternary megafauna species (woolly

438 mammoth, woolly rhinoceros, bison and horse). Letters A–H correspond to the individual
439 samples (Fig. 1). The 95.4% calibrated age range of each sample is shown; ‘> 55’ indicates that
440 the sample was too old to provide a finite radiocarbon age. **e**, Reliability of the *trnL* approach for
441 estimating forb and graminoid abundance in diet analyses. Sheep were fed with known amounts
442 of forbs (*Trifolium repens*) and graminoids (*Lolium perenne*), and the rumen content analyzed
443 using the same DNA-based approach as implemented above. Orange dots and lines represent the
444 means and standard errors for diets containing different fractions of forbs. The grey line is a
445 linear model fit. Numbers immediately below the columns in **a**, **b**, and **c** indicate sample sizes.
446 Median (central bar), quartile (box), maximum and minimum (whiskers) values are shown in **a**
447 and **c**.

448 **Extended Data Figure 1.** Permafrost sample locality details. **a**, Radiocarbon dating chronology
449 for the main section at the Main River site, Russia, from which nearly all Main River samples are
450 derived; **b**, View of the 2009 Duvanny Yar exposure, NE Siberia; **c**, *yedoma* sandy silt in upper
451 *c.* 12 m of the exposure at Duvanny Yar exposure, NE Siberia. A large syngenetic ice wedge (top
452 centre) within the *yedoma* is truncated by a thaw unconformity at a depth of *c.* 1.9 m below the
453 ground surface, marking the maximum post-glacial thaw depth after deposition of the *yedoma*
454 had ended. Persons for scale, with DNA sediment sample holes to the right of the person on
455 right; **d**, Calibrated radiocarbon date distributions plotted against depth above river level at
456 Duvanny Yar exposure, NE Siberia. Although there are some finite dates below ~20 m, the
457 general curve shape suggests the radiocarbon dating limit occurs at about this level. The two
458 Svalbard sites at **e**, Colesdalen and **f**, Endalen.

459 **Extended Data Figure 2.** MOTU characterization and data consistency. (**a-c**) Graphs showing
460 the consistency of the DNA-based approach using permafrost samples across the different time
461 periods: **a**, average marker size per sample; **b**, number of reads per sample; **c**, number of taxa per
462 sample. **d**, WebLogos showing the match between the *gh* primers and their target sequences in
463 the main plant families involved in the estimation of the proportions of forbs and graminoids⁷⁰.

464 **Extended Data Figure 3.** Temporal classification of samples, assemblage variation in time and
465 data robustness. **a–d** (top panel), K-means clustering of permafrost plant assemblages: **a** cluster
466 identity of samples derived from pre-LGM, LGM and post-LGM periods for values of *k* between

467 2 and 10. Each bar represents a separate sample; different colours reflect different cluster
468 identities **b**, The Calinski-Harabasz criterion for different levels of k . Higher values indicate
469 stronger support for a level of partitioning. **c,d** Heat maps showing the proportional occurrence
470 of samples from pre-LGM, LGM and post-LGM periods in different clusters, for $k=2$ (**c**) and
471 $k=3$ (**d**). Colours vary from red (low values) to white (high values). **e–g** (middle panel)
472 Assemblage variation in time and space: **e**, Nonmetric multidimensional scaling (NMDS)
473 ordination revealed significant variation (Permanova $p < 0.01$) in fossil/ancient plant assemblage
474 composition during the three palaeoclimatic periods; **f**, The effect of spatial distance on
475 similarity when assemblages from different palaeoclimatic periods were compared. The vertical
476 axis represents similarity in floristic composition measured as 1-Bray-Curtis similarity, the
477 horizontal axis depicts \ln of distance between sampled communities in kilometres. The greater
478 the spatial distance between pairs of assemblages, the more dissimilar they were. However, the
479 rate of the decay differed depending on which two climatic periods were compared (full model p
480 < 0.001). The weakest distance decay in similarity was observed in the case of comparisons
481 between pre-LGM and post-LGM assemblages. Even if pre-LGM and post-LGM samples came
482 from the same geographic area, their floristic compositions were dissimilar; **g**, Results of
483 randomisation tests. Mean proportional composition of different growth form types in LGM and
484 post-LGM samples. The bars around sample means indicate 95% quantiles derived from 999
485 bootstrap replicates (where bootstrap N was set to the number of samples in the post-LGM data
486 set; see methods for details). **h** (lower panel) Counts of MOTUs exhibiting different growth
487 forms binned over 5 kyr time intervals. The analysis included 218 of the 242 sediment samples,
488 as described in Figure 4. Numbers immediately below the columns indicate sample sizes.
489 Median (central bar), quartile (box), maximum and minimum (whiskers) counts are shown.

490 **Extended Data Table 1.** Site information of the 21 permafrost localities (shown in main text
491 Fig. 1).

492 **Extended Data Table 2.** Statistics regarding length of the P6 loop amplified with the gh primers
493 ⁴²for the most important plant families of the two growth forms (graminoids and forbs). These
494 data were estimated from the arctic/boreal database built for this study.

495 **Extended Data Table 3.** Locality information of the seven contemporary tundra and steppe sites
496 in Yukon, Canada, which were analysed for nematode faunal composition (shown in main text
497 Fig. 3). Letters in parentheses refer to locality codes used in main text Figs. 1 and 3.

498 **Extended Data Table 4.** Proportion of 17 permafrost sediments with sequences of the two
499 indicator nematode families Cephalobidae and Teratocephalidae.

500 **Extended Data Table 5.** Herbivorous mammal taxa derived from Main River permafrost
501 samples for which plant data were available.

502 **Extended Data Table 6.** Sample information of the eight megafauna gut and coprolite samples
503 (shown in main text Fig. 1).

504

505 **Methods1.0 Sites and sediment sampling**

506 Site details and related publications are provided in Extended Data Table 1. The sampled sites
507 are generally well characterised stratigraphically, but not all details are published. Complete site
508 and sample information is available from the ECOCHANGE database manager
509 (H.A.Binney@soton.ac.uk) and the Dryad database (also see section 8.0 for further details on
510 sites). The samples are of mixed provenance: the majority of samples representing the pre-LGM
511 (n = 149) and LGM (n = 32) come from exposures of frozen ‘ice-complex’ deposits, in which the
512 clastic component (silt and fine sand) derives mainly from aeolian deposition and surface runoff
513 in terrestrial permafrost settings characterized by ice-wedge polygons (e.g. ²³), whereas most of
514 the post-LGM samples (n = 61) come from modern soil and peat (37%), aeolian sediment (30%),
515 thermokarst-lake infill (13%) and fluvial terrace (11%) sequences, and a few samples of mixed
516 origin (9%). In most cases, frozen sediment samples were extracted by horizontal drilling using
517 established protocols to guard against sample-based contamination ^{5,6,53,54} and were kept frozen
518 until they were processed for DNA analyses. A list of samples and age estimates is given in
519 Supplementary Data 1.

520 In July 2009 we sampled soil from sites representing moist tundra and steppe vegetation from
521 seven different locations in Yukon Territory, North-western Canada (Extended Data Table 3).
522 Intact soil cores were excavated in 15 or 30 cm (depending on depth of the A-horizon or the
523 active layer over the permafrost) PVC tubes with a 5 cm diameter inserted into a hollow steel
524 auger forced vertically into the ground. PVC tubes were closed with close-fitting lids and
525 transported in an electric cooler to Whitehorse where they were temporarily stored at 5°C before
526 they were shipped to Centre for GeoGenetics, University of Copenhagen, for processing. From
527 each soil core the five top and bottom cm were processed. Additionally, the moss layer, when
528 present, was processed from tundra samples. Sample material from each layer was homogenized
529 before subsamples were taken for nematode extraction. Bulk density varies greatly between
530 moss, peat and soil, hence the weight of extracted fractions vary between the different sample
531 materials. Nematodes were extracted from 2.0-10.0 g of sample material for 48 h by a modified
532 Baermann tray method ⁵³. Nematodes were heat-fixed (80°C) in 4% formaldehyde, and a
533 minimum of 100 individuals per sample was identified to genus or family using a compound
534 microscope at 1000× magnification.

535 Ancient megafauna intestinal/stomach contents and coprolites were collected directly from
536 permafrost and from permafrost-preserved animals (Extended Data Table 6). Interior parts were
537 sampled for DNA analyses.

538 **2.0 Chronology methods**

539 For the majority of samples, plant fragments and soil matrix organics extracted from sediment
540 samples using protocols described in e.g. ⁵⁶ were radiocarbon-dated using accelerator mass
541 spectrometry. ¹⁴C ages were calibrated with the IntCal09 calibration curve ⁴¹, or (in the case of
542 modern or near-modern soil samples) using the record of post-bomb atmospheric ¹⁴C
543 concentrations. Modern samples yielded ¹⁴C concentrations over 100 pMC (percent modern
544 carbon), which matched variations in the 20th century atmospheric carbon related to nuclear
545 testing and other enrichment ⁵⁷. In the case where a series of ages from one profile was available,
546 age-depth models were calculated, using the free-shape algorithm published by ⁵⁸, allowing
547 undated samples to be assigned ages. Age models were only applied to sequences for which
548 stratigraphic evidence supported continuous accumulation of sedimentary units. For a few
549 sequences with previously ascribed dates, calibrated ages were assigned based on the calibration
550 routine available at www.neotomaDB.org. ECOCHANGE radiocarbon ages and supporting
551 information are contained within the dating table of the ECOCHANGE meta-database (see
552 above).

553 **3.0 DNA extraction, amplification and sequencing**

554 DNA extraction of permafrost samples and coprolites and intestinal/stomach contents followed
555 the protocols of ^{11,59,60}. For construction of the new northern boreal plant reference library, DNA
556 was extracted from leaves taken from taxonomically verified museum specimens originating
557 from across the circumboreal region and sequenced for the plastid *trnL* intron, following the
558 protocols of ¹⁴.

559 **3.1 Amplification of plant DNA from sediments**

560 For the ancient plant DNA from sediments, PCR amplification was done using nine base-pair
561 tagged generic plant primers ⁴¹ for the P6 loop of the *trnL* plastid region (GH primers). We did

562 not use the two standard barcoding markers *rbcL* and *matK* in this study, despite the extensive
563 reference database available, as they are not appropriate for working with degraded DNA, as
564 demonstrated in ¹². First, these markers are too long (*c.* 500 bp for *rbcL* and 800 bp for *matK*) for
565 reliably amplifying degraded DNA, and second, it is not possible to shorten them by designing
566 versatile primers on protein-coding genes. Hence some short amplification products can be
567 obtained, but with a strong bias among plant groups according to the variations of the primer
568 target sequences.

569 Each *trnL* tag was distinguished from any other tag by at least three base differences. The list of
570 tags was generated using the oligoTag program ⁶¹. In order to increase the taxonomic resolution
571 of the analysis for three plant families, three additional primer pairs were used:

572 ITS1-F: GATATCCGTTGCCGAGAGTC ⁶²

573 ITS1Poa-R: CCGAAGGCGTCAAGGAACAC ⁶²

574 ITS1Ast-R: CGGCACGGCATGTGCCAAGG ⁶²

575 ITS1Cyp-R: GGATGACGCCAAGGAACAC, this study.

576 They target the first internal transcribed spacer (ITS1) of nuclear ribosomal DNA in Poaceae
577 (ITS1-F and ITS1Poa-R), Asteraceae (ITS1-F and ITS1Ast-R) and Cyperaceae (ITS1-F and
578 ITS1Cyp-R). These primers were tagged in the same way as the P6 loop primers to allow the
579 assignment of sequence reads to the relevant sample. PCR conditions followed the protocol of ¹².
580 Each permafrost and modern soil sample was amplified five times with the *gh* primer pair and
581 once with each of the ITS1 primer pairs. Amplicons were sequenced using the Illumina GA IIX
582 platform as 2 x 108 base pairs (bp) pair end reads.

583 **3.2 Amplification of plant DNA from coprolites and intestinal/stomach contents**

584 DNA amplifications were carried out with the *trnL gh* primers ¹⁷ with MID incorporated tags.
585 For each sample, PCR was carried out twice with the same-tagged primers and with the use of
586 HiFi (Invitrogen) polymerase and 5ul of extract with 50 cycles of PCR. PCR products were
587 pooled equimolarly and subsequently sequenced on the Roche FLX DNA sequencing platform

588 (Copenhagen) following previously established protocols¹². 16SMamm1 and 16SMamm2
589 primers⁶³ were used to PCR DNA from the environmental faeces extracts, and the amplicons
590 cloned in order to identify the species of origin.

591 **3.3 Amplification of megafauna DNA from sediments**

592 For megafauna DNA in permafrost, PCRs were performed in the ancient DNA laboratory of the
593 Natural History Museum at the University of Oslo, using the 16Smam1 and 16Smam2 primers⁶⁴
594 and a human-specific blocking primer (16Smam_blkhum3⁵⁹). Fusion primers containing the
595 Lib-L forward and reverse primers (Roche 454) were used, and 16Smam1 included a Multiplex
596 Identifier (MID) sequence to allow multiplexing of PCR products for sequencing. PCR mixture
597 and profile were as described in⁵⁹. All samples, including extraction blanks, were amplified a
598 maximum of six times in an attempt to obtain two positive PCR replicates, where positive PCRs
599 are those that produced a visible band of the correct size on an agarose gel. When successful, the
600 two PCR replicates were combined, and purified and normalised together using SequalprepTM
601 Normalisation plates (Invitrogen).

602 The purified PCR products were sequenced on three machines following the manufacturer's
603 guide for amplicon sequencing. All the plant *trnL* introns and ITS products were sequenced on
604 the Illumina GA IIx platform, the Norwegian Sequencing Centre was used for sequencing of
605 megafauna DNA (Roche 454 GS FLX Titanium).

606 **3.4 Amplification of nematode DNA from sediments**

607 For nematodes, PCR amplification was attempted on a subset of samples using two primer sets.
608 The Cep (fw primer CepF: 5'-CCGATAACGAGCGAGACTC-3', rv primer CepR 5'-
609 CGGCTAAACACCGAAAATCC-3') and Ter (fw primer TerF: 5'-
610 GCTCTCAAGGTGTATATCGC-3', rv primer TerR: 5'-AAACCAGCAGTATTAGCC-3')
611 primers target a 90 bp region of the 18S rDNA of the Cephalobidae and a 118 bp region of the
612 18S rDNA of the Teratocephalidae, respectively. All primers were flanked by the Lib-L fw and
613 rv primers (Roche 454), and the 5' primers were further flanked by an 8-bp DNA tag⁶⁵. PCRs
614 were performed with 2 µl template DNA in a mixture described by⁶ under the following
615 conditions: initial denaturation at 94°C for 5 min, followed by 65 cycles of denaturation at 94°C

616 for 30 s, annealing at 52°C or 50°C for Cep and Ter primers, respectively, for 30 s, and extension
617 at 68°C for 30 s. Cycling was completed at 72°C for 7 min. PCR products of the correct size
618 (checked on a 2% agarose gel) were purified using the QIAquick Gel Extraction kit (Qiagen)
619 according to the manufacturer's protocol. PCR reactions were repeated at least three times; five
620 times for samples that failed to produce amplicons using either of the primer pairs.

621 **4.0 Taphonomy and contamination issues**

622 ⁶⁶ recently emphasized the need to understand the taphonomy of a palaeo-proxy system. Here
623 we further assess taphonomic bias and possible contamination of the samples. Fossil
624 assemblages do not represent life assemblages exactly due to post-mortem processes, including
625 differential decomposition, depositional changes, and addition or removal of material ⁶³. Our
626 landscape-scale taphonomic model for plant DNA derives it from *in situ* burial of above- and
627 below-ground plant parts, downslope transport of material in above-ground and below-ground
628 flow as particles or with DNA as part of soil-water colloidal complexes, and possible deposition
629 from a vector such as animals or wind. Tests in Svalbard (ECOCHANGE, unpublished data)
630 indicate that local (3-50m²) sources provide almost all plant DNA in modern soils.

631 For *yedoma*, the surface vegetation was rooted in an accreting substrate that had insufficient time
632 for full profile development prior to burial and freezing (e.g., inceptisols, see ⁶⁷. The active layer
633 (estimated at ~50 cm for the LGM of Alaska by ⁶⁷ acts as a time-averaging moving window, with
634 penetration of unfrozen material to a level by roots potentially occurring until the freezing front
635 reaches that level. We estimate that most yedoma samples record DNA over ~1000 yr of
636 accumulation, but with a bias toward the first few hundred years, this based on observations on
637 how deeply roots penetrate modern soils and average accumulation rates of sediment. We also
638 tested for differences in accumulation rate between time periods that might lead to bias in
639 diversity estimates ⁶⁸ (Supplementary Data 1). There was no significant difference between pre-
640 LGM and LGM rates (1.12 and 1.25 mm yr⁻¹, respectively). The post-LGM had significantly
641 greater average rates (3.82 mm yr⁻¹), but this estimate is based on only a few sites and samples
642 and more diverse forms of sedimentation; furthermore, beta diversity increases, rather than
643 diminishes, as would be expected if there were bias, in the post-LGM. We conclude that time-
644 averaging effects in our samples have not biased the diversity estimates.

645 Peat and lacustrine sediment samples will have finer (decadal) temporal resolution as
646 demonstrated by numerous other proxy studies, and the loess-derived sediments sampled beneath
647 the rapidly deposited Dawson tephra at Quartz Creek (see section 8.3) may be time-averaged
648 over only decades or centuries. The few samples drawn from thermokarst lake deposits could
649 potentially include a wider age range of material derived from lake-bank collapse, but the
650 Holocene ¹⁴C chronologies suggest that these sequences can be reliably compared with the late-
651 Pleistocene records.

652 The study by ¹² showed that graminoid DNA occurs in soil in about the same proportions as
653 graminoids occupy the above-ground biomass. We might expect woody plants to release
654 environmental DNA at a lower rate in relation to their above-ground biomass as much of their
655 production goes into woody stems and roots, which have a relatively slow rate of decomposition;
656 this is in the case, with woody taxa, when at low proportions in the biomass, being under-
657 represented in DNA by a ratio of approximately 5:1. Pollen and macrofossil data from numerous
658 sites including our own attest to the rarity of woody taxa in the pre-LGM and LGM periods. In
659 these two periods, woody taxa are likely under-represented in our DNA record, but even
660 allowing for this they still form a minor component of all assemblages.

661 ¹² show forbs to be represented in DNA compared with above-ground biomass at a ratio of about
662 2:1. ¹² suggest that this difference may reflect different litter turnover rates; graminoids are richer
663 in lignins than are forbs ⁶⁹. Alternatively, forbs may invest resources into below-ground parts if
664 they are perennials while others (not many in the Arctic) are annuals and largely decompose
665 every year, yielding a range of root-shoot ratios ⁷⁰. It is unlikely that differential preservation of
666 ancient forb tissue has occurred because this would predict a lessening of forb dominance
667 through time; rather there is continuous forb dominance through the pre-LGM and LGM and an
668 abrupt diminution of forb DNA in the post-LGM. Further, there is no bias in the length of
669 sequences recovered through time (see below), which could otherwise conceivably generate a
670 bias as some of the longer *trnL* sequences occur in the Cyperaceae.

671 Established protocols for permafrost sampling were followed to control for sample-based
672 contamination ^{5,6,11,53,54}. All ancient pre-PCR work (i.e. sub-sampling, extraction, and PCR set
673 up) was conducted in full body suits in state-of-the-art dedicated ancient DNA laboratories in

674 Copenhagen and Oslo that are physically separated from any other biological laboratories, with
675 positive air pressure and nightly UV-exposure of surfaces, and equipped with positive flow
676 hoods. Occasionally, common contaminants were detected: *Homo sapiens*, *Mus musculus*, *Sus*,
677 *Bos*, *Canis*, *Felis catus*, *Solanum lycopersicum*, *Zea mays* and *Cedrus*. The current control setup
678 does not allow contamination of individually tagged PCR products to be detected. To mitigate
679 this problem we removed haplotypes which have previously been detected as contaminants in
680 PCR reagents, are exotic to the study sites, or represented likely artificial diversity caused by
681 sequencing-error-by-products of contaminant or exotic haplotypes. The taxonomic assignment of
682 these sequences includes for example Rutaceae, Solanaceae, Solanoideae, Loasaceae and
683 Musaceae. Additionally, the following plant MOTUs occurred in sequencing blanks: Salicaceae
684 (Group 1), containing *Populus* and *Salix*; *Equisetum* (Group 2), containing *E. arvense*, *E.*
685 *sylvaticum*, and *E. fluviatile*; and *Taraxacum*. These MOTUs are likely to genuinely occur in the
686 study samples but were excluded as a conservative measure. We also note that *Eritrichium*,
687 (Group 1) Triticeae (Group 1), containing *Elymus* spp., *Leymus* spp., Apiaceae (Group 1), *Betula*
688 (Group 1), *Dryas* (Group 1) though not found in the bank controls of this study, have been
689 recorded as possible sources of contamination in other studies.

690 Importantly, to avoid possible contamination from re-deposition of organics or DNA in the
691 exposures sampled, we did not include any low-abundance sequences in the analyses (see
692 below), as such sequences may be due to re-deposition of material ¹⁶.

693 For further evidence of reliability of results and their interpretations please see section 5.3
694 MOTUs characterization and data consistency.

695 All the raw and filtered data concerning plants, nematodes and megafauna are available from the
696 Dryad Digital Repository: <http://doi.org/XXXXXX/XXXXXX>.

697 **5.0 Plant DNA reference libraries, sequence groupings and MOTU characterization**

698 **5.1 DNA reference libraries**

699 We identified plant sequences retrieved from the ancient samples taxonomically using (i) the
700 arctic plant *trnL* reference library developed by ¹⁴, comprising 842 species representing all

701 widespread or ecologically important taxa of the circum-arctic flora, (ii) a new extension of this
702 library constructed by sequencing the nuclear ribosomal ITS1 region to improve species
703 resolution in three families (Cyperaceae, Poaceae and Asteraceae), (iii) a new north boreal plant
704 *trnL* reference library constructed by sequencing DNA extracted from 1332 herbarium
705 specimens representing 835 of the most common north circumboreal species, of which most also
706 occur in present-day arctic vegetation, and (iv) the EMBL database for sequences not matching
707 taxa contained in these three reference libraries. The specimens used to construct the new north
708 boreal library were sampled after taxonomic verification from the following collections:
709 Herbarium of the Natural History Museum, University of Oslo, Norway (O); Popov Herbarium,
710 Siberian Central Botanical Garden, Novosibirsk, Russia (NSK); National Herbarium of Canada,
711 Canadian Museum of Nature, Ottawa, Canada (CAN); and University of Alaska Museum of the
712 North (ALA). Quality checking and cleaning of this new library was performed by comparing all
713 sequences with published sequences using NCBI/BLAST and by phylogenetic analyses of each
714 family, including sequences from closely related taxa to verify taxonomic identity. All reference
715 databases are available from the Dryad Digital Repository: <http://doi.org/XXXXXX/XXXXXX>.

716 **5.2 Sequence groupings and identifications of sedimentary plant DNA**

717 For plant DNA data obtained from the sediment samples, each pair of reads was assembled to
718 reconstruct full-length marker sequence using the Solexapairend program from the OBITools
719 package (<http://metabarcoding.org/obitools>). Sequences were associated with their corresponding
720 sample according to the primer tags, and identical sequences were clustered to form molecular
721 operational taxonomic units (MOTUs). MOTUs occurring less than five times in the whole data
722 set or containing ambiguous base symbols were discarded. Only PCR repeats with more than
723 1000 sequences for the *gh* primers and 500 sequences for the ITS1 primers were considered for
724 the following process. For *gh* PCR amplification, a MOTU was considered as belonging to a
725 sample if it occurred in the majority of the usable repeats for this sample. Taxonomic assignment
726 of MOTUs was done with the ecoTag program¹² using our plant reference libraries as reference
727 databases: Only MOTUs having at least 95% similarity with a sequence in one of the reference
728 libraries or in the EMBL database were kept in the final dataset. Identifications realized with our
729 reference libraries were given priority over EMBL. The final set of MOTUs associated with a
730 sample was based on all MOTUs retrieved from all repeats of this sample. Initial identifications

731 to the species level were in some cases adjusted to a higher taxonomic level based on the
732 completeness of our reference libraries. Results are listed in Supplementary Data 2, 4 and 5.

733 **5.3 MOTUs characterization and data consistency**

734 Basic statistics were used to check data consistency among time periods. Results are presented in
735 Extended Data Figure 2a-c, and clearly show that older samples did not present any bias
736 compared with more recent samples. A bias could have been introduced (i) if the size of the *trnL*
737 P6 loop would have been smaller in taxa identified in older samples, (ii) if the number of
738 identified taxa were smaller in older samples, or (iii) if the number of sequence reads were lower
739 in older samples. This was not the case and we conclude that the reconstructed plant assemblages
740 from different time periods did not suffer from such biases.

741 We also checked if the primers used could explain the differences observed between forbs and
742 graminoids. The WebLogos⁵¹ presented in Extended Data Figure 2d show that the target
743 sequences of the *trnL gh* primers⁴² are very well preserved in the main families leading to the
744 estimation of the relative proportions of forbs and graminoids. According to the very good match
745 of the *gh* primers in the different families, it is highly unlikely that these minor differences can
746 produce any significant bias in the observed proportions of forbs and graminoids.

747 Finally, we carried out length statistics of the P6 loop of the *trnL* intron for several plant families
748 (Extended Data Table 2), knowing that shorter sequences are likely to be preferentially amplified
749 than longer sequences. According to the mean length in the different families, Cyperaceae
750 (graminoid) might be under-represented in our results, and Plumbaginaceae (forb) and
751 Polygonaceae (forb) over-represented. In any case, the bias was identical for all samples
752 (permafrost and diet), and for all periods as no size difference among the amplified sequences
753 were observed among period (Extended Data Figure 2a-c). For all the other families, the size
754 difference is minor, and is unlikely to generate any significant bias.

755 **5.4 Reliability of the *trnL* approach for estimating the diet of herbivores**

756 To test the reliability of the *trnL* approach for estimating the diet of herbivores, we conducted an
757 experiment on sheep. During the period of May-July 2011, pure plots of white clover (*Trifolium*

758 *repens*, cv Merwi) and ryegrass (*Lolium perenne*, cv Aberavon) were used to test five mixtures
759 of green fodder (i.e. five diets differing by their clover:ryegrass ratios of 0:100, 25:75, 50:50,
760 75:25 and 100:0).

761 The five diets were allocated to five 1-year-old Texel sheep fed *ad libitum*. For each sheep and
762 each diet, one rumen sample was collected on 2 successive days. The collection started 13 days
763 after the beginning of the diet in order to prevent from an effect of the previous diet. Each of the
764 50 samples consisted of about 5 g of rumen content.

765 Total DNA was extracted from about 25 mg of rumen content with the DNeasy Blood and Tissue
766 Kit (QIAGEN GmbH, Hilden, Germany) following the manufacturer's instructions. The DNA
767 extracts were amplified with the *trnL gh* primers (g: GGGCAATCCTGAGCCAA; h:
768 CCATTGAGTCTCTGCACCTATC²⁴) targeting a short portion of the *trnL* intron of the
769 chloroplast DNA. For each sample two independent PCR replicates were carried out. Paired-end
770 sequencing (100 nucleotides on each extremity of the DNA fragments) was carried out at the
771 French National Sequencing Centre (CEA Genoscope, Evry, France) on a Illumina HiSeq 2000
772 (Illumina Inc.).

773 A total of 216,586 and 163,328 sequence reads corresponded to *Trifolium repens* (forb) and to
774 *Lolium perenne* (graminoid), respectively. The Pearson correlation coefficient between the actual
775 fraction of forb in diet and the proportion of forb estimated using the DNA-based approach is
776 highly significant ($r^2=0.75$, $p < 10^{-15}$) (Fig. 4e).

777 All the data concerning the sheep diet experiments are available from the Dryad Digital
778 Repository: <http://doi.org/XXXXXX/XXXXXX>.

779 **6.0 Analysis of MOTU assemblage data**

780 Each sediment sample provided a molecular characterization of a local plant assemblage. To
781 analyse gross changes in plant assemblages through space and time we used 242 dated samples
782 from 21 sites (56 entities, i.e., individual sections), which provided a total of 7,738,725
783 chloroplast *trnL* (UAA) intron reads. For these analyses we used only the MOTUs identified
784 with the *gh* primers (see Section 3.0), because the reads of these MOTUs are proportional to

785 vegetation (see ¹²). In total, 154 taxa (MOTUs) were identified, of which 47 were assigned to
786 species level (Supplementary Data 4). Supplementary Data 5 lists the MOTUs and constituent
787 taxa for the ITS identifications.

788 **6.1 Temporal classification of samples and data robustness**

789 Each sample was allocated to one of three broad age categories: (i) 50–25 thousand years ago
790 (kyr; pre-LGM), a period of fluctuating climate ⁷¹; (ii) 25–15 kyr, the Last Glacial Maximum
791 (LGM), a period of constant cold and dry conditions ¹⁷; (iii) 15 kyr–present, the current
792 interglaciation (post-LGM), which, subsequent to deglacial warming, is characterised by climate
793 stability and relatively high temperatures ⁷¹. Our specification of LGM timing represents a period
794 between the transition of Marine Isotope Stage (MIS) 3 to MIS 2 and the transition to the Bølling
795 (Gi-1e). This time window incorporates the period of lowest global sea level, which is
796 traditionally used to define the LGM (22–18 kyr), along with flanking periods during which the
797 development of glaciation or deglaciation occurred. The use of a fairly wide window was also
798 intended to allow for some regional variation in the timing of the maximum. We assessed the
799 robustness of our analyses to alternative definitions of LGM timing using Permanova
800 (implemented using R package *vegan* ⁷²) to test the fit of models including LGM specifications
801 with different duration and timing, falling in the range 30–11 kyr. In general, there were not
802 large differences between many of the alternative definitions, and all detected the large shifts in
803 plant assemblages occurring around that time (Supplementary Data Table 3). To assess whether
804 our temporal definition of post-LGM masked changes prior to and including the onset of the
805 Holocene at ~11 kyr, we extracted the post-LGM subset of data, i.e. 15–0 kyr, and used
806 Permanova to test whether splitting the data into two time periods (15–11 and 11–0 kyr)
807 improved the fit. The results indicated that given the data we have, the split of post-LGM into
808 two consecutive time bins did not significantly improve the null model ($P = 0.08$).

809 We compared our approach of defining *a priori* groups based on radio carbon dating with an
810 unsupervised approach whereby variation between samples was used to define groups. To
811 partition samples into clusters we used k-means clustering with the Hartigan-Wong algorithm,
812 values of k between 2 and 10 and 100 random starting configurations for each value of k. The
813 Calinski-Harabasz criterion was used to identify the best supported values of k ⁷³. The results of

814 unsupervised clustering largely coincided with our supervised analysis (Extended Data Figure 3
815 a-d). The two- and three-cluster solutions, which were best supported, revealed the clearest
816 distinction between post-LGM communities on one hand and pre-LGM and LGM samples on the
817 other. This is in accordance with our diversity analysis, which showed that that the species list of
818 the LGM was essentially a subset of the pre-LGM species list, although considerably fewer
819 species were recorded from LGM samples. The higher values of k indicated more subtle
820 differences between LGM and pre-LGM samples.

821 As a further investigation of data robustness, we repeated the analyses, but imposed an upper
822 limit of 40 kyr to the pre-LGM period and excluded older samples, thus equalizing the duration
823 of the pre- and post-LGM periods (both 15,000 years). The results of these analyses were
824 qualitatively identical to those based on the whole data set. However, while MOTU richness
825 remained highest in the pre-LGM in the equalized analysis, it was less clearly so (equalized
826 analysis: total richness: pre-LGM = 103, LGM = 48, post-LGM = 74; jackknife second order
827 estimator: pre-LGM = 169, LGM = 85, post-LGM = 159).

828 **6.2 Functional characterization of molecular taxa**

829 We characterized MOTUs in terms of their coarse growth form; 147 of the 154 taxa identified
830 could be placed into four primary groups: forbs, graminoids (grasses + sedges + rushes), dwarf
831 shrubs or other woody plants (i.e., shrubs and trees). Information on growth form was derived
832 from BiolFlor, a database covering more than 60 plant species traits for 3659 plant species from
833 the German flora^{49,74}. Where data were lacking, we excluded the taxon from analysis.

834 **6.3 Assemblage variation in time and space**

835 **6.3.1 Ordination**

836 Variation in assemblage characteristics among time periods was visualised using two-
837 dimensional non-metric multi-dimensional scaling (NMDS). The composition of samples was
838 estimated by the proportion of reads corresponding to particular MOTUs.

839 Dissimilarity between pairs of plant assemblages was defined using Bray-Curtis

840 dissimilarity (BC)⁴⁴. For some analyses similarity was calculated as 1-BC. Bray-Curtis
841 dissimilarity is frequently used in plant community ecology and is recommended by several
842 basic sources due to its properties ^{75 pg 51} and elsewhere ^{72,76,77}. In particular, Bray-Curtis shows a
843 good ability to mirror environmental distances ^{75,78 pg 50-54}. The Bray-Curtis index also works well
844 with proportional abundance data ^{78,79 pg 287}. Euclidean distance is also widely used with
845 proportional abundance data. While so-called proportion indices like BC depend on the number
846 of shared species and thus measure distance as proportions of the maximum distance possible,
847 Euclidean distance concentrates only on differences in relative proportional abundances ⁸⁰. Thus,
848 the choice of distance measure depends on the emphasis of a particular study, e.g. how much
849 attention is paid to different aspects of community assemblage structure. We considered the co-
850 occurrence of taxa in samples to be an important feature of palaeocommunity assembly, and this
851 is why Bray-Curtis was our primary choice. However, since Euclidean distance could add
852 another aspect of community assembly, we performed a parallel analysis (Permanova, NMDS
853 and distance decay) using Euclidean distance. We found that our quantitative results and the
854 qualitative patterns were robust to the choice of distance measure.
855 First, the ordination was conducted for the whole data set. Second, since the spatial distribution
856 of the total data set was not balanced between time periods, we identified four replicated
857 locations (two in North America, one in western Siberia, one in eastern Siberia) where samples
858 were collected from sites within 100 km of each other in all palaeoclimatic periods. We based a
859 further ordination on an equal number of samples per location per period (15 samples per period,
860 45 samples in total). Because the results of analyses based on the two data sets coincided, only
861 the results of the first analysis are presented, except in Extended Data Figure 3e where it was
862 impossible to portray all 242 samples and the results of the second analysis are presented. Stress
863 values for the ordinations were in the range 0.05–0.17. Permanova was used to compare the
864 similarity of floristic composition in different periods.

865 **6.3.2 Richness estimation**

866 Nonparametric richness estimators are usually recommended due to their precision and low
867 susceptibility to sampling bias ⁸¹. In particular, the second order jackknife has been shown to be
868 one of the most effective estimators ^{82,83}, especially for highly sparse palaeontological data ⁸⁴.
869 We used the second order jackknife to estimate species richness in climatic periods.

870 **6.3.3 Distance-decay measures**

871 We modelled variation in plant communities using a distance-decay in similarity approach ⁴⁸,
872 using as a dependent variable all pairwise similarities between samples in terms of floristic
873 composition. We used a generalised linear model to describe variation in the dependent variable.
874 The dependent variable was bounded by 0 and contained a large proportion of exact 0s (i.e.
875 achieved when pairs of samples contained no shared taxa). The data were also theoretically
876 bounded by 1, but in practice no samples were identical and the data exhibited a strong positive
877 skew. To adequately model variation in such a dependent variable, we used a compound Poisson
878 error distribution (using R package tweedie ⁸⁵), with an index parameter for the power variance
879 function of 1.45 (estimated using maximum likelihood) and a log link function. The geographic
880 distance separating points was included as an independent variable. This distance was calculated
881 as the natural logarithm of the orthodromic distance between points, i.e. calculated as the shortest
882 earth-surface distance between two sets of latitude and longitude coordinates (the earth was
883 assumed to be spherical with a radius of 6371 km). The second independent variable consisted of
884 a categorical variable representing the combination of the time periods being compared. Thus,
885 this variable had six levels, consisting of all pairwise combinations between these periods (pre-
886 LGM vs pre-LGM, pre-LGM vs LGM, pre-LGM vs post-LGM etc.).

887 An interaction term between the independent variables was included in the model. Since each
888 sample was represented multiple times in the data set, observations were not independent,
889 biasing model estimates of variance and statistical significance. To estimate the true significance
890 of model terms, we recalculated each model a further 999 times using data sets where the
891 community data underlying the dependent variable were randomised (values were permuted
892 within samples using the permatfull function from the R package vegan). The change in deviance
893 associated with dropping a term in the empirical model was then compared to the corresponding
894 statistics derived from randomised models; significance was estimated based on the number of
895 randomised statistics higher than the empirical value.

896 **6.3.4 Randomisation tests used to assess functional changes between time periods**

897 We used a randomisation procedure (BC_{diff} ; described in ⁸⁶) to assess whether the growth form
898 composition of plant communities of the LGM and post-LGM (target) periods represented a
899 random sample from the directly preceding (source) period. To do this we calculated the BC
900 between the observed mean growth form composition of the target period and each of 999 means
901 derived from a bootstrapped selection (sampled with replacement; the sample size corresponding
902 to that of the target period) of samples from the source period ($BC_{or} = BC_{observed\ vs\ random}$).
903 In parallel, BC was calculated 999 times between two random means, calculated as described
904 above ($BC_{rr} = BC_{random\ vs\ random}$). The latter calculation provided a population of BC
905 measures that might be expected to arise by chance. The vector of 999 BC_{rr} values was
906 subtracted from the vector of 999 BC_{or} in a random pairwise manner to produce a final vector of
907 999 values ($BC_{diff} = BC_{or} - BC_{rr}$). BC_{diff} has an expected value of 0 if community composition is
908 random.

909 This approach indicated that LGM growth form structure did not differ from a random draw
910 from the pre-LGM community (95% quantiles of BC_{diff} ; LGM: -0.14–0.11). However, post-
911 LGM growth form composition was not a random subset of that from the LGM (95% quantiles
912 of BC_{diff} : 0.05–0.30). The abundance of forbs decreased while the abundance of all other
913 growth form types increased in the post-LGM compared with the LGM period (Extended Data
914 Figure 3g).

915 **6.3.5 Overview of vegetation change through time**

916 We classified a subset of samples (those of finite age) into 5000-year age classes (from 50,000–
917 45,000 to 5000–0 kyr) across the region encompassing central and northeast Siberia and Alaska-
918 Yukon. These regions were unglaciated and inhabited by the megafauna in the Pleistocene, and
919 they are the regions from which the dietary samples originated. The samples from Svalbard used
920 in the previous analyses were omitted here as Svalbard was almost entirely glaciated in the LGM
921 and did not host megafauna. We plotted the abundance of the key groups (described above) as
922 estimated by the abundance of DNA sequence reads through time to provide an overview of their
923 shifting importance. We also calculated the number of MOTUs detected for each group through
924 time (Extended Data Figure 3h).

925 **7.0 Filtering and taxonomic inference of nematode and megafauna data**

926 **7.1 Nematode data**

927 Nematode sequences were sorted according to the DNA tag used. Within individual PCR
928 products, sequences represented by less than five reads were discarded. The remaining sequences
929 were assigned to taxa using the statistical assignment package SAP⁸⁷.

930 We used Dufrière–Legendre indicator species analysis²³ to identify nematode taxa that acted as
931 good indicators of modern tundra or steppe habitat (as implemented by the `indval` function from
932 the R package `labdsv`⁸⁸). The function calculates an indicator value for each taxon that is the
933 product of its relative frequency and relative average abundance in sample groups (the groups in
934 this case being steppe and tundra). The value varies from 0 to 1 and would be maximal if all
935 examples of a taxon were distributed among all samples from only one of tundra or steppe. By
936 morphologically determining the nematode faunas of 35 sediment samples from contemporary
937 tundra and steppe sites in Yukon, Canada, we discovered two indicator families:
938 Teratocephalidae for tundra and Cephalobidae for steppe. We tested whether the proportion of
939 the two families differed between tundra and steppe with a nested ANOVA (site nested within
940 vegetation type) (SAS Enterprise Guide, version 4). Data on proportions were square root
941 transformed to obtain homogeneity of variance (Bartlett test). The ANOVA was executed on
942 non-normally distributed data, but the ANOVA is quite robust to non-normality⁸⁹. We
943 genetically determined the presence of the two indicator families in 17 of the 242 ancient
944 sediment samples; results are listed in Extended Data Table 4.

945 **7.2 Ancient megafauna sediment data**

946 Sequences were filtered and sorted using the programs included in the OBITools package
947 (<http://metabarcoding.org/obitools>). For filtering, only reads containing both primers and the tag
948 were kept in the data, permitting two errors in the primers and no errors in the tags. Filtering and
949 taxonomic identification was performed as described in⁵⁹ with the following two adjustments:
950 (i) an additional denoising step using the program Obiclean was included⁹⁰, and (ii) the
951 electronic PCR was performed on the EMBL standard sequences release 111. Within each
952 sample, only sequences represented by > 10 reads and an identification to at least genus level

953 with an identity > 0.95 were kept in the final dataset. Identified taxa in each of the samples for
954 which plant data are available are given in Extended Data Table 5.

955 **7.3 Ancient megafauna diet data**

956 The plant DNA amplified from coprolites and intestinal/stomach contents was sorted using the
957 OBITools package (<http://metabarcoding.org/obitools>). Sequences shorter than 10 basepairs, or
958 containing ambiguous nucleotides, or with occurrence ≤ 5 were excluded. Strictly identical
959 sequences were merged and taxonomic assignment was achieved using the ecoTag program and
960 reference libraries described in sections 5.1 and 5.2. Only unique sequences with an identity of
961 100% to at least one of the reference sequences were kept for further analysis. Where 100%
962 identities were obtained from multiple reference libraries, priority was given to taxon assignment
963 using the Arctic and boreal libraries.

964 We obtained a total of 15,951 sequence reads that could be assigned to the eight coprolite/gut
965 samples using the MID tags, of which 1,663 reads were unique. Out of these reads, 13,735
966 passed filtering and a final 9,084 reads could be assigned with 100% identity to a plant species in
967 one of the reference databases. Sequence data and compositional data for the fossil diet samples
968 are given in Supplementary Data 6.

969 **8.0 Permafrost site information**

970 **8.1 Published sites, Eurasia**

971 *Bol'shaya Balakhnaya, Buor Kaya and Khatanga, NW Siberia*

972 Three locations in NW Siberia with perennially frozen deposits are described in ¹⁶. Buor Kaya is
973 located on the east side of the bay formed by the Lena Delta, is a 3-m exposure of sandy silt with
974 organic inclusions, interpreted as lacustrine sediment, Holocene in age. Khatanga material was
975 sampled from Holocene river terrace deposits (< 5m) along a small tributary stream. Material
976 ranged from clay, to weakly laminated sands and silts, to peat. Bol'shaya Balakhnaya is also a
977 Holocene fluvial terrace locality featuring weakly laminated sands and minor interspersed lenses
978 of peat and clay.

979 *Baskura Peninsula, Cape Sabler, Federov Island, Ovrazhny Peninsula, and Upper Taymyr*
980 *River, Taimyr Peninsula, NW Siberia*

981 These localities are described by ⁶, who report perennially frozen sediments taken along the
982 shore of Lake Taimyr. Deposits are silt-dominated but range from organic to inorganic, and
983 massive to laminated; all sediments are of late-Pleistocene age (~40 to 12 kyr). Further
984 stratigraphic information from the “type locality” of this type of sediment – the Cape Sabler site
985 – is provided in ⁹¹. Sediment depth/age curves in ⁶ show that depositional rates were in the order
986 of 1–2 mm/yr. This implies a high temporal resolution of the trapped macroflora elements and
987 other biogenic matter, as the ground surface rose due to the vertical accretion of silt and fine sand
988 that was transported and deposited by aeolian and surface runoff processes.

989 *Main River, E Siberia*

990 The Main River (Ice Bluff) exposure extends for about 1 km at an elevation of 30 m on the left
991 bank of the Main River. It has been previously reported by ⁹¹ and ⁹³. The northern exposure, from
992 where our samples are derived, is dominated by ice-rich deposits interpreted as a facies of
993 *yedoma* by ⁹². At the time of sampling, the lower portion of the exposure was covered by slump
994 material; the oldest exposed deposits are ~40 kyr. We dated further samples to improve the
995 previously established chronology of the site (Extended Data Figure 1a). Samples form a
996 consistent progression suggesting continuous sedimentation without major hiatus between ~40
997 and 20 kyr.

998 **8.2 Unpublished sites, Eurasia**

999 *Taimyr Lake, Taimyr Peninsula, NW Siberia*

1000 A 3 m high cliff section at the western side on the Cape Sabler Peninsula. Vaguely laminated silt
1001 with some sand intrabeds. Four radiocarbon dates suggest a mid-Holocene age between 4.7-7.1
1002 kyr for the sediment sequence, except for the uppermost sample that is modern in age.

1003 *Anadyr, E Siberia*

1004 Holocene deposits, beside the Anadyr River, 2 km West of Anadyr, Chukotka. Materials
1005 excavated from a pit lying 3.0–5.1 m above sea level.

1006 *Duvanny Yar, NE Siberia*

1007 The site is the type section for the late Pleistocene in NE Siberia and has been much studied (e.g.
1008 ⁹⁴⁻⁹⁶). The extensive set of exposures runs for ~4 km along the east bank of the Kolyma River
1009 and features high cliffs of *yedoma* (ice complex), dominated by silt and large syngenetic ice
1010 wedges, depressions representing the drained basins of thermokarst lakes (alasy), and large areas
1011 of slumped and partially vegetated material. The exposure we studied and sampled in 2009
1012 (Extended Data Figure 1b) is from the centre of remnant 7E of the *yedoma* surface identified by
1013 ⁹⁴. We levelled in and logged 23 sections and sampled for DNA, radiocarbon and
1014 palaeoecological analysis from just above the Kolyma River level to ~40 m above it.

1015 The sampled stratigraphic unit comprised *yedoma* sandy silty at least 34 m thick, underlying a
1016 thaw unconformity at a depth of ~1.9 m below the ground surface (Extended Data Figure 1c).
1017 The *yedoma* unit was characterized by grey sandy silt to silty fine sand with low and varying
1018 amounts of organic matter, the most prominent of which were abundant fine *in situ* roots
1019 pervasive throughout the unit. The sediment is interpreted primarily as loess and contains a
1020 number of weakly developed palaeosols (J.B. Murton unpublished data). The upper 1.9 m of the
1021 sedimentary sequence comprised the post-glacial transition zone and overlying modern active
1022 layer.

1023 A ¹⁴C age-depth model is presented in Extended Data Figure 1d. The upper part of the model,
1024 above an elevation of 20 m above river level, is considered to be robust, based on ¹⁴C ages that
1025 decrease overall in stratigraphic order towards the top of the unit. ¹⁴C ages from below 15–20 m
1026 above river level are close to the limit of radiocarbon dating, and the age-depth model of this
1027 lower part of the *yedoma* should be treated as less definitive, although supported by OSL age at
1028 14.5 m. The basal units of the exposure are not represented in this study.

1029 *Svalbard: Colesdalen and Endalen*

1030 Samples were taken from the upper organic horizon of tundra soils in two valleys directly into
1031 sterile tubes and sealed. Sites are Colesdalen and Endalen (Extended Data Figure 1e,f). Both
1032 valleys have vegetation dominated by mid-Arctic tundra.

1033 **8.3 Published sites, North America**

1034 *Zagoskin Lake, Alaska*

1035 Zagoskin is a maar lake in western Alaska with sediments dating from ~37 kyr BP. Details are
1036 reported in ^{97,98}. The sediments are relatively inorganic and dominated by silt, interpreted as loess
1037 ⁹⁸. Loss on ignition values are generally < 10%, except in the top 1.4 m of the 15-m section.
1038 Biostratigraphic changes related to deglaciation (~15 kyr BP) are recorded at 5 m depth.
1039 Sediments dating to the LGM are present.

1040 *Quartz Creek, Yukon Territory, Canada*

1041 This locality is described by ⁹⁹. Sections are exposed in mining cuts and comprise silt-rich facies
1042 and palaeosols. The silt is loess-derived and sometimes finely bedded, reflecting re-working.
1043 Samples are associated with the Late Pleistocene Dawson tephra ^{99,100} and immediately underlie
1044 the bed, ranging from 31 kyr BP to 30 kyr BP, consistent with the Dawson tephra chronology.

1045 *Goldbottom, Yukon Territory, Canada*

1046 This locality also comprises several exposures in mining cuts and is described in ¹⁰¹. Frozen silt-
1047 dominated sediments, interpreted as loess or retransported loess, and organic deposits are
1048 present, and the Dawson tephra provides a late MIS 3-early MIS 2 stratigraphic marker.
1049 Previous dating of the tephra at *ca.* 30 kyr BP ^{101,102} are consistent with ages associated with the
1050 samples in this study. Samples at the site range include pre-LGM samples (*ca.* 45 to 27 kyr BP)
1051 and early LGM ages (*ca.* 24 to 23 kyr BP).

1052 *Stevens Village, Alaska*

1053 The locality is described in ¹¹. The exposure is ~15 m high and lies on the Yukon River in central
1054 Alaska. Frozen silt, interpreted as loess, overlies basal fluvial gravel and contains interbedded

1055 organic layers (regosols) dating to the early Holocene. A single sample collected from an early
1056 Holocene soil dates to 11.2 kyr BP.

1057 **8.4 Unpublished sites, North America**

1058 *Purgatory, Alaska*

1059 The Purgatory site is located a few kilometres upstream from the Stevens Village site and
1060 consists of aeolian sands with plant detritus. Two samples from near the base of the exposure
1061 date to the post-LGM interval.

1062 *Ross Mine, Canada*

1063 The Ross Mine site is located in the southern Klondike goldfields of central Yukon. One sample
1064 from a floodplain silt unit within fluvial deposits dates to the LGM, while the remaining samples,
1065 collected from within a Holocene peatland date to the post-LGM interval.

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