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**Biomarkers of meat tenderness: present knowledge and perspectives in regards to our current understanding of the mechanisms involved.**

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## Abstract

1  
2 Biomarkers of the meat quality are of prime importance for meat industry, which has to  
3 satisfy consumers' expectations and, for them, meat tenderness is and will remain the primary  
4 and most important quality attribute. The tenderization of meat starts immediately after  
5 animal death with the onset of apoptosis followed by a cooperative action of endogenous  
6 proteolytic systems. Before consideration of the biomarkers identified so far, we present here  
7 some new features on the apoptotic process. Amongst them, the most important is the recent  
8 discovery of a complex family of serpins capable to inhibit, in a pseudo-irreversible manner,  
9 caspases, the major enzymes responsible of cell dismantling during apoptosis. The biomarkers  
10 so far identified have been then sorted and grouped according to their common biological  
11 functions. All of them refer to a series of biological pathways including glycolytic and  
12 oxidative energy production, cell detoxification, protease inhibition and production of Heat  
13 Shock Proteins. Some unusual biomarkers are also presented: annexins, galectins and  
14 peroxiredoxin. On this basis, a detailed analysis of these metabolic pathways allowed us to  
15 identify some domains of interest for future investigations. It was thus emphasized that  
16 mitochondria, an important organelle in the production of energy from carbohydrates, lipids  
17 and proteins are a central element in the initiation and development of apoptosis. It was  
18 therefore stressed forward that, in fact, very little is known about the *postmortem* fate of these  
19 organelles and their multiple associated activities. Other topics discussed here would provide  
20 avenues for the future in the context of identifying reliable predictors of the ultimate meat  
21 tenderness.  
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41 **Key words:** biomarkers, tenderness, metabolism, muscle cell, meat quality, apoptosis

42 **Highlights:** Potential Biological markers of meat tenderness  
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4.5. Protease inhibitors

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**1. Introduction**

Among the different qualities of meat, tenderness is and will always be the first quality sought by the consumer. Since decades, the mechanisms of meat tenderization have focused much interest from meat scientists. Despite these extensive efforts, these mechanisms are still unclear and this probably explains the fact that we have not yet identified a good marker of this quality ([Kemp, Sensky, Bardsley, Buttery, & Parr, 2010](#)).

Nevertheless, there is now a general agreement on two major questions: (1) the meat tenderizing mechanisms are enzymatic in nature and involve several intracellular proteolytic systems; (2) the first step of the conversion of muscle into meat is the onset of apoptosis, a finely regulated and complex energy dependent cell death process ([Quali, et al., 2006](#)). In this context, the first proteolytic system likely to be involved is the group of initiator caspases followed by executor caspases, responsible for the degradation of proteinaceous cell constituents. Other proteolytic systems including calpains, proteasome, cathepsins, matrix metalloproteases, thrombin, plasmin etc ... will then participate to the cell dismantling process but we still do not know in what order and to which extent, even if some of them are suspected to be able to activate some caspases at least *in vitro*. In this respect, we must keep in mind that *in vitro* successful protease substrates are not necessarily *in vivo* target substrates of the protease considered.

On the other hand, quality markers would be a reflect of the different metabolic pathways contributing to the *postmortem* development of meat tenderness. Hence, a better understanding of these pathways and their interactions is a prerequisite for a successful identification of accurate biological/biochemical markers of this primary quality attribute of meat. In this respect, the advent of modern proteomic technologies has undoubtedly contributed to a better understanding of these processes ([D'Alessandro & Zolla, 2013](#)).

In this review, we will first try to update of the mechanisms responsible for the *postmortem* improvement of meat tenderness with some new features according to research carried out during last years. Then we will overview the potential markers of meat tenderness identified

1 so far and the biological structure(s)/pathway(s) to which they are related. Finally, we will  
2 conclude this report by a series of perspectives to improve our knowledge about these  
3 mechanisms and the most interesting points to be investigated in the near future for a more  
4 efficient search of the best biomarkers of meat tenderness.  
5

## 7 **2. Meat tenderization mechanisms: some new features**

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9 As commented above, meat tenderization is a complex process still not clearly understood.  
10 With refinement of the techniques, a large set of new features have been reported during last  
11 years, thus making the actual concept of meat tenderization somewhat confusing and much  
12 more complex than expected. Nevertheless, we think that there is a consensus on the two  
13 features commented above: (1) the multi-enzymatic nature of meat tenderization, and (2) the  
14 onset of apoptosis as the first step in the conversion of muscle into meat.  
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### 21 *2.1. Major Events following animal bleeding*

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23 After animal bleeding, tissues come into an ischemic anoxic state which will affect all  
24 metabolic pathways and will lead to an adaptation of most, if not all, metabolic processes  
25 ([Ouali, et al., 2006](#); [Ouali, et al., 2007](#)). In other words, the cell will develop contradictory  
26 tools for cell death or cell survival pathways (Figure 1).  
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31 The first objective for the cell after entering into the anoxia state will be to improve its  
32 capacities to provide the energy needed for increased metabolic activities. As observed by  
33 quantitative analysis of 2D gel spots, this led to an increase in the enzyme associated to  
34 glycolytic and tricarboxylic acid (TCA) cycles. A major consequence of this intense  
35 metabolic activity will be the accumulation of diverse harmful byproducts including CO<sub>2</sub>,  
36 HCO<sub>3</sub><sup>-</sup>, NH<sub>4</sub> and lactic acid, which are normally transported to the liver where they can be  
37 recycled. Later in the context we will consider the energy aspects in the last part of this  
38 review as it could be a good source for finding new biomarkers of meat tenderness.  
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45 The second step after animal bleeding will be the preservation of cell functions by an  
46 increase in the concentration of several Heat Shock Proteins (HSP) including HSP 70, 40, 27,  
47 20, αβ-crystallin, and probably others.  
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51 The battle between cell death and cell survival will finally turn to the advantage of the cell  
52 death process with the well-known characteristic changes associated to this status, especially  
53 cell shrinkage, and phosphatidylserine externalization, together with mitochondria alteration  
54 ([Becila, et al., 2010](#); [D'Alessandro & Zolla, 2013](#); [Ouali, et al., 2007](#)). A set of pro- and anti-  
55 apoptotic proteins will be released from mitochondria and their ratio will define the rate and  
56 extent of apoptosis development. For the same reason than for the energy aspects,  
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1 mitochondria will be reconsidered later in this review. So it could be interesting to develop  
2 studies on mitochondria, in order to establish whether this could be a way to better explain  
3 tenderness variability of carcasses.  
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## 5 6 2.2. Are mono-nucleated cells the first to die in postmortem muscle?

### 7 2.2.1. Characteristic features of apoptosis in muscle cells 8

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10 A specific feature of skeletal muscle fibres is being multinucleated in the form of  
11 successive muscle-fibre segments controlled by separate nuclei residing in the segments. It  
12 has been shown in experimental denervation as well as in infantile spinal muscular atrophy  
13 that a minority of muscle fibres reveal apoptotic DNA-fragmentation at the same time ([Tews,  
14 et al., 1997](#)).  
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17  
18 On this basis, we might expect a very different image of muscle cells as compared to dying  
19 mononucleated cells generally found in the extracellular matrix (fibroblasts, epithelial cells of  
20 blood vessels, adipocytes,...) which might be easier to identify in muscle tissue. The nature of  
21 the structural alterations characterizing the death of muscle fibres in *postmortem* muscle is  
22 therefore an opened question. To verify this assumption, we looked at muscle fibres in  
23 *postmortem* muscle hoping to detect DNA alteration using an antibody labeling specifically  
24 regular single-stranded fragments characterizing cell apoptosis but not double stranded  
25 fragments observed in necrosis ([Ouali, et al., 2007](#)).  
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### 33 34 2.2.2. Particular structural apoptotic changes in postmortem muscle 35

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37 The following results were obtained using rat as a model. The animal was anesthetized by  
38 etheroxyde and a sample of the *Longissimus* muscle was cut off and immediately frozen for  
39 subsequent immunohistochemical examination. The animal was then bled by decapitation,  
40 dressed and the carcass stored at +10°C up to 24 h *postmortem* and then transferred to 4°C.  
41 Samples were taken at different times after animal death, i.e. just after bleeding, at 15, 30, 60  
42 min *postmortem* and then at 2, 4, 7, 24 and 48 h *postmortem*. Thin cuts were stained using the  
43 traditional Hematoxylin/ Erythrosin method and finally labeled with a monoclonal antibody  
44 (apostain) labeling specifically single-stranded DNA fragments of regular length  
45 characterizing apoptotic cells ([Prochazkova, Kylarova, Vranka, & Lichnovsky, 2003](#)).  
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54 Examination of the thin cuts was done with the aim to identify structural changes  
55 characteristic of the programmed cell death or apoptosis. As compared to Figure 2a where  
56 muscle cells are in close proximity to each other, few minutes after bleeding an important  
57 shrinkage of muscle cells can be observed (Figure 2b, small arrows). Over the past decades,  
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much work was devoted to the *postmortem* evolution of intra- and extracellular spaces in relation with intracellular water movements in the muscle ([Offer & Knight, 1988a, 1988b](#)). It was generally recognized that the main cause of these changes was the distribution between the two compartments of water, which accounts in weight for approximately 75% of muscle tissue. Acidification of muscle decreases protein electrical charge and induces an increase in their hydrophobicity, thereby reducing water retention. This is confirmed by the very high correlation observed between the increase in extracellular space and muscle pH ([Guignot, Vignon, & Monin, 1993](#)). As pointed out by these last authors, the only still unexplained point was the early increase in extracellular space, starting immediately after slaughter, whereas pH was still very close to neutrality. We have recently reported that cell death could provide a realistic explanation of the early volume change in the extracellular compartment in *postmortem* muscle ([Becila, et al., 2010](#)). This finding constitutes the first evidence supporting the early increase in the extracellular space resulting from the expulse of intracellular water towards the extracellular compartment whereas the pH is still high. Hence, cell death would provide a more realistic explanation of the early volume change in the extracellular compartment in *postmortem* muscle.

In Figure 2c, DNA fragmentation was detected in mononucleated cells located within the extracellular matrix. Note the important accumulation in the close proximity of other cells which could correspond to resident macrophages, also called ED2 and ED3 macrophages, known to be unable to undertake degenerative cells phagocytosis ([McLennan, 1993](#)). Interestingly, such cells can be observed above and below where they seemed to delineate empty cells or blood vessels ([Becila, et al., 2010](#)). The alignment of these suspected resident macrophages around the dyed cells might contribute to the isolation of these cells from their neighbors as soon as they are engaged in the "suicide" program. Macrophages are attracted by the cells engaged in apoptosis through the translocation of phosphatidylserine to the external leaflet of the membrane, the major signal of its suicide status ([Martin, et al., 1995](#)). By contrast, no DNA fragmentation seemed to take place in muscle cells nucleus.

Figure 2d, also taken from a 15 min sample, emphasized the DNA fragmentation occurring in an apoptotic mononucleated cell and further confirmed the accumulation of resident macrophages in the close proximity of the dying cell and also, above, aligned close to the muscle cell membranes (open arrow). Interestingly, in cuts used for extracellular space measurement on rat samples fixed but no stained ([Becila, et al., 2010](#)), we sometimes observed the presence of muscle cell membrane invaginations suggesting that they are ingesting extracellular material or dying small cells by phagocytosis for further degradation



1 within muscle cells [insert Figure 2D at a low (left) and a slightly higher (right)  
2 magnification] supporting the occurrence of phagocytotic activities in *postmortem* muscle.  
3 From these findings, it must be therefore stressed that the first cells to die *postmortem* are  
4 mononucleated cells from the extracellular matrix, which might be degraded by muscle cells  
5 after ingestion by phagocytosis.  
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### 10 2.3. *New inhibitors of both caspases and apoptosis*

11  
12 In the 80's, the presence of serine proteases within muscle cells was doubtful and a large  
13 set of investigations suggested that some of them if not all originated from mast cells (Ouali,  
14 1990). As a result this protease family was ignored by meat scientists. Later on, serine  
15 protease inhibitors have been suggested to be a good marker of meat tenderness ([Zamora, et](#)  
16 [al., 2005](#); [Zamora, et al., 1996](#)), a result strengthening the early proposal that inhibitors are  
17 better predictors of tenderness than their target enzymes ([Ouali, 1990](#)). As shown in Figure  
18 3a, detailed investigations carried out on these serine protease inhibitors revealed a complex  
19 protein family belonging to the serpin superfamily ([Boudida, Gagaoua, et al., 2013](#); [Gagaoua,](#)  
20 [et al., 2012](#); [Pelissier, et al., 2008](#); [Sentandreu, Coulis, & Ouali, 2002](#)).  
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29 Serpins, an acronym of **SER**ine **P**rotease **I**nhibitors, were discovered in the beginning of  
30 the 80's. This superfamily comprise the largest family of protease inhibitors identified to date,  
31 now having over 3000 members in all the three kingdoms of life, the archea, the bacteria, and  
32 the eukaryotes, as well as in some viruses ([Olson & Gettins, 2011](#)).  
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36 Besides elastase and trypsin, the serpins identified by our group inhibit pseudo-irreversibly  
37 initiator and effector human caspases (caspases 8 and 3) but neither papain nor cathepsins,  
38 forming stable complexes with all inhibited proteases including these multimeric proteases  
39 containing two active sites per molecule (Figure 3b) ([Gagaoua, et al., 2012](#); [Herrera-Mendez,](#)  
40 [et al., 2009](#)). In addition, we purified an inhibitor of thrombin, an enzyme located at the level  
41 of muscle synapses, identified as antithrombin III by mass spectrometry peptide map  
42 ([Herrera-Mendez, et al., 2010](#)). In this tissue, thrombin is synthesized by muscle cells ([Citron,](#)  
43 [Smirnova, Zoubine, & Festoff, 1997](#)) and acts locally by contributing to synapse remodeling  
44 and elimination at the neuromuscular junction ([Citron, et al., 1997](#); [Liu, Fields, Festoff, &](#)  
45 [Nelson, 1994](#); [Zoubine, Ma, Smirnova, Citron, & Festoff, 1996](#)).  
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54 Using different approaches, several studies support a degradation of a large set of  
55 myofibrillar and cytoskeletal proteins (titin, nebulin, desmin, spectrin, desmin, troponin T, ...)  
56 by caspases in *postmortem* muscle, as well as other proteins specifically targeted by these  
57 proteases during apoptosis (spectrin and poly (ADP-ribose) polymerase or PARP). Note that  
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1 most of these proteins are either cytoskeletal proteins or other proteins with proapoptotic  
2 activities ([Chen, Shun, Zhang, & Gao, 2003](#); [Huang, Huang, Xu, & Zhou, 2009](#); [Kemp, et al.,  
3 2010](#)). SERPINA3 like, a group of serpin inhibiting caspases, were assumed to be associated  
4 with meat tenderness ([Gagaoua, et al., 2012](#); [Zamora, et al., 2005](#); [Zamora, et al., 1996](#)) but  
5 also to other quality attributes including drip loss and extent of pH drop ([te Pas, et al., 2013](#)).  
6 Further investigations should be done to understand the real relationship of these inhibitors  
7 and meat quality attributes.  
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### 10 **3. Potential biomarkers of meat tenderness identified up to date**

11 For many decades, meat scientists are looking for accurate biological markers of meat  
12 tenderness that would make possible: (1) the classification of meat cuts soon after slaughter  
13 on the basis of their potential ultimate tenderness and (2) the optimization of the genetic  
14 selection of meat animals on the basis of this quality. These challenges have aroused a great  
15 interest in this research field by meat scientists. Unfortunately, we still have not identified  
16 such markers probably because of a too much limited understanding of the biological  
17 mechanisms responsible for the *postmortem* improvement of meat texture.  
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20 Overview of the literature has allowed us to identify a series of potential markers of meat  
21 tenderness which have been then screened according to the metabolic or biological process  
22 they are involved in. This list is far from being exhaustive and numerous other proteins  
23 remain to be considered. Such screening has allowed the identification of 8 subgroups, the  
24 three most important being glycolytic and oxidative energy supplying pathways together with  
25 Heat Shock Proteins (HSPs).  
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#### 28 *3.1. Markers from the glycolytic energy metabolism pathway*

29 All members of this selected group are enzymes of the glycolytic pathway (Table 1).  
30 Glycolysis is a two-phase process. The first phase consuming 2 ATP, corresponds to the  
31 conversion of glucose-1-phosphate, generated from either free glucose or from glycogen by  
32 phosphorylase, to two trioses phosphate. The second one ensures the conversion of 2 trioses-  
33 phosphate (from 1 glucose) to pyruvate and then lactate, producing 2 ATP and one NADH,H<sup>+</sup>  
34 molecules.  
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37 Two enzymes, out of 5, of this first phase were identified as potential markers of  
38 tenderness. These are the first and the last of this phase, i.e. Phosphoglucosmutase  
39 ([Bjarnadottir, Hollung, Faergestad, & Veiseth-Kent, 2010](#); [Bouley, Chambon, & Picard, 2004](#);  
40 [Chaze, et al., 2013](#); [Laville, et al., 2009](#)) and Triosephosphate isomerase ([N. K. Kim, et al.,  
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[2008](#)). In muscle cells, the predominant triose is dihydroxyacetone phosphate (DHAP), an important metabolite at a cross-road between several metabolic pathways (Figure 4).

Besides the normal continuity of the glycolytic pathway through isomerization to glyceraldehyde-3-P (second phase of glycolysis), DHAP can also enter the glycerol–phosphate shuttle (shuttle between cytosolic and mitochondrial glycerol-3-phosphate dehydrogenase), which plays an important role in skeletal muscle ([Kalapos, 1999](#)). This shuttle is indeed used to rapidly regenerate NAD necessary for glycolysis and, hence, speed up this pathway. Increased levels of DHAP can also activate methylglyoxal synthase and DHAP then enters the glyoxal pathway which produces methylglyoxal, a toxic component for the cell ([Thornalley, 2008](#)). This toxic metabolite can further follow a two-step conversion to lactate, a chain of reactions catalyzed by either lactoylglutathione lyase (identified as a potential marker of tenderness: see hereafter cell detoxification markers) and Hydroxyacylglutathione hydrolase or by Methylglyoxal reductase and aldehyde dehydrogenase.

Contrary to the first phase, a majority of the enzymes involved in the second phase of glycolysis (5 out of 6) were identified as good markers of tenderness. These were glyceraldehyde-3-phosphate dehydrogenase (GAPDH), phosphoglycerate kinase ([Jia, Hildrum, et al., 2006](#)), enolase or phosphopyruvate hydratase ([Choi, et al., 2010](#); [Laville, et al., 2009](#)), pyruvate kinase ([Laville, et al., 2009](#); [Polati, et al., 2012](#)) and lactate dehydrogenase ([Choi, et al., 2010](#); [Jia, Hollung, Therkildsen, Hildrum, & Bendixen, 2006](#); [Laville, et al., 2009](#); [Polati, et al., 2012](#)). A surprising feature of this second phase is the multifunctional role of GAPDH which is present in different compartments of the cell and can contribute to diverse adverse cellular functions. It could thus have a pro-apoptotic ([Tarze, et al., 2007](#)) or a pro-survival function ([Colell, et al., 2007](#)).

Aldehyde dehydrogenase, another potential marker increasing in *postmortem* muscle, contributes to the glycolytic pathway through the direct conversion of glyceraldehyde to 2-phosphoglycerate ([Jia, Hildrum, et al., 2006](#)). This enzyme is a member of the aldehyde dehydrogenase family, which is known to be implicated in multiple other processes including amino acids and fatty acid metabolism ([Vasiliou, Pappa, & Estey, 2004](#)). Some members of this family of aldehyde oxidase protect against aldehydes generated by lipid peroxidation and overall aldehydes cytotoxicity and against both oxidative and osmotic stress ([Brocker, Cantore, Failli, & Vasiliou, 2011](#); [Brocker, et al., 2010](#); [Pappa, et al., 2005](#)).

### 3.2. Markers from the oxidative energy metabolism pathway

1 Schematically, oxidative energy metabolism ends up within the mitochondrion matrix  
2 where ultimate degradation products of lipids, amino acids and polysaccharides are oxidized,  
3 providing substrates to the electron transport chain and to the ATP synthase responsible for  
4 ATP production. In other words, this pathway uses all ultimate products provided by  
5 degradation of sugars, especially glucose (glycolysis), proteins (and more accurately amino-  
6 acids coming from either the pool of free amino acids or from protein hydrolysis) and fatty  
7 acids generated from triglycerides. Seven markers of tenderness coming from these energy  
8 supplying pathways have been so far identified (table 2).

- 14 - 3-hydroxyisobutyrate dehydrogenase is an enzyme involved in the degradation of the  
15 branched amino acid valine to succinyl-CoA, a member of the tricarboxylic acid cycle  
16 (TCA) cycle ([Jia, et al., 2007](#); [Jia, Hildrum, et al., 2006](#); [Lokanath, et al., 2005](#)).
- 17 -  $\beta$ -hydroxyacyl CoA-dehydrogenase (HADH) is a member of the  $\beta$ -oxidation of lipids,  
18 also known as the Lynen cycle (or Lynen helix) which produces acetyl-CoA, a  
19 metabolite entering the TCA cycle ([Hamill, et al., 2012](#); [Polati, et al., 2012](#)).
- 20 - Cytochrome c is a member of the electron transport chain located outside the inner  
21 membrane of mitochondria ([Ding, Shen, & Ong, 2002](#)).
- 22 - The three other markers identified from this pathway, i.e. Succinate dehydrogenase,  
23 Succinyl Co-A synthase and Isocitrate dehydrogenase, are all members of the TCA  
24 cycle ([Hamill, et al., 2012](#); [Hollung, Veiseth, Jia, Faergestad, & Hildrum, 2007](#); [Jia,  
25 Hildrum, et al., 2006](#); [G. D. Kim, Jeong, Moon, Hwang, & Joo, 2009](#); [Zapata, Zerby, &  
26 Wick, 2009](#)).

27 From these results, it can be stressed forward that all cellular components including sugars,  
28 amino acids (from the free pool or from protein degradation) and lipids could concomitantly  
29 be used for energy production in *postmortem* muscle. Regarding mitochondrial enzymes, we  
30 might wonder on how the enzymes concentration increases *postmortem*. Whether this  
31 concentrations change result from an up regulation of the proteins' expression or from a  
32 multiplication of the number of mitochondria by fission as suggested for apoptotic cells  
33 remains an opened question. Supporting this last hypothesis, several studies indeed showed  
34 that mitochondrial morphology changes during apoptosis, resulting in small, round and more  
35 numerous organelles. They further pointed out that mitochondria fission occurs early in the  
36 cell death process ([Suen, Norris, & Youle, 2008](#); [Youle & Karbowski, 2005](#)).

### 3.3. Markers involved in cell detoxification

1 In living cells, several waste metabolites are produced by cell metabolism. Some of them  
2 are normally eliminated directly or after blood transport to liver. The most important are:

- 3 - NH<sub>4</sub> generated during amino acids degradation for energy production, which is  
4 recycled, *in vivo*, through the urea cycle in the liver,  
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- 7 - Methylglyoxal, a byproduct of DHAP,  
8
- 9 - Carbon dioxide (CO<sub>2</sub>) released from the TCA cycle and during the conversion of  
10 glycerate to acetyl-CoA;  
11
- 12 - Carbonic acid (H<sub>2</sub>CO<sub>3</sub>) formed from CO<sub>2</sub> conversion by Carbonic anhydrase;  
13
- 14 - Toxic Aldehydes.  
15

16 In *postmortem* muscle, some enzymes are able to metabolize more or less these  
17 metabolites. Carbonic anhydrase can catalyze the conversion of CO<sub>2</sub> to bicarbonate which  
18 could explain, at least in part, the discontinuity observed in the pH profiles.  
19 Lactoylglutathione lyase, or Glyoxylase 1, is able to catalyze the first step of the conversion  
20 of methylglyoxal to lactate. Finally, besides its function in glycolysis ([Jia, Hildrum, et al.,  
21 2006](#)), some members of the complex Aldehyde dehydrogenase family ([Vasiliou, Thompson,  
22 Smith, Fujita, & Chen, 2012](#)), could also protect cells against cytotoxic effects of various  
23 aldehydes accumulating in the cytosol ([O'Brien, Siraki, & Shangari, 2005](#)). It is worth noting  
24 that these three enzymes have been identified as potential markers of tenderness (Table 3).  
25

26 Regarding ammonium ions (NH<sub>4</sub><sup>+</sup>), these are normally recycled in liver (glucose-alanine  
27 cycle) where it enters the urea cycle. *Postmortem*, this transportation is no more available and  
28 thus ammonium ions will accumulate in muscle tissue. These ions can be then used in  
29 different ways:  
30

- 31 - For alanine synthesis :  
32  
33 pyruvate (limiting substrate) + NH<sub>4</sub> → alanine  
34
- 35 - Or for synthesizing glutamate from alpha-ketoglutarate  
36  
37 NH<sub>4</sub> + alpha-ketoglutarate (limiting substrate) → glutamate  
38
- 39 - Or used by glutamine synthetase to convert glutamate to glutamine ([Adeva, Souto,  
40 Blanco, & Donapetry, 2012](#)).  
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### 51 3.4. Markers from the Heat Shock Protein family

52 Whatever its nature, stress induces synthesis of protective proteins called Heat Shock  
53 Proteins (HSPs) which preserve cellular proteins against denaturation and possible loss of  
54 function ([Kultz, 2003](#)). The many known Heat Shock Proteins are generally classified in  
55 subfamilies on the basis of their size (molecular weight in kDa): Hsp 90, Hsp 70, Hsp 40, Hsp  
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27, etc. Most of them play an important role as molecular chaperones during protein assembly ([Haslbeck, Miess, Stromer, Walter, & Buchner, 2005](#)), protein folding and unfolding ([Zietkiewicz, Krzewska, & Liberek, 2004](#)), and in the refolding of damaged proteins ([Marques, et al., 2006](#)).

One can therefore expect that HSPs, also called stress proteins, will have, at the time of animal death, a pro-survival function and, hence, an antiapoptotic role ([Arrigo, 2005](#); [Arrigo, et al., 2002](#); [Beere, 2001, 2004, 2005](#); [Flower, Chesnokova, Froelich, Dixon, & Witt, 2005](#)). Upon apoptotic stimuli, HSPs may therefore have diverse anti-apoptotic actions which can be summarized as follows:

- Formation of a complex with active caspases (initiators or effectors) thus hindering their function.
- Protection of target proteins (substrates) of effector caspases, preventing or delaying their degradation by these enzymes.
- Restoration of the initial and active structure of proteins having undergone structural damage following either the stress itself or the initiation of apoptosis.

As summarized in table 4, a large set of HSPs have been associated with meat tenderness. According to most studies, the increase in HSPs levels results in meat toughening. However, it is difficult to globally analyze the contribution of HSPs to meat tenderization, and each of them must be considered separately, a task impossible here. Furthermore, the role of HSPs in *postmortem* muscle remains unclear and additional investigations on the underlying mechanisms will be needed. Modulation, by HSPs, of apoptosis and cell survival *in vivo* have been reviewed recently and we suggest to refer to these papers for more details on their adverse contribution to cell death and cell survival processes ([Arya, Mallik, & Lakhotia, 2007](#); [Lanneau, et al., 2008](#)).

### 3.5. Annexins A1 and A6 as potential markers of meat tenderness

#### 3.5.1. Annexins family: presentation and functions

Annexins are members of large structurally-related and calcium sensitive protein family. Expressed in all eukaryotic cells, they participate in a variety of cellular processes including apoptosis and intracellular signaling. Annexins are a class of Ca<sup>2+</sup> regulated proteins, characterized by the unique architecture of their Ca<sup>2+</sup> binding sites, which enables them to peripherally localize onto negatively charged membrane surfaces in their Ca<sup>2+</sup> bound conformation ([Gerke & Moss, 2002](#); [Monastyrskaya, Babiychuk, & Draeger, 2009](#)).

1 All are multifunctional proteins, contributing to numerous cellular and physiological  
2 processes ([Gerke, Creutz, & Moss, 2005](#); [Kenis, et al., 2010](#); [van Genderen, Kenis, Hofstra,  
3 Narula, & Reutelingsperger, 2008](#)) including:  
4

- 5 - They provide a membrane scaffold, which is relevant to changes in the cell shape.
- 6
- 7 - They are involved in trafficking and organization of vesicles, exocytosis, endocytosis.
- 8
- 9 - They contribute to calcium ion channel formation.
- 10
- 11 - They can be transported to the extracellular space where their activity is linked to  
12 fibrinolysis, coagulation, inflammation and apoptosis.  
13
- 14

15 Changes in the concentration of two annexin isoforms, Annexin A1 (also known as  
16 lipocortin-1) and Annexin A6, have been recently reported in *postmortem* muscle, a change  
17 probably related to apoptosis development and meat tenderization ([Bjarnadottir, et al., 2012](#);  
18 [Zhao, Basu, Dodson, Basarb, & Guan le, 2010](#)) (Table 5) .  
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### 22 3.5.2. Annexin A1

23 Besides its complex and not clearly understood role in obesity and hence in fat deposition  
24 ([Kosicka, et al., 2013](#); [van Erk, et al., 2010](#)) and other proposed functions ([Gerke & Moss,  
25 2002](#); [Monastyrskaya, et al., 2009](#)), it is worth noting that Annexin A1 has been also  
26 implicated in the apoptotic process where it is rapidly translocated to the cell surface as an  
27 “eat me” message to promote the removal of cells that have undergone apoptosis. Similarly to  
28 phosphatidylserine, Annexin A1 is therefore a marker of apoptosis onset, but its exportation to  
29 the cell surface is dependent on caspase activation. Caspase activation thus induced a  
30 recruitment of Annexin A1 from the cytosol, a translocation to the outer plasma membrane  
31 leaflet where it colocalizes with phosphatidylserine and is also required for efficient clearance  
32 of apoptotic cells ([Arur, et al., 2003](#)). This feature supports previous findings proving that  
33 caspases are activated in *postmortem* muscle and suggests an over expression of these  
34 proteases in tender meat ([Ouali, et al., 2006](#)).  
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### 48 3.5.3. Annexin A6

49 As reviewed by ([Cornely, Rentero, Enrich, Grewal, & Gaus, 2011](#)), Annexin A6 is  
50 involved in a large set of biological processes and promotes apoptosis. In cells lacking  
51 Annexin A6, mitochondrial morphology is indeed abnormal, Ca<sup>2+</sup> signaling and respiration  
52 are impaired and cells have increased resistance to Ca<sup>2+</sup> mediated apoptosis. Mitochondrial  
53 fission is an early event during apoptosis, occurring before caspase activation. This process is  
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1 mediated by binding of the fission GTPase Drp 1 (Dynamin-related protein 1) to the outer  
2 mitochondrial membrane leading to a preliminary release of small amounts of cytochrome c  
3 (cyt c) ([Chlystun, et al., 2013](#); [Suen, et al., 2008](#)). Released cyt c translocates to the  
4 endoplasmic reticulum where it selectively binds InsP3R (inositol (1,4,5) triosphosphate  
5 receptor) resulting in sustained cytosolic calcium increases. Mitochondrial fission can be  
6 inhibited by binding of Annexin A6 to Drp1, an inhibition relieved by high cytosolic calcium  
7 levels, which dissociates the Drp1-Annexin A6 complex and targets Annexin A6 to the  
8 plasma membrane ([Boehning, et al., 2003](#); [Boehning, van Rossum, Patterson, & Snyder,  
9 2005](#)). This event causes an amplification of Cytochrome c release and fission of  
10 mitochondria, generating a higher number of smaller organelles.

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19 In *postmortem* muscle, Annexin A6 may therefor act as a brake to apoptosis through  
20 inhibition of Drp 1 and subsequent intensification of Cytochrome c release occurring soon  
21 after animal death (see Figure 6 and related comments). With regards to the present function  
22 of Annexin A6 in apoptosis, a lower abundance of this protein in tender meat would be  
23 expected as compared to tough meat, a proposal in good agreement with the conclusions of  
24 ([Bjarnadottir, et al., 2012](#)) who observed lower Annexin A6 levels in tender meat.

### 30 31 3.6. Other less known markers of tenderness: Galectin-1 and Peroxiredoxin 6

32 Two other potential markers of tenderness have been reported. These are galectin 1, a  
33 member of the Galectin family ([Bjarnadottir, et al., 2012](#); [Zapata, et al., 2009](#)) and  
34 Peroxiredoxin-6, an antioxidant contributing to hydrogen peroxide degradation and exhibiting  
35 phospholipase activity ([Jia, et al., 2009](#)).

#### 36 37 38 39 40 41 3.6.1. Galectins

42 Galectins constitute an evolutionary conserved family of  $\beta$ -galactoside binding proteins  
43 that are ubiquitous in mammals and other vertebrate taxa, invertebrates, and fungi. Since their  
44 discovery in the 1970's, their biological roles, initially understood as limited to recognition of  
45 carbohydrate ligands in embryogenesis and development, have expanded in recent years by  
46 the identification of multiple other functions including apoptose induction and/or regulation  
47 ([Vasta, 2012](#)). Most of them including Galectin 1 are believed to exhibit proapoptotic  
48 activities whereas Galectin 3 is the only one considered to have an anti-apoptotic activity  
49 ([Hernandez & Baum, 2002](#)). The role of Galectin 1 in apoptosis is however highly  
50 controversial and contradictory findings are reported in the literature ([R. Y. Yang,  
51 Rabinovich, & Liu, 2008](#)). Therefore, it appears difficult to analyze the conclusion of ([Zapata,  
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2 [et al., 2009](#)) and ([Bjarnadottir, et al., 2012](#)) suggesting that a lower expression of Galectin 1 is  
3 associated with greater tenderness.

#### 4 5 3.6.2. *Peroxiredoxin 6*

6  
7 Peroxiredoxin 6 (Prdx6) was the sixth (and final) mammalian member of the Prdx family  
8 to be described, shares structural and functional properties with other members of this family  
9 but has important characteristics that makes it unique among the Prdxs. The first one is  
10 structural in nature since it has only one conserved cysteine residue instead of two for other  
11 members. Second, Thioredoxin, the natural co-enzyme of most Prdxs, does not participate in  
12 the catalytic cycle as compared to the other members of this family. Glutathione appears  
13 indeed to be the physiological reductant for Prdx6. Third, Prdx6 is able to bind and reduce  
14 phospholipid hydroperoxides, an essential enzymatic activity in antioxidant defense. Finally,  
15 structural studies revealed that Prdx6 is a bifunctional enzyme with phospholipase A2 activity  
16 in addition to its peroxidase function ([Fisher, 2011](#)). As already postulated by ([Manevich &](#)  
17 [Fisher, 2005](#)), Prdx6 functions in antioxidant defense mainly by hydrolysis of hydrogen  
18 peroxides and by facilitating repair of damaged cell membranes via reduction of peroxidized  
19 phospholipids ([S. Y. Kim, Chun, & Lee, 2011](#); [Pak, et al., 2011](#); [Tulsawani, et al., 2010](#)). ([Jia,](#)  
20 [et al., 2009](#)) reported an over expression of Prdx6 in tender meat, a finding in contradiction  
21 with the antiapoptotic and/or cell survival activities of this protein. However, it is presently  
22 difficult to get conclusions about the functions of Prdx6 in *postmortem* muscle and thus more  
23 detailed investigations will be needed in order to clarify the exact nature of the relationship  
24 between Prdx6 increased activities and ultimate meat tenderness.  
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#### 41 3.7. *Proteases and protease inhibitors as markers of meat tenderness*

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43 Since decades, the meat tenderizing process is unanimously recognized to be enzymatic in  
44 nature and the most studied proteolytic systems were cathepsins, calpains, the 20S proteasome  
45 and, although more recently, members of the caspases family ([Kemp & Parr, 2012](#); [Ouali, et](#)  
46 [al., 2006](#); [Sentandreu, et al., 2002](#)). However, the major peptidases of concern are not  
47 identified yet in an unquestionable way and this question is still strongly debated.  
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53 In the 80's the search for biological predictors of ultimate meat tenderness focused our  
54 attention on the improvement of the enzymatic activity measurement especially with the use  
55 of fluorescent substrates, which are much more sensitive than colorimetric ones. Proteolytic  
56 enzyme levels were indeed expected to be good predictors of meat tenderness. Unfortunately,  
57 this was not the case. In this respect, the at-death enzyme/inhibitor ratio or the inhibitor  
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1 concentrations alone are both the best predictors of meat tenderness reported up to date ([Ouali](#)  
2 [& Talmant, 1990](#)).

3  
4 Since then, all assays attempting to associate enzyme concentrations to meat tenderness  
5 have been unsuccessful. Assays with calpastatin, the common specific inhibitor of calpains 1  
6 and 2, have not been convincing and not reproducible. Cystatins, a group of cysteine protease  
7 inhibitors, have been identified as potential markers in only one study carried out by  
8 ([Shackelford, Koohmaraie, Miller, Crouse, & Reagan, 1991](#)). These authors thus stressed that  
9 at-death cystatin levels showed a much higher correlation with Warner-Bratzler shear force at  
10 7 days *postmortem* than calpastatin levels alone ( $r = +0.62$  vs  $-0.23$  for calpastatin), a feature  
11 confirming the unreliability of calpastatin as predictor of meat tenderness as suggested before.  
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18 Later on, serine protease inhibitors levels have been shown to be best predictor of meat  
19 tenderness amongst about thirty quantitative variables including calpains and calpastatin  
20 ([Zamora, et al., 2005](#); [Zamora, et al., 1996](#)). This unexpected feature was extremely surprising  
21 since no serine protease susceptible to contribute to myofibrillar softening was reported  
22 ([Gagaoua, et al., 2012](#); [Ouali, 1990](#)). Investigations then performed on bovine muscle aiming  
23 at identifying these intracellular serine protease inhibitors revealed that most of them belong  
24 to the serpin superfamily (an acronym of **SER**ine **P**roteases **I**Nhibitors), the largest serine  
25 protease inhibitor subfamily. Serpins are pseudo-irreversible inhibitors of serine proteases,  
26 cysteine proteases and possibly other proteases groups. Some of them exhibited no inhibitory  
27 activity and serves other functions ([Olson & Gettins, 2011](#)). Bovine serpins encompass at  
28 least 8 different isoforms ([Pelissier, et al., 2008](#)) most of them (6 out of 8) being strong  
29 inhibitor of initiator and effector caspases, which are very likely their natural target proteases  
30 *in situ* ([Herrera-Mendez, et al., 2009](#)). As they bind tightly to caspases, they must be  
31 considered as efficient inhibitors of the caspase-dependent apoptotic process which seems to  
32 be the case in *postmortem* muscle.  
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### 46 3.8. Structural muscle proteins as marker of tenderness

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49 Numerous myofibrillar proteins are degraded in *postmortem* muscle and the first to be  
50 identified was probably troponin T, a regulator and nonstructural protein which does not  
51 contribute to meat texture, together with the suspected 30-32 kDa troponin proteolytic  
52 fragment which is in fact an electrophoretic band containing principally a proteolytic product  
53 of actin ([Becila, et al., 2010](#)). Because of the large number of proteins concerned, this point  
54 will not be developed here. One of the earliest structural changes resulting from hydrolysis of  
55 cytoskeletal structures is the rapid *postmortem* detachment of the basal lamina from the  
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1 plasma membrane following the degradation of all transversal connection between muscle  
2 cells and the extracellular matrix ([Nishimura, Hattori, & Takahashi, 1996a](#); [R. G. Taylor, et](#)  
3 [al., 1997](#)).

4  
5 We all know today that the meat tenderization process involves all intracellular proteases  
6 and probably also extracellular ones alike plasmin, thrombin ...etc. It is therefore essential to  
7 emphasize here that the identification of the proteases suspected to be responsible for the  
8 degradation of a particular protein is of secondary importance. This is especially true as the  
9 degradation of a protein *in vitro* by a particular protease does not necessarily imply that it is  
10 the target protein *in situ*. Moreover, a given protein can be often degraded by several different  
11 proteases at least *in vitro*.

12  
13 Most importantly, we have to identify the structural proteins whose hydrolysis is likely to  
14 weaken enough the muscle structures. We will come back to this point in the next chapter by  
15 reconsidering the transversal cytoskeletal network and the interesting proteins to be  
16 considered in relation to this topic.

#### 26 **4. Future perspectives in the search for meat tenderness predictors**

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29 Two dimensional gel electrophoresis coupled to mass spectrometry analysis of muscle  
30 proteome provides a lot of information about changes occurring during meat ageing. If we  
31 want to progress in this area, we must now take a step back with the aim to look and  
32 synthetically analyze the mass of available data sets in order to target key points within the  
33 biochemical processes implemented during the conversion of muscle into meat and therefore  
34 clarify the major and limiting steps of the metabolic pathways of concern. This paper is  
35 probably the first attempt to synthetically analyze the data available about meat tenderness  
36 predictors identified up to date, mostly by two dimensional gel electrophoresis coupled to  
37 mass spectrometry analysis of muscle proteome.

38  
39 The last part of this review will be an overview of different metabolic pathways and of  
40 proteolytic events including structural aspects of muscle cells and protease inhibitors, which  
41 are known to be better predictors of tenderness than their target enzymes. For the different  
42 reasons previously mentioned, HSPs will not be considered hereafter. Indeed, HSPs and their  
43 potential functions in *postmortem* muscle would need a specific review.

##### 44 *4.1. Energy metabolism in postmortem muscle with reference to living cells*

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47 *Postmortem*, the first objective of muscle cells will be to mobilize all its resources to  
48 produce enough energy in the form of ATP to keep their normal metabolism. In this context,  
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1 and as previously suggested, it's not surprising to see that all cellular components rich in  
2 energy (carbohydrates, lipids, amino acids ...) are degraded for optimizing ATP production  
3 (Figure 5a).  
4

#### 5 6 4.1.1. Amino acids as the source of energy

7  
8 Regarding amino acids as a source of energy; it is worth emphasizing that skeletal muscle  
9 contains 75% of the entire free amino acid pool of the body and 25% of total body proteins.  
10 Glutamate, which comprises 20% of all amino acids in natural proteins, is one of the amino  
11 acids in highest concentration in the free amino acid pool in human skeletal muscle and yet  
12 has a low concentration in plasma ([Graham & MacLean, 1998](#); [Graham, Turcotte, Kiens, &  
13 Richter, 1997](#); [Rennie, 2010](#)). Although it is not an essential amino acid, it takes part in  
14 numerous important metabolic processes. Glutamate plays a central role in transamination and  
15 deamination reactions. These include the formation of aspartate, alanine, and glutamine.  
16 Skeletal muscle, in its resting state, normally releases glutamine and alanine in large  
17 quantities; they can represent from 50 to 100% of the amino acid efflux in the fasted and fed  
18 states, respectively, whereas glutamate is the dominant amino acid that is taken up by skeletal  
19 muscle ([Graham & MacLean, 1998](#); [Graham, et al., 1997](#)). Amino acids are therefore an  
20 important potential source of energy in *postmortem* muscle because the free pool is important  
21 and all of them can be degraded to a component of the Krebs cycle or an intermediate  
22 compound able to be converted to a component of this cycle (Figure 5b). The carbon  
23 skeletons of amino acids are brought back to only seven molecules: pyruvate, acetyl CoA,  
24 acetoacetyl CoA,  $\alpha$ -ketoglutarate, succinyl CoA, fumarate and oxaloacetate. Those that are  
25 degraded to acetyl CoA or acetoacetyl CoA are called ketogenic amino acids because they can  
26 be converted in ketone bodies (Figure 5b green frame) whereas those that are converted in the  
27 remaining of the seven molecules are called glucogenic amino acids (Figure 5b yellow frame)  
28 because they can be converted to phosphoenol pyruvate and from there to glucose. Few of  
29 them (Ile, Trp, Phe & Tyr) are both ketogenic and glucogenic.  
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49 The major byproduct of amino acid degradation are ammonium ions, which are normally  
50 recycled, *in vivo*, after blood transportation as alanine to the liver (glucose-alanine cycle)  
51 where the transamination is reversed, releasing this metabolite that would then enter the urea  
52 cycle (Figure 5a). This will not be possible *postmortem*, so that muscle cells would have to  
53 activate unusual pathways for ammonium ions elimination, an adaptation which may take  
54 some time. In the meantime, ammonium ions together with bicarbonate, generated from CO<sub>2</sub>  
55 by carbonic anhydrase may slow down the rate of pH drop or may cause transient increase of  
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1 the pH like sometimes observed ([Boudjellal, et al., 2008](#); [Ouali, et al., 2006](#)). As shown in  
2 Figure 7, pH profile showed a transient slowdown of the pH drop during postmortem storage  
3 of rat muscle and, in the present case, a slight increase in the pH value. This was observed  
4 about 3h *postmortem* when the pH value is close to 6.2. Similar findings have also been  
5 observed sometimes in both *postmortem* beef and sheep muscles. The significance of this  
6 slight pH increase is still unclear.  
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10 The assimilation of ammonium ions can be done through three major pathways:

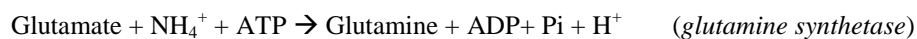
- 11  
12 1) Synthesis of alanine from 2 pyruvate molecules (glucose-alanine cycle)



- 15  
16 2) Synthesis of glutamate from  $\alpha$ -ketoglutarate



- 19  
20 3) Synthesis of glutamine from glutamate



23 The two first pathways consume two important metabolites involved in energy production  
24 (pyruvate and  $\alpha$ -ketoglutarate) and their availability will be the main limiting step. The last  
25 one is therefore the most probable to occur *postmortem* especially because glutamate is  
26 abundant and displaces the reaction towards the formation of glutamine. The only one  
27 problem is that this reaction is ATP-dependent. What solution muscle cells will choose is an  
28 open question and further investigations on the origin of the over expression of the enzymes  
29 of concern will be necessary.  
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35 Regarding amino acid metabolism, the major questions we will have to answer in future  
36 are:  
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- 38  
39 - Amino acid degradation occurs mainly in mitochondria: how long these pathways will  
40 be active in postmortem muscle?  
41  
42 - Which amino acids are mainly used for energy production?  
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44 - How ammonium ions are assimilated *in situ* and at what rate this could be done?  
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46 - What could be the consequence of ammonium and bicarbonate production on the pH  
47 drop?  
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#### 51 4.1.2. Carbohydrates as the source of energy

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53 In the anoxic conditions of *postmortem* muscle, glycolysis will be the first pathway  
54 mobilized for ATP production. The rate of this pathway is dependent on the availability of  
55  $\text{NAD}^+$ , which is essentially regenerated from NADH (unable to enter mitochondria) by two  
56 different shuttles between the cytosol and the mitochondrial matrix:  
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- ***The malate-aspartate shuttle*** which is the most efficient: cytosolic NADH is oxidized to NAD<sup>+</sup> by reducing oxaloacetate (OAA) to malate, which travels through the inner mitochondrial membrane, then being exchange by  $\alpha$ -ketoglutarate that is exported to the cytosol where it will be converted back to OAA.
  - ***The glycerol-phosphate shuttle***: cytosolic NADH is oxidized to NAD<sup>+</sup> by reducing DHAP to glycerol-3-P (Gly-3-P). Gly-3-P donates electrons to glycerol-3-P dehydrogenase in the inner mitochondrial membrane, regenerating DHAP and converting FAD<sup>+</sup> to FADH<sub>2</sub>. Then FADH<sub>2</sub> enters the respiratory chain to produce 3 ATP.

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As a marker indicative of these exchanges and of the efficiency of the glycolytic pathway we must follow the time dependent changes in the cytosolic and mitochondrial NAD<sup>+</sup>/NADH ratio. The second point of interest is the possible accumulation of methylglyoxal in the cytosol. We previously observed that one enzyme (Lactoylglutathione lyase) implicated in the conversion of this metabolite to lactate is upregulated. However we have no information about the quantity and the future of the Methylglyoxal accumulated in meat. Accumulation of this toxic metabolite also means that the concentration of DHAP (Dihydroxyacetone Phosphate) increases *postmortem* at the expense of glyceraldehyde 3-P, which is the starting point of the conversion of trioses phosphate to pyruvate and ultimately to either acetyl-CoA or lactate. In summary, we might wonder about the real importance of the methylglyoxal cycle in *postmortem* muscle and the amount of DHAP produced through different pathways. These questions call for further detailed investigations on the different pathways implicated in the synthesis of DHAP (see Figure 4).

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4.1.3. *Free fatty acids as the source of energy*

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For long time, lipid contribution to meat tenderness was ascribed to a dilution of the collagen network by deposition within the extracellular matrix ([Jeremiah, Dugan, Aalhus, & Gibson, 2003](#); [Nishimura, 2010](#)). On this basis we would expect a proportional increase in meat tenderness with the level of intramuscular fat. However this is not the case and, as reviewed by ([Hocquette, et al., 2010](#)), increase in ultimate tenderness of meat was only observed for intramuscular fat content ranging from 0 to about 3-4%. Above this value no effect on sensory qualities could be detected whereas consumer acceptability can be affected.

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Another possibility would be to consider a more active participation of lipids to the tenderizing process through a significant contribution to energy production in the first hours after slaughter. This was supported by the reported increase of  $\beta$ -hydroxyacyl CoA-dehydrogenase, a member of the Lynen helix ([Hamill, et al., 2012](#); [Polati, et al., 2012](#)). This

1 implies the degradation of triglycerides by lipases, releasing free fatty acid and glycerol.  
2 Glycerol can enter the glycolytic pathway after conversion to DHAP (see Figure 4). Fatty  
3 acids are then transported to the mitochondria matrix through binding to carnitine, where they  
4 are oxidized to acetyl-CoA within the Lynen helix.  
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7 The limiting step for oxidation of lipids is the status of mitochondria. We do not know yet  
8 the survival time of these organelles and the time course fate of their major activities. Oxygen  
9 pressure in *postmortem* muscle is known to decrease progressively and not sharply,  
10 suggesting that mitochondria will maintain their activities until oxygen pressure reach very  
11 low levels.  
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#### 16 *4.2. Mitochondria status and apoptosis regulation*

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19 Mitochondria are the center of many events that will contribute to the development of meat  
20 qualities ([Sierra & Olivan, 2013](#)). They thus play a central role in the initiation and  
21 development of apoptosis as well as in the production of energy that is absolutely vital to this  
22 process. They are implicated in the final oxidation of all end-products of amino acids,  
23 carbohydrates and lipid metabolism. Because of the role of mitochondria in energy metabolism  
24 and in the initiation/regulation of apoptosis, these organelles could provide new predictors of  
25 meat tenderness.  
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##### 32 *4.2.1. Mitochondria as initiator and regulator of apoptosis*

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35 Mitochondria are central to many forms of cell death, usually via the release of pro-  
36 apoptotic proteins from the mitochondrial inter-membrane space. Some inter-membrane space  
37 proteins, including Cytochrome c, Smac/DIABLO (second mitochondria-derived activator of  
38 caspases encoded by the Diablo gene), and Omi/HtrA2 (mitochondrially-located serine  
39 protease) can induce or enhance caspase activation whereas others, such as AIF (Apoptosis  
40 Inducing Factor) and endonuclease G, might act in a caspase-independent manner (Figure 6).  
41 Release of inter-membrane space proteins is often regulated by the Bcl-2 protein family  
42 ([Brunelle & Letai, 2009](#); [Chipuk & Green, 2008](#)). Recent evidence suggests that proapoptotic  
43 members of this family, by themselves, can permeabilize the outer mitochondrial membrane  
44 without otherwise damaging mitochondria. Mitochondria can contribute to cell death in other  
45 ways. For example, they can respond to calcium release from the endoplasmic reticulum by  
46 undergoing the mitochondrial permeability transition, which in turn causes outer membrane  
47 rupture and release of inter-membrane space proteins. Bcl-2-family proteins such as Bik can  
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1 influence the levels of releasable  $\text{Ca}^{2+}$  in the endoplasmic reticulum, and thus determine  
2 whether the released  $\text{Ca}^{2+}$  is sufficient to overload mitochondria and induce cell death.  
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#### 4 4.2.2. *Calcium trafficking* 5 6

7 As reported by ([Vignon, Beaulaton, & Ouali, 1989](#)), calcium is already very abundant in  
8 the sarcoplasm and the inter-myofibrillar space of beef muscle at 4 h *postmortem*. This  
9 suggests a rapid *postmortem* translocation of calcium ions from the sarcoplasmic reticulum to  
10 the cytosol. A large set of biochemical processes triggers this translocation. This could result  
11 from different but cooperative processes affecting the permeability of the sarcoplasmic  
12 reticulum membrane including binding of proapoptotic Bcl2 members such as Bik, binding of  
13 Cytochrome c to a membrane glycoprotein complex acting as  $\text{Ca}^{2+}$  channel and known as  
14 inositol (1,4,5) trisphosphate receptor (InsP3R), and probably other calcium release processes  
15 (Figure 6). Large amounts of this calcium are transferred to mitochondria and overcharge  
16 them and triggering apoptosis ([Mattson & Chan, 2003](#); [Orrenius, Zhivotovsky, & Nicotera,  
17 2003](#)).  
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#### 27 4.2.3. *Mitochondria fission* 28

29 Mitochondrial fission is an early event during apoptosis, occurring before caspase  
30 activation. It is well recognized that mitochondrial morphology changes during apoptosis,  
31 resulting in small, round and more numerous organelles. This process is associated with  
32 earlier binding of several proteins including proapoptotic Bcl2 family members to outer  
33 mitochondrial membrane, a translocation altering the membrane permeability to calcium and  
34 proteins of the inter-membrane space ([Youle & Karbowski, 2005](#)).  
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40 The large GTPase Dynamin-related protein 1 (Drp1) mediates mitochondrial fission in  
41 mammalian cells. This cytosolic protein moves to mitochondria and assembles into spirals at  
42 division sites around the outer mitochondrial membrane to drive the fission process (insert  
43 Figure 6). Oligomerisation of Drp1 is inhibited by Annexin 6 at low levels of calcium. By  
44 contrast, increase in the cytosolic calcium levels relieves this inhibition, mediating the  
45 translocation of Annexin 6 to the plasma membrane ([Suen, et al., 2008](#)). Bik, a BH3 protein of  
46 the Bcl-2 family, contributes very likely to the translocation of Drp1 to the mitochondrial  
47 membrane through a calcium release from the sarcoplasmic reticulum, which prevents it from  
48 Annexin 6's inhibition.  
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56 Fission of mitochondria has never been demonstrated so far in *postmortem* muscle  
57 although all needed conditions are gathered together. Because it is an essential event in  
58 apoptosis initiation and development, this point needs to be addressed with appropriate  
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1 techniques and research on specific markers such as the expression of Drp 1 and the existence  
2 of Cytochrome c-InsP3R complexes, which amplify the release of calcium and translocation  
3 of Annexin 6 to the cell membrane, cancelling the inhibition of the fission process.  
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5 We need indeed to explain how levels of the different enzymes of the tricarboxylic acid  
6 cycle are increased *postmortem* and, in this context, we might also consider the mitochondria  
7 fusion process (fusion also causes an increase in mitochondrial metabolic enzymes) assuming  
8 that this event is possible in the particular *postmortem* conditions. Markers and mechanisms  
9 of mitochondria fusion have been reviewed by ([Westermann, 2008](#)) and ([Suen, et al., 2008](#)).  
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12 For more details, the reader would have to refer to different reviews covering these early  
13 events of the apoptotic process initiation ([J. Li, Li, Qin, von Harsdorf, & Li, 2010](#); [Otera &](#)  
14 [Mihara, 2012](#); [Suen, et al., 2008](#); [Youle & Karbowski, 2005](#)) and some others focused on the  
15 role of Annexins in apoptosis ([Arur, et al., 2003](#); [Chlystun, et al., 2013](#); [Cornely, et al., 2011](#);  
16 [Monastyrskaya, et al., 2009](#); [Suen, et al., 2008](#)).  
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#### 23 4.2.4. Pro- and anti-apoptotic proteins from mitochondria inter-membrane space 24

25 Reports from Horvitz's group summarized in their latest review ([Ellis, Yuan, & Horvitz,](#)  
26 [1991](#)) clearly indicated that apoptosis is a fundamental property of animal cells and that  
27 proteins that mediate and regulate this process have been largely conserved along the  
28 evolution, from worms to humans. In *postmortem* muscle, the apoptotic process will be  
29 qualitatively identical to what we know *in vivo* and regulatory pathways will be the same. The  
30 main limiting factors will be the absence of blood flow, the pH drop and the lower level of  
31 energy available. These settings will slow down, but not prevent, the development of the cell  
32 death process.  
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41 Following apoptotic signals and outer mitochondrial membrane alteration, several pro-  
42 apoptotic [Cytochrome c, Endonuclease G (Endo G), Apoptosis Inducing Factor (AIF)] and  
43 anti-apoptotic proteins (**HtrA2**: high-temperature-requirement protein A2; **Omi**: Omi stress-  
44 regulated endopeptidase; **Smac**: second mitochondria-derived activator of caspase) are  
45 released from mitochondria in a caspase independent manner (Figure 6).  
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51 Upon release from mitochondria, Cytochrome c will trigger apoptosome complex  
52 formation through association with Apaf 1 (apoptotic protease activating factor). Once  
53 formed, the apoptosome can then recruit and activate the inactive pro-caspase 9. We recently  
54 followed the release of Cytochrome c in rat *Longissimus* muscle from at death to 72h of  
55 storage at low temperature (for experimental details see ([Becila, et al., 2010](#))). As assessed by  
56 western blot and densitometry on the supernatant obtained after mitochondria sedimentation  
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1 at 20000 g, release of this protein into the cytosol starts immediately after death and reach its  
2 maximum concentration about 6h postmortem at a pH value of 6.0 (**Figure 7**). Quantification  
3 of Cytochrome c soon after death using more accurate methods might provide interesting  
4 information on apoptosis development and, hence, on meat tenderness.  
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6  
7 Apoptosis Inducing Factor (AIF) is a protein that triggers chromatin condensation and  
8 DNA degradation in the cell. The mitochondrial AIF protein was found to be a caspase-  
9 independent death effector that can allow independent nuclei to undergo apoptotic changes  
10 ([Hangen, Blomgren, Benit, Kroemer, & Modjtahedi, 2010](#)).  
11

12  
13 Endonuclease G is a proapoptotic DNase synthesized in cell nucleus and further stored  
14 within mitochondria. After release from mitochondria, Endonuclease G is translocated to cell  
15 nucleus during apoptosis where it cleaves chromatin DNA into nucleosomal fragments  
16 ([Burhans & Weinberger, 2007](#); [L. Y. Li, Luo, & Wang, 2001](#); [Yoshida, Pommier, & Ueda,  
17 2006](#)).  
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19  
20 SMAC (second mitochondria-derived activator of caspases) is a mitochondrial protein  
21 encoded in human by the DIABLO gene. This explains why it is often also designed  
22 DIABLO. SMAC is an IAP-binding protein. This mitochondrial protein enters the cytosol  
23 when cells undergo apoptosis, and it moderates the caspase inhibition by IAPs ([Adrain,  
24 Creagh, & Martin, 2001](#)).  
25

26  
27 The mitochondrial Serine protease HtrA2 is an enzyme that in humans is encoded by the  
28 *HTRA2* gene. HtrA2, also known as Omi, can be released from the mitochondria during  
29 apoptosis, using its first four N-terminal amino acids to mimic a caspase substrate with the  
30 objective to be recruited by IAP caspase inhibitors ([Verhagen, et al., 2002](#)). They also are able  
31 to cleave IAPs ([Q.-H. Yang, Church-Hajduk, Ren, Newton, & Du, 2003](#)).  
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#### 33 4.2.5. *Conclusion about the central role of mitochondria in postmortem muscle*

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35 It is worth noting that most of the mentioned mitochondrion associated proteins that  
36 contribute in different ways to the regulation of apoptosis have never been identified by 2D  
37 gel proteome analysis. Therefore, specifically targeted investigations will be needed in future  
38 research to clarify their implication in *postmortem* apoptosis and, hence, in meat tenderness  
39 development, together with their ability to be good predictors of meat tenderness or not.  
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#### 41 4.3. *Inhibitors of caspases and apoptosis*

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43 Naturally occurring caspase inhibitors include several members of the mammalian IAP  
44 (inhibitors of apoptosis proteins) family. As shown in **Figure 6**, some are efficient inhibitors  
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1 of effector caspases and caspase 9, one of the initiator caspase family. Inhibition of caspase 8  
2 by IAPs is still uncertain. The mode of inhibition of caspases by IAPs greatly differs from the  
3 traditional mechanisms known for cystatins, serpins and other peptidase inhibitor families,  
4 mostly interacting with their target peptidase in a substrate-enzyme manner. By contrast,  
5 binding with relatively low affinity ( $K_d$  in the  $\mu\text{M}$  range) of IAPs in the vicinity of the active  
6 site creates a sufficient steric obstruction to prevent access of the active site to protein  
7 substrates, small peptide substrates being hydrolysed after IAP binding ([Chiou, Jones, &](#)  
8 [Tarnawski, 2003](#); [Fuentes-Prior & Salvesen, 2004](#); [Fulda, 2009](#); [Philchenkov, 2004](#); [R. C.](#)  
9 [Taylor, Cullen, & Martin, 2008](#); [Wei, Fan, & Yu, 2008](#)). The anti-apoptotic function of the  
10 IAP proteins family can be cancelled by specific inhibitors of this interaction, *i.e.*  
11 Smac/DIABLO and Omi/HtrA2 proteins ([Saelens, et al., 2004](#)).  
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20 Besides IAPs, we have recently identified new caspase inhibitors, firstly described as  
21 elastase and trypsin inhibitors and further characterized as initiator and effectors caspases  
22 inhibitors. This highly polymorphic group of protease inhibitors, which has already been  
23 presented in chapter 1, belongs to the serpin superfamily and forms, with their target enzymes  
24 including caspases, a covalent complex detectable upon SDS-PAGE analysis ([Gagaoua, et al.,](#)  
25 [2012](#)). Preliminary assays using prostate cancer cells in culture showed that *in situ*  
26 inactivation of some of these serpins is able to decrease cell proliferation probably through an  
27 increase of cell death at the expense of cell proliferation.  
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34 ([Zamora, et al., 2005](#)) determined the levels of serine protease inhibitor in bovine muscle  
35 extracts, obtained immediately after animal death, by titration with trypsin, and found that at-  
36 death serine proteinase inhibitor concentration is a better predictor of meat tenderness than all  
37 other variables considered including calpains 1 and 2, cysteine protease inhibitors, calpastatin,  
38 ...etc. These serine protease inhibitors are integrated by members of the identified caspase  
39 inhibitors of the serpin superfamily since these are by far the most predominant in muscle  
40 tissue. Characterization of these serpins is currently going on and will be further used to  
41 confirm their efficiency as predictors of meat tenderness using more specific quantification  
42 methods such as ELISA.  
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#### 51 4.4. *Proteases and Proteolysis*

52 We already stressed forward that levels of proteases in muscle tissue are not between the  
53 best options to look for potential adequate predictors of meat tenderness. We must emphasize  
54 that most, if not all, protein substrates can be hydrolyzed *in vitro* by a series of endogenous  
55 proteases and it is often difficult or impossible to identify the target *in situ* substrates for each  
56 proteolytic system, with the possible exception of living or cultured cells models. In addition,  
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1 we are not in a position today to certify that a given protein is degraded by a particular  
2 protease. The answer to this question is, in our view, beyond our present capabilities, so that  
3 we have to overcome this difficulty by defining other new priorities if we want to progress in  
4 this area. One possibility will be to improve our knowledge about inhibitors of each  
5 proteolytic system, which would provide much more information about the role of their target  
6 enzymes in *postmortem* muscle, including proteasome, papain-like cysteine proteases, serine  
7 proteases, caspases ...etc.

8 Identification of potential protein substrates as good predictor of meat tenderness therefore  
9 needs to select potentially interesting proteins according to their function in the myofibrillar  
10 and cytoskeletal protein network. It is clear that the cytoskeletal network is of primary interest  
11 for our objective, as this architecture plays the same role in muscle than bones in our body.

12 With regard to the apoptotic underlying mechanisms, caspases are probably the first  
13 proteolytic enzymes to be implicated in protein disruption and the transversal cytoskeletal  
14 network linking myofibrils to the extracellular matrix network should be between the primary  
15 substrate targets.

16 In *postmortem* muscle, the basal membrane is quickly detached from the plasma  
17 membrane ([Nishimura, Hattori, & Takahashi, 1996b](#); [R. G. Taylor, et al., 1997](#)) suggesting an  
18 early *postmortem* degradation of the connections between these two membranes. This results  
19 very likely from a proteolytic hydrolysis of integrins, laminin and/or both sarco- and  
20 dystroglycans, three major protein structures needing further refined investigations. Other  
21 proteins involved in these transversal connecting structures are  $\alpha\beta$ -crystallin, dystrophin,  
22 spectrin, syntrophin and dystrobrevin ([Capetanaki, Bloch, Kouloumenta, Mavroidis, &](#)  
23 [Psarras, 2007](#)).

24 Another protein of great interest is actin. During apoptosis, actin is the first protein targeted  
25 by effector caspases and some actin fragments have been considered to be accurate markers of  
26 apoptosis ([F. Yang, et al., 1998](#)). Generated actin peptides by themselves can induce  
27 morphological apoptotic changes comparable to those observed in apoptotic cells ([Mashima,](#)  
28 [Naito, & Tsuruo, 1999](#)). Within muscle cells actin is present in thin filaments, in association  
29 with nebulin, and also in intermediate transversal cytoskeletal filaments where it serves to  
30 connect myofibrils to the sarcolemme, this link extending further to the extracellular matrix.  
31 Degradation of transversal cytoskeletal actin filaments causes a detachment of sarcolemma  
32 from the basal lamina and the extracellular matrix network, a finding supported by the  
33 proteolytic hydrolysis of laminin, the major component of the basal lamina ([Becila, et al.,](#)  
34 [2010](#)).

1 One of the major fragments generated in postmortem muscle coming from actin showed à  
2 Mr of about 32 kDa. The appearance of this fragment was followed in rat *Longissimus* muscle  
3 by western blot and densitometry. The relative concentration of the soluble 32 kDa fragment  
4 was plotted versus the storage time (Figure 7). The concentration reached a maximum value  
5 about 3-4h postmortem and then decreased sharply, suggesting a degradation of this fragment  
6 to lower Mr ones ([Becila, et al., 2010](#)); see also hereafter comments of figure 8).  
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10 Interestingly, some situations of muscle atrophy such as uremia, aging or myocardial  
11 infarct, are associated to an accelerated degradation of muscle proteins. According to results  
12 obtained by ([Du, et al., 2004](#)), in such catabolic conditions the initial step in myofibrillar  
13 proteolysis would be the breakdown of the actomyosin complex by the direct action of  
14 caspase 3. These authors pointed out that caspase 3 action would be the first step in  
15 dissociating the actomyosin complex, giving rise to both intact monomeric actin and  
16 fragments of actin. In a second step, these products will be then further degraded by the ATP-  
17 dependent ubiquitin-proteasome system. As characteristic product fragments, they found the  
18 generation of an actin fragment of around 14 kDa when actomyosin complexes were  
19 incubated with caspase 3. It is worth highlighting that this characteristic 14 kDa actin  
20 fragment has been detected in atrophying muscles of diabetic or uremic rats, where the  
21 activity of caspase 3 is increased ([Du, et al., 2004](#)). In relation to this, we have carried out  
22 some experiments with the aim to characterize the ability of caspase 3 to hydrolyze bovine  
23 muscle actin. As it can be seen in **Figure 8**, the action of caspase 3 on bovine actin is  
24 remarkable from 24 hours of incubation and later on. As main products of this action, we have  
25 also observed the generation of a 14 kDa fragment, in addition to the 32 kDa fragment that  
26 has been already observed in postmortem muscle ([Becila, et al., 2010](#)). A third and less  
27 intense actin fragment at around 25 kDa, not previously described, was also observed after 24  
28 hours of incubation (**Figure 8**). Future research would need to be done in order to establish  
29 the utility of these fragments as potential useful markers of meat tenderness and of caspase  
30 action.  
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#### 49 *4.5. Protease inhibitors*

50 As demonstrated for calpains ([Ouali & Talmant, 1990](#)), cysteine proteases ([Shackelford, et](#)  
51 [al., 1991](#)) and caspases ([Gagaoua, et al., 2012](#); [Zamora, et al., 2005](#)), inhibitor levels and or  
52 Inhibitor/enzyme ratios are better predictors than the concentration of their target enzymes  
53 alone. Hence, a prerequisite for any investigation on the role of a proteolytic system in the  
54 meat tenderizing process is to know the nature of their specific inhibitors. If inhibitors have  
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been identified for proteases of the papain family, the calpain and the caspase families, nothing is known about proteasome inhibitors which are undoubtedly present in muscle cells.

Furthermore, we previously showed the presence, in muscle tissue, of papain-like cysteine protease inhibitors with Mr ranging from 30 to 70 kDa which were inactive against any of the serine proteases tested. However, their identity and their *in situ* target protease are still not known. The major question about these last inhibitors will be to clarify whether they are able to inactivate caspases or not, a group of enzymes discovered in the middle of the 90's and thus not tested at that time ([Berri, Rouchon, Zabari, & Ouali, 1998](#); [Berri, Venien, Levieux, & Ouali, 1996](#); [Ouali, 1995](#); [Ouali, et al., 1995](#)).

We must stress forward that much remain to be done about muscle proteases inhibitors, concerning the characterization of their interaction with potential target proteases and their identification at the protein level.

## 5. Conclusions

In recent years, we have accumulated a lot of data using two-dimensional gel electrophoresis and mass spectrometry to identify spots of interest in relation to meat tenderness. As reviewed here, we think that we are arriving at the limits of these approaches and that is because the synthetic analysis of these data has been one of the main objectives of this paper. From this analysis we have then proposed some perspectives to improve our understanding of the biological mechanisms responsible for meat tenderization. The best way to do this now would be to more specifically target stakeholders of metabolic pathways that seem most conducive to better understand the mechanisms of meat tenderization.

Apoptosis is generally believed to begin after caspase activation. In fact a large set of events precedes this step, strongly contributing to the definition of the extent and intensity of the cell's dismantling process, first by the action of caspases, then followed with the help of the other proteolytic systems.

This paper reviews a large set of proteins of interest as potential predictors of meat tenderness. Most of them are enzymes of the energy metabolic pathways and/or direct or indirect regulators of these pathways. Whatever the source of energy used by muscle cells, the limiting step will always be the mitochondrion where all end products of these pathways are finally oxidized to produce a maximum of ATP. In near future, we will have to analyze the *postmortem* fate of these organelles in muscle tissue.

On the other hand, proteins involved in the regulation of the apoptotic process whether released from mitochondria (AIF, Endo G, Cytochrome c, ...) or expressed in muscle cells (IAPs, Caspase inhibiting Serpin, ...) have never been revealed by 2D gel electrophoresis

1 proteome analysis and thus they would merit to be selectively targeted using alternative more  
2 specific approaches.

3 Finally, muscle cells were shown to express strong inhibitors of initiator and effector  
4 caspases belonging to the serpin family. Screening and characterization of protease inhibitors  
5 in muscle tissue are far from being completed and much work remains to be done in this  
6 context. As inhibitors are better predictors of meat tenderness than their target enzymes, such  
7 investigations would help to clarify the role of the different endogenous proteolytic systems in  
8 *postmortem* proteolysis.  
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10 To conclude, it is therefore obvious that early apoptotic signaling processes converge on  
11 the mitochondria and that response of mitochondria to upstream proapoptotic signals is a  
12 critical control point for the regulation of cell death. Another important feature to be  
13 considered is the role of phospholipids in phospholipid/protein interactions, which are  
14 essential for the maintenance of mitochondrial dynamics and hoemostasis ([Lehmann &  
15 Shatrov, 2002](#)).  
16

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21

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## Tables and legends

**Table 1: Potential markers of tenderness belonging to the glycolytic pathway.**

Abbreviations used: \*[M], marker concentration increases (+) or decreases (-); \*Tend: meat tenderness increases (+) or decreases (-) as a consequence of the marker level modification. (+/-), marker induced change in meat tenderness is variable.

Marker Name	Localization	Functions	*[M]	*Tend	References
Phosphoglucomutase	Cytoplasm	Gluc-1P $\rightleftharpoons$ Gluc 6P	+	+	( <a href="#">Bjarnadottir, et al., 2010</a> ; <a href="#">Bouley, et al., 2004</a> ; <a href="#">Laville, et al., 2009</a> )
Triosephosphate isomerase	Cytoplasm	Dihydroxyacetone phosphate (DHAP) $\rightleftharpoons$ glyceraldehyde 3-phosphate	+	+	( <a href="#">G. D. Kim, et al., 2009</a> )
Glyceraldehyde-3 phosphate dehydrogenase (GAPDH)	Cytoplasm, Nucleus	glycéraldéhyde.3.phosphate $\rightleftharpoons$ 1,3.diphosphoglycerase <b>Cell death &amp; cell survival</b>	+	+	( <a href="#">Colell, Green, &amp; Ricci, 2009</a> ; <a href="#">Laville, et al., 2009</a> )
3-Phosphoglycerate kinase	Cytoplasm	3-phosphoglycerate + ADP $\rightleftharpoons$ 1,3-bisphosphoglycerate + ADP	+	+	( <a href="#">Jia, Hildrum, et al., 2006</a> )
Aldehyde dehydrogenase (ALDH)	Cytosol and organelles	Aldehyde oxidation to carboxylic acids (glycolysis, amino acids and lipids degradation)	+	+/-	( <a href="#">Hollung, et al., 2007</a> ; <a href="#">Jia, Hildrum, et al., 2006</a> )
Enolase 3 or Phosphopyruvate hydratase	Cytoplasm Muscle specific	2-phosphoglycerate $\rightleftharpoons$ phosphoenolpyruvate	+	+	( <a href="#">Choi, et al., 2010</a> ; <a href="#">Laville, et al., 2009</a> )
Pyruvate kinase	Cytoplasm	phosphoenolpyruvate $\rightleftharpoons$ pyruvate	+	+	( <a href="#">Laville, et al., 2009</a> ; <a href="#">Polati, et al., 2012</a> )
Lactate dehydrogenase	Cytoplasm	pyruvate $\rightleftharpoons$ lactate.	+	+	( <a href="#">Laville, et al., 2009</a> ; <a href="#">Polati, et al., 2012</a> )

**Table 2: Potential markers of tenderness belonging to the aerobic Pathway.**

Abbreviations used: Mito.: mitochondria. Mb: membrane. TCA: Tri-Carboxylic Acid. \*[M]: marker concentration increase (+) or decrease (-). \*Tend: meat tenderness increases (+) or decreases (-) as a consequence of the marker level modification. (+/-): marker induced change in meat tenderness is variable.

Marker Name	Localization	Functions	*[M]	*Tend	References
3-hydroxyisobutyrate dehydrogenase (1)	Mito.	1 of the 9 steps of valine degrad. to succinyl-CoA	+	+	( <a href="#">Jia, et al., 2007</a> ; <a href="#">Jia, Hollung, et al., 2006</a> )
$\beta$ -hydroxyacyl CoA-dehydrogenase	Matrix Mito.	Fatty acid degradation (Lynen helix)	+	+	( <a href="#">Hamill, et al., 2012</a> ; <a href="#">Polati, et al., 2012</a> )
Cytochrome c	Mito.	Electron transport chain; external side of inner Mito mb. Apoptosis	+	+	( <a href="#">Ding, et al., 2002</a> )
Succinate dehydrogenase	Matrix Mito	TCA cycle	+	+	( <a href="#">G. D. Kim, et al., 2009</a> )
Succinyl Co-A synthase	Matrix Mito.	TCA cycle	+	+	( <a href="#">Hollung, et al., 2007</a> ; <a href="#">Jia, Hildrum, et al., 2006</a> )
Isocitrate dehydrogenase	Matrix Mito.	TCA cycle	+	+/-	( <a href="#">Hamill, et al., 2012</a> ; <a href="#">Zapata, et al., 2009</a> )

ATP synthase	inner Mito. Mb	ATP synthesis	+	+	( <a href="#">Hamill, et al., 2012</a> ; <a href="#">Zapata, et al., 2009</a> )
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**Table 3: Potential markers of tenderness involved in cell detoxification.**

Abbreviations used: Mito.: mitochondria. \*[M], marker concentration increases (+) or decreases (-); \*Tend: meat tenderness increases (+) or decreases (-) as a consequence of the marker level modification. (+/-), marker induced change in meat tenderness is variable.

Marker Name	Localization	Functions	*[M]	*Tend	References
Carbonic anhydrase	Cytosol, Mito.	Elimination CO <sub>2</sub> ; H <sub>2</sub> O+CO <sub>2</sub> =>HCO <sub>3</sub> + H <sup>+</sup>	+	+	( <a href="#">D'Alessandro &amp; Zolla, 2013</a> ; <a href="#">Polati, et al., 2012</a> ; <a href="#">Zapata, et al., 2009</a> )
Lactoylglutathione lyase or Glyoxylase 1	Cytosol	Detoxification methylglyoxal => lactate	+	+	( <a href="#">Jia, Hildrum, et al., 2006</a> )
Aldehyde dehydrogenases (ALDHs)	Cytosol and all organelles	Protect cell from Cytotoxic aldehydes	+	+/-	( <a href="#">Hollung, et al., 2007</a> ; <a href="#">Jia, Hildrum, et al., 2006</a> )

**Table 4: Candidate Heat Shock Proteins as potential markers of tenderness.**

Abbreviations used: \*[M], marker concentration increases (+) or decreases (-); \*Tend: meat tenderness increases (+) or decreases (-) as a consequence of the marker level modification.

Marker Name	Localization	Functions	*[M]	*Tend	References
HSP 70	Cytoplasm	Slow down the process of cellular death. Protection of tissues against oxidative stress. Fat deposition	+	-	( <a href="#">Cassar-Malek, et al., 2011</a> ; <a href="#">Guillemin, Jurie, et al., 2011</a> )
<i>DNAJA1</i> (HSP 40)	Nucleus / Cytoplasm	<i>DNAJA1</i> gene encodes HSP40, a chaperone involved in protein import into mitochondria and a co-chaperone of HSP70	+	-	( <a href="#">Bernard, et al., 2007</a> ; <a href="#">Picard, et al., 2010</a> )
HSPB1 (HSP 27)	Cell surface / Cytoplasm / Nucleus	Response to heat and stress. Regulation and stabilization of myofibrillar proteins, and protects actin filaments and desmin	+	-	( <a href="#">Bernard, et al., 2007</a> ; <a href="#">Guillemin, Bonnet, Jurie, &amp; Picard, 2011</a> ; <a href="#">Morzel, Terlouw, Chambon, Micol, &amp; Picard, 2008</a> )
$\alpha$ -crystallin (CRYAB)	Nucleus	Protein homodimerization activity. Protection of structural proteins	+	-	( <a href="#">Bernard, et al., 2007</a> ; <a href="#">Guillemin, Bonnet, et al., 2011</a> ; <a href="#">Morzel, et al., 2008</a> )
HSP 60	Cell surface / Cytoplasm	Prevent degradation & structure damage of proteins from apoptotic processes in muscle cells.	+	-	( <a href="#">Beere, 2005</a> ; <a href="#">Jia, Hollung, et al., 2006</a> )

## Figures Captions

**Figure 1:** Major events occurring in post mortem muscle after cessation of blood flow. Abbreviations: TCA, Tricarboxylic acids; HSP, Heat Shock Proteins; PS, Phosphatidylserine; IAP, Inhibitors of Apoptosis Proteins.

**Figure 2:** *Postmortem* structural changes in fibres from rat Longissimus muscle. (a) transversal cuts of an ante-mortem sample showing cells in close proximity and very few extracellular space (Open arrows); (b) transversal cut showing a shrinkage of muscle fibres and an increase in the extracellular space (Open arrows). The sample was obtained just after bleeding and prepared for subsequent examination after hematoxylin/Erythrosin staining. Nucleus were also immunostained according to ([Prochazkova, et al., 2003](#)) with a monoclonal antibody labelling specifically single strand DNA fragments characteristic of apoptotic cells. Apoptotic nucleus are stained in dark brown. (c) Similar muscle sample excised 15 min after bleeding showing 1DNA fragment staining in a mononucleated cells (open arrow head). In this view of the sample we noticed a high concentration of small cells, probably resident macrophages, delinating empty cells (open arrows). Muscle cells nucleus showed no DNA degradation (close arrow heads). (d) Similar sample than in c showing a mononucleated cell with fragmented DNA (open arrow head), a high concentration of small cells corresponding very likely to resident macrophages and aligned along fibre membranes (open arrow). Inserts showed muscle cell membrane invaginations (short black arrows) indicative of phagocytosis activities for elimination of extracellular material/cells within muscle cells. Scale bars: 100  $\mu\text{m}$

**Figure 3:** (a) Polymorphism of the Bov-SERPINA3 family as assessed by 2D gel electrophoresis of the high Mr fraction eluted from a crude muscle extract by chromatography on a sephadex G100 column as assessed by 2D Gel analysis using a specific rabbit polyclonal antibody raised against purified bovSERPINA3-1. In this figure, the line with a down arrowhead indicates aligned spots corresponding to various degree of phosphorylation. The black arrow indicates a comma shape alignment of spots corresponding to different degree of glycosylation ([Boudida, Gagaoua, et al., 2013](#); [Gagaoua, et al., 2012](#)). (b) Covalent complexes upon SDS-PAGE between Bov-Serpina3-1 and proteases as revealed by western blot, using the rabbit polyclonal antibody raised against this serpin ([Herrera-Mendez, et al., 2009](#)). Similar findings were obtained with Bov-Serpina3-3 (not shown). Note that the 140 kDa band is a dimer of the 70 kDa serpin ([Tassy, et al., 2005](#)). Abbreviations used: C, band

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corresponding to the complex formed with the different target enzymes: trypsin, Human Leukocyte Elastase (HLE) and human recombinant caspases 3 and 8. (-) inhibitor alone; (+) inhibitor incubated with the target enzyme (Enz).

**Figure 4:** Metabolic pathways generating or using Dihydroxyacetone phosphate. Enzyme names: (1) Fructokinase, (2) Fructose-1-P aldolase, (3) 1st steps Glycolysis, (4) Aldolase, (5) Triose phosphate isomerase, (6) Lipases, (7) Glycerol kinase, (8) Glycerol-3-phosphate dehydrogenase (G3PDH), (9) Aldehyde dehydrogenase, (10) Glycerate kinase, (11) Methylglyoxal synthase. c/m-8: cytosolic and mitochondrial G3PDH.

Figure 5: Overview of the energy supplying pathways: (a) Major energy production pathways from amino-acids, glucose and free fatty acids (adapted from <http://www.takween.com/metabolisme/metabolisme-sucres.html>). (b) Major end products of amino acids degradation at the Krebs cycle level (adapted from [http://www.natuurlijkerwijs.com/english/Amino\\_acid\\_metabolism.htm#aminozuurafbraak](http://www.natuurlijkerwijs.com/english/Amino_acid_metabolism.htm#aminozuurafbraak)).

**Figure 6: Calcium trafficking between endoplasmic reticulum (ER) and mitochondria which are close to each other (left part of the figure):** Cytochrome c released from Mitochondria binds to InsP3R resulting in sustained calcium efflux. Bik, a BH3 member of the Bcl-2 family also mediates calcium release from ER. Increase in cytosolic calcium induces Drp1 recruitment to the mitochondria which initiates the fission process (see insert). Mitochondria take up calcium into the matrix via calcium channel as MICU. The massive calcium influx into the matrix leads to mitochondria fission, accelerates cytochrome c release and amplify apoptosis. **Apoptose regulation** (right part of the figure): Proteins (Prot) released from mitochondria comprise cytochrome c, AIF, Endo G, Smac/Diablo and Omi/HtrA2. Cytochrome c binds to Apaf1 to form the apoptosome, a complex activating procaspase 9. Endo G and AIF translocate to the nucleus where they contribute to chromatin condensation and DNA fragmentation. IAPs (Inhibitors of Apoptosis Proteins) are inhibitors of caspases 3, 9 and 7 and the interaction with their target enzymes can be reversed by SMAC/Diablo and Omi/HtrA2. SERPINA3 like are pseudo-irreversible inhibitors of initiator and effector caspases and hence will be essential regulators of the caspase-dependent apoptotic process. Abbreviations used: AIF, Apoptosis Inducing Factor ; Apaf 1, apoptotic protease activating factor); Bcl2, Bax, Bik: members of the Bcl2 (B-cell lymphoma 2) family; Drp1, dynamin related protein 1; Endo G, endonuclease G; InsP3D, inositol (1,4,5) trisphosphate receptor; MICU, mitochondrial calcium uptake; Omi/HtrA2, Omi stress-regulated endopeptidase /high-

1 temperature-requirement protein A2; SERCA, sarco/endoplasmic reticulum Ca<sup>2+</sup>-ATPase;  
2 SMAC/Diablo, second mitochondria-derived activator of caspases encoded by the Diablo  
3 gene. Adapted from ([Otera & Mihara, 2012](#)).  
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5 **Figure 7:** Postmortem changes in muscle pH, in the soluble 32 kDa actin fragment levels and  
6 in the extent of cytochrome c release in *Longissimus* rat muscle maintained on the carcass  
7 which was stored at 10°C for 24h and then transferred at 4°C. More details can be found in  
8 ([Becila, et al., 2010](#)).  
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11  
12 **Figure 8:** 12% SDS-PAGE of the protein degradation profile obtained when bovine skeletal  
13 muscle actin was incubated in the presence of recombinant human caspase 3 at different time  
14 intervals (data not shown previously). (A): protein band corresponding to intact monomeric  
15 actin; (B), (C) and (D): actin fragments generated after incubation with caspase 3, having  
16 molecular mass values around 32, 25 and 14 kDa, respectively.  
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Figure 1:

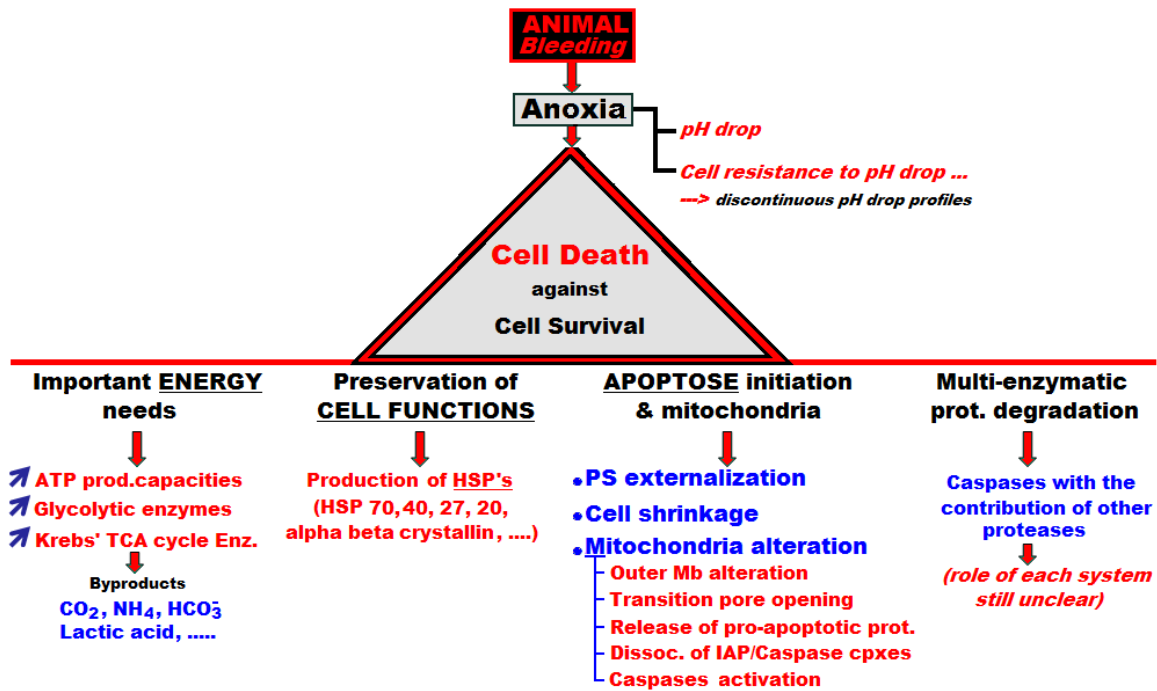


Figure 2:

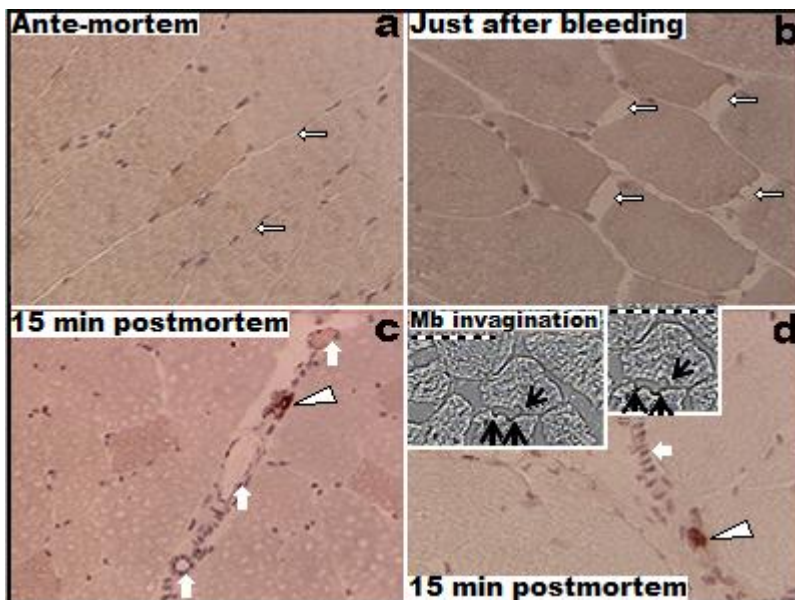


Figure 3:

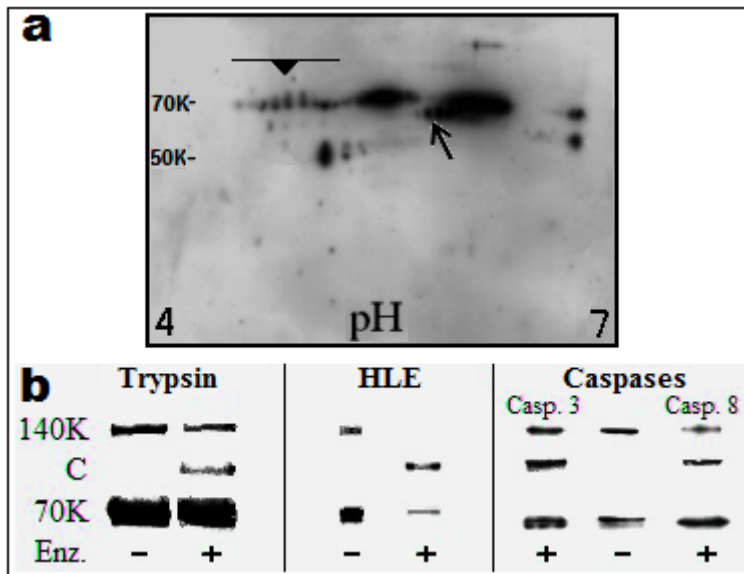


Figure 4:

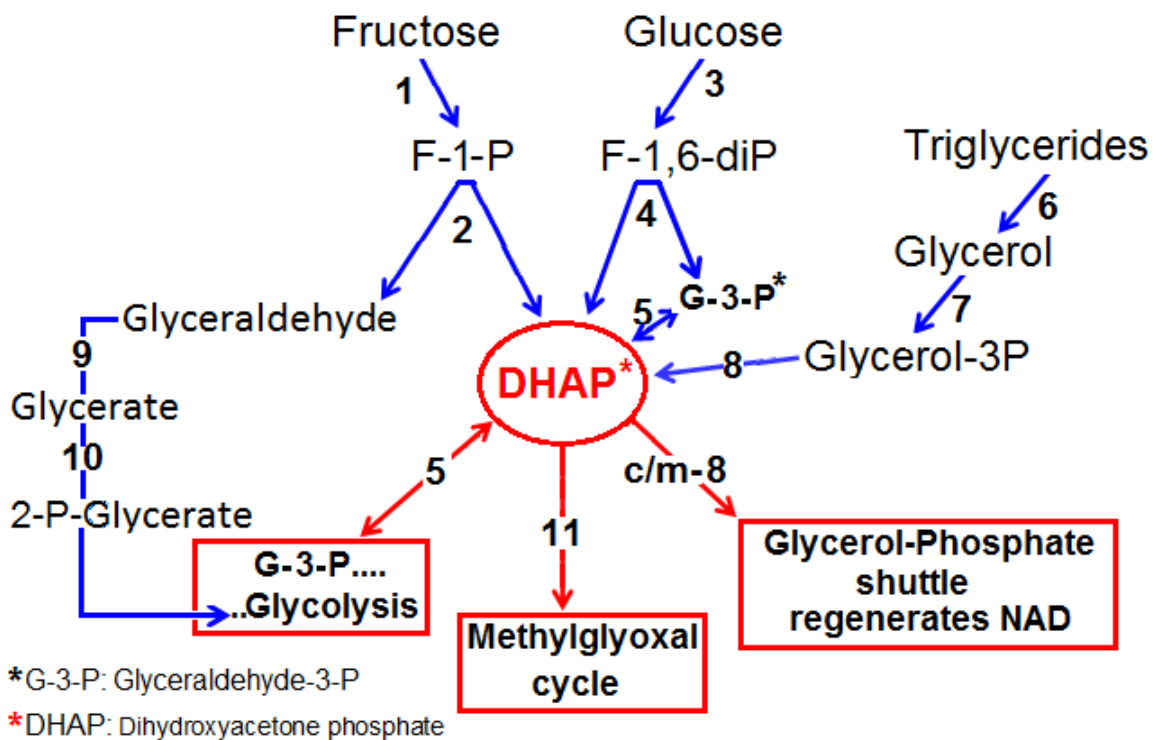


Figure 5:

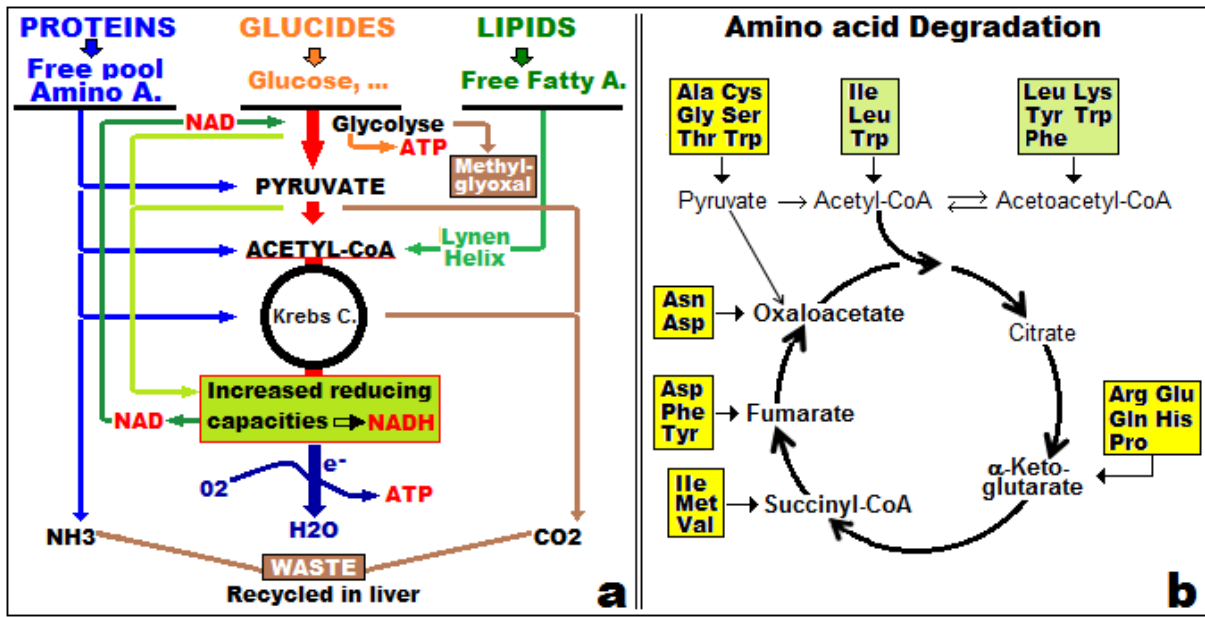


Figure 6:

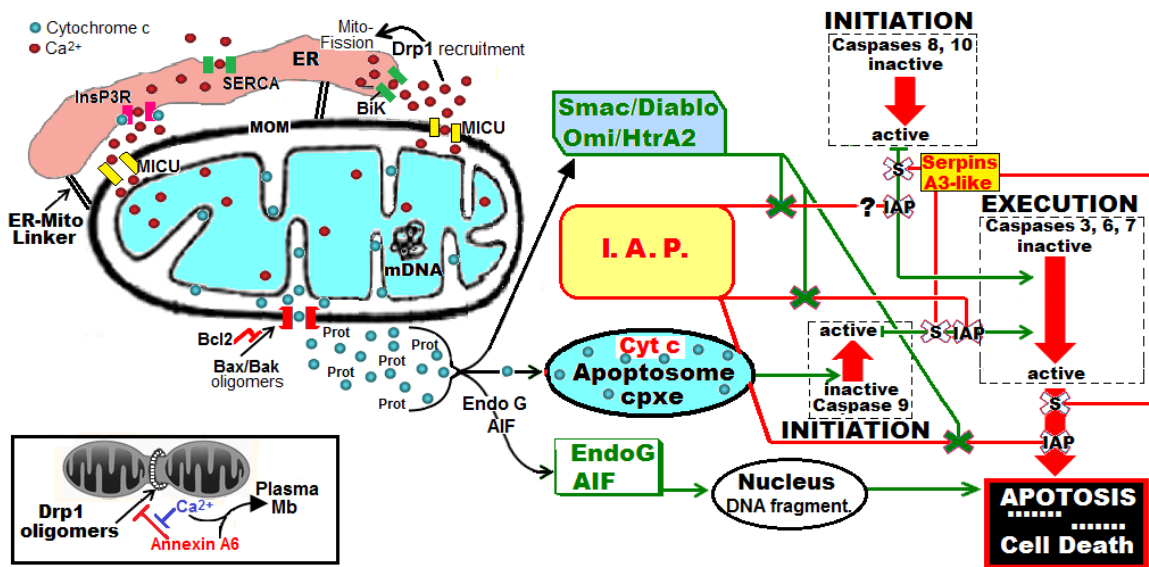




Figure 7:

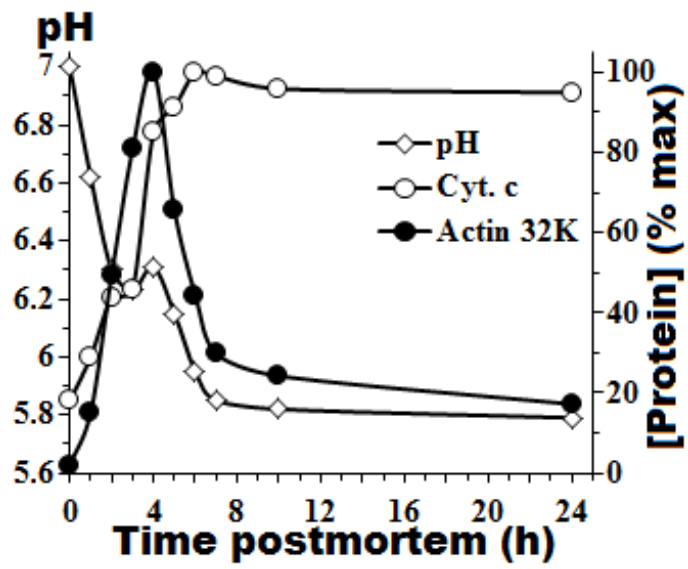


Figure 8:

