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▶ To cite this version:

Jeanne Williams, Serge Mallet, Maryse Leconte, Michel Lessire, Irène Gabriel. The effects of fructooligosaccharides or whole wheat on the performance and digestive tract of broiler chickens. British Poultry Science, 2008, 49 (3), pp.329-339. 10.1080/00071660802123351. hal-02668476

HAL Id: hal-02668476 https://hal.inrae.fr/hal-02668476

Submitted on 3 Oct 2022

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1	The effects of fructo-oligosaccharides or whole wheat on the performance and
2	the digestive tract of broiler chickens
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Abstract 1. The objective of this experiment was to study two feeding methods,
which could potentially act on the gut microflora, the structure and/or the function of
the digestive tract and thereby improve the performance of broilers.

17 2. Four dietary treatments were studied: a negative control (wheat based) with no 18 additives (C), a positive control with 0.01 g/kg avilamycin (AV), a treatment with 0.6 19 g/kg fructo-oligosaccharides (FOS) and a treatment with the same composition as 20 treatment C but in which a part or all (400 g/kg) of the wheat was given as whole 21 wheat and a concentrate complement (WW). The measurements were: the 22 performance from 0 to 6 weeks, the bacterial counts at 3 weeks and 6 weeks, the 23 digestive tract morphology and the activity of some intestinal enzymes at 3 weeks.

24 3. The birds fed AV had better daily live weight gain (DLWG) and FCR compared to 25 treatment C. The birds fed FOS had a lower feed intake and a lower DLWG 26 compared to the birds fed on treatment C, but their FCR was significantly improved. 27 WW resulted in a numerically lower feed intake and a significant lower DLWG than 28 treatment C. With AV, the number of aerobic mesophilic bacteria in the caeca was 29 reduced at 3 weeks. With WW, gizzard and pancreas weights were higher and the 30 surfaces of the ileal crypts were larger. An increased activity of leucine 31 aminopeptidase (LAP) in the duodenum was found for treatments AV, FOS and 32 WW.

4. In conclusion, in this study, treatments WW and FOS decreased the DLWG, which
may be due to a lower feed intake during the whole period. With WW, the FCR was
not affected maybe due to both positive and negative effects on digestive tract
(higher gizzard and pancreas development and LAP activity; larger crypts).
However, the FOS improved the FCR, which may be partly explained by the higher
LAP activity.

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INTRODUCTION

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42 Since the 1950s subtherapeutical levels of antibiotic growth promoters (AGP) have 43 been used in animal feed to improve the performance of animals by controlling the 44 digestive microflora and thereby lower production costs (Thomke and Elwinger, 1998). However, the growing concern from consumers regarding antibiotic usage 45 46 and the potential development of bacterial resistance, led to a ban of AGP from 47 January 2006 in the European Union, which has resulted in a search for alternatives. 48 Two potential alternatives in poultry production are fructo-oligosaccharides (FOS) 49 and diets containing whole grains.

FOS are oligosaccharides, which are not hydrolysed by digestive enzymes, and may 50 51 act as growth substrate for the intestinal flora (Monsan and Paul, 1995; Hartemink et 52 al., 1997). They are considered as prebiotics. They have been shown to have 53 beneficial effects on the gut flora by stimulating the growth of beneficial bacteria 54 such as bifidobacteria and lactobacilli, and by inhibiting potential pathogenic bacteria, i.e. Salmonella and E. coli (Bailey et al., 1991; Waldroup et al., 1993; Xu et 55 56 al., 2003). Furthermore, they stimulate the activity of some digestive enzymes. For 57 example, Xu et al. (2003) found a higher activity of amylase and protease with the 58 inclusion of FOS. The use of this prebiotic has also shown to improve the intestinal 59 structure in broilers, by an increase in villus height in the ileum and a decrease in 60 crypt depth in the jejunum and ileum (Xu et al., 2003). The beneficial effects on the 61 flora and the digestive physiology found with FOS could contribute to the observed 62 improvements in the performance in poultry (Monsan and Paul, 1995; Orban et al., 63 1997; Patterson and Burkholder, 2003; Xu et al., 2003).

64 Another type of feeding, which potentially modifies the intestinal flora, is the 65 inclusion of whole grains in the diet. A lower number of E. coli (Gabriel et al., 66 2003b), a reduction in lactose negative enterobacteria and an increase in the number 67 of certain lactobacilli have been reported (Engberg et al., 2004). These modifications 68 of the flora could be due to a reduction in the pH (0.5-1 unit) in the gizzard, caused 69 by an increased secretion of hydrochloric acid in the proventriculus (Gabriel et al., 70 2003a; Engberg et al., 2004). The inclusion of whole wheat has also shown to 71 improve the development and maturity of the intestinal mucosa (Gabriel *et al.*, 2007). 72 These modifications may explain the improvement in the performance of broilers 73 observed in several studies (Preston et al., 2000; Hetland et al., 2002; Plavnik et al., 74 2002; Gabriel et al., 2003a). Furthermore, the inclusion of whole grains is an 75 attractive alternative. It meets the consumer requirements for a more "natural" 76 production system and it reduces the feed costs due to less transport and processing 77 and thereby lower production costs (Hetland et al., 2002; Svihus et al., 2004). 78 The objectives of this experiment were to study the effects of these two potential 79 alternatives to AGP, FOS and whole wheat, on the performance, the gut flora, the 80 intestinal structure and function of broiler chickens. 81 82 **MATERIALS AND METHODS** 83 **Experimental diets** 84 85 86 The birds were allocated to four dietary treatments: 1) a negative control (wheat 87 based) with no additives (C), 2) a positive control containing 0.01 g/kg avilamycin

88 (AV), 3) a treatment containing 0.6 g/kg of short chain fructo-oligosaccharides

(FOS) and 4) a treatment with the same composition as treatment C but in which a
part or all (400 g/kg) of the wheat was given as whole wheat and a concentrate
complement (WW).

The feeding program consisted of four different diets for each treatment: a starter diet (from 1 to 11 days of age), a grower diet (from 12 to 25 days of age), a finisher diet (from 26 to 36 days of age) and a withdrawal diet (from 37 to 42 days of age). The composition of the basal diets (the negative control diets) is shown in table 1. The diets were steam pelleted (2.5 mm in diameter, at 55 to 66°C).

97 For the treatments FOS and AV, the fructo-oligosccharides and the avilamycin were 98 incorporated at the expense of the same amount of maize. For treatment WW, a part 99 or all of the ground wheat of the basal diets was replaced by the same amount of 100 coarsely ground or whole wheat, and was mixed with pelleted concentrate 101 complements. These complements were calculated from the basal diets without the 102 part of wheat given as coarse particles or whole grains. To accustom the chickens to 103 whole grain, the coarsely ground or the whole wheat was gradually incorporated in 104 the diet. Until day 7 the birds allocated to treatment WW received the same diet as 105 treatment C. On day 8 and 9, 200 g/kg coarsely ground wheat was mixed with a 106 pelleted concentrate complement (basal diet without 200g/kg of wheat). On day 10 107 and 11, 200 g/kg whole wheat was incorporated to the same concentrate complement and from day 12 onwards 400 g/kg whole wheat was added to concentrate 108 109 complements (basal diets without 400g/kg of wheat).

110 The feed and the water were supplied *ad libitum*.

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112 Birds and housing

114 A total of 864 Ross PM3 male broiler chickens vaccinated against infectious 115 bronchitis were obtained from a commercial hatchery (Sicamen, Volnay, France). The chickens were raised in 3 m^2 floor pens with a stocking density of 12 birds/m² 116 117 with 6 replicates per treatment. From day 1 to 5 the lighting programme consisted of 118 23 hours light and 1 hour dark (0-1 am), from day 6 to 11, it consisted of 20 hours 119 light and 4 hours dark (0-4 am) and from day 12 to the end of the experiment 18 120 hours light and 6 hours dark (0-6 am). The temperature was 32°C from day 1 to 6, it was reduced to 31°C at day 7, 29°C at day 14, 28°C at day 21, 24°C at day 28, 22°C 121 122 at day 37 and 18°C at day 42.

123

124 Experimental protocol and sample collection

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126 The experiment was carried out in accordance with the specific guidelines for127 experiments on animals (Decree, 2001).

128 At arrival, the birds were randomly distributed with 36 birds in each pen with a 129 similar weight per pen. After 6 hours of fasting, the birds were individually weighed 130 on day 11, 25, 36 and 42. The feed intake in each pen was measured at the same age 131 and the FCR calculated. The actual proportion of whole wheat intake was determined 132 after measuring the whole grains in feed refusals. The mortality was checked daily. 133 Feed intake was expressed as animal present each day (i.e. dead birds were not 134 included). To calculate Daily Live Weight Gain (DLWG) any females and dead birds 135 were taken out of the calculation, but they were included in the FCR calculation.

At 3 weeks of age, 6 chickens representative of their pens were selected (according to their weight) from each pen. They were killed by intravenous injection of sodium pentobarbital. For treatments C and WW, the gizzards were emptied, trimmed for excess fat and weighed, and the pancreases were collected and weighed. The weightswere expressed as percentage of live weight.

141 For all 4 treatments, the digestive tract was removed from the beginning to the end of 142 the intestine. The small intestine was divided into three segments: the duodenum 143 (from gizzard to pancreo-biliary ducts), the jejunum (from pancreo-biliary ducts to 144 Meckel's diverticulum) and the ileum (from Meckel's diverticulum to ileo-caecal 145 junction). For histological analysis, the middle part (1.5 cm long) of the duodenum 146 and ileum was taken, from 3 of the 6 sampled animals per pen. The samples were 147 opened longitudinally, rinsed with cold saline (NaCl 9 g/l) and fixed in a buffered 148 formaline solution overnight. They were then rinsed and stored in ethanol/water 149 (70/30, v/v) and stored at 4°C until further analysis.

The cloacal content was obtained by abdominal pressure on the birds before they were slaughtered. The content from the ileum and caeca was collected by gentle pressure. These digestive content samples were pooled from the 6 animals per pen and stored at -70°C until further microbial analysis.

For the determination of intestinal enzymatic activities, samples were taken from the 3 animals per pen used for histological analysis. The middle section (one third) of each intestinal segment (duodenum, jejunum and ileum) was split longitudinally, rinsed with cold saline, wiped on a paper towel and the mucosa scrapped off before freezing in liquid nitrogen and stored at -70°C.

At 6 weeks of age, 6 chickens representative of each pen were selected. The cloacal contents were collected as previously described, then the birds were killed. For treatments C and WW, the gizzard and pancreas were removed and weighed as described at 3 weeks. For all 4 treatments, the ileal and caecal contents were sampled and processed as described previously.

165 Histological analysis

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167 The intestinal samples (duodenum and ileum) were analysed as described by 168 Goodlad et al. (1991). A 0.5 cm sample was cut off and kept in ethanol/acetic acid 169 (75/25, v/v) for 24 hours, followed by a rehydration in ethanol/water (50/50, v/v) and 170 then in distilled water. Thereafter, the samples were stained by the Feulgen reaction: 171 first a hydrolysis in hydrochloric acid 1 N at 60°C for 6 minutes, then rinsed with 172 distilled water and thereafter stained with Schiff reagent for 30 minutes. Finally, the 173 samples were rinsed in distilled water and stored in acetic acid/water (45/55 v/v) at 174 4°C until analysis.

175 For histological measurements, villi with their attached crypts of Lieberkühn were 176 individually dissected under a dissecting microscope then mounted between a slide 177 and a cover slip in an aqueous mounting agent (Aquatex, Merck). They were 178 measured under the magnification of 40 for crypts and 10 for villi, using an optical 179 microscope (Leitz, Laborux), a camera (Scion corporation, CFW 1308C) and an 180 image analysis software (Visilog 6.3, Noesis). The length and width of 10 villi and 181 the depth and width of 20 crypts were measured from each segment of each bird. The 182 surface area was calculated for each villi and crypt. An average value was calculated 183 for each bird intestinal segment. Villus to crypt length and surface ratios were then 184 calculated.

185

186 Enzyme activity assays

The intestinal samples (duodenum, jejunum and ileum) were analysed for enzymatic activity of alkaline phosphatase (AP) (EC 3.1.3.1) and of the digestive enzymes maltase (EC 3.2.1.20) and leucine aminopeptidase (LAP) (EC 3.4.11.2).

191 The frozen intestinal tissues were homogenised at a ratio of 50 mg/ml in phosphate 192 buffer saline (pH 7.4) using an Ultra-turrax® (IKA) for 3 x 10 seconds, and 193 centrifuged (10 000g, 15 min, 4°C). The supernatants were stored at -70°C until 194 further analysis.

195 For measuring the different enzymatic activities, continuous methods with 96-well 196 microplates were used. For the AP activity, the homogenate was diluted (1/20 for 197 duodenum and jejunum and 1/10 for ileum) and 0.1 ml of the dilution was mixed with 0.2 ml of substrate (8.8 µmole of p-nitrophenyl phosphate (Sigma N 4645) per 198 199 ml of glycine buffer 93 mM containing 50 mM MgCl₂, pH 8.8). Readings were 200 carried out at 5 minutes intervals for 30 minutes with a multiscan spectrophotometer 201 (Argus 300 Microplate reader) at 405 nm (at 37°C) using a standard curve with p-202 nitrophenol (Sigma N 7660).

For the LAP activity, the samples were diluted (1/2 for all segments) and 0.03 ml was mixed with 0.25 ml of substrate (1 μ mol of L-leucine *p*-nitroanalide (Sigma L 205 2158) per ml of phosphate buffer 0.1 M, pH 7.2). The plate was read at 405 nm (37°C) at 2 minutes interval for 10 minutes. P-nitroaniline (Sigma N 2128) was used for the standard curve.

Maltase was measured as described by Giorgi *et al.* (1992). The samples were diluted (1/5 for all the samples). 0.05 ml of the sample was mixed with 0.15 ml of substrate 15 mM of maltose (Sigma M5885) in maleate buffer 60 mM containing 11 mM MgCl₂ pH 6.8, 342 000 IU/l mutarotase (Biozyme, MUR1), 5 025 IU/l hexokinase (Roche 11 426 362 001), 1.6 mmol/l ATP (Roche 10 519 979 001), 1.3 mmol/l NADP (Roche 10 128 0314 001) and 1 200 IU/l glucose 6-phosphate dehydrogenase
(Roche 10 127 671 001). The plate was read at 366 nm at 37°C at 2 minutes interval
for 15 minutes. Glucose was used for the standard curve.

216

217 Bacteriology

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219 The samples for bacterial analysis were successively diluted at 1/10 in 9 g/l NaCl and 220 analysed for coliform, lactic acid bacteria and aerobic mesophilic bacteria. The lactic 221 acid bacteria were counted after being plated onto MRS agar (Man, Rogosa, Sharpe) 222 and incubated for 48 hours, the coliforms were plated onto Drigalski agar and 223 incubated for 24 hours and the aerobic mesophilic bacteria on brain heart infusion 224 agar and incubated for 48 hours. All the plates were incubated aerobically at 37°C. 225 The results were expressed as log₁₀ colony forming units (CFU)/g of digestive 226 contents.

227

228 Statistical analysis

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The data were analysed using Statview® software programme (Abacus Concepts, Berkeley, CA, USA) by one-way analysis of variance (ANOVA), and significant differences between treatments were determined by Student Newman-Keuls test (P <0.05). The proportion of whole wheat for treatment WW was compared to the expected value with a one-tailed T-test (P < 0.05). These results were presented in the text as mean ± standard error.

236

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RESULTS

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240 During the whole experiment, the mortality was not significantly different between 241 dietary treatments, 4.6% for C, 4.6% for AV, 3.2% for FOS and 4.7% for WW.

For the treatment AV, a significantly higher feed intake was seen from day 26 to 36 243 compared to the negative control treatment, a significantly higher DLWG was found 244 at each period and throughout the experiment (day 1 to 42). A better FCR was also 245 observed from day 26 to 36 and throughout the experiment (Table 2).

246 For the treatment FOS, the feed intake and the DLWG were significantly reduced 247 from day 1 to 25 and for the whole period (Table 2). However, FCR was 248 significantly improved for the treatment FOS compared to the control from day 26 to 249 36 and throughout the experiment.

250 The feed intake with the treatment WW was numerically lower during the whole 251 experiment (-5 %). The actual proportion of whole wheat intake in the treatment 252 WW, during the first two days of introduction (from day 10 to 11), was lower than 253 the amount included in the feed, 138 ± 6 g/kg instead of the 200 g/kg, but thereafter 254 the actual proportion of whole wheat intake was only slightly different than the 255 targeted one (400 g/kg): 381 ± 3 g/kg from day 12 to 25 and 388 ± 3 g/kg from day 256 26 to 36, and 405 \pm 1 g/kg from day 37 to 42. The DLWG was lower for the 257 treatment WW compared to the control from day 12 to 36 and for the entire period 258 (Table 2). The FCR was not significantly affected apart from day 1 to 11, where an 259 improvement was observed with WW.

260

261 **Digestive microflora**

The microflora was not affected by dietary treatments at 3 weeks of age in the ileum and the cloaca. However, in the caeca the number of aerobic mesophilic bacteria was lower for the treatment AV, but none of the other treatments influenced the bacterial counts at this age (Table 3). At 6 weeks of age, none of the dietary treatments affected the number of aerobic mesophilic bacteria, lactic acid bacteria or coliform in the ileum, caeca and cloaca (data not presented).

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270 Digestive tract morphology and enzyme activities

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For the treatment WW, the gizzard and the pancreas weights (Figure 1) were significantly higher compared to treatment C, both at 3 and 6 weeks.

At 3 weeks of age, the different treatments did not affect the gut morphology in the duodenum. The villus height, width and surface were not affected by dietary treatments in the ileum. However, for treatment WW, a numerically higher crypt depth (+ 12 %) was found and a significantly larger crypt surface.

For the intestinal enzyme activity at 3 weeks of age, LAP was significantly higher for the treatments AV, FOS and WW in the duodenum, but no effect was observed in the other segments. The AP and the maltase activities were not significantly affected by dietary treatments in any of the intestinal segments. However, it should be noticed that a numerically higher level of LAP (+ 18 %) and maltase (+ 20 %) occurred for the treatment AV in the jejunum, and for maltase (+ 24 %) for the treatment FOS in the ileum (Table 5).

- 286 DISCUSSION
- 287

288 Effect of the AGP avilamycin

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290 A significantly lower number of bacteria was observed in the caeca of birds fed on 291 the treatment AV. This could be expected as AGP reduce the number of bacteria in 292 the digestive tract (Thomke and Elwinger, 1998; Engberg et al., 2000). Avilamycin 293 in particular acts by interfering with the polypeptides-synthesizing functions and it is 294 mainly active against gram positive bacteria (Wolf, 1973; Butaye et al., 2003), the 295 most numerous bacteria in the digestive tract (Gabriel et al. 2006). This reduction in 296 the digestive flora may partly explain the improved performance observed with AV. 297 Indeed, a decrease in the microflora may lead to a lower stimulation of the immune 298 system (Gabriel et al., 2006), which could prevent a depression in feed intake 299 (Klasing et al., 1987) as observed in our study. This increased feed intake may have 300 contributed to the higher weight gain. Moreover the lower digestive microflora 301 resulted in less competition for nutrients (Gabriel et al., 2006) and could partly 302 explain the improved FCR.

303 This improved FCR could also be due to an increased activity of the digestive 304 enzyme LAP in the duodenum and the numerically higher level of maltase and LAP 305 in the jejunum, which may have contributed to a better feed digestion.

AGP positively affect the intestinal structure. They reduce the weight of the small intestine by thinning the intestinal wall (Coates *et al.*, 1955; Jukes *et al.*, 1956), and this has been suggested to improve the nutrient absorption and thereby the performance. The changes in intestinal morphology (villus and crypt size) depend on the type of AGP (Miles *et al.*, 2006). With avilamycin, higher villus surface area in the jejunum and lower crypt depth in the jejunum and ileum were reported (Sarica *et al.*, 2005; Hernandez *et al.*, 2006). These modifications improve the intestinal function. However, in the current experiment, the inclusion of avilamycin did not
affect the gut morphology in the duodenum and the ileum, as previously reported by
Catala-Gregori *et al.* (2007).

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317 Effect of the prebiotic FOS

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In the current study, FOS resulted in a lower feed intake. This has also previously been observed in broilers (Demir *et al.*, 2005) as well as in layers (Li *et al.*, 2007), but not in all studies. For example, Juskiewicz *et al.* (2006) reported no effects on the feed intake in turkeys, and Orban *et al.* (1997) reported a higher feed intake when including sucrose thermal oligosaccharide caramel, which is a complex mixture containing fructose-rich oligosaccharides and difructose di-anhydrides.

325 The lower feed intake observed in our study could have been caused by a stimulation 326 of the intestinal immune system (Klasing et al., 1987), as seen with FOS (Perrin et 327 al., 2001; Bornet and Brouns, 2002) due to bacterial stimulation. Indeed with FOS, a 328 change in the digestive flora could be expected, as oligosaccharides increase the 329 production of volatile fatty acids and lower the pH of the digestive content (Djouzi 330 and Andrieux, 1997; Iji and Tivey, 1998; Perrin et al., 2001; Bornet and Brouns, 331 2002), which promotes the growth of beneficial bacteria and suppresses the growth of certain pathogenic bacteria (Snel et al., 2002). Thus, with conventional culturing 332 333 methods Xu et al. (2003), when including 2 g/kg FOS, found an increase in the 334 number of lactobacilli and a reduction in the number of E. coli in the caeca. With 4 335 g/kg FOS, they observed more differences in the digestive flora: an increase in the 336 number of lactobacilli and bifidobacteria and a reduction in the number of E. coli in 337 both the small intestine and the caeca. Similarly, Orban et al. (1997) reported an

338 increase in the number of bifidobacteria in the caeca of broilers, but a reduction in 339 lactobacilli in one study and no effect on either of them in another when using a 340 sucrose thermal oligosaccharide caramel. In their second study they also noticed a 341 reduction in the number of coliforms in the caeca. In the current experiment the 342 inclusion of FOS in the diet did not affect the bacterial counts as observed by Catala 343 et al. (2007) with the same inclusion rate of FOS (0.6 g/kg). This low inclusion rate 344 in these studies might explain the lack of response, especially since effects on the intestinal bacterial counts have been noticed with inclusion rates of 2.0 g/kg, but 345 346 mainly with inclusion rates of 4.0 g/kg (Griggs and Jacob, 2005). However, with low 347 inclusion levels of FOS, modifications of the microflora can occur. Thus, with 348 molecular techniques, which are more exhaustive methods than the standard 349 microbiological cultures, Massias et al. (2006) reported changes in the bacterial 350 populations with FOS incorporated at 0.6 g/kg and in particular for lactobacilli.

351 The effects of the inclusion of FOS in poultry diets on weight gain are not consistent. 352 In our study, a lower weight gain was found, whereas Demir et al. (2005) reported no 353 effects in broilers and Juskiewicz et al. (2006) in turkeys. On the contrary, Orban et 354 al. (1997) reported a higher weight gain with sucrose thermal oligosaccharide 355 caramel in broilers as did Catala-Gregori et al. (2007) with an inclusion of 0.6 g/kg 356 FOS. These contradictory results, particularly between the current study and that of Catala-Gregori et al. (2007) could be explained by the rearing conditions of the birds, 357 358 the effects of oligosaccharides are likely to be more beneficial when the chickens are 359 raised in less than ideal conditions (Orban et al., 1997). For example stocking density in Catala-Gregori et al. (2007) was 15 birds/m² and was only 12 birds/m² in our 360 361 study, and the density was reduced during the experiment by the birds taking out for analyses. With 15 birds/m², their raising conditions were more compromised than 362

those in the current study (12 birds/m²). In the current study, the lower weight gain
could have been caused by the lower feed intake.

365 The inclusion of FOS in the current study improved the FCR in agreement with other 366 studies in broilers (Ammerman et al., 1988; Orban et al., 1997; Xu et al., 2003) or in layers (Respondek and Rudeaux, 2005; Li et al., 2007), while others have reported 367 368 no significant effects, for example Demir et al. (2005) in broilers and Juskiewicz et 369 al. (2006) in turkeys. The improved FCR observed in this study might partly be 370 explained by the increased intestinal enzymatic activity with the FOS (a higher LAP 371 activity in the duodenum and a numerically higher level of maltase activity in the ileum). Higher enzymatic activity of protease and amylase has previously been 372 373 reported with FOS by Xu et al. (2003).

374 In the current study, the intestinal structure was not affected by the inclusion of FOS 375 in the diet, in agreement with Catala-Gregori et al. (2007). However, Xu et al. (2003) reported higher villi in the ileum and shorter crypts depths in the jejunum and ileum 376 377 with the inclusion of 4 g/kg FOS. But with the inclusion of 2 g/kg FOS, these authors only observed an increase in the ratio between the villus height:crypt depth in the 378 379 ileum. The lower inclusion rate of FOS used in the current study might explain the 380 lack of response, maybe due to lower modification of microflora as previously 381 explained.

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383 Effect of the diet structure: Whole wheat

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A lower weight gain after the introduction of whole wheat was observed with whole wheat, which may have been caused by the numerically lower feed intake due to the different structure of the feed compared to the control diet. The reduced feed intake

388 in the beginning of WW introduction may be due to a limited capacity for grinding 389 whole wheat grains in the gizzard and the resulting slower transit rate in the digestive 390 tract. Although, the gizzard adapted fast, as seen by the higher gizzard weight as 391 early as one week after whole wheat introduction, the lower feed intake in the young 392 bird led to a lower growth rate and thus a lower intake thereafter. Otherwise, a 393 reaction towards the new form of diet was noted by the lower proportion of whole 394 wheat grains intake in the first two days after their introduction (138 g/kg actually 395 eaten compared to 200 g/kg included in the diet). However, the animals adapted 396 quickly to this type of feeding in the experiment, as it was seen by the higher 397 proportion of whole wheat after the first two days of introduction, where the actual 398 intake was close to the amount mixed in the feed. A lower feed intake with whole 399 wheat has already been reported by Engberg et al. (2004) and Hetland et al. (2002), 400 who included moderate 125 to 300 g/kg or high 300 to 440g/kg rates of whole grains. 401 However, other studies showed no difference in feed intake (Preston et al., 2000; 402 Plavnik et al., 2002; Svihus et al., 2002). Several studies have reported no effect on 403 weight gain (Preston et al., 2000; Bennett et al., 2002; Svihus et al., 2004), some 404 have observed a higher weight gain (Plavnik et al., 2002), and others as in the current 405 study have reported a lower weight gain (Hetland et al., 2002).

Although whole wheat improved the FCR in the starting period (day 1 to 11), it was not affected during the whole period. This is in agreement with previous studies (Hetland *et al.*, 2002; Gabriel *et al.*, 2003a; Svihus *et al.*, 2004). However, Plavnik *et al.* (2002) and Wu *et al.* (2004) have reported an improvement in FCR with the inclusion of 200 g/kg whole wheat. On the contrary, a poorer FCR has been reported particularly with high inclusion level of whole grain (Bennett *et al.*, 2002; Engberg *et al.*, 2006). 413 In our study, the inclusion of whole wheat in the diet did not significantly affect the 414 bacterial count in the intestine. However, other studies have shown a decrease in the 415 number of aerobic mesophilic bacteria, coliforms and lactose-negative enterobacteria 416 and higher counts of some Lactobacillus species (Gabriel et al., 2003b; Engberg et 417 al., 2004; Gabriel et al., 2007). Although no changes in the microflora were observed 418 in the current study with conventional cultivation methods, other bacterial population 419 could have been modified. This may be observed by using molecular tools, as 420 previously explained for the FOS. These modifications of the digestive flora could be 421 due to a decreased pH in the gizzard (Gabriel et al., 2003a). Moreover, the higher 422 activity of this organ, as indicated by its higher weight observed in our study and in 423 previous studies (Jones and Taylor, 2001; Plavnik et al., 2002; Gabriel et al., 2003a; 424 Engberg et al., 2004), may increase digestion of all dietary compounds. The higher 425 pancreas weight observed in this study and in previous studies (Banfield et al., 2002; Engberg et al., 2004; Wu et al., 2004) may be responsible for the increased amylase 426 427 activity in the jejunum content, which may contribute towards a higher ileal starch 428 digestibility (Svihus and Hetland, 2001; Svihus et al., 2004). This higher digestibility 429 of nutrients leads to less available substrate for the microflora.

In the duodenum, in the current experiment, the feeding of whole wheat had no effect on morphological parameters, contrary to results obtained in a previous study (Gabriel *et al.*, 2007) showing a reduction in the crypt depth. However, an increased intestinal enzyme activity was observed in this experiment as well as in the previous study. Thus in our study a higher activity of LAP was observed, and in the previous study, a higher activity of AP.

In the ileum, although previous studies showed no effect of feeding whole wheat on
the intestinal structure or enzymatic activity (Wu *et al.*, 2004; Gabriel *et al.*, 2007),

438 we observed larger crypt surfaces. It may be related to an increase of the cellular 439 renewal, as shown by the relation between the crypt depth and the activity of cellular 440 proliferation (Brunsgaard and Eggum, 1995). This higher cell turn-over may lead to 441 lower enterocyte maturity. However, no difference in AP activity, used as an 442 indicator of enterocyte maturity (Weiser, 1973), was observed in our study. The 443 increased crypt surfaces may also be due to a higher number of goblet cells 444 particularly concentrated in the crypt, which can result in increased mucus secretion 445 (Langhout et al., 1999). The higher mucus production can decrease the nutrient 446 absorption. In both the cases, the increase of cellular turn-over or the mucus 447 production, this represents an increase of energy requirement for gut maintenance, 448 which means the animal uses the nutrients for the functioning of the digestive tract 449 instead of its growth.

450 Positive effects of whole wheat feeding were observed at the beginning of the 451 digestive tract (increase development of gizzard and pancreas, increase enzymatic 452 activity in the duodenum), whereas a negative effect was observed at the end of the 453 intestine (higher crypt development in the ileum). This may explain the lack of effect 454 on FCR during most of the experiment.

455 In conclusion, the inclusion of avilamycin improved the performance of broilers, 456 which could be explained by the lower bacterial load in the caeca and the increased 457 activity of the digestive enzymes. With the inclusion of FOS in the diet, a reduction 458 in weight gain was observed which may be explained by the lower feed intake. 459 However, the FCR was improved, which might be due to the contribution of higher 460 intestinal enzymatic activities. With whole wheat feeding, the effects both positive 461 (increase development of gizzard and pancreas, increase enzymatic activity) and 462 negative (higher crypt development) on digestive tract may explained the lack of

463	effect on FCR during most of the experiment. The reduction of weight gain with this
464	treatment may be explained by the numerically lower feed intake due to the different
465	structure of the feed.
466	
467	ACKNOWLEDGEMENTS
468	
469	This work was financed by the European programme "Poultryflorgut" (2005-2008).
470	The authors also wish to thank Harold Rigoreau for animal care, Jean-Marc Hallouis,
471	Anne-Marie Chagneau, Angelique Travel and Bertille Tharrault for helping with the
472	sampling, and Nathalie Meme for the help with the bacterial analysis.
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Figure 1. Empty weight of gizzard and pancreas for broiler chickens (3 and 6 weeks
old) fed the control (C) or the whole wheat (WW) treatments. Means ± SE with
different letters for an age or an organ are significantly different (n=36 birds,
P<0.05).

	Starter	Grower	Finisher	Withdrawal
Period (days)	1-11	12-25	26-36	37-44
Ingredients				
Wheat	400.0	400.0	400.0	400.0
Soyabean meal	368.7	281.0	276.5	276.5
Maize	133.8	217.0	227.9	228.1
Rapeseed oil	59.0	50.0	49.0	49.0
Maize gluten meal		17.4	14.5	14.5
Dicalcium phosphate	16.4	14.4	13.8	13.8
Calcium carbonate	12.9	9.7	10.2	10.2
Vitamin/mineral premix ¹	4.0	4.0	4.0	4.0
Sodium chloride	3.0	3.0	3.0	3.0
Lysine	0.50	1.70		
Methionine	1.50	1.60	0.95	0.95
Anticoccidian (Clinacox TM)	0.2	0.2	0.2	
Calculated nutrient analysis				
ME ² (MJ/kg)	12.6	12.8	12.8	12.8
Crude protein	220.0	200.0	195.0	195.0
Lysine	12.0	11.0	9.5	9.5
Methionine + cystine	8.5	8.2	7.5	7.5
Calcium	11.0	9.0	9.0	9.0
Available phosphorus	4.2	3.8	3.7	3.7

694 **Table 1.** *Composition of basal diets* (g/kg)

¹The composition of the vitamin/mineral premix was (per kg diet): Co 0.6 mg, Cu 20 mg, I 2 mg, Se 0.2 mg, Zn 90 mg, Fe 50 mg, Mn 80 mg, retinyl acetate 5.2 mg, cholecalciferol 125 μg, D,L-αtocopheryl acetate 100 mg, thiamine mononitrate 5 mg, menadione 5 mg, riboflavin 8 mg, pyridoxine 7 mg, cyanocobalamine 0.02 mg, calcium pantothenate 25 mg, folic acid 3 mg, biotin 0.3 mg, choline chloride 550 mg, niacin 100 mg, butylated hydroxy toluene 125 mg. 2 ME = metabolisable energy

Table 2. Performance of broiler chickens fed the experimental diets from 1 to 42

days

		Treat							
	C ¹	\mathbf{AV}^2	FOS ³	WW^4	S.E.M. ⁵	Р			
Daily feed intake (g/animal/day) ⁶									
Day 1-11	24.7 ^{ab}	25.6ª	22.5°	23.7 ^b	0.36	< 0.001			
Day 12-25	79.7 ^{ab}	84.3 ^a	70.3 ^c	75.3 ^b	1.67	< 0.001			
Day 26-36	133.9 ^b	143.6 ^a	126.2 ^b	127.7 ^b	3.13	0.003			
Day 37-42	181.8 ^{ab}	191.7ª	173.7 ^b	174.9 ^b	3.69	0.009			
Day 1-42	91.1 ^{ab}	96.1ª	84.3 ^c	86.6 ^{bc}	1.82	0.001			
Daily live weig	ght gain (g/	/animal/da	y) ⁷						
Day 1-11	19.9 ^b	21.2 ^a	17.8 ^c	20.1 ^b	0.22	< 0.001			
Day 12-25	53.6 ^b	58.7ª	49.3°	50.1°	0.65	< 0.001			
Day 26-36	78.4 ^b	84.3 ^a	76.0 ^b	72.5°	0.95	< 0.001			
Day 37-42	100.1 ^b	106.9 ^a	97.3 ^b	97.8 ^b	1.41	< 0.001			
Day 1-42	58.8 ^b	63.5 ^a	55.7°	55.8°	0.59	< 0.001			
Feed conversion ratio ⁶									
Day 1-11	1.25 ^{bc}	1.22 ^{ab}	1.28 ^c	1.19 ^a	0.013	< 0.001			
Day 12-25	1.50 ^{ab}	1.46 ^a	1.45 ^a	1.53 ^b	0.013	0.002			
Day 26-36	1.77 ^c	1.73 ^b	1.69 ^a	1.80 ^c	0.013	< 0.001			
Day 37-42	1.85	1.83	1.81	1.79	0.018	NS			
Day 1-42	1.64 ^b	1.61 ^a	1.60 ^a	1.65 ^b	0.006	< 0.001			

704 a, b, c = Means in the same row with no common superscript differ significantly (P < 0.05).

 1 C = negative control treatment.

 2 AV = positive control treatment containing 0.01 g/kg avilamycin.

 3 FOS = treatment containing 0.6 g/kg fructo-oligosaccharides.

 4 WW = treatment in which wheat is given as coarsely ground or whole grains.

 5 S.E.M. = standard error of the mean.

710 ⁶ Data represent the mean value of 6 replication pens.

- 711 ⁷ Data represent the mean value of 6 replication pens with 36 birds in each from the beginning of the
- 712 experiment until the first slaughtering of birds (3 weeks old), and with 30 birds in each pen after first
- slaughtering of birds.

Table 3. Digestive flora (log 10 CFU/g intestinal content) of broiler chickens (3

Treatment						
	C ²	\mathbf{AV}^3	FOS ⁴	WW ⁵	S.E.M. ⁶	Р
Ileum						
Aerobic mesophilic	7.52	6.62	8.06	7.60	0.358	0.065
Lactic acid bacteria	7.58	6.78	8.04	7.63	0.419	NS
Coliform	3.20	3.67	3.74	3.87	0.311	NS
Саеса						
Aerobic mesophilic	10.25 ^a	8.78 ^b	10.23 ^a	10.09 ^a	0.261	0.002
Lactic acid bacteria	10.67	10.53	10.72	10.15	0.169	NS
Coliform	6.70	6.85	6.92	6.90	0.154	NS
Cloaca						
Aerobic mesophilic	8.24 ^{ab}	7.54 ^b	9.15 ^a	8.31 ^{ab}	0.349	0.032
Lactic acid bacteria	8.34	7.83	9.18	8.36	0.401	NS
Coliform	5.35	5.38	5.40	5.06	0.237	NS

716 weeks old) fed the experimental diets ¹

a, b = Means in the same row with no common superscript differ significantly (P < 0.05).

718 ¹ Data represent the mean value of 6 replication pens with pools of 6 birds in each.

 2 C = negative control treatment.

 3 AV = positive control treatment containing 0.01 g/kg avilamycin.

 4 FOS = treatment containing 0.6 g/kg fructo-oligosaccharides.

 5 WW = treatment in which wheat is given as coarsely ground or whole grains.

 6 S.E.M.= standard error of the mean.

Treatment \mathbf{C}^2 AV^3 FOS⁴ **WW**⁵ **S.E.M.**⁶ Р Duodenum Villus Height (µm) 1548 1516 1441 1507 37.5 NS 670 NS Width (µm) 681 663 643 24.5 Surface (μm^2) 1 055 137 1 035 221 976 309 48 393 NS 955 297 Crypt Depth (µm) 118 114 121 120 2.6 NS Width (µm) 61 61 61 63 1.2 NS Surface (μm^2) 7 2 3 4 6 939 7 378 7 4 8 7 262.5 NS Villus/crypt Height 13.24 13.23 12.05 12.80 0.437 NS Surface 148 147 133 135 8.2 NS Ileum Villus Height (µm) 420 412 445 442 15.6 NS Width (µm) 504 505 503 471 17.6 NS Surface (μm^2) 212 527 208 967 226 681 209 866 12 582 NS 105 Crypt Depth (µm) 102 102 114 3.8 0.094 70 71 72 75 NS Width (µm) 1.6 7 258^b 7 207^{ab} 7 716^{ab} 8 684^a Surface (μm^2) 403.6 0.042 Villus/crypt Height 4.15 4.11 4.31 3.91 0.159 NS Surface 29.8 29.8 30.2 24.9 1.63 0.073

Table 4. Histological measurements of the intestinal wall of broiler chickens (3
weeks old) fed the experimental diets ¹

728 a, b = Means in the same row with no common superscript differ significantly (P < 0.05).

¹ Data represent the mean value of 18 birds (6 pens of replication x 3 birds/pen).

730 2 C = negative control treatment.

731 3 AV = positive control treatment containing 0.01 g/kg avilamycin.

 4 FOS = treatment containing 0.6 g/kg fructo-oligosaccharides.

 5 WW = treatment in which wheat is given as coarsely ground or whole grains.

 6 S.E.M. = standard error of the mean.

Table 5. Enzyme activity (U/g tissue) in the intestine of broiler chickens (3 weeks old) fed the experimental diets ¹

Treatment								
	\mathbf{C}^2	AV^3	FOS ⁴	WW^5	S.E.M. ⁶	Р		
Duodenum								
AP^7	4.29	4.85	4.14	5.19	0.350	NS		
LAP ⁸	2.68 ^b	3.36 ^a	3.14 ^a	3.41 ^a	0.156	0.006		
Maltase	3.55	3.84	3.73	3.44	0.211	NS		
Jejunum								
AP	2.69	3.13	2.46	3.18	0.256	NS		
LAP	2.76	3.25	2.85	2.77	0.153	0.087		
Maltase	4.10	4.94	3.79	3.99	0.307	0.054		
Neum								
AP	0.60	0.58	0.65	0.58	0.036	NS		
LAP	2.52	2.63	2.62	2.45	0.131	NS		
Maltase	1.80	1.62	2.24	1.98	0.177	0.092		

738 ^{a, b} = Means in the same row with no common superscript differ significantly (P < 0.05).

- 2 C = negative control treatment.
- 3 AV = positive control treatment containing 0.01 g/kg avilamycin.
- 4 FOS = treatment containing 0.6 g/kg fructo-oligosaccharides.
- 5 WW = treatment in which wheat is given as coarsely ground or whole grains.
- ⁶S.E.M. = standard error of the mean
- 7 AP = alkaline phosphatase
- 8 LAP = leucine aminopeptidase

¹ Data represent the mean value of 18 birds (6 replicate pens x 3 birds/pen).