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VITELLOGENIN SYNTHESIS IN CULTURED HEPATOCYTES; AN *IN VITRO* TEST FOR THE ESTROGENIC POTENCY OF CHEMICALS

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Summary—We describe here an *in vitro* technique to assess the estrogenic activity of chemicals. This technique is based on rainbow trout hepatocytes incubated in a basic medium free of any additional growth factors or estrogenic chemicals and uses the production of vitellogenin (VTG) as a marker for the estrogenic potency of the compounds tested. The system allows at least some of the metabolic transformations which are undertaken by the liver cells *in vivo* and could therefore be used for xenobiotic compounds which exhibit estrogenic activities after liver metabolic transformation. A dose–response curve was always consistently obtained using estradiol-17 β (E₂), with a mid point at around 100 nM E₂ and a maximum response at around 1000 nM. Established estrogens such as 17 α 1 ethynylestradiol (EE₂) or diethylstilboestrol (DES) were also tested. EE₂ appeared to be equipotent with E₂ and DES slightly less potent. E₂ conjugates were, perhaps surprisingly, also very potent. Estradiol-3-sulfate was equipotent with E₂ and estradiol-17 β -glucuronide approx. 10% as potent. Other steroids such as androgens and progesterone, though active in the bioassay, were 3 orders of magnitude less potent than E₂. Of the various steroids tested, only cortisol, at concentrations up to 50 μ M, was completely inactive. Six different phytoestrogens were tested in the assay. All were weakly estrogenic, possessing approximately one thousandth the potency of E₂ (they were as potent as the androgens and progesterone). All six phytoestrogens, as well as the androgens and progesterone, were tested in the presence of tamoxifen. In all cases tamoxifen reduced the production of VTG significantly, demonstrating that the estrogenic action of all of these compounds was most likely mediated by the E₂ receptor. The potencies determined here may not reflect the situation *in vivo* but can provide complementary results about the activity of chemicals which need a hepatic metabolism to be estrogenic. Hepatocyte cultures would profitably be developed in other species to sustain these results.

INTRODUCTION

Estrogenic compounds are widely spread in the environment [1, 2] and their actions on animal and plant physiology are complex. They have been defined by Hertz using this assessment: “the primary effect of an estrogen is the stimulation of mitotic activity in the tissues of the female genital tract. A substance which can directly elicit this response is an estrogen, one that cannot is not.” [3]. This definition was given in an attempt to simplify the classification of chemicals and to comply with the results

obtained using relatively simple *in vitro* tests. However this definition, implicating a *direct action*, is likely not to be appropriate *in vivo* for the following reasons: in reality, estrogenic xenobiotic compounds originate from different sources like food [4], water [2] or soil [5] and, according to their nature, the routes they follow can include more than one metabolic transformation [2, 6, 7]. Consequently, the demonstration of a direct effect, or a lack of effect *in vitro*, on uterus or mammary tissue is no longer relevant. Indeed, some of the metabolic transformations can either increase or decrease the estrogenic potency of a defined chemical [8]. The structure–activity relationships of various estrogenic compounds have received some attention [9–11], but no exhaustive rules have yet been defined

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which can be used to explain the estrogenic potency of a particular compound. Up to now the only sure way to determine the estrogenic potency of a chemical is to test it in a biological system [12–14]. This is generally done by comparison to a reference compound.

Since *in vivo* tests are subject to large inter-individual variations according to sex, age or physiological status of the tested animals, they require large numbers of individuals to overcome this inherent variability. Because of this, *in vitro* tests have often been preferred [15, 16], since they usually combine both sensitivity and reliability and use only a small number of animals, if any. However, most of the metabolic steps which normally occur *in vivo* are absent *in vitro* and thus the results obtained in this kind of system have to be considered cautiously and must never be directly extrapolated to the *in vivo* situation. If an *in vitro* system could be developed in which at least some of the metabolic transformations which occur naturally *in vivo* could be maintained, it could be used to provide interesting complementary results for the determination of the estrogenic potency of chemicals on a defined target organ. This paper presents such a test, which is based on the ability of primary cultures of healthy liver cells of trout to respond to estrogenic stimulations by producing vitellogenin (VTG) [17]. The originality of this system is based on the fact that liver cells even *in vitro* are able to maintain several enzymatic activities as demonstrated in various models including hepatocytes of rat and fish [18–21]. However, because of the variation of the hepatic metabolism according to species, sex and age [22, 23], the results reported apply only to the particular system being used. However, such a system will nevertheless give complementary information about the potency of chemicals which usually need an hepatic transformation to induce an estrogenic response and thus will not directly appear estrogenic (i.e. in receptor binding tests or tests on cells collected from other organs like uterus or mammary tissue).

VTG is a large, complex protein synthesized by hepatocytes of oviparous (egg laying) vertebrates [24]. After secretion into the blood, it is sequestered by the oocytes and stored as yolk, to subsequently provide a food supply for the developing embryo [25]. In vertebrates, VTG synthesis is generally considered to be dependant on stimulation of the liver by estrogens [primarily estradiol-17 β (E_2) *in vivo*] [see 26 for a review]

though in fact we are not aware of any study that has examined comprehensively the specificity of the response. We have used hepatocytes from rainbow trout, one of the commonest of farmed fish worldwide, to investigate whether VTG synthesis is indeed only an estrogen-dependent phenomenon and if so, whether it could form the basis of a new bioassay for estrogens.

EXPERIMENTAL

Fish

The fish used in this study were rainbow trout (*Oncorhynchus mykiss*) collected from a local fish farm (Iver, Middlesex, England) and were either males, immature females or sterile. Their average weight was about 500 g. Each dose-response curve has been obtained at least twice if not three times on hepatocytes collected from male or female fish. When fish of different sexes were tested in replicate cultures we did not observe significantly different dose-response curves from one sex to another. However, all the results presented in this paper were obtained using hepatocytes from immature females.

Reagents

All the chemicals used here were purchased from Sigma (Dorset, England) unless otherwise stated. The medium was Dulbecco's Modified Eagle's Medium (DMEM), 20 mM Hepes buffered at 7.8 before sterilization by filtration. This medium was 'phenol red-free'. It contained the following antibiotics: 2500 U penicillin/l, 2.5 mg streptomycin/l, 6.25 μ g amphotericin B/l, 2.5 mg kanamycin/l and 1 mg fungizone/l, the last antibiotic from Gibco (Middlesex, England). Collagenase from *Clostridium histolyticum* (quality H) was purchased from Boehringer Mannheim (Sussex, England)

Compounds tested

The phytoestrogens tested were synthesized according to Pelissero *et al.* [27]. The steroids tested were either USP standards or Sigma standards. The E_2 analogs diethylstilboestrol (DES) and ethynylestradiol (EE_2) were purchased from Sigma.

Liver perfusion

The fish were killed by a blow on the head, wiped with a tissue saturated with alcohol and immediately placed in a laminar flow hood where the following operations were performed. 5000 U Heparin was injected into the heart

immediately after the body cavity was opened. The liver was then perfused (10 ml/min) for 20 min through the intestinal artery with 150 mM NaCl, Hepes buffered solution (10 mM, pH 7.8 before filtration) containing 3 mM of KCl and 0.5 mM Na₂HPO₄. Simultaneously the heart was cut into two pieces to avoid excess pressure in the blood system. When all the blood had been removed from the liver, a 130 mM NaCl, Hepes buffered solution (10 mM, pH 7.8 before filtration) containing 3 mM of KCl, 0.5 mM Na₂PO₄, 13 mM Ca Cl₂ and 260 mg of collagenase/l was perfused for 30 min.

Preparation of the cells

Once perfused for 30 min, the liver was dissected out and placed in a sterile Petri dish in 20 ml of medium (DMEM). There it was torn into small pieces, each one being shaken gently to disperse the cells. The cell suspension was filtered through three layers of a commercial sterile pad and centrifuged at 30 g for 1 min at room temperature. This last operation was repeated until the supernatant was clear. A concentrated cell suspension was prepared that was tested for its viability using Trypan blue. Finally a suspension of 10⁶ viable cells/ml was prepared in the medium.

Cell culture

The cells were distributed into 30 mm dia wells (3 × 10⁶ cells/well) and shaken gently on an orbital shaker throughout the entire culture. The speed of the orbital shaker was adjusted so that a circular motion was produced in each of the wells. This led to the cells clumping together into aggregates in the centre of the well. 2 ml of the medium were removed every second day and replaced by the same amount of fresh medium, until the cell aggregates were regular in shape and of an average size of 150 μm dia (this step takes between 4 and 6 days). Once the aggregation was completed, the cells were stimulated by the addition of an appropriate amount of hormone dissolved in 100 μl medium along with 1.9 ml of fresh medium at each change of the medium. Usually, the compounds tested (steroids or phytoestrogens) were not highly soluble in water. Therefore, they were dissolved in ethanol or in DMSO, making sure that the concentration of these organic solvents was constant in all the stimulating solutions and never exceeded 0.3% in the wells. The pH was

measured in the old medium collected at each change of medium and was found to range between 7.5 and 7.4.

Vitellogenin assay

VTG concentrations in the medium were determined as described previously [28, 29]. No VTG was detectable in the absence of E₂ in the medium. This was true whether hepatocytes from male or immature female were used; if however, hepatocytes from a maturing female were used, there was a rather high "basal" level of VTG in the wells after 2 days of culture, although this level fell rapidly (within 10 days) to an undetectable value (results not shown).

Statistical analysis

Statistical analyses were performed to compare the potency of E₂ to that of EE₂, DES and estradiol-17β-glucuronide (E₂gluc). The sigmoidal curves were first linearized: $x = \log(\text{concentration})$ and $y = \arcsin(2p - 1)$, where p was the percentage of VTG induced by the compound tested compared to the highest value obtained with E₂. The following regression equations were obtained:

$$\text{E}_2: \quad y = -115.80 + 48.606x \\ R^2 = 0.965 \quad (n = 7)$$

$$\text{EE}_2: \quad y = -113.52 + 48.199x \\ R^2 = 0.972 \quad (n = 7)$$

$$\text{DES:} \quad y = -153.16 + 44.000x \\ R^2 = 0.965 \quad (n = 5)$$

$$\text{E}_2\text{Gluc:} \quad y = -155.93 + 38.616x \\ R^2 = 1.000 \quad (n = 4)$$

The slopes of the regression lines were then compared using a covariance analysis. Since no statistical differences were noted, the potencies of the various compounds were assessed by using four concentrations of each compound able to induce four different levels of VTG (100; 200; 300 and 400 ng/ml). These concentrations were then compared to those of E₂ able to induce the same responses. The means of these values are given ± SD. No calculation was performed with estradiol-3-sulfate (E₂SO₄), since the shape of the dose-response curve obtained could not be linearized properly using the linearization formula adopted for all the other compounds. The values obtained in the experiment using tamoxifen were the means of triplicates and were compared using a non-parametric test according to [30].

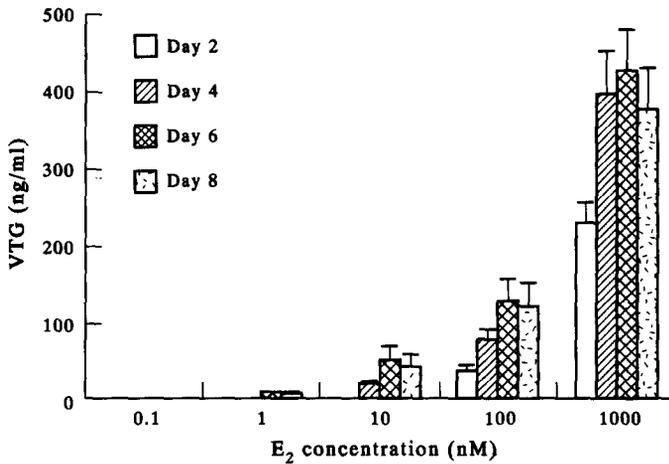


Fig. 1. VTG production in hepatocyte culture after 2, 4, 6 or 8 days of exposure to different doses of E₂ (1, 10, 100 and 1000 nM). Each value is given as a mean of triplicates and bars are standard deviations. The control value is 4 ng/ml.

RESULTS

Figure 1 presents the results obtained in an experiment which assessed the production of VTG in the presence of various doses of E₂ after 2, 4, 6 or 8 days of stimulation. In each case, the medium was changed every second day and therefore the VTG synthesized by the hepatocytes was allowed to accumulate in the medium for the same 2 day period. This figure shows that the best response was obtained after 6 days of stimulation since the production obtained between 6 and 8 days of stimulation, was not statistically different from that obtained between 4 and 6 days. We therefore decided to stimulate the cells for 6 days before assaying the medium to assess the response.

A clear sigmoid dose-response curve was obtained when hepatocytes were stimulated with various doses of E₂ (Fig. 2). The minimum concentration required to induce a significant response was around 10 nM (1 nM sometimes produced a measurable response) and a maximum response occurred around 1000 nM. However, some variability of the sensitivity of the hepatocytes was observed from one culture to another and therefore the results obtained using different compounds had to be compared with a dose-response curve to E₂ obtained in the same experiment. We do not know what mechanism was responsible for this variation in sensitivity and studies are underway at the moment in our laboratory to try to understand this phenomenon. Figure 2 also presents the results obtained for various steroids including androgens, progesterone and cortisol. Both androgens and progesterone induced VTG

secretion, and had a potency approx. 1000 times less than that of E₂. A similar result was obtained using 17 α , 20 β (OH)₂ progesterone (results not shown). Cortisol was the only compound tested not to induce VTG synthesis.

Figure 3 shows the results obtained in cultures stimulated with testosterone, 11-ketotestosterone and progesterone employed at 10 μ M either alone or simultaneously with 1 μ M of tamoxifen. The response in a non-stimulated control and a control stimulated by 10 nM E₂ are also shown. This figure shows that, in all cases, the level of VTG production induced by the steroid was significantly decreased by tamoxifen. For androgens and progesterone, addition of tamoxifen led to the total inhibition of VTG production, since the results obtained with tamoxifen were not significantly different from the control. In the case of

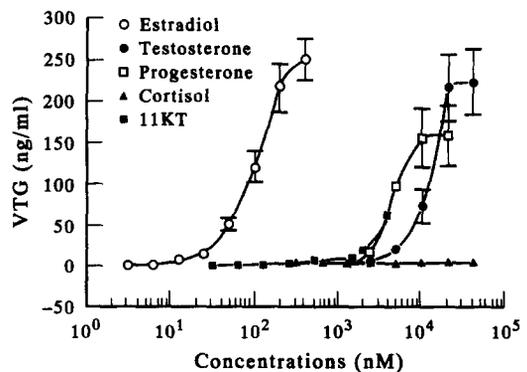


Fig. 2. Stimulation of hepatocytes in culture by increasing doses of E₂, testosterone, 11-ketotestosterone, progesterone and cortisol. All compounds are pure USP reference standards or standards from Sigma. The values are means of triplicates and bars are standard deviations. The control value is 0.5 ng/ml.

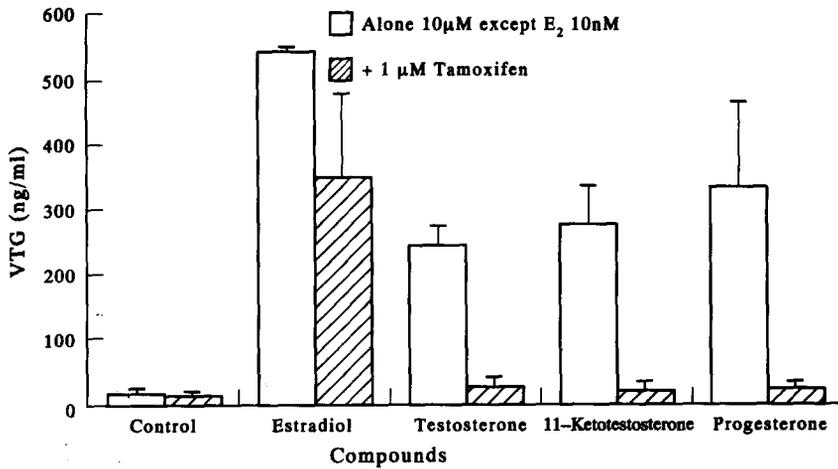


Fig. 3. Effect of tamoxifen (1 μM) on the production of VTG by rainbow trout cultured hepatocytes stimulated by androgens (testosterone, 11-ketotestosterone) and progesterone (all at 10 μM). E₂ was used at 10 nM. The results are means of three values ± SD. In all cases (except control) tamoxifen significantly decreased the production of VTG (*P* < 0.01) according to a non-parametric analysis. The control value is 2.3 ng/ml.

E₂, the presence of tamoxifen significantly decreased the production of VTG, but it was still significantly higher than the control

Figure 4 shows that the E₂ conjugates E₂SO₄ and E₂gluc both induced VTG secretion. E₂gluc appeared to have an estrogenic potency 40 ± 15 times less than that of E₂, whereas E₂SO₄ exhibited an estrogenic activity comparable to that of E₂. These results were confirmed using different preparations of both E₂SO₄ and E₂gluc.

Sigmoidal dose-response curves were obtained with EE₂ and DES; their activity is given in comparison to that of E₂ in Fig. 5. The potency of EE₂ was similar or slightly higher than that of E₂ (1.15 ± 0.05 times more estrogenic than E₂) whereas DES was 14 ± 4 times less potent than E₂.

Finally, using this bioassay we determined the estrogenic activity of some of the isoflavonoid

compounds known as phytoestrogens. The results obtained are presented in Figs 6 and 7. All six phytoestrogens were active; all had a similar potency, being around 1000-to 2000-fold less active than E₂. Figure 8 shows the effect of tamoxifen on the induction of VTG synthesis by phytoestrogens in the culture system. The activity of all six phytoestrogens was significantly inhibited by tamoxifen. In all cases, except in that of genistein, tamoxifen completely blocked the production of VTG which was not significantly different from the control.

DISCUSSION

Hepatocyte cultures, especially of mammalian origin, have and continue to be used for a wide variety of toxicological studies and the metabolic activity of these cells in culture is both

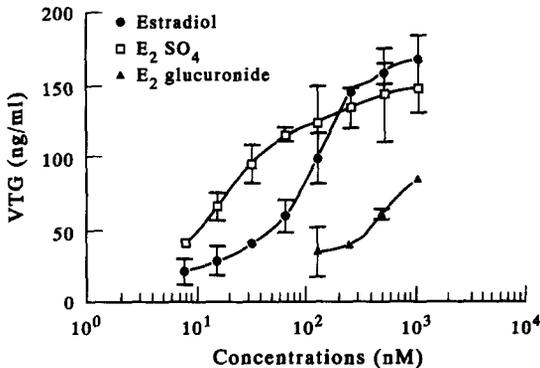


Fig. 4. Stimulation of hepatocytes in culture by increasing doses of E₂, E₂SO₄ and E₂gluc. The values are means of triplicates and bars are standard deviations. Control value is 1.2 ng/ml.

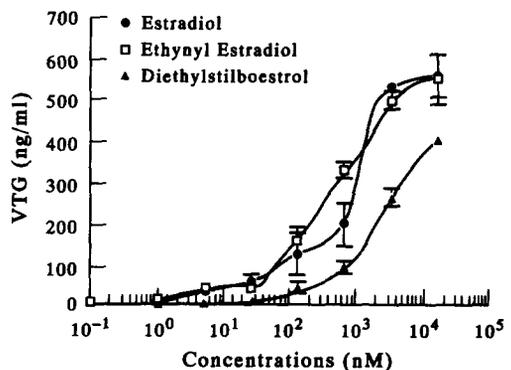


Fig. 5. Stimulation of hepatocytes in culture by increasing doses of E₂, EE₂ and DES. The values are means of triplicates and bars are standard deviations. The control value is 5 ng/ml.

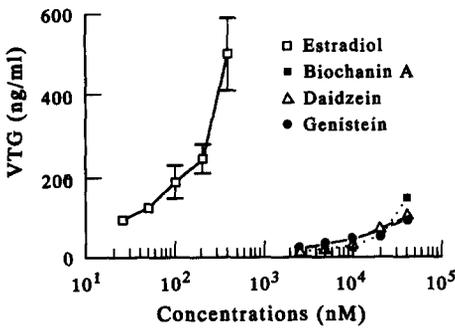


Fig. 6. Stimulation of hepatocytes in culture by increasing doses of E_2 , biochanin A, daidzein and genistein. All the values are means of triplicates. The bars for E_2 are standard deviations. For the phytoestrogens error bars were omitted for clarity. The control value is 3.8 ng/ml.

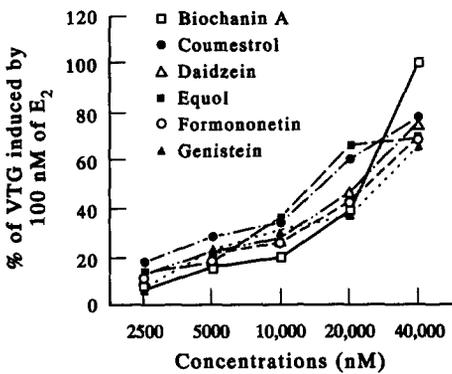


Fig. 7. Stimulation of hepatocytes in cultures by increasing doses of the phytoestrogens biochanin A, coumestrol, daidzein, equol, formononetin and genistein. The production of VTG is expressed as the percentage of VTG induced by 100 nM of E_2 in the corresponding culture because the results have been obtained from two different cultures in which the number of cells was slightly different. The value are means of triplicates. Error bars were omitted for clarity.

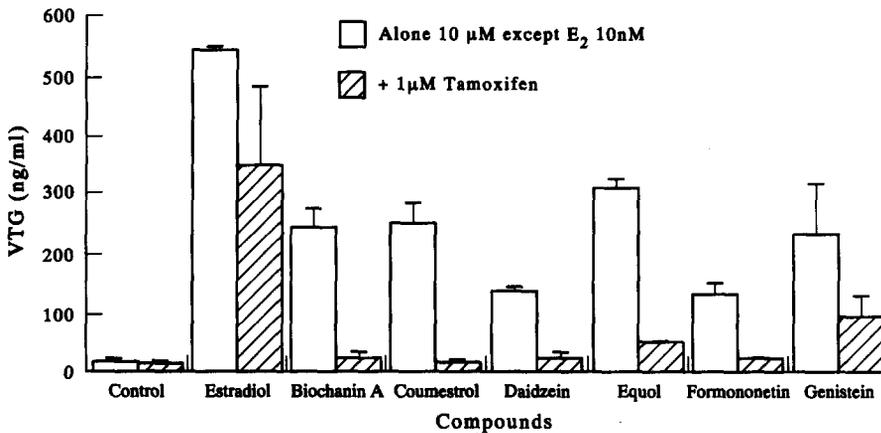


Fig. 8. Effect of tamoxifen (1 μ M) on VTG production by cultured hepatocytes in the presence of different phytoestrogens (all at 10 μ M). All values are the mean of a triplicate \pm SD. E_2 was employed at 10 nM. In all cases (except control) tamoxifen significantly decreased the production of VTG ($P < 0.01$) according to a non-parametric analysis. The control value is 2.3 ng/ml

a health criteria and a required function [18–20]. In fish and especially in rainbow trout the field is hardly explored and except work by Dr Vaillant [21] few metabolic activities in hepatocyte culture have been clearly demonstrated. In oviparous animals, the synthesis of VTG by hepatocytes represent a good system with which to study the mechanism of action of steroid hormones [31–34]. Most of these studies have used hepatocytes of either amphibians (especially *Xenopus laevis*) or birds (especially chickens), though some have been based on hepatocytes from fish [24, 35–37]. Various techniques have been used to culture fish hepatocytes [35, 37]. We chose to use the system first developed by Flouriot and Valotaire [38] and modified by Foucher *et al.* [39], in which gentle shaking is used to encourage the hepatocyte to form small aggregates, as a first step towards tissue organization [40]. In our system, the cells are kept for 10 to 12 days (see Fig. 1) in what appear to be good physiological conditions (if one considers their ability to respond to E_2 stimulation represents a measure of good health). It is also interesting to note that the cells were cultured in a minimum medium without any supplements such as serum [41] or thyroid hormones [42] which have been claimed to be indispensable for hepatocyte maintenance in culture as well as for VTG production in both fish [42] and amphibian [43]. This is important because the addition of serum, for example, will introduce many different compounds, some of which (such as growth factors) are likely to modify the response to the primary stimulation

by the hormone itself. In addition to the use of minimum medium, we used a 'phenol red-free' medium, since phenol red has been shown to be weakly estrogenic [44, 45].

In Fig. 2 the production of VTG by the hepatocytes is shown to be related to the E_2 concentration and exhibits a sigmoidal pattern which is in accordance with the receptor-mediated action of E_2 on VTG synthesis [46, 47]. As far as we know, E_2 binds to a receptor whose location within the cell is not yet completely clear, at least in fish [6, 7, 48, 49]. The E_2 receptor complex then binds to the DNA, enhancing protein transcription [6, 7]. The action of E_2 is thus dependant upon the number of E_2 receptors available. It has been recently demonstrated in trout that, as in mammals or amphibians [50, 51], the receptor itself is induced by E_2 [46, 47]. Thus the kinetics of transcription of both the E_2 receptor and the VTG genes, together with the stability of the mRNA for VTG [52], the turn over of the E_2 receptor, the E_2 metabolism in culture and the rate of exocytosis of VTG, will all play a part in determining the rate of secretion of VTG into the medium.

The results obtained with androgens and progestagens (Fig. 2) agree with various studies demonstrating the low estrogenic action of these compounds *in vivo* [53–55]. The potencies of these steroids are very low indeed and they are unlikely to have the same effect in natural conditions, since the doses required to induce an effect are far higher than the physiological concentrations circulating in plasma [56]. According to some studies, the effects of some androgens, such as testosterone for instance, is related to their ability to be transformed into estrogens by specific enzymes such as aromatase [54]. However, 11-ketotestosterone is considered not to be aromatizable. Thus, although the possibility of the transformation of 11-ketotestosterone and/or progestagens into estrogens cannot be unequivocally rejected, it seems more likely that at high concentrations these steroids can bind to the E_2 receptor. This theory is supported by the results obtained using tamoxifen simultaneously with androgens and progestagens. In all three cases, tamoxifen inhibited totally the action of these steroids. Since tamoxifen is known to compete with estrogen for binding to the E_2 receptor [57], these results indicate that the activity of these steroids is mediated via this receptor. The control treated only with tamoxifen showed no

response of the hepatocytes in terms of VTG production. This allows us to consider the action of tamoxifen as purely antagonistic in the system we use despite the fact that other studies demonstrated that tamoxifen action is quite complex since this drug can interact on more than one binding site and can be both agonist and antagonist of E_2 on cell growth [58, 59]. It should be noted that the inhibition, of the 'estrogenic activity' of both androgens and progestagens by tamoxifen appears to be a real inhibition, rather than a toxic effect of tamoxifen. This is demonstrated clearly by the failure of tamoxifen (at the dose used) to totally block the production of VTG in the presence of E_2 (see Fig. 3).

The two E_2 conjugated derivatives, E_2SO_4 and E_2gluc , were both quite potent; the former seemed to be as potent as E_2 itself and the latter 40 ± 14 times less potent. The action of these compounds can probably be explained by hydrolysis of the conjugates by the hepatocytes, since according to many studies dealing with the structure-activity relationships of estrogens, it has been demonstrated that the hydroxyl groups in the 3 and 17 β positions are crucial in the recognition steps between the hormone and its receptor [60]. Here we choose to test two E_2 derivatives in which one of these crucial hydroxyl groups was hidden by a bigger stereochemical group. If no metabolism had occurred, the binding to the receptor would presumably have been prevented. Up to very recently these steroid derivatives were, in general, considered as physiologically inactive. However, a study published a few years ago [61] has already pointed out the importance of E_2SO_4 in breast cancer cells. It reported the presence of sulfatase for the C_3 in many types of tissue. These results might be of great interest since in many species, including fish species and human, the concentrations of the sulfate and/or glucoside derivatives can be very high, sometimes 10 times higher than the free compounds [62, 63]. According to our results it appears that the liver, which has been demonstrated to be responsible for the sulfo- and gluco-conjugation of many compounds in fish [64], including steroids, is also able to hydrolyze them, probably due to the presence in the hepatocytes of sulfatase or glucuronidase.

The results presented in Fig. 5 show the estrogenic potency of two widely-used synthetic estrogens. According to these results, EE_2 is as potent as E_2 and DES is about half as potent.

These figures are in disagreement with other previous results obtained *in vivo* showing, for instance, that EE₂ was up to 10 times more potent than E₂ [65]. This strong effect *in vivo* is explained by a slower metabolism of EE₂ when compared to E₂. It is likely that the ethynyl group, located on the 17th carbon in the *a*1 position, prevents the sulfo- and/or gluco-conjugation of the molecule via its 17 β hydroxyl group [65]. Then EE₂ is not eliminated as fast as E₂ and thus remains longer in the blood.

We observed that all six phytoestrogens tested possessed estrogenic activity in the hepatocyte culture system. All these compounds appeared to have more or less the same potency, ranging between 1000 and 2000 times less potent than E₂. These results are in agreement with results previously published by many authors working on these compounds [66, 67] which attribute to equol and coumestrol a potency about 1000 times less than that of E₂. However, according to the previous literature the estrogenic action of the isoflavones (including biochanin A, genistein, formononetin and daidzein) varies from one compound to another and from one study to another, suggesting inter-specific differences from one animal model to another [68] and/or technical differences in the systems used to assess the activities of these chemicals (*in vivo* tests [67]; *in vitro* tests [68]). However, it is important to note that when these compounds were tested *in vivo* in sturgeon, their activity did seem to be variable [27].

In addition, it is interesting to note that in our system the phytoestrogens do not seem to be more potent than androgens and progestagens. Very high concentrations of phytoestrogens can be present in some vegetables [69, 70] which, when eaten, can produce estrogenic effects. Hence the phytoestrogens have been considered weakly estrogenic. They were also estrogenic in our hepatocyte cultures, but no more than androgens and progestagens. The results presented in Fig. 7, where the action of tamoxifen on the induction of VTG by phytoestrogens is shown, demonstrate undoubtedly an interaction of these compounds with the E₂ receptors as already reported in other species [68, 71].

In summary, this study reports the use of a new biological test for estrogenicity which possesses the advantage of allowing at least some of the metabolic activities which normally take place *in vivo*. We think that this technique

could be of interest for the measurement of the relative potency of chemicals whose estrogenicity is only revealed after hepatic metabolism. Of course the results presented here still cannot be directly extrapolated to the *in vivo* situation, but at least the technique is likely to provide complementary results when one speaks about *in vitro* estrogenicity. Many compounds would be worth testing in this system, including xenobiotics from human industrial wastes such as *p*-nonyl-phenol, metoxychlor, kepone or DDT which are known to possess estrogenic activity in other systems [1, 2, 72] as well as conjugated derivatives from endogenous or exogenous origin, since these compounds are usually present in much higher concentrations than their corresponding native forms.

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