

Assessment of dechlorane plus and related compounds in foodstuffs and estimates of daily intake from lebanese population

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1	Assessment of Dechlorane Plus and related compounds in foodstuffs and estimates of daily intake
2	from Lebanese population
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Page 1

24 Abstract

Dechlorane Related Compounds (DRCs), including Dechlorane Plus (syn/anti-DP or syn/anti-DDC-CO) 25 26 and related compounds (Dec-601 or DDC-ID, Dec-602 or DDC-DBF, Dec-603 or DDC-Ant and 27 Chlordene Plus or DDC-PDD), are a group of polychlorinated flame retardants of concern since they 28 were first reported in various environmental and biota matrices about one decade ago. In this work, 29 we investigated the dietary intake of the Lebanese population to these lipophilic environmental 30 contaminants upon the evaluation of selected foodstuff contamination. Collected food samples 31 (n=58) were selected to be representative of the lipid fraction of the whole diet of the Beiruti 32 population. The samples were analysed using pressurized liquid extraction, silica multilayer column 33 followed by gel permeation chromatography for purification and GC-EI-HRMS for separation and 34 detection. Detection frequency of at least one compound among Dechlorane Plus (syn-DP and anti-DP), Dechlorane 602, 603 and Chlordene Plus) was 91%. The mean concentrations of Σ_6 DRCs, by food 35 group, ranged from 4.7 to 29.5 pg g^{-1} wet weight in lowerbound (LB) and from 6.7 to 76.9 pg g^{-1} wet 36 37 weight in upperbound (UB). Based on food habits, the dietary intake of Beiruti adults was estimated 38 to be between 3.71 (LB) and 5.61 (UB) ng day⁻¹. Dechlorane Plus and Dechlorane 602 were the dominant compounds, contributing to 70 and 24% of the total intake (LB value), respectively. This 39 study reports for the first time the occurrence of Dechloranes in Lebanese foods and proposes 40 41 corresponding deterministic dietary exposure scenario.

43 **1. Introduction**

44 Flame retardants (FRs) are chemical substances that are incorporated in flammable products like electronics, textiles and plastics, to inhibit flammability and increase fire safety. Dechlorane Plus (CAS 45 46 13560-89-9, C₁₈H₁₂Cl₁₂), or DDC-CO according to the accepted practical abbreviation (PRAB) (Bergman 47 et al., 2012) (Table S1), a highly chlorinated FR additive, has been manufactured for more than 40 48 years and used in electrical wire and cable coatings, computer connectors, and plastic roofing 49 materials (Wang et al., 2016). DDC-CO has been used as a substitute to Mirex (also known as 50 Dechlorane) (Fang et al., 2014) and has been suggested as a potential substitute to 51 decabromodiphenyl ether in some applications (Zhou et al., 2017). The United States Environmental 52 Protection Agency has classified DDC-CO as a high-production volume chemical (US EPA, 2019). 53 OxyChem (Niagara Falls, USA) and Anpo Electrochemical Co. (Jiangsu, China) are the only two known 54 DDC-CO manufacturers with an annual production of about 450-4500 tons in USA and 300–1000 tons 55 in China (Von Eyken et al., 2016; Wang et al., 2016). The commercial DDC-CO mixtures are composed 56 of two isomers, syn- and anti-DDC-CO, with an approximate ratio of 1:3 (Giulivo et al., 2017). DDC-CO 57 shares similar properties to Persistent Organic Pollutants (POPs), including high lipophilicity, 58 bioaccumulation potential, and potential for long- range transport, and has become ubiquitous in the 59 environment (Na et al., 2017; Wang et al., 2017). The environmental occurrence of DDC-CO was first 60 reported in air, fish and sediment samples from the Great Lakes area in 2006 (Hoh et al., 2006). Some 61 studies showed that DDC-CO accumulates in wildlife and human tissue (Sühring et al., 2015; Wu et 62 al., 2016). Tomy et al. (2007) demonstrated the biomagnification of DDC-CO along trophic levels via food chain. 63

In the wake of DDC-CO, other alternative Dechlorane Related Compounds (DRCs), based on
hexachlorocyclopentadiene as well, such as Dechlorane 601 (CAS 13560-90-2, C₂₀H₁₂Cl₁₂, DDC-ID),
Dechlorane 602 (CAS 31107-44-5, C₁₄H₄Cl₁₂O, DDC-DBF), Dechlorane 603 (CAS 13560-92-4, C₁₇H₈Cl₁₂,
DDC-Ant), and Chlordene Plus (CAS 13560-91-3, C₁₅H₆Cl₁₂, DDC-PDD), with PRAB according to
Bergman et al. (2012) and Bergman and Rydén (2019) (Table S1), were commercialized to replace of

Mirex. These DRCs have subsequently been detected in various environmental and food samples as
they are released into air, soil and water due to manufacturing and improper handling and disposal
of DRC-containing products and materials (Sales et al., 2017; Abdel Malak et al., 2018).

Recent human biomonitoring studies reporting the presence of DRCs in plasma and human serum (Yan et al., 2012; Cequier et al., 2013; Brasseur et al., 2014; Chen et al., 2015; Fromme et al., 2015, Qiao et al., 2018), hair (Chen et al., 2015; Qiao et al., 2018), cord blood (Sales et al., 2017) and human milk (Siddique et al., 2012). Alike other chemical contaminants, human exposure to DRCs can be related to inhalation of indoor air, ingestion of dust and dietary intake (Kim et al., 2014).

77 Several studies have reported the occurrence of DRCs in various food and seafood matrices in Japan 78 (Kakimoto et al., 2012; Yasutake et al., 2018), Korea (Kim et al., 2014), Belgium (L'Homme et al., 79 2015; Poma et al., 2018) and European markets (Aznar-Alemany et al., 2016). Estimated mean daily intakes were reported in the order of magnitude of ng day⁻¹ person⁻¹ for Asian countries, considering 80 81 at least most fatty matrices of animal origin and oils, where POP-like substances are expected. 82 Reported exposure was much lower in Belgium, at the hundreds of pg day⁻¹ person⁻¹ order of 83 magnitude, but not all fatty food groups were considered. As such, dietary exposure data is missing 84 worldwide to enable proper risk assessment.

In the present study, we investigated food consumption as a possible route of human exposure to DRCs in Lebanon. Various foods, including vegetable oil, meat, fish, egg, and dairy products, were analysed in order (i) to investigate the occurrence of DRCs in Lebanese foodstuffs and (ii) to estimate the dietary intake of the Lebanese adult population in a risk assessment context.

89

90 2. Materials and methods

91 2.1. Sample collection and storage

A total of 58 food samples, considered as representative of the average consumption of fatty food groups of animal and vegetable origins for the Lebanese population (Nasreddine et al., 2006), were collected in June 2017 from supermarkets located in Beirut (Lebanon). Nutritional categories included meat (*n*=12), fish (*n*=21), egg (*n*=5), milk and dairy product (*n*=13), fat and oils added at
table (*n*=7). More precisely, collected samples were: chicken meat (*n*=6), bovine meat (*n*=3), bovine
liver (*n*=3), boops (*n*=3), gilt head bream (*n*=2), mackerel (*n*=2), whiting (*n*=2), anchovy (*n*=2), grouper
(*n*=5), blackspot seabream (*n*=2), European bass (*n*=2), other fish (*n*=1), egg (*n*=5), milk (*n*=5), labne
(*n*=4), yogurt (*n*=4), olive oil (*n*=4) and sesame oil (*n*=3). The food samples were weighed,
homogenized, lyophilized (except for oil), homogenized again and stored at -20 °C until analysis.

101

102 2.2. Quantification of DRCs in samples

103 Trace analysis of targeted DRCs (anti-DDC-CO, syn-DDC-CO, DDC-ID, DDC-DBF, DDC-Ant and DDC-104 PDD) was performed according to previously published work (Abdel Malak et al., 2018), pending 105 minor modifications in sample preparation. Briefly, lyophilized samples (approximately 3 g for fish or 106 4 g for meat, egg and dairy products) were extracted by Pressurized Liquid Extraction (Büchi, 107 SpeedExtractor, E-914), except for oil samples (1g). The lipid content was determined 108 gravimetrically. Purification of the extracts involved a multilayer silica gel column (acidic, neutral and 109 basic layers) followed by Gel Permeation Chromatography. Purified extracts were analysed by gas 110 chromatography (6890, HP, Palo Alto, CA, USA) on a HT8-PCB column (30 m × 0.25 mm, SGE Analytical Science, Ringwood, Australia) coupled to high resolution mass spectrometry (JMS 700D, 111 112 Jeol, Tokyo, Japan), operating at a resolution of 10,000 according to 10% valley definition, in the 113 electron impact ionisation mode and in a single sequence. Identification was based on two ion traces. 114 Determination of DDC-ID, known to be challenging, was made possible by the successful 115 chromatographic separation from syn-DDC-CO monitored with the same ion $([C_5Cl_6]^+)$ in electron 116 impact (Adbel Malak et al., 2018). Quantification was performed through isotopic dilution using ¹³C₁₀-syn-DDC-CO, ¹³C₁₀-anti-DDC-CO and ¹³C₁₀-DDC-DBF as internal standards, and ¹³C₁₂-PCB-194 as 117 118 recovery standard. Diagnostic ions are described Table S2.

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120 2.3. QA/QC and reporting

121 Samples were analysed through four successive series of 10 to 20 samples. Recovery rates, determined for each sample, reached averages of $74 \pm 14\%$, $59 \pm 15\%$ and $92 \pm 10\%$ for 122 ¹³C₁₀-syn-DDC-CO, ¹³C₁₀-anti-DDC-CO and ¹³C₁₀-DDC-DBF, respectively. Six procedural blanks (started 123 124 from the extraction step) were introduced within the series to monitor procedural contamination. If 125 procedural contamination was observed, a limit of reporting (LOR) was set at mean plus 3 times the 126 standard deviation of the procedural blank. Otherwise, a limit of quantification (LOQ) was set for 127 each sample based on a signal to noise ratio of 3:1 for the less intense signal. Trace amounts of 128 syn-DDC-CO, anti-DDC-CO and DDC-DBF were always detected in procedural blanks, at values in the 129 4.0-15.5, 2.0-6.8 and 0.9-6.4 pg ranges, leading to LoRs of 23.2, 9.4 and 9.1 pg per sample, 130 respectively. For the other target compounds, LOQs were in the 1.2-14.5, 1.3-18.8 and 0.3-1.4 pg 131 ranges per sample, respectively for DDC-ID, DDC-Ant and DDC-PDD.

An in-house fish oil (1 g aliquots) routinely used as quality control for ISO 17025 methods dedicated to a range of POPs (Jondreville et al., 2017) was fortified (4 ng of each native compound) and analysed as well (n=5). Corresponding results regarding accuracy (intermediate precision and trueness uncertainty) were previously published and considered as satisfying (Abdel Malak et al., 2018).

137

138 2.4. Data processing

139 Due to rather low DRC levels observed in this study, left-censored (lowerbound, LB) and right-140 censored (upperbound, UB) values were both calculated so that true values were under- and over-141 estimated (WHO, 2013). LB values corresponded to zero when lower than LOQ/LoR, observed value 142 when higher than LOQ and observed value minus LoR when higher than LoR. UB values corresponded 143 to LOQ/LoR when lower and to observed values when higher (Figure S1). LoRs being higher than LOQs, discrepancies between LB and UB values were more pronounced for syn-DDC-CO, anti-DDC-CO 144 145 and DDC-DBF. The relationship between selected DRCs was statistically evaluated by Pearson 146 coefficients of determination using Excel 2016 spreadsheets.

147

148 **3. Results and discussion**

The concentrations of *syn*-DDC-CO, *anti*-DDC-CO, DDC-ID, DDC-DBF, DDC-Ant and DDC-PDD in food groups based on wet weight (ww) and according to LB and UB scenarios are shown in Table 1. Detailed results, along with lipids content (lw), are also provided in Table S3 to facilitate the comparison with the literature.

Along the discussion, the results were compared to available values reported from Korea (Kim et al., 2014), Japan (Yasutake et al., 2018) and Belgium (L'Homme et al., 2015), bearing in mind that food groups do not necessary include the same food items.

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157 3.1. Concentrations of ∑DDC-CO

Detection frequencies of *syn-* and *anti-*DDC-CO for all investigated foodstuffs were 40% and 86%, respectively. Depending on the food group considered, detection frequencies of the sum of *syn-*DDC-CO and *anti-*DDC-CO (Σ DDC-CO) ranged from 57 to 100%. The highest mean concentration of Σ DDC-CO was obtained in a meat sample, (161 pg g⁻¹ ww, UB), followed by an olive oil sample (136 pg g⁻¹ ww, UB). However, the mean concentration of Σ DDC-CO obtained in the meat group was lower than in the vegetable oil group (Table 1).

164 Regarding fish, the mean concentration of $\sum DDC-CO$ (5.0 to 8.0 pg g⁻¹ ww, [LB-UB]) was in the same 165 order of magnitude to levels reported for fish samples collected in supermarkets in Osaka, Japan in 166 June 2011 (*n*=20, average of 2.35 pg g⁻¹ ww) (Kakimoto et al., 2012) or in rivers in Latvia in October 167 2012 (*n*=25, average of 11.34 pg g⁻¹ ww) (Rjabova et al., 2016). It was also lower than those obtained 168 from fish and shellfish collected in March 2011 in Korea (*n*=70, average of 36.34 pg g⁻¹ ww) (Kim et 169 al., 2014). No significant correlation between concentrations and lipid contents was observed.

170 Concerning vegetable oils, the mean concentration of $\sum DDC-CO$ (21.1 to 52.8 pg g⁻¹ lw, [LB-UB]) was 171 in the same order of magnitude as those reported in vegetable oils (*n*=2) from Spain (average of 49.15 pg g⁻¹ lw) (Von Eyken et al., 2016) and in oils and fats (n=5) from Japan (average of 18.5 pg g⁻¹ 173 ¹ ww) (Yasutake et al., 2018).

174 In meat, the mean concentration of \sum DDC-CO (17.4 to 19.9 pg g⁻¹ ww, [LB-UB]) was lower than values 175 reported from Korea (*n*=35, average values ranging from 9.8 to 169.8 pg g⁻¹ ww, according to meat 176 type) (Kim et al., 2014) but higher than those obtained from Japan (*n*=5, average of 3.34 pg g⁻¹ ww) 177 (Yasutake et al., 2018).

As regards eggs, the mean concentration of $\sum DDC-CO$ (6.9 to 8.9 pg g⁻¹ ww, [LB-UB]) was in the same order of magnitude as those reported from Korea (*n*=5, average of 15.31 pg g⁻¹ ww) (Kim et al., 2014), but higher than those obtained from Belgium (*n*=8, average of 26.27 pg g⁻¹ lw) (L'Homme et al., 2015). Our values were also lower than those reported in herring gull eggs from North America (up to 15 ng g⁻¹ ww) (Gauthier et al., 2009). Authors suggested that the presence of DDC-CO in eggs could result from the accumulation of FRs in maternal specimen via their diet and be transferred during ovogenesis.

Finally, for milk and dairy products, the mean concentration of $\sum DDC-CO$ (1.7 to 3.1 pg g⁻¹ ww, [LB-UB]) was lower than those reported from Korea (28.1 to 39.3 pg g⁻¹ ww) (Kim et al., 2014), but higher than those reported from Belgium (average of 17.6 pg g⁻¹ lw) (L'Homme et al., 2015).

These results tend to indicate that the DDC-CO contamination of foods from Lebanon is lower than those from Korea (Kim et al., 2014), in the same order of magnitude than those from Japan (Yasutake et al., 2018), and higher than those from Belgium (L'Homme et al., 2015).

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192 *3.2. Profiles of DDC-CO isomers*

The commercial mixture of DDC-CO exhibits two stereoisomers, *anti*- and *syn*-DDC-CO, in a ratio of about 3:1 (Feo et al., 2012). The corresponding enantiomeric fraction of *anti*-DDC-CO (f_{anti}), defined as the levels ratio of *anti*-DDC-CO over \sum DDC-CO, reaches 0.75. In biota, various authors reported values of f_{anti} at 0.6 ± 0.2, depending on the origin of the sample (Kang et al., 2010; Wang et al., 2011; Von Eyken et al., 2016), due to specific enrichment in *syn*-DDC-CO in the environment. In our study, 198 depending on the food item considered, the fanti values, when quantified, ranged from 0.26 to 0.76 (Figure 1), which were close to, or lower than, the values in the technical product, and similar to 199 200 those reported in the literature (Kim et al., 2014; L'Homme et al., 2015; Von Eyken et al., 2016; Wang 201 et al., 2016). The highest value of f_{anti} (0.76) was obtained from an olive oil sample, suggesting that, in 202 this unique case of a food item of vegetable origin, the contamination could have occurred by direct 203 contact with the technical product, with no biological enrichment observed. Inversely, the lowest 204 values of f_{anti} , close to 25%, were found in dairy product samples, suggesting a significant enrichment 205 in syn-DDC-CO through the producing mammal organisms, possibly involving lactation, and/or 206 fermentation. For the fish samples, the f_{anti} ranged between 0.38 and 0.62 with a mean value equal 207 to 0.50 ± 0.08 , which appeared similar to that of the commercial product and those reported in fish 208 samples in the literature (Kakimoto et al., 2012; Wang et al., 2015; Sühring et al. (2015).

209

210 3.3. Concentration of other DRCs

211 DDC-DBF was detected in 41% of the sample set, at concentrations reaching up to 97 pg g⁻¹ ww (UB) 212 (Table S3). Thus, DDC-DBF appeared as the second most important DRC after \sum DDC-CO, in terms of 213 concentration, average concentrations being even higher than \sum DDC-CO in fish and milk and dairy 214 products. The concentrations of DDC-DBF were in the same order of magnitude as those reported 215 from Korea, lower than those obtained from Japan but higher than those reported from Belgium 216 (Table S4).

217 DDC-Ant was detected in 28% of the sample set, at relatively low concentrations (similar to the 218 results reported in foods from Korea, Japan and Belgium, Table S4). The highest values (7.7 and 219 8.1 pg g^{-1} ww, UB) were observed in sesame and olive oil samples.

Similarly, DDC-PDD was detected in 28% of all investigated foods at rather low concentrations (<2.9 pg g^{-1} ww), except for one sesame oil and an egg samples at 22.5 and 6.8 pg g^{-1} ww (UB), respectively. These concentrations were globally higher than those reported in food from Belgium and Japan, but lower compared to those reported from China, which were in the ng g^{-1} lw range (Wang et al., 2015).

Finally, DDC-ID was not detected in any sample.

226

227 3.4. Correlation among Dechloranes

228 In order to investigate co-contaminations in contamination phenomenon, linear regression 229 correlation analysis was performed between DP isomers and DDC-DBF only, due to the low detection 230 rate of the other DRCs. Data analysis was achieved for pg g^{-1} ww (LB) concentrations, while 231 accounting only for quantified (>LoR) values. The correlation between syn-DDC-CO and anti-DDC-CO 232 was moderate but significant (R²=0.66, P=0.0008) whereas no correlation was observed between 233 DDC-DBF and syn-DDC-CO (R^2 =0.09, P=0.76) or anti-DDC-CO (R^2 =0.05, P=0.84). Thus, although the 234 contamination sources are considered the same, differential bioaccumulation and biotransformation 235 properties of DDC-CO isomers among species and individuals appear as the main reason for 236 moderate correlation. In addition, as expected, contaminations sources of DDC-CO and DDC-DBF 237 appear to be independent.

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239 3.5. Estimation of DRCs dietary intake

240 The Lebanese adult population (25-54 years old) was considered in the objective of proposing a first 241 reference point for further studies in the geographical area. The occurrence levels of DRCs 242 determined in the selected set of foodstuffs were used to perform a deterministic dietary exposure 243 assessment, according to recognised guidelines (FAO-WHO, 2009; EFSA-FAO-WHO, 2011). The 244 estimations of DRCs daily intake were calculated by the addition of quantities determined for each food item by multiplying the average concentration of DRCs (pg g⁻¹ ww) in the considered food item 245 246 (Table 1) with the daily dose of the considered food item (g day⁻¹). Based on the study of food habits 247 described by Nasreddine et al. (2006), the average total food intake per person and per day in Lebanon is 1881.6 g, including beverages except water. The collected food samples made up 387 g 248

per person per day in Lebanon (21% of the total food intake), covering all food from animal origin and vegetable oils, the expected major dietary intake contributors for such lipophilic environmental contaminants.

252 The mean dietary daily intake of DRCs per adult via selected Lebanese foods was estimated between 253 3.71 and 5.62 ng day⁻¹, according to LB and UB scenarios respectively, as shown in Table 2. It 254 appeared lower than those reported by Kim et al. (2014) in Korea (11.7 ng day⁻¹) and by Yasutake et 255 al. (2018) in Japan (7.6 ng day⁻¹), both based on representative fatty food groups, but higher than 256 those reported by L'Homme et al. (2015) in Belgium (136 pg day⁻¹), based on limited fatty food group. 257 Considering substances profile (Figure S2), DDC-CO accounted for about 70% of Σ_6 DRC in both 258 scenarios. This contribution was lower than in Korea (92%, LB) and Belgium (88%, UB) but higher 259 than in Japan (23%, LB). Indeed, DDC-DBF was the main DRC in Japan (75%, LB). In Lebanon, DDC-DBF 260 accounted for about 24% of the profile in both scenarios, appearing as the second most important 261 DRC like in Korea. With less than 7.2% of cumulated contributions, other DRCs (DDC-ID, DDC-Ant and 262 DDC-PDD) were minor compounds.

263 As regards food groups (Figure S3), meat and poultry appeared as the main contributor of $\Sigma_6 DRC$ (43) 264 to 34%, [LB-UB]) as well as ∑DDC-CO (61 to 46%, [LB-UB]). They were followed by milk and dairy 265 products as well as fat and oils added at table, each one contributing between 16 and 31% to the 266 total, depending on the scenario. The high contribution of milk and dairy products to the exposure to 267 DRCs is rather explained by the high consumption of these products rather than the relatively low 268 occurrence levels. Conversely, relatively high occurrence levels in fat and oils added at table 269 appeared as the main factor explaining the contribution to the exposure rather than the relatively 270 low consumption level. Fish and egg represented the lowest contributors to the dietary daily intake, 271 with less than 10% cumulated contribution.

In their food consumption survey, Nasreddine et al. (2006) also provided stratification data according to gender and age (3 groups of 25-34, 35-44 and 45-54 years old). Comparing genders, the average daily intake of Σ_6 DRC in this study was higher for men (between 4.220 (LB) and 6.382 (UB) ng day⁻¹) than for women (between 3.257 (LB) and 4.911 (UB) ng day⁻¹) (Table 3, Figure S3). The main reason is that men ingest more food than women (403.4 versus 371.9 g day⁻¹) for all considered food groups except for milk and dairy products group (227.4 versus 257.1 g day⁻¹, respectively). For similar reasons of decreasing food consumption with age, the estimated daily intake of Σ_6 DRC has a downward trend as age increases.

280

281 4. Conclusions and perspectives

282 A robust analytical method has been applied to a series of various Lebanese fatty foods of animal and 283 vegetable origins (n=58) in order to investigate the occurrence of DRCs and estimate associated daily 284 intake. The detection frequency of at least one DRC in food items was 91%, supporting the fact that 285 this compound family is ubiquitous. The mean concentrations of DRCs in each food item were rather low, in the pg g⁻¹ ww order of magnitude. However, the daily intake reached several ng per day and 286 287 per person, with slight variations depending on gender and age. DDC-CO appeared as the main 288 contributor, followed by DDC-DBF. To the best of our knowledge, this study is the first to analyse and 289 detect emerging halogenated FRs in Lebanese foods and quantify the extent of human dietary 290 exposure to them. Future work should focus on (i) total basket, including non-fatty food categories 291 and on (ii) the indoor environment (dust, air) in order to be more accurate in the estimation of 292 human exposure to these compounds. Toxicological reference values are also required to make 293 conclusions as regards resulting risk to human health.

294

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444 Figure captions

- 445 **Figure 1.** Quantity (raw data minus mean blank, pg per sample) of *anti*-DDC-CO versus *syn*-DDC-CO
- 446 when both values were above LoR, for all food categories. Brackets: number of plots out of
- 447 number of assayed samples.

Table 1. Concentration of DRCs obtained for various food groups from Lebanese market, reported according to lowerbound (LB) and upperbound (UB)

450	approaches, in pg g ⁻¹ ww. DF: detection frequency.
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Food group		syn-DDC-CO	anti-DDC-CO	DDC-ID	DDC-DBF	DDC-Ant	DDC-PDD	∑DDC-CO	∑₅DRC
Meat and Poultry (n=12)	Mean [LB-UB]	[10.1 - 11.8]	[7.4 - 8.1]	[0.0 - 0.2]	[0.0 - 0.7]	[0.1 - 0.3]	[0.0 - 0.05]	[17.4 - 19.9]	[17.5 - 21.1]
	DF (%)	25	83	0	0	17	0	83	92
Fish (<i>n</i> =21)	Mean [LB-UB]	[2.0 - 4.2]	[3.0 - 3.9]	[0.0 - 0.3]	[7.0 - 7.8]	[0.2 - 0.3]	[0.4 - 0.5]	[5.0 - 8.0]	[12.6 - 16.8]
	DF (%)	57	95	0	62	33	62	100	100
Egg (<i>n</i> =5)	Mean [LB-UB]	[1.7 - 3.1]	[5.2 - 5.8]	[0.0 - 0.3]	[1.2 - 1.7]	[0.2 - 0.4]	[1.36 - 1.41]	[6.9 - 8.9]	[9.6 - 12.7]
	DF (%)	40	80	0	20	20	20	100	100
Milk and Dairy Products	Mean [LB-UB]	[1.0 - 2.0]	[0.7 - 1.1]	[0.0 - 0.1]	[2.9 - 3.3]	[0.05 - 0.1]	[0.01 - 0.03]	[1.7 - 3.1]	[4.7 - 6.7]
(<i>n</i> =13)	DF (%)	31	69	0	54	31	8	77	92
Fat and oils added at table	Mean [LB-UB]	[2.4 - 25.0]	[18.7 - 27.9]	[0.0 - 4.6]	[3.0 - 11.8]	[2.3 - 3.9]	[3.2 - 3.7]	[21.1 - 52.8]	[29.5 - 76.9]
(<i>n</i> =7)	DF (%)	14	57	0	29	29	14	57	57

Food group	Mean of dietary intake, g day ⁻¹	ΣDDC-CO	∑ ₆ DRC	Contribution to ΣDDC-CO (%)	Contribution to ∑₀DRC (%)	
Meat and Poultry (n=12)	91.7	[1597 - 1818]	[1607 - 1933]	[61% - 46%]	[43% - 34%]	
Fish (n=21)	19.7	[99.5 - 158]	[248 - 332]	[4% - 4%]	[7% - 6%]	
Egg (n=5)	12.1	[84 - 108]	[117 - 154]	[3% - 3%]	[3% - 3%]	
Milk and Dairy Products (n=13)	243.1	[418 - 760]	[1140 - 1622]	[16% - 19%]	[31% - 29%]	
Fat and oils added at table (n=7)	20.4	[430 - 1078]	[602 - 1569]	[16% - 27%]	[16% - 28%]	
Total	387.0	[2629 - 3922]	[3713 - 5609]	100%	100%	
Contribution (%)		[71% - 70%]	100%	100%	100%	
Food group	syn-DDC-CO	anti-DDC-CO	DDC-ID	DDC-DBF	DDC-Ant	DDC-PDD
Meat and Poultry (n=12)	[922 - 1079]	[675 - 739]	[0 - 22.7]	[0 -61.4]	[9.6 - 26.3]	[0 - 3.9]
Fish (n=21)	[40.3 - 81.9]	[59.2 - 76.1]	[0 - 5.1]	[137 -154]	[3.2 - 6.6]	[7.9 - 8.3]
Egg (n=5)	[20.9 - 38]	[63.1 – 70.0]	[0 - 3.4]	[14.2 -20.9]	[1.9 - 4.4]	[16.5 - 17]
Milk and Dairy Products (n=13)	[253 - 496]	[165 - 264]	[0 - 27.9]	[709 -804]	[11.1 - 23.8]	[1.6 - 6.7]
Fat and oils added at table (n=7)	[48.2 - 509]	[382 - 569]	[0 - 94.3]	[60.9 -241]	[46 - 79.8]	[65.7 - 76]
Total	[1285 - 2204]	[1344 - 1718]	[0 - 153]	[921 - 1281]	[71.8 - 141]	[91.7 - 112]
Contribution (%)	[34% - 39%]	[36% - 31%]	[0% - 3%]	[25% - 23%]	[2% - 3%]	[2% - 2%]

Table 2. Estimated mean daily intakes of Σ DDC-CO and Σ_6 DRC [LB – UB] for the adult population in Beirut, in pg day⁻¹.

- 456 **Table 3.** Estimated daily intakes of \sum_{6} DRC [LB UB] for the adult population in Beirut according to
- 457 gender and age, in pg day⁻¹.

Gender	Age (year)							
	25-34	35-44	45-54	25-54				
Men	[4511 – 6749]	[4221 – 6420]	[3813 – 5829]	[4220 – 6382]				
Women	[3381 – 5048]	[3278 – 4928]	[3066 – 4710]	[3257 – 4911]				

- Eggs (n=2/5)
- × Fat and oils (n=1/7)
- Fish (12/21)
- Meat and poultry (n=3/12)
- Milk and dairy products (n=4/13)





