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Hyperventilation-induced reduction of cerebral blood flow measured with pseudo-continuous arterial spin labeling (pCASL)

J. Debatisse^{1,2,3}, C.J. McGinnity^{1,4}, S.N. Yaakub^{1,4}, S. Jeljeli⁴, J. Stirling⁵, M. Koutroumanidis⁵, G. Charles-Edwards⁶, E. De Vita⁶ and A. Hammers^{1,4}

¹School of Biomedical Engineering and Imaging Sciences, King's College London, London SE¹⁷EH, UK

²Univ Lyon, CarMeN Laboratory, INSERM, INRA, INSA Lyon, Université Claude Bernard Lyon ¹, Lyon, France

³Siemens Healthcare SAS, Saint-Denis, France

⁴King's College London & Guy's and St Thomas' PET Centre, St Thomas' Hospital, London SE¹⁷EH, UK

⁵Department of Clinical Neurophysiology and Epilepsy, Guy's and St Thomas' NHS Foundation Trust, London, UK

⁶Department of Biomedical Engineering, Centre for Medical Engineering, School of Biomedical Engineering & Imaging Sciences, King's College London, King's Health Partners, St Thomas' Hospital, London, SE¹⁷EH, UK

Abstract

Objectives

The cerebral vasculature adapts cerebral perfusion to variations in ventilatory volume and composition of inspired gases. Modulation of respiration induces a vasomotor response resulting in quantitative changes in cerebral blood flow (CBF). Hyperventilation induces hypocapnia by increasing elimination of carbon dioxide, leading to a cerebral vasoconstriction, with invasive measurements reporting a ~30% decrease in CBF (Kety and Schmidt, 1946). Here we quantify the effect of hyperventilation on CBF using pseudo-continuous arterial spin labeling (pCASL).

Methods

Eleven participants (median ± interquartile range age 31 ± 16.5, three males) were studied on a 3 T Siemens Healthcare PET-MR system. 3D T1-weighted MPRAGE (1 mm³ voxels) was used for co-registration and region-of-interest (ROI) identification using FSL-FAST (<u>https://fsl.fmrib.ox.ac.uk/fsl/fslwiki/</u>).

Normal breathing and 3-min hyperventilation (HV) intervals were interleaved. HV consisted of paced breathing at a rate of 30-breaths/minute, as per standard clinical electroencephalography (EEG) practice, with continuous auditory cue (i.e. "in, out, in, out…").

Asl

was acquired using pCASL (Wu, 2007): 2-shots, 4 × 4 × 5.5 mm³ resolution, TR = 4.5 s, TE 17.32 ms, 1.8 s labeling, 2.1 s post-labeling delay; 1 M0 image and 12, 10, and 7, 18 tag-control pairs for preHV (4 min), HV, rest (2 min) and post-HV (6 min) intervals respectively. Data was distortion corrected using FSL-topup.

Perfusion quantification used FSL Oxford-ASL v3.9.13 (Chappell, 2009), coregistered to the structural space. GM CBF measurements were extracted and averaged across each interval (rest or HV). Paired t-test were used to assess significance of inter-interval CBF differences.

Results

Good compliance with the task was observed, with marked EEG slowing. Hyperventilation significantly lowered CBF measurements with a median decrease of 42% in GM (IQR = 16%) after HV1. After 2 min of rest, CBF did not return to its basal value and was 19% lower than baseline. The following sessions of HV induced a similar decrease compared to the basal CBF value (i.e. median \pm IQR; $45 \pm 10\%$ for HV2; $40 \pm 12\%$ for HV3). A long-term effect of hyperventilation is observed on the rest sessions, with a 28% and 30% decrease in CBF in rest2 and rest3 relative to baseline, respectively. Eight minutes after the last HV phase, CBF was still 11% lower than its basal value.

Discussion

We confirm in this study the detection of hyperventilation-induced decrease of absolute CBF with pCASL MRI (Tancredi, 2013), noting marked between-subject variability. Decreases persist for several minutes after the cessation of overbreathing. Our hyperventilation – pCASL protocol with simultaneous PET-MR holds promise as a method to study the neurochemistry of seizures (Bartenstein, 1993).



Evolution of CBF changes during the task in grey matter. CBF was normalized to the prehyperventilation basal CBF value and expressed as percentage of basal CBF for each participant. Distribution bands represent median (middle line), first quartile (upper line) and third quartile (lower line). Paired t-test, 10 degrees of freedom, *** p<0.0001; ** p<0.001; ** p<0.01

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