Introduction:
Obesity is frequently associated with insulin resistance (IR). The decrease in insulin response in skeletal muscle could be related to the inflammation process. The increase in adipose tissue proinflammatory factors secreted during obesity and the lipotoxic compound accumulation in skeletal muscle, could at least in part explain the skeletal muscle inflammation. The SFA palmitate (PAL, C16:0) is now recognized as an inducer of inflammation in muscle cells. The secretion of inflammatory cytokines by muscle cells such as interleukine-6 (IL-6) and tumor necrosis factor-alpha (TNF-α) was observed after 16-hour incubation with 500µM of palmitate. It also induced mRNA expression of cyclooxygenase-2 (COX-2) (Coll et al. 2010). PAL-induced inflammation has been demonstrated to be reversed by MUFA oleate (C18:1) (Coll et al. 2008) and n-3 polyunsaturated fatty acids (n-3PUFA) are also expected to reverse it, as they are widely described to have anti-inflammatory properties (Wall et al. 2010), especially eicosapentaenoic acid (EPA, C20:5 n-3) and docosahexaenoic acid (DHA, C22:6 n-3). Their precursor, alpha-linoleic acid (ALA, C18:3) has not been extensively studied and further work is needed to understand its potential role in obesity and inflammation. The causes and consequences of inflammation in muscle cells are poorly understood and p38 mitogen-activated protein kinase (p38MAPK) might be involved in this process.

Objectives:
The aim of the study was to investigate the n-3PUFA effects on PAL-induced inflammation and the potential link between inflammation, p38 mitogen-activated protein kinase (p38MAPK) activation and IR in C2C12 myotubes. As PAL also induces insulin resistance (IR) in muscle (Chavez et al. 2003), we also tried to determine whether inflammation and p38MAPK signaling pathway are involved in palmitate-induced IR.

Materials & Methods:
After 16 hours incubation with 500µM PAL without or with 10µM of SB203580, a specific inhibitor of p38MAPK, and 50µM of alpha linolenic acid (ALA), eicosapentaenoic acid (EPA) or docosahexaenoic acid (DHA), myotubes were harvested and submitted to mRNA quantification or immunoblotting.

Results:

Conclusion and perspectives:
Our results suggested that p38MAPK activation by PAL is crucial to induce inflammation in C212 muscle cells, but is not involved in PAL-induced IR. Among n-3PUFA, only EPA and DHA reduced p38MAPK activation and improved IR. Additional studies are currently performed to explore the involvement of nuclear factor kappa B signalling in these effects.