



Development and growth of the muscle tissue

Isabelle Cassar-Malek

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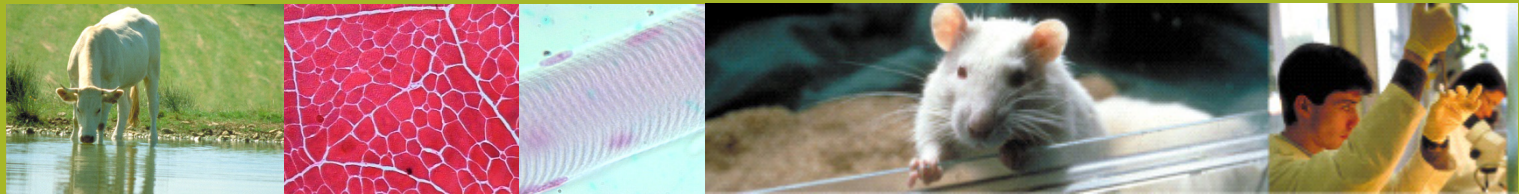
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Development and growth of the muscle tissue



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Myogenesis

Muscle
development



Myogenesis

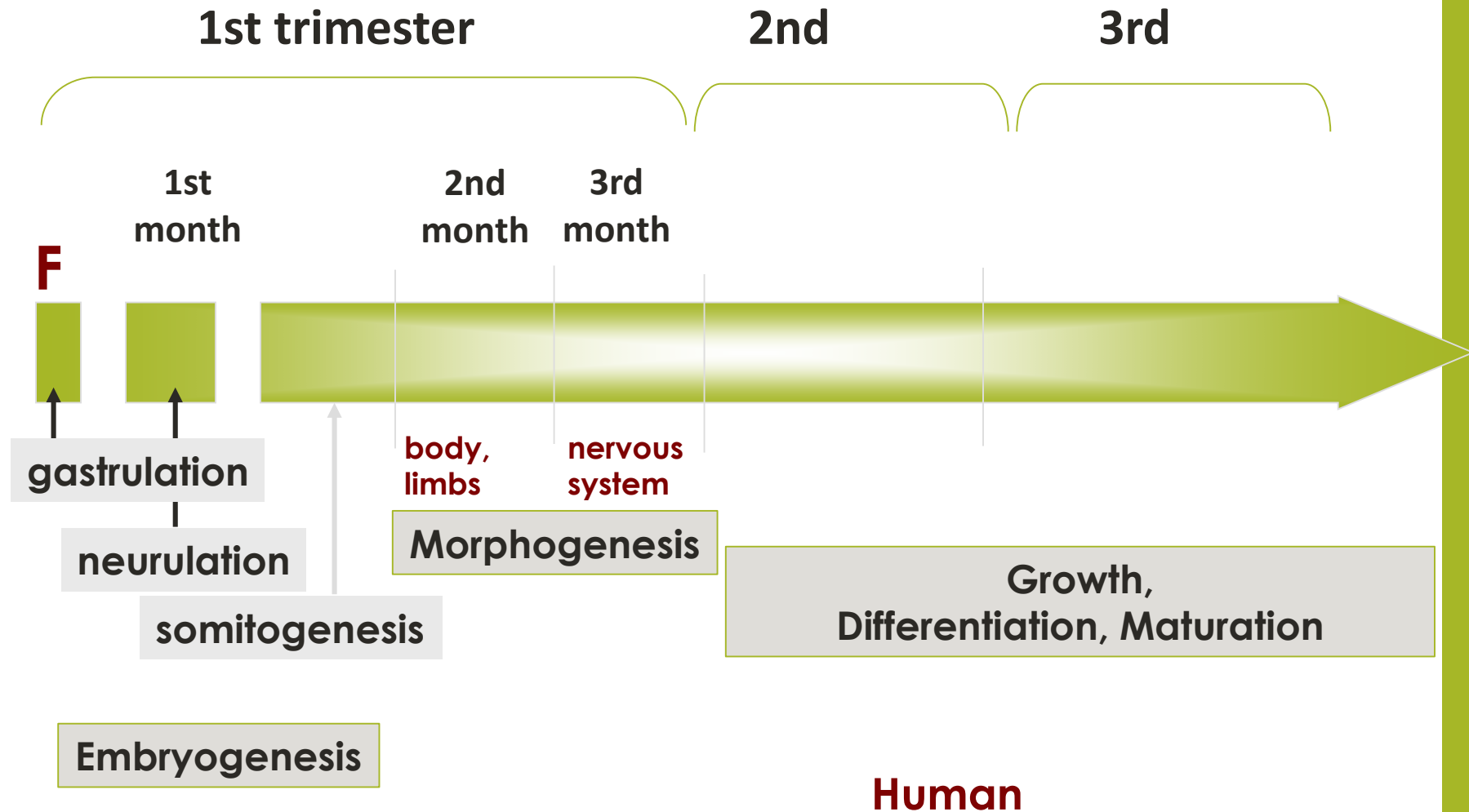
Fetal growth

Postnatal growth

1-ORGANOGENESIS

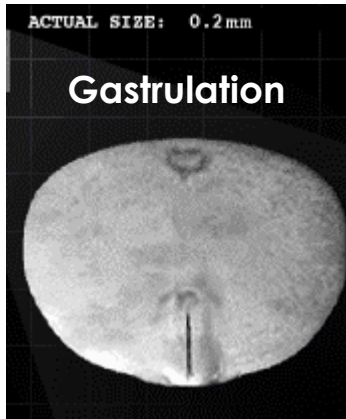
Skeletal muscles of higher vertebrates arise from the embryonic mesoderm.

Fetal development



Embryogenesis

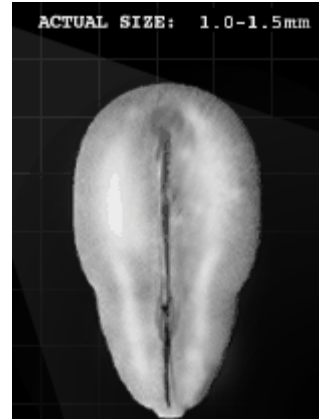
Stage 6
(~13 d p. ovulation)



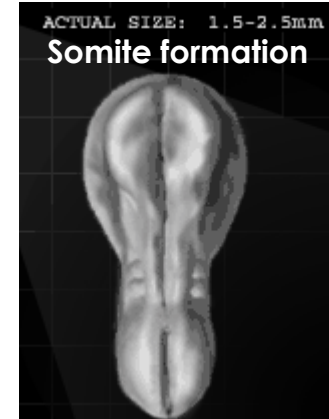
Stage 7
(~ 16 d p. ovulation)



Stage 8
(~ 17-19 d p. ovulation)



Stage 9
(~ 19-21 d p. ovulation)



Stage 10
(~ 21-23 d p. ovulation)



**1st month
Human**



Stage 11
(~ 23-25 d p. ovulation)

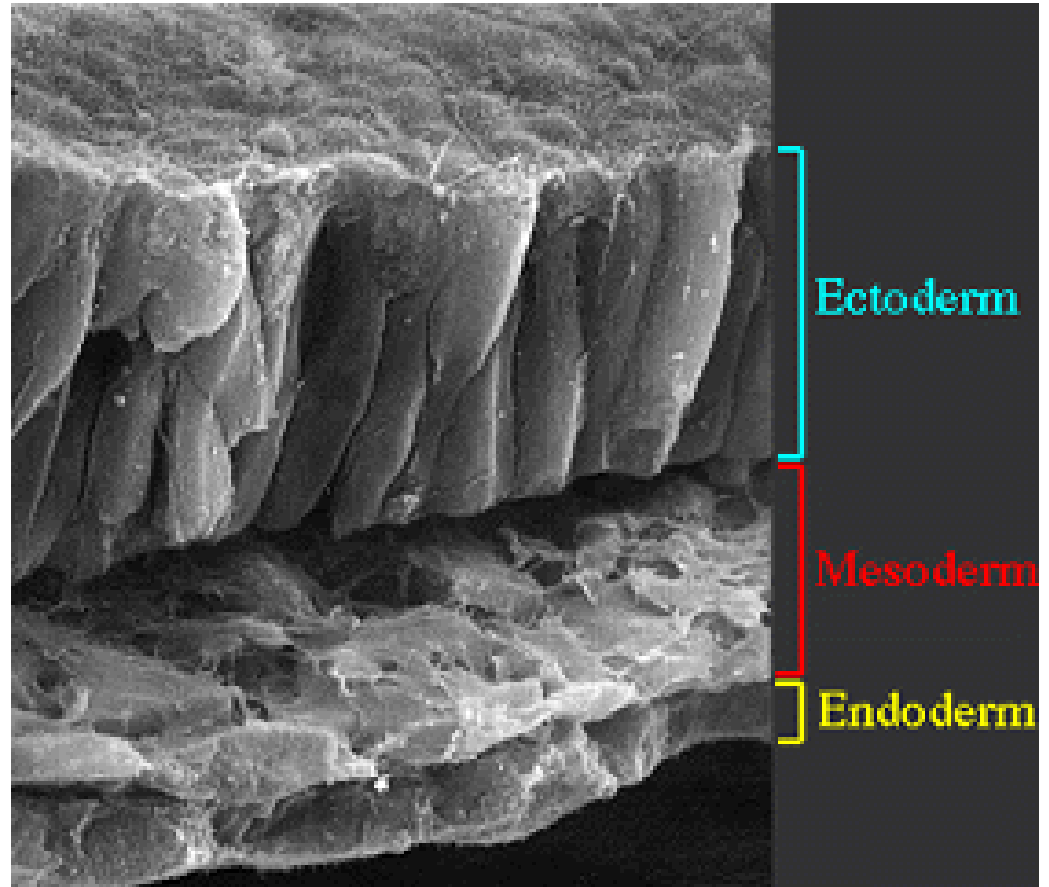
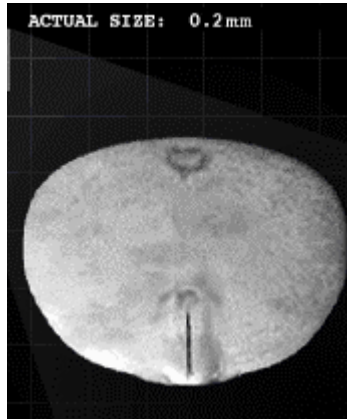


Stage 12
(~ 25-27 dp. ovulation)



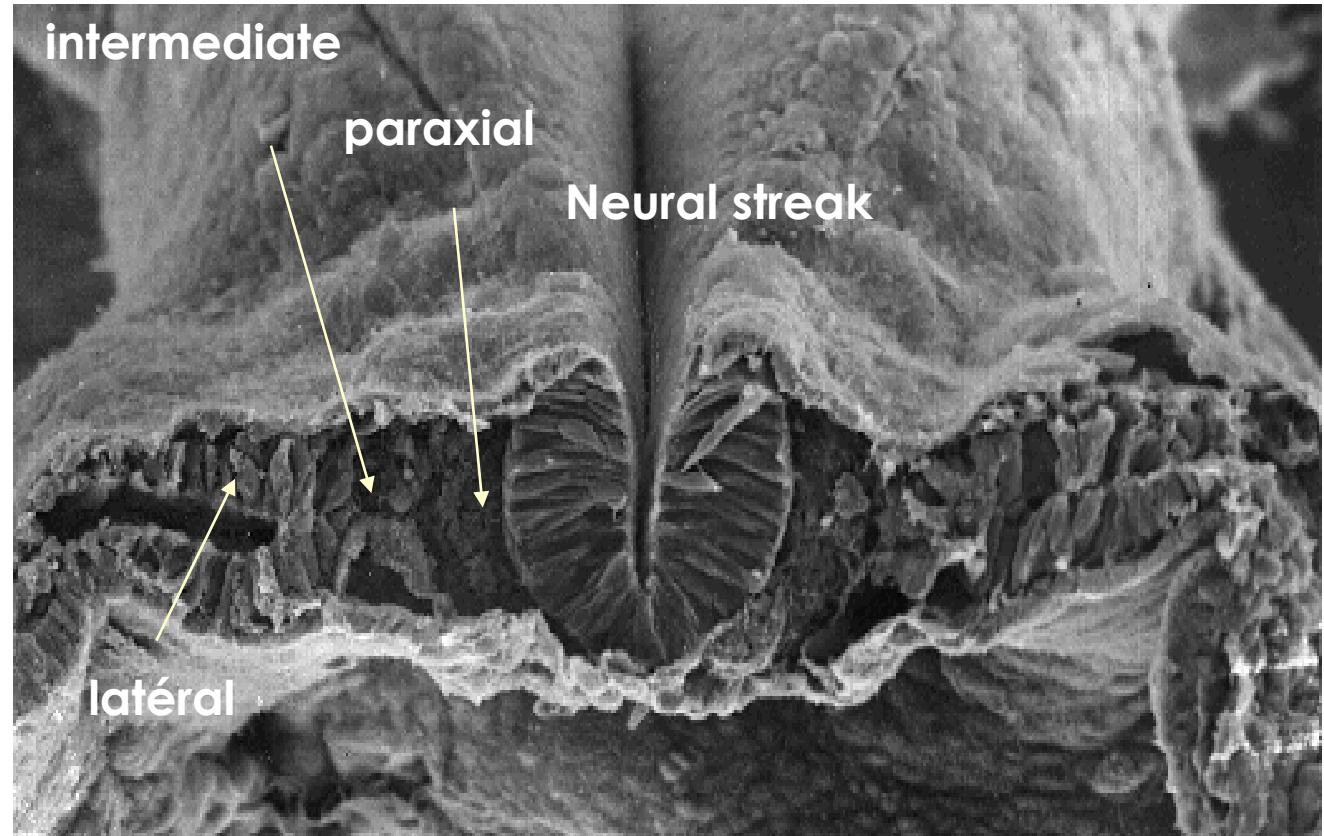
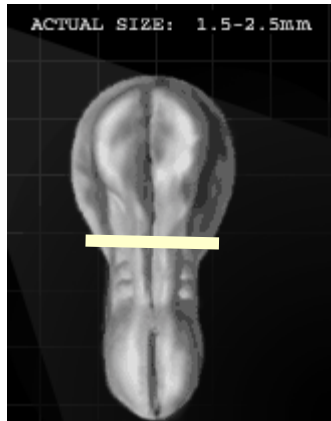
Stage 13
(~ 27-29 dp. ovulation)

3 primary germ layers



established during gastrulation

Differentiation of the mesoderm layer

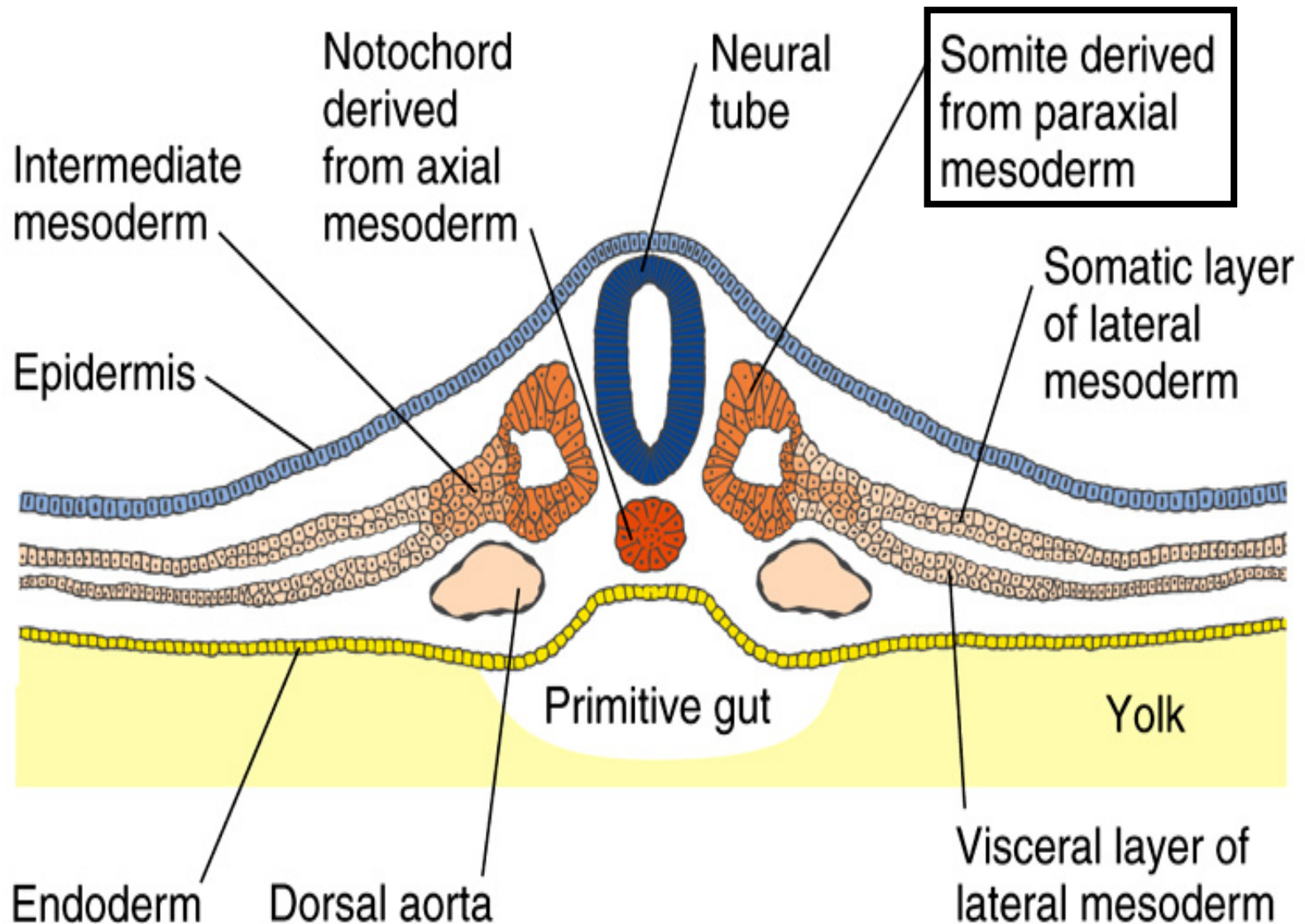


Human: 22 days

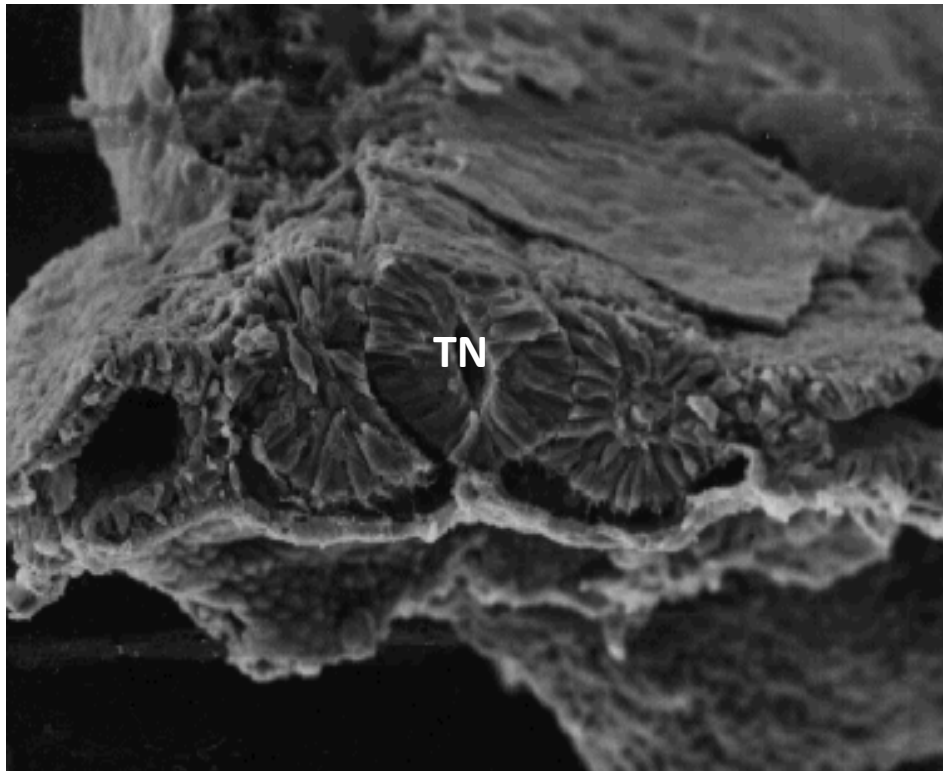
Mouse: 8 days

http://www.med.unc.edu/embryo_images/unit-mslimb/mslimb_https/mslimb001a.htm

Subdivision of the mesoderm

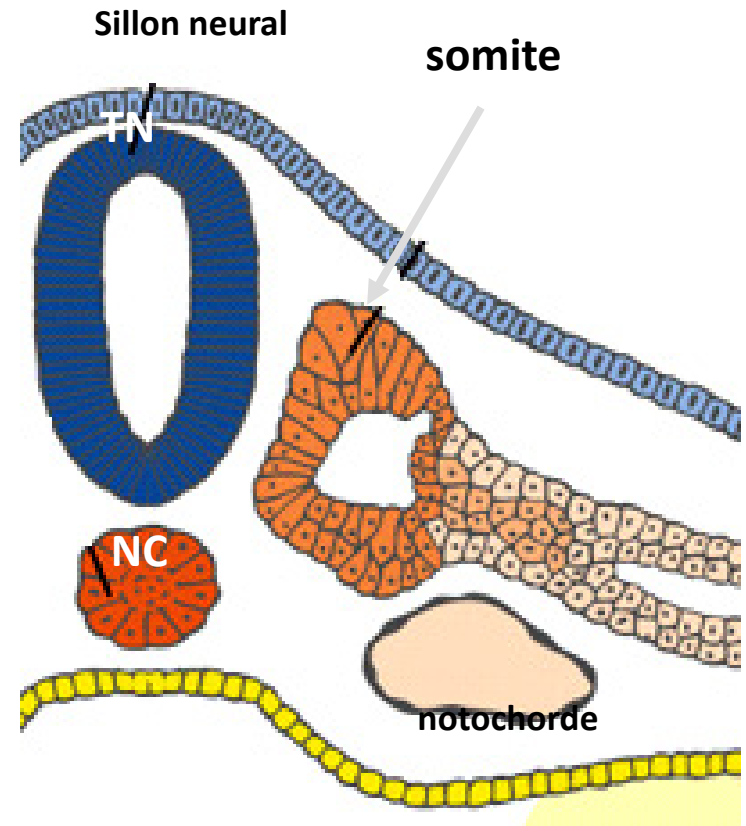


Somitogenesis



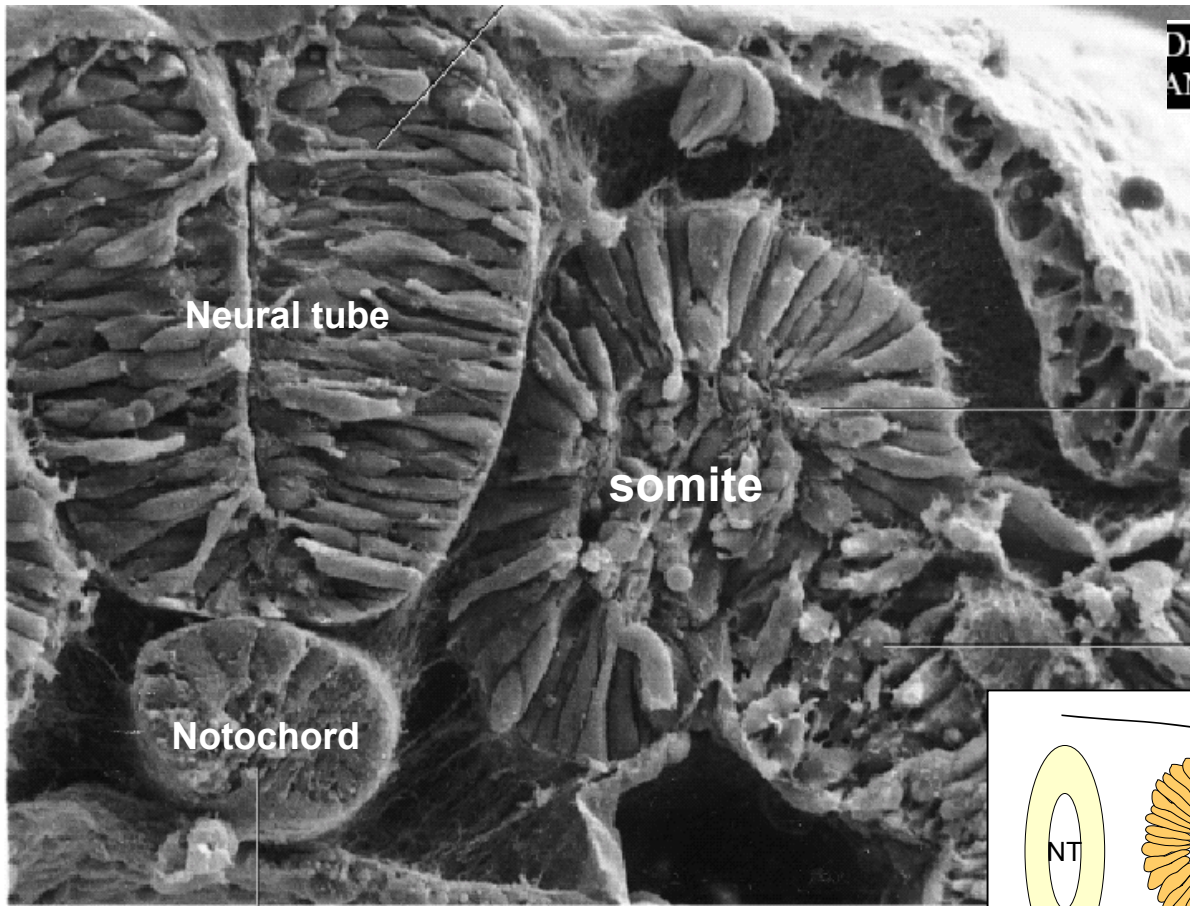
Human: 23 days Mouse: 9 days

The paraxial mesoderm cells is segmented into **cylindrical structures** (somitomers) early in the third week.

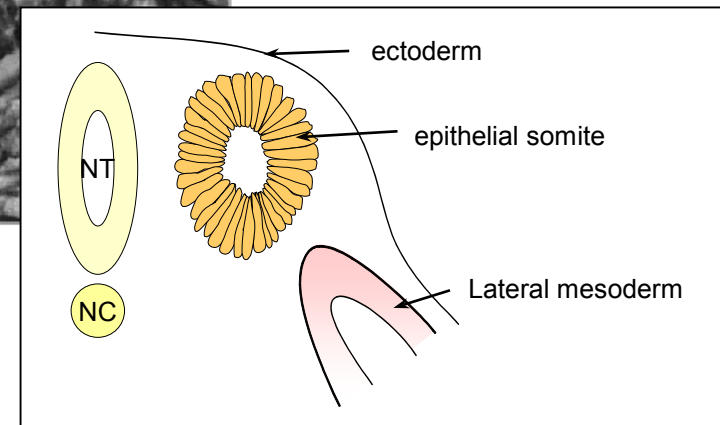


Somites

Dr Mark Hill, CBL, Anatomy, UNSW
ANAT 2300- Mesoderm Development



= pairs of cylindrical, epithelially-organized mesenchymal segments



Somitogenesis

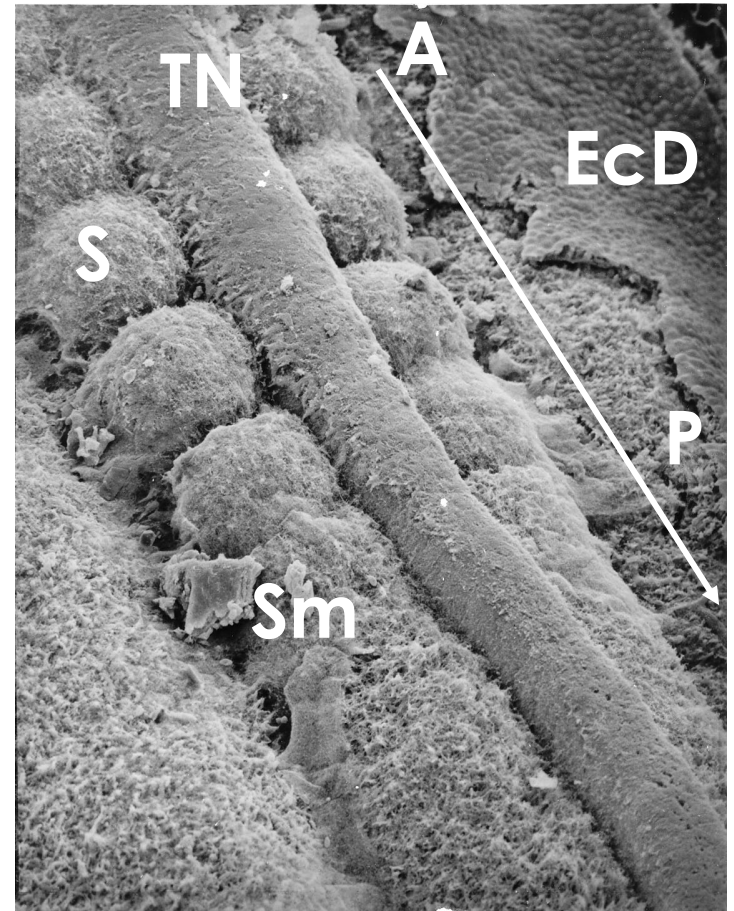
Somitomeres → somites

Excepted Sm 1 to 7

Final number =31



Human embryo
(28 days)



Metamerisation

Take-home message

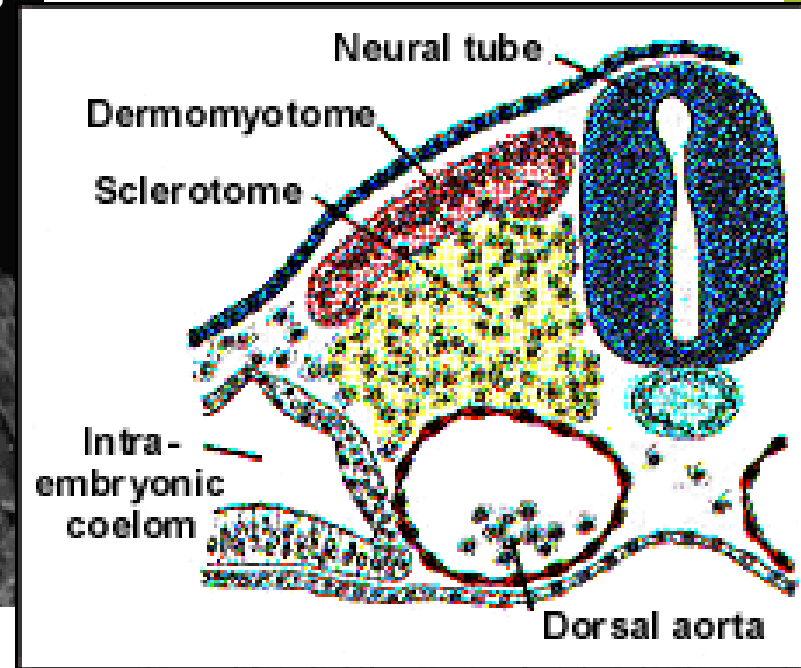
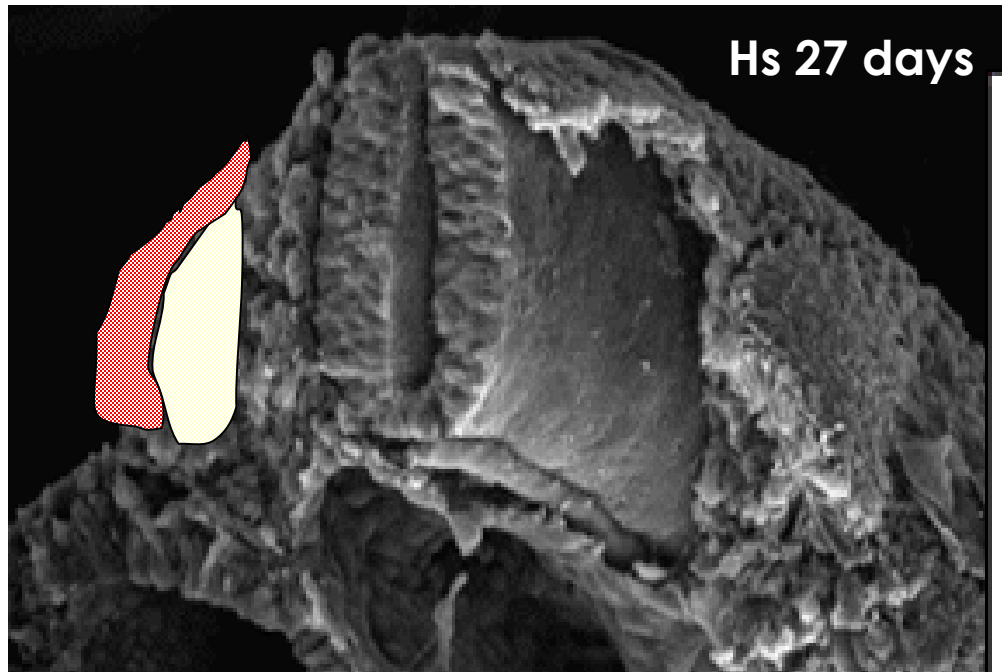
The somites are transient structures that form progressively along the anteroposterior axis by segmentation of the paraxial mesoderm and reorganize without cell differentiation (primary organs).

Take-home message

The somites are responsible for the segmental organization of the body.

They govern the metamerism of somite-derived tissues and spinal ganglia. Metameric division of the spine, the neural tube, the abdominal wall and thorax (ribs) depends on the organization of somites.

Subdivisions of somites



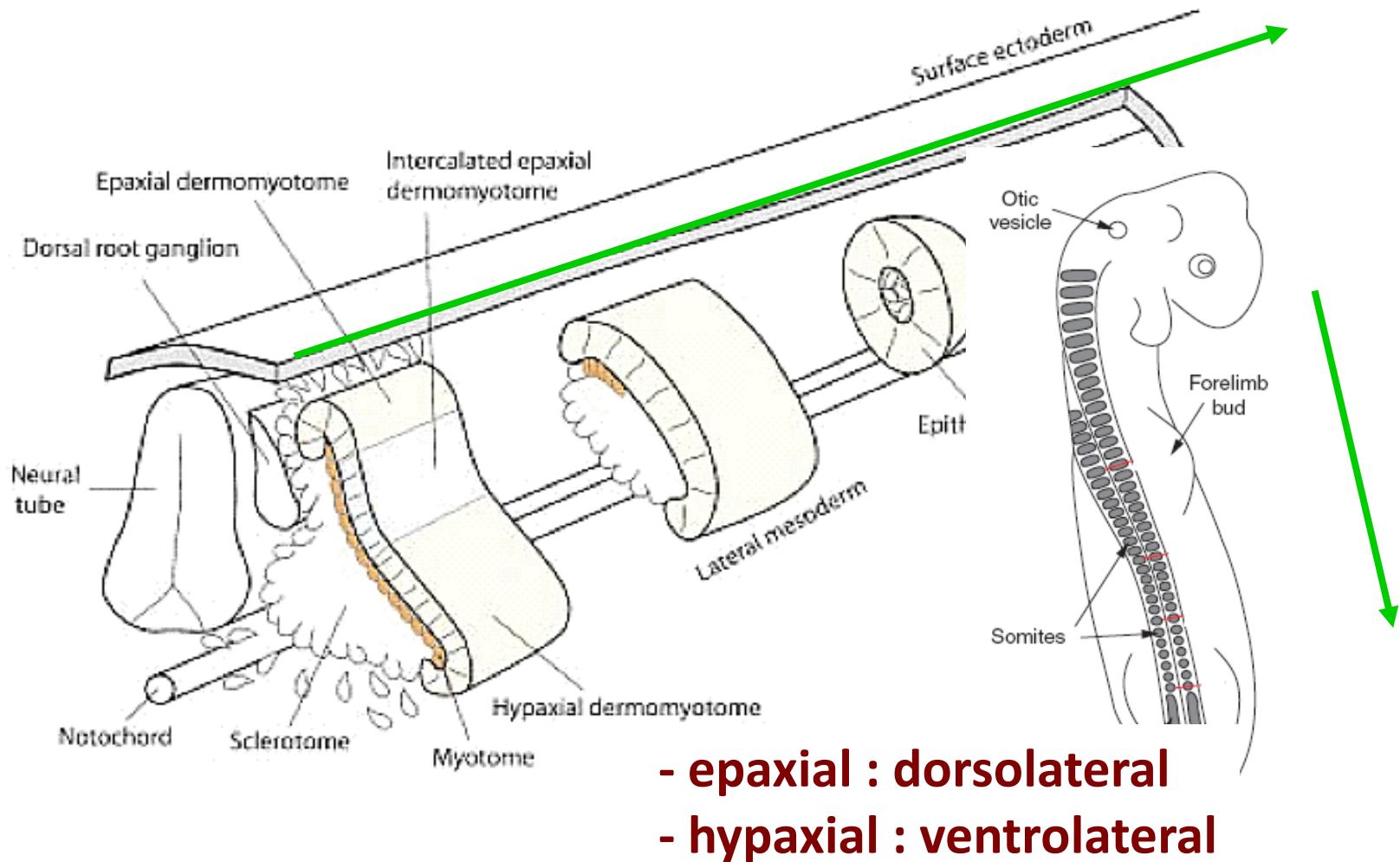
The somite subdivides into :

- the sclerotome (ventral medial part)
- the dermomyotome (dorsal part)

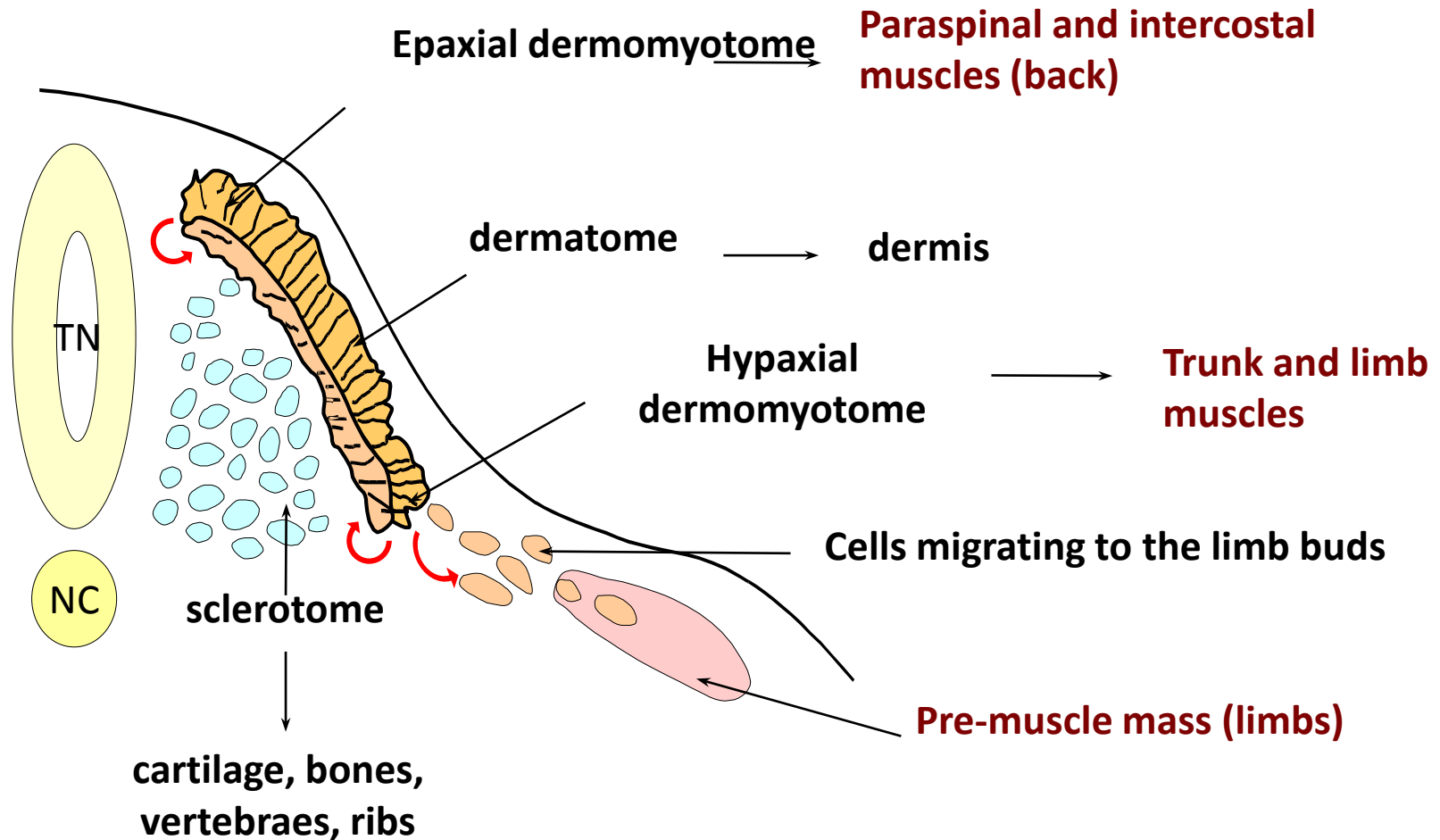
Derivatives of somites

- the **sclerotome** that gives rise to cartilage, vertebrae and most of the ribs.
- the **dermomyotome**, a double-layered structure composed of myotome in the lower layer and dermatome in the upper layer :
 - ⇒ myotome : skeletal muscles (body, limbs)
 - ⇒ dermatome, that generates dermis (skin)

Formation of the dermomyotome



Derivatives of the dermomyotome

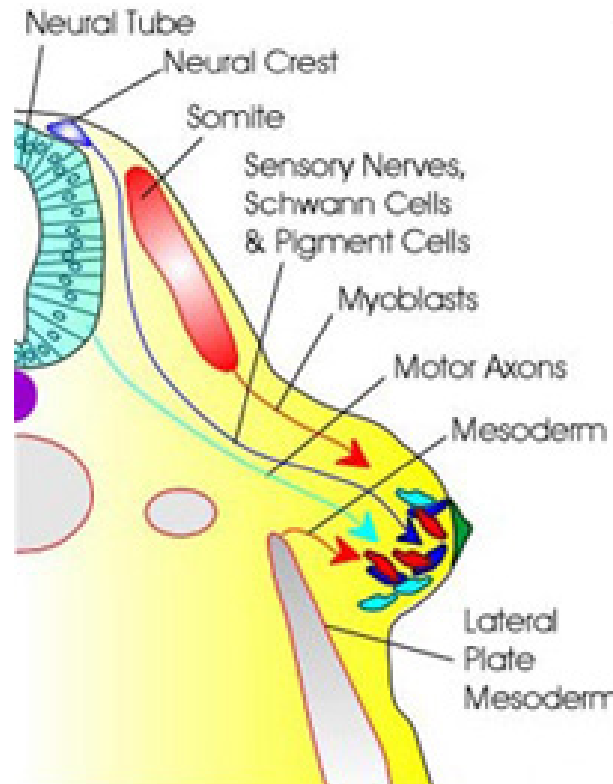
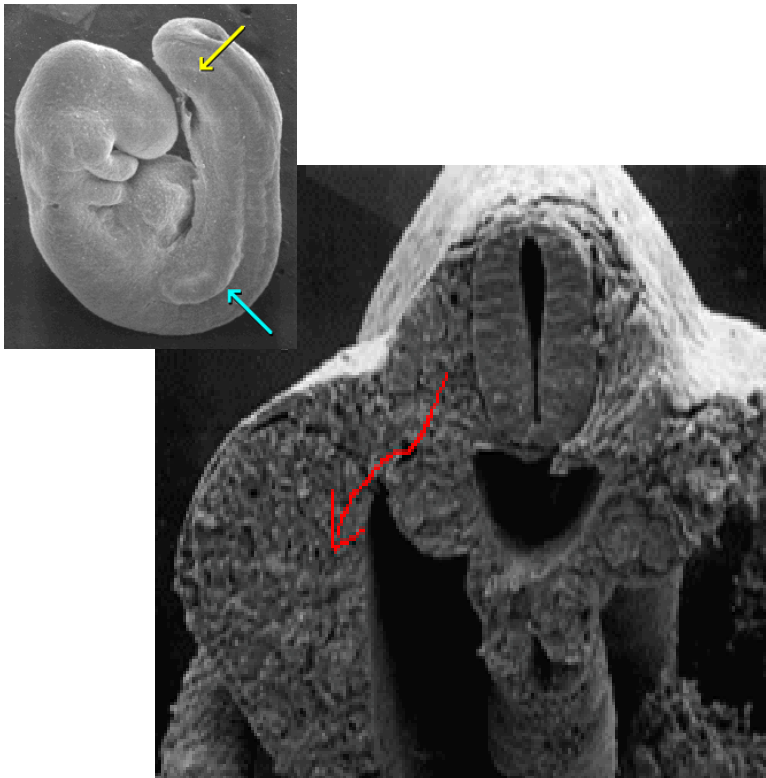


Epaxial vs. hypaxial muscles

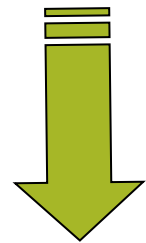
	Epaxial muscles	Hypaxial muscles	
Position in the adult	Dorsal	Superficial, lateral, ventral	
Innervation	Dorsal ramus of spinal nerves	Ventral ramus of spinal nerves	
Embryonic origin	Medial somite	Lateral somite	
Precursors			
Induction	By synergistic signals from neural tube/ectoderm and from notochord/floor plate	By synergistic signals from lateral mesoderm and ectoderm	
Migratory profile	Non-migratory	Non-migratory (flank level)	Migratory (occipital, cervical, limb levels)

Adapted from Dietrich et al., 1999

Limb muscles



Cell
migration

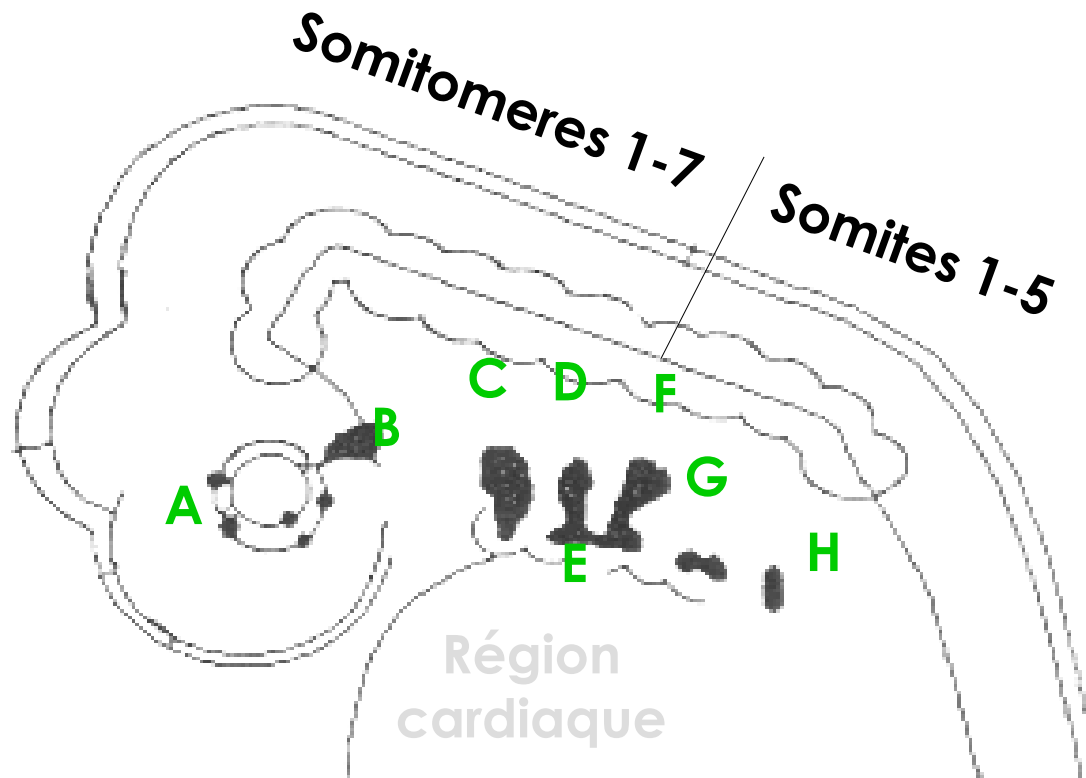


Limb
colonisation

In the limb buds, the mesenchyme arises from

- the lateral plate mesoderm (→ skeleton)
- the ventrolateral part of the myotome (→ muscles)

Craniofacial muscles



- A : ocular muscle
- B : lateral rectus
- C : masseter
- D : facial muscles
- E : tongue
- F : pharyngeal muscles
- G : laryngeal muscles
- H : neck muscle

They arise from cephalic somitomeres
and from rosto-occipital somites.

Take-home message

- ectoderm
- endoderm
- mesoderm:

- lateral
- intermediate
- paraxial :

→ somitomers → somites

s1-s7 : m. cranio-facial



- sclerotome (cartilage, vertebrae)
- dermomyotome :

- dermis
- myotome :

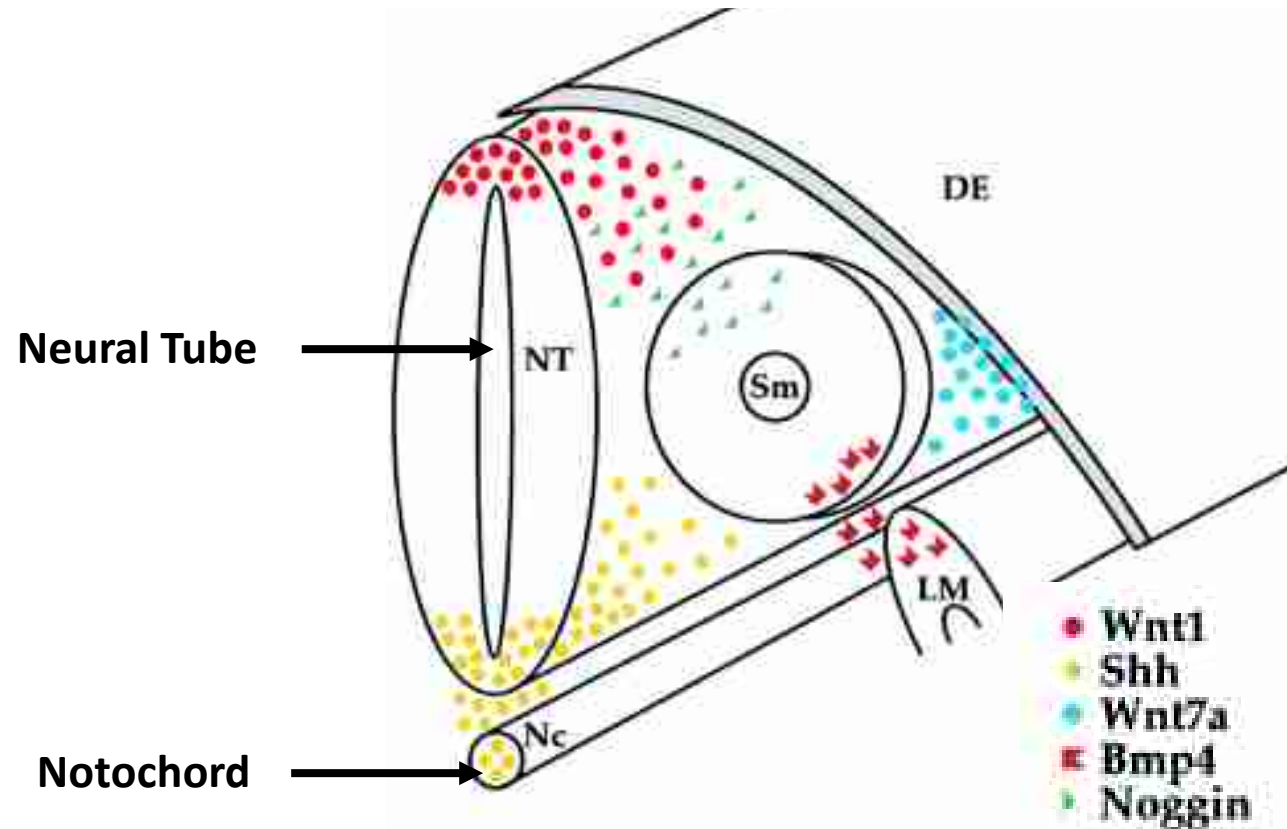
- epaxial (back muscles)
- hypaxial (limb and trunk muscle)

REGULATION

Morphogenetic signals

Morphogenic signals

Signals secreted by the surrounding tissue (paracrine) orchestrating muscle development



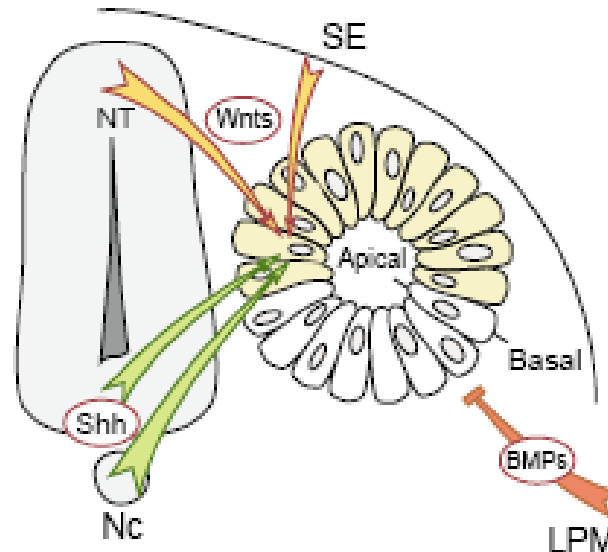
Morphogenic signals

Wingless

Wnt1

Wnt7

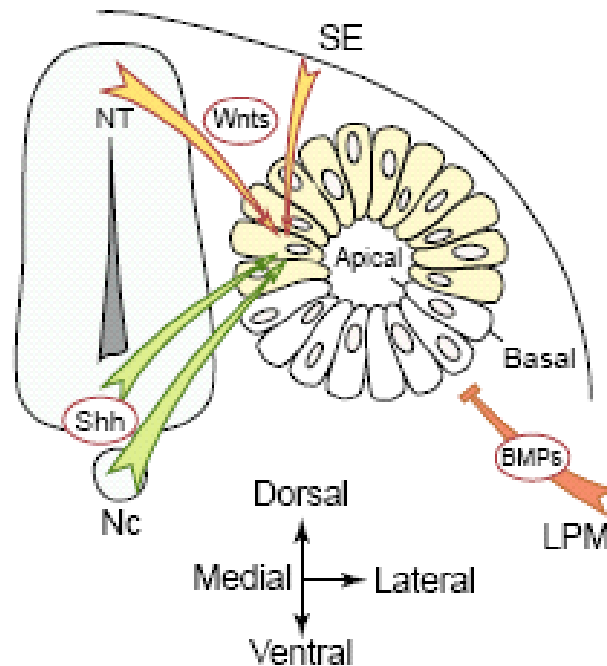
Sonic hedgehog



- Wnt signals control the induction of muscle tissue morphogenesis
- Shh is necessary for the maintenance and proliferation of cells in the epaxial region

Morphogenic signals

A gradient of BMP4 protein (lateral mesoderm) delays muscle differentiation in the ventrolateral area vs. the dorsomedial part.

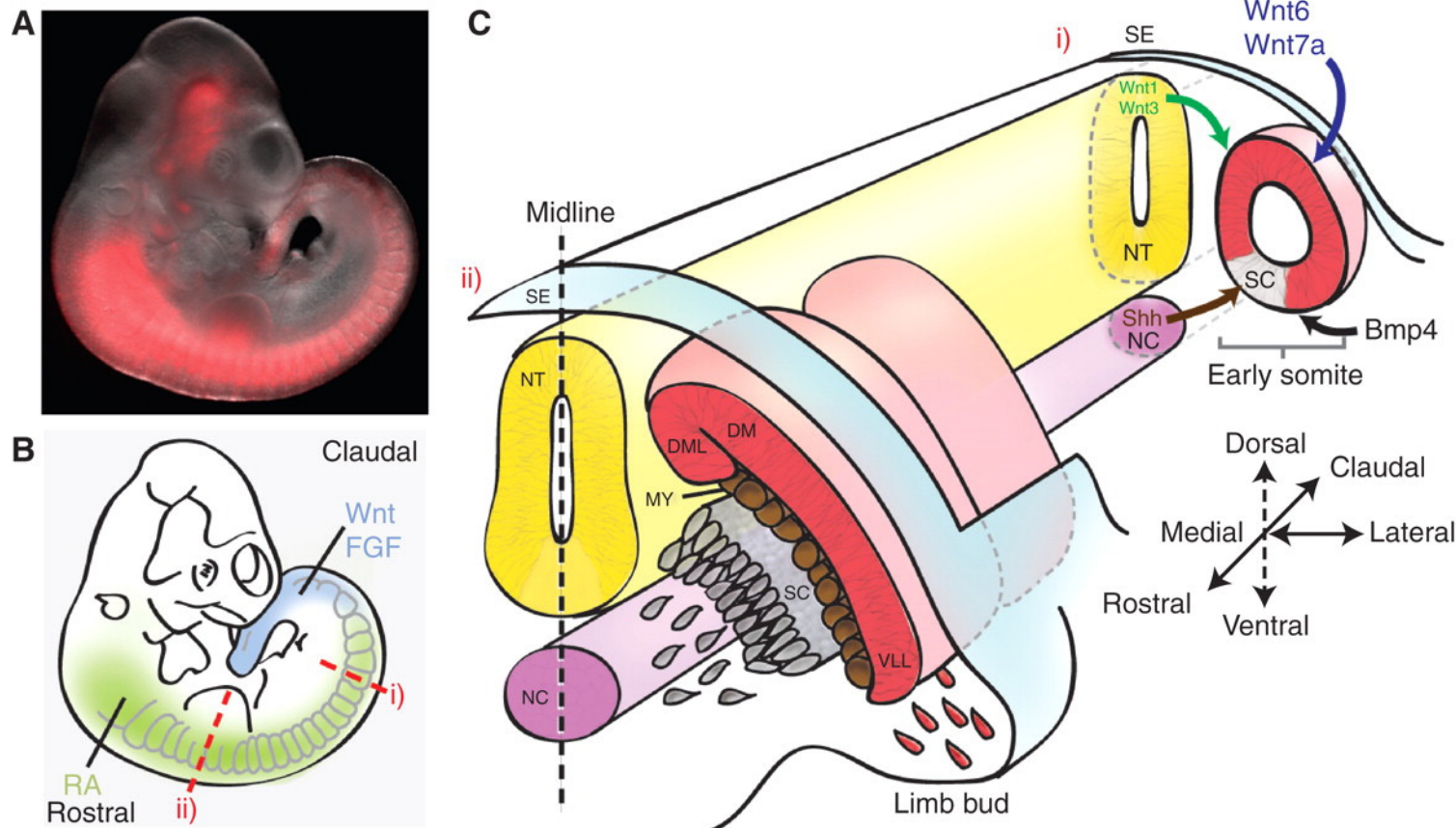


BMP₄ induces lateralization of the somite.

Morphogenic signals

Growth factors secreted by the lateral mesoderm play an essential role in inducing the migration of precursor cells of hypaxial muscle.

- TGFs beta
- FGFs
- HGF (c-met receptor)



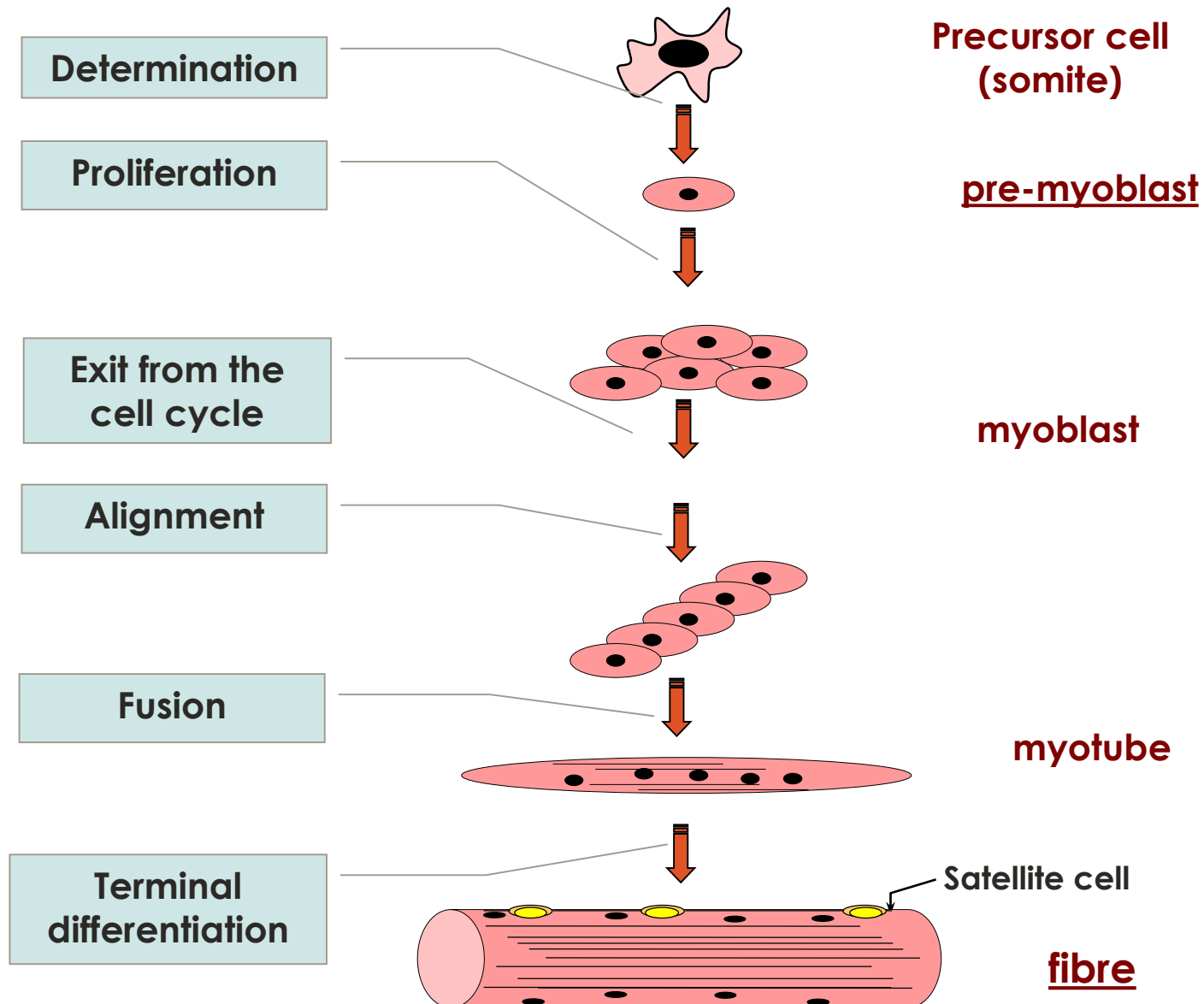
C. Florian Bentzinger et al. Cold Spring Harb Perspect Biol
2012;4:a008342



REGULATION

Genes controlling the commitment of cells into the muscle lineage and myogenic differentiation

Myogenesis (at the cell level)



Definitions

Cell fate specification: Labile state where a cell has **reversibly** acquired fate.

Determination: state where a cell has **irreversibly** acquired fate (lineage commitment regardless of the environment ; changes in gene expression transmitted to offspring cell).

Differentiation: **changes** involved in the diversification of the structure and function of cells. Acquisition of the characteristics that allow different cell types to perform their functions.

TRANSCRIPTION FACTORS

Key genes (transcription factors) control the expression of target genes.

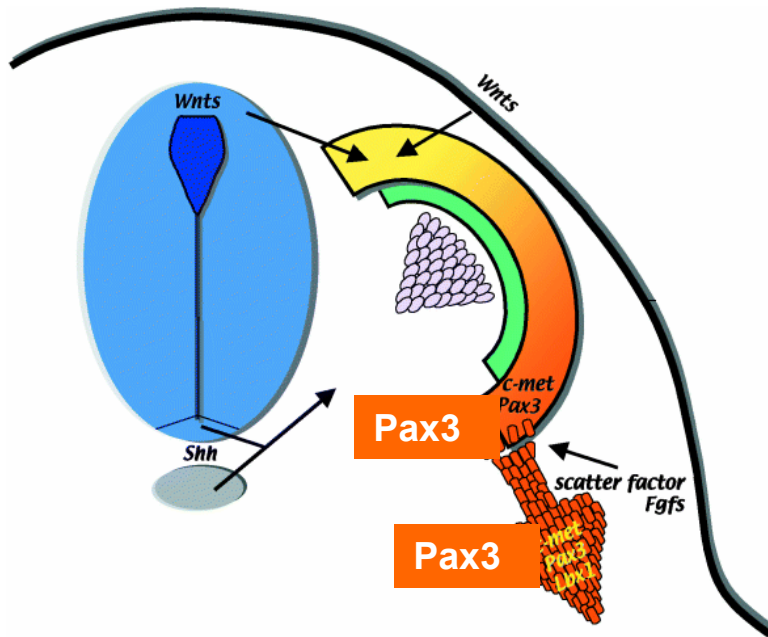
examples covered:

1-Pax3 and cell specification

2-myogenic regulatory factors (MRFs)

1-Paired-box homeotic factor 3

Pax3



Expression

- paraxial mesoderm
- dermomyotome
- cells colonizing limb buds
- neurogenic precursors

Pax3/epaxial m. vs hypaxial m.

	Epaxial muscles	Hypaxial muscles	
Migratory profile	Non-migratory	Non-migratory (flank level)	Migratory (occipital, cervical, limb levels)
Marker gene expression			
<i>Sim1</i>	No	Yes	Yes
<i>Pax3</i>	Low levels	High levels	High levels
<i>cMet</i> ^a	Yes	Yes	Yes
<i>Lbx1</i>	No	No	Yes
Adult muscles (example)	Deep muscles of the back	Body wall muscles	Limb muscles

Adapted from Dietrich et al., 1999

Pax3 function and action

- No hypaxial myotome and limb musculature in Pax3 $-/-$ mice.
- Pax3 induces myogenesis in totipotent cells.
- Overexpression of a dominant negative Pax3 abolishes myogenesis in mice.
- Pax3 controls the expression of myogenic factors

Role in myogenic specification

2-Myogenic Factors (MRFs)

The muscle **IDENTITY** is conferred by the expression of "myogenic regulatory factors" .

MyoD	<i>Myogenic determination factor 1</i>	Davies et al., 1987
Myf-5	<i>Myogenic factor 5</i>	Braun et al., 1989
Myogenin	<i>Myogenin</i>	Wright et al., 1989
MRF-4	<i>Myogenic regulatory factor 4</i>	Rhodes et al., 1989

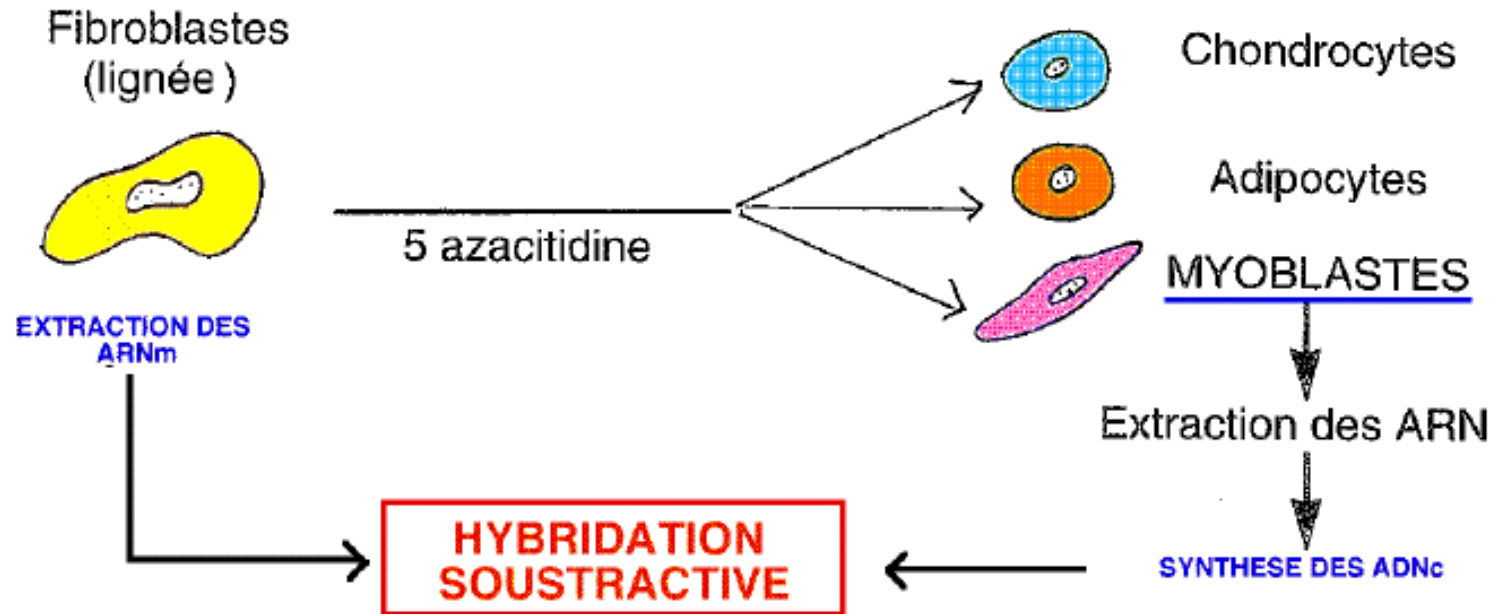
MyoD family

Experimental demonstration

Fibroblasts from mouse embryos cultured in the presence of 5-azacytidine differentiate mainly in myoblasts.

MyoD family

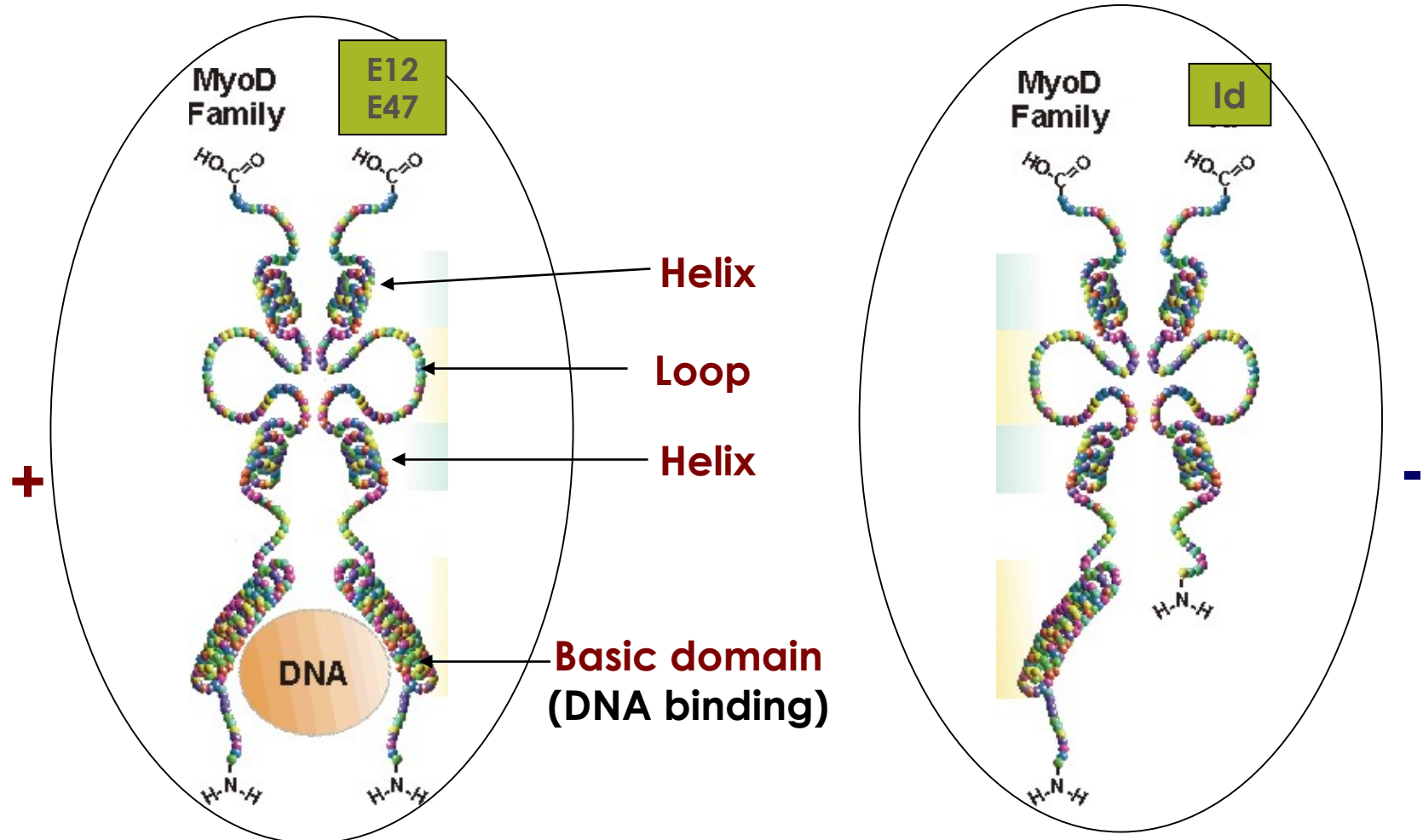
Identification



Identification of MyoD1, myogenin, Myf5, MRF4

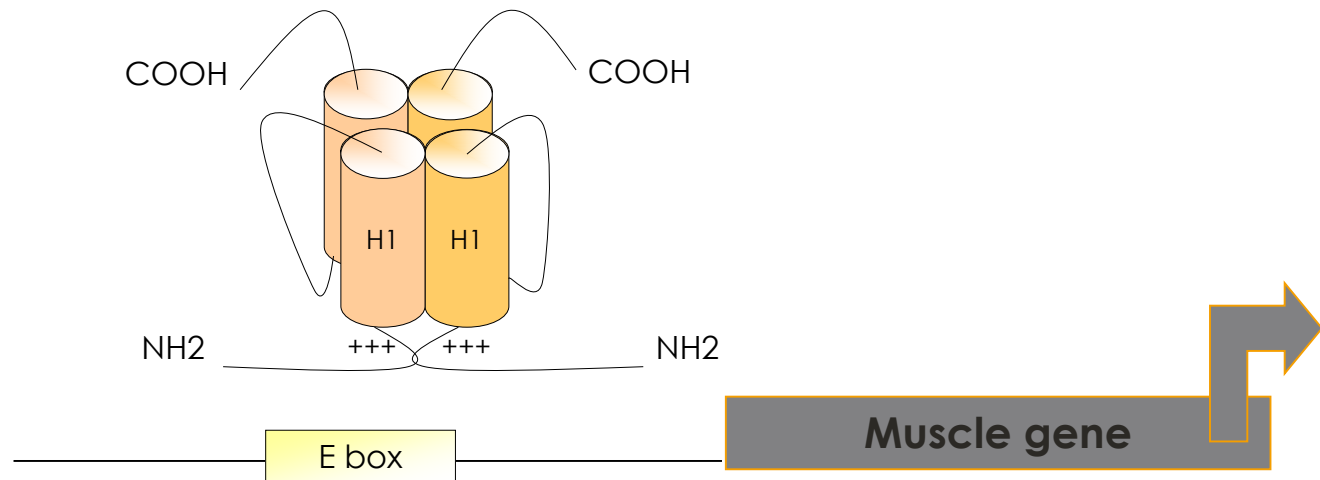


Structure



Basic Helix-Loop-Helix (bHLH) Transcription factors
Heterodimerization with bHLH proteins

Activity



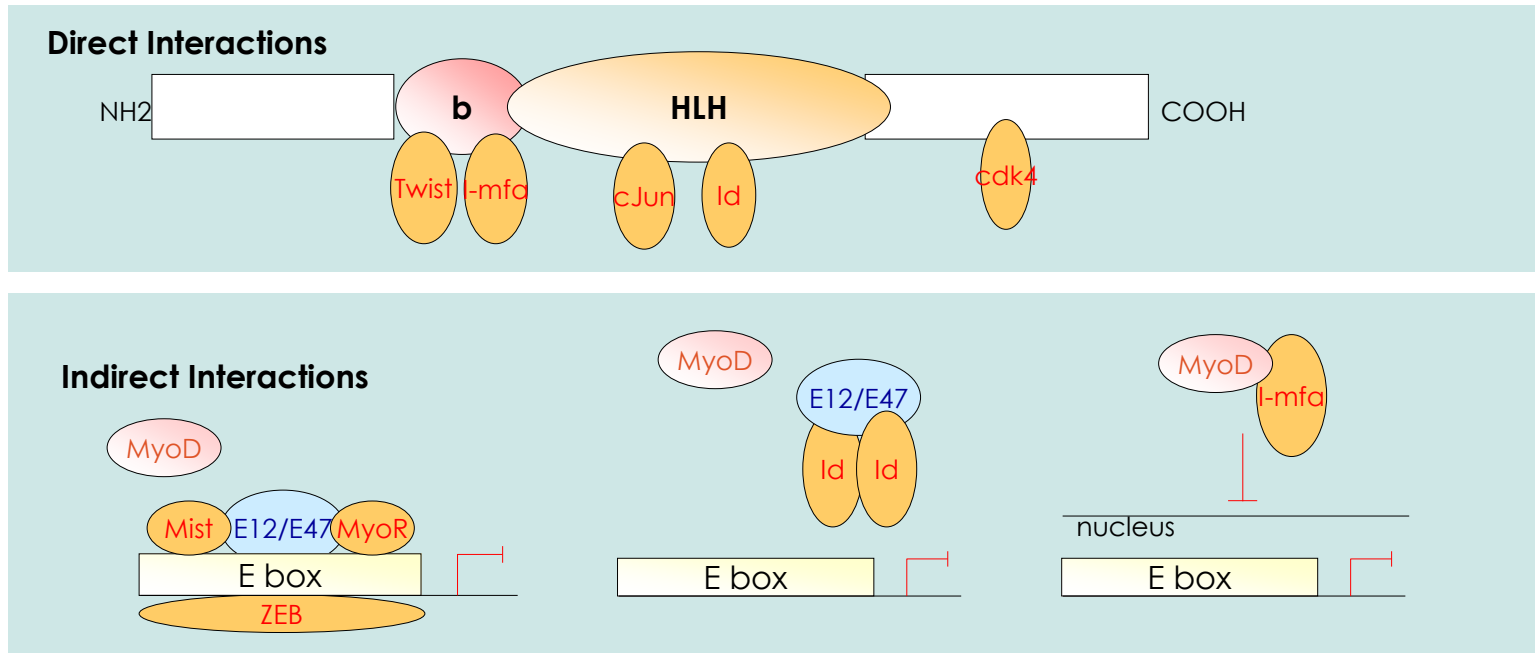
- **Transcriptional activity**
- **Bind to consensus E-box sequence (CANNTG): Found in promoters of many muscle-specific genes**
- **Autoregulatory loop**

Regulation

By positive partners

- E12/E47
- MEF2 family members (muscle enhancer factors: MEF2A, b, c, d)
- MLP (Muscle LIM Protein)

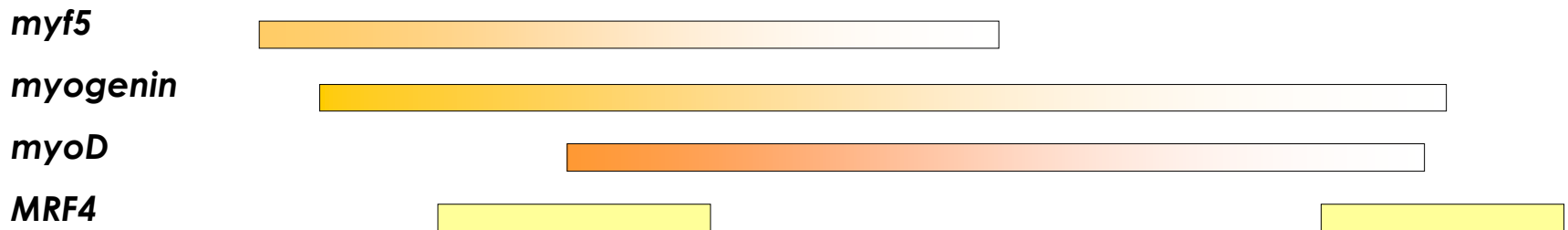
By negative partners



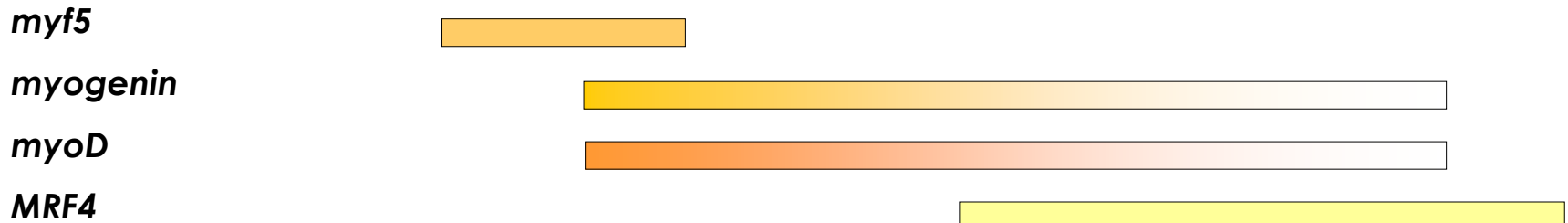
Expression

Days pc 8 8,5 9,5 10,5 11,5 12,5 13,5 17,5 birth adult

Somites/Myotome



Limb buds

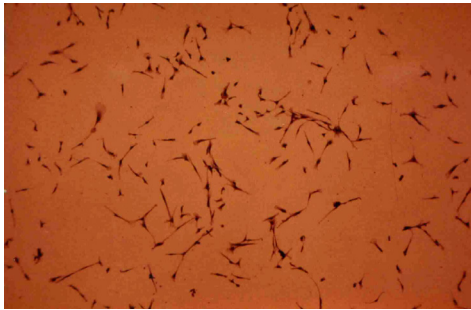


Sequential expression during mouse development (*in situ hybridization*).

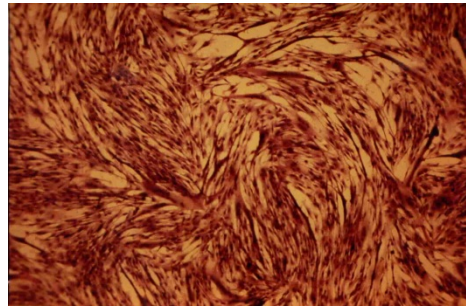
According to Buckingham, 1992

Expression in vitro

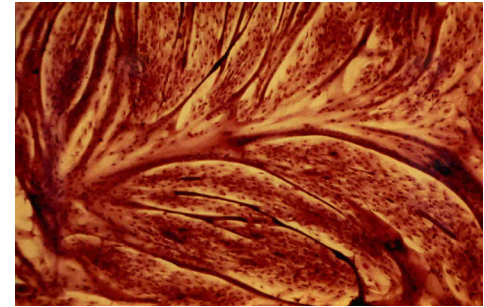
Proliferation



Fusion



Differentiation



Myf5, MyoD



Myogenin

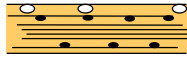
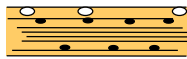


MRF4



Function

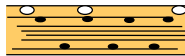
Invalidation experiments (knock-out)

Genotype	Somitic cell	Myoblasts	Myotubes	References
myf5 ^{-/-}	 →	 →		Braun <i>et al.</i> , 1992
myoD ^{-/-}	 →	 →		Rudnicki <i>et al.</i> , 1992
myoD ^{-/-} et myf5 ^{-/-}	 —			Rudnicki <i>et al.</i> , 1993

- Myf5 and MyoD: myogenic induction program (Determination)
- Partially redundant functions
- Myf5: epaxial muscle ; MyoD: hypaxial muscle

Function

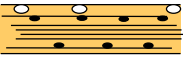
Gene-targeting experiments (knock-out)

Genotype	Somitic cell	Myoblasts	Myotubes	References
myogenin^{-/-}		→ 		Hasty <i>et al.</i> , 1993 Nabeshima <i>et al.</i> , 1993
MRF4^{-/-}		→ 	→ 	Braun et Arnold, 1995 Patapoutian <i>et al.</i> , 1995 Zhang <i>et al.</i> , 1995

- myogenin: crucial role in differentiation
- Compensation of MRF4 loss by myogenin ?

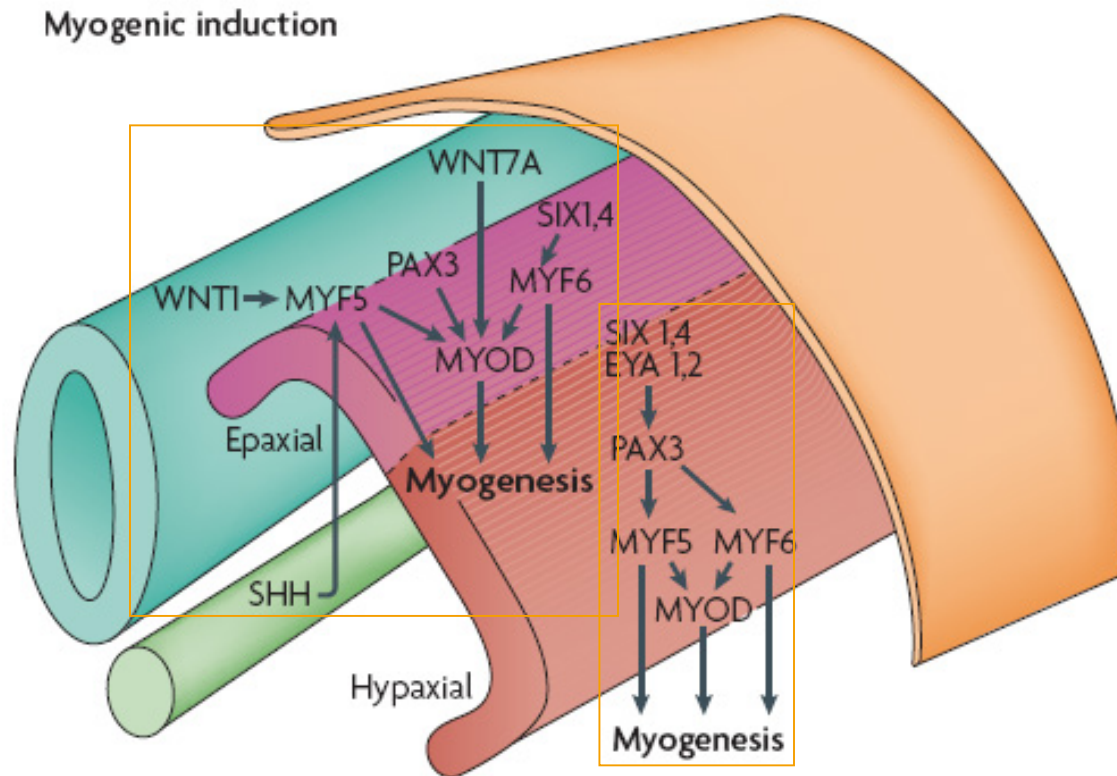
Function

Knock-in experiments (gene x replaces gene y)

Genotype	Somitic cell	Myoblasts	Myotubes	References
myogenin KI myf5		→ 	→ 	Wang et al., 1996
MRF4 KI myogenin		→ 	→ 	Zhu et Miller, 1997
myogenin KI myf5 myogenin -/-		→ 	→ 	Wang et Jaenisch, 1997

- myogenin: role downstream of Myf5 and MyoD
- Mrf4 can compensate for the absence of myogenin
- importance of **spatiotemporal** expression

Regulation of myogenic induction

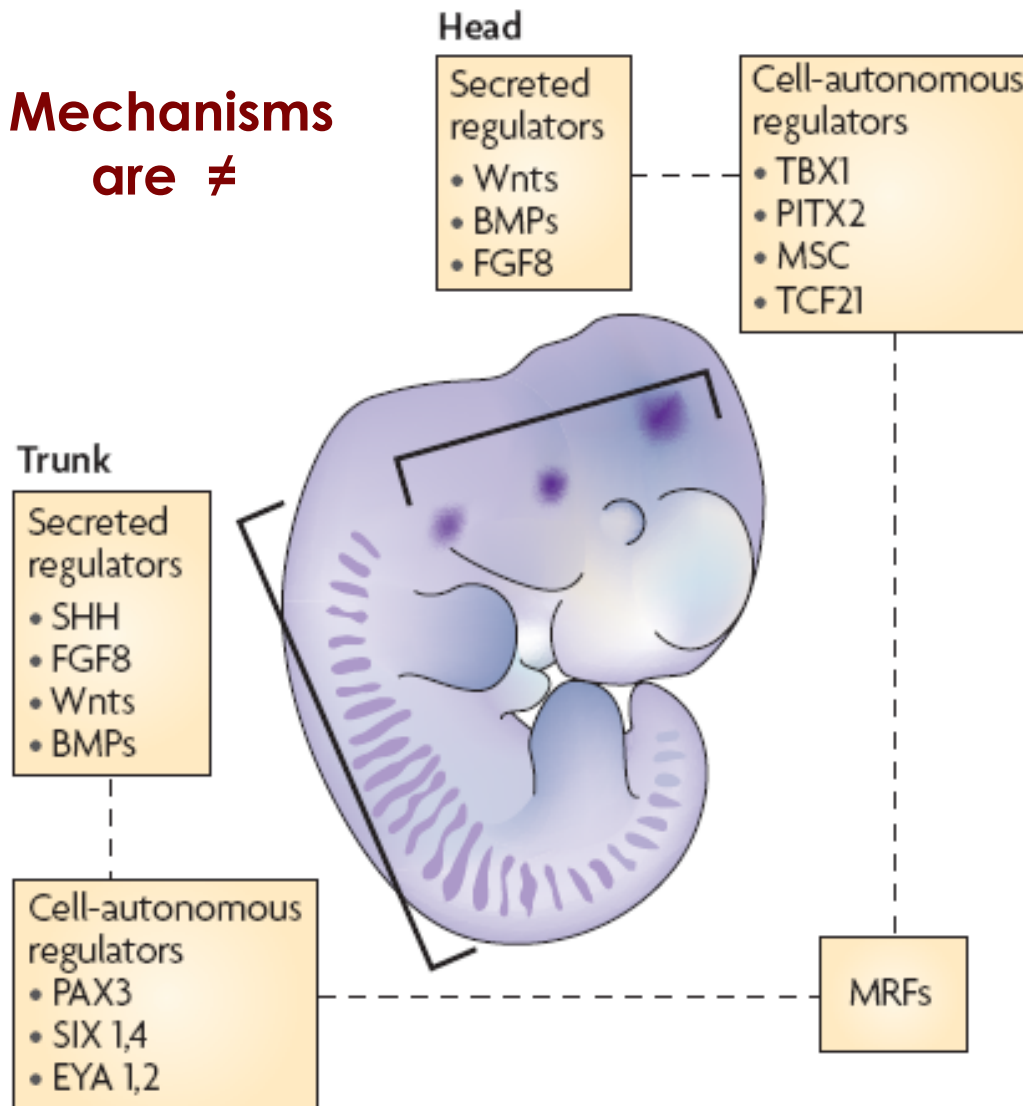


≠ muscle in epaxial and hypaxial muscle

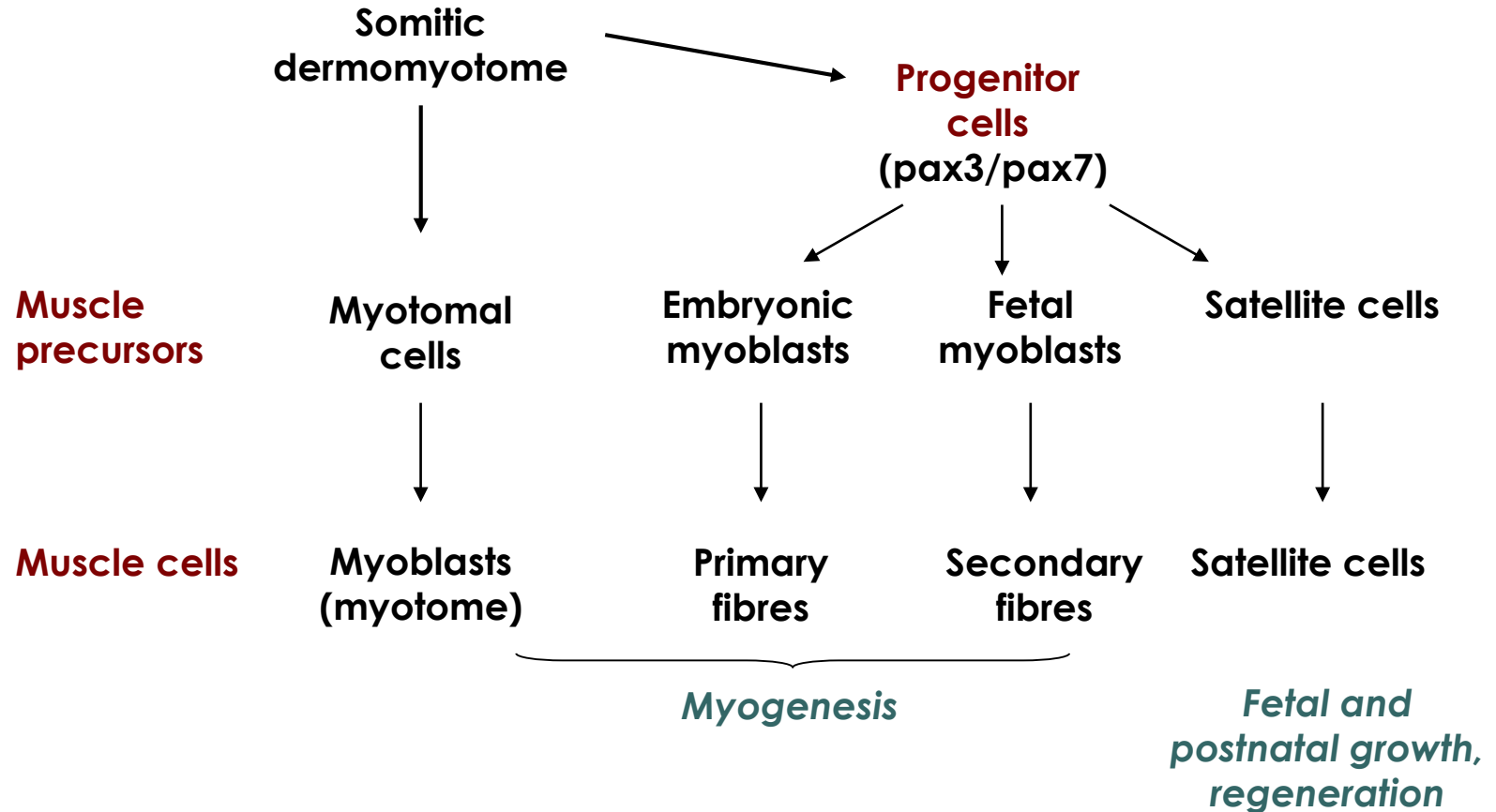
Features head / trunk

**Mechanisms
are $\neq$**

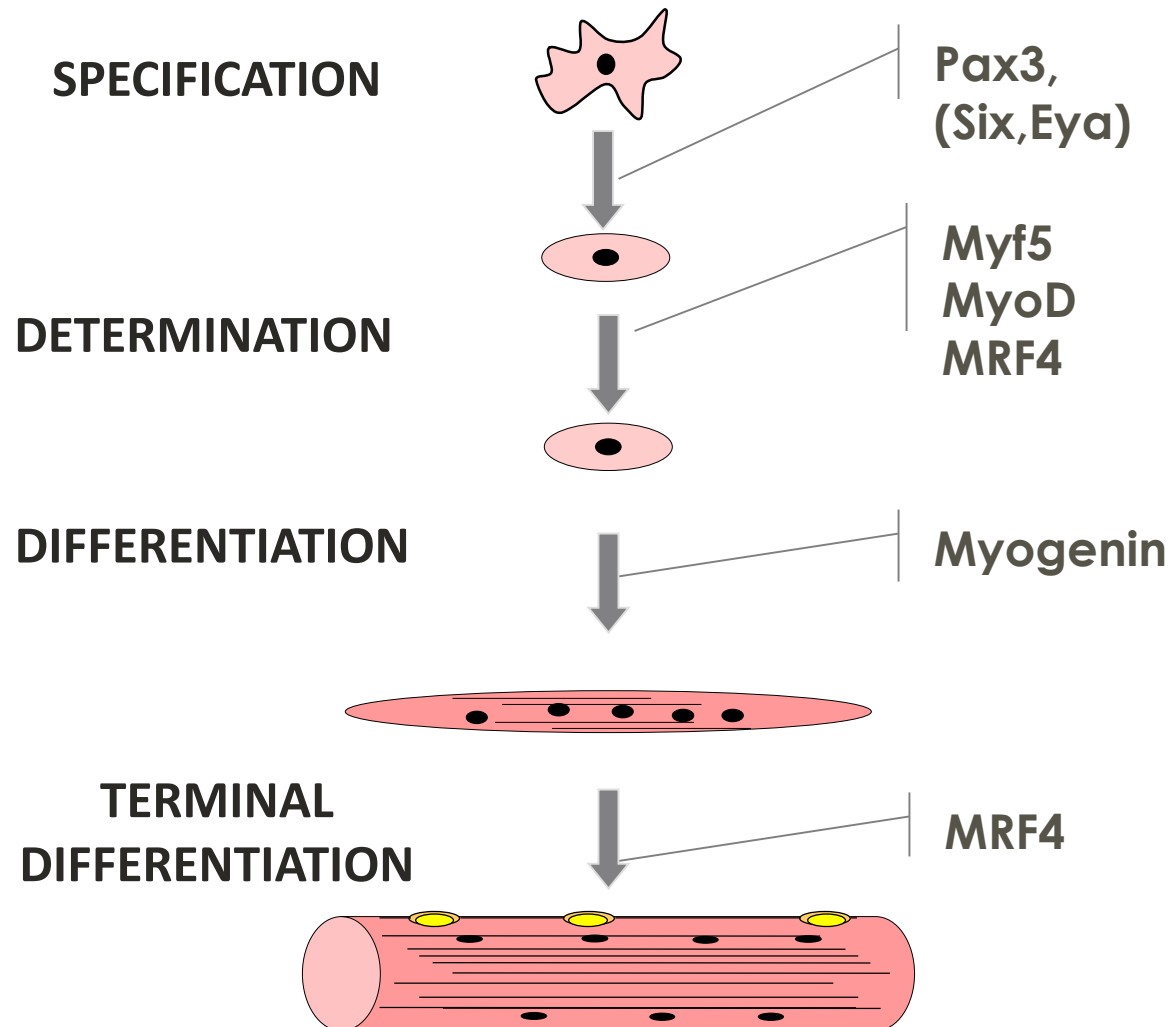
~~Pax3~~



Myogenic lineages

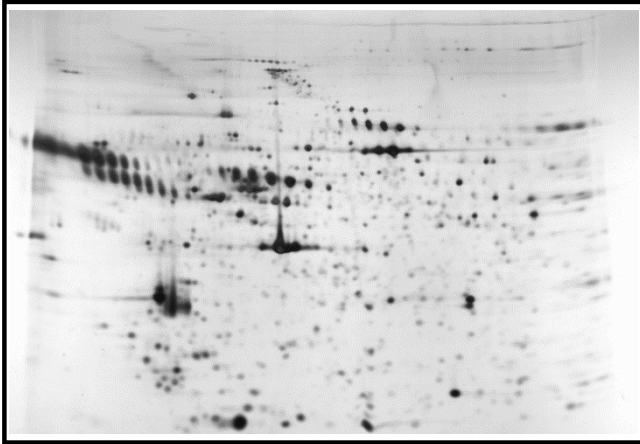


Take-home message

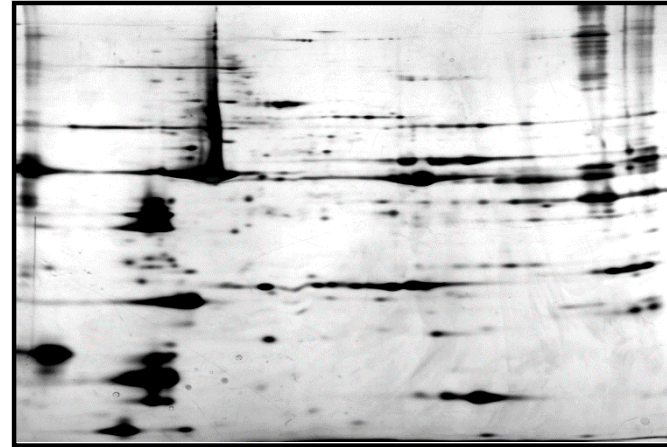


2-FETAL MUSCLE DEVELOPMENT

Expression profiles during myogenesis



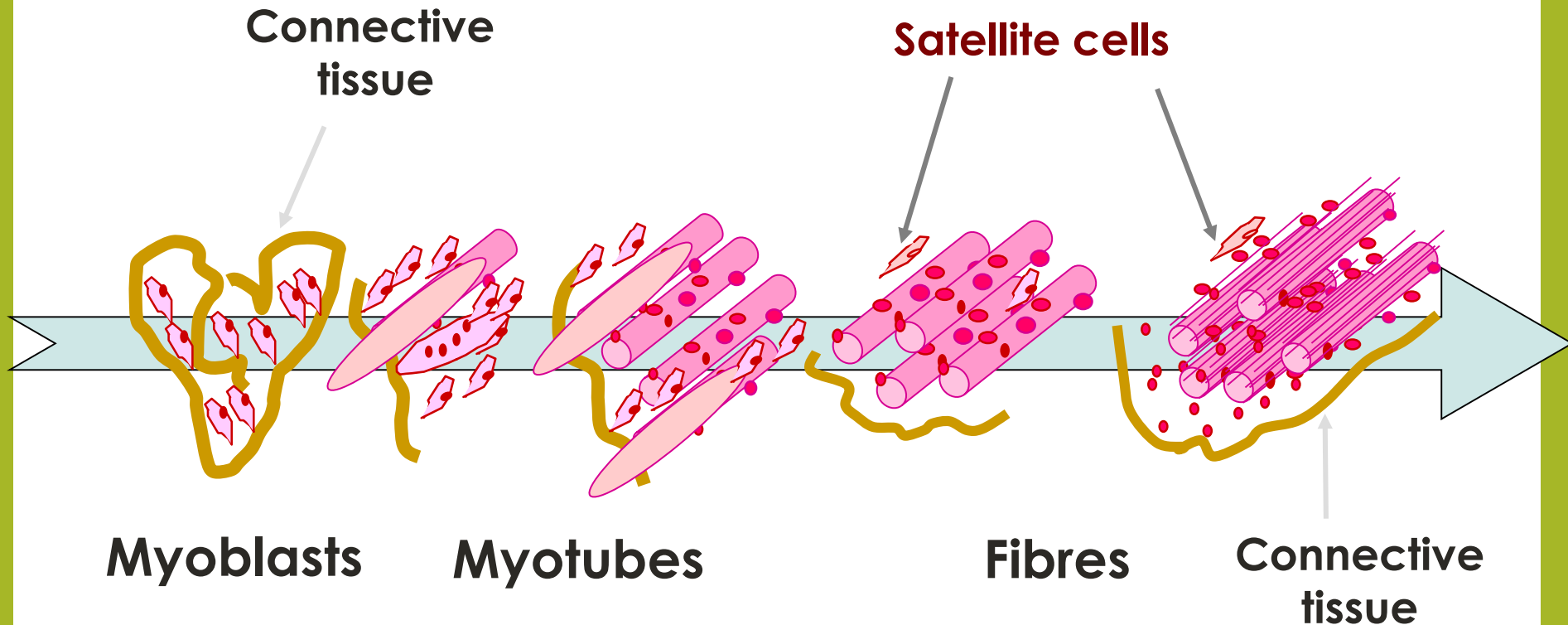
Semitendinosus muscle
(D110 pc)



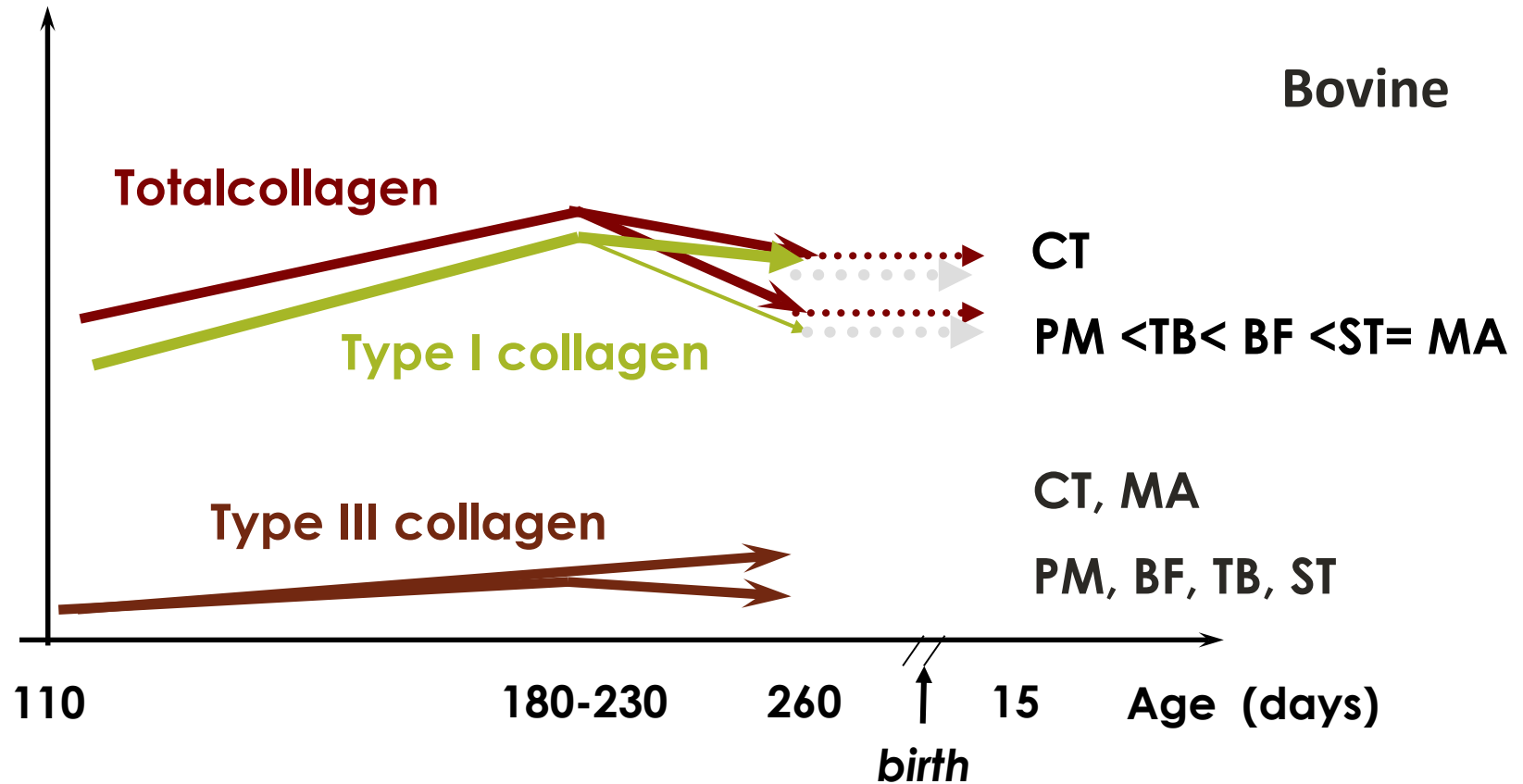
Semitendinosus muscle
(Adult)

The protein profile and transcript profile are specific to the developmental stage and the type of muscle.

Histogenesis of the muscle



Muscle connective tissue

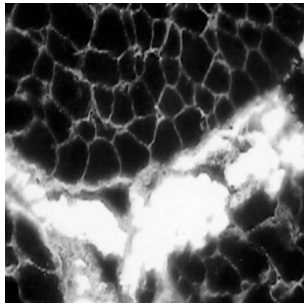


The collagen content increases during the development of fibres and decreases during their growth and differentiation.

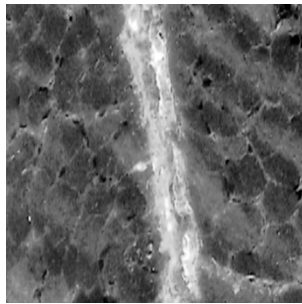
Muscle connective tissue

Collagen isoforms at the end of fetal life.

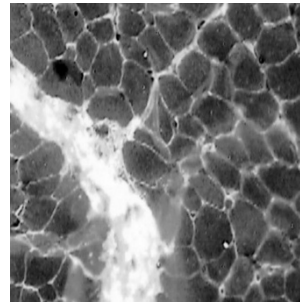
I



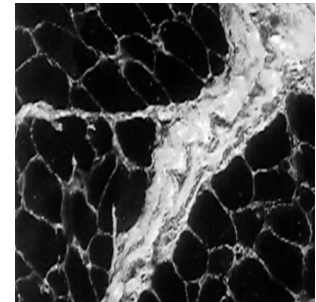
III



V

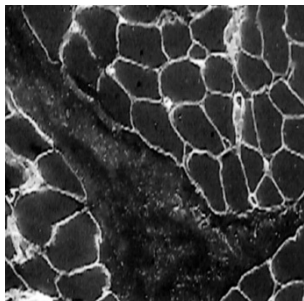


VI

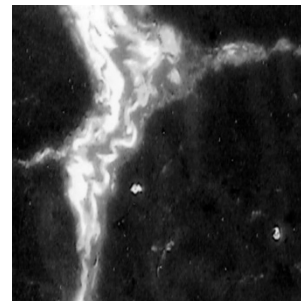


Semitendinosus Muscle (D260 pc) (250X)

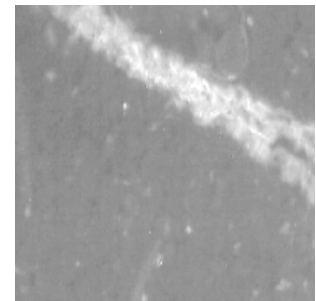
IV



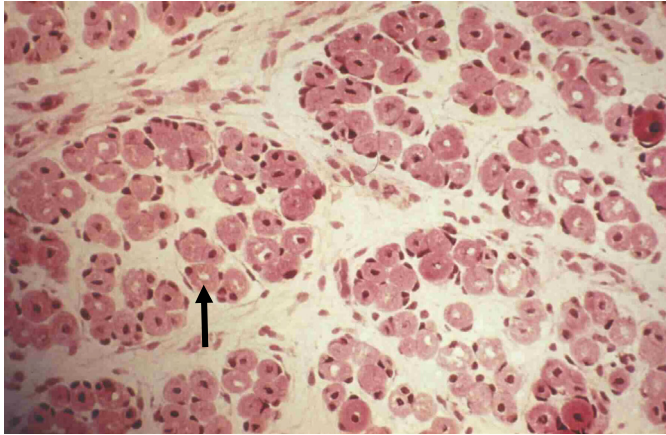
XII



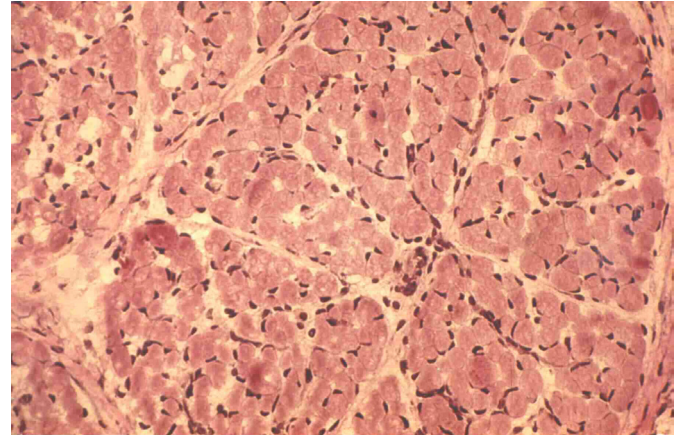
XIV



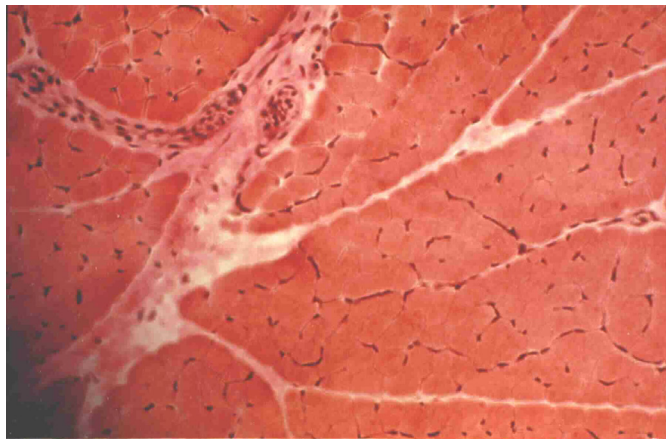
Myogenesis in cattle



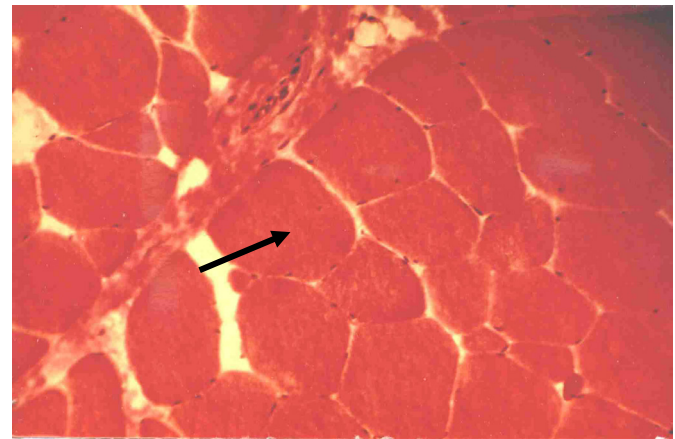
1st trimester



2nd trimester

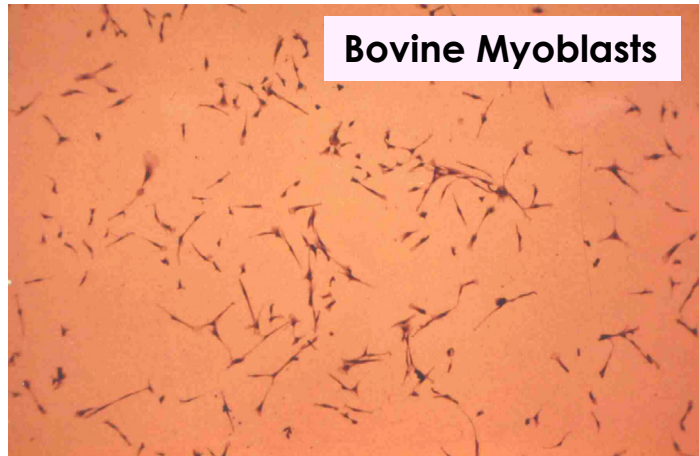


3rd trimester

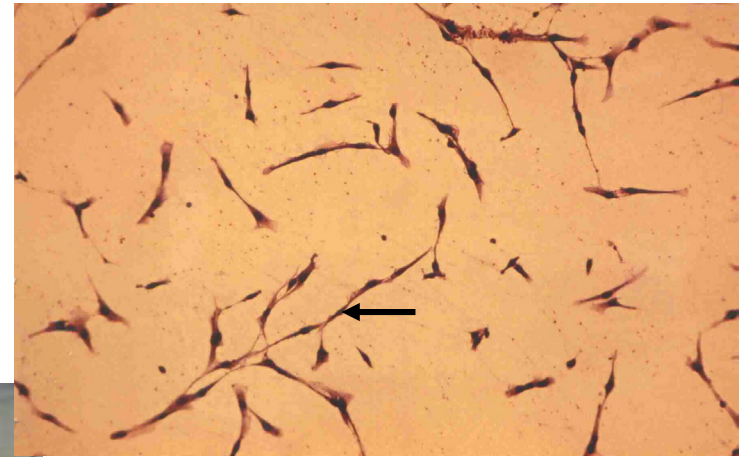


Adult

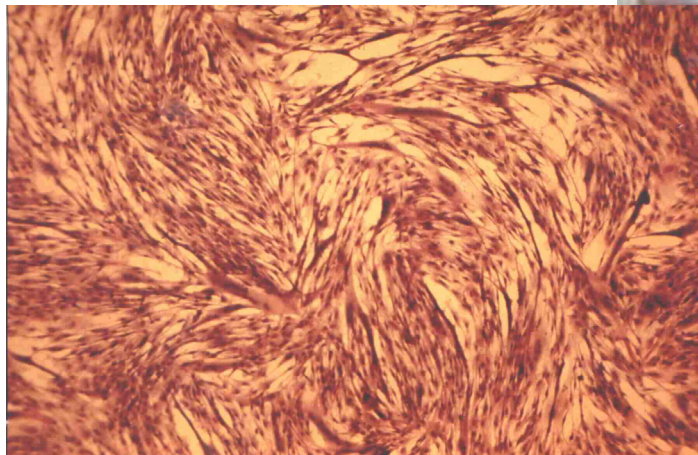
Myogenesis in vitro



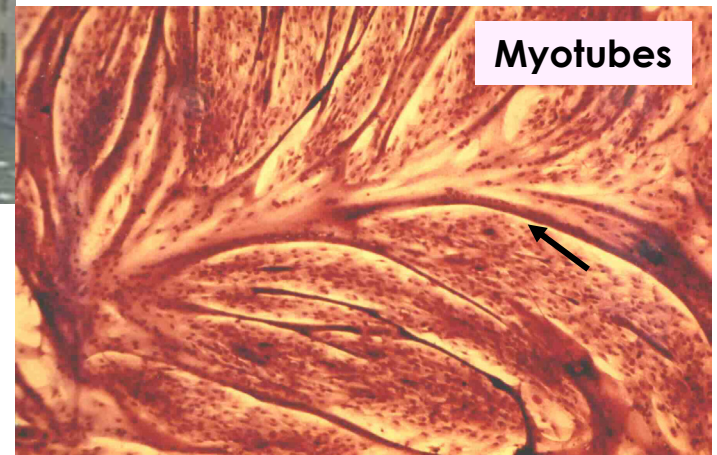
Proliferation



Alignment

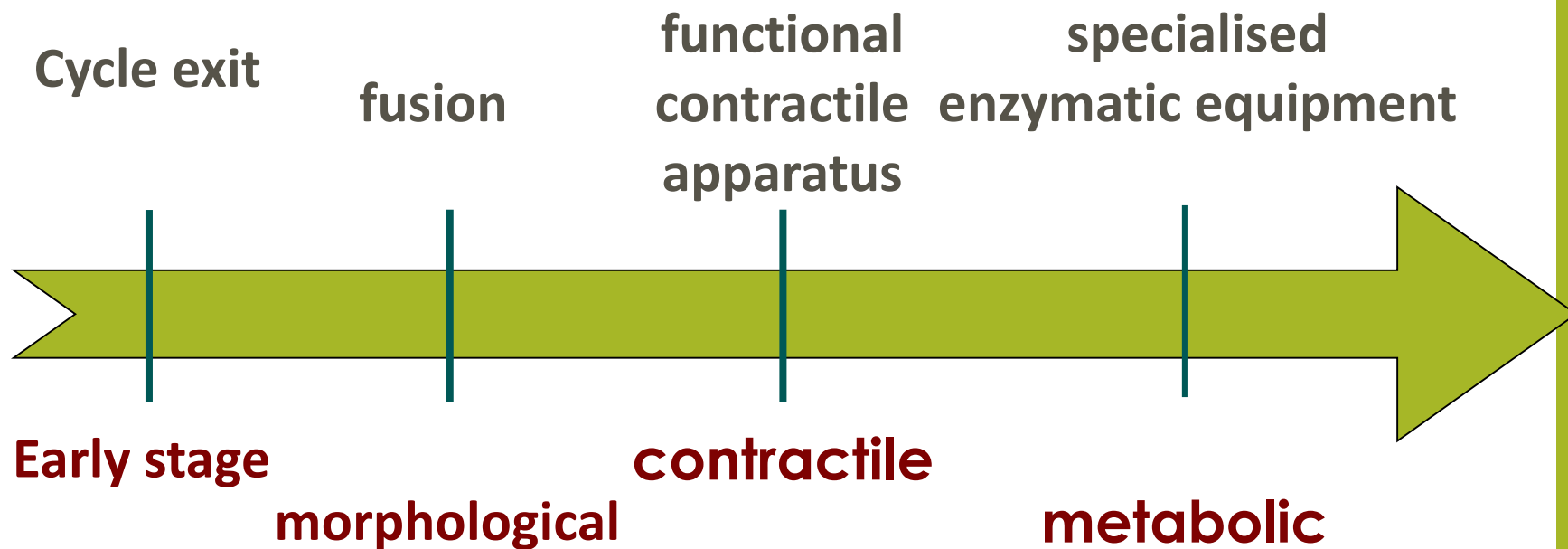


Fusion

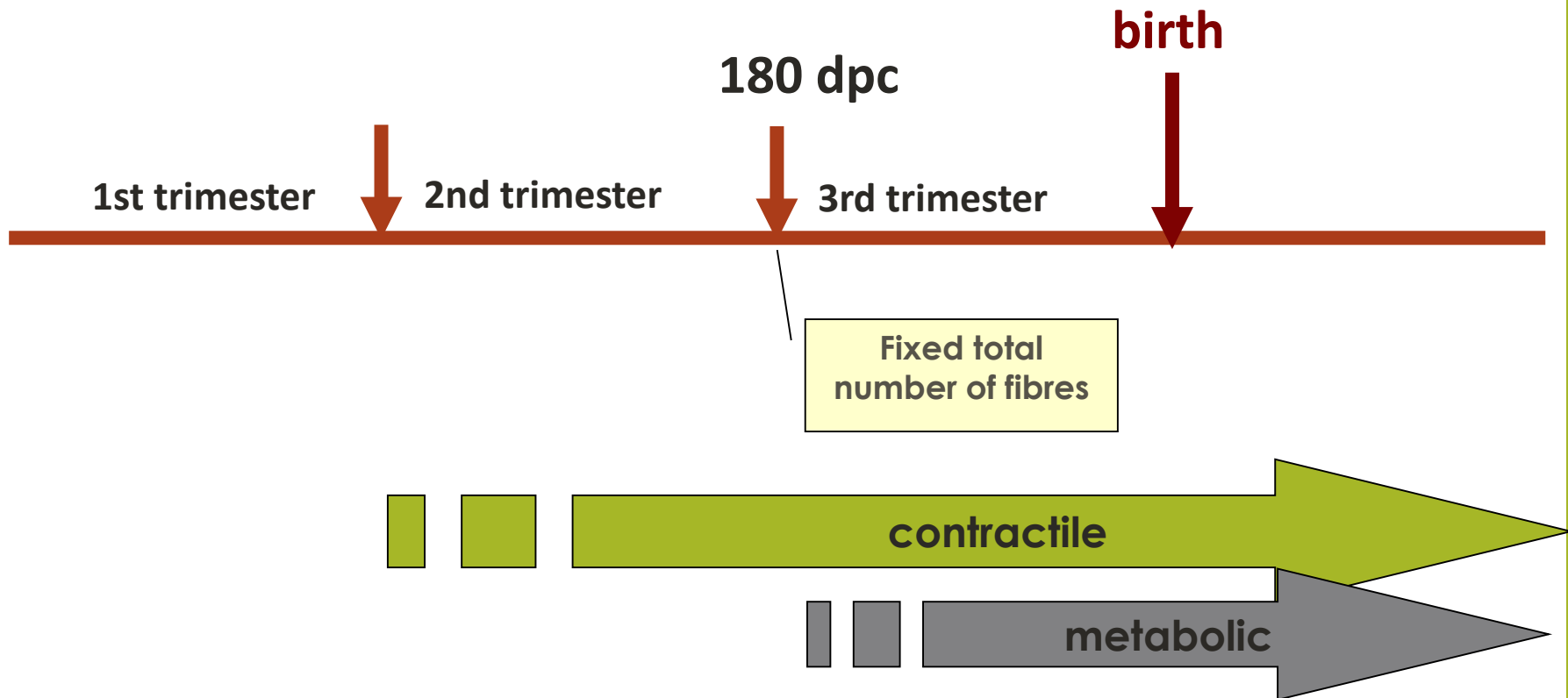


Differentiation

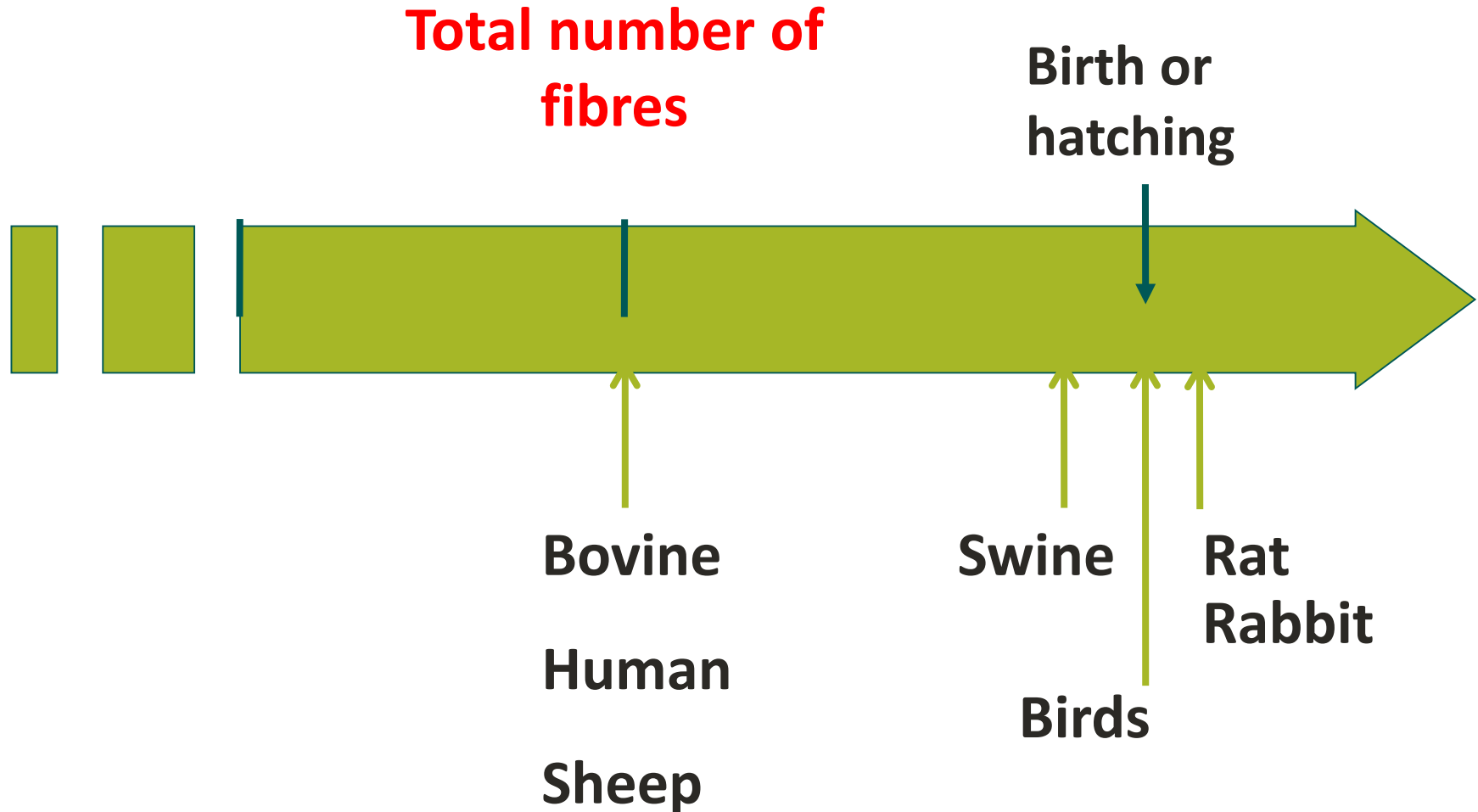
Stages of differentiation



Key stages in cattle



Precocity of myogenesis in cattle



Different generations of muscle fibres



40%

66%

78%

180 days

Total number
of fibres

1st generation

30 dpc

I

I

2nd generation

90 dpc

IIX

IIX
X

3rd generation

110 dpc

IIA

IIC,
I

MyHC dev.

MyHC 2a

MyHC 2x

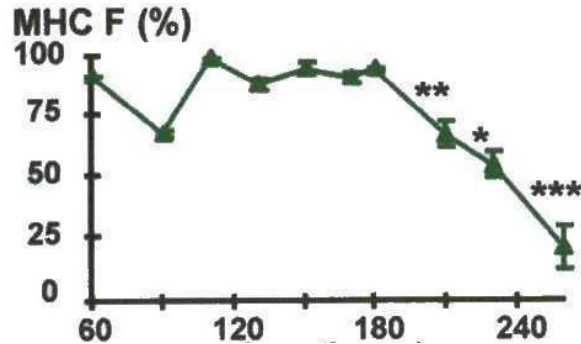
210 d

210 d

210 j

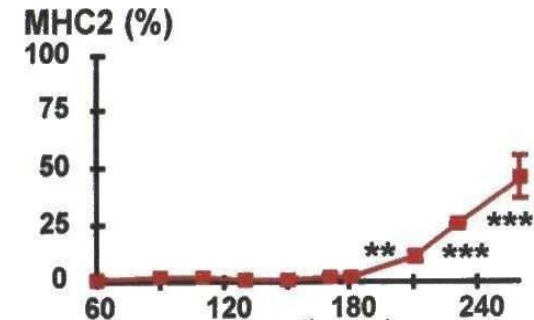
Gagnière et al, 1999; Duris, 1999

Precocity of muscle development in cattle

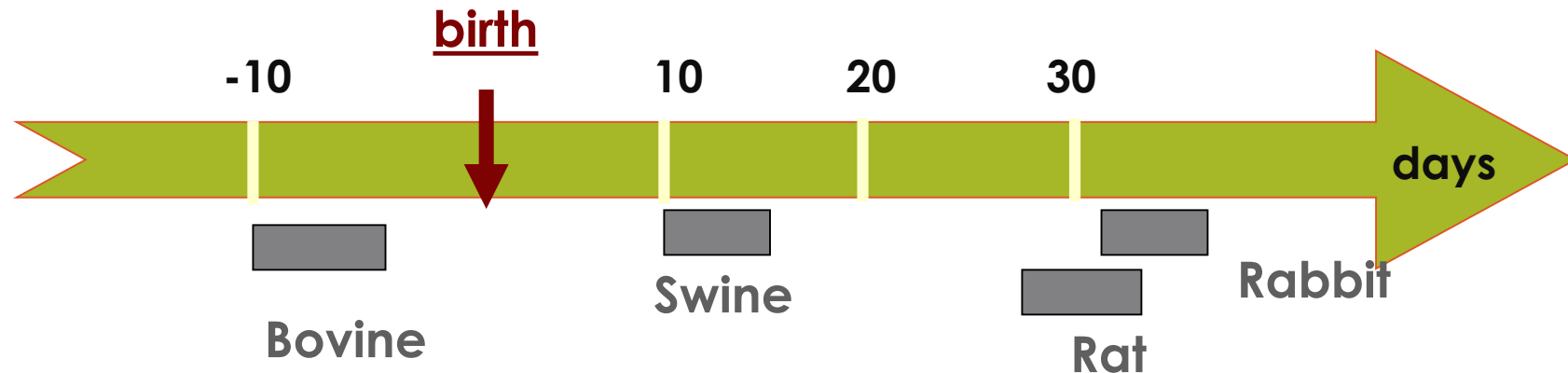


Disappearance
of the fetal MyHC

Developmental
switch



Appearance of adult
fast MyHC



cattle: Picard et al, 1994
Rabbit: Gondret et al, 1996

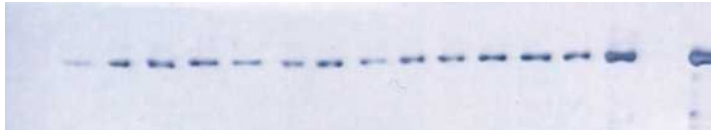
Swine: Lefaucheur et al, 1995
Rat: d 'Albis et al, 1989

Contractile proteins

MyHC

Immunoblotting

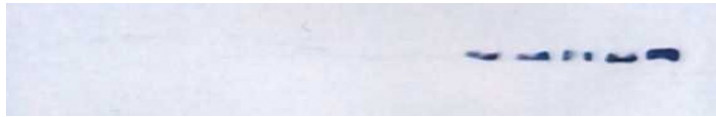
MyHC 1



60

260 CT MA

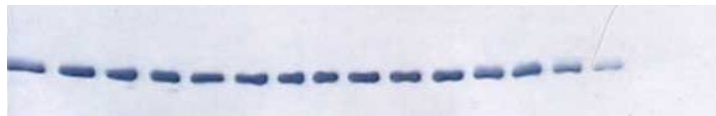
MyHC 2



60

260 CT MA

MyHC F

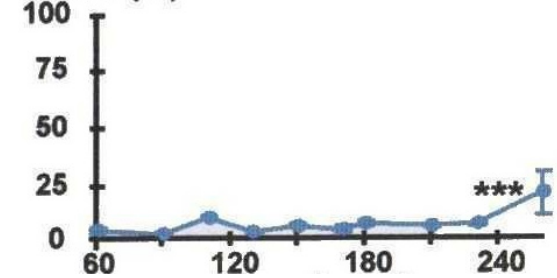


60

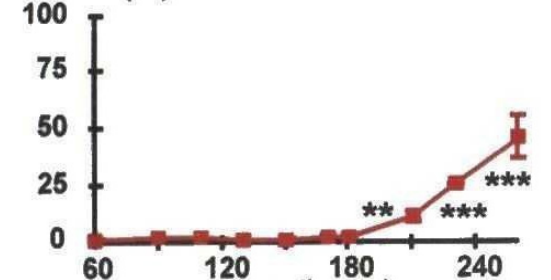
260 CT MA

ELISA assay

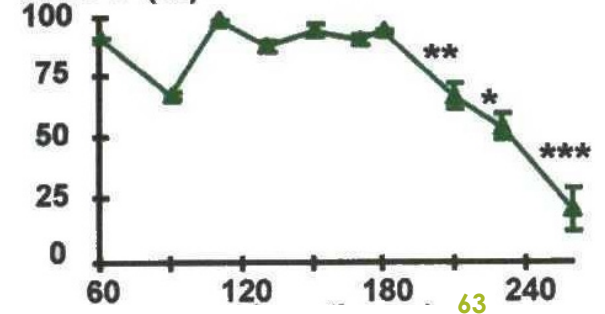
MHC1 (%)



MHC2 (%)

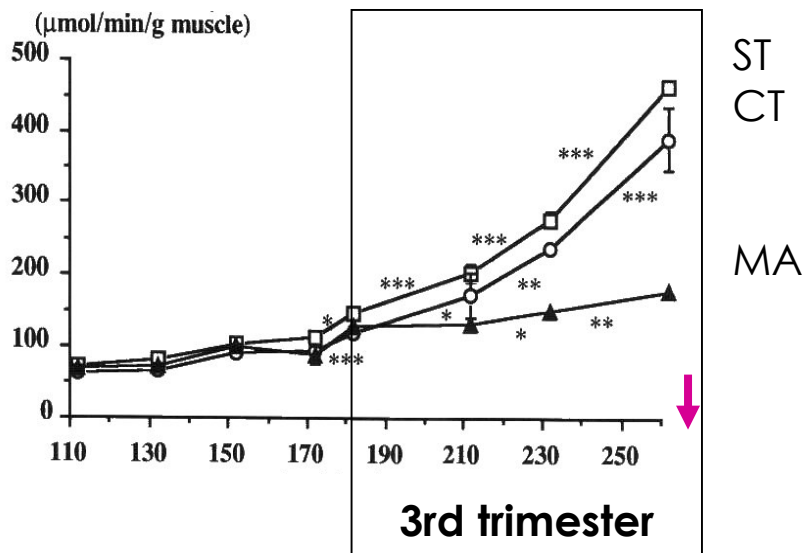


MHC F (%)



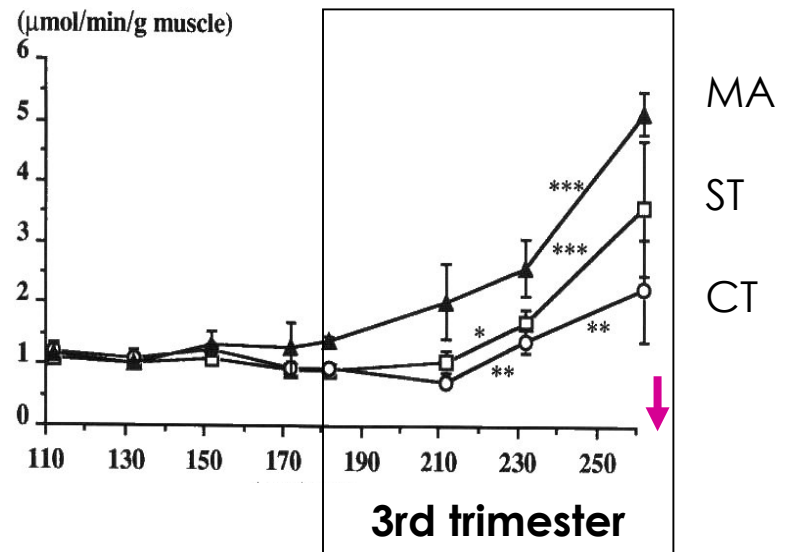
Muscle metabolism

GLYCOLYTIC



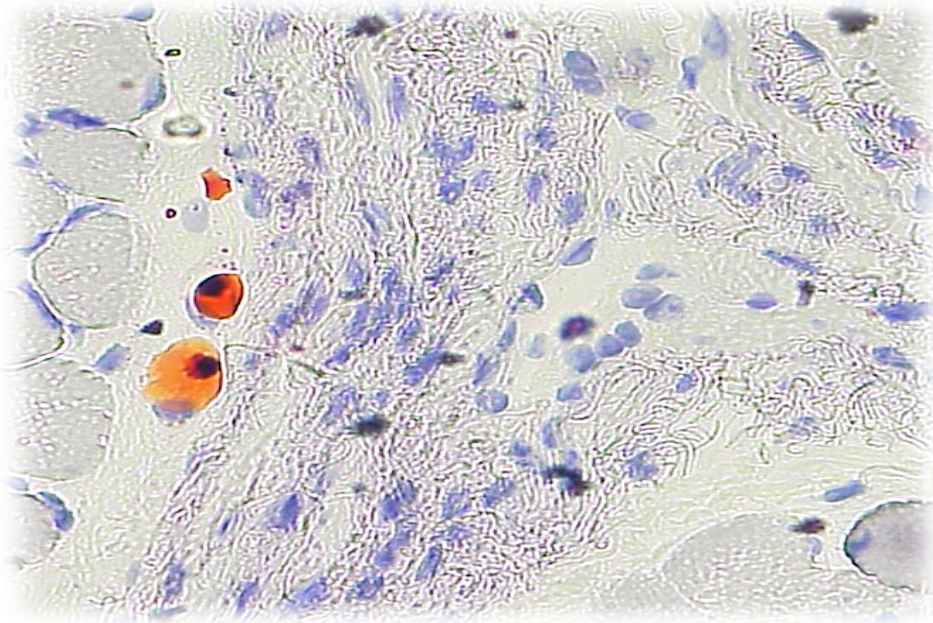
Lactate dehydrogenase

OXIDATIVE



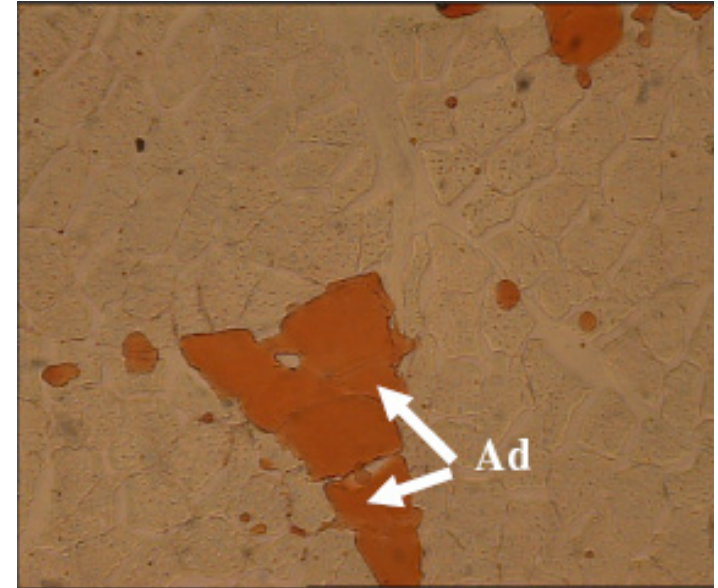
Isocitrate dehydrogenase

Intramuscular adipose tissue



ST muscle (fetus)

Cattle



ST muscle (adult)

AT appears late (Late pregnancy, early postnatal life)

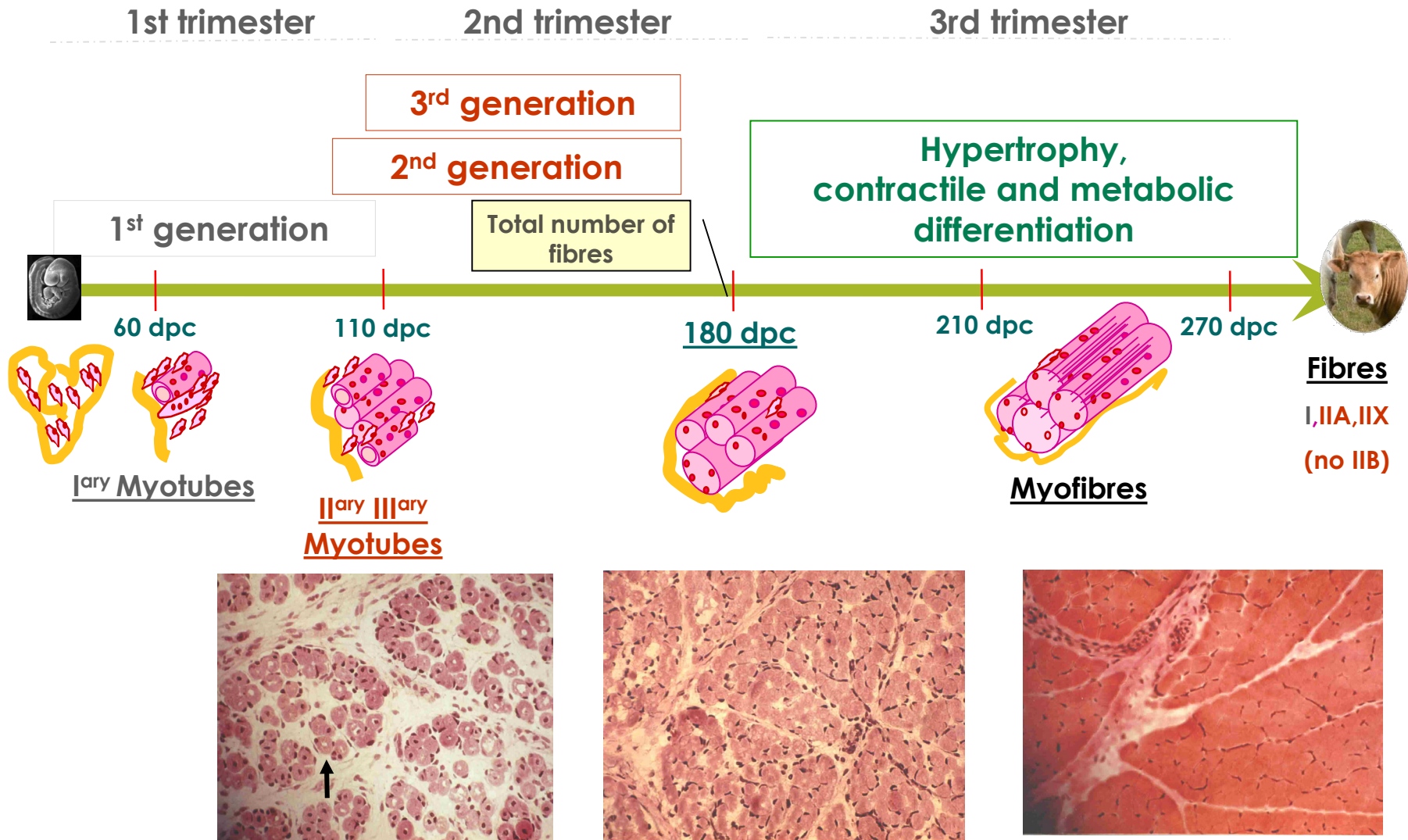
→ See M Bonnet lecture

Take-home message (1/2)



- Most of myogenesis occurs during fetal life (precocity)
- Three generations of fibres
- Fixed total number of fibres by the end of the second trimester of gestation
- The last third of gestation is marked by the acquisition of contractile and metabolic properties
- Postnatal myogenesis is characterized by the growth of the fibres and the plasticity of their properties

Bovine myogenesis : key stages (2/2)

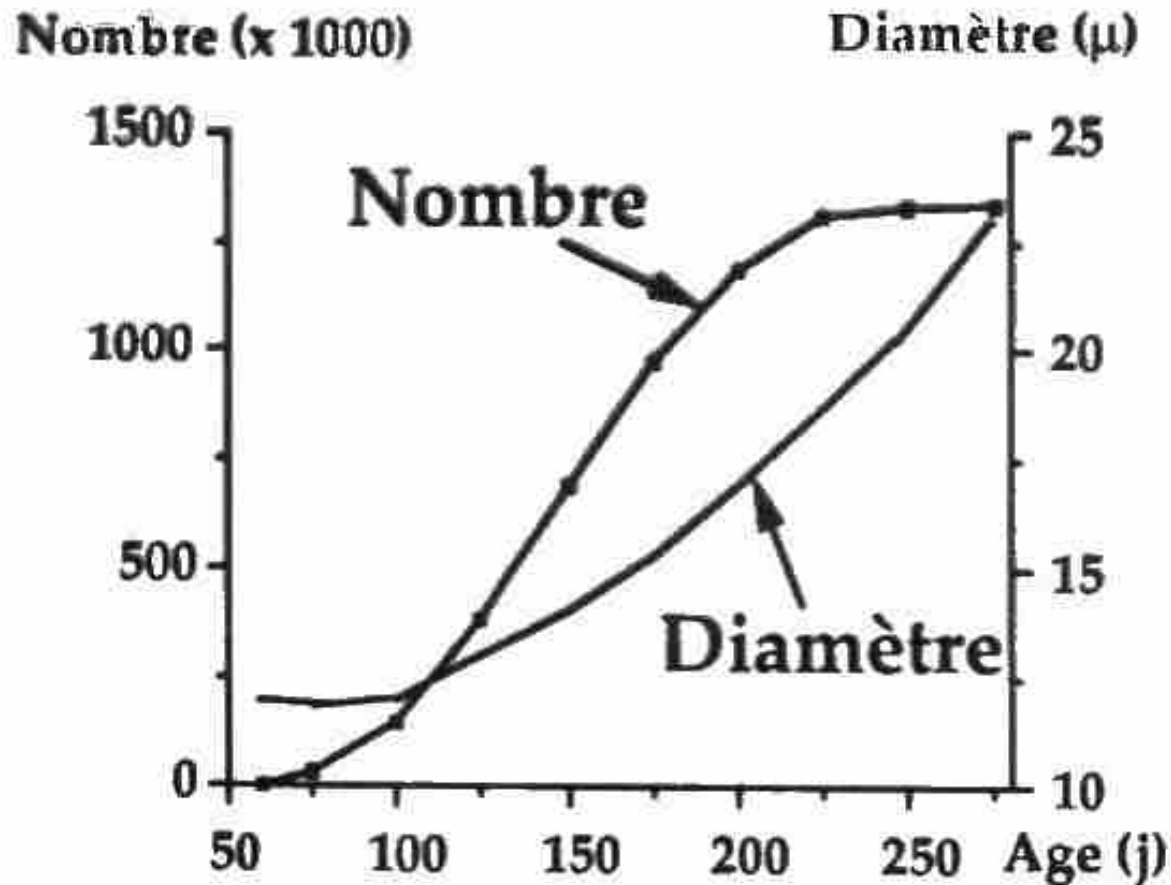


3-GROWTH

In the fetus

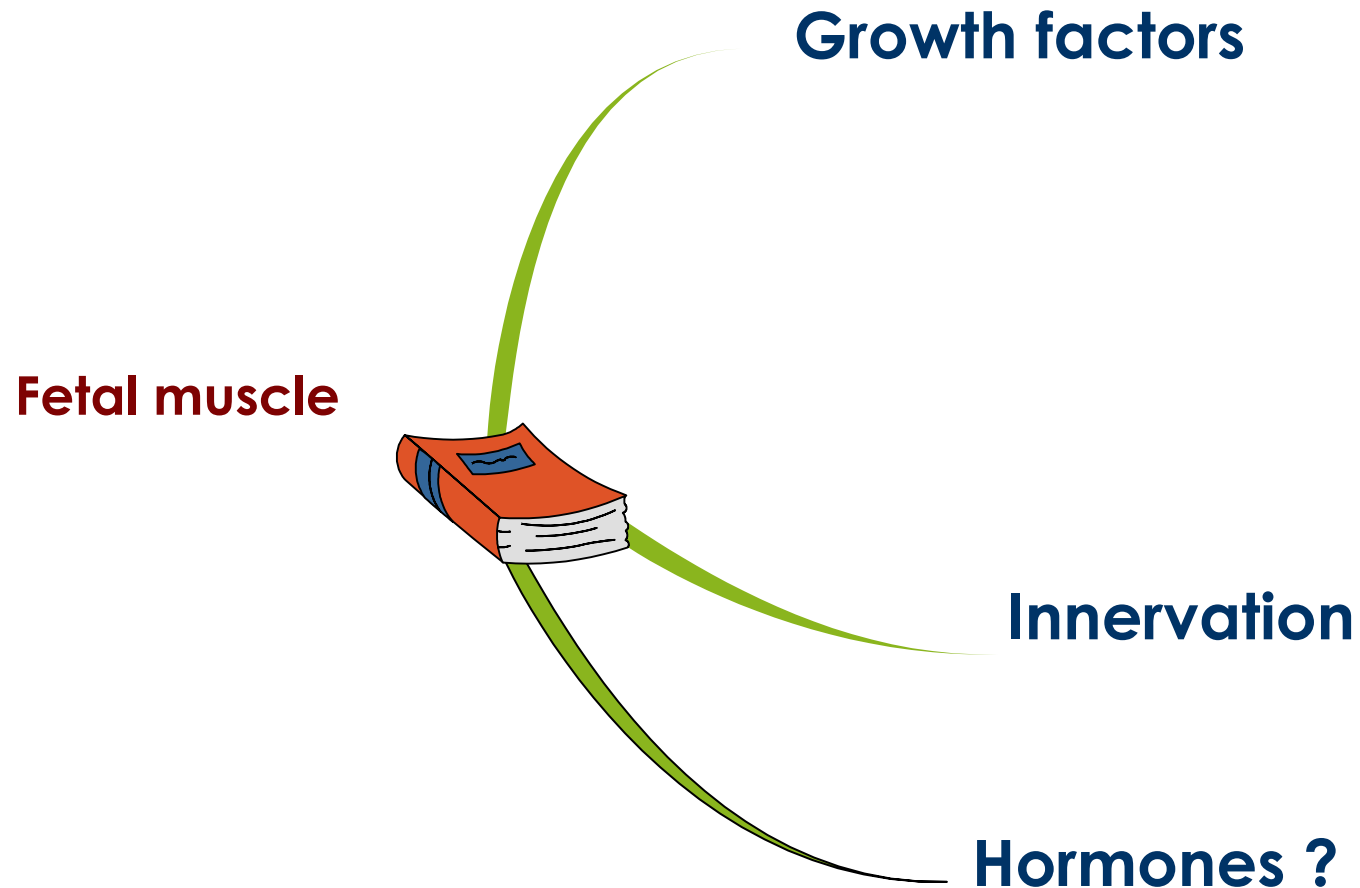
Muscle growth in the fetus

Bovine ST muscle : mass x500 between 80 and 260 dp.c

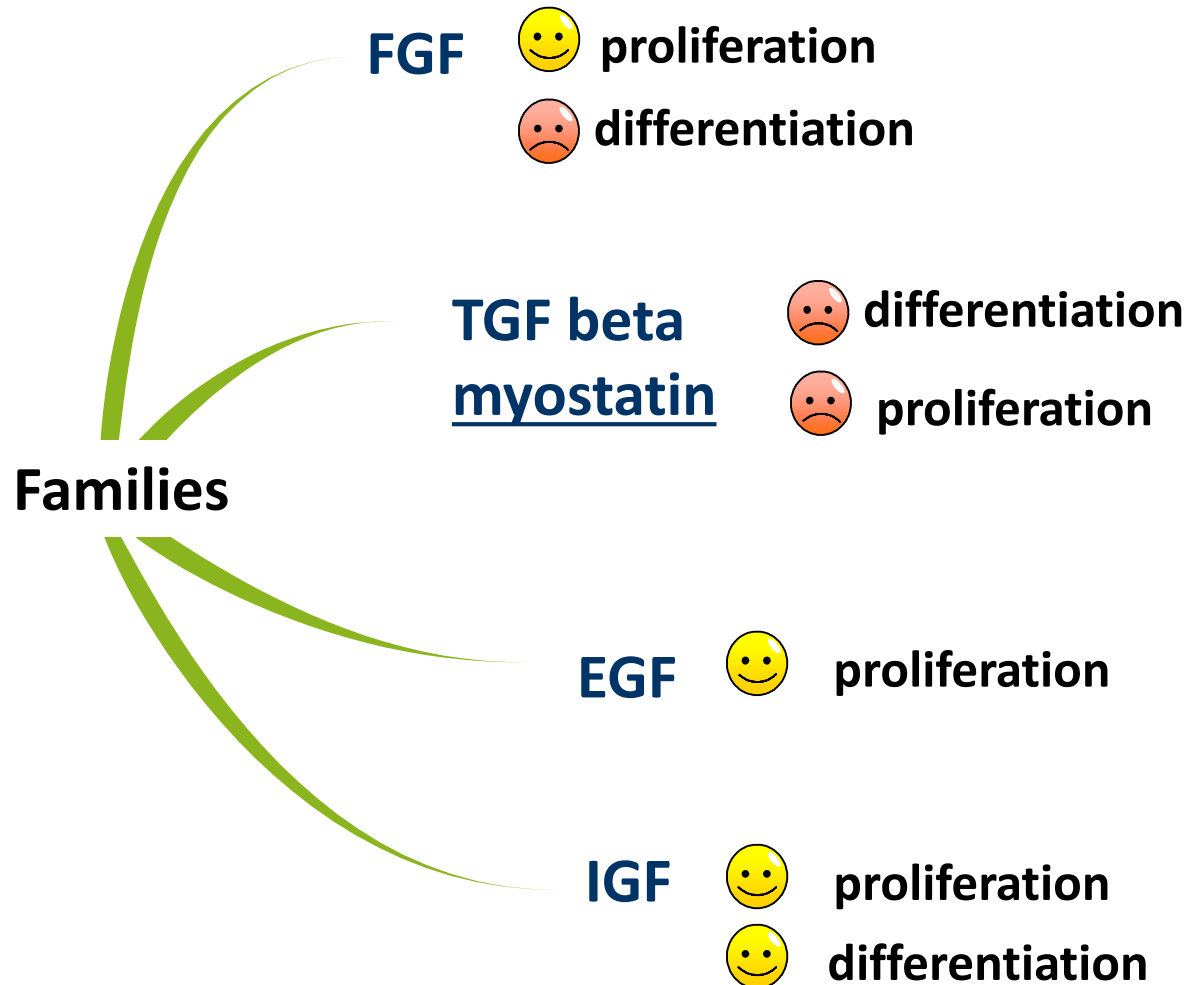


Hyperplasia
Hypertrophy

Regulation



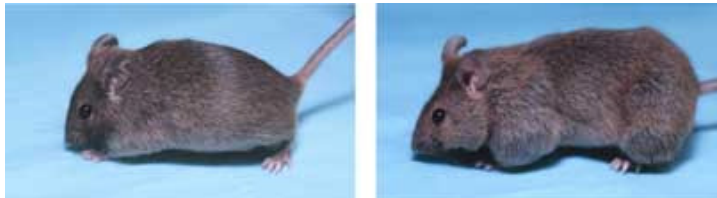
GROWTH FACTORS



The example of Myostatin

Mutation in the *myostatin* (gdf8) gene

Muscular Hypertrophy



Mice
(knock-out)



Double-muscled charolais
(selection for mh mutation)

Myostatin phenotypes

$+/+$



$mh/+$



mh/mh



Whippet (race dog)



**Overgrowth of muscle tissues
= hypertrophy**

Human

Double-muscled cattle

Hypermusculature (double-muscled)

- hyperplasia
- fibre hypertrophy
- increased glycolytic fibres %
- decreased collagen content
- decreased intramuscular fat content
- originating in fetal life

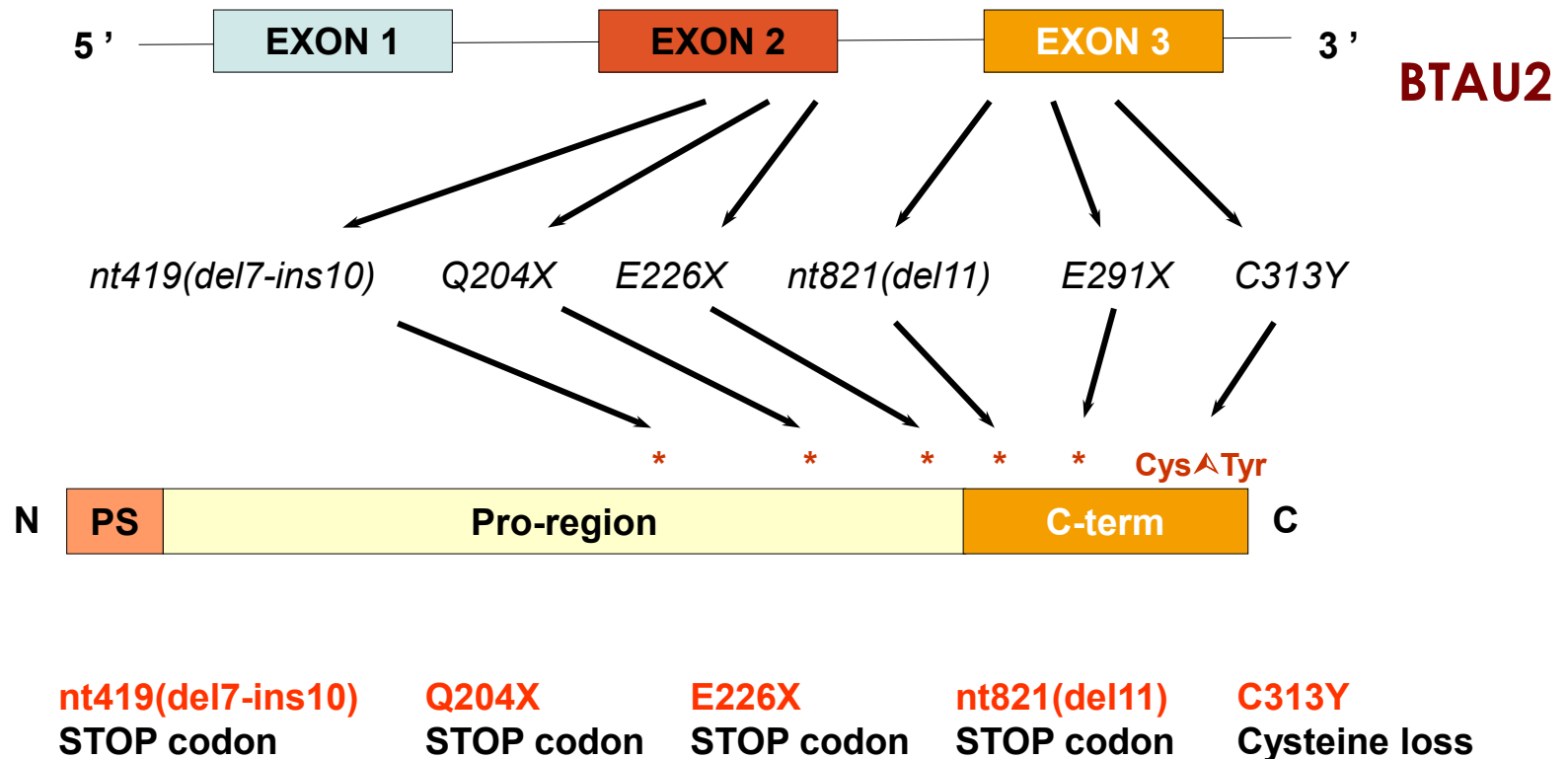


A **model** to understand the mechanisms underlying muscle growth and hypertrophy

A monogenic, autosomal segregation pattern

- A gene initially suspected : *mh* (BTAU₂)
- The gene encoding myostatin was found at the *mh* locus (mstn as a candidate gene)
- Loss-of-function mutations in mstn gene lead to double-muscling
- a wild type "+" allele and a recessive "-" allele, causing the double-muscled phenotype in the homozygous condition.

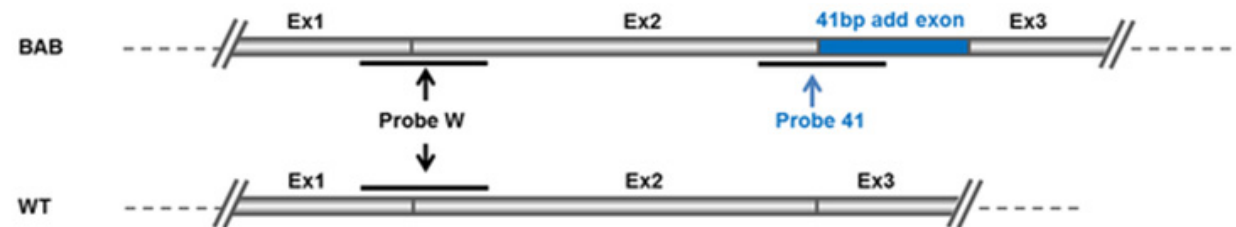
Mutations in cattle



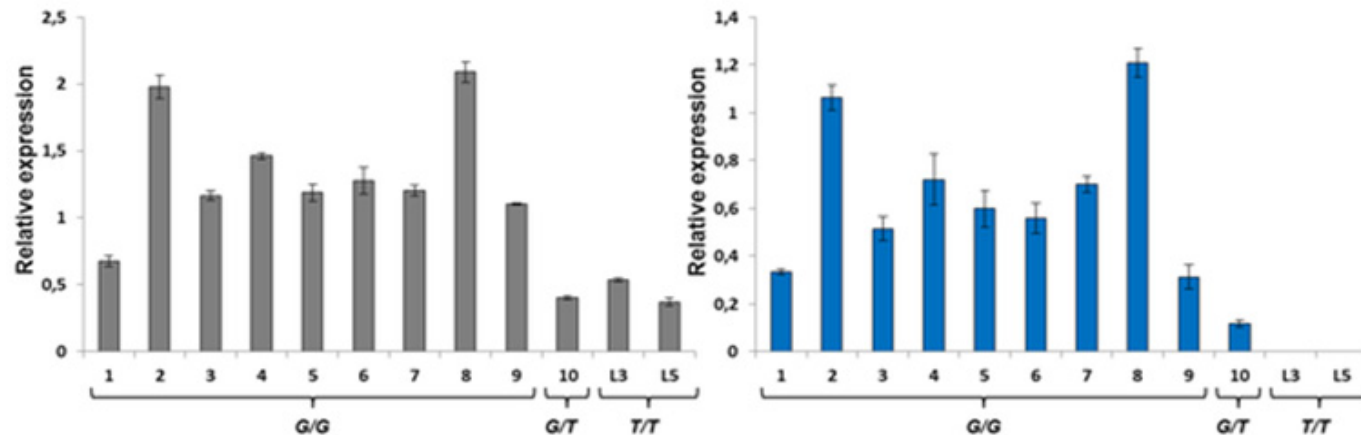
An intronic mutation was recently identified in Blonde Aquitaine (fixed in the population):
 → aberrant transcript (Bouyer et al, 2014)

Une nouvelle mutation du gène myostatine

- Substitution **T** (3811) → **G** (3811) dans l'intron 2 du gène de la myostatine en B Aq
- Création d'un site cryptique illégitime d'épissage → transcrit anormal



- Allèle mutant fortement exprimé



- ↘ myostatine fonctionnelle et phénotype hypertrophique modéré de la B Aq?

Bouyer et al. 2014. PLoS ONE 9(5): e97399. doi:10.1371/journal.pone.0097399

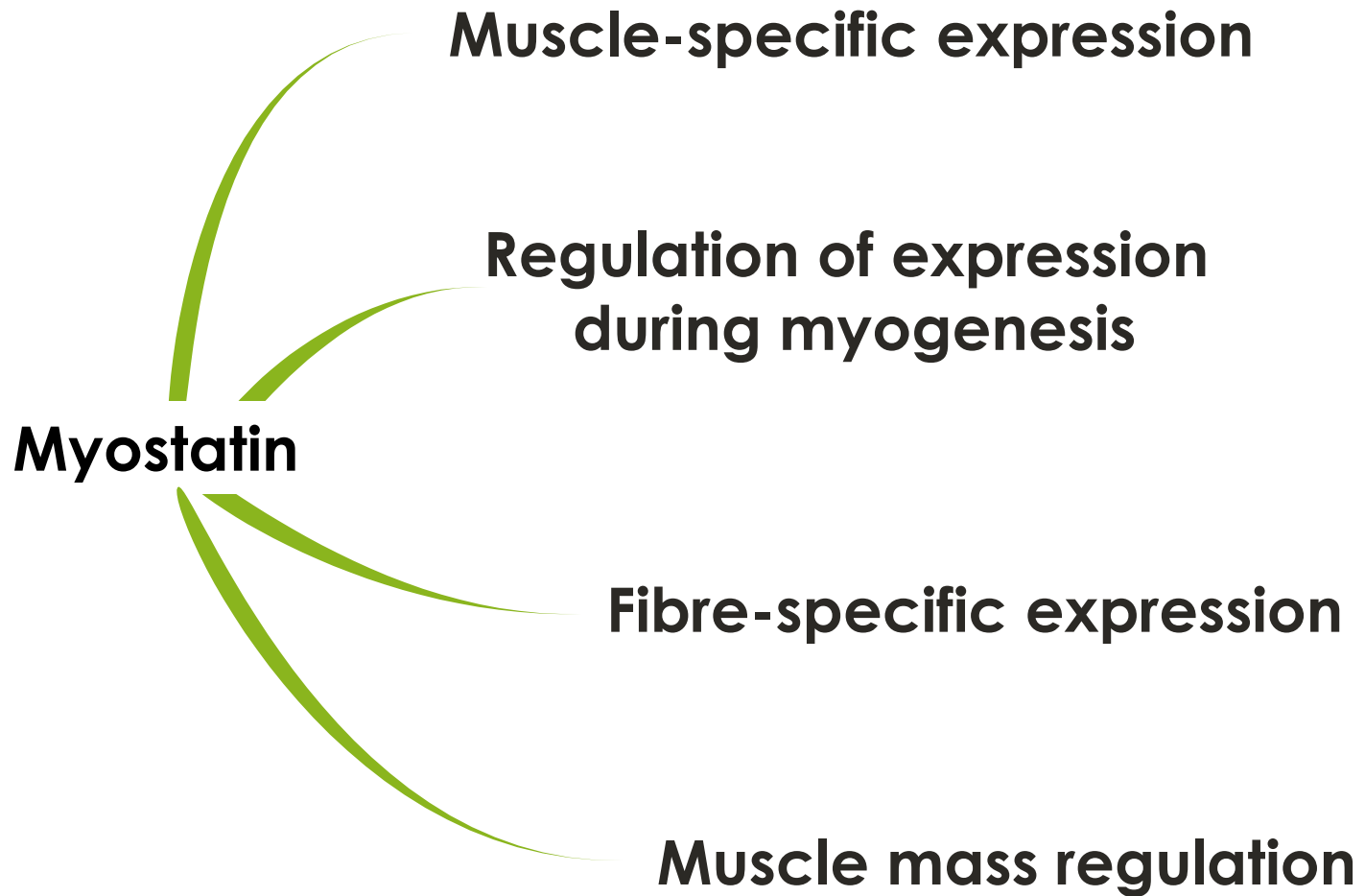
Function

Mutations in the MSTN/gdf8 gene

⇒ **reduce the production of functional myostatin**

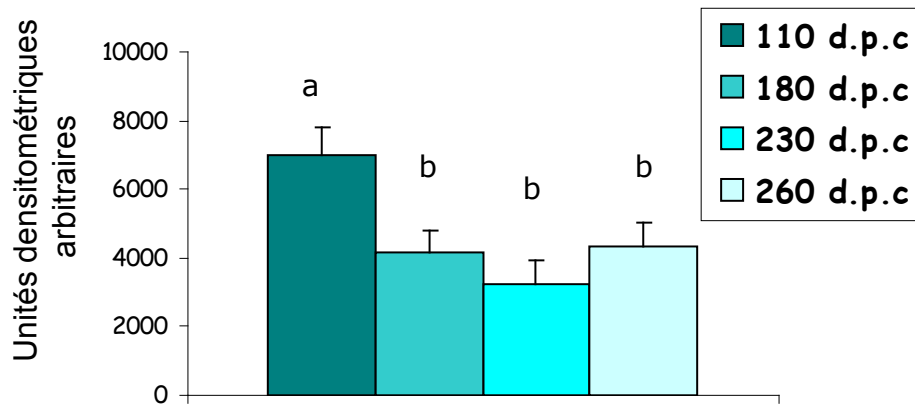
⇒ **overgrowth of muscle tissue**

- The protein normally **restrains muscle growth**, ensuring that muscles do not grow too large (statin function),
- is involved in muscle **mass homeostasis**,
- is involved in regulation of adipogenesis

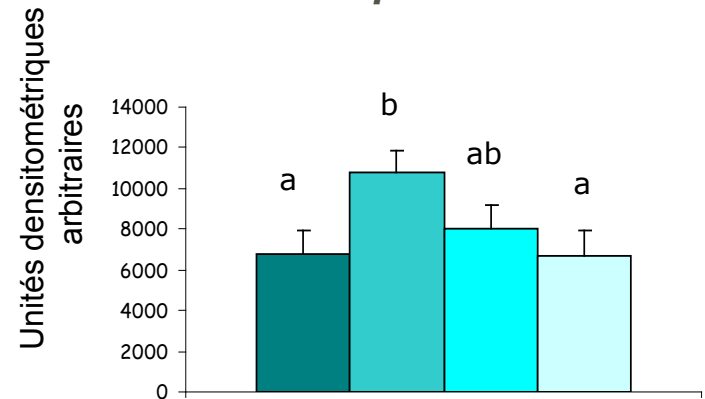


Expression

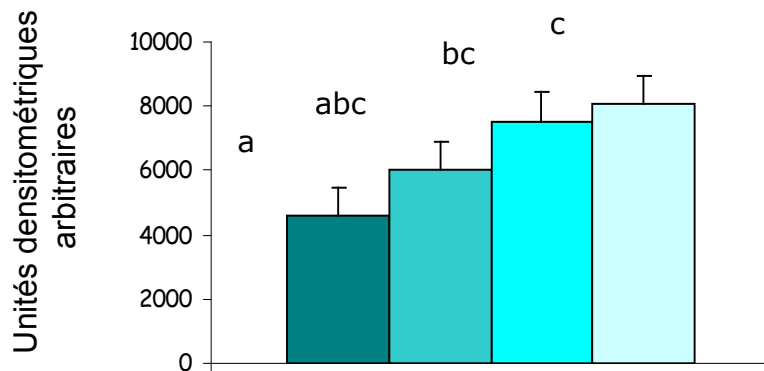
m. semitendinosus



m. biceps femoris



m. masseter



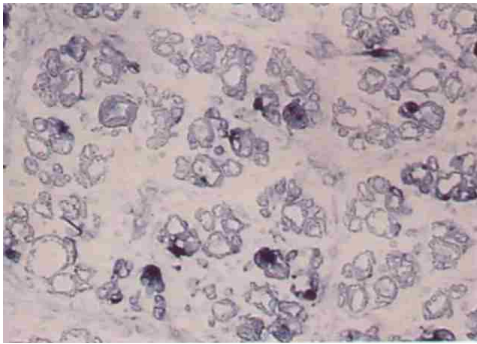
Bovine fetus

- low expression (but > to postnatal)
- changes during development
- differentially according to muscle-type

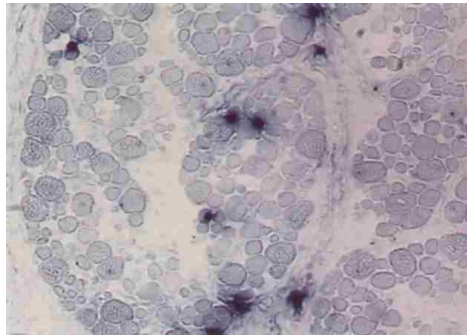
Location

Hybridization in situ

90 dpc



180 dpc



260 dpc

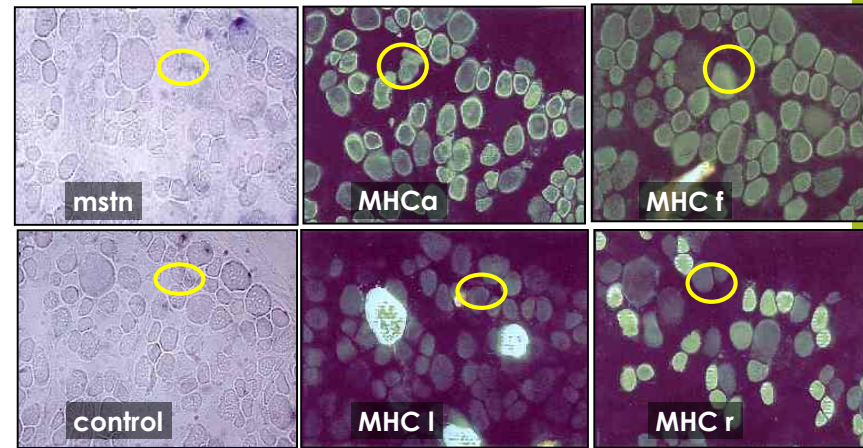


Bovine ST Muscle

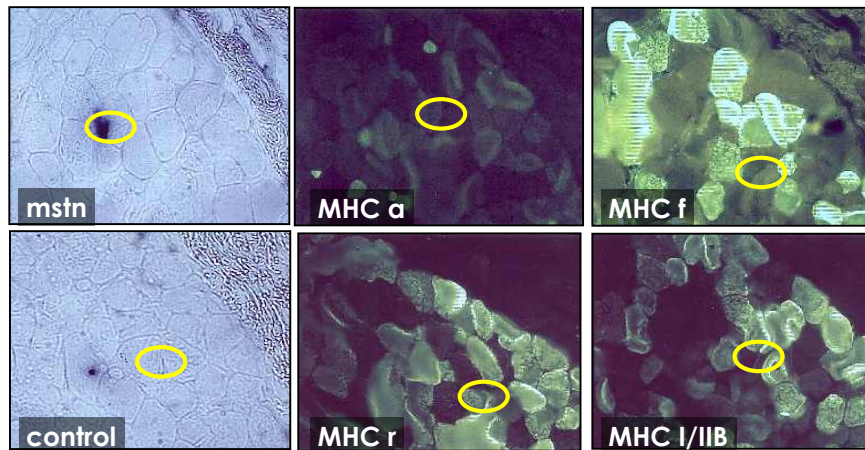
A low number of muscle cells express the *myostatin* gene.

« Fibre-specific » expression

- in 2nd et 3rd generations
- in the less differentiated cells



180 dpc



260 dpc

◁ In IIA fast fibres at 260 dpc

Expression *in vitro*

Fibroblasts

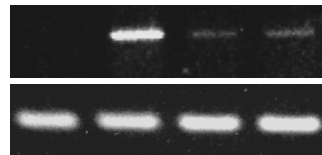


myostatin

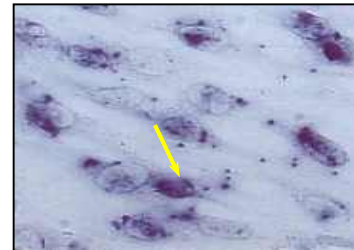
cyclophilin

Myoblasts

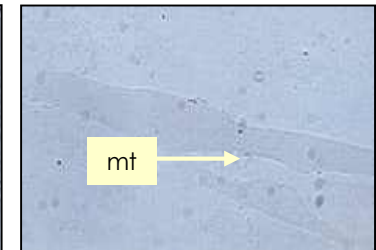
p c/f d1 d2



Fusion

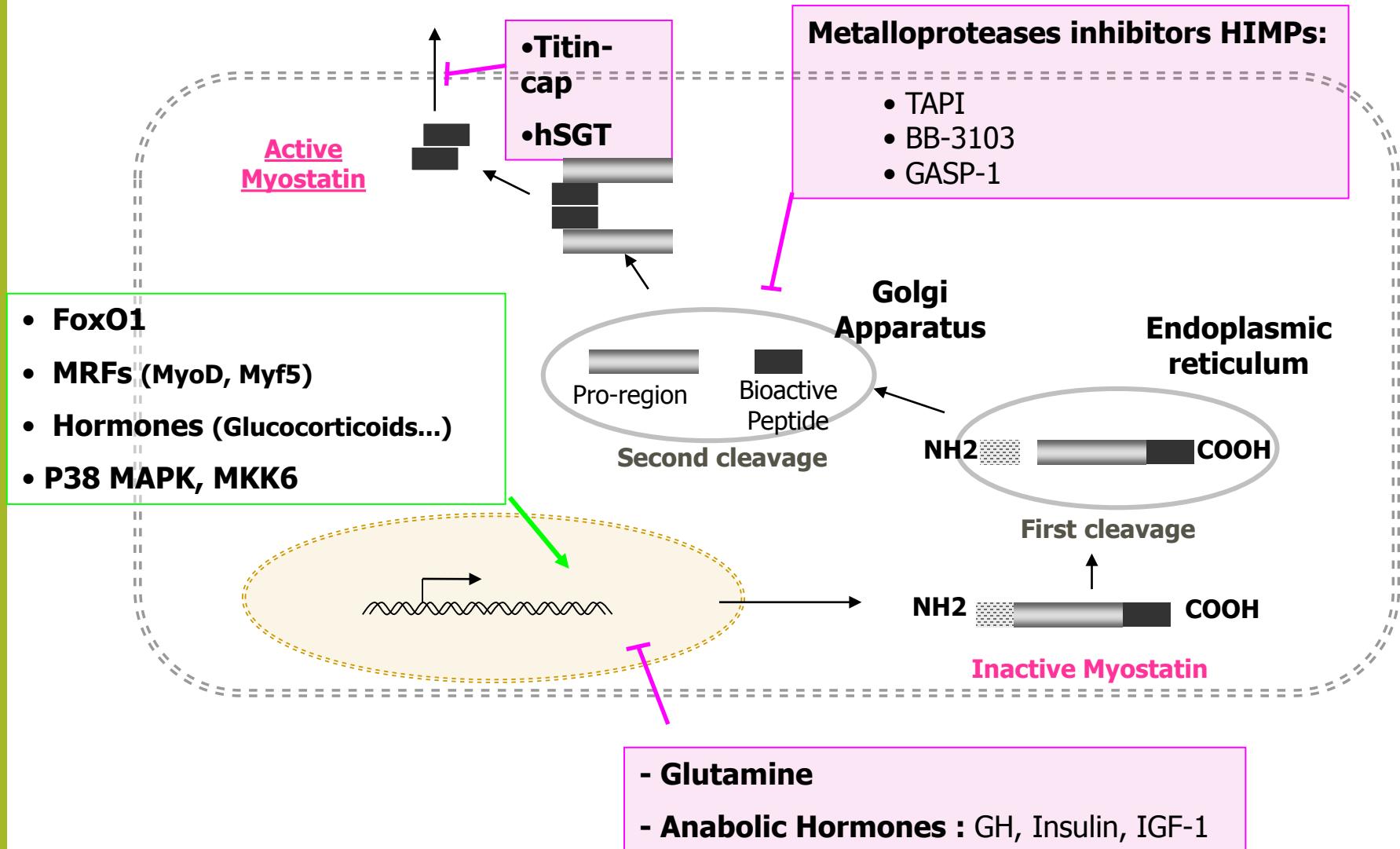


Differentiation

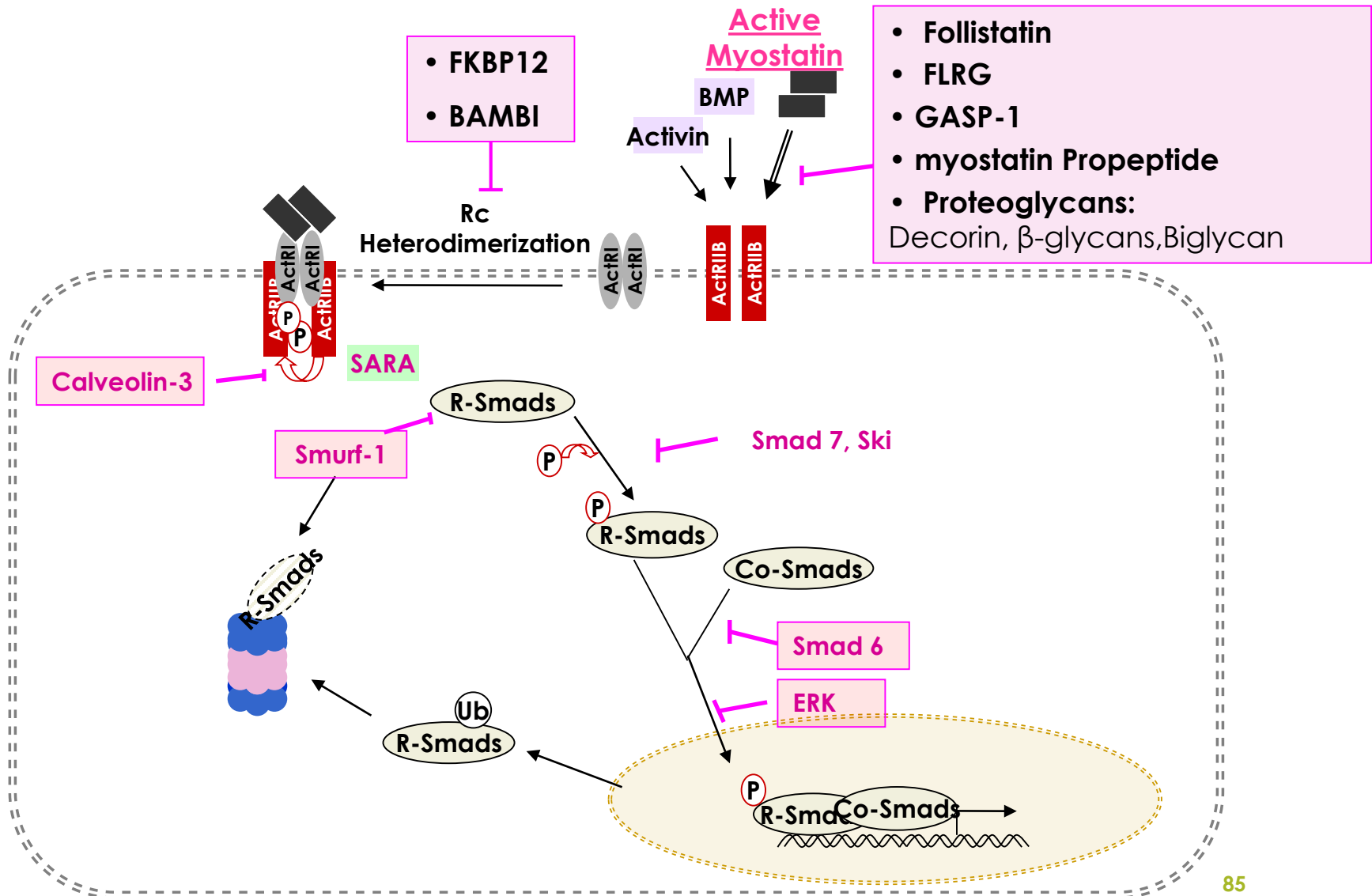


Transient *myostatin* expression
in the early differentiation stages

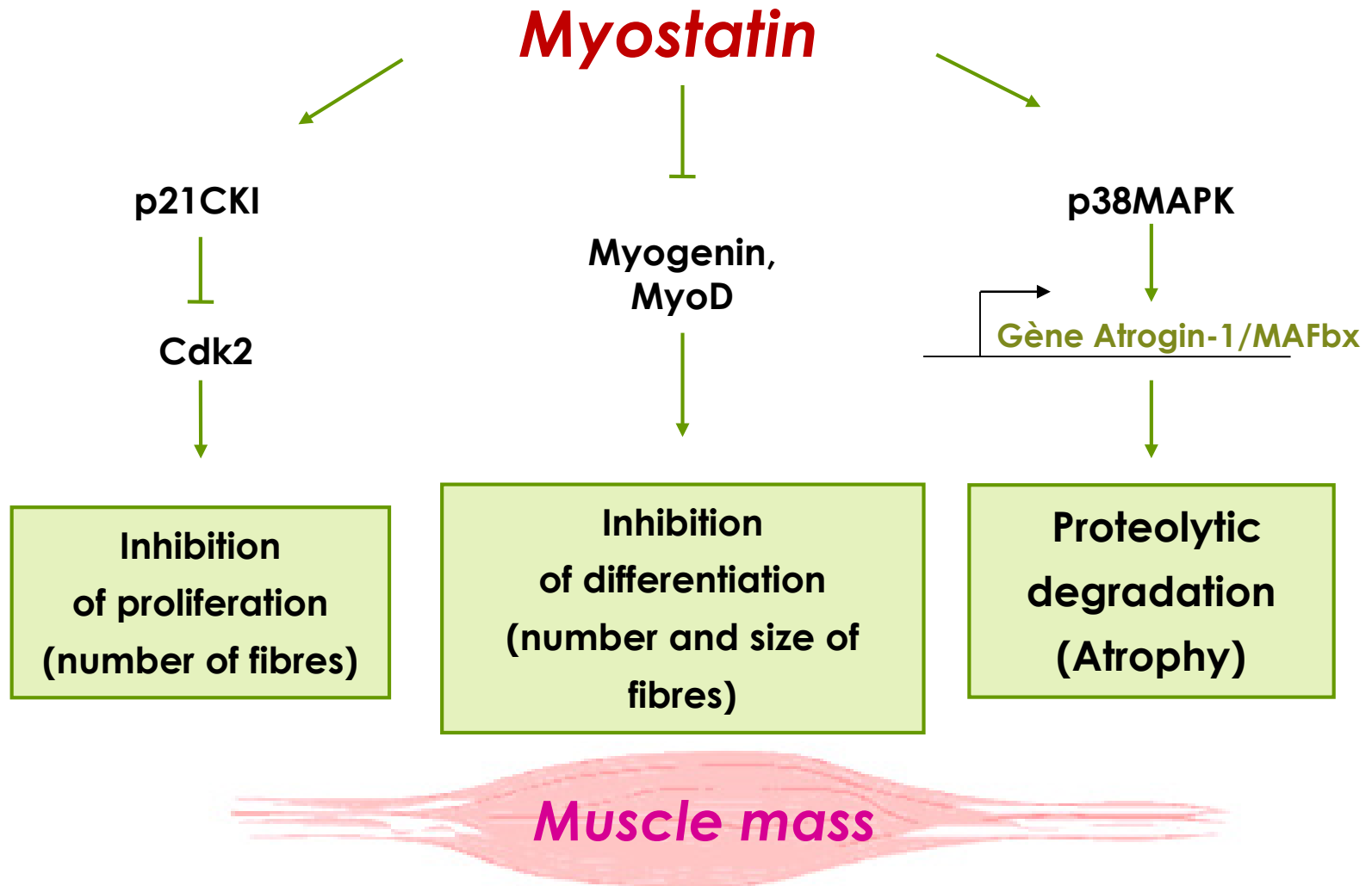
Regulation of MSTN expression



Regulation of MSTN activity

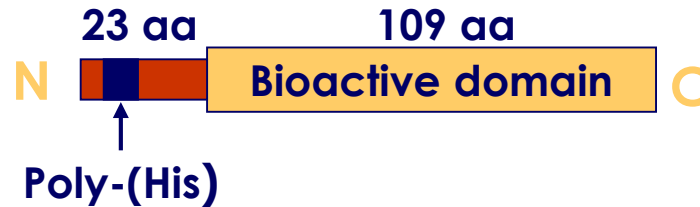


Myostatin target pathways



Inhibition of differentiation

Recombinant
Myostatin



0

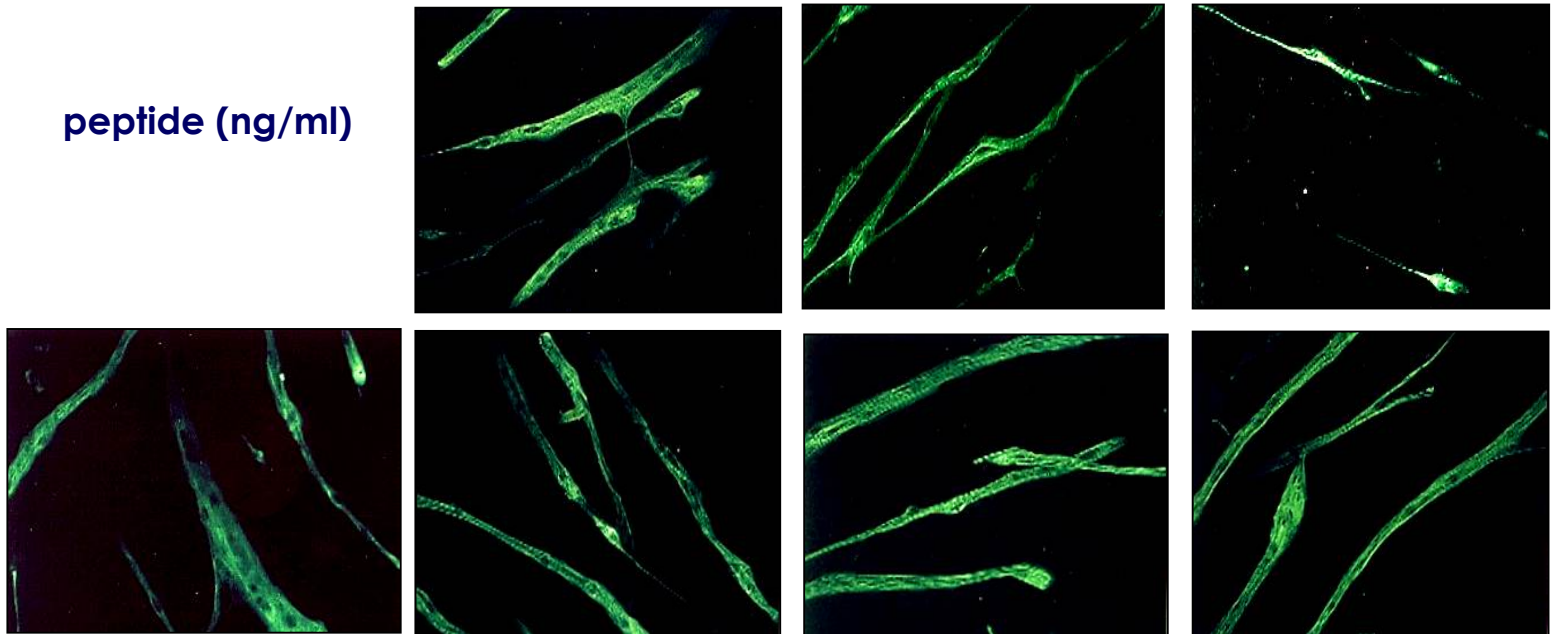
10

100

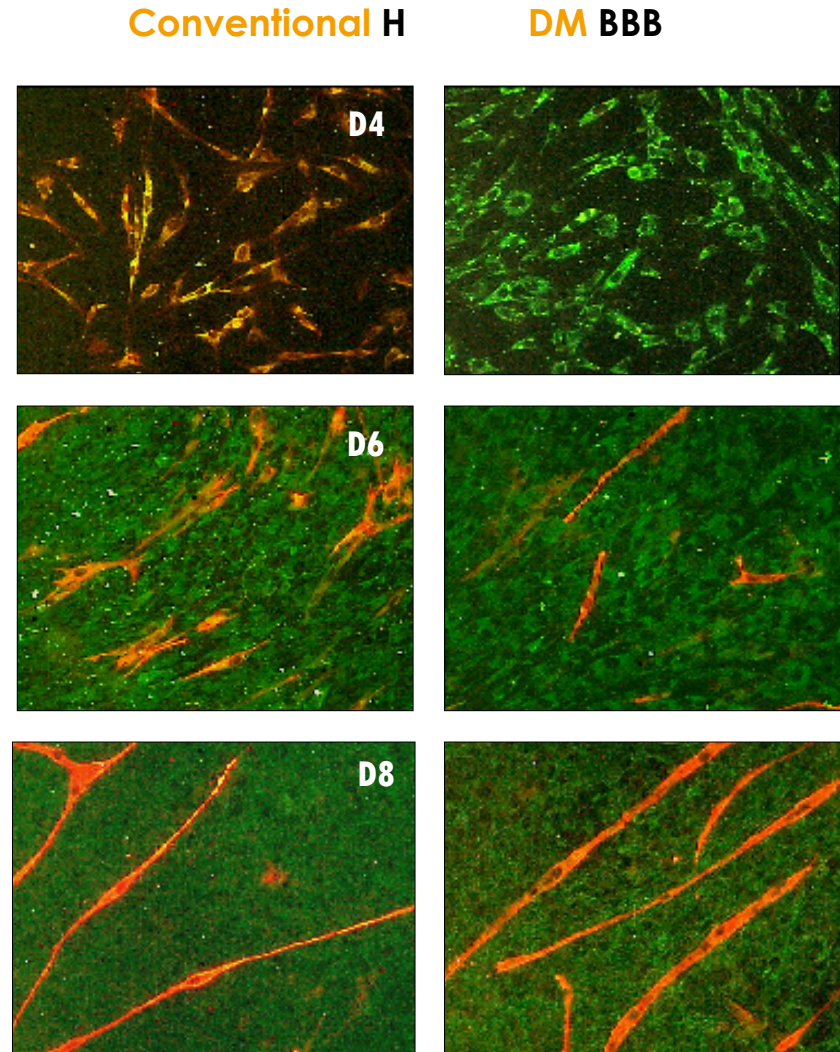
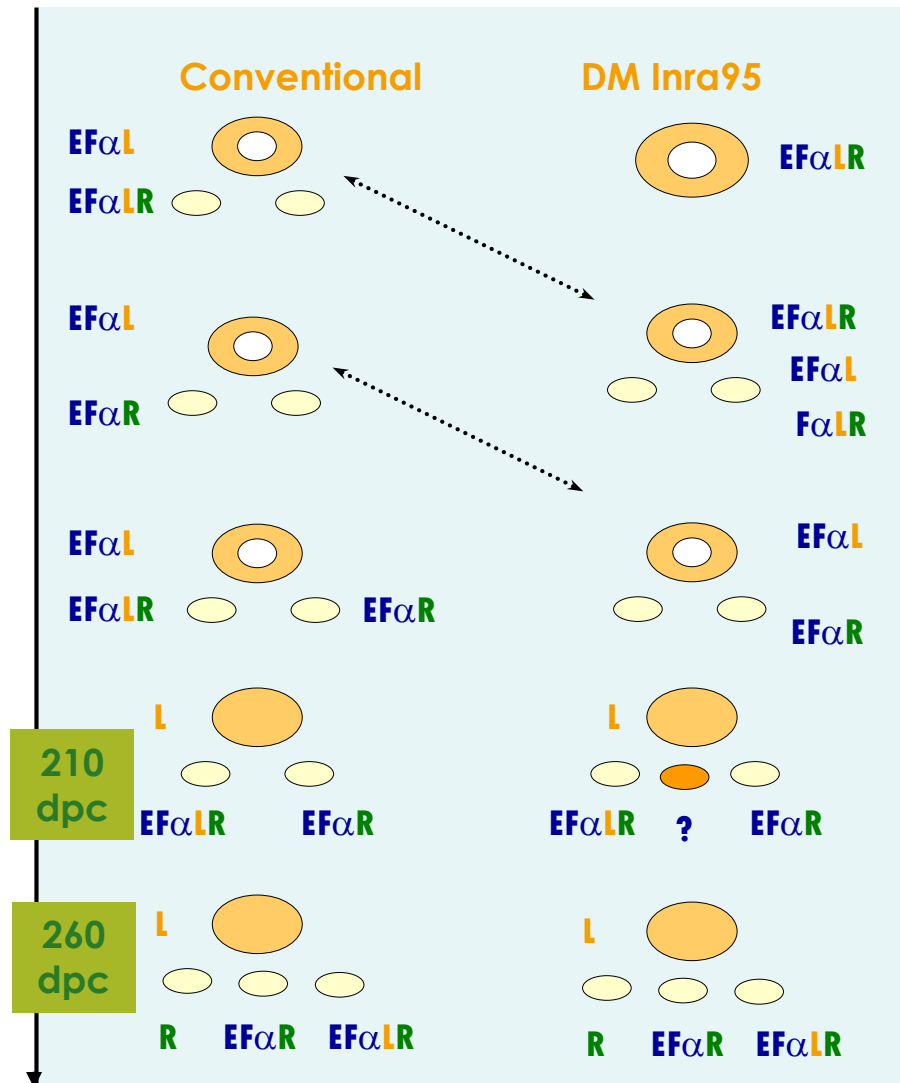
1000

peptide (ng/ml)

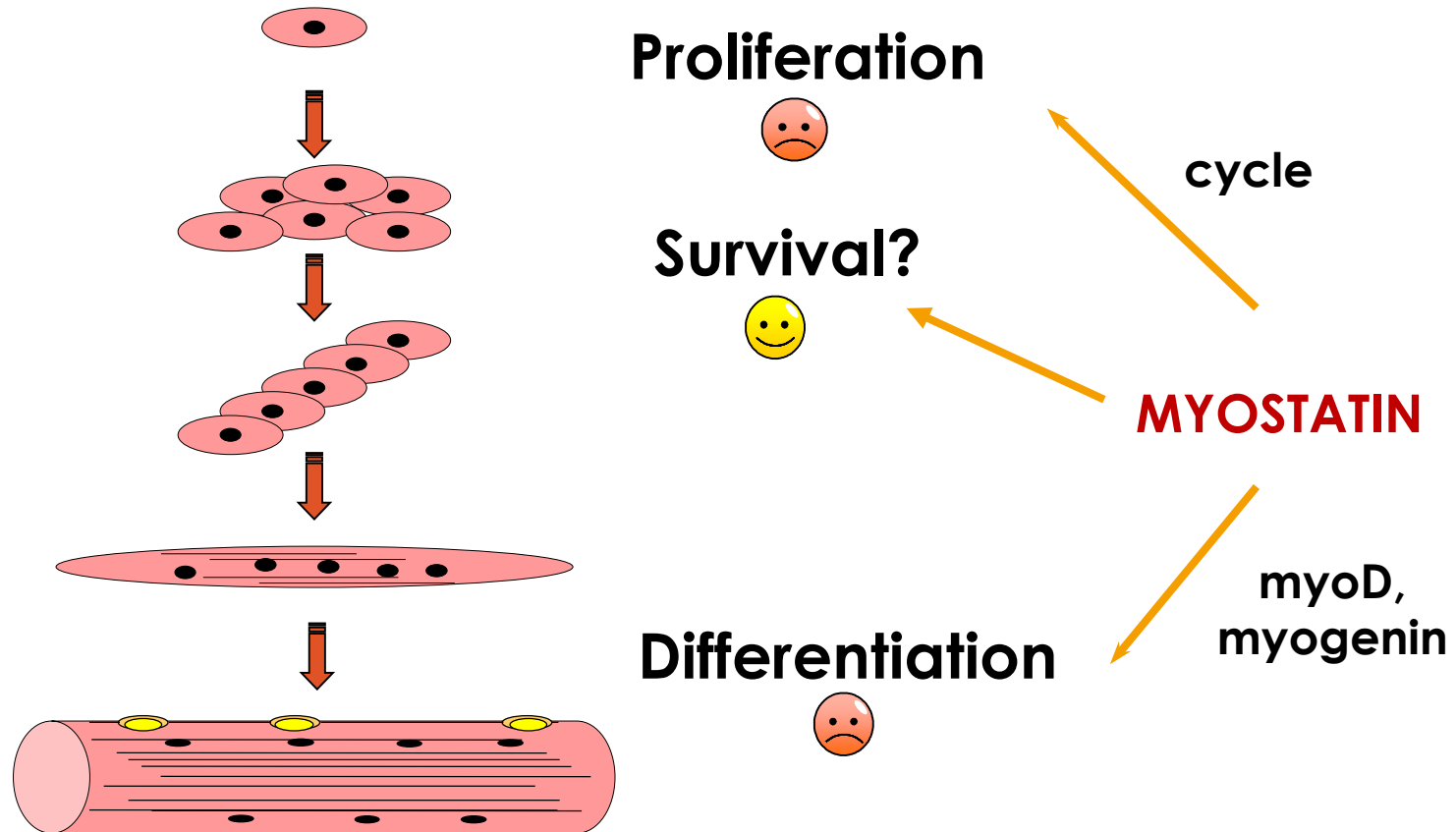
control



Delay in myogenesis in DM cattle

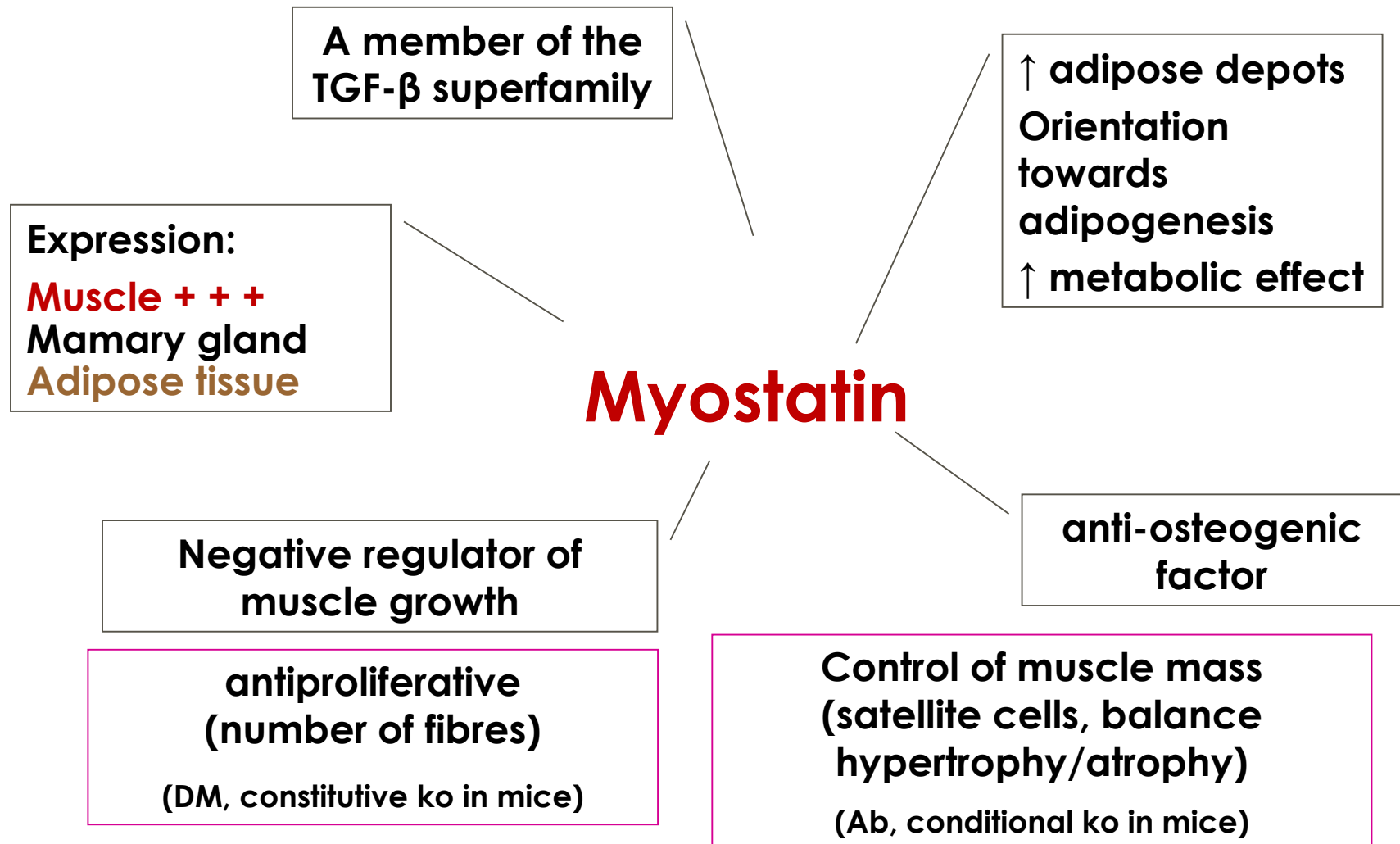


Molecular action

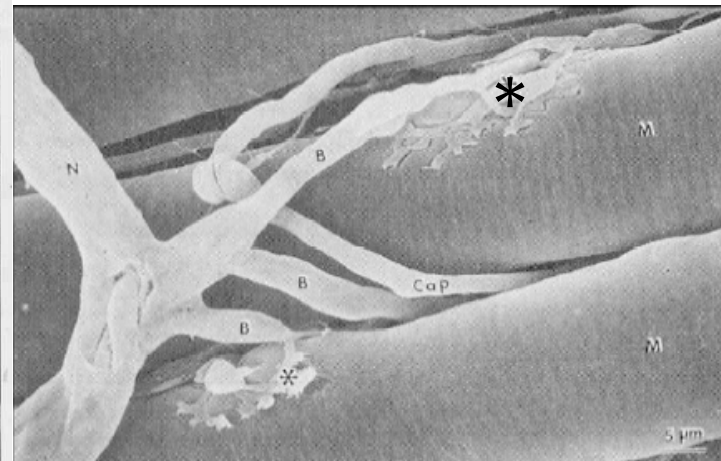
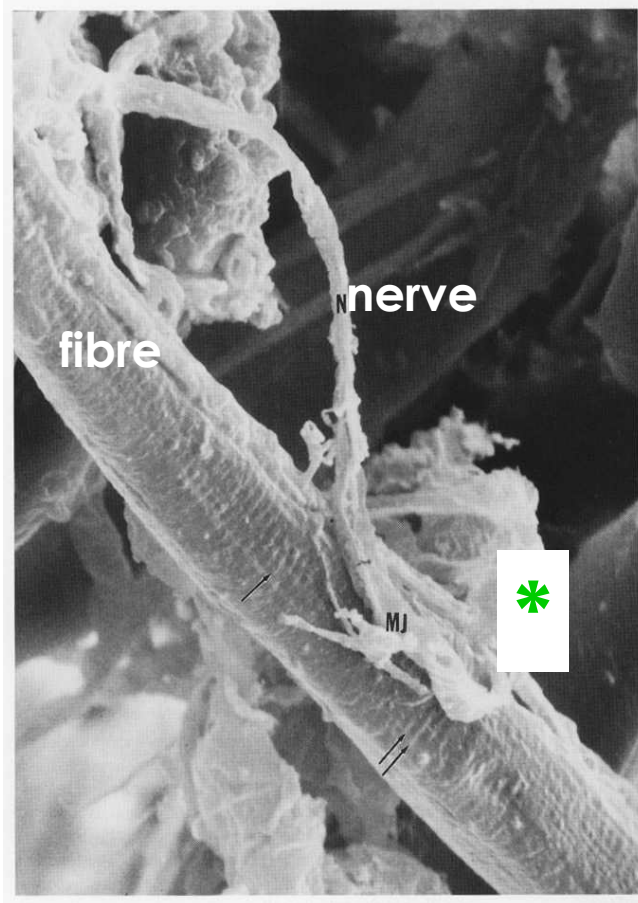


Regulation of the number of fibres

Take-home message



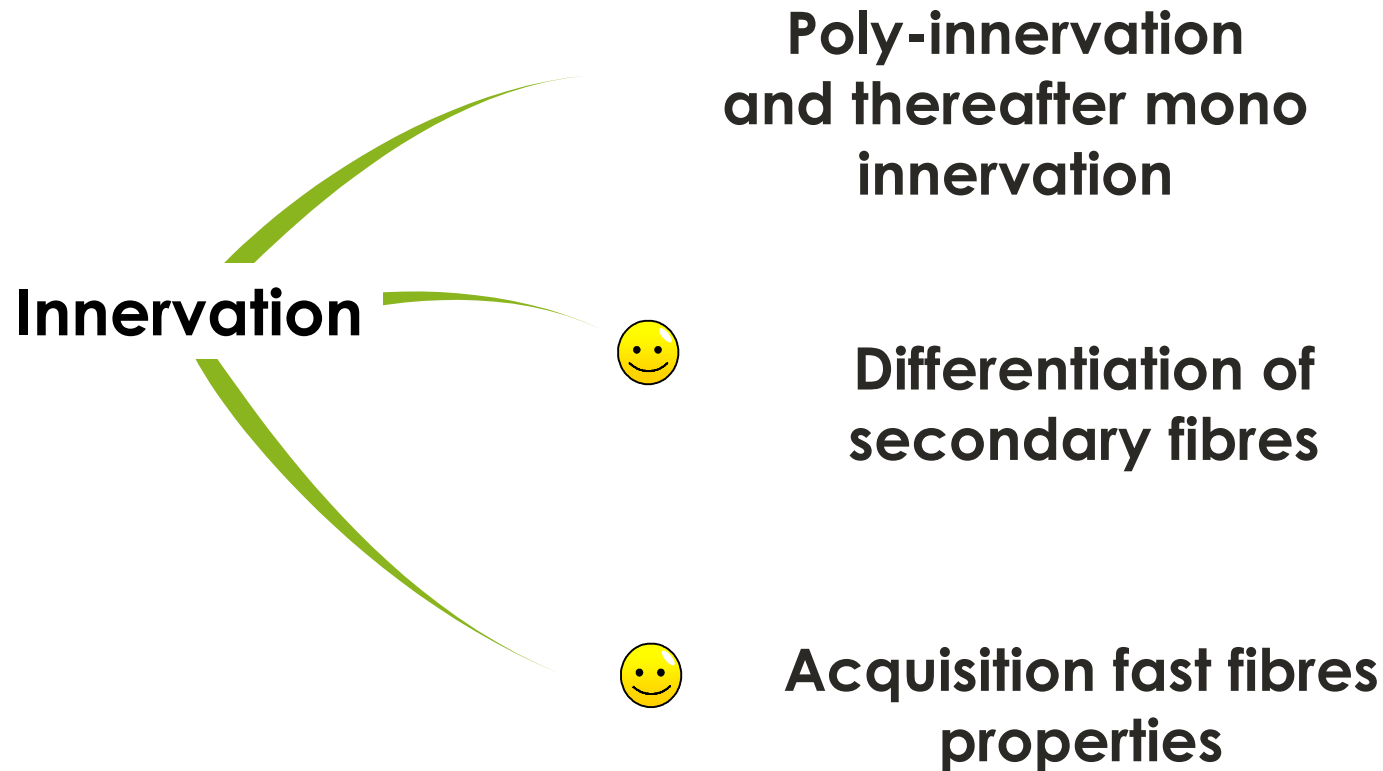
A ROLE FOR INNERVATION



* Neuromuscular Junction

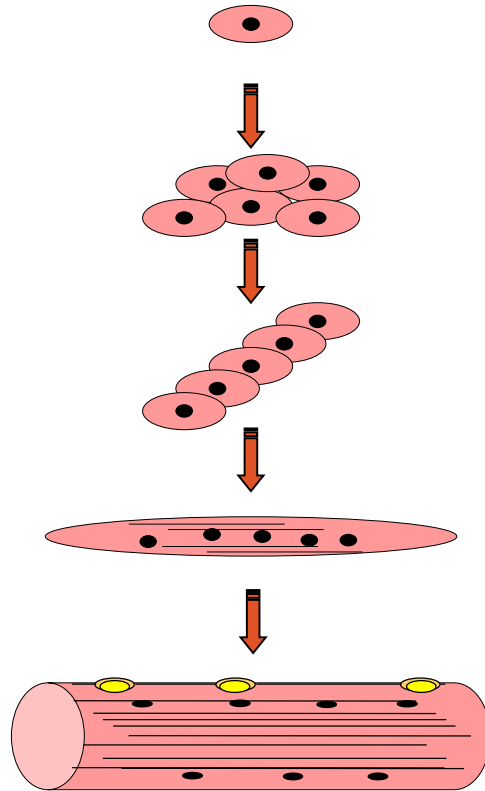
Early synaptogenesis (10th week in humans)

Innervation in the fetus



HORMONAL REGULATION

T3



☹ proliferation

withdrawal from cycle



differentiation

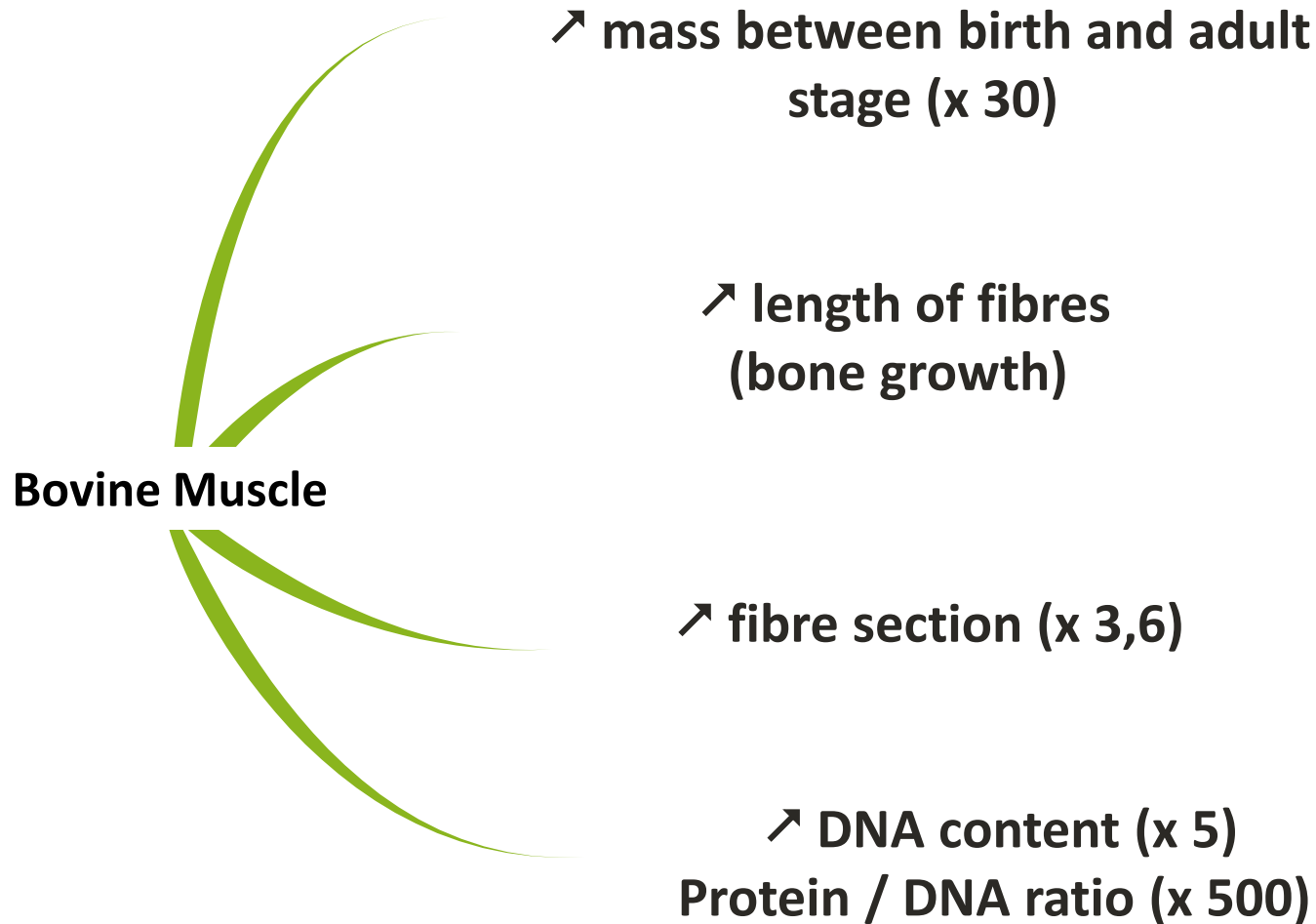


T3 enhances myogenesis and muscle-gene expression (MyHC, metabolic enzymes)

4-GROWTH

During post-natal life

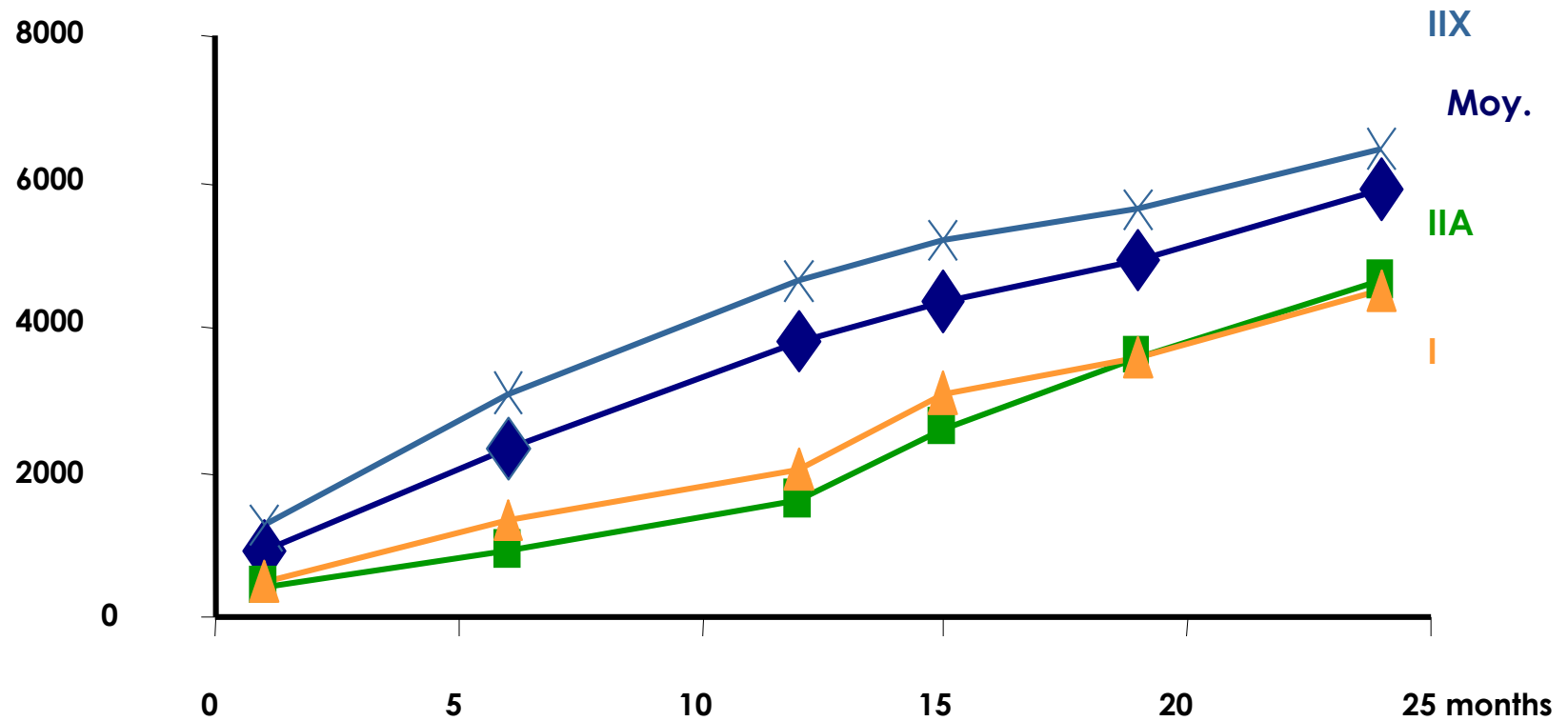
Postnatal growth



Hypertrophic growth

μm^2

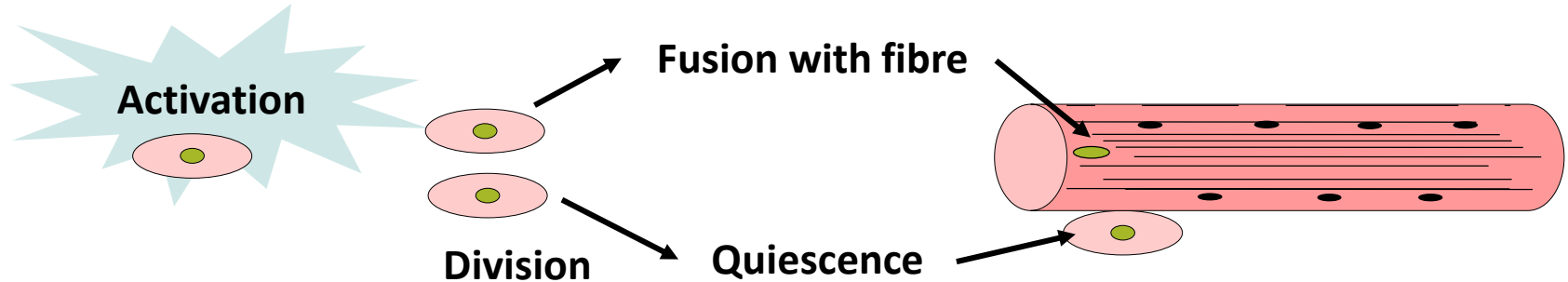
Fibre cross-section area



Crucial role for satellite cells

- A larger number of nuclei / fiber is required to maintain the "DNA unit " during growth.
- In fibres, nuclei are post-mitotic.

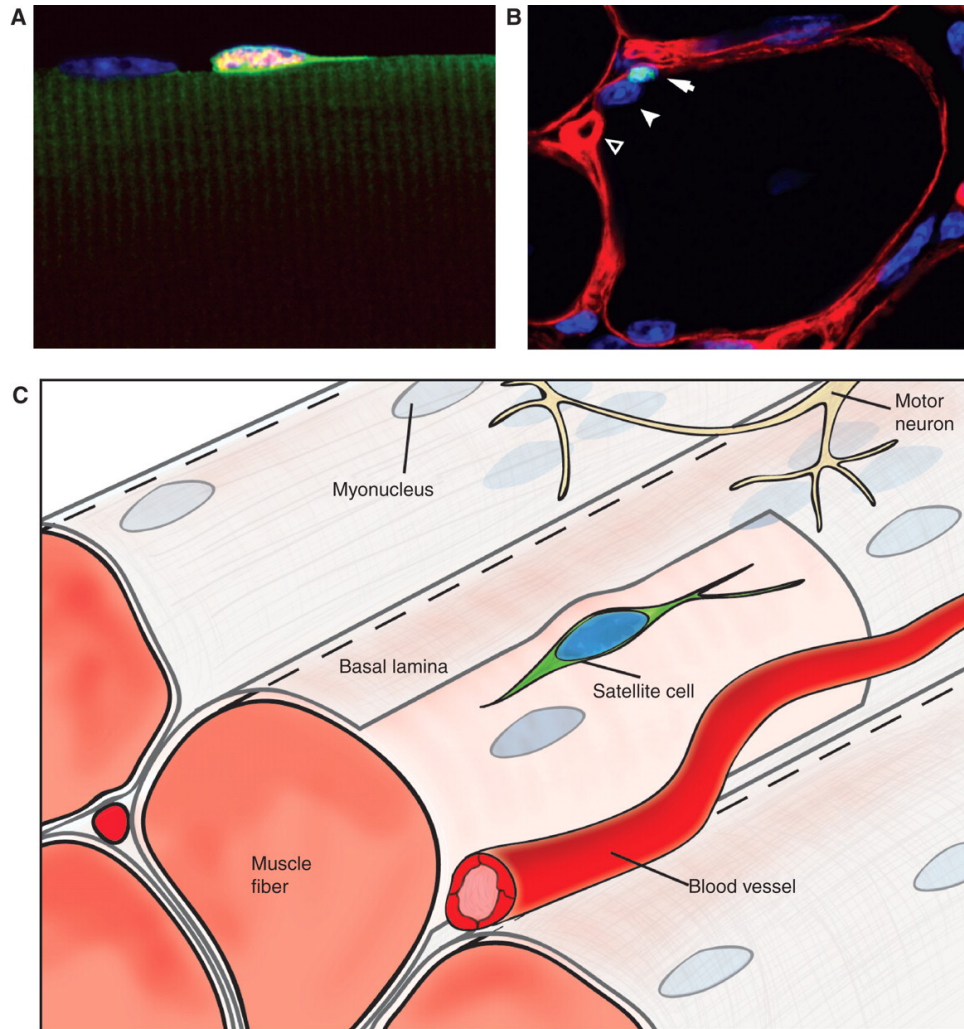
Satellite cells= source of new nuclei



**the number of nuclei in the fibres increases,
the number of satellite cells is maintained**

« DNA unit »: volume of cytoplasm controlled by a nucleus

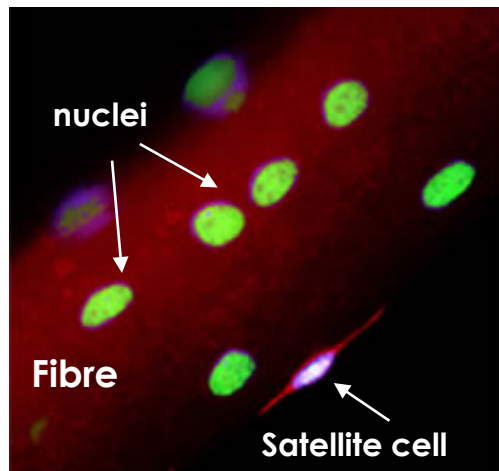
Skeletal muscle and the satellite cell niche



C. Florian Bentzinger et al. Cold Spring Harb Perspect Biol
2012;4:a008342

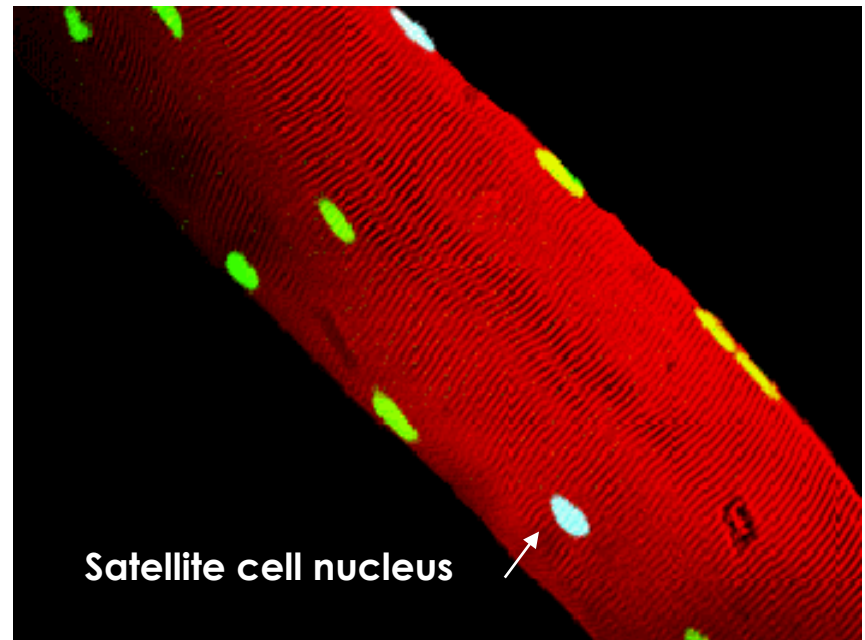


Satellite cells

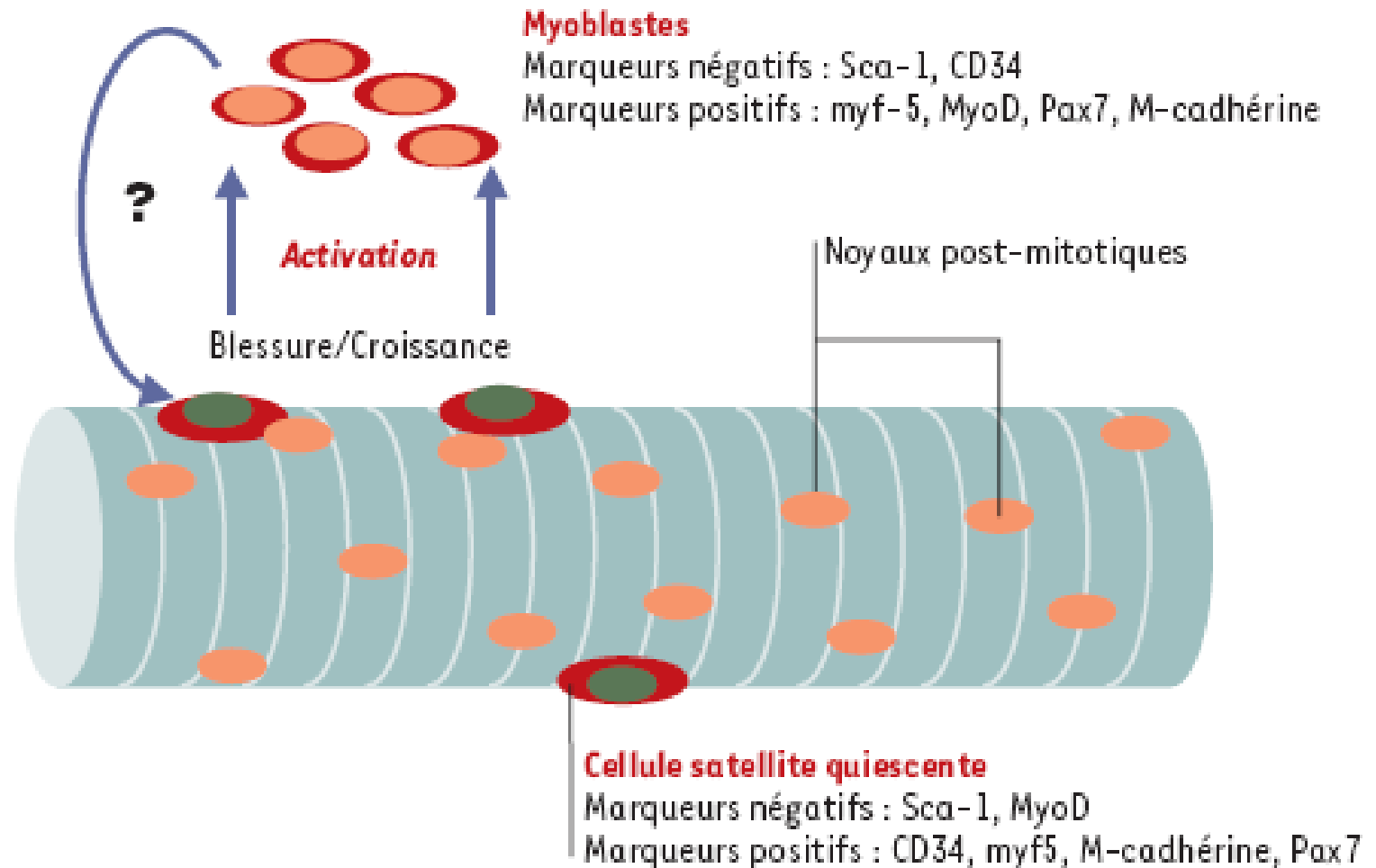


- Adult muscle cells
- located at the periphery of the fibre
- mononucleated
- 4 à 15 % of nuclei

- Quiescent
- involved in growth and regeneration of muscle



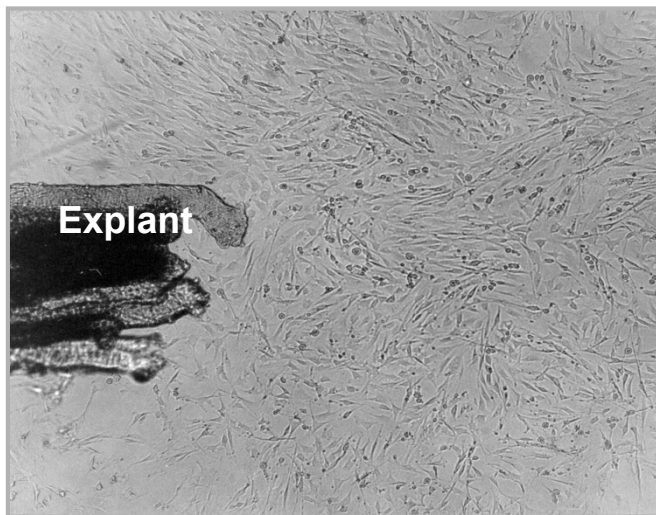
Properties



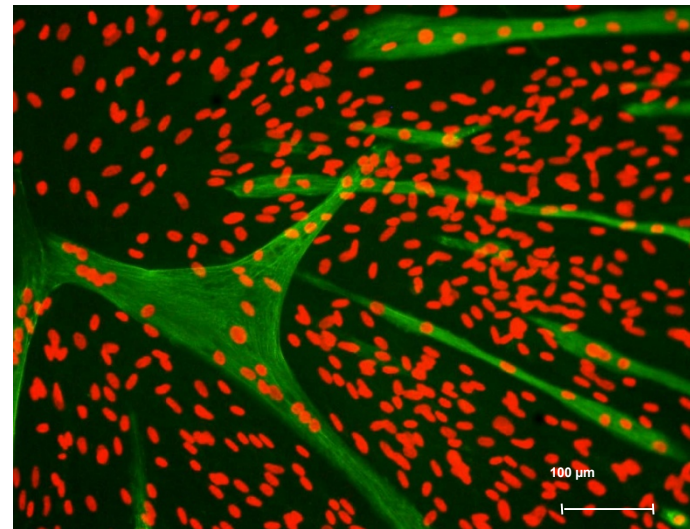
Cell cultures

- Grinding and enzymatic digestion (fetal myoblasts)
- Primo-explantation (satellite cells)

Satellite cells

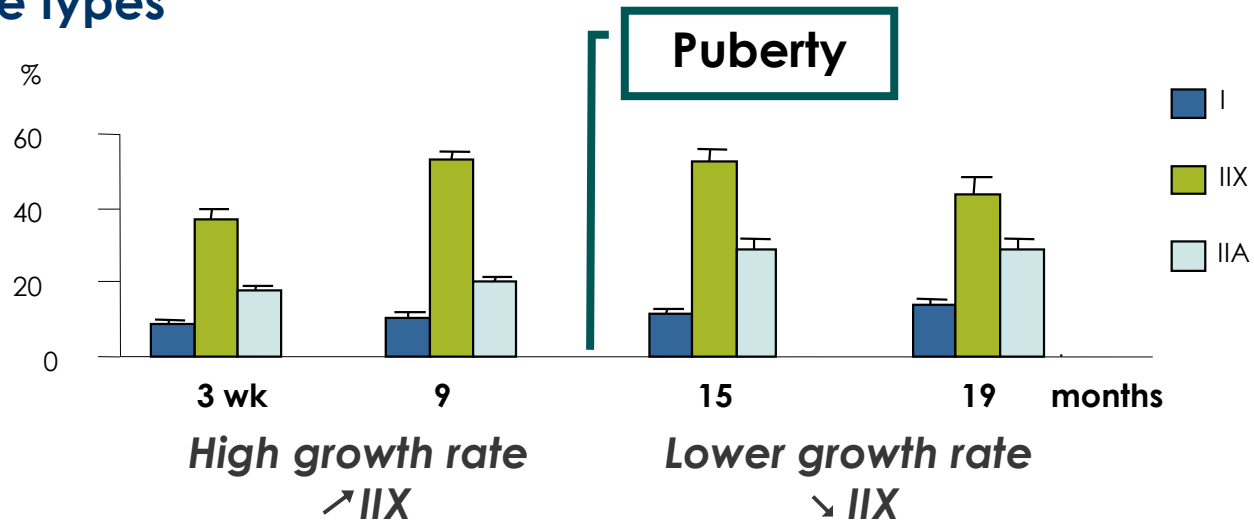


Myoblasts (260 dpc)



Postnatal growth and plasticity

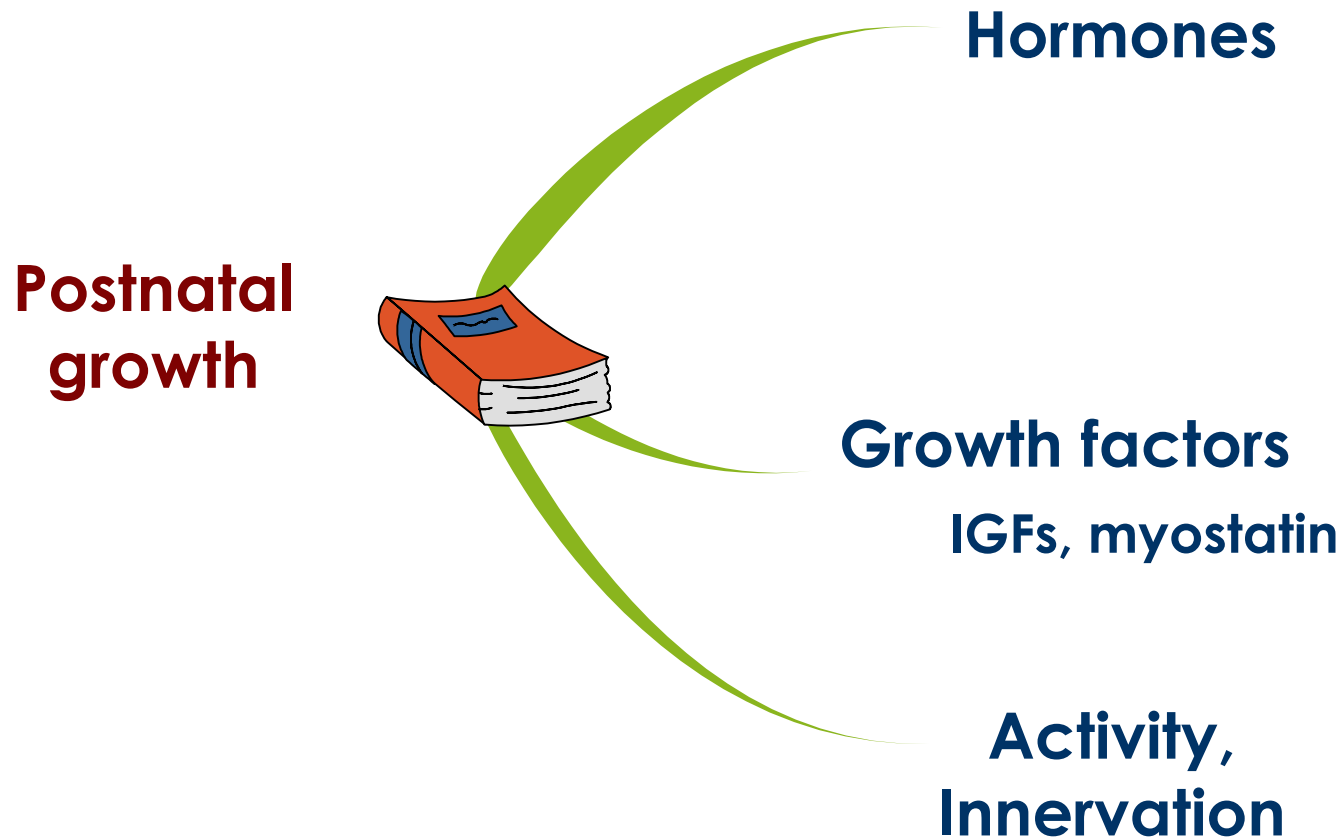
Fibre types



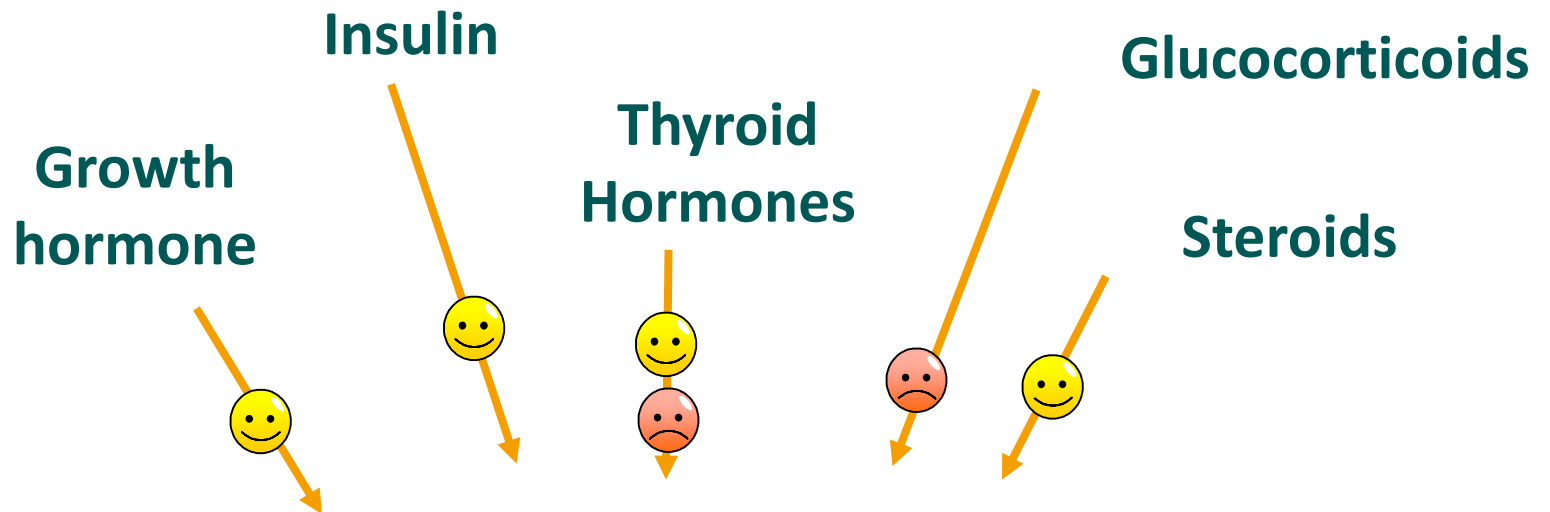
After puberty:

- ↘ fast glycolytic fibres
- more red oxidative muscles

Regulation



Hormones

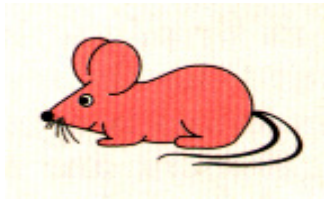


HYPERTROPHY :
Anabolic processus
Protein synthesis
Satellite cells

IGFs

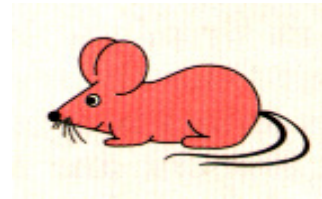
Enhance the size of muscle fibres

- IGF-I (K.O)



Hypotrophy
Hypoplasia

+IGF-I (transgenic)



Muscle Hypertrophy (x 2)

Targets:

- protein synthesis,
- proliferation et differentiation of satellite cells

IGF-I

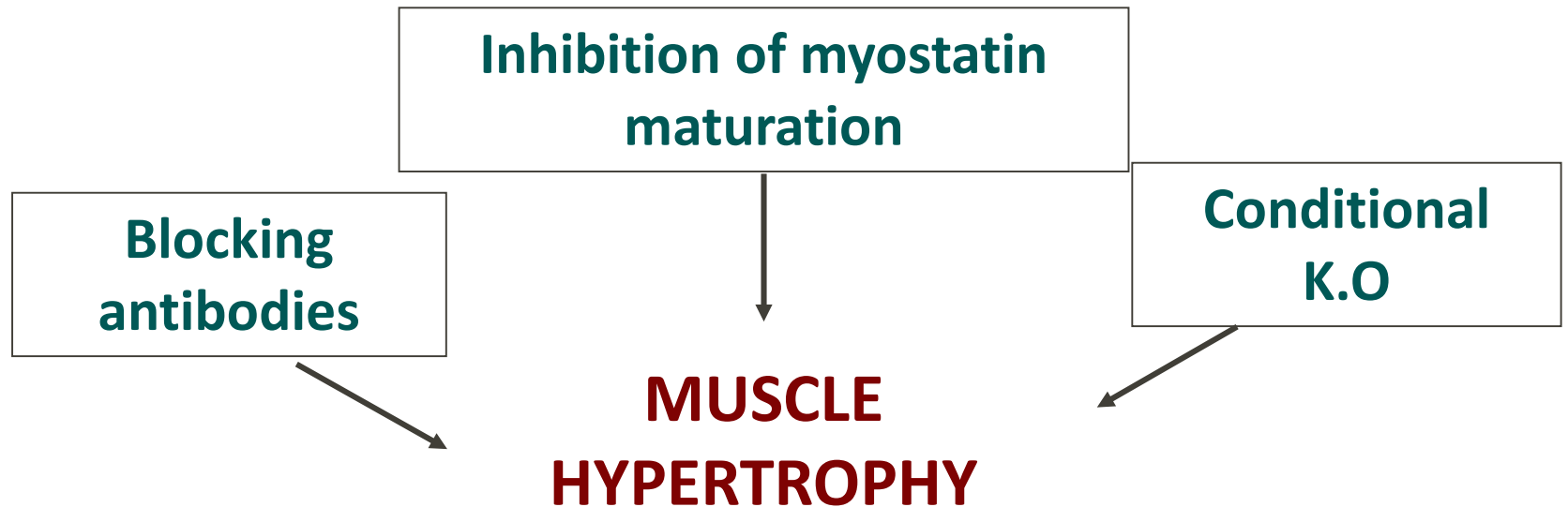
Mice selected on their high levels of IGF-I at 12 weeks of life have an offspring with more developed muscle mass and less fat deposition than normal mice.

IGF-I

Its expression is regulated in muscle postnatally

- in response to hormones
 - 😊 GH, Insulin, steroids, thyroid hormones
 - 😞 corticosteroids
- ↗ exercise
- ↘ malnutrition

Myostatin



Satellite cells

The muscle mass is maintained

Thank you for your attention!

