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1 **Synergic toxic effects of food contaminant mixtures in human cells**

2

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11

12 Running title: Genotoxic and mutagenic synergies of food contaminants.

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20

21 **Abstract**

22 Humans are exposed to multiple exogenous substances, notably through food consumption. Many
23 of these compounds are suspected to impact human health, and their combination could exacerbate
24 their harmful effects. We previously observed in human cells that, among the six most prevalent
25 food contaminant complex mixtures identified in the French diet, synergistic interactions appeared
26 in two mixtures compared to the response with the chemicals alone. In the present study we
27 demonstrated in human cells that these properties are driven only by two heavy metals in each
28 mixture: tellurium (Te) with cadmium (Cd), and Cd with inorganic arsenic (As), respectively. It
29 appeared that the predicted effects for these binary mixtures using the mathematical model of Chou
30 and Talalay confirmed synergism between these heavy metals. Based on different cell biology
31 experiments (cytotoxicity, genotoxicity, mutagenesis, DNA repair inhibition experiments), a
32 detailed mechanistic analysis of these two mixtures suggests that concomitant induction of oxidative
33 DNA damage and decrease of their repair capacity contribute to the synergistic toxic effect of these
34 chemical mixtures. Overall, these results may have broad implications for the fields of
35 environmental toxicology and chemical mixture risk assessment.

36

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38

39 **Keywords:** food contaminants; mixtures; interactions; genotoxicity; H2AX; mutagenesis.

40 **Introduction**

41 Co-exposure to a broad range of chemicals contained in food has been demonstrated in several
42 reports (1-3). Heavy metals, polycyclic aromatic hydrocarbons (PAHs), pesticides, mycotoxins and
43 other xenobiotics can contaminate food. Their combined effects should be taken into account to
44 correctly address public health concern (4). Chemical risk assessment is traditionally carried out on
45 a chemical-by-chemical basis, thereby disregarding possible combined effects. In western countries,
46 most contaminants of concern are detected at low doses in foodstuff (5), but this does not mean that
47 there are no effect resulting from their interaction in mixture. The term interaction is defined as a
48 situation in which some or all individual components of a mixture influence each other's toxicity,
49 and where the combined effects of these components differ from the predicted additive effects (6).
50 The global assessment of the toxicity of mixtures deserves particular attention and is indispensable
51 for a more realistic risk assessment of food contaminants (7). Still, assessing the risk of human co-
52 exposure to multiple chemicals poses several challenges (e.g. which chemical included, proportion
53 of each compound, technique used, mathematical modelling) to scientists, risk assessors and
54 regulatory authorities worldwide (8-10).

55 In recent decades, the general assumption is that substances inside a mixture do not interact. The
56 combined effect in mixture can then be assessed using two main mathematical concepts:
57 Concentration Addition (CA), also called Loewe additivity (11), and Independent Action (IA), also
58 called Bliss independence (12). These reference models used to estimate the expected toxicity
59 (generally cytotoxicity) of a mixture were based on toxicological data concerning each individual
60 compound and its respective concentration in the mixture (13,14). The two additivity models
61 provide mainly conservative predictions of cumulative effects (9,15). Indeed, when data on mixtures
62 deviate from the predictions provided by the CA and IA models, sub-additivity (i.e. antagonism)
63 and supra-additivity (i.e. sensitization or synergism) can be suspected (8,16-18). Even though it has
64 been concluded from the existing literature that interactions are a rare phenomenon compared to a

65 dose or response additivity (19,20), appropriate methods should be developed to incorporate the
66 occurrence of such interactions in the risk assessment of mixtures (5,21). Several studies reported
67 the occurrence of synergistic interactions (22,23) and models like CA or IA showed limitations to
68 predict mixture effects in some particular scenarios (24). Therefore, supra-additivity, which mainly
69 occurs through synergistic mechanisms, is a key concern for risk assessors as it is crucial to provide
70 a quantitative contribution of each compound involved in a synergistic interaction to the toxicity of
71 a mixture (25).

72 In a previous work, we observed that two mixtures of food contaminants present in the French diet
73 were genotoxic and mutagenic in HepG2 and HepaRG cells (26,27). Furthermore, the genotoxic
74 and cytotoxic effects observed with these two mixtures, suggested some degree of interaction
75 between the compounds. Therefore, to reach more confidence in the evaluation of toxicological
76 effects of mixtures, in the present study we conducted an extensive functional analysis to (i) identify
77 which substances drive the toxicity of these mixtures using the genotoxic (γ H2AX) and mutagenic
78 (PIG-A) endpoints in a “reduced approach”; (ii) assess their combined effects in terms of additive,
79 antagonistic or synergistic toxicity using the combination index (CI) isobologram method from
80 Chou-Talalay and (iii) identify the mechanisms involved in the observed synergistic toxic effects.

81 **Materials and Methods**

82 **Chemical and reagents.** Penicillin, streptomycin, trypsin, PBS, RNase, DMSO and Triton X-100
83 were purchased from Sigma-Aldrich. The blocking solution (MAXblock Blocking Medium) was
84 purchased from Active Motif (Belgium). CF770 antibody (goat anti-rabbit and anti-mouse
85 antibodies) and RedDot2 were purchase from Biotium (Hayward, CA, USA). Mouse anti-human
86 CD59 (Protectin) APC monoclonal antibody was purchased from Affymetrix (eBioscience, USA).
87 FLAER: Alexa fluor 488 proaerolysin was purchase from Cedarlane (CA).

88 **Culture of HepG2 cells.** HepG2 human hepatoblastoma cells (ATCC N° HB-8065) were routinely
89 grown in 75-cm² culture flasks in α MEM medium supplemented with 10% FBS, 100 U mL⁻¹
90 penicillin and 100 μ g mL⁻¹ streptomycin. Cultures were maintained in a humidified atmosphere with
91 5% CO₂ at 37 °C and the medium was refreshed every 2-3 days.

92 **Reduced approach in HepG2 cells**

93 **Mixture treatments.** All compounds (purity > 95%) were purchased from Sigma-Aldrich.
94 Depending on their solubility, compounds were dissolve either in pure water (EMD Millipore) or in
95 dimethyl sulfoxide (DMSO) as previously described. As detailed in our previous papers (26,27),
96 depending on their solubility, each compound was first dissolved either in pure water or in DMSO,
97 hereafter referred to the “DMSO phase” and the “water phase”. DMSO-phase contained uniquely
98 the organic compounds and water-phase contained uniquely heavy metals. Full mixtures were
99 prepared from these two sub-mixtures. Each mixture was prepared with chemicals by taking into
100 account their calculated proportion in the French diet. Cells were treat for 24h. The positive control
101 was 0.3 μ M benzo[a]pyrene (BaP) (DNA adduct) or 2.5 μ M menadione (MD) (oxidative DNA
102 damage inducer). All the experiments were run at least three times independently. The mixtures
103 identified previously contain different heavy metals. This particular outcome raised the question for
104 the choice of the heavy metal specifications and showed a limitation to the mixture scenarios.

105 Therefore, in our previous study, one or several specification(s) were examined for each heavy
106 metal, and the choice of the specification was based on the genotoxicity potential (28).

107 ***Combination of different heavy metal mixtures.*** Six different combinations (A, B, C, D, E and F)
108 of heavy metals per mixture were tested at 100 μ M, always in proportion reflecting their detection
109 in the French diet. A “reduced” approach was tested by removing the heavy metals one by one per
110 mixture (supplementary Data 1 and 2). According to the results observed, binary mixtures were
111 designed to predict effect in each situation. It should be note that the proportion value of each heavy
112 metal in each situation was always in conformity with mixtures identified previously (4).

113 **In-Cell Western γ H2AX assay.** The in-cell western (ICW) technique was perform as previously
114 described (29-33). For the quantification of the genotoxicity, fluorescent intensity for γ H2AX per
115 cell (as determined by the fluorescent intensity for γ H2AX divided by the fluorescence intensity for
116 DNA content) was divided by the respective value for negative and expressed as a fold change. Cell
117 viability was indicated by relative cell count [RCC or final cell count (treated)/final cell count
118 (control) \times 100]. A mixture was considered positive in the γ H2AX test if three criteria were achieved
119 as previously reported: (1) at last one of the test concentrations induced a reproducible 1.3-fold
120 increase in γ H2AX, (2) the increase was statistically significant (Student’s test) compared with the
121 concurrent solvent control, and (3) the level of cytotoxicity was below 50% compared to solvent
122 control.

123 **ROS quantification.** Reactive oxygen species (ROS) were quantified using a CM-H₂DCFDA
124 fluorescent probe as indicated by manufacturer (Thermo Scientific, Waltham, MA, USA). To
125 confirm the role of oxidative stress, cells were either pre-treated with 150 μ M of buthionine-(S, R)-
126 sulfoximine (BSO) an inhibitor of glutathione biosynthesis for 16h or co-treated with 5 mM of N-
127 acetylcysteine (NAC) an antioxidant for 24h, and CM-H₂DCFDA was quantified in cell and

128 expressed as a fold increase compared to untreated cells (i.e. without any mixture treatments but
129 with BSO or NAC).

130 ***In vitro* mutagenicity study with the PIG-A assay.** *In vitro* mutagenicity was investigated with
131 the PIG-A assay as previously described (27). Mutant frequencies was calculate as the number of
132 GPI (-) cells divided by the number of total living cells analyzed and expressed as a fold change.
133 Following OECD guidelines, cytotoxicity was defined as relative cloning efficiency (RCE) obtained
134 at the time of mutation selection and relative survival (RS) ($RS = RCE(\text{test}) / RCE(\text{control})$). A
135 mutagenic effect was considered to have occurred if the treatment resulted in a $RS > 10\%$ and the
136 induction of PIG-A mutants was at least statistically 2-fold higher than in the control.

137 **Dose-response relationships of the individual heavy metals.** Viability was transform into
138 cytotoxicity values (*eq. 1*):

$$139 \quad \text{Cytotoxicity (\%)} = 100 - \text{viability (\%)}, \quad (\text{eq } 1)$$

140
141 The Hill model determined the concentration-response relationships of the individual heavy metals.
142 To normalize the effects, the bottom and top asymptotes were set to 0% and 100% respectively.
143 Cytotoxicity values superior to 100 or inferior to 0 were set to 100 or 0, respectively. The
144 experimental data set was fitted to the Hill function (*eq 2*)

$$145 \quad E(\%) = \frac{100}{1 + \left(\frac{c}{EC_{50}}\right)^{-p}}, \quad (\text{eq } 2)$$

146 Where E is the effect in %, c is the concentration of the test agent (μM), p the parameter slope and
147 EC_{50} the concentration of the single agent that produces a 50% effect. For each concentration-
148 response curve, a non-linear sigmoid regression analysis was draw on GraphPad Prism 4.0
149 (GraphPad Software, Inc.).

150 **Prediction of mixture effects using the combination index (CI) method.** The dose-effect
 151 relationships of the individual and combined binary heavy metals were biometrically modeled using
 152 the median-effect equation of the mass action law (34).

153
$$f_a/f_u=(C/C_m)^m$$

- C concentration of the heavy metal
- f_a fraction affected by D
- f_u fraction unaffected (i.e., $f_u = 1 - f_a$)
- D_m median-effect dose (e.g., EC50)
- m coefficient signifying the shape of the dose-effect relationship

($m = 1$, $m >$ and $m < 1$ indicate hyperbolic, sigmoidal, and flat sigmoidal dose-effect curves, respectively)

154 We checked that the linear regression correlation coefficients of the median effect plots were greater
 155 than 0.95 (34). Interactions were analyzed by calculating and plotting the combination index (CI)
 156 values for heavy metals:

157
$${}^n(CI)_x = \frac{(D_x)_{1-n} \left\{ \frac{[D]_j}{\sum^n [D]} \right\}}{(D_m)_j \left\{ \frac{(f a_x)_j}{[1 - (f a_x)_j]^{1/mj}} \right\}}$$

158
 159 Where ${}^n(CI)_x$ is the combination index for n drugs at x% inhibition, $(D_x)_{1-n}$ is the sum of the dose of
 160 n drugs that exerts x % inhibition in combination, $([D]_j/\sum^n [D])$ is the proportionality of the dose of
 161 each drugs that exerts x % inhibition in combination, and $(D_m)_j[(f a_x)_j/(1-f a_x)_j]^{1/mj}$ is the dose of each
 162 drug alone that exerts x % inhibition.

163 CI <1, =1 and >1 indicates synergism, additive effect and antagonism, respectively. For all toxic
 164 combinations, CI values were generated over a range of fractions of cell viability affected (fa) from
 165 0.05–0.95 (5–95% toxicity).

166 Dose reduction indices (DRI) were calculated for all mixtures with synergistic toxicity. The dose
167 reduction index (DRI) measures by how many fold the dose of each compound in a synergistic
168 combination can be reduced. DRIs can be obtained from the reciprocal of each term of the CI
169 equation(35):

$$170 \quad n(CI)_x = \sum_{j=1}^n \frac{(D)_i}{(Dx)_j} = \sum_{j=1}^n \frac{1}{(DRI)_j}$$

$$171 \quad \text{and} \quad (DRI)_1 = \frac{(Dx)_1}{(D)_1}, (DRI)_2 = \frac{(Dx)_2}{(D)_2} \dots, etc$$

172 Analysis of the dose-effect relationship for the toxicity of individual compound and mixtures,
173 calculation of CI values and their 95% confidence intervals, the fraction affected-combination index
174 (Fa-CI) plots for combined effects were all performed using Compusyn software version 3.0.1
175 (ComboSyn Inc., Paramus, NJ, USA).

176 **Statistics.** All experiments were run at least three times independently. Statistically significant
177 increases or decreases in γ H2AX, CM-H₂DCFDA, PIG-A frequencies were compared with controls
178 using Student's test in Excel 2016 software (* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$). Error bars
179 represent SEM (standard error of the mean). In some cases, a one-way ANOVA was perform to
180 compare three or more independent samples. This test was followed by a post hoc Tukey's multiple
181 comparison test using GraphPad Prism 4.0 (GraphPad Software, Inc.) (* $p < 0.05$; ** $p < 0.01$; *** p
182 < 0.001). Finally, a two-way ANOVA was used to compare the interaction effect for each group of
183 treatments, followed by a Bonferroni post-test using GraphPad Prism 4.0 (GraphPad Software, Inc.)
184 ($a, p < 0.05$; $b, p < 0.01$; $c, p < 0.001$).

185 **Results**

186 **Identification of mixture components with genotoxic effects**

187 *Genotoxicity and cytotoxicity of sub-mixtures.* The genotoxic and cytotoxic potential of the whole
188 mixtures in HepG2 cells were compared to that of their respective DMSO and water phase sub-
189 mixtures, using the ICW γ H2AX assay (36) (**Figure 1**). The water phase contained only heavy
190 metals solubilized in sterile water whereas the DMSO phase contained only non-polar chemicals
191 like HAPs, mycotoxins, as detailed previously (26,27). We observed that the genotoxicity of both
192 whole M1 and M3 mixtures was exclusively linked to their water phase, while their DMSO phase
193 had no toxic effect. Indeed, M1 produced a significant induction (1.6-fold) of γ H2AX at 100 μ M,
194 similar to the response with the water phase (1.4-fold induction) whereas no significant induction
195 of γ H2AX was observed with the DMSO phase of M1 (0.8-fold induction) (**Figure 1a**). Similarly,
196 whole M3 mixture and its water phase were clearly positive for γ H2AX whereas the DMSO phase
197 was not genotoxic (**Figure 1b**). Similar observations were drawn from the cell viability data
198 (**Figures 1a and 1b**). In conclusion only heavy metals present in water phases could account for the
199 observed toxic effects of the whole mixtures.

200 *Genotoxicity and cytotoxicity of heavy metal combinations.* As only the water phases of M1 and M3
201 were found to be genotoxic, we used a “reduced approach” by testing modified water phases of each
202 mixture (**Supporting Information Appendix 1 and 2**), to identify which heavy metal were
203 responsible of the observed effects. The genotoxicity of the M1 and M3 water phases were tested in
204 all possible scenarios in which one of the six heavy metal of each mixture was removed. Results
205 were compared with those obtained with the whole mixtures (DMSO and water phases together)
206 (**Figure 2; Appendix 3**). Comparison of the different heavy metal combinations with corresponding
207 mixtures were detailed at genotoxic and cytotoxic relevant concentrations, *i.e.* 100 and 250 μ M,
208 respectively. In the absence of cadmium (Cd) or tellurium (Te), no genotoxicity was detect for the

209 M1 water phase (**Figure 2a**). Moreover, a detailed analysis of the cell viability data (% RCC)
210 indicated that mixtures without Te or Cd were also less cytotoxic than the whole mixture (**Appendix**
211 **3a**). Results for M3 indicated that only arsenic (As) was related to a decrease in γ H2AX induction
212 (**Figure 2b**) and that only Cd was involved in the cytotoxicity of the mixture (**Appendix 3b**). The
213 effects of only binary mixtures of the suspected metals involved in toxic effects were also examined
214 (**Figure 2 c-d**). No significant difference in the induction of γ H2AX between the whole mixtures
215 and the binary mixtures of the heavy metals was observed. Notably, when the two-suspected heavy
216 metals (Cd and Te) were excluded from mixture M1, no DNA damage was observed, confirming
217 that the genotoxic potential of the mixture 1 was driven by the presence of these two heavy metals
218 (**Figure 2c**). With the cytotoxicity data, we observed that Cd with As in M3 were the drivers of the
219 toxicity of the corresponding mixture (**Figure 2d**).

220 *Mutagenicity of the binary mixtures of driver chemicals.* Our previous study indicated that *in vitro*,
221 M1 and M3 whole mixtures induced mutagenicity in the HepG2 PIG-A assay (27). Here we
222 investigated if the mutagenicity of these mixtures was also due to the presence of Cd-Te in M1 and
223 Cd-As in M3. The background level of GPI (-) frequency was 47 ± 9 GPI (-) cells / 10^6 viable
224 HepG2 cells. The positive control (BaP 1 μ M) induced a statistically significant fold 2.2 fold ($P \leq$
225 0.001) (data not showed). Regarding the dose-response of mutant GPI (-) cell frequency and the
226 LOEC (lowest observed effect concentration), the results obtained with the whole M1 and M3
227 mixtures were comparable to those obtained with only the corresponding binary heavy metals
228 (**Table 1**). Notably, M1 at 150 μ M induced a 2.89-fold induction of PIG-A mutant phenotype cells
229 versus a 2.75-fold induction for the binary Cd-Te mixture, and M3 at 30 μ M induced a 2.61-fold
230 versus 2.03-fold for the binary As-Cd mixture, implicating these heavy metals in the observed
231 mutagenic effects. We noted however, that at higher concentration, whole mixture of M3 presented
232 a greater genotoxic and cytotoxic effect than binary As/Cd mixture (**Table 1**).

233

234 **Assessment of the combined toxic effects**

235 *Individual cytotoxicity of As, Cd and Te.* HepG2 cells were exposed for 24h to As, Cd and Te. The
236 concentration-response cytotoxicity curves were fitted using the Hill model (**Appendix 4**). The three
237 heavy metals showed a concentration-dependent cytotoxic effect and were ranked as follows: Cd
238 (EC_{50} : 63.9 μ M) > As (EC_{50} : 73.1 μ M) > Te (EC_{50} : 592.1 μ M).

239 *Combined cytotoxicity of As, Cd and Te.* The next step was to determine the type of interaction
240 (additivity, synergy or antagonism) between these heavy metals. The ratios between the heavy
241 metals were chosen to obtain an equivalent proportion reflecting their detection in the French diet
242 (*i.e.* M1: (Cd+Te [0.85:0.25]) and M3: (As+Cd [0.73:0.27])). The types of interactions were
243 analyzed using the Chou-Talalay method (37). Combination index (CI) values were calculated for
244 a wide range of cytotoxicity levels (from 10 % to 100 %) using experimental data for As, Cd and
245 Te alone (**Figure 3 a-b**). We observed that the interaction between the main drivers of the mixtures
246 demonstrated a very strong synergism (CI < 1) at all the concentrations tested (*fa* between 5–95%).
247 In order to quantify the synergy between heavy metals, dose reduction index (DRI) was calculated
248 for all level of cytotoxicity (**Appendix 5**). This latter parameter indicated notable dose reduction in
249 all conditions. Fifteen fold less Cd and 60-fold less Te were required to reach the observed 50%
250 cytotoxicity of M1 than values predicted based on single compounds. At 50% observed cytotoxicity
251 of M3, 13-fold less Cd and 6-fold less As were required to achieve the same 50% cytotoxicity
252 predicted based on single compounds.

253

254 **Genotoxic mechanisms of action of heavy metals found in mixtures**

255 *Heavy metals present in mixtures induce γ H2AX based on generation of oxidative stress.* Next, we
256 investigated the DNA damage mechanism of action of the mixtures. For this purpose, we checked

257 the formation of ROS and subsequent oxidative DNA damage in HepG2 cells treated with non-
258 cytotoxic concentrations of M1 and M3 mixtures (i.e. the highest concentration of 250 and 100 μ M
259 for M1 and M3, respectively) with and without treatment with BSO (antioxidant cell capacity
260 depletion) or NAC (antioxidant cell capacity increase). Using the positive control oxidative stress
261 inducer menadione (MD), we observed as expected a statistically significant increase (1.6-fold) in
262 ROS formation compared to control (**Figure 4 a-b**) and DNA damage (1.9-fold) (**Figure 4 c-d**).
263 Pre-treatment of the cells with NAC inhibited these two effects and conversely, BSO increased the
264 effect of MD. As with positive control MD, treatment with BSO increased the intracellular ROS
265 and DNA damage induced by M1 and M3, whereas these effects were inhibited by pre-treatment
266 with antioxidant NAC. Furthermore, the survival rates of HepG2 cells increased in both mixtures
267 co-treated with NAC (**Appendix 6**). We thus demonstrated that M1 and M3 toxic effect might be
268 linked to oxidative DNA damage induction. We also measured the production of ROS after
269 treatment with single heavy metals. The data showed that only As and Cd could generated ROS at
270 the concentration tested (**Figure 5**).

271 *Heavy metals present in mixtures interact with DNA repair systems.* Next, we examined the impact
272 of the mixtures on DNA repair pathways. For this purpose, we pre-treated cells for 1h with a specific
273 oxidative stress inducer (KBrO₃) resulting in oxidative DNA damage specifically repaired by the
274 base excision repair (BER) pathway. KBrO₃ 1h treatment triggered as expected a significant γ H2AX
275 induction (1.6-fold) (**Figure 6**). After washing out and 23h recovery, all oxidative DNA damage
276 were repaired, as revealed by basal γ H2AX level (1.1-fold). Since we previously observed that
277 mixtures M1 and M3 by themselves could generated oxidative DNA damage (**Figure 4**), we tested
278 the inhibition of the BER DNA repair pathway by M1 and M3 in the presence of the antioxidant
279 NAC (**Figure 6**) to abolished oxidative DNA damage induced by the mixtures. With both M1 and
280 M3 mixtures (**Figure 6**), DNA damage was not observed in cells treated with mixtures in presence
281 of NAC, but DNA damage increased when cells were pre-treated with KBrO₃ and then treated with

282 mixtures in presence of NAC. These results demonstrated that the BER DNA repair pathway was
283 probably inhibited by M1 and M3 mixtures. We then tested the effect of the mixtures on the possible
284 inhibition of another DNA repair pathway: the nucleotide excision DNA repair (NER). For this
285 purpose, in a same way than for BER inhibition experiment, cells were treated with BaP, an inducer
286 of bulky DNA adducts specifically repaired by the NER DNA repair pathway (**Appendix 7**). In co-
287 treatment experiments, BaP (0.3 μ M) plus M1 or M3 in the presence of NAC (to avoid oxidative
288 DNA damage induced by mixtures), no significant modification of the γ H2AX induction (2-fold)
289 was observe compared to BaP alone. These data suggest that neither mixture disturbed the NER
290 DNA repair pathway.

291 **Discussion**

292 In the current study, we addressed the combined toxic effects of two complex mixtures present in
293 the French diet, using a comprehensive integrated approach. In 2012, the European Commission
294 published a communication on the combined effects of chemicals, expressing concerns about the
295 current limitations related to assessing compounds individually, and proposing a way forward to
296 ensure that risks associated with chemical mixtures are properly understood and assessed (34). We
297 examined the opportunities for addressing some of the other knowledge gaps, in particular those
298 related to (i) identifying the chemical substances that are the main drivers of mixture toxicity (ii)
299 predicting interactions using mathematical models, and (iii) providing detailed information on the
300 mode of action for a better understanding of the observed toxic effects but also the interactions
301 between each of the individual compounds (5,8,38).

302 To identify substances that drive toxicity of the mixtures, a “reduced approach” was used on the M1
303 and M3 mixtures using the ICW γ H2AX assay in HepG2 cells. As described, two sub-mixture
304 phases of each whole mixture were examined separately (e.g. compounds soluble in pure water or
305 in DMSO, respectively), according to the chemical properties of the components present in the
306 mixtures (26,27). Each mixture induced a very similar toxic response than their respective water
307 phase, meaning that the chemicals present in the DMSO phase were not involved in the potential
308 interactions. Heavy metals are considered as major chemical contaminants of the food chain and
309 have been classified as “known” or “probable” human carcinogens by US EPA and IARC (39,40).
310 Actions and interactions between heavy metals are commonly investigated in the context of multi-
311 exposure through the environment (41-43). The genotoxicity of heavy metals in co-exposure has
312 been investigated, but recent studies showed synergistic, antagonistic or additive effects both *in vivo*
313 and *in vitro*, suggesting that interaction patterns between heavy metals could be difficult to predict
314 (44-49). These discrepancies may result from proportion of the tested compounds in the mixture

315 and the end-points tested. The strength of the present study is that mixture composition, and
316 proportion of each component, reflected a realistic exposure.

317 The next step of our reduced approach showed that the toxic effects of the mixtures were driven by
318 only two heavy metals per mixture: Te and Cd in M1, As and Cd in M3. Contamination by mixtures
319 of heavy metals frequently occurs in the environment due to increased industrial and anthropogenic
320 activities. The European Food Safety Authority (EFSA) reported that foodstuffs are the primary
321 source of Cd exposure for the general population, mainly through contamination of cereal products
322 (50,51). Regarding inorganic arsenic, the US Food and Drug Administration reported that rice
323 contains a higher level of As than other foods. Although little information is available on levels of
324 Te in food, consumers may be exposed through butter every day. The genotoxic effects of As, Cd
325 and Te have been demonstrated using *in vitro* models (28,52-54). Various mechanisms are
326 associated with the genotoxicity of As, Cd and Te, including generation of free radicals, oxidative
327 stress and the inhibition of DNA repair pathways (39).

328 Our previous study classified As, Cd and Te among the most genotoxic metals tested (28). However,
329 based on their concentrations present in the mixtures studied, and on the LOEC determined for each
330 metal, no mixture was expected to induced DNA damage (26,27). On the opposite, whole M1, M3
331 and their respective binary mixtures induced a similar level of genotoxicity and cytotoxicity. Our
332 mathematical model results based on cytotoxicity data suggest that As, Cd and Te could act jointly
333 and deviate from the additive effect, suggesting mainly a supra-additive effect in mixtures. To
334 confirm the combined effects of mixtures, the cytotoxicity of As, Cd and Te was assessed using
335 different conceptual models. Concentration addition (CA) and independent action (IA) models of
336 additivity revealed the absence of overlap between the measured and predicted cytotoxicity curves,
337 and showed that the response of mixtures deviated significantly from a cumulative effect (55). To
338 confirm synergism, we applied the combination index-isobologram approach based on median-
339 effect equations. The combination index values pointed to an synergic effect of the two binary

340 mixtures (37). These results confirmed the measured effects and support the conclusion of a
341 synergistic interaction with the mixtures (56,57).

342 The sensitive marker of DNA damage (γ H2AX) used in this study can originate from various types
343 of DNA damage (e.g. bulky DNA adducts, oxidative DNA lesions). When dealing with multiple
344 chemicals, *in vitro* approaches are recommended to clarify the mode of action of mixtures and to
345 elucidate the biochemical and physiological events that cause genotoxicity (9,58). First, we checked
346 if the mixtures induced oxidative stress, and therefore caused oxidative DNA damage (59,60). A
347 significant decrease in oxidative stress and γ H2AX induced by mixtures was observed in NAC-
348 cotreated cells. In contrast, mixture treatments of cells pre-treated with BSO demonstrated a
349 significant increase in these two endpoints. As and Cd, the two drivers of M3, are known to rapidly
350 induce ROS and GSH depletion in cells (61,62). It is therefore reasonable to conclude that DNA
351 damage induced by As and Cd was due to oxidative stress. Like the toxic effects of M3, those of
352 M1 depend on two heavy metals, Cd and Te. Although Cd could generate ROS, the role of Te
353 contribution in mixture effect is not as clear since Te did not cause oxidative stress in our study, in
354 agreement with previously published results (28,53,27,52).

355 Secondly, we hypothesized that the observed synergistic genotoxic effect of mixtures may be linked
356 to inhibition of DNA repair pathways. Indeed, our data demonstrated that M1 and M3 mixtures
357 could inhibit the BER DNA repair pathway but not the NER pathway. Hence, all the results of the
358 *in vitro* approaches used in the current study converge to show that the observed synergism in the
359 genotoxic effects of the mixtures may be linked with the mode of action of the different heavy
360 metals. Some heavy metals present in the mixtures, such as Cd and As, are able to induce ROS
361 production that induced oxidative DNA damage. At the same time, Cd and As, as well as Te, may
362 affect the specific repair pathway (BER) involved in the repair of oxidative DNA damage.
363 Therefore, binary mixtures could induced a substantial biological response, while the individual
364 chemicals are found to be inactive at similar concentrations.

365 In summary, we investigated the toxic effect of chemical mixtures present in the French diet using
366 an original approach based on a combination of cellular and molecular experiments and
367 mathematical analysis. We showed that heavy metals were the main drivers of the toxicity induced
368 by mixtures with a strong synergism. New analyses should be perform to elucidate whether or not
369 the concentrations tested in our study are relevant under realistic exposure conditions. However, the
370 strength of the present study is that mixture composition, and proportion of each component,
371 reflected a realistic exposure and is a proof of principle of the toxic effect of food contaminants in
372 mixture. Exploring the mechanisms involved in the combined genotoxic effect of these mixtures
373 leads us to hypothesize that both induction of oxidative DNA damage and suppression of their repair
374 contribute to the observed synergistic effects. This conclusion should be take into careful
375 consideration in environmental toxicology and chemical risk assessment.

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378 **Conflict of interest statement**

379 The authors declare no competing interests.

380 **Author contributions**

381 B.K. performed most of the experiments, data analysis and interpretation through discussions with
382 L.L.H. and M.A.. B.K., P.S. and A-K.I. performed statistical analyses. M.A. planned and supervised
383 the project. The manuscript was written by B.K. All the authors discussed the results and contributed
384 to editing of the manuscript.

385 **Supporting Information**

386 Supplementary Data 1. Composition of the different heavy metal M1 sub-mixtures tested.

387 Supplementary Data 2. Composition of the different heavy metal M3 sub-mixtures tested.

388 Supplementary Data 3. Cytotoxicity of different mixtures in HepG2 cells measured using the ICW
389 technique.

390 Supplementary Data 4. Cytotoxicity of arsenic, cadmium and tellurium in HepG2 cells.

391 Supplementary Data 5. DRI values calculated for binary mixtures.

392 Supplementary Data 6. Cytotoxicity of mixtures in HepG2 cells co-treated with antioxidant and pro-
393 oxidant.

394 Supplementary Data 7. Effect of mixtures on the repair of DNA damage induced by benzo[a]pyrene
395 in HepG2 cells.

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558

559 **Table 1.** PIG-A mutation frequency in response to mixtures (whole versus binary) treatment in
 560 HepG2 cells. Fold induction of GPI (-) and % of relative survival (% RS) were normalized with
 561 their vehicle. Each value represents the mean \pm SEM (n>3). Significant differences with control are
 562 noted (*p \leq 0.05; **p \leq 0.01).

	Fold induction of GPI (-)	% RS	Fold induction of GPI (-)	% RS
Final mixture concentration (μM)	Whole M1		Binary M1 (Cd + Te)	
10	0.94 \pm 0.1	96 \pm 3	1.30 \pm 0.1	87 \pm 6
100	1.49 \pm 0.3	92 \pm 7	1.78 \pm 0.2	117 \pm 8
150	2.89* \pm 0.3	27 \pm 3	2.75* \pm 0.3	46 \pm 5
Final mixture concentration (μM)	Whole M3		Binary M3 (As + Cd)	
10	0.98 \pm 0.1	99 \pm 4	1.36 \pm 0.1	97 \pm 9
30	2.61* \pm 0.2	52 \pm 10	2.03* \pm 0.1	96 \pm 4
60	5.45 \pm 1.1	31 \pm 2	2.07* \pm 0.2	102 \pm 6
100	16.84* \pm 4	14 \pm 4	3.35** \pm 0.1	57 \pm 6

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567 **Figure legends**

568 **Figure 1. Effects of whole mixtures and their respective water and DMSO phases on the**
569 **phosphorylation of H2AX in HepG2 cells.** Cells were treated with whole mixtures or their
570 respective DMSO and water phases at 100 μ M for 24h then genotoxicity (histogram) and cell
571 viability were analyzed (square). (a). Mixture 1. (b). Mixture 3. Each value represents the mean of
572 6 independent experiments and *a*, $p < 0.05$; *b*, $p < 0.01$; *c*, $p < 0.001$ indicated statistical significance
573 between matched groups.

574

575 **Figure 2.** Effects of heavy metal combinations corresponding to each mixture on the
576 phosphorylation of H2AX in HepG2 cells. Different combinations of each mixture (whole, only the
577 water phase containing heavy metals or sub-mixtures of heavy metals (**Appendix 1 and 2**)) were
578 test at 100 μ M at proportion corresponding to their proportions in the French diet. Genotoxicity
579 (histogram) and cell viability were analyzed (square) was estimated after 24h treatment and
580 compared to vehicle controls. Combinations for M1 (a), combinations for M3 (b). Each value
581 represents the mean of 5 independent experiments and significant differences compared to the
582 vehicle control are noted ($*p \leq 0.05$; $**p \leq 0.01$; $***p \leq 0.001$). Binary combinations of the heavy
583 metals main drivers for M1 (c) and M3 (d) at 100 μ M for 24h were compared to their associated
584 mixtures (water phase without the two heavy metals main drivers and whole mixture). Each value
585 represents the mean of 5 independent experiments and *a*, $p < 0.05$; *b*, $p < 0.01$; *c*, $p < 0.001$ indicated
586 statistical significance between matched groups.

587

588 **Figure 3.** Predicted cytotoxic effects of mixtures. Combination index (CI)-fraction affected (*fa*)
589 curves were obtained from individual data obtained \pm 95% confidence intervals ($n > 3$) based on SDA

590 using the CompuSyn software (**a, b**). Horizontal lines correspond to lower and upper limits of the
591 additivity zone.

592

593 **Figure 4.** ROS production and genotoxicity induced by mixtures co-treated with antioxidant (NAC)
594 and pro-oxidant (BSO) in HepG2 cells. The fold induction of intracellular ROS production (**a, b**) in
595 cells was detected by CM-H₂DCFDA fluorescence intensity and genotoxicity (**c, d**) was quantified
596 with the γ H2AX biomarker. MD, menadione, positive control of oxidative stress induction. Each
597 value represents the mean \pm SEM (n=6) * $p \leq 0.05$; ** $p \leq 0.01$; *** $p \leq 0.001$ indicated statistical
598 significance from control DMSO, and *a*, $p < 0.05$; *b*, $p < 0.01$; *c*, $p < 0.001$ indicated statistical
599 significance between matched groups (medium, NAC, BSO).

600

601 **Figure 5.** ROS production induced by individual heavy metals in HepG2 cells. The fold induction
602 of intracellular ROS was quantify through CM-H₂DCFDA fluorescence intensity compared to
603 control after 24h treatment. Each value represents the mean \pm SEM (n=5). * $p \leq 0.05$; ** $p \leq 0.01$;
604 *** $p \leq 0.001$ indicated statistical significance from negative control.

605

606 **Figure 6.** Effect of mixtures on the repair of oxidative DNA damage induced by potassium bromate
607 in HepG2 cells. Cells we pre-treated for 1h with a specific oxidative stress inducer (KBrO₃)
608 resulting in oxidative DNA damage (γ H2AX induction) specifically repaired by the base excision
609 repair (BER) pathway during the 23h recovery (return to basal γ H2AX level). Since we previously
610 observed that mixtures M1 and M3 by themselves could generated oxidative DNA damage,
611 inhibition of the BER DNA repair pathway by M1 and M3 was tested in the presence of the
612 antioxidant NAC. The level of DNA damage in cells pre-treated with KBrO₃ (1mM) for 1-hr before

613 incubation with M1 (**a**) or M3 (**b**) with and without NAC for 23-hr recovery period was evaluated
614 using the ICW γ H2AX assay. Each value represents the mean \pm SEM (n=4). * $p \leq 0.05$; ** $p \leq 0.01$;
615 *** $p \leq 0.001$ indicate statistical significance from control DMSO, and *a*, $p < 0.05$; *b*, $p < 0.01$; *c*, p
616 < 0.001 indicate statistical significance between matched groups (medium, NAC, NAC and KBrO₃).