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# **Synergic toxic effects of food contaminant mixtures in human cells**

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Running title: Genotoxic and mutagenic synergies of food contaminants.

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## Abstract

Humans are exposed to multiple exogenous substances, notably through food consumption. Many of these compounds are suspected to impact human health, and their combination could exacerbate their harmful effects. We previously observed in human cells that, among the six most prevalent food contaminant complex mixtures identified in the French diet, synergistic interactions appeared in two mixtures compared to the response with the chemicals alone. In the present study we demonstrated in human cells that these properties are driven only by two heavy metals in each mixture: tellurium (Te) with cadmium (Cd), and Cd with inorganic arsenic (As), respectively. It appeared that the predicted effects for these binary mixtures using the mathematical model of Chou and Talalay confirmed synergism between these heavy metals. Based on different cell biology experiments (cytotoxicity, genotoxicity, mutagenesis, DNA repair inhibition experiments), a detailed mechanistic analysis of these two mixtures suggests that concomitant induction of oxidative DNA damage and decrease of their repair capacity contribute to the synergistic toxic effect of these chemical mixtures. Overall, these results may have broad implications for the fields of environmental toxicology and chemical mixture risk assessment.

Keywords: food contaminants; mixtures; interactions; genotoxicity; H2AX; mutagenesis.

## Introduction

Co-exposure to a broad range of chemicals contained in food has been demonstrated in several reports (1-3). Heavy metals, polycyclic aromatic hydrocarbons (PAHs), pesticides, mycotoxins and other xenobiotics can contaminate food. Their combined effects should be taken into account to correctly address public health concern (4). Chemical risk assessment is traditionally carried out on a chemical-by-chemical basis, thereby disregarding possible combined effects. In western countries, most contaminants of concern are detected at low doses in foodstuff (5), but this does not mean that there are no effect resulting from their interaction in mixture. The term interaction is defined as a situation in which some or all individual components of a mixture influence each other's toxicity, and where the combined effects of these components differ from the predicted additive effects (6). The global assessment of the toxicity of mixtures deserves particular attention and is indispensable for a more realistic risk assessment of food contaminants (7). Still, assessing the risk of human co-exposure to multiple chemicals poses several challenges (e.g. which chemical included, proportion of each compound, technique used, mathematical modelling) to scientists, risk assessors and regulatory authorities worldwide (8-10).

In recent decades, the general assumption is that substances inside a mixture do not interact. The combined effect in mixture can then be assessed using two main mathematical concepts: Concentration Addition (CA), also called Loewe additivity (11), and Independent Action (IA), also called Bliss independence (12). These reference models used to estimate the expected toxicity (generally cytotoxicity) of a mixture were based on toxicological data concerning each individual compound and its respective concentration in the mixture (13,14). The two additivity models provide mainly conservative predictions of cumulative effects (9,15). Indeed, when data on mixtures deviate from the predictions provided by the CA and IA models, sub-additivity (i.e. antagonism) and supra-additivity (i.e. sensitization or synergism) can be suspected (8,16-18). Even though it has been concluded from the existing literature that interactions are a rare phenomenon compared to a

65 dose or response additivity (19,20), appropriate methods should be developed to incorporate the  
66 occurrence of such interactions in the risk assessment of mixtures (5,21). Several studies reported  
67 the occurrence of synergistic interactions (22,23) and models like CA or IA showed limitations to  
68 predict mixture effects in some particular scenarios (24). Therefore, supra-additivity, which mainly  
69 occurs through synergistic mechanisms, is a key concern for risk assessors as it is crucial to provide  
70 a quantitative contribution of each compound involved in a synergistic interaction to the toxicity of  
71 a mixture (25).

72 In a previous work, we observed that two mixtures of food contaminants present in the French diet  
73 were genotoxic and mutagenic in HepG2 and HepaRG cells (26,27). Furthermore, the genotoxic  
74 and cytotoxic effects observed with these two mixtures, suggested some degree of interaction  
75 between the compounds. Therefore, to reach more confidence in the evaluation of toxicological  
76 effects of mixtures, in the present study we conducted an extensive functional analysis to (i) identify  
77 which substances drive the toxicity of these mixtures using the genotoxic ( $\gamma$ H2AX) and mutagenic  
78 (PIG-A) endpoints in a “reduced approach”; (ii) assess their combined effects in terms of additive,  
79 antagonistic or synergistic toxicity using the combination index (CI) isobologram method from  
80 Chou-Talalay and (iii) identify the mechanisms involved in the observed synergistic toxic effects.

## Materials and Methods

**Chemical and reagents.** Penicillin, streptomycin, trypsin, PBS, RNase, DMSO and Triton X-100 were purchased from Sigma-Aldrich. The blocking solution (MAXblock Blocking Medium) was purchased from Active Motif (Belgium). CF770 antibody (goat anti-rabbit and anti-mouse antibodies) and RedDot2 were purchase from Biotium (Hayward, CA, USA). Mouse anti-human CD59 (Protectin) APC monoclonal antibody was purchased from Affymetrix (eBioscience, USA). FLAER: Alexa fluor 488 proaerolysin was purchase from Cedarlane (CA).

**Culture of HepG2 cells.** HepG2 human hepatoblastoma cells (ATCC N° HB-8065) were routinely grown in 75-cm<sup>2</sup> culture flasks in  $\alpha$ MEM medium supplemented with 10% FBS, 100 U mL<sup>-1</sup> penicillin and 100  $\mu$ g mL<sup>-1</sup> streptomycin. Cultures were maintained in a humidified atmosphere with 5% CO<sub>2</sub> at 37 °C and the medium was refreshed every 2-3 days.

### Reduced approach in HepG2 cells

**Mixture treatments.** All compounds (purity > 95%) were purchased from Sigma-Aldrich. Depending on their solubility, compounds were dissolve either in pure water (EMD Millipore) or in dimethyl sulfoxide (DMSO) as previously described. As detailed in our previous papers (26,27), depending on their solubility, each compound was first dissolved either in pure water or in DMSO, hereafter referred to the “DMSO phase” and the “water phase”. DMSO-phase contained uniquely the organic compounds and water-phase contained uniquely heavy metals. Full mixtures were prepared from these two sub-mixtures. Each mixture was prepared with chemicals by taking into account their calculated proportion in the French diet. Cells were treat for 24h. The positive control was 0.3  $\mu$ M benzo[a]pyrene (BaP) (DNA adduct) or 2.5  $\mu$ M menadione (MD) (oxidative DNA damage inducer). All the experiments were run at least three times independently. The mixtures identified previously contain different heavy metals. This particular outcome raised the question for the choice of the heavy metal specifications and showed a limitation to the mixture scenarios.

Therefore, in our previous study, one or several specification(s) were examined for each heavy metal, and the choice of the specification was based on the genotoxicity potential (28).

**Combination of different heavy metal mixtures.** Six different combinations (A, B, C, D, E and F) of heavy metals per mixture were tested at 100  $\mu$ M, always in proportion reflecting their detection in the French diet. A “reduced” approach was tested by removing the heavy metals one by one per mixture (supplementary Data 1 and 2). According to the results observed, binary mixtures were designed to predict effect in each situation. It should be note that the proportion value of each heavy metal in each situation was always in conformity with mixtures identified previously (4).

**In-Cell Western  $\gamma$ H2AX assay.** The in-cell western (ICW) technique was perform as previously described (29-33). For the quantification of the genotoxicity, fluorescent intensity for  $\gamma$ H2AX per cell (as determined by the fluorescent intensity for  $\gamma$ H2AX divided by the fluorescence intensity for DNA content) was divided by the respective value for negative and expressed as a fold change. Cell viability was indicated by relative cell count [RCC or final cell count (treated)/final cell count (control)  $\times$  100]. A mixture was considered positive in the  $\gamma$ H2AX test if three criteria were achieved as previously reported: (1) at last one of the test concentrations induced a reproducible 1.3-fold increase in  $\gamma$ H2AX, (2) the increase was statistically significant (Student’s test) compared with the concurrent solvent control, and (3) the level of cytotoxicity was below 50% compared to solvent control.

**ROS quantification.** Reactive oxygen species (ROS) were quantified using a CM-H<sub>2</sub>DCFDA fluorescent probe as indicated by manufacturer (Thermo Scientific, Waltham, MA, USA). To confirm the role of oxidative stress, cells were either pre-treated with 150  $\mu$ M of buthionine-(S, R)-sulfoximine (BSO) an inhibitor of glutathione biosynthesis for 16h or co-treated with 5 mM of N-acetylcysteine (NAC) an antioxidant for 24h, and CM-H<sub>2</sub>DCFDA was quantified in cell and

expressed as a fold increase compared to untreated cells (i.e. without any mixture treatments but with BSO or NAC).

***In vitro* mutagenicity study with the PIG-A assay.** *In vitro* mutagenicity was investigated with the PIG-A assay as previously described (27). Mutant frequencies was calculate as the number of GPI (-) cells divided by the number of total living cells analyzed and expressed as a fold change. Following OECD guidelines, cytotoxicity was defined as relative cloning efficiency (RCE) obtained at the time of mutation selection and relative survival (RS) ( $RS = RCE(\text{test}) / RCE(\text{control})$ ). A mutagenic effect was considered to have occurred if the treatment resulted in a  $RS > 10 \%$  and the induction of PIG-A mutants was at least statistically 2-fold higher than in the control.

**Dose-response relationships of the individual heavy metals.** Viability was transform into cytotoxicity values (*eq. 1*):

$$\text{Cytotoxicity (\%)} = 100 - \text{viability (\%)}, \quad (\text{eq } 1)$$

The Hill model determined the concentration-response relationships of the individual heavy metals. To normalize the effects, the bottom and top asymptotes were set to 0% and 100% respectively. Cytotoxicity values superior to 100 or inferior to 0 were set to 100 or 0, respectively. The experimental data set was fitted to the Hill function (*eq 2*)

$$E(\%) = \frac{100}{1 + \left(\frac{c}{EC_{50}}\right)^{-p}}, \quad (\text{eq } 2)$$

Where  $E$  is the effect in %,  $c$  is the concentration of the test agent ( $\mu\text{M}$ ),  $p$  the parameter slope and  $EC_{50}$  the concentration of the single agent that produces a 50% effect. For each concentration-response curve, a non-linear sigmoid regression analysis was draw on GraphPad Prism 4.0 (GraphPad Software, Inc.).



**Prediction of mixture effects using the combination index (CI) method.** The dose-effect relationships of the individual and combined binary heavy metals were biometrically modeled using the median-effect equation of the mass action law (34).

$$f_a/f_u = (C/C_m)^m$$

C      concentration of the heavy metal  
 $f_a$       fraction affected by D  
 $f_u$       fraction unaffected (i.e.,  $f_u = 1 - f_a$ )  
 $D_m$       median-effect dose (e.g., EC50)  
 $m$       coefficient signifying the shape of the dose-effect relationship

( $m = 1$ ,  $m > 1$  and  $m < 1$  indicate hyperbolic, sigmoidal, and flat sigmoidal dose-effect curves, respectively)

We checked that the linear regression correlation coefficients of the median effect plots were greater than 0.95 (34). Interactions were analyzed by calculating and plotting the combination index (CI) values for heavy metals:

$${}^n(CI)_x = \frac{(D_x)_{1-n} \left\{ \frac{[D]_j}{\sum^n [D]} \right\}}{(D_m)_j \left\{ \frac{(fa_x)_j}{[1 - (fa_x)_j]^{1/mj}} \right\}}$$

Where  ${}^n(CI)_x$  is the combination index for n drugs at x% inhibition,  $(D_x)_{1-n}$  is the sum of the dose of n drugs that exerts x % inhibition in combination,  $([D]_j/\sum^n [D])$  is the proportionality of the dose of each drugs that exerts x % inhibition in combination, and  $(D_m)_j[(fa_x)_j/(1-fa_x)_j]^{1/mj}$  is the dose of each drug alone that exerts x % inhibition.

CI <1, =1 and >1 indicates synergism, additive effect and antagonism, respectively. For all toxic combinations, CI values were generated over a range of fractions of cell viability affected (fa) from 0.05–0.95 (5–95% toxicity).

Dose reduction indices (DRI) were calculated for all mixtures with synergistic toxicity. The dose reduction index (DRI) measures by how many fold the dose of each compound in a synergistic combination can be reduced. DRIs can be obtained from the reciprocal of each term of the CI equation(35):

$$n(CI)_x = \sum_{j=1}^n \frac{(D)_i}{(Dx)_j} = \sum_{j=1}^n \frac{1}{(DRI)_j}$$

$$\text{and } (DRI)_1 = \frac{(Dx)_1}{(D)_1}, (DRI)_2 = \frac{(Dx)_2}{(D)_2} \dots, etc$$

Analysis of the dose-effect relationship for the toxicity of individual compound and mixtures, calculation of CI values and their 95% confidence intervals, the fraction affected-combination index (Fa-CI) plots for combined effects were all performed using Compusyn software version 3.0.1 (ComboSyn Inc., Paramus, NJ, USA).

**Statistics.** All experiments were run at least three times independently. Statistically significant increases or decreases in  $\gamma$ H2AX, CM-H<sub>2</sub>DCFDA, PIG-A frequencies were compared with controls using Student's test in Excel 2016 software (\* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ ). Error bars represent SEM (standard error of the mean). In some cases, a one-way ANOVA was performed to compare three or more independent samples. This test was followed by a post hoc Tukey's multiple comparison test using GraphPad Prism 4.0 (GraphPad Software, Inc.) (\* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ ). Finally, a two-way ANOVA was used to compare the interaction effect for each group of treatments, followed by a Bonferroni post-test using GraphPad Prism 4.0 (GraphPad Software, Inc.) ( $a, p < 0.05$ ;  $b, p < 0.01$ ;  $c, p < 0.001$ ).

## Results

### Identification of mixture components with genotoxic effects

*Genotoxicity and cytotoxicity of sub-mixtures.* The genotoxic and cytotoxic potential of the whole mixtures in HepG2 cells were compared to that of their respective DMSO and water phase sub-mixtures, using the ICW  $\gamma$ H2AX assay (36) (**Figure 1**). The water phase contained only heavy metals solubilized in sterile water whereas the DMSO phase contained only non-polar chemicals like HAPs, mycotoxins, as detailed previously (26,27). We observed that the genotoxicity of both whole M1 and M3 mixtures was exclusively linked to their water phase, while their DMSO phase had no toxic effect. Indeed, M1 produced a significant induction (1.6-fold) of  $\gamma$ H2AX at 100  $\mu$ M, similar to the response with the water phase (1.4-fold induction) whereas no significant induction of  $\gamma$ H2AX was observed with the DMSO phase of M1 (0.8-fold induction) (**Figure 1a**). Similarly, whole M3 mixture and its water phase were clearly positive for  $\gamma$ H2AX whereas the DMSO phase was not genotoxic (**Figure 1b**). Similar observations were drawn from the cell viability data (**Figures 1a and 1b**). In conclusion only heavy metals present in water phases could account for the observed toxic effects of the whole mixtures.

*Genotoxicity and cytotoxicity of heavy metal combinations.* As only the water phases of M1 and M3 were found to be genotoxic, we used a “reduced approach” by testing modified water phases of each mixture (**Supporting Information Appendix 1 and 2**), to identify which heavy metal were responsible of the observed effects. The genotoxicity of the M1 and M3 water phases were tested in all possible scenarios in which one of the six heavy metal of each mixture was removed. Results were compared with those obtained with the whole mixtures (DMSO and water phases together) (**Figure 2; Appendix 3**). Comparison of the different heavy metal combinations with corresponding mixtures were detailed at genotoxic and cytotoxic relevant concentrations, *i.e.* 100 and 250  $\mu$ M, respectively. In the absence of cadmium (Cd) or tellurium (Te), no genotoxicity was detect for the

M1 water phase (**Figure 2a**). Moreover, a detailed analysis of the cell viability data (% RCC) indicated that mixtures without Te or Cd were also less cytotoxic than the whole mixture (**Appendix 3a**). Results for M3 indicated that only arsenic (As) was related to a decrease in  $\gamma$ H2AX induction (**Figure 2b**) and that only Cd was involved in the cytotoxicity of the mixture (**Appendix 3b**). The effects of only binary mixtures of the suspected metals involved in toxic effects were also examined (**Figure 2 c-d**). No significant difference in the induction of  $\gamma$ H2AX between the whole mixtures and the binary mixtures of the heavy metals was observed. Notably, when the two-suspected heavy metals (Cd and Te) were excluded from mixture M1, no DNA damage was observed, confirming that the genotoxic potential of the mixture 1 was driven by the presence of these two heavy metals (**Figure 2c**). With the cytotoxicity data, we observed that Cd with As in M3 were the drivers of the toxicity of the corresponding mixture (**Figure 2d**).

*Mutagenicity of the binary mixtures of driver chemicals.* Our previous study indicated that *in vitro*, M1 and M3 whole mixtures induced mutagenicity in the HepG2 PIG-A assay (27). Here we investigated if the mutagenicity of these mixtures was also due to the presence of Cd-Te in M1 and Cd-As in M3. The background level of GPI (-) frequency was  $47 \pm 9$  GPI (-) cells /  $10^6$  viable HepG2 cells. The positive control (BaP 1  $\mu$ M) induced a statistically significant fold 2.2 fold ( $P \leq 0.001$ ) (data not showed). Regarding the dose-response of mutant GPI (-) cell frequency and the LOEC (lowest observed effect concentration), the results obtained with the whole M1 and M3 mixtures were comparable to those obtained with only the corresponding binary heavy metals (**Table 1**). Notably, M1 at 150  $\mu$ M induced a 2.89-fold induction of PIG-A mutant phenotype cells versus a 2.75-fold induction for the binary Cd-Te mixture, and M3 at 30  $\mu$ M induced a 2.61-fold versus 2.03-fold for the binary As-Cd mixture, implicating these heavy metals in the observed mutagenic effects. We noted however, that at higher concentration, whole mixture of M3 presented a greater genotoxic and cytotoxic effect than binary As/Cd mixture (**Table 1**).

## Assessment of the combined toxic effects

*Individual cytotoxicity of As, Cd and Te.* HepG2 cells were exposed for 24h to As, Cd and Te. The concentration-response cytotoxicity curves were fitted using the Hill model (**Appendix 4**). The three heavy metals showed a concentration-dependent cytotoxic effect and were ranked as follows: Cd ( $EC_{50}$ : 63.9 $\mu$ M) > As ( $EC_{50}$ : 73.1 $\mu$ M) > Te ( $EC_{50}$ : 592.1 $\mu$ M).

*Combined cytotoxicity of As, Cd and Te.* The next step was to determine the type of interaction (additivity, synergy or antagonism) between these heavy metals. The ratios between the heavy metals were chosen to obtain an equivalent proportion reflecting their detection in the French diet (*i.e.* M1: (Cd+Te [0.85:0.25]) and M3: (As+Cd [0.73:0.27])). The types of interactions were analyzed using the Chou-Talalay method (37). Combination index (CI) values were calculated for a wide range of cytotoxicity levels (from 10 % to 100 %) using experimental data for As, Cd and Te alone (**Figure 3 a-b**). We observed that the interaction between the main drivers of the mixtures demonstrated a very strong synergism ( $CI < 1$ ) at all the concentrations tested (*fa* between 5–95%). In order to quantify the synergy between heavy metals, dose reduction index (DRI) was calculated for all level of cytotoxicity (**Appendix 5**). This latter parameter indicated notable dose reduction in all conditions. Fifteen fold less Cd and 60-fold less Te were required to reach the observed 50% cytotoxicity of M1 than values predicted based on single compounds. At 50% observed cytotoxicity of M3, 13-fold less Cd and 6-fold less As were required to achieve the same 50% cytotoxicity predicted based on single compounds.

## Genotoxic mechanisms of action of heavy metals found in mixtures

*Heavy metals present in mixtures induce  $\gamma$ H2AX based on generation of oxidative stress.* Next, we investigated the DNA damage mechanism of action of the mixtures. For this purpose, we checked

the formation of ROS and subsequent oxidative DNA damage in HepG2 cells treated with non-cytotoxic concentrations of M1 and M3 mixtures (i.e. the highest concentration of 250 and 100  $\mu$ M for M1 and M3, receptively) with and without treatment with BSO (antioxidant cell capacity depletion) or NAC (antioxidant cell capacity increase). Using the positive control oxidative stress inducer menadione (MD), we observed as expected a statistically significant increase (1.6-fold) in ROS formation compared to control (**Figure 4 a-b**) and DNA damage (1.9-fold) (**Figure 4 c-d**). Pre-treatment of the cells with NAC inhibited these two effects and conversely, BSO increased the effect of MD. As with positive control MD, treatment with BSO increased the intracellular ROS and DNA damage induced by M1 and M3, whereas these effects were inhibited by pre-treatment with antioxidant NAC. Furthermore, the survival rates of HepG2 cells increased in both mixtures co-treated with NAC (**Appendix 6**). We thus demonstrated that M1 and M3 toxic effect might be linked to oxidative DNA damage induction. We also measured the production of ROS after treatment with single heavy metals. The data showed that only As and Cd could generated ROS at the concentration tested (**Figure 5**).

*Heavy metals present in mixtures interact with DNA repair systems.* Next, we examined the impact of the mixtures on DNA repair pathways. For this purpose, we pre-treated cells for 1h with a specific oxidative stress inducer (KBrO<sub>3</sub>) resulting in oxidative DNA damage specifically repaired by the base excision repair (BER) pathway. KBrO<sub>3</sub> 1h treatment triggered as expected a significant  $\gamma$ H2AX induction (1.6-fold) (**Figure 6**). After washing out and 23h recovery, all oxidative DNA damage were repaired, as revealed by basal  $\gamma$ H2AX level (1.1-fold). Since we previously observed that mixtures M1 and M3 by themselves could generated oxidative DNA damage (**Figure 4**), we tested the inhibition of the BER DNA repair pathway by M1 and M3 in the presence of the antioxidant NAC (**Figure 6**) to abolished oxidative DNA damage induced by the mixtures. With both M1 and M3 mixtures (**Figure 6**), DNA damage was not observed in cells treated with mixtures in presence of NAC, but DNA damage increased when cells were pre-treated with KBrO<sub>3</sub> and then treated with

282 mixtures in presence of NAC. These results demonstrated that the BER DNA repair pathway was  
283 probably inhibited by M1 and M3 mixtures. We then tested the effect of the mixtures on the possible  
284 inhibition of another DNA repair pathway: the nucleotide excision DNA repair (NER). For this  
285 purpose, in a same way than for BER inhibition experiment, cells were treated with BaP, an inducer  
286 of bulky DNA adducts specifically repaired by the NER DNA repair pathway (**Appendix 7**). In co-  
287 treatment experiments, BaP (0.3  $\mu$ M) plus M1 or M3 in the presence of NAC (to avoid oxidative  
288 DNA damage induced by mixtures), no significant modification of the  $\gamma$ H2AX induction (2-fold)  
289 was observe compared to BaP alone. These data suggest that neither mixture disturbed the NER  
290 DNA repair pathway.

## Discussion

In the current study, we addressed the combined toxic effects of two complex mixtures present in the French diet, using a comprehensive integrated approach. In 2012, the European Commission published a communication on the combined effects of chemicals, expressing concerns about the current limitations related to assessing compounds individually, and proposing a way forward to ensure that risks associated with chemical mixtures are properly understood and assessed (34). We examined the opportunities for addressing some of the other knowledge gaps, in particular those related to (i) identifying the chemical substances that are the main drivers of mixture toxicity (ii) predicting interactions using mathematical models, and (iii) providing detailed information on the mode of action for a better understanding of the observed toxic effects but also the interactions between each of the individual compounds (5,8,38).

To identify substances that drive toxicity of the mixtures, a “reduced approach” was used on the M1 and M3 mixtures using the ICW  $\gamma$ H2AX assay in HepG2 cells. As described, two sub-mixture phases of each whole mixture were examined separately (e.g. compounds soluble in pure water or in DMSO, respectively), according to the chemical properties of the components present in the mixtures (26,27). Each mixture induced a very similar toxic response than their respective water phase, meaning that the chemicals present in the DMSO phase were not involved in the potential interactions. Heavy metals are considered as major chemical contaminants of the food chain and have been classified as “known” or “probable” human carcinogens by US EPA and IARC (39,40). Actions and interactions between heavy metals are commonly investigated in the context of multi-exposure through the environment (41-43). The genotoxicity of heavy metals in co-exposure has been investigated, but recent studies showed synergistic, antagonistic or additive effects both *in vivo* and *in vitro*, suggesting that interaction patterns between heavy metals could be difficult to predict (44-49). These discrepancies may result from proportion of the tested compounds in the mixture



and the end-points tested. The strength of the present study is that mixture composition, and proportion of each component, reflected a realistic exposure.

The next step of our reduced approach showed that the toxic effects of the mixtures were driven by only two heavy metals per mixture: Te and Cd in M1, As and Cd in M3. Contamination by mixtures of heavy metals frequently occurs in the environment due to increased industrial and anthropogenic activities. The European Food Safety Authority (EFSA) reported that foodstuffs are the primary source of Cd exposure for the general population, mainly through contamination of cereal products (50,51). Regarding inorganic arsenic, the US Food and Drug Administration reported that rice contains a higher level of As than other foods. Although little information is available on levels of Te in food, consumers may be exposed through butter every day. The genotoxic effects of As, Cd and Te have been demonstrated using *in vitro* models (28,52-54). Various mechanisms are associated with the genotoxicity of As, Cd and Te, including generation of free radicals, oxidative stress and the inhibition of DNA repair pathways (39).

Our previous study classified As, Cd and Te among the most genotoxic metals tested (28). However, based on their concentrations present in the mixtures studied, and on the LOEC determined for each metal, no mixture was expected to induced DNA damage (26,27). On the opposite, whole M1, M3 and their respective binary mixtures induced a similar level of genotoxicity and cytotoxicity. Our mathematical model results based on cytotoxicity data suggest that As, Cd and Te could act jointly and deviate from the additive effect, suggesting mainly a supra-additive effect in mixtures. To confirm the combined effects of mixtures, the cytotoxicity of As, Cd and Te was assessed using different conceptual models. Concentration addition (CA) and independent action (IA) models of additivity revealed the absence of overlap between the measured and predicted cytotoxicity curves, and showed that the response of mixtures deviated significantly from a cumulative effect (55). To confirm synergism, we applied the combination index-isobologram approach based on median-effect equations. The combination index values pointed to an synergic effect of the two binary

mixtures (37). These results confirmed the measured effects and support the conclusion of a synergistic interaction with the mixtures (56,57).

The sensitive marker of DNA damage ( $\gamma$ H2AX) used in this study can originate from various types of DNA damage (e.g. bulky DNA adducts, oxidative DNA lesions). When dealing with multiple chemicals, *in vitro* approaches are recommended to clarify the mode of action of mixtures and to elucidate the biochemical and physiological events that cause genotoxicity (9,58). First, we checked if the mixtures induced oxidative stress, and therefore caused oxidative DNA damage (59,60). A significant decrease in oxidative stress and  $\gamma$ H2AX induced by mixtures was observed in NAC-cotreated cells. In contrast, mixture treatments of cells pre-treated with BSO demonstrated a significant increase in these two endpoints. As and Cd, the two drivers of M3, are known to rapidly induce ROS and GSH depletion in cells (61,62). It is therefore reasonable to conclude that DNA damage induced by As and Cd was due to oxidative stress. Like the toxic effects of M3, those of M1 depend on two heavy metals, Cd and Te. Although Cd could generate ROS, the role of Te contribution in mixture effect is not as clear since Te did not cause oxidative stress in our study, in agreement with previously published results (28,53,27,52).

Secondly, we hypothesized that the observed synergistic genotoxic effect of mixtures may be linked to inhibition of DNA repair pathways. Indeed, our data demonstrated that M1 and M3 mixtures could inhibit the BER DNA repair pathway but not the NER pathway. Hence, all the results of the *in vitro* approaches used in the current study converge to show that the observed synergism in the genotoxic effects of the mixtures may be linked with the mode of action of the different heavy metals. Some heavy metals present in the mixtures, such as Cd and As, are able to induce ROS production that induced oxidative DNA damage. At the same time, Cd and As, as well as Te, may affect the specific repair pathway (BER) involved in the repair of oxidative DNA damage. Therefore, binary mixtures could induced a substantial biological response, while the individual chemicals are found to be inactive at similar concentrations.

365 In summary, we investigated the toxic effect of chemical mixtures present in the French diet using  
366 an original approach based on a combination of cellular and molecular experiments and  
367 mathematical analysis. We showed that heavy metals were the main drivers of the toxicity induced  
368 by mixtures with a strong synergism. New analyses should be perform to elucidate whether or not  
369 the concentrations tested in our study are relevant under realistic exposure conditions. However, the  
370 strength of the present study is that mixture composition, and proportion of each component,  
371 reflected a realistic exposure and is a proof of principle of the toxic effect of food contaminants in  
372 mixture. Exploring the mechanisms involved in the combined genotoxic effect of these mixtures  
373 leads us to hypothesize that both induction of oxidative DNA damage and suppression of their repair  
374 contribute to the observed synergistic effects. This conclusion should be take into careful  
375 consideration in environmental toxicology and chemical risk assessment.

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## 378 **Conflict of interest statement**

379 The authors declare no competing interests.

## 380 **Author contributions**

381 B.K. performed most of the experiments, data analysis and interpretation through discussions with  
382 L.L.H. and M.A.. B.K., P.S. and A-K.I. performed statistical analyses. M.A. planned and supervised  
383 the project. The manuscript was written by B.K. All the authors discussed the results and contributed  
384 to editing of the manuscript.

## 385 **Supporting Information**

386 Supplementary Data 1. Composition of the different heavy metal M1 sub-mixtures tested.

387 Supplementary Data 2. Composition of the different heavy metal M3 sub-mixtures tested.

388 Supplementary Data 3. Cytotoxicity of different mixtures in HepG2 cells measured using the ICW  
389 technique.

390 Supplementary Data 4. Cytotoxicity of arsenic, cadmium and tellurium in HepG2 cells.

391 Supplementary Data 5. DRI values calculated for binary mixtures.

392 Supplementary Data 6. Cytotoxicity of mixtures in HepG2 cells co-treated with antioxidant and pro-  
393 oxidant.

394 Supplementary Data 7. Effect of mixtures on the repair of DNA damage induced by benzo[a]pyrene  
395 in HepG2 cells.

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**Table 1.** PIG-A mutation frequency in response to mixtures (whole versus binary) treatment in HepG2 cells. Fold induction of GPI (-) and % of relative survival (% RS) were normalized with their vehicle. Each value represents the mean  $\pm$  SEM (n>3). Significant differences with control are noted (\*p  $\leq$  0.05; \*\*p  $\leq$  0.01).

	Fold induction of GPI (-)	% RS	Fold induction of GPI (-)	% RS
<b>Final mixture concentration (<math>\mu</math>M)</b>	<b>Whole M1</b>		<b>Binary M1 (Cd + Te)</b>	
<b>10</b>	0.94 $\pm$ 0.1	96 $\pm$ 3	1.30 $\pm$ 0.1	87 $\pm$ 6
<b>100</b>	1.49 $\pm$ 0.3	92 $\pm$ 7	1.78 $\pm$ 0.2	117 $\pm$ 8
<b>150</b>	2.89* $\pm$ 0.3	27 $\pm$ 3	2.75* $\pm$ 0.3	46 $\pm$ 5
<b>Final mixture concentration (<math>\mu</math>M)</b>	<b>Whole M3</b>		<b>Binary M3 (As + Cd)</b>	
<b>10</b>	0.98 $\pm$ 0.1	99 $\pm$ 4	1.36 $\pm$ 0.1	97 $\pm$ 9
<b>30</b>	2.61* $\pm$ 0.2	52 $\pm$ 10	2.03* $\pm$ 0.1	96 $\pm$ 4
<b>60</b>	5.45 $\pm$ 1.1	31 $\pm$ 2	2.07* $\pm$ 0.2	102 $\pm$ 6
<b>100</b>	16.84* $\pm$ 4	14 $\pm$ 4	3.35** $\pm$ 0.1	57 $\pm$ 6

## Figure legends

**Figure 1. Effects of whole mixtures and their respective water and DMSO phases on the phosphorylation of H2AX in HepG2 cells.** Cells were treated with whole mixtures or their respective DMSO and water phases at 100  $\mu$ M for 24h then genotoxicity (histogram) and cell viability were analyzed (square). **(a).** Mixture 1. **(b).** Mixture 3. Each value represents the mean of 6 independent experiments and *a*,  $p < 0.05$ ; *b*,  $p < 0.01$ ; *c*,  $p < 0.001$  indicated statistical significance between matched groups.

**Figure 2.** Effects of heavy metal combinations corresponding to each mixture on the phosphorylation of H2AX in HepG2 cells. Different combinations of each mixture (whole, only the water phase containing heavy metals or sub-mixtures of heavy metals (**Appendix 1 and 2**)) were test at 100  $\mu$ M at proportion corresponding to their proportions in the French diet. Genotoxicity (histogram) and cell viability were analyzed (square) was estimated after 24h treatment and compared to vehicle controls. Combinations for M1 **(a)**, combinations for M3 **(b)**. Each value represents the mean of 5 independent experiments and significant differences compared to the vehicle control are noted ( $*p \leq 0.05$ ;  $**p \leq 0.01$ ;  $***p \leq 0.001$ ). Binary combinations of the heavy metals main drivers for M1 **(c)** and M3 **(d)** at 100  $\mu$ M for 24h were compared to their associated mixtures (water phase without the two heavy metals main drivers and whole mixture). Each value represents the mean of 5 independent experiments and *a*,  $p < 0.05$ ; *b*,  $p < 0.01$ ; *c*,  $p < 0.001$  indicated statistical significance between matched groups.

**Figure 3.** Predicted cytotoxic effects of mixtures. Combination index (CI)-fraction affected (*fa*) curves were obtained from individual data obtained  $\pm$  95% confidence intervals ( $n > 3$ ) based on SDA

using the CompuSyn software (**a, b**). Horizontal lines correspond to lower and upper limits of the additivity zone.

**Figure 4.** ROS production and genotoxicity induced by mixtures co-treated with antioxidant (NAC) and pro-oxidant (BSO) in HepG2 cells. The fold induction of intracellular ROS production (**a, b**) in cells was detected by CM-H<sub>2</sub>DCFDA fluorescence intensity and genotoxicity (**c, d**) was quantified with the  $\gamma$ H2AX biomarker. MD, menadione, positive control of oxidative stress induction. Each value represents the mean  $\pm$  SEM (n=6) \* $p \leq 0.05$ ; \*\* $p \leq 0.01$ ; \*\*\* $p \leq 0.001$  indicated statistical significance from control DMSO, and *a*,  $p < 0.05$ ; *b*,  $p < 0.01$ ; *c*,  $p < 0.001$  indicated statistical significance between matched groups (medium, NAC, BSO).

**Figure 5.** ROS production induced by individual heavy metals in HepG2 cells. The fold induction of intracellular ROS was quantified through CM-H<sub>2</sub>DCFDA fluorescence intensity compared to control after 24h treatment. Each value represents the mean  $\pm$  SEM (n=5). \* $p \leq 0.05$ ; \*\* $p \leq 0.01$ ; \*\*\* $p \leq 0.001$  indicated statistical significance from negative control.

**Figure 6.** Effect of mixtures on the repair of oxidative DNA damage induced by potassium bromate in HepG2 cells. Cells were pre-treated for 1h with a specific oxidative stress inducer (KBrO<sub>3</sub>) resulting in oxidative DNA damage ( $\gamma$ H2AX induction) specifically repaired by the base excision repair (BER) pathway during the 23h recovery (return to basal  $\gamma$ H2AX level). Since we previously observed that mixtures M1 and M3 by themselves could generate oxidative DNA damage, inhibition of the BER DNA repair pathway by M1 and M3 was tested in the presence of the antioxidant NAC. The level of DNA damage in cells pre-treated with KBrO<sub>3</sub> (1mM) for 1-hr before

613 incubation with M1 (**a**) or M3 (**b**) with and without NAC for 23-hr recovery period was evaluated  
614 using the ICW  $\gamma$ H2AX assay. Each value represents the mean  $\pm$  SEM (n=4).  $*p \leq 0.05$ ;  $**p \leq 0.01$ ;  
615  $***p \leq 0.001$  indicate statistical significance from control DMSO, and *a*,  $p < 0.05$ ; *b*,  $p < 0.01$ ; *c*,  $p$   
616  $< 0.001$  indicate statistical significance between matched groups (medium, NAC, NAC and KBrO<sub>3</sub>).