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## Detection of changes in the circadian rhythm of cattle in relation to disease, stress, and reproductive events

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1 **Detection of changes in the circadian rhythm of cattle in relation to disease,**  
2 **stress, and reproductive events**

3

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13

14 **Highlights**

- 15     ▪ Our Fourier transform-based method detects changes in circadian rhythm  
16     ▪ Circadian changes in cows link to disease, stress, or calving/oestrus events  
17     ▪ The method detects 95% of the rhythm anomalies due to reproductive or  
18     disease events and 60–70% due to stress events, with less than 20% false-  
19     positives (non-event-related anomalies)  
20     ▪ It can help detect animals needing care.  
21     ▪ It can also assess overall animal welfare status or health/stress-sensitive  
22     phenotypes

23

24 **Abstract**

25 Disease and stress can disrupt the circadian rhythm of activity in animals. Sensor  
26 technologies can automatically detect variations in daily activity, but it remains  
27 difficult to detect exactly when the circadian rhythm disruption starts. Here we report  
28 a mathematical Fourier-Based Approximation with Thresholding (**FBAT**) method  
29 designed to detect changes in the circadian activity rhythm of cows whatever the  
30 cause of change (typically disease, stress, oestrus). We used data from an indoor  
31 positioning system that provides the time per hour spent by each cow resting, in  
32 alleys, or eating. We calculated the hourly activity level of each cow by attributing a  
33 weight to each activity. We considered 36-h time series and used Fourier transform  
34 to model the variations in activity during the first and last 24 h of these 36-h series.  
35 We then compared the Euclidian distance between the two models against a given  
36 threshold above which we considered that rhythm had changed. We tested the  
37 method on four datasets (giving a cumulative total of ~120000 cow\*days) that  
38 included disease episodes (acidosis, lameness, mastitis or other infectious diseases),  
39 reproductive events (oestrus or calving) and external stimuli that can stress animals  
40 (e.g. relocation). The method obtained over 80% recall of normal days and detected  
41 95% of abnormal rhythms due to health or reproductive events. FBAT could be  
42 implemented in precision livestock farming system monitoring tools to alert  
43 caretakers to individual animals needing specific care. The FBAT method also has  
44 the potential to detect anomalies in humans to guide healthcare intervention or in wild  
45 animals to detect disturbances. We anticipate that chronobiological studies could  
46 apply FBAT to help relate circadian rhythm anomalies to specific events.

47

48

## 49 **Keywords**

50 Fourier transform; chronobiology; disease; stress; oestrus; Precision Livestock

51 Farming

52

## 53 **1 Introduction**

54 Circadian rhythms of activity are observed in most vertebrate and invertebrate  
55 animals and even in plants. Circadian rhythm is triggered by internal clocks that — in  
56 the absence of external cues — repeat a rhythm of about 24 h. In vertebrates, the  
57 main pacemaker is situated in the suprachiasmatic nucleus of the brain and  
58 coordinates peripheral clocks that are found in a majority of cells [1, 2].

59 Disruption of circadian rhythms can have far-reaching effects on physical and mental  
60 health, even leading to cancer and depression [2, 3]. In turn, stress or disease  
61 episodes in animals disrupt their circadian rhythm of activity. Circadian activity  
62 disruption is thus a proxy of these disorders. For instance, we observed that circadian  
63 variations in activity were less marked in diseased cows [4] but more marked when  
64 calves are regrouped with other calves, which is known to induce stress [5]. Such  
65 effects may involve glucocorticoids, which are significantly released during stress or  
66 disease and which help coordinate circadian rhythms by resetting cellular clocks  
67 downstream of the brain [6]. Identifying disruptions in circadian rhythm could serve to  
68 detect cases of stress or disease and, in turn, prompt animal caretakers to address  
69 such problems, determine their causes, and take remedial action.

70 Detecting disruption in activity rhythms requires continuous monitoring. There are  
71 sensor systems available that enable continuous monitoring and automatic detection  
72 of variations in daily activity in animals and in humans. For instance, Real-Time

73 Locating Systems (**RTLS**), accelerometers, automatic image analysis, and sound  
74 analysis all provide information on animal activity by distinguishing basic activities  
75 such as resting, standing, walking, and eating [7, 8]. However, interpreting the data  
76 from these tools remains difficult, as these basic activities depend on a cluster of  
77 factors including animal age and breed, design of the barn (e.g. number and location  
78 of resting and feeding areas), animal management variables (e.g. food distribution or  
79 milking time), diet, season, and more. Basic activities can also change in frequency  
80 from one day to another, which interferes with the way the rhythms are patterned,  
81 e.g. a low-frequency activity will also show only small variations during the day.  
82 Summarising the activity of an animal into an activity level can help identify the  
83 activity rhythm. Day–night cycle variations in activity level appear to be less  
84 dependent on factors that affect basic activities. In addition, the activity level is  
85 expressed in absolute terms, i.e. has no frequency. Calculating this circadian activity  
86 level could therefore serve to highlight differences between diseased or stressed  
87 animals and normal-status animals [4, 9]. However, it remains difficult to detect  
88 exactly when the rhythm starts to become disrupted.

89 There are numerous methods proposed to detect anomalies in time series. We first  
90 tested traditional machine learning methods (K Nearest Neighbours for Regression  
91 (**KNNR**), Decision Tree for Regression (**DTR**), MultiLayer Perceptron (**MLP**), Long  
92 Short-Term Memory (**LSTM**) [10] and then went on test the most promising methods  
93 available according to the latest literature reviews [11, 12], namely the Bag Of SFA  
94 Symbols (**BOSS**), Hierarchical Vote Collective Of Transformation-based Ensembles  
95 (**Hive-Cote**), Dynamic Time Warping (**DTW**), Fully Convolutional Network (**FCN**) and  
96 Residual Network (**ResNet**) algorithms [13]. As these methods require large  
97 datasets, data from several animals has to be processed together, making it difficult

98 to identify the rhythm of each animal. Also, they do not always factor the cyclic  
99 aspects (here, circadian rhythm) into the time series.

100 We developed a mathematical Fourier transform-based method to detect changes in  
101 the circadian activity rhythm of animals, called 'Fourier-Based Approximation with  
102 Thresholding' (**FBAT** [13]). Fourier analysis is a powerful tool to analyse continuous  
103 cyclic functions. The assumption is that all cyclic signals  $y(t)$  with a frequency  $f$  can  
104 be decomposed into a cosine function of frequency  $f$  and with an infinity of other  
105 cosine curves called harmonics  $h_n$  ( $n$  represents the rank of the harmonic), i.e.

$$106 \quad y(t) = \sum_{n=-\infty}^{+\infty} |h_n| \cos(2\pi nft + \arg(h_n))$$

107 where  $h_n$  is the harmonic of rank  $n$  represented by a complex number with  $|h_n|$  its  
108 modulus and  $\arg(h_n)$  its argument.

109 The rationale for FBAT is as follows. Fourier transform is used to extract the cyclic  
110 component that reflects the circadian rhythm of two days. If the difference between  
111 the two days is higher than a certain threshold, then we consider that the rhythm has  
112 changed. The FBAT method proved to outperform the machine learning methods that  
113 we tested (see above) in terms of accuracy of the detection of deviations due to  
114 health or other disorders.

115 Here, we present the FBAT method and then test it on four datasets obtained on  
116 cattle farms. The datasets span various daily routines that include various disease  
117 episodes (acidosis, lameness, mastitis and other infectious diseases), reproductive  
118 events (oestrus, calving) or external stimuli that can stress animals. We assess the  
119 performance of the method by its capacity to detect activity-rhythm anomalies caused  
120 by such events, and we check whether performance varies between causes. FBAT is

121 tested here on data from a commercial RTLS but it could easily be implemented on  
122 other animal (or human) behaviour recording devices to automatically detect  
123 individual disturbances.

## 124 **2 Material and methods**

### 125 *2.1 Equipment used to detect cow activity and calculate activity level*

126 We used data from the CowView system (GEA Farm Technology, Bönen, Germany),  
127 which is an RTLS that gives the position of each cow in a barn every second. Each  
128 cow is equipped with a tag on its neck collar. The position of the cow is determined  
129 by triangulation based on radio waves emitted by the tag and captured by fixed  
130 antennas in the barn. The cow's activity is inferred from its position: 'eating' if the cow  
131 is positioned at the feeding table, 'resting' if the cow is in a resting area (typically  
132 cubicles), else 'in alleys'. The time spent in each activity (expressed in seconds) is  
133 used to calculate the level of activity of the cow for each hour of the day by attributing  
134 a weight to each activity. The weights are derived from a factorial correspondence  
135 analysis (see [4] for details on the calculations). This analysis was performed on  
136 three farms with a total of more than 800 cows that were managed under different  
137 conditions (e.g. conventional vs. automatic milking, mixed diet vs. roughage and  
138 concentrate distributed separately). As the weights obtained on each farm showed  
139 good closeness, we elected to use averaged weights that can be applied on any  
140 dataset, i.e. -0.23 for resting, +0.16 for in alleys, and +0.42 for eating. All weights are  
141 expressed in  $s^{-1}$ , and hence activity level is unitless. Each cow is then represented by  
142 a time series of its level of activity for each hour.

### 143 *2.2 Data processing to detect changes in circadian rhythm*

144 The data are analyzed as sliding 36-h time series with a 1-h step between series: the  
145 data obtained from a cow over 30 days of monitoring produces 685 36-h time series  
146 (30 days  $\times$  24 h/day - 35 h). Each of these 36-h time series contains two 24-h sub-  
147 series A and B with a 12-h time lag (Fig 1).

148

149 \*\*\*\* Fig. 1 here \*\*\*\*

150

151 We use Fast Fourier Transform [14] to extract the harmonics and create a model  
152  $m(t)$  of each sub-series A and B according to the formula:

153 
$$m(t) = \sum_{n=-z}^z |h_n| \cos\left(2\pi n \frac{t}{24} + \arg(h_n)\right), z \in [0,12]$$

154 where  $h_n$  is the harmonic of rank  $n$  ( $|h_n|$  is its modulus and  $\arg(h_n)$  is its argument)  
155 and  $z$  is a parameter that corresponds to number of harmonics to keep in the model.

156 Working with a high  $z$  value, the resulting model is close to the original time series.

157 Working with a low  $z$  value erases the time-series noise and the model is smooth. We

158 limit our study to  $z = 1$ , which corresponds to a period of 24 h and thus reflects the

159 circadian cycle. Higher values would reflect ultradian rhythms. Because of the 12-h

160 time lag between the two sub-series A and B, their models need to be synchronized

161 before we compare them. We therefore add  $-\pi$  to each cosine component of the

162 model for B. We then calculate the Euclidean distance between the two models:

163 
$$distance(A, B) = \sqrt{\sum_{i=1}^{24} (B_i - A_i)^2}$$



164 where  $A_i$  and  $B_i$  are the values of models for A and B for each point in time.

165 A threshold  $\tau$  is defined (see Section 2.5). If the distance between the two models is  
166 below  $\tau$ , then the series is considered normal, else it is considered that the circadian  
167 rhythm has changed (Fig. 2).

168

169 \*\*\*\*\* Fig. 2 here \*\*\*\*\*

170

### 171 2.3 Datasets

172 We used four datasets to test our method. Two datasets are from the INRAE  
173 Herbipôle experimental unit (DOI: <https://doi.org/10.15454/1.5572318050509348E12>)  
174 and include data from experiments carried out for other purposes unrelated to this  
175 study. Two datasets are from commercial farms. All the data are from dairy cows.

- 176 - Dataset 1 includes 28 cows monitored for 6 months. The cows were  
177 administered lipopolysaccharide (**LPS**) in the mammary gland on one day to  
178 induce inflammation. They were milked at fixed times twice a day. The food  
179 was delivered in the morning then pushed back close to the feeding gates  
180 three times in the afternoon.
- 181 - Dataset 2 includes 28 cows monitored for 3 months. Half of the cows received  
182 a high-starch diet during 1 month to induce sub-acute ruminal acidosis. They  
183 were milked at fixed times twice a day, and fed twice a day.
- 184 - Dataset 3 comes from three commercial farms on which a total of 40 dairy  
185 cows were monitored for 1 month to detect oestrus from their milk  
186 progesterone profile (i.e. sudden drop in progesterone for at least 3

187 consecutive days). On two farms, the cows were milked at fixed times twice or  
188 three times a day, and food was delivered twice a day or only once in the  
189 morning then pushed back after each milking. The third farm was equipped  
190 with an automatic milking system, so the cows had no fixed milking times.  
191 Food was delivered in the morning and regularly pushed back by a robot.  
192 - Dataset 4 comes from a commercial farm with 300 cows monitored for 12  
193 months. Like above, the farm was equipped with an automatic milking system,  
194 and food was delivered in the morning and regularly pushed back by a robot.

195 On each farm, the caretakers logged any event as soon as it was observed (oestrus,  
196 calving, lameness (scored visually as per Welfare Quality protocol [15]), clinical  
197 mastitis, clinical signs of other disease, accident-related health problems,  
198 disturbances such as handling for vaccination, change of pen, mixing of animals) in a  
199 logbook, together with the treatment applied to the animal. In addition, Datasets 1, 2  
200 and 3 provide a labelling of days where inflammation (Dataset 1), acidosis (Dataset  
201 2) or oestrus (Dataset 3) was checked or detected via additional measures. In  
202 Dataset 1, cow body temperature was monitored to check that they reacted to LPS.  
203 In Dataset 2, ruminal pH was monitored using a sensor (eCow bolus, Exeter, UK).  
204 According to the method proposed by Villot et al. [16], we normalized the ruminal pH  
205 values of each cow to take into account inter-individual variability, sensor drift and  
206 sensor noise, and then we considered that a cow was under subacute ruminal  
207 acidosis (**SARA**) when the normalized ruminal pH (**NpH**) decreased by at least 0.3  
208 for more than 50 min/d and the daily standard deviation in NpH was above 0.2 or the  
209 daily NpH range was above 0.8. In Dataset 3, progesterone was assayed in the milk,  
210 and oestrus was detected when progesterone concentration dropped dramatically for  
211 several days (e.g. from 20 down to 5 ng/mL). Datasets 1 to 3 can thus be considered

212 as reference datasets, as the labelling of abnormal days does not depend solely on  
213 visual observations. Dataset 4 from a large commercial farm served to test our  
214 method in real-world field conditions. Based on the available literature [17-19], we  
215 considered a certain number of days before and one day after each type of event  
216 where we suspected modified cow behaviour (Tab. 1). We excluded from analysis  
217 the subsequent days after the event (up to Day 7) because we did not have enough  
218 information to rule on whether or not the behaviour was likely modified and because  
219 our focus was on the early stages when caretakers need to take action.

220

221 \*\*\*\* Tab. 1 here \*\*\*\*

222

223 A 36-h time series was considered abnormal if it contained more than 12 h from a  
224 day labelled abnormal. We split each dataset into two blocks: 30% of all time series  
225 were taken at random and used as *training set*, from which threshold  $\tau$  was  
226 calculated (see Section 2.5), and the remaining 70% was used as *test set*, to test  
227 whether threshold  $\tau$  can accurately distinguish series labelled normal vs. abnormal.

## 228 2.4 Calculation

229 We assessed the performances of the FBAT method by calculating its recall of  
230 normal and abnormal time series. Abnormal series are those when an event was  
231 recorded, whatever the type of event. Let us consider that the normal series  
232 constitute the negative class and the abnormal series constitute the positive class.  
233 The recall of the normal series (*rec<sub>-</sub>*, also known as ‘specificity’) represents the  
234 number of series labelled and detected as normal: true negative (**TN**) among all  
235 series labelled as normal, i.e. TN plus false positive (**FP**). The recall of the abnormal

236 series ( $rec_+$ , also known as sensitivity) represents the number of series labelled  
237 abnormal and detected with a modified circadian rhythm: true positive (**TP**) among  
238 the number of all series labelled as abnormal, i.e. TP + false negative (**FN**):

$$239 \quad rec_+ = \frac{TP}{TP + FN} \quad \text{and} \quad rec_- = \frac{TN}{TN + FP}$$

240 To estimate threshold  $\tau$ , we calculate the Euclidian distance between all consecutive  
241 24-h sub-series from the *training set*. The range between the minimum and maximum  
242 distance is sampled into 10000 values. The average between  $rec_+$  and  $rec_-$  is  
243 calculated for each of these 10000 values, and  $\tau$  is the value that obtains the highest  
244  $rec_+$  and  $rec_-$  average. An alternative would be to describe the variability in the  
245 Euclidian distance between 24-h sub-series when no event occurred and to set  $\tau$  at  
246 e.g. twice the standard deviation. We tested this done in a first approach, but it  
247 resulted in a low rate of anomaly detection.

248 To assess the performance of our method, we calculated  $rec_+$  and  $rec_-$  on *test sets*.  
249 We also calculated the proportion of events detected, i.e. events for which we  
250 detected at least one day with a modified circadian rhythm within the sequence of  
251 days surrounding them (as defined in Tab. 1). The performance of the method is also  
252 illustrated by its training time (i.e. time to compute threshold  $\tau$ ) and test time (i.e. time  
253 to detect all changes in circadian rhythm).

254

### 255 **3 Results and Discussion**

#### 256 *3.1 Overall performances of FBAT with thresholds adjusted to each dataset*

257 Tab.2 gives the overall performances of FBAT on the four datasets. The results for  
258 threshold  $\tau$  and  $rec_-$  were similar across all datasets, although  $rec_+$  was slightly

259 lower in Dataset 4 than in the other datasets. The method thus appears to perform  
260 equally well in various conditions. The calculation time — especially the time to  
261 calculate Threshold  $\tau$  — depended on the farm and especially on the size of the  
262 dataset from the farm (see, for instance, Dataset 4, which is far larger than the others  
263 and required a much longer calculation time).

264 It can be argued that the value of threshold  $\tau$  can change from one dataset to another  
265 depending on the number and type of events contained in the dataset. However, we  
266 did not observe this kind of effect: there were no marked variations in  $\tau$  (between  
267 1886 and 2216) between datasets despite their differences in number and type of  
268 events (e.g. Dataset 3 contains 29 oestrus and no other events). Moreover, FBAT  
269 can compute  $\tau$  without requiring a huge amount of data. Dataset 3 comprised only 40  
270 cows for 1 month and yet produced a similar  $\tau$  to the other datasets, leading to high  
271 values of  $rec_+$  and  $rec_-$ .

272 In all datasets,  $rec_-$  was above 75%, which means a farmer would receive less than  
273 25% false alerts. By contrast,  $rec_+$  was around 30%, which means that the method  
274 detects less than one third of the series labelled abnormal. At first glance, the method  
275 cannot reliably help farmers detect anomalies in cows. Note, however, that within the  
276 sequence of days surrounding an event — which we labelled abnormal as defined in  
277 Tab. 1 — the circadian activity rhythm of the cows may not be modified on all days,  
278 which could explain the apparent poor performance in terms of  $rec_+$ . We therefore  
279 questioned whether it was possible to detect at least one day with a modified  
280 circadian rhythm in a sequence surrounding a given event. Furthermore, days on  
281 which circadian activity rhythm changed may have been included in the *training set*  
282 and were thus excluded from the analyses on the *test sets*.

283

284 \*\*\*\* Tab. 2 here \*\*\*\*

285

286 *3.2 Performance of FBAT for detecting one day with a modified circadian rhythm*  
287 *within sequences surrounding events, using a fixed threshold*

288 Given that threshold  $\tau$  varied little between datasets (Tab. 2), we decided to set  $\tau$  to a  
289 fixed 2000 for all datasets. This allowed us to skip the training phase and use the  
290 whole datasets to test our method. We then explored whether the method could  
291 detect at least one day with a modified circadian rhythm within a sequence  
292 surrounding a given event. We applied this procedure for each type of event.

293 We obtained a *rec<sub>-</sub>* of 70.1%, 79.1%, 77.9%, and 81.7% for Datasets 1 to 4,  
294 respectively. On all datasets combined, *rec<sub>-</sub>* was 81.1%, which further confirms that  
295 FBAT does not produce many false alerts (less than 20%). We cannot exclude that  
296 part of these alerts are actually not false alerts but correspond to events that  
297 caretakers did not record in the logbooks as they missed or considered unimportant.  
298 For instance, subclinical diseases like SARA are difficult to detect without close  
299 monitoring of the ruminal pH and so are often missed by direct observation. Likely  
300 events such as a power or a mechanical failure cutting the lighting in the barn or  
301 delaying food delivery or the milking may have gone unreported, whereas these  
302 stimuli act as synchronizers of circadian rhythm [2].

303 The proportion of abnormal sequences in which at least one day was detected with a  
304 modified circadian rhythm was 76%, 71.2%, 69.2% and 61.3% for Datasets 1 to 4,  
305 respectively. This proportion varied according to type of event to be detected (Tab.  
306 3). In very few cases (1.3% of all abnormal cow\*days in Dataset 4), there were two

307 events that co-occurred, e.g. lameness and other disturbances. The corresponding  
308 cow\*days were used to calculate the proportion of abnormal sequences detected for  
309 the two types of events.

310

311 \*\*\*\* Tab. 3 here \*\*\*\*

312

313 The rhythm anomalies that were best detected were those due to accidental events:  
314 only Dataset 4 contained accidental events (n=10), and all of them were detected.

315 Under 'accidental events', we included accidental injuries, vaginal laceration, and  
316 retained placenta, all of which occur abruptly on a given day and are likely to cause  
317 cows substantial discomfort, which explains why they are easily detectable through  
318 disruption of the activity rhythm.

319 Nearly all calvings were detected: only one calving was missed out of the 180  
320 present in the datasets. Next, 90% of oestruses were detected on average. Oestrus  
321 and calving are known to affect cow behaviour: overt oestrus causes hyperactivity,  
322 and cows about to calve lie down or change activity due to a change of pen, the pain  
323 induced by calving, and the presence of the calf [20]. On Dataset 3, where the exact  
324 time of oestrus was detected from milk progesterone on 40 cows, the proportion of  
325 detected oestrus was lower than in the other datasets (only 69.2%). It is likely that  
326 some cows had silent oestrus, i.e. with no overt behavioural signs. Unfortunately, this  
327 dataset does not include records of detection of oestrus by the caretakers (i.e. based  
328 on behavioural observations), so we cannot estimate whether our method detects  
329 more oestrus than a farmer would or only the overt cases of oestrus detectable by  
330 simple visual observation of the animals.

331 Diseases with inflammation or pain were also well detected, with an average of  
332 97.8%, 84.1%, and 88.2% events detected for lameness, mastitis, and other  
333 diseases, respectively. However, only 81.5% of LPS-induced udder inflammation  
334 events were detected. This slightly lower detection rate may be due to the fact that  
335 the inflammation is less marked when induced by LPS than by pathogens, or that the  
336 sickness behaviour is less marked with a simple inflammation than when pathogens  
337 are present. Indeed, pain, hyperthermia, and decreased rumination last less than 24  
338 h after LPS injection [21].

339 Overall, 69% of SARA events were detected (only in Dataset 2 where ruminal pH  
340 was monitored). Animals do not always suffer when their ruminal pH is low. Their gut  
341 flora can adapt to diet containing high amounts of starch and low pH, and animal  
342 behaviour can return to normal from one day to the next [22, 23]. For the moment, we  
343 cannot distinguish whether FBAT underperforms in SARA or whether it is simply a  
344 case of cows with SARA not always suffering. More measurements to identify SARA,  
345 such as milk urea nitrogen and blood bicarbonate [24], are needed in order to refine  
346 the detection of SARA and better calculate how FBAT performs.

347 The events on which the method underperformed were mixings (68.3% detection)  
348 and other disturbances (60.1% detection). Based on records noted in the farm  
349 logbooks, it was difficult to estimate whether the procedures undergone by the  
350 animals were liable to disturb them. The category 'other disturbances' includes  
351 various treatments, such as vaccination, administration of drugs, or relocations from  
352 a pen. These events may or may not disturb the animals depending on how they are  
353 handled and whether treatment induces some pain (an injection, for instance). Mixing  
354 very clearly disturbs the animals, triggering aggressive interactions, weakening group  
355 cohesion, and inducing chronic stress [25, 26]. However, in this study, we inferred the



356 'mixing' category from instances when one or more animals were moved from one  
357 pen to another, and so we thus cannot be sure that these animals were mixed with  
358 unfamiliar pen-mates. Therefore, the moderate proportion of mixings and other  
359 disturbances that FBAT detects likely reflects the fact that not all of them actually  
360 disturbed the cows.

361 Mixing and other disturbances represented 92% of all events recorded but were not  
362 accurately detected. When mixings and other disturbances are excluded from the  
363 analysis, the overall performance of our method—in terms of proportion of events  
364 detected—reached 94.6% in Dataset 4, which was used for field-validation. The  
365 performance of the method for detecting responses to accidents, LPS injection or  
366 mastitis still needs be estimated on larger datasets, as these events were  
367 underrepresented in our datasets (only 10, 27 and 44 cases, respectively).

### 368 *3.3 Timing of the detection of abnormal rhythm*

369 Fig. 3 shows the timing of detection of an abnormal rhythm — when detected — in  
370 relation to the logging of events by caretakers in Dataset 4. On these figures, the day  
371 when an event was logged starts at 00:00 because we have no indication as to the  
372 exact moment when the caretaker noticed the event.

373 Rhythm anomalies due to 'other disturbances' started to be detected from 12 h on the  
374 day the event was logged — probably at the time that the event actually occurred —  
375 and continued to be detected up to 2 days after. Likewise, anomalies due to  
376 accidents were detected from 10 h on the day the event was logged, and more than  
377 90% of them were detected within the next 4 h. Therefore, events that occur abruptly  
378 in time likely translate very rapidly into activity rhythm modifications, which means the  
379 method can promptly detect these problems.

380 In the case of calving, 80% of rhythm anomalies were detected 30 h before logging,  
381 i.e. two days before actually calving. In the case of oestrus, rhythm anomalies were  
382 detected on the day the oestrus was logged, which implies that some cases were  
383 detected during the night, probably before the caretaker detected the oestrus. Such  
384 early detection of calving and oestrus through rhythm anomaly could prove vitally  
385 important for managing reproduction on a farm, since cows may need assistance with  
386 calving and the time-window for insemination is short.

387 Anomalies due to lameness started to be detected 1.5 days before the lameness was  
388 logged (60% of cases) and more than 80% of these cases were detected no later  
389 than 12 h before the day they were logged. In the case of mastitis, 60% of rhythm  
390 anomalies were detected 24 h before the day they were logged and 90% were  
391 detected no later than the day they were logged. In the case of other diseases, 60%  
392 of anomalies were detected 32 h before the day they were logged and more than  
393 95% of anomalies were detected no later than the day they were logged. The FBAT  
394 method is thus likely to detect anomalies due to diseases one or two days before  
395 clinical signs manifest. This could prompt caretakers to pay closer attention to  
396 animals displaying such anomalies and possibly call in a vet for a diagnosis and rapid  
397 treatment.

398

399

#### 400 **4 Conclusion and perspectives**

401 Our new Fourier-Based Approximation with Thresholding (FBAT) method can detect  
402 changes in the circadian rhythm of activity. These changes are closely related to  
403 many events experienced by animals, including disease, accident or stressful

404 disturbance in the barn. The method produces less than 20% false alerts (i.e.  
405 changes unrelated to a problem logged by caretakers) and detects about 95% of  
406 rhythm anomalies caused by reproductive or health problems. The method can  
407 detect problems at a very early stage of disease, before clinical signs manifest. Alerts  
408 can thus be sent to the animal caretaker to flag animals showing a modified rhythm.  
409 When an alert is sent, the caretaker can take quickly a management decision, e.g. to  
410 check calving progress, inseminate a cow in oestrus, separate the cow from the rest  
411 of the group, or look for clinical signs to identify a disease and engage treatment.

412 For the moment, FBAT is unable to distinguish between events experienced by  
413 animals. This can be seen as a limitation of the method, as it does not provide a  
414 diagnosis. FBAT uses only the rank-1 harmonic provided by the Fourier transform  
415 corresponding to the circadian rhythm. We did not handle variations that may occur  
416 within a day, which might be relevant to identify a given disorder (e.g. cows under  
417 SARA with a low activity between the two daily meals [27]). To overcome this  
418 limitation, the method could be further developed to take into account harmonics of  
419 rank above 1. An alternative solution could be to use other methods to model the  
420 rhythm, such as wavelet transforms [28][29].

421 From another angle, being able to detect any problem whatever the cause may be  
422 seen as an asset. First, the same tool can issuing warning that something is wrong  
423 and that animals need to be checked in case remedial action is needed. Second, this  
424 tool can also serve for assessing animal welfare. Indeed, oestrus and calving  
425 frequency should be about the same across farms, and so any variations between  
426 farms are likely to be due essentially to health disorders and stress experienced by  
427 the animals. FBAT could thus be used as an overall measure of animal health and  
428 stress status, based on the occurrence of disturbing events. Applying FBAT on a

429 sample of farms along with a reference method for animal welfare assessment such  
430 as the Welfare Quality method [15] would help to check whether it can be used for  
431 such a purpose. FBAT could also be used to phenotype animals according to their  
432 sensitivity to potentially stressful events.

433 FBAT is easy to implement. The Fourier transform is a well-known technique that can  
434 be readily computed in several programming languages. It is quicker to compute than  
435 machine learning methods: the computation time is 6 to 280 times shorter than the  
436 more advanced machine learning algorithms DTW, Hive-Cote or BOSS, and 13 to 22  
437 times shorter than the neural network methods FCN and Resnet [13].

438 The farms from which data were used in our study had different routines that may  
439 have affected the rhythm of their cows. The cows were milked at fixed intervals on  
440 some farms vs. with an automatic milking system allowing cows to choose when to  
441 be milked on other farms. Food was delivered two or three times a day on some  
442 farms vs. more evenly distributed across the day by a robot pusher in other farms.  
443 Furthermore, the type of events detected differed between datasets. Despite such  
444 variations, the threshold that optimized the distinction between a normal vs. modified  
445 rhythm was stable, enabling us to apply the same threshold to all datasets, which  
446 resulted in similar performances across all farms except the farms from Dataset 3, as  
447 discussed above. The fact that the threshold does not vary much between farms  
448 should be checked on a larger population of farms. If the stability is confirmed, then a  
449 pre-defined threshold could be used without having to go through training to define  
450 the threshold for a given farm, thus making FBAT very easy to apply. It remains  
451 possible to adjust the threshold to a given farm or even to each cow of that farm, in  
452 which case data will need to be recorded for a few weeks to estimate the threshold  
453 before it can be applied to detect anomalies on that farm or cow.

454 FBAT is to be applied on data produced by close animal monitoring, which cannot  
455 feasibly be done without activity sensors. We applied FBAT on data from a RTLS  
456 tool. Extending the method to data from other sensors only requires eliciting the  
457 weights attributed to each activity to calculate the activity level and compute the  
458 threshold used to compare daily variations between days. This can be done on a few  
459 datasets, as achieved here.

460 FBAT was designed to be integrated in precision livestock farming tools to help  
461 farmers manage their animals. However, it has also the potential to detect anomalies  
462 in humans to guide healthcare or in wild animals to detect disturbances (e.g. by  
463 humans or predators). We anticipate that chronobiological studies could apply FBAT  
464 to help relate circadian rhythm anomalies to specific events.

465

466

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482

### 483 **Author contributions**

484 **Nicolas Wagner:** Methodology, Software, Validation, Formal analysis, Investigation,  
485 Writing - Original Draft, Writing - Review & Editing, Visualization. **Marie-Madeleine**  
486 **Mialon:** Formal analysis, Investigation, Data curation, Writing - Review & Editing,  
487 Project administration. **Karen Helle Sloth:** Investigation, Data curation, Writing -  
488 Review & Editing. **Romain Lardy:** Methodology, Writing - Review & Editing, Project  
489 administration. **Dorothee Ledoux:** Data curation, Writing - Review & Editing.  
490 **Mathieu Silberberg:** Data curation, Writing - Review & Editing. **Alice De Boyer Des**  
491 **Roches:** Data curation, Writing - Review & Editing. **Isabelle Veissier:**  
492 Conceptualization, Formal analysis, Data curation, Writing - Original Draft, Writing -  
493 Review & Editing, Visualization, Supervision, Project administration, Funding  
494 acquisition.

495

### 496 **Appendix A. Data, equipment, and software**

497 Data: Part of the data are private, and so the datasets cannot be made public.

498 Equipment: The indoor tracking system is commercialized by GEA Farm technologies  
499 (Bönen, Germany). The manufacturer claims a precision of 50 cm for the detection of  
500 a cow's position. In the INRAE experimental farm that provided two of the datasets  
501 used here, we observed a precision of 16 cm [30].

502 Server and software: FBAT was developed in the Python programming language with  
503 the fast Fourier transform function available in the NumPy library  
504 (<https://numpy.org/devdocs/reference/generated/numpy.fft.fft.html#numpy.fft.fft>). The  
505 code is available at <https://github.com/nicolas-wagner/FBAT>. We used a server  
506 composed of an Intel Xeon E7-8890 v3 CPU (2.5 GHz with 46 Mb of cache) and 3 Tb  
507 of RAM, of which we used less than 8 Gb. For field use of FBAT, the detection of  
508 changes in the circadian rhythm will need less than 1 Gb, depending on the size of  
509 the on-farm dataset produced.

510

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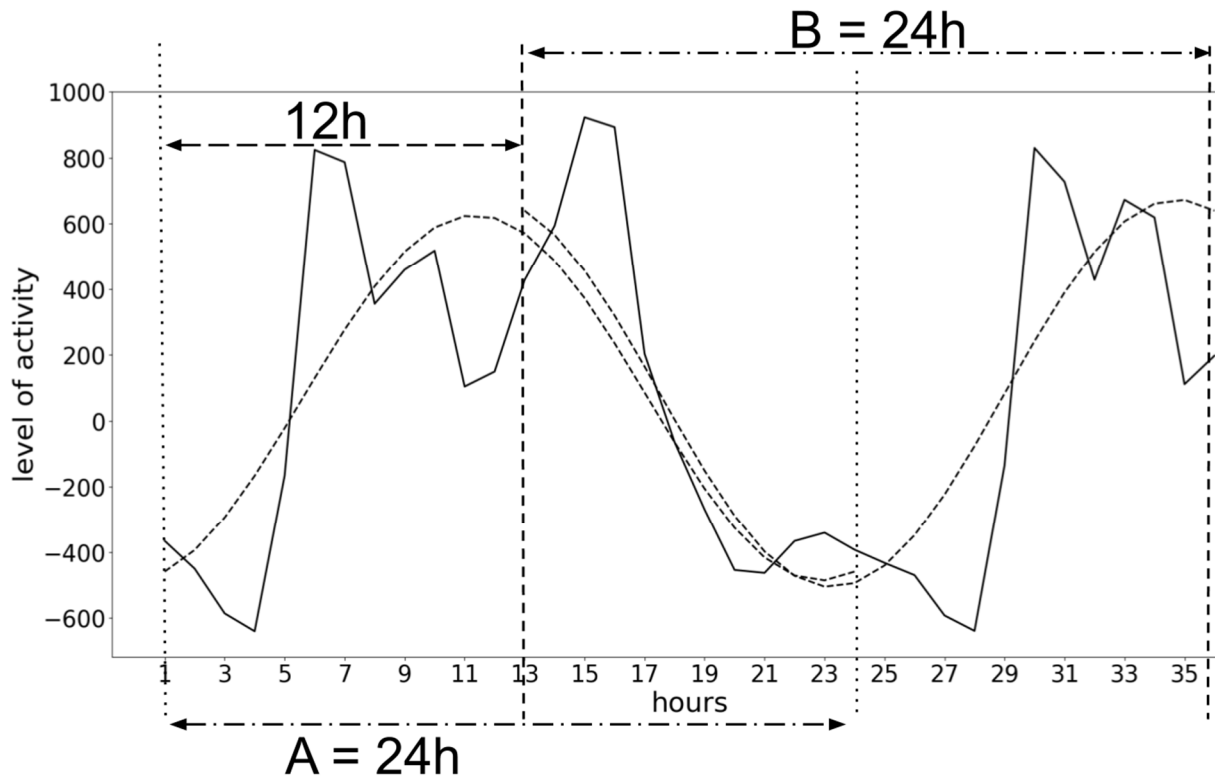
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589 **Illustrations**

590

591



592

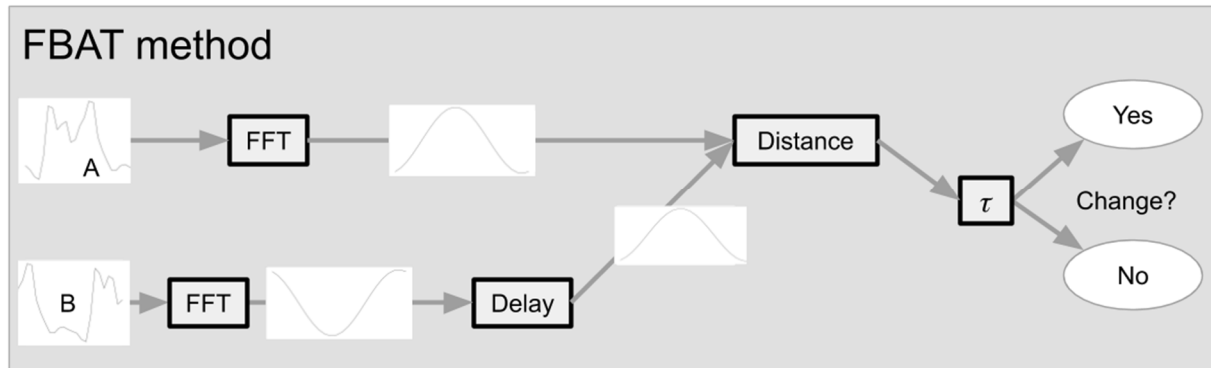
593

594 Fig. 1. Example of a 36-h time series of cow activity modelled with a Fourier  
595 transform. Solid line: activity level calculated from basic activities (weighted sum of  
596 the time spent 'resting', 'in alleys' or 'eating', unitless). Dotted lines: Fourier transform  
597 of the first and last 24-h segments of this 36-h time series.

598

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602

603 Fig. 2. Framework of the FBAT method to detect changes in circadian activity rhythm.

604 Within a 36-h time series, we used Fast Fourier Transform (**FFT**) to model the

605 variations in activity during the first and last 24-h segments of this 36-h series. After

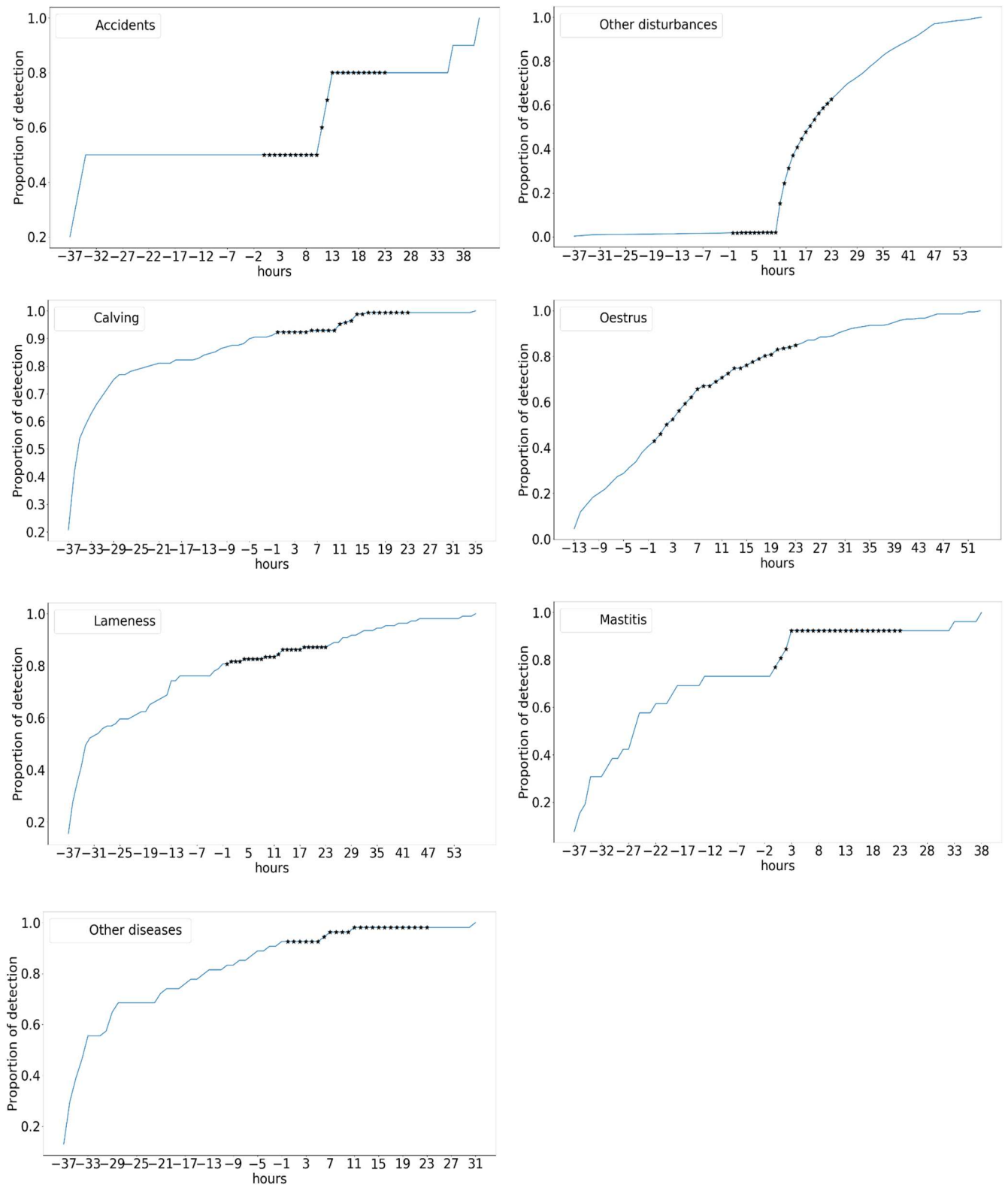
606 aligning the two models in time, we calculate the Euclidian distance between them

607 and then compare that distance to a given threshold, above which we consider that

608 the rhythm has changed.

609

610



611 Fig. 3. Detection of rhythm anomalies in relation to events logged by caretakers in  
 612 Dataset 4 (taken for field validation). Stars represent the hours of the day when an  
 613 event was logged, arbitrarily starting from 00:00.

614 Tab. 1. Days labelled normal vs. abnormal according to type of event recorded on the  
 615 farm. Black cells are for the day when the event was logged by caretakers, dark grey  
 616 cells are for days when behaviour is likely to be modified (black and dark grey cells  
 617 are for days considered abnormal), light grey cells are for days when there is  
 618 insufficient literature data to expect or not a change in behaviour (days excluded from  
 619 the analysis), and white cells are for days when we expect no change in animal  
 620 behaviour (normal days).

Type of event	Days	D-3	D-2	D-1	D0	D1	D2	D3	D4	D5	D6	D7	D8	D8
Accidental event <sup>1</sup>														
Calving														
Oestrus <sup>2</sup>														
Lameness														
Mastitis														
Other disease														
LPS injection <sup>3</sup>														
Ruminal acidosis <sup>4</sup>														
Mixing														
Other disturbances <sup>5</sup>														

<sup>1</sup> Injuries, retained placenta, vaginal laceration

<sup>2</sup> Detected visually by caretakers or from milk progesterone profile

<sup>3</sup> LPS injected in the mammary gland

<sup>4</sup> Detected from ruminal pH

<sup>5</sup> Interventions, e.g. vaccination, oestrus synchronization, anthelmintic treatment, claw trimming, relocation

622 Tab. 2. Overall performance of FBAT on four datasets. The threshold  $\tau$  used to  
623 differentiate normal vs. abnormal time series was computed on *training sets* (30% of  
624 each dataset).  $rec_-$  and  $rec_+$  are for the percentage of normal series detected as  
625 normal and the percentage of abnormal series detected as abnormal (i.e. with a  
626 modified circadian rhythm) on *test sets* (70% of each dataset). Training time is the  
627 time to compute threshold  $\tau$ . Test time is the time to detect any changes in activity  
628 rhythm.

<b>Dataset</b>	<b>No. cow*days</b>	<b>Training time (s)</b>	<b>Test time (s)</b>	<b><math>\tau</math></b>	<b><math>rec_-</math></b>	<b><math>rec_+</math></b>
1	5124	2810	25.8	2216	75.8	29.3
2	2562	1220	10.9	1947	76.4	32.6
3	1220	781	7.3	1894	75.7	32.4
4	109800	69300	526	1886	78.6	24.9

629

630

631 Tab. 3. Performance of FBAT expressed in terms of detection of at least one day with  
632 a modified circadian rhythm within a sequence surrounding an event, stratified by  
633 type of events (with a fixed threshold  $\tau = 2000$ ).

Events		Datasets			
		1	2	3	4
<b>Accidental event<sup>1</sup></b>	no. events	0	0	0	10
	% detected	na	na	na	100
<b>Calving</b>	no. events	9	0	0	171
	% detected	100	na	na	99.4
<b>Oestrus<sup>2</sup></b>	no. events	41	7	29	257
	% detected	95.1	85.7	69.2	91.4
<b>Lameness</b>	no. events	4	16	0	114
	% detected	100	93.8	na	98.2
<b>Mastitis</b>	no. events	9	3	0	32
	% detected	100	0	na	87.5
<b>Other disease</b>	no. events	10	8	0	66
	% detected	80	75	na	90.9
<b>LPS injection<sup>3</sup></b>	no. events	27	0	0	0
	% detected	81.5	na	na	na
<b>Ruminal acidosis<sup>4</sup></b>	no. events	0	271	0	0
	% detected	na	69	na	na
<b>Mixing</b>	no. events	63	0	0	0
	% detected	68.3	na	na	na
<b>Other disturbance<sup>5</sup></b>	no. events	145	667	0	12079
	% detected	69	71.7	na	59.3

<sup>1</sup> Injuries, retained placenta, vaginal laceration

<sup>2</sup> Detected visually by caretakers or from milk progesterone profile

<sup>3</sup> LPS injected in the mammary gland

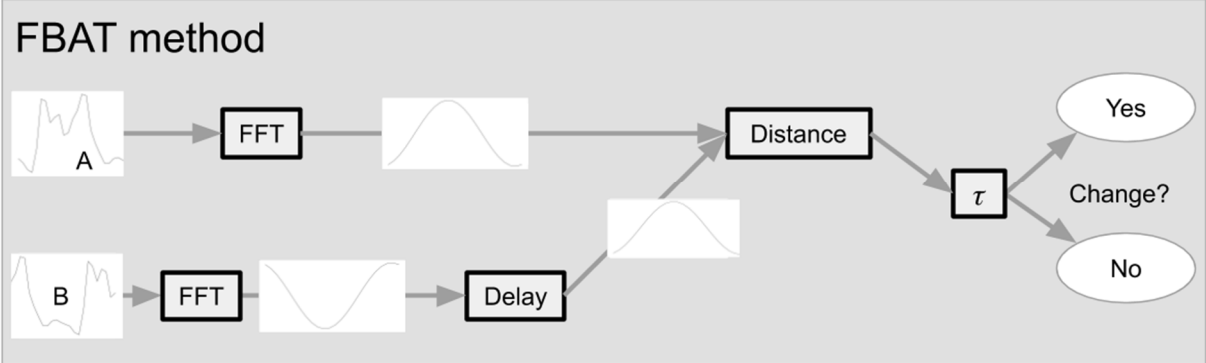
<sup>4</sup> Detected from ruminal pH

<sup>5</sup> Interventions, e.g. vaccination, oestrus synchronization, anthelmintic treatment, claw trimming, relocation

na: not applicable

634

**Graphical abstract**



Within a 36-h time series, we use Fast Fourier transform (FFT) to model the circadian rhythm of activity during the first and last 24-h segments. After aligning the two models in time, we calculate the Euclidian distance between them and compare it to a given threshold, above which we conclude that the rhythm has changed.