

# Using Free-Comment with consumers to obtain temporal sensory descriptions of products

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# 1 Title

- 2 Using Free-Comment with consumers to obtain temporal sensory descriptions of
- 3 products

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# 14 Highlights

- A new temporal method not based on a predefined list of descriptors is
  introduced
- 17 Temporal Free-Comment data can be obtained from consumers at home
- 18 The data can be analysed product-wise and period-wise
- 19 Temporal discrimination and characterization of the products were highlighted

# 20 Abstract

Temporal Dominance of Sensations (TDS) and Temporal-Check-All-That-Apply (TCATA) are the most popular methods used with consumers for the temporal sensory characterization of a set of products. However, TDS and TCATA share the same limitation: they rely on a predefined and necessarily short list of descriptors. Free-Comment (FC) enables the sensory characterization of a set of products freed of any 26 issue induced by the use of a list of descriptors, but for practical reasons collecting FC 27 descriptions concurrently to the product intake is nearly impossible. Attack-Evolution-Finish (AEF) is an alternative to TDS and TCATA that replace concurrent by 28 29 retrospective data collection. In AEF, subjects are asked to choose in a list one 30 descriptor for each of the so-called periods: Attack, Evolution, and Finish. The paper 31 introduced Free-Comment Attack-Evolution-Finish (FC-AEF) to extend FC to temporal 32 sensory analysis where descriptor selections of AEF are replaced by FC descriptions. 33 FC-AEF has been used at home with 63 consumers having tasted five dark chocolates. 34 The data were analysed product-wise and period-wise and showed that FC-AEF 35 enabled to provide temporal discrimination and characterization of the products. The 36 product-wise analyses identified in each period the descriptors of each product 37 enabling this discrimination. The period-wise analyses identified for each product the 38 descriptors generating a temporal kinetic of its perception.

# 39 Keywords

- 40 Free-Comment Attack-Evolution-Finish (FC-AEF)
- 41 Open-ended questions
- 42 Temporal sensory method
- 43 Home Used Test (HUT)
- 44 Consumer study

# 45 1. Introduction

46 Since it has been advocated that sensory perception is not a static phenomenon but 47 rather a dynamic one (Lee & Pangborn, 1986), several methods have been developed 48 to study the kinetic of sensations during the perception of a product. It is possible to 49 distinguish two subcategories of temporal sensory methods: quantitative-based ones 50 and qualitative-based ones. Among quantitative-based methods, we can mention 51 Time-Intensity (Lee & Pangborn, 1986), Dual-Attribute Time-Intensity (Duizer, Bloom, 52 & Findlay, 1996), Multi-Attribute Time-Intensity (Kuesten, Bi, & Feng, 2013), Progressive Profile (Jack, Piggott, & Paterson, 1994) and Sequential Profile (Methven 53 54 et al., 2010). Quantitative-based methods require a trained panel, which implies a timeconsuming and possibly expensive training period before starting product evaluations.
Among qualitative-based temporal sensory methods, the two most popular are
Temporal Dominance of Sensations (TDS) (Pineau, Cordelle, Imbert, Rogeaux, &
Schlich, 2003; Pineau et al., 2009) and Temporal-Check-All-That-Apply (TCATA)
(Castura, Antúnez, Giménez, & Ares, 2016). Contrary to quantitative-based methods,
TDS and TCATA can be used with consumers without specific training (Jaeger et al.,
2018; Rodrigues et al., 2016; Schlich, 2017).

62 During a TDS task, the subjects are asked to select among a predefined list of 63 descriptors, which one is "dominant" at each time within a product intake (Pineau et 64 al., 2003; Pineau et al., 2009). A descriptor is considered as dominant from its selection 65 until another descriptor is selected as being dominant instead. TCATA adopts another 66 rational than TDS by enabling the subjects to select several descriptors at each time 67 within a product intake (Castura et al., 2016). In practice, subjects select a descriptor 68 when they judge it applicable and unselect a descriptor when they judge it no longer applicable. Both TDS and TCATA share the same limitation: they rely on a predefined 69 70 and necessarily short list of descriptors (Jaeger et al., 2018; Pineau et al., 2012).

71 Establishing a list of descriptors is very tedious and represents a critical step for the 72 relevance of the collected data as it may affect the results of the study (Ares et al., 73 2013; Pineau et al., 2012; Varela et al., 2018). Furthermore, several sources of bias 74 induced by the use of a predefined list of descriptors have been reported in the 75 literature. The list influences the subjects by suggesting descriptors that they would not 76 think about otherwise (Coulon-Leroy, Symoneaux, Lawrence, Mehinagic, & Maitre, 77 2017; Kim, Hopkinson, van Hout, & Lee, 2017; Krosnick, 1999). Since the list contains 78 only a limited number of descriptors, subjects may select descriptors that are close to 79 what they perceive but not representing exactly what they actually perceive (Krosnick, 80 1999) and the collected data can be biased by the dumping effect (Varela et al., 2018). 81 The first descriptors of the list (in the sense of presentation order) have a greater 82 chance of being selected (Castura, 2009; Kim et al., 2017; Krosnick, 1999; Pineau et 83 al., 2012).

Free-Comment (FC) (ten Kleij & Musters, 2003), as a response to open-ended
questions, has proven itself an efficient method in characterizing and discriminating
sets of products both with consumers and with experts (Lahne, Trubek, & Pelchat,
2014; Lawrence et al., 2013; ten Kleij & Musters, 2003) even out of the lab (Mahieu,

Visalli, Thomas, & Schlich, 2020). As FC does not require a predefined list of
descriptors, all the issues mentioned above do not longer hold. However, the FC
method does not enable temporal sensory characterization.

91 For the products that have a relatively short tasting duration (say up to 45 seconds), 92 collecting FC temporal descriptions in continuous time concurrently to the product 93 intake as in TDS and TCATA is nearly impossible for practical reasons. Indeed, 94 subjects should have first to identify the sensations they perceive within a complex 95 signal, then think about the words that best describe these sensations and then finally 96 transcript these words (handwriting, keyboard input, or voice recording) while staying 97 focused on their perception. It would therefore not be reasonable to consider the data as being collected concurrently to the perception. 98

99 The recently introduced Attack-Evolution-Finish (AEF) method (Visalli, Mahieu, 100 Thomas, & Schlich, 2020) proposes an alternative to continuous concurrent data 101 collection. During an AEF task, subjects are asked to select retrospectively among a 102 predefined list of descriptors which one they perceived during the so-called periods: 103 Attack, Evolution, and Finish. The results obtained from AEF and TDS were compared 104 in a study involving 120 consumers having evaluated five dark chocolates. AEF and 105 TDS provided equivalent product discrimination and a very similar product 106 characterization (Visalli et al., 2020).

107 The paper introduces the Free-Comment Attack-Evolution-Finish (FC-AEF), a method 108 that integrates AEF and FC. In FC-AEF, the descriptor selection for each of the three 109 periods (Attack, Evolution, and Finish) is replaced by an FC description, enabling a 110 temporal sensory characterization without the issues induced by the use of a 111 predefined list of descriptors.

The present study investigated whether consumers can successfully conduct an FCAEF protocol at home and whether it enables the temporal characterization and
discrimination of a set of products.

# 115 2. Material and methods

116 2.1. Participants

To create a situation as close as possible to an everyday consumption situation, the study took place at home with 63 naïve subjects (25 men and 38 women), 18 to 60 years old. The subjects were recruited from a population registered in the ChemoSens Platform's PanelSens database. This database has been declared to the relevant authority (Commission Nationale Informatique et Libertés—CNIL—n° d'autorisation 1148039). The subjects were consumers of dark chocolates at least once every two weeks and were rewarded for their participation in the study.

### 124 2.2. Products

125 Five dark chocolates provided by Barry Callebaut® were used for this study. They 126 differed on their percentage of cocoa as well as on the origin of the cocoa used in the 127 recipe. SDC has 54.5% of cocoa obtained from a mix of cocoa beans. BRA has 66.8% 128 of cocoa coming from Brazil. EQU has 70.4% of cocoa coming from Ecuador. MAD 129 has 67.4% of cocoa coming from Madagascar. SAO has 70% of cocoa coming from 130 Sao Tomé. The chocolates were delivered to the subjects in sealed plastic containers 131 in the form of callets (pucks of chocolates formulated for melting rather than baking). 132 The subjects were invited to store the chocolates in a relatively cold place so that they 133 did not melt or alter.

### 134 2.3. Data acquisition

#### 135 2.3.1. General procedure

The subjects participated in five home-based sessions on their computers running TimeSens© software 2.0 (INRAE, Dijon, France). To access the sessions, the subjects simply had to click on a link sent to them by e-mail. In each session, consumers had to evaluate and describe only one product; it lasted approximately 5 minutes. The presentation of the products (and thus the sessions) was arranged following a William Latin square design. The minimum interval between two sessions was forced to be at least 24 hours

#### 143 2.3.2. FC-AEF task

The instructions were given to the subjects at the beginning of the first session: "You are going to taste five chocolates. Each tasting will be separated from the previous one by at least 24 hours. For each chocolate, you will be asked to describe the sensations you perceived during the tasting in the chronological order that you perceived these

148 sensations. You will provide the descriptions using your own words." An example was 149 given to the subjects right after the instructions: "Example: At first, I perceived this 150 chocolate sour and soft, then after a few moments I perceived it sour, sticky and woody, 151 and at the end of the tasting I perceived it astringent, melting and sweet". This example 152 had the objective to inform the subjects that the same word could be used for several 153 periods and that several different words could be used in the same period. This was 154 underlined by the following sentence right after the example: "You can use the same 155 words for several periods and several different words can be used in the same period". 156 This was underlined by the following sentence right after the example: "You can use 157 the same words for several periods and several different words can be used in the 158 same period".

159 Fig. 1 shows the FC-AEF data collection screen. For each product evaluation, the 160 following instruction was given to the subjects: "What sensations did you perceive 161 during the tasting (textures, flavors, aromas, etc.) in chronological order? (Use your 162 own words to answer)". Three text areas corresponding to each period (Attack, 163 Evolution, and Finish) were displayed on the screen. The text areas were organized 164 on the screen so that the subjects filled the following sentence when describing their 165 perception: "At first, I perceived this chocolate..., then after a few moments I perceived 166 it..., and at the end of the tasting I perceived it..." (Visalli et al., 2020).

167 No particular restriction was given to the subjects on the manner of stating their168 descriptions. The subjects were forced to give at least one word within each period.

#### 169 2.4. FC-AEF data treatment

As descriptions were collected in French, all the pre-treatments were performed in
French. The analysed words resulting from the treatments have been translated into
English for the present paper. The English-French correspondence of the analysed
words can be found in the appendix.

All the FC-AEF data treatments were performed using R 3.5.1 (R Core Team, 2018).
The lexicon provided with IRaMuTeQ© software (Ratinaud, 2014) was used for
lemmatization and part-of-speech tagging. The data of the three periods were merged
before applying the following pre-treatments. This merging was done only for the pretreatments of the descriptions and to ensure that the data from each of the three

- periods were treated the same manner. The procedure used was the same one asdescribed in Mahieu, Visalli, Thomas, et al. (2020) and summarized thereafter.
- 181 The descriptions were first cleaned, lemmatized, and filtered. Then, the words with 182 similar meanings were grouped into latent-words relying on the chi-square-distance-183 based ascendant hierarchical classification.
- Among all the words and latent words (simply called words hereafter for simplification),
  only those mentioned by at least 5% of the panel for at least one same product within
- 186 at least one same period were retained for further analysis.
- Finally, the number of times each remaining word was cited within each period for each product was computed at the panel level. Three contingency tables, one per period, containing the citation counts of each word for each product were built. These contingency tables will be referred subsequently as "product by word contingency tables". Five contingency tables, one per product, containing the citation counts of each word for each period were built. These contingency tables will be referred subsequently as "period by word contingency tables".
- 194 2.5. Data analyses
- 195 All analyses were performed using R 3.5.1 (R Core Team, 2018).
- 196 2.5.1. Panel behavior

197 The distributions of the number of analysed words (after pre-treatments) cited by each 198 subject, for each product and each period as well as for the three periods aggregated 199 were computed. For a given evaluation (product × subject), the number of analysed 200 words for the three periods aggregated corresponds to the sum of citations of analysed 201 words of the three periods. Thus, for the aggregated data, the same word can be cited 202 more than once per evaluation. The mean, the mode, and the standard deviation of 203 these four distributions were computed.

204 2.5.2. Contingency tables

The eight contingency tables (a "product by word contingency table" for each of the 3 periods [A, E and, F] and a "period by word contingency table" for each of the 5 products [SDC, BRA, EQU, MAD and, SAO]) were analysed the same manner following the procedure presented in Mahieu, Visalli, and Schlich (2020) and 209 summarized thereafter. A chi-square test using a Monte Carlo approach (1000 210 simulations,  $\alpha = 5\%$ ) was performed to investigate the significance of the dependence 211 between products or periods and words. If the chi-square test was significant, a 212 correspondence analysis (CA) was applied to the contingency table. The standard CA 213 biplot was used to display the CA results. The number of significant CA axes was 214 determined using the Monte-Carlo tests of dependence (1000 simulations,  $\alpha = 5\%$ ). 215 The confidence ellipses for the products or the periods coordinates in the CA space 216 were computed with a total bootstrap procedure (1000 bootstrap samples,  $\alpha = 5\%$ ) in 217 which Procrustes rotations were performed on the significant axes. To assess relations 218 between products or periods and words. Fisher's exact tests ( $\alpha = 5\%$ ) per cell with a 219 one-sided greater alternative hypothesis were conducted on the derived contingency 220 table corresponding to significant axes. This contingency table is computed by 221 reversing the CA computations on the significant axes (Mahieu, Visalli, & Schlich, 222 2020). To assess products or periods discrimination, a total bootstrap test ( $\alpha = 5\%$ ) 223 (Mahieu, Visalli, Thomas, et al., 2020) was performed for each pair of products or 224 periods on the significant axes.

225 **3. Results** 

### 226 3.1. Panel behavior

Fig .2 shows that the three periods had very similar distributions in terms of effective words cited. The number of effective words cited ranged from 0 to 4 (Attack period) or 5 (Evolution and Finish period). The mode of the three distributions was equal to 1, the mean was around 1.43 and the standard deviation ranged from 0.82 (Attack period) to 0.97 (Finish period). The standard deviation slightly increased from the Attack period to the Finish period.

For all periods aggregated, Fig. 2 (d) shows that the number of effective words cited for each subject and each product ranged from 0 to 10 with a mode of 4, a mean of 4.3, and a standard deviation of 1.96.

### 236 3.2. Product by word contingency tables

Period	P-value:	P-value:	P-value:	P-value:
	chi-square / axis 1	axis 2	axis 3	axis 4
Attack	<0.001	0.0019	0.0029	0.2257

Evolution	<0.001	0.0119	0.0169	0.4725
Finish	<0.001	0.1288	0.6443	0.6023

237 **Table 1:** p-values of the test of dependence for each axis of each period

Table 1 shows that FC-AEF presented three significant axes for the Attack and the Evolution periods and only one significant axis for the Finish period. Therefore, a product by word significant dependence was detected in each period, though less complex in the Finish period.

- 242 Fig. 3 shows that the first dimension of the product configuration was very similar 243 across the three periods and mostly opposed SDC to BRA with SAO, MAD, and EQU 244 being placed between them. This first dimension seemed to be a gradient of strength 245 induced by the opposition of strong and slight flavors. Fig. 3 (b) shows that the second 246 dimension of the Attack period mostly opposed MAD to the other products. This 247 dimension seemed to be a texture gradient of hardness. Fig. 3 (b) shows that the third 248 dimension of the Attack period mostly opposed EQU and SAO. This dimension seemed 249 to be a gradient of sweetness associated with a second gradient of hardness. Fig. 3 250 (d) shows that the second dimension of the Evolution period had high similarity with 251 the third dimension of the Attack period, mostly opposing EQU and SAO. This 252 dimension seemed to be a gradient of sweetness but it also showed an opposition 253 between several flavors and textures. The third dimension of the Evolution period did 254 not show an obvious interpretation.
- The product discrimination was weaker at the Finish period as compared to the Attack and Evolution periods. The five products were discriminated for the Attack and Evolution periods but not for the Finish period, where only seven pairs of products out of ten were discriminated. Fig. 3 (e) suggests that the subjects only found large differences between SDC and the other products at the finish of the product perception. These latter seem not to have any particular characteristics distinguishing them from each other at the end of the intake.
- Fig. 4 shows that the product discrimination into each period was driven by descriptors specific to the period. Indeed, the five products showed a kinetic of the characteristics that discriminate them from each other throughout the periods. From the Attack to the Evolution period, SDC lost its association with *crunchy\_hard* and became associated with *fat*. From the Evolution to the Finish period, SDC lost its association with *fat* and became associated with *not\_bitter* and *gentle\_slight*. From the Attack to the Evolution

268 period, BRA became associated with *spicy*. From the Evolution to the Finish period, 269 BRA lost its associations with *spicy*, *strong\_intense\_powerful*, and *bitter*. At the Finish 270 period, no significant association was found between BRA and the descriptive words. 271 From the Attack to the Evolution period, EQU lost its associations with not sweet. At 272 the Evolution and Finish periods, no significant association was found between EQU 273 and the descriptive words. From the Attack to the Evolution period, MAD lost its 274 associations with *melting smooth creamy* and *soft*. At the Evolution and Finish 275 periods, no significant association was found between MAD and the descriptive words. 276 From the Attack period to the Evolution period, SAO became associated with *bitter*. At 277 the Attack and Finish periods, no significant association was found between SAO and 278 the descriptive words. The results concerning the Finish period shown by Fig. 4 tends 279 to confirm that the subjects did not find large differences between the products at the 280 Finish period except for SDC that was associated with four words. Indeed, the sweet 281 and *gentle slight* characteristics of SDC seem to increase over time as compared to 282 the other products.

#### 283 3.3. Period by word contingency tables

For the five products, the two axes of the CA performed on their respective period by word contingency table were highly significant. The largest of these p-values was 0.0029. This shows that for each product, the three periods were discriminated from each other.

288 Fig. 5 shows results in line with the tests of dependence: all periods were discriminated 289 from each other for all products. For each of them, the period configurations were 290 similar: the first axis mostly opposed the Attack period to the Finish period while the 291 second axis opposed the Evolution period to the Attack and Finish periods. Words 292 related to the texture (e.g. crunchy hard) and words related to the end of perception 293 (e.g. *long tasting*) seemed to be the most important drivers of the period configuration 294 for all the products. However, these main drivers were associated with flavors and 295 aromas descriptions that depended on the period for each product.

Fig. 6 confirms that the period discrimination was mainly due to the texture and the end of perception descriptions. Indeed, *crunchy\_hard* was associated with the Attack period for all the products, *melting\_smooth\_creamy* was associated with the Evolution period for all the products except BRA, and *long\_tasting* was associated with the Finish
period of all the products except SDC. This kinetic was common to all the products.

301 Fig. 6 suggests that all products showed a temporal kinetic since the periods had 302 different characteristics relatively to each other. SDC showed a texture kinetic, being 303 perceived more often crunchy\_hard and dry\_pasty at the Attack period and then fat 304 and *melting smooth creamy* at the Evolution period. SDC was specifically more 305 described as not bitter at the Finish period. BRA showed a multi-modal kinetic, being 306 perceived more often *crunchy* hard and *powdery* mealy granular at the Attack period, 307 then woody roasted at the Evolution period and finally *lumpy* and *long tasting* at the 308 Finish period. EQU showed the strongest kinetic and a very interesting one. It was 309 perceived more often *crunchy hard*, *insipid*, and *not sweet* at the Attack period, then 310 sweet and melting smooth creamy at the Evolution period and finally, bitter and 311 long tasting at the Finish period. MAD also presented an interesting kinetic. It was 312 perceived more often crunchy\_hard, insipid and soft at the Evolution period, then fat 313 and *melting smooth creamy* at the Evolution period and finally, *bitter*, *long tasting* 314 and *spicy* at the Finish period. SAO only showed a slight kinetic, being perceived more 315 often crunchy hard at the Attack period, then melting smooth creamy and not sweet 316 at the Evolution period, and finally, *long tasting* at the Finish period.

### 317 4. Discussion

The temporal aspect of the FC-AEF task seems to have been understood by the subjects. Indeed, the words related to texture aspects (*e.g. crunchy\_hard*) were only mentioned in the Attack period, some sensations related to the end of the perception (e.g. long\_tasting) were only mentioned in the Finish period.

322 The empirical results of Fig. 1 show that on average only one word and half are kept 323 as an analysed word by period for each evaluation (subject × product). This results in 324 an average of 4.3 analysed words per evaluation (all periods aggregated), which is not 325 a huge increase as compared to the three words per evaluation imposed in the AEF 326 method. However, this might be depending on the product type. It is also interesting to 327 note that for the three periods, about 10 % of the evaluations were associated with 328 zero analysed words. This does not mean that subject did not report descriptors, but 329 that the pre-treatment removes these descriptors. Indeed, some descriptions were composed of only hedonic words (e.g. "good taste"), some others were composed of
low cited words (e.g. "salty") and the others were composed of uninformative words
(e.g. "aromas").

The results of the analyses of product by word contingency tables enabled to identify the periods of the product intake that enabled the products to be discriminated as well as the characteristics of each product leading to this discrimination. The first dimension remaining stable across all periods suggests that the main latent dimension of discrimination is independent of time for this set of products. This dimension was a gradient of strength of the chocolates and did not evolve across periods of the product 339 intake.

340 The results of the CA applied on the period by word contingency tables presented a 341 particular period configuration for all the products. The first axis systematically opposed 342 the Attack period to the Finish period and the second axis systematically opposed the 343 Evolution period to the Attack and Finish periods. It is mainly due to the texture and 344 end of perception descriptions of the products. Indeed, it seems that almost all products were perceived crunchy hard at the beginning, melting smooth creamy during the 345 346 consumption and *long tasting* at the end of the perception, at least for several subjects. 347 This particular period configuration is likely to occur for all types of products that 348 present an obvious kinetic of some sensations throughout the intake (e.g. textures).

349 Concerning the analyses of period by word contingency tables, the particular case of 350 the product MAD is interesting: at the Attack period, two words with opposite meaning, 351 namely *crunchy hard* and *soft*, significantly characterized the product. It could be 352 explained by the fact that from a subject to another, the range of time of the Attack and 353 Evolution periods were not the same. It could also be that this product was first 354 crunchy hard and right after soft, leading some subjects to describe it as soft and 355 others as crunchy hard. Another explanation would be that, depending on their 356 references of black chocolate, some subjects perceived it crunchy hard and some 357 others *soft*. A mixture of these phenomena is likely to be what had happened. Anyhow, 358 investigating individual representations of the three AEF periods would be of great 359 interest, especially the range of time considered for each AEF period.

360 If a temporal sensory method relying on a predefined list of descriptors had been used361 instead of FC-AEF to characterize this set of products, a limited number of descriptors

362 would have been used. As the product space was the same as in Visalli et al. (2020), 363 the list would likely have also been the same, or at least very close. This list contains 364 the following descriptors: Dry, Floral, Sweet, Bitter, Fat, Melting, Sour, Astringent, 365 Woody, Sticky, Cocoa, and Fruity. Except for the descriptors Floral and Sticky, all the 366 descriptors contained in this list were used by the subjects in their descriptions. This 367 means that subjects were able to generate an appropriate list of words to be used for 368 describing this set of products. However, it is interesting to note that astringent and 369 cocoa were only sparsely employed relatively to when they are proposed in a list 370 (Visalli et al., 2020). Astringent maybe not a well-known word by the consumers and 371 cocoa might sounds too obvious for several subjects when they do not belong to a list. 372 Compared to the pre-defined list, subjects also provided nine additional words that 373 seem very important for the description of this set of products: *crunchy hard, insipid,* 374 soft, spicy, gentle\_slight, powdery\_mealy\_granular, strong intense powerful, 375 long tasting and lumpy. This additional information suggests that using a predefined 376 list would have resulted in a loss of information. It was expected that the descriptor 377 "crunchy hard" appeared in the descriptions since "Crunchy" was originally part of the 378 list used in Visalli et al. (2020). However, several TDS studies exhibited a systematic 379 selection of this descriptor at the beginning of the perception for every black chocolate, 380 thus limiting the selection of other descriptors at this stage of the perception. For this 381 reason, it was removed from the list of descriptors. Since AEF limits the description of 382 the Attack period to a single descriptor, it was even more crucial not to include 383 "Crunchy" in the list used in Visalli et al. (2020) to avoid obtaining trivial descriptions of 384 the Attack period. However, because FC-AEF does not share this limit on the number 385 of descriptors with AEF, it was able to highlight "crunchy hard" as a key descriptive 386 word of first chewing cycles that discriminated between products and periods, which is 387 a nice addition compared to AEF.

The variability of the number of terms that can be selected within each period makes FC-AEF closer to TCATA than TDS or AEF, which both forces the subjects to select one descriptor at a given time or period. However, by being retrospective, FC-AEF, as well as AEF, are different from TDS and TCATA, which are concurrent time-dependent measures. As discussed in Visalli et al. (2020), AEF, and thus FC-AEF too, rely on short-term memory while it is hoped that in TDS and TCATA subjects react more instinctively. 395 In this paper, two approaches to analyse the FC-AEF data have been proposed: 396 product-wise and period-wise. In the product-wise approach, products are compared 397 by period, while in the period-wise approach, periods are compared by product. These 398 two approaches are complementary. For example, the product-wise approach informs 399 that the product SDC was described sweeter than the other products in every period, 400 while the period-wise approach informs that *sweet* was not used more often in a period 401 than another for characterizing SDC. Depending on the problematic of the user, one of 402 the approaches can be more appropriate than the other does. The product-wise 403 approach is more appropriate if the study aims to investigate the differences between 404 products at specific steps of the product perception. The period-wise approach is more 405 appropriate if it is assumed that the temporality of the perception may be different 406 among products.

407 FC-AEF has been designed for temporal sensory characterization purposes. It is a 408 suitable method when one wants to avoid the issues induced by the use of a predefined 409 list of descriptors and when the temporal precision provided by list-based methods like 410 TDS or TCATA is not crucial. Using FC-AEF implies losing a part the temporal 411 precision provided by list-based methods but as a counterpart provides several 412 benefits: descriptions are spontaneous, rich and precise, the dumping effect and the 413 risk of missing key information are discarded and no limitations on the number of 414 descriptors used in the descriptions exists. Further, from a practical point of view, FC-415 AEF also provides some benefits: no pre-tests for establishing a list of descriptors are 416 required and the task does not need to be explained to the consumers since it is 417 spontaneous. FC-AEF can also be considered as a relevant alternative to static FC to 418 raise awareness of the subjects on the temporal kinetic of their perception in every 419 application where static FC is suitable. The benefit of FC-AEF over static FC is that it 420 enables to highlight the kinetics of the perception if any. If no kinetics exists, then FC-421 AEF data can be seen as static FC data and treated as such, since it can be expected 422 that splitting the descriptions into three temporal periods does not flaw the overall 423 description of the products.

#### 424 5. Conclusion

425 This paper introduced a new temporal sensory method called Free-Comment Attack-426 Evolution-Finish (FC-AEF). This method is a combination of the Free-Comment and

427 the Attack-Evolution-Finish methods in which for each of the so-called periods (Attack, 428 Evolution, and Finish), subjects are asked to provide a Free-Comment description 429 instead of selecting a descriptor in a predefined list. FC-AEF was used to collect 430 temporal sensory perceptions of dark chocolates with consumers at home. The data 431 collected were analysed product-wise and period-wise. The product-wise analysis 432 identified in each period the descriptors characterizing each product, while the period-433 wise analysis identifies for each product the descriptors generating a temporal kinetic 434 of its perception. FC-AEF provides sensory analysts with a new tool for investigating 435 the temporal sensory perception of products by consumers with no need of establishing 436 a predefined list of descriptors, which enables shunting this tedious part and removing 437 all possible issues and biases due to the use of a predefined list.

# 438 Appendix: English-French correspondence of the analysed

#### 439 words

English	French									
astringent	astringent									
bitter	amer									
cocoa	cacao									
crunchy_hard	croquant_dur									
dry_pasty	sec_pâteux									
fat	gras									
fruity	fruité									
gentle_slight	doux_léger									
insipid	fade									
long_tasting	long_en_bouche									
lumpy	âpre									
melting_smooth_creamy	fondant_onctueux_crémeux									
not_bitter	pas_amer									
not_sweet	pas_sucré									
_powdery_mealy_granular	poudreux_farineux_granuleux									
soft	mou									
sour	acide									
spicy	épicé									
strong_intense_powerful	fort_intense_puissant									
sweet	sucré									
woody_roasted	boisé_torréfié									

440

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Fig. 1: FC-AEF data collection screen (translated from French)

What sensations did you perceive during the tasting (textures, flavours, aromas, etc.) in chronological order? (Use your own words to answer) At first, I perceived this chocolate then after a few moments I perceived it and at the end of the tasting I perceived it NEXT

**Fig. 2:** Distributions of the number of analysed words (after pre-treatments) cited by each subject for each product for: (a) the Attack period, (b) the Evolution period, (c) the Finish period and (d) the three periods aggregated.



**Fig. 3:** Correspondence analysis standard biplot of product by word contingency tables by period: (a) Attack axes 1-2, (b) Attack axes 3-2, (c) Evolution axes 1-2, (d) Evolution axes 3-2 and (e) Finish axes 1-2. Two products linked by a dashed line are not significantly different (total bootstrap test,  $\alpha = 5\%$ ).









Dim 1 (58.8 %)







Dim 2 (24.01 %)

**Fig. 4:** Words by product percentages of citation across the panel for the period: (a) Attack, (b) Evolution and (c) Finish. Cells highlighted in green show the results of Fisher's exact tests ( $\alpha = 5\%$ ). Grey cells correspond to words cited in another period than the one considered.

	(a)							(b)			(c)					
	SDC	BRA	EQU	MAD	SAO	SDC	BRA	EQU	MAD	SAO	SDC	BRA	EQU	MAD	SAO	
astringent	0	0	0	0	0	0	4.8	1.6	3.2	1.6	0	3.2	1.6	6.3	3.2	
bitter	4.8	28.6	7.9	17.5	25.4	7.9	38.1	20.6	27	38.1	9.5	38.1	30.2	39.7	31.7	
сосоа	11.1	12.7	9.5	6.3	9.5	12.7	12.7	11.1	11.1	7.9	9.5	1.6	12.7	7.9	15.9	
crunchy_hard	38.1	17.5	33.3	12.7	33.3	4.8	1.6	3.2	1.6	3.2	0	0	0	0	0	
dry_pasty	14.3	11.1	12.7	9.5	11.1	3.2	6.3	7.9	6.3	4.8	4.8	11.1	12.7	11.1	15.9	
fat	0	6.3	1.6	3.2	3.2	14.3	3.2	4.8	11.1	4.8	7.9	4.8	4.8	1.6	3.2	
fruity	0	3.2	1.6	4.8	1.6	3.2	1.6	0	6.3	7.9	1.6	3.2	3.2	3.2	7.9	
gentle_slight	22.2	15.9	25.4	12.7	15.9	22.2	15.9	19	12.7	11.1	23.8	7.9	19	17.5	12.7	
insipid	17.5	4.8	11.1	9.5	1.6	11.1	3.2	1.6	1.6	1.6	12.7	0	1.6	1.6	0	
long_tasting	0	0	0	0	0	0	0	0	0	0	1.6	7.9	6.3	4.8	9.5	
lumpy	0	0	0	0	0	0	0	0	0	0	0	6.3	0	1.6	1.6	
melting_smooth_creamy	7.9	9.5	15.9	19	9.5	19	14.3	20.6	25.4	17.5	9.5	7.9	3.2	6.3	4.8	
not_bitter	0	0	0	0	0	0	0	0	0	0	6.3	0	3.2	0	1.6	
not_sweet	1.6	7.9	6.3	0	0	6.3	3.2	0	3.2	9.5	1.6	4.8	0	4.8	1.6	
powdery_mealy_granular	1.6	4.8	4.8	6.3	3.2	3.2	0	7.9	6.3	3.2	1.6	0	4.8	1.6	1.6	
soft	1.6	3.2	0	7.9	1.6	0	0	0	0	0	0	0	0	0	0	
sour	1.6	3.2	1.6	1.6	6.3	1.6	4.8	0	3.2	4.8	1.6	6.3	1.6	4.8	6.3	
spicy	0	0	0	0	0	0	9.5	1.6	1.6	1.6	3.2	6.3	4.8	9.5	4.8	
strong_intense_powerful	0	14.3	4.8	6.3	12.7	3.2	19	7.9	7.9	12.7	4.8	12.7	9.5	14.3	9.5	
sweet	28.6	6.3	7.9	17.5	19	28.6	9.5	27	20.6	12.7	34.9	7.9	14.3	14.3	11.1	
woody_roasted	0	0	0	0	0	0	4.8	1.6	0	3.2	0	0	0	0	0	

**Fig. 5:** Correspondence analysis standard biplot of period by word contingency tables of the product: (a) SDC, (b) BRA, (c) EQU, (d) MAD, (e) SAO.











Dim 1 (72.14 %)

Dim 1 (73.23 %)

Dim 2 (37.56 %)





Dim 1 (62.44 %)

**Fig. 6:** Words by period percentages of citation across the panel for the product: (a) SDC, (b) BRA, (c) EQU, (d) MAD, (e) SAO. Cells highlighted in green show the results of Fisher's exact tests ( $\alpha = 5\%$ ). Grey cells correspond to words cited for another product than the one considered.

	(a)			(b)			(c)			(d)			(e)		
	Α	E	F	Α	E	F	Α	E	F	Α	E	F	Α	Е	F
astringent	0	0	0	0	4.8	3.2	0	1.6	1.6	0	3.2	6.3	0	1.6	3.2
bitter	4.8	7.9	9.5	29	38.7	38.7	7.9	20.6	30.2	17.5	27	39.7	25.4	38.1	31.7
сосоа	11.1	12.7	9.5	12.9	12.9	1.6	9.5	11.1	12.7	6.3	11.1	7.9	9.5	7.9	15.9
crunchy_hard	38.1	4.8	0	17.7	1.6	0	33.3	3.2	0	12.7	1.6	0	33.3	3.2	0
dry_pasty	14.3	3.2	4.8	11.3	6.5	11.3	12.7	7.9	12.7	9.5	6.3	11.1	11.1	4.8	15.9
fat	0	14.3	7.9	6.5	3.2	4.8	1.6	4.8	4.8	3.2	11.1	1.6	3.2	4.8	3.2
fruity	0	3.2	1.6	3.2	1.6	3.2	1.6	0	3.2	4.8	6.3	3.2	1.6	7.9	7.9
gentle_slight	22.2	22.2	23.8	16.1	16.1	8.1	25.4	19	19	12.7	12.7	17.5	15.9	11.1	12.7
insipid	17.5	11.1	12.7	4.8	3.2	0	11.1	1.6	1.6	9.5	1.6	1.6	1.6	1.6	0
long_tasting	0	0	1.6	0	0	8.1	0	0	6.3	0	0	4.8	0	0	9.5
lumpy	0	0	0	0	0	6.5	0	0	0	0	0	1.6	0	0	1.6
melting_smooth_creamy	7.9	19	9.5	9.7	14.5	8.1	15.9	20.6	3.2	19	25.4	6.3	9.5	17.5	4.8
not_bitter	0	0	6.3	0	0	0	0	0	3.2	0	0	0	0	0	1.6
not_sweet	1.6	6.3	1.6	8.1	3.2	4.8	6.3	0	0	0	3.2	4.8	0	9.5	1.6
powdery_mealy_granular	1.6	3.2	1.6	4.8	0	0	4.8	7.9	4.8	6.3	6.3	1.6	3.2	3.2	1.6
soft	1.6	0	0	3.2	0	0	0	0	0	7.9	0	0	1.6	0	0
sour	1.6	1.6	1.6	3.2	4.8	6.5	1.6	0	1.6	1.6	3.2	4.8	6.3	4.8	6.3
spicy	0	0	3.2	0	9.7	6.5	0	1.6	4.8	0	1.6	9.5	0	1.6	4.8
strong_intense_powerful	0	3.2	4.8	14.5	19.4	12.9	4.8	7.9	9.5	6.3	7.9	14.3	12.7	12.7	9.5
sweet	28.6	28.6	34.9	6.5	9.7	8.1	7.9	27	14.3	17.5	20.6	14.3	19	12.7	11.1
woody_roasted	0	0	0	0	4.8	0	0	1.6	0	0	0	0	0	3.2	0