

Effect of storage conditions on 'Deglet Nour' date palm fruit organoleptic and nutritional quality

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16 **Abstract**

17 The aim of this study was to identify optimal storage conditions able to preserving date palm 18 quality and minimising their loss in the supply chain. Hence, the effect of storage at -18, 0, 2 19 and 4 °C for 3, 6 and 9 months during two harvest seasons (2017 and 2018) on sugars, organic 20 acids, polyphenols and cell wall yields and composition of 'Deglet Nour' Tunisian dates, 21 were studied. Mid Infrared Spectroscopy (MIR) as a non-targeted method allowed to 22 highlight a year effect on chemical composition and to discriminate samples stored at 4 and 2 23 °C regarding to major components (moisture, sugars, organic acids..). Cell wall yields were 24 stable during the time. However, galactose from pectin side chains decreased with time, 25 causing an increase of lignin, cellulosic glucose, fucose and rhamnose. Procyanidins, 26 accounting for 98% of total polyphenols, were not affected by storage. Regarding quality 27 parameters stability, stored fruits at -18 °C could be the solution for a long term storage but 28 due to its high energetic costs, 2° C must be the optimal temperature with a lower time.

29 **Keywords:** *Phoenix dactylifera* L.; cold storage; cell wall structure; polyphenol

30

31 **1. Introduction**

32 The date palm tree (*Phoenix dactylifera* L.) is cultivated as a food and cover 33 approximately 3% of cultivated areas in the world (Dowson, 1982). Native to the Middle 34 East region, date palm tree is grown extensively in arid and semiarid regions of the world 35 (Ahmed, Al-Gharibi, Daar, & Kabir, 1995). Date (*Phoenix dactylifera* L.) is a fruit of high 36 economic and nutritional relevance and date palm constitutes the basis of economy for the 37 people living in Tunisian Sahara.

38 Moreover, in human nutrition, date palm fruits are considered as an important part of 39 the Mediterranean diet regardless to their high nutritional value (protein, dietary fibers,

40 sugars, organic acids, antioxidants, vitamins, fatty acids, and minerals) (Awad et al., 2011 ; 41 Al-Farsi et al., 2005; Elleuch et al., 2008). Date palm fruits are also used in traditional 42 medicine, and studied for their role against hypertension, cancer, infections, heart diseases, 43 etc. (Vayalil, 2012).

44 In Tunisia 'Deglet Nour' date palm is the most produced cultivar, it is also the most 45 appreciated cultivar both locally and internationally. Its production is increasing and reaches 46 241 321 tons from a total date palm production of 305 251 tons in 2018 harvest season 47 (GIFuits, 2018). Moreover, 'Deglet Nour' date palm represent 16% of total agriculture 48 product exportations. However, date palm production is accompanied by a loss in the supply 49 chain due to reducing fruit quality that is a fundamental aspect for the consumer.

50 Storage at low temperature is an efficient approach to maintain quality and increase 51 postharvest life by reducing fruit metabolic activity (Siddiq & Greiby, 2013). Optimal 52 storage conditions for dates at *Tamr stage* are 0 °C for 6 to 12 months, depending on cultivar: 53 semi-soft dates, like 'Deglet Nour' and 'Halawy', have longer storage-life than soft dates, like 54 'Medjhool' and 'Barhee'. For extended storage, the use of temperatures below the highest 55 freezing temperature of -15.7 °C is recommended (Kader & Hussein 2009; Jemni et al., 2019; 56 Ismail et al., 2008). Dates fruits with 20% or lower moisture can be kept at -18 °C for more 57 than one year, at 0 °C for one year, at 4 °C for 8 months, or at 20 °C for one month, relative 58 humidity should be kept at 65-75% for all cases (Kader & Hussein 2009). However, in 59 Tunisia, the storage process is not well mastered and date palm fruits are stored arbitrary 60 between 2 and 5 °C. During storage, the ripening-related loss of firmness or softening is due 61 to the cell wall degradation resulting in a lower quality. Fruit softening is a result of changes 62 of the cell wall components, its involve hydrolysis of neutral sugars from pectin side chains, 63 and depolymerisation, which are associated with cell wall degrading enzymes activities, such 64 as polygalacturonase (PG), pectin methylesterase (PME), cellulase, β-galactosidase (β-GAL), 65 and α-arabinofuranosidase (α-ARF) (Deng et al., 2005; Wei et al., 2010; Wang et al., 2018; 66 Gwanpua et al., 2016; Chen et al., 2017a; Chen et al., 2017b; Awad et al., 2011; Murayama et 67 al., 2002; Hasegawa & Smolensky, 1971). In date palm fruits, the most commonly reported 68 modifications indicate a loss of galactose and uronic acid (Gribaa et al., 2013; Awad et al., 69 2011). Nutritional compositions of fruits are also modified during storage, and depend on 70 storage conditions such as time and temperature. Total polyphenol amounts in 'Deglet Nour' 71 date palm decrease slightly with storage time (Jemni et al., (2019) but increase with freezing 72 temperatures (A. A. Allaith, Ahmed, & Jafer, 2012; Biglari et al., 2009; Hazbavi, 73 Khoshtaghaza, Mostaan, & Banakar, 2015), it is probably due to a better extractability of 74 phenolic compounds. Since quality parameters are affected by storage, it is very important to 75 understand the effect of such storage conditions on the different characteristics and on 76 consumers' acceptability of the date palm fruit. Many studies are dedicated to the effect of 77 storage on different fruit and vegetable attributes (Ismail et al., 2008; Harker et al., 2003).

78 Unfortunately, few studies are focused on date palm quality parameters. The ideal 79 storage temperature and time for fresh date palm fruit consumption should be evaluated and 80 identified in order to avoid qualitative and quantitative losses. Therefore, the aim of this work 81 was to assess the effect of cold storage conditions, temperature and time on date palm fruit 82 'Deglet Nour' organoleptic and nutritional composition in order to define the optimum 83 storage conditions.

84 **2. Material and methods**

85 **2.1 Chemical**

86 Polyphenol standards ((+)-catechin, (-)-epicatechin, 4-cafeoylshikimic acid, 5- 87 cafeoylshikimic acid, rutine, isorhamnetin and chrysoeriol) were purchased from 88 Extrasynthese (Lyon, France). Acetonitrile of HPLC grade and methanol were from Carlo 89 Erba Reagents S.A.S (Val de Reuil, France), formic acid, was from Sigma-Aldrich 90 (Deisenhofen, Germany). Ethanol, acetone and sulfuric acid were from Fisher Scientific (Fair 91 Lawn, NJ, USA). Neutral sugar standards (rhamnose, fucose, arabinose, xylose, mannose, 92 galactose, and glucose) were from Fluka (Buchs, Switzerland). N-methylimidazole and acid 93 anhydride were from Acros Organics (Geel, Belgium). Ammonium hydroxide solution 94 (NH4OH) (33%), Sodium borohydride (NaBH4) and acetic acid were from Merck Chimie 95 SAS, an affliate of Merck KGaA, Darmstadt, Germany

96 **2.2 Plant material**

97 'Deglet Nour' date (*Phoenix dactylifera* L.) were hand harvested and collected from 98 Kebeli oasis in the South of Tunisia (33° 42' 7" North and 8° 58' 25" East) at the end of 99 October during two harvest seasons (2017 and 2018). Fruits were collected at the fully 100 maturity stage, i.e. *Tamr* stage, which corresponds to the last physiological stage as described 101 by Hussain et El-Zeid, (1975) and Al-Shahib et Marshall (2003) when date palm fruit colour 102 darken with soft and semi-soft texture. Date palm spikelets (about 25 kg) were transported in 103 plastic boxes at ambient temperature to postharvest laboratory in the Higher Agronomic 104 Institute of Chott Mariem, Tunisia. Date palm fruits were manually detached from the 105 spikelets and sorted to discard infested, immature and damaged fruits in the order to have a 106 homogenous and uniform sample. Date palm fruits were stored in small PET containers (190x 107 115x 58 mm) at -18 $^{\circ}$ C, 0 $^{\circ}$ C, 2 $^{\circ}$ C and 4 $^{\circ}$ C during 3, 6 and 9 months.

108 Thirty date palm fruits were considered for each biological replicate and for each 109 condition (temperature/time pair), leading to 4 temperatures x 3 times x 3 replicates, i.e. 36 110 samples for each year (2017 and 2018).

111 **2.3 Sample preparations**

112 After each storage time, date palm fruits were pitted, cut into small pieces, dropped in 113 liquid nitrogen and stored at -20 °C until delivery to INRAE PACA, (Avignon, France). 114 Samples were then ground in liquid nitrogen using an IKA®A11 basic analytical mill (Ika 115 Labortechnik, Staufen, Germany) in order to obtain a fine homogeneous powder. Fresh 116 powders using for the determination of soluble sugars and organic acids were conserved at - 117 80 °C until analysis whereas samples used for polyphenols, cell wall isolation as Alcohol 118 Insoluble Solids (AIS) and Mid Infrared Spectroscopy determination (MIR) were freeze-dried 119 and finally stored at -20 °C until analysis.

120 **2.4 Mid Infrared Spectroscopy**

121 Mid Infrared Spectra were acquired at room temperature using ATR Tensor 27 FT-IR 122 spectrometer (Brucker Optics, Wissembourg, France) equipped with a single-reflectance 123 horizontal diamond crystal (Golden Gate, Bruker Optics). All date palm fruit samples were 124 analyzed using the dried powder of whole fruit to compare their spectral quality according to 125 the storage conditions. Freeze-dried powder was placed on the ATR (Attenuated Total 126 Reflection) crystal and was pressed with a system press tip flap. The spectra were acquired 127 from 4000 to 600 cm⁻¹ and corrected against the background spectrum of air. Each spectrum 128 was obtained by taking the average of 16 scans. Nine spectra were acquired on different 129 aliquots for each sample to evaluate its heterogeneity. The crystal was cleaned between 130 measurements with deionized water and well dried. Instrument control and spectra collection 131 were performed using OPUS software (version 4.0, Bruker, France) supplied by the 132 equipment manufacturer. The absorption ranged between 2400 and 2200 cm⁻¹, due to carbon 133 dioxide, was discarded prior to the calculation. Spectral pre-processing and multivariate data 134 analysis were performed with Matlab 7.5 (Mathworks Inc. Natick, MA) software using the 135 SAISIR package (Bertrand & Cordella, 2008). Principal Component Analysis (PCA) was

136 applied in order to get an overview of the sample discrimination characterized by their 137 infrared spectral data according to storage conditions and was performed using Matlab 7.5.

138 **2.5 Cell walls or Alcohol Insoluble Solids (A.I.S) preparation**

139 Alcohol Insoluble Solids (AIS) were prepared according to previous papers with some 140 modifications (Renard, Voragen, Thibault, & Pilnik, 1990; Renard 2005). Approximately 2 g 141 of freeze-dried date palm powder were dropped in 15 mL of 96% boiling ethanol and let for 142 30 min. Suspension was then transferred to a 50 mL empty Sep-pack column (Interchim, 143 Montlucon, France) equipped with a sinter of porosity 20 µm. The suspension was washed 144 with ethanol 70% at room temperature until the filtrate was sugar-free as shown by the 145 negative reaction of the phenol sulphuric test (Dubois et al., 1956). Sample was then dried by 146 solvent exchange with acetone: water (v/v 60:40, three times), acetone: water (v/v 80:20, two 147 times) and then with acetone 100% until discolouration of the supernatant. The residue was 148 then dried at 37 °C during 48 h and weighted. AIS yields were expressed in mg/g of Fresh 149 Weight (FW).

150 **2.6 Analysis methods**

151 **Sugars and organic acids**

152 Sugars (glucose, fructose and sucrose) and organic acids (malic acid and citric acid) 153 were quantified using colorimetric-enzymatic methods (Boehringer Mannheim Co., 154 Mannhein, Germany) and expressed in mg/g FW. Absorbance was measured at 340 nm with a 155 SAFAS flx-Xenius XM spectrofluorimeter (SAFAS, Monaco).

156 **Neutral sugar analysis**

157 Neutral sugars from AIS samples were analysed as alditol acetates after acid 158 prehydrolysis and hydrolysis. For the quantification of cellulosic glucose and galacturonic

159 acid, 10 mg of AIS samples were submitted to prehydrolysis by adding 250 µL of 72% 160 sulphuric (1 hour at room temperature) (Saeman, Moore, Mitchell, & Millett, 1954). The 161 solution was then diluted by addition of 1 mL of water and 1 mL of inositol (internal 162 standard). For only neutral sugar quantification no prehydrolysis was carried out, and directly 163 1 mL of 1M sulphuric acid and 1 mL of inositol (internal standard) were added to 10 mg of 164 AIS samples. All Samples were hydrolysed for 3 hours in a heater block at 100 °C. After 165 hydrolysis they were derivatised to volatile alditol acetates (Englyst, Wiggins, & Cummings, 166 1982). Extracts were injected on a GC-FID Clarus 500 (PerkinElmer, Waltham, USA) with a 167 capillary column Optima of 30 m × 0.25 mm, coated with 0.25 µm film thickness 168 (Marcherey-Nagel, Duren,Germany). The conditions were as follows: temperature of 169 injection 250 °C in split mode (1:8 ratio) with injection volume of 1.5 μ L, column flow 35 170 cm/s, oven temperature 230 °C, FID detector (250°C, H2 flow 45 mL/min/pressurized air). 171 Results were expressed in mg/g AIS.

172 **Uronic acids assay**

173 After acid prehydrolysis (Seaman procedure), samples were used to measure their 174 uronic acid contents with a spectrophotometric method at 520 nm using a spectrophotometer 175 (V-530 Jasco, Tokyo, Japan), and the m-hydroxydiphenyl (MHDP) assay as described by 176 Blumenkrantz & Asboe-Hansen (1973) with galacturonic acid as external standard, expressed 177 as anhydrouronic acids (AUA). Results were expressed in mg/g AIS.

178 **Methanol assay**

179 Methanol in AIS samples was determined by Headspace-GC-MS (HS-GC–MS) after 180 saponification using CD₃OH as internal standard as described by Renard & Ginies, (2009).

181 The degree of methylation (DM) was calculated as molar ratio of methanol to uronic acid.

182 **Lignin content**

183 Lignin was analyzed in AIS samples as described by Brahem, Renard, Gouble & Le 184 Bourvellec (2017). The amount of lignin was calculated from a linear calibration curve 185 created with commercial alkali lignin.

186 **Polyphenol quantification**

187 Polyphenol were identified by HPLC-ESI-MS² and their composition was determined 188 by HPLC-DAD with or whitout thioacidolysis as described by Guyot, Marnet, Sanoner & 189 Drilleau (2001). Their identification was performed using an Acquity Ultra performance LC 190 (UPLC) apparatus from Waters (Milford, MA, USA) and their characterization and 191 quantification were performed using an Ultra Fast Liquid Chromatography Prominence 192 system (Shimadzu, Kyoto, Japan) controlled by the LabSolutions software (Version 5.57, 193 Shimadzu, Kyoto, Japan).

Polyphenol identification by HPLC-ESI-MS² 194

195 HPLC/ESI-MS² analysis was performed on an Acquity Ultra performance LC (UPLC) 196 apparatus from Waters (Milford, MA, USA), equipped with a photodiode array detector 197 (detection at 280, 320, 350 and 520 nm) coupled with a Bruker Daltonics (Bremen, Germany) 198 HCT ultra ion trap mass spectrometer with an electrospray ionization source. Separations 199 were achieved using a Kinetex 2.6 μm C18 100A LC column 100x4.6 mm (Phenomenex, 200 Torrence, CA, USA) protected by a guard column of the same material (C18 100A LC 201 column 100x4.6 mm (Phenomenex, Torrence, CA, USA) operated at 30 °C. The mobile phase 202 consisted of water/formic acid (99:1, mL/mL) (eluent A) and acetonitrile (eluent B). The flow 203 rate was 1 mL/min. The elution program was follows: 3-9% B (0-5 min); 9-16% B (5-15 204 min); 16-50% B (15-45 min); 50-90% B (45-48 min); 90-90% B (48-52 min); 90-3% B (52- 205 55 min); 3-3% B (55–60 min). Samples (crude extracts) were injected at a level of 10 μL. For 206 polyphenol characterization, a capillary voltage of 2 kV was used in the negative ion mode. 207 Nitrogen was used as drying and nebulizing gas with a flow rate of 12 L/min. The desolvation 208 temperature was set at 365 °C and the nebulization pressure at 0.4 MPa. The ion trap was 209 operated in the Ultrascan mode from m/z 100 to 1000.

210 **Polyphenol quantification by HPLC-DAD**

211 Separations were achieved using a Kinetex 2.6 µm C18 100A LC column 100x4.6 mm 212 (Phenomenex, Torrence, CA, USA) operated at 30 °C. The mobile phase consisted in 213 water:formic acid (99:1, v/v) (eluent A) and acetonitrile (eluent B). The flow rate was 1 214 ml/min. The elution program was as follows: 3-9% B (0-5 min); 9-16% B (5-15 min); 16-50% 215 B (15-45 min); 50-90% B (45-48 min); 90-90% B (48-52 min); 90-3% B (52-55 min); 3-3% 216 B (55–60 min). 20 µl of samples were injected. Quantification was achieved by comparaison 217 with standard solutions of known concentrations at 280 nm for (+)-catechin, (-)-epicatechin 218 and (-)-epicatechin benzyl thioether (quantified as (-)-epicatechin); at 320 nm for 219 cafeoylshikimic hexoside-1, cafeoylshikimic hexoside-2, 4-cafeoylshikimic acid, 5- 220 cafeoylshikimic acid, cafeoylsinapoyl hexoside; at 350 nm for flavonols (quercetin quantified 221 as quercetin-3-rutinoside and isorhamnetin quantified as isorhamnetin rutinoside and 222 isorhamnetin hexoside) and for flavones (quantified as chrysoeriol rhamnosyl hexoside and 223 chrysoeriol hexoside sulfate).The average degree of polymerisation was calculated with the 224 molar ratio of all flavan-3-ol units (thioether adducts plus terminal units) to (-)-epicatechin 225 and (+)-catechin corresponding to terminal units. Results were expressed in mg/g of Fresh 226 Weight and total polyphenol content quantified as the sum of the individual compounds.

227

228 **Statistical analysis**

229 Results are presented as mean values of biological triplicates for each storage 230 temperature and time. Data are reported as pooled standard deviation (Pooled SD). Pooled 231 SDs were calculated for each series of replicates using the sum of individual variances 232 weighted by individual degrees of freedom (Box, Hunter, & Hunter, 1978). Statistical analysis

233 were established using XLSTAT package of Microsoft Excel. Significant differences (p<0.05) 234 between means and interactions between variables were evaluated by two-way ANOVA and 235 Tukey's multiple range test.

236 **3. Results**

237 **3.1 Mid-infrared spectroscopy**

238 A Principal Component Analysis (PCA) was carried out using the spectral data in the 239 range between 1500 and 900 cm^{-1} in order to evaluate the possibility of using these data to 240 discriminate date palm samples according to their storage conditions (Fig. 1). The 241 eigenvectors associated with this PCA were represented in Fig. 2. The first two components 242 (PC1 and PC2) explained more than 85% of the total variance with 66.7 % for the PC1 and 243 18.7% for the PC2 respectively. As regards to the years, the 2017 samples were more 244 gathered than the 2018 ones probably in relation with a highest variability in 2018 than in 245 2017. The storage conditions did not involve change of date palm characteristics in 2017 246 whereas in 2018, samples were separated in two clusters; one of which was overlapped with 247 2017 samples. In 2018, the storage conditions impacted the date palm quality by separating on 248 the left samples stored during 3 and 6 months (T3 and T6) at 2° C and 4° C from the others. 249 This spectral region considered as the fingerprint region (1500 and 900 cm⁻¹) corresponds to 250 the absorption of fruit major components, such as sugars, and bands are assigned to C-O, C-C, 251 O-C-H, C-O-H stretching or bending vibrational modes (Talari, Martinez, Movasaghi, 252 Rehman, & Rehman, 2017). This spectral range contains qualitative and quantitative 253 information about sugars, organic acids, cell walls and phenolic compounds, as demonstrated 254 in Bureau et al. (2012) and Canteri et al., (2019). In our work, the main absorptions were 255 observed at 983 cm⁻¹ characterizing the samples localized on the left of the map in opposition 256 with a cluster of peaks around 1028 cm^{-1} characterizing the samples on the right (Fig. 3). This

257 area incorporates bands typical of soluble sugars (glucose, fructose, sucrose) such as bands 258 assigned to the C-O and C-OH stretch (1025, 1055 cm⁻¹) and of polyphenols (1200 cm⁻¹) 259 which are the abundant chemicals in date palm fruit, bands typical of polysaccharides 260 (cellulose and pectins) assigned to O-C-H stretch $(972, 982 \text{ cm}^{-1})$.

261 **3.2 Cell wall yields and compositions**

262 The AIS content of 'Deglet Nour' date palm were 104.4 mg/g and 74.3 mg/g Fresh 263 Weight (FW) for 2017 and 2018 respectively (Table 1). They were in the range of those found 264 by Gribba et al., (2013) and Mrabet et al., (2012) but much lower than those reported by 265 Benchabane et al., (2000) which are 346 mg/g and 310.4 mg/g FW of AIS content 266 respectively in 'Deglet Nour' and 'Ghars' cultivars at *Tamr stage.* The difference could be 267 due to factors affecting fruit quality such as year with specific pedoclimatic conditions or 268 agricultural practices or the used of different analytical methods that introduce some 269 variations in the content of extracted components (Myhara et al., 2000; Gribba et al., 2013; 270 Shafiei et al., 2010; Mustafa et al., 1986) Date palm fruits were richer in AIS content than 271 other fruits like apple, i.e. 17 mg/g to 25 mg/g FW (Le Bourvellec et al., 2011), pear, i.e. 28 272 mg/g FW (Le Bourvellec et al., 2013) and apricot, i.e. 30.5 mg/g FW (Femenia et al., 1998a), 273 but contained less than fig flesh cell, i.e. 110 to 160 mg/g FW (Trad et al., 2014).

274 The AIS compositions of whole fruit date palm were characterized by a high amount 275 of lignin (up to 268 mg/g CWM for 2018), cellulosic glucose (up to 137 mg/g CWM for 276 2018) and galacturonic acid (up to 175 mg/g CWM for 2018) (Table 1). Xylose was the main 277 non-cellulosic neutral sugar in the AIS (between 63 and 101 mg/g CWM in 2017 or 2018), 278 followed by arabinose (22-28 mg/g CWM in 2017 and 2018) and galactose (17-22 mg/g 279 CWM for 2017 and 2018). Non-cellulosic glucose, mannose, rhamnose and fucose were only 280 minor components (< 10 mg /g CWM). Mrabet et al., (2012) reported also that in some date 281 palm fruit cultivars such as the 'Deglet Nour' cultivar, lignin was the major component 282 followed by cellulose and uronic acid which is in agreement with our observations. Gribaa et 283 al., (2013) have shown that in date palm cell walls the major non-cellulosic polymers are 284 pectins and not hemicelluloses. Mrabet et al., (2012) found that xylose, arabinose and 285 galactose were the major neutral sugars present in date palm fruit. The composition of date 286 palm cell walls indicated a prevalence of lignin, cellulose, pectins and associated material, the 287 degree of methylation of pectins was >50%, reaching 86% in 2017. Xylose might originates 288 from xylogalacturonans as the other diagnostic sugars for hemicelluloses i.e. non-cellulosic 289 glucose, fucose, and mannose were present in low amounts. These sugar patterns are 290 comparable to those reported by Mrabet et al., (2015) and Elleuch et al., (2008). In our 291 experiment, AIS contents varied with the year and were statistically lower in 2018 than in 292 2017 (Table 1). However, storage time had no effect on AIS yield content meaning that cell 293 wall contents were stable over time whatever the temperature (Table 1), in contrast to other 294 fruits where cell walls contents change considerably during storage (Chen et al., 2015; 295 Femenia, Sánchez, Simal, & Rosselló, 1998b; Murayama, Katsumata, Horiuchi, & 296 Fukushima, 2002; Kim et al., 1999).

297 The year effect was significant for all components, except methanol contents, this 298 could be due to the pedoclimatic conditions. As function of storage time, a significant 299 increase was observed in lignin, cellulosic glucose, fucose, rhamnose, whereas a decrease in 300 galactose content was observed. This tendency may be related to galactose degradation by 301 galactosidase as this enzyme was identified as active enzyme during ripening (Serrano et al., 302 2001), which resulted to an apparent increase on lignin and other neutral sugars. Gribaa et al., 303 (2013) also observed a loss of galactose during ripening. In the same way, in our experiments 304 no change was observed for galacturonic acid, xylose and non-cellulosic glucose. A

305 significant slightly increase in mannose and arabinose contents was also observed. This trend 306 in increasing arabinose levels is contrary to other studies showing its decrease (Ahmed & 307 Labavitch, 1980 ; Brahem et al., 2017) or its stability (Gribaa et al., (2013) in different fruit 308 species during ripening. This difference could be due to lower arabinose contents in other date 309 palm fruits (Elleuch et al., 2008), and to specific enzymatic activities of date palm fruit as 310 function of time, like galactosidase which increased with ripening (Serrano et al., 2001) and 311 low degrading arabinofuranosidase and/or arabinanase during the fruit maturation in specific 312 conditions (Gribaa et al., (2013).

313 The storage temperatures also impact the cell wall composition (Table 1) especially pectic 314 polysaccharides. With the temperature increase, galacturonic acid, galactose and arabinose 315 contents decreased whereas an increase in cellulosic glucose content was observed. The other 316 neutral sugar contents were not affected by storage temperatures. Galacturonic acid and 317 neutral sugars changes with increasing temperature could be explained by the pectin 318 depolymerisation and hydrolysis of neutral sugars from pectin side chains (Brummell, 2004; 319 Zhang et al., 2010) due to an increase in both polygalacturonase and β-galactosidase activities 320 during storage (Serrano et al., 2001).

321 **3.3 Sugars and organic acids**

322 Sucrose was the main sugar in 'Deglet Nour' date palm fruit, followed by both, 323 glucose and fructose, almost in the same concentration. Sucrose contents were 268 mg/g in 324 2017 and 353 mg/g FW in 2018) (Table 2) followed by glucose up to 161 mg/g FW in 2017 325 and fructose up to 137 mg/g FW in 2017. Sucrose concentrations were in accordance with 326 other results such as 238 mg/g FW in 'Deglet Nour' date palm (Al-Farsi & Lee, 2008) and 327 239.8 to 350.9 mg/g FW (Ben-Amor et al., 2016). According to Jemni et al., (2019), glucose 328 and fructose concentrations range from 142.8 to 235.8 mg/g FW and from 96.3 to 130.5 mg/g 329 FW respectively, in agreement with the present data.

330 Malic acid was the main organic acid in 'Deglet Nour' date palm fruit, followed by 331 citric acid. Their concentrations were 4.40 mg/g FW in 2017, 2.39 mg/g FW in 2018 for malic 332 acid whereas for citric acid its content did not exceed 1.57 mg/g FW in 2018. This was in 333 agreement with Ghnimi et al., (2018), who found that malic acid is predominant in some 334 Emirati dates ranging from 0.86 to 3.43 mg/g FW, and citric acid ranging from 0.11 to 1 mg/g 335 FW.

336 Characterizing date palm fruit using infrared spectral data showed that the most 337 discriminating region was between 1500 and 900 cm⁻¹. This region is well described to 338 contain the bans of absorption of sugars, the main components of date palm fruits (Bureau et 339 al., 2019). The observed data obtained with MIRS (Figure 1) were in accordance with the 340 PCA performed on the sugar and organic acid contents (results not shown), which clearly 341 separated samples according to the year but not to the storage temperature. The sugar and 342 organic acid contents of date palm fruits varied depending on the considered year. Le 343 Bourvellec et al., (2015) also found that year significantly affects primary metabolite contents 344 in tree apple cultivars. This was mainly due to different pedoclimatic conditions as function of 345 year.

346 Sucrose contents were significantly affected by storage time and temperature. 347 Generally, sucrose contents decreased with time for the different temperatures from 268 to 348 134 mg/g FW in 2017 and from 354 to 211 mg/g FW in 2018, except a slight increase or no 349 changes at -18 °C in the two years. These results are in agreement with the study of Jemni et 350 al., (2019) who found the same sucrose decrease in freezing 'Deglet Nour' date palm (0 $^{\circ}$ C, -351 40 °C and -80 °C) stored during 10 months. Alhamdan, A. M., & Al-Helal, I. M. (2008) 352 showed also a significant decrease in sucrose content in 'Barhi' freezing date palm for 3, 6 353 and 9 months independently to the storing method. Glucose contents were significantly 354 affected by temperature but not by storage time (Table2). Glucose contents increased 355 generally, with increasing temperature (Table 2). On the contrary, fructose contents were 356 significantly affected by storage time but not by temperature (Table 2). Fructose contents 357 increased with time for the different freezing temperatures and whatever the year. According 358 to Ismail et al., (2008) and Jemni et al., (2019) respiration which could occur during storage, 359 combined with a slowly hydrolysis of sucrose could explain the changes and variation 360 between different sugars (glucose and fructose). An increase of total soluble sugars occurs 361 also in strawberry fruits stored at 6 °C indicating that a new biosynthesis had taken place 362 during storage (Cordenunsi et al., 2005).

363 Citric acid contents presented an opposite trend according to the year. In 2017, citric 364 acid contents increased with storage time whereas in 2018 they decreased. Moreover, this 365 effect was also function of the temperature, especially in 2017. While citric acid contents 366 increased with the storage time at -18 $^{\circ}C$, 0 $^{\circ}C$ and 2 $^{\circ}C$, its contents were quite stable at 4 $^{\circ}C$. 367 These results are in agreement with those of Jemni et al., (2019) who found that the titratable 368 acidity of 'Deglet Nour' date palm increases after storage at 0 °C from 0.18 to 2.02 g/100 g 369 FW. Malic acid contents were highly affected by storage time. In 2017, they decreased 370 significantly with storage time at the lowest temperatures (-18 \degree C and 0 \degree C), and were quite 371 stable at 2 °C and 4 °C. However, in 2018 no change was observed in malic acid contents 372 except a slight decrease at 2 °C and 4 °C after only 6 and 9 months. Other authors also shown 373 opposite trend according to storage as function of fruit botanical origin: Remberg et al., 374 (2010) found that titratable acidity in 'Summered' apple fruit increases after four months at 375 low temperature (1 °C) while Dziedzic & Blaszczyk, (2019) reported that organic acids in 376 sweet cherry cultivar 'Regina' decrease after a storage at 2°C for two weeks. The results 377 observed could be due to difference in metabolic pathway.

378 So, according to malic and citric acid behaviour, we could estimate that $2 \degree C$ and $4 \degree C$ 379 were the best temperatures for storing date palm fruits.

380 **3.4 Polyphenols**

381 Four major polyphenol groups were identified in 'Deglet Nour' date palm fruit 382 including flavan-3-ols, flavonols, flavones and hydroxycinnamic acids (Table 3). A total of 11 383 individual compounds were identified and quantified (Table 3). These groups coincide with 384 those found previously in Deglet Nour date palm cultivar (Hammouda, Chérif, Trabelsi-385 Ayadi, Baron, & Guyot, (2013)). The content of polyphenols ranged between 13.9 (2017) and 386 12.1 (2018) mg/g of FW, in accordance with Hammouda, Chérif, Trabelsi-Ayadi, Baron, & 387 Guyot, (2013). Among the four major groups, procyanidins were the predominant class 388 accounting for 98% of total polyphenols, i.e. 13.5 (2017) and 11.9 (2018) mg/g of FW, close 389 to the 12.44 mg/g FW found by Hammouda, Chérif, Trabelsi-Ayadi, Baron, & Guyot, (2013). 390 (−)-Epicatechin was always the predominant constitutive unit, accounting between 97% and 391 98% of total constitutive units in 'Deglet Nour fruit whereas (+)-catechin was only present as 392 terminal unit and accounted from 0.1% to 0.5% of the total constitutive units. The average 393 degree of polymerization (DPn) of procyanidins ranged between 32 (2017) and 38 (2018). 394 This DPn varies depending on the fruit type, variety, maturation stage and fruit tissue 395 (Hammouda, Chérif, Trabelsi-Ayadi, Baron, & Guyot, 2013) and is highly linked to 396 astringency perception (Lea & Arnold, 1978). However date palm fruit at *Tamr stage* (full 397 ripe) and especially 'Deglet Nour' are not perceived as astringent (Myhara et al., 2000) even 398 if their DPn is high (Haslam and Lilley, 1988).

399 This discrepancy between analytical characterization and perception can be explained 400 by the complexity of the date palm fruit matrix, its high sugar contents, and interactions 401 occurring between procyanidins and cell wall polysaccharides after cellular rupture during 402 mastication (Renard, Baron, Guyot, & Drilleau, 2001) which compete with formation of 403 adducts with proteins and so with sensory perception. Concerning flavan-3-ols, any 404 monomers were detected, specifically in the Deglet Nour fruit.

405 In our study, the DPn of procyanidins were affected by year, storage time and 406 temperature. A significant increase was found after 6 and 9 months of storage at 0, 2 and 4 $^{\circ}$ C 407 (From 32 in fresh date palm before storage to 45 after 9 months at 0° C) (Table 3). This could 408 be due to a preferential degradation of low molecular weight procyanidins. Compared to 409 procyanidins, the other polyphenol classes (i.e., hydroxycinnamic acids, flavonols and 410 flavones) were present in very low concentrations (Table 3). Hydroxycinnamic acids 411 accounted for less than 2% of total polyphenols in the fruits. Hammouda, Chérif, Trabelsi-412 Ayadi, Baron, & Guyot, (2013) have shown that hydroxycinnamic acids account for 0.7 % of 413 total polyphenols in date palm fruit ('Deglet Nour' and 'Ftimi' cultivar). The main component 414 of this class was 5-cafeoylshikimic acid followed by 4-cafeoylshikimic acid as previously 415 reported in 'Deglet Nour' date palm (Hammouda, Chérif, Trabelsi-Ayadi, Baron, & Guyot, 416 2013). The other hydroxycinnamic acid compounds, i.e. the two cafeoylshikimic hexoside 417 and cafeoylsinapoyl hexoside were present in lower amount.

418 Flavonols in Deglet Nour date palm fruit were mainly quercetin and isorhamnetin 419 glycosides. Only one quercetin glycoside and two isorhamnetin glycosides were found, i.e. 420 isorhamnetin hexoside which was in higher concentration than isorhamnetin rutinoside.

421 Flavones were mainly chrysoeriol (luteolin 3′-methylether) glycosides. Two 422 chrysoeriol glycosides were found, i.e. chrysoeriol rhamnosyl hexoside and chrysoeriol 423 hexoside sulfate present in the same contents.

424 All these concentrations and relative composition of each class are consistent with 425 previous works (Hammouda, Chérif, Trabelsi-Ayadi, Baron, & Guyot, 2013; Mansouri et al. 426 2005 and Hong et al., 2006).

427 Polyphenol contents were significantly affected by year but not by storage time and 428 temperature. The storage did not provide a significant loss of total polyphenol compounds. 429 This was mainly due to the fact that procyanidins were stable during storage (Table 3). 430 However, the other minor phenolic compounds tended to decrease with storage time and 431 temperature probably because of their susceptibility to browning or due to their low content, 432 their slightest variation may induce an effect. Le Bourvellec et al., (2018) also found that 433 apricot phenolic contents were not affected by storage. Total phenolics and flavonols were 434 also stable at low temperature (6 °C) in strawberry fruits (Cordenunsi et al., 2005).

435 Storing date palm at low temperatures did not affect polyphenol amounts. In contrast 436 to many fruits that tend to lose stability over storage (Kevers et al., 2007), dates are relatively 437 stable. Thus, based on this experiment, date palm fruits could be stored at the highest 438 temperatures (2 or 4° C) in the aim to guarantee the maximal shelf life with minimal costs.

439 **4. Conclusion**

440 The use of a non-destructive and non-targeted method as infrared spectroscopy and 441 specific chemical characterizations such as sugars, organic acids, polyphenols and cell walls 442 allowed to evaluate the behavior of 'Deglet Nour' date palm fruits during storage at different 443 temperatures during two years. The principal results concerned a good stability of the date 444 palm fruits during storage. However, significant differences were highlighted between the 445 two-harvest years for all studied parameters and spectra, which can be attributed to the effect 446 of agronomic and climatic conditions. The main polyphenols, i.e. procyanidins, were stable 447 with time and temperature, some losses were observed only for minor compounds. The 448 changes of cell wall during storage were linked to the depolymerisation of pectins and the loss 449 of their side chains, whereas the total content of cell wall was stable.

450 Then, in order to prolong the shelf-life of dates for a long-term period and minimize 451 global costs, 2° C must be considered as the optimal temperature.

452 **Table 1. AIS yields (mg/g fresh weight), neutral sugars and lignin content (mg/g AIS) of 'Deglet Nour' date fruit during storage at different temperatures in the two harvest seasons(2017 and 2018).**

 $+jj$

454 Rha: rhamnose, Fuc: fucose, Ara: arabinose, Xyl: xylose, Man: mannose, Gal: galactose, NC Glc: Non-Cellulosic glucose 454 Rha: rhamnose, Fuc: fucose, Ara: arabinose, Xyl: xylose, Man: mannose, Gal: galactose, NC Glc: Non-Cellulosic glucose
455 determinated without Seaman hydrolysis, C Glc: Cellulosic glucose deteriminated with Saeman hydr

456 uronic acids, MeOH: methanol, DM: degree of methylation, Lig: lignin, S.Time: Storage time, S.Temperature: Storage

457 temperature.
458 Pooled SD: p

458 Pooled SD: pooled standard deviation, F-value: Fisher's value

459 * Significant at *^p* <0.0001; ** Significant at *^p* <0.05

460 **Table 2. Sugars and organic acids (mg/g FW) variation of 'Deglet Nour' date fruit during storage at different** 461 **temperatures in the two harvest seasons (2017 and 2018). Statistical results (Pooled SD, two-way ANOVA) and**

interaction effects between variables.

463

464 S.Time: Storage time, S.Temperature: Storage temperature
465 Pooled SD: pooled standard deviation, F-value: Fisher's val

465 Pooled SD: pooled standard deviation, F-value: Fisher's value
466 * Significant at $p \le 0.0001$; ** Significant at $p \le 0.05$ * Significant at $p \le 0.0001$; ** Significant at $p \le 0.05$

Table 3. Total polyphenols, procyanidins (mg/g of FW) and minor phenolic compounds (µg/g of FW) variation of 'Deglet Nour' date fruit during storage at different temperatures in **two harvest seasons (2017 and 2018). Statistical results (Pooled SD, two-way ANOVA) and interaction effects between variables.**

468 PCA: procyanidins, , DP: average degree of polymerization of procyanidins, %CAT: percentage of (+)-catechin as terminal unit, % EC:
469 percentage of (-)-epicatechin as terminal unit, %EC_{ext}: percentage of (-)-epica

469 percentage of (-)-epicatechin as terminal unit, %EC_{ext}: percentage of (-)-epicatechin as extension unit, , CSH1: Cafeoylshikimic 470 hexoside 1, CSH2: Cafeovlshikimic hexoside 2, CSA4: 4-cafeovlshikimic acid, CSA5: 5

470 hexoside_1, CSH2: Cafeoylshikimic hexoside_2, CSA4: 4-cafeoylshikimic acid, CSA5: 5-cafeoylshikimic acid, CSpH: cafeoylsinapoyl

471 hexoside, QR: Quercetin-3-rutinoside, IhR: isorhamnetin rutinoside, IhH: isorhamnetin hexoside ChRh: chrysoeriol rhamnosyl hexoside, ,

472 ChhS: chrysoeriol hexoside sulfate, Total PP: total: total polyphenols, S.Time: Storage time, S.Temperature: Storage temperature, F-value:

473 Fisher's value, * Significant at *^p* <0.0001; ** Significant at *^p* <0.05

Fig 1. PCA results on mid-infrared spectral data between 1500 and 900 cm⁻¹ based on storage conditions of Deglet Nour'. The code corresponds to the year (17 : 2017 ; 18 : 2018), to storage time (T0 : initial time ; T3 : 3 months storage; T6 : 6 months storage and T9 : 9 months storage) and to the temperature (18 : -18 °C; 0 : 0 °C; 2 : 2 °C; 4 : 4 °C and te : **control). A) as function of the year B) as function of the storage time C) as function of the storage temperature**

Eigenvectors associated to PCA results (A), (B) and (C) on FT-IR spectra (1500-900 cm¹)

26

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