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# 1 Identifying the resource use and circularity in farm systems: focus on the 2 energy analysis of agroecosystems

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## 6 Highlights:

- 7 • A farm was analyzed using a new systemic energy assessment that includes both socio-economic  
8 and agroecosystemic flows.
- 9 • With energy flows associated to mineralization, natural mechanisms are taken into account in the  
10 energetic assessment.
- 11 • Circularity is a promising indicator for assessing the resilience of resources in an agricultural  
12 production system.

## 13 Keywords:

14 Agricultural production system, energy stocks, energy flows, associated ecosystem,  
15 circularity, soil mineralization.

## 16 Abstract:

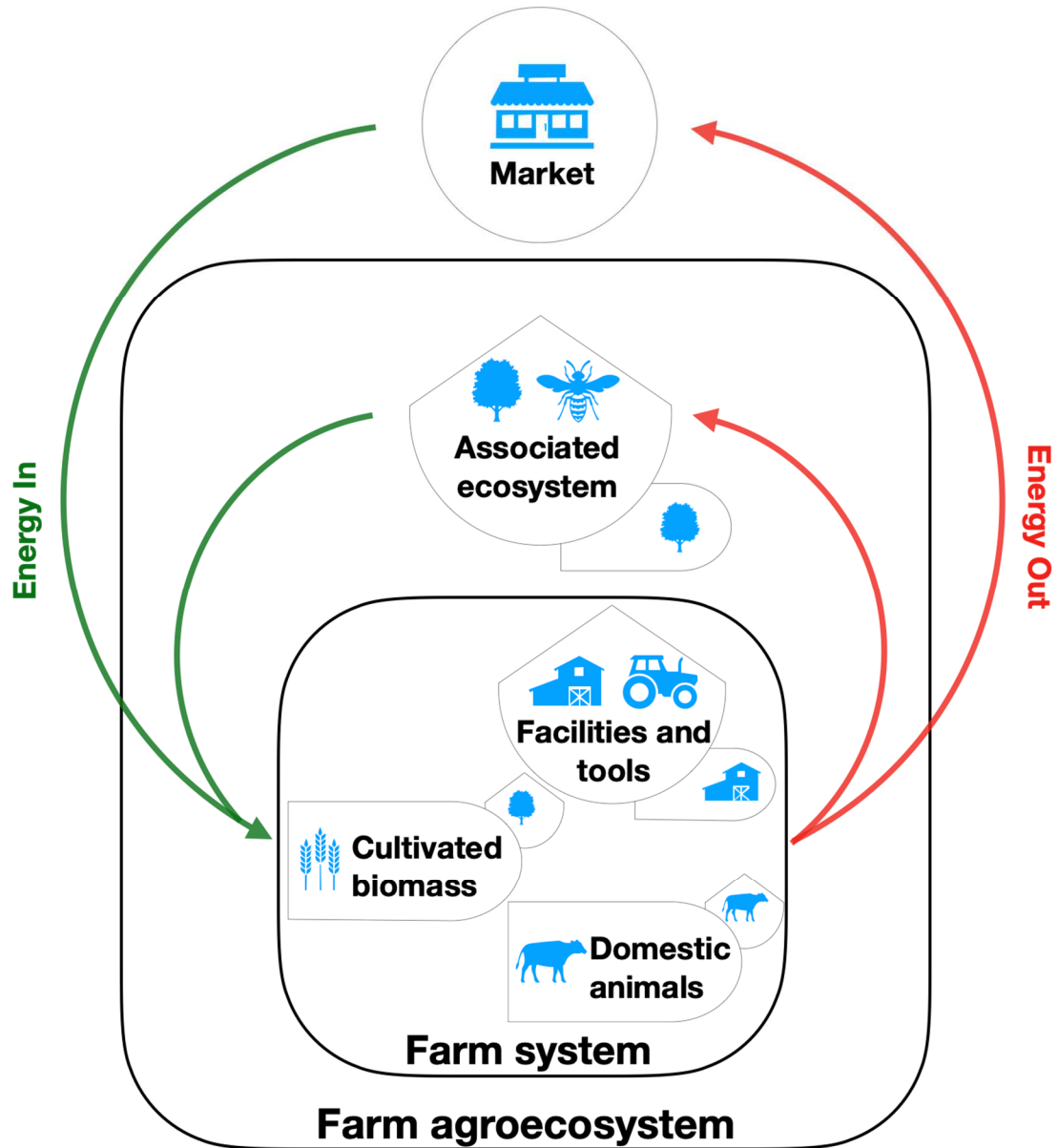
17 An innovative method is described, assessing the energy flows in farm systems. These  
18 systems represent both a socio-economic activity and an agroecosystem. Both market and ecosystem  
19 flows are inventoried, focusing on farm agroecosystem circularity of the reinvested biomass. An  
20 original system representation is proposed, where process and energy storage sub-systems are  
21 distinguished. Biotic energy storage, identified as an Associated Ecosystem (AE) is included. Soil  
22 mineralization, reflecting soil activity, was selected as a proxy for services provided by the AE. The  
23 present approach was tested on an existing French mixed farm case study. Contrasting scenarios were  
24 proposed to test the model and the two sets of selected indicators. EROIs (Energy Return On Energy  
25 Invest) evaluate the current system performance through resource use efficiency. Circularities reflect  
26 the system resilience.  $Circ_{in}$  (Inflow Circularity) indicates the system self-sufficiency and the extent to  
27 which the farm activity is based on the AE. Temporal stability is assessed by the steadiness of the  
28  $Circ_{in}$  versus  $Circ_{out}$  (Outflow Circularity) relationship. The Crop production scenario presents best  
29 performance. Specialized and intensive systems present lower  $Circ_{in}$  values. Furthermore, contrasting  
30 Circularities were observed for the intensive breeding scenario, while homogenous results were  
31 obtained for the extensive mixed-farming scenario. This method takes a new step towards the  
32 integration of circularity and ecosystem support functions in the energy analysis of farm systems.

33 Firstly, it provides indicators of performance and resilience. Secondly, as a key feature for sustainable  
34 agriculture, it highlights the relationship between agricultural activity and its associated ecosystem.

35

36 **Graphical abstract:**

37



38

39 **1. Introduction**

40 Modern agriculture is facing crucial challenges (Foley et al., 2011). Farm systems need to  
41 adapt their production level and productivity to provide a balanced diet for a growing population while  
42 ecosystems must be preserved and the use of non-renewable resource inputs should be restrained (see  
43 Sustainable Development Goals target 2.4). These resources are not only limiting but also have a

44 strong impact on the climate, which in turn threatens the resilience of biomass production (Altieri et  
45 al., 2015). In response to these challenges, new production modes, such as agroecology or organic  
46 farming, are emerging. However, tools are still required for assessing their potential benefits and  
47 trade-offs. Farm systems can be defined as both (i) agroecosystems (i.e. a modified ecosystem  
48 submitted to agricultural activity) interacting with the ecosphere (i.e. the environmental and natural  
49 mechanisms), and (ii) socio-economic activities interacting with the technosphere (i.e. related to  
50 human activities). The sustainability of an agricultural production system, which will henceforth be  
51 referred to as a farm agroecosystem, involves both dimensions, i.e. natural resources (i.e. sun, water,  
52 organic matter) and socio-economic inputs.

53 Different tools and methods such as Ecological Network Analysis (ENA) or Life Cycle  
54 Assessment (LCA) can be used for assessing the performance of agricultural systems (Huysveld et al.,  
55 2015; Stark et al., 2019). However, for two main reasons, energy analysis is particularly relevant when  
56 the efficiency of resource exploitation and sustainability of the farm agroecosystem are to be assessed  
57 (Hercher-Pasteur et al., 2020). On one hand, for a given ecosystem, energy represents a  
58 thermodynamic state variable (Jørgensen, 2015) characterizing the biotic trophic chain, self-  
59 organization and ecosystem development (Odum, 1988). On the other hand, energy is a key driver for  
60 increasing agriculture productivity. Since the beginning of fossil fuel energy exploitation, the world  
61 population has grown from 1 to 8 billion humans, while areas cultivated for agricultural purposes have  
62 only increased by 67% (Smil, 2000). Technological advances have revolutionized human productivity,  
63 comfort and increased Gross Domestic Production, although it has been at a severe cost. Our present  
64 model is based on the use of non-renewable fossil resources, that is changing our global climate, and  
65 leading the world into the Anthropocene (Steffen et al., 2018).

66 Initially, the energy analysis of an agricultural production system bases its framework on the  
67 assessment of direct (e.g. fuels) and indirect (i.e. the embodied energy of the production and transport  
68 of an input) energy requirements, with particular focus on the socio-economic inputs and outputs  
69 (Dalgaard et al., 2001; Fathollahi et al., 2018; Pimentel, 1976). The efficiency of the system is  
70 investigated in terms of heating values, which are generally represented by the Energy Return On  
71 Investment (EROI) ratio. This approach has the advantage of being comparable to present-day  
72 economic concerns (Stolarski et al., 2018), and is used as a proxy for environmental performance  
73 (Green House Gas, GHG, emissions) (Arrieta et al., 2018; Gomiero et al., 2011). However  
74 “externalities” such as natural and biotic flows and associated environmental impacts are not taken  
75 into account. Other energetic approaches offer a more ecological point of view (e.g. emergy) by  
76 considering natural renewable and non-renewable resources (Martin et al., 2006). Recent studies have  
77 presented a circular perspective on energy assessment, based on the internal biomass reinvested in the  
78 agroecosystem (i.e. the unharvested biomass), and involved in the maintenance of its functionalities  
79 (Guzmán et al., 2015; Harchaoui and Chatzimpiros, 2019; Parcerisas and Dupras, 2018). With its role

80 in biotic energy storage, soil organic matter has also become a significant component in the energetic  
81 balance (Fan et al., 2018; Jordan, 2016).

82 According to these new features, and to an extensive review of the different energetic  
83 assessments applied to agricultural production systems (Hercher-Pasteur et al., 2020), the research  
84 question to address is: “How can energy analysis be used for assessing and establishing an efficient  
85 and sustainable agricultural production system?” The objectives of the present work are to combine  
86 external input-output flows, internal flows, circularity and internal energy stocks and to assess the  
87 services provided by the agroecosystem. A generic and operational method is proposed for evaluating  
88 the energy profile and sustainability of a farm agroecosystem. Through energy, the following  
89 framework contributes towards an exhaustive evaluation of the resources mobilized by the agricultural  
90 production system, both from the ecosystem (internal flows) and from the market (external flows).  
91 Sustainability is assessed via two temporal dimensions (Therond et al., 2017): the first is related to  
92 short term and current performance, the second is based on long term and resilience (i.e., stability over  
93 time and the capacity to resist to external shocks). Current performance was measured by focusing on  
94 resource use efficiency through a set of *EROIs*, and integrating the agroecosystem in the flow  
95 inventory. To evaluate the resilience of the system, the circularity between farm activity and its  
96 agroecosystem was selected by distinguishing two steps in the circularity: Inflow Circularity and  
97 Outflow Circularity, respectively *Circ<sub>in</sub>* and *Circ<sub>out</sub>*. The operational objective aims at providing a set  
98 of accessible indicators of performance, stability and self-sufficiency, in order to support decision-  
99 making, to reduce the dependence on fuel and chemical-based inputs and to promote ecosystem  
100 services.

101 Section 2 describes the initial energy assessment method, which is illustrated by a case study  
102 on a mixed-farming system. In addition, three contrasting scenarios (i.e., intensive breeding, intensive  
103 crop production and extensive mixed-farming systems) have been compared. Section 3 presents the  
104 results with flow diagrams and an input/output table. Finally, the ability to assess the potential  
105 sustainability of the farming system, the relevance of the method and its limits are discussed in section  
106 4.

107

## 108 **2. Material and Method**

### 109 **2.1. Theoretical construction of the method**

110 This work shares common methodological principles with agroecological energy analysis  
111 (AEA) (Guzmán Casado and González de Molina, 2017; Tello et al., 2016), emergy (Cavalett et al.,  
112 2006; Odum, 1984) and Life Cycle Assessment (LCA) (Hauschild and Huijbregts, 2015).

113 As for AEA, the present energy assessment model resembles a bio-economic concept  
114 (Georgescu-Roegen, 1977; Mayumi, 2001) where two types of natural resources are considered: fund

115 resources (implying circularity to maintain productivity, i.e. a biological resource) and stock resources  
116 (finished resource according to its extraction benefit / cost ratio, i.e. a fossil resource). In accordance  
117 with AEA, the farm system is comparable to an agroecosystem, requiring circular energy flows (in the  
118 form of biomass) to maintain its structure and functions. The present method therefore assesses the  
119 whole amount of biomass produced by the agricultural system in terms of Net Primary Production  
120 (NPP).

121 Emergy analysis is carried out by applying a systemic approach to the farm system model,  
122 according to an energy flow diagram (Ferraro and Benzi, 2015) where two main sub-system  
123 typologies are distinguished, i.e. producer and storage sub-systems. A sub-system can be defined as a  
124 "producer" when, at the end of the transformation process, it aims at obtaining material or energy  
125 products (e.g. the cultivated biomass or livestock that provide food, the biomass plant or the  
126 photovoltaic plant producing an energy vector). A sub-system can be qualified as "storage" when,  
127 during its process, it can provide services (e.g. the tractor and its associated tools that prepare the field,  
128 the biodegradation of biomass by soil living organisms to provide available nutrients to plants)  
129 (Jordan, 2016). Energetic services represent the sum of useful work plus energy dissipation.

130 Moreover, as for LCA, flow inventory is based on a life cycle perspective where all the direct  
131 and indirect energy flows required by the farm system to operate from cradle to farm gate are  
132 considered.

133 The proposed method combines the circular energy flow perspective of the AEA, several  
134 elements of system representation in emergy analysis and the flow inventory as performed in LCA. It  
135 can be applied following 5 steps: i) flow inventory, ii) energy conversion, iii) flow representation, iv)  
136 calculation of the indicators and v) interpretation. Concerning flow inventory, a farm audit crossed  
137 over with all available administrative documents is performed in order to describe the characteristics  
138 of the farm (e.g. building, tools, fertilizer consumption, etc.) and of the agroecosystem (e.g. pedo-  
139 climatic conditions, land configuration, soil samples). According to the vegetal biomass yields, all  
140 biomass production can be calculated using product:residue ratios and root:shoot ratios from the  
141 literature (Guzmán et al., 2014). Energy conversion, based on heating values, is computed using the  
142 Cumulative Energy Demand (CED) (e.g. Ecoinvent database) for external inputs, and the Gross  
143 Calorific Value (GCV) for internal flows of biomass (e.g. Feedipedia or Feedtable database). Finally,  
144 the energy flow configuration and indicators are computed and discussed.

## 145 **2.2. System modelling**

146 The model represents the farm system at a steady state via four interconnected sub-systems  
147 that reflect the different components of the agricultural production system at the intersection between  
148 the ecosphere and technosphere: i) Cultivated biomass, ii) Domestic animals, iii) Facilities and tools,  
149 iv) Associated ecosystem. Figure 1 illustrates all the potential flows.

150 The Cultivated Biomass (CB) sub-system refers to the vegetal biomass intentionally produced  
 151 and managed by the farmer. This corresponds to all agricultural land and cultivated meadows. The  
 152 biomass produced can be mobilized by other production processes (e.g. animal feed, anaerobic  
 153 digestion plants, etc.) or exported to the market (biomass sold). The other major use of produced  
 154 biomass will be to supply organic matter to the agroecosystem (i.e. the unharvested biomass).

155 The Domestic Animals (DA) sub-system involves animals raised within a farm system.  
 156 Presently, the main function of animal breeding is to produce milk or meat, with a sustainable  
 157 livestock turnover rate (i.e. fund resource). However, before the Industrial Revolution and today in  
 158 certain traditional farm systems, its main function consists in providing energetic services (i.e. field  
 159 labour or transport).

160 The Facilities and Tools sub-system (FT) refers to all the machines, tools and facilities  
 161 employed by Man for increasing power, ability, performance and comfort. This sub-system involves  
 162 the “exosomatic” instruments of the farm, i.e. based on power that is external to the agroecosystem  
 163 (Georgescu-Roegen, 1977; Jordan, 2016). FT mainly provides support for cultivating biomass and  
 164 animal breeding. However, it can also be a source of material and energy products by transforming  
 165 biomass or direct natural resources into other products of interest (e.g. sun radiation can be converted  
 166 into electricity using photovoltaic panels, biomass into methane using a biogas plant, and grain into  
 167 flour using a mill).

168 Finally, “Associated Ecosystem” (AE) represents the portion of the ecosystem associated to  
 169 the agricultural production system. This concurs with Tello et al. (2016) who modelled an  
 170 interconnected sub-system called Associated Biodiversity. AE refers to ecosystem mechanisms and to  
 171 the natural biomass that provide regulating and supporting services to agroecosystems. These include  
 172 nutrient recycling by microbial soil communities, water recycling, or pollination. In contrast with FT,  
 173 AE involves the “endosomatic” instruments of an agroecosystem.

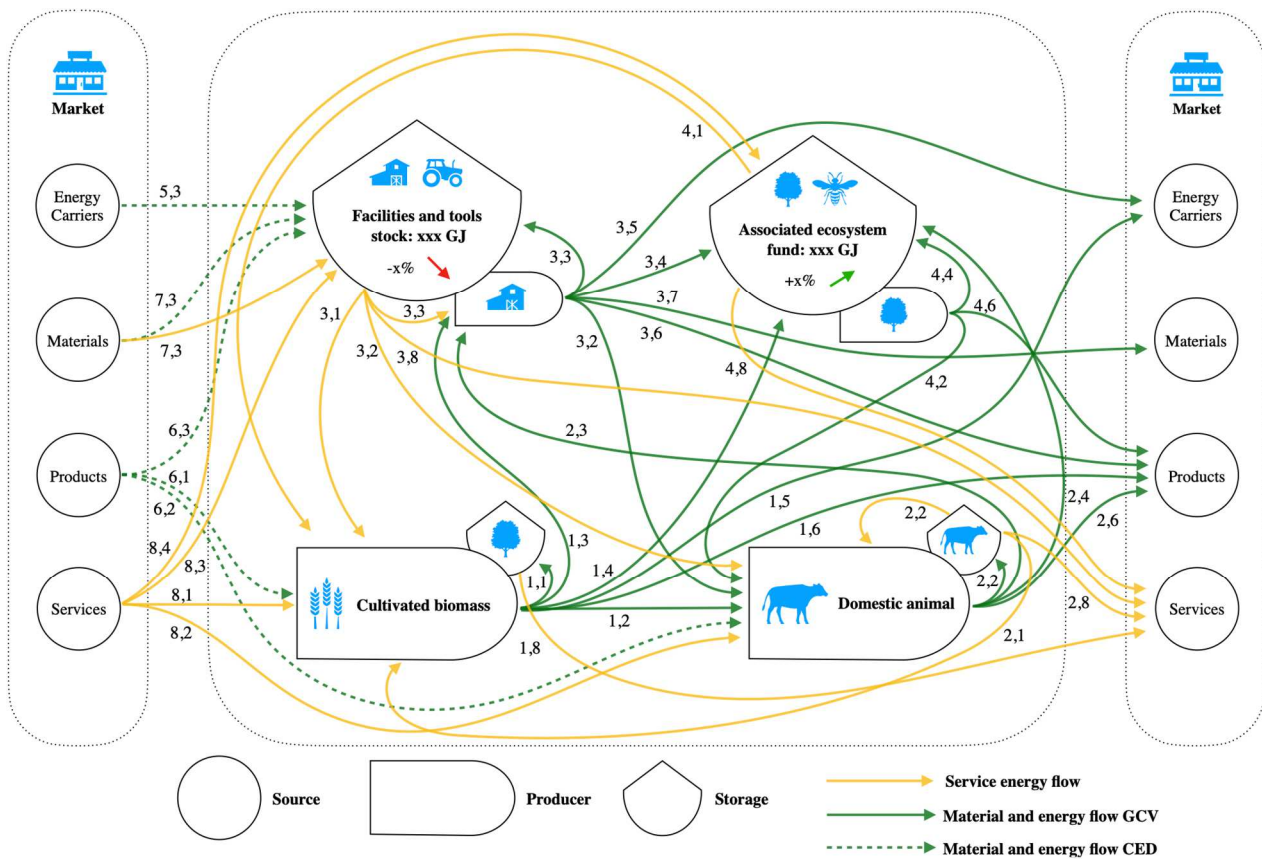
174 Figure 1 depicts an aggregated energy system diagram, based on the Odum's (1971) scheme  
 175 convention, and on the input-output table (Tab. 1). Each sub-system merges storage and production,  
 176 according to how they predominantly define the type of sub-system. Agroecosystem farms interact  
 177 with an external market that provides and receives four types of external inputs described in the  
 178 section below. The green lines represent the material and energy flows and the yellow line the support  
 179 and services energetic flows. Stock variations are represented for storage sub-systems, i.e. FT and AE  
 180 (green arrows indicate an increase in stock, while red arrows indicate a decrease in stock). Arrow  
 181 numbering refers to the input output table energy flows presented below with the same colour code.

182  
 183 Table 1: Generic input-output table of material and energy flows and energetic service flows (*in*  
 184 *italic*), discriminating external from internal flows

1	2	3	4	5	6	7	8
	INTERNAL INPUT				EXTERNAL INPUT		
Cultivated biomass	Domestic animal	Facilities & tools	Associated Ecosystem	Energy Carriers	Products	Materials & equipment	Services

INTERNAL OUTPUT	1	<b>Cultivated biomass</b>	Seeds and accumulated biomass	Animal feed	Biomass for processing	Unharvested biomass	Biomass for heating	Biomass without process	-	(Farming class)	
	2	<b>Domestic animals</b>	(Animal labour)	Animal birth (Herding)	Biomass for processing	Animal dejection	-	Meat, milk, animal dejection	-	(Animal labour)	
	3	<b>Facilities &amp; tools</b>	(Cultural practices support)	Animal feed (Animal production support)	On-farm energy carrier (Support to farm process)	Compost, digestate	-	Biofuels, electricity	Biomass processed	Wood lumber & tools	(Housing, rental of tools)
	4	<b>Associated Ecosystem</b>	(Nutrient & water recycle)	Natural pasture	-	Unharvested, accumulated biomass	-	-	Foraging medical and food plants	-	(Ecotourism)
EXTERNAL OUTPUT	5	<b>Energy carriers</b>	-	-	Fuel, electricity	-	-	-	-	-	
	6	<b>Products</b>	Purchased seeds, fertilizers, pesticides	Purchased animal feed	Paint, grass, replacement	-	-	-	-	-	
	7	<b>Materials &amp; equipment</b>	-	-	Purchased material (Amortization)	-	-	-	-	-	
	8	<b>Services</b>	(Plant assessment)	(Veterinary)	(Repair)	(Ecological assessment)	-	-	-	-	

185



186

187 Figure 1: Generic energy flow diagram of the farm system. Arrow numbers refer to the input-  
188 output table (line, column).

189 **2.3. Flow inventory**



190 The market produces the external flows. These are organized into four categories: i) energy  
191 carriers, ii) materials and equipment, iii) products and iv) services.

192 An energy carriers comprise all inputs necessary for operating tools and machines (see table 1,  
193 flow 5,3). Material and equipment involves a fixed capital acquired for constituting the FT sub-system  
194 stock. Products comprise consumable inputs that ensure machine maintenance or productive processes  
195 (e.g. fertilizer, agrochemical products, animal feed, medication, paint, spare parts). Services include  
196 diverse external activities required by a farm system (e.g. agronomic advice, veterinary, mechanic,  
197 etc.). To compute the energetic value of this external input, the embodied energy mobilized by the  
198 operator (e.g. energetic cost of transport) to provide the service is evaluated. In order to evaluate the  
199 state of health and depreciation rate of the fixed capital, amortization is classified as an energetic  
200 service.

201 On-farm energy flows are produced by the agroecosystem and are expressed in gross calorific  
202 values (GCV). These flows are mobilized in a production process in order to obtain a new product  
203 (e.g. animal feed biomass for producing milk, biomass to obtain an energy carrier). They can also be  
204 employed as energy carriers to fuel a process (e.g. electric power from photovoltaic panels) or  
205 invested within a storage sub-system (e.g. biomass used in FT such as timber). The inputs invested  
206 from producer sub-systems into the AE stock associate unharvested biomass, animal excretions, and  
207 co-products such as digestate from a biogas plant, with flows (1,4), (2,4) and (3,4) respectively (Table  
208 1).

209 Direct solar energy was not taken into account as it can mask the remaining flows. Here the  
210 amount of solar energy appropriated by the plant was investigated, considering the entire biomass  
211 production of the system (i.e. Net Primary production of the system) (Guzmán et al., 2018; Haberl et  
212 al., 2013).

213 On-farm energetic service flows generated by the agroecosystem were more difficult to  
214 measure since they involve both complex and intangible processes, particularly for the AE. Farm  
215 services essentially provide support for the farm producer sub-system (e.g. CB and DA) but can also  
216 be used as external outputs such as housing, ecotourism, or rental of tools and animal labour (see  
217 Tab.1 and Fig.1). This should, partly, depend upon the capital stock of the sub-systems (e.g. richness  
218 in biodiversity and landscape of the agroecosystem, bedroom equipment, etc.) Indeed, these types of  
219 services can be assessed through an input-output analysis of the system.

220 For FT, all consumed energy carriers are transformed into mechanical work and entropy.  
221 Depending on how a machine is utilized, the consumed energy is allocated to support cultivating  
222 practices (mainly fuel consumption), animal production or process production, corresponding to flows  
223 (3,1), (3,2) and (3,3) respectively (see Tab.1 and Fig.1). The depreciation of materials is integrated  
224 within these flows. According to a similar logic, the service provided by animal labour is equivalent to  
225 the total amount of energy consumed by the latter. To avoid double counting, energy exported by  
226 animals is deducted (i.e. the manure invested into the AE and the product exported to the market).

227 In addition to photosynthetic energy from sunlight, the ability of the AE to provide energetic  
228 services (and in extent to produce entropy) partly depends on the amount of energy stored within the  
229 system that supports natural services, i.e. the accumulated carbon biomass in the system. According to  
230 the Soil Organic Matter (SOM), soil appears to represent the main source of carbon stock (Minasny et  
231 al., 2017), with a role in the biotic energy storage of the AE. The energy services provided by the AE  
232 are characterized using soil mineralization processes (see flow (4,1) in Tab.1). Soil provides essential  
233 ecosystem services (Vidal Legaz et al., 2017) including nutrients and water regulation, food and fiber  
234 production, and climate change mitigation with the carbon stock (Minasny et al., 2017). It plays a  
235 central role in agriculture productivity and sustainability (Amin et al., 2020; Dornbush and von Haden,  
236 2017; Pimentel et al., 2012). However, soil still remains a complex opaque matrix (Geisen et al., 2019)  
237 which is yet under investigation in order to better understand the soil biota and interactions involving  
238 SOM, nutrient availability, water-holding capacity, etc.... (Barrios, 2007; Dominati et al., 2010; Oldfield  
239 et al., 2019; Vogel et al., 2018). Nonetheless, soil mineralization indicates soil activity and is a  
240 measurable and available type of data. It is considered as a proxy for services provided by the  
241 associated ecosystem.

242 Soil mineralization depends on the structure and composition of the soil, on the local climate,  
243 and on the local biota. For practical reasons, agronomic science uses a mineralization coefficient ( $k_2$ )  
244 corresponding to a specific pedoclimate condition applied to SOM. It can be defined according to a  
245 formula based on soil samples (Boiffin et al., 1986; Girard et al., 2011; Mary and Guerif, 1994) or  
246 through a model such as AMG (Saffih-Hdadi and Mary, 2008) (See supplementary material, section  
247 1).

#### 248 **2.4. Taking energy stocks into account**

249 The first mandatory step in understanding and describing the services provided by a farm  
250 system is to define its present stock. In the case of the AE, SOM was considered to be the master  
251 driver of the energetic stock, acting as a “bio-battery” for the agroecosystem. As AE is a fund system,  
252 its dynamic depends on the energy flows invested in it (in terms of biomass) and on the energy loss (in  
253 terms of mineralized SOM). The other form of biotic energy storage is the biomass accumulated on a  
254 perennial plant that can offer specific services and support (e.g. Soil erosion control, shelter for  
255 animals, biodiversity habitats). Compared to SOM, their potential for energy storage remains low  
256 (Pellerin et al., 2017). Nevertheless, they hold a key role in the reinforcement of SOM (Pimentel et al.,  
257 2012). The AE stock is defined as the average SOM of the different land use typologies and the  
258 accumulated biomass present on perennial plant.

259 For FT, the energy used to build the different infrastructures and equipment in terms of CED  
260 was taken into account and weighted according to the time already spent (see eq. in supplementary  
261 material). The longer the lifespan, the less is the stock depreciation. The larger the capital in FT, the  
262 greater is its capacity to provide services. However, unlike AE, FT is an exosomatic instrument, i.e. a

263 stock system in constant depreciation. Its renewal ought to depend on inputs provided by the  
264 technosphere, which is presently essentially derived from non-renewable resources (i.e. minerals and  
265 fossil resources).

## 266 **2.5. Indicators used in the assessment**

267 A large variety of energetic indicators has been used to assess the farm system (Hercher-  
268 Pasteur et al., 2020). To evaluate the performance, focus is put on the Energy Return On Investment  
269 ratio (EROI) (Hall, 2017), i.e. the efficiency of the system.

$$270 \quad (1) \quad EROI = \frac{O_M}{I_M}$$

271 with  $O_M$  (MJ) the sum of the outputs from the farm to the market and  $I_M$  (MJ) the sum of the  
272 inputs from the market to the farm. EROI is not sufficient for describing farm system dimensions  
273 (Tello et al., 2016). Therefore, in addition to conventional EROI, an Agroecosystem EROI has been  
274 presented as follows:

$$275 \quad (2) \quad EROI_{Ag} = \frac{O_M + O_{AE}}{I_M + I_{AE}}$$

276 where  $O_{AE}$  (MJ) is the sum of the outputs from the farm to the associate ecosystem and  $I_{AE}$   
277 (MJ) the sum of the inputs from the associated ecosystem to the farm. Considering the farm system as  
278 a socio-economic activity, EROI represents the energy efficiency between the cumulative energy  
279 consumed from the market and the energy produced for the market. Agroecosystem EROI combines  
280 socio-economic flows with associated ecosystem dynamics. This essentially represents SOM stock  
281 dynamics, thus highlighting both the amount of biomass invested in the associated ecosystem and the  
282 service provided in the opposite direction.

283 In order to better assess circularity within the system, circularity indicators proposed by  
284 Tanzer (2020) were selected. In the present framework, circularity characterizes the relationship  
285 between the flows issued or invested from/to the associated ecosystem (AE) and the total energy  
286 consumed or produced. Two indicators are used. Inflow circularity (eq. 4) describes the portion of  
287 energy provided by the AE (i.e. soil mineralization) relative to the total energy consumed by the  
288 agroecosystem. It can be associated to an indicator of self-sufficiency which would reveal to what  
289 extent the farm system depends on flows coming from the AE. Outflow circularity (eq. 5) describes  
290 the portion of vegetal biomass left to the AE relative to the total biomass produced (i.e. the NPP).

$$291 \quad (3) \quad Circ_{in} = \frac{I_{AE}}{I_M + I_{AE}}$$

$$292 \quad (4) \quad Circ_{out} = \frac{O_{AE}}{O_M + O_{AE}}$$

## 293 **2.6. Case study**

294 The case study concerns a real 39 hectare (ha) mixed organic farm located in western France  
295 (Maine-et-Loire). Its main products are milk and cereal. The farm owns 30 livestock unit (LU)

296 equivalents grazing over 10 ha of permanent pastures. There are 18.5 ha of temporal pastures and 10.5  
297 ha dedicated to crops (wheat, rapeseed, sunflower, rye, maize and fodder beet). Part of the crop  
298 production is consumed on the farm (as animal feed) while the rest is transformed (i.e. into flour and  
299 oil) and sold directly to the local market. The farm possesses a traditional barn and a new barnstable.

300 Crop rotation is organized according to an eight-year cycle corresponding to five years of  
301 temporal pasture and three years of commercial culture. In a similar way, 9 ha have been dedicated to  
302 agroforestry, i.e. introducing trees in field crops.

303 SOM values are obtained from the average of soil samples collected by the farmer on the  
304 different land types (i.e. permanent pasture (4.5% of SOM), temporal pasture (2.90%) and crop  
305 (2.30%)). The mineralization coefficient ( $k_2$ ) is 2.2% and has been calculated according to the  
306 equation of Mary and Guerif (1994) (see supplementary material). In order to assess the volume of  
307 biomass stock accumulated on hedges, 2 types of hedges (i.e. implemented hedges and young hedges)  
308 were classified according to the Bouvier typology (Simon et al., 2018). Isolated trees and trees  
309 implemented for agroforestry have also been included in the total stock of biomass (see supplementary  
310 material for detailed data).

## 311 **2.7. Scenarios to test the method**

312 In order to exemplify the use of the model and the energetic indicators identified for assessing  
313 the farm system, 3 contrasting scenarios were investigated. These have been named: i) Intensive  
314 breeding scenario, ii) Intensive vegetal production scenario and iii) Extensive mixed-farming scenario  
315 (see supplementary material for a comparative description of the scenarios and case study).

316 For the intensive breeding scenario, the herd based on the maximum nitrogen unit per hectare  
317 allowed (i.e. 170kg of N unit/ha) and based on the farmers recommendation was increased, resulting  
318 in a 90 LU herd. In this scenario, the installation of new facilities has also been considered to support  
319 milk production (1000 m<sup>2</sup>).

320 The second scenario suggests animal production is halted, to be replaced by an exclusively  
321 vegetal biomass production. In this scenario, crops were focused on 20 ha of wheat, 9 ha of rapeseed,  
322 5.5 of barley and 4.5 ha of sunflower. Transformation activities were maintained on the farm (flour  
323 and oil) in order to preserve a certain degree of comparability.

324 In the extensive mixed-farming scenario, a seven-year cycle is proposed, based on four years  
325 of temporal pasture working as fallows (i.e. 22.5 ha) and three years of commercial culture (i.e. 5.5ha  
326 of wheat, 5.5ha of rapeseed and 5.5ha of barley). The livestock was reduced so it might keep a role as  
327 a storage sub-system rather than a producer sub-system. Indeed, to replace mowing practices,  
328 domestic animals have a role in maintaining meadow productivity by grazing over an extensive  
329 pasture (6000 kg.ha<sup>-1</sup> of grass dry matter). The livestock intake ratio (MJ/LU), the electric  
330 consumption ratio (kWh/LU) and the veterinary expenses (\$/LU) were all maintained as before. This  
331 results in a 10 LU for the extensive scenario. Milk productivity per LU fell by 22% (Clark et al., 2006)



354 renewable resources (see supplementary material). Another noteworthy flow is the amortization of the  
 355 material and equipment that constitute the fixed capital (7,3), mainly due to the energy embodied in  
 356 facilities.

357 The farm system diagrams of the different scenarios (see supplementary material) indicate that  
 358 on one hand purchased feed is the major external input for intensive breeding. On another hand, in the  
 359 case of an intensive vegetal production scenario, fuel for the tractor and electricity for processing are  
 360 the main flows. Unlike the case study and extensive scenario, both intensive scenarios reveal  
 361 unbalanced flows between what is invested in the AE and what is provided by the latter for cultivated  
 362 biomass. Both present lower energetic service flows provided by the AE due to changes in land use  
 363 (more crop fields with lower SOM and less mineralization). Simultaneously, more inputs are invested  
 364 in the AE (scenario 1 due to animal feed import, scenario 2 due to an increase in yield with the use of  
 365 fertilizers).

366

367 Table 2: Input Output table of the case study in GJ. Energetic services are in *italic* (see  
 368 input/output table of the different scenarios in supplementary material)

		1	2	3	4	5	6	7	8	
		INTERNAL INPUT				EXTERNAL OUTPUT				
		Cultivated biomass	Domestic animal	Facilities & tools	Associated Ecosystem	Energy Carrier	Products	Materials & equipment	Services	Flows provided
INTERNAL OUTPUT	1 Cultivated biomass	20.9	2741.7	201.4	2943.8	0.0	0.0	-	<i>(0.0)</i>	<b>5908</b> <i>(0)</i>
	2 Domestic animals	<i>(0.0)</i>	26.6 <i>(0.0)</i>	0.0	902.9	-	327.0	-	<i>(0.0)</i>	<b>1257</b> <i>(0)</i>
	3 Facilities & tools	<i>(211.7)</i>	55.4 <i>(142.9)</i>	0.0 <i>(62.3)</i>	0.0	0.0	145.9	0.0	<i>(0.0)</i>	<b>201</b> <i>(417)</i>
	4 Associated Ecosystem	<i>(1964.8)</i>	0.0	-	0.0	-	0.0	-	<i>(0.0)</i>	0 <i>(1965)</i>
EXTERNAL INPUT	5 Energy carriers	-	-	416.9	-	-	-	-	-	<b>417</b>
	6 Products	4.9	482.0	0.0	-	-	-	-	-	<b>487</b>
	7 Materials & equipment	-	-	0.0 <i>(135)</i>	-	-	-	-	-	0 <i>(135)</i>
	8 Services	<i>(0.0)</i>	<i>(13.2)</i>	<i>(43)</i>	<i>(0.0)</i>	-	-	-	-	<i>(56)</i>
Flows received		<b>26</b> <i>(2176)</i>	<b>3306</b> <i>(58)</i>	<b>618</b> <i>(204)</i>	<b>3847</b> 0	0	<b>473</b> 0	0	-	

### 369 3.2. Farm agroecosystem efficiency and circularity

370 In the case study, the *EROI* (0.43) is low (Tab.3), when compared for example with other  
 371 organic dairy farm studies (1.7) (Smith et al., 2015). This is due to the amount of forage purchased,  
 372 but also to the choice of model and to the use of CED (i.e. in addition to the embodied energy of the  
 373 purchased forage, the GCV of the biomass is considered). This farm is presently going through a

374 transition period, reducing its animal activities and reinforcing vegetal production. These might  
 375 account for certain yield values observed during the case study that forced the farmer to purchase feed.  
 376  $EROI_{ag}$  is greater than one (1.41). This can be explained by important flows reinvested within the farm  
 377 (3847 GJ) (Tab.2).  $Circ_{out}$  results (89%) indicate that the main part of the output is invested in the  
 378 system.  $Circ_{in}$  results are lower, with 64% of the input coming from the agroecosystem.

379 The intensive breeding scenario presents a similar  $EROI$  (0.47) to that of the case study and a  
 380 higher  $EROI_{ag}$  (1.98). A higher  $EROI_{ag}$  is due to an important increase in manure transferred to the  
 381 AE. At the same time, changes in land use (fewer pastures and more crops) lead to a reduction in the  
 382 mineralization rate and consequently in the energetic service provided by the AE. As the flow of  
 383 manure to the AE is in the numerator (output) while the energetic service is in the denominator  
 384 (input), the resulting  $EROI_{ag}$  rises.  $Circ_{in}$  and  $Circ_{out}$ , respectively 29% and 83%, show contrasting  
 385 results that suggest an unbalanced situation. The Intensive breeding scenario increased its facilities to  
 386 support new livestock (90LU), and increase FT stock (7678 GJ). Even though the use of machines and  
 387 engines is larger, a strong increase in facilities leads to a lower depreciation rate.

388 For the intensive vegetal production scenario, the  $EROI$  (4.3) and the  $EROI_{ag}$  (4.77) are both  
 389 higher. Firstly, this is because there are no more cows with their associated metabolic loss. Secondly  
 390 the use of fertilizer, and particularly nitrogen, has boosted the yields. In this scenario, the  $Circ_{out}$  was  
 391 observed to be the lowest value (52%) relatively to the  $Circ_{in}$  (47%). Here, the stock of cultivated  
 392 biomass was highest (129 GJ) as it requires a larger amount of seeds to be sowed. The depreciation  
 393 rate of FT is most significant due to a higher use of engines without modification of FT stock (2664  
 394 GJ).

395 The Extensive mixed-farming scenario presents an  $EROI$  of (2.11) and an  $EROI_{ag}$  of (2.79).  
 396 The reduction in the presence of animals leads to a higher amount of biomass invested in the system  
 397 and exported from the system. This is also the result of a lower consumption of external inputs.  
 398 Fertilizers were not used and engines were only dedicated to the reaping of crops and not for any  
 399 mowing of pasture. In this scenario,  $Circ_{out}$  and  $Circ_{in}$  present most similar results, respectively 83%  
 400 and 78%.

401

402 Table 3: Indicators and Stocks for the Case study and for the 3 scenarios

		Mixed-farming case study			Scenario 1: intensive breeding			Scenario 2: intensive vegetal production			Scenario 3: extensive mixed-farming		
k	relative												
		GJ	$\Delta$ Stock	%	GJ	$\Delta$ Stock	%	GJ	$\Delta$ Stock	%	GJ	$\Delta$ Stock	%
EROI	EROI	0.43			0.47	112 %		4.30	1013 %		2.11	498 %	
	Agroecosystem EROI	1.41			1.98	141 %		4.77	340 %		2.79	199 %	
	Output circularity	89 %			83 %			52 %			83 %		
	Input circularity	64 %			29 %			47 %			78 %		
Associated Ecosystem		89287	1882	2.1 %	69050	7101	10.3 %	65129	6201	9.5 %	74931	3270	4.4 %
	Facilities & tools	2664	-154	-5.8 %	7678	-278	-3.6 %	2664	-197	-7.4 %	2664	-158	-5.9 %

<b>Domestic animals</b>	133	-1	-0.9 %	394	-3	-0.8 %	0	0	0 %	42	36	0 %
<b>Cultivated biomass</b>	73	4	5.7 %	80	4	5.2 %	129	4	3.2 %	84	4	4.9 %

403

## 404 4. Discussion

### 405 4.1. Capacity of indicators to support decision making in favor of sustainability

406 Sustainable farming implies that present needs should be met without compromising the  
 407 ability of future generations to deal with their own requirements (Brundtland, 1987). Two temporal  
 408 dimensions of sustainability have been considered (see introduction) to which answers will be given  
 409 via the proposed indicators.

410 With the *EROI* ratio, the current performance of the system (i.e. short term sustainability) is  
 411 described through resource use efficiency, focusing on the ability of the system to produce an output  
 412 according to the amount of inputs consumed. *EROI* and *EROI<sub>ag</sub>* show equivalent tendencies (Fig.3).  
 413 The introduction of soil organic matter in the *EROI<sub>ag</sub>* flattens *EROI* variations between scenarios thus  
 414 reflecting the capacity of the agroecosystem to produce biomass. The scenario with a complete vegetal  
 415 production logically demonstrates higher *EROI* since it has one process stage less than before (i.e.  
 416 livestock transforming vegetal biomass into milk and meat). In the case of the intensive breeding, the  
 417 *EROI* was similar to the case study with a higher *EROI<sub>ag</sub>*. Modifications in land use tended to increase  
 418 biomass production (corn silage) while, simultaneously, energetic services provided by the AE  
 419 (pastured land to crop land with lower SOM) decreased. This resulted in a higher *EROI<sub>ag</sub>* compared to  
 420 the case study. However, the unbalanced situation in the circularity ratio of the intensive scenario  
 421 (Fig.3) calls for a closer investigation on the degree of sustainability of the systems.

422 With less stored energy to provide internal energetic services, intensive breeding becomes  
 423 more dependent upon external inputs, and more sensitive to resource availability and price variations.  
 424 In addition, Circularity ratios of scenario 1 indicate an important provision in organic matter  
 425 associated with a lower rate of mineralization. A first assumption suggests that the “bio-battery” of the  
 426 system charges when the *AE Δ stock* is high (Tab. 3). A second assumption suggests this unbalanced  
 427 situation (i.e., Contrasted Circularity) could damage the “bio-battery” when the level of charge is too  
 428 high. The persistent issue related to nitrate leaching in intensive breeding systems seems to confirm  
 429 this second assumption. In contrast, extensive mixed-farming (scenario 3) demonstrates the most  
 430 balanced In/Out Circularity. In terms of resource uses, Circularity and the AE state of charge are  
 431 significant indicators when assessing the resilience of a system. Further studies are still required to  
 432 confirm this tendency.

433 The results of the case study need to be weighted. Considering a normal yield for permanent  
 434 grassland, the farm might be self-sufficient in terms of animal feed, thus significantly increasing its  
 435 resource use efficiency. The extensive mixed-farming system appears to be the most sustainable one,



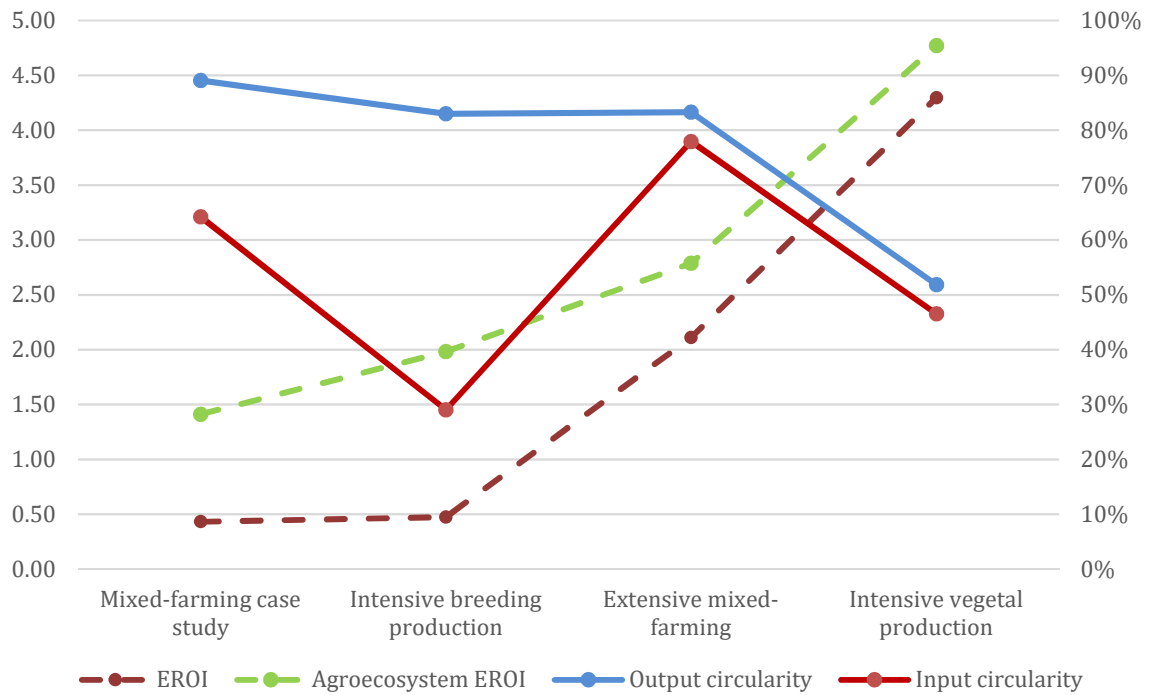
436 with an *EROI* reaching 2 and a high and balanced Circularity (Fig.3). By increasing the complexity of  
437 the farm system, the different functions of a process and in particular the services provided by one  
438 process to another are enhanced. However, economic viability has not been assessed. Currently, the  
439 farmer's first source of income represents the milking activity. By dividing the livestock by three, the  
440 economy would be clearly impacted. Therefore, it is assumed that by rather reducing the time devoted  
441 to animal husbandry (e.g. only one milking per day, free pasture, etc.), the farmer would gain more  
442 time for other types of income.

#### 443 **4.2. Interpretation of the proposed indicators**

444 Regarding the interpretation of the indicators, no direct relationship seems to exist between  
445 *EROI* and Circularity. However these two indicators each present complementary information. *EROI*  
446 allows for the system current performance to be quantified, while circularity reflects the resilience of  
447 the system (See supplementary material, figure 6). The value of *Circ<sub>in</sub>* indicates to what extent the  
448 system is based on internal flow from the AE and is self-sufficient. The lower the *Circ<sub>in</sub>*, the more the  
449 system will be governed by external inputs and sensitive to external socio-economic shocks.  
450 Moreover, a system based on its AE implies a functional agroecosystem with reinforced capacity to  
451 resist to external environmental shocks (e.g. better water retention in a soil makes it more resistant to  
452 drought episodes). Another interesting outcome concerns the degree of balance between *Circ<sub>in</sub>* and  
453 *Circ<sub>out</sub>*. On one hand, low *Circ<sub>in</sub>* and high *Circ<sub>out</sub>* suggest investment in the AE without relying on it  
454 (i.e. intensive breeding scenario) and eventually causing deterioration (e.g. risk of pollution such as  
455 eutrophication). On the other hand, high *Circ<sub>in</sub>* and low *Circ<sub>out</sub>* suggest that the farm activity depends  
456 on its AE without any investment on it and that this may compromise farm agroecosystem stability  
457 over time. On the contrary, a strong and balanced circularity suggests a highly resilient system.

458 In the light of the case study and different scenarios, the purchase of animal feed (i.e. the case  
459 study and the intensive breeding scenario) generates low *EROI*. On the other hand, the presence of  
460 animals promotes high values of *Circ<sub>out</sub>* (Fig.3), thus favoring the establishment of a strong and  
461 balanced circular system. Nevertheless, it is the production of vegetal biomass that appears to be the  
462 most efficient system. Consequently, a sustainable agricultural production system could enhance the  
463 production of plant biomass with the introduction of a minimum amount of animal production. This is  
464 the case for scenario 3 (extensive mixed-farming system) that presents the most balanced dimensions  
465 for sustainability (see a radar graph representation in supplementary material, section 6)

466



467  
468  
469  
470  
471

Figure 3: Graphical representation of EROIs and Circularity indicators for the case study and different scenarios. The EROI value is represented on the left. The circularity value is indicated on the right.

### 472 4.3. Significance and suitability of the framework

473 A picture is worth more than a thousand words (Brown, 2004). Indeed, an energy flow  
474 diagram provides a better assessment of the different energy flows present in the farm system as well  
475 as a first mandatory step for the farmer and the stakeholders to comprehend the agricultural production  
476 system. The introduction of a sub-system called Associated Ecosystem should reveal the master  
477 internal flow that maintains farm agroecosystem functions (Guzmán et al., 2015).

478 The conversion of a conventional industrial farming system towards agroecology practices can  
479 be a difficult challenge. However, by mobilizing the concept of energy efficiency, which is already  
480 present in farm management schemes, and by using the present energetic approach, which is based on  
481 thermodynamic laws, a conventional farming system can be encouraged to take up more sustainable  
482 practices.

483 Indeed, the capacity to mobilize endosomatic energy relies on the energy stored in the  
484 agroecosystem (Jordan, 2016). The more the latter provides energetic services, less is the need for  
485 exosomatic energy to produce a significant output. This statement represents another opportunity for  
486 decision-makers to propose policies, where incentives aim at agricultural production systems that  
487 promote energy storage in the agroecosystem. The significance of these measures could be doubled, if  
488 energetic services were provided and if climate mitigation could be implemented (through biotic  
489 carbon storage and reduction in the use of exosomatic energy).

#### 490           **4.4. Limits and perspectives of the method**

491           The use of soil mineralization is a primary attempt in expressing the services provided by an  
492 ecosystem. This requires precise data, since the mineralization coefficient has an incidence on the  
493 results. Nevertheless, recent advances in the modelling of mineralization (Clivot et al., 2019) and  
494 satellite imagery (Vaudour et al., 2019) ought to improve the data and its accessibility. In addition, a  
495 better description of the different components that contribute to mineralization (e.g. soil biota) should  
496 help characterize specific services provided by the AE. Indeed, a service provided by the ecosystem  
497 includes the self-organization of the trophic chain biota, which is associated to biodiversity  
498 (corresponding to flow (4,4) in table1). The internal regulation of functions in agroecosystems largely  
499 depends on the existing biodiversity (Altieri, 1999), which contributes to the enhancement of nutrient  
500 availability and to the reduction in crop diseases (Roese et al., 2020; Zhang et al., 2020). The notion of  
501 services raises the question of related knowledge and information. The Energetic representation of this  
502 information still represents a flaw in this kind of energy assessment. A promising line of research was  
503 proposed by Jorgensen who suggested using Eco-exergy (Jørgensen, 2015) in order to express the  
504 information embodied in the Ecosystem.

505           Traditionally, energy efficiency focuses on the ability of a process to provide an output, and  
506 aims at minimizing energetic losses with a negative view on entropy generation. In the case where the  
507 ecosystem is able to provide natural services, this point of view can be reversed, since the maintenance  
508 of a complex internal organization (i.e. the provider of services) relies on the generation of entropy  
509 (Skene, 2013). This ecological modelling statement highlights the capacity of agroecosystems to  
510 provide internal natural services through its degree of complexity and its capacity to generate entropy.  
511 Resource use efficiency on external inputs can be increased partly by improving the capacity of the  
512 system to use endosomatic energy. This depends on the energy stores and on the system's level of  
513 complexity.

514           The different energetic flows have been measured in terms of heating values. Material and  
515 energy were distinguished from services: the first is based on quantified physical flows, the second  
516 relies on proxies. However, the use of heating values to measure energy can represent a limit when  
517 expressing the different qualities of energetic vectors. One Megajoule of diesel is not equivalent to 1  
518 MJ of hot water, and 1 MJ of milk is not equivalent to 1 MJ of straw. The choice of an accessible  
519 metric for the different stakeholders thus induces trade-off.

520           A site specific approach was selected, since an agroecosystem depends on local conditions.  
521 Although the farm system has been the scope of the study in order to test the method, the framework  
522 could be used at other scales (e.g. regional scales), which are the object of current lines of research. A  
523 comparison of the different scenarios was performed on the same agricultural land area with the aim  
524 of providing decision support elements for the farmer to design an efficient and resilient system. The  
525 sustainability of the system should depend on the correct balance between vegetal biomass production

526 (perennial and annual), animal biomass production, technical capital and natural capital. However,  
527 other indicators could be integrated to support farmers' decisions since the studied strategies do not  
528 provide the same products or quantities. For example, this can lead to differences in the farmers'  
529 income. Integration of economic indicators would provide guidelines for the implementation of  
530 agricultural policies to adjust the short-sightedness of markets facing long-term sustainability  
531 strategies. In addition, a site specific approach does not highlight the market integration effort  
532 performed by the farmer who transforms vegetal biomass on the farm. In this approach on-farm and  
533 upstream flows can be taken into account. However, in future studies, it would be worthwhile to take  
534 into account downstream flows and to consider the output from the farm gate to its consumption site,  
535 and eventually its return towards the agroecosystem through a recycling process chain. Finally, this  
536 would entail an assessment of the circularity between the market and the agroecosystem.

537 The framework does not involve human labour. In the present case study and in systems  
538 containing significant exosomatic instrumentation, the energetic value is low compared to other flows  
539 mobilized by machines. However, for certain agricultural systems, human labour appears to be an  
540 important consumer of resources. In this case, it would be possible and worthwhile to integrate human  
541 labour as an additional energetic storage sub-system provider of energetic services. Another reason  
542 why human labour has not been included is because the manner of considering human labour is still in  
543 debate (Wu et al., 2011) (i.e. should only metabolic requirements or also lifestyles be taken into  
544 account; should a level of knowledge with an impact on different farming practices be considered?).

## 545 **5. Conclusion**

546 A method has been presented, aiming at assessing the energy flows within an agricultural  
547 production system in order to evaluate the resource use efficiency and sustainability through  
548 circularity. This method is based on the latest line of research in energy assessment, where the  
549 agricultural production system is considered as a socio-economic activity and as an agroecosystem.  
550 This assumption entails the mobilization of different energetic ratios in order to reflect the different  
551 dimensions of an agricultural production system.

552 According to a systemic approach, the framework was based on a diagram representation of a  
553 farm agroecosystem. A sub-system called the Associated Ecosystem was introduced and the  
554 production processes from storage sub-systems were differentiated. This also involves the distinction  
555 between energy and material flows and energetic service flows. In order to characterize the energetic  
556 service flows provided by the AE, soil mineralization was selected as an accessible expression of soil  
557 activity which holds a key role in the production of biomass. The model revealed that the main  
558 energetic flow occurring in the agricultural production system is a circulating flow towards the AE and  
559 returning to the production processes through energetic services.

560 Energy storage is a critical issue in our present-day society. This is also true for agricultural  
561 systems, since the provision of ecosystem services depends on the biotic energy storage, avoiding

562 extensive use of external inputs. This approach could represent a suitable tool for conceiving better  
563 agricultural farm management and public policies.

564         The trends revealed by the Circularity indicators are promising and could play a fundamental  
565 role in the assessment of the resilience of a system in its management of resources. Unbalanced  
566 circularity should affect the energy stock equilibrium and the temporal stability of the farm  
567 agroecosystem. In addition, low inflow circularity results would point to systems depending on  
568 external inputs, with low self-sufficiency and a reduced capacity to resist to external shocks. In such a  
569 case, the analysis of the renewability of these flows becomes necessary.

570         The proposed method represents a step forward in energy analysis and characterization of the  
571 flows involved in an agricultural production system. A key service provided by the agroecosystem has  
572 been integrated here: this concerns soil fertility, where the mineralization of soil organic matter is used  
573 as a proxy to express soil microbial activity. The proposed model also depicts a vision of agricultural  
574 activity as a farm agroecosystem where the nature and function that a subsystem may have are  
575 differentiated. On this basis, 4 indicators have been defined for a rapid first assessment to be made on  
576 the sustainability of the farm over a short term (i.e., resource use efficiency), and over a long term via  
577 its temporal stability (i.e., balanced circularity) and degree of self-sufficiency (i.e., *Circ<sub>in</sub>*).

578         The framework encourages better in depth understanding of agricultural systems through the  
579 different energetic flows that occur and could represent a useful source of knowledge when designing  
580 a more sustainable future agriculture.

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## 584 **Conflict of Interest:**

585         The authors declare that they have no conflict of interest.

## 586 **Authors contribution:**

587         Conceptualization, J.H.P, CS, E.L. and A.H.; Methodology, J.H.P., A.H.; Investigation, J.H.P.  
588 and A.H.; Writing – original draft, J.H.P.; Writing – review and editing, A.H. and E.L.; Supervision,  
589 A.H. and C.S.

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