

# Survey on egg and fry production of giant gourami ( Osphronemus goramy ): Current rearing practices and recommendations for future research

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1	Survey on egg and fry	production of giant gourami (Osphronemus goramy):
2	Current rearing pr	actices and recommendations for future research
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4	Running head	d: Egg and fry production of giant gourami
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#### 20 Abstract

21 Giant gourami (Osphromenus goramy) is one of the main freshwater fish of economic 22 importance in Indonesia. Although this species has been reared for decades, particularly in the province of West Java, and naturally spawns in captivity, the availability of fry is still a 23 24 limiting factor in aquaculture. Research efforts on giant gourami aquaculture are however 25 limited, and do not always address the difficulties encountered by fish farmers. The objectives 26 of the present study were to provide the first description of giant gourami egg and fry 27 production and highlight the main problems faced by farmers through targeted questionnaires 28 and interviews. Our results show that the production of this species from egg to juveniles is highly segmented and there are currently no clear and standardized production methods. 29 30 Farming practices vary greatly from one fish farmer to another. Climate factors (such as rain 31 and temperature), proximity to urban areas and the availability and quality of food are 32 identified by the main limiting factors for egg and fry production. Based on a SWOT analysis, we explore possible approaches to improve giant gourami aquaculture in Indonesia. The 33 34 present study provides guidance for future research.

35

36 Keywords: Giant gourami, Indonesia, Larval rearing, Small-scale aquaculture, SWOT

37 analysis

#### 38 **1 INTRODUCTION**

With a production of 3 million tons of farmed fish in 2015, Indonesia is the third largest 39 40 freshwater fish aquaculture producer country after China and India (FAO, 2017). Aquaculture 41 production has shown the most rapid expansion among all Indonesian agronomic production 42 sectors, with an average annual growth of 7% (FAO, 2017) after the government made 43 aquaculture development a national priority in 2009 (Philips et al., 2015; Rimmer, Sugama, 44 Rakhmawati, Rofiq, & Habgood, 2013). Freshwater fish farming, which represents 67% of 45 aquaculture production in Indonesia (FAO, 2017), uses traditional production systems mainly 46 based on traditional practices (Edwards, Little, & Yakupitiyage, 1997). This sector plays a 47 significant role in the Indonesian economy, ensuring food availability, household food 48 security and improving living standards for rural communities (Rimmer et al., 2013). In 49 Indonesia, 3.34 million fish farmers practice aquaculture (FAO, 2018), but with a low 50 national productivity (i.e. 1.48 t/farmer) compared with other Asian countries (1.72 t/farmer 51 in Asian countries excluding Indonesia and China; FAO, 2018). This low production output is 52 especially true for freshwater fish aquaculture, which is mainly carried out in small-scale 53 farms, often associated in small groups called "kelompok", which represent more than 90% of 54 all fish farms (Maskur, Rina, & Hamid, 2013).

55 Among the freshwater fish produced in Indonesia, the giant gourami (Osphronemus goramy 56 Lacepède, 1801) is one of the main local species of economic importance. Its annual 57 production was over 119,000 t in 2014 and had grown exponentially over the previous 15 58 years (FAO, 2017). This fish has become one of the main species being farmed and is in great 59 demand in the food aquaculture industry (Amornsakun, Kullai, & Hassan, 2014a). Giant 60 gourami is particularly promising in view of its air-breathing capacities and its diet with a 61 strong vegetarian component (Slembrouck et al., 2018), thereby lowering feeding costs. Furthermore, international institutions are promoting the production of local species in 62

aquaculture (FAO, 2016; Ross, Martinez Palacios, & Morales, 2008; Saint-Paul, 2017), a
trend that is backed by the Indonesian government, which adopted the concept of "blue
growth" for aquaculture in 2014 (Tran et al., 2017).

66 Although the giant gourami is an interesting species in view of current Indonesian aquaculture 67 guidance, the rise of its production has slowed for various reasons. Due to its traditional 68 production practices based on empirical know-how, there are still gaps in knowledge on several aspects of the biology of this species, particularly for the juvenile life-stages (Arifin, 69 70 Prakoso, Kristanto, Pouil, & Slembrouck, 2019). One of the main impediments in giant 71 gourami aquaculture is ensuring a regular supply of fry (Slembrouck et al., 2019). Giant 72 gourami is a species able to reproduce spontaneously in captivity. Currently, fry typically 73 come from natural spawning events and are reared in outdoor ponds in stagnant water 74 conditions. Their availability for farmers is generally low and highly variable (Arifin, At-thar, 75 & Nafiqoh, 2013; Budi & Supriyadi, 2015; Etoh, Putra, & Carman, 2011; Nafiqoh & 76 Nugroho, 2013) and should be improved through more reliable production methods 77 (Amornsakun et al., 2014a; 2014b). Nevertheless, the improvement of rearing techniques 78 requires significant research efforts that are not currently undertaken (Prakoso et al., 2019). In 79 addition, to be effective, research efforts should focus on the difficulties faced by fish 80 farmers, and these should be clearly identified before undertaking scientific investigations.

For the above-mentioned reasons, giant gourami aquaculture is currently very poorly characterized. This study was therefore initiated (1) to describe the status of giant gourami fry production practices in the province of West Java through questionnaires administered to local fish farmers and an assessment of the strengths, weaknesses, opportunities and threats (SWOT analysis) and (2) to provide some recommendations to guide future research on this species.

#### 88 2 MATERIALS AND METHODS

#### 89 2.1 Selected study areas

90 Giant gourami production is mainly located on Java Island (79% of the national giant gourami 91 production; BPS, 2013). The production cycle of this species, presented in a simplified view 92 in Figure 1, is highly segmented and there are many market stages (Sarah, Widanarni, & 93 Sudrajat, 2009). This segmentation can reasonably be attributed to the slow growth of this fish 94 and the difficulties encountered in the production chain (FAO, 2019). In this study, we 95 focused on the most critical production stages: from broodfish management to the production 96 of fry called "nguku" (length:1.5-2.5 cm; name used by farmers and corresponding 97 approximately to the width of a thumbnail; Adida, 2014). On this basis, our analysis focused 98 on West Java. A west-east gradient was considered with major production areas near Bogor in 99 the west and Tasikmalaya in the east so as to best capture the different rearing practices of fry 100 gourami (Figure 2). An extensive field-based "rapid reconnaissance" (Hernandez et al., 2018) 101 was then carried out to identify the major clusters of giant gourami aquaculture in the selected 102 areas with the help of the Local Animal Husbandry and Fisheries Service in the Bogor area 103 and through the West Java Center for the Development of Giant Gourami Culture (BPPSIGN) 104 in the Tasikmalaya area. The sample for the survey was drawn using purposive stratified 105 random sampling because fish farming is concentrated in certain districts, and a nationally 106 representative sample was not financially feasible (Hernandez et al., 2018).

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#### [Figure 1 is here]

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110 2.2 Establishment of questionnaires and interview process

A detailed questionnaire targeting fish farmers involved in gourami egg and fry production
was prepared to evaluate the variability of spawning methods and efficiency, hatching success

and larval performance during the nursery production of giant gourami and to identify
associated limitation factors. Survey questionnaires were divided into 14 categories of
questions:

A-B. Farm location and description: Information about the location, the size of the productionfarm, and then the type and size of the rearing structures.

118 C. Farmer presentation: Experience of the fish farmer, age and education level.

D-E. Farmed fish description (giant gourami and other species): List of the species reared (inaddition to giant gourami), giant gourami strains reared.

F-G. Broodfish maintenance and spawning conditions: Number of broodfish, sex-ratio, water
renewal, feeding strategy, pond fertilization, type and size of the rearing and spawning
structures, problems faced.

H-I. Egg production results: Number of spawning events per month, number of eggs
collected, incubation conditions, quality and viability of the eggs (estimated from the
proportion of white-dead eggs generally observed in spawns).

J. Larval rearing up to the "nguku" stage: Larval rearing structure description, duration, water
renewal, temperature, first food intake, feeding strategy, survival rates, problems faced.

K-L. Perception of limitations for fry production: Farmer's opinion about the main problemslimiting spawning and larval rearing of giant gourami.

131 M. Information needs of fish farmers: Gaps in knowledge identified by the farmer.

N. Economy and market: Information regarding selling prices and marketing of fry: marketlocation and type of customers.

The questionnaire, originally written in English and translated into Indonesian, included 142questions (multiple-choice questions, textual and numerical questions), both on qualitative

136 and quantitative aspects of the production. The 2-h questionnaire was completed through an 137 individual interview carried out at each production site except for nine farmers who 138 completed the questionnaire during a technical internship at the Tasikmalaya training center. 139 Two people were present during the interviews to introduce the objectives and ensure that 140 each question was understood. When necessary, the questions were translated into the native 141 language (Sundanese). In addition to the questionnaire, field measurements of water quality 142 (temperature, pH, dissolved oxygen, conductivity, turbidity) were taken in the rearing 143 structures. Participation in this study was entirely voluntary. A total of 35 independent 144 farmers, four farmers organized as "kelompok", and two training centers were interviewed 145 between May and November 2016.

146

147 2.3 Data analysis

Initial data processing was performed to identify ambiguous responses or deviations from observed trends and some farmers were contacted again in March 2017 for clarification and/or confirmation.

Quantitative data (i.e. area of farms, area of rearing structures, number of employees, number of spawners) were plotted to provide a first visual examination of possible relationships between variables. Based on this first examination, linear regressions were then used to test, among other things, the relationship between farm size and number of employees and egg production by number of brooders per farm.

Since assumptions of normality and homogeneity of variances were unable to be achieved, the size of the farms was compared according to their level of proximity to urban areas ("low", "medium" and "high") using non-parametric Kruskall-Wallis test followed by a Siegel and Castellan test (Siegel & Castellan, 1988). The size of the farms was also compared between

the two production strategies observed (i.e. farms dedicated to gourami production and
multispecies farms) using non-parametric Mann–Whitney U test.

162 A Chi-square test ( $\chi^2$ ) was used to define statistical differences in the farmer's responses for 163 the most sensitive larval production stages.

164 The level of significance for statistical analyses was set at  $\alpha = 0.05$ . All statistical analyses 165 were performed using R freeware version 3.3 (R Development Core Team, 2016).

166

167 **3 RESULTS AND DISCUSSION** 

168 3.1 Production chain of giant gourami fry

169 Despite a production rate of more than 100,000 t per year, there is very little information 170 available in the scientific literature regarding the rearing techniques for the giant gourami. 171 The objective of the following section was therefore to provide new insight into the 172 production chain of giant gourami fry based on the answers from the surveyed Indonesian 173 farmers. The answers provided by training centers were sometimes used for comparison. In 174 most cases, percentage data are associated with the number of respondents, question-175 dependent, and are indicated in parentheses. Unless otherwise stated, values are means  $\pm$  SD. 176 Studied locations of production farms are indicated in Figure 2.

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180 3.1.1 Fish farmers and production site description

The interviewed fish farmers were 24 to 80 years old (47  $\pm$  14 years, n=38) and skilled in giant gourami aquaculture (14  $\pm$  11 years of experience, median: 10 years, n=39). Most farmers (87%) started giant gourami aquaculture as a vocational retraining. The family and/or training centers are the main ways for learning this occupation for most respondents (84%, n=25). The education level was variable with 31% of fish farmers having attended primary
school (called Sekolah Dasar or SD), 25% junior high school (Sekolah Menengah Pertama, or
SMP), 39% high school (Sekolah Menengah Atas or SMA), whereas 5% (n=2) had postsecondary degrees.

189 Overall, farm altitudes ranged from 110 to 540 m above sea level with lower elevations for 190 farms in the northern part of Bogor. In Java Island, aquaculture is often located in peri-urban 191 areas (Pribadi & Pauleit, 2016). Thus, 20% (n=6) of farms were located in the middle of 192 dwellings or in direct contact with a few dwellings, whereas 47% (n=14) of the farms 193 surveyed were in an area with limited urban development (> 100 m from production ponds) 194 and 33% (n=10) are in an intermediate situation, with houses nearby but in a relatively open 195 environment (e.g. houses close to one side of the farm and countryside on the other side). Farm size  $(3811 \pm 2963 \text{ m}^2, \text{ median: } 2679 \text{ m}^2, \text{ n}=38)$  is significantly lower (Kruskal-Wallis 196 197 test, p < 0.01) in urban or developed areas, and most of the largest farms were located in open 198 areas (Table 1).

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#### [Table 1 is here]

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202 This survey revealed that giant gourami fry were not mainly produced by farmers focusing on 203 this species: 32% of the respondents (n=12) produce only giant gourami and a large majority 204 of farms (68%, n=26) also produce other species in variable proportions (Figure 3). This is a 205 typical characteristic of Javanese small-scale freshwater fish farming where farmers can 206 quickly shift from one species to another to better adapt to the market and the difficulties 207 encountered, conferring a greater resilience for this type of production system. In the 208 interviewed farms, the most important species reared for human consumption were non-native 209 species (Figure 3). These results reflect the national production statistics very well (i.e. 1.1 Mt

- 210 of tilapias, 0.72 Mt of African catfish and 0.46 Mt of common carp; FAO, 2017), also
- 211 indicating that giant gourami is the major local fish species produced (FAO, 2017).

212

#### [Figure 3 is here]

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214 Interestingly, farms specifically dedicated to the production of giant gourami were significantly smaller (Mann–Whitney U test, p < 0.01) than multispecies farms. These 215 216 quantitative observations support the fact that giant gourami aquaculture was mainly practiced in small-scale fish farms. The rearing structures larger than 100  $m^2$  were mostly earthen 217 218 ponds. However, for smaller structures, 54% of the respondents (n=21) reported having 219 between 8 and 100% of their earthen ponds constructed with concrete banks. The number of 220 production ponds per farm varies from 3 to 85 ( $16 \pm 15$  ponds, median: 12 ponds, n=39). The water supply to the ponds was mainly provided by surface water (55% of the respondents, 221 222 n=21) while drilling water was the water source for the ponds in 24% of the farms (n=9). 223 Interestingly, all the farms located in the most developed areas (n=6) receive only surface 224 water potentially increasing the risk of exposure to anthropogenic contaminants and, 225 therefore, the risk of disease and mortality for fish through the deterioration of the water 226 quality, although this relationship was not statistically demonstrated.

Overall, there were an average of two employees per farm in addition to the farmer  $(2.0 \pm 1.2, n=37)$ . The number of employees was not significantly related to farm size, although the absence of employees was observed only in the smallest farms.

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#### 231 3.1.2 Broodstock management and selection

It can be difficult to characterize the different strains of giant gourami reared in Indonesia because their vernacular names vary according to localities. Currently, more research is being done to improve strain characterization (Azrita & Syandri, 2015; Nuryanto, Amalia, Khairani, Pramono, & Bhagawati, 2018). Interviewed farmers (n=38) reported that they own between one and four different strains of broodfish. The strains used vary according to farm location. In Tasikmalaya, the "Galunggung" strain (Arifin et al., 2017) is clearly dominant (presence in all farms monitored). In the Bogor district, the situation is more complex. Although there is a dominant strain called "Bastar" (Nuryanto et al., 2018) used by 68% of farmers (n=15), other strains coexist and are used in variable proportions.

In most cases, broodfish or future broodfish are purchased from other fish farmers, usually in the vicinity (86%, n=32). Nevertheless, 46% of the interviewed farmers reported that they produced, at least partially, their own future broodfish. The number of broodfish kept on farms ranged from 12 to 200 (70  $\pm$  48 broodfish, median=50 fish, n=36) without any significant relationship with the total surface of the farm. Characteristics of the broodfish used are summarized in Table 2.

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#### [Table 2 is here]

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The stocking density in spawning structures varies between 0.02 and 0.75 fish  $m^{-2}$  with an 250 average of  $0.17 \pm 0.15$  fish m<sup>-2</sup> (median: 0.13 fish m<sup>-2</sup>, n=30). In training centers, values were 251 0.15 to 0.20 fish  $m^{-2}$ . The standard values were one fish for 5-6  $m^2$  maintained in one to four 252 253 ponds in open-flow or regularly changed water conditions, although there were a few 254 exceptions. Water quality measurements taken in broodstock ponds suggested that, for the 255 various measured parameters, values are generally within the recommended range (SNI, 256 2006) except for temperature. Indeed, we found that temperature exceeded the recommended 257 value of 30.0°C during the day in 75% of the measurements recorded (Table 3).

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[Table 3 is here]

The average pond size used for reproduction varied from 24 to 1100 m<sup>2</sup> (median: 300 m<sup>2</sup>, n=33). There were two strategies for egg production: (1) the broodfish were maintained together in a common pond (78%, n=32) or (2) the broodfish were maintained in compartmentalized ponds (10%, n=4) where there was only one male per compartment with a variable number of females (strategy mainly used in Central Java Province). According to the fish farmers, the main advantages of using compartments were to avoid aggression between males and to facilitate broodstock management.

268 Although 100% (n=11) of fish farmers using ponds with concrete banks provided broodfish 269 with supports for nest building, this was not always the case when earthen ponds were used 270 for egg production. For instance, 11 out of 26 farmers (42%) did not provided nest supports; 271 in these cases, the fish build their nests in bank crevices, most often dug by fish farmers. 272 Other fish farmers (58%) provided nest supports most often made of braided bamboo strips. 273 Interestingly, the number of spawning supports did not correlate with the number of broodfish 274 used. Although nest supports were not used systematically, all fish farmers provided various 275 materials for the construction of nests, mainly palm tree fibers (97%), used alone or in 276 combination with plastic fibers (75%), dry grass (25%) or coconut fibers (20%).

Farmers usually drain spawning ponds on average every  $7 \pm 8$  months (median: 6 months, range: 1-36 months, n=27) to clean the pond and/or change the broodfish. In most cases, the fish are kept in egg production structures throughout the year. Nevertheless, some farmers (9%, n = 3), trained by BPPSIGN, reported that they separated males and females for 1 month for a resting period and fed them with pellets enriched with fermented soybean, poultry egg yolk or vitamin E to replenish their energy reserves before starting a new three-month egg production period.

The male-to-female (M:F) ratio of broodfish was independent of the strains and ranges from 1:2 to 1:9 (Figure 4). Nevertheless, 61% of the farmers use sex-ratios of 1:3 and 1:4 (i.e.

286 values close to the recommendations of the interviewed training centers and the Indonesian National Standards; SNI, 2000a; 2000b). Farmers generally use more females than males to 287 288 minimize spawning disturbances due to the aggression of males, and optimize utilization of the production surface. Based on BPPSIGN, selling prices for mature broodfish (~2 kg) were 289 USD 4.6 kg<sup>-1</sup> (i.e. ~USD 9.2 per individual, based on an exchange rate of USD 1 = 290 IDR 14,102) and USD 6.9 kg<sup>-1</sup> (i.e. ~USD 13.8 per individual) for males and females, 291 respectively, whereas immature future broodfish ( $\sim$ 700 g) were sold at USD 3.5-4.6 kg<sup>-1</sup> (i.e. 292 293 ~USD 2.5-3.2 per individual). Thus, for economic reasons, broodfish were often purchased 294 young and immature. In these conditions, sex identification uncertainties were possible (see 295 below), and thus explained the most uneven sex-ratios, often unwanted. For example, one 296 farmer (excluded in Figure 4) reported a sex-ratio of 3 males for 1 female resulting from sex 297 identification errors of immature broodfish.

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- 299

#### [Figure 4 is here]

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301 According to fish farmers, the minimal size and age for using fish for reproduction were  $1.9 \pm$ 302 0.5 kg (median: 2.0, range: 1.0-3.0 kg, n=34) and  $3.6 \pm 1.9$  years (median: 3.0 years, range: 303 1.5-10 years, n=34), respectively. Average values were close to the recommendations issued 304 by the BPPSIGN training center. Farmers exchanged their broodfish when they reached an 305 average age of about 10 years, but some of them kept their broodfish until they died (three 306 farmers indicated that they owned broodfish of 20 years or older). The sexing of mature and 307 future broodfish was a challenge in giant gourami aquaculture. In the absence of dedicated 308 tools, sexing and assessment of sexual maturity were mainly based on external observations. 309 To provide guidance for farmers, the Indonesian National Standard (SNI, 2000b) listed 310 several morphological criteria that could be used for sexing males and females. According to 311 SNI (2000b), mature males have a marked hump on the upper part of the head and a 312 thickening of the lower jaw. Females can be identified by black pigmentation at the base of 313 their pectoral fins. In addition to these criteria, fish farmers used other morphological and 314 behavioral criteria to try to improve sexing success in giant gourami. Among them, body 315 shape, caudal fin shape and specific behavior during handling could be objectively 316 determined. The most subjective criteria were not described here. In a recent study, 317 Slembrouck et al. (2019) demonstrated that observations of the hump on the forehead, 318 thickening of the lower jaw, and the pigmentation on the pectoral fin (not for light color 319 phenotypes) were highly reliable for sexing (about 95% success). Nevertheless, to be 320 efficient, observations of the selected criteria should be carried out using objective scales. The 321 use of the intraovarian cannulation technique was the most accurate sex identification method 322 but required specific cannula and skill which make it unfeasible for most small-scale farms 323 (Slembrouck et al. 2019). Authors also recommended confirming the sex of selected future 324 brooders after they reached sexual maturity. This study also revealed that the criteria often 325 used by fish farmers do not improve sex identification success.

326 Broodfish feeding consisted mainly of giant taro leaves (Alocasia macrorrhizos, 92% of the 327 farmers, n = 34 and the training centers). In some cases (16%, n=6), it was the only food used. 328 Commercial pellets (floating pellets in 80% of the cases,  $30 \pm 4$  % of proteins) were used by 329 43% of the fish farmers (n=16). Feeding strategies varied greatly among farmers using pellets: 330 69% feed the broodfish every day (n=11, daily ration of 1% of the biomass), 19% every two 331 days (n=3) and 12% only once a week or less (n=2). Interestingly, commercial pellets were 332 always combined with plant food (mainly giant taro leaves). Only one farmer declared using 333 homemade feed (molasses, yeast, fermented cassava, soy waste, rice bran, fishmeal). Some 334 other food types (such as snails and several plant species, see Table 4) were used when the

main feeds were not available or because they were perceived as useful supplements inimproving the quality of the eggs.

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#### [Table 4 is here]

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340 Broodfish mortality occured frequently for 58% of the interviewed farmers (n=21) and 341 disease was mentioned in 64% of the interviews (n=25). The main disease agents identified 342 by the fish farmers were ectoparasites such as Lernaea sp. (n=9), fungi (n=4), Argulus sp. 343 (n=2) and bacteria such as Aeromonas sp. (n=2). In addition to disease, 58% of the farmers 344 (n=21) also observed other causes of broodfish mortality such as aggressiveness (especially 345 for males, n=19), water quality (n=6), handling (n=5), animal predation (n=6). In addition, 346 surrounding noise (spontaneously mentioned by 25% of farmers, such as motorbikes, 347 firecrackers, etc.) was considered as an important factor of stress likely to cause broodfish 348 mortalities.

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350 3.1.3 Natural spawning

351 The giant gourami reproduces spontaneously in the spawning ponds. Once a pair is formed, a 352 nest made of vegetable material is constructed, mainly by the male. Soon after oviposition and 353 egg fertilization, the male closes the nest and guards the progeny. Almost 100% of the 354 interviewed farmers checked the nest every day (median: 1 d, range: 0.5-7 d) in the ponds. 355 The interviewed training centers checked nests daily or every two days. Nest closure and the 356 presence of eggs and an oily film on the surface were the main indicators for identifying the 357 presence of a spawn. Most of the interviewed farmers (91%, n=29) observed seasonality in 358 reproductive intensity.

359 In Bogor and its vicinity, the dry season (from March to September) was given as the best 360 season for egg production and August appears to be the best month for spawning for 68% of 361 the interviewed farmers (n=15). In Tasikmalaya, where the dry season was less marked 362 (Climate Data, 2019), there was no clear seasonality reported in egg production. In the 363 absence of sufficiently reliable data (particularly in egg counts), it was difficult to estimate 364 seasonal changes in fish fecundity. On average, fish farmers estimate that, in their aquaculture 365 conditions, a female spawns about every 3 months (from 1.6 to 12 months), whereas the 366 minimum time interval between two successive spawns of a same female is  $0.8 \pm 0.9$  month 367 (median: 0.8 months or 24 days, n=32). Our experimental data, obtained in another study on 368 hundreds of spawns collected in controlled conditions, corroborate farmer affirmations with 369 the highest observed mean spawning frequencies of 0.2-0.5 spawns per female per month 370 (depending on experimental situations) and the minimum time interval seen between two 371 successive spawns of the same female is 20 days (authors, unpublished data). For the majority 372 of the farmers interviewed (55%, n=21), egg production remained stable over recent years and 373 only 11% (n=4) mentioned decreases mainly attributed to pond instability or broodfish 374 mortality. These results, limited to a small number of fish farmers, indicate that in the 375 province studied, the production of gourami eggs does not appear to have degraded.

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#### 377 3.1.4 Egg production: from the nest to vitelline resorption

Egg management after egg-laying varies among interviewed farmers. Nevertheless, the majority (87%, n=33) collected the nests within 24 h after spawning and incubated eggs in dedicated structures. However, 13% of fish farmers declared that they harvest the larvae hatched in the ponds. Most of the time, the farmers estimated the number of eggs per nest (92%, n=35) and this number ranged from 1500 to 8500 eggs (4369  $\pm$  1670, median: 4500; Table 5). Based on an average weight of 3 kg for females, the relative fecundity can be

roughly estimated at 1500 eggs kg<sup>-1</sup> (Table 5), a figure in accordance with data provided by 384 385 the SNI (2000a, 2000b). The results concerning the viability of the eggs were very variable: 386 76% (n=28) of the interviewed farmers indicated a viability of 80-90% and 19% of the farmers provided viability rates of 50-90%, in accordance with the two training centers 387 388 (viability rates of 80-90%). Nevertheless, 72% of the interviewed farmers (n=28) indicated 389 that they collected, at least once, a completely unviable spawn (all eggs opaque and whitish). 390 The main reasons given to explain the variability in egg viability were mainly related to the 391 season, water quality, broodfish feeding and fungus development on eggs. Most farmers 392 (90%, n=35) eliminated dead eggs before or at the beginning of incubation. Interestingly, 393 42% of the interviewed farmers sell at least a part of their own egg production to other giant 394 gourami farmers (selling prices USD  $3.3 \pm 0.6$  for 1,000 eggs, based on an exchange rate of 395 USD 1 = IDR 14,102).

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#### [Table 5 is here]

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399 The vast majority of fish farmers (n=32, 91%) incubated eggs in stagnant water contained in 400 20 to 50-L black plastic basins. The control of environmental conditions is very limited 401 during the incubation step. Nevertheless, incubation usually took place in a covered place to 402 protect eggs and larvae from rain. For the majority of fish farmers, it is temperature that 403 mainly affects the results of this rearing phase. Based on farmers' declarations, the incubation 404 time of gourami eggs varied between 2 and 4 days (median = 2.8 d, average  $\pm$  SD:  $2.7 \pm 0.7$  d, 405 n = 30). Post-hatch larvae were kept in the incubation structure (usually black basins) for 6 to 406 15 days (median = 9.5, average  $\pm$  SD: 9.4  $\pm$  2.4 d, n=34) before being transferred to larval 407 rearing structures. Usually, during this period, larvae were not fed and water was not renewed. 408 In 100% of the cases, larvae were transferred to the larval rearing structures when they were able to swim actively (the "berenang" stage) and sometimes after complete yolk-sac
resorption (i.e. after 14-15- day post hatching at 25-30°C; Morioka, Vongvichith,
Phommachan, & Chantasone, 2013).

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413 3.1.5 Larval rearing: from larvae to "nguku" fry

414 The time for the first feeding of larvae was highly variable, between 3.5 and 21 days post-415 harvest (dph), according to the farmer (10.5  $\pm$  4.5 dph, median: 9.5 dph, n=34). The first 416 feeding was done at 10-12 dph for the two training centers (i.e. before the complete vitelline 417 resorption, Morioka et al., 2013). Nevertheless, Morioka et al. (2013) indicate that feeding 418 begins earlier in laboratory-reared larvae (5 dph at 25-30°C). Other observations showed that 419 giant gourami larvae were able to eat brine shrimp nauplii (Artemia sp., authors' unpublished 420 observations) and *Moina* nauplii (Amornsakun et al., 2014b) after 3 dph at 27-28°C and 4 dph 421 at 28-30°C, respectively. Approximately 8 dph at 28-30°C were needed for the larvae to be 422 able to feed on tubifex (Tubifex tubifex, Arifin et al., 2019). This latter live prey was the main 423 first food used (72% of the interviewed farmers, n=28) and other fish farmers used Moina sp., 424 brine shrimp nauplii, natural plankton, poultry egg yolk or commercial powdered fish feed as 425 first feed. In most cases (74%, n=26), farmers did not change feed between the first feeding 426 and the "nguku" stage. During this rearing period, fish were usually fed in excess. All the 427 feeding strategies reported are summarized in Figure 5. The difficulty or the irregularity of 428 supply in natural prey, particularly in tubifex, was considered as a limiting factor for 429 successful larval rearing by 15% (n=5/34) of the fish farmers.

- 430
- 431

[Figure 5 is here]

433 For 86% (n=32) of fish farmers surveyed, larval rearing was done in one step up to the "nguku" stage (i.e. 1.5-3.5 cm of total length,  $2.0 \pm 0.6$  cm, median: 1.8 cm, n=24). Fish 434 435 farmers explained this rearing practice by the sensitivity of giant gourami larvae to handling. 436 However, a minority of them (14%) changed larval rearing and pre-growing structures (type 437 and/or size) one or more times with the increase of fish size until "nguku" production. Survey 438 results revealed that there were six types of larval rearing structures. However, the two structures mostly used were tarpaulin tanks (39%, n=15) from 2 to 36 m<sup>2</sup> and concrete tanks 439 440 (31%, n=12) from 10 to 100 m<sup>2</sup>.

In these rearing structures, the water level ranges from 15 to 50 cm  $(28 \pm 8 \text{ cm}, n=35)$  as was the case in the two training centers. Two-thirds of the interviewed farmers (66%, n=23) reared larvae in stagnant water with occasional water renewals. Other farmers (34%, n=12) used low continuous water flow. Water aeration was not a usual practice in giant gourami larval rearing (33% of the surveyed farmers).

446 Most of the surveyed farmers (70%) did not protect the larval rearing structures against the 447 sun or rain. Considering the low water level, it was likely that abrupt temperature variations 448 occur. Among 39 farmers, only five (13%) claim to measure the temperature during the larval 449 rearing and the pre-growing periods. Some on-site continuous measurements with data 450 loggers revealed that the daily temperature variation can range from 26 to 33°C in the 451 Tasikmalaya area and from 26 to 40°C in the Bogor area (Table 3). Up to the "nguku" stage, fish were reared in traditional fish farms at a density ranging from 111 to 714 fish m<sup>-2</sup> (337  $\pm$ 452 170 fish m<sup>-2</sup>, median: 306, n=20), whereas the BPPSIGN uses and recommends an initial 453 stocking density of 300 fish  $m^{-2}$ . 454

455 At the end of this rearing phase (i.e. up to the "nguku" stage), reported survival rates vary 456 between 59% and 98% ( $75 \pm 12\%$ , median: 75%, n=23; Table 6). Such values were probably 457 optimistic and may reflect the best situation. According to fish farmers, the age at the "nguku" stage appears highly variable and ranges from 30 to 98 days ( $47.9 \pm 15.3$  d, median: 43.5 d, n = 36; Table 6). The two interviewed training centers indicated that 60 to 62 d were needed to obtain "nguku"-stage fry. Interestingly, no relationship was found between size or age at the "nguku" stage and the initial fish stocking density. Final selling prices for "nguku" fry indicated by farmers interviewed were USD 2.7 ± 0.9 for 100 fish, based on an exchange rate of USD 1 = IDR 14,102).

During larval rearing, 92% of the interviewed farmers (n=35) reported frequent mortalities of giant gourami larvae. Among them, 77% (n=27) indicated that mortalities were common during this production phase. Five farmers (14%) even state that mortalities sometimes affected 100% of the stock farmed. From the 31 responses regarding the most sensitive stage, we noted that the "gabah-kuaci" stage (15-25 dph) was the most sensitive ( $\chi^2$ , p < 0.001).

469 Meteorological conditions (temperature and rain) were considered as the major causes of 470 mortality by a large majority of farmers (68% of them, n=23). Heavy rains were frequently 471 mentioned.

The water quality (i.e. pollution of water inflow or by dead prey, etc.) was the second main factor of larval mortality cited by 35% of farmers (n=12). It is clear that giant gourami larval rearing can be significantly improved through better control of the rearing conditions (protection against climatic variations, monitoring water quality and temperature). In this sense, covering the basins to protect them from rainwater and carrying out incubation in tanks less prone to temperature variations was a minimum recommendation to improve giant gourami larval rearing.

479

480

#### [Table 6 is here]

481

482 3.2 Main problems faced and guidance for research

483 Limiting factors in egg and "nguku" production identified by fish farmers are shown in Figure 484 6. Meteorological factors were the main limiting factors in breeding for 50% of the farmers 485 (n=17). In particular, they considered that rain events led to a reduction in spawning 486 frequency and increased the occurrence of diseases for broodfish (38%, n=13). Interestingly, 487 meteorological factors, and more specifically rain, were also considered as the main source of 488 problems for larval rearing (cited by 68% of the farmers, n=23; Figure 6). However, it 489 remained unclear whether rain acted as a direct or indirect disrupter. Generally, rainfall causes 490 large temperature variations during this rearing phase and results showed almost few farmers 491 control the temperature in their farm structures (see Section 3.1.5).

492 Other factors were less cited by the interviewed farmers. Thus, surprisingly, problems with 493 water quality and pollution were only mentioned by a few farmers for both egg production 494 (12% of the farmers, n=4) and larval rearing (15%, n=5). Nevertheless, our water quality 495 measurements showed non-negligible proportions of values outside the recommended ranges 496 (temperature, dissolved oxygen, pH, Table 3) which suggests potential risks for larval rearing. 497 Interestingly, noise (natural, such as from thunderstorms, or from nearby human activities) 498 was also considered as an important stressor both for broodfish (47% of the interviewed farmers, n=16) and larvae (21%, n=7). 499

500 Thus, all the information collected and the high variability in broodfish management by fish 501 farmers indicated the need for examination of the effects of biotic (e.g. sex-ratio, fish stocking 502 density, frequency of fish resting periods, etc.) and abiotic (e.g. size of breeding structures, 503 feed, meteorology, etc.) factors on sexual activity and the reproductive success of giant 504 gourami. Such investigations may become priority topics because, paradoxically, available 505 scientific literature in this field is currently rare. Nutrition and disease (especially parasites, 506 see Section 3.1.2) also required specific research efforts. In addition, the effects of external 507 disturbances such as natural noise or nearby human activities have not been documented and information is missing regarding their potential effects on spawning and egg productionresults.

510 To overcome the difficulties encountered during larval rearing up to the "nguku" stage 511 (Figure 6), this rearing phase could be performed in closed hatcheries and ideally in a 512 thermoregulated recirculating system. This type of system would also protect fry from 513 predators and may provide better control over water quality, disease and noise, also cited as 514 limiting factors. Nevertheless, this type of system requires dedicated infrastructure and incurs 515 additional costs that cannot be covered by most traditional fish farmers alone. In addition, the 516 implementation of such technology requires support through technical training provided to 517 fish farmers. These constraints make the generalization of the closed-circuit hatchery for the 518 giant gourami complex and not necessarily adapted and accessible to all producers. These 519 constraints should be considered in the research objectives for aquaculture of this species. 520 Thus, research efforts should also be directed to better determine the environmental 521 requirements of giant gourami eggs and fry, and the best conditions (with priority on the 522 effects of water quality and especially temperature) for larval rearing and how to adapt them 523 to traditional farms. In parallel, research on nutrition of juvenile giant gourami stages should 524 be conducted to help address the food supply problems faced by farmers and optimize larval 525 rearing performances (growth and survival).

526

527

#### [Figure 6 is here]

528

As complement to the main limiting factors identified by farmers, the two training centers also listed the need to work on the genetic selection of broodfish and the nutrition from larvae to adults. In addition to these topics that can be addressed through scientific research, the training centers underlined the importance of improvement in production tools, better

monitoring of the sector by authorized institutions (monitoring of farming practices andrationalization of selling prices), and better training for fish farmers.

535

536 3.3 SWOT analysis of giant gourami fry production

A SWOT analysis considers the strengths and weaknesses of the internal operating environment (in this case, defined as the production of giant gourami fry) and the potential opportunities and threats from the external operating environment that may affect the sector (such as customers, markets, government policy, etc.; Leigh, 2009; Rimmer et al., 2013). Thus, based on the results of the surveys and on current knowledge regarding the giant gourami fry production chain, a SWOT analysis was carried out and is summarized in Table 7.

- 544
- 545

#### [Table 7 is here]

546

547 The SWOT analysis and the surveys showed that the production of fry of giant gourami in 548 West Java Province, Indonesia had many strengths. This species had high heritage value and 549 was one of the main freshwater commodities in Indonesia (Slembrouck et al., 2018). The 550 market was therefore generally stable, with relatively high prices although they showed some 551 variation throughout the year. In addition, the production of giant gourami fry can be carried 552 out using low inputs and low technology. The species can reproduce naturally in the rearing 553 structures, allowing for relatively easy egg production on most small-scale farms. There were 554 no particular difficulties for first feeding during larval rearing, one of the main bottlenecks 555 generally faced in fish culture (Hamre et al., 2013), because the larvae have large vitelline 556 reserves and oil globules (Baras et al., 2018). The production of giant gourami fry was highly integrated in local agrosystems. One of the best examples was broodfish feeding: in most 557

cases it was based on on-site production of planted terrestrial macrophytes such as giant taroleaves.

560 Nevertheless, as highlighted in this study, the production of giant gourami fry currently 561 suffers from a lack of standardization of production techniques. The production of this 562 relatively slow-growing fish with low fecundity, especially compared with other non-native 563 farmed fishes, was therefore variable and uncertain. Most fish farmers requested training, and 564 had few technical and financial resources, which further limited their ability to optimize their 565 production. As highlighted by the fish farmers' experience, the production of gourami 566 depends greatly on environmental conditions and is potentially threatened by diseases. In 567 addition, freshwater quality and its availability are among the major problems on Java Island 568 and affects aquaculture production. Giant gourami farming relies to a high degree on the farm 569 environment. Thus, to allow the expansion of aquaculture of this species, solutions should be 570 provided to limit the strong dependence between farming practices and the environment.

571 However, giant gourami aquaculture can benefit from several opportunities. For instance, 572 there are increasing incentives from international institutions such as FAO and the Indonesian 573 government to develop the aquaculture of local species (FAO, 2016; Tran et al., 2017). 574 Therefore, in this context, the authorities are more inclined to support aquaculture of this 575 species. Research programs should investigate the requirements for broodfish and juvenile 576 stages to improve the efficiency of egg production methods and larval rearing techniques, to 577 completely domesticate this species (Teletchea & Fontaine, 2014). One of the strengths of the 578 organization of the aquaculture sector in Indonesia is the existence of assistance and training 579 services for fish farmers (called Penyuluh Pertanian Lapangan) and national production 580 standards (SNI) that are tools for potentially more rapid dissemination of scientific research 581 results among fish producers.

582

#### 583 **4 CONCLUSION**

584 This study is, to our knowledge, one of the first to describe in detail the commercial 585 production of giant gourami (Osphronemus goramy) fry in Indonesian aquaculture. The 586 production of this species, highly prized on the local market, constitutes high added value for 587 small fish farmers in West Java and contributes to the improvement of their living conditions. 588 The development of this production holds promises but requires an increase in research 589 efforts on the basic biology of this species which, despite more than a century of breeding, is 590 not completely domesticated. Based on our analysis of the main bottlenecks, highlighted from 591 on-farm surveys, we recommend first focusing further research on the influence of climate 592 variables on zootechnical performance. In a second time, nutrition research should be 593 performed both to improve reproduction success of broodfish and also to provide reliable 594 alternatives to tubifex in fry production. On the longer term, improvements in reproduction 595 control would be needed particularly for selection programs.

596

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#### 604 CONFLICTS OF INTEREST

605 The authors declare that they have no conflict of interest.

606

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#### 739 **FIGURE LEGENDS**

740

741 FIGURE 1 Representative production cycle of giant gourami Osphronemus goramy in West 742 Java (Indonesia; modified from FAO, in press). The present study focuses on the phases from 743 broodfish management up to nursery fry production (the "nguku" stage). 744 745 FIGURE 2 Locations of the giant gourami farms considered in this study (i.e. 35 independent 746 farmers, four farmers members of a "kelompok" and two training centers) in West Java 747 province. 748 749 FIGURE 3 Occurrence (%) of the fish species (other than giant gourami) reared in the 750 studied multispecies farms. Local species reared for human consumption are indicated in 751 white and non-native species in black. 752 753 FIGURE 4 Sex-ratios (male:female) used by interviewed farmers for giant gourami egg 754 production. 755 756 **FIGURE 5** Feeding strategies for giant gourami from the first feeding  $(10.5 \pm 4.5 \text{ dph})$  to the 757 "nguku" stage ( $47.9 \pm 15.3$  dph). The duration of each feeding period was normalized to take 758 into account the variability of rearing time among farmers. 759 760 FIGURE 6 The main limiting factors identified by farmers in egg and fry production of giant 761 gourami.



Production phases considered in the present study

**FIGURE 1** 



**FIGURE 2** 



**FIGURE 3** 







### **FIGURE 5**



**FIGURE 6** 

Characteristics	Fish farms (n=35-39)	Training centers (n=2)
Proximity to developed areas (% of the production sites)	<ul> <li>high: 20%</li> <li>medium: 33%</li> <li>low: 47%</li> </ul>	• low: 100%
Altitude (m)	110-540	88-480
Surface of the farm (m <sup>2</sup> )	3,811 ± 2,963	25,000-29,000
Type of ponds	<ul> <li>concrete pond</li> <li>earthen pond</li> <li>earthen pond with concrete banks</li> </ul>	<ul> <li>earthen pond</li> <li>earthen pond with concrete banks</li> </ul>
Number of ponds	$16\pm15$	79-106
Giant gourami rearing only (% of the production sites)	32%	100
Origin of the water used	<ul> <li>surface water: 55%</li> <li>drilling water: 24%</li> <li>mixed water: 21%</li> </ul>	• surface water: 100%

### 774 **TABLE 1** Main characteristics of the giant gourami production sites in West Java province

775 Note.

776 Kelompok (fish farmer groups) were excluded for the surface of the farms and the number of

777 ponds

Origin of the broodfish (% of the farms)	Number of broodfish per farm	Stocking density (fish m <sup>-2</sup> )	Type of spawning structure (% of the farms)	Spawning pond size (m <sup>2</sup> )	Minimal weight of broodfish (kg)	Minimal age of broodfish (years)	Age of broodfish at replacement (years)
<ul> <li>purchased (100%)</li> <li>on-farm production (46%)</li> </ul>	$70 \pm 48$	0.17 ± 0.15	<ul> <li>communal pond (91%)</li> <li>compartmentalized pond (11%)</li> </ul>	24-1100	$1.9 \pm 0.5$	3.6 ± 1.9	10.2 ± 4.5
779 Note.							

778 **TABLE 2** Management of giant gourami broodfish in the interviewed farms (n=30-39)

780 The total proportions for the type of spawning structure is slightly higher than 100% because

781 farmers can use both communal and compartmentalized ponds on the same farm.

**TABLE 3** Summary of water quality parameters measured in the broodstock ponds (n=39)
and juvenile rearing structures (n=47) between 8:15 AM and 6:30 PM during fish farmer
surveys

Parameters	Observed ranges	Recommended ranges	Comments
Broodstock ponds (n=39)			
Temperature (°C)	24.6-34.7	25.0-30.0 (SNI, 2006)	49% measurements > 30.0°C 26% measurements > 32.0°C
Dissolved oxygen (mg $L^{-1}$ )	0.4-16.3	> 2.0 (SNI, 2006)	10% measurements $< 2.0 \text{ mg L}^{-1}$
pH	5.8-9.5	6.5-8.5 (SNI, 2006)	10% measurements < 6.5 1 extreme value at 9.5
Conductivity ( $\mu$ S cm <sup>-1</sup> )	37-289	-	-
Turbidity (NTU)	3-134	> 50 (Seim et al., 1997)	43% measurements > 50 NTU
Fry rearing structures (n=47)			
Temperature (°C)	27.1-39.9	29-30 (SNI, 2000a)	60% measurements > 30.0°C 30% measurements > 32.0°C
Dissolved oxygen (mg L <sup>-1</sup> )	3.4-12.5	> 5 (Boyd & Tucker, 1998)	30% measurements $< 5 \text{ mg L}^{-1}$
pH	7.2-9.8	6.5-8.0 (SNI, 2000a)	47% measurements > 8
Conductivity ( $\mu$ S cm <sup>-1</sup> )	24-1,242	-	1 extreme value at 1242 $\mu$ S cm <sup>-1</sup>
Turbidity (NTU)	1-282	> 50 (Seim et al., 1997)	28% measurements > 50 NTU

785 Notes.

786 Potential risks related to low dissolved oxygen are age-dependent because the labyrinth organ

begins to develop in fry aged 30 dph and air-breathing behavior is first observed after 35-40

788 dph (Morioka, 2013).

789 One interviewed fish farmer adds lime and salt during larval rearing in undetermined quantity,

which explains the extreme values observed for conductivity and pH.

## **TABLE 4** Feeds and feeding strategy for giant gourami broodfish in the production site

793 (n=41)

Types of feeds	Occurrence in the broodfish diet (% of farms)	Comment
Main feeds		
Giant taro leaves ( <i>Alocasia macrorrhizos</i> )	92	main feed for giant gourami broodfish, 16% of the farmers used only this feed
Compounded pellets	41	mainly floating pellets (80%), proteins: $30 \pm 4$ %, usually $\leq 1\%$ of the biomass/day
Other feeds		
Taro leaves (Colocasia esculenta)	16	alternative to giant taro leaves
Snails flesh	11	-
Papaya leaves	5	-
Cassava leaves	5	-
Others macrophytes	22	including terrestrial and aquatic macrophytes (leaves, seeds, all plants), sometimes used as medicinal plants

**TABLE 5** Summary of the egg production results in giant gourami production (n=31-38)

Incubation practice (% of the farms)	Egg count estimation (% of the farms)	Number of eggs in a spawn	Estimated relative fecundity (egg kg <sup>-1</sup> )	Number of spawning events female <sup>-1</sup> month <sup>-1</sup> (in high season)	Egg viability (%)
<ul> <li>in dedicated structures: 87%</li> <li>in broodfish ponds: 13%</li> </ul>	• yes: 92% • no: 8%	$4,369 \pm 1,670$	~1,500	$0.30 \pm 0.23$	50-90
796					

797 **TABLE 6** Summary of fry production (up to the "nguku" stage) results in giant gourami

Rearing structures (% of the farms)	Size of the rearing structures (m <sup>2</sup> )	Stocking density (larvae m <sup>-2</sup> )	Estimated survival rate (%)	Size at the "nguku" stage (cm)	Age at the "nguku" stage (d)
<ul> <li>tarpaulin tank: 39%</li> <li>concrete tank: 31%</li> <li>plastic tank: 10%</li> <li>others: 10%</li> </ul>	2-100	337 ± 170	75 ± 12	$2.0 \pm 0.6$	47.9 ± 15.3
799 Note.					

798 production (n=23-37)

800 Reported values for survival rates are probably optimistic and may reflect the best situation.

## **TABLE 7** Summary SWOT table for egg and fry giant gourami production in West Java

## 802 province, Indonesia.

Strengths	Weaknesses
<ul> <li>Species</li> <li>High heritage value</li> <li>Large vitelline reserves, oil globules</li> <li>Capable of aerial respiration</li> <li>Strong vegetarian component</li> </ul>	<ul> <li>Species</li> <li>Low fecundity</li> <li>Low growth performance</li> <li>Brood fish are difficult to sex</li> </ul>
<ul> <li>Practices</li> <li>Low-inputs aquaculture</li> <li>Strongly integrated into local agrosystems</li> <li>Natural reproduction</li> </ul>	<ul><li>Practices</li><li>Limited technical resources</li><li>High variability in production methods</li><li>Lack of training for farmers</li></ul>
Economy/Market • Market stability • High selling prices	Economy/Market • High costs of commercial feed • Competition with non-native species • High purchase prices of broodfish
Opportunities	Threats
<ul> <li>National support for aquaculture of local species</li> <li>Promotion of ecological intensification</li> <li>Improvement of fish farmer training through extension services</li> <li>Potential improvement in fry availability and zootechnical performance</li> </ul>	<ul> <li>Occurrence of disease</li> <li>Water quality deterioration</li> <li>Increasing costs of production</li> </ul>