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1 **Soluble guanylate cyclase chronic stimulation effects on**  
2 **cardiovascular reactivity in cafeteria diet-induced rat model of**  
3 **metabolic syndrome**

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21 **Abstract**

22 Metabolic syndrome is linked to an increased risk of cardiovascular complications by a  
23 mechanism involving mainly decreased nitric oxide (NO) bioavailability and impaired NO-  
24 soluble guanylate cyclase (sGC)- cyclic guanosine monophosphate (cGMP) signalling (NO-  
25 sGC-cGMP). To further develop this scientific point, this study aimed to investigate the  
26 effects of long-term treatment with BAY 41-2272 (a sGC stimulator) on cardiovascular  
27 reactivity of spontaneously hypertensive rats (SHR) as a model of metabolic syndrome. SHR  
28 were randomly divided into 3 groups: Control group, cafeteria diet (CD)-fed group and CD-  
29 fed group treated daily with BAY 41-2272 (5mg/Kg) by gastric gavage for 12 weeks. *In vivo*  
30 measurements of body weight, abdominal circumference, blood pressure and glucose  
31 tolerance test were performed. At the end of the feeding period, *ex vivo* cumulative  
32 concentration-response curves were performed on isolated perfused heart (isoproterenol  
33 (0.1nM - 1µM)) and thoracic aorta (phenylephrine (1nM – 10 µM), acetylcholine (1nM – 10  
34 µM), and sodium nitroprusside (SNP) (0.1nM – 0.1µM)). We showed that chronic CD  
35 feeding induced abdominal obesity, hypertriglyceridemia, glucose intolerance and  
36 exacerbated arterial hypertension in SHR. Compared to control group, CD-fed group showed  
37 a decrease in β-adrenoceptor-induced cardiac inotropy, in coronary perfusion pressure and in  
38 aortic contraction to phenylephrine. While relaxing effects of acetylcholine and SNP were  
39 unchanged. BAY 41-2272 long-term treatment prevented markedly arterial hypertension  
40 development and glucose intolerance, enhanced the α<sub>1</sub>-adrenoceptor-induced  
41 vasoconstriction, and restored cardiac inotropy and coronary vasodilation. These findings  
42 suggest that BAY 41-2272 may be a potential novel drug for preventing metabolic and  
43 cardiovascular complications of metabolic syndrome.

44 **Key words: metabolic syndrome, sGC stimulation, SHR, Cafeteria diet, cardiovascular**  
45 **reactivity**

## 46        **1. Introduction**

47        Metabolic syndrome consists of a combination of cardiovascular risk factors such as obesity,  
48        insulin resistance, arterial hypertension, dyslipidaemia and an impaired glucose tolerance  
49        (O'Neill and O'Driscoll, 2015). Individuals with metabolic syndrome are at significant risk of  
50        developing cardiovascular disease and type II diabetes mellitus (Galassi et al., 2006; Aschner,  
51        2010). Endothelial dysfunction characterized by an impaired endothelium-dependent  
52        vasodilation, is a predictive hallmark of later cardiovascular complications such stroke and  
53        heart attack (Shayo et al., 2019). Currently, an association is clearly established between  
54        endothelial dysfunction and metabolic syndrome (Abd El Aziz et al., 2018). The endothelium  
55        generates several vasoactive compounds and signals which act locally to adjust blood flow  
56        including nitric oxide (NO) (Fernandes et al., 2017; Khaddaj Mallat et al., 2017). Once  
57        released, NO diffuses into the smooth muscle cell, activates soluble guanylate cyclase (sGC)  
58        thereby generating cyclic guanosine monophosphate (cGMP) synthesis. cGMP induces  
59        vasorelaxation via lowering intracellular calcium levels (Kim et al., 2019). It has been  
60        reported that endothelial dysfunction associated with the metabolic syndrome is mainly due to  
61        the reduced NO bioavailability and therefore to an impairment in NO-sGC-cGMP signalling  
62        pathway (Matthews et al., 2018; Breitenstein et al., 2017). However, recent studies have  
63        shown that chronic treatment with sildenafil citrate, a phosphodiesterase type 5 (PDE5)  
64        inhibitor, improves energy balance contributing to weight loss in high fat-fed mice (Ayala et  
65        al., 2007), reduces hyperinsulinemia and up-regulates endothelial nitric oxide synthase  
66        (eNOS) expression in a rat model of insulin resistance (Oudot et al., 2010). Those findings  
67        suggest that the NO-cGMP pathway modulation may constitute a key link between its  
68        metabolic and vascular protective effects. Nonetheless, basal endogenous cGMP production is  
69        a prerequisite for the PDE5 inhibitors action (Tobin et al., 2018). Currently, different classes  
70        of drugs have been developed, which increase cGMP production independently of NO

71 availability, by targeting the NO receptor sGC (Breitenstein et al., 2017). Thus, sGC  
72 stimulation may have a crucial advantage over PDE5 inhibition due to its NO-independent  
73 mechanism of action (Chamorro et al., 2018), especially since sGC activity has been  
74 described as reduced in spontaneously hypertensive rats (SHR) (Priviero et al., 2009). BAY  
75 41-2272 is a sGC stimulator that has been shown to induce antihypertensive action, to  
76 attenuate remodelling in models of systemic arterial hypertension and to reduce pulmonary  
77 vascular resistance (Boerrigter and Burnett, 2007). Furthermore, potential antiobesity and  
78 insulin sensitizing effects of cGMP signalling have been postulated (Mitschke et al., 2013).  
79 However, the cardiovascular effects of BAY 41-2272 long-term treatment during metabolic  
80 syndrome are not well known yet.

81 Several experimental models are now available for studying the pathogenesis and prevention  
82 of metabolic syndrome (Miesel et al., 2010). The SHR are one of the most commonly animal  
83 models studied (Oron-Herman et al., 2008). This strain is not only genetically hypertensive  
84 but is also insulin resistant (Potenza et al., 2005), thus representing a relevant study model of  
85 the metabolic syndrome in humans.

86 Thus, the present study was designed to investigate the effects of long-term sGC stimulation  
87 with BAY 41-2272 on metabolic parameters and cardiovascular reactivity in a SHR  
88 experimental model of metabolic syndrome.

## 89 **2. Materials and methods**

### 90 2.1. Animals and experimental protocol

91 All the experiments were performed in accordance with institutional guidelines from the  
92 ethical committee of Pays de la Loire, France (Ministry authorisation, APAFIS N° 6445).

93 Nine-week old, male SHR obtained from Janvier Labs (Le Genest St Isle, France), were used  
94 for this study. All rats were housed under a 12-hour light/dark cycle, at a controlled

95 temperature (22°C) and humidity (50%) and were allowed free access to standard chow  
96 (KLIBA NAFAG®, Kaiseraugst, Germany) and drinking water. An acclimatisation period of  
97 1 week was allowed before any experiment was initiated. Rats were randomly divided into 3  
98 groups that received respectively for 12 weeks: standard chow, Cafeteria diet (CD) and CD  
99 with BAY 41-2272 administered orally (5mg/kg/day). CD included different commercial  
100 variety of chocolate, cookie and cereal bars. The resulting CD provided an average of 68.3%  
101 energy from carbohydrates, 5.83% from protein and 18.2% from total fat. The foods provided  
102 were changed daily to stimulate hyperphagia.

### 103 2.2. Physiological parameters

104 Body weight and abdominal circumference of all groups were monitored weekly during the  
105 feeding period.

106 Measurements of systolic (SBP) and diastolic (DBP) arterial blood pressures were assessed by  
107 non-invasive tail cuff plethysmography method in awake rats (CODA, Kent Scientific Co.,  
108 Torrington, CT, USA). In order to limit stress-related variations in blood pressure, all  
109 measurements were performed by the same person and in a quiet room and rats were  
110 subjected to an adaptation period of one week before data collection.

111 Before starting measurements, rats were placed in a restraining box, preheated at 37° C in  
112 order to dilate the tail arteries. Ten consecutive pressure measurements were recorded for  
113 each rat and averaged to obtain a representative value of SBP and DBP (mmHg).

### 114 2.3. Glucose tolerance test and biochemical measurements

115 At the 12<sup>th</sup> week, rats were fasted overnight. An intraperitoneal glucose tolerance test was  
116 carried out by means of glucose solution injection (1g/kg body weight, intraperitoneally).  
117 Blood sampling (one drop) was performed from tail vein (under ointment lidocaine

118 application) before and at 15, 30, 45, 60 and 90 min after glucose injection. The concentration  
119 of blood glucose was determined with a blood glucose meter (Glucometer, Pura ®).

120 At the end of the experimental protocol, animals were anesthetized with pentobarbital  
121 (54mg/kg i.p). Anaesthesia of the rat was checked by the paw withdrawal reflex. Blood  
122 samples were obtained via cardiac puncture and centrifuged at 5000g for 10 min at 4°C.

123 Plasma was extracted and stored at -80°C. Total cholesterol and triglycerides plasma  
124 concentrations were assayed using an automatic biochemical analyser in the Veterinary  
125 University Hospital Centre of ONIRIS, Nantes, France. Insulin plasma concentrations were  
126 determined using a rat insulin ELISA kit (Thermo Fisher Scientific, France),

#### 127 2.4. *Ex vivo* cardiac function

128 Immediately after blood sampling, rats were killed by exsanguination of abdominal aorta. The  
129 hearts were thoroughly excised and immersed in a cold *Krebs-Henseleit* solution (in mM):  
130 NaCl, 118.3; KCL, 4.7; MgSO<sub>4</sub>, 1.2 ; KH<sub>2</sub>PO<sub>4</sub>, 1.2 ; NaHCO<sub>3</sub>, 20 ; EDTA, 0.016 ; Glucose,  
131 11.1 and CaCl<sub>2</sub>, 2.5 ; pH 7.4) previously filtered (0.2 µm filter funnel) and aerated with 95%  
132 O<sub>2</sub>- 5% CO<sub>2</sub> gas mixture. The heart is cannulated through the aorta in order to allow a  
133 retrograde perfusion at a constant flow rate of 12 ml/min, according to the Langendorff  
134 method (Skrzypiec-Spring et al., 2007). To assess left ventricular function, a water-filled latex  
135 balloon was inserted into the left ventricle through the mitral valve. An equilibration period of  
136 30 min was required to ensure the stability of the parameters recorded before any molecule  
137 addition. Left ventricular developed pressure (LVDevP) was determined as the difference  
138 between left ventricular systolic pressure and left ventricular end-diastolic pressure. Coronary  
139 vasodilation was determined by perfusion pressure variation. Each parameter was recorded  
140 initially and after the addition of increasing concentrations of isoproterenol (a non-selective β-  
141 adrenoceptor agonist (0.1 nM- 1µM)).

142 All the parameters recorded were analysed by LabChart ®Pro software (V7, ADInstruments,  
143 France).

#### 144 2.5.Vascular reactivity experiments

145 Immediately after the sacrifice, thoracic aorta was rapidly removed, dissected, cleaned of fat  
146 and connective tissue and cut into rings (2-3 mm long). Thoracic aortic rings were then  
147 suspended on stainless-steel hooks in individual organ baths (Emka Technologies, Paris,  
148 France), containing 10 ml of *Krebs-Henseleit* solution heated to 37°C and continuously  
149 aerated with a 95% O<sub>2</sub> and 5% CO<sub>2</sub> gas mixture. Thoracic aortic rings were progressively  
150 stretched to a resting tension of 2g. Isometric tension was detected using isometric force  
151 transducers of a myograph (Emka Technologies, Paris, France) and recorded by data  
152 acquisition software (iOX, Paris, France). Briefly, after 1h of equilibration at a resting tension  
153 of 2g, the endothelium viability was verified by the observation of at least 60% relaxation to  
154 acetylcholine (1µM) in thoracic aortic rings after phenylephrine (1µM, a selective α1-  
155 adrenoceptor agonist) precontraction (Sauvaget et al., 2010). Cumulative concentration-  
156 response curves (CCRCs) to phenylephrine (1nM-10µM), acetylcholine (1nM-10µM) and  
157 sodium nitroprusside (a nitric oxide donor, 0.1nM- 0.1µM) were constructed. To evaluate the  
158 role of inducible nitric oxide synthase (iNOS) in aortic contraction, Thoracic aortic rings were  
159 incubated with aminoguanidine (100µM, an iNOS inhibitor) for 30 min. The agonist  
160 maximum response and sensitivity were determined by E<sub>max</sub> and pD<sub>2</sub> = -log EC<sub>50</sub> values  
161 respectively.

#### 162 2.6.Immunofluorescence and quantification of iNOS expression

163 Thoracic aortic rings were fixed with 4% paraformaldehyde in PBS for 4 h at 4°C. After 3  
164 washings in PBS, the aortic rings were incubated in PBS containing 20% sucrose for one  
165 night. Then, they were embedded in tissue Tek OCT medium ®(Sakura, USA), frozen by



166 immersion in liquid isopentane and conserved at  $-80^{\circ}\text{C}$ . Frozen section ( $10\ \mu\text{m}$ ) were  
167 permeabilized with 0.5 % Triton 100X in PBS for 5min and treated with a PBS solution  
168 containing 0.5% Triton 100X and 2% bovine serum albumin (BSA) for 1 h to block the  
169 nonspecific antigen binding.

170 Sections were then incubated with a rabbit polyclonal antibody against iNOS (1 :100 in the  
171 blocking buffer, Abcam, Cambridge, United Kingdom) for one night. After 5 washings of 3  
172 min each in PBS, the sections were incubated with secondary antibody, AlexaFluor 555-  
173 conjugated donkey anti-rabbit (1 :300, life Technologie, Saint Aubin, France) for 1 h at room  
174 temperature. The slides were covered with mounting medium (Mowiol, Calbiochem, San  
175 Diego, CA, USA) and coverslip before being viewed using a spectral confocal microscope  
176 (Zeiss LSM 780, Zeiss, France). 488 nm argon laser line was used to observe elastic lamina  
177 autofluorescence while 561 nm solid state laser line was used for AlexaFluor 555 detection  
178 (iNOS immunolabellings). Image analysis was performed to evaluate iNOS expression level  
179 in the thoracic aorta of all rats by using Fiji Software. Mean Fluorescence Intensity (MFI)  
180 values were determined from 5 different fields of immunolabeled thoracic aortic sections in  
181 each group. The same threshold value was applicated on the sum intensity projections  
182 obtained from z stacks in each section. Finally, the MFI was reported to total area of analysed  
183 section.

#### 184 2.7.cGMP levels in thoracic aorta, heart and epididymal fat samples

185 Quickly after the sacrifice, the remaining thoracic aorta, part of the heart and epididymal fat  
186 were frozen in liquid nitrogen to avoid cGMP degradation and were stored at  $-80^{\circ}\text{C}$ . The  
187 cGMP content was measured colorimetrically using an immunoenzymatic assay kit (Cayman  
188 Chemical Company). A spectrophotometer at 405nm was used to read absorbance. The mean  
189 value was calculated from duplicate measurements of each sample and related to total cell

190 protein levels previously measured using a protein assay reagent kit (micro BCA-Pierce)  
191 (Kanso et al., 2014).

## 192 2.8. Drugs

193 Phenylephrine hydrochloride, acetylcholine chloride, sodium nitroprusside and isoproterenol  
194 were obtained from Sigma-Aldrich (Saint Quentin-Fallavier, France) and sodium  
195 pentobarbital solution from Ceva Santé Animale (Libourne, France). BAY 41-2272 was  
196 provided from Bayer (La Garenne-Colombes, France). All drugs were prepared in distilled  
197 water.

## 198 2.9. Statistical analysis

199 All the results were expressed as mean  $\pm$  S.E.M of n experiments where n represents the  
200 number of rats. The results were compared using a One-way ANOVA followed by Tukey  
201 *post-hoc* test when needed. Statistical analysis were performed using GraphPad PRISM <sup>®</sup>  
202 software version 5.

203 CCRCs were compared using either a non-linear mixed effect (NLME) model for complete  
204 curves or a linear mixed effect (LME) model for incomplete curves on R software (Thorin et  
205 al. 2010).  $P < 0.05$  was considered statistically significant.

## 206 3. Results

### 207 3.1. Effect of CD and BAY 41-2272 treatment on body weight and metabolic parameters

208 As shown in Table 1, at the end of the feeding period, body weight gain increased  
209 significantly more among SHR fed a CD diet than among those fed a normal diet ( $P < 0.001$ ).  
210 This weight gain was correlated to a significant increase in abdominal circumference  
211 ( $P < 0.001$ ) (Fig. 1A.1B) and epididymal fat ( $P < 0.01$ ). In this study, we examined the effect of  
212 long-term treatment with BAY 41-2272 on body weight in rats fed with CD. BAY 41-2272

213 treatment prevented excessive weight gain and increase in abdominal circumference and was  
 214 well tolerated by SHR as well. Moreover, CD feeding induced a rise in SBP compared to the  
 215 control SHR ( $P<0.01$ ) (Table 1). Similar results were observed for DBP. The elevation in both  
 216 SBP and DBP was significantly attenuated by BAY 41-2272 treatment ( $P<0.001$ ). The plasma  
 217 triglycerides level was significantly increased in CD-fed rats ( $P<0.05$ ), whereas total  
 218 cholesterol level was reduced compared to control rats. Plasma triglycerides levels remained  
 219 elevated in CD-fed group treated with BAY 41-2272. However, no significant differences in  
 220 glucose and insulin levels among groups were noticed (Table 1).

221 Table 1: Effect of CD with or without BAY 41-2272 treatment on metabolic disorders

	<b>Control</b>	<b>CD</b>	<b>CD + BAY 41-2272</b>
Body weight gain (g)	145±5.13	248±9.23 <sup>c</sup>	216±6.11 <sup>d</sup>
Abdominal circumference (cm)	15.48±0.29	18.07±0.17 <sup>c</sup>	17.46±0.14
Epididymal fat (g)	2.33±0.08	4.41±0.53 <sup>b</sup>	4.03±0.47
Systolic blood pressure (mmHg)	164.4±2.2	180.0±2.6 <sup>b</sup>	131.6±3.7 <sup>e</sup>
Diastolic blood pressure (mmHg)	127.5±2.8	151.6±2.4 <sup>c</sup>	106.9±3.2 <sup>e</sup>
Triglycerides (g/l)	0.79± 0.08	1.34± 0.16 <sup>a</sup>	1.37± 0.17
Total cholesterol (g/l)	0.85± 0.04	0.62± 0.06 <sup>b</sup>	0.75±0.04
Fasting glycemia (mg/dl)	103.60± 2.48	107.30± 4.52	96.71 ± 3.43
Fasting insulinemia (μUI/ml)	9.21± 1.32	11.83± 2.52	9.87 ± 2.37

223 All values are mean  $\pm$  S.E.M. <sup>a</sup> P<0.05, <sup>b</sup> P<0.01, <sup>c</sup> P<0.001 vs Control group, <sup>d</sup> P<0.05, <sup>e</sup> P<0.001 vs CD group;  
224 ANOVA followed by the Tuckey's multiple comparison post-hoc test / NLME model, n=14-16 animals per  
225 group. CD, Cafeteria Diet

226 Glucose tolerance was evaluated by intraperitoneal administration of glucose (1g/kg) to all  
227 groups. CD feeding enhanced elevation of glucose blood level in comparison to the standard  
228 chow diet (Fig. 2A). The area under the curve (AUC) was higher in the CD-fed group than in  
229 the control group (P<0.001, Fig.2B). However, long-term treatment with BAY 41-2272  
230 significantly improved glucose tolerance in CD-fed rats (P<0.001, Fig. 2A,2B).

### 231 3.2.Isolated heart data

232 To examine the effects of long-term treatment with BAY 41-2272 during CD feeding, cardiac  
233 contractility and coronary perfusion pressure were evaluated using an isolated Langendorff  
234 heart preparation. As shown in Table 2, both LVDevP and coronary perfusion pressure did  
235 not differ between rats from the 3 groups at the basal level.

236 Table 2: Baseline cardiac parameters

	<b>Control</b>	<b>CD</b>	<b>CD + BAY 41-2272</b>
LVDevP (mmHg)	77.04 $\pm$ 8.22	60.55 $\pm$ 3.72	67.04 $\pm$ 5.20
Coronary perfusion pressure (mmHg)	25.88 $\pm$ 1.40	23.73 $\pm$ 3.29	22.45 $\pm$ 5.84

237 The hearts were perfused with aerated Krebs-Henseleit solution as previously described. LVDevP, Left  
238 ventricular developed pressure. CD, Cafeteria Diet. n=6 animals/group. Values are expressed as mean  $\pm$  S.E.M  
239 Moreover, in order to determine the effects of BAY 41-2272 on  $\beta$ -adrenergic response, we  
240 evaluated cardiac function of the 3 groups under stimulation of increasing concentrations of  
241 isoproterenol.  $\beta$ -adrenoceptor stimulation induced a marked increase in LV contractility

242 (determined by LVDevP and  $dP/dt$  (max)) in control rats. This positive inotropic effect was  
243 significantly reduced in CD-fed group ( $P < 0.001$ ) (Fig. 3A,3C). Similarly, LV relaxation  
244 ( $dP/dt$  min) was also significantly depressed after isoproterenol stimulation in CD-fed group  
245 compared to the control group ( $P < 0.01$ ) (Fig. 3D). Thus, in our rat model of metabolic  
246 syndrome, basal cardiac function was preserved but the inotropic and lusitropic effects in  
247 response to  $\beta$ -adrenoceptor stimulation were altered suggesting an impairment in the  $\beta$ -  
248 adrenoceptor signalling in this model. However, long-term treatment with BAY 41-2272  
249 significantly restored the isoproterenol-induced lusitropy and the inotropy parameters. These  
250 findings revealed that *in vivo* long-term sGC stimulation in CD-fed rats improved cardiac  
251 systolic and diastolic functions (Fig. 3A,3C,3D). In parallel, isoproterenol-induced coronary  
252 vasodilation was higher in control group than in CD-fed group ( $P < 0.05$ ). This parameter was  
253 also restored in CD group treated with BAY 41-2272 (Fig. 3B).

### 254 3.3. Vascular reactivity

255 Next, aortic reactivity was also evaluated. CCRCs to phenylephrine were then constructed in  
256 aortic rings from all groups. The maximal contractile response ( $E_{max}$ ) to phenylephrine, in  
257 aortic rings from CD-fed group was significantly lower than that in the control group  
258 ( $P < 0.01$ ) (Fig.4A, Table 3). However, this response was normalized after adding an iNOS  
259 inhibitor (Aminoguanidine,  $100\mu\text{M}$ ) in the bathing solution (Fig.4B, Table 3). These findings  
260 suggest an iNOS-dependent excessive NO release in the CD-fed group. On another side, BAY  
261 41-2272 treatment completely restored the phenylephrine- concentration response curve in  
262 CD-fed rats with significant increase in the maximal force of contraction (Fig. 4A, Table 3).

263

264

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266 Table 3: pD<sub>2</sub> and E<sub>max</sub> values of phenylephrine in the presence and in the absence of  
 267 aminoguanidine in aortic rings isolated from all groups

	<b>Control</b>	<b>CD</b>	<b>CD + BAY 41-2272</b>
	Phe		
E <sub>max</sub> (g)	4.16± 0.07 <sup>a</sup>	3.77± 0.09	4.30± 0.07 <sup>b</sup>
pD <sub>2</sub>	7.27± 0.04	7.30± 0.05	7.65± 0.06
	Phe + AMN		
E <sub>max</sub> (g)	4.57± 0.21	4.46± 0.29 <sup>c</sup>	5.07± 0.10
pD <sub>2</sub>	7.28± 0.23	7.30± 0.08	7.59± 0.16

268  
 269 Values are mean ± S.E.M. n=14-16 animals/group. <sup>a</sup>P<0.01 vs CD, <sup>b</sup>P <0.001 vs CD, <sup>c</sup>P<0.001 vs CD without  
 270 AMN pretreatment determined by NLME model. Phe, Phenylephrine, AMN, Aminoguanidine, CD, Cafeteria  
 271 diet

#### 272 3.4. Quantification of iNOS expression in thoracic aorta

273 To test the hypothesis of a possible involvement of iNOS in the altered response to  
 274 phenylephrine in CD-fed rats, immunofluorescence labelling was performed to determine the  
 275 iNOS expression in thoracic aorta isolated from all groups. Our results did not show any  
 276 significant difference between the control and CD-fed groups. However, the iNOS enzyme  
 277 protein expression was significantly higher in CD-fed rats treated with BAY 41-2272  
 278 (P<0.05) (Fig. 5A, 5B).

279 3.5. Endothelium-dependent and independent relaxations

280 In the present study, we evaluated the effects of both metabolic syndrome and long-term  
281 treatment with BAY 41-2272 on endothelium-dependent vascular relaxation. Our results  
282 showed that acetylcholine-induced endothelium-dependent relaxation was similar in aortic  
283 rings from control and CD-fed group (Fig. 6A). This finding indicates that endothelial  
284 function was not altered in our model of metabolic syndrome. Furthermore, maximal  
285 relaxation in response to acetylcholine was not enhanced in aortic rings isolated from CD-fed  
286 group treated with BAY 41-2272. Similarly, no significant difference in endothelium-  
287 independent relaxation in response to SNP among the groups was noted (Fig. 6B).

288 3.6. Intracellular cGMP content in thoracic aorta, heart and epididymal fat samples

289 To further explore sGC-cGMP signalling pathway in our experimental conditions, we  
290 assessed intracellular cGMP content in thoracic aorta, heart and epididymal fat samples  
291 isolated from all groups. The results showed that compared to the CD-fed group, the cGMP  
292 content was slightly but not significantly increased in CD-fed group treated with BAY 41-  
293 2272 both in cardiac and vascular tissue. On the other hand, the cGMP content was  
294 significantly higher in epididymal fat samples of CD-fed group treated with BAY 41-2272 in  
295 comparison to the CD untreated group (Table 4).

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302 Table 4: intracellular cGMP level in thoracic aorta, heart and epididymal fat samples

cGMP (pmol/mg protein)	Control	CD	CD + BAY 41-2272
Thoracic aorta	1.20± 0.23	0.89± 0.12	1.40± 0.27
Heart	1.10± 0.12	1.25 ± 0.34	1.67± 0.16
Epididymal fat	0.33±0.07	0.16±0.04	1.15±0.28 <sup>a</sup>

303

304 Values are expressed as means ± S.E.M. CD, Cafeteria diet. n=8 animals/group. <sup>a</sup>P <0.01vs CD. ANOVA  
 305 followed by the Tuckey's multiple comparison post-hoc test. CD, Cafeteria Diet

#### 306 4. Discussion

307 In the present study, we showed that chronic CD feeding of SHR, induced abdominal obesity,  
 308 hypertriglyceridemia, glucose intolerance and arterial hypertension, which are the main  
 309 hallmarks of metabolic syndrome. These findings are consistent with those of La Russa et al.  
 310 (2019) who demonstrated that CD is the most appropriate regime to induce severe obesity,  
 311 glucose intolerance, insulin resistance, and high plasma triglyceride levels in rodents.  
 312 However, they are partially inconsistent with the findings of Miesel et al. (2010) who  
 313 reported that insulin resistance in SHR was more pronounced over the feeding period. It is  
 314 well documented that SHR are already hypertensive and insulino-resistant (Reaven and  
 315 Chang, 1991). Moreover, it is probable that CD-fed group presented insulin resistance, even if  
 316 insulin levels were not modified, since obesity was associated to reduced glycemic tolerance  
 317 in that group (Oliveira Junior et al., 2010).



318 One of the main findings of the present study is that long-term treatment with BAY 41-2272  
319 reduced body weight gain and abdominal fat and improved glucose tolerance in CD-fed rats  
320 in comparison to CD untreated rats. These results seem to be more related to increased energy  
321 expenditure than to decreased energy intake since food consumption between untreated and  
322 treated groups was not statistically different (data not shown). These results are consistent  
323 with our previous work which showed that cGMP pathway activation through PDE5  
324 inhibition, prevented weight gain in SHR fed a CD (Doghri et al., 2019). They are also in  
325 agreement with the findings of Mitschke et al. (2013) who demonstrated that short-term  
326 treatment with sildenafil in mice, increased the uncoupling protein-1 (UCP-1) expression and  
327 promoted browning of white adipose tissue which is considered a primary site of energy  
328 expenditure (Haas et al., 2009). Moreover, a recent study showed that pharmacological  
329 stimulation of sGC induced weight loss and improved the metabolic phenotype in mice with  
330 diet-induced obesity by enhancing brown adipocytes differentiation (Hoffmann et al., 2015).  
331 Increasing evidence suggests that cGMP pathway modulation may regulate energy balance  
332 via mechanisms that involve thermogenesis, by promoting mitochondrial biogenesis and  
333 increasing the abundance of UCP-1 (Kim GW et al., 2014).

334 Although several mechanisms have already been described to better understand the metabolic  
335 syndrome-induced cardiac dysfunction (Ilkun and Boudina, 2013; Tune et al., 2017), little  
336 information is available on the  $\beta$ -adrenergic system changes during the metabolic syndrome in  
337 SHR. The significant decrease in both inotropic and lusitropic effects of  $\beta$ -adrenoceptor  
338 stimulation observed in CD-fed group could be related to either alteration in intracellular  
339 calcium handling (Lima-Leopoldo et al., 2011; Nevelsteen et al., 2013) or to the down-  
340 regulation of  $\beta_1$ - and  $\beta_2$ - adrenoceptors (Jiang et al., 2015). It is well known that sympathetic  
341 nervous system plays a crucial role in maintaining cardiovascular homeostasis (Manolis et al.,  
342 2014). In this regard, Li et al. (2015) have demonstrated an enhanced sympathetic activity in

343 SHR compared to normotensive rats. Moreover, several line of evidence show a link between  
344 metabolic syndrome and sympathetic overactivity (Thorp and Schlaich, 2015). Therefore, it is  
345 likely that sustained sympathetic overstimulation associated with metabolic syndrome may  
346 contribute to the downregulation of myocardial  $\beta$ - adrenoceptors. On another side, previous  
347 research has reported that the sympathetic overactivation associated with the development of  
348 metabolic syndrome, resulted in vascular hyporeactivity to the  $\alpha_1$ -adrenoceptor stimulation in  
349 rats (Battaut et al., 2018). These observations are in line with data from our study. In the  
350 present study, CD-fed group showed a lower vasoconstrictor response to the  $\alpha_1$ -adrenoceptor  
351 agonist, phenylephrine compared to their counterparts in the control group. Reduced aortic  
352 contractility was also reported in aortic rings from other animal models of metabolic  
353 syndrome such as obese zucker rats (Vendrame et al., 2014) and high sugar-fed mice (Silva et  
354 al., 2016). However, one alternative explanation for such a result is the increase in iNOS-  
355 induced NO production in CD-fed group. This hypothesis is supported by the fact that  
356 addition of the iNOS inhibitor, aminoguanidine completely normalized the response to  
357 phenylephrine in this group. Nonetheless, immunofluorescence assay did not show any  
358 significant difference in iNOS expression in thoracic aorta between the control and CD-fed  
359 groups. Data from literature concerning the iNOS expression modification in rat aorta during  
360 metabolic syndrome are divergent (Araujo et al., 2018; Cebova et al., 2018). The possible  
361 mechanisms explaining these divergent findings remain unclear and may be related to type of  
362 diet and animal model used. Thus, further studies are needed to clarify the mechanisms  
363 underlying these discrepancies.

364 A major finding of this study is that the sCG stimulator BAY 41-2272, administered orally to  
365 CD-fed SHR at the dose of 5 mg/kg for 12 weeks was able to attenuate significantly both  
366 systolic and diastolic hypertension. Our results are in agreement with previous studies.  
367 Geschka et al. (2011) showed that sGC stimulation by riociguat at dose of 3mg/kg for 14

368 weeks were sufficient to decrease markedly systemic hypertension and to improve survival in  
369 Dahl salt-sensitive rats. Furthermore, a study established by Stasch et al. (2001) demonstrated  
370 that oral administration of BAY 41-2272 (1-10 mg/kg) resulted in a strong decrease in blood  
371 pressure in a low-NO rat model of hypertension. It is not unreasonable to postulate that  
372 the BAY 41-2272 lowering blood pressure effect could play a role in the change of  
373 cardiovascular reactivity observed in our study. Typically, the majority of antihypertensive  
374 drugs may exert simultaneously both specific local and systemic effects; and it is not easy to  
375 distinguish the drug-induced reduction of blood pressure from any local effect that may occur  
376 at the cellular level. Ideally sub-antihypertensive doses of BAY 41-2272 should be tested in  
377 order to accurately assess the effect of BAY 41-2272 on cardiovascular reactivity  
378 independently of the change in blood pressure.

379 In addition to lowering blood pressure, long-term treatment with BAY 41-2272 improved  $\beta$ -  
380 adrenoceptor responsiveness and restored the adrenoceptor-mediated vasoconstrictive  
381 response in CD-fed rats. There is accumulating evidence that sGC stimulators possess anti-  
382 fibrotic, anti-inflammatory and antioxidant properties (Tobin et al., 2018). Moreover, a study  
383 conducted by Ferron et al. (2019) showed that improved  $\beta$ -adrenergic responsiveness in high  
384 sugar-fat diet fed rats would be attributed to reduced oxidant status. In light of our results, we  
385 suggest that improvement in the adrenergic response observed in CD-treated rats may involve  
386 antioxidant properties of BAY 41-2272 in addition to its vasodilator potential. Unfortunately,  
387 we were not able to get sufficient blood samples to analyze the oxidative status as we needed  
388 to keep a good viability of the heart for *ex vivo* cardiac reactivity. Another plausible  
389 explanation for this finding is a possible cross regulation between cyclic adenosine  
390 monophosphate (cAMP)- and cGMP- mediated signalling pathways. It has been previously  
391 shown that increasing levels of cGMP suppress cAMP hydrolysis rate by phosphodiesterase  
392 1,2 and 3, leading to an amplified cAMP signalling (Zhao et al., 2015). This suggests that

393 long-term treatment with BAY 41-2272 improves  $\beta$ -adrenergic responsiveness probably  
394 indirectly through a mechanism that may involve isoenzymes phosphodiesterase regulation.  
395 According to other reports (Vendrame et al., 2014; Lyoussi et al., 2018), we showed that  
396 acetylcholine-induced endothelium- dependent relaxation was similar in aortic rings from  
397 control and CD-fed group. However, this result contrasts with other findings describing a  
398 reduced endothelium-dependent relaxation in SHR (Anishchenko et al., 2015) and in other  
399 animal models of metabolic syndrome (El-Bassossy et al., 2014; Bhatta et al., 2017). A  
400 probable hypothesis to explain this divergence is that a compensatory mechanism likely  
401 involving a role of NO was developed in CD-fed rats to offset the effects of arterial  
402 hypertension. This hypothesis is consistent with findings of Berenyiova et al. (2018), who  
403 showed that SHR develop adaptative mechanisms by preserving NOS activity level in order to  
404 fight chronic NO deficiency. In addition, this is in line with the lack of difference between  
405 groups concerning intracellular cGMP content in thoracic aorta observed in our experimental  
406 conditions. It is widely documented that resistant arteries play an important role in the  
407 regulation of blood pressure in SHR (Yu et al., 2016) and are less dependent on NO than  
408 thoracic aorta (Lyoussi et al., 2018). A complementary study of the vascular reactivity in  
409 resistance arteries would therefore be interesting to better assess the effects of CD and BAY  
410 41-2272 treatment.

411 In conclusion, the present study demonstrated that long-term treatment with BAY 41-2272  
412 prevented excessive weight gain, markedly attenuated arterial hypertension and improved  
413 cardiovascular reactivity in CD-induced metabolic syndrome in SHR. These results need  
414 deeper investigations to assess whether BAY 41-2272 might represent a promising potential  
415 candidate in the management of the metabolic syndrome and associated cardiovascular  
416 alterations.

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420 **Conflict of interest**

421 The authors declare that no competing interests exist

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639 **Figure captions**

640 Fig. 1. Follow up of body weight gain (A) and abdominal circumference (B) during 12 weeks  
641 of diet. CD feeding significantly increase body weight gain and abdominal circumference in  
642 comparison to the standard chow diet ( $P < 0.001$ ). On the other hand, long-term treatment with  
643 BAY 41-2272 limited excessive weight gain only at the 12<sup>th</sup> week of the treatment ( $P < 0.05$  vs  
644 CD) and tended to prevent increase in abdominal circumference in CD-fed group. Data are  
645 expressed as mean  $\pm$  S.E.M (n=14-16 rats/group). \* $P < 0.001$  vs Control determined by LME  
646 model.

647 Fig. 2. Blood glucose concentrations (A) and AUC (B) of intraperitoneal glucose tolerance  
648 test were measured at the end of experimental protocol in all groups. Long-term treatment  
649 with BAY 41-2272 improved glucose tolerance in CD-fed rats. \*\*\* $P < 0.001$  vs Control, CD +  
650 BAY 41-2272 by One-Way ANOVA followed by Tukey *post hoc* test (n=14-16 rats/group).

651 Fig. 3. Cardiac response to isoproterenol in CD-fed rats and CD-fed rats treated with BAY 41-  
652 2272. The contractile function was evaluated by measuring the increase in left ventricular  
653 developed pressure (LVDevP) (A) and time derivative of pressure during contraction (dP/dt  
654 max) in response to isoproterenol (C). Coronary vasodilation was assessed through coronary  
655 perfusion pressure variation (B). The diastolic function of the heart was evaluated by  
656 measuring the increase in time derivative of pressure during relaxation (dP/dt min) (D). Each  
657 value represents the mean  $\pm$  S.E.M (n=6 rats/group). \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$  vs CD  
658 determined by LME model.

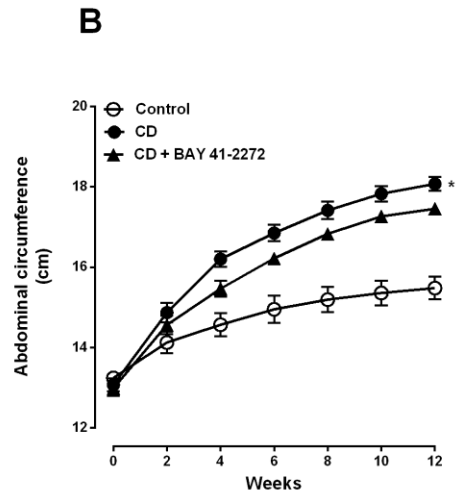
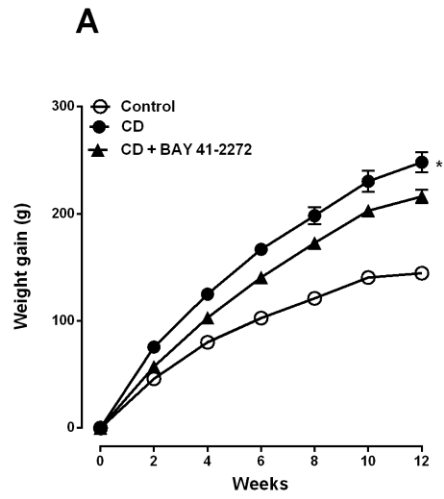
659 Fig. 4. Cumulative-concentration response curves to phenylephrine in thoracic aortic rings  
660 isolated from control rats, CD-fed rats and CD-fed rats treated with BAY 41-2272. Contractile  
661 response to phenylephrine in the absence (A) or presence of aminoguanidine (100  $\mu$ M) (B).

662 Each value corresponds to the mean  $\pm$  S.E.M (n=14-16 rats/group). \*\*P<0.01, \*\*\*P<0.001 vs  
663 CD determined by NLME model.

664 Fig. 5. Effects of CD and long-term treatment with BAY 41-2272 on iNOS enzyme protein  
665 expression in thoracic aorta. (A) Fluorescence confocal microscopy of iNOS (red  
666 fluorescence,  $\lambda_{exc}$  561 nm) immunodetected in thoracic aorta (elastin with green  
667 fluorescence,  $\lambda_{exc}$  488 nm), scale bar 50  $\mu$ m. Control group (n = 4), CD-fed group (n = 3)  
668 and CD-fed group treated with BAY 41-2272 (n=3). (B) Values were represented as mean  $\pm$   
669 S.E.M of mean fluorescence intensity (U.I.). \*P<0.05 vs Control /CD group determined by  
670 One Way ANOVA.

671 Fig. 6. Effects of chronic CD feeding and long-term treatment with BAY 41-2272 on  
672 endothelium-dependent and independent relaxations in thoracic aorta. Cumulative  
673 concentration response of acetylcholine-induced relaxation (A). Cumulative concentration  
674 response curve to sodium nitroprusside (SNP) for the endothelium-independent relaxation  
675 (B). values are expressed in percentage of the precontraction. Each value represents the mean  
676  $\pm$  S.E.M. Comparisons were performed using NLME model.

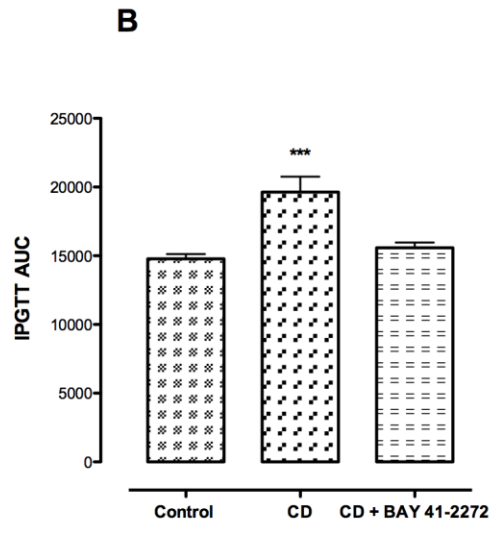
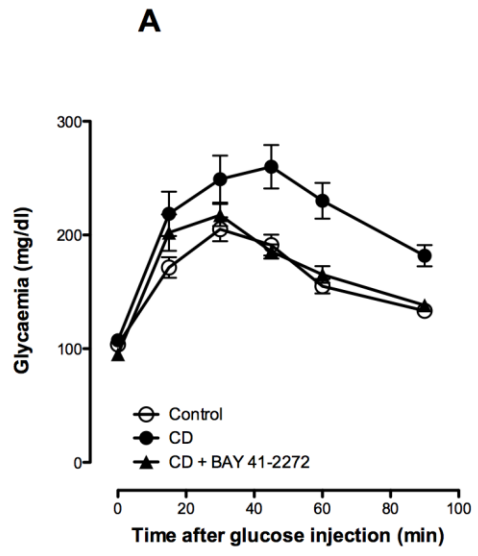
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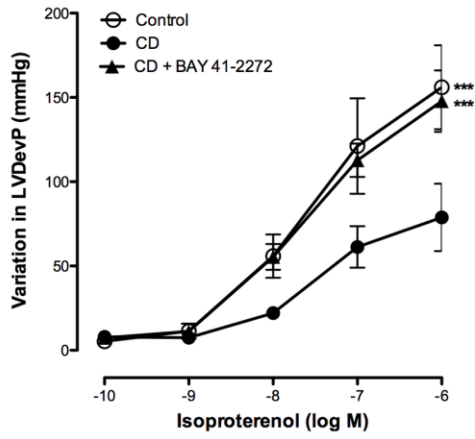
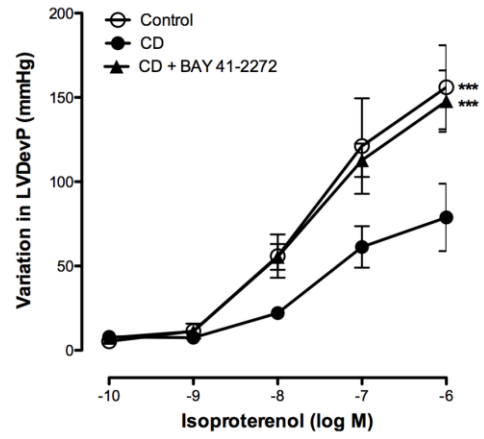
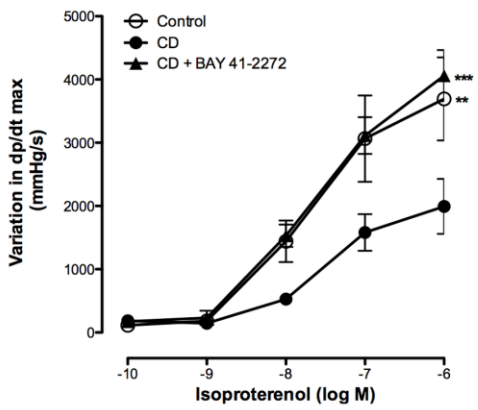
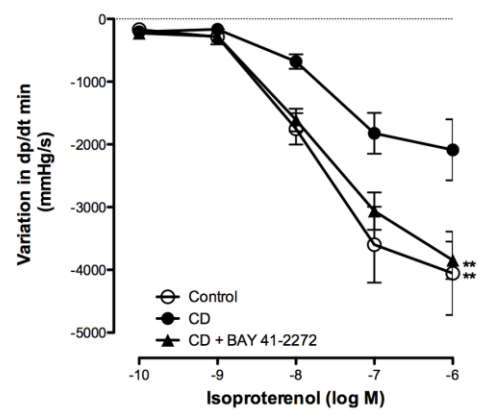
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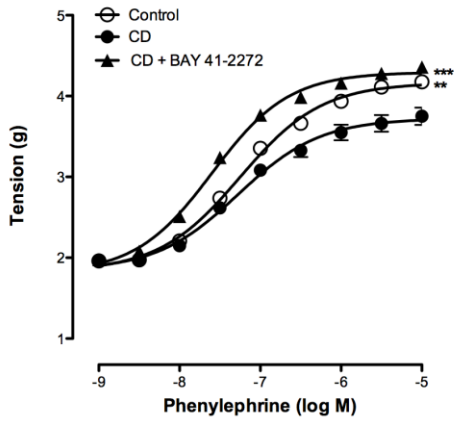
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**A****B****C****D**

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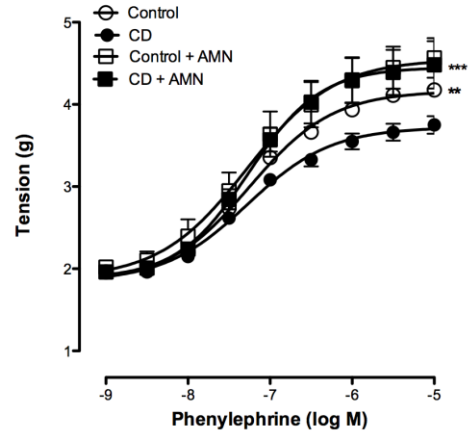
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**A**



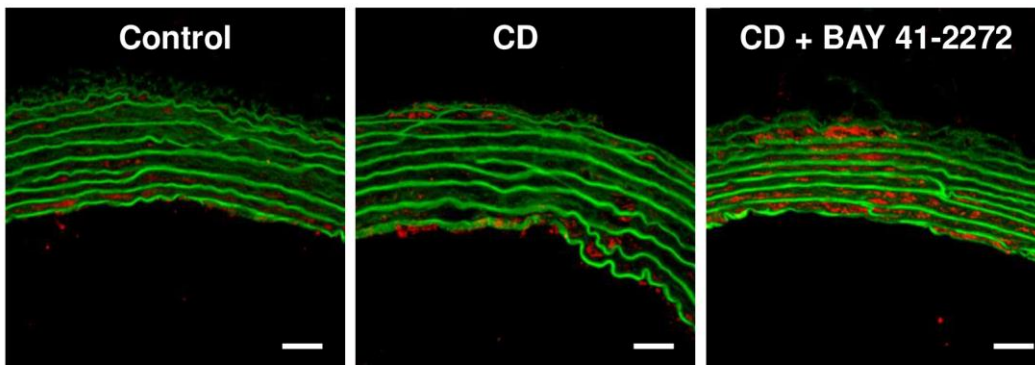
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**B**

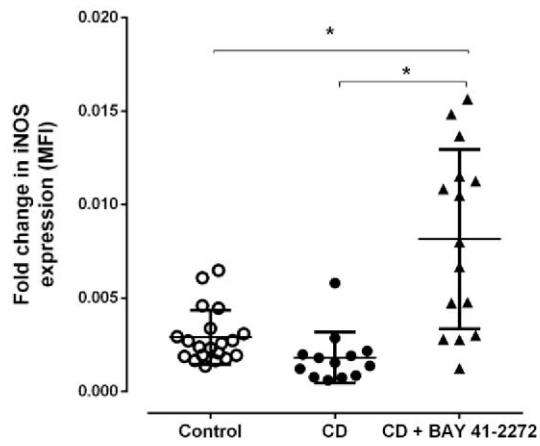


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**A**



**B**



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