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- 1 Characterization of serum metabolome changes during the 5 weeks prior to breeding in
- 2 female goat kids.
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16 ABSTRACT

This prospective study aims to analyze the serum metabolome of female goat kids just before 17 18 the first breeding in order to characterize the changes in metabolites during sexual maturation. A better knowledge of these changes could help optimizing the time for first breeding and 19 improving the fertilization rates at first insemination. Weekly blood sampling was performed 20 on twenty 6- to 7-month-old female goats from Alpine breed born in February during the 5 21 22 weeks preceding their first contact with bucks in September. Progesterone assays and metabolome analysis using ¹H Nuclear Magnetic Resonance Spectroscopy were performed on 23 the serum samples. No spontaneous ovulatory cycle was observed before breeding based on 24 progesterone assays. All female goats had reached the pubertal stage of maturity at breeding 25

since all got pregnant. Metabolome analysis allowed the identification of 109 spectral bins in 26 27 sera. When the metabolic profiles were compared between the 5 weeks preceding the first contact with bucks, 6 metabolites were highlighted that could differentiate between week 5 28 29 and week 1, 2 and 3: glucose, citrate, creatinine, 3-hydroxy-isobutyrate and two unidentified bins. Citrate and 3-hydroxy-isobutyrate are of particular interest because their level 30 significantly varied during sexual maturation, with a significant decrease of 3-hydroxy-31 isobutyrate at week 5 and a significant increase of citrate at week 4 and 5. However, the lack 32 of variability in the fertility results did not allow us to conclude on a potential link between 33 these metabolomics profile and reproduction performances. Further studies are necessary to 34 35 ascertain the reliability of these metabolites as biomarkers of sexual precocity.

36

37 Keywords:

38 Caprine; Metabolites; Sexual maturation; Puberty; Nuclear Magnetic Resonance39 Spectroscopy.

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41 Introduction

Replacement female goat kids determine the future breeding and milk production 42 performances of the herd. Their rearing costs during this unproductive period (from birth until 43 first kidding) are high, thus management of their first breeding is an essential issue. Success 44 of first breeding is a major concern for goat breeders, since failure to fertilize female goats 45 increases unproductive time and breeding costs. Postponing reproduction beyond 7 months of 46 age implies additional rearing costs. In addition, if the kidding period spreads over a long 47 period, it can make it difficult to manage a fallowing period (necessary for disease control and 48 hygiene), create problems in the labor organization (managing heterogeneous groups of young 49

female goats, organizing milking groups) and shorten the interval between kidding andreproduction, hence potentially impairing their fertility potential.

There is a clear impact of the age at first kidding on growth performances, milk production 52 (quantity, quality and duration of first lactation) and on reproduction performances at the 53 second breeding. Optimizing the management of young female goats and their integration to 54 adult groups requires a better control of their reproduction. After hormonal induction of estrus 55 and cervical insemination, nulliparous goats tend to be less fertile than primiparous or 56 multiparous goats (Leboeuf et al., 2000). Fertility rates after artificial insemination of young 57 goats are highly variable and rather low (Fatet et al., 2014a). Different assumptions have been 58 59 made on the causes: heterogeneity of age and weight at first breeding (most female goats are bred at a given date while they were born over a few weeks' period and some of them may not 60 have reached sexual maturity), quality of the first ovulation, variability in the ovulatory 61 62 response to hormonal synchronization (Fatet et al., 2014b).

In France, Alpine and Saanen breeders generally use two criteria to choose when to breed 63 female goat kids: female goats should be 7 months old and weight more than 30kg or 50% of 64 adult weight (Morand-Fehr et al., 1996; Piedhaut et al., 2014). However, sexual precocity is 65 highly variable between female goats. Goats reproduce seasonally and their sexual 66 67 development is influenced by environmental changes (food availability, photoperiod and temperature), breed, season of birth (Delgadillo et al., 2007), feed practices and female goats 68 size. A better characterization of the pubertal stage of maturity could help defining practical 69 strategies for successful first breeding and better management of milk production. Anti-70 71 Müllerian hormone (AMH), a well-known endocrine marker of the ovarian reserve of follicles in mammals, has been proposed as a predictor of fertility in cattle (Mossa et al., 2017), but 72 73 previous work conducted on AMH plasmatic levels in goats failed to clearly associate AMH level with the onset of puberty or the precocity of fertility (Fabre et al., 2018). Biomarkers for 74

sexual precocity have been recently proposed in pigs (Goudet et al., 2019), cattle (Abeni et
al., 2019) and humans (Hirschel et al., 2020). Up to now, there is no known biomarker for
sexual precocity in caprine.

Omics approaches are powerful tools to identify large numbers of biomolecules in body 78 fluids. Nuclear Magnetic Resonance (NMR) spectroscopy is a repeatable, reliable and stable 79 technique that allows a non-targeted identification of the metabolites present in a biological 80 81 sample. The metabolome includes low-molecular-weight compounds such as peptides, lipids, carbohydrates, amino acids, vitamins and minerals. It is the signature of a physiological state. 82 The objective of this prospective study was to analyze the serum metabolome of female goat 83 84 kids just before the first breeding in order to characterize the changes in metabolites during sexual maturation. 85

86

87 Materials and methods

88 Animals, housing and blood samples collection

This experiment was conducted from February to December in the experimental farm PATUCHEV from INRAE Experimental Unit FERLUS (Lusignan, France). All procedures on animals were conducted in accordance with the guidelines for the care and use of laboratory animals issued by the French Ministry of Agriculture. The project was approved by the ethical review committee (Comité d'Ethique en Expérimentation Animale du Poitou-Charentes, COMETHEA n°84) and authorized by the French Ministry of Agriculture with authorization number: APAFIS # 15201.

Twenty female goats from Alpine breed born between February 1st and March 1st were penned together indoor under natural daylight with free access to water. Female goats were weighed weekly from 6 weeks until 4 months of age, then monthly. Female goats were fed *ad libitum* with a high quality milk replacer without animal fat (CHEVRODOR ALTO, Univor,

France) until they weighed 15 kg, which occurred usually between 50 to 60 days of age. They 100 101 were then weaned and fed ad libitum with a complete feed with 20% protein content (NURSY PRIMOR, Alicoop, France) and straw until 20-24 kg (around 4 months of age). At this stage, 102 103 they received hay produced on-farm from multi-species pastures ad libitum and 500 g of concentrate containing 200 g commercial mix of maize and wheat (DUO CEREAL, Alicoop, 104 France), 200 g of grains produced on the farm (triticale and peas) and 100 g of the complete 105 feed previously used. From July 1st, they grazed multi-species pastures (approximate 106 107 composition fescue 70%, white clover 25% and alfalfa 5%) and were fed the same ration as previously (hay *ad libitum* + 500 to 600 g of concentrate). 108

Two bucks were introduced with the 20 female goats on September 9th. After 26 days, these bucks were removed and replaced by a single male. Another replacement occurred 28 days later (54 days after initial buck introduction); the latter was removed after 46 more days (100 days after first introduction). All 4 bucks used for breeding were aged eleven to twelve month old (born in October the previous year) when introduced with the female goats.

114 Weekly blood samples were collected on the twenty female goats from 4 month of age until 115 breeding. Blood was collected in dry tubes, coagulated at room temperature for 15-30 minutes and centrifuged for 15 minutes at 300g and 20°C. The supernatant was transferred in 116 hemolytic tubes, frozen and stored at -20°C until analysis. ELISA progesterone assays were 117 performed on all samples to monitor spontaneous ovulatory activity. Metabolome analysis 118 using ¹H Nuclear Magnetic Resonance Spectroscopy was performed on samples collected 119 during the last 5 weeks before the first contact with bucks (August 12th, 19th, 26th, September 120 2nd, 9th). 121

122 Transrectal ultrasonography was performed using a 7.5 MHz linear transducer (ALOKA-SSD 123 900, Japan Care Co. Ltd, Kobe-Shi, Japan) with the goats in standing position one week 124 before buck introduction. The number of follicles with a diameter \ge 3mm and presence or

absence of corpora lutea were recorded and measured on both ovaries to check the ovarian
status of the goats. Fertility was evaluated by transabdominal ultrasonography 44, 54 and 100
days after buck introduction.

128 Progesterone assay

Progesterone concentrations were determined using an enzyme-linked immunosorbent assay, on 10 µl aliquots of undiluted plasma as previously described (Canepa et al., 2008). The limit of detection of the assay was 0.4 ng/ml and the intra-assay coefficient of variation was 6.6% for quality control plasma samples containing 1.5 ng/ml progesterone. Plasma progesterone levels > 1 ng/ml for two or more consecutive samples indicated ovulatory activity.

134 ¹*H*-nuclear magnetic resonance analysis of serum samples

As previously described by Beauclercq and collaborators (Beauclercq et al., 2016), sera were prepared by cold methanol precipitation of lipids and proteins. After centrifugation and solvent evaporation of the supernatant, dried extracts were stored at -80°C. Prior to ¹H-NMR analysis, dried serum samples were dissolved in 220 μ l of 0.2 M potassium phosphate buffer in deuterium oxide (pH = 7.4) with 123 μ M of tri-methyl-silylpropionic acid (TSP) final concentration.

¹H-NMR spectra were obtained with a Bruker DRX-600 AVANCE-III HD spectrometer
(Bruker SADIS, Wissembourg, France). A "noesypr-1d" sequence was used to acquire 64
scans on a time domain of 64K data points with a spectral width of 7500 Hz. After Fourier
transformation, baseline and phase correction were applied.

145 NMR*Proc*Flow (version 1.1, INRA UMR 1332 BFP, Bordeaux Metabolomics Facility,
146 France) (Jacob et al., 2017) was used to reduce ¹H-NMR spectra into a data table containing
147 variable integrated regions. Spectral intensities, named by compound name if known or by B148 chemical-shift if unidentified, were scaled to the reference region (TSP). Assignments were

done using databases as HMDB (http://www.hmdb.ca) and ChenomX NMR suite 8.1evaluation edition (ChenomX Inc, Edmonton, Canada).

151 *Multivariate analysis*

A supervised multivariate statistical data analysis based on PLS-DA (partial least squares 152 discriminant analysis) and OPLS-DA (orthogonal partial least squares discriminant analysis, 153 can rotate the projection so that the model focuses on the effect of interest) were performed on 154 the metabolomics data generated by ¹H-NMR using SIMCA 13.0.3 software (Umetrics, 155 Umea, Sweden). Differences between NMR metabolic profiles were sought between week 156 conditions. The model qualities were evaluated after 7-fold cross validation by R²Y (goodness 157 of fit), Q^2 (goodness of prediction) and CV-ANOVA (Cross Validation-ANalysis Of 158 VAriance). CV-ANOVA is a diagnostic tool for assessing the reliability of models; the 159 returned p-value is indicative of the statistical significance of the fitted model. According to 160 these criteria, metabolites with greater contribution in the separation of the groups were 161 identified. The features with Variable Importance on Projection (VIP) values > 1.0 were 162 responsible for the differences between weeks. 163

164 Univariate analysis was performed on VIP using a t-test or a Mann Whitney test according to 165 the normal distribution of the data. The results were considered to be significantly different 166 when $P \le 0.05$.

167

168 **Results**

169 Spontaneous ovulatory activity and fertility

Plasma progesterone levels raised > 1 ng/ml punctually in 3 young females during summer. One doe had 2 consecutive samples above the threshold in June (3.7 and 4.9 ng/ml), 2 does had a sample above 1 ng/ml in late July (1.04 and 1.4 ng/ml), probably as a response to the stress of grazing outside daily from July 1^{st} . We considered that animals exhibiting a 174 significant increase in progesterone levels during summer had reached ovarian maturity 175 earlier. However, based on plasma progesterone levels and as confirmed by the absence of 176 corpora lutea when analyzing the ovaries by ultrasound scanning, no spontaneous ovulatory 177 activity was observed during the five weeks before breeding in any of the 20 female goats.

Fertility following buck introduction was 100% and most females (n = 18) were fertilized during their first cycle (within 12 days from buck introduction). All female goats had reached the pubertal stage of maturity at breeding since all got pregnant. Thus, potential differences between fertile/non fertile female goats, with short/long latency until gestation could not be studied.

183 Serum metabolome analysis

Serum metabolome ¹H-NMR analysis allowed the identification of 109 spectral bins (supplementary data). Among them, 78 were identified as unique metabolites (citrate, formate, leucine, valine, for example) or an overlapping of metabolites (Glut + Meth + Gln = Glutamate + Methionine + Glutamine, for example). Thirty-one of them were unidentified (B6-8777 = chemical shift at 6.8777 of the spectral bin for example).

Serum metabolome from female goat kids contained sugars (glucose), organic acids (acetate, citrate, formate, glutamate, isobutyrate, lactate, nicotinurate), amino acids and derivatives (alanine, creatine, glutamine, glycine, isoleucine, leucine, methionine, methylhistidine, phenylalanine, threonine, tryptophan, tyrosine, valine), organic compounds (creatinine, dimethylamine) and nucleosides (hypoxanthine, inosine).

Figure 1 shows the spectral intensities scaled to the reference region of each spectral area from week 1 to week 5 until the first contact with bucks for the 20 studied female goats. Metabolome results were compared between the group of female goats whose progesterone levels raised punctually and the other female goats but no significant differences were observed (data not shown). Metabolome results were compared between female goats with or

without large follicles (diameter \geq 3mm) but no significant differences were observed (data 199 200 not shown). When considering the 20 female goats, PLS-DA was applied in order to compare the metabolic profiles between the 5 weeks before buck introduction. Unfortunately, no PLS-201 202 DA model was found to differentiate the 5 weeks. We then used OPLS-DA to look for biomarker candidates, comparing side by side all weeks. Table 1 summarizes the predictive 203 abilities of the different statistical models obtained by comparing weeks. The best OPLS-DA 204 205 model was found when comparing week 1 versus week 5 (Figure 2) suggesting that regarding 206 the metabolic profiles discrimination between the two weeks is possible. The discriminating spectral bins with VIP values over 1 and their *P*-values are listed in Table 2. According to the 207 208 quality model criteria, the comparison between week 5 and week 2 (Table 3) or week 5 and week 3 (Table 4) seems interesting because it signs the evolution of some metabolites along 209 210 weeks.

211 In order to seek the VIP (metabolites) shared between the side-by-side comparison (week 5 versus week 1, week 5 versus week 2, week 5 versus week 3), a Venn diagram (Bardou et al., 212 213 2014) (http://jvenn.toulouse.inra.fr) was established and shared metabolites could be assessed 214 as potential biomarkers of sexual precocity (Figure 3). The Venn diagram allows highlighting shared metabolites when comparing different conditions. The shared metabolites between the 215 three weeks comparison (meaning week 5 and week 1, week 5 and week 2, week 5 and week 216 217 3) are 3-hydroxy-isobutyrate (3HO-isobutyrate), citrate, creatinine, glucose and two unidentified bins (B2-8505 and B3-5801). Among these six metabolites, 3HO-isobutyrate and 218 creatinine levels progressively decreased whereas the others increased from week 1 to week 5. 219

220

221 Discussion

The objective of this prospective study was to analyze the serum metabolome of female goat kids before the first breeding in order to characterize pubertal development related variations of the metabolome.

225 Among livestock metabolomics studies, few were performed on caprine compared to bovine, porcine and ovine (Goldansaz et al., 2017). Metabolomics analyses have been performed on 226 goat milk (Scano et al., 2014; Yang et al., 2016; Caboni et al., 2019), vitreous humor (Locci et 227 al., 2014; Rosa et al., 2015), rumen fluid or epithelium (Mao et al., 2016; Guo et al., 2019; 228 229 Zhang et al., 2019), hindgut (Tao et al., 2017), urine (Contreras-Jodar et al., 2019), liver (Zhang et al., 2019) and meat (Wang et al., 2019). Two metabolomics studies have been 230 231 performed on goat serum : the metabolomics alterations induced by a mycotoxin in the serum of dairy goats were analyzed by a NMR-based approach (Cheng et al., 2017) and the 232 metabolome of serum from dairy goat fed with different diets was analyzed by gas 233 234 chromatography and mass spectrometry (Zhang et al., 2019). However, to our knowledge, NMR characterization of female goat kid serum has never been performed. Our study was 235 236 successful in performing metabolomics analyses in the serum of 20 female goat kids collected 237 over 5 weeks just before the first breeding.

Among the 109 spectral bins obtained, 78 metabolites were identified. Most of the metabolites 238 identified in the serum of female goat kids were also identified in adult goat serum such as 239 sugars (glucose), organic acids (acetate, citrate, glutamate, lactate), amino acids and 240 derivatives (alanine, creatine, glutamine, glycine, isoleucine, leucine, methionine, 241 phenylalanine, threonine, tryptophan, tyrosine, valine), organic compounds (creatinine), and 242 nucleosides (hypoxanthine, inosine) (Cheng et al., 2017; Zhang et al., 2019). However, 243 according to our study and the literature currently available, some metabolites in the serum of 244 female goat kids were not detected in adult goats, such as trimethylamine-oxyde (TMAO), 245 dimethylamine (DMA), methylhistidine, oxoisocaproate, formate and histamine (Cheng et al., 246

247 2017; Zhang et al., 2019). This could be due to differences in the analytical techniques.
248 Alternatively, this suggests that pubertal development could be related to variations of the
249 metabolome, and that further potential biomarkers of sexual maturation could be identified by
250 serum metabolome analysis.

When the metabolic profiles were compared between the five weeks before the first contact 251 with bucks, six metabolites were identified that could differentiate between week 5 and week 252 253 1, week 2 and week 3: 3-hydroxy-isobutyrate, citrate, creatinine, glucose and two unidentified 254 bins. These metabolites could be assessed as potential biomarkers of sexual development before puberty. Several studies supporting this assertion have been published. In a study 255 256 focusing on the relationships between age at puberty and blood metabolic profiles in dairy heifers from 6 to 15 months of age, Abeni and collaborators showed modifications of the 257 glucose and creatinine levels with age before puberty (Abeni et al., 2019). In heifers, 258 259 creatinine levels increased with age whereas glucose level decreased. When analyzing the alterations in blood serum chemistry values in the puberty period in goats, Devrim and 260 collaborators showed that creatinine levels significantly increased with age (Devrim et al., 261 2015). Urinary excretion of creatinine was showed to peak around puberty in healthy 262 schoolchildren; boys excreting significantly more creatinine compared with girls before and 263 during puberty, reflecting greater muscle mass (Skinner et al., 1996). Citrate was detected in 264 urine from children and similar rates were observed in both male and female subjects until 265 puberty during which time citrate excretion became significantly higher in girls (Kirejczyk et 266 al., 2014). Moreover, 3-hydroxy-isobutyrate has been identified in urinary metabolome from 267 8-9 years old children (Maitre et al., 2017) and serum metabolome of lambs (Pereira et al., 268 2020). Among 78 metabolites for discrimination between central precocious puberty (CPP) 269 270 and healthy individuals, 6 urinary compounds including creatinine provided a good prediction (Qi et al., 2012). The plasma and urine metabolome of 12-15-year-old adolescents showed 271

that pubertal development stage was related to urinary creatinine and citrate content (Zheng et 272 273 al., 2014). Moreover, it has been reported that the excretion of urinary citrate is regulated by sex hormones such as estrogen (Dey et al., 2002). Therefore, the modifications in the citrate 274 275 content could be attributed to changes in sex hormones during pubertal development. These data and our results suggest that citrate, 3-hydroxy-isobutyrate and creatinine could be 276 potential biomarkers of sexual maturation in several species, including caprine. Citrate and 3-277 278 hydroxy-isobutyrate are of particular interest because their level significantly varied during 279 sexual maturation, with a significant decrease of 3-hydroxy-isobutyrate at week 5 and a significant increase of citrate at week 4 and 5. Creatinine levels were significantly lower at 280 281 week 3 and week 5. Glucose levels were significantly higher at week 4 and 5 compared to week 1 and 2, but the concentrations of glucose are influenced by diet. Thus, glucose may not 282 be a robust biomarker of sexual maturation. Two unidentified bins are also candidates for 283 284 potential biomarkers, further studies are in progress to identify them.

In addition to these six identified metabolites, the side-by-side comparison (week 5 versus 285 week 3, week 5 versus week 2, week 5 versus week 1) highlighted several metabolites such as 286 amino acids (alanine, glycine, isoleucine, leucine, tryptophan, valine, 3-methyl-histidine) and 287 overlapping of amino acids (leucine + isoleucine and glutamate + methionine + glutamine, 288 289 due to the inability to discern these metabolites). In human, puberty has been shown to be related to significant modifications of some amino acids levels in serum such as alanine, 290 glycine, tryptophan, valine, methyl-histidine and leucine + isoleucine (Cominetti et al., 2020; 291 Hirschel et al., 2020). They may be biomarkers of sexual maturation. However, since diet may 292 293 influence their concentration, amino acids may not be robust biomarkers. The side-by-side comparison also highlighted lactate, TMAO and histamine. Metabolomics analysis in human 294 295 and equine showed that follicular fluid contain lactate, TMAO and histamine, which could be related to ovary maturation (Dogan et al., 2020; Fernández-Hernández et al., 2020). In human, 296

lactate concentration varies significantly during pubertal development (Cominetti et al.,
2020). Such variations in blood biochemical profiles probably reflect changes in energy and
carbohydrate metabolism during sexual maturation.

300

301 Conclusion

This prospective study allowed highlighting six metabolites whose levels significantly 302 303 changed during sexual maturation five weeks before the first contact with bucks: citrate, creatinine, glucose, 3-hydroxy-isobutyrate and two metabolites that are still being 304 unidentified. However, the lack of variability in the fertility results did not allow us to 305 306 conclude definitively on a potential link between these metabolomics profile and reproduction performances. Additional work is needed to confirm whether some of these metabolites could 307 be reliable biomarkers of sexual precocity. Moreover, the influence of diet and individual 308 309 metabolism on their levels should be taken in consideration. Further studies should include reproduction challenges to create more variability in the fertility results, i.e. breeding female 310 goats at an earlier age or following a hormonal induction. 311

312

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318

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322

Author contribution statement: 323

324	Alice Fatet: Conceptualization, Validation, Investigation, Resources, Writing, Supervision,
325	Funding acquisition. Lydie Nadal-Desbarats: Methodology, Validation, Formal analysis,
326	Resources, Writing, Visualization. Karine Boissard: Methodology, Validation, Investigation,
327	Resources. Catherine Antar: Methodology, Validation, Formal analysis, Resources.
328	Sandrine Freret: Conceptualization, Validation. Maria-Teresa Pellicer-Rubio:
329	Conceptualization, Validation, Writing. Danielle Monniaux: Conceptualization, Validation,
330	Writing. Ghylène Goudet: Conceptualization, Validation, Investigation, Writing,
331	Visualization, Supervision.
332	
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452 Figure legends

- 453 Figure 1. Average serum concentrations of identified and unidentified metabolites (arbitrary
- unit) for the 20 female goat kids from week 1 to week 5 until the first contact with bucks

(mean + SEM). Spectral intensities, named by compound name if known or by B-chemical-455 456 shift if unidentified, were scaled to the reference region. The y-axis was standardized to the maximal concentration so that the variations are easy-to-read. * shared metabolites between 457 the three comparisons week 5 vs week 1, week 5 vs week 2 and week 5 vs week 3 (OPLS-458 DA). 1-4: levels differ significantly between week 1 and week 4 (t-test; P < 0.05). TMAO= 459 trimethylamine-oxyde; 3HOB = 3 hydroxybutyrate; Glut + Meth + Gln = glutamate +460 methionine + glutamine; Leu + isol = leucine + isoleucine; DMA = dimethylamine; Hipp + 461 tryp = hippurate + tryptophane; Phenylala = phenylalanine; 3HOisobutyrate = 3-hydroxy-462 isobutyrate; Citrate + Meth = citrate + methionine. 463

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Figure 2. Score scatter plot resulting from the OPLS-DA model on ¹H-NMR spectra of female goat kid sera. Each dot correspond to one animal. Week 1 in green dot and week 5 in blue dot. $R^{2}Y(cum) = 0.99$, $Q^{2}(cum) = 0.9$. The predicted scores t_{P} [1] (predictive component) versus the orthogonal scores t_{O} [1] (orthogonal component) of the week 1 (green dots) and the week 5 (blue dots) are shown.

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Figure 3. Venn diagram showing shared metabolites between side-by-side comparison of
week 5 vs week 1, week 5 vs week 2 and week 5 vs week 3. 3-HO-Isobutyrate = 3-hydroxyisobutyrate; Isoleu = isoleucine; TMAO = trimethylamine-oxyde; Tryp = tryptophane; Hista =
histamine; 3-m-Histidine = 3-methyl-histidine; Glu + Meth + Gln = Glutamate + Methionine
+ Glutamine.











W3/W5

Table 1: Summary of the quality criteria of the OPLS-DA models fitted on female goat kid serum ¹H-NMR data. $R^2Y =$ goodness of fit; $Q^2 =$ goodness of prediction; CV-ANOVA = Cross Validation-Analysis Of VAriance. Based on the quality criteria of the OPLS-DA models, the best models are mentioned in bold.

	Quality of the models			
OPLS-DA models	R ² Y(cum)	Q ² (cum)	CV-ANOVA	Number of spectral
	0.04		4 0 0 7 5	Variables
Week 1 vs week 2	0.84	0.57	$4.80E^{-3}$	64
Week 1 vs week 3	0.78	0.64	1.88E ⁻⁷	58
Week 1 vs week 4	0.95	0.78	5.15E ⁻⁸	62
Week 1 vs week 5	0.99	0.90	2.98 E ⁻⁸	42
Week 2 vs week 3	0.87	0.68	$4.56E^{-7}$	57
Week 2 vs week 4	0.70	0.51	3.19E ⁻⁵	61
Week 2 vs week 5	0.91	0.80	8.10E ⁻¹⁰	60
Week 3 vs week 4	0.95	0.81	4.58E ⁻⁹	58
Week 3 vs week 5	0.93	0.78	4.41E⁻⁸	59
Week 4 vs week 5			No model	

Table 2: Serum metabolites identified by OPLS-DA discriminating between week 1 and week 5. VIP = Variable Importance in the Projection, *P*-value obtained by a *t*-test.

Var ID (Primary)	VIP	<i>P</i> -value	Week 1 vs Week 5
3-HO-Isobutyrate	1,45	0.00004	Up
3-methyl-Histidine	1,32	0.00030	Up
Glucose	1,31	0.00084	Down
TMAO	1,26	0.00107	Down
Tryptophane	1,23	0.00131	Down
Lactate	1,16	0.00005	Up
B2_8505	1,15	0.00681	Down
Creatinine	1,13	0.00717	Up
Glycine	1,12	0.00429	Up
B3_5801	1,11	0.04363	Down
B3_0303	1,11	0.00687	Down
B2_9222	1,09	0.01526	Down
Isoleucine	1,07	0.01921	Down
Citrate	1,04	0.03745	Down
Inosine	1,04	0.00819	Up
Alanine	1,04	0.02593	Up
Nicotinurate	1,01	0.00733	Up

3-HO-Isobutyrate = 3-hydroxy-isobutyrate; TMAO = trimethylamine-oxyde.

Var ID (Primary)	VIP	<i>P</i> -value	Week 2 vs Week 5
Histamine	1.52	< 0.0001	Down
B2_8505	1.52	0.0004	Down
B2_8614	1.49	0.0001	Down
3HO-Isobutyrate	1.47	< 0.0001	Up
B2_8789	1.42	0.0034	Down
B2_9403	1.41	0.0042	Down
Tryptophane	1.38	0.0009	Down
B2_8927	1.35	0.0081	Down
Glucose	1.32	0.0008	Down
B3_1640	1.25	0.0004	Down
TMAO	1.23	0.0011	Down
B2_9462	1.20	0.0039 (W)	Down
Creatinine	1.17	0.0047	Up
B2_9325	1.17	0.0264	Down
B3_5801	1.13	0.0328 (W)	Down
Isoleucine	1.07	0.0379 (W)	Down
Citrate	1.01	0.0236	Down

Table 3: Serum metabolites identified by OPLS-DA discriminating between week 2 and week 5. VIP = Variable Importance in the Projection, *P*-value obtained by a *t*-test, *P*-value with (W) is calculated by the Wilcoxon Mann Whitney test.

3-HO-Isobutyrate = 3-hydroxy-isobutyrate; TMAO = trimethylamine-oxyde.

Table 4: Serum metabolites identified by OPLS-DA discriminating between week 3 and week 5. VIP = Variable Importance in the Projection, *P*-value obtained by a *t*-test, *P*-value with (W) is calculated by the Wilcoxon Mann Whitney test.

Var ID (Primary)	VIP	P -value	Week 3 vs Week 5
3HO-Isobutyrate	1.52	< 0.0001	Up
Leucine	1.45	0.0017	Up
Leucine+Isoleucine	1.44	0.0022	Up
B3_1640	1.36	0.0007	Down
B2_8505	1.27	0.0070	Down
3-methylHistidine	1.26	0.0020	Down
B6_8971	1.26	0.0038	Up
Valine	1.25	0.0151	Up
B3_5801	1.24	0.0192 (W)	Down
Glucose	1.21	0.0043 (W)	Down
B2_8614	1.20	0.0015 (W)	Down
B2_9462	1.15	0.0075 (W)	Down
Histamine	1.09	0.0223	Down
Glu+Meth+Gln	1.09	0.0292	Down
Creatinine	1.08	0.0217	Down
Citrate	1.00	0.0312	Down

3-HO-Isobutyrate = 3-hydroxy-isobutyrate; Glu+Meth+Gln = Glutamate + Methionine + Glutamine.