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1 A new clinically-relevant rat model of letrozole-induced chronic nociceptive

2 **disorders**

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- 4 Aurore Collin¹, Julie Vein¹, Yohann Wittrant², Bruno Pereira,³ Raalib Amode⁴, Christelle
- 5 Guillet⁵, Damien Richard⁶, Alain Eschalier¹, David Balayssac^{7*}
- 6
- 7 1. Université Clermont Auvergne, INSERM, U1107, NEURO-DOL, F-63000, Clermont8 Ferrand, France.
- 9 2. Université Clermont Auvergne, INRA, UNH, INRAE, UMR1019, UNH, F-63000
- 10 Clermont-Ferrand and F-63122 Saint-Genès Champanelle, France.
- 11 3. CHU Clermont-Ferrand, Direction de la recherche clinique et de l'innovation, F-63000,
- 12 Clermont-Ferrand, France.
- 13 4. School of Pharmacy, Faculty of Science, University of East Anglia, UK.
- 14 5. Université Clermont Auvergne, INRA, UMR1019, UNH, CRNH Auvergne, F-63000,
- 15 Clermont-Ferrand, France
- 16 6. Université Clermont Auvergne, INSERM U1107, NEURO-DOL, CHU Clermont-Ferrand,
- 17 Laboratoire de Pharmacologie et de Toxicologie, F-63000, Clermont-Ferrand, France.
- 18 7. Université Clermont Auvergne, INSERM U1107, NEURO-DOL, CHU Clermont-Ferrand,
- 19 Direction de la recherche clinique et de l'innovation, F-63000, Clermont-Ferrand, France.

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21 Corresponding author:

- 22 Aurore Collin
- 23 INSERM U1107 NEURO-DOL
- 24 TSA 50400
- 25 28 Place Henri Dunant
- 26 63000 CLERMONT-FERRAND cedex 1
- 27 aurore.collin@uca.fr
- 28 +33 (0)4 73 17 80 41
- 29
- 30

31 Abstract

Among postmenopausal women with estrogen receptor-positive breast cancer, more than 80% 32 receive hormone therapy including aromatase inhibitors (AIs). Half of them develop chronic 33 arthralgia - characterized by symmetric articular pain, carpal tunnel syndrome, morning 34 35 stiffness, myalgia and a decrease in grip strength - which is associated with treatment discontinuation. Only a few animal studies have linked AI treatment to nociception, and none 36 to arthralgia. Thus, we developed a new chronic AI-induced nociceptive disorder model 37 38 mimicking clinical symptoms induced by AIs, using subcutaneous letrozole pellets in ovariectomized (OVX) rats. Following plasma letrozole dosage at the end of the experiment 39 (day 73), only rats with at least 90 ng/mL of letrozole were considered significantly exposed 40 to letrozole (OVX+high LTZ group), whereas treated animals with less than 90 ng/mL were 41 pooled in the OVX+low LTZ group. Chronic nociceptive disorder set in rapidly and was 42 43 maintained for more than 70 days in the OVX+high LTZ group. Furthermore, OVX+high LTZ rats saw no alteration in locomotion, myalgia or experimental anxiety during this period. 44 Bone parameters of the femora were significantly altered in all OVX rats compared to 45 46 Sham+vehicle pellet. A mechanistic analysis focused on TRPA1, receptor suspected to mediate AI-evoked pain, and showed no modification in its expression in the DRG. This new 47 long-lasting chronic rat model, efficiently reproduces the symptoms of AI-induced 48 nociceptive disorder affecting patients' daily activities and quality-of-life. It should help to 49 study the pathophysiology of this disorder and to promote the development of new therapeutic 50 51 strategies.

52

53 Keywords: Arthralgia; Myalgia; Letrozole; TRPA1; Rat

55	Abbreviations: AIs, aromatase inhibitors; ANOVA, One-way analysis of variance; DRG,
56	dorsal root ganglia; LTZ, letrozole; OVX, ovariectomized; PLT, pellets; REM, random-
57	effects models; VEH, vehicle

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64 **1. Introduction**

Breast cancer is the most prevalent cancer among women. In the United States of 65 America, 3.8 million women are living with a history of invasive breast cancer, and 268,600 66 women were newly diagnosed in 2019 (Miller et al., 2019). This cancer has a good survival 67 rate thanks to routine screening and to codified therapeutic management, offering real chances 68 of survival to patients (Niravath, 2013). Thus 5-year, 10-year, and 15-year relative survival 69 70 rates for breast cancer are 89%, 83%, and 78%, respectively (Miller et al., 2016). About 79% of postmenopausal patients with hormone-receptor positive [estrogen receptor-positive 71 (ER+)] breast cancer, regardless of the stage of the cancer, receive hormone therapy including 72 aromatase inhibitors (AIs) (Miller et al., 2016). AIs include non-steroidal inhibitors 73 (anastrozole and letrozole - LTZ) and a steroidal inhibitor (exemestane) (Gaillard and Stearns, 74 75 2011). Randomized clinical trials demonstrated that these AIs, anastrozole (Jakesz et al., 2005), LTZ (Breast International Group (BIG) 1-98 Collaborative Group et al., 2005) and 76 exemestane (Coombes et al., 2004), were superior to tamoxifen alone, a selective estrogen 77 78 receptor modulator, in reducing breast cancer recurrence in postmenopausal patients with early hormone-sensitive breast cancer. There were significantly fewer thromboembolic and 79 gynecologic adverse events with AI treatments than with tamoxifen (Coombes et al., 2004; 80 81 Breast International Group (BIG) 1-98 Collaborative Group et al., 2005; Jakesz et al., 2005). Currently, AI adjuvant therapy is given for at least 5 years, but extending treatment to 10 82 years would be beneficial for patients, and produce higher rates of disease-free survival and a 83 lower incidence of contralateral breast cancer (Goss et al., 2016). 84

However, half of postmenopausal patients treated with AIs develop arthralgia, characterized by symmetric joint pain (wrist, hands and knees), carpal tunnel syndrome, morning joint stiffness, myalgia, back pain, osteoporosis and a decrease in grip strength (Din et al., 2010; Siegel et al., 2012; Niravath, 2013; Mamounas et al., 2019). These symptoms

usually appear after 1.6 months and reach a peak 6 months after starting the treatment (Henry 89 et al., 2008). Symptoms of AI-induced arthralgia severely affect patients' daily activities and 90 quality-of-life and lead to poor compliance (Cella et al., 2006). Non-compliance with AI 91 treatments progressively increases each year to reach 21%-38% in the third year of treatment 92 (Partridge et al., 2008). In these non-compliant patients, non-compliance being due to 93 intolerance, the leading cause (75% of non-compliant patients) is AI-associated 94 musculoskeletal disorders (Henry et al., 2012). The underlying mechanisms of AI-associated 95 musculoskeletal disorders still remain unknown and there is little effective treatment 96 (Bhatnagar, 2007; Niravath, 2013; Robarge et al., 2016), apart from duloxetine, which 97 98 significantly improves joint pain within 12 weeks of treatment compared to the placebo (Henry et al., 2018). 99

Preclinical studies in rodents have been developed to evaluate disorders induced by AI 100 101 treatments relating to neurotransmission and cognition (Aydin et al., 2008), hormonal and lipid status (Evrard and Balthazart, 2004a, 2004b; Kumru et al., 2007; Ortega et al., 2013; 102 103 Boutas et al., 2015; De Logu et al., 2016) as well as bone mineral density (Gasser et al., 2006; Kumru et al., 2007; Mohamed and Yeh, 2009). Few studies have linked AI treatment to 104 nociception (Moradi-Azani et al., 2011; Fusi et al., 2014; Robarge et al., 2016), and to the best 105 of our knowledge none have specifically examined arthralgia. Furthermore, some features of 106 107 these studies are far-removed from clinical practice (e.g. use of male animals, intraplantar injections, short-term treatments) and limit the translational aspect. Regarding potential 108 pathophysiological mechanism of AI-induced nociceptive disorders, TRPA1, a key receptor 109 involved in hyperalgesia, and in neurogenic and chronic inflammation (Boutas et al., 2015), 110 was recently shown to be involved in LTZ-induced pain (Fusi et al., 2014; De Logu et al., 111 112 2016).

Considering the clinical importance of AI-induced arthralgia, the inadequacy of 113 current animal models, and the need for both pathophysiological exploration and 114 pharmacological innovation, we developed a new model of chronic AI-induced chronic 115 116 nociceptive disorder in order to mimic clinical symptoms induced by AIs. Given that the target pathology occurs in postmenopausal women, that sex-related hormonal status impacts 117 pain and analgesic responses, suggesting that systemic estrogens may be negative regulators 118 of pain (Tsao et al., 1999; Fillingim and Ness, 2000), we used ovariectomized (OVX) 119 120 Sprague-Dawley female rats, in which a subcutaneous LTZ pellet was implanted. The main result we achieved is joint hypersensitivity that mimics AI-induced nociceptive disorder for a 121 122 sustained period, with onset after 10 days and which is maintained significantly for more than 70 days, and involves alteration of bone architectural parameters. 123

124

125 **2. Materials and methods**

126 **2.1. Animals**

Experiments were conducted on female Sprague-Dawley rats (11 weeks old upon arrival, 127 128 Janvier Labs, France). The animals were housed 3 per cage, with water and food ad libitum, exposed to a 12:12 h light/dark cycle and 50% hygrometry. The procedures were approved by 129 the local ethics committee (C2E2A - Comité d'Ethique en Expérimentation Animale en 130 Auvergne) and received the following authorizations: APAFIS#3409-2015123016491662v3 131 (July 25, 2017, Ministère de l'Enseignement Supérieur, de la Recherche et de l'Innovation, 132 France). The experiments were carried out according to the ARRIVE guidelines for animal 133 research (Kilkenny et al., 2010). Animals were daily observed in order to address animal 134 welfare standards and animal weight was measured on days -13, 0, 7, 14, 21, 28, 35, 42, 49, 135 136 56, 63 and 70. Two investigators blinded to the treatments performed the behavioral tests (D.B.: ankle pressure test and muscle pressure test; J.V.: open field test and rotarod test). The 137 treatment allocation was revealed at the end of the behavioral experiments. Four groups of 138

animals were used: OVX rats implanted either with subcutaneous LTZ pellets (OVX+PLT 139 200 and 400 µg/day) or vehicle pellets (OVX+VEH) (control group) and sham rats 140 (Sham+VEH). Treatment groups were randomized within cages (3 animals per cage) using a 141 permutation table, and the experiments were repeated 3 times, to achieve the following total 142 number of animals: Sham+VEH = 14 rats, OVX+VEH = 14 rats, OVX+PLT 200 = 14 rats, 143 and OVX+PLT 400 15 rats (1st experiment: Sham+VEH = 3 rats, OVX+VEH = 4 rats, 144 OVX+PLT 200 = 3 rats, and OVX+PLT 400 = 4 rats; 2nd experiment: Sham+VEH = 5 rats, 145 OVX+VEH = 5 rats, OVX+PLT 200 = 6 rats, and OVX+PLT 400 = 5 rats ; 3rd experiment: 146 Sham+VEH = 6 rats, OVX+VEH = 5 rats, OVX+PLT 200 = 5 rats, and OVX+PLT 400 = 6 147 148 rats). The results of the three experiment repetitions were pooled for the final analysis.

149

150 **2.2. Ovariectomy**

151 In order to mimic a postmenopausal status, females were ovariectomized at the age of 12 weeks to ensure good hormonal impregnation with full sexual maturity. Animals received 152 153 general anesthesia by single administration of xylazine / ketamine (10 mg/kg / 80 mg/kg, by 154 intraperitoneal injection). Analgesia was obtained with administrations of meloxicam (2 mg/kg, subcutaneous injection) during anesthesia and 24 hours after the surgery. Animals 155 were placed in ventral decubitus on a warming carpet, with ocular gel instilled into each eve 156 157 at the beginning of the surgery. Antisepsis was ensured with 70° alcohol and povidone iodine disinfection of the skin. Incision (1.5 cm) was performed dorsally on the lumber part of the 158 back and the muscles were separated from one side. The ovaries were externalized, ligatured 159 (Vicryl 3/0) and cut. The muscles were sutured (Vicryl 3/0). Surgery was repeated on the 160 opposite side. Finally, the skin incision was sutured (Vicryl 3/0). Animal waking was 161 162 monitored individually in separate cages on a warming carpet. Three animals were placed 163 together in the same cage after complete locomotor activity recovery. Animals were164 monitored every day during 3 days.

165

166 **2.3. Letrozole (LTZ) pellet implantation**

One week after surgery (day 0, Figure 1), all the animals underwent subcutaneous 167 insertion of a slow release pellet (Innovative Research of America, Sarasota, USA) of LTZ 168 (Leancare limited, Flintshire, United Kingdom) or vehicle. Under 3% isoflurane anesthesia, 169 the pellet (LTZ or vehicle) was subcutaneously inserted in the left jugular gutter, after a small 170 incision closed with Vicryl 3-0. Each pellet was estimated to release 200 and 400 µg of LTZ 171 172 per day over 90 days. The doses were chosen according to the studies of Kafali et al. (Kafali et al., 2004) and Ortega et al. (Ortega et al., 2013) using the same type of pellets. LTZ 173 treatment was maintained for 73 days in order to maintain a chronic LTZ exposure similar to 174 175 human therapy (73 days of treatments in rat can be extrapolated to 4.9-7.3 years of treatment in human (Sengupta, 2013). 176

177

178 **2.4. Biological monitoring of letrozole (LTZ)**

On day 73, animals were euthanized and blood collected to determine LTZ plasmaconcentration (Figure 1).

181 A stock solution of LTZ and phenobarbital D5 (internal standard, IS) was prepared at 182 1 g/L in methanol. All standard solutions were stored at -20°C. Working solutions of LTZ 183 were prepared at 5 mg/L, 500 μ g/L and 50 μ g/L in methanol and the internal standard was 50 184 mg/L in water.

185 The extraction procedure was based on the method previously validated by Roche *et* 186 *al.* (Roche et al., 2016). Height points of calibration curves were constructed in the 187 concentration ranges of $1 - 1000 \mu g/L$ as well as different quality control (1, 40, 400 and 188 1000 μ g/L). Before purification on-line, 10 μ L of IS was added to 200 μ L of sample solutions 189 (standards, controls and samples) and proteins were precipitated with 200 μ L of acetonitrile 190 and 40 μ L of methanol. The samples were vortexed vigorously for 10 min at room 191 temperature and centrifuged for 10 min at 14,000 rpm at 4 °C. The supernatant was then 192 transferred into a vial.

Twenty microliters of standard, control or sample preparation were injected into liquid 193 chromatography systems (transcend TLX 1, Thermo Fisher, San Jose, USA). On-line 194 195 chromatography purification was carried out using three Turboflow® purification columns in series: a Cyclone P, a Cyclone MAX and a C18 XL (0.5 x 50 mm, Thermo Fisher). The 196 chromatographic column was a Betasil[®] phenyl/hexyl 100 x 3 mm with a particle size of 3 197 µm. The analytical column was set at 30 °C. A gradient system with the mobile phase 198 consisting of solvent A (0.1%; v/v; formic acid in water) and solvent B (1%; v:v; formic acid 199 200 in acetonitrile) was set at a flow rate of 300 µL/min. The chromatographic run lasted 33.58 min. During the first 3 min, the sample was purged through the divert valve. Acquisition by 201 202 the mass detector was performed over the following 30.58 min.

203 The MS analysis was performed using a Thermo Scientific Exactive benchtop Orbitrap® instrument, driven by Xcalibur® software (version 2.2 SP1). We used a heated 204 electrospray ionization source (HESI II). The compounds were ionized by the source in 205 206 negative mode. The desolvation temperature was set at 350 °C, the curtain gas rate at 40 AU (arbitrary units), auxiliary gas flow at 8 AU, the ionization voltage was set at 3 kV and the 207 capillary temperature at 250 °C. Acquisition used "fullscan" mode over a wide range of 208 masses (m/z): 200-300 amu in negative modes at a resolution of 50,000 (FWHM). Extract 209 mass was achieved at 10 ppm for LTZ (m/z=284.09399) and for internal standard 210 211 (m/z=236.10890). The concentrations of LTZ were determined by their area ratios to that of the IS using a weight quadratic fit. The lower limit of quantification (LLOQ) of LTZ was 1 μ g/L and the upper limit of quantification (ULOQ) was 1,000 μ g/L in plasma.

214

215 **2.5. Behavioral tests**

216 2.5.1. Ankle pressure test

217 An ankle pressure test was performed weekly throughout the study on day 1, 10, 17, 22, 30, 38, 45, 52, 59, 66, 72, and for each experiment repetition (Figure 1). Nociceptive 218 thresholds were assessed by applying increasing pressure on the right hind ankle until the 219 animals squeaked or struggled, using a paw-pressure test loaded with a 30 g weight and using 220 221 the flat part of the tip (Randall-Selitto test, Bioseb, France). The maximum pressure applied to the animal's paw was 450 g. The vocalization or struggle threshold was measured 2 or 3 times 222 in order to obtain 2 consecutive values that did not differ by more than 10%, and leaving at 223 224 least a 5-min interval between 2 measurements. The results are expressed, by the mean of the 2 closest values, in grams (g) and compared to baseline. 225

226

227 2.5.2. Muscle pressure test

A muscle pressure test was performed weekly throughout the study on day 0, 9, 16, 228 23, 31, 31, 37, 44, 52, 58, 65, 72, and for each experiment repetition (Figure 1). Nociceptive 229 thresholds (grams) were assessed by applying increasing pressure on the left thigh (biceps 230 femoris, semitendinosus and semimembranosus) of the animals using a portative pressure 231 device (Smalgo, Bioseb, France) (Kim et al., 2011) until they squeaked or struggled. The 232 maximum pressure applied to the animal's paw was 800 g. The vocalization or struggle 233 threshold was measured 2 or 3 times in order to obtain 2 consecutive values that did not differ 234 by more than 10%, and leaving at least a 5-min interval between 2 measurements. The results 235 are expressed, by the mean of the 2 closest values, in grams (g) and compared to baseline. 236

237

238 2.5.3. Open field test

An open field test was performed at day 49 after pellet implantation (approximately 239 half of letrozole treatment), and for each experiment repetition (Figure 1). Rats were placed 240 alone in the center of a square arena (90 x 90 cm, height 45 cm) made of opaque plastic, 241 without any prior habituation, and were left alone for 5 minutes. Light intensity at the center 242 of the open field was 30 lux. A camera was mounted directly above the field to record the 243 244 animal's behavior. Each recording was analyzed with a specific software (EthoVision[®], France). The total distance travelled, mean speed, and time spent in the inner zone were 245 246 counted. The open field was cleaned after each rat was tested.

247

248 *2.5.4. Rotarod test*

249 A rotarod test was performed weekly throughout the study on day 8, 15, 22, 29, 38, 43, 51, 57, 64 and 73, and only for the two first experiment repetitions (Figure 1). Motor 250 251 coordination was assessed using an accelerating rotarod (Bioseb, France). Motor coordination 252 was defined as a rat's ability to stay on a rotating rod as the acceleration speed increased constantly from 4 to 40 rpm over 5 min. Before the beginning of the experiments, the rats 253 were trained gradually to stay on the fixed rod for 5 min on 2 consecutive days, and then on 254 255 the rotating rod (4 rpm) for 5 min on a further 2 days. The length of time that each rat was able to stay on the rotating rod was measured 2 or 3 times in order to obtain 2 values that did 256 not differ by more than 10%, and leaving at least a 10-min interval between 2 measures. The 257 results are expressed, by the mean of the 2 closest values, in seconds (s) and compared to 258 baseline. 259

260

261 **2.6.** Evaluation of bone architectural parameters

Bone femora architectural parameters were quantified at necropsy at day 73, and only 262 for the second experiment repetition (day 73, Figure 1). Micro-computed tomography scans 263 (eXplore CT 120, GE Healthcare, Fairfield, CT) were performed on the dried distal femurs. 264 265 Bone mineral density of the metaphyseal trabecular bones was estimated as the mean converted grayscale level within the region-of-interest of trabecular bone. Bone volume 266 fraction of the femora (BV/TV), bone volume ratio (BS/TV), trabecular thickness (Tb.Th), 267 trabecular separation (Tb.Sp), trabecular number (Tb.N), trabecular bone pattern factor 268 (Tb.Pf), degree of anisotropy (DA), and structure model index (SMI) were evaluated using 269 MicroView Advanced Bone Analysis software (GE Healthcare, Fairfield, CT). 270

271

272 2.7. Protein expression analyses

At day 73 (Figure 1), dorsal root ganglia (DRG) from L4 to L6 were rapidly removed 273 274 in euthanized animals and snap frozen in liquid nitrogen then stored at -80°C until analysis. Proteins were extracted in lysis buffer pH 7.5 containing 50 mM HEPES, 150 mM NaCl, 10 275 276 mM EDTA, 10 mM Tetra-sodium pyrophosphate decahydrate, 2 mM vanadate, 100 mM 277 sodium fluoride, 0.5mM phenylmethanesulfonylfluoride, 100 UI/mL aprotinin, 20 µM leupeptin and 1% triton. Whole-cell lysates were titrated to determine total protein 278 concentrations using a BCA Protein Assay kit (Pierce). For western immunoblotting, 279 280 Laemmli loading buffer was added to the samples containing an equal weight of total proteins (50 µg) and heated at 95°C for 5 min. After separation by SDS-PAGE using 10% acrylamide 281 gels, the proteins were transferred to nitrocellulose membranes using a Bio-Rad wet blotting 282 system. The membranes were then blocked for 1h in 5% nonfat milk in TBS 1X at room 283 temperature. For TRPA1 (Santa-Cruz) and β-actin (Sigma-Aldrich) detection, antibodies at 284 285 1:500 and 1:5,000 respectively were added and the mixture was incubated overnight at 4°C on a rotating plate. After washing with 0.1% TBS-T solution, the membranes were probed with 286

appropriate HRP-conjugated secondary antibodies diluted at 1:10,000 in 5% nonfat dry milk in TBS 1X for 1h at room temperature. Blots were finally quantified by densitometric analysis using Bio-Rad imaging software (Chemidoc). The TRPA1 bands of each sample were normalized relative to the corresponding β -actin band.

- 291
- 292 **2.8. Statistical method and analysis**

The sample size estimation was calculated according to effect-size bounds 293 recommended by Cohen's (Cohen, 1988): small (ES: 0.2), medium (ES: 0.5) and large (ES: 294 0.8, "grossly perceptible and therefore large"). More precisely, with a minimum of 14 animals 295 296 with at least 10 repeated measures, relevant effect-size greater than 0.5 can be highlighted for a two-sided type I error at 0.008 (correction due to multiple comparisons), a statistical power 297 greater than 80% and an intra-individual correlation coefficient at 0.05. For example, for the 298 299 ankle pressure test, it corresponds to show a minimal difference between groups of 15% change for a standard-deviation equals 30%. 300

301 For behavioral tests, means and standard error of the mean (SEM) were calculated for 302 quantitative variables. Normality of distribution was verified by a Shapiro-Wilk test. To compare the time-course evolution of different parameters, a repeated-measure ANOVA (or a 303 non-parametric Friedman test if necessary) was followed by a Tukey-Kramer test to compare 304 differences between and within groups. If a significant interaction between time and group 305 was observed, a one-way ANOVA was performed for all time points. These analyses were 306 completed by random-effects models (REM), considered more robust to missing data 307 308 (Verbeke and Molenberghs, 2009). The REM were able to take into account 1) fixed effects as treatment, time and interaction between time and group, and 2) random subject effects as 309 310 random intercept and slope. Residual normality was checked for all models presented in this article. For multiple comparison with no repetition of the assessed variable, a Kruskal-Wallis 311

non-parametric test was performed followed by a post hoc Dunn test. Results from
immunoblotting were analyzed using a nonparametric Mann-Whitney-Wilcoxon test to
compare differences between groups. Differences were considered statistically significant at
p<0.05. Statistical analysis was performed using STATA® v.10 software (StataCorp, College
Station, TX, USA).

317

318 **3. Results**

319 **3.1. Determination of LTZ exposed-rats**

We hypothesized that all the rats could not be equally exposed to LTZ. Therefore, in 320 order to check rat exposure, the LTZ endpoint concentration was measured in plasma to point 321 out which rats could be selected to ensure a rigorous and relevant model of AI-induced 322 chronic nociceptive disorder (Figure 2A). However, several animals of the groups OVX+PLT 323 200 and OVX+PLT 400 had very low concentrations of LTZ at day 73 after the pellet 324 implantation. Rats were considered highly exposed to LTZ for plasma concentrations above 325 326 90 ng/ml. Postmenopausal women with breast cancer after 1 month of LTZ treatment (2.5 mg daily) have a median plasma concentration of LTZ of 89.7 ng/ml (range: 28.4–349.2 ng/ml; 327 n=280 patients) (Desta et al., 2011). Consequently, rats with at least 90 ng/mL of LTZ were 328 329 pooled in the OVX+high LTZ group (n=11; p<0.001) (Figure 2B), with a mean plasma concentration of LTZ of 424.4 ± 183.9 ng/ml. Accordingly, treated animals with less than 90 330 331 ng/mL of LTZ were pooled in an OVX+low LTZ group (n=18, mean plasma concentration of LTZ: 9.7 ± 11.5 ng/ml). In the OVX+high LTZ group, no difference in plasma LTZ 332 concentrations was recorded between animals implanted with a 200 µg/day LTZ pellet and a 333 400 µg/day LTZ pellet (334.8±130.6 vs 531.9±191.8 ng/mL, p=0.12). 334

335

336 **3.2.** Effect of chronic LTZ treatment on rat body weight and locomotion

From day 42 until day 70 (last weight measurement), OVX+VEH animals gained 337 significantly more weight than Sham+VEH animals (from +5.6% to +9.6%, p<0.05 and 338 p<0.001, respectively) (Figure 3). The same results were recorded for OVX+low LTZ and 339 340 OVX+high LTZ compared to Sham+VEH animals (for OVX+low LTZ from days 35 to 70: +7.7% to +11.1%, p<0.05 and p<0.001; for OVX+high LTZ from days 49 to 70: +4.5% to 341 +8.6%, p<0.01 and p<0.01, respectively) (Figure 3). No difference in weight was recorded 342 between OVX+VEH, OVX+low LTZ and OVX+high LTZ animals. The same results were 343 recorded for the initial treatment allocation (OVX+PLT 200 and 400 µg/day) (supplementary 344 file, Figure 3S). 345

346 To determine whether chronic LTZ treatment altered rat locomotion, gait activity was evaluated with the rotarod test (Figure 4A). Rat performances on rotarod were not modified 347 in the LTZ-group compared to the control group (p>0.05). Furthermore, locomotion activity 348 349 (distance and velocity) and experimental anxiety (time spent in the inner zone) were assessed with an open field test, at day 49 following implantation of the pellet. Locomotion activities 350 351 were not affected by LTZ treatment (Figure 4B). Finally, the time spent in the inner zone of 352 the open field was the same in all groups (Figure 4C), showing that neither OVX nor LTZ induced anxiety-like behavior. The same results were recorded for the initial treatment 353 allocation (OVX+PLT 200 and 400 µg/day) (supplementary file, Figure 4S). 354

355

356 3.3. Evaluation of nociceptive disorders

In order to evaluate nociceptive disorders, pain thresholds were measured on ankle and muscle, respectively. Pain ankle thresholds were not different between Sham+VEH and OVX+VEH animals, except at day 10 (p=0.039). Pain ankle thresholds were not different between Sham+VEH, OVX+low LTZ and OVX+high LTZ animals, throughout the experiment. For OVX+low LTZ animals, pain ankle thresholds were lower than for

OVX+VEH at day 10 (p=0.032) and 17 (p=0.049), and thereafter remained not different until 362 the end of the experiment. For OVX+high LTZ animals, pain ankle thresholds were lower 363 than OVX+VEH, starting from day 10 (p=0.002) until day 72 (p=0.018), except on day 66. 364 The maximal decrease in pain thresholds was observed on day 38 (-27.8%). Pain ankle 365 thresholds were also lower in OVX+high LTZ animals compared to OVX+low LTZ animals 366 on day 30 (p=0.032), and from day 59 until day 72 (p=0.041 and p=0.03, respectively). The 367 area under the time course curve of pain thresholds was lower (-24% decrease) for OVX+high 368 LTZ animals compared to OVX+VEH (Figure 5A). Considering the initial treatment 369 allocation, pain ankle thresholds were not different between OVX+VEH, OVX+PLT 200 and 370 OVX+PLT 400 (supplementary file, Figure 5S). 371

Results did not reveal the development of significant long-term myalgia in LTZtreated rats (Figure 5B). The same results were recorded for the initial treatment allocation
(OVX+PLT 200 and 400 µg/day) (supplementary file, Figure 5S).

375

376 3.4. Evaluation of bone architectural parameters

Bone parameters (BV/TV, BS/TV, Tb.Th, Tb.Sp, Tb.N, Tb.Pf, DA and SMI) were 377 assessed by micro-computed tomography performed on femora at day 73 (Table 1). Among 378 these parameters, BV/TV, BS/TV and Tb.N were significantly reduced in all OVX animals 379 (OVX+VEH, OVX+low LTZ and OVX+high LTZ) compared to Sham+VEH animals. Tb.Sp, 380 Tb.Pf and SMI were significantly increased in all OVX animals (OVX+VEH, OVX+low LTZ 381 and OVX+high LTZ) compared to Sham+VEH animals. No significant difference was found 382 between OVX+VEH versus OVX+low LTZ and OVX+high LTZ animals, demonstrating the 383 impact of ovariectomy in these alterations. However, Tb.Th was significantly reduced only 384 for OVX+low LTZ and OVX+high LTZ animals in comparison to Sham+VEH animals, 385 suggesting that LTZ treatment exacerbated trabecular thickness due to ovariectomy. The same 386

results were recorded for the initial treatment allocation (OVX+PLT 200 and 400 µg/day)
(supplementary file, Table1S).

389

390 **3.5.** Effect of letrozole (LTZ) on protein expression of TRPA1

To investigate whether LTZ affects the expression of TRPA1, a key receptor involved in hyperalgesia, neurogenic and chronic inflammation (Basso and Altier, 2017), western blot was performed in DRG (**Figure 6**). TRPA1 expression in the OVX+high LTZ group was not significantly modified compared to OVX+VEH (p=0.20), demonstrating that TRPA1 expression was independent of LTZ.

396

397 **4. Discussion**

Half of postmenopausal patients treated with AI develop arthralgia, as well as back or 398 399 muscle pain, and joint stiffness, which are associated with poor compliance with treatment (Henry et al., 2012; Mamounas et al., 2019). This disabling adverse effect of AIs prompted us 400 401 to further investigate and develop a new clinically-relevant animal model of chronic AI-402 induced arthralgia. To this end, we: (1) worked with ovariectomized rats since AIs are administered to postmenopausal women (Miller et al., 2016), (2) explored the nociceptive 403 sensitivity of joints to mimic clinical symptomatology as far as possible (Niravath, 2013), (3) 404 performed a longitudinal study taking into account the chronicity of the disorder (Bao et al., 405 406 2018) by ensuring prolonged treatment with pellets already used to deliver estradiol to rats (Mosquera et al., 2015; Gérard et al., 2017), (4) explored the state of the bone structure known 407 to be altered in patients treated with AIs (Pineda-Moncusí et al., 2018), (5) explored the 408 nociceptive sensitivity of muscles, potentially affected in patients (Nabieva et al., 2019) and 409 410 motor activity that may be altered by arthralgia (Brown et al., 2014), (6) added an exploration of anxiety-like behavior, as psychological distress can be reported in cancer patients under
endocrine therapy (de Bock et al., 2012).

The use of LTZ pellets and the willingness to monitor its effects on different 413 parameters over time required an essential prior analysis of LTZ diffusion from the pellets. 414 Based on end-point plasma concentrations of LTZ, we identified two groups of animals [high 415 plasma concentrations of LTZ (OVX+high LTZ) and low plasma concentrations of LTZ 416 (OVX+low LTZ) groups], either higher or less than 90 ng/ml. This threshold value was 417 chosen according to the mean LTZ plasma concentration in postmenopausal women with 418 breast cancer after 1 month of a 2.5 mg daily dose (median plasma concentration: 89.7 ng/ml) 419 420 (Desta et al., 2011). On the other hand, it is difficult to compare our data with that in the rodent literature because these experiments were performed after a single administration. 421 Thus, in rats treated with a 2 mg/kg oral dose, maximal concentration of LTZ was 674 ng/ml, 422 423 6h after administration (Liu et al., 2000), while in mice, a level of 55.3±4.8 ng/ml was obtained 1 hour after an oral dose of 0.5 mg/kg (De Logu et al., 2016). The LTZ pellets (200 424 425 and 400 µg/day) used in our study, correspond to 0.7 and 1.4 mg/kg daily doses at the 426 beginning of the experiment (mean weight of OVX animals ≈ 290 g), and 0.5 and 1 mg/kg daily doses at the end (mean weight of OVX animals ≈ 400 g). In the OVX+high LTZ groups, 427 mean plasma concentrations were around 424.4 ± 183.9 ng/ml, i.e., values within a range of 428 429 levels broadly comparable to those obtained in the previous studies performed in rodents, but with the advantage of prolonged impregnation over a long period of time. 430

Thus behavioral or histological studies were carried out by distinguishing between these two groups and comparing them with the OVX group treated with the vehicle (OVX+VEH) to evaluate the impact of LTZ; the sham group (Sham+VEH) enabled us to evaluate the impact of ovariectomy and that of its association with LTZ.

Under these conditions, we demonstrated articular hyperalgesia in the animals with the 435 436 highest LTZ concentrations (OVX+high LTZ), whereas hyperalgesia only occurred for two days in animals with lower LTZ concentrations (OVX+low LTZ). In the OVX+high LTZ 437 group, articular hyperalgesia was maintained throughout the experiment with a 24% average 438 decrease, as shown by the comparison of the areas under the time course curve of pain 439 thresholds, compared to OVX+VEH animals. Thus, the objective to reproduce the joint pain 440 disorder observed in patients treated with AI in animals is achieved, and the extent of the 441 resulting articular hyperalgesia will allow subsequent pathophysiological 442 and pharmacological studies to be carried out. 443

444 Robarge et al. showed that a single oral dose of LTZ (1 and 5 mg/kg) induced sustained tactile allodynia (von Frey test on hind paw) but not thermal hyperalgesia 445 (Hargreaves test) in ovariectomized rats (Robarge et al., 2016). They also demonstrated the 446 447 same results after oral daily doses of LTZ (5 mg/kg) for 15 days, but in male rats (Robarge et al., 2016). De Logu et al. and Fusi et al. demonstrated that a single oral dose of LTZ (0.5 448 449 mg/kg) induced tactile allodynia (von Frey test on hind paw) in male mice (Fusi et al., 2014; De Logu et al., 2016). In pain models, daily intrathecal infusion of LTZ (1 mg/kg) for 28 days 450 enhanced tactile allodynia (von Frey test on hind paw) induced by a spinothalamic tract injury 451 452 in female rats (non ovariectomized) (Ghorbanpoor et al., 2014). A subcutaneous injection of LTZ (5 mg/kg) before subcutaneous plantar injection of formalin (0.25%) increased the pain 453 scores in ovariectomized rats (Moradi-Azani et al., 2011). However, these studies raise the 454 question of extrapolation to the clinical situation. Indeed, the question of sex and the role of 455 456 estrogens and the effect of LTZ in the long-term arises, as AIs are used for the prolonged management of hormone-responsive breast cancer in postmenopausal women (Din et al., 457 458 2010). Sex-related hormones are implicated in pain and analgesic response in clinical and preclinical studies, and estrogen administration leads to an antinociceptive effect in animal 459

models of pain, suggesting that systemic estrogens may be negative regulators of pain (Tsao 460 et al., 1999; Fillingim and Ness, 2000). Moreover, some studies underlined specific 461 mechanisms of ovarian steroids exerted on opioid systems directly, depending on the 462 463 treatment duration (Ratka and Simpkins, 1991). However, it is also clear that the relationship between sex steroid hormones and pain is complex, modulating the nervous system 464 functioning, as well as the pathophysiological processes themselves (Vincent and Tracey, 465 2008). Regarding the maintenance of plasma LTZ concentrations, previous studies described 466 LTZ concentrations as being more persistent in females than in males, following single oral 467 administration (Liu et al., 2000), and pharmacokinetic studies highlight that LTZ 468 concentration steady state (2.5 mg daily doses) was reached after 4 weeks of treatment (Pfister 469 et al., 2001). All these data highlight the need to work in females with continuous LTZ 470 471 treatment to faithfully transpose clinical symptoms induced by Ais.

472 Bone parameters of the femora were drastically altered in all OVX animals compared to sham animals as already shown by other authors, and confirming the castration and the 473 474 estrogen deprivation (Goss et al., 2007; Rosales Rocabado et al., 2018). Only trabecular thickness (Tb.Th) was decreased in LTZ treated animals (OVX+low LTZ and OVX+high 475 LTZ animals) but not in OVX+VEH animals, compared to sham animals. Thus, LTZ 476 treatment could exacerbate bone alteration induced by ovariectomy. In OVX rats, bone 477 mineral densities of the lumbar vertebra and femora were not changed after 16 weeks' 478 treatment with LTZ (oral daily dose of 1 mg/kg) compared to the control animals (Goss et al., 479 2004, 2007). In the same way, bone parameters of the femora, Tb.Th, Tb.Sp, and Tb.N, were 480 481 not changed after the 16 weeks' treatment with LTZ (Goss et al., 2007). In women with primary breast cancer, bone mineral density (hip and lumbar spine) was significantly 482 decreased after 24 months' treatment with LTZ in comparison to placebo group (Perez et al., 483 2006). The incidence of fractures was highest among women treated with LTZ monotherapy 484

compared to women treated with tamoxifen monotherapy (BIG 1-98 Collaborative Group et
al., 2009), but it was unchanged compared to placebo group (Goss et al., 2005). Thus, the
limited bone changes observed in our study are consistent with the data in the literature.
However, additional studies could be envisaged to better understand the bone disorders
potentially induced by LTZ.

490 In this study, rats developed long-term nociceptive disorder (ankle pressure test) but not myalgia, and there was no alteration of locomotion. To our knowledge, no study has ever 491 assessed AI-induced myalgia in rats or mice, and previous studies did not systematically 492 report myalgia as a clinical symptom in patients (Din et al., 2010; Mamounas et al., 2019). 493 494 Din et al. reported that aromatase inhibitor-induced arthralgia was increased by at least a factor of 2.5 compared to myalgia. Besides, clinical studies did not systematically monitor 495 this side-effect (Din et al., 2010). In this study, LTZ did not alter rat locomotion assessed by 496 497 the rotarod and open field tests. Similar results were previously observed on the locomotion of OVX rats treated with LTZ (daily intraperitoneal injection of 1 mg/kg for 8 days) when 498 499 subjected to the open field test (Kokras et al., 2018).

500 No anxiety-like behavior was recorded using the open field test (e.g. decrease in the time spent in the inner zone) for the OVX+high LTZ rats. Similar results were found by 501 Kokras et al. on the open field test and also with the forced swim test, used as a stressful 502 procedure that elicits coping behaviors (Kokras et al., 2018). In non-ovariectomized female 503 rats, LTZ had no effect on experimental anxiety assessed with the open-field and the elevated 504 plus maze tests contrary to ovariectomized group (Renczés et al., 2020). The effect induced 505 506 by ovariectomy on the open field test was also reported by Kokras et al. (Kokras et al., 2018). Other studies reported that ovariectomized mice treated with LTZ presented mild anxious 507 508 behaviors (open-field and elevated plus maze tests) (Meng et al., 2011).

From a mechanistic point of view, we lastly assessed the expression of TRPA1, a key 509 receptor suspected to mediate AI-evoked pain (Fusi et al., 2014; De Logu et al., 2016) and 510 involved in neuropathic pain (Basso and Altier, 2017). We showed that TRPA1 expression 511 512 was slightly decreased in the DRG of OVX+high LTZ rats but not significantly compared to OVX+VEH (p=0.20). In Fusi et al. (Fusi et al., 2014), AIs promote TRPA1-dependent 513 mechanical hypersensitivity and decreased forelimb grip force in mice. Furthermore, the 514 515 pronociceptive action of AIs was markedly attenuated in TRPA1-/- mice. Fusi et al. suggested 516 that the LTZ nociceptive effect could be linked to its potential ability to activate TRPA1 through a nitrile moieties structure, which may result in TRPA1 gating (Fusi et al., 2014). 517 518 However, the same research team demonstrated that the LTZ concentration required to engage TRPA1 in mice was higher than those found in the plasma of patients, and suggested that 519 520 androstenedione could lower the LTZ concentration required to engage TRPA1 (De Logu et 521 al., 2016). Based on the literature data, we expected an increase in TRPA1 expression in DRG. Indeed several publications reported that TRPA1 expression was upregulated in animal 522 523 models of neuropathic pain (traumatic neuropathy or chemotherapy-induced peripheral 524 neuropathy) (Giorgi et al., 2019). More recently, in a mouse model of endometriosis, LTZ improved nociceptive behaviors of animals, with an increased TRPA1 channels expression in 525 dorsal root ganglion neurons and nerve fibers close to endometriosis lesions (Fattori et al., 526 527 2020). Moreover, Wang et al. showed that TRPA1 expression (mRNA and protein) in primary DRG cell cultures was increased by formaldehyde (TRAP1 agonist) and decreased by 528 menthol (TRPA1 antagonist) (Wang et al., 2019). However, previous studies showed TRPA1 529 530 channel pharmacological desensitization in sensory neurons due to agonists like mustard oil or capsazepine (Akopian et al., 2007; Raisinghani et al., 2011; Kistner et al., 2016) and this 531 532 desensitization was shown to involve TRPA1 internalization regulated by TRPV1 (Akopian et al., 2007). Such a mechanism could be a potential explanation as to the decrease in TRPA1 533

expression in our 73-day, long-term LTZ treatment model. Finally, to the best of our knowledge, no data concerning TRPA1 expression in patients are available. Therefore, LTZ and TRPA1 should be carefully interpreted and new investigations are required to clarify the involvement of TRPA1.

This study presents several limitations that should be keep in mind for further 538 investigations. To mimic human menopause, as referred previously, animals were 539 540 ovariectomized but to be closer to human features, aged animals should be used. However, a hallmark of human menopause is complete ovarian failure, that doesn't exist in rodents, 541 therefore the modeling of human menopause in rodents is still debating (Koebele and 542 543 Bimonte-Nelson, 2016). LTZ exposure was monitored at the final time point, but regular and earlier monitoring of LTZ would be necessary when using this way of drug administration in 544 order to keep homogenous animal groups. Subcutaneous pellets, commonly used to deliver 545 546 estradiol (Mosquera et al., 2015; Gérard et al., 2017), were chosen to continuously provide LTZ. The chronic dissolution of LTZ pellets could be easily extrapolated to a five-year 547 548 aromatase inhibitor therapy in human. This reliable and easily applicable pharmaceutical form 549 limits animal handling for characterizing our model (e.g. daily injections or gavage or blood collections) and decrease probable concomitant bias in behavioral tests. To control hormonal 550 551 depletion owing to ovariectomy, estrogen plasma levels were not assessed but as expected, we clearly detected estrogen deprivation effects in ovariectomized groups compared to sham 552 animals (e.g. significant chronic weight gain or final drastic alteration of bone architectural in 553 OVX animals). Behavioral tests (e.g. pressure-evoked pain) were used to determine chronic 554 nociceptive disorders (ankle pressure test) but not myalgia with no alteration in locomotion 555 (e.g. rotarod test, open field test). These tests may be potentially insufficient but was 556 557 associated with an evaluation of bones architectural parameters that are known to be clearly affected by aromatase inhibitor treatment and correlated to pain (Gaillard and Stearns, 2011). 558

559 Moreover, histological/morphological explorations of the joints (ankle joint) would be 560 necessary to explore the pathophysiological changes induced by LTZ, and already described 561 in patients (Tenti et al., 2020). Finally, a pharmacological validation of this animal model 562 with duloxetine would be relevant. To this date, duloxetine is the only effective drug in 563 clinical trials (Henry et al., 2018).

In conclusion, since more than half of the patients developed arthralgia following AI treatment, a new model of nociceptive disorder-related behavior in rodents deserved to be developed. Thus, the model presented in this work seems to respond appropriately to this need and may allow for subsequent pathophysiological and pharmacological studies.

568

569 Supplementary files

- 570 Figure 3S
- 571 Figure 4S
- 572 Figure 5S
- 573 Table 1S

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- 801

803 Figure 1: Conduct of experiments

Experiments were repeated 3 times and the results were pooled for the final analysis. At day 0, four groups of animals were defined: sham animals with a vehicle pellet (SHAM+VEH n=13), ovariectomized animals with a vehicle pellet (OVX+VEH; n=14), and ovariectomized animals with a pellet of LTZ 200 μ g/day (OVX+PLT 200; n=14) or LTZ 400 μ g/day (OVX+PLT 400; n=15)

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810 Figure 2: Selection of AI-treated rats assessing LTZ plasma level after 73 days

811 Animals were OVX or not (Sham+VEH; n=13) and then treated with vehicle (OVX+VEH;

812 n=14) or pellets of LTZ 200 μ g/day (OVX+PLT 200; n=14) or 400 μ g/day (OVX+PLT 400;

813 n=15 (A). Rats with plasma level higher than 90 ng/mL (B) were then included among the

OVX+HIGH LTZ (n=11). Rats with plasma level less than 90 ng/mL were then included

among the OVX+LOW LTZ (n=18). Data are presented as the mean \pm SEM. *** p<0.001.

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817 Figure 3: Increase in OVX-rat weight during experiments

Data are presented as the mean ± SEM (SHAM+VEH n=14, OVX+VEH n=14, OVX+LOW
LTZ n=18 and OVX+HIGH LTZ n=11). ** p<0.01 and *** p<0.001 vs (OVX+VEH,
OVX+LOW LTZ and OVX+HIGH LTZ).

821

822 Figure 4: No alteration in locomotion in AI-treated rats

Motor coordination was evaluated weekly using the rotarod test (**A**) for up to 73 days. Locomotion (distance traveled (cm) and velocity (cm/s)) and experimental anxiety (inner zone duration (s)) were assessed using the open field test at day 49 (**B**). For the rotarod test, data are presented as the mean \pm SEM compared to baseline value and the area under the curve (AUC) (**A**: SHAM+VEH n=7, OVX+VEH n=9, OVX+LOW LTZ n=10, and OVX+HIGH LTZ n=8). For the open field test, data are presented as the mean ± SEM (**B**: SHAM+VEH n=14, OVX+VEH n=14, OVX+LOW LTZ n=18 and OVX+HIGH LTZ n=11). Each group was compared to OVX+VEH.

831

832 Figure 5: Occurrence of long-term nociceptive disorders (ankle pressure test) but not

833 myalgia in AI-treated rats

Mechanical thresholds of nociceptive disorders were assessed using ankle pressure (**A**) and Smalgo (**B**) tests, respectively. Data are presented as the mean ± SEM compared to baseline value and area under the curve (AUC) (**A**: SHAM+VEH n=12, OVX+VEH n=12, OVX+LOW LTZ n=18, and OVX+HIGH LTZ n=11) and (**B**: SHAM+VEH n=14, OVX+VEH n=14, OVX+LOW LTZ n=18, and OVX+HIGH LTZ n=11). * p<0.05, ** p<0.01. Each group was compared to OVX+VEH.

840

841 Figure 6: No significant modification in TRPA1 expression in AI-treated rats

In summary, rats were sacrificed and protein expression in DRG was evaluated by westernblotting. Data are presented as the mean of protein expression ± SEM (OVX+VEH n=11 and OVX+HIGH LTZ n=9). The OVX+HIGH LTZ group was compared to OVX+VEH (p=0.20).

Bone architectural modifications of the femora were evaluated using micro-computed 848 tomography scans analyses. Results are presented as the mean \pm standard deviation for bone 849 850 volume fraction of the femora (BV/TV), bone volume ratio (BS/TV), trabecular thickness (Tb.Th), trabecular separation (Tb.Sp), trabecular number (Tb.N), trabecular bone pattern 851 factor (Tb.Pf), degree of anisotropy (DA), and structure model index (SMI) (SHAM+VEH 852 n=4, OVX+VEH n=5, OVX+LOW LTZ n=5, and OVX+HIGH LTZ n=6). # p<0.05 and ## 853 p<0.01 vs SHAM+VEH 854

Table 1: Alteration of bone architecture in OVX+LOW LTZ and OVX+HIGH LTZ rats

- SHAM+VEH **OVX+LOW LTZ OVX+VEH OVX+HIGH LTZ** 3.2 ± 1.8 ** 3.4 ± 2.1 ** 4.1 ± 1.7 * **BV/TV** (%) 22.0 ± 8.4 1.5 ± 0.5 * 1.2 ± 0.6 ** 1.3 ± 0.7 ** 6.4 ± 1.7 BS/TV (mm⁻¹) 0.112 ± 0.007 * 0.108 ± 0.012 ** Tb.Th (mm) 0.126 ± 0.013 0.112 ± 0.011 1.53 ± 0.12 * 1.65 ± 0.23 ** 1.55 ± 0.17 * 0.42 ± 0.13 Tb.Sp (mm) 0.36 ± 0.13 * 0.28 ± 0.16 ** 0.30 ± 0.18 ** **Tb.N** (**mm**⁻¹) 1.70 ± 0.51 12.2±1.9* 14.2 ± 2.9 ** 14.7 ± 5.4 ** Tb.Pf 3.8 ± 3.7 1.7 ± 0.1 1.7 ± 0.2 1.8 ± 0.6 1.7 ± 0.5 DA 2.48 ± 0.13 * 2.58 ± 0.19 ** 2.56 ± 0.26 * 1.74 ± 0.33 SMI
- 855

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(A)









(A)







