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Functional Analysis of Deoxyhexose Sugar Utilization in *Escherichia coli* Reveals Fermentative Metabolism under Aerobic Conditions

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ABSTRACT L-Rhamnose and L-fucose are the two main 6-deoxyhexoses Escherichia coli can use as carbon and energy sources. Deoxyhexose metabolism leads to the formation of lactaldehyde, whose fate depends on oxygen availability. Under anaerobic conditions, lactaldehyde is reduced to 1,2-propanediol, whereas under aerobic conditions, it should be oxidized into lactate and then channeled into the central metabolism. However, although this all-or-nothing view is accepted in the literature, it seems overly simplistic since propanediol is also reported to be present in the culture medium during aerobic growth on L-fucose. To clarify the functioning of 6-deoxyhexose sugar metabolism, a quantitative metabolic analysis was performed to determine extra- and intracellular fluxes in E. coli K-12 MG1655 (a laboratory strain) and in E. coli Nissle 1917 (a human commensal strain) during anaerobic and aerobic growth on L-rhamnose and L-fucose. As expected, lactaldehyde is fully reduced to 1,2-propanediol under anoxic conditions, allowing complete reoxidation of the NADH produced by glyceraldehyde-3-phosphate-dehydrogenase. We also found that net ATP synthesis is ensured by acetate production. More surprisingly, lactaldehyde is also primarily reduced into 1,2-propanediol under aerobic conditions. For growth on L-fucose, ¹³C-metabolic flux analysis revealed a large excess of available energy, highlighting the need to better characterize ATP utilization processes. The probiotic E. coli Nissle 1917 strain exhibits similar metabolic traits, indicating that they are not the result of the K-12 strain's prolonged laboratory use.

IMPORTANCE *E. coli*'s ability to survive in, grow in, and colonize the gastrointestinal tract stems from its use of partially digested food and hydrolyzed glycosylated proteins (mucins) from the intestinal mucus layer as substrates. These include L-fucose and L-rhamnose, two 6-deoxyhexose sugars, whose catabolic pathways have been established by genetic and biochemical studies. However, the functioning of these pathways has only partially been elucidated. Our quantitative metabolic analysis provides a comprehensive picture of 6-deoxyhexose sugar metabolism in *E. coli* under anaerobic and aerobic conditions. We found that 1,2-propanediol is a major by-product under both conditions, revealing the key role of fermentative pathways in 6-deoxyhexose sugar metabolism. This metabolic trait is shared by both *E. coli* strains studied here, a laboratory strain and a probiotic strain. Our findings add to our understanding of *E. coli*'s metabolism and of its functioning in the bacterium's natural environment.

KEYWORDS anaerobic catabolic pathways, carbon metabolism, metabolism

Rhamnose and fucose are the two main naturally occurring 6-deoxyhexose sugars, found mainly in their L-enantiomeric forms. L-Rhamnose, formed in bacteria and plants but not in humans, is mainly found in heteropolymers such as hemicellulose, Citation Millard P, Pérochon J, Létisse F. 2021. Functional analysis of deoxyhexose sugar utilization in *Escherichia coli* reveals fermentative metabolism under aerobic conditions. Appl Environ Microbiol 87:e00719-21. https://doi.org/ 10.1128/AEM.00719-21.

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Accepted manuscript posted online 28 May 2021 Published 27 July 2021 the second largest component of lignocellulose (1). In contrast, L-fucose occurs mostly in prokaryotes and eukaryotes in glycoconjugates, such as mucin in intestinal mucus (2). L-Fucose frequently occupies the terminal position in common mucin glycoproteins, lining the epithelium with L-fucose moieties. L-Rhamnose and L-fucose are released by chemical or enzymatic hydrolysis from dietary fibers or fucosylated oligosaccharides in the gastrointestinal tract, where they can then be used by many bacteria to support growth and intestinal colonization (3, 4). *Escherichia coli* is the predominant facultative anaerobe in human gastrointestinal tract ecosystems and is commensal in the gut, colonizing it lifelong from an early age (5). *E. coli*'s ability to colonize the intestine results mainly from its capacity to draw nutrients from mucus, notably L-fucose, which appears to be involved in its maintenance (6), as commensal *E. coli* strains that lack the ability to metabolize L-fucose show defective colonization (7).

The earliest studies of E. coli metabolism of L-fucose and L-rhamnose date back to the 1970s (8). The first steps of L-fucose and L-rhamnose catabolism lead to the formation of dihydroxyacetone-phosphate (DHAP; C-1 to C-3 fragment) and S-lactaldehyde (C-4 to C-6 fragment) (Fig. 1). DHAP is an intermediate of the central metabolism that can participate in both gluconeogenic and glycolytic processes. In contrast, S-lactaldehyde's fate is more restricted and depends on oxygen availability. Aerobically, S-lactaldehyde is converted through two successive steps of oxidation into pyruvate, the first, catalyzed by an NADH-linked aldehyde dehydrogenase (AldA), leading to the formation of S-lactate, and the second, catalyzed by a flavin mononucleotide (FMN)-dependent membrane-associated S-lactate dehydrogenase (LldD). Anaerobically, S-lactaldehyde is reduced by S-1,2-propanediol oxidoreductase (FucO) into S-1,2-propanediol as a terminal electron acceptor, which is excreted into the environment. These enzymes are encoded by genes organized in operons, the fucPIKUR and fucAO operons for the fucose regulon (9) and the *rhaBAD* and *rhaT* operons for the rhamnose regulon (10), which lacks its own propanediol oxidoreductase. The expression of fucO on rhamnose must therefore result from cross-induction of the fucose enzymes through an incompletely understood mechanism (9).

While the distinct anaerobic/aerobic fates of S-lactaldehyde are well described in the literature, albeit mainly through genetic and biochemical studies (11–13), little is known about the actual distribution of S-lactaldehyde—and to a larger extent, DHAP—within central metabolic pathways. Zhu and Lin (13) found, for example, that S-lactaldehyde is partially reduced into 1,2-propanediol despite the presence of oxygen, meaning that the oxidation and reduction of S-lactaldehyde are not all-or-nothing processes exclusively determined by the presence or absence of oxygen. To date, studies of L-fucose and L-rhamnose metabolism in *E. coli* have provided only a limited view of the operation of the central metabolism and no insight into the cellular redox and energy metabolisms when these compounds are the sole carbon and energy sources.

Therefore, with the aim of clarifying 6-deoxyhexose sugar metabolism in *E. coli*, we carried out a quantitative metabolic analysis involving exometabolome and metabolic flux analyses across the central metabolism of *E. coli* strains (the model K-12 MG1665 strain and *E. coli* Nissle 1917) grown under controlled anaerobic and aerobic conditions on L-fucose and L-rhamnose. Nissle 1917 is a probiotic strain, classified in the B2 phylogenetic group (14), which is overrepresented in the human microbiota in developed countries (15) and contains most pathogenic *E. coli* strains. These strains are efficient colonizers of the gut (14), and *E. coli* Nissle 1917 is therefore a representative strain whose metabolic traits, unlike those of K-12-like strains, have not been affected by prolonged laboratory use (16). Our results notably reveal an unexpected fermentative metabolism of L-fucose and L-rhamnose, characterized by the excretion of S-1,2-propanediol even in the presence of oxygen, and update our current knowledge of 6-deoxyhexose sugar metabolism in *E. coli*.

RESULTS

Anaerobic growth of *E. coli* K-12 on 6-deoxysugars. We first sought to establish the detailed macrokinetics of *Escherichia coli* growing anaerobically in minimal



FIG 1 Metabolic network of 6-deoxyhexose catabolism in *Escherichia coli*. The genes encoding the various enzymatic steps are shown in italics. The genes and metabolites specific to fucose and rhamnose metabolism are shown in dark blue and medium blue, respectively. *, suspected reactions with no identified gene(s) (21). Methylgloxal metabolism is shown in gray. Pathway abbreviations: PP pathway, pentose-phosphate pathway; ED pathway, Entner-Doudoroff pathway; EMP pathway, Embden-Meyerhof-Parnas pathway (glycolysis); Mglyo pathway, methylglyoxal pathway; TCA cycle, tricarboxylic acid cycle. Metabolite abbreviations: L-fuc, L-fuculose; L-rha, L-rhamnulose; L-fucP, L-fuculose; I-rha, L-rhamnulose; L-fucP, L-fuculose; I-rha, L-rhamnulose; L-fucP, L-fuculose; I-rha, P, L-rhamnulose; Fop, S(R)-1,2-prop, S(R)-1,2-propanediol; Mglyo, methylglyoxal; g6p, glucose-6-phosphate; f6p, fructose-6-phosphate; f6p, fructose-1,6-biphosphate; dhap, dihydroxyacetone phosphate; gap, glyceraldehyde 3-phosphate; bpg, 1,3-biphosphoglycerate; 3pg, 3-phosphate; rfsp, ribulose-5-phosphate; rfsp, ribulose-5-phosphate; rfsp, ribulose-5-phosphate; rfsp, ribulose-5-phosphate; rfsp, ribulose-5-phosphate; rfsp, ribuse-5-phosphate; s7p, sedoheptulose-7-phosphate; e4p, erythrose-4-phosphate; acoa, acetyl coenzyme A; acp, acetyl phosphate; cit, citrate; ici, isocitrate; glx, glyoxylate; akg, α -ketoglutarate; succoa, succinyl-coenzyme A; suc, succinate; fum, fumarate; mal, malate; oaa, oxaloacetate.



FIG 2 (A to D) Growth profiles of *E. coli* K-12 MG1655 cultivated anaerobically on fucose (A) or rhamnose (B), and aerobically on fucose (C) or rhamnose (D). The cultures were grown in bioreactors on fucose or rhamnose as the sole carbon and energy source, under nitrogen atmosphere for anaerobic cultures and with a dissolved oxygen tension above 30% for aerobic cultures. The solid lines are the best fits obtained with PhysioFit (43).

medium containing $10 \text{ g} \cdot \text{liter}^{-1}$ L-fucose or L-rhamnose as the sole carbon source. The growth experiments were performed in bioreactors at 37°C, pH 7, under nitrogen atmosphere.

Growth of E. coli on fucose is accompanied by S-1,2-propanediol (1,2-PDO), formate, and acetate production (Fig. 2A; see Fig. S1 in the supplemental material). These end products represent nearly 82% (Cmol/Cmol) of the carbon balance, the rest being mainly biomass (\sim 8% Cmol/Cmol) and CO₂ (not measured). The biomass yield is somewhat lower than expected under anaerobic conditions (Table 1). The growth rate (0.21 \pm 0.01 h^{-1}) is similar to that reported by Boronat and Aquilar (17). Interestingly, only traces of lactate and ethanol are detected, even though the latter is the main redox balancing end product, when E. coli is grown anaerobically on glucose, for example (18, 19). The 1,2-PDO yield is approximatively 1 mol/mol of fucose consumed. This means that lactaldehyde is fully converted into 1,2-PDO since the breakdown of 1 mol of fuculose-1-phosphate yields 1 mol of DHAP and 1 mol of lactaldehyde. The oxidation of NADH in the endergonic part of glycolysis from DHAP is thus fully effected by the reduction of lactaldehyde into 1,2-PDO (Fig. 3), balancing the NADH fluxes. This explains why no ethanol is detected, but significant amounts of acetate are (0.73 \pm 0.15 mol/mol of fucose consumed), with net synthesis of ATP, which in the absence of oxygen or other external electron acceptors can only be synthetized by substrate-level phosphorylation. The net synthesis of ATP was estimated to be 24.0 \pm 4.0 mmol \cdot (g_{CDW} \cdot h)⁻¹, which is apparently sufficient to cover the demands for ATP in the biosynthesis of anabolic precursors, in growth- and non-growth-associated maintenance, and in fucose uptake (see below).

	L-Fucose		L-Rhamnose	
Parameter	-0 ₂	+02	-0 ₂	+02
$\overline{\mu_{\max}}(h^{-1})$	$\textbf{0.21}\pm\textbf{0.01}$	$\textbf{0.49} \pm \textbf{0.01}$	$\textbf{0.28} \pm \textbf{0.01}$	$\textbf{0.36} \pm \textbf{0.01}$
$q_s (mmol \cdot [g_{CDW} \cdot h]^{-1})$	16.0 ± 1.5	15.3 ± 0.3	17.6 ± 0.9	10.0 ± 0.2
$q_{PDO} (mmol \cdot [g_{CDW} \cdot h]^{-1})$	15.5 ± 1.8	11.6 ± 0.1	14.9 ± 1.0	7.1 ± 0.1
$q_{Ace} (mmol \cdot [g_{CDW} \cdot h]^{-1})$	11.7 ± 2.1	4.5 ± 0.1	11.6 ± 1.3	0.7 ± 0.1
$q_{For} (mmol \cdot [g_{CDW} \cdot h]^{-1})$	$\textbf{8.7}\pm\textbf{0.7}$	ND	9.1 ± 0.4	ND
$q_{CO2} (mmol \cdot [g_{CDW} \cdot h]^{-1})$	ND	17.8 ± 0.9	ND	17.6 ± 0.4
$Y_{X/S} (g_X \cdot mol^{-1})$	13.2 ± 1.3	31.7 ± 0.6	16.0 ± 0.8	$\textbf{35.8} \pm \textbf{0.9}$
$Y_{PDO/S}$ (mol · mol ⁻¹)	0.97 ± 0.15	0.76 ± 0.02	0.84 ± 0.07	0.71 ± 0.02
Y _{Ace/S} (mol · mol ^{−1})	$\textbf{0.73} \pm \textbf{0.15}$	$\textbf{0.30} \pm \textbf{0.01}$	0.66 ± 0.08	$\textbf{0.07} \pm \textbf{0.01}$
$Y_{For/S}$ (mol · mol ⁻¹)	$\textbf{0.54} \pm \textbf{0.07}$	ND	$\textbf{0.52}\pm\textbf{0.04}$	ND
$Y_{CO2/S}$ (mol · mol ⁻¹)	ND	1.17 ± 0.06	ND	1.75 ± 0.05

TABLE 1 Growth parameters of *E. coli* K-12 MG1655 cultivated aerobically and anaerobically on L-fucose or on L-rhamnose as sole carbon sources^a

^aThe data shown are the specific rates for growth (μ_{max}), substrate uptake (q_s), 1,2-propanediol formation (q_{POO}), acetate formation (q_{Ace}), formate formation (q_{For}), and CO₂ formation (q_{CO2}) calculated from the data in Fig. 2, and the yields of biomass ($Y_{X/S}$), 1,2-propanediol ($Y_{POO/S}$), acetate ($Y_{Ace/S}$), formate ($Y_{For/S}$), and CO₂ ($Y_{CO2/S}$). ND, not determined.

Although anaerobic growth on rhamnose appears to be significantly faster, the pattern of end products excreted in culture broths of *E. coli* K-12 and the respective yields are similar to those determined for growth on fucose (Fig. 2B, Table 1), indicating that the anaerobic metabolism of rhamnose is analogous to that described for fucose.

Aerobic growth of *E. coli* **K-12 on 6-deoxyhexose sugars.** In the same culture system under aerobic conditions (dissolved oxygen tension [DOT], >30%), *E. coli* grows exponentially on L-fucose at 0.49 ± 0.01 h⁻¹, 2.5-fold faster than under anaerobic conditions (Table 1). In keeping with what it is generally observed with other carbon sources, the specific fucose consumption rate (q_{fuc}) under aerobic conditions is, however, not higher than that under anaerobic conditions (15.3 ± 0.3 mmol $\cdot [g_{CDW} \cdot h]^{-1}$ versus 16.0 ± 1.5 mmol $\cdot [g_{CDW} \cdot h]^{-1}$). More importantly, we observed that *E. coli* grown aerobically on fucose produces large amounts of 1,2-PDO (Fig. 2C), with a yield of approximately 0.76 ± 0.02 mol 1,2-PDO/mol of fucose consumed. This was not expected, since under these conditions catalyzed, respectively, by AldA and LldD (8, 9, 13) (Fig. 1), such that the metabolic flux should be fully channeled toward the tricarboxylic acid cycle. Note, however, that the pioneering studies that established this all-or-nothing view of 6-deoxyhexose sugar metabolism also found significant production of 1,2-PDO in the presence of oxygen (8, 13).

Also produced in significant amounts alongside 1,2-PDO is acetate (about 10% Cmol/Cmol of fucose consumed), as observed in fast-growing *E. coli* cells on glucose (20). However, the acetate production rate and yield are much lower than those under anaerobic conditions. Apart from 1,2 PDO and acetate, no other by-products were detected in significant amounts.

E. coli K-12 grows similarly on L-rhamnose as on L-fucose (Fig. 2D), with substantially lower growth parameters (Table 1). Growth and rhamnose consumption rates (q_{rha}) are diminished by approximatively 30% (the biomass yield is indeed similar on both substrates) without any significant effect on the production of 1,2-PDO, which accumulates in the culture medium with a similar molar yield as that estimated on fucose. In contrast, acetate overflow is reduced and CO₂ production is increased.

The key results here are that *E. coli* K-12 produces 1,2-propanediol at a high yield when grown on L-fucose and L-rhamnose under aerobic conditions. This represents a serious waste of carbon, as up to 38% (Cmol/Cmol) of the 6-deoxyhexose is converted into 1,2-PDO. 1,2-PDO could be formed directly from S-lactaldehyde via propanediol oxidoreductase (POR) encoded by the gene *fucO* in the fucose regulon, in a similar manner as under anaerobic conditions. Alternatively, 1,2-PDO could also be formed



FIG 3 Flux distribution in the central metabolism of *Escherichia coli* K-12 MG1655 growing anaerobically on fucose. Fluxes are given as a molar percentage of the specific fucose uptake rate, which was set to 1.

from DHAP via methylglyoxal synthase (MGS) and the enzymes involved in the detoxification of the resulting methylglyoxal, such as glycerol dehydrogenase (GldA) (Fig. 1).

1,2-PDO is formed by propanediol oxidoreductase. One way to determine the extent to which each of these routes contributes to 1,2-PDO formation is to quantify the relative amounts of the two enantiomeric forms produced. Indeed, POR's conversion of S-lactaldehyde into S-1,2-PDO is enantiomerically pure since it does not reduce R-lactaldehyde (17). In contrast, the 1,2-PDO synthesized from methylglyoxal, via either acetol or R-lactaldehyde, is mainly the R enantiomer (21). The ratio of 1,2-PDO enantiomers produced is therefore indicative of the relative contributions of the two metabolic routes involved in its synthesis.

The enantiomeric purity of the 1,2-PDO produced by *E. coli* K-12 grown on L-fucose and L-rhamnose was determined by liquid chromatography with a chiral column.

Culture supernatants collected from the aerobic cultures gave a single peak at the retention time of S-1,2-PDO (Fig. S1). Since no R-1,2-PDO was detected, this indicates that during aerobic growth on 6-deoxyhexose sugars, the 1,2-PDO produced by *E. coli* K-12 is formed by POR from S-lactaldehyde.

Intracellular carbon and energy fluxes on fucose. To obtain a quantitative understanding of the functioning of the metabolic network, we determined the intracellular flux distribution in *E. coli* during aerobic growth on L-fucose. We focused on L-fucose because the ¹³C-labeled forms required for these experiments are commercially available and relatively inexpensive, which is not the case for L-rhamnose. *E. coli* K-12 was therefore grown on a mixture of 80% 1-¹³C-L-fucose and 20% U-¹³C-L-fucose as the sole carbon source in a 1-liter baffled shake-flask containing 80 ml of medium to reduce the amount of labeled fucose used.

The growth kinetics were similar to those observed in bioreactors, though the 1,2-PDO yield was slightly lower (Fig. 4). The metabolic flux map was established from the growth rate, extracellular fluxes, and ¹³C-incorporation quantified in central metabolites and proteinogenic amino acids (22), using a detailed isotopic model of *E. coli's* central carbon metabolism (23). A chi-square statistical test confirmed that the isotopic model fitted the data satisfactorily (P < 0.05), and this was also supported by the good correlation between measured and simulated data ($R^2 > 0.99$; Fig. S2).

The flux distribution is mapped in Fig. 4, with net fluxes expressed relative to the fucose uptake rate. Approximatively two-thirds of the S-lactaldehyde formed from the breakdown of fuculose-1-phosphate goes into the formation of 1,2-PDO, with the remaining flux being directed toward the pyruvate node through AldA. This is consistent with the fact that the lactate detected at trace concentrations in the culture supernatant (excretion flux, $\sim 0.2 \pm 0.1 \text{ mmol} \cdot [g_{CDW} \cdot h]^{-1}$) was found to be the S enantiomer (Table S1). Furthermore, DHAP is overwhelmingly (\sim 90%) channeled into the endergonic part of glycolysis, with the flux through the pentose phosphate pathway reduced to the minimum required to satisfy anabolic demand for carbon precursors (ribose-5-phosphate and erythrose-4-phosphate). In line with previous results (24), the flux through the Entner-Doudoroff pathway was zero. The carbon flux merging at the pyruvate node is thus massive in spite of the amounts wasted in the excretion of 1,2-PDO. For example, the total absolute flux through the pyruvate dehydrogenase complex is twice as high on fucose (16.3 \pm 0.4 mmol \cdot $[g_{CDW} \cdot h]^{-1}$) as on glucose under similar conditions (8.6 ± 0.7 mmol $\cdot [g_{CDW} \cdot h]^{-1}$) [25]). Although the acetyl coenzyme A (acetyl-CoA) produced by the pyruvate dehydrogenase complex is mostly directed toward the tricarboxylic acid cycle (60%), a significant fraction is channeled into acetate biosynthesis (30%). Acetate overflow is thus about 30% higher than commonly reported in the literature for growth on glucose (20, 25).

The fluxes obtained can also be used to estimate the redox and energy metabolism of *E. coli* during aerobic growth on fucose. First, it turns out that the NADPH supply from NADPH-dependent fluxes is higher than biomass-related anabolic NADPH requirements (Fig. 5A). On fucose, NADPH is mainly (~80%) supplied by isocitrate dehydrogenase, covering 140% of the anabolic demand, whereas on other substrates, such as glucose, NADPH is supplied mainly by the pentose phosphate pathway (25). The apparent excess of NADPH may be converted into NADH through the activities of the soluble and membrane-bound, proton-translocating transhydrogenases UdhA and PntAB (26).

For energy metabolism, ATP is supplied by substrate-level phosphorylation, i.e., the difference between ATP-producing and ATP-consuming fluxes, and by oxidative phosphorylation, considering NADH-, FADH₂-, and FMNH₂-dependent fluxes and the conversion of these reducing equivalents into ATP (P/O ratio) (Fig. 5B). The ATP demand is obtained by adding up the requirements for anabolism, non-growth-associated maintenance (27), and fucose uptake. The main source of ATP is NADH oxidation and, to a lesser extent, other redox equivalents; the contribution of



FIG 4 Flux distribution in the central metabolism of *Escherichia coli* K-12 MG1655 growing aerobically on fucose. Fluxes are given as a molar percentage of the specific fucose uptake rate, which was set to 1. The net extracellular fluxes measured (mmol \cdot [g_{CDW} \cdot h]⁻¹) are shown in blue. The growth rate was 0.43 \pm 0.04 h⁻¹.

substrate-level phosphorylation is minor (Fig. 5B). Since the flux of reducing equivalents consumed in the reduction of S-lactaldehyde into 1,2-PDO is almost fully compensated by the flux of reducing equivalents produced by its oxidation into pyruvate, this indicates that 1,2-PDO does not contribute significantly to energy metabolism. Finally, ATP is utilized in roughly equal parts in fucose transport, non-growth-associated maintenance, and anabolism. Together, these results indicate that *E. coli* K-12 generates a large apparent excess of ATP. This excess is available to cover the ATP required for growth-associated maintenance, which represents a very large part of cellular energy requirements (27). Indeed, growth-associated maintenance includes the unidentified and/or unquantifiable energetic requirements of macromolecule polymerization, gradient maintenance, protein folding, etc. (28), is itself difficult to



FIG 5 Quantitative analysis of redox and energy metabolism in *Escherichia coli* K-12 MG1655 grown aerobically on fucose. (A and B) The absolute fluxes (mmol $\cdot [g_{CDW} \cdot h]^{-1}$) of reactions linked to NADPH (A) and ATP (B) metabolism are shown, as calculated from carbon fluxes (Fig. 4). Abbreviations: idh, isocitrate dehydrogenase; pp, pentose-phosphate pathway; mae, malic enzyme; anab, anabolism; oxP, oxidative phosphorylation; subP, substrate-level phosphorylation; trans-nadh, transhydrogenases; fuc-upt, fucose uptake system; ngam, non-growth-associated maintenance.

quantify (27), and can vary substantially depending on growth conditions (29). It can also account for underestimated energy costs, such as that of fucose transport into cells, for which the amount of energy required is not yet well established.

6-Deoxyhexose sugar metabolism in *E. coli* **Nissle 1917.** Under anaerobic conditions, the growth of *E. coli* Nissle 1917 on L-fucose or on L-rhamnose is characterized by two phases, with specific rates that are initially high (given in Table S2) and then drastically reduced (Fig. S3). At this stage, we have no clear explanation for this phenomenon, which was not markedly observed in *E. coli* K-12. *E. coli* Nissle 1917 seems to grow slightly faster on L-fucose than *E. coli* K-12, with no marked effect on the molar yields of by-products. On L-rhamnose, the growth parameters of the two strains are similar.

Under aerobic conditions, *E. coli* Nissle 1917 also produces large amounts of 1,2-PDO, with molar yields slightly higher even than those measured for *E. coli* K-12. Note that on L-rhamnose, the growth rate of *E. coli* Nissle 1917 is significantly lower than *E. coli* K-12's. This is quite surprising since *E. coli* Nissle 1917 typically grows faster on carbon sources than *E. coli* K-12 (30). In keeping with the lower growth rate, acetate overflow is also drastically reduced on L-rhamnose (Table S2). Just like the K-12 strain, *E. coli* Nissle 1917 produces the S enantiomer of 1,2-PDO on L-fucose and L-rhamnose (Fig. S1).

These results indicate that *E. coli* Nissle 1917 and *E. coli* K-12 have very similar metabolisms when grown anaerobically and aerobically on 6-deoxyhexose sugar as the sole carbon source. Both strains have 1,2-PDO as a major metabolic end product, even in the presence of oxygen.

DISCUSSION

In this study, we investigated the metabolism of *E. coli* on L-fucose and L-rhamnose, the two main 6-deoxyhexose sugars in the bacterium's natural environment. Two strains of *E. coli*, the K-12 MG1665 model strain and the Nissle 1917 probiotic strain, were therefore grown anaerobically and aerobically on L-fucose and on L-rhamnose in a bioreactor, and extracellular metabolites were identified and quantified throughout the culture period. Metabolic flux distributions were quantified based on those measurements for anaerobic growth and using additional isotopic data for aerobic growth on L-fucose. Metabolic flux analyses were then performed to obtain a detailed picture of the central metabolism on these carbon sources.

Under anaerobic conditions, *E. coli's* metabolism is highly constrained by the need to balance redox equivalent fluxes and the limited means to generate ATP. The ATP required to sustain cellular growth can be only provided through the synthesis of acetate from acetyl-CoA. Consequently, DHAP, one of the two cleavage products of L-fuculose-1-phosphate (on fucose) and L-rhamnulose-1-phosphate (on rhamnose), should mostly be used in the endergonic part of the Embden-Meyerhof-Parnas pathway. The reduction of S-lactaldehyde, the second cleavage product, into 1,2-PDO is thus necessary to reoxidize the NADH produced by glyceraldehyde-3-phosphate dehydrogenase. This is indeed what we observed on fucose and on rhamnose under anaerobic conditions, where the flux distribution between the two metabolic branches was close to 1:1. The slight discrepancy is due to biomass-related demand for carbon and NADPH, which is relatively low under anaerobic conditions, with biomass yield accounting for just ~5% Cmol/Cmol of the carbon consumed by the cells as deoxy-hexose sugars.

Under anaerobic conditions, ignoring biomass production, the theoretical maximum ATP yield is 1 mol per mol of deoxyhexose (e.g., 1 fucose + 1 ADP + 1 Pi \rightarrow 1 1,2-PDO + 1 acetate + 1 formate + 1 ATP). This is half what it is on glucose (1 glucose + 2 ADP + 2 Pi \rightarrow 2 lactate + 2 ATP). The carbon yields on fucose determined here based on the flux map (Fig. 3) (1 fucose \rightarrow 0.95 1,2-PDO + 0.80 acetate + 0.86 formate) are close to the theoretical values. ATP production is thus scarcely enough to support anabolic demands and provide the maintenance energy required for growth. Remarkably, the deoxyhexose consumption is rather fast (16.0 \pm 1.5 mmol \cdot [g_{CDW} \cdot h]⁻¹ on fucose and 17.6 \pm 0.9 mmol \cdot [g_{CDW} \cdot h]⁻¹ on rhamnose [Table 1]) considering that it is similar to that estimated on glucose under anaerobic conditions (17.8 \pm 0.3 mmol \cdot [g_{CDW} \cdot h]⁻¹ [31]) or on fucose under aerobic conditions (15.3 \pm 0.3 mmol \cdot [g_{CDW} \cdot h]^{-1} [Table 1]) and is much higher than measured on rhamnose (10.0 \pm 0.2 mmol \cdot [g_{CDW} \cdot h]^-1), glucose (7.7 \pm 0.4 mmol \cdot [g_{CDW} \cdot h])^-1 [25]), and gluconate (12.8 \pm 0.3 mmol \cdot [g_{CDW} \cdot h]⁻¹ [Fig. S4]) under aerobic conditions. From a physiological perspective, faster substrate utilization increases fluxes through the central metabolism and is a means for anaerobically growing cells to compensate for the apparently lower energy yields relative to respiratory metabolism (32).

Interestingly, we found that S-1,2-PDO is also excreted in large amounts (>0.7 mol per mol of 6-deoxyhexose sugar consumed [Table 1; see also Table S2 in the supplemental material]) when the cells are cultivated aerobically. This was not expected, since it is assumed in the literature that S-lactaldehyde is oxidized to S-lactate by AldA rather than being reduced to S-1,2-PDO by POR, S-lactate and then entering the central metabolism by being converted to pyruvate (11–13). This description of E. coli's aerobic metabolism on deoxyhexose sugars is mainly based on the facts that (i) AldA activity is only detected under aerobic conditions on fucose (13), (ii) POR is partially posttranscriptionally inactivated under aerobic conditions (by about 70% [13]), while its expression is inducible both anaerobically and anaerobically by fucose (12), and (iii) 1,2-PDO excretion would lead to an important overflow of reduced carbon, although reducing equivalents may in theory be reoxidized by respiration. Our metabolic flux analysis shows that there is a significant flux through AldA (about 1/3 of the substrate uptake rate), in line with the fact that its activity has been detected by others when the cells are grown aerobically on fucose (11, 13). Regarding 1,2-PDO synthesis by POR, it is worth mentioning that significant 1,2-PDO production (approximatively 0.3 mol of 1,2-PDO per mol of fucose) under similar conditions has been reported previously in the literature (13) and that POR remains active, albeit partially (13, 33). However, our results indicate that residual POR activity appears to be sufficient to reduce S-lactaldehyde into 1,2-PDO. Moreover, despite 1,2-PDO overflow-and that of acetate to a lesser extent—there is still a large excess of energy, suggesting that growth is not energetically constrained, with this surplus available to cover the demands of growth-associated maintenance. Presumably, also, the excess energy is crucial in allowing the cell to face various stresses and contributes to their survival and adaptation to environmental changes (3, 34).

S-lactaldehyde is at a metabolic node where it can be either oxidized by AldA or reduced by POR. It is therefore tempting to invoke the NADH/NAD⁺ ratio as a regulatory mechanism for the metabolic fate of S-lactaldehyde, especially since NADH is an inhibitor of AldA (11). Nevertheless, other mechanisms could explain S-lactaldehyde's partitioning between AldA and POR, be they related to protein abundance, enzyme kinetics, or metabolic regulation. Further biochemical analyses are thus required to establish a mechanistic model enabling identification of the key parameters that control the flux distribution at the S-lactaldehyde metabolic node. In *Salmonella*, where AldA is completely absent, S-lactaldehyde is even fully reduced to 1,2-PDO during aerobic growth on L-rhamnose (35). Moreover, S-lactaldehyde, and aldehydes in general (36), are assumed to be toxic compounds for *E. coli*'s growth (13, 37). 1,2-PDO overflow may thus be an efficient detoxification process that avoids intracellular accumulation of lactaldehyde.

Finally, our comparison of the laboratory model strain K-12 MG16655 with *E. coli* Nissle 1917, a nonpathogenic probiotic commensal strain known to be a good colonizer of the human gut (14), shows that their metabolisms on 6-deoxyhexose sugars are similar, with 1,2-PDO excretion observed in both strains. The 1,2-PDO yields are similar whether the cells are cultivated on fucose or rhamnose, under anaerobic or aerobic conditions. This suggests that 1,2-PDO should be present in *E. coli*'s vicinity and could serve as a substrate for other bacteria in the same ecological niche, including short-chain fatty acid producers (38) that may in turn supply *E. coli*'s metabolism with alternative carbon and energy sources. That so-called cross-feeding based on 1,2-PDO (produced by rhamnose and fucose metabolization) may thus influence the competitive fitness of *E. coli* and other bacteria in the gut (4).

MATERIALS AND METHODS

Chemicals. 1,2-Propanediol, S(L)-1,2-propanediol, R(D)-1,2-propanediol, fucose, and rhamnose were purchased from Sigma-Aldrich Chemie (Saint-Quentin-Fallavier, France). Propane-2-ol, hexane, and ethyl acetate (both of high-pressure liquid chromatography [HPLC] grade) were purchased from VWR Prolabo (Fontenay-Sous-Bois, France).

Bacterial strains and cultures. The strains used in this work were *Escherichia coli* K-12 MG1655 and the probiotic *Escherichia coli* Nissle 1917 strain. *E. coli* strains were grown on minimal synthetic medium containing, per liter, 10 g L-fucose or L-rhamnose, 2 g KH₂PO₄, 0.5 g NaCl, 2 g NH₄Cl, 2 mmol MgSO₄, 0.04 mmol CaCl₂, and 1 ml of a microelement solution containing 15g \cdot liter⁻¹ Na₂EDTA \cdot 2H₂O, 4.5 g \cdot liter⁻¹ ZnSO₄ \cdot 7H₂O, 0.3 g \cdot liter⁻¹ CoCl₂ \cdot 6H₂O, 0.1 g \cdot liter⁻¹ MnCl₂ \cdot 4H₂O, 0.1 g \cdot liter⁻¹ H₃BO₃, 0.04 g \cdot liter⁻¹ Na₂MOO₄ \cdot 2H₂O, 0.3 g \cdot liter⁻¹ the FSO₄ \cdot 7H₂O, and 0.03 g \cdot liter⁻¹ CuSO₄ \cdot 5H₂O. The medium for *E. coli* K-12 MG1655 also contained 0.1 g \cdot liter⁻¹ thiamine. Magnesium sulfate and calcium chloride were autoclaved separately. Solutions of 6-deoxyhexose (fucose or rhamnose), microelements, and thiamine were sterilized by filtration. Exponentially growing cells precultured in the same medium were harvested by centrifugation, washed in the same volume of fresh medium (lacking carbon sources and thiamine), and inoculated at 1% (vol/vol). Cultures were performed in parallel with both strains in 500-ml bioreactors (Multifors system; Infors HT, Switzerland). The pH was maintained at 6.9 throughout the fermentation process by automatic addition of 2 M NaOH, and the temperature was regulated at 37°C.

For the anaerobic cultures, the medium was flushed with N_2 before inoculation. An N_2 atmosphere was maintained throughout the culture period by gently and aseptically bubbling N_2 . The stirring speed was 300 rpm in a working volume of 0.3 liter. For the aerobic cultures, aeration and the speed of the stirrer were adjusted to maintain adequate aeration (dissolved oxygen tension [DOT], >30% saturation) in a working volume of 0.3 liter. The percentage concentrations of $O_{2^{\prime}}$ $CO_{2^{\prime}}$ and N_2 were measured in the gas output during the culture process using a Dycor ProLine process mass spectrometer (Ametek, Berwyn, PA, USA).

Determination of biomass and extracellular metabolite concentrations. Bacterial growth was monitored spectrophotometrically at 600 nm (optical density $[OD_{600}]$) (Genesys 6; Thermo Fisher, Carlsbad, CA, USA). For cell dry weight (CDW) measurements, cells were collected by vacuum filtration on preweighed and dried membrane filters (0.2 μ m, regenerated cellulose, 47 mm; Sartorius, France). The filters were then washed with 0.9% NaCl and dried at 60°C under partial vacuum for at least 24 h until a constant weight was achieved. The OD-CDW correlation factors obtained were CDW (g · liter⁻¹) = 0.49 × OD₆₀₀ for *E coli* K-12 MG1655 and CDW (g · liter⁻¹) = 0.53 × OD₆₀₀ for *E coli* Nissle 1917. The carbon, hydrogen, oxygen, and nitrogen contents of the biomass were determined by elemental analysis (Ecole de Chimie, Toulouse, France). The biomass formulas were C₁H_{1.783}N_{0.241}O_{0.445} for *E. coli* K-12 MG1655 and C₁H_{1.764}N_{0.242}O_{0.442} for *E. coli* Nissle 1917.

Fucose, rhamnose, acetate, 1,2-propanediol, and other fermentation products (lactate, formate, and ethanol) were quantified by nuclear magnetic resonance (NMR) (39).

¹³C-labeling experiments. ¹³C-labeling experiments were performed using a mixture of 20% (mol/ mol) [U-¹³C] fucose and 80% (mol/mol) [1-¹³C] fucose (99% of ¹³C atom; Eurisotop, France). To minimize the amounts of labeled substrate used, the cultures were performed in 1-liter baffled shake-flasks containing 80 ml of medium. The inoculation procedure was the same as the one described above. Samples of intracellular metabolites were collected in mid-exponential phase to ensure that they reflected isotopic and metabolic pseudo-steady states. Mass fractions of intracellular metabolites and of proteinogenic amino acids were determined in triplicate by ion chromatography-mass spectroscopy (IC-MS) as described previously (22, 40) and by gas chromatography-mass spectroscopy (GC-MS) as described previously (41). The isotopologue distributions were obtained by correcting for naturally occurring isotopes using IsoCor (https://github.com/MetaSys-LISBP/IsoCor/) (42).

Enantiomeric analysis of 1,2-propanediol and lactate. The enantiomeric purity of 1,2-propanediol was determined by HPLC using a 250 by 4.6-mm, 5- μ m particle size Chiralpak AD column (Daicel Industries, Tokyo, Japan). The mobile phase was hexane:propane-2-ol (95:5 vol/vol). The flow rate of the mobile phase was 1.0 ml min⁻¹. The column temperature was maintained at 30°C, and compounds were detected by refractrometry. The injection volume was 20 μ l.

1,2-propanediol was first extracted by solvent from samples collected at the end of cultures separated from the cells by 10 min of centrifugation at 4°C and 11,000 × g. Samples of supernatant (20 ml) were mixed with 20 ml of ethyl acetate, the mixture was shaken, and the organic phase was recovered. This step was repeated three more times. Sodium sulfate (anhydrous) was added into the organic phase to eliminate traces of water. Filtered organic phase was then evaporated under vacuum using a rotary evaporator. The temperatures of the water bath and condenser were 30°C and 1°C, respectively; the pressure was maintained at 10,000 pascals. Once the organic solvent was fully removed, the extracted extracellular metabolites were dissolved before injection in 1 ml of the mobile phase used for chromatographic analysis.

R- and S-lactate were quantified in culture supernatants using Biosentec R/S lactic acid enzymatic kits according to the manufacturer's instructions (Biosentec, Toulouse, France).

Calculation of extracellular fluxes. Extracellular fluxes (i.e., deoxyhexose sugar uptake, PDO, lactate, and acetate production and growth rates) were determined from the time course concentrations of biomass, substrates, and products using PhysioFit v1.0.1 (43). Standard deviation on extracellular fluxes were determined using a Monte-Carlo approach with 500 iterations.

Metabolic flux analyses. Metabolic flux distributions in the central metabolism were obtained with stoichiometric models under the assumption of a metabolic pseudo-steady state, based on the network topology shown in Fig. 1 and using experimental input and output fluxes as constraints (i.e., extracellular sugar uptake and by-product excretion rates and anabolic requirements of precursors to support growth [28]). Under anaerobic conditions, the inactive reactions were removed from the metabolic network (Fig. 3), and additional constraints were imposed to balance redox fluxes (i.e., the fluxes of NADPH and NADH production and utilization). Under aerobic conditions, methylglyoxal metabolism and the glyoxylate pathway were not included in the stoichiometric model. Fluxes between the tricarboxylic acid cycle and the lower part of glycolysis were considered to be carried by phosphoenolpyruvate carboxylase, phosphoenolpyruvate carboxykinase, and malic enzyme as suggested by several authors (25, 44). Furthermore, because (i) the soluble and membrane-bound, proton-translocating transhydrogenases UdhA and PntAB are active (26) and (ii) redox equivalents can be reoxidized by the electron transport chain, no coenzyme balancing constraints were imposed. Instead, the metabolic fluxes were resolved under these conditions, using a stable isotope (¹³C) labeling approach, by fitting additional isotopic balance equations to the ¹³C-labeling patterns of metabolites. All flux calculations were performed using the software influx_si v5.3.0 (23). A chi-square statistical test was used to assess the goodness-of-fit for each condition. Standard deviations on the fluxes were determined using a Monte-Carlo approach with 100 iterations.

Redox (NADH, NADPH, FADH₂, and FMNH₂) fluxes were estimated by summing the fluxes through all reactions producing or consuming the corresponding cofactors. Similarly, ATP production via substrate-level phosphorylation was calculated by summing the fluxes of ATP-producing reactions and subtracting fluxes of ATP-consuming reactions. ATP produced via oxidative phosphorylation was inferred from the production rates of NADH, FADH₂, and FMNH₂, assuming P/O ratios of 1.5 for NADH, and 1.0 for FADH₂ and FMNH₂ (45). The ATP consumed for fucose transport via L-fucose-H⁺ symport activity was estimated assuming a stoichiometry of 1 H⁺ per internalized fucose (46). Finally, NADPH and ATP requirements for biomass formation were estimated from the composition of the biomass and measured growth rates. The non-growth-associated maintenance value was taken from the genome-scale model of Feist et al. (27).

SUPPLEMENTAL MATERIAL

Supplemental material is available online only. **SUPPLEMENTAL FILE 1**, PDF file, 0.5 MB.

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