

# Endothelial cell-derived fibroblast growth factor-18 regulates ovarian function in sheep

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#### 23 Abstract

24 Increasing the efficiency of farm animal reproduction is necessary to reduce the 25 environmental impact of food production systems. One approach is to increase the 26 number of healthy eggs (oocytes) produced per female for fertilization, thus it is 27 important to understand factors that decrease oocyte health. One paracrine factor that 28 decreases ovarian follicle growth is fibroblast growth factor 18 (FGF18) secreted by 29 cells in the theca layer of the ovarian follicle, however the factors that regulate FGF18 30 secretion are unknown. In this study we hypothesized that FGF18 secretion is 31 controled by intrafollicular factors and is linked to fertility, which we tested by using 32 cell culture and sheep genetic models in vivo. Separation of theca cell populations 33 revealed that FGF18 mRNA is located mainly in thecal endothelial rather than 34 endocrine cells, and immunohistochemistry localized FGF18 protein to microvessels 35 in the theca layer in situ. Culture of ovine theca-derived endothelial cells was used to 36 demonstrate stimulation of FGF18 mRNA and protein abundance by bone 37 morphogenetic protein-4 (BMP4), a growth factor derived from theca endocrine cells. 38 Taking advantage of a sheep genetic model, we demonstrate reduced ovarian and 39 peripheral FGF18 concentrations in the hyperprolific Booroola ewe harboring the  $FecB^{B}$  mutation in BMPR1B. These data suggest a novel control of fertility by 40 41 follicular endothelial cells, in which theca endocrine cells secrete BMP4 that 42 stimulates the secretion of FGF18 from thecal endothelial cells, which in turn diffuses 43 into the granulosa cell layer and promotes apoptosis.

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#### 48 **1. Introduction**

49 Modern agriculture contributes to climate change, and animal production 50 produces significant amounts of greenhouse gasses (Davis & White, 2020). 51 Approaches to mitigate the negative impacts of animal production are multifaceted, 52 but include improving reproductive efficiency by increasing the number of healthy 53 oocytes available for natural fertilization or assisted reproductive technologies, 54 particularly in monovulatory ruminants. The health of the oocyte is dependent on the 55 health of the ovarian follicle, and follicle growth is driven by hormones and growth 56 factors including follicle stimulating hormone (FSH) and insulin-like growth factor 57 (IGF) (Webb et al., 2016); maintaining granulosa cell health is critical for follicle 58 development (Hughes & Gorospe, 1991).

59 The microenvironment within the follicle also affects follicle development, 60 and factors secreted locally by either granulosa or theca cells can have stimulatory or 61 inhibitory effects on granulosa cell proliferation and follicle function (Juengel et al., 62 2021). Stimulatory factors include bone morphogenetic protein 4 (BMP4) secreted 63 from theca cells and BMP15 from the oocyte that stimulate granulosa cell 64 proliferation and suppress apoptosis in cattle (Glister et al., 2004; Hussein et al., 2005; 65 McNatty et al., 2005; Shimizu et al., 2012). The signaling pathway of BMPs involves 66 forming a complex at the cell surface with a type I receptor and a type II receptor, 67 such as BMPR1B and BMPR2 for BMP4. Activated receptor complexes then 68 phosphorylate SMAD1/5/8 or SMAD2/8 intracellular messengers (Mazerbourg & 69 Hsueh, 2006), which then associate with SMAD4 in order to bind to SMAD-response 70 elements in gene promoters. The importance of BMP signaling for fertility is 71 illustrated by the loss-of-function mutation in the BMPR1B gene (FecB) that leads to

hyperprolificacy in sheep (McNatty et al., 1986; Mulsant et al., 2001; Wilson et al.,
2001)

74 A potential inhibitory factor is theca-derived fibroblast growth factor-18 75 (FGF18) that increases bovine granulosa cell apoptosis in vitro and causes follicle 76 regression when injected directly into a growing follicle in vivo in cattle (Portela et 77 al., 2015; Portela et al., 2010). The theca layer of atretic follicles contains greater 78 amounts of FGF18 mRNA than the theca layer of healthy growing follicles, but it is 79 unclear how the production of FGF18 secretion is controled as mRNA abundance in 80 cultured bovine theca cells is not altered by physiological concentrations of 81 luteinizing hormone (LH) (Portela et al., 2010). It is also unclear which cell types 82 within the theca express FGF18 as this cell layer is complex, consisting of endocrine 83 cells, immune cells, fibroblasts and endothelial cells, (Richards et al., 2017).

84 Rodent and human endothelial cells contain FGF18 mRNA (Antoine et al., 85 2006; Antoine et al., 2005), therefore we hypothesized that FGF18 is derived from 86 thecal endothelial cells and is a novel endothelial-to-granulosa cell signaling molecule 87 that contributes to the modulation of fertility. The objectives of the present study were 88 to determine which cell types of the ovine theca layer express FGF18 and to identify 89 which paracrine factors regulate FGF18 mRNA/protein. In addition, taking advantage 90 of genetic models of fecundity, we reveal a unique link between thecal endothelial 91 cells and prolificacy in sheep.

- 92
- 93 2. Materials and methods

94 2.1 Experimental design

Localization of FGF18 protein was determined with immunohistochemistry
 performed on mixed-breed sheep ovaries obtained from an abattoir, and which were

97 fixed in Bouin's fixative and embedded in paraffin. Immunohistofluorescence was 98 used on different ovaries to examine in more detail the localization of FGF18 in small 99 blood vessels. Ovaries were fixed in formalin and embedded in paraffin for FGF18 100 detection, and endothelial cells were identified by localization with the endothelial 101 cell marker, von Willebrand factor. To assess which cell types within the theca layer 102 express FGF18 mRNA, a cell-enrichment approach was taken to enrich or deplete 103 endothelial cells from a theca layer digest using CD29-coated beads as described 104 below, followed by qPCR for FGF18 and the endothelial cell marker, coagulation 105 factor VIII (F8).

106 The regulation of *FGF18* mRNA and protein abundance was measured in vitro 107 by culturing thecal endothelial cells from abattoir-derived ovaries. Passaged cells 108 were serum-starved and then treated with Transforming Growth Factor- $\beta$  (TGF $\beta$ ) 109 family members as detailed below. The intracellular pathways employed by BMPs to 110 regulate FGF18 expression were determined in endothelial cells after short-term incubation with BMPs, and cell protein was harvested for the measurement of 111 112 phosphorylated second messengers. Involvement of the SMAD signaling pathway 113 was investigated by knocking-down SMAD4 through siRNA before the addition of 114 BMP.

The role FGF18 may play in follicle development *in vivo* was then assessed using a genetic sheep model of partial loss-of-function of BMP signaling. First, cycling Lacaune ewes were used to measure plasma FGF18 concentrations during an estrous cycle. Then, Mérinos d'Arles ewes with or without the  $FecB^B$  mutation in the *BMPR1B* receptor were used to collect blood samples and ovaries, to measure plasma FGF18 concentrations by ELISA and tissue FGF18 protein abundance by immunohistochemistry, respectively. 122

### 123 2.2 Immunohistochemistry and Immunohistofluorescence

124 For immunohistochemistry, ovaries were serially sectioned at a thickness of 7 125 µm with a microtome and sections were deparaffinized in toluene, rehydrated, and 126 incubated in antigen unmasking solution (Vector Laboratories, Burlingame, VT) for 4 127 min in a microwave and then left for 2 h at room temperature. Sections were washed 128 three times in PBS with 0.1% saponin and then treated with 0.3% H<sub>2</sub>O<sub>2</sub> for 30 min at 129 4°C in the dark to remove endogenous peroxidase. Then sections were washed three 130 times in PBS with 0.1% saponin again and then treated with PBS with 0.1% saponin and mare's serum diluted at 1/15 for 30 min at 4°C in the dark to block nonspecific 131 132 sites. After sections were washed three times, they were incubated with mouse 133 monoclonal anti-FGF18 (Biorbyt # orb1778; 1:2000 in PBS, 0.1% saponin & 5% 134 mare serum) in a humidified chamber overnight at 4°C. Sections were washed three 135 times and then incubated with donkey anti-mouse peroxidase-conjugated secondary 136 antibody (Jackson Immunoresearch Laboratories, West Grove, PA) diluted 1:800 in 137 PBS, saponin 0.1% and BSA 0.1% at room temperature for 4 h.

Immunostaining was developed by incubating sections in 50 mM Tris-HCl
(pH 7.8) containing 0.4 mg/ml 3,3'-diaminobenzidine tetrahydrochloride dehydrate
(Sigma) and 0.012% H<sub>2</sub>O<sub>2</sub> for 10 min at room temperature. Negative control sections
involved omitting the primary antibody.

Immunohistofluorescence was performed on 7 μm sections of ovary that were deparaffinized in toluene, rehydrated, boiled in 10 mM sodium citrate (pH 6) for 30 minutes, and then cooled to room temperature. Non-specific sites were blocked for 1 h at room temperature in 5% normal goat serum (NGS) (Jackson ImmunoResearch; 005-020-121, FGF18) or 5% mare serum, followed by incubation with anti-FGF18 147 goat polyclonal antibody (Bioss; 1:200) or donkey polyclonal antibody raised against 148 von Willebrand factor (VWF; Abcam #ab6994; 1:400) diluted in 5% goat or mare 149 serum respectively, in PBS plus 0.1% Tween20 overnight at 4°C. Negative control 150 sections were incubated with 5% NGS only. Sections were washed and incubated with 151 cyanine 3 (Cy3)-conjugated anti-goat or anti-donkey IgG (Jackson ImmunoResearch) 152 diluted 1:300 in PBS with 5% bovine serum albumin (BSA) (A3294; Sigma) for 1 h 153 at room temperature. After incubation, sections were washed and counterstained with 154 4,6-diamidino-2-phenylindole (DAPI) (Sigma) diluted 1:1000 in PBS for 5 min, then 155 slides were mounted in Permafluor (Thermo Fisher Scientific).

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## 157 2.3 Cell isolation and culture

158 All materials were obtained from Life Technologies Inc. (Burlington, ON, 159 Canada) unless otherwise stated. Mixed-breed sheep ovaries were obtained from 160 cycling ewes, irrespective of stage of the estrous cycle, at a slaughterhouse near the 161 University of Montréal Faculty of Veterinary Medicine. Theca layers were peeled 162 from the stroma of follicles 2-6 mm diameter, granulosa cells were scraped off, and 163 the theca shell incubated in a solution of 1mg/ml collagenase type IV (Sigma-Aldrich, Oakville ON, Canada) and 100µg/ml trypsin inhibitor (Sigma-Aldrich) at 37°C for 45 164 165 minutes. The supernatant was centrifuged for 10 minutes at 800g, and the cells 166 resuspended. An endothelial cell-enriched fraction and an endothelial-depleted fraction of theca-derived cells was prepared with the sheep CD29 pluriBead kit 167 168 according to the manufacturer's instructions (pluriSelect, El Cajon CA). The optimal recovery of endothelial cells was obtained by incubation of  $4 \ge 10^6$  theca-derived cells 169 170 with 80µl pluriBeads in 2ml incubation buffer. Cells from both fractions were pelleted 171 by centrifugation and frozen for RNA extraction and RT-PCR (n=7).

172 Cells from the endothelial-rich fraction were seeded in 15 cm<sup>2</sup> gelatin-coated 173 flasks in endothelial cell culture medium (M199 with L-glutamine, 25 mM HEPES 174 and Hanks salts; Invitrogen), supplemented with antibiotics and 10% FBS and 100 175  $\mu$ g/ml endothelial cell growth supplement (ECGS; Sigma) until confluence, and then 176 passaged up to three times. Aliquots were frozen in culture medium:DMSO (1:1 177 vol:vol) before experimental treatments.

Cells were thawed and cultured in gelatin-coated 24-well plates at a density of 178  $0.5 \ge 10^6$  cells/well in 1 ml supplemented endothelial cell culture medium until 60% 179 confluence (24-48 h) at 37 °C and under 5% CO2 atmosphere. Cells were then 180 'starved' for 9 h in endothelial cell culture medium without FBS or ECGS, after which 181 182 cells were challenged with the growth factors Transforming Growth Factor  $\beta$  (TGF $\beta$ ), 183 BMP4, BMP5, BMP15, Growth Differentiation Factor 9 (GDF9) or anti-Müllerian 184 hormone (AMH) (all from R&D Systems) for times and concentrations shown in the 185 legends to figures 2 and 3 before harvesting for RNA or protein extraction. 186 Experiments were performed with 4 wells per treatment that were pooled to obtain a 187 single RNA or protein sample per treatment. Cultures were performed on 4-5 188 independent cell cultures.

To measure abundance of FGF18 protein, thecal endothelial cells were cultured in Lab-Tek chamber slides (ThermoFisher) at 1 x 10<sup>5</sup> cells/well in 0.5 ml supplemented endothelial cell culture medium as above. After treatment with 50 ng/ml BMP4 for 48 h, cells were fixed in 10% formalin and stained with anti-FGF18 (Biorbyt; 1:2000) as described above. All images were obtained using Axio Imager M1 (Zeiss Microscopy, Toronto, ON, Canada) and immunostaining was quantified using ImageJ (U.S. National Institutes of Health, Bethesda, Maryland, USA, 196 http://imagej.nih.gov/ij/, 1997–2015) on photomicrographs of Lab-Tek chamber
197 slides.

198

## 199 2.4 RNA interference

200 Endothelial cells were cultured in supplemented endothelial cell culture 201 medium as above until 60% confluence, after which 100µl Opti-MEM premixed with 202 3µl Lipofectamine RNAiMAX and siRNA (10 nM final concentration) were added 203 for 48 h. Culture medium was then replaced with medium without FBS or ECGS, 204 after which cells were challenged with BMP4 (50 ng/ml) for 24 h. Cells were then 205 harvested for RNA or protein extraction. Four wells per treatment were combined to 206 form a single sample, and experiments were performed on 5 independent culture 207 replicates.

208

## 209 2.5 Animals, blood collection and FGF18 assay

Lacaune ewes (n=9, 2 years-old, primiparous, cycling) were housed at INRAE experimental facilities in Toulouse, and estrus was synchronized during the breeding season by insertion of intravaginal progestagen sponges (fluogestone acetate FGA, 20 mg; Intervet) for 14 days. Blood (4 ml into heparinized tubes) was sampled at 12-h intervals from intravaginal sponge removal (Day 0) to Day 4 (96h) along the follicular and periovulatory phases of the estrus cycle, and plasma was used to measure FGF18 by ELISA.

217 Mérinos d'Arles (n=28, 6-8 years-old, multiparous, cycling) were housed at 218 INRAE experimental facilities in Tours, and 14 homozygous carrier of the  $FecB^B$ 219 mutation in *BMPR1B* ( $FecB^{B/B}$ ) and 14 non-carrier ( $FecB^{+/+}$ ) ewes were used. Estrous 220 cycles were synchronized as above, and a blood sample was collected 36 h after

sponge removal. One week after sponge removal, animals were sacrificed and the mean number of corpora lutea observed in the ovaries were  $1.75 \pm 0.13$  and  $5.92 \pm$ 0.34 for  $FecB^{+/+}$  and  $FecB^{B/B}$  ewes, respectively (Estienne et al., 2015). Ovaries from 3  $FecB^{+/+}$  and 3  $FecB^{B/B}$  ewes were fixed in Bouin's fixative and embedded in paraffin for immunohistochemistry as described above.

All experiments were performed in accordance with French guidelines for Care and Use of Agricultural Animals in Agricultural Research and Teaching (approval numbers C37-175-2 and D31-429-01), and jugular vein puncture procedure for blood sampling was approved by the French Ministry of Teaching and Scientific Research and local ethical committee (approval number 01171.02).

For all blood samples, plasma was stored at -20°C until assay for FGF18 with a commercial sheep FGF18 ELISA (MBS027703; MyBioSource, San Diego, CA, USA); preliminary experiments determined that samples were parallel with the standard curve between dilutions of 1:1 and 1:4 in assay diluent. All samples were analysed on a single plate with a coefficient of variation of 2%.

236

237 2.6 Total RNA extraction and real-time RT-PCR

238 Total RNA from cell cultures was extracted using PureLink RNA mini 239 extraction kit according to the manufacturer's instructions (12183025, Ambion by Life 240 Technologies). Reverse transcription was performed on 1 µg RNA with SuperScript 241 Vilo cDNA synthesis kit (Thermo Fisher Scientific). Real-time PCR was performed 242 with 10µl SsoAdvanced Universal SYBR Green Supermix (Bio-Rad, Mississauga 243 ON), 6µl of cDNA, 10 pmol primers (1.5 µl) and 1µl water in a CFX96 Touch 244 thermocycler (Bio-Rad). Primers were designed to measure mRNA encoding ovine 245 F8, luteinizing hormone receptor (LHCGR), FGF18, endothelin-1 (EDN1), SMAD4

246 and SMAD6 (Table 1). Common thermal cycling parameters (3 min at 95°C, 40 247 cycles of 15 s at 95°C, 30 s at 60°C and 30 s at 72°C) were used to amplify each transcript. Melting curve analyses were performed to verify production of single 248 249 amplicons, and amplification efficiency of primer pairs was between 2.0 and 2.15 250 measured as described (Monniaux et al., 2008). Samples were run in duplicate, and 251 were expressed relative to the geometric mean of RPL19, SDHA and YWHAZ as housekeeping genes and expressed as the ratio  $R = [E_{Ref} Ct (Ref)/E_{target} Ct (target)]$ 252 253 (Estienne et al., 2015).

254

255 2.7 Immunoblotting

256 Cells were lysed in 100 µl/well cold RIPA buffer (25 mM Tris-HCl pH 7.6, 257 150 mM NaCl, 1% NP-40, 1% sodium deoxycholate, 0.1% SDS, phosphatase 258 inhibitor cocktail, and protease inhibitor cocktail) and protein concentrations were 259 determined by BCA protein assay (Pierce, Rockford, IL). Proteins were resolved on 260 10% SDS-PAGE gels (3.5 µg total protein per lane) and transferred onto PVDF 261 membrane in a Bio-Rad wet Blot Transfer Cell apparatus (transfer buffer: 39 mM 262 glycine, 48 mM Tris-base, 20% methanol, pH 8.3). After 2 hours of transfer, the 263 membranes were blocked in 5% non-fat dry milk in TTBS (10 mM Tris-HCl, 150 264 mM NaCl, 0.1% Tween-20, pH 7.5) for 1 hour. Membranes were cut horizontally 265 between molecular mass markers according to the size of the target proteins, and 266 strips incubated for 1 h with rabbit polyclonal antibodies raised against phospho-SMAD1/5/8 (1:1000, Cell Signaling, 13820), phospho-SMAD2/3 (1:1000, Cell 267 Signaling, 3108), total-SMAD1/5/8 (0.625µg/ml, Abcam, ab66737) and total-268 269 SMAD2/3 (0.625µg/ml, Abcam, ab47083). After three washes in TTBS, membranes were incubated for 1 hour at room temperature with 1:10 000 HRP-conjugated anti-270

271	rabbit	IgG	(GE	Healthcare	Canada).	Protein	bands	were	revealed	by
272	chemil	umines	scence	(ECL, Bio-R	ad Laborate	ories Ltd,	CA, US	SA). Se	mi-quantita	ıtive
273	analysi	s was j	perforn	ned with Imag	ge Lab softv	vare (Bio-J	Rad).			

274

275 2.8 Statistical analysis

276 Data were tested for homogeneity of variance by Bartlett's test, and for normal 277 distribution by Shapiro-Wilk test, and log transformations were performed as 278 appropriate. One-way ANOVA were performed with Tukey-Kramer multiple 279 comparisons tests (effects of TGFB ligands on FGF18 mRNA), Dunnett's test to 280 compare each treatment with control (signaling pathway analyses), t-tests to compare 281 gene expression in cell-enriched and depleted fractions, and Mann-Whitney test to 282 compare FGF18 protein abundance between sheep genotypes. Culture data included culture replicate as a random variable. Data are presented as means  $\pm$  SEM with P <283 284 0.05 considered significant.

285

**3. Results** 

287 3.1 FGF18 is expressed in ovarian endothelial cells

288 After fractionation of the cells from the theca cell layer, the endothelial-289 enriched fraction contained significantly more mRNA encoding the endothelial 290 marker F8 and significantly less mRNA encoding the LH receptor gene (LHCGR) 291 compared with the endothelial-depleted fraction (Fig 1A). Abundance of FGF18 292 mRNA was significantly higher in the endothelial-enriched fraction, suggesting that 293 endothelial cells rather than endocrine cells are a major source of thecal FGF18. This 294 was supported by immunohistochemical analysis, which demonstrated FGF18 295 staining in the endothelium and smooth muscle layer of blood vessels of the ovarian medulla and cortex with little to no staining in the oocyte or granulosa cells (Fig 1B).
The endothelium of blood venules in the stroma and theca cell layer stained for
FGF18 as detected by immunofluorescence, and cell identity was confirmed by
immunofluorescence for VWF (Fig 1C).

300

301 3.2 Theca-derived endothelial cell FGF18 expression is stimulated by BMPs

302 The regulation of FGF18 expression by thecal endothelial cells was then 303 assessed in vitro. Cells responded to TGFB1 and to BMP4 with dose-dependent 304 increases in FGF18 mRNA levels after 24 h culture (Fig 2). Abundance of mRNA 305 encoding a known TGF-responsive endothelial protein, endothelin-1 (EDN1), was 306 significantly stimulated by BMP4 (Fig 2) but not by TGFB1. Treatment with other 307 members of the TGF superfamily, BMP5, BMP15 or BMP15+GDF9 for 24 h 308 significantly increased the abundance of FGF18 mRNA, whereas AMH or GDF9 309 alone were without effect (Fig 3A). Immunocytochemistry demonstrated that of the 310 TGFB family members tested, only BMP4 increased the abundance of FGF18 protein 311 in cultured cells (Fig 3B).

312 The intracellular pathway used by BMPs to increase FGF18 expression was 313 investigated by Western blotting. Challenge of thecal endothelial cells with BMP4, 314 BMP5 or BMP15 for 30 min significantly increased phosphorylation of SMAD1/5/8 315 (Fig 3C), as did combinations of BMP15 with GDF9 or AMH, but neither GDF9 nor 316 AMH alone significantly stimulated SMAD1/5/8 phosphorylation although a 317 numerical increase was observed. The activation of the SMAD1/5/8 pathway was 318 corroborated by measuring abundance of SMAD6 mRNA after 24 h of treatment, 319 which was significantly increased by BMP4, BMP5, BMP15 and the combinations of 320 BMP15 with GDF9 or AMH, but not by GDF9 or AMH alone (Fig 3D). Treatment

with GDF9 or AMH increased the levels of phospho-SMAD2/3 protein, whereas
neither BMP4, BMP5 nor BMP15 had any effect (data not shown).

323 To demonstrate that the SMAD pathway was necessary for BMP regulation of 324 endothelial FGF18 mRNA levels, SMAD4 mRNA was knocked-down to 22% of 325 control levels with an siRNA approach. Addition of BMP4 increased the abundance 326 of FGF18 and SMAD6 mRNA in scrambled RNA-transfected cells as expected, and 327 did not alter SMAD4 mRNA levels compared with controls (Fig 4). Knockdown of 328 SMAD4 abolished the ability of BMP4 to stimulate FGF18 and SMAD6 mRNA levels 329 (Fig 4). As a negative control, cells were also treated with GDF9 that did not increase FGF18 mRNA levels compared with controls, and the siRNA had no effect on 330 331 FGF18 mRNA abundance in the presence of GDF9 compared with GDF9 alone or controls (Fig 4). 332

333

3.3 Ovarian and plasma FGF18 levels are reduced in hyperprolific sheep harboring amutation in the BMP receptor gene.

336 As BMP4 appeared to be a major regulator of FGF18 protein production, we used a genetic sheep model ( $FecB^{B/B}$ ) of partial loss-of-function of BMP signaling to 337 assess the role of FGF18 in ovarian function. Plasma concentrations of FGF18 in 338 wild-type Lacaune ewes ( $FecB^{+/+}$ ) did not change during the follicular phase of the 339 340 estrus cycle and the peri-ovulatory period (Fig 5A). Immunohistochemistry revealed significantly less staining for FGF18 protein in  $FecB^{B/B}$  ovaries compared with 341  $FecB^{+/+}$  ovaries in medullary blood vessels (Fig 5B, C), and this was mirrored by 342 significantly lower plasma FGF18 concentrations in  $FecB^{B/B}$  compared to  $FecB^{+/+}$ 343 344 ewes (Fig 5D).

#### 346 **4. Discussion**

347 Paracrine signaling is likely involved in the fine tuning of follicle development and fertility, and the atypical growth factor FGF18 has been shown to cause apoptosis 348 349 in granulosa cells. In the present work, we present three lines of evidence that FGF18 350 is part of a novel link between endothelial cells and fertility in sheep. Firstly, FGF18 351 is produced mainly in the endothelial cells rather than in the endocrine cells of the 352 theca layer. Secondly, FGF18 mRNA and protein abundance in thecal endothelial 353 cells are stimulated mainly by BMP4, and as BMP4 is secreted by theca endocrine 354 cells, this suggests a novel cell-cell communication within the theca cell layer. 355 Thirdly, ovarian and circulating FGF18 protein concentrations are reduced in 356 hyperprolific ewes carrying a loss-of-function mutation in BMP signaling, which 357 suggests a novel control of fertility by endothelial cells.

358 Within the ovarian follicle, FGF18 has previously been localized to the theca 359 cell layer in cattle, although mRNA levels were not regulated by gonadotropins (LH) 360 in thecal endocrine cells in vitro (Portela et al., 2010). This can be explained by the 361 present data showing that endothelial cells and not endocrine cells are the primary 362 source of FGF18. Localization of the protein demonstrated clear presence in the 363 endothelium and smooth muscle layer in blood vessels in the ovarian cortex and 364 medulla, and immunofluorescence detected FGF18 protein in the endothelium of 365 thecal venules. This is consistent with data showing FGF18 expression in human and 366 rat vascular endothelial cells (Antoine et al., 2006; Antoine et al., 2005).

Endothelial cells play a vital role in folliculogenesis, as reduced vascularization of the theca is associated with follicular atresia (reviewed in (Robinson et al., 2009), and follicular capillary formation is stimulated by granulosa and theca cells through the secretion of VEGF and FGF2 (Mattar et al., 2020;

371 Reynolds & Redmer, 1998; Robinson et al., 2009). A major regulator of endothelial 372 cell function is TGFB1, which controls the expression and secretion of endothelial-373 specific molecules including endothelin-1 (EDN1) (Castañares et al., 2007; Star et al., 374 2009). Although EDN1 mRNA abundance was not significantly increased by TGFB1 375 in endothelial cells in the present study, the cells responded to BMP4 with a 4-fold 376 increase in EDN1 mRNA levels. This stands in contrast to data with human lung 377 microvessel or aortic endothelial cells in which BMP4 had no effect on EDN1 378 secretion (Park et al., 2012; Star et al., 2010).

379 In addition to EDN1, the present data show that FGF18 is also a target of 380 TGFB family signalling in endothelial cells. Although TGFB1, BMP4, BMP5 and 381 BMP15 all increased the abundance of FGF18 mRNA in thecal endothelial cells, 382 BMP4 was the most potent and the only BMP that also increased FGF18 protein 383 abundance. The main ovarian source of BMP4 is generally considered to be theca 384 endocrine cells (Knight & Glister, 2006), suggesting that endocrine cells signal to endothelial cells within the theca layer, however as BMP4 is also expressed in 385 endothelial cells (Sorescu et al., 2003), an autocrine component to BMP4 - FGF18 386 387 signaling is also possible. This signaling pathway involves phosphorylation of SMAD1/5/8, and knock-down of SMAD4 indicated that the SMAD4 pathway is 388 389 necessary for BMP4 regulation of FGF18 expression. Although TGFB1 has been 390 shown to increase Fgf18 mRNA in a rat chondrocyte cell line (Reinhold et al., 2004), 391 no such effect was noted in a microarray study with human microvessel endothelial 392 cells (Wu et al., 2006). Neither GDF9 nor AMH, primarily activators of the Smad2/3 393 pathway, altered *FGF18* mRNA levels in the present study, whereas activation of the 394 SMAD2/3 pathway increased FGF18 mRNA levels in human microvessel endothelial 395 cells (Wu et al., 2006). Collectively, the present data on EDN1 and FGF18 regulation

suggest that theca endothelial cells have specialized functional properties that differ
from some other endothelial cells, as has been suggested for other organ systems
(Rafii et al., 2016).

399 As FGF18 has been shown to promote apoptosis in granulosa (Portela et al., 400 2010) but not in theca cells (Han et al., 2018), the present data suggest a three-cell 401 signaling network in the follicle in which endocrine theca cells act on endothelial cells 402 through BMP4, and endothelial cells then act on granulosa cells though FGF18 to 403 increase the rate of apoptosis. Although most coculture studies have focused on the 404 role of theca, granulosa or luteal cells on endothelial cell function (Mattar et al., 2020; 405 Woad et al., 2009), a few previous investigated the role of endothelial cell-derived 406 (angiocrine) factors; endothelial cells had a positive effect on bovine granulosa cell 407 proliferation in coculture (Spanel-Borowski et al., 1994) and ovarian endothelial cells 408 expressing constitutively active AKT promoted primary follicle growth in mice 409 (Kedem et al., 2017). Together, these observations indicate a complex role of endothelial cells in follicular development, likely involving the secretion of both 410 411 promoting and suppressive factors.

412 Altered BMP signaling may play a role in fertility, particularly in sheep where 413 the FecB<sup>B</sup> loss-of-function mutation in BMPR1B increases ovulation rate (McNatty et 414 al., 1986; Mulsant et al., 2001; Wilson et al., 2001). The current model for the mechanism of the  $FecB^{B}$  mutation is that BMP4 signaling is defective leading to 415 416 increased sensitivity to FSH and to decreased secretion of AMH, which in turn 417 increase follicle activation and survival (Estienne et al., 2015; Fabre et al., 2006). The 418 present study shows that abundance of FGF18 protein is also reduced in the ovarian 419 blood vessels of  $FecB^B$  ewes, indicating that it likely contributes to the hyperprolific phenotype. As FGF18 has been shown to promote apoptosis in granulosa cells 420

421 (Portela et al., 2010), a reduction in ovarian FGF18 content is entirely consistent with 422 the reduced incidence of apoptosis observed in  $FecB^B$  follicles (Driancourt et al., 423 1985; Mandiki et al., 2000; Sheena et al., 2015).

The reduction in follicular FGF18 protein in  $FecB^B$  ewes was associated with a 424 425 reduction in FGF18 concentrations in peripheral blood, as is the case for AMH 426 (Estienne et al., 2015). It is unlikely that decreased FGF18 concentrations are a result 427 of decreased AMH concentrations as AMH did not alter endothelial FGF18 mRNA or 428 protein abundance in the present study. This would imply a potential effect of the 429 mutation on other organ systems, however the only other tissues known to be affected 430 by this mutation are the fetal heart and the adult adrenal gland, both of which are smaller but not functionally compromised in  $FecB^B$  carriers (McNatty et al., 1995; 431 432 Souza & Baird, 2004). Peripheral plasma FGF18 concentrations did not change during 433 the follicular and peri-ovulatory phases of the estrus cycle, which again is similar to 434 the situation with AMH (Rico et al., 2011).

435 In summary, this study demonstrates that follicular FGF18 originates from 436 endothelial cells within the ovary and may play a role in controlling fertility. The 437 present data suggest a three-cell signaling network in which theca endocrine cells 438 secrete BMP4 that stimulates the secretion of FGF18 from thecal endothelial cells, 439 which in turn diffuses into the granulosa cell layer and promotes apoptosis. Reduced 440 BMP signaling, as seen in hyperprolific sheep harboring a mutation in BMPR1B, could attenuate FGF18 secretion leading to a reduced granulosa cell apoptosis rate, 441 442 thus allowing increased follicle development.

443

## 444 **Declaration of interest.**

445 The authors declare that there is no conflict of interest that could be perceived as 446 prejudicing the impartiality of the research reported.

447

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456

## 457 **Data sharing statement**

The data that support the findings of this study are available from the corresponding

- author upon reasonable request.
- 460

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629 Figure legends

630 Fig 1. Localization of FGF18 mRNA and protein in the ovary. A, cells of the theca 631 layer were dispersed and endothelial cell enriched (Enr) and depleted (Depl) fractions were obtained with anti-CD29 coated beads. Enrichment was assessed by qPCR for 632 633 the endothelial marker Factor VIII (F8) and the steroidogenic marker LH receptor 634 (LHCGR). Data are means  $\pm$  SEM of 7 replicates, and asterisks identify means that 635 are significantly different (Student's t test). B, immunohistochemistry for FGF18 636 demonstrated staining in small blood vessels around follicles (left panel, arrows) but 637 not in oocytes (o) or granulosa (gc) cells, and in larger vessels in the medulla (right 638 panel). Inset shows a negative control without primary antibody. C, immunohistofluorescence for VWF and FGF18 in the endothelium of venules in the 639 640 ovarian medulla and in the theca layer ; nuclei are stained with DAPI, and specific 641 antigens are stained red.

642

Fig 2. TGFB1 and BMP4 stimulate *FGF18* mRNA levels in a dose-dependent manner. Bovine thecal endothelial cells were cultured with the given doses of human recombinant TGFB1 or BMP4 for 24 h and mRNA extracted for qPCR analysis of *FGF18* and *EDN1* mRNA levels. Data are means  $\pm$  SEM of 4 (TGFB1) and 5 (BMP4) replicates. Bars with different letters are significantly different (Tukey-Kramer HSD test); asterisk, orthogonal contrast showed a significant difference between control and cells treated with 1, 10 and 100 ng/ml TGFB1.

650

Fig 3. Effect of different TGFB family ligands on FGF18 expression and signaling pathways in thecal endothelial cells. Cells were cultured with 50 ng/ml of human recombinant BMP4, BMP5, BMP15, AMH or GDF9 alone, or a combination of BMP15 and AMH (B15+A) or BMP15 and GDF9 (B15+G9). Cells were recovered

after 24 h for mRNA extraction (panels A, D), after 48 h to measure FGF18 protein by immunocytochemistry (B) or after 30 min for assay of SMAD1/5/8 phosphorylation (C). Inset in B shows staining in representative control and BMP4treated cells. Inset in C shows representative immunoblots of one replicate culture. Data are means  $\pm$  SEM of 5 replicates, and asterisks identify means that are significantly different from control (Dunnett's test).

661

Fig 4. The SMAD signaling pathway is essential for BMP4 regulation of *FGF18* mRNA abundance in the cal endothelial cells. Cells were transfected with siRNA targeting SMAD4 or scrambled siRNA, and then treated with BMP4 (50 ng/ml; grey bars, B4), GDF9 (50 ng/ml; black bars, G9) or medium controls (hollow bars) for 24 h. Data are means  $\pm$  SEM of 5 replicates. Asterisks identify significant effects of siRNA within ligand treatment, or effect of ligand compared to control (Dunnett's test).

669

Fig 5. Abundance of FGF18 protein is lower in hyperprolific ewes carrying a 670 671 mutation in *BMPR1B*. A, plasma FGF18 concentration in wild-type Lacaune ewes (n=9) at times (h) after FGA sponge removal. **B**, immunohistochemisty showing 672 staining for FGF18 in ovarian blood vessels in non-carriers ( $FecB^{+/+}$ ) and 673 homozygous carriers ( $FecB^{B/B}$ ) of a mutation in *BMPR1B*. C, quantification of 674 immunostaining in the blood vessel wall of 3  $FecB^{+/+}$  and 3  $FecB^{B/B}$  ewes. D, 675 676 measurement by ELISA of blood FGF18 concentrations 36h after FGA sponge 677 removal in carrier and non-carrier *FecB* ewes (n=14/genotype). Data are means  $\pm$ 678 SEM and asterisks identify means that are significantly different (Mann-Whitney).





Cell fraction

B



С





Fig 2

Fig 3



Treatment groups









Gene	Primer forward	Primer reverse	Amplicon lenght	Efficiency
Factor 8	AAGAGGATGACTGGGACTAT	AAGTCTGTATCTGAACCACG	78	2,02
LHCGR	GGAGACCAAATAATGAAACAC TT	GATTATGACTATGGTTTCTGCTC	85	2,01
FGF18	CCTTCGGTAGTCAAGTCC	GTGTTCATTGAGAAGGTTCTG	128	2,05
EDN1				
SMAD4	TGTCGACGGATATGTAGACCC	GGTCAGGTGCCTTAGTGACC	167	2,11
SMAD6	TCTGATTCCACATTGTCTTA	TTCTACGACCTACCTCAG	207	2,13
YWHAZ	ACCAACACATCCTATCAGAC	GCTAATAATGCAGTTACTGAGA G	185	2,04
SDHA	GAATGGTCTGGAACACTGA	GGTTGACGAGTACGATTACT	156	2,1
RPL19	TATGGGTATAGGTAAGCGAAA G	CTAAGAAGATTGACCGCCA	129	2,15