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## ► To cite this version:

Weijie Lan, Benoit Jaillais, Songchao Chen, Catherine M.G.C. Renard, Alexandre Leca, et al.. Fruit variability impacts puree quality: Assessment on individually processed apples using the visible and near infrared spectroscopy. *Food Chemistry*, 2022, 390, pp.133088. 10.1016/j.foodchem.2022.133088 . hal-03698772

**HAL Id: hal-03698772**

**<https://hal.inrae.fr/hal-03698772>**

Submitted on 9 Sep 2022

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1 **Fruit variability impacts puree quality: assessment on individually processed**  
2 **apples using the visible and near infrared spectroscopy**

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26 **Highlights**

27 Visible-NIR was applied on single apples and their corresponding cooked purees.

28 Apple inter and intra-variability made highly variable cooked purees for viscosity.

29 A strong correlation of spectra was detected between single apples and their purees.

30 The indirect prediction of puree quality from apple spectra was confirmed.

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32 **Abstract**

33 This study was designed to have the absolute definition of ‘one apple to one puree’,  
34 which gave a first insight into the impacts of fruit inter-variability (between varieties)  
35 and intra-variability (between individual fruits) on the quality of processed purees. Both  
36 the inter-variability of apple varieties and the intra-variability of single apples induced  
37 intensive changes of appearance, chemical and textural properties of their  
38 corresponding microwave-cooked purees. The intra-variability of cooked purees was  
39 different according to apple cultivars. Some strong correlations of visible-near infrared  
40 (VIS-NIR) spectra were observed between fresh and cooked apples, particularly in the  
41 regions 665-685 nm and 1125-1400 nm. These correlations allowed then the indirect  
42 predictions of puree color ( $a^*$  and  $b^*$ ,  $RPD \cong 2.1$ ), viscosity ( $RPD \cong 2.3$ ), soluble  
43 solids content (SSC,  $RPD = 2.1$ ), titratable acidity ( $RPD = 2.8$ ), and pH ( $RPD = 2.5$ )  
44 from the non-destructive acquired VIS-NIR spectra of raw apples.

45

46 **Keywords:**

47 *Malus x domestica* Borkh.; Apple variability; Two-dimensional correlation  
48 spectroscopy (2D-COS); Partial least square regression; Machine learning regression.

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## 50 1. Introduction

51 Apple puree is one of the most popular fruit processed products (over 0.3 million  
52 tons consumed per year in France) (FranceAgriMer, 2017) used as a basic ingredient of  
53 jams, preserves or compotes and fruit-based baby food (Defernez, Kemsley, & Wilson,  
54 1995). The usual industrial conditions to process apple purees are a cooking at 93 - 98 °C  
55 for about 4 - 5 min and a pasteurization at 90 °C for around 20 min to obtain a shelf-  
56 life of 6 months at room temperature (Oszmiański, Wolniak, Wojdyło, & Wawer, 2008).  
57 Such conventional cooking conditions allow the investigation of the ‘inter-variability’  
58 among apple cultivars (Buegy, Rolland-Sabaté, Leca, & Renard, 2021; Lan, Bureau,  
59 Chen, Leca, Renard, & Jaillais, 2021). In these conditions, the different apple batches  
60 of one variety and their cooked purees still presented a high variability due to  
61 agricultural practices and storage conditions, affecting the quality characteristics and  
62 levels of final products (Lan, Jaillais, Leca, Renard, & Bureau, 2020). However, these  
63 experiments did not make possible to address the impact of ‘intra-variability’ between  
64 the individual apples on their corresponding cooked purees. Knowing the ‘intra-  
65 variability’ between raw fruits and cooked purees can help field growers and industrial  
66 manufacturers to sort fruits and produce sustainable and expected final products. From  
67 a research point of view, understanding the relationships between raw and processed  
68 apples, made possible here by the exact link between each apple and its puree, could  
69 contribute to a better management of fruit processing.

70 Microwave processing has the advantage of heating solids such as apples, rapidly  
71 and uniformly, inactivating the enzymes and then preserving quality, such as color,  
72 texture, polyphenols etc. (Guo, Sun, Cheng, & Han, 2017). It has already been applied  
73 on apple batches to produce purees (Oszmiański et al., 2008; Picouet, Landl, Abadias,  
74 Castellari, & Viñas, 2009) and also reported to be a mini-processing strategy to process  
75 one apple into one puree (Picouet et al., 2009). With our objective to assess the impact  
76 of ‘inter’ and ‘intra’ variability of raw fruits on the processed purees, microwave  
77 processing gives the possibility to individually cook apples in order to study the direct  
78 relationship of quality and properties between one apple and one puree.

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79 Visible-near infrared (VIS-NIR) spectroscopy, known as a rapid, relatively cheap,  
80 easy-to-use and non-destructive technique for apple online sorting (Huang, Lu & Chen,  
81 2020) and quality assessment (Xia, Fan, Li, Tian, Huang, & Chen, 2020). And it has  
82 been applied for detecting the different apple species in mixed purees (Lan, Bureau,  
83 Chen, Leca, Renard, & Jaillais, 2021) and evaluating apple puree major components  
84 (soluble solids, titratable acidity and dry matter, etc.) (Lan, Jaillais, Leca, Renard, &  
85 Bureau, 2020). From our previous works, strong correlations of chemical and textural  
86 properties have been pointed out between raw apples and their corresponding purees  
87 (Lan, Jaillais, Leca, Renard, & Bureau, 2020; Lan, Renard, Jaillais, Leca, & Bureau,  
88 2020). These results opened a new possibility to predict the quality of final processed  
89 purees from the nondestructive spectral information acquired on a batch of raw apples  
90 by developing regression models associating the infrared spectra of raw apples with the  
91 reference data of corresponding processed purees (Lan, Jaillais, Leca, Renard, &  
92 Bureau, 2020). However, these relationships between fresh and processed apples were  
93 obtained using a laboratory-scale cooker-cutter processing system (Roboqbo, Qb8-3,  
94 Bentivoglio, Italy) needing at least 2.5 kg of raw fruits. This means around 15 apples  
95 were processed in a single puree, ignoring the ‘intra-variability’ brought by each  
96 individual apple. Indeed, a strong variability and heterogeneity due to color, chemical  
97 and textural properties of raw apples (Lan, Jaillais, Renard, Leca, Chen, Le Bourvellec,  
98 & Bureau, 2021; Pissard, Baeten, Romnée, Dupont, Mouteau, & Lateur, 2012) and a  
99 large variability of puree characteristics (different cultivars) have been clearly  
100 highlighted (Lan, Bureau, Chen, Leca, Renard, & Jaillais, 2021). As far as we know,  
101 there has been no attempt to investigate the effect of both ‘inter’ and ‘intra’ variability  
102 at the level of single fruit (size, appearance and chemical properties etc.) on the quality  
103 of final processed products. Besides, no similar work linking VIS-NIR spectra of  
104 individual fruits to their processed products characteristics and spectra had been  
105 reported. The challenge here was to know how much the inter- and/or intra-variability  
106 of raw apples impacts cooked purees? How VIS-NIR spectral data were affected due to  
107 the physical and chemical changes considering the experimental design of ‘one apple  
108 to one puree’? The potential of predicting the quality traits of the final cooked purees

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109 using the VIS-NIR spectra of intact raw apples was also investigated.

110 Accordingly, VIS-NIR spectroscopy and reference data determination were  
111 performed on 120 individual apples of 4 varieties and their corresponding individual  
112 processed purees, in order to reach three aims: i) investigating the inter- and intra-  
113 variability of both, the individual apples and corresponding purees; ii) exploring the  
114 spectral correlations and variations before and after each apple processing; and iii)  
115 predicting the textural properties and biochemical composition of cooked purees from  
116 the VIS-NIR spectra of individual raw apples using direct modelling methods.

## 117 **2. Material and methods**

### 118 **2.1 Apple materials**

119 Apple of four varieties: ‘Golden Delicious’ (GD), ‘Granny Smith’ (GS), ‘Breaburn’  
120 (BR) and ‘Royal Gala’ (GA) were harvested at a commercial maturity from La Pugère  
121 experimental orchard (Mallemort, Bouches du Rhône, France) (**Fig. 1**). All apples were  
122 stored for four months at 4°C before processing. In total, 120 individual apples (4  
123 varieties × 10 apples × 3 weeks) were measured with the non-destructive techniques  
124 (color, VIS-NIR spectra).

### 125 **2.2. Nondestructive characterization of individual apples**

126 The color of all apple skins (un-blushed and blushed sides) was determined three  
127 times using a CE-400 chromameter (Minolta, Osaka, Japan), and expressed in the CIE  
128 1976 L\* a\* b\* color space (illuminant D65, 0° view angle, illumination area diameter  
129 8 mm).

130 VIS-NIR spectra of raw apples were acquired using two multi-purpose analyzer  
131 spectrometers (Bruker Optics®, Wissembourg, France) at 23°C, which provide diffuse  
132 reflectance measurements at wavelength from 500-780 nm (VIS) and 780-2500 nm  
133 (NIR), with a spectral resolution of 2 nm. For each spectrum, 32 scans were recorded  
134 and averaged. The spectral acquisition and instrument adjustments were controlled by  
135 OPUS software Version 5.0 (Bruker Optics®). For each apple, VIS-NIR spectra were  
136 collected on the blushed and un-blushed sides through a 18 mm diameter area of

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137 infrared light. Afterwards, the averaged VIS-NIR spectra, corresponding to the blushed  
138 and un-blushed sides of each apple were calculated for further analysis. A reference  
139 background measurement was automatically activated before each data set acquisition  
140 using an internal Spectralon reference. In total, 120 VIS-NIR spectra of different apples  
141 (4 varieties  $\times$  10 apples  $\times$  3 weeks) were treated before and after cooking.

### 142 **2.3 Individual apple processing**

143 Individual and intact apples were sealed in a domestic preserving container (the  
144 length, width, and height of 20 cm  $\times$  20 cm  $\times$  12 cm) and placed at the center of an  
145 experimental microwave oven (CM1529, Samsung, Korea). Microwave processing was  
146 conducted at a power of 1.5 kW for 3 min, and then at 0.7 kW for 1 min. Afterwards,  
147 each apple was immediately refined with a 0.5 mm sieve using a manual refiner  
148 (A45306, Moulinex, France). Finally, each individual puree was conditioned in a  
149 hermetically sealed can, and then placed at 23 °C during one day before further analyses.  
150 Totally 120 purees (4 varieties  $\times$  10 purees  $\times$  3 weeks) were obtained **during the three**  
151 **successive weeks of processing replicates.**

### 152 **2.4 Determination of quality traits of individual purees**

153 The color of processed purees, put in measuring cells, was determined using the  
154 same method as for apples (described in **part 2.2**).

155 The viscosity of the purees was carried out using a Physica MCR-301 controlled  
156 stress rheometer (Anton Paar, Graz, Austria) equipped with a Peltier cell (CPTD-200)  
157 and a 6-vane geometry (FL100/6W) with a gap of 3.46 mm, at 22.5°C. The  
158 measurements were performed after a pre-shearing period of 1 min at a shear rate of 50  
159  $\text{s}^{-1}$ , followed by 3 min at rest (Lan, Bureau, Chen, Leca, Renard, & Jaillais, 2021). The  
160 values of viscosity at 50  $\text{s}^{-1}$  and 100  $\text{s}^{-1}$  ( $\eta_{50}$  and  $\eta_{100}$  respectively) were taken as  
161 indicators of puree viscosity, which are considered representative of the mouth sensory  
162 characteristics during consumption (Chen & Engelen, 2012).

163 For all purees, soluble solids content (SSC), titratable acidity (TA), pH and dry  
164 matter content (DMC) were characterized based on our previous study (Lan, Jaillais,

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165 **Leca, Renard, & Bureau, 2020**). SSC was determined with a digital refractometer (PR-  
166 101 ATAGO, Norfolk, VA, USA) and expressed in °Brix at 22.5°C. TA was determined  
167 by titration up to pH 8.1 with 0.1 mol/L NaOH and expressed in mmol H<sup>+</sup>/kg of fresh  
168 weight (FW) using an autotitrator (Methrom, Herisau, Switzerland). The pH values  
169 were characterized using a pH meter (FE-20, Mettler-Toledo, China). DMC was  
170 estimated from the weight of freeze-dried samples upon reaching a constant weight by  
171 a freeze-drying machine (Cryonext, Saint Aunes, France) after 5 days. **These**  
172 **measurements were performed with three replicates.**

### 173 **2.5 Spectrum acquisition on individual purees**

174 VIS-NIR spectral data of processed purees were acquired using the same  
175 conditions as for apples (described in **part 2.2**). Each sample was transferred into a 10  
176 mL glass vial (5 cm height × 18 mm diameter) which was placed on the automated  
177 sample wheel of the spectrophotometer. Each puree sample was randomly measured  
178 three times on different aliquots and the averaged spectrum was calculated for data  
179 treatment and chemometrics. The mean spectra of three replicates of each puree were  
180 used for further analysis. A reference background measurement was automatically  
181 activated before each data set acquisition using an internal Spectralon reference. Finally,  
182 the 120 VIS-NIR spectra of processed purees were obtained and correspond one by one  
183 to the spectra of raw individual apples.

### 184 **2.6 Statistical analyses and chemometrics**

185 After checking the normal distribution of the reference data, T-test analysis was  
186 carried out to determine the significant differences between varieties considering them  
187 two by two (**Fig. 2**) using R software (version 4.0.2) (R Core Team, 2019) with the  
188 package of ‘ggpubr’ (Kassambara, 2020). The significant results (*p*-values) were  
189 displayed as ‘*ns*’ (*p*-values > 0.05), ‘\*’ (*p*-values ≤ 0.05), ‘\*\*’ (*p*-values ≤ 0.01), ‘\*\*\*’  
190 (*p*-values ≤ 0.001) and ‘\*\*\*\*’ (*p*-values ≤ 0.0001), respectively. Pearson correlation  
191 analysis was performed between the color parameters (L\* a\* b\*) of apples and the  
192 different quality traits of their corresponding processed purees using XLSTAT (version

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193 2018.5.52037, Addinsoft SARL, Paris, France) data analysis toolbox.

194 Spectral pre-processing and multivariate data analysis were performed with Matlab  
195 7.5 (Mathworks Inc. Natick, MA, USA) software using the SAISIR package (Cordella  
196 & Bertrand, 2014). Particularly, the VIS-NIR spectra of apples and corresponding  
197 purees from 500-2500 nm were preprocessed with several strategies, including  
198 smoothing with a window size of 23 variables, standard normal variate (SNV) and the  
199 first derivative Savitzky–Golay transformation with the 11 gap sizes. The two-  
200 dimensional correlation spectroscopy method (2D-COS) was used to investigate the  
201 spectral correlations between raw apples and purees (Noda, 1993).

202 The partial least square (PLS), support vector machine (SVM) and random forest  
203 (RF) models were built using R software (version 4.0.2) (R Core Team, 2019) with  
204 several packages, including ‘prospectr’ (Stevens & Ramirez-Lopez, 2013), ‘pls’ (Mevik,  
205 Wehrens, & Liland, 2011), ‘kernlab’ (Karatzoglou, Smola, Hornik, & Zeileis, 2004),  
206 ‘caret’ (Kuhn, 2015) and ‘Boruta’ (Kursa & Rudnicki, 2010). The whole VIS-NIR  
207 spectra dataset included 120 spectra of individual apples (4 varieties × 10 apples × 3  
208 weeks) and the 120 corresponding puree spectra. The dataset was split using stratified  
209 random sampling as follows: two-thirds of the spectral dataset from each variety (4  
210 variety × 20 spectra of apples and their related cooked purees) were used for calibration  
211 and one-third of the spectral dataset (4 variety × 20 spectra of apples and their related  
212 cooked purees) for validation. The procedure was repeated 10 times with the different  
213 sets of calibration and validation, and the model performance was described by the  
214 averaged values of the determination coefficients of validation ( $R_v^2$ ), of the root mean  
215 square errors of validation (RMSEV), of the numbers of latent variables (LVs) for PLS  
216 models and of the residual predictive derivation (RPD) values as described by Nicolai  
217 et al. (2007).

### 218 **3. Results and discussion**

#### 219 **3.1 Effect of the inter- and intra- variability of apples on the corresponding cooked** 220 **purees**

221 In this study, both the inter-variability of apple cultivars and the intra-variability of

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222 individual apples affected the physical ( $L^*$ ,  $a^*$ ,  $b^*$ ), biochemical (SSC, DMC, TA, pH)  
223 and viscosity ( $\eta_{50}$  and  $\eta_{100}$ ) properties of corresponding purees (**Fig. 2** and **Fig. S1**).

### 224 3.1.1 Color parameters of apples and purees

225 For color parameters, inter-variability was observed according to the four different  
226 apple varieties on redness ( $a^*$  values) and yellowness ( $b^*$  values) of their processed  
227 purees (**Fig. S1**). Both for apples and purees, significantly ( $p < 0.0001$ ) higher redness  
228 and lower yellowness were characterized in GA and BR than in GD and GS. GD apples  
229 and their cooked purees had the highest ( $p < 0.0001$ ) yellowness among the four puree  
230 varieties. Moreover, a larger intra-variability of color parameters observed in the set of  
231 the 30 different BR ( $a^* = 11.2 \pm 10.9$ ,  $b^* = 33.1 \pm 8.3$ ) and 30 GA ( $a^* = 19.6 \pm 14.0$ ,  $b^*$   
232  $= 33.7 \pm 7.0$ ) apples resulted in a more intensive variation of the redness and yellowness  
233 in their corresponding purees (in **Fig. 2**) than in the 30 GD ( $a^* = -7.0 \pm 3.9$ ,  $b^* = 47.2$   
234  $\pm 2.3$ ) and 30 GS ( $a^* = -15.0 \pm 4.6$ ,  $b^* = 43.6 \pm 2.5$ ) apples.

235 Briefly, the variation of color properties of cooked purees came from both, the  
236 inter- and intra- variability of individual apples. It can be assessed based on the good  
237 correlation of redness ( $R^2 = 0.70$ ) and yellowness ( $R^2 = 0.58$ ) between apples and purees.

### 238 3.1.2 Viscosity of purees

239 Concerning the inter-variability due to varieties on puree rheological properties,  
240 BR and GS purees presented a significant ( $p < 0.0001$ ) higher viscosity ( $\eta_{50}$  and  $\eta_{100}$ )  
241 than GA and GD purees. BR and GS purees were described to have a bigger particle  
242 size and a promoted cell adhesion with more branched pectins than GA and GD  
243 involving probably their higher viscosity (Buergy, Rolland-Sabaté, Leca, & Renard,  
244 2020; Buergy, Rolland-Sabaté, Leca, & Renard, 2021). Moreover, the viscosity at the  
245 share rate of  $50 \text{ s}^{-1}$  ( $\eta_{50}$ ) was similar ( $p > 0.05$ ) in GD and GA purees. This result was  
246 different from our previous one giving a higher viscosity of GD than of GA purees (Lan,  
247 Bureau, Chen, Leca, Renard, & Jaillais, 2021). This could be due to the different levels  
248 of enzyme inactivation such as pectin methyl-esterase (PME) during apple processing,  
249 between microwave processing used in this study and the conventional thermal cooking

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250 used previously (Arjmandi, Otón, Artés, Artés-Hernández, Gómez, & Aguayo, 2017).  
251 It also could be due to the different apple compositions harvested from two different  
252 years in France (2019 for (Lan, Bureau, Chen, Leca, Renard, & Jaillais, 2021) and 2020  
253 for this study). The processing conditions provide indeed different kinds of puree  
254 viscosity directly in relation to varieties (Dale, Okos, & Nelson, 1982).

255 The intra-variability of puree viscosity ( $\eta_{50}$  and  $\eta_{100}$ ) in GS and BR apple sets  
256 presented a larger variation than in GA and GD sets (**Fig. 2**). This intra-variability of  
257 puree viscosity was not directly related to the appearance of the raw apples. Indeed, for  
258 the two kinds of BR apples (the averaged  $a^*$  values of 10 apples for each sets), the more  
259 ( $a^* = 12.2 \pm 6.2$ ) or less apple redness ( $a^* = 9.6 \pm 5.9$ ) gave a different puree viscosity  
260 ( $\eta_{50} = 2.36 \pm 0.12$  Pa.s and  $\eta_{50} = 1.57 \pm 0.18$  Pa.s). However, this was not the case for  
261 the two GA apple sets with different redness ( $a^* = 27.2 \pm 5.0$  and  $a^* = 14.2 \pm 2.3$ )  
262 resulting in a similar puree viscosity of  $\eta_{50} = 1.26 \pm 0.18$  Pa.s and  $1.39 \pm 0.30$  Pa.s,  
263 respectively (**Fig. S1**).

264 Thus, both, inter-variability of apple varieties (BR and GS > GA and GD) and the  
265 intra-variability of individual apples (especially for individual GS and BR apples)  
266 generated a wide range of puree viscosity. The color properties of single apples will not  
267 allow anticipating the viscosity of cooked purees.

### 268 3.1.3 Biochemical compositions of purees

269 The significant inter-variability ( $p < 0.05$ ) was observed for SSC between the four  
270 puree varieties, except between BR and GS purees ( $p > 0.05$ ) (**Fig. 2**). Clearly,  
271 individual GD apples introduced the largest intra-variability of SSC in cooked purees  
272 compared to the other three varieties. Interestingly, the  $a^*$  values of fresh GD apples  
273 were positively correlated to the SSC ( $R^2 = 0.57$ ) of their corresponding purees. In  
274 addition, the inter-variations of DMC were significantly different ( $p < 0.05$ ) among BR,  
275 GA and GD purees, but not between GS purees and these three groups (BR, GA, and  
276 GD purees). This result can be explained by the large intra-variability of DMC in GS  
277 purees (**Fig. 2**). A significant difference ( $p < 0.001$ ) was observed also for TA and pH  
278 among the four puree varieties. For TA, the inter-variability was ranked as GS > BR >

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279 GD > GA and it was the contrary for pH, as expected. However, the intra-variability of  
280 TA was different and in the following order: BR > GS > GD > GA.

281 Consequently, both, inter and intra-variability of apples induced variations of SSC,  
282 DMC, TA and pH in the cooked purees. With a first insight of individual apple  
283 processing, the large intra-variability of GD, GS and BR apples resulted in intensive  
284 variations of SSC, DMC and TA in cooked purees, respectively.

## 285 **3.2 Spectral analysis of apples and purees**

### 286 *3.2.1 The inter and intra variability of apples and purees measured by VIS-NIRS*

287 After the pre-processing, the VIS-NIR spectra of all individual raw apples and their  
288 related cooked purees with the most of variability could be observed at around 500-700  
289 nm, 1140 nm, 1386-1392 nm, 1880 nm, 1930-2197 nm and 2250-2450 nm (**Fig. 3a, 3b**  
290 **and 3c**). The specific chlorophyll absorption wavebands at 657-665 nm (Khatiwada,  
291 Subedi, Hayes, Carlos, & Walsh, 2016) and 682-689 nm (Mehl, Chen, Kim, & Chan,  
292 2004) were clearly observed in the visible part of spectra for raw apples and their  
293 corresponding purees (**Fig. 3a and 3b**), giving information of the color diversity. The  
294 second overtone vibrations of C-H bonds between 1100-1250 nm in both, apples and  
295 cooked purees (**Fig. 3c**) presented minor changes, indicating a limited effect of  
296 processing on sugar contents (Ma, Li, Inagaki, Yang, & Tsuchikawa, 2018). The  
297 important bands at 1386-1392 nm, 1880 nm, 1930-2197 nm, and 2250-2450 nm were  
298 mainly explained by the combination bands of O-H bonds of waters and C-H bonds of  
299 sugars and organic acids in apples (Camps, Guillermin, Mauget, & Bertrand, 2007;  
300 Kemps, Leon, Best, De Baerdemaeker, & De Ketelaere, 2010). Compared to raw apples,  
301 the lower absorption peaks in their corresponding purees could be due to that apple  
302 cooking attenuated the variation of water contents in the processed purees (Lan, Renard,  
303 Jaillais, Leca, & Bureau, 2020). Generally, the spectral variability was clearly higher in  
304 apples than in their corresponding purees, as already observed in purees prepared from  
305 4 kg of apples (Lan, Renard, Jaillais, Leca, & Bureau, 2020). Besides the possible effect  
306 of processing, this difference between apples and purees was probably due to the sample  
307 structure (solid fruit and liquid purees), affecting the diffuse reflectance.

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### 3.2.2 Correlations between the VIS-NIR spectra of apples and purees

2D-COS was performed on all smoothed and SNV pre-treated VIS (500-780 nm) (Fig. 4a) and NIR (800-2500 nm) spectra (Fig. 4b) to point out the highly correlated wavelengths between apples and their processed purees. The correlations were much higher in VIS than in NIR ranges. Particularly in the VIS range (Fig. 4a), a clear positive relationship was obtained from 665 nm to 685 nm, thus confirming a strong color correlation between apples and purees. It was also in line with the colorimetric measurements previously described (Part 3.1).

In the NIR region, the wavelengths around 1125-1400 nm, 1850-2150 nm, and 2250-2450 nm in apples (X-axis) were positively correlated to the corresponding spectral areas at the same wavelengths of the purees (Y-Axis). The positive correlations at 1125-1400 nm may be due to the high correlation of SSC between apples and purees, whereas the 1850-2150 nm and 2250-2450 nm could be due to the water and major soluble matters (sugars and organic acids) which varied in the same way in apples and purees. Reversely, the wavelengths between 1125-1400 nm in apples were negatively correlated with the spectral regions at 1850-2150 nm and 2250-2450 nm in cooked purees. Some possible reasons might be: i) the decrease of water content during cooking while limited changes of biochemical compounds such as SSC between apples and purees, so their corresponding wavelengths were negatively correlated, or ii) the wavelengths specific to sugars in purees were negatively correlated with those to water in the corresponding apples.

As mentioned in our previous work (Lan, Renard, Jaillais, Leca, & Bureau, 2020), a strong relationship of physical and biochemical properties is observed between raw and processed apples and allows us to predict the puree properties from the spectra collected on apples. The observed spectral correlations in this study, considering the large inter-variability with varieties and their intra-variability with individual apples, support these previous results.

### 3.3 Prediction of puree quality traits

PLS, SVM and RF models were built to predict color, viscosity and biochemical

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337 characteristics of apple purees using VIS-NIR spectra acquired on purees (in **Table 1**),  
338 or on the corresponding individual raw apples (in **Table 2**).

### 339 *3.3.1 Prediction of puree characteristics using spectra of purees*

340 Both, the linear (PLS) and non-linear (SVM and RF) regressions of puree  
341 rheological parameters ( $\eta_{50}$  and  $\eta_{100}$ ) did not give satisfactory predictions ( $R_v^2 < 0.46$ ,  
342 RPD  $< 1.4$ ). These results were in agreement with the poor PLS predictions of puree  
343 viscosity at the shear rate of  $100 \text{ s}^{-1}$  ( $\eta_{100}$ ) using VIS-NIR (500-2500 nm) ( $R_v^2 = 0.35$ ,  
344 RPD = 1.2) and NIR (800-2500 nm) techniques ( $R_v^2 = 0.39$ , RPD = 1.3) (Lan, Renard,  
345 Jaillais, Leca, & Bureau, 2020). However, they were much lower than the acceptable  
346 VIS-NIR predictions obtained in a previous experiment consisting in studying the  
347 preparation of apple puree mixtures with different proportions of variety ( $R_v^2 > 0.73$ ,  
348 RPD  $> 1.9$ ) (Lan, Bureau, Chen, Leca, Renard, & Jaillais, 2021) and presenting less than  
349 half as much variability (the SD of  $\eta_{50}$  of 0.12 Pa.s lower than the SD of  $\eta_{50}$  of 0.36 Pa.s  
350 in this study). Thus, the VIS-NIR or NIR techniques cannot provide acceptable  
351 estimations of the puree viscosity, considering both a large inter- and intra-variability  
352 of raw apples.

353 For the color parameters, two regression methods, PLS and RF, gave acceptable  
354 predictions of  $L^*$ ,  $a^*$  and  $b^*$  values, with RPD values reaching 2.0, 2.7 and 2.3,  
355 respectively. PLS slightly improved the  $a^*$  prediction ( $R_v^2 = 0.86$ , RMSEV = 0.46, RPD  
356 = 2.7) in comparison with RF ( $R_v^2 = 0.85$ , RMSEV = 0.49, RPD = 2.6), using 514 nm,  
357 524 nm and 672 nm as the most contributing wavelengths, all in the visible range. These  
358 same wavelengths are already identified in apple purees (Lan, Bureau, Chen, Leca,  
359 Renard, & Jaillais, 2021), corresponding probably to the carotenoids (Wang, Wang,  
360 Chen, & Han, 2017), anthocyanins (de Brito, de Araújo, Lin, & Harnly, 2007) and  
361 chlorophylls (Khatiwada, Subedi, Hayes, Carlos, & Walsh, 2016) in fruits. The specific  
362 peak at 672 nm was the major contributor to predict yellowness ( $b^*$ ) values. A relatively  
363 large puree variability for  $b^*$  (SD = 4.1) compared to our previous study (SD = 1.7)  
364 significantly improved the VIS-NIR prediction results, with RPD values from 1.5 to 2.2  
365 (Lan, Renard, Jaillais, Leca, & Bureau, 2020). When variability was large enough,

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366 prediction of color parameters by VIS-NIR was possible.

367 For the biochemical parameters, VIS-NIR coupled with PLS regression provided a  
368 better prediction of DMC, SSC, TA and pH than the SVM and RF ones (**Table 1**).  
369 Particularly, a good prediction of SSC ( $R_v^2 = 0.80$ , RMSEV = 0.6, RPD = 2.3) was  
370 obtained based on the dominant wavelengths corresponding to the absorptions of  
371 carbohydrates between 1150-1400 nm, as already described in **Part 3.2**. Although SSC  
372 and DMC were highly correlated ( $R^2 = 0.65$ ) in apple purees, VIS-NIR coupled with  
373 PLS models showed a better ability to predict SSC than DMC ( $R_v^2 = 0.73$ , RMSEV =  
374 0.01, RPD = 1.9), as previously observed (Lan, Renard, Jaillais, Leca, & Bureau, 2020).  
375 However, these predictions of SSC and DMC were relatively lower than our previous  
376 prediction by NIR of SSC ( $R_v^2 = 0.92$ , RPD = 3.1) and DMC ( $R_v^2 = 0.85$ , RPD = 2.4).  
377 The main reason was probably related to the lower variations of SSC and DMC in these  
378 four purees varieties at one date (SD of SSC = 1.4 °Brix and of DMC = 0.01 g/g) in  
379 comparison with the previous study including two varieties at different dates during a  
380 six months cold storage (SD of SSC = 2.1 °Brix and DMC = 0.02 g/g) (Lan, Renard,  
381 Jaillais, Leca, & Bureau, 2020). Considering the different expressions of apple puree  
382 acidity, TA and pH, VIS-NIR coupled with PLS provided their excellent predictions  
383 with  $R_v^2 > 0.89$  and RPD > 3.1. Additionally, VIS-NIR gave a better prediction of puree  
384 acidity (TA) than NIR in apple purees (Lan, Renard, Jaillais, Leca, & Bureau, 2020),  
385 presenting similar ranges of variations with SD values of 21.0 mmol H<sup>+</sup>/kg and 20.2  
386 mmol H<sup>+</sup>/kg, respectively. The specific visible wavelengths at around 672 nm were one  
387 of the main contributors for the prediction of puree acidity. Consequently, prediction of  
388 SSC and DMC in purees needs enough intra-variability from individual apples and  
389 inter-variability from both different fruit varieties and experimental conditions  
390 (varieties, cold storage periods of raw fruits) to be acceptable by VIS-NIR. However,  
391 for acidity, VIS-NIR models integrating the variability of different apples and varieties  
392 were enough to give an excellent estimation of TA and pH.

### 393 *3.3.2 Prediction of puree characteristics using spectra of intact apples*

394 Based on the strong internal VIS-NIR spectral correlations between apples and

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395 purees (**Part 3.2.2**), good predictions ( $R_v^2 > 0.78$ ,  $RPD > 2.1$ ) of puree viscosity ( $\eta_{50}$   
396 and  $\eta_{100}$ ),  $a^*$ ,  $b^*$ , SSC, TA and pH were obtained using the VIS-NIR spectra of their  
397 corresponding individual apples (**Table 2**). Particularly, PLS models provided the best  
398 predictions of  $\eta_{50}$ ,  $\eta_{100}$ ,  $b^*$ , SSC and TA than SVM and RF ones. Compare to the PLS  
399 models developed from puree spectra (**Table 1**), more spectral latent variables (LVs  
400 from 5-11) were required using the VIS-NIR spectra of apples.

401 What stands out in these results was the much better PLS predictions of puree  
402 viscosity ( $\eta_{50}$  and  $\eta_{100}$ ) using the spectra of apples ( $R_v^2 > 0.81$ ,  $RPD > 2.3$ ) than the  
403 spectra of purees directly ( $R_v^2 < 0.46$ ,  $RPD < 1.4$ ). Particularly, specific wavelengths at  
404 around 578 nm, 678 nm, 810-835 nm, 1410-1498 nm, 1880 nm and 1940 nm highly  
405 contributed to the PLS predictions of puree viscosity, which were located in the spectra  
406 regions presenting strong correlations between apples and purees (**Fig. 4**). This result  
407 was in line with our previous study, which used the averaged NIR spectra of a set of  
408 apples to predict the viscosity ( $\eta_{100}$ ) of their related one cooked puree (Lan, Renard,  
409 Jaillais, Leca, & Bureau, 2020). A possible explanation might come from the  
410 characteristics of purees, resulting from soft and deformable insoluble particles (pulp)  
411 in an aqueous medium (serum) (Rao, Thomas, & Javalgi, 1992), that prevent from an  
412 efficient light diffusion in comparison with the structure of intact apples that favors the  
413 light diffusion and a good signal to noise ratio. Thus, it is possible to hypothesize that  
414 VIS-NIRS applied on raw apples give an acceptable prediction of the viscosity of  
415 cooked purees.

416 For puree color parameters, VIS-NIR spectra of individual apples coupled with  
417 PLS and RF regressions provided an acceptable prediction of redness ( $a^*$  value) ( $R_v^2 >$   
418  $0.77$ ,  $RPD > 2.1$ ) and yellowness ( $b^*$  values) ( $R_v^2 = 0.79$ ,  $RPD > 2.2$ ) in corresponding  
419 purees, but not of lightness ( $L^*$  values) ( $R_v^2 < 0.59$ ,  $RPD < 1.5$ ). The major wavelengths  
420 contributing to these models were highly consistent with the models developed using  
421 the puree spectra, such as 514 nm and 672 nm. Besides, these good predictions were  
422 also in line with their strong internal correlations between apples and purees (**Part 3.1**).  
423 However, these good results need to be interpreted with caution because they concerned  
424 the only microwave cooked apples and not the conventional thermal processing (at

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425 laboratory scale) in probable relation with a rapid inactivation of enzymes by  
426 microwaves and so, a limitation of apple oxidization and color change (Picouet et al.,  
427 2009).

428 For puree biochemical parameters, PLS regression models had a good ability to  
429 estimate SSC, TA, and pH of all purees with acceptable  $R_v^2$  ( $> 0.78$ ) and RPD ( $> 2.1$ ),  
430 but not DMC ( $R_v^2 < 0.71$ , RPD  $< 1.8$ ). Particularly, the SSC prediction in purees was  
431 based on the specific wavelengths at 950 nm, 1150 nm, 1400 nm and 1880 nm,  
432 corresponding to the sugars and water variations (**Part 3.2**). Impressively, for acidity,  
433 both, TA and pH of cooked purees were excellently predicted using the VIS-NIR spectra  
434 of related apples, giving RPD values of 2.8 and 2.5, respectively. These results were  
435 better than our previous predictions of puree TA using the apple NIR spectra and giving  
436 RPD around 2.1-2.3 (Lan, Renard, Jaillais, Leca, & Bureau, 2020). Indeed, some  
437 specific peaks in the visible region at 524 nm and 672 nm contributed to the better  
438 prediction of puree TA. It can thus be suggested that integrating the visible range of  
439 spectra acquired on apples provided a better prediction of puree acidity than just using  
440 the NIR range. Concerning DMC, its bad prediction might be explained by the lower  
441 variations, here, compared to our previous work (Lan, Renard, Jaillais, Leca, & Bureau,  
442 2020), and probably not by a limited potential of the VIS-NIR range.

443 Accordingly, VIS-NIR spectra acquired on raw apples could give satisfactory  
444 predictions of color ( $a^*$  and  $b^*$  values), viscosity ( $\eta_{50}$  and  $\eta_{100}$ ), SSC, TA and pH of the  
445 individual cooked purees using both, PLS or RF regressions.

#### 446 **4. Conclusion**

447 This study was designed applying the absolute definition of ‘one apple to one puree’,  
448 which gave a first insight into the impacts of fruit inter- or intra-variability during  
449 processing, from the spectroscopic point of view. Importantly, the intra-variability in  
450 fruits introduced intensive changes of visual aspects, chemical and textural properties  
451 of their corresponding microwave-cooked purees. Taking into account the variability of

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452 fruit varieties and intra-variations between apples in each one, could improve the  
453 prediction accuracy of regression models. **Notably, our results show that simple non-**  
454 **destructive measurement using near infrared spectroscopy applied on apples can**  
455 **provide to processors of apple industry the basic information on the inter- and intra-**  
456 **variability of raw materials and help them to determine the best blend of apples in order**  
457 **to obtain always the same final products such as puree.** Further, strong correlations  
458 while apple processing obtained from spectral data provided further evidence on such  
459 the indirect predictions of color parameters, viscosity and biochemical parameters (SSC,  
460 TA and pH) of purees from the non-destructive spectral information acquired on raw  
461 apples. **Therefore, by systematically scanning all apples, the ~~obtained is-could-provide~~**  
462 **objective data on apple quality traits ~~should help~~ to 1) better manage apples according**  
463 **to their quality, 2) predict final product characteristics and 3) reduce fruit wastes at the**  
464 **end.**

465 **Future work will be needed to identify the quantitative parameters to describe how**  
466 **much change of both, apple inter- and intra-variability according to the processing**  
467 **conditions (temperature, time, grinding, oxygen and so on).**

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468 **Acknowledgements**

469       The authors thank Patrice Reling, Romain Bott, Barbara Gouble (INRAE, SQPOV  
470 unit) for their technical help. The ‘Interfaces’ project is an Agropolis Fondation project  
471 publicly funded through the ANR (French Research Agency) under “Investissements  
472 d’Avenir” programme (ANR-10-LABX-01-001 Labex Agro, coordinated by Agropolis  
473 Fondation). Weijie Lan was supported by a doctoral grant from Chinese Scholarship  
474 Council.

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- 600

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601 **Figure captions:**

602 **Fig. 1.** Experimental design of apple processing, spectral acquisition and quality  
603 characterization.

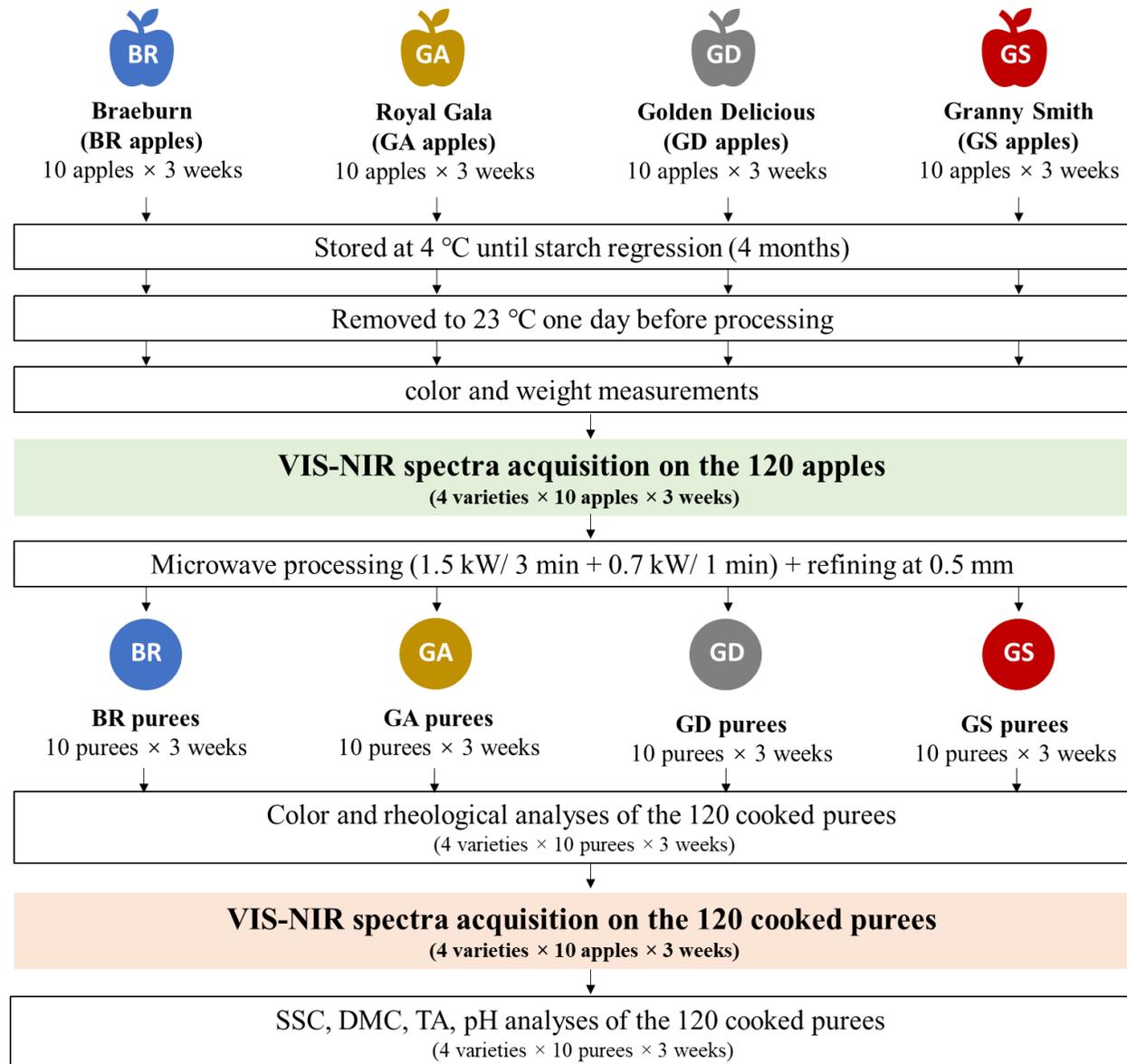
604 **Fig. 2.** The boxplots and the T-test results of color, rheological and biochemical  
605 properties of four apple puree varieties. (The significances were displayed as ‘ns’ (p  
606 values > 0.05), ‘\*’ (p values ≤ 0.05), ‘\*\*’ (p values ≤ 0.01), ‘\*\*\*’ (p values ≤ 0.001)  
607 and ‘\*\*\*\*’ (p values ≤ 0.0001)).

608 **Fig. 3.** The pre-processed (smoothing with 13 windows + SNV+ 1<sup>st</sup> derivation with 11  
609 windows) VIS-NIR spectra of (a) individual apples and (b) their related cooked purees,  
610 and (c) the averaged pre-processed spectra of all apples (blue line) and cooked purees  
611 (red line).

612 **Fig. 4.** The 2D-COS (two-dimensional correlation spectroscopy) plot between the  
613 spectra of all individual apples and their related cooked purees in the (a) visible (500-  
614 780 nm) and near infrared (800-2500 nm) ranges.

615 **Fig. S1.** The pictures of individual apples and the corresponding microwave cooked  
616 purees.

617



**Fig. 1**

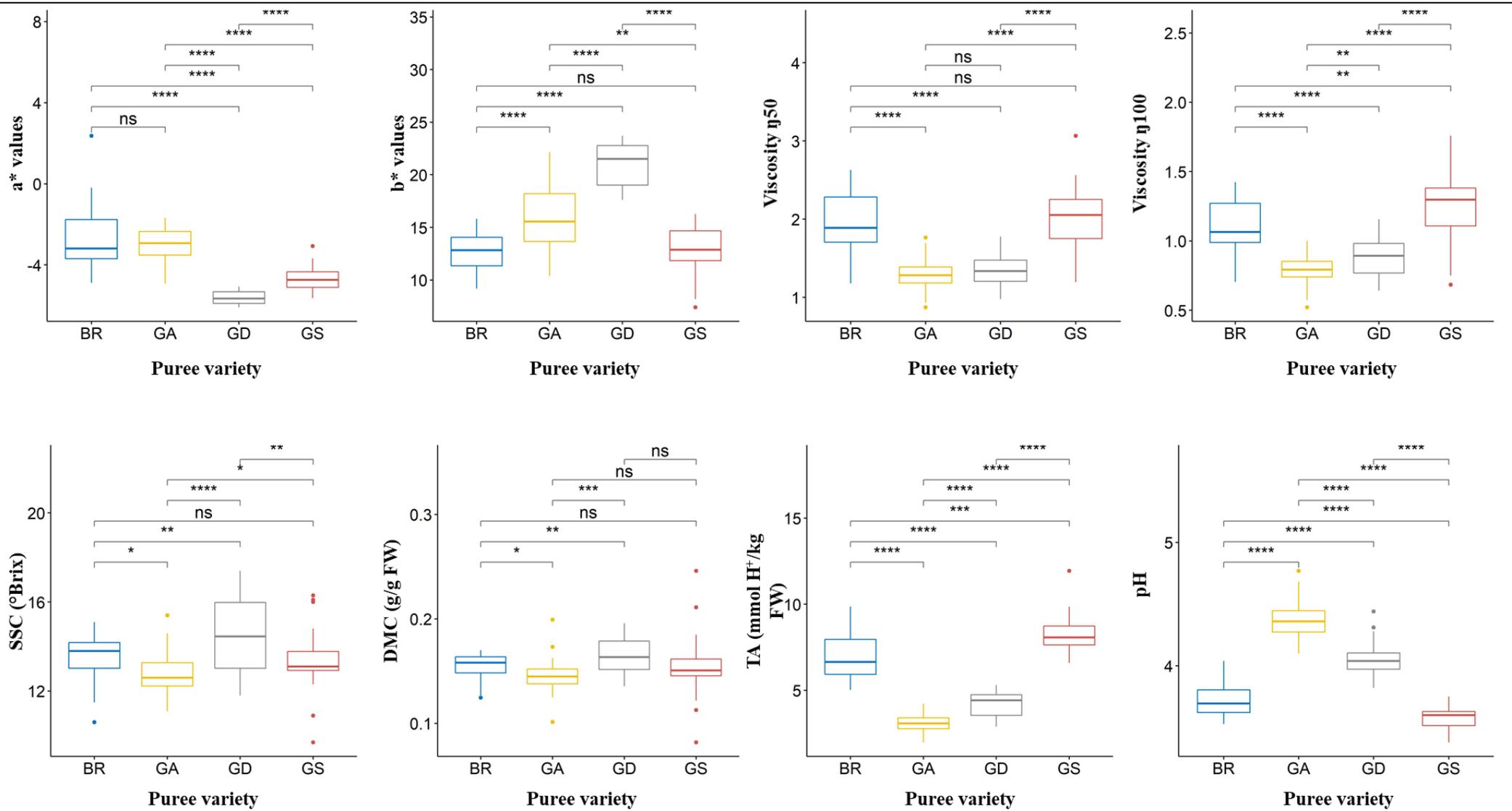
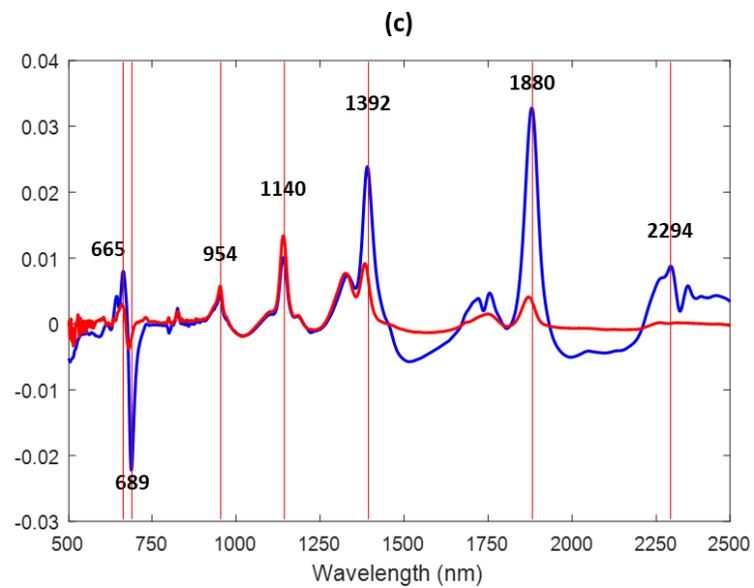
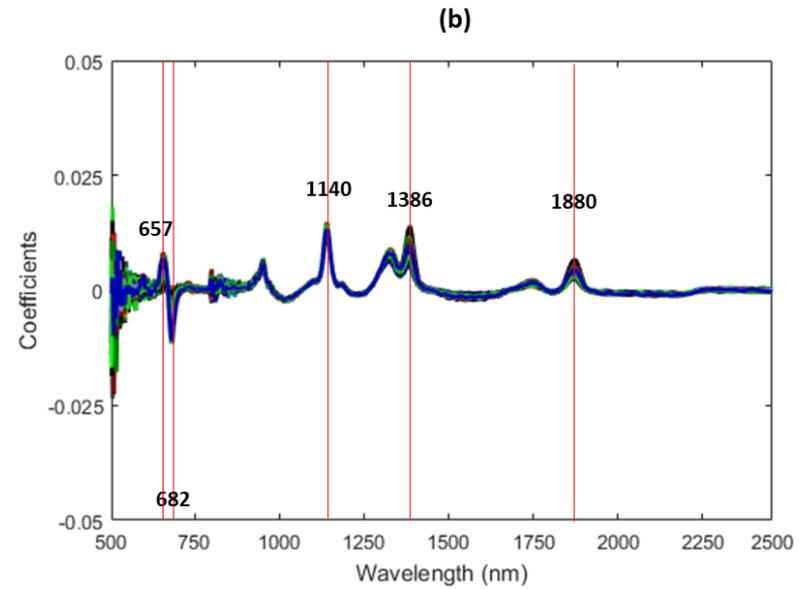
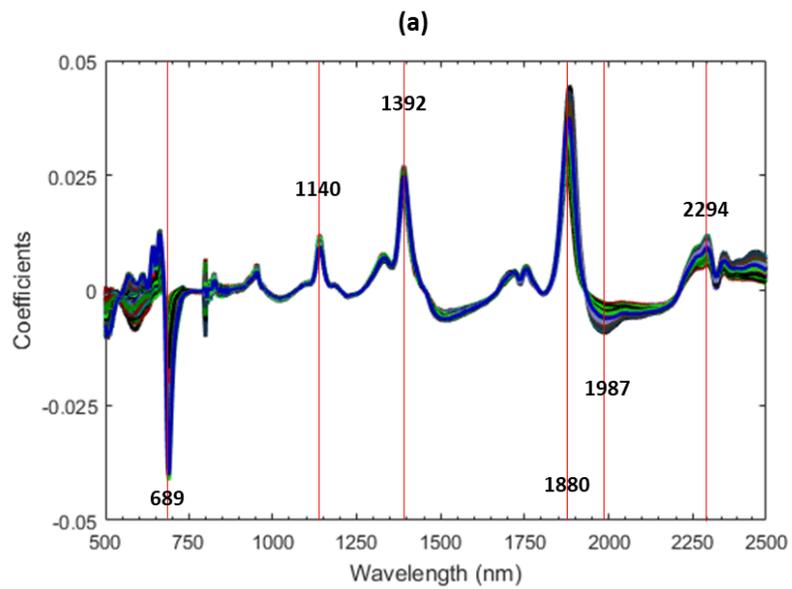


Fig. 2



**Fig. 3**

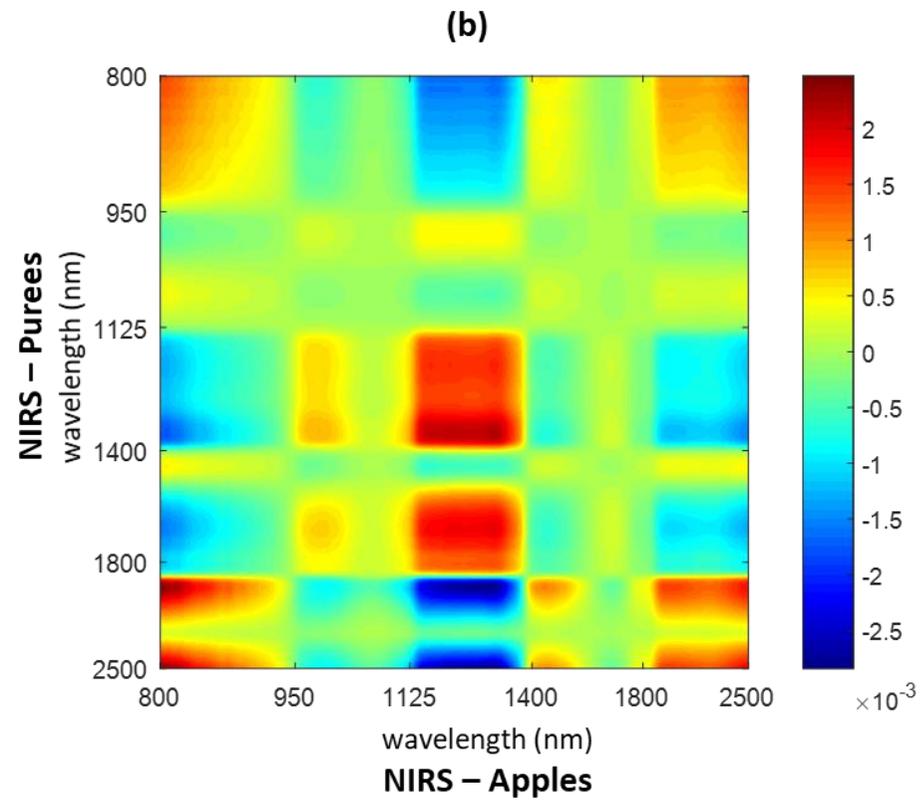
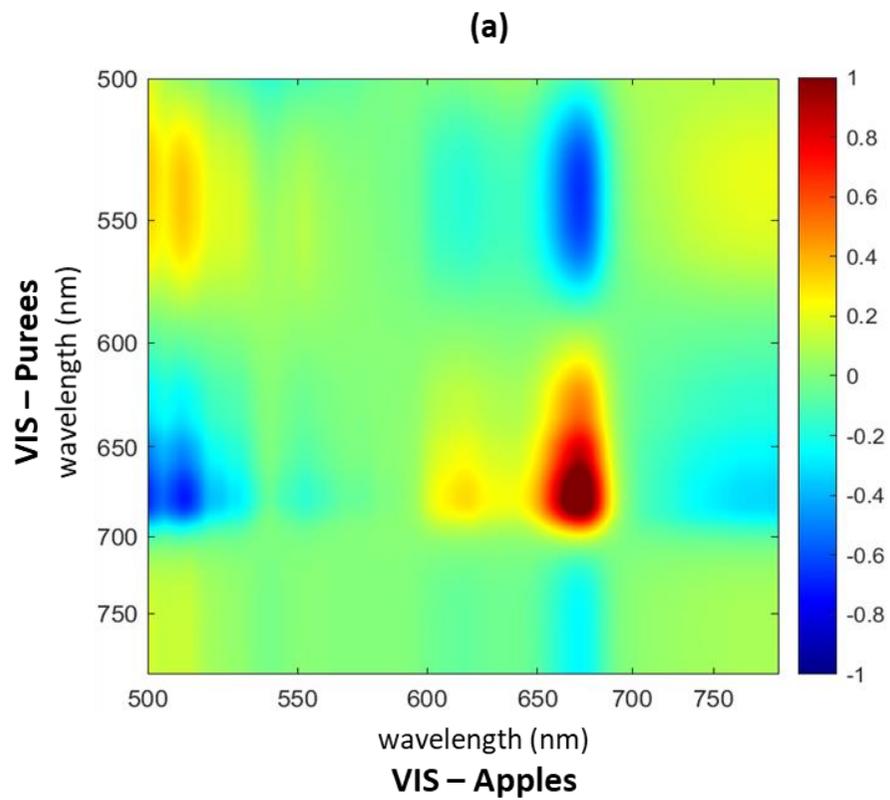
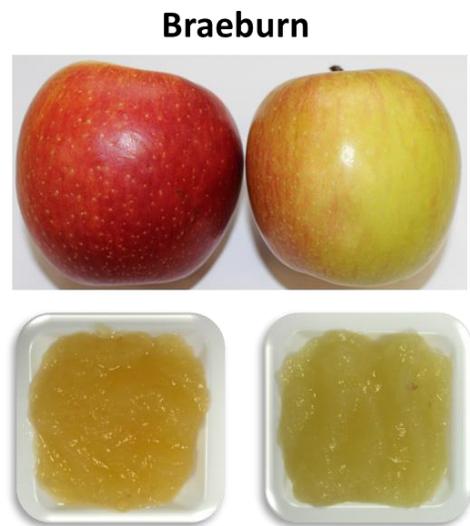
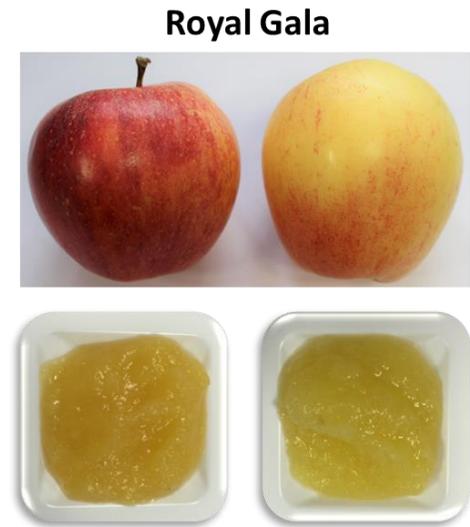
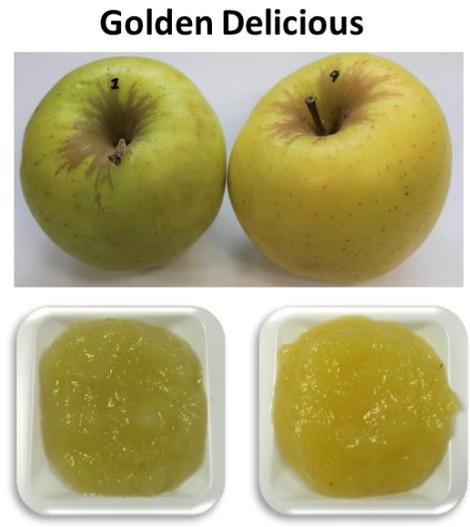


Fig. 4



**Fig. S1**

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**Table 1.** Prediction of puree quality traits from the VIS-NIR spectra of cooked purees

Parameter	Range	SD	$R_v^2$	PLS-R			SVM-R			RF-R		
				RMSEV	RPD	LVs	$R_v^2$	RMSEV	RPD	$R_v^2$	RMSEV	RPD
$\eta_{50}$	0.87 - 3.07	0.36	0.34	0.30	1.2	5	0.38	0.29	1.2	0.45	0.26	1.4
$\eta_{100}$	0.52 - 1.76	0.20	0.35	0.16	1.2	4	0.36	0.16	1.2	0.46	0.14	1.4
L*	39.0 - 55.2	3.5	0.75	1.7	2.0	4	0.50	2.5	1.3	0.73	1.7	2.0
a*	(-6.1) - 2.4	1.5	0.86	0.5	2.7	6	0.74	0.8	1.9	0.85	0.5	2.6
b*	7.4 - 23.7	4.1	0.81	1.8	2.3	5	0.68	2.6	1.6	0.81	1.8	2.3
DMC (g/g FW)	0.08 - 0.25	0.01	0.73	0.01	1.9	9	0.57	0.01	1.4	0.56	0.01	1.4
SSC (°Brix)	9.7 - 17.4	1.4	0.80	0.6	2.3	8	0.64	1.0	1.5	0.69	0.9	1.5
TA (mmol H <sup>+</sup> /kg FW)	19.8- 119.4	21.0	0.89	0.6	3.1	9	0.65	1.5	1.4	0.80	1.0	2.1
pH	3.4 - 4.8	0.3	0.90	0.1	3.3	10	0.65	0.2	1.4	0.83	0.1	2.3

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Notes: All regression models based on the smoothed (13 windows) and SNV pre-treated VIS-NIR spectra of purees at 500-2500 nm. PLS-R: partial least square regression; SVM-R: support vector machine regression; RF-R: random forest regression. Totally, 120 puree spectra and reference data from four varieties ('Golden Delicious', 'Braeburn', 'Granny Smith' and 'Royal Gala'). The averaged results of 10 times random calibration (80 samples) and validation (40 samples) tests.  $R_v^2$ : determination coefficient of the validation test; RMSEv: root mean square error of validation test; RPD: the residual predictive deviation of validation test, LVs: the optimal numbers of latent variables.

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**Table 2.** Prediction of puree quality traits from the VIS-NIR spectra of corresponding raw apples

Parameter	Range	SD	$R_v^2$	PLS-R			SVM-R			RF-R		
				RMSEV	RPD	LVs	$R_v^2$	RMSEV	RPD	$R_v^2$	RMSEV	RPD
$\eta_{50}$	0.87 - 3.07	0.36	0.81	0.15	2.3	8	0.73	0.19	1.9	0.65	0.21	1.7
$\eta_{100}$	0.52 - 1.76	0.20	0.85	0.07	2.6	10	0.75	0.10	2.0	0.68	0.11	1.8
L*	39.0 - 55.2	3.5	0.59	2.1	1.6	4	0.53	2.3	1.5	0.58	2.2	1.6
a*	(-6.1) - 2.4	1.5	0.84	0.7	2.5	5	0.67	1.0	1.8	0.81	0.8	2.3
b*	7.4 - 23.7	4.1	0.79	1.9	2.2	7	0.61	2.3	1.8	0.59	1.8	2.3
DMC (g/g FW)	0.08 - 0.25	0.01	0.71	0.01	1.8	11	0.59	0.01	1.4	0.57	0.01	1.3
SSC (°Brix)	9.7 - 17.4	1.4	0.78	0.7	2.1	9	0.60	1.2	1.3	0.59	1.2	1.3
TA (mmol H <sup>+</sup> /kg FW)	19.8- 119.4	21.0	0.87	0.8	2.8	10	0.78	1.0	2.1	0.83	0.9	2.5
pH	3.4 - 4.8	0.3	0.84	0.1	2.5	11	0.78	0.2	2.1	0.84	0.1	2.5

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Notes: All regression models based on the smoothed (13 windows) and SNV pre-treated VIS-NIR spectra of apples at 500-2500 nm. PLS-R: partial least square regression; SVM-R: support vector machine regression; RF-R: random forest regression. Totally, 120 spectra of raw apples and their reference data of cooked purees from four varieties ('Golden Delicious', 'Braeburn', 'Granny Smith' and 'Royal Gala'). The averaged results of 10 times random calibration (80 samples) and validation (40 samples) tests.  $R_v^2$ : determination coefficient of the validation test; RMSEv: root mean square error of validation test; RPD: the residual predictive deviation of validation test, LVs: the optimal numbers of latent variables.

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