

# Concurrent vs. immediate retrospective temporal sensory data collection: A case study on lemon-flavoured carbonated alcoholic drinks

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# 1 Title

- 2 Concurrent vs. immediate retrospective temporal sensory data collection: A case study on lemon-flavoured
- 3 carbonated alcoholic drinks

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## 11 Keywords

12 Consumer study. Temporal perception. Home tasting. Method comparison. Repeated measures. Cognitive load.

#### 13 Abstract

Most temporal sensory methods measure product perception concurrently with tasting. However, retrospective 14 15 measurement could have the advantage of being easier to implement with consumers. To date, no study has 16 explicitly compared these two modes of temporal data acquisition. The objective of this study was to compare the temporal description obtained from consumers who had drank and evaluated a full can of four lemon-flavoured 17 carbonated alcoholic drinks at home and on different days. The consumers were separated into two panels and 18 19 asked to select from eight attributes on a check-all-that-apply list that were applicable during three periods of perception of a sip— "in mouth before swallowing", "immediately after swallowing" and "aftertaste"—for three sips 20 of each can. The first panel (RET, 97 consumers) did the evaluation retrospectively immediately after the tasting, 21 while the second (SIM, 96 consumers) did it concurrently with the tasting. Data were analysed using the multiple-22 23 response correspondence analysis (mrCA) framework applied at different levels: product, period and sip. The data 24 from RET and SIM captured the differences between products and periods, with the differences between the 25 products being larger than the differences between the periods. In both methods, no sip effect were observed. Perception of the products were identical in sips 1, 4 and 7. The consumers of RET and SIM agreed overall on the 26 27 relative differences between products, although the level of discrimination was stronger for the consumers of RET. The consumers of RET and SIM only partially agreed on the between-period differences by product. The results 28 suggest that the retrospective temporal evaluation could better discriminate the products and that the temporality 29 patterns may be different between the two methods; therefore, there is a need for more research about the 30 31 resolution of temporal data.

#### 32 **1. Introduction**

Temporal perception has been investigated in sensory science for the last 60 years using different methodologies (Kemp et al., 2017). The first developed methods measured the evolution of the intensity of the attributes over time. Some did it in a continuous way: time-intensity (TI, Lee & Pangborn, 1986), dual-attribute time-intensity (DATI, Duizer et al., 1997) or multi-attribute time-intensity (MATI, Kuesten et al., 2013). Others did it at fixed discrete time points: discrete time-intensity (Clark & Lawless, 1994), progressive profiling (Jack et al., 1994) or sequential profiling (Methven et al., 2010). More recent methods, which did not rely on intensities, measured the evolution of dominant attributes (Temporal Dominance of Sensations - TDS, Pineau et al., 2009) or applicable attributes (Temporal Check

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All That Apply - TCATA, Castura et al., 2016) in continuous time. The common point between all these methods is
 that the data collection is carried out simultaneously to the tasting.

Few studies have applied retrospective temporal measurements in sensory analysis. Visalli et al. (2020) proposed the 42 43 attack-evolution-finish (AEF) method to study the temporal perception of chocolates. They compared the results obtained with AEF with those obtained with TDS and concluded on very similar product discrimination. Mahieu, 44 45 Visalli, Thomas, et al. (2020) extended the AEF concept by using Free-Comment, avoiding the issues inherent in the 46 use of a predefined list of descriptors. While losing temporal resolution, the two methods present the advantage of 47 being easy to implement with consumers, as the task does not require specific training or familiarization, contrary to TDS (Boinbaser et al., 2015; Hutchings et al., 2014; Kantono et al., 2018; Rodrigues et al., 2016; Arnaud Thomas et al., 48 49 2015; Velázquez et al., 2020) or TCATA (Gastón Ares et al., 2015; Jaeger et al., 2017; Rizo et al., 2020; Weerawarna et al., 2021). 50

The lack of attention to retrospective measurements in sensory analysis can probably be explained by the tacit 51 assumption that concurrent temporal sensory data collection is more precise and less biased than retrospective data 52 53 collection. Some psychologists have judged real-time data capture preferable for measuring changes over time, using 54 concurrent assessment to ask people to report on their current experience (Stone et al., 2007). Others claimed that 55 concurrent data collection does not eliminate other potential sources of bias in self-reports (Schwarz, 2012). Aldrovandi et al. (2015) presented a series of studies showing that retrospective evaluation of event sequences could 56 57 be biased by memory and notably by the tendency to retrieve the most readily available information that is itself 58 related to the valence of the information. However, meta-analytic findings (Block et al., 2010) revealed that if the 59 duration was less than 60 seconds, there was no difference observed between conclusions obtained with 60 simultaneous and retrospective paradigm. Noncongruent results related to taste perception have been reported. 61 Liang et al. (2018) showed that the stress of the memory load influenced sensory perception by decreasing taste 62 sensibility, while Daniel and Katz (2018) showed that a higher accuracy in taste recognition was observed over a 30-s 63 delay. Recently, Botha et al. (2021) compared TCATA data collection with a retrospective approach for phenotyping thermal taste. The authors judged that TCATA avoids memory effects and allows participants to fully focus on the 64 65 new taste instead of relying on their working memory, but they also recognized that the cognitive aspects of TCATA have not been studied to date. Varela et al. (2018) also used an immediate retrospective think-aloud protocol to 66 67 review TDS results to better understand the dominance concept and gain insight about the temporal perception.

Indeed, memory is not the only aspect to consider, as it is just one component of the cognitive load. The cognitive 68 69 load is a complex and multidimensional construct consisting of causal factors related to the task and the subject and 70 assessment factors related to mental load, mental effort, and performance (Paas & Van Merriënboer, 1994). In 71 sensory analysis, TDS and TCATA have been reported to be potentially demanding tasks by some authors (Botha et 72 al., 2021; Castura et al., 2016; Jaeger et al., 2017; Pineau et al., 2012). This could affect the outcomes of these 73 methods, as Wal & Dillen (2013) suggested that an increased task load could reduce taste perception. This was 74 partially confirmed by Velázquez et al. (2020), who showed that a TCATA task was feasible by children on a simple 75 video stimulus, but when applied to more complex food stimuli, they used TCATA (and TDS) methods as static 76 methods.

77 The performances of retrospective and concurrent measurements have been compared in other research fields, still 78 leading to controversy. Church et al. (2019) compared humans' metacognitive performances (the ability to choose 79 between two answers with and without feedback) in prospective and retrospective paradigms, showing that the 80 metacognitive response was used more robustly and accurately retrospectively when it was not in direct 81 competition with the primary perceptual responses. Van Den Haak et al. (2003) showed that concurrent and 82 retrospective think-aloud protocols revealed comparable sets of usability problems, but in the concurrent protocols, the requirement to think aloud while working had a negative effect on the task performance, raising the question 83 about the reactivity of concurrent think-aloud protocols in the case of high task complexity. Peute et al. (2015) 84 85 showed that the concurrent think-aloud method was more efficient in assessing the usability of a data query tool but also that it did not outperform retrospective methods that additionally elucidated unique problems. Kuusela & Paul 86

(2000) reported that the concurrent protocol generally outperformed the retrospective method in verbal protocol 87 analysis, but they also noticed that the retrospective method provided more statements about final choices. 88 Similarly, Whyte et al. (2010) concluded that concurrent verbal reports provided by nurses during and after 89 administering care in a simulated task environment provided a more complete representation of the cognitions of 90 research participants, but additional unique data were exclusively present in the retrospective reports. Ryan & 91 Haslegrave (2007) showed that concurrent reports only contained a proportion of information about workers' 92 thoughts, while additional information could be obtained from retrospective reports, although these appeared to be 93 vulnerable to bias and reordering of reported information due to the rationalization of thoughts. 94

95 With regard to this context, the objective of this study was to compare the sensory descriptions of commercial 96 products collected from consumers using either a concurrent or a retrospective data collection method.

# 97 2. Materials and methods

## 98 2.1. Simultaneous and retrospective protocols

99 Two data collection protocols based on Check-all-that-apply (CATA, Ares & Jaeger, 2015) questions were used in this 100 study, the first one simultaneous to the tasting (SIM), the second one retrospective to the tasting (RET). A detailed 101 description of the two protocols can be found in the related data paper (Visalli et al., 2022).

#### 102 **2.1.1. Samples**

The five products (P1, P2, P3, P4, and P5) were 350 ml cans of commercial lemon-flavoured carbonated drinks. P1 was a nonalcoholic drink that served as a warm-up. P2 to P5 were white liquor-based (Japanese Shochu or Vodka) alcoholic drinks, referred to as "Chu-hai" in Japanese. The cans were blinded by white-colored masking films and coded using three-digit labels, and they were presented according to a Williams Latin square, but P1 was served first to every consumer.

#### 108 2.1.2. Consumers

Two hundred consumers aged 20 to 39, who were regular consumers of lemon-flavoured carbonated alcoholic 109 beverages, were recruited through an online questionnaire from a panel of consumers belonging to a research 110 agency in Japan. "Regular" referred to consumers drinking flavoured carbonated alcoholic beverages with a 111 frequency of at least twice a week and lemon-flavoured carbonated alcoholic beverages at least once a month. The 112 design of the test was explained to consumers in the online questionnaire. They were informed they would do the 113 114 test on their smartphones, and they had to sign a consent form to participate in the study. They were financially compensated for their participation. The consumers were separated into two panels that were balanced in their 115 composition (gender, age, frequency of consumption). The first panel (RET) had to evaluate the products 116 117 retrospectively to the tasting just after they declared that they no longer perceived anything, while the second (SIM) evaluated them concurrently to the tasting. 118

#### **119 2.1.3. Descriptors**

The same list of descriptors was provided for both the RET and SIM panels: Alcohol, Bitter, Carbonated, Lemon, Refreshing, Sour, Sweet aroma and Sweet taste. (In Japan, sweet aroma is used when it is not possible to describe detailed quality of sweetness in terms of aroma. Sweet aroma can include different types of aromas, such as fruity, floral, caramel, vanilla, honey, etc.) The descriptors were presented as a check-all-that-apply (CATA) list in a random order on the screen, but this order was constant for each consumer across evaluations. No definitions of the descriptors were given to the consumers.

#### 126 2.1.4. Experimental procedure

127 The consumers had to evaluate the products using the browser of their smartphones (TimeSens V2 web app). The 128 procedures for the full consumption of the can is summarized in Figure 1. Only three sips were evaluated to limit the 129 duration of the task and to avoid boredom (Thomas et al., 2018).

130 [INSERT FIGURE 1 HERE]



Figure 1. Description of the tasting of the drink over seven sips (common for RET and SIM). Only sips 1, 4 and 7 were evaluated.

#### 135 [INSERT FIGURE 2 HERE]



#### 136

137 Figure 2. Evaluation of sips 1, 4, 7 for panel RET using retrospective CATA. Only one CATA measurement screen was

displayed, after the tasting. "In mouth before swallowing", "Immediately after swallowing" and "Aftertaste"
 correspond to periods T1, T2 and T3.

Figure 2 describes the tasting of sips 1, 4, 7 for panel RET. During the tasting, several screens were displayed to guide 140 the consumer. A first screen invited the consumer to take a sign without swallowing. Then, a screen was displayed 141 142 during eight seconds (T1, "In mouth before swallowing") instructing the consumer not to swallow while focusing on perceived sensations and memorizing them. Then, a screen was displayed during two seconds, inviting the consumer 143 to swallow. Then, a screen was displayed during eighteen seconds (T2, "Immediately after swallowing") instructing 144 145 the consumer to focus on perceived sensations and memorize them. Then, a screen instructing the consumer to focus on perceived sensations and memorize them was displayed until the consumer declared he no longer 146 perceived anything (T3, "Aftertaste"). Then, the CATA screen was displayed with no time limit, with the instruction: 147 "What did you perceive during the different steps of the tasting? Please select all the sensations that apply during 148 each period". Finally, the liking score was asked to the consumer (on a 0-10 continuous scale, 0 being labelled "not at 149 all" and 10 "very much"). 150

#### 151 [INSERT FIGURE 3 HERE]



Figure 3. Evaluation of sips 1, 4, 7 for panel SIM using simultaneous CATA. The CATA measurement screen was displayed during the tasting within periods "In mouth before swallowing" (T1), "Immediately after swallowing" (T2)

155 and "Aftertaste" (T3).

Figure 3 describes the tasting of sips 1, 4, 7 for panel SIM. During the tasting, several screens were displayed to guide 156 157 the consumer. A first screen invited the consumer to take a sip without swallowing. Then, a CATA screen was displayed during eight seconds (T1, "In mouth before swallowing"), with the instruction: "What do you perceive 158 now? Please select all the sensations that apply". Then, a screen was displayed during two seconds, inviting the 159 consumer to swallow. Then, a screen was displayed during eight seconds (T2, "Immediately after swallowing") 160 instructing the consumer to select all the sensations that apply (same instruction as in T1). Then, a screen inviting 161 162 the consumer to wait was display during ten seconds. Then, the last CATA screen was displayed until the consumer declared he no longer perceived anything (T3, "Aftertaste"), instructing the consumer to select all the sensations 163 164 that apply (same instruction as in T1). Finally, the liking score was asked to the consumer (on a 0-10 continuous scale, 0 being labelled "not at all" and 10 "very much"). 165

## 166 **2.2. Data analysis**

167 This article focuses on methodological aspects related to concurrent and retrospective evaluation. Conclusions on 168 products and liking will be published elsewhere.

The data for product P1 (the warm-up) were excluded. Six consumers had incomplete data in the SIM session and one in RET because they did not complete their sessions. Their data were kept because the statistical methods used can deal with incomplete datasets.

Individual consumer data were stored as a table with seven columns: "Panel" (RET, SIM), "Consumer", "Sip number"
(1, 4 or 7), "Product" (P2, P3, P4 or P5), "Attribute" (Carbonated, SweetF, Refreshing, Bitter, Lemon, SweetT, Sour,
Alcohol), "Period" (T1, T2, T3) and "Score" (1 applicable, 0 otherwise). Each consumer contributed to 288 rows (3
sips x 4 products x 8 descriptors x 3 periods).

Statistical analyses were performed using R 4.1.0 software (R Core team, 2020) and the package MultiResponseR(Mahieu, 2021).

#### 178 2.2.1. Use of descriptors

For the RET and SIM panels, mean number of citations and descriptors were obtained in various ways. Citations were averaged: (i) across sips, products and consumers within each period (T1, T2, T3); (ii) across products and consumers by sip (1, 4 or 7) and overall. Descriptors were averaged by sip (1, 4 or 7) and overall: (i) across products and consumers; (ii) across consumers. The 95% confidence intervals were computed based on Poisson log-linear models for count data (R function glm, family = poisson). Two means were considered different when their confidence intervals did not intersect.

#### 185 2.2.2. Product/period/sip comparisons

CATA results were aggregated into contingency tables, the column variables being the descriptors (see examples in 186 supplementary materials). For studying product-by-sip sensory trajectories over periods, one contingency table was 187 computed for each panel, the row variables being the combinations of "product x period x sip". For studying 188 between-sip differences, twelve contingency tables (one for each "product x period" combination) were computed 189 for each panel, the row variables being the sip. For studying between-product differences, four contingency tables 190 (one for each period plus one with citations averaged over periods, with sips being pooled and considered to be 191 independent observations) were computed for each panel, the row variables being the products. For studying 192 between-period differences, five contingency tables (one for each product plus one with citations averaged over 193 products, with sips being pooled and considered to be independent observations) were computed for each panel, 194 195 the row variables being the periods.

As the consumers could check multiple attributes for a product during a period, the usual  $\chi^2$  framework was not well suited to analyse these multiple-response data. To overcome this limitation, the approach described in Mahieu et al. (2021) was used. The dimensionality of the dependence between row and column variables was tested using the dimensionality test (2000 simulations) based on multiple-response  $\chi^2$  framework. Then, if and only if at least one

dimension was significant (alpha=0.05), the multiple-response correspondence analysis (mrCA) was computed on 200 the contingency table. Outputs of mrCA were displayed using a standard biplot, and 95% confidence ellipses were 201 computed with a total bootstrap procedure (Cadoret & Husson, 2013) with 2000 simulations, Procrustes rotations 202 being performed on the significant dimensions. When the periods were analyzed, the sensory trajectory of each 203 product was represented by a two-segment arrow from period 1 to 2 and then from period 2 to 3 as in Mahieu et al. 204 (2020). For each pair of row variables of the contingency table, a total bootstrap test was performed on the 205 significant dimensions for assessing the significance of difference. When significant (alpha=0.05), for each pair of row 206 and column variables (cell), a multiple-response hypergeometric test (2000 simulations, alpha = 0.05) was performed 207 to test if the descriptor was cited in a proportion that was significantly greater than the overall average citation 208 proportion. No adjustments have been made for the multiple hypergeometric tests. 209

#### 210 2.2.3. Feedback of the consumers about the task

The answers to the free-text question about the difficulty of the task (Q6, Visalli et al., 2022) were investigated. Q6 was labelled: "Please tell us what you felt about this tasting survey (if the tasting method was difficult, easy, etc.)". Similar answers about the difficulty of the task were manually grouped by the experimenter, then counted. No statistical analysis was performed with these data.

#### 215 **3. Results**

- 216 One hundred and ninety-three consumers participated in the study: 97 consumers in panel RET, and 96 in panel SIM.
- 217 3.1. Use of descriptors by the consumers
- 218 [INSERT FIGURE 4 HERE]



Figure 4: A – Number of citations averaged over sips, products and consumers, by period. B – Number of citations averaged over products and consumers, by sip and all sips pooled. C – Number of descriptors averaged over products and consumers, by sip and all sips pooled. D – Number of descriptors averaged over consumers, by sip and all sips pooled. For all figures, vertical bars represent 95% confidence intervals of the means based on Poisson loglinear models for count data.

219

225 Figure 4 plots how the descriptors have been used by the two panels. Figure 4A shows that the consumers of the two panels cited almost 3 descriptors by product in periods T1 and T2; then, this number significantly decreased to 226 just over two in period T3. Figure 4B shows that the number of citations by product was approximately eight. These 227 number of citations slightly increased over the three sips (not significantly). Figure 4C shows that the number of 228 descriptors used by the product was approximately four for the two panels. The number of descriptors slightly 229 230 decreased over the sips in panel SIM (not significantly). Figure 4D shows that the total number of descriptors used to 231 characterize the four products was between six and seven (over the eight of the CATA list). The decrease observed in Figure 4D for panel SIM was more pronounced but still not significant. 232

#### 233 3.2. Product comparison

#### 234 3.2.1. Product-by-sip sensory trajectories over periods

235 [INSERT FIGURE 5 HERE]



#### 236

Figure 5: mrCA of 36 evaluations (product x sip x period) representing the product by sip sensory trajectories over periods on dimensions 1 and 2. Figure 5A (left) corresponds to the RET panel, and Figure 5B (right) corresponds to the SIM panel. "mrChi2" is the statistic of the mr  $\chi^2$  for the dimensionality test, "p" is the p-value of the dimension test, "NDimSig" is the number of significant dimensions. The sensory trajectory of each product was represented by a two-segment arrow from period 1 to 2 and then from period 2 to 3. Red arrows (with the triangle arrowheads) indicate the relative importance and correlation between the descriptors and the dimensions.

For the two panels, the first dimension depicted the evolution from Carbonated to Bitter over the three successive 243 244 periods of perception, whereas the second dimension opposed the products mostly characterized by Sour and Refreshing to the products mostly characterized by SweetT, SweetF and Alcohol. Bitter was perceived more in period 245 T3 in panel RET and in period T2 in panel SIM. The trajectories were straighter in the RET panel than in the SIM panel, 246 247 meaning that the sips were not that different (for RET panel) in dimension two within the same product. The same number (4) of significant dimensions was observed, denoting a similar complexity of differences. However, 248 discrimination was better with panel RET (mr  $\chi^2$  of 699.3 vs. 585.5 for SIM). The period trajectories exhibited a clear 249 evolution of perception, meaning that the descriptors were not selected in the same way in periods T1 (more 250 citations of Carbonated), T2 (more citations of SweetF), and T3 (less citation in average). However, these trajectories 251 252 seem to be rather similar across products. Products P2 and P4 showed similar trajectories for both panels. Products P3 and P5 also showed similar trajectories for panel SIM but were more separated for panel RET. 253

There was almost no evolution of perception across sips regardless of the product, except for a tendency with product P4 in period 1 with the panel SIM (detailed results are presented in supplementary materials). Therefore, in the rest of this article, sips will subsequently be pooled and considered to be independent observations.

257 [INSERT FIGURE 6 HERE]



Figure 6: mrCA of 12 evaluations (product x period, sips as independent observations) representing the product sensory trajectories over periods on dimensions 1 and 2. Figure 6A (left) corresponds to the RET panel, and Figure 6B (right) corresponds to the SIM panel. "mrChi2" is the statistic of the mr  $\chi^2$  for the dimensionality test, "p" is the pvalue of the dimension test, "NDimSig" is the number of significant dimensions. The sensory trajectory of each product was represented by a two-segment arrow from period 1 to 2 and then from period 2 to 3. Red arrows indicate the relative importance and correlation between the descriptors and the dimensions.

Figure 6 shows the same sensory interpretation as Figure 5 The RET panel was still more discriminative (632.24 vs.
499.07) and exhibited more complex differences (eight vs. five significant dimensions).

267 *3.2.2. Comparison of products by period* 

268 [INSERT FIGURE 7 HERE]



Figure 7: mrCA of the four products, by period and averaged over all periods on dimensions 1 and 2, for panels RET (first row) and SIM (second row). T1 (first column), T2 (second column), T3 (third column) and "All periods" (fourth column) correspond to the periods. "mrChi2" is the statistic of the mr  $\chi^2$  for the dimensionality test, "p" is the pvalue of the dimension test, "NDimSig" is the number of significant dimensions. Red arrows indicate the relative importance and correlation between the descriptors and the dimensions. Blue lines connect not discriminated products (whatever the represented dimensions).

Figure 7 illustrates the differences between products within each period or all periods pooled, with citations averaged over periods. Both panels discriminated the four products (P3 and P5 on dimension 3 and only in T3 and overall, not represented in panel SIM). The mr  $\chi^2$  statistics show that panel RET was still more discriminative than SIM in every period. RET and SIM panels were more discriminative in period T1 than in periods T2 and T3.

		Т	1		T2					Т	3		All periods			
	P2	P3	P4	P5	P2	P3	P4	P5	P2	P3	P4	P5	P2	P3	P4	P5
Alcohol	33.3*	20.8	25.4	24.7	50.0*	24.3	35.8	33.3	46.9*	18.1	26.7	27.1	43.4*	21.2	29.5	28.5
Bitter	19.1	22.9	20.1	22.9	31.9	29.5	29.9	31.9	33.7*	28.5	33.0	24.7	28.1	27.1	27.8	26.7
Carbonated	67.4	70.8	67.0	72.2*	51.0	50.7	49.7	52.8	25.0	23.6	21.9	27.8*	47.9	48.3	46.2	50.7*
Lemon	59.0	60.8	67.4*	52.4	60.1	65.3	70.1*	51.7	43.1	62.5*	62.9*	45.8	54.2	62.9*	66.7*	50.0
Refreshing	30.6	34.0	32.3	33.3	30.2	39.9*	33.0	40.3*	26.0	28.8	25.7	32.3*	29.2	34.4	30.2	35.4*
Sour	32.6	47.2*	43.4	41.0	30.6	50.4*	42.7	41.3	24.0	36.1*	31.9	33.0	29.2	44.4*	39.6	38.2
SweetF	19.4*	13.9	21.5*	9.7	17.4*	13.5	20.8*	5.6	17.7*	12.2	16.3	8.7	18.1*	13.2	19.8*	8.0
SweetT	21.5*	14.6	26.0*	6.9	18.4	19.8	26.4*	7.6	17.0	16.3	21.9*	6.9	18.8	16.7	24.7*	7.3

Table 1: Percentages of citations by attribute (rows), product and period (columns) for panel RET. Significant

281 (alpha=0.05) multiple-response hypergeometric tests per cell for product comparison are indicated by an asterisk.

282

	T1					T2				Т	3		All periods			
	P2	P3	P4	P5	P2	P3	P4	P5	P2	P3	P4	P5	P2	P3	P4	P5
Alcohol	39.2*	19.9	30.4	24.7	44.0*	26.2	34.4	28.5	33.3*	21.3	22.3	20.4	38.5*	22.0	29.3	25.0
Bitter	23.1	22.0	23.1	21.8	35.9*	28.7	30.8	30.6	26.7	22.7	25.6	21.8	28.6	24.5	26.4	25.0
Carbonated	71.8	71.6	70.3	72.9	46.2	46.5	44.0	47.9	27.8	23.8	21.3	29.6*	48.7	47.5	45.1	49.7
Lemon	64.5	67.4	69.2	63.7	60.4	65.6	70.7*	59.9	49.1	55.3	52.8	49.3	57.9	61.7	64.5*	58.5
Refreshing	32.6	35.8	33.7	35.2	34.8	35.5	32.6	37.0	31.9	31.2	26.0	31.0	33.0	33.7	31.1	34.9
Sour	29.7	40.8*	33.3	39.1*	27.5	39.0*	30.8	39.8*	22.3	33.0*	23.8	29.6	26.0	36.9*	29.7	36.6*
SweetF	13.6	15.3	19.1*	10.9	14.3	13.1	18.3*	10.2	13.6	14.9	13.6	8.8	13.6	13.5	17.6*	10.9
SweetT	16.5	15.3	20.9*	11.3	21.6	20.2	30.4*	14.1	18.7	14.9	30.4*	14.4	19.1	17.4	26.7*	12.7

284 Table 2: Percentages of citations by attribute (rows), product and period (columns) for panel SIM. Significant

285 (alpha=0.05) multiple-response hypergeometric tests per cell for product comparison are indicated by an asterisk.

Tables 1 and 2 show the percentages of citations by attribute, product and period for the two panels, focusing on between-product comparisons. It should be noted that the results are presented in a single table for convenience, but the multiple-response hypergeometric tests have been made by period. Thus, the multiple-response hypergeometric tests per cell (Tables 2 and 3) should be interpreted by block (T1, T2, T3 or all periods) because each block summarizes the result of one mrCA. For example, *Alcohol* was cited in P2 significantly more than in other products during period T1 in the two panels.

292 The first three blocks of the tables allowed us to compare each product to the others inside each period. P2 was more often described as Alcohol during periods T1, T2, T3 (RET, SIM), more Bitter in period T3 (RET) or T2 (SIM), 293 more SweetF during periods T1, T2, T3 (RET), and more SweetT during period T1 (RET). P3 was more often described 294 as Lemon during period T3 (RET), more Refreshing during period T2 (RET), and more Sour during periods T1, T2, T3 295 296 (RET, SIM). P4 was more often described as Lemon during periods T2 (RET, SIM), T1, T3 (RET), more SweetF in periods T1 and T2 (RET, SIM) and more SweetT in periods T1, T2, T3 (RET, SIM). P5 was more often described as 297 298 Carbonated in periods T1 (RET) and T3 (RET, SIM), Refreshing in periods T2 and T3 (RET) and Sour in periods T1 and 299 T2 (SIM).

The last block of the tables allowed us to compare each product to the others without considering temporality. P2 was more often described as *Alcohol* (RET, SIM) and *SweetF* (RET). P3 was more often described as *Sour* (RET, SIM) and *Lemon* (RET). P4 was more often described as *Lemon, SweetF* and *SweetT* (RET, SIM). P5 was more often described as *Carbonated* (RET), *Refreshing* (RET) and *Sour* (SIM). If we ignored periods, products were still discriminated, but some differences were visible only during specific periods (for example, *Bitter* for product P2 during T3 and *Refreshing* for P3 in T2 in panel RET, *Bitter* for product P2 during T2 or *Carbonated* for Product P5 during T3 in panel SIM) and would have been missed without considering a temporal approach.

The two panels were in overall agreement except for P5, which was perceived as more *Sour* only by panel SIM. Overall, panel RET highlighted more differences (34) between products than panel SIM (22). The citation rates for *Alcohol* seemed to follow the alcoholic contents of the products.

- 310 *3.2.3. Comparison of periods by product*
- 311 [INSERT FIGURE 8 HERE]



Figure 8: mrCA of the three periods, by product and averaged over all products on dimensions 1 and 2. RET (first row) corresponds to the retrospective panel, SIM (second row) to the simultaneous panel. P2 (first column), P3 (second column), P4 (third column), P5 (fourth column) and "All products" (fifth column) correspond to the products. "mrChi2" is the statistic of the mr  $\chi^2$  for the dimensionality test, "p" is the p-value of the dimension test, "NDimSig" is the number of significant dimensions. Red arrows indicate the relative importance and correlation between the descriptors and the dimensions.

Figure 8 shows that all periods were separated, denoting a clear temporality, but this temporality was globally the same regardless of the product. Overall, there is no difference in discrimination between the two panels, RET being more discriminative for P2 and P3, and SIM being more discriminative for P4 and P5 and for "All products". The period T1 was always associated with *Carbonated*, while T3 was the period having the less multidimensional differences.

		P2		P3			P4				P5		All products			
	T1	T2	Т3	T1	Т2	Т3	T1	Т2	Т3	T1	T2	Т3	T1	Т2	Т3	
Alcohol	33.3	50.0*	46.9*	21.2	24.3*	18.1	25.4	35.8*	26.7	24.7	33.3*	27.1	26.0	35.8*	29.9	
Bitter	19.1	31.3	34.7*	22.6	28.6	30.6*	20.5	31.3*	31.3*	23.3	32.6*	23.6	21.5	30.9*	29.9*	
Carbonated	68.40*	50.4	24.3	72.6*	49.7	21.9	65.6*	50.7*	23.6	70.8*	53.5	28.8	69.4*	51.0	24.7	
Lemon	60.42*	61.5*	43.4	63.2	67.0	63.2	65.3	68.4*	62.2	50.7	50.7	45.5	59.7	61.8*	53.5	
Refreshing	31.3	31.6	26.7	35.1	41.7*	30.6	31.6	31.3	24.0	32.6	39.2*	31.6	32.6	36.1*	28.1	
Sour	32.3*	29.9	23.6	46.5	49.3*	35.4	44.1*	44.1*	32.6	41.3	42.0*	33.3	41.0*	41.3*	31.3	
SweetF	19.4	17.4	17.7	14.2	13.5	12.2	21.2	20.8	16.3	9.4	5.6	8.7	16.0	14.2	13.5	
SweetT	21.2*	18.1	16.7	13.9	19.4*	15.3	26.4	26.7	22.6	7.3	8.0	7.3	17.4	18.1	15.6	

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Table 3: Percentages of citations by attribute (rows), product and period (columns) for panel RET. Significant

325 (alpha=0.05) multiple-response hypergeometric tests per cell for period comparison are indicated by an asterisk.

	P2			P3			P4				P5		All products		
	T1	T2	Т3	T1	Т2	Т3	T1	Т2	Т3	T1	T2	Т3	T1	T2	Т3
Alcohol	38.8	44.3*	33.3	19.5	27.3*	21.3	30.8	33.7*	22.3	25.0	27.5*	20.4	28.1	32.6*	24.2
Bitter	24.2	35.9*	26.7	23.8	29.1*	22.7	21.6	30.4*	25.6	20.4	30.3*	21.8	22.8	31.6*	23.9
Carbonated	71.1*	45.4	27.8	70.9*	44.0	23.8	71.1*	45.4	21.3	73.6*	49.7	29.6	70.9*	46.0	25.3
Lemon	65.9*	60.8	49.1	69.5*	66.7	55.3	67.4*	70.0*	52.8	61.6*	59.2	49.3	66.0*	63.5*	50.9
Refreshing	33.0	34.1	31.9	36.5	33.0	31.2	33.3	34.1	26.0	34.9	39.1*	31.0	35.1	34.7	29.8
Sour	28.9	28.2	22.3	39.7	40.8	33.0	34.4*	29.7	23.8	40.1*	38.4	29.6	35.1*	34.0*	26.7
SweetF	13.6	13.9	13.6	15.3	12.1	14.9	19.1	19.1	13.6	10.9	10.9	8.8	14.4	13.7	12.3
SweetT	16.1	21.6*	18.7	14.5	20.6*	14.9	21.3	30.4*	30.4*	11.6	13.7	14.4	15.4	21.1*	19.3

Table 4: Percentages of citations by attribute (rows), product and period (columns) for panel SIM. Significant

327 (alpha=0.05) multiple-response hypergeometric tests per cell for period comparison are indicated by an asterisk.

Tables 3 and 4 show the percentages of citations by attribute, product and period for the two panels, focusing on

329 between-period comparisons. The fifth block illustrated the overall product temporality. The interest of investigating

temporal differences was confirmed, as products were overall more often described Alcohol in period T2 (RET, SIM),

more *Bitter* in period T2 (RET, SIM) and T3 (RET), more *Carbonated* in T1 (RET, SIM), more *Lemon* in T1 (SIM) and T2 (RET, SIM), more *Refreshing* in T2 (RET), more *Sour* in T1 and T2 (RET, SIM), more *SweetT* in T2 (SIM). Only the citation rates of *SweetF* were constant over the periods.

The four first blocks of the tables allowed us to compare each period to the other ones by product. For P2, period T1 334 was more often described as Carbonated, Lemon (RET, SIM), Sour and Sweet (RET); period T2 was more often 335 described as Alcohol (RET, SIM), Lemon (RET), Bitter and SweetT (SIM); and period T3 was more often described as 336 337 Alcohol (RET). For P3, period T1 was more often described as Carbonated (RET, SIM) and Lemon (SIM); period T2 was more often described as Alcohol and SweetT (RET, SIM) and Refreshing and Sour (RET); and period T3 was more 338 often described as Bitter (RET). For P4, period T1 was more often described as Carbonated and Sour (RET, SIM), 339 340 Lemon (SIM); period T2 was more often described as Alcohol, Bitter and Lemon (RET, SIM), Carbonated and Sour (RET), SweetT (SIM); period T3 was more often described as Bitter (RET), SweetT (SIM). For P5, period T1 was more 341 342 often described as Carbonated (RET, SIM), Lemon and Sour (SIM); period T2 was more often described as Alcohol, Bitter and Refreshing (RET, SIM), Sour (RET). These results showed that despite similar evolutions, some attribute 343 temporal changes were product dependent (SweetT, Refreshing, Sour). 344

Panel RET highlighted about the same number of differences (34) as panel SIM (32), but some conclusions were different depending on the panel, some significant attributes switching by a period between RET and SIM.

347 3.2.4. Feedback of the consumers about the task

The analysis of the feedback on the simultaneous task showed that 29 consumers found the task easy, and seven found it difficult. However, some consumers complained about "the pace of rating being too fast", "the response time being too short", and "the time to select an impression being too long", and some found it "a little difficult to drink while being aware of the difference in change" or were "distracted by timing", "pressed for time", and "wanted slightly more time". Other expressed limitations found in panel SIM included "too fast," "I'm in a hurry," "a little quick," and "difficult timing".

The analysis of the feedback on the retrospective task showed that 28 consumers found the task easy, and eight found it difficult. Only two consumers reported verbatim statements related to memory: "forgot the taste" and "difficult to match the timing".

## 357 **4. Discussion**

#### **358 4.1. Statistical methodology**

The sensory trajectories, between-sip, between-product and between-period comparisons have been performed 359 360 using the mrCA paradigm, proving its versatility. The approach proposed here is based on a step-by-step strategy of comparison as in Mahieu, Visalli, Thomas, et al. (2020). It has the advantage of clearly identifying the sources of 361 differences. In this study, the differences between the products were larger than the differences between the 362 periods, and there was no difference between the sips. Several limitations can be noticed. As there was no observed 363 364 difference between the sips, the combination "consumer x sip" was considered as an observation, artificially increasing the degrees of freedom. It is fairly common when drawing TDS or TCATA curves, but possible alternatives 365 366 would have been to sum or average the citations over the sips, however, in this case the Tables 1-4 could not have been interpreted in terms of citation rates. The mrCA is by nature multidimensional; thus, it takes dependence 367 368 between the attributes into consideration, but it does not allow us to statistically compare the magnitudes of the 369 citation rates of the attributes between them. It does not allow us to test whether a citation rate is large enough to be considered important or applicable at the panel level. Using a generalised linear model such as in Visalli et al. 370 (2020) or Weerawarna et al. (2021) could have also been considered as a univariate alternative. 371

#### **4.2. Retrospective vs. concurrent measurement**

The two panels (RET and SIM) were able to temporally discriminate the products. As in Visalli et al. (2020), retrospective and concurrent temporal measures allowed us to draw relatively similar conclusions. This was congruent with the conclusions of Van Den Haak et al. (2003) but contrary to the observation of Liang et al. (2018)

about the decrease in taste sensitivity due to the memory load that was not observed with panel RET. However, this
decrease was observed for intensities, not for citation rates.

378 However, some differences have been observed. The RET panel highlighted more differences between the products, as observed in different scientific contexts by Kuusela & Paul (2000); Ryan & Haslegrave (2007); Whyte et al. (2010). 379 Notably, the differences in sweetness between products seem to have been better captured with panel RET. Indeed, 380 381 the second dimension of Figure 6A captured the Brix measure gradient (Degrees Brix measures the sugar content of 382 an aqueous solution): P4 (6.33) > P2 (6.07) > P3 (4.82) > P5 (2.63). However, as the "sensory reality" is unknown, it is not possible to conclude the superiority of retrospective measures. Indeed, the differences were small, and no 383 repeatability measurements were performed to quantify the level of noise. Thus, it was not possible to conclude if 384 these differences were due to randomness or to the task, and only hypotheses can be formulated. No definition of 385 386 the descriptors was given to the consumers. It is therefore possible that some sensory terms have been interpreted differently depending on the context. Indeed, differences were observed with *Refreshing* in Table 1 (RET) but not in 387 Table 2 (SIM). The consumers in panel RET could have interpreted the descriptor as "thirst-quenching", whereas, as 388 it was evaluated earlier by the consumers in panel SIM, it could have been interpreted as something related to the 389 390 temperature or the dryness of the drink.

The SIM panel had limited duration and allowed us to check the applicable attributes simultaneously to the tasting; it 391 could have increased the difficulty of the task. The experimenters pre-tested the evaluation time of eight seconds for 392 periods T1 and T2 and found it well adapted to this type of carbonated beverage. Keeping the beverage in mouth for 393 394 eight seconds was even found quite long, but the experimenters wanted the in-mouth and after-swallowing evaluation times to be the same. As there was no difference in the number of citations between the two panels, it 395 396 can be supposed that consumers from SIM panel had sufficient time to check the attributes. In addition, for panel 397 SIM, the number of different descriptors used tends to decrease over sips. It is thus possible that the cognitive load was increased by the simultaneous task and influenced perception, as reported by Wal & Dillen (2013). To reduce 398 the cognitive load and/or the boredom, the consumers could for example have reported dominant sensations 399 400 instead of applicable ones.

401 Most of the discriminant attributes were the same regardless of the panel, but some appeared more important at different periods. As SIM was expected to be more temporally accurate than RET, it can be supposed that the 402 403 switches of periods between the two panels could be due to temporal inaccuracy due to the memorization process 404 involved in the retrospective choice of the period. This could corroborate the conclusions about the memory effect 405 identified by Daniel and Katz (2018) and Aldrovandi et al. (2015). However, the switches of descriptors between panels and periods went both ways, e.g. SweetT for P2 from T1 in RET to T2 in SIM, and Sour for P5 from T2 in RET to 406 407 T1 in SIM, suggesting that the changes were related to variability rather than to the method. Moreover, if the consumers of panel RET had randomly chosen the periods for the descriptors, it is unlikely that a better 408 409 discrimination would have been observed. One of the most notable differences was observed with Bitter, which was most cited for products P2 and P3 during period T3 by panel RET and in period T2 by panel SIM. For this descriptor, 410 RET seems to be in agreement with previous studies. Dietz et al. (2022) showed that bitterness was more important 411 412 at the end of the tasting, and Higgins et al. (2021) demonstrated that the bitterness peak was after 20 seconds. This observation remains to be confirmed because the products (beers) were not flavoured in the mentioned studies. 413

The analysis of consumers' feedback did not allow to conclude about the difficulty of the task. However, it should be noted that in this study, the evaluation times were relatively short. Retrospective evaluation could be unsuitable for products having lingering tastes or flavours for longer durations, which could cause difficulty in memorizing those sensory perceptions.

Regarding these results, it can be assumed that concurrent and retrospective measurement could align with Kahneman's theory (O'Brien, 2012) about two systems of thinking: the first one being fast, intuitive and emotional; the second one being slower and more deliberative; each one having its own advantages and drawbacks for

developing consumer methodologies. The most appropriate measure probably depends on the objective. The 421 concurrent measure was the most spontaneous and likely the most suitable for studying physiological processes 422 involved in temporal perception. The retrospective measure was presumably the most cognitive and analytical, but 423 also the closest to the remembered experience and thus could be more important to explain later consumer choices. 424 Outside of food science, the superiority of remembered experience in predicting choices was observed by Kahneman 425 et al. (1993) and Wirtz et al. (2003). If no similar study has been conducted with food choices, the importance of 426 cognitive processes for determining answers to food cues was largely studied as demonstrated in the review of Higgs 427 (2016). However, in this study, the retrospective measure was made just after the tasting, and it could be interested 428 to redo the experiment with different delays after the tasting to study what is really recalled of the products and 429 how it impacts consumers' choices. 430

#### 431 4.3. Periods and temporality

Retrospective measurement imposes temporal measurements by period. In Visalli et al. (2020), the chosen periods 432 were quite subjective, as "attack", "evolution" and "finish" were not precisely defined and could evoke different 433 moments between the panellists. Here, this potential subjectivity was limited using specific and meaningful tasting 434 points to delimitate the periods: "in mouth before swallowing," "immediately after swallowing" and "aftertaste." 435 This study, as well as those of Visalli et al. (2020) and Mahieu, Visalli, Thomas, et al. (2020), proved that 436 measurements by period captured temporal differences within the product. Indeed, the two protocols used in this 437 study could be seen as "discrete time TCATA" with the advantage of no need for fading (Ares et al., 2016) to help the 438 subjects to unselect the applicable attributes and with the possibility to include a larger number of descriptors (only 439 440 with the retrospective protocol). Using periods, the temporal precision was expected to be lower than that of a continuous time measurement. However, the temporal precision of TDS and TCATA has not been extensively studied. 441 In this way, it should be interesting to test the variability of the continuous time-dependent conclusions, for example, 442 by using replicates or bootstrap, and to see if continuous time measures truly brought additional usable information 443 compared to periods. In any case, if the temporal precision is not of crucial importance or is not the main source of 444 difference between the studied samples, the discrete time TCATA methods (both concurrent and retrospective, but 445 particularly retrospective) should be considered as useful temporal measurements in consumer studies. 446

## 447 **5. Conclusion**

This study compared the temporal description obtained from consumers at home in two conditions: concurrently 448 with the tasting (panel SIM) and retrospectively with the tasting (panel RET). Consumers were asked about the 449 applicable attributes for four full portions of lemon-flavoured carbonated alcoholic drinks at three specific time 450 periods: "in mouth before swallowing", "immediately after swallowing", and aftertaste. Data were analysed using 451 multiple-response correspondence analysis framework applied at different levels: product, period and sip. RET and 452 SIM captured the differences between products and periods, with the differences between the products being larger 453 454 than the differences between the periods. In both methods, no sip effect were observed. Perception of the products 455 were identical in sips 1, 4 and 7. Overall, the consumers of RET and SIM agreed on the relative between-product differences, with RET showing more differences than SIM. The consumers of RET and SIM only partially agreed on 456 457 the within-product differences. The results suggest that the retrospective temporal evaluation could better discriminate the products and point to the need for more research about the temporal precision of the data. 458

## 459 Highlights

- 460 Descriptive temporal data were collected from consumers at home on smartphones.
- 461 Retrospective and concurrent CATA descriptions over 3 periods were compared.
- 462 The big picture was the same, but the retrospective panel was more discriminative.
- 463 Retrospective measure should be considered in consumer studies.

## 464 **CRediT author statement**

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