

# Trends and challenges on fruit and vegetable processing: Insights into sustainable, traceable, precise, healthy, intelligent, personalized and local innovative food products

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# Trends and challenges on fruit and vegetable processing: Insights

# into sustainable, traceable, precise, healthy, intelligent, personalized

# and local innovative food products

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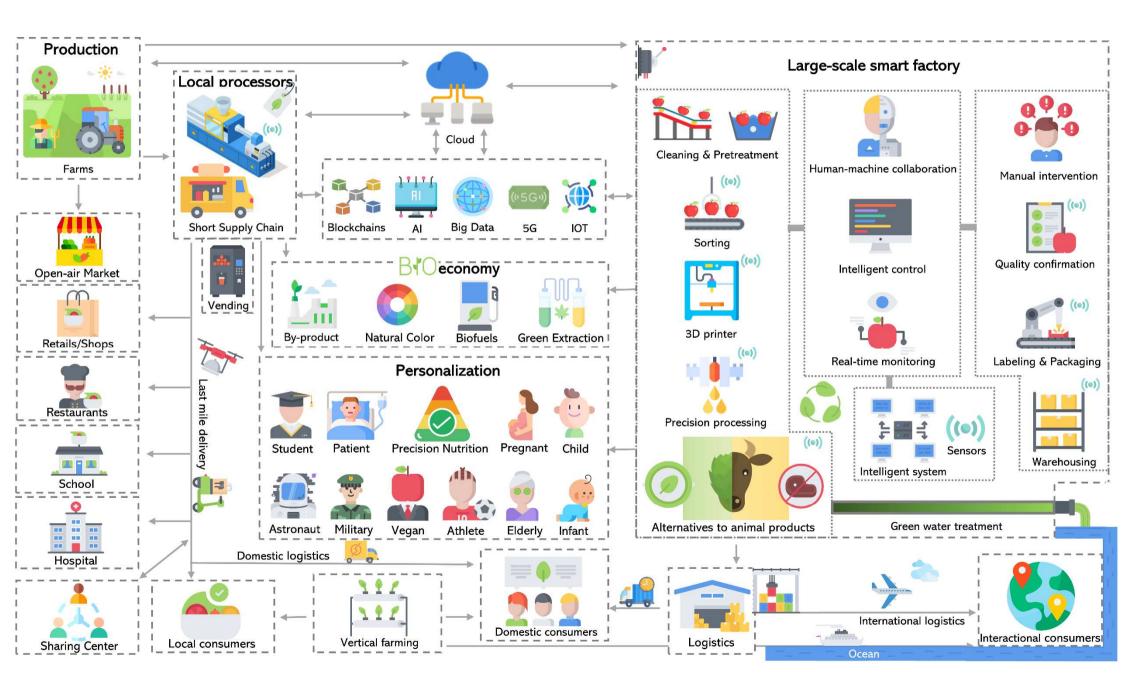
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# 1 Abstract

Background: Achieving the goal of sustainable development of the fruit and vegetables (F&Veg) value chain is heavily dependent on processing at both the global and local levels. The future contribution of F&Veg to human health is widely recognized, but the scientific needs that underpin their production, processing and distribution still need elucidation.

Scope and approach: A comprehensive exploration of the challenges, future trends 7 8 and solutions for F&Veg post-harvest and processing to counter F&Veg losses and 9 waste, and to promote F&Veg consumption and sustainable development. These 10 encompass many transformative aspects, often facilitated by integration of numerous 11 tools such as human-machine collaboration or intelligent manufacturing. Different 12 scales need to be addressed, such as i) processing operations themselves, with 13 small-scale local innovative processing, design of alternatives to animal products and 14 precision processing, ii) relations with the consumer with traceability systems, 15 personalization, and food sharing, and iii) insertion in the larger scale of bioeconomy.

*Key findings and conclusions:* In the future, the cohesion between processing type, products and consumers should need to be further strengthened to ensure that it meets the more recent demands of the consumer and citizen, such as environmentally friendly and personalized, while the more classical quality traits such as (low) cost, convenience, and taste are preserved and the prerequisites of safety and nutrition are not compromised. This demands a high level of innovation for the entire processing in a short term and it will mean a new balance in F&Veg value chains. The future tasks

3

26	Keywords:	Beyond	processing;	Personalization;	Local	innovative;	Precision;
25	in different regions.						
24	and processing needs are global, but their application will require different approaches						
23	involve inter	disciplina	ry and cross-	-border collaborati	ion, and	the F&Veg	production

27 Sustainability; Nature

# 28 **1. Introduction**

29 Fruit and vegetables (F&Veg) are an elemental part of cuisines, and play a vital 30 role in providing fresh, nutritious and healthy food to consumers of all ages around the world (Wallace et al., 2020). Sustainable diets are among the most important 31 32 global challenges of the 21st century. Global production of F&Veg is insufficient and 33 there is a significant overproduction of high-energy foods, especially sugar, grains and oils, despite the fact that global agriculture adequately provides enough calories for 34 the world's current population (Bahadur KC et al., 2018). The EAT-Lancet diet is a 35 36 global benchmark diet that maintains health and protects the planet, but it is on 37 average 1.60 (IQR 1.41-1.78) more expensive than the minimum cost of adequate nutrition (Hirvonen et al., 2020). A shift to healthier diets requires that the necessary 38 39 foods be both available and affordable for low-income populations. Therefore, for a growing population (especially poor consumers), the best way to achieve a 40 nutritionally balanced diet, economize on land and minimize greenhouse gas 41 42 emissions is to consume and produce more F&Veg together with a transition to a diet rich in plant protein. Such a move would contribute habitat conservation and support 43 44 the achievement of Sustainable Development Goals.

World Health Organization (WHO) recommended that at least 400 grams or five portions of F&Veg should be consumed per person and day. The United Nations General Assembly (UNGA) also set 2021 as the International Year of Fruits and Vegetables to promote healthy and sustainable F&Veg production through innovation and technology, and minimize losses and waste (FAO, 2021). Although the wide

50 recognition and preference of consumers for safe, high-quality, nutritious fresh F&Veg and the increase in health awareness have promoted the annual growth of 51 52 F&Veg consumption, the intake of most people still does not meet the WHO recommendations for a healthy diet (Afshin et al., 2019; Baselice et al., 2017). The 53 54 consumption levels around the world are regulated and influenced by many factors, 55 either agronomical (pedoclimatic conditions, seasonality, availability of glass-houses), economic, strongly influences by local policies (affordability, processing levels, 56 57 infrastructure for transport and storage), and socio-culture such as food habits and acceptable eating behavior, education status, or availability of alternatives (FAO, 58 2021). Moreover, a large amount of wastes are generated during the F&Veg 59 60 production, storage and processing, and due to their high moisture content and organic 61 matter load, they may cause serious environmental pollution (Jiménez-Moreno et al., 2020). Therefore, sustainable and precise processing is a key factor in the 62 transformation of the F&Veg system. 63

64 Because F&Veg are seasonal and thus only available for a short period, efforts in traditional post-harvest procedures and processing have been devoted to ensure 65 66 availability of safe F&Veg for longer times, for a more diverse diet during the whole year. Traditional processing method also led to increased palatability, notably in terms 67 of texture, stability during transport and convenience for the consumers. Additionally, 68 consumer choice plays an important role in determining F&Veg consumption patterns. 69 70 In other words, consumers purchase fresh produce on the basis of search (e.g., color, size, firmness, blemishes), experience (e.g., taste, texture, cooking quality) and 71

72 credence (e.g., organic, fair trade, local origin, pesticide residues) attributes. Therefore, the future of processed F&Veg products may also need to meet consumers' quest for 73 74 natural, nutritious, healthy and personalized qualities. Moreover, food technology has begun a shift from traditional processing methods to moderate and non-thermal 75 76 processing (Knorr & Watzke, 2019). Although minimal processing can theoretically 77 increase the nutritional content, it is not easy in practice to balance safety, preservation of micronutrients, and energy costs. A large number of essential nutrients, 78 e.g., minerals and vitamins, are present in unprocessed F&Veg, but systematic 79 80 knowledge of the levels to which these nutrients will be preserved after processing and the extent to which they are bioavailable and digestible remains unknown. 81 82 Simultaneously, there is a lack of information on the final product or nutrition reverse 83 guidance for processing raw materials (Lillford & Hermansson, 2020). In addition, current large-scale centralized F&Veg production and processing does not appear to 84 be sufficient to reach large urban populations demanding personalized products. A 85 86 number of small local mobile workshops have sprung up; however, these local processing units also need to overcome a number of political, economic and cultural 87 88 challenges. Fresh F&Veg are a highly hydrated, perishable and vulnerable products, so the requirement for stable and safe preservation in the supply chain is even more 89 stringent (Davis et al., 2021). However, this may lead to over-packaging and abusing 90 91 of various additives of most products to ensure safety, generating excessive waste and 92 environmental pollution.

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The ideal innovative F&Veg processing solutions should be flexible and

94 personalized, efficient in resource utilization, and based on seasonality and demand. They should take into account the specific and common expectations of large 95 96 industries or small and medium-sized F&Veg processors, focus on technical and economic feasibility, and consider the needs of consumers and the food chain. A 97 98 resilient F&Veg chain system should be established to tackle its complexity and the 99 losses and waste along the entire chain. This requires multiple interventions, e.g., improved post-harvest handling of F&Veg, well-utilized and managed data, 100 well-organized supply chain logistics, and advanced processing equipment and 101 102 technologies. Thereby, perishable F&Veg can be effectively processed and used as consumer products or stable food ingredients. Moreover, the study of food processing, 103 especially F&Veg processing, is complex and involves multiple scientific disciplines, 104 105 which requires breaking down barriers across disciplines, e.g., physics, engineering, mechanics, chemistry, statistics, nutrition, biochemistry, computer science, and 106 psychology (Knorr & Augustin, 2021). 107

Industry 5.0 (Demir et al., 2019), vertical or indoor farming (Goodman & Minner, 108 2019), short supply chains (Le Velly et al., 2020), innovative processing technologies 109 110 (Meijer et al., 2021), artificial intelligence, blockchain (Kamilaris et al., 2019), 5G technologies or plant-based meat as alternative proteins (He et al., 2020) are among 111 the many societal trends and technologies that are impacting today's F&Veg 112 processing systems and will drive healthy, sustainable F&Veg production (Chapman 113 et al., 2020; Herrero et al., 2020). Which of these visible trends could change the 114 entire F&Veg processing system in the long run? Which trends are just hype or 115

temporary? Who is more capable of achieving efficient and sustainable production, highly centralized large scale industrial production or small local innovative workshops? These questions will be at the heart of the future research section. Precisely predicting the development of the F&Veg processing industry is impossible, however, we hope to contribute to the discussion by thinking and investigating possible impact aspects and alternative futures, as looking into the future creates the possibility of jointly developing improvement strategies to better prepare.

# 123 **2. The emerging stakes and issues of F&Veg processing**

124 F&Veg are good sources of vitamins (e.g., folate, C and ProA), minerals (e.g., 125 potassium), dietary fibers and beneficial phytochemicals (e.g., polyphenols, 126 carotenoids and glucosinolates). F&Veg are highly perishable and require special 127 attention to their quality and safety via proper processing, which can also increase their availability, palatability, attractiveness and nutritional quality, and minimizing 128 losses and waste (Figure 1). However, the environment (e.g., climate) and some of 129 130 their own factors (e.g., diversity, heterogeneity and reactivity) can have a huge impact on the processing, which determines the quality of the final product. The details are 131 132 discussed below.

## 133 **2.1. Environmental impact on raw materials**

The changing global climate pattern, e.g., temperature, atmospheric carbon dioxide (CO<sub>2</sub>) levels, ozone (O<sub>3</sub>) concentrations, solar radiation and precipitation, significantly influence the preharvest quantity and quality of F&Veg worldwide (Parajuli et al., 2019). The increase in temperature directly influences photosynthesis,

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resulting in changes in the content of sugars, organic acids, flavor substances, 138 vitamins, polyphenols and carotenoids, as well as in the texture, structure, and enzyme 139 activity and function of F&Veg. As an example, lycopene production in tomato is 140 maximum below 20 ° C, therefore higher temperature led to lower carotenoid 141 142 content (Brandt et al., 2006). Changes in the composition of atmospheric gases, e.g., 143 the concentration of CO<sub>2</sub> and O<sub>3</sub>, directly affect the growth and biomass accumulation of F&Veg (Bisbis et al., 2018). Climate change indirectly influences the post-harvest 144 quality and storage potential of F&Veg through its effect on pre-harvest physiology. 145 146 The increasing complexity, diversity and heterogeneity of F&Veg raw materials resulting from these factors may add more uncertainty to their production and 147 processing. In contrast, F&Veg production and processing themselves affect climate 148 149 change and increase anthropogenic greenhouse gas emissions. For example, the unit energy consumption for apple juice production was 28.33 MJ/bottle, where diesel, 150 natural gas and polyethylene terephthalate bottles have the largest contribution to it 151 152 (Khanali et al., 2020). Therefore, it is essential to gain insight into the effects of climate change on the internal structure and composition of F&Veg, as well as to find 153 the correspondingly appropriate production and processing parameters and 154 technologies. 155

156 **2.**2

### 2.2. Sustainable processing systems

F&Veg production and processing has important impacts on the environment and socio-economic aspects, which can be major determinants of unsustainability. This sustainable issue might be tackled in five necessary transformations: 1) dietary shift to 160 more sustainable diets (i.e., consumption of meat and dairy to F&Veg products); 2) F&Veg production diversity (i.e., supports and safeguards plant genetic biodiversity, 161 162 that is, enhance resilience of the system); 3) F&Veg waste reduction (e.g., increase the proportion of quality products and improve consumer acceptance of 'sub-optimal' 163 foods); 4) greater circularity: a cradle-to-cradle approach (e.g., separation of 164 165 production waste, recycling of by-products, popularization of vertical farming); and 5) processing, storage and distribution technologies better matched to the raw material 166 (i.e., connecting the variability of raw materials with the adaptability of technology). 167 168 Moreover, when calculating the carbon footprint of a food product, it is necessary to consider its entire 'life cycle assessment' (LCA) from research and development to the 169 final production of the product. LCA is a well-established method for assessing and 170 171comparing the environmental impact of alternative production systems on the sustainable provision of goods and services. Therefore, F&Veg processing should be 172linked to the Sustainable Development Goals, a global challenge that requires the 173 combined efforts of many actors in the food value chain, as well as input from many 174cross-cutting disciplines. This will provide safe, nutritious and sustainable plant-based 175176 foods for human consumption.

#### 177

## 2.3. Quality control, reactivity, and microbial risk in processing

Understanding the dynamics of plant-based foods during processing, that is (i) changes in structure (especially microstructure) and composition; (ii) internal reactivity and interactions; and iii) combined use of processing technologies, have become progressively more significant as these influence the transformation of raw

plant materials and the source of all nutritional and organoleptic responses (Figure 2). 182 It ultimately determines the consumer's acceptance and enjoyment of the 183 184 manufactured product. The composition, structure and bioavailability of polyphenols, carotenoids, vitamins and minerals in F&Veg are strongly mediated by various 185 186 post-harvest processing and techniques (Ahmed & Eun, 2018; Delchier et al., 2016; 187 Liu et al., 2021; Ngamwonglumlert et al., 2020; Ribas-Agustí et al., 2018; Saini et al., 2015; Zhao et al., 2020). Moreover, these processes can also cause multicomponent 188 interactions that are critical to the overall nutrition and safety of the final products 189 190 (Celus et al., 2018; Li et al., 2021; Liu et al., 2020; Renard et al., 2017). Notably, the evolution of raw materials with increased variety, diversity and heterogeneity, how 191 can they be detected? How can they be regulated by interaction with processing to 192 193 obtain products of consistent quality?

The health benefits of F&Veg are attributed to the biological activity of phenolic 194 compounds and other compounds. Plant sources and F&Veg processing are the two 195 major factors influencing the content of different phenolic compounds in foods 196 (Ribas-Agustí et al., 2018). The degradation of the active compounds can be 197 modulated by chemical or physical modification of the phenolic compounds during 198 processing. The stability of phenolics is also regulated by processing. For example, 199 anthocyanins are members of the flavonoids responsible for providing red, purple and 200 201 blue color. However, the low stability of such molecules makes the use and processing of anthocyanins limited, e.g., pH, heat, light, oxygen, enzymes and other substances 202 (polysaccharides and organic acids) (Echegaray et al., 2020). Similarly, vitamins, e.g., 203

folates, have a different reactivity as well as being heavily losses during the F&Veg 204 processing resulting in easily deficient in products (Delchier et al., 2016). Most 205 206 studies have only discussed the effects of individual operations without systematically 207 exploring various parameters such as temperature, pH, oxygen or duration. Although 208 general trends can be identified there is still a large gap in precision processing. 209 Therefore, it is of great importance to detect the factors that enhance or prevent the relevant chemical reactions and mitigate their losses during F&Veg production and 210 211 processing.

212 Carotenoids are the natural pigments that contribute to the yellow, orange and red colors found in various F&Veg. In food processing, both thermal and non-thermal 213 214 operations (e.g., high pressure, pulsed electric field, ultrasonic treatment) can regulate 215 (here positive processing: bioavailability is higher than degradation) the carotenoid content in F&Veg (Saini et al., 2015). More importantly, most carotenoids exist in the 216 more stable all-*E*-configuration (*trans*-isomer) compared to the Z-isomer (*cis*-isomer) 217 218 form, but carotenoids in human serum and tissues exist mainly in the Z-isomer, e.g., Z-lycopene isomers (Honda et al., 2019; Yu et al., 2019, 2022). Generally, the 219 220 bioavailability of carotenoids was found to be poor due to the fact that carotenoids bind intensely to the food matrix and that they have low water solubility, high 221 crystallinity and lipophilicity (Kopec & Failla, 2018). Therefore, it is necessary to 222 study different processing techniques to reduce the degradation caused by oxidation 223 (stimulated by heat, light, and enzymes) and improve the bioavailability of 224 carotenoids in different F&Veg, which will contribute to the development of specialty 225

foods with potential bioavailability (Ngamwonglumlert et al., 2020). More specifically, enhanced understanding of the conversion of carotenoids and lycopene to Z-isomers, the degradation of cell membranes and cell walls, and the dissolution of fats present are required.

Other micronutrients (e.g., minerals) available in F&Veg are also essential nutrients needed by organisms to perform vital functions (Rousseau et al., 2020). In contrary to vitamins, minerals cannot be destabilized by light, thermal, oxidizing or reductive agents, and bases or acids, but processing can have an impact on the minerals released from the food matrix. For example, they can be removed from the food during processing (e.g., leaching and physical separation) or enriched by the addition of minerals or by transfer from other constituents (Bouzari et al., 2015).

237 F&Veg are rich in carbohydrates, with a pH between 7.0 and weakly acidic, and have a high water activity. These conditions provide sufficient habitat for a variety of 238 bacteria, yeasts and molds that can susceptibly cause spoilage, e.g., oxidative 239 browning, texture loss, exudation or off-flavors (Murray et al., 2017). Fruits are 240 generally of low pH (< 4.5) and therefore less at risk of pathogenic or toxin-forming 241 242 bacterias such as C. botulinum, notably in intermediate moisture products, than vegetables, though there are exceptions to this rule (e.g., melons, a relatively neutral 243 fruit, or tomato, an acidic "vegetable"). Meanwhile, the processing changes the 244 physical integrity of these products, therefore an in-depth understanding of the 245 processes that lead to quality loss is needed, which is essential to maintain the quality 246 of F&Veg during production, processing and distribution (Ramos et al., 2013). 247

Even if different technologies (e.g., ultrasound, microwaves and high-pressure processing) are eco-friendlier and more effective, they still have inherent problems that in turn affect the physicochemical and structural properties of F&Veg (Li et al., 2021). Moreover, more complex environmental and processing conditions of F&Veg should be considered. The study of energetic theory and molecular dynamics simulations of F&Veg component interactions is of great importance and can help to further illustrate the effects of processing on F&Veg products (Chen et al., 2019).

# 255 **3.** The trends of F&Veg production and processing

256 First, we must be clear that the future of F&Veg production or processing is not 257 simply a factory for the traditional production of F&Veg products e.g., purees or 258juices. They include the development and utilization of a range of F&Veg resources 259 associated with them, e.g., 1) the re-production of F&Veg by-products, 2) the extraction of natural plant ingredients and 3) the innovation of plant-based foods. 260 Various processing technologies have enabled F&Veg to be preserved and 261 262 transformed into a wide range of plant-based foods, and delivered safely to consumers for immediate intake or stored for future consumption. 263

Some F&Veg are widely traded 'commodities' (mainly tomatoes, apples and citrus juices), some are specialties with limited production and markets (e.g., blackcurrants), and some are local preferences in between, such as strawberry and apricot jam in France, berry and plum juice in Poland, kimchi in Korea, etc. Different F&V products may require a matching production and processing system. Figures 3 show a possible future F&Veg supply chain maps in the world. This schematic map demonstrates the complexity of the relationships between the numerous participants along the supply
chains, and how the connections and types of participants change from one country to
another.

273 **3.1. Large scale smart factory** 

Large factories have the most production information and are the most effective 274 275players in the use of AI (Box 1). Sensors in various parts of the production chain 276 collect data about production, processing or packaging (Figure 3), which allow for the monitoring and tracking of the F&Veg (e.g., level of corruption, moisture, physical 277 278 vulnerability and seasonality). This information is seamlessly transmitted to managers, 279 who can use the big data for production and processing optimization, smart pricing, smart inventory and customized personalized products. Data and information from the 280 281 entire production chain can also be shared or sold to other factories or retailers. Large 282 factories can rely on scale production to reduce labor and material costs, and the selling price of the final product can be maintained at a more stable level. 283

#### Box 1. Artificial Intelligence Case

#### F&veg farming

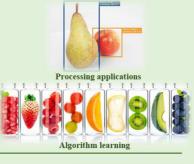


F&Veg processing

Utilizing neural networks, fuzzy logic, and genetic algorithms, the F&Veg process can be adapted to find the best way to adhere to these guidelines and reduce costs. While also detecting anomalies and impurities. This can be determined by measuring the size and shape of each item, its color, and its biological characteristics to identify the type of product and whether it is suitable under certain guidelines. This will improve efficiency and the cost of production for companies, which in turn will increase revenue and lower the cost of food for consumers.

phenotyping to analyze the biomass and characteristics of a plant to determine its ripeness and harvest time; Visual imagery technology can also be utilized to mass inspect F&Veg for the detection of disease; AI technology can be further improved to detect the specific causes of these diseases by analyzing the changes in plant biomass and external.

To aid the F&Veg growing process, data can be collected from sensors, drones, and satellites; AI can be utilized in



#### Fraudulent food

Numerous cases of food fraud could be stopped and prevented through artificial intelligence. Adulteration, for example, is commonly where a fraudulent component is added to the final product, such as artificial flavors added to pure juices. This can be stopped when conducting quality assurance tests on the packaging and handling process by using AI to check for possible changes in additives.

F&Veg transportation

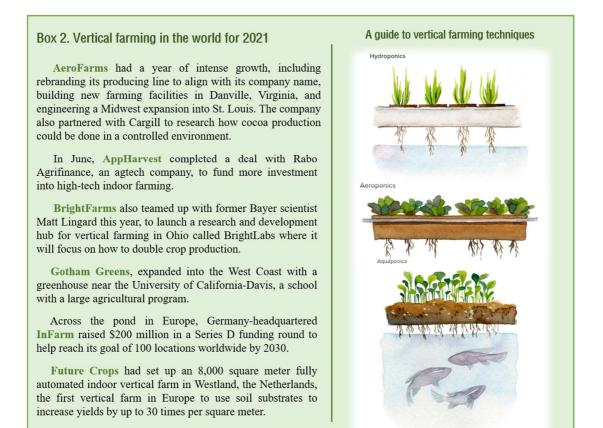


AI can control drones or other modes of transportation to automate delivery services further. This network of efficient transportation will ensure that the product doesn't spoil and is delivered to the highest priority destinations. By creating artificial neural networks, it will become easier to track goods and alleviate issues with inventory predictions. Adapted from Anastasiya Haritonova, pixelplex (2020)

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Every country or each large region aims to meet their own needs in terms of the 285 number of F&Veg products. This means that different F&Veg products need to be 286 produced and processed according to their respective geographical advantages, 287 specific cultivation and climatic conditions. Therefore, each region may produce and 288 process what it does best, which ensures that F&Veg are produced and processed in 289 290 efficient and highly specialized production locations. Centralized and specialized 291 production and processing may cover some main F&Veg demands, e.g., tomatoes, 292 citrus, grapes and apples. The supply of the main F&Veg is therefore subject to centralized structures and supported by efficient logistics. However, this global 293

294 division of production requires global trade and advanced logistics, and countries need to coordinate who produces which products and when in order to be able to 295 296 respond to changing global demand. Moreover, their production and processing may not necessarily in rural areas and their sustainability will be greatly facilitated by the 297 298 use of modern urban agriculture, e.g., vertical or indoor farming (Box 2) (suitable for 299 some F&Veg, e.g., salads, herbs, spinach, strawberries and tomatoes with short growing period) (Goodman & Minner, 2019). Vertical farming's great advantage is 300 the possibility to create your own climate and optimize plant nutrition, as opposed to 301 302 relying on outdoor climate and soil. Through human interference, each piece of soil 303 can be made to grow to about the same size, which gradually forms a standardized scale of supply. The most crucial thing is that in the main body of the city, there is no 304 305 need to worry about natural disasters that can harm the farming crops and limited space, which means that the most critical factor of unstable supply of agricultural 306 products could be solved. High efficiency, local, vertical farming however remains 307 308 limited to date to a few fast-growing, low volume footprint F&Veg such as salads, 309 greens, strawberry or tomato, already adapted to culture in glass-houses (Walters et al., 310 2020).



Adapted from Issue No. 51 of Edible Manhattan (2017).

311

# 312 **3.1.1. Human-machine collaboration**

313 Although automation, robotics and AI technologies are key components of future smart F&Veg production and processing factories, the future trend may be to integrate 314 the human mind, i.e., human-machine collaboration (Demir et al., 2019). It can also 315 be described as a transition from Industry 4.0 with advanced production-centric 316 technologies to Industry 5.0 with connects all participants in the value chain to the 317 factory system. There are many tedious and repetitive tasks in the production and 318 processing of F&Veg, e.g., washing, sorting, peeling, coring and pressing. Therefore, 319 320 collaborative robots would play an important role, e.g., transporting materials, cleaning products and equipment, but also interacting with humans to perform task 321 322 selection, product optimization and design as needed (Billard & Kragic, 2019). Meanwhile, the collaborative robots process fresh F&Veg in a completely sterile 323 19

324 environment, thereby eliminating the risk of contamination. The cleaning process creates a humid environment, which could trigger contamination and therefore needs 325 326 to be taken into account in the design of the robot. Participants would collaborate with the robots and provide them with algorithms that replicate human perception, 327 understanding and inclination, while retaining decision-making power. This is 328 329 particularly advantageous when the workload is high, for example when picking or harvesting large areas of plants with different sizes and heights. Most importantly, 330 human centrality is not replaced by technology, but rather the enhanced role of robots 331 332 in production and processing. The high speed and precision of machine automation and the cognitive, critical thinking skills of employees will be perfectly combined. As 333 an example, the responsibility for repetitive tasks (e.g., quality screening or data entry) 334 335 lies with the automated collaborative systems, while employees can supervise these processes, make real-time judgments, and take on a higher responsibility in seeking to 336 improve quality and production workflows. 337

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# **3.1.2. Intelligent manufacturing**

The intelligent system of the future is most likely to be a huge system including advanced artificial intelligence, big data, human-machine hybrid augmented intelligence, high-tech sensors, cloud computing, Internet of Things (Misra et al., 2020), blockchain (Galvez et al., 2018), 5G, and other advanced technologies (Figure 3). The future of F&Veg processing research is likely to be more complex but also more precise and to involve multiple scientific disciplines. Therefore, an integrated intelligent system should involve not only food-related technicians but also engineers, 346 chemists, physicists, microbiologists, psychologists, biologists, statisticians, sensory physiologists, toxicologists, nutritionists and computer experts (Knorr & Augustin, 347 348 2021). Through the joint efforts of these scientists and engineers and intelligent devices, flexible and intelligent activities, e.g., analysis, reasoning, judgment, 349 conception and decision making are performed in the manufacturing process. 350 351 Intelligent manufacturing is carried out throughout the entire F&Veg life cycle of design, production and processing of each link, and the system is consistently 352 optimized and integrated. It is divided into four main categories: intelligent sensing, 353 354 autonomous cognition, intelligent judgment and intelligent control.

First, intelligent sensing, the foundation and prerequisite for cognitive learning, 355 decision making and control. Real-time monitoring or processing analytical 356 357 technology of key F&Veg parameters, e.g., temperature, color and pH, is more essential than detecting the final product throughout the production and processing 358 life cycle of F&Veg. Intelligent sensing is mainly based on temperature changes, 359 360 chemical reactions, oxidation, browning, microbial detection, enzymatic reactions, electrochemical reactions or mechanical denaturation. Second, the task of autonomous 361 cognition is to learn the required expertise, which is the key to effective decision 362 making and control. Generally, this requires the collaboration of intelligent machines 363 and humans. The core task of intelligent machines is parameter recognition and 364 system modeling and allows for deep learning of model structure and model 365 parameters, model evaluation and optimization. Third, the task of intelligent 366 decision-making is to assess the status of F&Veg production and processing systems 367

and to determine the predictive analysis of risks. Finally, intelligent control combines 368 efficient, objective, non-contact, 369 highly accurate, optical and image a 370 processing-based system, which plays an integral role in the assessment of F&Veg quality. The assessment of F&Veg quality is not limited to external attributes (shape, 371 372 size, color, texture, defects and bruises as well as soil and insects), but also includes 373 future changes in internal quality (ripeness, sugar content, hardness, acidity, soluble solids content, browning, cold damage, water core, nutrient content and chemical 374 contaminants). Spectroscopy techniques (infrared, hyperspectral, multispectral 375 376 imaging system techniques and magnetic resonance imaging spectroscopy) (Cortés et al., 2019), X-ray computed tomography, imaging thermal imaging, odor imaging, 377 computed tomography, 3D imaging, terahertz imaging and non-destructive 378 379 mechanical methods (e.g., acoustic, shock, ultrasound and vibration) could be extensively applied for F&Veg non-destructive quality examination and classification. 380 The combination of chemometric (e.g., Deep Learning) (Truong et al., 2019; Zhou et 381 al., 2019) and multi-source data fusion (e.g., RGB images, spectra, odors and tastes) 382 allows for a more global and precise assessment of the quality and safety of F&Veg 383 384 (Verboven et al., 2020). In addition, F&Veg are fragile and flexible products that can be protected from mechanical damage and guaranteed in quality during harvesting, 385 grading, feeding, cleaning, waxing, transporting, inspecting, sorting, labeling and 386 packaging with impact-resistant solutions and flexible mechanics that reduce 387 388 pounding.

389

For large plants, although unlimited growth in capacity is the main driver and

390 profit maximization is the primary goal, they are also interested in good and sustainable development. The eventual goal would be to increasingly improve the 391 392 efficiency of F&Veg production and processing as well as product quality, reduce resource consumption, increase the utilization of by-products, and promote innovative, 393 394 green, coordinated, open and shared development of F&Veg production and 395 processing.

396

# 3.2. Small local innovative workshop

397 The COVID-19 pandemic has highlighted the fragility of the food system and the 398 importance of local production (Richards & Rickard, 2020). Consumers in various 399 countries have changed the way they buy and consume food overnight. More 400 consumers choose to purchase F&Veg products directly from local producers, 401 processor and suppliers, which raises expectations for local, fresh and healthy F&Veg (Figure 3). Direct engage sales from producers or processors to customers may lead to 402 various innovations. As an example, i) community supported open-air markets, ii) 403 404 local F&Veg circle buying clubs and sharing banks, iii) subscription seasonal F&Veg boxes, and iv) online F&Veg stores, v) more flexibility, e.g., production in the same 405 406 workshop of green bean cans one week and carrot soup the next one.

407 In addition, small, flexible or mobile local F&Veg processing units can obviously 408 stimulate the short supply chain, that is, the transition from a large-scale centralized industry to a local production center (Le Velly et al., 2020). This also echoes the 409 recent development of vertical farming, which is almost exclusively devoted to same 410 F&Veg. Initial attempts have been made by FOX (Food Processing in a Box); a 411

project supported by Horizon 2020 of the European Commission (7 million Euro). For 412 example, governments, enterprises, retail store, supermarket, caterers and schools can 413 414 promote the consumption of locally processed F&Veg and sustainable production by linking local F&Veg producer and processor. Generally, short chains contain two 415 416 features: a reduction in the number of intermediaries and food miles, this means less storage, transportation and packaging, thus optimizing the maturity stage for harvest 417 and minimizing F&Veg wastes and losses. Moreover, the advantages for being of 418 short chains are to access fairer prices, to build new social relationships, to achieve 419 420 better product traceability, to minimize environmental impact of F&Veg, and to provide healthier and fresh/purer F&Veg products. However, consumers may 421 422 encounter limitations in access to F&Veg diversity due to geographic, climatic and 423 seasonal constraints. In addition, this is highly demanding for manufacturers too, as they have to know how to process different products, how to ensure their safety, etc. 424 This can be connected to intelligent processing and human-machine interfaces, for 425 426 example specific models and sensors can be used as assistance in making decisions for these operators. 427

Technology makes an additional contribution to avoiding F&Veg waste, and many innovative technologies (e.g., robotics and automation) and small devices (e.g., sensor) can assist local processors in optimally processing and preserving their fresh F&Veg. If large factories specialize in monitoring and optimizing production for specific major F&Veg processing, small innovation workshops can take advantage of the diversity and heterogeneity of F&Veg in different regions to study the inherent

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reactivity and changes induced in local F&Veg processing. This may facilitate the use of the characteristics of F&Veg to achieve sustainable processing. As an example, with more human input but mostly more flexibility, i.e., in which they could make green bean cans one week and carrot soup the next one. Meanwhile, the small innovation workshop here is not isolated, it can work with local universities or research institutions to promote sustainable development of F&Veg processing.

Globally, over 50% of F&Veg are grown on small farms (less than 20 hectares), 440 and in developing countries the proportion can reach over 80% (Herrero et al., 2017). 441 442 They are often more diverse than larger farms, with a mix of other crops and livestock, and require more knowledge and skills in post-harvest processing and handling to 443 444 manage them effectively. Therefore, the development of more small local innovation 445 workshops may not only improve the quality of F&Veg, but also reduce the losses and waste, and is more likely to attract young, well-educated people to the F&Veg 446 processing industry and create new opportunities on and off the local farm (Vittersø et 447 448 al., 2019). They should also be supported by some training in knowledge and comprehensive techniques through the assistance of the government and universities 449 450 or research institutions. Meanwhile, the presence of small local innovation workshops paves the way for bottom-up innovation and the potential to share more market share 451 with large factory. Local niches that offer unique F&Veg services can bring unlimited 452 creativity and provide effective customer response. However, the capital expenditure 453 454 involved for small-scale producers and processors is likely to be a constraint.

However, such a model also raises many issues as local processing of local

products is likely to be less cost-effective and the equilibrium between locality and 456 scale may be difficult to find or costly (Almena et al., 2019). First, consumers and 457 458 processors may encounter limitations in access to F&Veg diversity due to geographic, climatic and seasonal constraints. Small scale manufacturing by design means 459 460 forfeiting the economies of scale (Schlich & Fleissner, 2005), multiplying workshops 461 and thus higher fixed infrastructure costs (Mundler & Jean-Gagnon, 2020). If the consumer's expectations are the same than for large scale manufacturing in terms of 462 quality control and safety, this may well also mean higher control costs per product. In 463 464 addition, this is highly demanding for manufacturers too, as they have to know how to process different products, how to ensure their safety, etc.; however, this may also 465 mean more interesting and mind-involving jobs. This demands access to affordable 466 467 intelligent processing and human-machine interfaces, for example specific models and sensors can be used as assistance in making decisions for these operators. A last issue 468 is that of waste as smaller waste streams may be more difficult to manage effectively, 469 470 again due to forfeiting the advantages of economy of scale.

Eventually, an ideal scale needs to be found between smart large scale and innovative local processing, i.e., a balance between the efficiency of large-scale processing, the wish for local products well adapted to consumer's preferences, attractivity of work for young, better educated people, and the cost of supply and logistics of delivering the product to the consumer.

476 **3.3. Traceability systems** 

477 Traceability of F&Veg products could be defined as the capacity to identify raw

materials or commodities through records of specific information and track their 478 history (from farm to table) or trace back (from consumer to source) their history in 479 480 the value supply chain (Islam et al., 2021). This not only contributes to the 481 transparency of information about the products and their effective monitoring and 482 management to control their safety risks, but also provides valuable historical records 483 and current status of their origin and composition at any time and from anywhere. Although various advanced analytical methods have been used to detect the quality of 484 F&Veg, these methods have disadvantages in terms of cost and practicality, as well as 485 486 suffering from a time-lag (after the occurrence of fraud). Simultaneously, future F&Veg value chains may become increasingly complex, which related to the unique 487 characteristics of raw materials, as F&Veg evolve through a dynamic transformation 488 489 from orchard or farm, harvesting, processing, transportation to market. Multi-criteria evaluation based on sensor technology, big data and blockchain will make a great 490 contribution to traceability systems (Kamilaris et al., 2019). The application of 491 multiple types of intelligent identification systems can achieve better traceability, e.g., 492 Quick Response (QR) codes or Radio Frequency Identification (RFID) tags have been 493 494 systematically used to effectively track the origin of F&Veg goods and monitor the entire process. Moreover, a mobile-based P2P system consisting of a set of 495 data-driven collection, exchange, and storage subsystems may be more widespread 496 497 and less expensive to achieve accurate and comprehensive traceability (Lin et al., 2020). In addition, the Nutri-Score labeling program, which uses five simplified letter 498 and color grading systems, informs consumers about the nutritional quality of 499

500 products (Chantal & Hercberg, 2017). According to a scientific algorithm, the score can be assigned to each product. The formula combines negative ingredients (e.g., 501 502 energy value and sugar, saturated fat) and positive nutrients (e.g., fiber, protein, fruit, vegetable and olive oil contents) (Figure 4E). Or the most basic of the current ones are 503 504 labeled on the final product packaging with various designations or labels involving 505 nature (Figure 4F). Consumers can be informed a particular message, at a glance, that whether the product is nutritious or comes from natural ingredients, thus avoiding the 506 507 consumption of certain products that are not suitable for them.

508 3.4. Precision processing

509F&Veg products that are naturally free of additives and allergens should be increasingly emphasized. F&Veg enrich the structure and demands of our diet because 510 511 of their diversity of color, texture and composition. The form of processing is crucial 512 for all participants in the food supply chain (e.g., farmers, producers, processors, retailers and customers). Through sorting and grading, some F&Veg can be sold for 513 consumption directly as fresh produce, while others are destined to be processed. 514 515 Various appropriate F&Veg processing methods and technologies (and their coupling) can improve the quality and stability of existing products (e.g., texture, flavor, texture 516 and color) or produce innovative and nutritious products. As an example, the quality 517 518 of the resulting juices will be established based on physical and chemical parameters, enzymes, nutrients, flavor, composition, and microbiology (HighQJuice and 519 520 HiStabJuice Projects). Minimal processing is of increasing interest, as it preserves most of the physiochemical, organoleptic and nutritional properties inherent in F&Veg. 521

522 In contrast, although sugary drinks are easier to buy and consume than freshly squeezed juices and have a longer shelf life than fruit, these ultra-processed foods are 523 524 being increasingly resisted by consumers. Therefore, the future priority of F&Veg processing needs to be to clarify the various indicators of processing, which will make 525 it possible to evaluate minimum, normal or ultra- processing more objectively. 526 527 Meanwhile, it is a clear trend for the future to exploit the inherent properties (e.g., variety, variability, heterogeneity and diversity) of F&Veg to process them and to 528 bridge the gap between the raw material and the terminal product (Interfaces Project 529 530 from Agropolis fondation). Both large or small F&Veg processing plants need to establish a globally empirical system to determine when and where to harvest F&Veg, 531 which F&Veg to use and which varieties and stages of ripeness of F&Veg to use, 532 533 which preservation methods, and which processing methods will provide the highest quality and best nutritional balance and stability. This has the potential to 534 revolutionize the F&Veg processing industry and will benefit all participants in the 535 whole food value chains. Moreover, natural processing methods such as solar dryers 536 (controlled environment with less risks from dust, insects and rodents) and 537 fermentation (e.g., lactic fermentation of various juices or probiotics) should be 538 revisited. Lactic acid fermentation contributes to the tertiary utilization of F&Veg and 539 it is recommended that innovative food ingredients with high nutritional value are 540pre-treated or specially treated before drying. In addition, other healthier and 541 low-impact processes, for example, high-pressure processing and new processing 542 techniques that use low temperatures to retain natural color and flavor should also be 543

544 considered.

## 545 **3.5. Personalization**

546 F&Veg from all over the world possess a rich genetic diversity, which makes them ideal for personalizing experiences in food. Recently, consumer demand has 547 slowly shifted from good taste to a higher demand for the product visual appearance, 548 549 healthiness and the youthfulness of the marketing approach. The innovation model of the future will meet those individual and changing needs through customer 550 involvement at all stages of product design, manufacturing and processing. Human 551 552 psychology dictates the direction of products and technologies, as consumers want to express their personal uniqueness through the choice of personalization. The desire 553 for personalization by both the super-rich and the low-income earners has formed the 554555 psychological and cultural driver behind the future of processing and manufacturing. In the face of changing and challenging consumer preferences for F&Veg products, 556 some trends show an upward: i) layered wellness, e.g., leveraging traditional medicine, 557 558 focusing on mental and emotional health, enriching the variety of vegetarian food; ii) delightfully, e.g., incorporating elements of nature in products and empowering 559 product storytelling; iii) augmented self, e.g., easier access to products, increased 560 561 functional ingredients and fortified nutrition, more family-oriented nutritional choices; 562 and iv) human connection, e.g., supporting local products and emphasize interaction with others. 563

564 The use of additive manufacturing, such as 3 to 6 D printing, will renew the 565 possibilities of future F&Veg processing (Dankar et al., 2018; Ghazal et al., 2022;

Tian et al., 2021). Combining different plant components and multiple printing 566 processes can obtain hundreds of innovative plant foods in terms of shape, size, 567 568 consistency, microstructure, color, taste, flavor, etc. Some special areas, e.g., military food and space food, require personalization. In space, F&Veg are an energy-diluting 569 food group with a relatively low energy density. In deep space provisioning, in 570 571 addition to carrying dehydrated products, the diversity of the space table can be enriched by optimizing vertical indoor farming. Therefore, for long-term space 572 exploration missions, F&Veg as an important space food needs safety, acceptability, 573 574 diversity, and nutritional stability and long-term freshness (Taylor et al., 2020). Food composition in the military must be compact enough and ensure the intake of essential 575 elements to reduce the burden on soldiers with high fill rates and maintain nutritional 576 577 balance. Similarly, for specific consumer groups, e.g., infants, children, elderly, pregnant women, vegetarians, adolescents, athletes, even for blood types, there is a 578need to produce personalized/customized foods in terms of sensory and nutritional 579 properties (Rong et al., 2021) (Figure 3). For example, 3D printed products based on 580 the formulations of F&Veg can provide nutritious and personalized snacks for 581 children (Derossi et al., 2018). Children could also integrate their own ideas, such as 582 creative vegetable snack from Calbee<sup>TM</sup>: Korokoro vegetable magic cube, which 583 consists of corn, carrots, sweet potatoes, hairy beans, purple potatoes and red beans 584(Figure 4C). Moreover, as the restrictions of the COVID-19 pandemic have kept 585 children tied up at home, some companies have taken the opportunity to design and 586 offer a full serving of vegetables for toddler snacks, such as Gerber<sup>®</sup> Freshful Start<sup>TM</sup> 587

588 Organic Veggie Bites. By designing foods based on plant-based ingredients, it can be 589 made easier for elderly with swallowing difficulties to consume foods that do not 590 need to be mashed into a pulp, such as jams (Portanguen et al., 2019).

591 In addition, the field of personalized (or precision) nutrition is ever-expanding, 592 that is, understanding individual needs on the basis of data gathered from hereditary 593 analysis, body analysis (e.g., blood, saliva, urine, and feces) and personal favorites will allow for more targeted personalized nutritional products (Figure 3). As an 594 example, individual genetic variants, such as blood type, determine to some extent the 595 596 composition of the microbiome in the body and thus affect the metabolism of the human organism (Rühlemann et al., 2021). The addition of this knowledge allows for 597 598 the possibility of designing a diet for a specific individual (Zeisel, 2020). No matter 599 how much it changes, there are rules that apply across the board: smoking is bad for your health, and meat and dairy products also have adverse effects, but it's best to put 600 vegetables, fruits, whole grains and legumes front and center on our plates. 601 602 Simultaneously, prebiotics and more health-based products can be developed through a combination of products in the production and processing of F&Veg. As an example, 603 604 the plant-based raw material, e.g., pectins, are prebiotic candidates that maintains a highly diverse and more resilient gut microbiota in the body (Moslemi, 2021). 605 Considering the specific needs of different populations, some companies, e.g., CP 606 Kelco<sup>TM</sup> are developing prebiotic solutions using natural power. Therefore, it should 607 also be combined with gut health when considering tailored to fit (Gill et al., 2021). 608 Notably, products that are not traditionally considered necessary 609 for

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610 personalization, e.g., personalized juicer blades, juice bottles and lids, can also be brought to life and reduce environmental pollution through personalized design. The 611 612 personalization of F&Veg processing should also be closely linked to their personalized packaging. As an example, various design of F&Veg juice or beverage 613 614 caps have opened up a huge market while providing consumers with a unique and customized experience. Kolibri Drinks™ designed a plant-based sparkling drink that 615 can be filled with different amounts of flavored substances e.g., a mixture of lemon 616 juice, apple juice and caramel, to obtain the desired flavor according to the size of the 617 618 cap itself. Moreover, if natural antioxidants or vitamin C are stored in the cap and protected with nitrogen, simply twist the cap for a few seconds before serving to 619 620 infuse it with the nutrient-rich and flavorful liquid in the bottle and enjoy a freshly 621 brewed and customized tea. The design of this closed cap (Vessl<sup>TM</sup>) comes from Gizmo Beverages.Inc, which could be also designed to fit a variety of base containers 622 consisting of plastic, PET, glass, aluminum and many other materials (Figure 4A). In 623 624 addition, Suntory designed eight types of cat bottle caps with practical functions e.g., pill boxes, eyeglass and cell phone holders and savings jars, a fun, good-looking and 625 626 practical design that captivated consumers (Figure 4B). Similarly, Coca-Cola<sup>™</sup> has designed 16 functional caps that turn bottles into water guns, squirt bottles, bubble 627 machines, whistles, and pencil curlers to turn waste into treasure (Figure 4B). 628 Therefore, the future of processing and manufacturing needs to cultivate thinking 629 from the inside out, that is, the ability to interact positively with consumers, novelty, 630 creativity, personalized a small bottle cap also has a large market. 631

### 632 **3.6. Alternatives to animal products**

633 Increasingly, consumers are pursuing alternative food and beverage formulations 634 that allow them to avoid undesired ingredients or perceived allergens (Zhang et al., 2021). As an example, many people are choosing animal alternatives, e.g., plant-based 635 and cell-based meat (not discussed here), for the reasons of health, religious food, 636 637 meat-borne infections, a preference for vegetarianism, animal welfare concerns, as well as due to a growing awareness of sustainability (Tomiyama et al., 2020). 638 Especially, the environmental impact of animal products far exceeds that of 639 640 plant-based substitutes, the former taking up 83% of the world's arable land while 641 providing only 37% of the protein and 18% of the calories (Poore & Nemecek, 2018). 642 In addition, pollution from feed production, excrement produced by animals, and 643 wastewater discharged from slaughterhouses have a huge impact on the environment, 644 and animal products are highly wasteful and perishable.

Plant-based meat products (PBMs) mimic the flavor, texture and/or nutrient 645 646 profile of meat, but with a completely different composition and structure. In contrast to traditional PBMs (e.g., tofu, tempeh and seitan) that have been around for centuries, 647 648 future processing trends for new PBM alternatives with enhanced organoleptic 649 properties will transform, rather than eliminate animal meat productions in terms of 650 taste, texture and nutrition (Mcclements & Grossmann, 2021). The difference between plant meat and soy products: the new PBMs have two upgrades; 1) more 651 controllability of nutrient content (e.g., essential amino acids and micronutrients); 2) 652 more possibilities for taste pursuit and therefore higher requirements for processing 653

(Rubio et al., 2020). Some companies, e.g., Beyond Meat<sup>™</sup>, Impossible Foods<sup>™</sup>,
Lightlife<sup>™</sup>, Morningstar Farms<sup>™</sup> and Danisco Planit<sup>™</sup>, have already had some
achievements and successfully launched a series of new products. Plant-based is a
revolution on the table, a global opportunity and a global demand. Plant-based meat
will be the norm for the next 30 years (Post et al., 2020).

659 Therefore, another trend in F&Veg processing is to establish close links with PBMs, as processing unit acts like an army logistics department, securing army 660 rations and giving the team the most solid, fundamental support. Processing through 661 662 scientific and engineering methods can adjust the taste, texture and flavor of PBMs (He et al., 2020). For example, heat-stable F&Veg extracts (e.g., apple and carrot 663 extracts, and beet juice) can be used to reproduce the color of fresh meat (De Mejia et 664 al., 2020). Some companies such as NATUREX's NAT Color<sup>™</sup> brand already offer a 665 number of natural color solution practices (Figure 4D). Moreover, the addition of 666 aromatic ingredients like botanical spices to PBM mixtures may contribute to a 667 flavorful end product. In addition, the fiber structure and texture of edible meat may 668 simulate by structured techniques such as extrusion processing (Dekkers et al., 2018). 669

### 670 **3.7. Bioeconomy**

Another vision for the future of F&Veg production and processing is bioeconomy, i.e., the efficient and full utilization of F&Veg by-product resources balancing the relationship between ecology, industry and economy (Esparza et al., 2020). The loss and waste of valuable resources in the F&Veg chain causes serious economic and environmental problems, however, these by-products contain large amounts of

polyphenols, carotenoids, carbohydrates, proteins, lipids and other bioactive 676 compounds (Comunian et al., 2021; Jiménez-Moreno et al., 2020). In addition, 677 678 consumers today tend to live a healthier lifestyle and prefer to consume natural foods rather than products with artificial additives or preservatives. Natural bioactives that 679 come from plants may improve this situation, and green extraction (Chemat et al., 680 681 2019; Renard, 2018) and membrane technology (Castro-Muñoz et al., 2020) are value-added strategies to promote these by-products as attractive. As an example, 682 green alternative solvents, such as ionic liquids, deep eutectic solvents, aqueous 683 684 solutions of surfactants and edible oils, can be used to recover natural pigments (e.g., carotenoids, flavonoids, betalains and anthocyanins) from plant by-products (de 685 Souza Mesquita et al., 2021). Moreover, properly processed F&Veg by-products can 686 687 be applied to other food products to improve food quality, e.g., preservation and antimicrobe in meat products, inhibition of lipid oxidation in dairy products, 688 fortification of beverages and baked goods (Trigo et al., 2020). Bacterial 689 690 nanocellulose produced from citrus and pineapple pomace with high sugar content are characterized by strong texture and high purity, which can be applied to natural 691 artificial materials (Fan et al., 2016). Passion fruit pomace, which lacks dairy 692 allergens, can be used as a carrier for probiotic foods targeting lactose intolerant 693 patients who are not suitable for dairy products. Some anthocyanins / betalains / 694 carotenoids / chlorophylls -rich pomaces have strong antioxidant properties and could 695 be used to produce natural food colorants (Albuquerque et al., 2021). Care should be 696 taken in these approaches to preserve the perceived "naturality" of these new 697

components, as there is a dilemma whereby they might be presented as additives (including safety and toxicity testing) and the products containing them as "ultraprocessed" (Gibney & Forde, 2022). Another most common method of processing F&Veg pomace is to add it to livestock and poultry feed, but attention needs to be paid to its safety (Sirohi et al., 2020). Therefore, these different characteristics may guide their industrial use or the design of novel and innovative personalized food products based on F&Veg by-products.

As one of the Achilles' heels of the food processing industry, the F&Veg 705 706 processing industry relies heavily on plastic packaging, which poses a huge sustainability challenge (Tyagi et al., 2021). Constructive utilization of sustainable 707 packaging through the biological conversion of F&Veg by-products and waste into 708 709 degradable (good environmental compatibility) is the alternative solution. As an example, by-products of F&Veg, e.g., pomace, peels, seeds, pulp and stones, can be 710 involved in the production of edible packaging materials as basic components, where 711 polysaccharides and proteins can form matrix substrates to provide mechanical 712 properties, while active compounds (e.g., vitamins, polyphenols and carotenoids) may 713 714 contribute to anti-oxidant and anti-bacterial performance of active packages (Dilucia et al., 2020; Hamed et al., 2022). The cost economics of these films are yet to be 715 determined, as these tend to be more expensive than conventional packaging, but their 716 health benefits and eco-friendly nature may appeal to consumers with higher 717 718 purchasing power.

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The reintroduction of by-products of F&Veg production and processing into the

720 food chain minimizes the environmental and economic problems associated with their generation. However, the evaluation of the toxicity, in vivo activity and bioavailability 721 722 of these products is essential simultaneously (Kadzińska et al., 2019). Compounds 723 derived from F&Veg pomace additionally utilized in biofuels, biochemicals (green 724 chemistry) and cosmetics, however, the contribution of traditional methods to F&Veg 725 processing by-products is still far from modern industrial levels (Esparza et al., 2020). Therefore, future F&Veg plants should further upgrade and innovate the design of 726 space and infrastructure for pre-treatment of F&Veg by-products, accumulate data, 727 728 select appropriate treatment methods, parameters and by-product varieties to maximize waste-free production and as a result reduce environmental pollution 729 730 around the plant, thus promoting the development of a circular economy (Majerska et 731 al., 2019).

## 732 **3.8. F&Veg sharing**

Overproduction and aesthetic-oriented quality standards are the main causes of 733 734 food waste, with fresh F&Veg having the highest waste rates. With the development of digital platform technologies, shared social activities are becoming very popular, 735 and some pioneers, e.g., Uber, Blablacar, Airbnb, Pinduoduo and Kleiderkreisel have 736 become part of the sharing economy. Recently, food sharing also becomes 737 increasingly popular, such as Food-Sharing platform (www.foodsharing.de) and Too 738 Good To Go. Convenience, innovation and green values are attracting more 739 consumers. They practice the slogan (Eat Well, Save Money, Save the Planet) by 740 selling safe, clean and whole foods at low or free prices that are already cooked or 741

poorly appearance, but not available for sale until closing time. Flexible prices and
discounts assist many of low-income earners to get more food around the world.

744 **4. Conclusions** 

In the area of production, science and technology such as artificial intelligence 745 and machine learning or new forms of production can make a significant step towards 746 747 sustainable development of F&Veg industry. In the field of logistics, the promotion of regional and seasonal F&Veg may contribute to decreasing the negative 748 749 environmental effects of transportation and packaging. In the realm of policy, promote 750 or advertise "ugly products", e.g., twisted carrots, bents cucumber or brown bananas, 751 that do not meet aesthetic standards, as these products are equally nutritious and safe. 752 In the trend of sharing economy, shared mobile processing units or surplus F&Veg can 753 positively impact sustainability by promoting efficient use of resources and enhancing 754 human trust.

In this complex situation, there is no one-size-fits-all approach and the trade-offs 755 756 between crisis and opportunity need to be carefully analyzed in the light of global supply chains and local conditions, and important decisions made accordingly. In 757 758 order to meet the demand for high quality, nutritious, safe and personalized F&Veg 759 products, various approaches should be used to achieve common and specific requirements for global and regional F&Veg supplies. In this case, various trade-offs 760 761 between geographical location, climate conditions, income, cultural influence, availability, must be considered. Moreover, it is time for the world to work together, 762 763 to exchange ideas and share experiences, to evaluate and experiment in order to make more sustainable and resilient F&Veg processing systems for humanity.

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## 772 Conflicts of interest

The authors declare no conflicts of interest.

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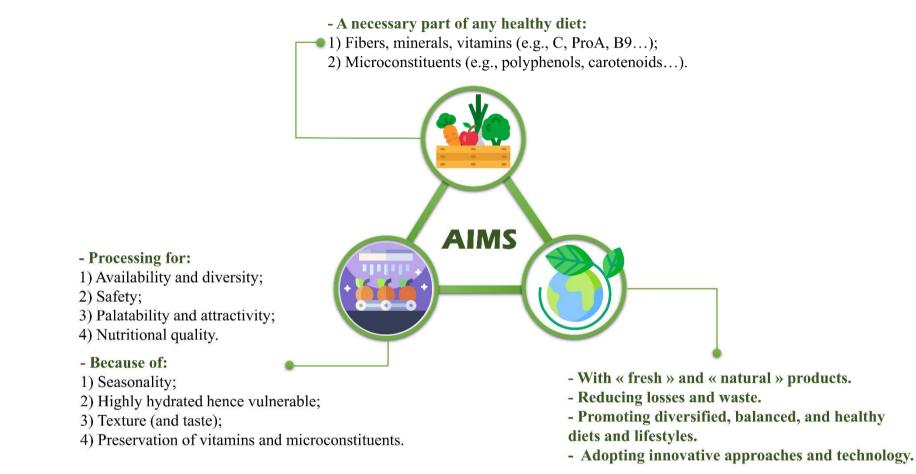
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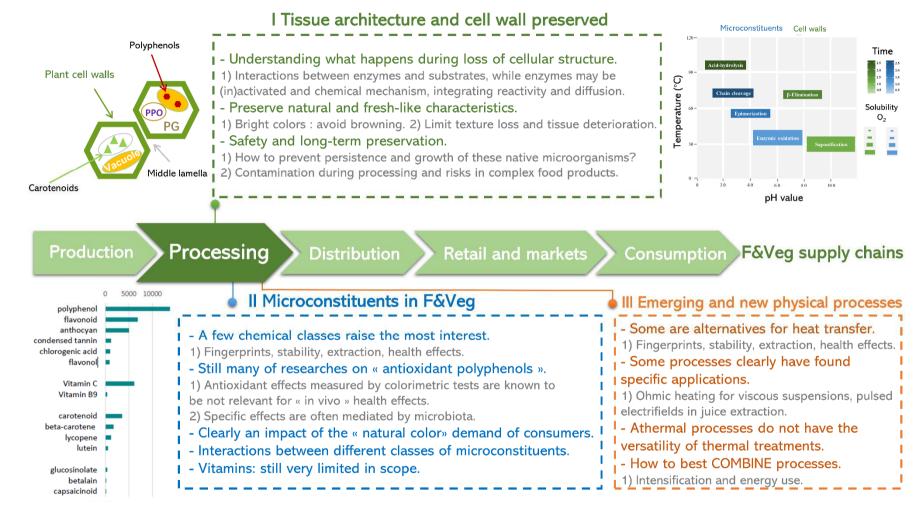
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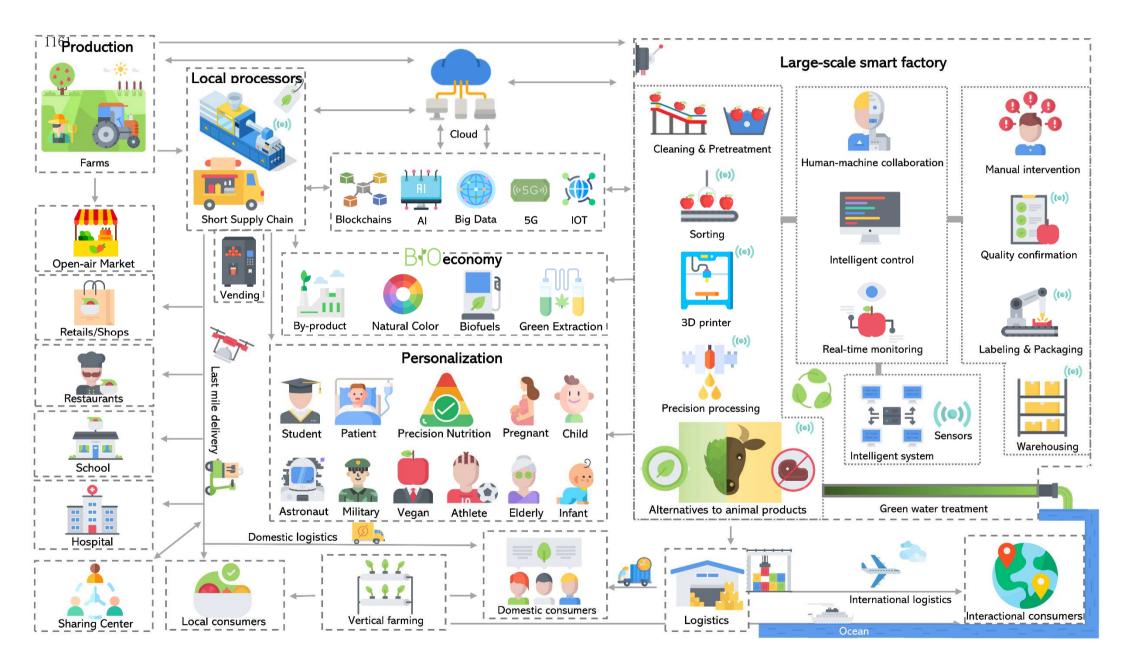
**Figure 1** The aims for fruit and vegetable processing.



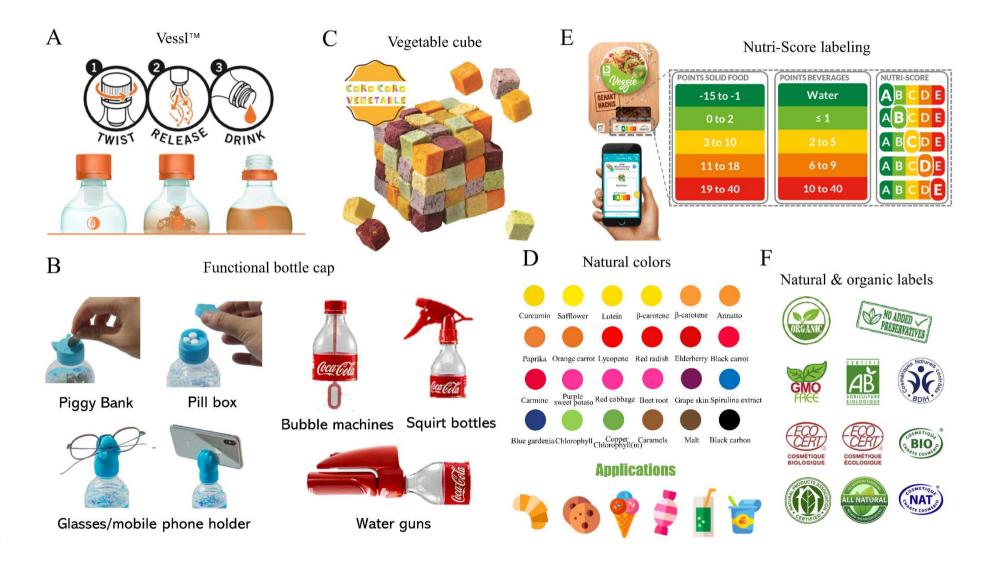
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**Figure 2** 1) Some main stakes and issues of the processing part in the fruit and vegetable supply chains. 2)Variation and reactivity of the molecule of interest. 3)

1160 Application of new physical processing.



**Figure 3** Graphical representation of sustainable fruit and vegetables (F&Veg) value chain. The maps demonstrate the complexity of the linkages between the numerous actors along the value chain. Value addition for fresh F&Veg includes sorting, grading, packaging, transport, wholesaling and retailing, as well as processing activities. It is done by enterprises of various sizes, from micro to large. Some actors perform multiple roles: local processors (Left), for example, may play an important role in managing postharvest processing, and providing local products and market information for local consumers, schools, hospitals, supermarkets, canteens and other public institutions. Large factories (Right) have the most production information and are the most effective players in the use of AI. Centralized and specialized production and processing may cover some main F&Veg demands, e.g., tomatoes, citrus, grapes and apples. Different advanced technologies connect the global F&Veg value chain and bring personalized services to specific groups of individuals (Middle).



1172 Figure 4 The tip of the iceberg of personalized customization: (A) Vessl<sup>TM</sup> Closure & Delivery Device (www.vesslinc.com), (B) Functional bottle caps from

1173 Suntory<sup>TM</sup> (twitter.com/suntory/status/1184261621016694785) and Coca-Cola<sup>TM</sup> (https://www.maxx-marketing.com/our-work/coca-cola-2nd-life/), (C) Vegetable

1174 magic cube (www.calbee.co.jp/newsrelease/210105.php), (D) Natural color solution practices (www.naturex.com/BUSINESS-UNITS/Food-Beverage), (E)

1175 Nutri-Score labeling program (nutriscore.colruytgroup.com/colruytgroup/en/about-nutri-score), (F) Examples of labels with naturalness values.