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## ► To cite this version:

Maxime Meunier, Franz Schwarzenberger, Baptiste Mulot. Use of a simplified non-invasive technic to monitor fecal progesterone metabolites and reproduction function in several zoo species: Efficacy of mini VIDAS® automate (bioMérieux). *Theriogenology*, 2022, 179, pp.69-77. 10.1016/j.theriogenology.2021.11.015 . hal-03742032

**HAL Id: hal-03742032**

**<https://hal.inrae.fr/hal-03742032>**

Submitted on 5 Jan 2024

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1 **Title:** Use of a simplified non-invasive technic to monitor fecal progesterone metabolites and  
2 reproduction function in several zoo species: efficacy of mini VIDAS® automate (bioMérieux)

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11 **Abstract**

12           Developing the zoos' ability to assess the reproductive status of the individuals they house is  
13 essential to improve the husbandry and management of these species. The use of non-invasive  
14 techniques such as fecal hormone analysis has been proven to be a simple and effective way to achieve  
15 this. Designed by bioMérieux, mini VIDAS® instrument is used in human and veterinary medicine to  
16 evaluate different endocrinological parameters, including serum or plasma progesterone. This study  
17 evaluates VIDAS® Progesterone (PRG) assay's efficacy to monitor fecal progestagens using a simple  
18 sample extraction protocol adapted to the zoo environment. We compared (1) VIDAS® PRG fecal  
19 profiles with established assays specifically designed for fecal progestagens analysis at the VetmedUni  
20 (Vienna, Austria) for okapis (*Okapia johnstoni*), greater one-horned rhinoceros (*Rhinoceros*  
21 *unicornis*), giraffes (*Giraffa camelopardalis reticulata*) and hippopotamus (*Hippopotamus amphibius*)  
22 (2) VIDAS® PRG fecal profiles with VIDAS® PRG serum profiles for African elephants (*Loxodonta*  
23 *Africana*), giant anteater (*Myrmecophaga tridactyla*) and white rhinoceros (*Ceratotherium simum*).  
24 Spearman mean correlations were: 0.6748 for African elephants (n=2 animals), 0.7969 for giant  
25 anteater (n=1 animal), 0.7926 for okapis (n=2 animals), 0.6072 for greater one-horned rhinoceros (n=4  
26 animals), 0.6062 for giraffes (n=4 animals) and 0.5740 for hippopotamus (n=2 animals). Fecal  
27 progestagens analysis revealed estrous cycles in several species:  $12.5 \pm 0.5$  weeks for African  
28 elephants (n=2 cycles),  $15.3 \pm 1.1$  days for okapis (n=6 cycles),  $44 \pm 2.1$  days for greater one-horned  
29 rhinoceros (n=4 cycles) and  $15.5 \pm 0.5$  days for giraffes (n=4 cycles). We observed pregnancies in a  
30 giant anteater, an okapi and a hippopotamus. We observed a strong positive Spearman correlation  
31 ( $r > 0.60$ ) for individuals exhibiting estrous cycles. These first results indicate that the mini VIDAS®  
32 can be used for monitoring of the reproductive status of non-domesticated species and can be a useful  
33 tool for the reproductive management through fecal progesterone analysis. A simple extraction  
34 protocol was suitable for sample preparation of fecal progesterone metabolite analysis. Further studies  
35 using a larger number of individuals per species at different reproductive stages could confirm the  
36 relevance of mini VIDAS® in the zoo community.

37 **Keywords:** Enzyme immunoassay; Fecal analysis, Mini VIDAS®; Progestagens; Zoo species

## 38 **1. Introduction**

39 Zoos have a fundamental role in the *ex-situ* conservation of endangered species. These  
40 structures represent a genetic conservatory by allowing the reproduction of the species they house.  
41 Proximity to the animals enables researchers to better understand their biology, particularly at a  
42 reproductive level. Determining animals' reproductive status in zoos allows effective management and  
43 can facilitate the reproductive success of many species [1–3]. The most accurate and commonly used  
44 indirect method, in this case, is the assessment of endocrine status. Hormones are present in many  
45 biological matrices such as blood, urine, and feces [3,4]. This information is also crucial if assisted  
46 reproductive technologies such as artificial insemination or in vitro fertilization are used [1,2].

47 Repeated measurements of blood progesterone appear to be the most accurate approach for  
48 monitoring animals' reproductive function. This method reflects variations in circulating progesterone  
49 concentrations at a given time with little or no latency. However, the capture or restraint of an animal,  
50 necessary for blood collection, is often accompanied by stress limiting a regular application of this  
51 procedure. As a result, non-invasive methods using urine and feces have been developed [2–5].  
52 Indeed, steroid hormones such as progesterone are mainly metabolized by the liver and excreted in the  
53 urine or feces [6]. Nevertheless, urine collection remains difficult. Since urine collection remains  
54 difficult in most cases, fecal samples are preferred for non-invasive monitoring of zoo animals'  
55 reproductive status [1,4,5].

56 There is little or no native progesterone in feces. Fecal metabolites of progesterone  
57 (progestagens) are categorized in 5 $\alpha$ - or 5 $\beta$ -reduced pregnanes, and these are further subdivided  
58 depending on the presence of either a 20-oxo, 20 $\alpha$ - or 20 $\beta$ -OH group. Each species excretes several  
59 progesterone metabolites [1,6]. For several decades, immunoassays using broad-spectrum antibodies  
60 targeting progesterone and cross-reacting with progestagens have been developed [2,3,5,6]. Enzyme  
61 immunoassays (EIAs) are simple to use and less expensive than radioimmunoassays (RIAs).  
62 Therefore, EIAs are preferred in many settings, including zoos [4,7]. However, these techniques  
63 require qualified personnel and process time not necessarily available in zoos. Mini VIDAS®  
64 (bioMérieux) is an automatic bench-top instrument based on ELFA (Enzyme-Linked Fluorescent  
65 Assay), an EIA technology. This instrument can evaluate various endocrinological parameters.

66 Regarding reproduction, VIDAS® Progesterone (PRG) assay is used in humans [8] and veterinary  
67 medicine [9,10] to assess serum or plasma progesterone. It represents an ideal candidate for regular  
68 monitoring of animals' reproductive status in zoos.

69 This study was conducted to verify whether VIDAS® Progesterone (PRG) assay can, to a  
70 certain extent, allow the assessment of the reproductive status of zoo animals via fecal samples. Here  
71 we compared (1) VIDAS® PRG fecal profiles with established assays specifically designed for fecal  
72 progestagens analysis at the VetmedUni (Vienna, Austria) for okapis (*Okapia johnstoni*), greater one-  
73 horned rhinoceros (*Rhinoceros unicornis*), giraffes (*Giraffa camelopardalis reticulata*) and  
74 hippopotamus (*Hippopotamus amphibius*) (2) VIDAS® PRG fecal profiles with VIDAS® PRG serum  
75 profiles for African elephants (*Loxodonta Africana*), giant anteater (*Myrmecophaga tridactyla*) and  
76 white rhinoceros (*Ceratotherium simum*). This comparison with blood samples or other validated non-  
77 invasive methods was performed to demonstrate VIDAS® Progesterone (PRG) assay efficacy in  
78 monitoring the reproductive status of various non-domestic species directly in the zoo.

## 79 **2. Materials and Methods**

### 80 **2.1 Animals**

81 Animals in this study included female African elephants (n = 2), white rhinoceros (n = 2),  
82 greater one-horned rhinoceros (n = 4), giraffe (n = 4), okapi (n = 2), hippopotamus (n = 2), and giant  
83 anteater (n = 1) housed at ZooParc de Beauval in France (Table 1). All the animals were adults except  
84 two juvenile greater one-horned rhinoceroses. In general, females were housed individually but close  
85 to males. For each species, males and females were put together during periods of interest for the  
86 opposite sex.

### 87 **2.2 Blood sample collection and processing**

88 Blood sampling was voluntarily performed through medical training implemented prior to this  
89 study. Blood samples were collected one time per week from female African elephants (n = 2), white  
90 rhinoceros (n = 2), and giant anteater (n = 1). Samples were collected in 5 mL BD Vacutainer® Serum  
91 tubes then centrifuged (15 min at 3000 rpm). The serum was stored at -20°C until analysis.

### 92 **2.3 Fecal sample collection and processing**

93 Fecal samples were collected two times per week for 6 months from African elephants (n = 2),  
94 4 months from greater one-horned rhinoceros (n = 4), and 3 months from white rhinoceros (n = 2) and  
95 hippopotamus (n = 2). Samples from okapis (n = 2) and giraffes (n = 4) were collected three to four  
96 times per week for 3 months. Only one fecal sample per week could be collected from giant anteater (n  
97 = 1) for 3 months. Keepers collected only fresh fecal samples (recently defecated) in freezer bags  
98 before being stored at -20°C until the extraction process. For all females (except those collected in  
99 blood), each fecal sample was divided into two aliquots. One was analyzed directly at the ZooParc de  
100 Beauval clinic with mini VIDAS® PRG and the second was sent to the endocrine laboratory of the  
101 Vetmeduni Vienna, Austria (Unit of Physiology, Pathophysiology and Experimental Endocrinology)  
102 for a fecal progestagen assay (okapi: [11,12]; greater one-horned rhinoceros: [13]; data unpublished  
103 for common hippopotamus and giraffes).

104 The fecal extraction protocol was set up by following an assembly of data collected in the  
105 literature [14] in such a way as to be easily feasible in zoos. Frozen feces were thawed then crushed. A  
106 0.5 g aliquot was then placed into a plastic tube and 5 mL of 80% EtOH was added to extract  
107 progesterone metabolites. The mix was then vortexed with an automatic shaker for 30 min and then  
108 centrifuged 15 min at 2000 rpm. An aliquot of the supernatant (containing progesterone metabolites)  
109 was recovered and transferred into a plastic cryotube before being stored at -20°C until analysis.

#### 110 **2.4 Enzyme immunoassays**

111 We used the automated instrument mini VIDAS® (bioMérieux) for Vitek ImmunoDiagnostic  
112 Assay System to analyze serum and fecal extracts. Mini VIDAS® uses a VIDAS® Progesterone  
113 (PRG) assay combining a competitive enzyme immunoassay method with a final detection by  
114 fluorescence called ELFA (Enzyme-Linked Fluorescent Assay). This assay uses a single-use cone  
115 (Solid Phase Receptacle (SPR)) as a solid phase and pipetting system. Each cone is sensitized with  
116 mouse monoclonal anti-progesterone immunoglobulin at the time of manufacture. All the reagents  
117 necessary for the immunological reaction are in the sealed reagent strips. 200 µL of the sample (serum  
118 or fecal extract) were dispensed in the reagent strip's first well. Samples were identified and then  
119 scanned by the instrument that automatically programmed the Progesterone (PRG) assay. The mini

120 VIDAS controls all steps and temperatures of the test. This assay has been validated in-house on the  
121 serum of elephants, white rhinos and giant anteaters (unpublished results).

122 In the instrument, sample is diluted in 600  $\mu$ L of dilution buffer (0.1 mol/L sodium phosphate,  
123 pH 7.5 + protein stabilizer + 1 g/L sodium azide). Washing steps (0.1 mol/L sodium phosphate + 0.3  
124 mol/L NaCl, pH 7.5 + 1 g/L sodium azide) remove unbound compounds and 600  $\mu$ L of conjugate  
125 (alkaline phosphatase labelled progesterone derivative + 1 g/L sodium azide) is added. Unbound  
126 conjugate is washed out (Tris-NaCl 0.05 mol/L, pH 7.4 + 1 g/L sodium azide). 300  $\mu$ L of the substrate  
127 (4-Methyl-ombelliferyl phosphate 0.6 mmol/L + diethanolamine 0.62 mol/L, pH 9.2 + 1 g/L sodium  
128 azide) is added and hydrolyzed by alkaline phosphatase to a product (4-Methyl-ombelliferone) with  
129 emitted fluorescence measured at 450 nm. Mini VIDAS® performs two fluorescence measurements in  
130 the reading cuvette for each test. The first one considers the background noise due to the substrate  
131 cuvette before contact with the cone. The second is performed after incubation of the substrate with  
132 the enzyme. The Relative Fluorescence Value (RFV) is the result of the difference between these two  
133 measurements. From a calibration curve, each result is expressed in ng/mL by the instrument. These  
134 results were then transformed into ng/g wet fecal weight for the fecal samples.

135 The mouse monoclonal anti-progesterone immunoglobulin cross reacts with 100%  
136 progesterone and to a lesser degree with several metabolites of progesterone such as 20 $\alpha$ -  
137 hydroxyprogesterone (0.03%), 6 $\beta$ -hydroxyprogesterone (0.29%), 16 $\alpha$ -hydroxyprogesterone (0.20%),  
138 5 $\beta$ -dihydroxy progesterone (17.39%), 5 $\alpha$ -dihydroxyprogesterone (12.95%) and 17 $\alpha$ -  
139 hydroxyprogesterone (1.18%). Low cross-reactivity is observed with other steroids such as  
140 deoxycorticosterone (1.15%), corticosterone (0.09%), testosterone (0.01%), estrone (0.01%), estradiol  
141 and estrone (<0.01%). Assay sensitivity of VIDAS® Progesterone (PRG) is 0.25 ng/mL and can detect  
142 up to 80 ng/mL.

143 Assay validation was performed by comparing a serial dilution of a fecal extract of each  
144 species with the standard progesterone curve (see section 3.1). Extracts from standard and species  
145 samples were serially diluted (1:2 ratio). Besides, intra-assay variation (12 replicates of the same pool  
146 in same conditions) and inter-assay variation (2 replicates each day for 6 days) were calculated to be <  
147 10% and < 15%, respectively.

148 Assays carried out by the endocrine laboratory of the Vienna University of Veterinary  
149 Medicine are directed towards pregnanediol or 20 $\alpha$ -OH-pregnanes (Pg-diol) for okapi [11,12] and  
150 greater one-horned rhinoceros [13], and towards 20-oxo-pregnanes (20-oxo-P) for hippos and giraffes  
151 (assay described in ref. [6]; assay results unpublished for these two species).

## 152 **2.5 Data analysis**

153 Statistical tests were performed on the Rstudio software. Data are presented as mean  $\pm$  SEM.  
154 Parallelism test was carried out by comparing the standard curve with serial dilutions of fecal extracts  
155 from each species by a *t*-slope comparison test. A baseline progestagen was calculated using an  
156 iterative process [15]. Thus, each value above mean plus 1.5 standard deviations (SD) was discarded.  
157 The elimination process was repeated by recalculating the average until no value exceeded the mean  
158 plus 1.5 SD. The beginning of the luteal phase (LP) was defined as the first point after an increase in  
159 values above the baseline for at least three consecutive values. The end of the LP and the beginning of  
160 the follicular phase (FP) was established as the first of the two values returning to the basal level [15].  
161 Estrous cycle length was calculated from the beginning of one luteal phase to the beginning of the next  
162 (or using the follicular phase if the kinetics start in the luteal stage). A period longer than twice the  
163 length of a normal follicular phase between two luteal phases was considered as anoestrus (8 to 14  
164 weeks for African savannah elephant [16,17]; 30 days for Southern white rhinoceros [15,18]; 30 days  
165 for greater one-horned rhinoceros [13,19]; 15 days for giraffe [20,21]; 15 days for okapi [11,22]; 20  
166 days for giant anteater [23]; and not determined for common hippopotamus). The normality of fecal  
167 progestagen profiles was examined using the Shapiro-Wilk test. Significant differences in the non-  
168 parametric data were evaluated using the Mann-Whitney test for two groups (e.g., basal fecal  
169 progestagen excretion and luteal phase values). We performed Spearman rank correlation tests to  
170 assess the correspondence between (i) the means of each fecal sample assessed with the mini VIDAS®  
171 and its aliquot analyzed by the Vienna laboratory, (ii) the weekly means of fecal progestagens and  
172 serum progesterone (both measured by the mini VIDAS®). Spearman rank correlation test is used to  
173 determine whether there is a relationship between the rank of observations for two variables  
174 (interpretations:  $-1 \leq r \leq 1$ ; .00-.19 : “very weak”, .20-.39 : “weak”, .40-.59 : “moderate”, .60-.79 :



175 “strong”, .80-1.0 : “very strong”). Since fecal and blood samples were not necessarily collected  
176 simultaneously, a weekly mean value was calculated to compare the individuals concerned (n = 5).

### 177 **3. RESULTS**

#### 178 **3.1 Intra-assay and inter-assay CVs and parallelism test**

179 For all species, intra-assay CVs (high and low) are less than 10%. Inter-assay CVs for all  
180 species (high and low) are less than 15% (Fig. 1A). For the parallelism test, serial dilutions of fecal  
181 extracts of each species, except the southern white rhinoceros (t-slope test,  $P < 0.05$ ), gave a curve  
182 shift parallel to the standard curve (Fig. 1B,  $P > 0.05$ ).

183 Correlations between fecal progestagens results with VIDAS® technology and serum  
184 progesterone or validated methods for non-invasive monitoring of reproductive status are presented on  
185 a species-by-species basis.

#### 186 **3.2 Okapi**

187 Progestagens values measured with VIDAS® technology correlated strongly positively with  
188 Pg-diol values measured for “Ann” ( $r = 0.8737$ ,  $P < 0.001$ ) and “Tafari” ( $r = 0.7115$ ,  $P < 0.001$ ).  
189 Moreover, both females studied showed variations in fecal progestagens corresponding to estrous  
190 cycles according to Pg-diol kinetics (Fig. 2A). Average estrous cycle length for female “Ann” was  
191  $15.5 \pm 1.7$  days (FP:  $7.5 \pm 1.71$  days; LP: 8 days; n = 4 cycles) and  $15 \pm 1$  days (FP:  $5 \pm 1$  days; LP: 10  
192 days; n = 2 cycles) for female “Tafari” (Table 2). An anoestrus period started on Day 68 of the  
193 sampling period for “Ann”. VIDAS® PRG values were  $70.18 \pm 3.73$  ng/g and  $571.49 \pm 80.23$  ng/g in  
194 the follicular and in the luteal phase, respectively (Table 2). For “Tafari”, a variation in values  
195 indicated a beginning pregnancy after Day 40 of the investigation and this was confirmed by Pg-diol  
196 kinetics. Thus, baseline values of this female were  $64.24 \pm 5.12$  ng/g while luteal values were  $1111.51$   
197  $\pm 291.57$  ng/g, and pregnancy values were  $2408.13 \pm 125.98$  ng/g. For this species, luteal phase values  
198 were higher than basal values (Mann-Whitney test,  $P < 0.001$ ). Moreover, pregnancy values were  
199 higher than basal values (Mann-Whitney test,  $P < 0.001$ ) and luteal values (Mann-Whitney test,  $P <$   
200  $0.001$ ).

#### 201 **3.3 Reticulated giraffe**

202 Progestagen profiles obtained with VIDAS® technology had a very strong positive correlation  
203 with 20-oxo-P profile for female “Binti” ( $r = 0.9293$ ,  $P < 0.001$ ); this female had, according to 20-oxo-  
204 P kinetics of Vienna laboratory, clear estrous cycles (Fig. 2B). The average estrous cycle length of  
205 “Binti” was  $15.5 \pm 0.5$  days (FP:  $5 \pm 0.58$  days; LP:  $10.5 \pm 0.5$  days;  $n = 4$  cycles; Table 2). Basal  
206 VIDAS® PRG values ( $71.14 \pm 3.3$  ng/g) were lower (Mann-Whitney test,  $P < 0.001$ ) than luteal phase  
207 values ( $775.77 \pm 155.6$  ng/g). For three other females, which had no luteal and thus no estrous cycle  
208 activity, a weak correlation was observed (“Chloe”:  $r = 0.3896$ ,  $P = 0.0375$ ; “Baya”:  $r = 0.3024$ ,  $P =$   
209  $0.1177$ ; “N’Zuri”:  $r = 0.1574$ ,  $P = 0.3801$ ). Baseline VIDAS® PRG values of these females are listed  
210 in Table 2.

### 211 **3.4 Greater one-horned rhinoceros**

212 Progestagens values measured with VIDAS® technology correlated strongly positively with  
213 Pg-diol values measured for both adult females “Saathi” ( $r = 0.8824$ ,  $P < 0.001$ ) and “Henna” ( $r =$   
214  $0.7848$ ,  $P < 0.001$ ). Furthermore, both adult females showed variations in fecal progestagens  
215 corresponding to estrous cycles according to Pg-diol profile (Fig. 2C). Average estrous cycle length  
216 was  $41.5 \pm 3.5$  days (FP:  $19.5 \pm 1.5$  days; LP:  $23.5 \pm 0.5$  days;  $n = 2$  cycles) for “Saathi” and  $46.5 \pm$   
217  $1.5$  days (FP:  $22.5 \pm 4.5$  days; LP:  $24.5 \pm 4.5$  days;  $n = 2$  cycles) for “Henna” (Table 2). Luteal and  
218 baseline VIDAS® PRG values were respectively  $68.95 \pm 6.8$  ng/g and  $20.86 \pm 1.28$  ng/g for “Saathi”,  
219  $44.64 \pm 4.01$  ng/g and  $20.01 \pm 0.85$  ng/g for “Henna” (Table 2). For both adult females, luteal  
220 VIDAS® PRG values were higher than baseline (Mann-Whitney test,  $P < 0.001$ ). For the two juvenile  
221 females, there was a weak correlation (“Sananda”:  $r = 0.4590$ ,  $P < 0.01$ ; “Anjali”:  $r = 0.3024$ ,  $P =$   
222  $0.098$ ). Young female “Anjali” exhibited several variations in fecal progestagens and Pg-diol as  
223 opposed to “Sananda”. Baseline VIDAS® PRG values were  $16.87 \pm 0.53$  ng/g for “Sananda” and  
224  $54.47 \pm 2.4$  ng/g for “Anjali” (Table 2).

### 225 **3.5 Common hippopotamus**

226 Progestagens profile measured with VIDAS® technology had a moderate positive correlation  
227 with 20-oxo-P kinetics for both females “Bolinhas” ( $r = 0.5992$ ,  $P < 0.01$ ) and “Kiwi” ( $r = 0.5488$ ,  $P <$   
228  $0.01$ ). Only the first one showed large variations in fecal progestagens with mini VIDAS® (Fig. 2D).  
229 According to 20-oxo-P results and calving on Day 145, this female was pregnant. Thus, pregnancy

230 values measured with mini VIDAS® were  $362.77 \pm 77.6$  ng/g. The second female did not seem to  
231 emit any luteal activity during this study. Baseline VIDAS® PRG values were  $23.5 \pm 0.71$  ng/g (Table  
232 2). “Bolinhas” VIDAS® PRG pregnancy values were higher than “Kiwi” baseline values (Mann-  
233 Whitney test,  $P < 0.001$ ).

### 234 **3.6 African elephant**

235 Fecal progestagens and serum progesterone measured with VIDAS® technology had a strong  
236 positive correlation for both females “N’Dala” ( $r = 0.6832$ ,  $P < 0.001$ ) and “Ashanti” ( $r = 0.6663$ ,  $P <$   
237  $0.001$ ). Moreover, both females studied showed variations in fecal progestagens corresponding to  
238 estrous cycles, which correlates to serum progesterone profile (Fig. 3A). The average estrous cycle  
239 length was 13 weeks (FP: 3 weeks; LP: 10 weeks;  $n = 1$ ) for “N’Dala” and 12 weeks (FP: 4 weeks;  
240 LP: 9 weeks;  $n = 1$ ) for “Ashanti” (Table 2). For “N’Dala”, basal fecal values were  $21,68 \pm 0,37$  ng/g  
241 and luteal values were  $36,09 \pm 2,20$  ng/g. For “Ashanti”, baseline fecal values were  $25,66 \pm 0,75$  ng/g  
242 and luteal values were  $54,55 \pm 4,00$  ng/g (Table 2). In both cases, luteal phase values were higher than  
243 basal values (Mann-Whitney test,  $P < 0.001$ ).

### 244 **3.7 Southern white rhinoceros**

245 Fecal progestagens kinetics had a strong positive correlation with serum progesterone kinetics  
246 for “Satara” ( $r = 0.7744$ ,  $P < 0.01$ ; Fig. 3B) and a moderate positive correlation for “Mafu” ( $r =$   
247  $0.5490$ ,  $P = 0.0598$ ). According to serum progesterone profile, only “Satara” exhibited an estrous  
248 cycle of 42 days (FP: 21 days; LP: 21 days;  $n = 1$ ). Basal fecal VIDAS® PRG values of “Satara” were  
249 lower than luteal phase values (Mann-Whitney test,  $P < 0.001$ ; Table 2). The second female appeared  
250 to be in anoestrus throughout the study period.

### 251 **3.8 Giant anteater**

252 The fecal progestagens profile obtained with VIDAS® technology had a strong positive  
253 correlation with the serum progesterone profile of female “Aurora” ( $r = 0.7969$ ,  $P < 0.001$ ; Fig. 3C).  
254 According to serum progesterone and several ultrasound scans, this female was pregnant since Day 11.  
255 Thus, fecal progestagens values were  $110.66 \pm 19.36$  ng/g (Table 2).

## 256 **4. Discussion**

257 This study is the first to describe the use of VIDAS® Progesterone (PRG) assay for non-  
258 invasive monitoring of zoo animals' reproductive status. Non-invasive monitoring of reproduction is  
259 possible in many species through regular measurements of fecal progesterone metabolites  
260 concentrations, however this usually involves specialized laboratories. In our study, the evaluation of  
261 fecal progestagens was carried out directly at the zoo's veterinary clinic. We have shown a positive  
262 correlation between fecal progestagen concentrations and progesterone serum levels (African elephant,  
263 giant anteater, and white rhinoceros) both determined by mini VIDAS®. Moreover, there is a positive  
264 correlation with fecal concentrations of Pg-diol (okapi and greater one-horned rhinoceros) and 20-oxo-  
265 P (giraffe and hippopotamus). Thus, these results indicate the possibility of monitoring several species'  
266 reproduction directly in the zoo using VIDAS® PRG.

#### 267 **4.1 Extraction protocol and assay validation**

268 Our extraction protocol for fecal samples can be associated with enzyme immunoassay  
269 performed by the mini VIDAS® via the VIDAS® PRG. The accuracy of this assay has been verified.  
270 Indeed, intra-assay and inter-assay variations for each species were less than 10% and 15%,  
271 respectively. The parallelism test was validated for all species except white rhinoceros. For this  
272 species, fecal progestagen values obtained by the mini VIDAS® were relatively low (< 80 ng/g).  
273 Thus, the highest dilutions carried out with white rhinoceros' sample are quickly close to the detection  
274 limit, explaining a linearity loss. We believe that values obtained in gestation (> 300 ng/g, 2019  
275 unpublished data) could validate the VIDAS® PRG parallelism test for white rhinoceros. Although  
276 reproductive status may explain low fecal progesterone concentrations, it is obvious that VIDAS®  
277 PRG assay quantitatively underestimates fecal progesterone metabolites. The cause of this  
278 underestimation is likely to be the high specificity of the anti-progesterone monoclonal antibody used  
279 in the VIDAS® PRG assay.

280 Prior to this study, it was not anticipated that a monoclonal antibody specifically generated  
281 against progesterone would have sufficient cross-reactivity with fecal progesterone metabolites.  
282 However, as demonstrated in this study, the antibody used in the VIDAS® PRG assay yielded reliable  
283 hormone profiles. This antibody is not the only described monoclonal progesterone antibody showing  
284 high cross-reactivity with progesterone metabolites. The assay described by Graham et al (2001) [7],

285 which has been and is currently in use in a very large number of different animal species, is also based  
286 on a monoclonal antibody [2,3,7]. In contrast to the mentioned monoclonal antibodies, the group-  
287 specific assays established in Vienna are using antibodies specifically raised against defined functional  
288 groups of steroid hormone metabolites [2,6,24]. It would be interesting to determine the cross-  
289 reactivity of specific metabolites such as allopregnanolone [25], 20-oxo-P [26], and Pg-diol [11].  
290 Nevertheless, these cross-reactions seem enough to indicate the reproductive status of the species  
291 mentioned above.

292 Our study focused mainly on non-domesticated species whose reproduction in captivity is  
293 complicated but crucial.

#### 294 **4.2 Okapi**

295 We recorded a strong positive correlation of fecal progesterone variations with Pg-diol  
296 variations for okapis. Both females had estrous cycles of about 15 days. These observations are  
297 consistent with previous reports [11,22]. An extended period of anestrus was observed with one of the  
298 two females and remains unexplained. The second started pregnancy from Day 40. It appears that  
299 VIDAS® PRG can be used to monitor okapi pregnancy, although the entire pregnancy of 14 months  
300 was not tested [11,12].

#### 301 **4.3 Reticulated giraffe**

302 Using the VIDAS® PRG, we also recorded a strong positive correlation of fecal progesterone  
303 variations with 20-oxo-P variations for giraffes (except non-cyclic individuals). Only one giraffe  
304 exhibited estrous cycles. These cycles had a duration of about 15 days like those reported previously  
305 [20,21,27,28]. Compared to this female, the other individuals did not show cyclic ovarian activity. One  
306 of them (“Baya”) was probably in postpartum anestrus (calving in July 2019), while a second  
307 (“N’Zuri”) was on contraception (450 ug im of Improvac 150 ug/mL every 2 to 3 months). The third  
308 female acyclicity (“Chloé”) is unexplained.

#### 309 **4.4 Greater one-horned rhinoceros**

310 Concerning greater one-horned rhinoceroses, three individuals showed luteal activity. These  
311 were two adult females (“Saathi” and “Henna”) and a young female (“Anjali”, aged 5 months at the  
312 beginning of the study). Mini VIDAS® fecal progestagen profiles and Vienna laboratory Pg-diol

313 profiles of both adult females showed strong positive correlations. Besides, estrous cycle lengths of  
314 about 40 days described above [13] are consistent with our results on these adult females. However,  
315 the erratic luteal activity related to the young female did not show a significant correlation. At the  
316 moment, no study has yet described luteal activity in juvenile greater one-horned rhinoceros females  
317 before sexual maturity at around 3 years of age [29]. This 2-year-old female does not yet appear to  
318 have reached sexual maturity.

#### 319 **4.5 Common hippopotamus**

320 The correlation between mini VIDAS® fecal progestagen and Vienna laboratory Pg-diol  
321 profiles was more moderate for hippopotamus. Although this species' reproductive physiology has  
322 been well described by Graham et al. (2002) [30], particularly highlighting cycles of 30-35 days, no  
323 estrous cycle was observed in our study. One female did not exhibit luteal activity (“Kiwi”) while the  
324 second (“Bolinhas”) achieved pregnancy Day 145. Unfortunately, “Bolinhas” pregnancy had begun  
325 before our study. We cannot confirm that VIDAS® Progesterone assay effectively monitors the entire  
326 pregnancy of approximately 8 months for common hippopotamus [7,30]. Nevertheless, we have  
327 noticed a drop in fecal progestagen (close to basal level) after calving.

#### 328 **4.6 African elephant**

329 Using the VIDAS® PRG, we recorded a positive correlation between serum progesterone  
330 levels and fecal progestagen levels in African elephants. Both females studied had estrous cycles of 12  
331 and 13 weeks, consistent with previous reports [31,32]. Of interest are the progesterone concentrations  
332 in the plasma of elephants determined in the VIDAS® PRG. The maximum values of 2.5 ng/mL are  
333 significantly higher than the usually reported plasma luteal phase progesterone levels of 0.8 ng/mL  
334 [17,33]. Similarly high luteal phase concentrations were determined in the plasma of African and  
335 Asian elephants with the 20-oxo-P assay established in Vienna [33]. These results clearly indicate high  
336 cross-reactions of the antibody used in the VIDAS® PRG with the 5 $\alpha$ -pregnane-3,20-diones found in  
337 plasma of elephant [33].

#### 338 **4.7 Southern white rhinoceros**

339 One white rhinoceros female appears to have a cycle of approximately 42 days closer to the  
340 short cycles than the 65 to 70 days long cycles described above [15,18,34,35]. However, we cannot

341 confirm this observation because this species did not validate the parallelism test. Therefore, we  
342 cannot yet recommend the use of the VIDAS® PRG assay on fecal samples from southern white  
343 rhinoceros.

#### 344 **4.8 Giant anteater**

345 Our study did not cover the entire pregnancy period of approximately 5-6 months of giant  
346 anteater [23]. Although there is an encouraging positive correlation, it does not allow us to affirm the  
347 VIDAS® PRG efficacy in this case.

#### 348 **4.9 Using mini VIDAS® to monitor the reproductive status of zoo animals**

349 The advantage of the VIDAS® system is the possibility to analyze progesterone in blood  
350 samples as well as its metabolites in fecal samples. For some species kept in zoos, such as elephants,  
351 rhinos and anteaters, regular blood sampling is possible through medical training. In these species,  
352 analysis of progesterone from blood samples rather than fecal samples will be preferred. Overall, the  
353 VIDAS® PRG system seems to be particularly well suited for species with large differences in  
354 concentration between the follicular and luteal phases, such as okapis or giraffes. In okapis, fecal  
355 pregnanes are present in a ratio of 1: 10: >100 during the follicular, the luteal phase, and late  
356 pregnancy, respectively [11].

357 Consequently, monitoring the reproductive status directly on site seems to be the most  
358 rigorous method to control non-domesticated captive species' breeding management. Although  
359 hormone levels are underestimated by VIDAS® PRG assay, the profiles obtained reflect the same  
360 variations (cyclicity in particular) as assays performed by established laboratories. Moreover, the mini  
361 VIDAS® is easy to use and allows automated testing. This automaton does not require the use of  
362 personnel specifically qualified for performing immunological assays. Besides, VIDAS® PRG can be  
363 combined with an extraction protocol that is simple to perform and does not require a lot of  
364 equipment. Therefore, the mini VIDAS® is an ideal candidate for the evaluation of this reproductive  
365 status within the zoo community. Ultimately, species-specific testing will be necessary to establish the  
366 VIDAS® system for its use. The most important type of application will be the establishment of  
367 hormone profiles over a period of time, and not so much the determination of absolute hormone  
368 concentrations. Nevertheless, it is essential not to neglect the involvement of external laboratories.

369 Established laboratories will help in particular cases, such as the confirmation of a pregnancy or the  
370 presence of atypical luteal activity profiles (e.g. the young Indian rhino female “Anjali”).

## 371 **5. Conclusions**

372 In conclusion, the present study results give a first insight into the use of VIDAS®  
373 Progesterone (PRG) assay in non-invasive reproduction monitoring of non-domesticated species  
374 directly in zoos. Although the number of animals studied per species was limited, results indicate that  
375 this assay, coupled with an easy and inexpensive extraction protocol, is a useful tool for non-invasive  
376 assessment of estrous cyclicity of okapis, giraffes, and Indian rhinoceros. It is not easy to assert this  
377 protocol's total effectiveness on other species, although results are promising. For a certain species,  
378 more in-depth studies are needed to prove VIDAS® Progesterone's relevance over extended sampling  
379 periods with a larger number of individuals at different reproductive stages.

## 380 **CRedit authorship contribution statement**

381 **Maxime Meunier:** Conceptualization, Methodology, Formal analysis, Investigation,  
382 Visualization, Writing – original draft, review & editing. **Franz Schwarzenberger:** Investigation,  
383 Writing – review & editing. **Baptiste Mulot:** Conceptualization, Methodology, Investigation,  
384 Resources, Visualization, Supervision, Writing – review & editing.

## 385 **Declaration of competing interest**

386 The authors report no declarations of interest.

## 387 **Acknowledgments**

388 This work was supported by the Beauval Nature association. We want to thank the ZooParc de  
389 Beauval's veterinary service and the animal keepers for blood sampling and fecal sample collection.  
390 We also thank BioMérieux for supplying the VIDAS® Progesterone (PRG) assay kits (7 boxes of 60  
391 tests were offered). The mini VIDAS® used in this study was in the possession of the zoo. Finally, we  
392 thank the endocrine laboratory of the Vetmeduni Vienna, Austria (Unit of Physiology,  
393 Pathophysiology and Experimental Endocrinology) for its participation in the project.

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508

509 **Figure captions**

510 **Figure 1.** (A) Intraassay and interassay CV results. CV, coefficient of variation; HQC, high-level  
511 quality control; LQC, low-level quality control. (B) Parallelism test of VIDAS® Progesterone (PRG)  
512 assay used with fecal samples. Comparison between progesterone standard and species samples from  
513 African elephant, giant anteater, okapi, greater one-horned rhinoceros, hippopotamus, giraffe and  
514 white rhinoceros. RFV, Relative Fluorescence Value.

515 **Figure 2.** Comparisons between VIDAS® fecal progestagens profiles and fecal Pg-diol profiles for  
516 (A) two okapi females called “Ann” and “Tafari”, and (C) two greater one-horned rhinoceros females  
517 called “Saathi” and “Henna. Comparisons between VIDAS® fecal progestagens profiles and fecal 20-  
518 oxo-P profiles for (B) a reticulated giraffe female called “Binti”, and (D) a common hippopotamus  
519 female called “Bolinhas”. VIDAS® fecal progestagens plotted values are mean  $\pm$  SEM (error bars)  
520 from n = 2 assay replicates for each data point.

521 **Figure 3.** Comparisons between VIDAS® fecal progestagens profiles and serum progesterone profiles  
522 for (A) two African elephant females called “N’Dala” and “Ashanti”, (B) a white rhinoceros female  
523 called “Satara”, and (C) a giant anteater female called “Aurora”. VIDAS® fecal progestagens plotted  
524 values are mean  $\pm$  SEM (error bars) from n = 2 assay replicates for each data point.

525 **Table 1. History of studied individuals**

526	<b>Species</b>	<b>Name (studbook number)</b>	<b>Date of birth</b>	<b>Number of offspring (♂/♀)</b>
527	African elephants	Ashanti (20014F)	Jan. 2003	0
528		N'Dala (8908)	Jan. 1989	1/0
529	Southern white rhinoceros	Mafu (1463)	May 2001	0/1
530		Satara (1307)	Feb. 1998	3/0
531	Greater one-horned rhinoceros	Saathi (360)	Nov. 2005	0/2
532		Henna (432)	Jul. 2010	1/1
533		Sananda (556)	Jan. 2018	0
534		Anjali (574)	Aug. 2019	0
535	Reticulated giraffe	Chloé (4-4506)	Mar. 2013	0
536		Baya (4-4509)	Mar. 2013	0/1
537		Binti (4-4354)	Feb. 2012	0
538		N'Zuri (4-4402)	Mar. 2012	0
539	Okapi	Ann (640)	Nov. 2008	0
540		Tafari (701)	Oct. 2012	1/0
541	Common hippopotamus	Kiwi (T1374)	Jul. 2010	0
542		Bolinhas (T1416)	Nov. 2014	0/1
543	Giant anteater	Aurora (0846)	Jul. 2007	2/3

544 **Table 2. Reproductive characteristics of studied individuals**

545	Species	Animal	Basal	Luteal	Follicular	Luteal	Estrous cycle
546		name	progestagens	progestagens	phase	phase	(days)
547		(ng/g)	(ng/g)	(days)	(days)		
548	African	Ashanti	25,66 ± 0,75	54,55 ± 4,00 ***	28	63	91 (n=1)
549	elephants	N'Dala	21,68 ± 0,37	36,09 ± 2,20 ***	21	71	91 (n=1)
550	White	Mafu	22,61 ± 0,87	ND	ND	ND	ND
551	rhinoceros	Satara	18,63 ± 0,57	32,13 ± 2,50 ***	21	21	42
552	Greater	Saathi	20,86 ± 1,28	68,95 ± 6,80 ***	19,5 ± 1,5	23,5 ± 0,5	41,5 ± 3,5 (n=2)
553	one-horned	Henna	20,01 ± 0,85	44,64 ± 4,01 ***	22,5 ± 4,5	24,5 ± 4,5	46,5 ± 1,5 (n=2)
554	rhinoceros	Sananda	16,87 ± 0,53	ND	ND	ND	ND
555		Anjali	54,47 ± 2,40	ND	ND	ND	ND
556	Reticulated	Chloé	65,36 ± 1,69	ND	ND	ND	ND
557	giraffe	Baya	64,88 ± 1,58	ND	ND	ND	ND
558		Binti	71,14 ± 3,30	775,8 ± 155,6 ***	5 ± 0,58	10,5 ± 0,5	15,5 ± 0,5 (n=4)
559		N'Zuri	59,99 ± 1,39	ND	ND	ND	ND
560	Okapi	Ann	70,18 ± 3,73	571,5 ± 80,2 ***	7,5 ± 1,71	8	15,5 ± 1,7 (n=4)
561		Tafari	64,24 ± 5,12	1112 ± 291,6 ***	5 ± 1	10	15 (n=2)
562	Common	Kiwi	23,5 ± 0,71	ND	ND	ND	ND
563	hippopotamus	Bolinhas	ND	ND	ND	ND	ND
564	Giant	Aurora	ND	ND	ND	ND	ND
565	anteater						

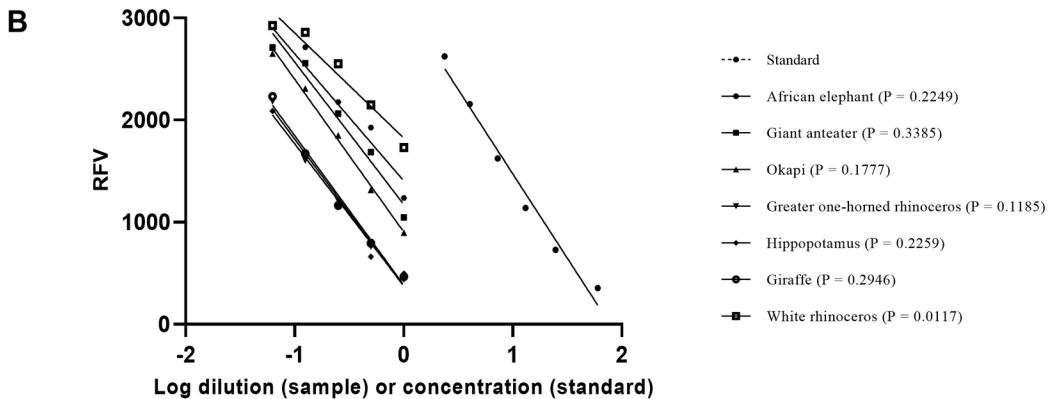
566 Data are shown as the mean ± SEM.

567 ND, not determine in this study.

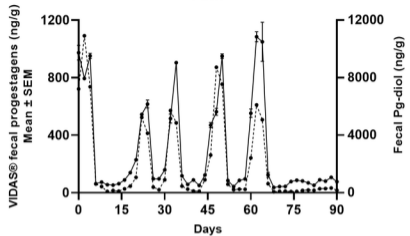
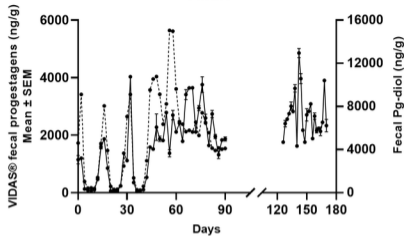
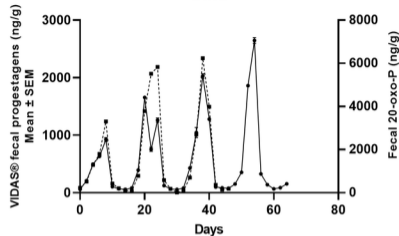
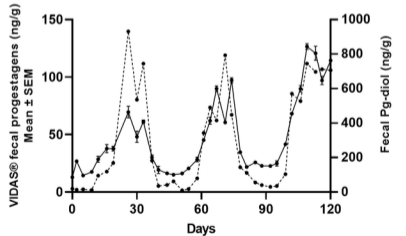
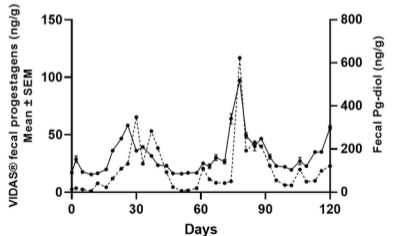
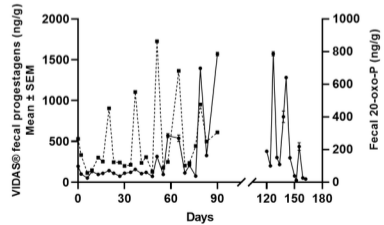
568 n, number of complete estrous cycles.

569 \*\*\* Median value differs significantly (P < 0.001).

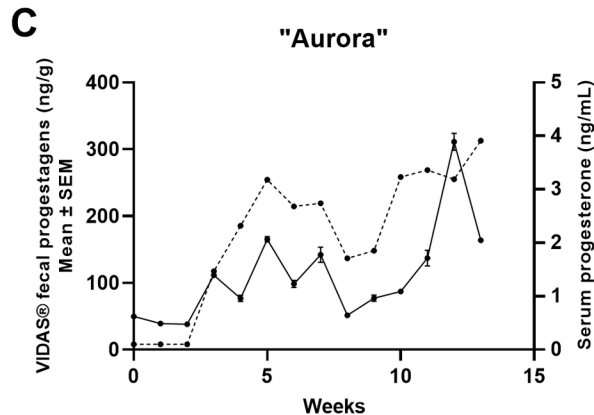
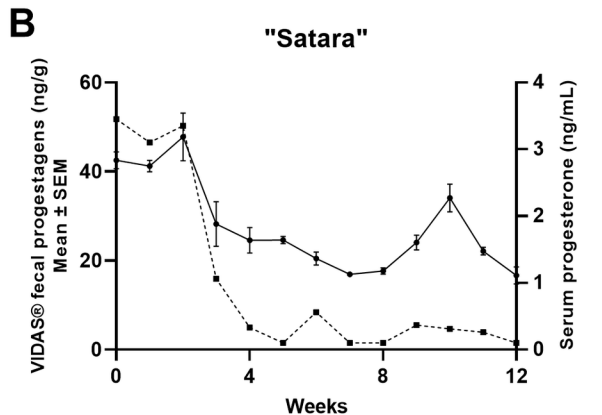
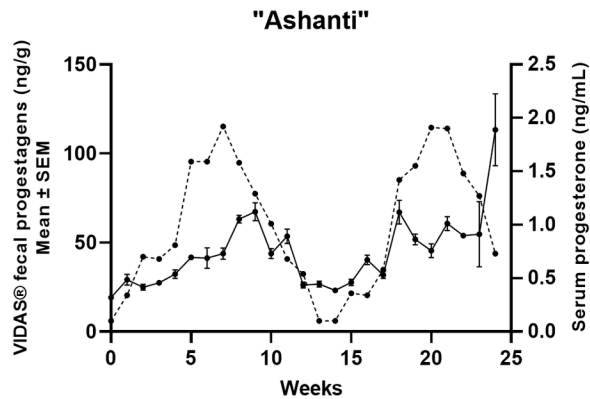
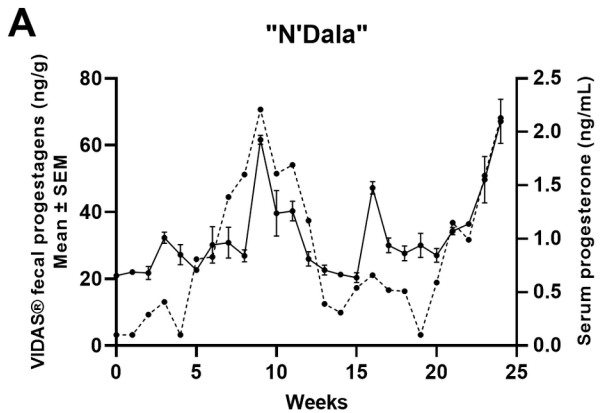
Species	CV intra						CV inter					
	HQC			LQC			HQC			LQC		
	Mean (ng/g)	SD (ng/g)	CV (%)	Mean (ng/g)	SD (ng/g)	CV (%)	Mean (ng/g)	SD (ng/g)	CV (%)	Mean (ng/g)	SD (ng/g)	CV (%)
Okapi	615,44	33,57	5,46	40,08	2,68	6,69	416,77	41,69	10,00	33,63	2,59	7,7
Greater one-horned rhinoceros	114,73	8,18	7,13	30,28	2,02	6,67	96,45	7,68	7,96	23,03	2,63	11,42
Giraffe	450,76	30,40	6,74	40,03	3,43	8,56	437,51	47,15	10,78	33,83	4,15	12,27
Hippopotamus	405,81	29,37	7,24	33,00	3,25	9,84	410,52	29,63	7,22	35,32	4,09	11,59
African elephant	189,60	12,02	6,34	21,96	1,72	7,85	143,07	10,75	7,51	30,80	3,07	9,95
White rhinoceros	63,07	3,74	5,93	28,61	1,49	5,20	62,55	5,59	8,94	36,27	2,78	7,67
Giant anteater	228,63	14,31	6,26	38,58	2,28	5,91	189,74	10,60	5,58	37,16	1,57	4,23





**A****"Ann"****"Tafari"****B****"Binti"****C****"Saathi"****"Henna"****D****"Bolinhas"**

—●— VIDAS® fecal progestagens    - - -● - - Fecal Pg-diol    - - -■ - - Fecal 20-oxo-P



—●— VIDAS® fecal progestagens

- - - Serum progesterone