

# Dynamic contrast enhanced magnetic resonance imaging: A review of its application in the assessment of placental function

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# 1 \* Title Page and Abstract

- 3 Title Page
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5 **Full title:** Dynamic contrast enhanced magnetic resonance imaging: a review of its application in the assessment of placental function

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39	
40	Abbreviations:
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42	AIF: Arterial Input Function The concentration of a tracer, in this case gadolinium based
43	contrast agent, in blood/plasma over time.
44	
45	ASL: Arterial Spin Labeling, an MRI technique used to measure blood flow in which contrast
46	agents are not needed, but rather magnetic pulses are used to label blood as it flows into
47	the area of interest.
48	
49 50	BOLD-MRI: Blood Oxygen Level Dependent, a non-invasive in-vivo technique of placental
50 51	oxygenation assessment using hemoglobin as an endogenous contrast agent.
51 50	DCE MDL Durania Contracted Enhanced Magnetic Decemence Integing MDL technique in
52 52	DCE-WRI: Dynamic Contrasted Enhanced Wagnetic Resonance Imaging WRI technique in
55 54	contrast agont through tissues is dynamically imaged by obtaining sorial images over time
54 55	contrast agent through tissues is dynamically imaged by obtaining senai images over time.
55 56	ED: Embryonic Day
57	
58	EPI: Echo planar imaging
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60	FBV: placental fractional blood volume
61	
62	GCTT: Gamma capillary transit time, a mathematical model used to calculate functional MRI
63	parameters
64	
65	Gd-CA: Gadolinium-based contrast agents
66	
67	HPZ and LPZ: high-flow zone and low-flow zone, two functional spaces of the murine
68	placenta
09 70	N/IN/4 Introvervel Incohoront Metion, MDI techniques in which attempts are made to account
70 71	for the signal contributions from all motion at microscopic levels, namely perfusion at
71 72	microvascular levels as well as diffusion into tissues, and provides information about tissue
72	microcirculation and also diffusion related to tissue microstructure
73 74	
75 75	PBE: Placental blood flow (E=ml /min/100ml )
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77	PS: Permeability surface area (mL/min/g)
78	, , , , , , , , , , , , , , , , , , , ,
79	SPIO: Super Paramagnetic Iron Oxides
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81	T1-FFE: Fast Field Echo; FLASH: Fast Low Angle Shot; SPGR: Spoiled Gradient Recalling
82	imaging: MRI sequences using gradient-spoilers destroying the residual transverse
83	magnetization to optimize T1-weighting.
84	
85	Vb: Fractional blood volume (%)

- 86 T1W images: T1 weighing of an image, is one in which the differences in tissue contrast is 87 displayed on images based largely on the difference in T1 relaxation times of tissues. Such 88 images are one of the fundamental methods of displaying MRI images and can be acquired 89 using a broad spectrum of MRI sequences
- 90
- DW imaging: Diffusion-weighted magnetic resonance imaging is a form of MR imaging based
   upon measuring the random Brownian motion of water molecules within a voxel of tissue.
- 94 SNR : Signal to noise ratio
- 95

- 96 CNR : Contrast to noise ratio
- 97
- 98 CA : Contrast agent
- 99
- 100

# 101 Abstract:

102 It is important to develop a better understanding of placental insufficiency given its role in103 common maternofetal complications such as preeclampsia and fetal growth restriction.

Functional magnetic resonance imaging offers unprecedented techniques for exploring the placenta under both normal and pathological physiological conditions. Dynamic contrastenhanced magnetic resonance imaging (DCE MRI) is an established and very robust method to investigate the microcirculatory parameters of an organ and more specifically its perfusion. It is currently a gold standard in the physiological and circulatory evaluation of an organ.

110 Its application to the human placenta could enable to access many microcirculatory 111 parameters relevant to the placental function such as organ blood flow, fractional blood 112 volume, and permeability surface area, by the acquisition of serial images, before, during, 113 and after administration of an intravenous contrast agent. Widely used in animal models 114 with gadolinium-based contrast agents, its application to the human placenta could be 115 possible if the safety of contrast agents in pregnancy is established or they are confirmed to 116 not cross the placenta.

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125 126	*Highlights
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128	Highlights
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130	1. DCE-MRI is a very robust method to investigate the microcirculatory parameters.
131	2. DCE-MRI provide extraordinary range of data on the placental function.
132	3. The future of DCE-MRI lies in the widespread availability of safe contrast agents.
133	4. Perspectives can be envisaged with the combination of several functional-MRI techniques.
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#### \*Manuscript References

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### 168 Introduction:

169 The current challenge in placental imaging is to improve our knowledge of its function. One 170 of the essential parameters of the placental function is its perfusion. A more precise 171 understanding of placental perfusion is of great interest as under-perfusion or placental 172 insufficiency, could result in intrauterine growth restriction or perinatal death [1-3]. The 173 study of placental permeability is also of great importance, since the placenta is the only 174 organ that allows the exchange between the mother and the fetus. Altered permeability 175 could be a key factor in placental pathophysiology in the event of insufficient transfer of 176 nutrients to the fetus [4-7].

177 An approach to placental function can be achieved by ultrasound, a tool used as first line in 178 current practice but remains limited in the assessment of the intervillous space and 179 uteroplacental circulation. Various functional placental MRI techniques have been 180 developed for two decades. All aim at providing information on placental perfusion, 181 sometimes only semi-quantitatively (IVIM), but only one, covered in this review, allows 182 quantitative characterization of both perfusion and other functional parameters such as 183 permeability and fractional blood volume: Dynamic Contrast Enhanced Imaging (DCE). DCE 184 MRI is an established and very robust method to investigate the microcirculatory parameters 185 of an organ, including and more specifically its perfusion. It is currently a gold standard in the 186 physiological and circulatory evaluation of an organ. Its application to the human placenta 187 could enable to access many microcirculatory parameters relevant to the placental function.

Often criticized for its complexity, we initially hope to clarify the basics of this technique. We will then discuss the different contrast agents available, followed by a review the main results it provides on the fundamental parameters of placental functionality: perfusion, permeability and fractional blood volume. Finally, we discuss potential future applications of this technique.

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#### 197 Fundamentals

#### 198 Basic concept of DCE-imaging

199 DCE-MRI is based on the analysis of tissue enhancement kinetics after intravenous injection 200 of a contrast agent. Serial T1-weighted acquisitions are carried out throughout the 201 intravenous injection of a contrast agent : 1) Anatomical un-enhanced images are acquired 202 before injection to obtain base-line signal values in the vasculature and tissues in the regions 203 of interest 2) Images are acquired as the bolus of contrast agent first arrives in the arterial 204 system allowing demonstration and calculation of an Arterial Input Function (AIF) 3) Finally, 205 images are acquired as the contrast agent passes through and washes out of tissues and 206 tissue enhancement fades and reaches a steady state (Figure 1) [8-10].

The kinetics of tissue enhancement reflects two basics physiological phenomena: the tissue perfusion and the leakage of the CA into the interstitial space described in detail by Cuenod and Balvay [11].

210 The tissue enhancement kinetics give us information about several physiological parameters 211 of the microcirculation (Figure 2). The initial rise of the curve depends on the tissue 212 perfusion blood flow rate, that is to say the tissue blood flow entering and exiting a volume 213 of tissue (FT, expressed in mL of blood/min/100 mL tissue). FT corresponds to the ambiguous 214 term of "perfusion". Then, the early peak reflects the tissue blood volume (also referred to 215 as blood volume fraction) which corresponds to the volume of capillary blood contained in a 216 certain volume of tissue (Vb, mL blood/100 mL of tissue or in %). The kinetics after the peak 217 depend on the permeability, the flow of molecules through the capillary membranes in a 218 certain volume of tissue (surface area product PS, in mL/min/100 mL tissue). Finally, the 219 later part of the curve depends on the tissue interstitial volume, also known as the 220 extravascular and extracellular volume fraction (Ve, %). [11, 12].

221

# 222 DCE-MRI acquisition: basic protocol, data pre-processing and optimizations

Fast gradient echo T1-weighted sequences are mostly used with gradient-spoilers destroying
the residual transverse magnetization (T1-FFE, FLASH, SPGR, RF spoiled FE).

225 The parameters of these sequences (low flip angle, short repetition time, increased receiver

bandwidth) are associated with a low SNR (signal to noise ratio). Considering that SNR has a

227 very important influence on DCE-MRI pharmacokinetic modeling, with higher SNR increasing

the precision with which parameters can be evaluated [13], enhancing SNR is of great importance. Choosing the optimal flip angle is found by many authors [13-16] to be one solution to obtain a higher SNR. A compromise between spatial-temporal resolution, SNR and CNR (contrast to noise ratio) remains a major challenge<del>.</del>

Unlike in DCE-CT, enhancement values and concentration of contrast agent do not follow a
 linear relationship in DCE-MRI. Many strategies have been developed to improve this
 conversion and are summarized by Cuenod [11].

235

# 236 Contrast agents:

The contrast agent (CA) is considered to have the properties of a tracer, that is to say it does not modify either the volumes of the compartments over time or the physiological conditions of the system. The mixing of a CA is considered instantaneous and homogeneous inside each compartment. MRI contrast agents may be categorized according to their magnetic properties, chemical composition, route of administration, effect on the magnetic resonance image, biodistribution and application. Their classification and application have been the subject of a review by Xiao [17].

244

## 245 <u>Conventional use of Gadolinium based contrast agent (Gd-CA) in clinical practice:</u>

Gadolinium chelates are paramagnetic contrast agents that shorten T1 and T2 relaxation times. Their placental pharmacokinetics in animal models are well established: a placental wash-out has been quantified at 50% one hour after injection in rabbits and at 99% 24 hours after injection in rats [18,19]. In the human placenta, only qualitative data describe an early placental enhancement with a quick wash-out compared to the myometrium [20]. Gadolinium

252 chelates then reach the fetal blood and are excreted through the urine in the amniotic fluid 253 [18]. This accumulation in the amniotic fluid is poorly documented. Possible reabsorption in 254 the fetal lungs or digestive tract [18] raises concerns of potential toxicity [21,22]. Although 255 the administration of Gadolinium appears safe in the first trimester [22, 23], a large 256 epidemiological study by Ray et al [22] of over 1.4 million deliveries in Canada suggested 257 that exposure during the second and third trimesters may carry greater risks of 258 rheumatologic-inflammatory like conditions (adjusted hazard ratio, 1.36; 95% confidence 259 interval [CI], 1.09–1.69) and stillbirth or neonatal death (adjusted relative risk, 3.70; 95% CI,

260 1.55–8.85). Despite undisputed strengths, this large registry study lacks relevant clinical 261 history, including co-morbidities and the indications for performing the MRI studies in 262 pregnancy. MRI studies would have been performed in pregnancy for specific clinical 263 indications, including: (i) early and unknown pregnancy, therefore increasing potential 264 adverse consequences, and (ii) maternal-fetal conditions necessitating MRI despite the 265 pregnancy. Fraum et al [24] summarized the international guidelines regarding the use of 266 Gd-CA in pregnancy: the current consensus is to restrict its use to cases where the maternal-267 fetal benefits outweigh the potential risks after a case-by-case analysis.

268

# 269 <u>Alternative contrast agents used in research</u>

To overcome the uncertainty about gadolinium safety [21,22], other contrast agents that remain in the intravascular space have been developed. Establishing their safety and widespread use is the main challenge to the generalization of the use of the DCE-MRI in human pregnancy in the coming years. The principal characteristics of Gd-CA, liposomal-Gd and SPIO agents are summarized in table 4. Other contrast agents such as manganese complexes have also been developed [25].

276

# 277 Liposomal gadolinium [26-36]

278 Liposomal-Gd agents have important biological and physical characteristics distinguishing 279 them from common GBCA: (1) a large size  $(100-150 \text{ nm diameter}, \text{ molecular weight}^2 2 \text{ Å}^2)$ 280 105 kD) gives them a long in vivo half-life and a low propensity to extravasate [26-28] and (2) 281 a high T1-relaxitivity [29-31]. These properties result in an extended imaging window for 282 acquisition of high-resolution images rich in SNR and CNR [32]. Liposomal-Gd contrast agents 283 have different molecular structures, typically either core-encapsulated nanoparticles 284 (encapsulated gadolinium within the core-interior) or surface-conjugated nanoparticles 285 (gadolinium conjugated on the surface). Ghaghada described a Dual-Gd agent (a 286 nanoparticle that has both core-encapsulated and surface-conjugated gadolinium), with 287 improved SNR and CNR [32]. It has been demonstrated that liposomal-Gd does not 288 penetrate the placental barrier in animal models [32-36]. In 24 normal-growth feto-placental 289 units, Badachape [36] reports the ability of liposomal-Gd contrast agents to provide an 290 accurate estimation of placental fractional blood volume (FBV) with increasing values as 291 gestation progresses. To our knowledge, there is no data about their use in human placenta,

and maternal and fetal safety remains to be established. This contrast agent could have the advantage of quantifying only maternal perfusion into intervillous space. However fetal pharmacokinetics or placental permeability may not be evaluated by this type of contrast agent.

296

297 SPIO (Super Paramagnetic Iron Oxides) [37-41]

298 Iron oxide nanoparticles were first developed for the treatment of anemia and have recently 299 received substantial interest as an MRI contrast agent due to their T1 and T2 relaxation time 300 shortening properties. Unlike Gd-CA, Ferucarbotran and Ferumoxytol, the two main such 301 agents, have a long intravascular half-life (14h for ferumoxytol vs 1.6h for Gd-CA), which 302 results in a long blood pool phase prior to detectable contrast extravasation. Several studies 303 have shown that neither Ferucarbotran nor Ferumoxytol cross the placental barrier [39-41]. 304 Ferucarbortran-enhanced MRI was used by Deloison et al [41] who showed its capacity to 305 measure placental perfusion and permeability in both physiological and pathological settings 306 in a rat model of chronic hypoxia that led to intrauterine growth restriction (placental blood 307 flow in the ligated horns compared to the normal horns (108.1 versus 159.4 mL/minute/100 308 mL, p = 0.0004)). Two studies [39,40] demonstrated the feasibility of ferumoxytol-enhanced 309 MRI in pregnancy with a nonhuman primate model. R2\* mapping and quantitative 310 susceptibility mapping in a pregnant nonhuman primate model.

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312

#### Data Analysis

313

314 Enhancement data can be analyzed with qualitative, semi-quantitative or quantitative315 methods. These three approaches are described below in order of increasing complexity.

316

# 317 <u>Qualitative analysis:</u>

This is the most subjective method based on an operator's interpretation. Routinely used in breast imaging [42], the qualitative analysis consists of describing the enhancement by its intensity, its speed, and its homogeneous or heterogeneous appearance [9,43]. Although not quantitative, its simplicity gives it advantages (less sensitivity to variations in sequence parameters, no requirement in terms of calculation) [12].

325

## 326 <u>Semi-quantitative analysis:</u>

It consists of evaluating quantitative parameters from the time-intensity curve. Various parameters, including the maximum (relative) enhancement (%), the time to peak (in seconds), the rate of peak enhancement (%), the maximum slope of the curve fit function and the area under the curve (AUC), could be calculated for each ROI [44-46]. This analysis makes it possible to compare different placental perfusion profiles (i.e placental insufficiency) but does not, for example, provide a flow rate in mL/min/dL.

333

#### 334 Quantitative analysis:

This method makes it possible to quantify the flow rate of the intervillous space, in order to establish reference values for a normal pregnancy at a given gestational age. This method must take into account that the contrast agent acts as a tracer and is therefore found simultaneously in the placenta and the fetus.

339 Models to evaluate flow rate have been established. They need the definition of an arterial340 input function (AIF) and must be adapted to the acquisition conditions.

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#### AIF (arterial input function):

343 AIF is the estimation of the contrast agent concentration in an afferent artery as a function 344 of time. A requirement of almost all quantitative analysis methods, a wide variety of 345 strategies to measure it have been described. The most invasive one consists of introducing 346 an arterial catheter to sample blood during the imaging process for later analysis [47-48]. 347 Deemed impractical due to its invasive nature, simpler methods assume that the AIF is 348 similar for all subjects [49], but the inter- and intrasubject variations in AIF leads to large 349 systematic errors in the analyses [50-51]. The AIF can also be collected from the DCE-MRI 350 data set; giving an accurate and individual AIF measure, this method requires the presence 351 of a large vessel within the field of view, which is not always the case. If no vessel is 352 available, a mean AIF corresponding to an average value obtained in a population can be 353 used as described by Parker [52]. Finally, Yankeelov suggested a method of quantitative 354 pharmacokinetic analysis of DCE-MRI data without knowledge of the AIF [53].

357 358

#### Design of the acquisition protocol depending on the desired parameters

The ability to study microcirculatory parameters depends on the acquisition conditions. Parameters about tissue blood volume and capillary permeability only require intermediate frame rates and acquisition time, whereas high temporal resolution and long acquisition time permit the study both perfusion and permeability parameters [11]. The acquisition protocol therefore must be designed according to the parameters studied.

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#### Models

367 Given that MRI contrast agents acts as a tracer, to study and quantify blood flow a 368 compartmental analysis is required. The placenta is considered as a two- or three-369 compartment organ comprising a tissue compartment, a blood compartment, and an 370 interstitial compartment, depending on the organ and the species studied [54-56]. This is 371 especially important for the placenta because different studies are comparing animal models 372 and the mouse/rat placenta is quite different than the macaque/human placenta. Even 373 though their overall function is the same, the compartments in these different species are 374 quite different.

The range of models available differ by their complexity. The more complex the model, the more it closely follows physiology, with an unfortunate decrease in accuracy. Initial models described, the Tofts-Ketty model and Brix model [59-60] have two-fittings parameters: Ktrans, the volume transfer constant between blood plasma and extravascular extracellular space (EES) and Ve, the volume of EES per unit volume of tissue. As these models are not suitable for analyzing data acquired with a rapid temporal resolution [11], other physiological models have emerged.

Thus, the three-compartment model analysis is based on the underlying physiological principle that the placenta is a countercurrent exchange system between the maternal and fetal compartments [61]. The maternal vascular compartment of the placenta is supplied by the arterial input (the uterine arteries) and drained by the venous output (Figure 3). The fetal vascular compartment of the placenta is directly connected to the fetus [62]. The exchanges between compartments, governed by concentration gradients, are describedusing transfer constants according to the following equation:

 $dq2/dt = k(2.1) \cdot q1(t) - k(0.2) \cdot q2(t)$ 

390 The concentration in the intravillous space depends on the amount in the general maternal 391 circulation as well as the rates of arterial input and venous draining. Exchanges between 392 compartments (q1: arterial input, q2 and q3: maternal and fetal compartment of the 393 placenta, q4: fetus) are governed by concentration gradients (k). q represents the quantity of

394 contrast medium of each compartment.

The steepest slope model, another quantitative model first described by Miles [63], is a gradient-based approach to quantify perfusion, based on the initial uptake phase of the contrast in the target organ. An arterial input function is defined, which is usually at the hilum of the kidney to avoid pulsation artifacts within larger blood vessels. After 3Dsegmentation of the placenta and a baseline signal correction for each concentration time curve of the DCE image sequence, the tissue perfusion is quantified from the following equation [63]:

402

#### F = max (C'(t)) / max (AIF(t))

403 where (C'(t)) is the time-differential of the concentration-time curve, and AIF(t) is the 404 previously defined arterial input function.

Another approach is the gamma capillary transit time (GCTT) model described by Schabel [64], a generalized impulse response model for DCE-MRI that mathematically unifies the Tofts-Kety, extended Tofts-Kety, adiabatic tissue homogeneity, and two-compartment exchange models. This is achieved by including a parameter ( $\alpha$ -1) representing the width of the distribution of capillary transit times within a tissue voxel. The GCTT model was utilized for analysis due to its ability to account for heterogeneity in intravoxel contrast reagent transit times [65].

Finally, based on the GCTT model, Frias et al. [65] developed an intervillous space segmentation to quantify blood flow within individually identified cotyledons and threedimensionally maps the placental structure in a way that is consistent with the placental histopathologic structure.

416

#### 417 Main results of the micro-circulatory parameters

- 419 <u>Tissue blood flow (FT) and fractional blood volume (Vb) in normal physiological</u>
- 420 <u>conditions</u>

421 Despite heterogenous acquisition protocols, consistent results found a mean <u>+</u> standard
422 deviation FT value of 130 <u>+</u> 50 mL/min/100 mL [67-68] and a mean maternal volume fraction
423 (Vb) of 36.5% [67, 68] (Table 1).

424 Two studies have separated the analysis of perfusion between the functional compartments 425 (HPZ and LPZ) of the placenta [69-70]. They found a significantly higher perfusion in the high-426 flow compartment (HPZ) compared to the low-flow compartment (LPZ) (p < 0.002). In fact, 427 the caliber of the vessels and therefore the enhancement kinetics differ in those different 428 regions. However, the perfusion trends of the whole placenta are similar to those seen when 429 the placenta was studied by region. The data on the evolution of these two functional 430 perfusion parameters with gestational age differ. While Yadav et al [70] found a statistically 431 significant increase in perfusion of the whole placenta and HPZ (p=0.02 and p<0.05 432 respectively) as the pregnancy progresses, Remus et al [69] found no such statistically 433 difference in either compartment at Embryonic Day (ED) 14.5 and ED16.5 (p=0.103 and 434 p=0.092 respectively).

Unlike the murine model, the primate model shares essential placental anatomical features with the human model (hemochorial placenta and cotyledon structure), which makes this model particularly relevant. Frias et al [65] sought to develop a model as close as possible to the histopathological structure of the placenta and successfully developed a DCE-MRI protocol in primates that quantifies blood flow in individually identified cotyledons. They found a mean <u>+</u> SD volumetric flow rate through each perfusion domain of 27.5<u>+</u>10.0 mL/min with considerable variation (from 9.03 to 44.9 mL/min).

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#### <u>Tissue blood flow (FT) and fractional blood volume (Vb) in pathological conditions</u>

Pathological conditions that decrease placental blood flow can be induced either by
exogenous means including pharmacological models [71], biological models [72] and surgical
models [68,73], or by endogenous ones [74, 76].

The comparison of placental blood flow (PBF) between pathological groups and controls have been investigated in seven studies [41, 68, 71-75] (Table 2). Two studies [71,73] reported a decreased PBF in the pathology group (p<0.001 and p=0.0012 respectively) while Lemery et al [72] found no difference in a L-NAME model reproducing preeclampsia-like 451 conditions (p = 0.496). Interestingly, Remus et al [74] found an early decrease in PBF in a 452 group exposed to acoustic-stress at ED14.5 (123±21 vs 147±31 mL/min/100 mL; p. 0.04) 453 followed by a subsequent increase to ED 16.5 (192 ± 51 vs 141 ± 29 mL/min/100 mL, p. 454 0.001). This suggests that compensatory mechanisms could be involved. In this regard, three 455 studies [77-79] all show a decrease in vessel density in the labyrinthine zone in early 456 pathological states (ED 14.5) followed by a subsequent increase in vessel density to ED16.5 457 [41,42]. In a L-NAME model of placental hypoperfusion, Tarrade et al [79] found another 458 compensatory mechanism with an increased proportion and surface density of maternal 459 blood space in the L-NAME groups. The different models are therefore able to highlight 460 differences in perfusion in the pathology groups compared to the control groups.

461

#### 462 <u>Permeability:</u>

DCE-MRI offers the unique possibility to assess placental permeability, that is to say is the 463 464 flow of molecules through the capillary membranes in a certain volume of tissue 465 (mL/min/100 mL tissue). The evaluation of the permeability is particularly interesting for 466 therapeutic studies or to evaluate the transfer of viruses or nutrients for example. Also 467 called the surface area product (PxS), it can be characterized by the influx volume transfer 468 constant Ktrans (min-1), equal to the product of the transfer constant and the blood volume 469 [80]. Several models to assess permeability have been developed, some neglecting the tissue 470 blood volume [81, 48, 59], other taking it into account (the extended Kety or Tofts General 471 Kinetic Model (GKM) [82]. Other models are able to assess both perfusion and permeability 472 [80, 83]. To our knowledge, only one study reported results about placental permeability, 473 which were obtained with a dual-echo MR imaging sequence [67]. However, this type of 474 analysis requires a high volume of injected contrast agent [62]. We are particularly interested in assessing placental perfusion and not placental permeability in placental 475 476 insufficiency. Thus, contrast agents remaining only in the maternal intervillous space would 477 provide significant clinical information with safety.

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# 480 Human application

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# 482 MR Imaging of placenta accrete spectrum disorders-(PAS) [84-101]

483 Previous studies using DCE-MRI in humans have focused on the assessment of PAS, without 484 describing quantitative parameters of perfusion [84-87]. Millischer et al [84] demonstrated 485 that a Gadolinium injection improves the ability of radiologists with the diagnosis of placenta 486 accreta with MRI. Liposomal-Gadolinium also appears to be of great interest, enabling 487 adequate visualization of the retroplacental clear space [36]. Romeo has shown, however, 488 that the simple use of non-contrast MRI, combined with ultrasound assessment of placental 489 adhesion spectrum (PAS), increased its probability of detection from 80 to 91% [88]. A recent 490 systematic review by Kappor [89] classifies MRI signs of PAS and highlights best practice 491 guidelines for imaging diagnosis of PAS. This will be covered in a separate article dedicated 492 to placental anatomy in this special issue.

493

## 494 MR Imaging of human placental perfusion

495 To our knowledge, only one study has demonstrated that the evaluation of human placental 496 perfusion by DCE-MRI is feasible. The Placentimage trial [102] evaluated in vivo placental 497 perfusion parameters in pregnant women undergoing termination of pregnancy between 16 498 and 34-weeks gestational age (GA). The mean value of the placental blood flow (FT) was 137 499 mL/min/100mL, concordant with the results obtained in human pregnancies by isotope 500 techniques [103] (110 mL/min/100 mL) and by echo planar imaging sequences (EPI) [104] 501 (176 + 24 mL/min/100 mL). FT decreased with gestational age, halving between the 502 beginning of the 2nd trimester and the end of the 3rd trimester, related to the growth of the 503 placenta, villous maturation, and to decreased placental efficiency over gestation (p=0.011). 504 The results also suggested that the FT and Ftotal values estimated by DCE-MRI in human 505 pregnancies could detect placental dysfunction with a tendency towards decreased values in 506 IUGR compared to non-IUGR fetuses (p=0.07 and p=0.0008, respectively). This work also 507 explored in vivo fractional blood volume, finding Vb values of 61.77%. These results should 508 be considered exploratory due to potential confounders such as different MRI sequences 509 and platforms, technical limitations, image failures, and limited reproducibility between 510 centers. However, this is the first study that has measured in vivo placental perfusion values 511 in pregnant women using Gd based contrast agents.

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# 513 **Futures considerations**

515 This review shows the extraordinary range of data that the DCE can provide on the placental 516 function. It is the only technique capable of determining parameters of microcirculation 517 other than perfusion for example, permeability [67]. The data provided are quantitative, at 518 the cost of a certain complexity in the analysis of the data that are yet to be clarified. Finally, 519 it is the oldest and most robust technique (first publications in the 90s) and the most widely 520 used, mainly in the field of tumors [105-111]. In this, DCE-MRI is the functional magnetic 521 resonance imaging (f-MRI) technique unanimously recognized as the gold standard in the 522 evaluation of organ perfusion [12, 61, 62, 112, 113] and we demonstrate that, despite 523 current limitation related to uncertainty about contrast agent safety in human pregnancies, 524 as a technique it is also relevant for studying placental function.

525 Other functional MRI techniques may also be able to assess placental function, but not as 526 accurately and extensively as DCE-MRI could allow. ASL-MRI (Arterial Spin Labeling), uses 527 MRI pulses to magnetically label blood as an endogenous contrast agent [114]. Studies have 528 shown its feasibility for the quantification of placental perfusion in rats [115] and humans 529 [116-117]. Although its main strength is the absence of contrast agent injected, ASL-MRI is 530 nonetheless limited by the poor signal to noise ratio and its high sensitivity to motion 531 artifacts [61, 118]. Often criticized for its low SNR, Harteveld nevertheless emphasizes that a 532 high SNR can be obtained on the condition of using low cutoff velocity (1.6cm/s) [119]. Other 533 non-contrast techniques, DWI (diffusion weighted imaging) and IVIM (intravoxel incoherent 534 Motion) are techniques that also makes it possible to assess perfusion parameters: ADC 535 (apparent diffusion coefficient) and perfusion fraction (f, %) by studying the movement and 536 diffusion of water molecules within tissues [120]. The exact nature of what is measured with 537 placental IVIM remains controversial [62]. Derwig et al have compared IVIM and ASL in the 538 assessment of placental perfusion in the second trimester in normal and fetal growth 539 restriction pregnancies and suggest that the FAIR-ASL sequence may offer a more practically 540 suitable method for routine clinical application than IVIM [121].

The future of DCE-MRI undoubtedly lies in the widespread availability of safe contrast agents, be they Gd based or other. They make it possible to overcome several limitations of the DCE-MRI which have hindered its development until now. Animal studies have shown that some newer agents do not cross the placenta, suggesting that they might be safe if they cannot reach the fetus. However, studies in humans are still lacking at present on this subject. Remaining in the intervillous space, they make it possible to overcome the 547 complexity of compartmental analysis while retaining the potential to study the maternal 548 portion - the inter-villous space of the placenta, involved in the pathophysiological process 549 of placental insufficiency.

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# 557 Conclusion

DCE-MRI is the oldest and most robust method for assessing organ function as a whole (perfusion and permeability). This depth and breadth make it to this day as a gold-standard technique in studying perfusion. While its use in the human placenta has been hampered by the need for gadolinium based-contrast agents whose safety remains controversial, the recent development of novel contrast agents such as liposomal-gadolinium and SPIO, two contrast agents that do not cross the placenta barrier, now introduce new avenues for further exploration. In addition, with the increasing development of other f-MRI techniques, exciting perspectives can be envisaged such as their combination with each other, or wider application of such techniques in fetal interventions such as in monochorionic twin pregnancies.

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# Figure Legends

**Figure 1:** Example of dynamic contrast-enhanced magnetic resonance imaging of human placenta: A, After arrival of a bolus of intravenous injection of contrast media the aorta (red arrow) enhances; while the unenhanced placenta appears as low signal on T1-weighted sequences (blue outline). B-C, Shortly after the intravenous injection of gadolinium chelate in the arteries, the placenta enhances gradually and shows high signal on T1W images. After compartmental analysis of the enhancement, functional parameters can be evaluated.

# Figure 2: The placental tissue enhancement curve

FT: Tissue blood flow, Vb: Tissue blood volume, PS: surface area product, Ve: Tissue interstitial volume.

**Figure 3:** Three-compartment model of the placenta. Exchanges of contrast media between the compartments are governed by transfer constants (k). q: quantity of contrast medium



Figure 1





Time

# Figure 3



# Table 1:

**Title:** Results of animal placental perfusion imaging studies in normal physiological conditions. **Caption:** F: placental blood flow, Vb: fractional volume of the maternal vascular placental compartment, ED: embryonic day, Gd-CA: Gadolinium-based contrast agent, Gd: Gadolinium, T: Tesla, N/A: not applicable, 2D/3D: two/three-dimensional, HPZ: high perfusion zone, LPZ: low perfusion zone. NB: the length of pregnancy for mice is 19 days and 165 days for rhesus monkeys. All the EDs mentioned in the studies below therefore correspond to a period roughly similar to the third trimester in humans.

# Table 2:

**Title:** Results of animal placental perfusion imaging studies in pathological conditions Statistically significant results are denoted with an asterisk \*

# Table 3:

**Title:** Main characteristics of the three-compartment pharmacokinetic model compared to the steepest-slope model. AIF: Arterial Input Function

# Table 4:

Title: Mains characteristics of Gd-CA, liposomal-Gd and SPIO contrast agents

ARTICLE	POPULA -TION	CONTRAS T AGENT	IMAGING SEQUENCE	TYPE OF ANALYSIS	F (ML*MIN <sup>-</sup> <sup>1</sup> *100ML <sup>-1</sup> ) MEAN <u>+</u> SD	VB (%)
SALOMON ET AL 2005[66]	36 mice (ED16)	Gd-CA	1.5T 2D fast spoiled gradient- echo sequence	Three compartm ental model	128+60	N/A
TAILLIEU ET AL 2006 [67]	22 Mice (ED16)	Gd-CA	1.5T 2D fast spoiled gradient- echo single slice sequence with a dual echo time	Three compartm ental model	180	36.5 <u>+</u> 0. 9
REMUS ET AL 2013 [69]	5 mice (ED14.5) 5 mice (ED16.5)	Gd-CA	7 T 3D T1- weighted gradient- echo sequence	Steepest slope model	<u>Whole placenta</u> ED14.5: 135 <u>+</u> 29 ED16.5: 112 <u>+</u> 32 <u>HPZ:</u> ED14.5: 184 <u>+</u> 39 ED16.5: 158 <u>+</u> 58 <u>LPZ:</u> ED14.5: 119 <u>+</u> 28 ED16.5: 114 <u>+</u> 52	N/A
YADAV ET AL 2015 [70]	7 mice (ED13,1 5,17)	Gd-CA	7 T multi-slice 2D spoiled gradient echo sequence	Steepest slope model	Whole placenta ED13: 61,2±31,2 ED15: 90,26±43,67 ED17: 104,94±76,13 <u>HPZ:</u> ED13: 106±56 ED15: 139±55 ED17: 172±85 <u>LPZ:</u> ED13: 50±31 ED15: 73±39 ED17: 75±37	N/A
FRIAS ET AL 2014 [65]	1 rhesus monkey (G133)	Gd-CA	3 T T1-weighted 2D gradient echo sequence	Gamma Capillary Transit Time (GCTT) model	Volumetric flow rates: 25.26 <u>+</u> 10.3 mL/min	N/A
BADACHA PE ET AL 2019 [36]	24 FPU at E14.5, 20 FPU at E16.5, 23 FPU at E18.5 Mice	Liposoma I-Gd	1T T1-weighted 3D gradient- recalled echo sequence (T1w-GRE)	Steepest slope model	N/A	$\begin{array}{c} \underline{E14.5:} \\ 0.47 \\ \pm \\ 0.06 \\ \underline{E16.5:} \\ 0.5 \\ \pm \\ 0.04 \\ \underline{E18.5:} \\ 0.52 \\ \pm \\ 0.04 \end{array}$

ARTICLE	CONDITIONS CONTRAST AGENT	POPULATION	IMAGING SEQUENCE	TYPE OF ANALYSIS	F (ML*MIN <sup>-1°</sup> 1*100 MEAN <u>+</u> SD	0ML <sup>-1</sup> )	VB (%)
SALOMON ET AL 2005 [71]	Pharmacological model of preeclampsia Gd-CA	10 Noradrenaline mice 10 control mice (ED16)	1.5T 2D fast spoiled gradient echo monoslice sequence with double echo time	One- compartmental model	<u>Control group:</u> 72 <u>+</u> 84*	<u>Noradrenaline</u> group: 126 <u>+</u> 54*	N/A
LEMERY ET AL 2018 [72]	Biological model of preeclampsia Gd-CA	18 L-NAME rats 12 control rats (ED16)	4.7T DCE- spoiled gradient echo	Single- compartmental model	<u>Control group:</u> Fetal layer: 301 <u>+</u> 188 Maternal layer: 124 <u>+</u> 95	<u>L-NAME group:</u> Fetal layer: 302 <u>+</u> 169 Maternal layer:127 <u>+</u> 81	<u>Control group:</u> Fetal layer: 50 <u>+</u> 9* Maternal layer: 42 <u>+</u> 9* <u>L-NAME group:</u> Fetal layer: 56 <u>+</u> 13* Maternal layer: 49 <u>+</u> 13*
ALISON ET AL 2013 [68]	Surgical pathological model of IUGR Gd-CA	12 rats (ED19)	4.7T 2D spoiled gradient echo sequence (fast low-angle shot, FLASH)	Single- compartmental model	Non-ligated horn: Inner layer: 215 <u>+</u> 154* Outer layer 117 <u>+</u> 76*	Ligated horn: Inner layer: 116 <u>+</u> 57* Outer layer: 66 <u>+</u> 37*	<u>Non-ligated horn:</u> Inner layer: 41 <u>+</u> 12* Outer layer: 35 <u>+</u> 10* <u>Ligated horn:</u> Inner layer: 30 <u>+</u> 7* Outer layer: 26 <u>+</u> 7*
DROBYSHEVSKY ET AL 2015 [73]	Surgical ischemia model Gd-CA	Rabbit (ED25)	3T T1-weighted spoiled gradient echo sequence	Steepest slope model	<u>Baseline phase:</u> 77 <u>+</u> 7 *	<u>Reperfusion-</u> reoxygenation phase: 44 <u>+</u> 6*	N/A
ARTHUIS ET AL 2018 [75]	Surgical ischemia model Gd-CA	9 rats (ED19)	9.4T T1-weighted spoiled gradient echo sequence	Bi- compartmental model	<u>Non-ligated horn:</u> 90.9 mL/min/100 mL (IQR 85.1– 95.7)*	Ligated horn: 51.2 mL/min/100 mL (IQR 34.9– 54.9)*	<u>Control group:</u> 18 <u>+</u> 5 <u>Ligated horn:</u> 12 <u>+</u> 4

REMUS ET AL 2018 [74]	Stress-acoustic model	20 mice (ED14.5.16.5)	7T Dual-echo 3D T1- weighted gradient-echo sequence	Steepest slope model	<u>Control</u> <u>HPZ:</u> ED14.5: 147 <u>+</u> 31* ED16.5: 141 <u>+</u> 29* <u>LPZ:</u> ED14.,5: 56 <u>+</u> 19* ED16.5: 83 <u>+</u> 20*	<u>Cases</u> <u>HPZ:</u> ED14.5: 123 <u>+</u> 21* ED16.5: 192 <u>+</u> 51* <u>LPZ:</u> ED14.5: 43 <u>+</u> 12* ED16.5: 107 <u>+</u> 31*	N/A
DELOISON ET AL 2012 [41]	Surgical pathological model of IUGR SPIO (Ferucarbotran)	32 rats	1.5T 2D fast spoiled gradient-echo multisection (FSPGR)	Single- compartmental model	<u>Non-ligated horn:</u> 159.4 ± 54.6*	<u>Ligated horn:</u> 108.1 ± 41*	<u>Non-ligated horn:</u> 39.2 ± 11.9% <u>Ligated horns:</u> 42.8 ± 16.7%

Table 2

	THREE-COMPARTMENT PHARMACOKINETIC MODEL	STEEPEST SLOPE MODEL
TYPE OF PERFUSION	Quantitative	Quantitative
CHARACTERIZATION OF : - WASH-IN - MICRO-CIRCULATION - WASH-OUT	- yes - yes - yes difficult	- yes - no - no
AND LOW-FLOW COMPARTMENTS		edsiei
ADVANTAGES	- precise	<ul> <li>simple</li> <li>numerical robustness (low standard deviation)</li> </ul>
DRAWBACKS	<ul> <li>complex</li> <li>high standard deviation</li> </ul>	<ul> <li>choice of AIF</li> <li>underestimation of 33% of the perfusion</li> </ul>
STUDIES	[66,67,68,71,72]	[63,69,70,73,74]

Table 3

	GD-CA	LIPOSOMAL-GD	SPIO		
	(GADOTERATE-MEGLUMINE)		FERUCARBOTRAN	FERUMOXYTOL	
BASIC ELEMENT	Gadolinium	Gadolinium + liposomal nanoparticle	Iron oxide		
MOLECULE DIAMETER	1nm	100nm	60nm	30nm	
MOLECULAR COMPOSITION	Free gadolinium chelate	Preparation procedure described by Ghaghada [19]	Iron oxide core + carboxydextran coat	Iron oxide core + carboxymethyl- dextran coat	
RELAXOMETRIC PROPERTIES AT 1,5T, ,37°C IN WATER (L.MMOL–1.SEC –1-	R1=3.6 R2=4.3	Nanoparticle-based T1 relaxivity of 35000 with dual-Gd liposomal agents	R1= 20 R2= 185	R1=15 R2=85	
ELIMINATION PLASMA HALF LIFE	1.6h	18-24h	rapid initial intravascular phase (half-life 3.9– 5.8 minutes), and a second distribution phase of 3 hours	14h	
EXCRETION	Renal	Elimination from blood by the reticulo- endothelial system. Clearance by the liver and spleen	Stored with the body's ir hemopoesis. Coating with re	on reserve and used in nal and faecal excretion	

Table 4