

# Interaction between dietary selenium and methylmercury on growth performance, deposition and health parameters in rainbow trout fed selenium-rich tuna-based diets or selenium-poor plant-based diets

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	1	Interaction between dietary selenium and methylmercury on growth performance,
	2	deposition and health parameters in rainbow trout fed selenium-rich tuna-based diets or
	3	selenium-poor plant-based diets
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## 19 Highlights

20	•	Se addition in plant diets prevented growth reduction induced by MeHg at 21 days
21	•	SeMet in tuna diets hampered MeHg-induced pro-inflammatory response at 21 days
22	•	Se(IV) in tuna diets reduced Hg body level in fish fed MeHg at 21 days
23	•	MeHg addition in tuna diets limited growth reduction by Se(IV) at 168 days
24	•	MeHg addition in plant and tuna diets increased body Se content at 168 days

#### 25 Abstract

26 This study evaluated the effect of dietary mercury (Hg) and selenium (Se) sources and levels on growth performance, Hg and Se accumulation, pro-inflammatory cytokine levels and global 27 health parameters in rainbow trout juveniles. A 6-month feeding trial was carried out with a 28 control plant-based diet (containing analyzed Se and Hg levels: 0.3 and 0 mg/kg diet, 29 respectively) or a control tuna-based diet (containing analyzed Se and Hg levels: 7.5 and 0.3 30 31 mg/kg diet, respectively) supplemented with 0 or 1.5 mg Se/kg diet supplied either as sodium selenite (Se(IV)) or selenomethionine (SeMet) combined with 0, 1.6 or 2 mg Hg/kg diet 32 supplied as methylmercury (MeHg). Fish sampling was carried out at 2 times: after a short (21 33 34 days) and a long term dietary exposure (168 days). In the short term, a temporarily reduced growth was noticed in fish fed MeHg-supplemented plant-based diet in absence of dietary Se 35 supplementation. MeHg supplementation increased pro-inflammatory cytokine TNF-α and IL-36 37 1β levels in plant and tuna-based diets. MeHg supplementation also affected short-term fish global health parameters with an increase of glucose and albumin levels in tuna-based diets. 38 39 The addition of SeMet in MeHg-supplemented tuna-based diets protected against the increase of TNF- $\alpha$  level in the long term whereas the addition of Se(IV) in MeHg-supplemented tuna-40 based diets decreased whole-body Hg level and retention in the short term. In the long term, a 41 42 reduced growth, a higher feed conversion ratio and a lower protein efficiency ratio were recorded in fish fed Se(IV)-supplemented tuna-based diets in absence of MeHg 43 supplementation. The addition of Se(IV) or SeMet in tuna-based diets increased plasma IL-6 44 level. The addition of MeHg in plant and tuna-based diets increased Se accumulation and 45 retention. This work underlines that different forms of Se supplementation, in two dietary 46 47 background context (low basal Se level in plant-based diets and high basal Se level in tunabased diets), have specific effects on metabolism and biological consequences of dietary MeHg. 48 Dietary inorganic Se (but not organic Se) affected MeHg metabolism by reducing Hg 49

- 50 accumulation in fish. However, dietary organic Se displayed better ability to afford protection
- 51 against MeHg pro-inflammatory effects.
- 52

## 53 Keywords (between 4 and 6 words maximum):

- 54 Methylmercury; sodium selenite; selenomethionine; tuna by-products; inflammation; rainbow
- 55 trout.

Global concerns of public opinion rise on aquaculture production and its impact on the 57 environment, due to the use of fishmeal (FM) and fish oil (FO) produced from wild fish catch 58 (FAO, 2022). Plant and other alternative ingredients are increasingly used in aquafeed 59 formulation to replace FM and FO (FAO, 2022). Another strategy is to increase the part of fish 60 by-products: in 2020, 27% of the global production of FM and 48% of the total production of 61 62 FO came from by-products (IFFO, 2021). Tunas represent one of the most high-value fish group with their high catch volume and important economic value. In 2020, catches of tuna and tuna-63 like species represented 7.8 million tonnes (FAO, 2022). Tuna cannery industry generates high 64 65 amount of by-products made of viscera, head, bones, skin and fins, representing up to 70% of processed fish (FAO, 2022). Reports are available concerning the use of tuna by-products as 66 aquafeed ingredient for FM replacement. A substitution up to 30% of FM by tuna by-products 67 68 during 7 weeks in olive flounder juveniles (Kim et al., 2014) and a substitution up to 75% during 12 weeks in Korean rockfish juveniles (Kim et al., 2018) had no adverse effect on growth 69 70 compared to fish receiving a non FM-substituted commercial diet. On the other hand, a FM replacement by 55% of tuna by-products decreased final body weight and increased feed 71 72 conversion ratio of rainbow trout, compared to fish fed a commercial diet with anchovy meal 73 as FM after 12 weeks of feeding (Tekinay et al., 2009). Tunas accumulate contaminants like mercury (Hg), lead and arsenic (Ormaza-González et al., 2020) and Hg levels in tunas vary 74 widely depending on factors such as species and tissues (Ruelas-Inzunza et al., 2018). 75

Therefore, contrary to plant feedstuffs that present other nutritional limitations (Gatlin et al., 2007), the presence of Hg in tuna by-products raises some concern with regards to fish welfare and consumer safety as World Health Organization has classified Hg in the top ten chemicals of major concern for public health. Hg toxicity depends, among others on chemical Hg form (Jang et al., 2020). Methylmercury (MeHg) is the predominant chemical form found in the environment and threatens human health to a higher extent than Hg inorganic forms
(Honda et al., 2006). In salmonids, toxicity threshold is also reported to be lower for MeHg
than for inorganic Hg (Berntssen et al., 2004) and a dietary level of 2 mg/kg MeHg has been
shown to induce a pro-inflammatory response in juvenile Nile tilapia (Abu Zeid et al., 2021).

In addition to Hg, tunas accumulate high amount of selenium (Se) (Yamashita et al., 85 2011). Thus, tuna by-products are expected to contain high Se concentration, probably above 86 rainbow trout and salmonid Se requirement, defined between 0.15 and 0.65 mg/kg diet (NRC, 87 2011; Antony Jesu Prabhu et al., 2020). On the contrary, plant-based aquafeeds are known to 88 contain low Se level, below salmonid requirements (Antony Jesu Prabhu et al., 2020). This 89 90 essential element plays also a great role in the protection against Hg toxicity as demonstrated in goldfish and zebrafish (Bjerregaard et al., 2011; Amlund et al., 2015). These studies 91 underlined also the importance of dietary Se concentration and chemical forms on Hg 92 93 accumulation and detoxification.

The aim of this study was to investigate the impact of dietary MeHg and various Se chemical forms in alternative aquafeeds containing different basal Hg and Se concentrations. The Hg and Se deposition linked with growth performance, pro-inflammatory and overall health status after a short and long-term dietary exposure was assessed in rainbow trout juveniles.

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#### 100 2. Material and methods

101 2.1. Ethical statement

The feeding trial was conducted in accordance with the European directive 2010/63/EU and the French decree n° 2013-118 on the protection of animals used for scientific purposes. The protocol was approved by the Ethical Committee C2EA-73 and the French Ministry of Higher Education and Research (reference number APAFIS#27846-2020102812241350 v2). 106

#### 107 2.2. Experimental diets

Diets were manufactured in the INRAE experimental facilities of Donzacq (Landes, 108 France, https://doi.org/10.15454/GPYD-AM38), using a twin-screw extruder (BC 45, Clextral, 109 Firminy, France). Twelve feeds were formulated with two different basal ingredient 110 compositions (Table 1a). Plant-based diets were formulated with plant-derived proteins and 111 112 tuna-based diets with FM derived from tuna by-products (Marine Biotechnology Products, Port-Louis, Mauritius). Contrary to tuna-based diets, plant-based diets were MeHg-free and 113 known to contain low basal Se level. Control plant (PC) and control tuna (TC) diets were 114 115 unsupplemented with MeHg and Se(IV) or SeMet either, containing thus only basal levels of Hg and Se (Table 1b). Two diets were supplemented with methylmercury(II) chloride (Sigma-116 Aldrich, Saint-Quentin-Fallavier, France): 2 mg Hg/kg diet for plant-based diet (PH) and 1.6 117 mg Hg/kg diet for tuna-based diet (TH). Four other diets were supplemented with 1.5 mg Se/kg 118 diet, using either inorganic Se source (sodium selenite (Se(IV)), Sigma-Aldrich, Saint Louis, 119 Missouri, USA) in diets PI and TI or organic Se source (L-selenomethionine (SeMet), Excential 120 Selenium 4000, Orffa, Breda, Netherlands) in diets PO and TO, respectively. Two diets were 121 supplemented with both Se(IV) and MeHg (PHI and THI diets) and two others with both SeMet 122 123 and MeHg (PHO and THO diets).

124

## 125 2.3. Experimental design

126 A 6-month feeding trial was carried out in the INRAE experimental fish farm at 127 Donzacq. All-female diploid rainbow trout (*Oncorhynchus mykiss*) from the same parental 128 stock (n = 1800) with an initial body weight of  $26 \pm 1$  g were randomly allocated to 50-L 129 fiberglass tanks with 50 fish per tank for the first two months, then to 150-L fiberglass tanks 130 with 26 fish per tank for the last four months of the trial. Water flow was set to ensure an oxygen concentration above 90% saturation. Tanks were supplied with flow-through (0.1 L/s, renewal 4.5 times/h at the beginning, then 0.25 L/s, renewal 7 times/h) spring water at  $17 \pm 1$  °C. Fish were hand-fed twice a day to visual satiation under natural light regimen. Each diet was distributed to three replicate groups of fish over a 6-month growth trial. Mortality was recorded daily. Fish from each tank were bulk weighed every three weeks.

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## 137 2.4. Sampling and data collection

Before every weighing and sampling (after 21 and 168 days), fish were overnight 138 starved during 16 h. At the start, 21 fish in common, then 8 fish from each replicate tank (n =139 140 24 fish per diet) at day 21 and day 168 were anaesthetized with benzocaine (30 mg/L) then killed with an overdose of benzocaine (60 mg/L). Fish were weighed and blood samples were 141 collected from the caudal vein. Plasma was recovered from half of the centrifuged (5500  $\times g$ 142 143 for 10 min) blood samples, immediately frozen and stored at -80 °C prior to analysis (n = 12per diet). Three fish collected at the start and two fish per tank at day 21 and day 168 (n = 6 per 144 diet) were frozen and stored at -20°C prior to proximate analysis. The liver of other collected 145 fish (n = 18 at the start and n = 18 per diet at day 21 and day 168) were weighed for calculating 146 hepatosomatic index (HSI). At the end of the feeding trial, remaining fish (from 3 to 10 per 147 148 tank) were fed for another week, anaesthetized and killed 16 h after the last meal for faeces collection in distal gut for the determination of apparent digestibility coefficient (ADC) of Se 149 and Hg. The samples of faeces were collected over ice, pooled per tank, frozen immediately 150 and stored at -20 °C prior to Hg and Se analysis. 151

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## 153 2.5. Proximate and mineral analyses in diets, whole fish and faeces

154 Dry matter content was determined by drying directly faeces samples or after grinding 155 fish and diet samples at 105 °C for 24 h. Whole fish and faeces samples were freezed-dried before further analyses. Proximate composition of diets and freeze-dried fish was determined according to following procedures: ash by incineration at 550 °C for 10 h, protein (N  $\times$  6.25) by the Kjeldahl method after acid digestion, total lipid according to Folch et al. (1957) using dichloromethane instead of chloroform and gross energy in an adiabatic bomb calorimeter. Total Se and Hg concentrations in diet, freeze-dried fish and faeces samples were measured by inductively coupled plasma mass spectrometry (ICP-MS) according to Silva et al. (2019).

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## 163 2.6. Determination of apparent digestibility coefficient (ADC) of minerals

164 The apparent digestibility coefficient (ADC) of Se and Hg was measured using165 vanadium (V) as an internal marker in faeces and diets according to Witkowski et al. (2019).

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## 167 2.7. Determination of plasma and blood metabolites

168 Plasma metabolites were determined in plasma of fish, n = 3 pooled samples per dietary treatment representing 4 fish each. Fish pro-inflammatory cytokines: tumor necrosis factor a 169 170 (TNF- $\alpha$ ), interleukine 1 $\beta$  (IL-1 $\beta$ ) and interleukine 6 (IL-6) were determined with ELISA kit tests (Cusabio Biotech Co., Wuhan, Hubei, China) according to manufacturer's instructions 171 using zebrafish TNF-α (cat. No. CSB-E13254Fh), zebrafish IL-1β (cat. No. CSB-E13254Fh) 172 173 and Atlantic salmon (Salmo salar) IL-6 (cat. No. CSB-E13258Fh). TNF-a and IL-6 ELISA kits used a competitive inhibition enzyme immunoassay technique whereas IL-1ß ELISA kit used 174 a quantitative sandwich enzyme immunoassay technique. Kits provided cytokines biotin-175 176 conjugated, avidin conjugated horseradish peroxidase and a substrate solution. Horseradish peroxidase transformed the substrate into a coloured product. In TNF-a and IL-6 ELISA kits, 177 colour developed in opposite to the amount of pro-inflammatory cytokines in samples. In IL-178 1 $\beta$  ELISA kit, the colour developed in proportion to the amount of IL-1 $\beta$  in samples. The 179 absorbance was measured at 450 nm with a microplate reader and converted into concentrations 180

using the standard curve formula. Plasma lysozyme activity was determined according to Ellis 181 182 et al. (1990) using a turbidimetric assay with lyophilized particles of *Micrococcus lysodeikticus* (Merck, Saint-Quentin-Fallavier, France). Alanine amino transferase (ALAT) and aspartate 183 amino transferase (ASAT) activities were assessed in plasma by an end-point colorimetric test 184 (AST GOT-ALT GPT Biolabo, France) at 505 nm with 2-oxoglutarate and 2,4-185 dinitrophenylhydrazine according to the manufacturer's instructions using 40 µL of fish 186 plasma. Total protein content in plasma was determined through the colorimetric Biuret method 187 using bicinchoninic acid (BCA) solution and copper(II) sulfate solution (Interchim uptima, 188 France), using 10 µL of plasma sample diluted in distilled water (1:100) mixed with 200 µL of 189 190 working reagent (50 volumes of BCA with 1 volume of copper(II) sulfate solution). Absorbance 191 was measured at 562 nm. Total immunoglobulin level in plasma was determined using 10  $\mu$ L of plasma samples diluted in distilled water (1:100), mixed with an equal volume of 192 193 polyethylene glycol 70 % and centrifuged at 10 000 g, for 30 min at 15 °C for immunoglobulin precipitation. Precipitated samples (10 µL) were mixed with 200 µL of a solution containing 194 195 BCA and copper(II) sulfate (1:50) into a microplate and then incubated for 30 min at 37 °C. The absorbance was measured at 562 nm and converted into concentration using a standard 196 197 curve as for total protein determination. Albumin level in plasma samples was assessed by end-198 point colorimetric test using bromocresol green method. A volume of 10 µL of plasma was used and absorbance was measured at 630 nm. Glycaemia was assessed at 504 nm using 5 µL of fish 199 plasma and colorimetric method with glucose oxidase, following manufacturer's instructions 200 201 (Glucose GOD-POD, Sobioda S.A.S, Montbonnot St Martin, France). Haemoglobin was measured in blood samples (n = 3 per dietary treatment) using a colorimetric method (Hb-202 Randox kit, Ref HG1539, United Kingdom) following the manufacturer's instructions with 20 203 μL of blood. 204

#### 206 2.8. Statistical analyses

Data are expressed as mean  $\pm$  standard error (SEM). Differences between dietary groups were analysed using a two-way ANOVA to test the effect of dietary Hg supplementation and dietary Se supplementation and their interaction. Prior to the two-way ANOVA, normality and homogeneity of variance of data were checked with a Shapiro-Wilk and a Levene test, respectively. When appropriate, analysis was followed with a Tukey *post hoc* test. Statistical analyses were performed using R software (version 3.6.1, R development Core Team, 2008). Differences were considered significant when *p-value* was < 0.05.

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## 215 **3. Results**

3.1. Dietary MeHg impact on growth performance, proximate body composition of rainbow
trout juveniles and interactive effects of dietary Se

218 After 21 days of feeding, fish fed MeHg-supplemented plant-based diet PH displayed decreased body weight compared to fish fed control plant-based diet PC (Fig. 1A). Such effect 219 220 of MeHg was not noticed in the presence of Se in diets PHI and PHO compared to control diets PI and PO (Fig. 1A). No significant effect of dietary MeHg supplementation was noticed on 221 feed intake (FI) whereas a significant interaction was detected between MeHg and dietary Se 222 223 forms on feed conversion ratio (FCR) and protein efficiency ratio (PER), but Tuckey's post hoc test did not allow to discriminate between plant-based dietary groups (Table 2). The highest 224 FCR and the lowest PER were displayed in PH group and the lowest FCR and highest PER 225 were noticed in PC group (Table 2). After 168 days of feeding, fish fed PH diet displayed 226 decreased body ash retention compared to fish fed PC diet (Table 2). No other significant effect 227 of MeHg supplementation in plant-based diets was observed on body weight (Fig. 1B), FI, FCR, 228 PER, survival or proximate body composition (Table 2). 229

After 21 days of feeding, fish fed MeHg-supplemented tuna-based diets TH, THI and 230 231 THO exhibited decreased body gross energy content compared to fish fed control diets TC, TI and TO (Table 3) without significant effect on growth (Fig. 1A). After 168 days of feeding, fish 232 fed MeHg-supplemented diets TH, THI and THO displayed higher FI and reduced 233 hepatosomatic index compared to fish fed TC, TI and TO (Table 3). A higher body weight was 234 recorded in fish fed the MeHg and Se(IV)-supplemented diet THI compared to the control group 235 236 TI (Fig. 1B) without significant difference on FCR and PER (Table 3). No significant effect of dietary MeHg was recorded on survival rate of fish fed tuna-based diets (Table 3). 237

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# 3.2. Dietary Se impact on growth performance, proximate body composition of rainbow trout juveniles and interactive effect of dietary MeHg

After 21 days of feeding, fish fed Se-supplemented plant-based diets PI, PHI, PO and PHO displayed no significant differences in growth performance (Fig. 1A and Table 2) or proximate body composition compared to fish fed control diets PC and PH (Table 2). After 168 days of feeding, higher body dry matter, total lipid, gross energy content and lipid retention were noticed in fish fed Se-supplemented diets PI and PO compared to the control group PC (Table 2), but no significant effect of dietary Se supplementation was noticed on fish body weight (Fig. 1B) or other growth and survival parameters (Table 2).

After 21 days of feeding, fish fed Se-supplemented tuna-based diets TI, THI, TO and THO displayed decreased body weight compared to fish fed diets TC and TH (Fig 1A). After 168 days of feeding, reduced body weight was recorded in fish fed Se(IV)-supplemented diet TI compared to fish fed diets TC and TO (Fig. 1B). Fish fed SeMet-supplemented diets TO and THO displayed higher PER, protein retention and decreased FCR compared to Se(IV)supplemented diets TI and THI (Table 3). Fish fed Se-supplemented diets TI, THI, TO and THO exhibited reduced ash retention compared to fish fed control diets TC and TH (Table 3). No significant effect of dietary Se was recorded on survival rate of fish fed tuna-based diets(Table 3).

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3.3. Dietary MeHg impact on Hg and Se body composition, retention and digestibility in
rainbow trout juveniles and interactive effect of dietary Se

MeHg supplementation in plant-based diets PH, PHI and PHO increased both shortterm and long-term body Hg content compared to fish fed control diets PC, PI and PO (Fig. 2A and Fig. 2B). After 168 days of feeding, fish fed diets PH, PHI and PHO displayed higher faecal Hg content compared to fish fed diets PC, PI and PO (Table 4). Fish exposed to diet PHO exhibited higher body Se content compared to fish receiving diet PO (Fig. 2D). Fish fed diets PHI and PHO presented reduced faecal Se content, increased Se digestibility and retention compared to fish fed diets PI and PO (Table 4).

267 In both the short and long term, higher body Hg content and lower Hg retention were recorded in fish fed MeHg-supplemented tuna-based diets TH, THI and THO compared to diets 268 TC, TI and TO (Fig. 2A, Fig. 2B and Table 5). After 168 days of feeding, diets TH, THI and 269 THO increased faecal Hg content and Hg apparent digestibility coefficient compared to diets 270 TC, TI and TO (Table 5). After 21 days of feeding, fish fed THI diet exhibited reduced Hg 271 retention compared to fish fed TI diet (Table 5). Fish fed diets TH, THI and THO displayed 272 decreased Se retention (Table 5) without significant impact on body Se content (Fig. 2C) 273 compared to fish fed control diets TC, TI and TO. However, in the long term, increased Se 274 275 retention (Table 5) and body Se content (Fig. 2D) were recorded in fish exposed to diets TH, THI and THO compared to fish receiving diets TC, TI and TO. 276

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3.4. Dietary Se impact on Hg and Se body composition, retention and digestibility in rainbow
trout juveniles and interactive effect of dietary MeHg

In both the short and long term, fish exposed to Se-supplemented plant-based diets PI, 280 281 PHI, PO and PHO displayed higher body Se content compared to fish fed control diets PC and PH (Fig. 2C and Fig. 2D). The highest body Se content was observed in fish fed SeMet-282 supplemented diets PO and PHO (Fig. 2C and Fig. 2D). These fish also exhibited higher Se 283 digestibility compared to fish fed Se(IV)-supplemented diets PI and PHI and non Se-284 supplemented diets PC and PH with a higher Se retention and a reduced faecal Se content 285 compared to fish fed PI and PHI (Table 4). Fish fed Se(IV)-supplemented diets PI and PHI 286 displayed a higher short-term Se retention compared to fish fed PC and PH but a reduced long-287 term Se retention (Table 4). Se(IV) supplementation in MeHg-supplemented diet PHI increased 288 289 faecal Hg content compared to diets PH and PHO (Table 4) without significant effect on Hg digestibility, retention (Table 4) or body Hg content (Fig. 2B). 290

Se supplementation in tuna-based diets TI, THI, TO and THO increased fish body Se 291 292 content (Fig. 2C and Fig. 2D) and retention (Table 5) as early as 21 days of feeding with a superiority for SeMet, similarly to plant-based diets. No significant differences were observed 293 on Se digestibility coefficient and faecal Se content between fish fed the Se(IV)-supplemented 294 diets TI and THI and fish fed SeMet-supplemented diets TO and THO (Table 5). After 21 days 295 of feeding, fish fed Se(IV)-supplemented diet THI displayed a reduced whole-body Hg content 296 297 compared to fish fed diets TH and THO (Fig. 2A) with a significantly reduced Hg retention compared to fish fed diet THO (Table 5). 298

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300 3.5. Dietary MeHg impact on plasma pro-inflammatory cytokines and global health parameters
301 in rainbow trout juveniles and interactive effect of dietary Se

302 Short-term feeding with MeHg-supplemented plant-based diets PH, PHI and PHO 303 induced higher plasma TNF- $\alpha$  and IL-1 $\beta$  levels compared to control diets PC, PI and PO (Fig. 304 3A and Fig. 3C). Long-term feeding with MeHg-supplemented plant-based diets also resulted 305 in higher plasma TNF- $\alpha$  levels, however only fish fed the diet PHO supplemented with both 306 MeHg and SeMet, exhibited significantly higher TNF- $\alpha$  levels than those fed the control diet 307 PO (Fig. 3B). A long-term dietary supplementation with MeHg increased plasma total protein 308 content and decreased immunoglobulin proportion when fed with Se(IV) (Table 6).

Short-term feeding with MeHg-supplemented tuna-based diets TH, THI and THO 309 induced higher plasma IL-1 $\beta$  (Fig. 3C), glucose and albumin levels (Table 7) compared to fish 310 311 fed diets TC, TI and TO. Plasma TNF-α level was also increased in MeHg-supplemented, non Se-supplemented diet TH compared to control diet TC (Fig. 3A). When MeHg was added 312 concomitantly with both Se compounds (Se(IV) and SeMet) in diets THI and THO, no more 313 314 significant increase of TNF-a level was observed compared to non MeHg-supplemented diets 315 TI and TO (Fig. 3A). On the contrary, MeHg intake increased lysozyme levels only when fed with SeMet in diet THO compared to control diet TO (Table 7). In the long term, no more 316 317 significant effect of MeHg supplementation in tuna-based diets was noticed (Fig. 3B, Fig. 3D, Fig. 3F and Table 7). 318

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320 3.6. Dietary Se impact on plasma pro-inflammatory cytokines and global health parameters in
321 rainbow trout juveniles and interactive effect of dietary MeHg

Short-term feeding with Se(IV)-supplemented diets PI and PHI resulted in decreased plasma IL-1 $\beta$  levels compared to other plant-based diets PC, PH, PO and PHO (Fig. 3C). In fish fed non MeHg-supplemented diets for 168 days, SeMet increased blood haemoglobin levels (Table 6) compared to control diet PC but when added concomitantly with MeHg in diet PHO, SeMet increased plasma TNF- $\alpha$  levels compared to diet PHI (Fig. 3B). Long-term Se(IV) intake in plant-based diets PI and PHI increased blood haemoglobin levels compared to non-Se supplemented diets PC and PH (Table 6).

Short-term feeding with SeMet-supplemented diets TO and THO reduced plasma TNF-329 330  $\alpha$  and IL-1 $\beta$  levels compared to other tuna-based diets TC, TH, TI and THI (Fig. 3A and Fig. 3C). In absence of dietary MeHg supplementation, Se(IV)-supplemented diet TI led to higher 331 TNF- $\alpha$  levels compared to control diet TC (Fig. 3A) and higher lysozyme levels compared to 332 SeMet-supplemented diet TO (Table 7). Long-term SeMet supplementation decreased TNF- $\alpha$ 333 level only when supplemented with MeHg in diet THO compared to diets TH and THI (Fig. 334 335 3B) whereas both Se(IV) and SeMet supplementation in diets TI, THI, TO and THO increased IL-6 levels compared to non Se-supplemented diets TC and TH (Fig. 3F). 336

337

## 338 4. Discussion

4.1. Short-term effect of dietary MeHg on growth, pro-inflammatory cytokines, overall health
status and Hg deposition in rainbow trout juveniles and interactive effect of dietary Se

341 In MeHg-supplemented plant-based diet PH, containing low basal Se level (1.8 mg Hg/kg diet and 0.3 mg Se/kg diet), MeHg caused a transient growth reduction with higher FCR 342 343 and plasma pro-inflammatory cytokine content observed only after 21 days of feeding without effect on survival. Such transient effect, after a 21-day exposition to dietary MeHg, is to our 344 knowledge, not reported in the literature. Nile tilapia exposed to MeHg-supplemented FM-345 based diet (2 mg Hg/kg, 30 days of feeding) displayed higher pro-inflammatory cytokine 346 transcript levels (TNF- $\alpha$ , IL-1 $\beta$  and IL-8) in the spleen (Abu Zeid et al., 2021). Our study 347 confirm those observations but at a plasma metabolite level. Recently, a meta-analysis in 348 349 Atlantic salmon underlined that fish growth performance decreased with increased severity of enteritis, a pathological state associated with important induction of pro-inflammatory 350 parameters in intestines (Agboola et al., 2022). Thus, the inflammation noticed in our study 351 could explain the observed growth reduction. However, fish fed MeHg-supplemented tuna-352 based diets displayed also higher pro-inflammatory cytokine levels and despite a decreased 353

gross energy content, those fish displayed no growth alteration. So the transient growth 354 355 reduction observed in fish fed MeHg in low Se plant-based diets might not only be related to the induction of inflammatory response but also to a toxic effect of Hg that would be 356 emphasized in absence of Se such as the induction of oxidative stress (Baldissera et al., 2020). 357 Indeed we noticed increased transcript levels of antioxidant enzymes such as glutathione-S-358 transferase  $\pi$  and methionine sulfoxide reductase B3 in liver of trout fed the MeHg-359 360 supplemented plant-based diet PH for 21 days compared to the control diet PC (Bidon et al., 2021). An increased transcript level of the selenoprotein P and glutathione peroxidase 1 in Se-361 supplemented diets PI, PHI, PO and PHO was also noticed, suggesting a better antioxidant 362 363 protection with dietary Se supplementation that deserves further investigation for a better characterization and understanding. 364

The effects observed after 21 days of feeding on growth and inflammatory status by 365 366 dietary MeHg in low Se plant-based diets was not supported by plasma parameters. Short-term effects of dietary MeHg were recorded but only in fish fed tuna-based diets with an increase of 367 glucose and albumin levels. A 3-month feeding trial on Atlantic salmon established at 5 mg 368 MeHg/kg the threshold at which the lowest toxic effect of dietary MeHg could be observed 369 370 with a reduction of haematocrit and an increase of plasma protein (Berntssen et al., 2004). This 371 concentration is above our dietary MeHg levels and could explain our results in rainbow trout. The addition of MeHg in plant and tuna-based diets increased significantly the whole-372 body Hg level after short and long-term feeding. Despite the same level of dietary MeHg in 373 374 plant and tuna-based diets, higher body Hg content were noticed in fish fed plant-based diets, after short (1.8 fold increase in PH diet compared to TH) and long-term exposure (1.3 fold 375 increase in PH diet compared to TH). A negative linear correlation have been underlined 376 between dietary molar ratio of Se/Hg and total Hg levels in Sacramento splittail larvae (Deng 377 et al., 2008). Molar ratio of Se/Hg in MeHg-supplemented tuna-based diets was higher than in 378

MeHg-supplemented plant-based diets (11.6 vs. 2.0, respectively) and might explain why fish 379 380 fed MeHg-supplemented tuna-based diets displayed lower whole-body Hg level than fish fed MeHg-supplemented plant-based diets. However, despite the fact that dietary Se/Hg molar ratio 381 was negatively correlated to whole-body Hg level in fish, it must be addressed that this 382 parameter did not take into consideration chemical form of Se, another parameter that can 383 influence Hg deposition. Indeed, despite a similar or even higher dietary Se/Hg molar ratio in 384 385 THO diet compared to THI diet (13.0 vs. 11.9, respectively), fish fed THO displayed higher whole-body Hg level than fish fed THI in the short term (0.28 vs. 0.22 mg Hg/kg wet weight, 386 respectively). However, this effect was no more significant after 168 days of feeding (0.78 vs. 387 388 0.91 mg Hg/kg wet weight). The reduced Hg digestibility (57% vs. 87% for MeHgsupplemented tuna and plant-based diets) associated with the reduced Hg retention after short 389 390 (52% vs. 75% for MeHg-supplemented tuna and plant-based diets, respectively) and long term 391 (54% vs. 64% for MeHg-supplemented tuna and plant-based diets, respectively) supports the reduced body Hg content for fish fed high Se tuna-based diets. It is noteworthy that, in fish fed 392 393 MeHg-supplemented plant-based diets, Hg retention was higher after a short-term than a longterm exposure (75% after 21 days vs. 64% after 168 days of feeding). Similar trends were 394 395 observed in muscle of zebrafish fed 5 and 10 mg MeHg/kg diet after 2 weeks by Amlund et al. 396 (2015) and attributed to a variation in the uptake or in the elimination kinetic. It would have 397 been interesting to also determine Hg digestibility after a short term exposure to know if there is variation in Hg uptake through time and describe better the Hg kinetic deposition in rainbow 398 399 trout.

Interestingly, the short-term effect of dietary MeHg in diet PH containing low basal
Se level on fish growth, was not observed in Se-supplemented diets PHI and PHO or in Se-rich
tuna diets. Similar protective effect of high dietary Se on MeHg-induced growth reduction was

reported in zebrafish exposed during 153 days to 10 mg/kg diet of SeMet and 12 mg/kg diet of
MeHg (Penglase et al., 2014).

405

406 *4.2. Effect of dietary MeHg on Se deposition in rainbow trout juveniles* 

No short-term effect of dietary MeHg was found on Se whole-body level. However, 407 higher Se retention and digestibility were noticed after long-term exposure to MeHg-408 409 supplemented plant-based diets. Similarly, fish fed MeHg-supplemented tuna-based diets displayed higher Se retention, highlighting the effects of dietary MeHg on whole-body Se 410 deposition in both dietary groups. The increase of Se digestibility observed in fish fed MeHg-411 412 supplemented diets contradicts the decreased SeMet digestibility described in juvenile white sturgeon by Huang et al. (2013). The differences observed in both studies could be attributed 413 to the dissimilar Hg and Se exposures. In the study of Huang et al. (2013), MeHg and SeMet 414 415 were administered by intragastric gavage at lower concentration than in our study (0.85 mg Hg/kg body weight and 0.5 mg Se/kg body weight). On the other hand, the increase of whole-416 417 body Se level measured in fish fed MeHg-supplemented diets was reported in Sacramento spittail larvae exposed to dietary SeMet (0.64-35.0 mg/kg diet) and MeHg (0.01-11.7 mg/kg 418 419 diet) with higher whole-body Se level when concomitantly exposed to SeMet and MeHg (Deng et al., 2008). The increase of body Se level in fish exposed simultaneously to MeHg and Se in 420 comparison to the one only exposed to Se could be attributed to the formation of Se-Hg 421 complexes such as mercury selenide recently identified in freshwater fish as Hg detoxification 422 423 pathway (Manceau et al., 2021).

424

425 4.3. Effect of dietary Se on Hg deposition, pro-inflammatory cytokines, growth in rainbow trout
426 juveniles and interactive effect of dietary MeHg

A short-term effect of Se(IV) was observed on Hg deposition with lower whole-body 427 428 Hg level and retention measured in fish fed THI diet. This result highlights the superiority of 429 Se(IV) over SeMet to reduce Hg level in agreement with data reported in rainbow trout and goldfish by Bjerregaard et al. (1999, 2011). The lack of dietary SeMet effect on Hg deposition 430 has also been reported in muscle of rainbow trout fed concomitantly MeHg and SeMet by 431 Ribeiro et al. (2022), stressing the importance of Se chemical form on Hg detoxification. The 432 433 lowering effect of Se(IV) supplementation in Se-rich tuna-based diets on body Hg accumulation was not noticed in Se-low plant-based diets, supporting the idea of a minimal Se threshold 434 concentration to detect effects on Hg accumulation, as reported in an earlier study (Bjerregaard 435 436 et al., 2011).

A protective effect of dietary Se on the short-term pro-inflammatory effect of dietary 437 MeHg was recorded in our study. Both Se(IV) and SeMet addition in tuna-based diets helped 438 439 to alleviate the increase of TNF- $\alpha$  level by dietary MeHg addition after a short-term exposure whereas only SeMet reduced TNF- $\alpha$  level after a long-term exposure. This result highlights the 440 441 superiority of SeMet to afford protection against MeHg pro-inflammatory effects in the long term in presence of high dietary basal Se level in tuna-based diets, as the lowering effect of 442 443 SeMet on cytokine levels was not observed with plant-based diets. The greater capacity of 444 SeMet over Se(IV) to reduce inflammatory response was also reported in head kidney leucocytes isolated from Atlantic salmon post-smolts after a 9-week feeding trial (Antony Jesu 445 Prabhu et al., 2020). As described earlier, inflammation could be responsible for a reduction of 446 447 fish growth (Agboola et al., 2022). In fish fed plant-based diets, Se supplementation had no influence on the inflammatory state of fish, despite an improvement of growth in fish fed the 448 Se-supplemented diets PHI and PHO compared to fish fed the MeHg-supplemented diet PH. 449 Thus, as mentioned before, inflammation alone cannot explain effects on fish growth. 450

On the other hand, despite the anti-inflammatory effect of Se discussed above, too high 451 452 dietary Se level could also be detrimental. After a short-term feeding with the Se(IV)supplemented tuna-based diet TI, plasma TNF-a content was increased. Evidences of pro-453 inflammatory effects in presence of high dietary Se levels are scarce in fish. To our knowledge, 454 only the study of Pérez-Valenzuela et al. (2021) reported mononuclear cell infiltration in 455 rainbow trout liver, a sign of early inflammation after an 8-week feeding trial using 10 mg Se/kg 456 457 diet supplied as Se-yeast, an organic chemical form of Se. IL-6 levels were increased after a long-term exposure with Se-supplemented tuna-based diets compared to fish fed non Se-458 supplemented tuna-based diets, strengthening the possibility of pro-inflammatory response 459 460 occurring after a Se supplementation in presence of high dietary Se level.

The growth reduction noticed with TI after 6 months of feeding suggests the 461 supplementation with Se(IV) in tuna-based diet containing high basal Se level might be toxic 462 463 for rainbow trout but not when supplemented as SeMet. Se toxicity threshold in fish depends on chemical form of Se (Berntssen et al., 2018) and Se(IV) is considered more toxic than SeMet 464 (Berntssen et al., 2017) with a lower toxicity threshold (Berntssen et al., 2018). These results 465 are in accordance with our study as we did not observe adverse effects on growth with SeMet, 466 467 despite the similar dietary Se level assessed in our tuna-based diets (9 mg Se/kg diet). However, 468 it is important to note that, in tuna-based diets, basal Se level represents about 80% of the total Se concentration found in Se-supplemented tuna-based diets. The suspected principal chemical 469 form of Se found in tuna is selenoneine, an organic chemical form of Se (Yamashita and 470 471 Yamashita, 2010). Thus our results might rely on the chemical form added in the diet but also on the high basal Se level naturally present in tuna-based diets. It might be of great interest to 472 perform a speciation analysis on tuna by-products and fish fed with these tuna-based diets to 473 precisely characterize chemical form of Se. 474

When MeHg was added to TI diet, detrimental effects on fish growth performance were
alleviated, underlying an antagonist effect of MeHg, maybe through the formation of Hg-Se
compounds that are potentially associated with a reduction of Se bioavailability (Raymond and
Ralston, 2020).

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## 480 *4.4. Tuna by-products an interesting source of selenium for aquafeeds?*

481 Tuna-based diets used in the present study displayed high Se levels, far above salmonid requirement (Antony Jesu Prabhu et al., 2020). Despite Se concentration in the TC diet equal 482 to 7.5 mg Se/kg diet and thus below levels reported to reduce fish growth performance: 13 mg 483 484 Se/kg diet supplied as Se(IV) for rainbow trout (Hilton et al., 1982) and 11 mg Se/kg diet for Atlantic salmon (Berntssen et al., 2018), it might be safer to reduce dietary Se level. Tuna, like 485 other fish, accumulate Se mainly in liver and kidney (Ruelas-Inzunza et al., 2018; Belmonte et 486 487 al., 2021). These organs are parts of tuna by-products, thus adjusting their level in by-products might be interesting to control Se level. Another possibility to reduce dietary Se level is to 488 decrease the level of tuna by-products inclusion, in our study, we used an inclusion level of 489 60%, lower level might be suitable. 490

491 However, the main concern of FM prepared from tuna by-products used in aquaculture 492 comes from the presence of contaminants, especially MeHg (Kim et al., 2019). In Europe, the limit for Hg concentration in rainbow trout muscle must not exceed 0.3 mg/kg for human 493 consumption (European Union, 2022). This threshold was not exceeded at whole-body level in 494 495 fish fed the control tuna-based diet, even after 6 months of feeding, with whole-body Hg level concentration of 0.13 mg Hg/kg that might comply with the existing EU regulation, highlighting 496 497 the potential of this ingredient for aquafeeds. However, Hg is known to accumulate in muscle (Giblin and Massaro, 1973) and so the Hg level in muscle is requested to conclude about the 498 potential use of tuna by-products as aquafeed ingredient for rainbow trout aquaculture. 499

500

## 501 5. Conclusion

In conclusion, the present work highlights the importance of dietary chemical forms and 502 concentration of Se on the understanding of MeHg and Se effects. MeHg accumulation was 503 reduced by Se(IV) in high Se tuna-based diets after a short-term exposure and MeHg-induced 504 505 pro-inflammatory response was hampered by SeMet in high Se tuna-based diets. On the other 506 hand, growth performance and inflammatory status were impaired by Se(IV) in Se-rich tunabased diets, and paradoxically, antagonist effect by MeHg supplementation was displayed. Se 507 digestibility, body content and retention were also higher in fish exposed to dietary MeHg, that 508 509 deserves further investigation.

510

## 511 Abbreviations

512 ALAT, alanine amino transferase; ASAT, aspartate amino transferase; Hg, mercury; IL-1β, interleukine 1ß; IL-6, interleukine 6; MeHg, methylmercury; PC, control plant-based diet; PH, 513 514 methylmercury-supplemented plant-based diet; PHI, methylmercury and selenitesupplemented plant-based diet; PHO, methylmercury and selenomethionine supplemented 515 plant-based diet; PI, selenite-supplemented plant-based diet; PO, selenomethionine-516 517 supplemented plant-based diet; Se, selenium; Se(IV), selenite; SeMet, selenomethionine; TNF- $\alpha$ , tumor necrosis factor  $\alpha$ ; TC, control tuna-based diet; TH, methylmercury-supplemented tuna-518 based diet; THI, methylmercury and selenite-supplemented tuna-based diet; THO, 519 520 methylmercury and selenomethionine-supplemented tuna-based diet; TI, selenitesupplemented tuna-based diet; TO, selenomethionine-supplemented tuna-based diet. 521

522

#### 523 Author's contributions

MB: Conceptualization, Formal analysis, Investigation, Data curation, Writing – original draft,
review & editing, Visualization; AJPP: Conceptualization, Formal analysis, Investigation,
Writing – review & editing, Funding acquisition; AB: Formal analysis, Data curation; AH:
Formal analysis, Data curation; JR: Writing – review & editing, Supervision; ZPZ:
Conceptualization, Writing – review & editing, Funding acquisition; SFD: Conceptualization,
Formal analysis, Investigation, Data curation, Writing – review & editing, Supervision.

531 Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personalrelationships that could have appeared to influence the work reported in this paper.

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## 535 Data availability

536 Data will be made available on request

537

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- 733

## 734 **Table 1a**

735	Experimental	diet formulation	and compo	sition.
, 33	Lapornioniui	alot formaturion	und compo	oncion.

Diet	Plant-based diets	Tuna-based diets
Ingredients (%)		
Plant-derived proteins <sup>a</sup>	73.8	25.8
Tuna by-products <sup>b</sup>	-	60
Crystalline amino acid premix <sup>c</sup>	3.2	-
Rapeseed lecithin <sup>d</sup>	2	-
Vegetable oils <sup>e</sup>	8	8
Fish oil <sup>f</sup>	8	4
Vitamin and mineral premixes <sup>g</sup>	5	2.2
Sodium selenite (mg Se/kg diet)	-	-
L-selenomethionine (mg Se/kg diet)	-	-
Methylmercury chloride (mg Hg/kg diet)	-	-
Analytical composition		
Dry matter (DM, %)	97.4	97.7
Crude protein (% DM)	49.3	51.2
Total lipid (% DM)	22.0	19.1
Gross energy (kJ/g DM)	24.8	24.1
Starch (% DM)	8.2	11.6
Ash (% DM)	6.7	7.8

<sup>a</sup> Plant-derived proteins (% diet in plant-based or tuna meal-based diets respectively): wheat

737 gluten, 18 or 0 (Roquette, France); corn gluten, 17 or 0 (Inzo, France); soybean protein

concentrate, 15 or 0 (Estril®75 Sopropêche, France); soybean meal, 5 or 0 (Sud-Ouest Aliment,

- France); white lupin meal, 5 or 0 (Farilup500 Terrena, France); rapeseed meal, 5 or 0 (Primor
- 740 00 Sud-Ouest Aliment, France); dehulled pea mea, 3.8 or 10.8 (Primatex Sotexpro, France),
- 741 whole wheat, 5 or 15 (Sud-Ouest Aliment, France).
- <sup>b</sup>Tuna meal HighPro68 (Port-Louis, Mauritius).
- <sup>c</sup>Crystalline amino acid premix (% diet): L-lysine, 1.4; DL-methionine, 0.3; glucosamine, 0.5;
- taurine, 0.3; betaine, 0.3; glycine, 0.2; alanine, 0.2.
- 745 <sup>d</sup> Adivec (France).
- <sup>e</sup> Vegetable oils (% diet): rapeseed oil, 4; linseed oil, 2.4; palm oil 1.6.
- <sup>f</sup>Sopropêche (France).
- <sup>g</sup>Vitamin and mineral premixes Se-free (per kg diet): retinyl acetate, 5000 IU; cholecalciferol,
- 749 2500 IU; DL-α-tocopheryl acetate, 50 IU; sodium menadione bisulfate, 10 mg, thiamin-HCl, 1

- mg; riboflavin, 4 mg; niacin, 10 mg; D-calcium pantothenate, 20 mg; pyridoxine-HCl, 3 mg;
- myo-inositol, 0.3 g; D-biotin, 0.2 mg; folic acid, 1 mg; cyanocobalamin, 0.01 mg; L-ascorbyl-
- 2-polyphosphate, 50 mg; choline-HCl, 1 g; CaHPO4.2H<sub>2</sub>O (18% P; 22% Ca), 33 or 5 g in plant-
- based or tuna meal-based diets respectively; CaCO<sub>3</sub> (40% Ca), 2.15 g; MgOH<sub>2</sub> (42% Mg), 1.24
- 754 g; KCl (52% K), 0.9 g; NaCl (39% Na), 0.4 g; FeSO<sub>4</sub>·H<sub>2</sub>O (33% Fe), 20 mg; ZnSO<sub>4</sub>·H<sub>2</sub>O (36%
- 755 Zn), 35 mg; MnO (77%); 10 mg; CuSO<sub>4</sub>·5H<sub>2</sub>O (25% Cu), 5 mg; NaF (45% F), 10 mg; CaI<sub>2</sub>
- 756 (86% I), 3 mg; CoCO<sub>3</sub> (50% Co), 0.05 mg; BHA, 0.75 mg; BHT, 0.75 mg; propyl gallate, 0.15
- mg; sepiolite, 200 mg. All ingredients were diluted with  $\alpha$ -cellulose.

## 759 Table 1b

760 Supplementation level for sodium selenite, L-selenomethionine and methylmercury chloride

and elemental composition of tuna and plant-based diets.

Diet	Plant-	based	diets				Tuna-	based	d diets			
	PC	PH	PI	PHI	РО	PHO	TC	TH	TI	THI	ТО	THO
Ingredients												
Sodium selenite (mg Se/kg diet)	-	-	1.5	1.5	-	-	-	-	1.5	1.5	-	-
L-selenomethionine (mg Se/kg diet)	-	-	-	-	1.5	1.5	-	-	-	-	1.5	1.5
Methylmercury chloride (mg Hg/kg diet)	-	2	-	2	-	2	-	1.6	-	1.6	-	1.6
Elemental composition (mg/kg diet)												
Mercury	-	1.8	-	1.9	-	1.9	0.3	1.9	0.3	2.1	0.3	1.8
Selenium	0.3	0.3	3.2	2.3	2.3	2.0	7.5	7.2	9.0	9.8	9.0	9.0
Molar ratio of Se/Hg	-	0.4	-	3.1	-	2.6	62.7	9.9	84.7	11.9	83.2	13.0

<sup>762</sup> 

764 Growth performance, proximate body composition and retention of rainbow trout juveniles fed

765	plant-based diets	for 21	(D21) or	168 days	(D168).
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Plant based-diets	PC	PH	PI	PHI	PO	РНО	<i>p</i> <sub>Hg</sub>	<b>p</b> Se	<i>p</i> <sub>Hg×Se</sub>	
Growth performan	ice		-	-	-		V			
FI <sup>1</sup> D21	$0.8 \pm 0.0$	$0.7\pm0.0$	$0.8\pm0.0$	$0.8\pm0.0$	$0.7\pm0.0$	$0.8 \pm 0.0$	0.434	0.441	0.131	
FI <sup>1</sup> D168	$2.9\pm0.1$	$2.7\pm0.0$	$3.0 \pm 0.1$	$2.9 \pm 0.1$	$2.7\pm0.1$	$2.9\pm0.0$	0.590	0.587	0.391	
FCR <sup>2</sup> D21	$0.79\pm0.01^{a}$	$0.88\pm0.02^{a}$	$0.85\pm0.03^{a}$	$0.79\pm0.01^{a}$	$0.81\pm0.03^{a}$	$0.82\pm0.01^{a}$	0.400	0.630	0.023	
FCR <sup>2</sup> D168	$0.89\pm0.01$	$0.92\pm0.04$	$0.94\pm0.01$	$0.94\pm0.01$	$0.90\pm0.02$	$0.93\pm0.03$	0.306	0.318	0.791	
PER <sup>3</sup> D21	$2.6\pm0.0^{a}$	$2.3\pm0.1^{a}$	$2.4\pm0.1^{a}$	$2.6\pm0.0^{\text{a}}$	$2.5\pm0.0^{a}$	$2.5\pm0.0^{a}$	0.309	0.768	0.018	
PER <sup>3</sup> D168	$2.3\pm0.0$	$2.2\pm0.1$	$2.2\pm0.0$	$2.2\pm0.0$	$2.3\pm0.0$	$2.2\pm0.1$	0.279	0.253	0.649	
HSI <sup>4</sup> D21	$1.2 \pm 0.1$	$1.3 \pm 0.1$	$1.0 \pm 0.0$	$1.1 \pm 0.1$	$1.1 \pm 0.0$	$1.1 \pm 0.0$	0.937	0.072	0.373	
<u>HSI<sup>4</sup> D168</u>	$0.9\pm0.0$	$0.9\pm0.0$	$0.9\pm0.0$	$0.8\pm0.0$	$0.9\pm0.0$	$0.9\pm0.0$	0.457	0.729	0.729	
SR <sup>5</sup> D21	$99 \pm 2$	$98 \pm 2$	$97 \pm 3$	$99 \pm 1$	$100\pm0$	$99 \pm 1$	0.826	0.990	0.499	
SR <sup>5</sup> D168	$95 \pm 4$	$98 \pm 2$	$97 \pm 3$	$97 \pm 3$	$96 \pm 4$	$98 \pm 2$	0.278	0.934	0.743	
$\mathbf{R}_{adv}$ composition <sup>6</sup>										
Dry matter D21	31 + 0	31 + 1	31 + 1	31 + 0	32 + 1	31 + 1	0.455	0.511	0.933	
Dry matter D168	$33 \pm 1^{b}$	$35 \pm 0^{ab}$	$37 \pm 0^{a}$	$35 \pm 0^{ab}$	$36 \pm 0^{ab}$	$37 \pm 0^{a}$	0.693	0.021	0.036	
Protein D21	$15 \pm 0$	$16 \pm 0$	$15 \pm 0$	$15 \pm 0$	$16 \pm 0$	$16 \pm 0$	0.164	0.173	0.167	
Protein D168	$17 \pm 1$	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	0.978	0.877	0.263	
Lipid D21	$14 \pm 0$	$13 \pm 1$	$14 \pm 0$	$13 \pm 0$	$14 \pm 1$	$13 \pm 0$	0.190	0.827	0.892	
Lipid D168	$15\pm1^{b}$	$16\pm0^{ab}$	$18\pm0^{a}$	$17 \pm 1^{ab}$	$17 \pm 1^{a}$	$18\pm0^{a}$	0.577	0.004	0.029	
Energy D21	$9.1 \pm 0.1$	$8.9 \pm 0.2$	$9.0 \pm 0.2$	$8.7 \pm 0.1$	$9.1 \pm 0.4$	$9.0 \pm 0.3$	0.353	0.640	0.833	
Energy D168	$9.7\pm0.4^{b}$	$10.5\pm0.0^{ab}$	$11.2\pm0.1^{a}$	$10.5\pm0.2^{ab}$	$10.7\pm0.2^{\rm a}$	$10.9\pm0.0^{a}$	0.780	0.010	0.017	
Ash D21	$1.9\pm0.0$	$2.0 \pm 0.1$	$1.9\pm0.0$	$2.1 \pm 0.2$	$2.0 \pm 0.1$	$1.8 \pm 0.1$	0.997	0.779	0.273	
Ash D168	$2.1\pm0.0$	$2.0 \pm 0.1$	$2.0\pm0.0$	$2.0\pm0.0$	$2.0 \pm 0.1$	$2.0\pm0.0$	0.958	0.522	0.345	
Body retention <sup>7</sup>										
Dry matter D21	$41 \pm 1$	$37 \pm 2$	36 ± 1	$38 \pm 2$	$42 \pm 3$	$39 \pm 3$	0.258	0.355	0.350	
Dry matter D168	$38 \pm 2$	$39 \pm 1$	$41 \pm 0$	$39\pm0$	$41 \pm 1$	$40 \pm 1$	0.733	0.366	0.366	
Protein D21	$40 \pm 0$	$41 \pm 2$	$38 \pm 2$	$40 \pm 1$	$42 \pm 2$	$41 \pm 1$	0.520	0.211	0.697	
Protein D168	$39 \pm 2$	$39 \pm 1$	$38 \pm 1$	$37 \pm 0$	$38 \pm 1$	$37 \pm 1$	0.397	0.506	0.817	
Lipid D21	$81 \pm 7$	$65 \pm 10$	$74 \pm 2$	$67 \pm 5$	$79 \pm 11$	$74\pm8$	0.165	0.754	0.771	
Lipid D168	$78\pm5$	$86 \pm 2$	$93 \pm 2$	$84 \pm 3$	$89 \pm 4$	$94 \pm 2$	0.615	0.036	0.066	
Energy D21	$51 \pm 2$	$44 \pm 3$	$46 \pm 1$	$44 \pm 2$	$50\pm5$	$48 \pm 4$	0.227	0.502	0.736	
Energy D168	$45 \pm 3$	$48 \pm 1$	$50 \pm 1$	$46 \pm 1$	$49 \pm 2$	49 ± 1	0.814	0.246	0.130	
Ash D21	$39\pm 6$	$30\pm5$	$35 \pm 4$	$46 \pm 10$	$43 \pm 3$	$30\pm 5$	0.514	0.620	0.160	
Ash D168	$38\pm1^{a}$	$28\pm0^{c}$	$34\pm1^{b}$	$34\pm0^{b}$	$34\pm1^{b}$	$35\pm1^{b}$	<0.001	0.183	<0.001	
766 PC, no	ot supplement	nted; PH, sup	plemented v	vith MeHg; I	PI, suppleme	nted with $\overline{Se}$	(IV); PI	HI, T	_	

supplemented with both MeHg and Se(IV); PO, supplemented with SeMet; PHO, supplemented

with both MeHg and SeMet.

769 Values represent means  $\pm$  SEM (n = 3). Means not sharing a common superscript letter are 770 significantly different ( $P_{\text{Hg}\times\text{Se}} < 0.05$ ) according to two-way ANOVA to test the effect of MeHg supplementation ( $P_{Hg}$ ), Se supplementation ( $P_{Se}$ ) and the interaction ( $P_{Hg \times Se}$ ) followed by a 771 Tukey's post hoc test. <sup>1</sup>FI, absolute feed intake expressed as g per fish per day = total dry feed 772 intake per tank / (number of fish in tank  $\times$  number of days over the experimental period). <sup>2</sup>FCR, 773 feed conversion ratio = dry feed intake / wet weight gain.  ${}^{3}PER$ , protein efficiency ratio = fish 774 weight gain / crude protein intake.  $^{4}$ HSI, hepatosomatic index expressed as % = liver weight / 775 776 fish weight.<sup>5</sup>SR, survival rate expressed as %. <sup>6</sup>Body composition expressed as % for dry matter, crude protein, total lipid and ash and kJ/g for gross energy. <sup>7</sup>Body nutrient retention 777 expressed as  $\% = [(final weight \times final body nutrient content) - (initial weight \times initial body)]$ 778 nutrient content)] / (total feed intake  $\times$  feed nutrient content)  $\times$  100. 779

781 Growth performance, proximate body composition and retention of rainbow trout juveniles fed

782	tuna-based diets for 21	(D21) or 168 day	s (D168).
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Tuna based-diets	TC	TH	TI	THI	ТО	THO	<i>p</i> <sub>Hg</sub>	p <sub>Se</sub>	<i>p</i> <sub>Hg×Se</sub>
Growth performan	ice	-	-	-					<u> </u>
FI <sup>1</sup> D21	$0.7 \pm 0.0$	$0.6 \pm 0.0$	$0.6 \pm 0.0$	$0.6 \pm 0.0$	$0.6 \pm 0.0$	$0.6 \pm 0.0$	0.677	0.097	0.060
FI <sup>1</sup> D168	$2.6\pm0.0$	$2.6 \pm 0.2$	$2.3\pm0.1$	$2.8\pm0.0$	$2.7\pm0.0$	$2.7 \pm 0.1$	0.047	0.427	0.062
FCR <sup>2</sup> D21	$0.73\pm0.01^a$	$0.76\pm0.01^a$	$0.88\pm0.09^{a}$	$0.74\pm0.02^{a}$	$0.75\pm0.01^{a}$	$0.78\pm0.02^a$	0.878	0.427	0.028
FCR <sup>2</sup> D168	$0.84\pm0.01^{ab}$	$0.88\pm0.01^{a}$	$0.88\pm0.01^{a}$	$0.86\pm0.01^{\text{ab}}$	$0.85 \pm 0.01^{ab}$	$0.83\pm0.00^{b}$	0.960	0.012	0.010
PER <sup>3</sup> D21	$2.7\pm0.0^{a}$	$2.6\pm0.0^{a}$	$2.3\pm0.2^{a}$	$2.7\pm0.1^{a}$	$2.6\pm0.0^{a}$	$2.5\pm0.1^{a}$	0.460	0.255	0.046
PER <sup>3</sup> D168	$2.3\pm0.0^{ab}$	$2.2\pm0.0^{b}$	$2.2\pm0.0^{b}$	$2.3\pm0.0^{ab}$	$2.3\pm0.0^{ab}$	$2.4\pm0.0^{a}$	0.922	0.006	0.017
HSI <sup>4</sup> D21	$1.6 \pm 0.1$	$1.6 \pm 0.0$	$1.5\pm0.0$	$1.6 \pm 0.1$	$1.7 \pm 0.1$	$1.7 \pm 0.0$	0.951	0.069	0.778
HSI <sup>4</sup> D168	$1.3 \pm 0.0$	$1.1 \pm 0.0$	$1.2\pm0.0$	$1.1 \pm 0.1$	$1.2\pm0.0$	$1.1 \pm 0.0$	<0.001	0.406	0.287
SR <sup>5</sup> D21	99 ± 1	99 ± 1	$100 \pm 0$	$100 \pm 0$	$100 \pm 0$	99 ± 1	0.990	0.138	0.398
SR <sup>5</sup> D168	$96 \pm 2$	$92\pm7$	$90 \pm 1$	$90 \pm 6$	$94 \pm 0$	$84 \pm 9$	0.073	0.298	0.266
	_								
<b>Body composition</b>			-	-	<del>.</del>		-		
Dry matter D21	$30 \pm 1$	$31 \pm 0$	$31 \pm 1$	$30 \pm 0$	$30 \pm 0$	$29 \pm 0$	0.196	0.217	0.470
Dry matter D168	$33 \pm 1$	$33 \pm 0$	$34 \pm 1$	$33 \pm 0$	$34 \pm 1$	$33 \pm 1$	0.405	0.935	0.950
Protein D21	$16 \pm 0$	$16 \pm 0$	$16 \pm 0$	$16 \pm 0$	$16 \pm 0$	$16 \pm 0$	0.955	0.704	0.727
Protein D168	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	0.386	0.444	0.440
Lipid D21	$16 \pm 0$	$16 \pm 0$	$16 \pm 0$	$16 \pm 0$	$16 \pm 0$	$16 \pm 0$	0.955	0.704	0.727
Lipid D168	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	$17 \pm 0$	0.386	0.444	0.440
Energy D21	$8.4\pm0.2$	$8.3\pm0.2$	$8.7\pm0.2$	$8.2\pm0.1$	$8.5\pm0.2$	$8.1 \pm 0.1$	0.048	0.596	0.567
Energy D168	$9.7\pm0.4$	$9.5\pm0.1$	$9.9\pm0.3$	$9.7\pm0.1$	$9.7\pm0.3$	$9.5\pm0.3$	0.440	0.826	0.978
Ash D21	$2.2 \pm 0.1$	$2.2\pm0.2$	$2.1 \pm 0.0$	$2.0 \pm 0.1$	$2.2\pm0.0$	$2.1 \pm 0.0$	0.351	0.496	0.788
Ash D168	$2.2\pm0.1$	$2.3\pm0.1$	$2.1 \pm 0.1$	$2.0 \pm 0.1$	$1.9\pm0.1$	$2.0\pm0.0$	0.824	0.078	0.806
Rody retention <sup>6</sup>									
Dry matter D21	40 + 2	39 + 1	-34 + 5	38 + 2	38 + 2	33 + 1	0.692	0 243	0.261
Dry matter D168	41 + 1	$38 \pm 0$	$39 \pm 1$	$39 \pm 0$	40 + 1	41 + 1	0.416	0.261	0.241
Protein D21	$47 \pm 2$	$44 \pm 1$	$42 \pm 1$	$47 \pm 1$	$44 \pm 1$	$45 \pm 4$	0.558	0.881	0.152
Protein D168	$40 \pm 1$	$38 \pm 1$	$37 \pm 1$	$38 \pm 0$	$40 \pm 0$	$40 \pm 0$	0.437	0.012	0.130
Lipid D21	$69 \pm 5$	$65 \pm 5$	$55 \pm 16$	$58 \pm 7$	$62 \pm 10$	$40 \pm 7$	0.335	0.250	0.406
Lipid D168	$98 \pm 7$	$87 \pm 0$	$95 \pm 7$	$97 \pm 2$	$94 \pm 6$	$92 \pm 5$	0.398	0.789	0.511
Energy D21	$45 \pm 3$	$41 \pm 4$	$42 \pm 6$	$41 \pm 3$	$44 \pm 4$	$35 \pm 2$	0.158	0.678	0.473
Energy D168	$49 \pm 2$	$46 \pm 0$	$48 \pm 1$	$48 \pm 0$	$49 \pm 2$	$49 \pm 2$	0.431	0.633	0.449
Ash D21	$48 \pm 4$	59 ± 14	$40 \pm 3$	$38 \pm 7$	$47 \pm 2$	$39 \pm 3$	0.962	0.148	0.405
Ash D168	$33 \pm 2$	$40 \pm 2$	$29 \pm 1$	$29 \pm 2$	$28 \pm 3$	$29 \pm 1$	0.078	<0.001	0.134
783 TC, n	ot supplemen	nted; TH, sup	oplemented w	vith MeHg; 7	FI, supplement	nted with Se	(IV); TI	HI,	

supplemented with both MeHg and Se(IV); TO, supplemented with SeMet; THO,

supplemented with both MeHg and SeMet.

Values represent means  $\pm$  SEM (n = 3). Means not sharing a common superscript letter are 786 787 significantly different ( $P_{\text{Hg}\times\text{Se}} < 0.05$ ) according to two-way ANOVA to test the effect of MeHg supplementation ( $P_{Hg}$ ), Se supplementation ( $P_{Se}$ ) and the interaction ( $P_{Hg \times Se}$ ) followed by a 788 Tukey's post hoc test. <sup>1</sup>FI, absolute feed intake expressed as g per fish per day = total dry feed 789 intake per tank / (number of fish in tank  $\times$  number of days over the experimental period). <sup>2</sup>FCR, 790 feed conversion ratio = dry feed intake / wet weight gain.  ${}^{3}PER$ , protein efficiency ratio = fish 791 weight gain / crude protein intake.  $^{4}$ HSI, hepatosomatic index expressed as % = liver weight / 792 793 fish weight. <sup>5</sup>SR, survival rate expressed as %. <sup>6</sup>Body composition expressed as % for dry matter, crude protein, total lipid and ash and kJ/g for gross energy. <sup>7</sup>Body nutrient retention 794 expressed as  $\% = [(final weight \times final body nutrient content) - (initial weight \times initial body)]$ 795 nutrient content)] / (total feed intake  $\times$  feed nutrient content)  $\times$  100. 796

Hg and Se whole body retention, faecal content and apparent digestibility coefficient in fish fed

Plant based-diets	PC	PH	PI	PHI	PO	РНО	DHg	<b>D</b> Se	<b>D</b> H <sub>9×Se</sub>
Hg retention <sup>1</sup> D21	_	$74\pm 6$	-	$74 \pm 2$	-	$77 \pm 2$	- 1		-
Hg retention <sup>1</sup> D168	-	$56 \pm 2$	-	$66 \pm 1$	-	$69 \pm 0$	-	-	-
Faecal Hg content <sup>2</sup> D168	$1\pm 0$	$96 \pm 4$	$3 \pm 1$	$115 \pm 7$	$3\pm0$	$98\pm5$	<0.001	0.041	0.053
ADC <sub>Hg</sub> <sup>3</sup> D168	-	$87\pm0$	-	$86 \pm 0$	-	$87\pm0$	-	-	-
Se retention <sup>4</sup> D21	$16\pm7$	$24\pm7$	$34 \pm 0$	$38\pm7$	$66 \pm 9$	$67\pm4$	0.352	<0.001	0.812
Se retention <sup>4</sup> D168	$49\pm2^{\text{b}}$	$51\pm3^{b}$	$21\pm1^{d}$	$32 \pm 1^{c}$	$47 \pm 1^{b}$	$57\pm1^{a}$	<0.001	<0.001	0.041
Faecal Se content <sup>5</sup> D168	$42\pm2^{e}$	$39\pm0^{e}$	$371\pm4^a$	$172 \pm 14^{b}$	$0.140 \pm 10^{\circ}$	$104\pm5^{d}$	<0.001	<0.001	<0.001
ADC <sub>se</sub> <sup>6</sup> D168	$58\pm2$	$67\pm0$	$70 \pm 1$	$82 \pm 1$	$81 \pm 1$	$87\pm0$	<0.001	<0.001	0.247
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plant-based diets for 21 (D21) and 168 (D168) days.

801 PC, not supplemented; PH, supplemented with MeHg; PI, supplemented with Se(IV); PHI,

supplemented with both MeHg and Se(IV); PO, supplemented with SeMet; PHO, supplemented

803 with both MeHg and SeMet.

Values represent means  $\pm$  SEM (n = 3). Means not sharing a common superscript letter are 804 significantly different ( $P_{Hg*Se} < 0.05$ ) according to two-way ANOVA performed in each dietary 805 basis at each time to test the effect of methylmercury supplementation  $(P_{Hg})$ , selenium 806 supplementation ( $P_{\text{Se}}$ ) and the interaction ( $P_{\text{Hg}\times\text{Se}}$ ) followed by a Tukey's post hoc test. <sup>1</sup>Hg 807 retention =  $100 \times [(\text{final body weight} \times \text{final body Hg content}) - (\text{initial body weight} \times \text{initial})$ 808 body Hg content)) / (total feed intake  $\times$  dietary Hg content). <sup>2</sup>Hg faeces content (pg/kg wet 809 810 weight). <sup>3</sup>ADC<sub>Hg</sub>, apparent digestibility coefficient for Hg =  $100 - [100 \times (\text{faecal Hg content} / 100 \times (\text{faecal Hg con$ dietary Hg content)  $\times$  (dietary vanadium content / faecal vanadium content)]. <sup>4</sup>Se retention = 811  $100 \times [(\text{final body weight} \times \text{final body Se content}) - (initial body weight \times \text{initial body Se})$ 812 content)] / (total feed intake  $\times$  dietary Se content). <sup>5</sup>Se faecal content (µg/kg wet weight). 813 <sup>6</sup>ADCs<sub>e</sub>, apparent digestibility coefficient for Se =  $100 - [100 \times (faecal Se content / dietary Se$ 814 content) × (dietary vanadium content / faecal vanadium content)]. 815

Hg and Se whole body retention, faecal content and apparent digestibility coefficient of in fish

Tuna based-diets	ТС	TH	TI	THI	ТО	ТНО	<b>p</b> <sub>Hg</sub>	<b>p</b> Se	<i>p</i> <sub>Hg×Se</sub>
Hg retention <sup>1</sup> D21	$55\pm3^{b}$	$57 \pm 1^{b}$	$75\pm2^{a}$	$40\pm2^{c}$	$67\pm8^{ab}$	$60\pm3^{b}$	<0.001	0.156	<0.001
Hg retention <sup>1</sup> D168	$57 \pm 3$	$55\pm3$	$94 \pm 21$	$54 \pm 1$	$78\pm2$	$52\pm5$	0.010	0.180	0.141
Faecal Hg content <sup>2</sup> D168	$62\pm9$	$366\pm34$	$81 \pm 12$	$402\pm35$	$63 \pm 4$	$366\pm49$	<0.001	0.536	0.943
ADC <sub>Hg</sub> <sup>3</sup> D168	$49\pm4$	$58\pm1$	$38\pm8$	$61 \pm 2$	$48\pm2$	$51\pm7$	0.007	0.667	0.129
Se retention <sup>4</sup> D21	$17 \pm 1$	$16 \pm 1$	$18 \pm 1$	$16 \pm 1$	$25 \pm 2$	$22 \pm 2$	0.026	<0.001	0.647
Se retention <sup>4</sup> D168	$9\pm0$	$10 \pm 1$	$10 \pm 1$	$12 \pm 1$	$16 \pm 1$	$18 \pm 1$	0.036	<0.001	0.880
Faecal Se content <sup>5</sup> D168	$2264 \pm 159$	$2247 \pm 137$	$2571\pm286$	$3026\pm224$	$2464 \pm 150$	$2388 \pm 128$	0.453	0.038	0.339
ADCse <sup>6</sup> D168	$23 \pm 1$	$33\pm 6$	$40 \pm 4$	$38 \pm 2$	$37 \pm 2$	$38 \pm 1$	0.352	0.009	0.191
820 TC, not supple	820 TC, not supplemented; TH, supplemented with MeHg; TI, supplemented with Se(IV); THI.								

fed tuna-based diets for 21 (D21) and 168 (D168) days.

821 supplemented with both MeHg and Se(IV); TO, supplemented with SeMet; THO,

supplemented with both MeHg and SeMet.

Values represent means  $\pm$  SEM (n = 3). Means not sharing a common superscript letter are 823 significantly different ( $P_{Hg*Se} < 0.05$ ) according to two-way ANOVA performed in each dietary 824 basis at each time to test the effect of methylmercury supplementation  $(P_{Hg})$ , selenium 825 supplementation ( $P_{Se}$ ) and the interaction ( $P_{Hg \times Se}$ ) followed by a Tukey's post hoc test. <sup>1</sup>Hg 826 retention =  $100 \times [(\text{final body weight} \times \text{final body Hg content}) - (\text{initial body weight} \times \text{initial})$ 827 body Hg content)) / (total feed intake  $\times$  dietary Hg content). <sup>2</sup>Hg faeces content (pg/kg wet 828 weight). <sup>3</sup>ADC<sub>Hg</sub>, apparent digestibility coefficient for Hg =  $100 - [100 \times (faecal Hg content /$ 829 dietary Hg content)  $\times$  (dietary vanadium content / faecal vanadium content)]. <sup>4</sup>Se retention = 830  $100 \times [(\text{final body weight} \times \text{final body Se content}) - (\text{initial body weight} \times \text{initial body Se})$ 831 content)] / (total feed intake  $\times$  dietary Se content). <sup>5</sup>Se faecal content (µg/kg wet weight). 832 <sup>6</sup>ADC<sub>se</sub>, apparent digestibility coefficient for Se =  $100 - [100 \times (\text{faecal Se content / dietary Se})]$ 833 content) × (dietary vanadium content / faecal vanadium content)]. 834

Plasma and blood health parameters in fish fed plant-based diets for 21 (D21) and 168 (D168)

838	days.
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Plant based-diets	PC	PH	PI	PHI	PO	РНО	<i>p</i> <sub>Hg</sub>	pse	<i>p<sub>Hg×Se</sub></i>
Lysozyme <sup>1</sup> D21	$23\pm 6$	$15 \pm 6$	$20 \pm 5$	$19 \pm 6$	$17 \pm 2$	$9\pm4$	0.120	0.349	0.742
Lysozyme <sup>1</sup> D168	$16 \pm 7$	$9\pm4$	$11 \pm 3$	$5 \pm 1$	$11 \pm 2$	$7 \pm 2$	0.111	0.467	0.885
Total protein <sup>2</sup> D21	$23 \pm 1$	$24 \pm 1$	$24 \pm 0$	$25 \pm 1$	$24 \pm 1$	$23\pm2$	0.399	0.702	0.666
Total protein <sup>2</sup> D168	$34 \pm 1^{b}$	$31 \pm 1^{b}$	$31 \pm 2^{b}$	$37\pm1^{a}$	$33 \pm 1^{b}$	$31 \pm 1^{b}$	0.686	0.478	0.002
Immunoglobulin <sup>3</sup> D21	$17 \pm 2$	$13 \pm 1$	$14 \pm 1$	$16 \pm 1$	$16 \pm 1$	$13\pm2$	0.149	0.931	0.134
Immunoglobulin <sup>3</sup> D168	$14\pm0^{ab}$	$17 \pm 1^{ab}$	$18\pm1^{a}$	$14 \pm 1^{b}$	$17 \pm 2^{ab}$	$17 \pm 1^{ab}$	0.764	0.495	0.022
Albumin <sup>4</sup> D21	$66 \pm 3$	$73\pm3$	$68 \pm 3$	$65 \pm 2$	$70\pm 6$	$64 \pm 3$	0.833	0.703	0.147
Albumin <sup>4</sup> D168	$65 \pm 2$	$73 \pm 3$	$67 \pm 2$	$65 \pm 3$	$67 \pm 2$	$70\pm2$	0.094	0.362	0.104
Glucose <sup>5</sup> D21	$1.2\pm0.0$	$1.1 \pm 0.1$	$1.2 \pm 0.1$	$1.1 \pm 0.1$	$1.1 \pm 0.1$	$1.1 \pm 0.1$	0.498	0.683	0.860
Glucose <sup>5</sup> D168	$0.9\pm0.1$	$0.8\pm0.1$	$0.9\pm0.1$	$0.9\pm0.1$	$1.0\pm0.0$	$0.9\pm0.1$	0.205	0.402	0.949
ASAT <sup>6</sup> D21	$233\pm24$	$231 \pm 11$	$208\pm9$	$194 \pm 32$	$225\pm15$	$216\pm16$	0.563	0.271	0.942
ASAT <sup>6</sup> D168	$176 \pm 21$	$155\pm13$	$161 \pm 4$	$209\pm67$	$204\pm11$	$151\pm20$	0.641	0.701	0.132
ALAT <sup>7</sup> D21	$370 \pm 41$	$279 \pm 167$	$316\pm57$	$470\pm52$	$198 \pm 11$	$339 \pm 166$	0.467	0.559	0.466
ALAT <sup>7</sup> D168	$278\pm83$	$295\pm33$	$299\pm93$	$136\pm92$	$274\pm68$	$215\pm78$	0.299	0.678	0.533
Haemoglobin <sup>8</sup> D21	$96 \pm 4$	$101 \pm 2$	$100 \pm 6$	$99 \pm 11$	$102 \pm 1$	$93\pm4$	0.765	0.917	0.462
Haemoglobin <sup>8</sup> D168	$33\pm16^{\text{b}}$	$69\pm4^{ab}$	$78\pm21^{ab}$	$110\pm9^{a}$	$110 \pm 10^{a}$	$82\pm7^{ab}$	0.216	0.006	0.046

839 PC, not supplemented; PH, supplemented with MeHg; PI, supplemented with Se(IV); PHI,

supplemented with both MeHg and Se(IV); PO, supplemented with SeMet; PHO, supplemented

841 with both MeHg and SeMet.

Values represent means  $\pm$  SEM (n = 3). Means not sharing a common superscript letter are significantly different ( $P_{Hg*Se} < 0.05$ ) according to two-way ANOVA performed in each dietary basis at each time to test the effect of methylmercury supplementation ( $P_{Hg}$ ), selenium supplementation ( $P_{Se}$ ) and the interaction ( $P_{Hg\times Se}$ ) followed by a Tukey's post hoc test. <sup>1</sup>Lysozyme (mg/L), <sup>2</sup>total protein (g/L), <sup>3</sup>immunoglobulin (% total protein), <sup>4</sup>albumin (% total protein), <sup>5</sup>glucose (g/L), <sup>6</sup>ASAT, aspartate amino-transferase (UI/L), <sup>7</sup>ALAT, alanine aminotransferase (UI/L). <sup>8</sup>Haemoglobin (g/L).

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Tuna based-diets	ТС	TH	TI	THI	TO	THO	$p_{Hg}$	<b>p</b> Se	p <sub>Hg×Se</sub>
Lysozyme <sup>1</sup> D21	$15\pm3^{ab}$	$13\pm3^{ab}$	$21 \pm 1^{a}$	$12\pm3^{ab}$	$10\pm4^{b}$	$19\pm1^{a}$	0.848	0.637	0.032
Lysozyme <sup>1</sup> D168	$16\pm7$	$15 \pm 2$	$13 \pm 2$	$14 \pm 13$	$23 \pm 16$	$11 \pm 2$	0.523	0.878	0.727
Total protein <sup>2</sup> D21	$26 \pm 1$	$26 \pm 1$	$24 \pm 2$	$26\pm2$	$28\pm2$	$25\pm0$	0.786	0.558	0.217
Total protein <sup>2</sup> D168	$37 \pm 2$	$33 \pm 2$	$35 \pm 2$	$35\pm3$	$32 \pm 1$	$36 \pm 2$	0.827	0.901	0.228
Immunoglobulin <sup>3</sup> D21	$15 \pm 1$	$10 \pm 2$	$14 \pm 3$	$15\pm0$	$13 \pm 1$	$16 \pm 1$	0.714	0.428	0.128
Immunoglobulin <sup>3</sup> D168	$14 \pm 1$	$16 \pm 1$	$14 \pm 1$	$16 \pm 2$	$16 \pm 1$	$14 \pm 1$	0.515	0.865	0.232
Albumin <sup>4</sup> D21	$64 \pm 5$	$68 \pm 3$	$61 \pm 1$	$66 \pm 1$	$59\pm3$	$67 \pm 3$	0.039	0.597	0.711
Albumin <sup>4</sup> D168	$69 \pm 4$	$70 \pm 4$	$77 \pm 2$	$71 \pm 3$	$76 \pm 2$	$71 \pm 3$	0.145	0.412	0.865
Glucose <sup>5</sup> D21	$1.2 \pm 0.1$	$1.6\pm0.1$	$1.1 \pm 0.1$	$1.4\pm0.0$	$1.4\pm0.0$	$1.5\pm0.1$	0.007	0.110	0.335
Glucose <sup>5</sup> D168	$0.8\pm0.1$	$0.8\pm0.2$	$0.8\pm0.1$	$0.8\pm0.0$	$0.7\pm0.1$	$0.9\pm0.1$	0.604	0.981	0.433
ASAT <sup>6</sup> D21	$184 \pm 2$	$212 \pm 24$	$195\pm27$	$195 \pm 2$	$207\pm13$	$210\pm18$	0.563	0.764	0.763
ASAT <sup>6</sup> D168	$263\pm 66$	$250\pm13$	$372\pm57$	$263\pm63$	$303\pm65$	$254\pm62$	0.253	0.600	0.725
ALAT <sup>7</sup> D21	$445 \pm 129$	$304 \pm 72$	$312\pm76$	$470\pm39$	$342\pm15$	$355\pm81$	0.875	0.841	0.203
ALAT <sup>7</sup> D168	$372\pm56$	$242\pm101$	$312\pm89$	$278\pm88$	$341\pm19$	$312\pm56$	0.308	0.911	0.739
Haemoglobin <sup>8</sup> D21	$105 \pm 4$	$110 \pm 6$	$103 \pm 7$	$104 \pm 14$	$90 \pm 2$	$101 \pm 5$	0.385	0.286	0.811
Haemoglobin <sup>8</sup> D168	$14 \pm 6$	$41 \pm 19$	$45 \pm 14$	$21 \pm 11$	$33\pm8$	32 ± 9	<i>0.94</i> 8	0.894	0.221
853 TC, not suppleme	ented; TH,	suppleme	nted with	MeHg; TI,	suppleme	nted with	Se(IV)	; THI,	

Plasma and blood health parameters in fish fed tuna-based diets for 21 (D21) and 168 (D168)days.

supplemented with both MeHg and Se(IV); TO, supplemented with SeMet; THO,
supplemented with both MeHg and SeMet.

Values represent means  $\pm$  SEM (n = 3). Means not sharing a common superscript letter are significantly different ( $P_{Hg*Se} < 0.05$ ) according to two-way ANOVA performed in each dietary basis at each time to test the effect of methylmercury supplementation ( $P_{Hg}$ ), selenium supplementation ( $P_{Se}$ ) and the interaction ( $P_{Hg\times Se}$ ) followed by a Tukey's post hoc test. <sup>1</sup>Lysozyme (mg/L), <sup>2</sup>total protein (g/L), <sup>3</sup>immunoglobulin (% total protein), <sup>4</sup>albumin (% total protein), <sup>5</sup>glucose (g/L), <sup>6</sup>ASAT, aspartate amino-transferase (UI/L), <sup>7</sup>ALAT, alanine aminotransferase (UI/L). <sup>8</sup>Haemoglobin (g/L).

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**Fig. 1.** Mean body weight of rainbow trout juveniles fed plant-based diets (P, □) or tuna-based 866 diets (T,  $\Box$ ) not supplemented (PC and TC), supplemented with MeHg (PH and TH), Se(IV) (PI 867 and TI), both MeHg and Se(IV) (PHI and THI), SeMet (PO and TO) or both MeHg and SeMet 868 (PHO and THO) for 21 (A) or 168 days (B). Bars represent means  $\pm$  SEM (n = 3). Means not 869 870 sharing common superscript letter are significantly different ( $P_{\text{Hg}\times\text{Se}} < 0.05$ ) according to twoway ANOVA performed in each dietary basis at each time to test the effect of methylmercury 871 supplementation ( $P_{Hg}$ ), selenium supplementation ( $P_{Se}$ ) and the interaction ( $P_{Hg \times Se}$ ) followed by 872 a Tukey's post hoc test. ns, not significant; \*, P < 0.05; \*\*, P < 0.01; \*\*\*, P < 0.001. 873 874 Fig. 2. Hg (A and B) and Se (C and D) body contents in rainbow trout juveniles fed plant-based 875 876 diets (P,  $\Box$ ) or tuna-based diets (T,  $\Box$ ) not supplemented (PC and TC), supplemented with MeHg (PH and TH), Se(IV) (PI and TI), both MeHg and Se(IV) (PHI and THI), SeMet (PO and TO) 877 878 or both MeHg and SeMet (PHO and THO) for 21 (A and C) or 168 days (B and D). Bars represent means  $\pm$  SEM (n = 3). Means not sharing common superscript letter are significantly 879 different ( $P_{Hg \times Se} < 0.05$ ) according to two-way ANOVA performed in each dietary basis at each 880 time to test the effect of methylmercury supplementation ( $P_{Hg}$ ), selenium supplementation ( $P_{Se}$ ) 881 and the interaction ( $P_{\text{Hg}\times\text{Se}}$ ) followed by a Tukey's post hoc test. ns, not significant; \*, P < 0.05; 882

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\*\*, *P* < 0.01; \*\*\*, *P* < 0.001.

**Fig. 3.** Plasma cytokine concentrations, TNF- $\alpha$  (A and B), IL-1 $\beta$  (C and D) and IL-6 (E and F), in rainbow trout juveniles fed plant-based diets (P,  $\Box$ ) or tuna-based diets (T,  $\Box$ ) not supplemented (PC and TC), supplemented with MeHg (PH and TH), Se(IV) (PI and TI), both MeHg and Se(IV) (PHI and THI), SeMet (PO and TO) or both MeHg and SeMet (PHO and THO) for 21 (A, C and E) or 168 days (B, D and F). Bars represent means  $\pm$  SEM (n = 3 pooled samples). Means not sharing common superscript letter are significantly different ( $P_{Hg \times Se} <$ 0.05) according to two-way ANOVA performed in each dietary basis at each time to test the effect of methylmercury supplementation ( $P_{Hg}$ ), selenium supplementation ( $P_{Se}$ ) and the interaction ( $P_{Hg \times Se}$ ) followed by a Tukey's post hoc test. ns, not significant; \*, P < 0.05; \*\*, P< 0.01; \*\*\*, P < 0.001.





896 Fig. 1.





898 Fig. 2.





**Fig. 3.**