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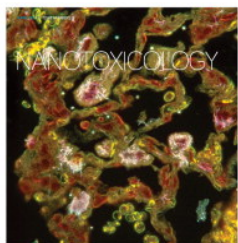
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ARTICLE



## Food-grade titanium dioxide translocates across the buccal mucosa in pigs and induces genotoxicity in an *in vitro* model of human oral epithelium

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### ABSTRACT

The whitening and opacifying agent titanium dioxide (TiO<sub>2</sub>) is used worldwide in various food-stuffs, toothpastes and pharmaceutical tablets. Its use as a food additive (E171 in EU) has raised concerns for human health. Although the buccal mucosa is the first area exposed, oral transmucosal passage of TiO<sub>2</sub> particles has not been documented. Here we analyzed E171 particle translocation *in vivo* through the pig buccal mucosa and *in vitro* on human buccal TR146 cells, and the effects on proliferating and differentiated TR146 cells. In the buccal floor of pigs, isolated TiO<sub>2</sub> particles and small aggregates were observed 30 min after sublingual deposition, and were recovered in the submandibular lymph nodes at 4 h. In TR146 cells, kinetic analyses showed high absorption capacities of TiO<sub>2</sub> particles. The cytotoxicity, genotoxicity and oxidative stress were investigated in TR146 cells exposed to E171 in comparison with two TiO<sub>2</sub> size standards of 115 and 21 nm in diameter. All TiO<sub>2</sub> samples were reported cytotoxic in proliferating cells but not following differentiation. Genotoxicity and slight oxidative stress were reported for the E171 and 115 nm TiO<sub>2</sub> particles. These data highlight the buccal mucosa as an absorption route for the systemic passage of food-grade TiO<sub>2</sub> particles. The greater toxicity on proliferating cells suggest potential impairment of oral epithelium renewal. In conclusion, this study emphasizes that buccal exposure should be considered during toxicokinetic studies and for risk assessment of TiO<sub>2</sub> in human when used as food additive, including in toothpastes and pharmaceutical formulations.

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Oral mucosa; titanium dioxide; nanoparticles; cytotoxicity; genotoxicity

## Introduction

Due to the rapid expansion of nanotechnologies and the daily increasing use of nanomaterials in consumer products, there is a growing need to assess the toxicological risks of these materials on human health. Such concern increases when nanoparticles (NPs) are found in food additives and coating substances or are included in food packaging, leading to chronic oral exposure to NPs for consumers. Among these agents, food-grade titanium dioxide (TiO<sub>2</sub>) is commonly used as a food additive worldwide, and is referred to as E171 in European

Union. It is used *ad quantum satis* as a whitening and brightening agent in a variety of food products (confectionary and bakery commodities, white sauces and icing), as beverage whiteners and in personal care products such as toothpaste but also in pharmaceutical tablets (Bischoff et al. 2020; European Medicines Agency 2021; Palugan et al. 2022). For these uses, large amounts of TiO<sub>2</sub> powders are produced and are composed of particles of various sizes ranging from 20 to 400 nm, and up to 55% of them by number are NPs (diameter <100 nm) (Weir et al. 2012; Bettini et al. 2017;

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Dorier et al. 2017; Guillard et al. 2020). Focusing on only food origin, depending on the exposure scenario and population groups, the mean dietary intake in humans has been estimated to range from 0.03 mg of  $\text{TiO}_2$ /kg of body weight (bw)/day (d) in infants to 11.5 mg/kg bw/d in children under 10 years of age and up to 6.7 mg/kg bw/d for older groups (Younes et al. 2021). Concerning  $\text{TiO}_2$  fate and organ toxicity, chronic exposure to  $\text{TiO}_2$  has been reported to result in particle accumulation in human tissues, including the intestine, liver, spleen and kidney (Heringa et al. 2018; Peters et al. 2020) as well as in the placenta (Guillard et al. 2020). Investigations in rodent models and cell lines have raised concerns regarding genotoxicity, inflammation and oxidative stress (Bischoff et al. 2020) as well as the potential for E171 to initiate and promote preneoplastic lesions in the rat colon (Bettini et al. 2017; Medina-Reyes et al. 2020). In mice, daily exposure to food-grade  $\text{TiO}_2$  in a colitis-associated colorectal cancer model also exacerbated tumor formation in the colon (Urrutia-Ortega et al. 2016).

Because of these potential hazards to humans, a ban on the use of E171 in foods has been implemented in the EU in 2022 (Commission Regulation (EU)) 2022), while  $\text{TiO}_2$  remains approved in the pharmaceutical industry for oral formulations among other applications (cosmetics, toothpaste), and is still allowed in the food chain outside the EU. To date, risk assessments of  $\text{TiO}_2$  by food and consumer product safety authorities has been mainly based on the assumption that orally ingested  $\text{TiO}_2$ -NPs are mainly absorbed by the intestine (EFSA Panel on Food Additives and Nutrient Sources added to Food (ANS)) 2016; Heringa et al. 2016; Younes et al. 2021). However, oral toxicokinetic studies have estimated that only 0.02% to 0.6% of the administered  $\text{TiO}_2$  dose is absorbed at the intestinal level including in humans (Cho et al. 2013; Jones et al. 2015; EFSA Panel on Food Additives and Nutrient Sources added to Food (ANS)) 2016; Kreyling et al. 2017). When considering the oral uptake of xenobiotics, the buccal cavity represents the first area of exposure and thus the first possible systemic delivery portal. In the context of food additives, the cellular uptake and toxicity potential of food-grade  $\text{TiO}_2$  has not been addressed in a buccal model, although the mouth should be considered to be the body region

exposed to a higher load of  $\text{TiO}_2$ -NPs once they are released from the food matrix. Indeed, with the example of chewing gum, among other sweets in which  $\text{TiO}_2$  is used as a surface coloring agent (Chen et al. 2013; Fiordaliso et al. 2018),  $\text{TiO}_2$  particles may be easily released from the gum (Chen et al. 2013; Dufefoi et al. 2018), dispersed in the saliva, and rapidly come into contact with the buccal epithelium. Similar scenarios can be drawn in other food categories where  $\text{TiO}_2$  is added to a liquid or semiliquid matrix including ice cream, sauces and drinks (Younes et al. 2021), or when used as an opacifier in pharmaceutical tablets coating formulations (Palugan et al. 2022).

Given the lack of information on the food additive E171, the potential of toxicity of  $\text{TiO}_2$  at the mouth level has been addressed in few studies using non-food NP models of known sizes. In a porcine *ex vivo* model of the buccal cavity exposed to nanomodels, five  $\text{TiO}_2$ -NPs with distinct physicochemical properties were shown to permeate the mucosa layer and penetrate the oral epithelium (Teubl et al. 2015a; Teubl et al. 2015b). Mucosal penetration and intracellular outcome depend on particle size and surface hydrophilicity/hydrophobicity. Indeed,  $\text{TiO}_2$ -NPs penetrated the entire buccal epithelium and the connective tissue, except for the nanomaterials with the smallest particle size (i.e., <30 nm), which were unable to reach the lower epithelium (Teubl et al. 2015a). Such size-dependent permeation into the deeper part of the buccal mucosa has already been observed for the penetration of neutral polystyrene NPs (Teubl et al. 2013). Moreover, hydrophilic  $\text{TiO}_2$ -NPs appeared to be freely distributed in the cytoplasm as small aggregates whereas their hydrophobic counterparts were encapsulated into vesicle structures. Regardless of their cellular distribution, none of the tested  $\text{TiO}_2$ -NPs were shown to affect cell viability or membrane integrity in the TR146 human buccal cell line, while certain triggered the production of reactive oxygen species (Teubl et al. 2015a; Teubl et al. 2015b). Nonetheless, this evaluation remains to be investigated with the food form of  $\text{TiO}_2$  for risk assessment purposes given the mixed composition of nano- and submicron-sized particles in commercial E171 batches.

The median turnover of the buccal mucosa is 14 days (Teubl et al. 2015a), implying active stem



cell division to ensure epithelium renewal. Therefore, in the context of oral exposure, it is important to take into account the role of the cell cycle when assessing particle toxicity. To gain insight into the possible toxic effects of food-grade  $\text{TiO}_2$  at the mouth level, the translocation of  $\text{TiO}_2$  particles from the food additive E171 was first assessed *in vivo* in piglet mouths, for which the histomorphology of the buccal mucosa is comparable to that of humans. Second, we used the human TR146 cell line, either in cycling or noncycling differentiated cells, as a model of the buccal mucosa composed of cells with different proliferation statuses. The kinetic of the cellular permeability to foodborne  $\text{TiO}_2$  particles, as well as cytotoxicity, genotoxicity and oxidative stress in TR146 cells exposed to the food additive were evaluated. Due to the wide particle size distributions in food-grade  $\text{TiO}_2$  powders, a comparative toxicity study was also performed with two  $\text{TiO}_2$  particle models with distinct primary sizes, below and above 100 nm in diameter.

## Materials and methods

### Chemicals and particle preparation

Food-grade  $\text{TiO}_2$  (E171) was purchased as a powder from the website of a French commercial supplier of food coloring agents and was previously characterized as a representative E171 sample in the anatase crystal form that has been placed on the EU market (Guillard et al. 2020). Two other (anatase)  $\text{TiO}_2$  test materials with distinct primary particle sizes were used in this study, namely 21 nm  $\text{TiO}_2$ -NP (Sigma-Aldrich, Saint-Quentin-Fallavier, France) and 115 nm NM-102, referenced to JRCNM10200a by the European Joint Research Center Nanomaterials Repository (JRC, Ispra, Italy).  $\text{TiO}_2$  materials were sonicated in ultrapure water (1 mg/ml) placed in an ice bath for 1 min at 40% amplitude (VCX 750-230 V, Sonics Materials) to obtain a stable dispersion of  $\text{TiO}_2$  particles for 15 days at 4°C. Dynamic light scattering (DLS; Zetasizer Nano ZS; Malvern Instruments Ltd.) measurements were performed on each  $\text{TiO}_2$  material in ultrapure water (pH = 7.75) and in TR146 cell culture medium (Ham's F12, pH 7.54; Life Technologies, Illkirch, France). Ten microlitres of

E171, NM-102 or  $\text{TiO}_2$ -NP suspensions were diluted in 2 mL of ultrapure water or Ham's F12 medium, and the hydrodynamic diameter (Z-average), polydispersity index and zeta potential were measured. In addition, some E171 samples were prepared without dispersion protocol for *in vivo* experiments with pigs.

### Animals and study design for *in vivo* buccal exposure

Five 4-week-old weaned castrated male piglets (Pic 410) weighing 10–12 kg were obtained from a local swine supplier (Gaec de Calvignac, Saint-Vincent d'Autejac, France). All animal studies were carried out in accordance with the European Guidelines for the Care and Use of Animals for Research Purposes (Directive 2010/63/EU) and validated by the Ethics Committee for Animal Experiments Toxcomethique n° 86 (TOXCOM/121/LGU). Pigs were acclimatized for 1 week in the animal facility of the INRAE Research Center in Food Toxicology (Toxalim, Toulouse, France) and fed *ad libitum* with free access to water. One pig served as a control, being administered water free from the food additive E171, and the other 4 pigs were exposed to  $\text{TiO}_2$  (E171) water suspension, dispersed ( $n = 2$ ) or not ( $n = 2$ ) by sonication. During a short restraint operated by an animal technician, a volume of 200  $\mu\text{L}$  of food-grade  $\text{TiO}_2$  (E171) water suspension (50  $\mu\text{g}/\text{mL}$ ) was gently deposited once at T0 in the mouth under the tongue using a syringe equipped with a flexible catheter to avoid any injury in the mouth. The same procedure was repeated at T0 + 1, 2 and 3 h, and animals were euthanized at T0 + 30 min ( $n = 2$ ) or at T0 + 4 h, i.e., one hour after the last sublingual deposit ( $n = 3$ , including the control pig). During the exposure period, all piglets were allowed to move freely in the barn without access to water or feed to avoid dilution in the mouth. At sacrifice, tissue samples from the buccal cavity under the tongue (buccal floor) as well as the submandibular lymph nodes located underneath the tongue were quickly withdrawn and prepared for TEM analysis.

### Buccal tissue preparation for TEM-EDX analysis

Tissue samples from piglets were fixed in 2.5% paraformaldehyde-2.5% glutaraldehyde in 0.1 M cacodylate buffer (pH 7.4) overnight at 4°C. After



several rinses with cacodylate buffer, the samples were postfixed in 1% OsO<sub>4</sub> (Osmium (VIII) oxide) for 1 h (4 °C) and then rinsed again with cacodylate buffer before being dehydrated using a graded series of ethanol. The sections were impregnated in low viscosity epoxy resin (EMS) under vacuum and then polymerized at 60 °C for 48–72 h. Ultrathin sections (80 nm, Ultracut UCT, Leica) were collected on copper grids and stained with a UAR-EMS (uranyl acetate replacement) solution followed by a 0.4% lead citrate solution. Five to 6 tissue sections from each sample were observed under a JEOL JEM-1400 electron microscope (MeTi facility, Toulouse, France) operated at 200 kV for TEM observations of electron dense particles and analyzed by energy-dispersive X-ray spectroscopy (EDX) on a JEOL 2100F (Raymond Castaing facility, Toulouse, France) for chemical elemental analysis. Measurements of minimum and maximum Feret diameters were performed from bright-field TEM images by using the image processing open-source software ImageJ (NIH, United States).

### **Cell culture and TiO<sub>2</sub> treatments**

Human TR146 buccal epithelial cells (Sigma–Aldrich) were cultured in Ham's F12 nutrient mix (Life Technologies) supplemented with 10% fetal bovine serum (FBS; Gibco, Life Technologies) and 0.1% penicillin/streptomycin. Cells were maintained at 37 °C in a humidified atmosphere containing 5% CO<sub>2</sub> and subcultured every 2–3 days. To differentiate the TR146 cells, 10 000 cells were seeded in 0.33 cm<sup>2</sup> Transwell inserts (Corning) for 30 days, and the culture medium was changed every 2–3 days. Cells were exposed for 2 h to different concentrations of food-grade TiO<sub>2</sub> (E171) (5, 50 or 100 µg/ml) or to the test materials TiO<sub>2</sub> (NM-102 and TiO<sub>2</sub>-NP) in Ham's F12 without FBS and when indicated, washed twice with PBS before being incubated in fresh complete culture medium.

### **Confocal microscopy, TEM and SIMS imaging on TR146 cells**

To study the kinetics of food-grade TiO<sub>2</sub> particle absorption, human epithelial TR146 cells were exposed for 1 h, 2 h, 5 h and 24 h to a 50 µl/ml suspension of TiO<sub>2</sub> (E171) in Ham's F12. Control

cells were exposed to Ham's F12 only. Supplemental TR146 cells exposed to E171 for 2 h were rinsed with Ham's F12 before being cultivated for a 5 h wash-out period in the same culture medium free of TiO<sub>2</sub> particles. For confocal microscopy, TR146 cells were fixed in 4% buffered formalin, embedded in paraffin wax, and sectioned to a thickness of five microns. Sections were first incubated with WGA-Alexa 594 for 1 h in the dark and then washed before being mounted with DAPI (4',6-diamidino-2-phenylindole; Life Technologies, France)-containing ProLong Gold antifade mounting medium for fluorescence microscopy. Tissue sections were viewed under a Leica SP8 confocal microscope with a 40× immersion objective and examined at 488/BP 488–494 nm to detect laser reflection by the metal particles as previously described (Coméra et al. 2020).

For TEM, TR146 cell monolayers were treated as previously described for buccal tissues. Since EDX might not be sensitive enough to allow investigation of the uptake of single NPs in cell preparations, correlative high-resolution imaging and secondary ion mass spectrometry (SIMS) were performed using a customized Zeiss Orion NanoFab helium ion microscope called the 'npSCOPE' instrument (De Castro et al. 2021) developed in the framework of EU HORIZON 2020 project no. 720964. TR146 cells exposed for 24 h to food-grade TiO<sub>2</sub> (E171) were fixed and embedded as for electron microscopy. Unstained 60 nm thick sections were cut, placed on an EM grid and investigated on the npSCOPE. Secondary electron (SE) and scanning transmission ion microscopy (STIM) images were recorded with a He<sup>+</sup> primary beam at 30 keV at a working distance of 7.5 mm. Acquisition conditions were as follows: beam current, 3.4 pA, and dwell time of 5 µs, with an average of 4 frames for the SE images; beam current, 0.1 pA, and dwell time of 600 µs for the STIM images. SIMS was performed with a Ne<sup>+</sup> primary beam at 20 keV, beam current of 8–10 pA and a working distance of 18.7 mm on the same area of interest. Positive mode SIMS was acquired at a magnetic field of 364 mT with a dwell time of 2 ms, while negative SIMS was acquired at a magnetic field of 300 mT with a dwell time of 8 ms.



### Cell viability

The AlamarBlue® (Life Technologies) assay was used to evaluate the proliferation and viability of proliferating TR146 cells grown on 96-well plates, or to evaluate the viability of differentiated cells grown on Transwell inserts. For proliferating cells, 2000 cells were seeded per well and incubated for 24 h. The cells were exposed to 25  $\mu$ M of etoposide as a positive control, or different concentrations (5, 50 or 100  $\mu$ g/ml) of food-grade TiO<sub>2</sub> (E171) and TiO<sub>2</sub> test materials for 2 h. Cells were then washed twice with PBS and incubated in fresh culture medium for 72 h to allow at least two rounds of cell division for proliferating cells. Viability and proliferation were assessed using the AlamarBlue® assay according to the manufacturer's instructions. The fluorescence was measured at an excitation of 570 nm and emission of 610 nm using a SPARK spectrophotometer. At least three independent experiments were performed.

### Transepithelial electrical resistance

The transepithelial electrical resistance (TEER) of differentiated TR146 cells was monitored using a Millicell-ERS voltohmmeter (Millipore, Saint-Quentin-Yvelines, France). Cells were treated with food-grade TiO<sub>2</sub> or the TiO<sub>2</sub> test materials for 2 h, washed twice with PBS and incubated in fresh culture medium. The TEER was measured immediately and then measured again at the indicated times for 48 h. The TEER values were normalized to that of the untreated condition. At least three independent experiments were performed.

### Immunofluorescence and oxidative stress analyses

Proliferating TR146 cells were grown on glass coverslips. After at least 24 h of culture, cells were exposed to 50  $\mu$ M of etoposide or menadione as positive controls for genotoxic and oxidative stresses, respectively, or to food-grade TiO<sub>2</sub> (E171) and the TiO<sub>2</sub> test materials for the indicated times and concentrations before being fixed with 4% paraformaldehyde. For the oxidative stress assays, 30 minutes before fixation, 5  $\mu$ M CellRox® Green Reagent (Life Technologies) was added to the cells for incubation at 37 °C in the dark. For immunofluorescence assays, cells were permeabilized with

0.5% Triton X-100, blocked with 3% BSA and 0.05% IGEPAL, and stained with primary antibodies ( $\gamma$ H2AX antibody (05-636), Sigma-Aldrich; 53BP1 antibody (NB100-304), Bio-Techne, Noyal-Châtillon-sur-Seiche, France) overnight at 4 °C in blocking solution (all solutions were prepared in PBS). Cells were washed three times with PBS 0.05% IGEPAL and incubated with the secondary antibodies (Alexa Fluor 488 or 594 goat anti-mouse or Alexa Fluor 594 goat anti-rabbit; Life Technologies) for 1 h at room temperature. DNA was stained with 30 nM of DAPI. Coverslips or membranes cut out of the Transwell inserts were mounted onto slides with PBS-glycerol (90%) containing 1 mg/ml paraphenylenediamine and observed at 20 $\times$  magnification with a Nikon 50i fluorescence microscope equipped with a Luca S camera. Upon oxidation, CellRox® Green Reagent exhibits strong fluorescence and binds to DNA. Therefore, as for  $\gamma$ H2AX, the signal intensity of CellRox® Reagent was automatically determined by an ImageJ macro in each nucleus. The  $\gamma$ H2AX or CellRox® Reagent signal intensity of the whole cell population was averaged for each condition, and these results were normalized to 1 for the untreated samples. For each experiment, 200–250 cells were counted, and at least three independent experiments were performed.

### Comet assay

Proliferating TR146 cells were exposed to 50  $\mu$ M of etoposide as a positive control or to food-grade TiO<sub>2</sub> (E171) and the two TiO<sub>2</sub> test materials for the indicated times at the indicated concentrations. The comet assay was performed under alkaline conditions using a Comet SCGE assay kit (Enzo Life Sciences, Villeurbanne, France) according to the manufacturer's instructions. Briefly, 800 cells embedded in low-melting agarose were spread in each sample area of the comet slide. Electrophoresis was performed in alkaline solution (0.3 N NaOH, 1 mM EDTA) at 4 °C for 30 min at 35 V in a large electrophoresis tank (35 cm between electrodes). After staining with CYGREEN® Nucleic Acid Dye, slides were observed at 20 $\times$  magnification using a Nikon 50i fluorescence microscope equipped with a Luca S camera. At least 60 cells were analyzed per sample using OpenComet



software. At least three independent experiments were performed.

### **Micronucleus assay**

Proliferating TR146 cells were grown on glass coverslips. After at least 24 h of culture, cells were exposed to 50  $\mu$ M of etoposide as positive control or to food-grade TiO<sub>2</sub> (E171) and the TiO<sub>2</sub> test materials for 2 hours before to be released in fresh medium for 22 hours. Cells were then fixed with 4% paraformaldehyde and treated as for immunofluorescence analyzes. Cells were observed at 40 $\times$  magnification with a Nikon 50i fluorescence microscope equipped with a Luca S camera. The frequency of micronucleated cells was scored on at least 100 cells per sample. At least three independent experiments were performed.

### **Statistical analysis**

The results are expressed as the mean  $\pm$  SD of at least 3 independent experiments. Statistical analysis was performed with Prism 8 software (GraphPad Software Inc., San Diego, CA, USA). Differential effects were analyzed by one-way or two-way analysis of variance (ANOVA) followed by the appropriate post hoc test (Dunnett or Sidak). A  $p$  value  $< 0.05$  was considered significant (\* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ ; \*\*\*\* $p < 0.0001$ ).

## **Results**

### **Physico-chemical characteristics of the TiO<sub>2</sub> particles**

The commercial E171 batch of food-grade TiO<sub>2</sub> used herein was previously characterized for its particle size distribution by SEM analysis. It was shown that 55% of the NPs by number were 20 to 440 nm for a mean size of 105  $\pm$  45 nm (Guillard et al. 2020). DLS was carried out to determine the hydrodynamic diameter and zeta potential in ultrapure water, and the sample was also analyzed by BET for specific surface area (Guillard et al. 2020). Correlative secondary electron and SIMS imaging with the npSCOPE recently confirmed the SEM data, also providing chemical information with  $< 20$  nm resolution (De Castro et al. 2021). Using TEM imaging, the TiO<sub>2</sub> particles from the E171 food additive

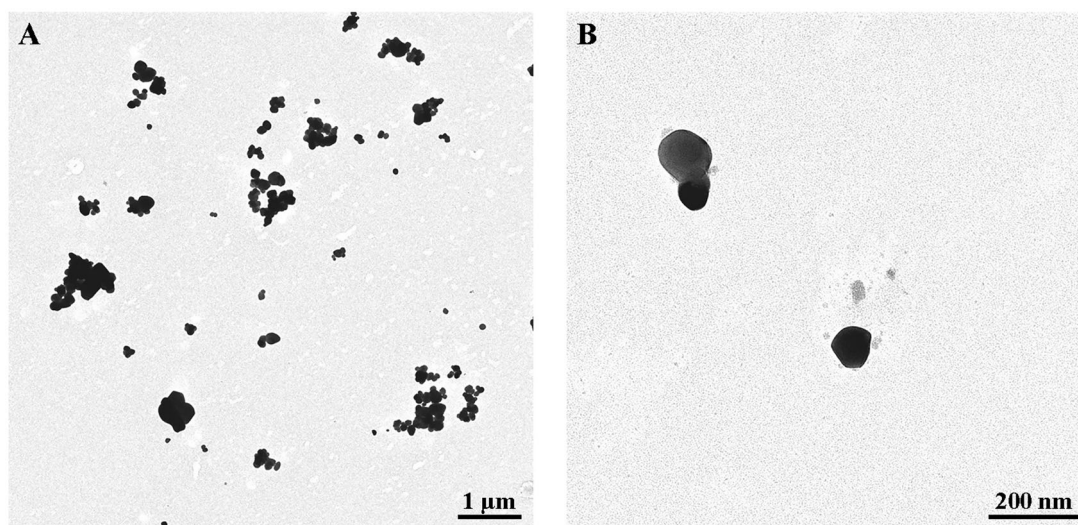
dispersed into ultrapure water were mostly recovered as isolated particles mixed with small aggregates and agglomerates of particles of various sizes (Figure 1). Additional DLS analyses of the food-grade TiO<sub>2</sub> particles in the present study showed a slight increase in hydrodynamic diameter after resuspension in Ham's F12/TR146 cell culture medium compared to that in water suspension (Table 1). Similar observations were found for NM-102, while the TiO<sub>2</sub>-NP material exhibited a larger agglomeration state in the culture medium compared to the water suspension (Table 1).

### **In vivo translocation of food-grade TiO<sub>2</sub> through pig oral mucosa**

The concentration chosen for *in vivo* buccal exposure to pigs (50  $\mu$ g/ml) was considered realistic for human exposure given the current estimate of TiO<sub>2</sub> concentrations for example from chewing gum coated with E171 (range 0.35–15.25 mg TiO<sub>2</sub>/gum) (Fiordaliso et al. 2018), local loading of TiO<sub>2</sub> in the mouth during chewing (Supplementary Figure S1) and mean oral volumes of saliva of 1 and 0.5 ml in adults and children, respectively (Lagerlöf and Dawes 1984; Watanabe et al. 2021). In buccal tissues, TEM-EDX was used to investigate the transmucosal passage of TiO<sub>2</sub> particles from the food additive deposited under the tongue once every hour for 3 h. Translocated particles were recovered deep into the buccal tissues in all E171-exposed pigs ( $n = 4$ ), as illustrated in Figure 2. Indeed, 30 minutes after the first sublingual deposit of E171, the TEM observations clearly showed the presence of electron-dense particles that had translocated into the mucosa (Figure 2(A)). As shown in Figure 2(A), EDX analysis clearly revealed the presence of titanium (Ti) on a particle of 104 nm (smaller diameter) recovered from the buccal floor, while no Ti particles was observed in the submandibular lymph nodes at 30 min.

At 4 h (i.e., 1 h after the last E171 deposit), electron-dense particles were observed in the mucosa of buccal floor (Figure 2(B1,C1)) as well as in the lumen of blood capillaries (Supplementary Figure S2). TEM-EDX analysis of 6 tissue sections sampled from the buccal floor showed that most particles recovered in the mucosa (i.e., 15 of 17) were Ti-positive (Figure 2(B2,C2), and Table 2). They





**Figure 1.** TEM images of food-grade TiO<sub>2</sub> (E171) particles. E171 powder after dispersion in ultrapure water at low (A) and high (B) magnification showing morphology of isolated and aggregated TiO<sub>2</sub> particles.

**Table 1.** TiO<sub>2</sub> sample characterization by DLS.

TiO <sub>2</sub> sample	Ultrapure water (pH = 7.75)			Ham's F12 medium (pH = 7.54)		
	Zeta potential (mV)	H.diam. (nm)	Pdl	Zeta potential (mV)	H.diam. (nm)	Pdl
E171	−32.1 ± 0.79	297.9 ± 5.1	0.21	−8.97 ± 0.54	318.7 ± 14.9	0.40
NM-102	−34.3 ± 0.66	301.6 ± 0.4	0.17	−8.19 ± 0.59	337.0 ± 20.1	0.35
TiO <sub>2</sub> -NPs	−11.1 ± 2.44	173.9 ± 1.7	0.16	−8.99 ± 1.96	226.4 ± 3.1	0.39

All data are presented as the mean ± SD. H. diam.: hydrodynamic diameter; Pdl : polydispersity index.

appeared as isolated particles ( $n=6$ ) (Figure 2(B1)) or as small aggregates ( $n=9$ ), the later being composed of 2 to 11 particles fused together (see Figure 2(C1)). Analysis of minimum Feret diameters showed isolated particles ranging from 72 to 199 nm, and aggregates from 117 to 392 nm (Table 2), and up to 550 nm in maximum Feret diameter for aggregates (Table 2). In addition, at 4 h, Ti was also found in isolated particles ( $n=1$ ) and aggregates ( $n=7$ ) recovered from tissue sections sampled from the submandibular lymph nodes located underneath the tongue (Figure 2(D)), and were similar in size range to those observed in the buccal floor (Table 2). In the control pig exposed to water only, no Ti signal was observed over 9 electron-dense objects found in the buccal mucosa, while only one Ti particle of 10 was recovered in the submandibular lymph nodes, showing irregular shape and mix composition with Si and Al elements (Supplementary Figure S3) not observed with E171 buccal exposure.

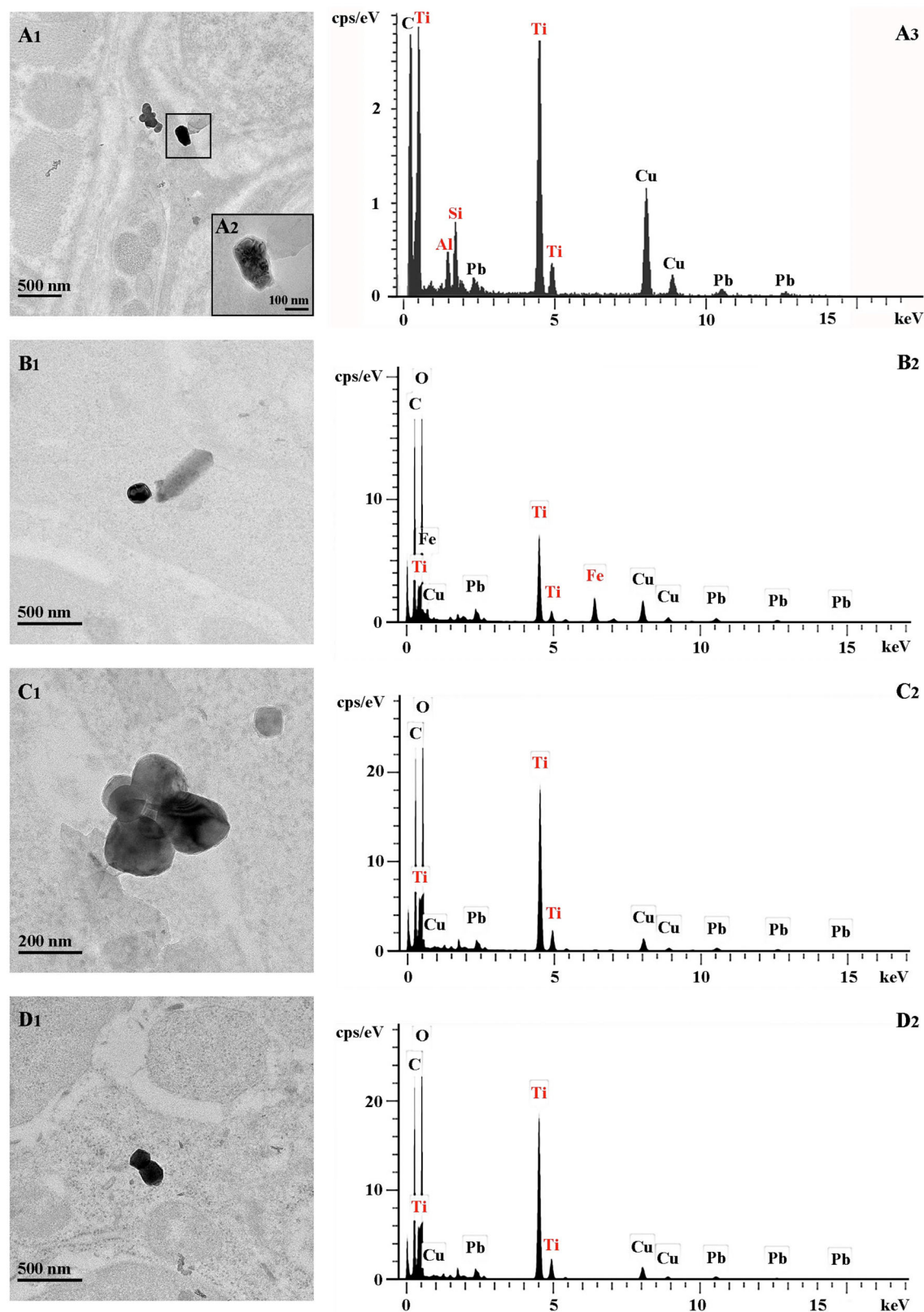
When pigs were treated for 4 h with the food additive E171 without sonication (i.e., not dispersed), TEM-EDX analysis also showed Ti-positive particles in the buccal floor (7 particles/aggregates

of 26 analyzed) and in the submandibular lymph nodes (3 of 17) (Supplementary Figure S4 and Supplementary Table S1). This showed transmucosal passage of food-grade TiO<sub>2</sub> as raw powder in water suspension, where translocated particles and aggregates exhibited sizes similar to those recovered using dispersed E171 preparation as described above (Table 2 and Supplementary Table S1).

### Kinetic of TR146 cell permeability to TiO<sub>2</sub> food additive

To assess the absorption kinetics of food-grade TiO<sub>2</sub> particles by human oral epithelial cells, TR146 cells were first observed by confocal microscopy after 1, 2 and 5 h of exposure to the food additive E171 (50 μg/ml) or after 2 h of exposure followed by 5 h of incubation in fresh culture medium free of E171 (i.e., wash-out). As shown in Figure 3, the laser-diffracting TiO<sub>2</sub> particles appeared as a bright green signal upon more or less agglomerated particles once absorbed by the cells (Figure 3(A–D)), as previously described (Coméra et al. 2020; Guillard et al. 2020). In 1 h-exposed cells, some laser-diffracting particles were recovered in the cytoplasm, some of





**Figure 2.** TEM imaging and EDX analysis of ultrathin sections of the buccal mucosa and submandibular lymph nodes from pigs exposed to food-grade  $\text{TiO}_2$  particles (E171). (A) TEM images (A1-2) and the corresponding EDX analysis (A3) of the  $\text{Ti}(\text{O}_2)$  particles translocated into the buccal floor 30 min after a single E171 sublingual deposit. Note in the EDX spectrum (A3) additional Al and Si signals as main elements over an adjacent particulate deposit appearing as a chapelet (A1). Copper (Cu) and lead (Pb) are from the sample grid and lead citrate staining, respectively. (B,C) TEM images (B1-C1) and the corresponding EDX spectra (B2-C2) of the  $\text{Ti}(\text{O}_2)$  particles in the buccal mucosa at 4 h, i.e., one hour after the last E171 sublingual deposit. Note in (B1) the presence of an elongated Fe particle in the same microscopic field. (D) TEM image (D1) and the corresponding EDX analysis (D2) of the  $\text{Ti}(\text{O}_2)$  particles translocated into a submandibular lymph node at the same time point.



**Table 2.** TiO<sub>2</sub> particles in pig buccal mucosa and submandibular lymph nodes after repeated sublingual deposition for 4 h of E171 suspension dispersed in water.

Tissue sample	Number of analyzed electron-dense particles	Ti-positive particles ( $D_{\text{MinFeret}}/D_{\text{MaxFeret}} \pm \text{SD}$ in nm)	
		isolated	aggregates
Buccal floor	17	6 (143 $\pm$ 49/191 $\pm$ 88)	9 (257 $\pm$ 99/393 $\pm$ 116)
Submandibular lymph nodes	14	1 (129/140)	7 (257 $\pm$ 97/390 $\pm$ 120)

$D_{\text{MinFeret}}/D_{\text{MaxFeret}}$ : minimum and maximum Feret Diameters.

which were in close contact with the nucleus (Figure 3(A)). The number of laser-diffracting particles progressively increased after 2 and 5 h of treatment (Figure 3(B,C)). No laser-reflective particulate matter was observed in the nucleus regardless of the time point. In cells exposed to the food additive for 2 h followed by 5 h of wash-out, large agglomerates of laser-diffracting particles were still present in the cytoplasm (Figure 3(D)), suggesting that TiO<sub>2</sub> could penetrate the buccal epithelium and that these particles would not be cleared from the cells even several hours after the end of exposure *in vitro*.

To achieve better resolution, a second set of experiments was carried out with TEM observations, which confirmed the large capacity of the TiO<sub>2</sub> particles to permeate TR146 cells over time. Electron-dense (TiO<sub>2</sub>) particles were isolated or recovered as small aggregates and then larger agglomerates of submicron-sized particles mixed with NPs into the cytoplasm (Figure 3(E)). Again, absorbed TiO<sub>2</sub> were still observed 2 h after E171 treatment following wash-out (Figure 3(F)).

Cell areas containing electron-dense particles were further investigated by npSCOPE analyses combining SE, STIM and SIMS imaging for unprecedented TiO<sub>2</sub> identification within the cell matrix. As illustrated in Figure 4, single NPs as well as small and large clusters of electron-dense TiO<sub>2</sub> were found embedded in the cytoplasm of TR146 cells after 24 h of treatment with the food additive E171.

### Comparative cytotoxicity of the TiO<sub>2</sub> test materials in human buccal cells

To gain insight into the cytotoxic effects of food-grade TiO<sub>2</sub> compared with the two TiO<sub>2</sub> standards with different nominal sizes (NM-102 and TiO<sub>2</sub>-NPs: 115 and 21 nm, respectively), proliferating or differentiated TR146 cells were exposed to different TiO<sub>2</sub>

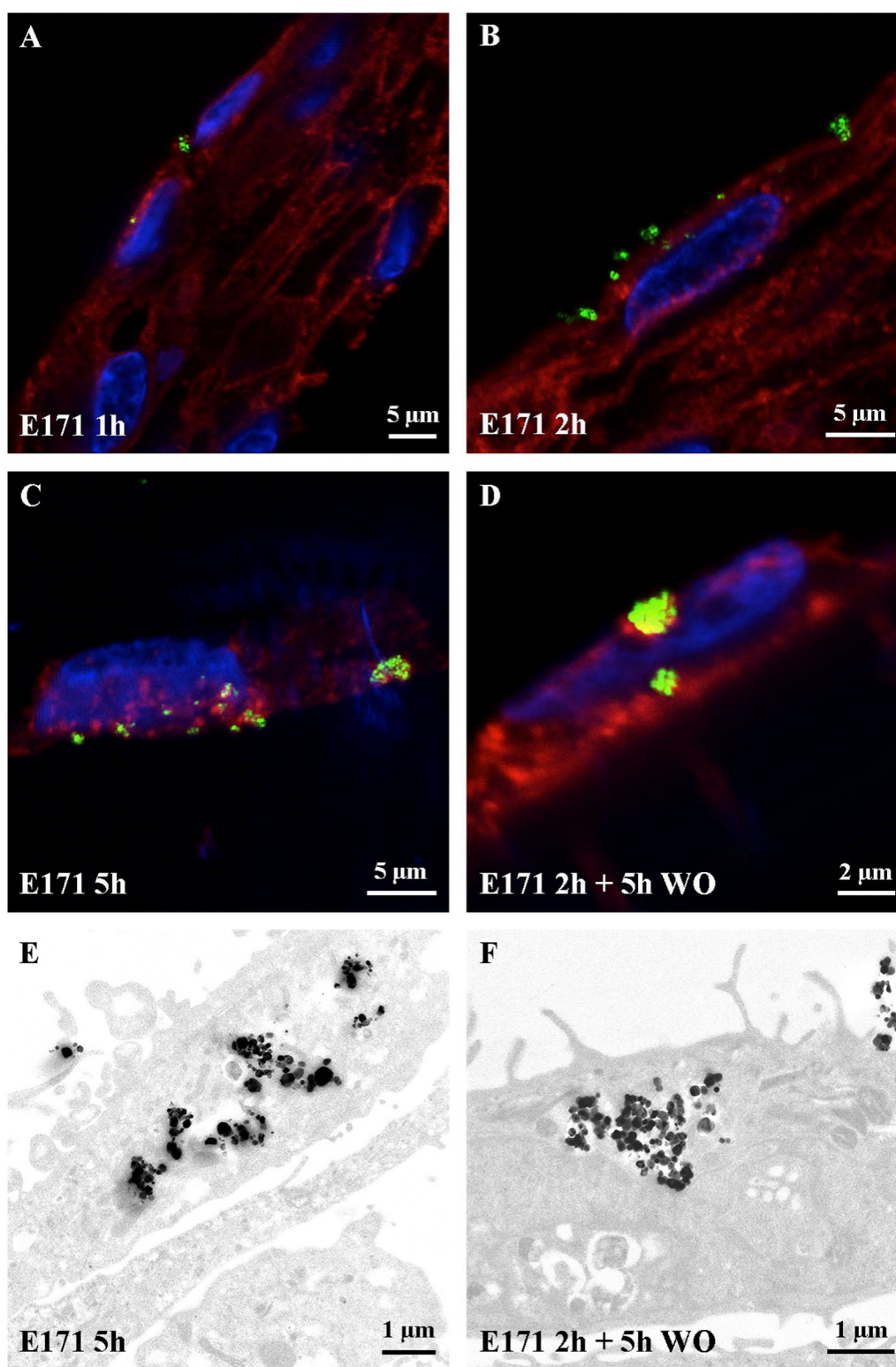
concentrations (5, 50, 100  $\mu\text{g/ml}$ ) for 2 h. The TR146 cells were then allowed to recover in fresh culture medium for 72 h before cell viability assessment, allowing at least two rounds of cell division in proliferating cells. In proliferating cells, the DNA damaging agent etoposide (used as positive control) and the three tested TiO<sub>2</sub> samples induced a significant cytotoxic activity at all tested concentrations compared to nontreated cells, except with 5  $\mu\text{g/ml}$  for E171, with a dose-response tendency (Figure 5(A)). In contrast, after cell differentiation, no viability drop was observed in any tested condition (Figure 5(A)). This suggests that etoposide and TiO<sub>2</sub> particles may not directly affect cell viability but rather impede cell proliferation.

In addition, the TEER of differentiated TR146 cells was measured after 2 h of exposure to each TiO<sub>2</sub> sample to assess their respective impacts on epithelial integrity. Regardless of the time point tested during the 48 h after treatment, no alterations were detected at any dose, suggesting that epithelial barrier permeability and monolayer integrity were not affected regardless of the TiO<sub>2</sub> product or particle size (Figure 5(B)). Taken together, these data indicate that the epithelium formed by TR146 cells is not noticeably altered by exposure to foodborne TiO<sub>2</sub> but that cycling cells could be sensitized.

### Comparative genotoxicity of the TiO<sub>2</sub> test materials in human buccal cells

Next, we assessed the genotoxic potential of food-grade TiO<sub>2</sub> (E171) and standard TiO<sub>2</sub> products on buccal cells by immunofluorescent analyses using antibodies directed against  $\gamma\text{H2AX}$  and 53BP1, two well-established DNA damage biomarkers (Vignard, Mirey, and Salles 2013). Proliferating or differentiated TR146 cells were exposed for 2 h to the three different TiO<sub>2</sub> materials at 5, 50 or 100  $\mu\text{g/ml}$ . We first analyzed the phosphorylation of H2AX at



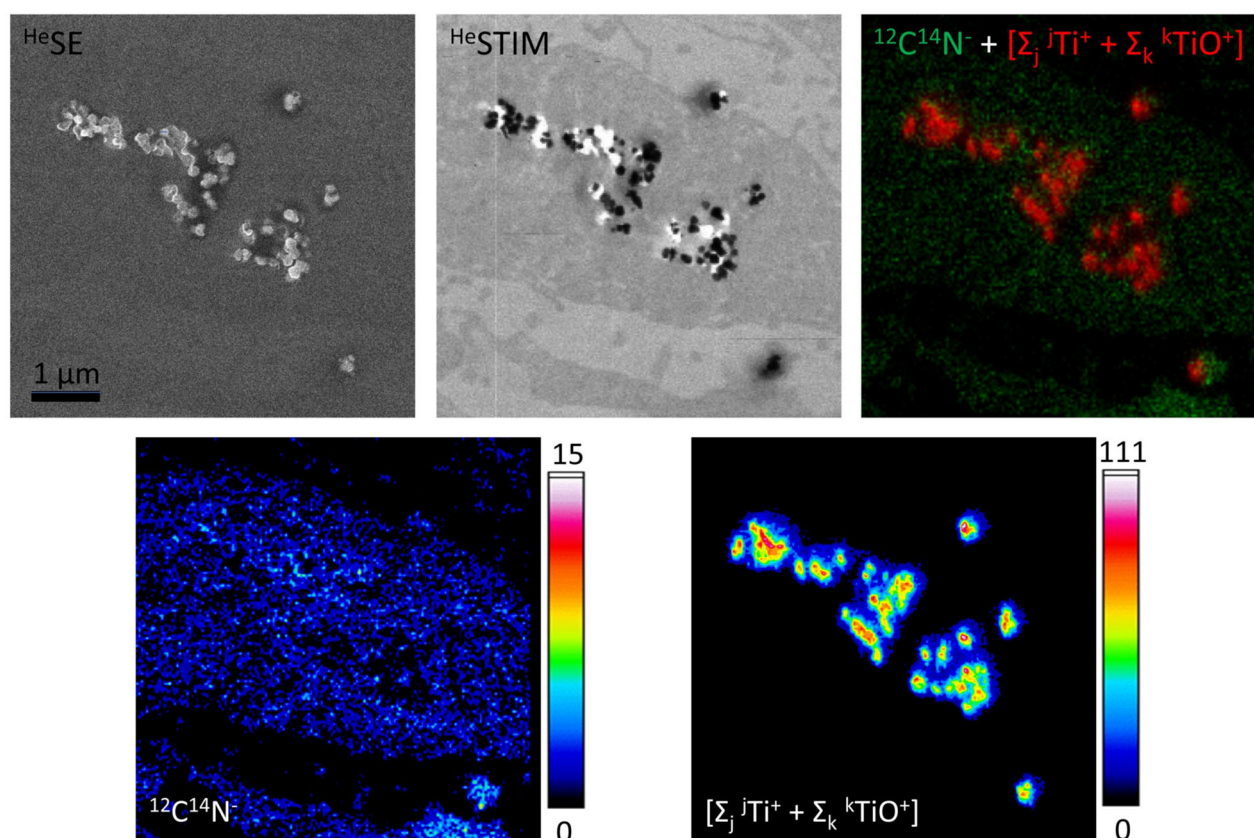


**Figure 3.** Absorption kinetics of buccal TR146 cells exposed to food-grade TiO<sub>2</sub> (E171) particles. (A-D) Confocal images of TR146 cell sections treated with 50 µg/ml E171 for 1 h, 2 h and 5 h, or 2 h plus a wash-out (WO) of 5 h. The laser-reflecting (metal) particles appear green, the WGA-labelled glycoproteins appear red, and cell nuclei appear blue. (E-F) TEM images of TR146 cell sections treated with 50 µg/ml E171 for 5 h (E) and 2 h followed by a 5 h wash-out (F).

Ser139 (referred to as  $\gamma$ H2AX), which occurs at DNA double-strand breaks. While only a few cells presented a  $\gamma$ H2AX signal in the control, cells exposed

to E171 or NM-102 accumulated  $\gamma$ H2AX foci (Figure 6(A)). In contrast, the pure nanopowder of TiO<sub>2</sub>-NPs (21 nm) did not increase  $\gamma$ H2AX staining (Figure





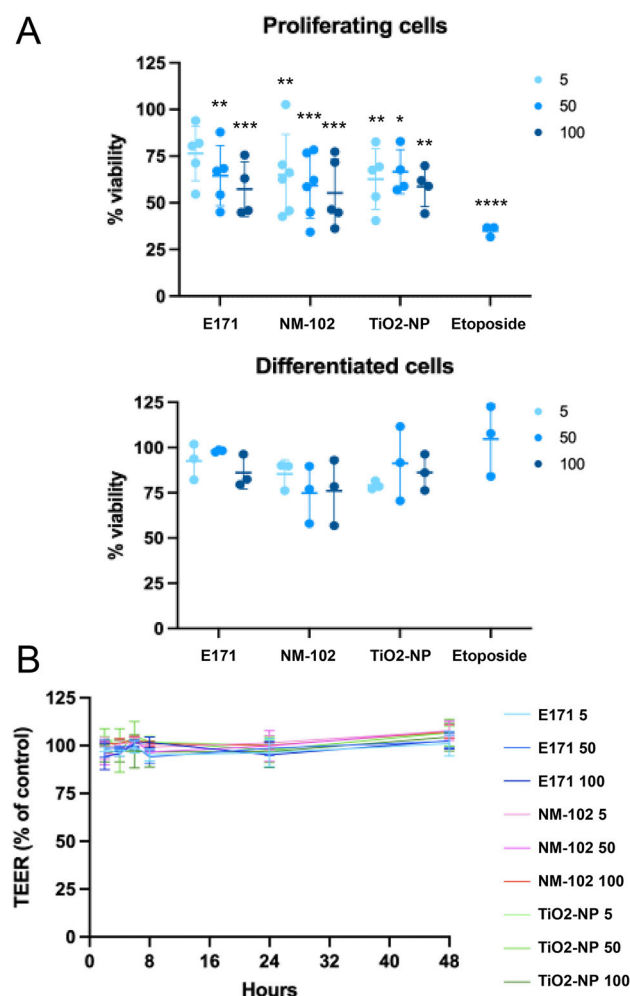
**Figure 4.** Correlative secondary electron (SE) imaging, scanning transmission ion microscopy (STIM) and secondary ion mass spectrometric (SIMS) elemental mapping of ultrathin sections of buccal TR146 cells exposed to food-grade  $\text{TiO}_2$  (E171) particles for 24 hours. In contrast to the TEM images presented in figure 2, SE imaging obtained with a helium ion microscope (here, npSCOPE) reveals predominantly topographical information. The thin sections therefore show only limited contrast of the cell structures and the nanoparticles are easily recognized. For TEM-like imaging, the STIM detector attached to the npSCOPE prototype device allows investigation of the transmitted beam information and highlights the NP in relation to the cellular ultrastructure. The image shows the engulfment of electron-dense particles into the cell cytoplasm. The SIMS image obtained on the same area highlights cellular information when considering the  $^{12}\text{C}^{14}\text{N}^-$  cluster ion and clearly identifies individual  $\text{TiO}_2$  nanoparticles and clusters (lateral resolution down to a particle size of 15 nm). The integrated Ti “ $\Sigma$ ”-map represents the signals obtained by summing the peaks of all Ti isotopes and all TiO cluster peaks.

6(A)). We then observed the localization of 53BP1, which is a diffuse nuclear protein that displays a singular localization pattern as large nuclear speckles in unchallenged G1 cells, named 53BP1 nuclear bodies (Fernandez-Vidal, Vignard, and Mirey 2017). These structures represent the major staining found in the control or after exposure to  $\text{TiO}_2$ -NPs with a nominal size of 21 nm (Figure 6(A)). However, in the presence of DNA double-strand breaks, 53BP1 is recruited to the damaged site and forms foci. Interestingly, food-grade E171 and NM-102 induced 53BP1 foci formation in a subset of TR146 cells, mainly colocalizing with the  $\gamma\text{H2AX}$  signal (Figure 6(A)). This staining was observed in proliferating as well as in differentiated cells. Hence, these data showed that food-grade and NM-102  $\text{TiO}_2$  but not  $\text{TiO}_2$ -NPs activate the DNA damage biomarkers

$\gamma\text{H2AX}$  and 53BP1 after 2 h of treatment, strongly supporting the formation of DNA double-strand breaks.

To confirm the genotoxic potential of E171, we performed an alkaline comet assay in proliferating cells, to detect DNA strand breaks and alkali-labile sites (that induce DNA relaxation under alkaline conditions) (Collins et al. 2023). Under our conditions, etoposide, E171 and NM-102 significantly increased the amount of DNA strand breaks compared to untreated cells, as revealed by an increase in the % tail DNA, whereas no difference was observed after treatment with  $\text{TiO}_2$ -NPs (Supplementary Figure S5). Taken together, these observations indicated that exposure to E171 or NM-102 induced the formation of DNA strand





**Figure 5.** Cytotoxicity of the TiO<sub>2</sub> particles in TR146 cells. Proliferating or differentiated TR146 cells were exposed to 25  $\mu$ M of etoposide or different concentrations (5, 50 or 100  $\mu$ g/ml) of E171, NM-102 or TiO<sub>2</sub>-NPs. (A) Cell viability was assessed using the AlamarBlue® assay. The graphs represent the viability normalized to that of untreated cells. The results are presented as the mean  $\pm$  SD of at least three independent experiments. Statistics were calculated by two-way ANOVA followed by Dunnett's multiple comparison test. (B) The TEER was determined in differentiated TR146 cells at different time points after exposure to the TiO<sub>2</sub> materials. The results are presented as the mean  $\pm$  SD of three independent experiments.

breaks that were signaled by the DNA damage response factors  $\gamma$ H2AX and 53BP1 in TR146 cells.

We next assessed the level of DNA damage in TR146 cells at two different timing after exposure to the TiO<sub>2</sub> samples through  $\gamma$ H2AX signal quantification. A dose-dependent increase in  $\gamma$ H2AX staining was observed after 2 h of exposure to both E171 and NM-102 in proliferating cells (Figure 6(B)), to a lesser extent compared to the positive control etoposide. In differentiated cells exposed

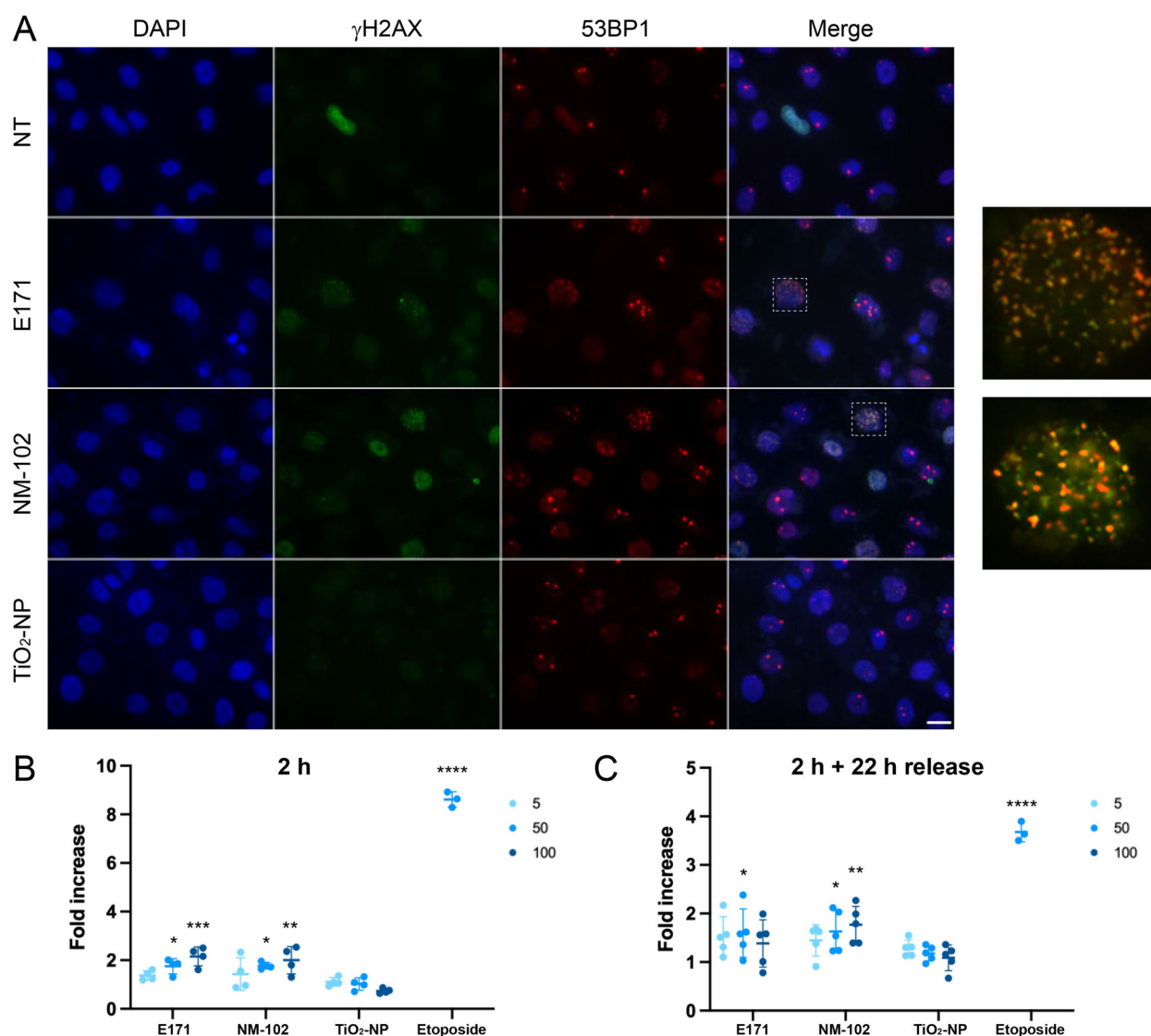
under the same conditions, a significant increase in the  $\gamma$ H2AX level was also detected with E171 and NM-102, but only at a concentration of 100  $\mu$ g/ml (Supplementary Figure S6). When proliferating TR146 cells were allowed to recover and placed in fresh medium for 22 h, an approximately two-fold decrease in  $\gamma$ H2AX signal was observed for etoposide, supporting that some of the DNA lesions were repaired after the recovery period (Figure 6(C)). Proliferating TR146 cells exposed to 100  $\mu$ g/ml of E171 did no longer exhibit significant difference in  $\gamma$ H2AX signal compared to untreated cells after the 22 h recovery time, highlighting the repair of at least part of the DNA damage. However, the fold increase in  $\gamma$ H2AX signal was still significant for 50  $\mu$ g/ml of E171 and for 50  $\mu$ g/ml or 100  $\mu$ g/ml of NM-102, showing that some DNA lesions were still present (Figure 6(C)). On the contrary, the  $\gamma$ H2AX signals in the differentiated cells exposed to E171, NM-102 and etoposide returned to basal levels after the recovery time (Supplementary Figure S6). In the TiO<sub>2</sub>-NP model, the  $\gamma$ H2AX signal remained at the same level as the control under all tested conditions (Figure 6(B,C) and Supplementary Figure S6). In conclusion, TR146 cells exposed to food-grade (E171) TiO<sub>2</sub> or NM-102 generated DNA damage, some of which lingered in cycling cells after a period of recovery, suggesting that cell proliferation aggravates the genotoxic activity induced by TiO<sub>2</sub>.

Finally, we asked whether E171 could impact the genomic stability of TR146 cells treated as in Figure 6(C), by performing a micronucleus assay. Under our experimental conditions, no clear difference was observed between untreated cells and cells exposed to the different TiO<sub>2</sub> samples, whereas the positive control etoposide induced a significant increase of cells with micronuclei (Supplementary Figure S7).

### E171-induced oxidative stress in human buccal cells

As many previous studies have reported that TiO<sub>2</sub>-related genotoxicity mainly resulted from oxidative stress, we monitored the production of reactive oxygen species (ROS) using the fluorogenic probe CellROX® Green Reagent in proliferating TR146 cells exposed to the food additive E171 and two TiO<sub>2</sub> test materials for 2 h. CellROX® Green Reagent



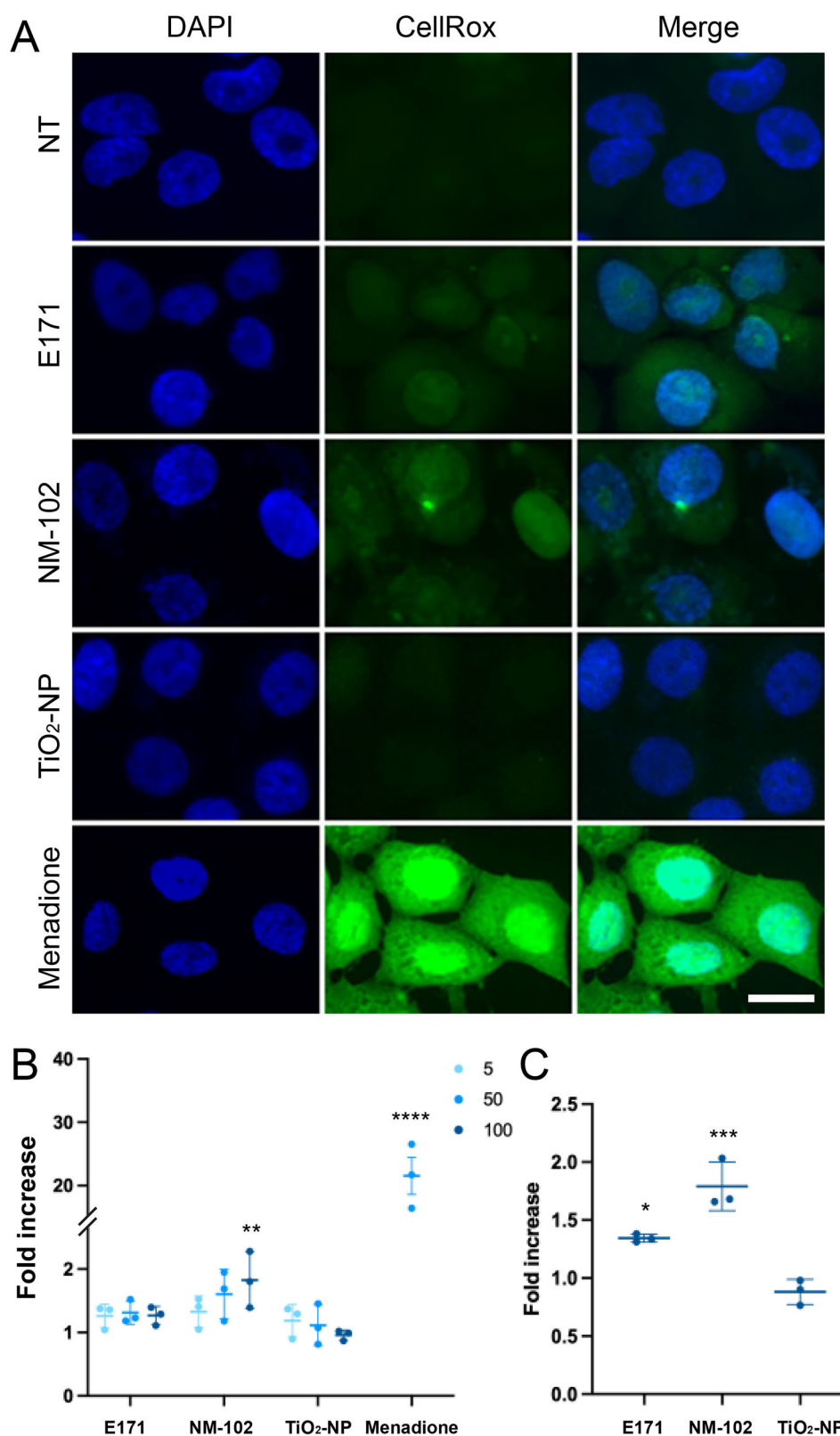


**Figure 6.** Genotoxicity of the TiO<sub>2</sub> particles in TR146 cells. (A) TR146 cells were left untreated (NT) or exposed to 50  $\mu$ g/ml E171, NM-102 or TiO<sub>2</sub>-NPs for 2 h and analyzed by immunofluorescence microscopy with antibodies against  $\gamma$ H2AX and 53BP1. The images on the right represent magnification of the cells delineated by squares with white dotted lines ( $\gamma$ H2AX and 53BP1 signals). (B, C) Proliferating TR146 cells were treated with 50  $\mu$ M of etoposide or different concentrations of TiO<sub>2</sub> (5, 50 or 100  $\mu$ g/ml), and the  $\gamma$ H2AX signal was quantified immediately (B) or after 22 h of recovery in fresh culture medium (C). The results are presented as the mean  $\pm$  SD of at least three independent experiments. Statistics were calculated by one-way ANOVA followed by Dunnett's multiple comparison test.

emits green fluorescence upon oxidation by ROS and subsequently binds to DNA. Compared to untreated cells and TiO<sub>2</sub>-NP treatments, cells exposed to the food-grade E171 and NM-102 exhibited green nuclear fluorescence after incubation with CellROX Green Reagent (Figure 7(A)), indicative of ROS production. Of note, these signals were slight compared to the positive control menadione. With the food additive E171 and contrary to the results with NM-102 or menadione, quantification

did not allow us to conclude that there was significant difference compared to untreated cells (Figure 7(B)). However, when the cells were allowed to recover in fresh culture medium for 22 h, CellROX® Green signal persisted and showed a significant increase after exposure to both E171 and NM-102 at 100  $\mu$ g/ml (Figure 7(C)). Therefore, a short-term exposure to food-grade TiO<sub>2</sub> can induce weak ROS production in TR146 cells, which is maintained for at least 22 h following cell absorption.





**Figure 7.** Oxidative stress induced by TiO<sub>2</sub> particles in TR146 cells. (A, B) TR146 cells were left untreated (NT) or exposed to 50 µM of menadione or different concentrations (5, 50 or 100 µg/ml) of E171, NM-102 or TiO<sub>2</sub>-NPs for 2 h, and the presence of reactive oxygen species was quantified by using CellROX® Green Reagent. Representative images (A) and quantification (B) are shown. The results are presented as the mean ± SD of three independent experiments. Statistics were calculated by one-way ANOVA followed by Dunnett's multiple comparison test. (C) TR146 cells were treated as in A and B with 100 µg/ml TiO<sub>2</sub> agents and analyzed after 22 h of recovery in fresh culture medium. The results are presented as the mean ± SD of three independent experiments. Statistics were calculated by one-way ANOVA followed by Dunnett's multiple comparison test.



## Discussion

Due to the worldwide usage of  $\text{TiO}_2$  as coloring agent in common foodstuffs, including drinks and ice cream, or in pharmaceuticals as a coating agent, these different  $\text{TiO}_2$ -containing products are viewed as the main source of body contamination by  $\text{TiO}_2$ -NPs in humans. However, in the context of oral route, the contribution of the buccal mucosa for  $\text{TiO}_2$  uptake remains poorly documented. The buccal epithelium represents the first surface that is exposed to foodborne xenobiotics. Even though the potential for compound absorption is high in this tissue, as reported for various drug delivery systems including immediate release tablets (Madhav et al. 2009), the buccal epithelium is still not taken into account for risk assessments of the food additive  $\text{TiO}_2$  containing a nanosized particle fraction. In the present study, using an *in vitro* model of the human oral epithelium, we report that buccal cells are highly permeable to the  $\text{TiO}_2$  particles present in a commercial food-grade (E171) sample, including its NP fraction. To ensure that such passage occurs *in vivo*, we further show that  $\text{TiO}_2$  particles rapidly cross the oral epithelium in piglets and are recovered deeper in the buccal mucosa and submandibular lymph nodes after repeated sublingual deposition. In human TR146 cells, we report cytotoxicity and genotoxicity in proliferating cells exposed to E171. The genotoxic effects were still observed after cell differentiation, suggesting the long-lasting impact of food-grade  $\text{TiO}_2$  on the human oral epithelium, which should be considered for risk assessment purposes with this food additive.

Using fresh *ex vivo* porcine buccal mucosa as a model for the permeation assessment of NPs into the mouth, a previous study using non-food  $\text{TiO}_2$ -NP models of various sizes (namely JRC NM100, NM101 and NM105) highlighted the ability of nanosized  $\text{TiO}_2$  particles to penetrate the oral cavity tissues (Teubl et al. 2015a). The authors concluded that smaller the NPs (i.e., NM101, 28 nm in Feret minimum diameter) exhibit less depth translocation and remained in the cytoplasm of the surface epithelial cells. In contrast, larger  $\text{TiO}_2$  particles, such as NM 100 (displaying two fractions of 34 to 148 nm) or NM 105 (36 nm), also penetrated, but their penetration was deeper into the porcine

mucosa. This is in line with our *in vivo* observation in piglets that isolated  $\text{TiO}_2$  particles of the E171 additive ranging from 70 to 200 nm in diameter were recovered deep in the oral mucosa. Interestingly, this corresponds to the larger fraction of particle size of food-grade  $\text{TiO}_2$  in the E171 batch used in the current study, as previously characterized for primary size distribution by number (Guillard et al. 2020). Notably, such particle translocation occurred rapidly, since it was observed from thirty minutes after a single deposition of the E171 water suspension under the tongue. In addition, *in vitro*, using a human oral cell line (H376) exposed to carboxyl polystyrene particles with sizes of 20 and 200 nm, permeation of the buccal epithelium was reported to be dependent not only on primary particle size but also on agglomeration state in the culture medium (Roblegg et al. 2012). As more agglomeration occurred outside the cells, less penetration was observed into the buccal cells. Based on these studies, a similar conclusion can be drawn from the present kinetic study focused on food-grade  $\text{TiO}_2$ . Although it was restricted to the sole epithelial layer with the TR146 cell line, this *in vitro* model is viewed as able to mimic the human buccal epithelium (Nielsen and Rassing 2000). Both nanosized and submicron-sized  $\text{TiO}_2$  particles were found to be endocytosed as single particles or small aggregates, while the very large agglomerates that had previously formed in culture medium remained in contact with the external surface of the epithelial cells without apparent translocation under such large forms (not shown). The current evaluation of the absorption rate using confocal imaging at different time points completed with TEM and SIMS imaging data for high-resolution and elemental characterization, strengthens the idea that food-grade  $\text{TiO}_2$  particles enter the cells as isolated particles or as very small aggregates regardless of their nominal size (i.e., NPs or submicron-sized). Such translocation started within 1 h, showing the passage of the particles that progressively accumulated over time into the cells, until 24 h of exposure in the current study, altogether showing high absorption capabilities for oral epithelium. Of note, the time-dependent agglomeration of  $\text{TiO}_2$  particles in TR146 cells in our study is due to cell culture grown on filters as a monolayer, which prevented further passage of the particles beyond



the cells and resulted in progressive accumulation in the cytoplasm. The kinetics for particle absorption determined that human buccal epithelial cells are highly permeable to  $\text{TiO}_2$ , in contrast to the low absorption rate by Caco-2 enterocytes used as an intestinal *in vitro* model (Brun et al. 2014). In buccal cells, no translocation to the nucleus was observed in the current study, which is in line with observations by Teubl et al. (2015a) using different  $\text{TiO}_2$  NP models from the JRC. The rapid absorption of food-grade  $\text{TiO}_2$  NPs by the oral epithelium is also in accordance with their study showing that the NPs were internalized within 10 min following exposure. *In vivo* and as stated above, because the size range for isolated particles recovered in the pig oral mucosa corresponded to particle distribution in the commercial E171 powder (Guillard et al. 2020), we concluded the E171 sample the only source for orotransmucosal passage of  $\text{TiO}_2$ , and that most particles that composed a common commercial batch of E171 can be absorbed in the mouth. Of note, since  $\text{TiO}_2$  particles were also found in the pig buccal mucosa with a E171 suspension without sonication for particle dispersion, it is concluded that an orotransmucosal passage also occurs from the food additive in its raw commercial form. These *in vivo* data using pig mouth for which the histomorphology of the buccal mucosa is comparable to that of humans confirmed that the food-grade  $\text{TiO}_2$  particles rapidly pass through the surface epithelium in the mouth to reach mucosa underneath, thereby becoming systematically available. Because we herein report aggregate sizes up to 550 nm in the oral mucosa, this suggested that the buccal epithelium is unable to block the passage of such large inorganic structures *in vivo*. An unexpected result was the presence of  $\text{TiO}_2$  particles of similar sizes and forms in the submandibular lymph nodes of exposed pigs, and whatever the initial preparation for E171 suspension (i.e., dispersed or not). As key players in the local immune system, lymph nodes act as the first line of defence against harmful agents from the oro pharyngeal region by filtering the lymphatic fluid of unwanted debris and antigens. Studies focused on dental prostheses and titanium implants have already reported Ti particle deposition in the submandibular lymph nodes due to microscopic disintegration of biomedical devices (Onodera, Ooya, and

Kawamura 1993; Weingart et al. 1994; Ng et al. 2021). The current study highlights that food-grade  $\text{TiO}_2$  particles are also drained by the lymphatic fluid from the oral cavity and then transported to the local lymph nodes. However based solely on this, it is not possible to reach any conclusion regarding an inflammatory risk that requires chronic exposure to be evaluated. Finally, to conclude our kinetic study, and based on recent evaluations of  $\text{TiO}_2$  intake from chewing gum that have estimated human exposure ranging from 0.1–84 billion  $\text{TiO}_2$  NPs/kg bw/d (Fiordaliso et al. 2018), our study highlights the oral epithelium as a route for the direct systemic passage of food-grade  $\text{TiO}_2$  (E171) NPs which has not been taken into account in previous toxicokinetic studies and human risk assessment.

We then explored the potential toxicity impacts of food-grade  $\text{TiO}_2$  exposure in the mouth. Human TR146 cells were exposed to E171 for 2 h to ensure particle uptake without accumulation in the cells, as noted above. Experiments were conducted over a range of doses (i.e., 5, 50, 100  $\mu\text{g/ml}$ ) for a realistic scenario of the buccal epithelium coming in contact with the food-grade pigment. We first reported cytotoxic activity of E171 only in proliferating cells. In contrast, no defects were observed in TR146 cells once differentiated, a state that implies cell cycle withdrawal (Ruijtenberg and van den Heuvel 2016). As cell cytotoxicity assays, such as Alamar Blue® assay used in this study, depend on cell viability and number, it is unlikely that food-grade  $\text{TiO}_2$  particles from the E171 sample directly affects the cell viability of cycling cells but should rather stop their proliferation, similar to the  $\text{TiO}_2$  test materials and etoposide. In two previous studies using other  $\text{TiO}_2$  nanomodels, no cytotoxicity was observed in proliferating TR146 cells (Teubl et al. 2015a; Teubl et al. 2015b). This discrepancy with the current study may be due to differences between the experimental designs, as viability was assessed 24 h posttreatment by these authors compared to 72 h posttreatment in our study, which allowed more time for cell division. In addition, our conclusion that food-grade  $\text{TiO}_2$  mainly impacts cell proliferation is in agreement with a previous study using intestinal Caco-2 cells (enterocytes) exposed to  $\text{TiO}_2$  particles (anatase NM100 from the JRC) of which mean size ( $104 \pm 39$  nm) was close to that of the E171 sample ( $105 \pm 45$  nm) or NM-102 (115 nm)



used in the current study, and viability loss was also reported for only undifferentiated intestinal cells (Vila et al. 2018). Altogether, this corroborates our hypothesis that buccal exposure to food-grade  $\text{TiO}_2$  could halt epithelial cell proliferation, suggesting that  $\text{TiO}_2$  particle absorption in the human mouth primarily alters epithelium formation or repair rather than directly affecting differentiated epithelial cells. Because active cell division is necessary to ensure the turnover of the buccal mucosa every 14 days (Teubl et al. 2015a), our data raise concerns about E171 exposure that could possibly impact epithelial renewal in the mouth.

The genotoxicity of several sources of  $\text{TiO}_2$  NPs, including E171, has been analyzed mainly in intestinal models *in vitro*, and have reported contradictory results. Indeed, it is now well established that NP physicochemical properties (size, shape, surface properties, composition, solubility, aggregation/agglomeration) and experimental conditions greatly influence the cellular genotoxic response (Magdolenova et al. 2014), hampering general conclusions on  $\text{TiO}_2$  NP genotoxicity *in vitro*. Our data reveal that E171 and NM-102 with similar particle size distributions (i.e., mostly from 50 to 150 nm) induce DNA damage and slight oxidative stress in TR146 cells contrary to the pure  $\text{TiO}_2$ -NP particulate model (21 nm). While E171 and  $\text{TiO}_2$  from NM-102 contain nano- and submicron-sized particles, in contrast to the  $\text{TiO}_2$ -NP model, it was suggested that the genotoxic potential of food-grade  $\text{TiO}_2$  particles mainly originated for particle with sizes generally above 20 nm. These observations suggest that the nanosized and submicron-sized  $\text{TiO}_2$  fractions mixed in the food additive E171 may exert distinct adverse effects on buccal cells, as already reported on intestinal cells (Proquin et al. 2017), and that submicronic particles merit a specific attention when assessing the genotoxicity of E171 in the buccal cavity.

Interestingly, as observed during cytotoxicity testing, we demonstrated that E171 genotoxic activity was higher during TR146 cell proliferation. Similar observations have been reported in intestinal cellular models. Indeed, treating differentiated Caco-2 cells with E171 resulted in DNA base oxidation but not DNA strand breaks after comet assay in its alkaline and Fpg-modified versions (Dorier et al. 2017). On the other hand, undifferentiated

proliferating Caco-2 cells exposed to E171 accumulated DNA strand breaks, as assessed by comet assay, but also micronuclei (Proquin et al. 2017). It should be noticed that under our experimental conditions in TR146 proliferating cells, E171 and NM-102 exposure induced DNA strand breaks in alkaline comet assay, but did not result in micronucleus formation. In 2021, EFSA summarized that E171, and more globally  $\text{TiO}_2$  NPs, have the potential to induce DNA damage based on *in vitro* and *in vivo* comet assays (Younes et al. 2021). Conversely, EFSA conclusions on the potential of  $\text{TiO}_2$  NPs to induce micronuclei were mainly based on *in vivo* assays, as the majority of *in vitro* studies gave negative results. The consequences of DNA damage are detrimental for cycling cells because any DNA lesion may interfere with S-phase progression by blocking the replication fork, eventually leading to fork collapse and the formation of double-strand breaks (Zeman and Cimprich 2014; Kondratick, Washington, and Spies 2020). It should be noted that  $\gamma\text{H2AX}$  and 53BP1, two markers of DNA double-strand breaks, were activated in proliferating as well as in differentiated TR146 cells, indicating that E171 exposure can primarily induce this type of lesion independent of DNA replication. However, we cannot exclude the possibility that food-grade  $\text{TiO}_2$  particle absorption induces other types of lesions, such as DNA base oxidation, as previously reported (Dorier et al. 2017). In TR146 cells exposed to E171, DNA double-strand breaks were more efficiently repaired in differentiated compared to proliferating cells, in which a significant increase of  $\gamma\text{H2AX}$  staining was maintained several hours after  $\text{TiO}_2$  release from the culture medium. Double-strand breaks in noncycling cells are processed by non-homologous end joining which repairs the lesions in less than 1 h, whereas DNA repair in proliferating cells involves different pathways and should be delayed to overcome replication stress (Scully et al. 2019). Because E171-induced CellROX® Green Reagent signal persisted 22 h after wash-out, it was suggested that the  $\text{TiO}_2$  particles internalized into the buccal cells lead to ROS formation, perhaps interfering with replication progression and giving rise to late DNA double-strand breaks. It has been proposed that the carcinogenic properties of inhaled  $\text{TiO}_2$  rely on genotoxicity through oxidative stress. Animals exposed to  $\text{TiO}_2$  NPs *via* inhalation have demonstrated



genotoxic effects in the lungs associated with ROS production, lipid peroxidation and anti-oxidases activation (Sun et al. 2013; Han et al. 2020). On the other hand, *in vivo* testing after TiO<sub>2</sub> ingestion failed to clearly conclude the presence of DNA damage in the intestinal tract (Bettini et al. 2017; Carriere, Arnal, and Douki 2020) despite the induction of oxidative stress (Abbasi-Oshaghi, Mirzaei, and Pourjafar 2019; Zhao et al. 2021). Our results suggest that the food-grade TiO<sub>2</sub> particles from the food additive E171 induce oxidative stress and possibly related DNA damage that at least contributes to cytotoxicity in proliferating cells of the buccal epithelium.

## Conclusion

The data presented here provide evidence that under realistic exposure conditions in terms of dose and duration of exposure, food-grade TiO<sub>2</sub> may translocate through the oral mucosa in an *in vivo* pig model of buccal mucosa that is close to the human mouth. We also report the high permeability of human buccal epithelial cells to TiO<sub>2</sub> particles *in vitro*. After these cells were exposed to the food additive for 2 h, TiO<sub>2</sub> particles generated oxidative and genotoxic stresses that were detrimental to proliferating cells mainly. This raises the issue of possible adverse consequences regarding the constant turnover of the buccal mucosa or during wound repair and regeneration. Thus, our study supports that buccal exposure should be considered for TiO<sub>2</sub> risk assessments when being used as a food additive in common foodstuffs, in oral care products such as toothpaste, or as a coating agent in various pharmaceutical drug delivery forms, including those for the sublingual route (European Medicines Agency 2021). To date, because most of the toxicokinetic studies on food-grade TiO<sub>2</sub> have been conducted by gastric gavage, i.e., direct administration into the gastrointestinal tract, the oral cavity is therefore bypassed. However, the buccal epithelium, in addition to the intestine (Teubl et al. 2015a), has to be considered as an additional route for the uptake of food-grade TiO<sub>2</sub>, including its nanosized fraction, hence increasing the potential of absorption of foodborne TiO<sub>2</sub> NPs in humans.

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## Author contributions

J.V., A.P.-D., E.G., C.C., P.P., E.B.R., I.-P.O., F.-H.-F.P., B.L., G.M. and E.H. designed the study; E.G., L.D. and N.F. performed physico-chemical characterization of TiO<sub>2</sub> samples; E.G. and P.P. conducted the animal experiments; C.C., C.B. and L.W. performed TEM and SEM-EDX analysis; A.B. and T.T. performed STIM/SIMS (npSCOPE) analysis; J.V., E.B.-R., J.D. and A.P.-D. performed *in vitro* toxicity testings; J.V., A.P.-D., E.G., C.C., A.B., T.T., L.D., J.D., E.B.R., N.F., I.-P.O., F.-H.-F.P., B.L., G.M. and E.H. analyzed the data; J.V., A.B., E.B.R., I.-P.O., F.-H.-F.P., B.L., G.M. and E.H. wrote the paper. All author(s) read and approved the final manuscript.

## Disclosure statement

No potential conflict of interest was reported by the author(s).

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## Data availability statement

All data generated or analyzed during this study are included in this published article and its [supplementary information](#) files.

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