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# Xyloglucan-cellulose nanocrystal-chitosan double network hydrogels for soft actuators

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## **ABSTRACT**

Hydrogels are materials consisting in a three-dimensional hydrophilic polymer network swollen by a large amount of water. An efficient strategy to elaborate hydrogels consists in establishing double polymer networks in order to achieve high strengthening effect associated with other properties such as transparency or tailored swelling capacities. In this work, we prepared cellulose nanocrystals (CNC)-based hydrogels with double network architecture. The first network, formed by CNC and xyloglucan (XG), takes advantage of entropic adsorption of XG on the CNC surface while the second network relies on electrostatic interactions between cationic Chitosan (Chi) and anionic CNC. Hydrogels with different compositions were successfully prepared. Their rheological properties, stability and swelling capacities in acidic and alkaline solutions were evaluated. Internal organizations of hydrogels were investigated by fluorescence microscopy after polymer labelling and polarized optical microscopy (POM). Finally, hydrogels demonstrated excellent mechanical properties and tuneable swelling capacities that can be leveraged for the implementation of bilayer actuators. Therefore, we further prepared films composed of two hydrogels layers, each one containing a different XG/CNC ratio. Bilayered

22 films bended in water due to the asymmetric swelling of layers and the extent of bending can be  
23 modulated by the XG/CNC ratio.

24

25 **Keywords:** xyloglucan, cellulose nanocrystals, chitosan, hydrogel, swelling, actuator.

## 26 **1. Introduction**

27 **Hydrogels have attracted much attention due to their ability to hold large amounts of water. They**  
28 **have been studied for decades as they found applications in various fields including medicine,**  
29 **pharmaceutics, cosmetics, domestic uses and personal care (Patel & Thareja, 2022; T. Zhu et al.,**  
30 **2019).** Hydrogels are composed of three-dimensional polymer networks that exhibit outstanding  
31 features such as high water absorption, transparency and good mechanical properties among  
32 many others. During last two decades, research has focused on natural hydrogels to gradually  
33 replace synthetic hydrogels. Biopolymers have demonstrated a great potential, particularly,  
34 polysaccharides are excellent candidates thanks to the presence of a high number of hydrophilic  
35 groups (hydroxyl groups and others). Different polysaccharides have demonstrated gel-like  
36 behavior, such as alginate, carrageenan, chitosan, cellulose or starch (Chang & Zhang, 2011;  
37 Coviello, Matricardi, Marianecchi, & Alhaique, 2007; Patel & Thareja, 2022; T. Zhu et al., 2019).  
38 Nanocelluloses have also arisen as outstanding components of hydrogels (Du et al., 2019).  
39 Indeed, cellulose nanocrystals (CNC), which are obtained by acid hydrolysis of the cellulose  
40 fiber, provide excellent mechanical properties thanks to their rigid nature and rod-like shape  
41 (Eichhorn, 2011; Moreau, Villares, Capron, & Cathala, 2016). The specific association of  
42 cellulose with certain hemicelluloses, such as xyloglucan (XG), allows controlling the swelling  
43 behavior (Villares, Bizot, Moreau, Rolland-Sabate, & Cathala, 2017), and results in gel-like  
44 dispersions (Talantikite, Beury, Moreau, & Cathala, 2019; Talantikite, Gourlay, Le Gall, &  
45 Cathala, 2019; Talantikite et al., 2021). The XG/CNC hydrogels are stabilized by hydrogen  
46 bonds and dispersive forces, which allows the breakdown and re-formation of the gel under  
47 shearing. However, hydrogen bonds do not confer enough stability to the network and the  
48 XG/CNC hydrogels are mechanically weak and loose its shape under shear forces (Talantikite,

49 Gourlay, et al., 2019). One strategy to obtain more mechanically efficient networks is the  
50 formation of semipermanent junction points by interanchored long chains. In this field, the  
51 formation of interpenetrating networks significantly improves the mechanical properties, and the  
52 hydrogel stability (K. J. De France, Cranston, & Hoare, 2020; Kevin J. De France, Hoare, &  
53 Cranston, 2017). The physical interlocking of two networks, known as the double or  
54 interpenetrating network, creates junction points that stabilize the hydrogel and favor water  
55 uptake.

56 In this work, we took advantage of the specific interactions between polysaccharides and  
57 nanocellulose to prepare all biobased hydrogels. Hydrogels were produced by a sequential two-  
58 step process, firstly creating the XG/CNC network, and then cross-linking a second network of  
59 chitosan (Chi) within the first. The specific interaction between XG and CNC provides the  
60 physical properties such as water uptake and mechanical resistance, and the electrostatic  
61 interaction between the positive charge of Chi and anionic CNC facilitated the interaction  
62 between the two networks. We obtained highly swollen and transparent hydrogels, showing good  
63 mechanical resistance. By changing the XG/CNC ratio, we succeeded in tuning the hydrogel  
64 properties in terms of water uptake and mechanical properties with a simple, efficient and green  
65 process. The formation of anisotropic structures, such as successive layers showing different  
66 swelling behavior and/or mechanical properties may trigger shape changes and motion, which is  
67 the mechanism of actuation (McCracken, Donovan, & White, 2020; Shang, Le, Zhang, Chen, &  
68 Theato, 2019). Soft actuators from biopolymers have attracted much attention thanks to their  
69 environmentally friendly properties and the possibility to tune their response by non-covalent  
70 interactions (Wu et al., 2013; Zhao et al., 2021; Q. Zhu et al., 2020). In this field,  
71 polysaccharides have demonstrated to be excellent candidates because of their tunable water

72 swelling arising from their structural and chemical versatility (Chemin, Beaumal, Cathala, &  
73 Villares, 2020; W. Chen, Sun, Biehl, & Zhang, 2022). Therefore, in this study we focused on the  
74 impact of hydrogel composition (i.e. XG/CNC ratio) on their mechanical properties and water  
75 uptake. The different behavior of the XG/CNC assemblies permitted to fabricate bilayer  
76 actuators driven by the asymmetric swelling of layers when the films are immersed in water.

77

## 78 **2. Materials and methods**

### 79 *2.1. Materials*

80 Cellulose nanocrystals (CNC) were purchased from CelluForce (Canada). CNC were obtained by  
81 acid hydrolysis of wood pulp and according to product specification, purity = 100% surface  
82 charge density = 0.023 mmol g<sup>-1</sup> (by conductivity), crystalline fraction = 0.88 (by XRD),  
83 crystallite diameter = 2.3–4.5 nm (by AFM), crystallite length = 44–108 nm (by AFM), pH  
84 (dispersion in water) = 6–7. Xyloglucan (XG),  $M_w$  = 800 kDa, from tamarin seed gum, was  
85 purchased from DSP Gokyo Food and Chemical (Japan). Chitosan (Chi) medium molecular  
86 weight, Brookfield viscosity 200-800 cP, was purchased from Sigma Aldrich. Rhodamine B  
87 isothiocyanate (RBITC) was purchased from Sigma Aldrich. Acetic acid and dimethylsulfoxide  
88 (DMSO) were purchased from Merck.

### 89 *2.2 CNC, XG and Chitosan solutions/dispersions preparation*

90 CNC dispersion was prepared in Milli-Q water at a final concentration of 2 % w/w. Dispersion  
91 was vigorously stirred during 24 h and finally sonicated. XG solution was prepared in Milli-Q  
92 water at final concentration of 2 % w/w, and vigorously stirred during 24 h. Chitosan solution at  
93 0.1 % w/w was prepared in acetic acid 1%, at room temperature and vigorously stirred for 24 h.

### 94 *2.3. Fluorescence labelling of chitosan*

95 RBITC-labelled chitosan was synthesized by the reaction between isothiocyanate group of  
96 RBITC and amino group of chitosan. Chitosan (1 g) was dissolved at 1% in 0.1 M acetic acid.  
97 RBITC (7.5 mg) dissolved in 20 mL DMSO was add to chitosan solution. The mixture was  
98 stirred for 3 h, in dark, at room temperature. Labelled-chitosan was precipitated by addition of  
99 NaOH. Labelled-chitosan was centrifuged and washed with ultra-pure water until no free RBITC  
100 was detected in supernatant. Chitosan-RBITC was solubilized in acetic acid 1% and dialyzed  
101 against ultra-pure water during 3 days in dark.

### 102 *2.3. Films and hydrogel bilayers fabrication*

103 5 mL of CNC and XG were mixed at different XG/CNC ratios (R1, R0.5 and R0.2) with same  
104 final polysaccharide concentration (1.2 % w/w) and vortexed to obtain a homogeneous gel  
105 solution. CNC and XG solution concentrations for the different ratio were : R=0.2 [CNC] = 1 %  
106 w/w; [XG] = 0.2 % w/w; R=0.5 [CNC] = 0.8 % w/w; [XG] = 0.4 % w/w; R=1 [CNC]= 0.6 %  
107 w/w; [XG] = 0.6 % w/w. Gels were casted into Petri dishes (diameter 3 cm), and 2.5 mL chitosan  
108 at 0.1 % w/w was added above the gel. After floated gel in chitosan during one night, chitosan  
109 supernatant was removed, and the gel was dried at room temperature for 24 h. Film thickness  
110 was measured by a micrometer. The three different bilayer films by the successive deposition of  
111 XG/CNC/Chi hydrogels at the selected XG/CNC ratios: R0.5/R0.2, R1/R0.2 and R1/R0.5. The  
112 first hydrogel layer was casted into a Petri dish and the second one was immediately and  
113 carefully put on the top of the first one. Then chitosan was added to cross-link the bilayered  
114 films.

### 115 *2.4. Transmittance*

116 UV-visible spectra were obtained from films placed directly in a SPECORD S 600 spectrometer  
117 (Analytik Jena GmbH). All spectra were recorded using WinASPECT software set to absorbance  
118 mode after 10 accumulations and scanning from 182 to 1019 nm.

### 119 2.5. Rheology

120 Rheological measurements were performed using a stress-controlled rheometer AR-2000 (TA  
121 Instruments) equipped with a plane geometry (20 mm diameter). The storage ( $G'$ ) and loss ( $G''$ )  
122 moduli were measured at different frequencies range (100 to 0.01 Hz). The imposed stress was  
123 chosen within the linear response regime. Temperature was controlled using the Peltier and set at  
124 20 °C for all measurements. Samples were covered with paraffin oil to prevent sample  
125 evaporation. Samples were shaped to fit the geometry. Three samples were used for each  
126 measurement; they displayed reproducible behaviour and values.

### 127 2.6. Water uptake of films

128 The obtained hydrogels were placed in water, or in acid or alkaline pH solutions, to swell until  
129 equilibrium at room temperature. The swelling degree was calculated by weighing the samples  
130 before and after immersing in acetate (50 mM, pH 3.5) and carbonate buffer (50 mM, pH 10.5).  
131 The mass swelling percentage was calculated using the following expression:

$$132 \quad S (\%) = \frac{m_t - m_0}{m_0} 100 \quad (1)$$

133 Where  $m_0$  and  $m_t$  are the weights of the dry gel at time 0 and the swollen gel at time  $t$ ,  
134 respectively.

135 For the actuation tests, films were immersed in water, and the bending curvature was determined  
136 by recording movies during the water uptake, and periodically extracting pictures. Films were  
137 fixed with a binder clip leaving a free length of approximately 30 mm.

### 138 2.7. Polarized optical microscopy (POM)



139 Polarized optical microscopy (POM) was performed using an upright Olympus System  
140 Microscope Model BX51, with crossed polarizers and a 530 nm retardation plate (U-TP530).  
141 Digital images were taken of samples between the microscopy slide and the cover glass using a  
142 Sony XCD-SX90CR charge-coupled device camera.

### 143 *2.8. Confocal microscopy*

144 Films containing rhodamine-labelled Chitosan were imaged by confocal microscopy (Leica  
145 TCS-SP2). Confocal images of the microcapsules were acquired with LSM-510 UV–Vis  
146 equipped with 63 × 1.2 water immersion objectives (Zeiss, Germany). Excitation/emission  
147 wavelengths were 530/566 nm.

## 148 **3. Results and Discussion**

### 149 *3.1. Preparation of XG/CNC/Chi hydrogels and evaluation of their optical properties.*

150 XG adsorption on cellulose surface has been reported for decades and has been more recently  
151 identified as an entropy driven process (Tobias Bensefelt et al., 2016; Kishani, Bensefelt,  
152 Wagberg, & Wohlert, 2021). According to the XG/CNC ratio, the surface crowding can be  
153 tailored to form a variable proportion of loops and tails as demonstrated by enzymatic hydrolysis  
154 of XG/CNC complexes displaying various mass ratios (Dammak et al., 2015). **Indeed, the trains**  
155 **are defined as the part of the polymer that are adsorbed in contact with surface, while the loops**  
156 **and the tails correspond to the parts of the polymers that are not directly attached to the surface**  
157 **(Tobias Bensefelt et al., 2016), being the tails the end parts of the polymer chains. Thus the**  
158 **loops and tails are accessible to enzymes while the trains are not.** At low XG/CNC ratio, the  
159 surface availability is high and leads to XG adsorption in an extended conformation while at  
160 higher XG/CNC ratio, loops and tails are more frequent due to the surface crowding. These  
161 results can be explained by the fast adsorption kinetics of XG on the cellulose surface and the

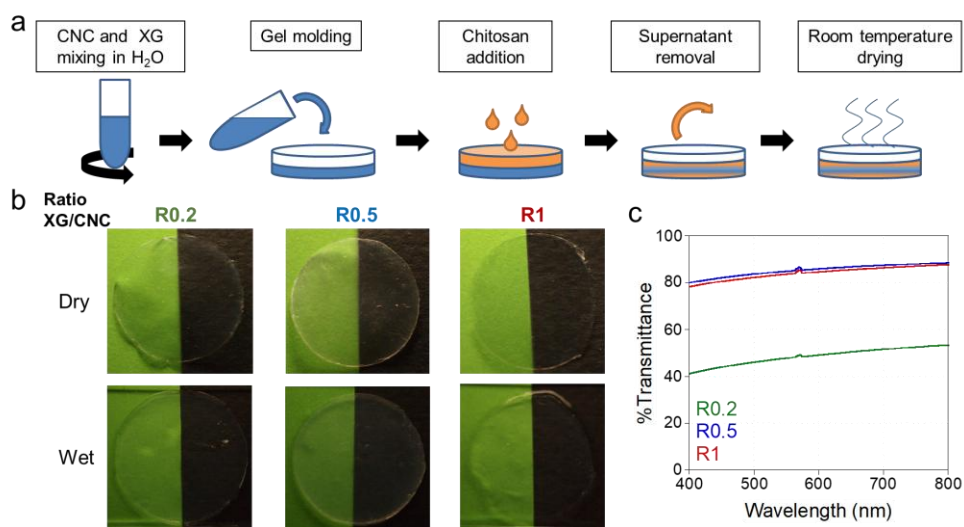
162 slow rate of the desorption that leads to almost irreversible adsorption (Park & Cosgrove, 2015;  
163 Villares, Moreau, Dammak, Capron, & Cathala, 2015). In this work, the rationale was the base of  
164 the choice of the XG/CNC ratio used. Indeed, the limit of the CNC surface saturation by XG was  
165 found to be in the range of 250  $\mu\text{g}$  of XG per mg of CNC, i.e. 0.25  $w/w$  ratio (Dammak et al.,  
166 2015). We therefore studied three different XG/CNC ratios for the hydrogel fabrication. The  
167 lowest one (XG/CNC 0.2  $w/w$ ; R0.2) corresponded to a XG concentration slightly lower than the  
168 saturation limit so that CNC surface will be not fully crowded and XG may adopt an extended  
169 conformation. Moreover, since the amount of CNC surface is lower than XG available, XG  
170 chains can interact more easily with two CNC leading to the cross-link of the nanorods. The two  
171 other XG/CNC ratios, 0.5  $w/w$  (R0.5) and 1.0  $w/w$  (R1), were clearly higher than the saturation  
172 limit and corresponded to the formation of loops and tails due to surface crowding. In this case,  
173 XG chains are more accessible as demonstrated by the enzymatic degradation (Dammak et al.,  
174 2015).

175 For all the studied ratios, when the total biopolymer concentration (XG + CNC) is high enough  
176 ( $> 1\%$   $w/w$ ), gel formation occurs (Talantikite, Gourlay, et al., 2019; Talantikite et al., 2021).  
177 Indeed, in solution, the adsorption of XG on stiff CNC increases the effective hydrodynamic  
178 volume of XG/CNC complexes, compared to CNC alone, leading to gel formation through steric  
179 repulsion and transient network formation between XG chains (de Freitas et al., 2015;  
180 Talantikite, Gourlay, et al., 2019). Similar gelation process was observed for other CNC  
181 adsorbing polymers (Hu, Cranston, Ng, & Pelton, 2014). Variation of XG/CNC ratio influenced  
182 the gel strength due to the modification of CNC cross-linking and XG/XG chains interaction  
183 extent (Talantikite, Gourlay, et al., 2019; Talantikite et al., 2021). Nevertheless, the interaction  
184 strength between XG chains is weak leading to hydrogels with poor mechanical properties

185 (Talantikite, Gourlay, et al., 2019). A general strategy to achieve hydrogel strengthening consists  
186 in the elaboration of double network architectures (Q. Chen, Chen, Zhu, & Zheng, 2015). This  
187 approach has been successfully implemented for nanocellulose-based materials either by using  
188 ionic or covalent cross-linking (T. Bensselfelt, Engstrom, & Wagberg, 2018; K. J. De France et  
189 al., 2020). Similarly, our strategy relies on electrostatic interactions and takes advantage of  
190 interplay capacities of negative sulfate groups present on CNC with polycations. Among bio-  
191 based polycations, chitosan has been widely used for different materials preparation including  
192 hydrogels and was also found to be able to cross-link cellulosic substrates such as paper or  
193 nanocellulose (Lindstrom, Wagberg, & Larsson, 2005; Toivonen et al., 2015).

194 Fig. 1a shows the scheme of the XG/CNC/Chi hydrogels fabrication. Hydrogels were prepared  
195 by first mixing XG and CNC at the appropriate ratio (R0.2, R0.5 and R1) at a constant total dry  
196 weight (XG + CNC) of 1.2 % *w/w*. The mixture was thoroughly stirred to achieve homogeneity.  
197 Indeed, Talantikite et al. (Talantikite, Gourlay, et al., 2019) demonstrated that XG/CNC gels can  
198 be easily broken by shearing and then reformed instantaneously. These self-healing properties  
199 rely on transient no-covalent interactions between XG chains (de Freitas et al., 2015). The gels  
200 were thereafter molded in a Petri dish to achieve cross-linking. Chi solution (0.1 % *w/w*) was  
201 added on the XG/CNC dispersion. Several chitosan concentrations were tested (data not shown)  
202 and since concentration have been found to have no effect on swelling and mechanical properties  
203 (data not shown), 0.1 %*w/w* concentration was chosen. After Chi addition, for all the XG/CNC  
204 ratios, hydrogel shrinkage was visually observed, suggesting that water was removed. This  
205 behavior has been previously observed in the fabrication of CNC/Chi multilayers monitored by  
206 quartz crystal microbalance with dissipation (QCM-D) (Lombardo, Cathala, & Villares, 2021).  
207 These studies revealed that the adsorption of Chi onto CNC yielded lower adsorbed hydrated

208 mass than in the case of XG, which pointed at a shrinking effect of Chi mediated by the  
209 electrostatic interaction between CNC and Chi. The strong interaction could therefore expel  
210 water molecules and counter-ions from the CNC surface by an entropy-driven process  
211 (Lombardo & Thielemans, 2019), which stabilized the hydrogel and provided the self-supporting  
212 properties.



213  
214 **Fig. 1.** (a) Schematic illustration of the preparation of XG/CNC/Chi hydrogels; (b) photography  
215 showing the transparency of the hydrogels; and (c) transmittance values of hydrated hydrogels in  
216 the range of 400-800 nm for the three XG/CNC/Chi hydrogels studied, R0.2, R0.5 and R1.

217  
218 The optical properties were examined by transmittance measurements of dry and hydrated films.  
219 As-prepared films were highly transparent, smooth and flexible (**Fig. 1b**). When hydrogels were  
220 rehydrated, transmittance increased in all cases, being more noticeable in the case of R0.2  
221 XG/CNC/Chi hydrogels (Table 1). For the higher XG/CNC ratios (R0.5 and R1) the  
222 transmittance was 80% whereas for the lower XG/CNC ratio, the transmittance was around 40%  
223 (**Fig. 1c** and Table 1). This lower transmittance suggested the presence of light-scattering  
224 aggregates. This difference between R0.2 and the two other systems could be ascribed to the

225 association between CNC mediated by XG chains when available CNC surfaces are larger than  
 226 the amount of XG available to cover all CNC surfaces. This might result in tight contact between  
 227 CNC forming large particles and therefore less transparency.

228

229 Table 1 : Characteristics of XG/CNC/Chi hydrogels in terms of water uptake ratio, transmittance,  
 230 mechanical properties and thickness

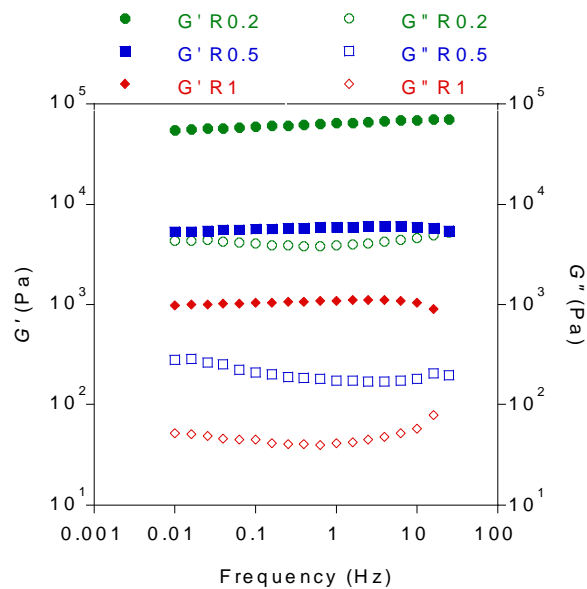
Composition	Water uptake		Transmittance		Mechanical			
	ratio (g/g)		(% at $\lambda= 550$ nm)		properties		Thickness	
XG/CNC ratio	pH 3	pH 10	Dry	Wet	G'	G''	Dry	Wet
					(kPa)	(kPa)	( $\mu\text{m}$ )	( $\mu\text{m}$ )
R0.2	4.9	3.5	31	41	68.4	5.1	91 $\pm$ 18	812 $\pm$ 93
R0.5	10.4	6.1	80	87	5.1	0.3	64 $\pm$ 7	653 $\pm$ 78
R1	19.7	14.7	80	84	1.8	0.1	31 $\pm$ 5	700 $\pm$ 140

231

### 232 3.2. Mechanical properties

233 The dynamic mechanical properties of XG/CNC/Chi hydrogels were investigated by measuring  
 234 the frequency dependence of the storage ( $G'$ ) and loss ( $G''$ ) moduli (**Fig.2**, Table 1). For the  
 235 three studied XG/CNC ratios, R0.2, R0.5 and R1, the storage modulus was always higher than  
 236 the loss modulus ( $G' > G''$ ), which indicated a gel and elastic-like behavior (Pääkkö et al., 2007).  
 237 The values of both storage and loss moduli were particularly high in comparison with  
 238 CNC/polymer hydrogels (Hynninen et al., 2018; Talantikite, Gourlay, et al., 2019).

239 Results showed clear differences on the rheological behavior depending on the XG/CNC ratio.  
 240 Thus, the values of both  $G'$  and  $G''$  decreased when the XG/CNC ratio increased, reflecting a  
 241 significant increase of rigidity when the amount of CNC increased. Nevertheless, the decrease in  
 242  $G'$  and  $G''$  was not correlated to the CNC concentration, which revealed the role of the XG  
 243 conformation on the mechanical properties. These results clearly showed the transition to a  
 244 different regime above 0.25 w/w (Dammak et al., 2015). Thus, the low XG concentration (R0.2),  
 245 which adsorbs in an extended conformation on the CNC surface, provided rigidity and cross-  
 246 linking between CNC to the XG/CNC/Chi hydrogels whereas the XG conformation as loops and  
 247 tails prevailing for the higher XG concentrations (R0.5 and R1) provided more flexibility.  
 248 Moreover, the low coverage of surface by XG might also favor interactions between CNC sulfate  
 249 charges and Chi charges leading to a reinforcing effect.



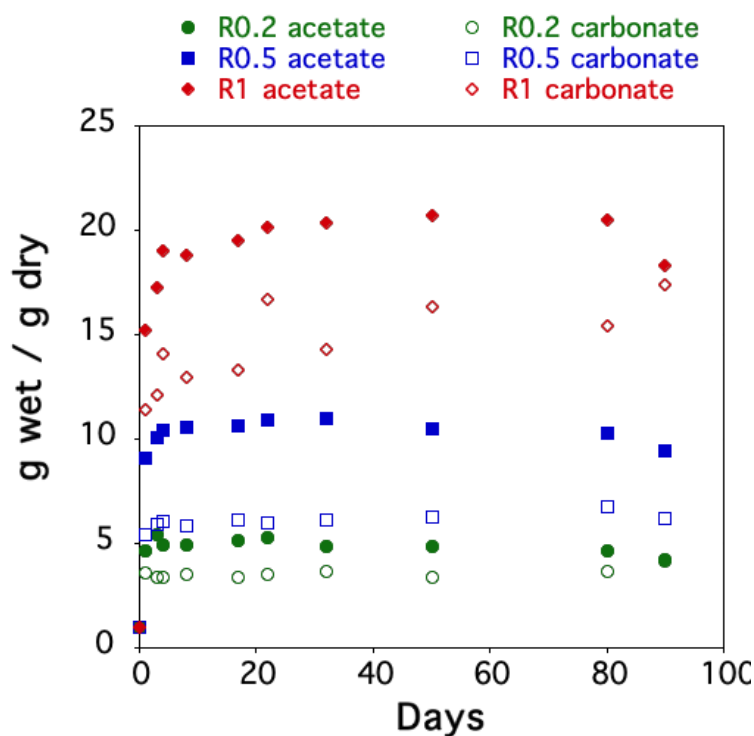
250  
 251 **Fig.2.** The storage modulus ( $G'$ ) and the loss modulus ( $G''$ ) as a function of the frequency for the  
 252 three XG/CNC/Chi hydrogels studied, R0.2, R0.5 and R1, at 20 °C.

253  
 254 *3.3. Swelling properties of hydrogels*

255 The swelling properties of the XG/CNC/Chi hydrogels were determined by the water uptake in  
256 two different buffers, i.e. acetate (pH 3.5) and carbonate (pH 10.5) (**Fig. 3**). Similarly to  
257 mechanical properties, the swelling behavior was significantly influenced by the XG/CNC ratio.  
258 Thus, as the XG/CNC ratio increased, the hydrogels adsorbed more water. In all cases,  
259 absorption is extremely fast and equilibrium was reached after few hours of immersions. All  
260 hydrogels displayed high stability in the two pH conditions since the gels retained their full  
261 integrity for weeks (**Fig. 3**).

262 Swelling involves the diffusion of water molecules into the gel matrix and the subsequent  
263 polymer chain relaxation within the hydrogel. The capacity of the hydrogel for water adsorption  
264 depends on the interactions between the biopolymers. Swelling can be explained in terms of  
265 equilibrium swelling pressure that is constituted of the contribution from interaction of water  
266 with the polymers forming the gels, the osmotic pressure due to charged groups of polymer  
267 constituents and the pressure due to the resistance of the gel network (T. Bensefelt et al., 2018;  
268 Flory, 1953). If the first two pressures are higher than the later, the gel will be dissolved whereas  
269 if the pressure generated by the network resistance dominates, the swelling will be limited.  
270 Therefore, the formation of tight entanglements results in low swelling whereas loose and  
271 flexible networks show high water uptake. In the case of low XG/CNC ratio (R0.2), the  
272 formation of tight contacts between cellulose and xyloglucan in association with potentially more  
273 efficient interaction between Chi and CNC charges resulted in less swollen networks. As the  
274 XG/CNC ratio increases (R0.5 and R1), the formation of XG loops and tails on the CNC surface,  
275 as well as the present of some unbound XG chains for the highest ratio, facilitated water  
276 adsorption. These results are in agreement with previous studies showing that the XG adsorption  
277 onto CNC forming loops and tails resulted in higher water uptake, and the hydration of XG

278 chains increased significantly their accessibility and the thickness of CNC/XG/CNC multilayer  
 279 films (Villares et al., 2017). The thicknesses of hydrogels were measured before and after drying  
 280 (Table 1). For the three hydrogels studied, the thickness increased between 800-2000%, which  
 281 demonstrated the hydrogel character of the XG/CNC/Chi systems.  
 282 Finally, it is necessary to underline the difference of swelling observed in the acetate buffer and  
 283 the carbonate buffer. The swelling was more important at acidic pH due to the protonation of the  
 284 amine groups of the chitosan which reinforced the electrostatic repulsion between the chitosan  
 285 chains and increased the hydrophilicity of the hydrogels.



286  
 287 **Fig. 3.** Variation of water uptake with time in acetate (pH 3.5) and carbonate buffers (pH 10.5)  
 288 for the three XG/CNC/Chi hydrogels studied, R0.2, R0.5 and R1.

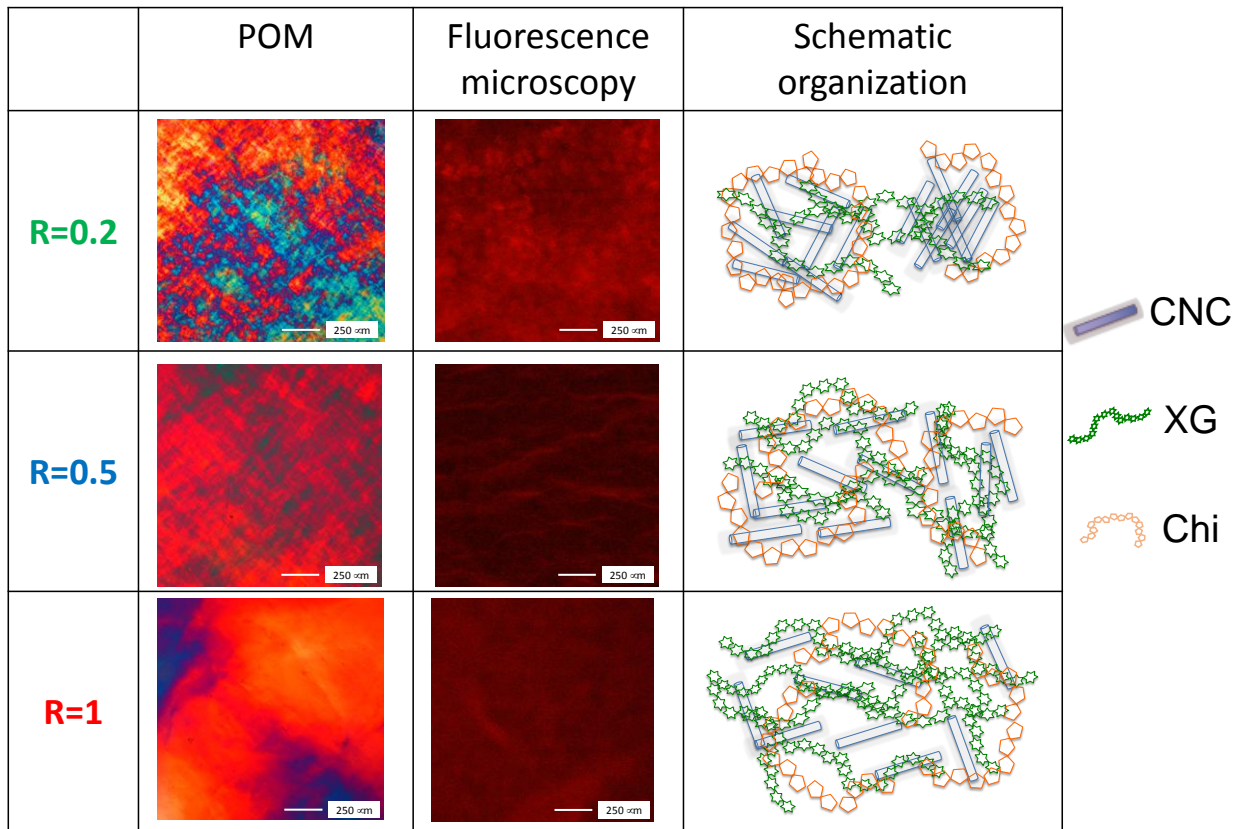
289  
 290 *3.4. Internal architecture of hydrogels*



291 CNC are known to self-assemble into chiral nematic liquid crystal phases with twisted helicoidal  
292 organization. This self-assembled organization is characterized by a specific fingerprint pattern.  
293 This pattern is present when the band spacing is large enough to be resolved in the optical  
294 microscope (Revol, Bradford, Giasson, Marchessault, & Gray, 1992). CNC/XG/Chi hydrogels  
295 have been observed under cross-polarized light and birefringence has been observed, but finger  
296 print pattern cannot be identified (**Fig. 4**). Hydrogel microstructures displayed anisotropic zones  
297 as demonstrated by the birefringence indicating certain level of CNC organization but not as  
298 highly organized as in chiral nematic phases. It is likely that the anisotropic zones visualized by  
299 POM are constituted of XG and CNC and not only by highly organized and phase separated  
300 CNC. Hydrogels microstructures were also revealed by fluorescence microscopy (**Fig. 4**). For  
301 this purpose, Chi was labelled with rhodamine B. XG/CNC hydrogels were then cross-linked  
302 with rhodamine-labelled Chi and were then further imaged to reveal the domains accessible to  
303 Chi.

304 Both POM and fluorescence images reported in **Fig. 4** indicate that the microstructures of  
305 hydrogels were strongly influenced by the XG/CNC ratio. For the lowest ratio (R 0.2), both  
306 microscopy modalities clearly indicated the formation of small size domains. The POM images  
307 showed different colored domains suggesting varying preferential orientations and/or changes in  
308 material density from one domain to another. Also, different fluorescence intensities were clearly  
309 detected, indicating that some areas appeared richer in labeled Chi than others that seemed less  
310 accessible. This result was consistent with the formation of CNC-rich domains that appeared  
311 aggregated (and thus less accessible) due to the lack of XG that defaults to the amount of CNC  
312 surface area available. When the XG/CNC ratio increased, the microstructure of the hydrogel  
313 became more homogeneous. In the case of R0.5 ratio, regions with different birefringence were

314 clearly visible while in the case of R1 ratio, large areas displayed the same birefringence pattern.  
 315 Similarly, for R1 ratio, fluorescent labelling became completely homogeneous. These results  
 316 suggested that CNC, XG and Chi were uniformly distributed at the highest XG/CNC ratio and no  
 317 phase separation occurred at least at the microscale.



318  
 319 **Fig. 4.** Polarized optical microscopy images (crossed polarizers, 530 nm red wave plate);  
 320 confocal microscopy images of hydrogels fabricated with rhodamine-labelled Chi; and schematic  
 321 representation of the arrangement of biopolymers in the hydrogels for the three XG/CNC/Chi  
 322 systems studied, R0.2, R0.5 and R1. XG and Chis are represented by a green and yellow strands  
 323 respectively, CNC are represented by purple rods surrounded by pink light rods representing the  
 324 electrostatic double layer.

325

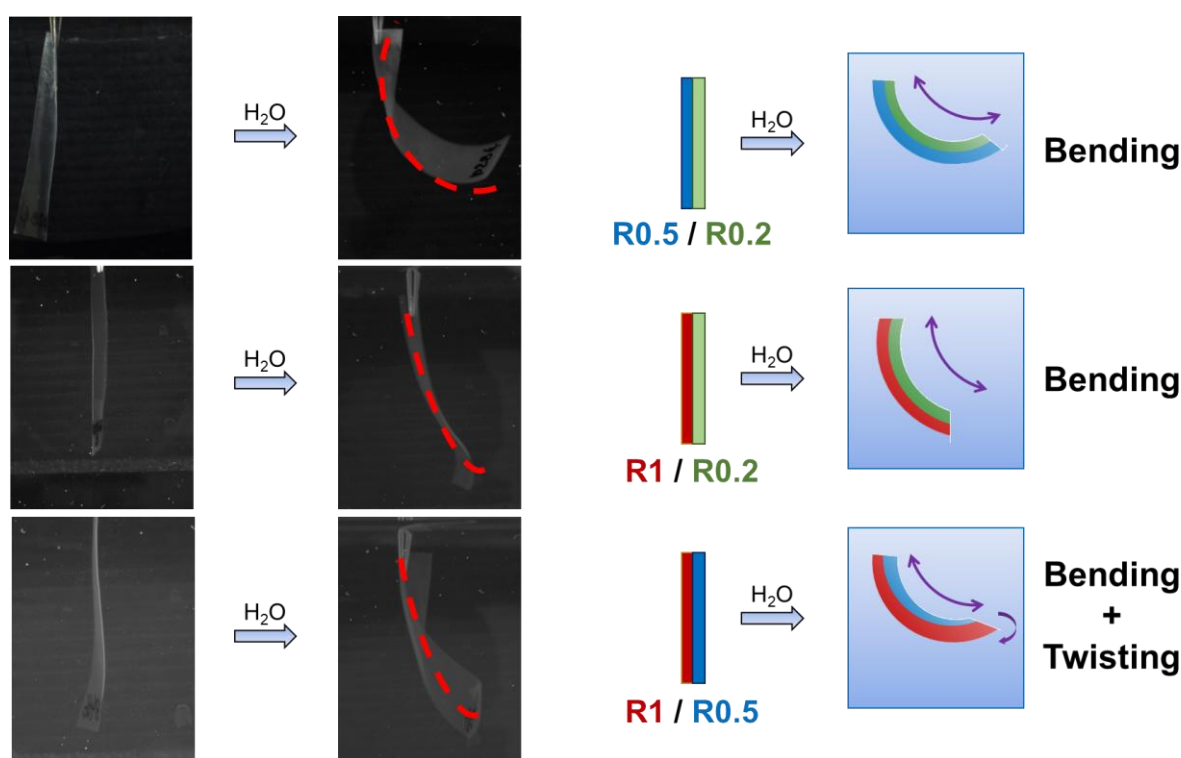
326 **Fig. 4** depicts an illustration of the biopolymer arrangement within the hydrogel. When XG  
327 concentration was low (R0.2), XG adsorbed in an extended conformation on the CNC surface,  
328 that favored the close interaction between CNC, and therefore, the formation of compacted  
329 networks/aggregates consistent with the lowest transparency observed (**Fig. 1**). Chi stabilized the  
330 system, forming more rigid hydrogels yielding higher mechanical properties. The tight contact  
331 between biopolymers made therefore difficult to accommodate many water molecules, and the  
332 water uptake of XG/CNC/Chi R0.2 hydrogels was low compared to the other XG concentrations.  
333 When the XG concentration increased (R0.5), there was a transition to a regime XG forming  
334 loops and tails on the CNC surface, resulting in a more swollen and flexible network, where Chi  
335 interpenetrated and formed junctions that reinforced and stabilized the hydrogel. Accordingly,  
336 transparency increased since the CNC are better dispersed, and swelling increased also due to the  
337 lowest resistance of the network (less XG cross linking) and simultaneously the mechanical  
338 properties decreased. The higher XG concentration (R1) resulted in a highly swollen hydrogel  
339 where the lower CNC concentration prevented the formation large CNC rich domains. XG  
340 showed a uniform distribution within the hydrogel and increase the water affinity and swelling  
341 capability while lowering the mechanical properties.

342

### 343 *3.5. Towards the implementation of soft actuators*

344 We took advantage of the different rheological and swelling properties to fabricate water  
345 swelling-driven actuators. We prepared three different bilayer films by the successive deposition  
346 of XG/CNC/Chi hydrogels at the selected XG/CNC ratios: R0.5/R0.2, R1/R0.2 and R1/R0.5.  
347 Water uptake resulted in a volume increase; therefore, the combination of two layers differing in  
348 their swelling behavior resulted in an asymmetric expansion of the film. Depending on the

349 geometry of the film, different responses can be obtained, such as bending, twisting, or self-  
 350 rolling. Square-shaped films (10×10 cm) were cut into rectangles of 5×35 mm. The film  
 351 thickness was significantly influenced by the film composition, varying from 95 μm for the  
 352 R1/R0.5 film, to 122 μm for the R1/R0.2 film, and to 155 μm for the R0.5/R0.2. When the films  
 353 were immersed in water, they changed their shape from straight (time 0) to bended, reaching a  
 354 maximum curvature over 30 min. **Fig. 5** shows the photographs of the films when they were  
 355 immersed in water at time 0 and after 30 min.



356  
 357 **Fig. 5** Photographs showing the bending of R0.5/R0.2, R1/R0.2 and R1/R0.5 films when they  
 358 were immersed in water at time 0 and 30 min; and schematic illustration of the behavior of the  
 359 films in water.

360  
 361 The films R0.5/R0.2 and R1/R0.2 showed a simple bending actuation in water, in a higher extent  
 362 in the case of the R0.5/R0.2 film. Differently, the R1/R0.5 display a more complex behavior

363 since, both bending and twisting were observed. (Fig 5) According to the water uptake values of  
364 starting films (Table 1), the highest difference in swelling between the layers corresponded to the  
365 R1/R0.2 film, so the highest bending was expected for this film. Nevertheless, the experimental  
366 results indicated a different tendency, and the greater bending was observed for the R0.5/R0.2  
367 film. The bending of bilayer films triggered by the asymmetric expansion of the layers depends  
368 not only on the difference in water uptake within the layers, but also on their storage modulus,  
369 and the film dimensions and geometry (Le Duigou et al., 2019; Rueggeberg & Burgert, 2015;  
370 Wang, Tian, Ras, & Ikkala, 2015; Zhang et al., 2015). In the case of R1, the storage modulus is  
371 the lowest measured and is almost 2 decades lower than those of R0.2 which suggest that the  
372 difference of mechanical behavior would limit the bending and counteract the anisotropic  
373 swelling action. In the case of the R1/R0.5 actuation, the difference in swelling and storage  
374 modulus are not that high however, the twisting and bending of the R1/R0.5 film may be  
375 justified in terms of the lower thickness of the film (95  $\mu\text{m}$ ) compared to the others (122-155  
376  $\mu\text{m}$ ). Thus, it is likely that the actuating properties of XG/CNC/Chi films is combination of  
377 several parameters and can finely be controlled by the hydrogel composition and film  
378 architecture. Further works will be necessary to model and predict the actuating behavior  
379 opening the door to the implementation of new soft bio-based materials but also to biomimetic  
380 tools to investigate biology related issues such plant cell wall shaping and growth.

381

#### 382 **4. Conclusions**

383 In this work, we took advantage of the interactions between cellulose, xyloglucan and chitosan to  
384 fabricate bio-based hydrogels. The specificity of the cellulose/xyloglucan association and the  
385 subsequent formation of a double network by the addition of a charged biopolymer (chitosan)

386 provided the hydrogel stability. By tuning the XG/CNC ratio, and therefore the adsorption  
387 regime of xyloglucan on the cellulose surface, the physical properties of the hydrogel, such as  
388 transparency, storage and loss moduli, and water uptake, can be easily modified. The  
389 combination of two different XG/CNC ratios in a bilayer film allowed the fabrication of  
390 actuators driven by the asymmetric swelling between the layers. This work opens new routes in  
391 the field of actuators, we fabricated totally bio-based hydrogels without chemical cross-linking  
392 and whose properties and response to stimuli can be tuned by the interactions between the  
393 biopolymers.

394

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399

#### 400 *Declaration of competing interest*

401 The authors declare no conflicts of interest.

402

#### 403 **Supporting Information.**

404 No supporting material

405

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409 **Author Contributions**

410 The manuscript was written through contributions of all authors. All authors have given approval  
411 to the final version of the manuscript.

412

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