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1 **High carbohydrate to protein ratio promotes changes in intestinal microbiota and host**  
2 **metabolism in rainbow trout (*Oncorhynchus mykiss*) fed plant-based diet.**

3

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19 **Running title:** Effect of carbohydrates on gut microbiota in rainbow trout

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22

## 23 Abstract

24 To ensure the sustainability of aquaculture, it is necessary to change the “menu” of carnivorous fish  
25 such as rainbow trout from a fish-based diet to one with plant-based ingredients. However, there is a  
26 major problem with the growth performance decrease of fish fed with a 100% plant-based diet due to  
27 the reduction in feed intake and feed efficiency. For the first time, we incorporated high levels of  
28 digestible carbohydrates (high-starch diet) in a 100% plant-based diet during a 12-week feeding trial  
29 in order to improve protein utilization for growth (protein sparing effect) and reduce nitrogen waste.

30 We measured the changes in the intestinal microbiota, Short-Chain Fatty Acid (SCFA) levels and  
31 metabolic responses in liver. Dietary carbohydrates had a strong effect on alpha and beta diversity and  
32 abundance of 12 genera, including *Ralstonia* and *Bacillus* in digesta associated microbiota whereas  
33 mucosa associated microbiota was less affected. The change in microbial diversity might be linked to  
34 the change observed in SCFA production. High levels of *Mycoplasma* were observed in the intestinal  
35 mucosa. Overall, hepatic gene expression was significantly altered by the CHO/protein ratio. Up-  
36 regulation of genes involved in glucose metabolism (*gcka*, *gckb*, *g6pcb2a*), down-regulation of genes  
37 involved in lipid metabolism (*hadh*, *acox3*, *srebp2a*, and *cyp51a*) were associated with higher  
38 enzymatic activities (such as glucokinase or pyruvate kinase) and higher glycogen levels in the liver,  
39 suggesting adequate adaptation to diet. Interestingly, strong correlations were observed between  
40 abundances of certain bacterial OTUs and gene expression in the liver.

41 The inclusion of digestible carbohydrates in combination with a 100% plant-based diet, could be a  
42 promising way to improve and reduce the use of plant proteins in rainbow trout. In addition, the  
43 relationship between intestinal microbiota and host metabolism needs further investigation to better  
44 understand fish nutrition.

45 **Keywords:** rainbow trout, gut microbiota, intermediary metabolism, aquaculture, fish nutrition

## 46 **1. Introduction**

47 Sustainable and efficient seafood production is urgently needed to meet the growth in world's  
48 nutritional requirements (FAO, 2020). Seafood products for human consumption are provided at 46.8  
49 % (2016) by aquaculture (FAO, 2018) which allows to reduce the depletion of fish stock in the oceans  
50 caused by overfishing. Traditionally, Fish meal (FM) and fish oil (FO) coming from industrial fishing are  
51 used to feed aquaculture fishes. Although these ingredients have been partially replaced in the aqua-  
52 diets by plant-based products, the use of FM and FO is not sustainable due to the constant shortage  
53 and their continuous rising costs (Hua et al., 2019). A sustainable alternative is therefore necessary to  
54 feed the species under aquaculture instead of the FM and FO in commercial diets. The utilization of a  
55 plant-based diet as an alternative has been widely studied for more than 25 years in carnivorous fish  
56 such as rainbow trout (*Oncorhynchus mykiss*) (S.J. Kaushik et al., 1995). Although a 100% plant-based  
57 diet cover the nutritional needs of fish, long-term feeding induces reduction of growth, feed intake,  
58 and feed efficiency as well as activities of key liver enzymes that are involved in glycolysis (Véron et al.,  
59 2016). Moreover, the use of plant-protein and the presence of anti-nutritional factors lead to an  
60 unbalanced and lower amino-acid utilization (Deborde et al., 2021), has negative effects on  
61 reproduction, survival of the offspring (Lazzarotto et al., 2015), and reduced levels of long-chain  
62 polyunsaturated fatty acid in muscle (Nasopoulou and Zabetakis, 2012). Thus, it is necessary to  
63 improve and optimize the use of 100% plant-based diets. Interestingly, one strategy to improve the  
64 100% plant-based diets could be the use of digestible carbohydrates (CHO) (Kamalam et al., 2017).  
65 CHO are one of the most abundant sources of energy-yielding nutrients on earth and have never been  
66 tested in association with 100% plant-based diet in fish. Increasing the CHO level in rainbow trout diets  
67 will reduce the proportion of plant proteins and then decrease all the negative impact of plant  
68 ingredients. In association with FM and FO diets, an appropriate amount (less than 20%) of digestible  
69 carbohydrates, such as starch, improve fish growth (Boonanuntanasarn et al., 2018), reduce  
70 environmental nitrogen pollution, ameliorate feed adhesion, and have a strong protein-sparing effect

71 (Kamalam et al., 2012). However, carnivorous fish are metabolically adapted for high protein  
72 catabolism as energy source. Indeed, when fed with more than 20% of carbohydrates, metabolic  
73 disorders are observed such as a persistent post-prandial hyperglycemia explained (at least partially)  
74 by a non-inhibition of gluconeogenesis pathway (Panserat et al., 2019; Polakof et al., 2012).  
75 Nevertheless, these fish present mechanisms adapted to the use of glucose, such as the presence of  
76 enzymes involved in starch digestion and glucose metabolism (Enes et al., 2009), the presence of  
77 glucose transporter (Krasnov et al., 2001), and an inducible glucokinase (Panserat et al., 2000),  
78 indicating that fish have a glucose homeostatic system (Kamalam et al., 2017). All these data have been  
79 obtained with diets containing fish meal and fish oil. Many different factors can play a critical role in  
80 fish nutrition and feed efficiency but among them, the gut microbiota plays an important role in several  
81 large functions known to be involved in fish growth, such as energy production, nutrient metabolism  
82 and fermentation of dietary non-digestible components (dietary fibers) (Bäckhed et al., 2004; Butt and  
83 Volkoff, 2019; Gomes et al., 2018). Plant based-diets strongly modify gut microbiota composition in  
84 salmonids (Ingerslev et al., 2014; Pérez-Pascual et al., 2021). Few studies have examined the effect of  
85 CHO on fish gut microbiome (Huang et al., 2021; Lin et al., 2018; Ortiz LT, Rebole A, 2013; T. Wang et  
86 al., 2021; Zhang et al., 2020) but none of them with 100% plant-based diets. The functional role of the  
87 gut microbiota on the host physiology and health remains to be explored in fish (Perry et al., 2020).  
88 The key role of the gut microbiota on fish health and metabolism is being increasingly described  
89 (Dvergedal et al., 2020; A. Wang et al., 2021), showing strong associations between gut microbiome  
90 and lipid metabolism, fish growth, and feed efficiency. To partially explain the interaction between  
91 microbiota and host, short-chain fatty acids (SCFAs) are relevant candidates: they are the products of  
92 fermentation of non-digestible carbohydrates that become available to the gut microbiota and have  
93 been already linked to the host glucose metabolism in mammals (Morrison and Preston, 2016) but  
94 their role remains to be investigated in fish. The objective of this study is to understand the effect of  
95 the partial replacement of plant proteins by CHO (starch) in rainbow trout fed with a 100% plant-based  
96 diet on the gut microbiota and host metabolism. For this purpose, juveniles rainbow trout were fed

97 with 100% plant-based diets with high or low CHO (starch) for 12 weeks. In particular, we evaluated  
98 the effect of the high-starch (HS) diet on (I) the zootechnical, growth and feed parameters, (II) the  
99 diversity and composition of the midgut microbiota (both digesta and mucosa associated microbiota),  
100 (III) the short-chain fatty acid concentration in hindgut, (IV) and the host glucose metabolism i.e gene  
101 expressions, liver enzymatic activities, glycogen contents, and plasmatic parameters. The results of this  
102 study will allow to have new directions to optimize alternative 100% plant-based diet for fish nutrition  
103 in the future.

## 104 **2. Methods**

### 105 **2.1. Ethical approval**

106 The rearing experiment was conducted in accordance with the guidelines laid down by French and  
107 European legislation for the use and care of laboratory animals (Decree no. 2013-36, February 1st 2013  
108 and Directive 2010/63/EU, respectively). The fish handling protocols and the sampling for the  
109 experiment were described by the INRAE ethics committee (INRAE, 2002-36, April 14, 2002). The INRAE  
110 experimental station (INRAE facilities of Donzacq, Landes, France) is certified for animal services under  
111 the license number A40-228.1 by the French veterinary service, which is a competent authority.

### 112 **2.2. Diet and experimental setup**

113 Two experimental 100% plant-based diets were formulated for juvenile rainbow trout. The High-starch  
114 diet (HS) corresponds to a high CHO/protein ratio, with 20% of dietary carbohydrates and 42% of  
115 proteins. Regarding the Low-starch diet (LS) it is a low CHO/protein ratio, with 3% of dietary  
116 carbohydrates and 51% of proteins. The proteins are issue from different plant ingredients.  
117 Descriptions of the diets are given in **table 1**. These diets, adjusted to meet the nutritional requirement  
118 of rainbow trout, were isolipidic (23.565 % crude fat) and isoenergetic (~24.905 KJ-g dry matter). These  
119 diets have been produced as extruded pellets. The fish were manually fed twice a day (with an interval  
120 of 8h) during 12 weeks. For both experimental groups, eighty-one female Trout (~60g) were randomly

121 distributed in three tanks (130 L). During the experimental period, the fish were kept under standard  
122 rearing conditions with water t 17°C, pH 7.5, water flow rate 0.3 L/s, and oxygen levels 9mg/L. The fish  
123 mortality was checked (if any) every day, and the tanks were weighted every 3 weeks to evaluate the  
124 growth and zootechnical parameters (**Figure1**).

### 125 **2.3. Sampling**

126 After 12 weeks of feeding, four fish from each tank (twelve fish per group) were randomly sampled.  
127 The fish were anaesthetized with benzocaine (50 mg-L) before being euthanized with a benzocaine  
128 overdose of 150 mg-L, followed by blood collection for plasma isolation. After the blood collection, fish  
129 were aseptically dissected and the digestive tract was separated. Liver and midgut was dissected at 6h  
130 after the last meal (the peak of the postprandial regulation of metabolism in trout (Polakof et al., 2012))  
131 and immediately frozen with liquid nitrogen and stored at -80°C for long-term storage. For microbiota  
132 analysis, the midgut was separated from the rest of the digestive tract and was cut open using sterile  
133 instruments. The midgut was chosen because microbiota of this intestine part is involved in the  
134 digestion of food in trout, moreover the existence of a glucosensing mechanism have already been  
135 demonstrated in the midgut for these carnivorous fish species (Polakof et al., 2010). The digesta was  
136 separated carefully and the mucosa samples were collected by scraping the intestinal epithelium using  
137 a glass slide and then collected into sterile tubes, frozen in liquid nitrogen and stored at -80°C for DNA  
138 extraction. Intestinal contents from hindgut were sampled 25h after last meal for SCFA analysis in 6  
139 fish per group (2 per tanks) (**Figure 1**).

### 140 **2.4. Diets and whole-body proximate composition**

141 Composition of diets and whole-body fish were determined by the following procedures. Dry matter  
142 was obtained by drying the samples at 105°C for 24h. The weight of the post-dried samples was  
143 subtracted from the pre-died samples. Ash content was measured by incinerating the samples at 550°C  
144 for 16h. Protein content was measured by the Kjeldahl™ method. Lipid content was determined by the  
145 Soxtherm method. Gross energy was measured with an adiabatic bomb calorimeter (IKA, Heitersheim

146 Gribheimer, Germany). Starch content was determined using the Megazyme© (Bray, Ireland) total  
147 starch assay procedure.

## 148 **2.5. Measurement of the plasma biochemical parameters**

149 Blood was sampled for plasma collection from the caudal vein and then were directly centrifuged at  
150 12,000g at 4°C for 5 min, and stored in heparinized tubes at -20°C until use. Commercial kits were used  
151 to determine the level of several plasma metabolites: glucose (Sobioda, Montbonnot-Saint-Martin,  
152 France), lactate (kit Randox, Crumlin, United Kingdom), triglycerides (Sobioda), and cholesterol  
153 (Sobioda). These kits were adapted to 96-well plates formats according to the manufacturer's  
154 instructions.

## 155 **2.6. Hepatic metabolites measurement**

156 Liver glycogen was measured using a protocol previously described (Good et al., 1933). For glycogen  
157 determination, 250mg of liver were homogenized with 1M HCL and divided in two aliquots. One part  
158 was neutralized with 5M KOH, centrifuged and the supernatant was used to measure the free glucose  
159 with a commercial kit (Sobioda). The second group of aliquots was hydrolyzed during a boiling step  
160 (2h30 at 100°C) and then neutralized with 5M KOH. After centrifugation, the total glucose (free glucose  
161 and glucose released by hydrolysis of glycogen) was measured in the supernatant. For hepatic  
162 cholesterol determination 100mg of liver was homogenized in 5% Igepal (sigma Aldrich, Saint-Louis,  
163 MO, USA). Samples are placed twice at 90°C during 5min and then centrifuged 2 min at 5,000g.  
164 Supernatants were recovered and the cholesterol concentration measured in 96-well plates thanks to  
165 a commercial kit (Sobioda).

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## 169 **2.7. Microbial composition analysis**

### 170 **2.7.1. DNA extraction and Purification**

171 DNA from gut samples (digesta and mucosa) were extracted using the QIAamp Fast DNA Stool Mini kit  
172 (Qiagen, Hilden, Germany) according to the manufacturer's instructions with the following  
173 modifications as suggested by (Lokesh et al., 2022). About 200mg of -80°C frozen samples were mixed  
174 with the pre-heated Inhibitex buffer (1/7 ratio) and homogenized with 0.5mm and 1mm zirconia beads  
175 in a bead beater for 30 sec on high speed (Beater, VWR, Radnor, USA). The homogenized samples were  
176 placed in a heat block for 10 min at 70°C and then centrifuged for 2 min at 20,000g. DNA was assessed  
177 for purity and integrity, and quantified using a microplate Spectrophotometer (Epoch2, BioTek,  
178 France).

### 179 **2.7.2. Generation of the 16S rRNA gene libraries**

180 The 460 base-pair (bp) V3-V4 regions of 16S rRNA genes were amplified by PCR (first stage of PCR)  
181 using 12.5µL of 2X KAPA HiFi HotStart Ready Mix (Roche, France), 5µL of amplicon PCR Forward primer  
182 1 µM (5' TCGTCGGCAGCGTCAGATGTGTATAAGAGACAGCCTACGGGNGGCWGCAG -3'), 5µL of amplicon  
183 PCR Reverse primer 1 µM (5'  
184 GTCTCGTGGGCTCGGAGATGTGTATAAGAGACAGGACTACHVGGGTATCTAATCC - 3'), and 2.5µL of DNA  
185 (5ng/µL). Thermocycler conditions included 95°C for 3min (a pre-incubation), followed by 35 cycles of  
186 95°C for 30sec, 55°C for 30sec, 72°C for 30sec, and a final elongation step at 72°C for 5min. Controls,  
187 including water from fish tanks, diets samples, *Escherichia coli*, and ultra-pure water were also added  
188 to the run. After confirmation of PCR amplification by agarose electrophoresis, the samples and  
189 controls were transferred to the genomic platform of Bordeaux (PGTB, Bordeaux, France). Libraries  
190 were prepared according to the standard protocol recommended by Illumina (Illumina, CA, USA). Index  
191 PCR was used to add the unique dual indexes to the sequences, by using the Nextera XT index kit  
192 according to the manufacturer's recommendation (Illumina). The thermocycling conditions were the

193 same than in step 1, except that PCR was performed for only 8 cycles. After PCR cleaning, libraries were  
194 quantified using the KAPA library quantification kit for Illumina platforms (Roche). Libraries were  
195 pooled at an equimolar concentration (4nM) and sequenced on a MiSeq platform using a 250 bp Paired  
196 End Sequencing Kit v2 (Illumina).

### 197 **2.7.3. Data analysis**

198 The initial data analysis was performed using the FROGS pipeline according to standard procedures  
199 (Escudié et al., 2017). First, the forward and reverse reads of each sample are merged. Only amplicons  
200 with size between 380 bp and 500 bp corresponding to the size of the V3-V4 region of the 16S rRNA  
201 gene, without ambiguous bases and with the two primers were kept. The adapter sequences were  
202 removed and the sequences with not expected lengths or ambiguous bases (N) were deleted. After  
203 this step 7800687 sequences have been kept, which represents 79.42 % of initial input sequences. The  
204 clustering swarm algorithm was used to group together amplicons with a maximum of one nucleotide  
205 difference between two amplicons (Mahé et al., 2014), 476371 clusters were created. PCR-generated  
206 chimeras, typically created when an aborted amplicon acts as a primer, are removed. Clusters present  
207 in less than 4 samples, and having a minimum abundance of 0.005% are removed. After this step, 261  
208 clusters have remained with 6716271 sequences. The PhiX database was used to removed  
209 contaminants such as chloroplasmic or mitochondrial sequences (Mukherjee et al., 2015). Then,  
210 taxonomic affiliations are carried out for each OTUs (Operational Taxonomic Unit), using the silva138.1  
211 pintail100 16S reference database ("<https://www.arb-silva.de/documentation/release-138/>," n.d.).  
212 However, some multi-affiliations can be generated when a cluster is composed by several amplicons  
213 with not the exact same nucleotide sequence. Samples had an average of 61.729 +/- 18.210 sequences  
214 (minimum: 17.009; maximum: 107.484 sequences) with 202 OTUs remaining (ranging from 56 to 119  
215 OTUs per sample).

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## 218 **2.8. Short-chain fatty acid measurement**

### 219 **2.8.1. Sample preparation**

220 Frozen intestinal samples were weighed and added into a 114 mL micro-chamber  $\mu$ CTE250 (Markes  
221 international, Llantrisant, UK). The micro-chamber was heated at 100 °C with a flow rate of 60 mL min-  
222 1 of dry nitrogen. The SIFT-MS sampling was carried out at the outlet of the micro-chamber at a flow  
223 rate of 20 mL min-1.

### 224 **2.8.2. Selected Ion Flow Tube – Mass Spectrometry (SIFT-MS) measurements**

225 A Voice 200 Ultra SIFT-MS (SYFT Technologies, Christchurch, New Zealand) equipped with a dual source  
226 generating positive soft ionizing reagent ions (H3O+, O2+, NO+) with the nitrogen carrier gas (Air  
227 Liquid, Alphagaz 2) was used in this study. Full-scan mass spectra were recorded for each positive  
228 precursor ion (H3O+, O2+, NO+) in a range from 15 to 250 with an integration time of 60 s and  
229 accumulated during 16h identification was based on specific ion-molecule reactions patterns of target  
230 analytes with the three positive precursor ions described in the literature and in the database of the  
231 LabSyft software (LabSyft 1.6.2, SYFT Technologies). Product ions from ion-molecule reactions of SCFA  
232 are summarized in **Supplementary table 1**. Quantification of short-chain fatty acids was performed  
233 using the NO+ precursor ion. In SIFT-MS analysis, quantification is straight forward and requires only  
234 measurement of the count rate of the precursor ion [R] and product ions [P]. The analyte concentration  
235 in the flow tube [A] can be determined according to the following calculation:

$$236 \quad [A] = \frac{[P]}{t_r k [R]}$$

237 Where  $t_r$  is the reaction time in the flow tube and  $k$  is the apparent reaction rate constant.

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## 241 **2.9. Gene expression analysis**

242 RNA from liver, were extracted using TRIzol™ reagent (Invitrogen, Waltham, MA, USA) according to  
243 the manufacturer's instruction, and quantified by spectrophotometry (absorbance at 260 nm). The  
244 qualities of the RNA extracted were assessed using agarose gel electrophoresis. One µg of RNA was  
245 transcribed into cDNA using the SuperScript III reverse transcriptase (Invitrogen, Waltham, MA, USA)  
246 with random primer (Promega, Madison, WI, USA). After the reverse transcription, cDNA was diluted  
247 76-fold for each tissue before it uses in quantitative real-time (q) RT-qPCR. RT-qPCR was performed on  
248 a C1000 Touch™ thermal cycler (BioRad, Hercules, CA, USA) using PerfeCTa SYBR green (VWR, Radnor,  
249 PA, USA). Reactions were performed on a 384 well plate. The total volume of reaction was with 2µL of  
250 diluted cDNA mixed with 0.24µL of forward and reverse primer (10µM), 0.52 µL of RNase-free water,  
251 and 3µL of SYBR green. Thermocycling conditions included a pre-incubation at 95°C for 10 min,  
252 followed by 45 cycles of denaturation at 95°C for 15sec, annealing 60°C for 10sec, and extension at  
253 72°C for 15sec. Melting curves were systematically monitored (95°C for 5sec, 65°C for 60sec, 40°C for  
254 30sec) at the end of the last amplification cycle to confirm the specificity of the amplification reaction.  
255 Each RT-qPCR included replicate samples (duplicate of reverse transcription and PCR amplification), a  
256 standard curve (a range of dilution of cDNA from a pool of all cDNA samples) in triplicate, and negative  
257 controls (reverse transcriptase-free samples and RNA-free samples) in duplicate. The relative  
258 quantification of gene expression was carried out by the Bio-Rad CFX Maestro software (Version  
259 4.0.2325.0418). Cq (Quantification cycle) values were further converted to relative quantities. *ef1a*  
260 gene was used as reference gene for liver (Song et al., 2018), samples. The list primer used to study  
261 the genes of interest are present in **Supplementary table 2**.

## 262 **2.10. Hepatic enzymatic analysis**

263 The hepatic enzymatic activity level of Glucokinase, Pyruvate kinase, Glucose-6-phosphatase, and Fatty  
264 acid synthase were determined according to the protocol described by (Véron et al., 2016). For the  
265 measurement of these enzymatic activities the livers were crushed in 10 volumes of ice-cold buffer at

266 pH 7.4 (50 mmol/l TRIS, 5 mmol/l EDTA, 2 mmol/l DTT and a protease inhibitor cocktail (P2714,  
267 purchased from Sigma, St Louis, MO)). After homogenization, homogenates were then centrifuged at  
268 4°C, and the supernatants were used immediately for enzyme assays. The enzymes assayed were:  
269 glucokinase (GK; EC 2.7.1.2) (15), pyruvate kinase (PK; EC 2.7.1.40) as described by (Kirchner et al.,  
270 2003), glucose-6-phosphatase (G6Pase; EC 3.1.3.9) according to (Kirchner et al., 2003), fatty acid  
271 synthase (FAS; EC 2.3.1.85) from (Chang et al., 1967). Enzyme activity was measured at 37 °C in  
272 duplicate following variation of absorbance of NAD(P)(H) at 340 nm. The reactions were started by  
273 adding the specific substrate; a Power Wave X (BioTek Instrument, Inc.) plate reader was used. For  
274 each sample, a blank with water instead of the substrate was run. One unit of enzyme activity was  
275 defined as the amount of enzyme that catalyzed the transformation of 1 µmol of substrate per min at  
276 37°C, except for FAS which was expressed as the amount of enzyme oxidizing 1 µmol of NADPH at  
277 37°C. Enzymatic activities was expressed per mg of soluble protein. Protein concentration was  
278 measured in triplicate according to Bradford (Bradford, 1976), using a protein assay kit (Bio Rad,  
279 München, Germany) with bovine serum albumin as a standard.

## 280 **2.11. Statistical analysis**

281 Zootechnical parameters, including initial and final body weight, specific growth rate, feed intake, feed  
282 efficiency, and protein retention efficiency were calculated per tank (n=3). The hepatosomatic index  
283 (liver weight\*100/fish weight) were obtained during the final sampling of the trial experimentation  
284 (n=12). All data were presented as mean ± SEM. All statistical analysis were performed with R software  
285 (version 4.0.3). Data were tested for normally distribution using the Shapiro-Wilk test and  
286 homogeneity of variance using the Bartlett's test. All Data were analyzed using the one-way ANOVA.  
287 These statistical tests were followed by Tukey's HSD as post hos test when the normal distribution is  
288 respected, otherwise a Wilcoxon non-parametric test is carried out. Results with a P-value < 0.05 were  
289 considered statistically significant. In the figures: \*, P < 0.05; \*\*, P < 0.01; \*\*\*, P < 0.001. The microbial  
290 composition was analyzed using the phyloseq package. For alpha and beta diversity, data samples were

291 rarified. Beta-diversity was analyzed with the Bray-Curtis distance using permutational multivariate  
292 analysis of variance (PERMANOVA). The mixOmics package was used to perform a Partial Least Square  
293 Discriminant Analysis (PLS-DA) to determine the most discriminant OTUs. The rCCA (regularized  
294 canonical correlation analysis) function of the same package was used to understand the correlations  
295 between the bacterial OTUs and different host parameters. The core microbiota visualization was  
296 made using the phyloseq package on R and the Venn diagram using a website.

## 297 **3. Results**

### 298 **3.1. Whole-body composition, zootechnical, hepatic and plasma metabolite levels**

299 At the end of the feeding trial different zootechnical parameters such as final weight, specific growth  
300 rate (SGR), feed efficiency (FE) and protein efficiency ratio (PER) were measured, showing no statistical  
301 differences (**Table 2**). Plasma parameters such as triglycerides, glucose, lactate and cholesterol were  
302 also measured. Statistical analysis did not reveal any change between the two experimental groups  
303 (**Table 3**). Regarding feed utilization, protein efficiency ratio increased ( $p = 2.41e-4$ ) in trout fed with  
304 high starch diet (HS), whereas no significant differences in daily feed intake and feed efficiency were  
305 measured (**table 2**). Whole-body composition (dry matter, gross energy, crude protein and lipid) of fish  
306 for the two experimental groups were evaluated (**Supplementary table 3**). The two diets did not lead  
307 to any significant differences of whole-body composition of fish. Moreover, plasma metabolites  
308 (glucose, lactate, triglycerides, cholesterol) were also not affected by the diets (**Table 3**). Finally,  
309 several significant changes were observed for hepatic parameters. The use of the high-starch diet  
310 increased significantly the average liver weight (hepatosomatic index). The level of glycogen stored in  
311 the liver was also significantly higher ( $p = 1.894e-8$ ) in the group of fish fed with the high-starch diet.  
312 Inversely, a decrease of the hepatic cholesterol was observed when trout were fed with the high-starch  
313 diet.

314

### 315 3.2. Microbiota diversities and composition

316 Sequence data were rarefied to 17000 sequences per sample. Alpha diversity measures including the  
317 indexes Observed OTUs, Chao1, Shannon, Simpson, and InvSimpson were calculated in the digesta  
318 **(Figure 2A)** and in mucosa **(Figure 2B)**. A significant decrease (ANOVA,  $p < 0.05$ ) of all the alpha  
319 diversities indices only in the digesta associated microbiota was observed for the high-starch group.  
320 Most of the alpha diversity indices did not differ between digesta and mucosa samples except for the  
321 Shannon index which is significantly ( $p = 0.01$ ) higher in digesta (data not shown). Beta diversities were  
322 measured in the digesta **(Figure 2C)**, and in the mucosa **(figure 2D)** of the midgut using the Weighted  
323 UniFrac dissimilarity index and visualized using NMDS ordination. The pairwise PERMANOVA test was  
324 used to compare both groups, showing a significant ( $p = 0.003$ ) modification of the beta diversities only  
325 in the digesta. A total of 202 OTUs (Operational Taxonomic Units) were detected in all samples **(Figure**  
326 **3A)**. Among them, 138 OTU i.e 68.3 % were common across the four experimental groups **(Figure 3A)**.  
327 The 10 most abundant common OTUs are *Ralstonia pickettii* (OTU 1), *Mycoplasma* sp. (OTU 2),  
328 *Sphingomonas* sp. (OTU 4), *Cutibacterium* sp. (OTU 6), *Sphingomonas* sp. (OTU 7), *Lactobacillus* sp.  
329 (OTU 20), *Ligilactobacillus* sp. (OTU 11), *Bacillus* sp. (OTU 18), *Weissella* sp. (OTU 13), and  
330 *Enhydrobacter* sp. (OTU 10) **(Figure 3B)**. After performing taxonomic affiliations on OTUs, removing  
331 OTUs found in less than 4 samples, and having a minimum abundance of 0.005 %, 7 phyla, 54 families,  
332 and 85 genera were observed in the overall dataset. Results are presented at phylum **(Figure 4A, 4B)**,  
333 family **(Figure 4D, 4E)** and genera **(Figure 4G, 4H)** levels. *Proteobacteria* and *Firmicutes* were the most  
334 abundant phyla regardless the sample origin. Independently of the diet, we observed significant  
335 difference between mucosa associated microbiota and digesta associated microbiota. In digesta,  
336 *Proteobacteria* was the dominant phylum ( $76.21 \pm 11.22$  %) **(Figure 4B)** which is not the case in the  
337 mucosa associated microbiota where *Firmicutes* dominates ( $66.58 \pm 14.10$  %) **(Figure 4A)**. In both  
338 mucosa and digesta associated microbiota, *Proteobacteria* were dominated by the genus *Ralstonia*  
339 belonging to the *Burkholderiaceae* family, whereas the genus *Mycoplasma* (*Mycoplasmaceae* family)  
340 dominated in *Firmicutes* but significant differences occurred regarding their relative abundance. In

341 mucosa, no change in the relative abundance was observed at phylum, family, and genus levels (**Figure**  
342 **4A, 4D, 4G**), except for three genera significantly lower in high-starch i.e *Bacillus*, *Peptoniphilus*, and  
343 *Clostridium sensu stricto 1* (**Table 4**). Only in digesta associated microbiota, these three phyla were  
344 significantly affected by the diet, resulting in an increase in the relative abundance of the  
345 *Proteobacteria* ( $81.84 \pm 5.25$  % in HS and  $70.58 \pm 12.91$  % in LS,  $p = 0.010$ ) and the *Actinobacteria* ( $4.39$   
346  $\pm 2.68$  % in HS and  $2.48 \pm 0.93$  % in LS,  $p = 0.02987$ ) in trout fed with the high-starch diet. The *Firmicutes*  
347 proportion was lower in the high-starch group ( $13.68 \pm 4.32$  % in HS and  $26.64 \pm 13.49$  % in LS,  $p =$   
348  $0.0044$ ). The *Ralstonia* genus was present a larger relative abundance, in the digesta associated  
349 microbiota, with a significant higher genera level with the high-starch diet ( $0.74 \pm 0.06$  in HS and  $0.64$   
350  $\pm 0.12$  in LS,  $p = 0.019$ ) (**Figure 4C, 4F, 4I**). The proportion of *Bacillus*, belonging to the *Bacillaceae* family  
351 and *Firmicutes* phylum was significantly lower in the high-starch diet ( $0.0047 \pm 0.0085$  in HS and  $0.033$   
352  $\pm 0.014$  in LS,  $p = 4.45e-06$ ). Moreover, the proportion of *Cutibacterium*, belonging to the  
353 *Propionibacteriaceae* family and *Actinobacteria* phylum was significantly higher in the high-starch  
354 group ( $0.037 \pm 0.025$  in HS and  $0.020 \pm 0.0083$  in LS,  $p = 0.042$ ). Furthermore, 12 bacterial genera were  
355 significantly affected by the diet in the digesta i.e. the genera *Ralstonia*, *Bacillus*, *Cutibacterium*,  
356 *Ligilactobacillus*, *Weissella*, *Anaerobacillus*, *Limosilactobacillus*, *Rickettsiella*, *Peptoniphilus*,  
357 *Lactococcus*, *Floricoccus*, and *Anoxybacillus* (**Table 4**), whereas in mucosa only 3 genera were  
358 impacted, all in the *Firmicutes* phylum: *Bacillus*, *Peptoniphilus* and *Clostridium sensu stricto 1* (s.s. 1).  
359 In order to evaluate whether some bacterial taxa could distinguish the two diet groups, a PLS-DA was  
360 performed, keeping the OTU with abundance above 0.005% in at least one group. A clear separation  
361 was observed for digesta (**Figure 5A**) and the top 30 most contributing OTUs were identified (**Figure**  
362 **5B**). Indeed, one-way ANOVA allowed to indicate that all of these OTUs were significantly different  
363 between the diets (**Supplementary table 4**). OTUs belonging to *Ralstonia pickettii*, *Peptoniphilus*  
364 *Koenoeneniae*, *Anoxybacillus flavithermus*, *Enterococcus cecorum*, *Mycoplasma* sp., *Rickettsiella* sp.,  
365 *Streptococcus* sp., *Veillonella* sp., and *Bacillus licheniformis*, *cytotoxicus*, and *amyloliquefaciens*  
366 decrease in fish fed with the high starch diet. One OTU belonging to *Ralstonia pickettii*, and several



367 OTUs from *Weissella cibaria*, *Cutibacterium namnetense*, *Sphingomonas* sp., and *Streptococcus* sp.,  
368 were higher in the high-starch group. Regarding mucosa associated microbiota, the separation was not  
369 clear and only 6 OTUs were significantly different between the diet groups: 4 OTUs belonging to  
370 *Bacillus* genus, 1 from *Peptoniphilus* and the last one from *Clostridium* s.s 1 as previously described  
371 (data not shown).

### 372 **3.3. Short-chain fatty acid**

373 Short-chain fatty acid concentrations, including acetic, propionic, butyric, and valeric acid were  
374 measured in samples collected from the fish hindgut. A significant increase of the valeric acid  
375 concentration, going from  $5.23 \pm 1.27$   $\mu\text{g/g}$  for the low-starch group to  $17.96 \pm 14.00$   $\mu\text{g/g}$  for the high-  
376 starch group were obtained according to a Wilcoxon non-parametric test. The level of acetic, butyric,  
377 and propionic acid did not differ between the diets (**Figure 6A**) but show the same trend as valeric acid.  
378 Clustering of the samples based on the count rates of the product ions derived from the SCFAs using  
379 PLS-DA showing a clear separation between the two diet groups (**Figure 6B**) and the 15 most  
380 discriminating ions were identified and showed significant differences (**Figure 6C**). Lactate  
381 fragmentation induce the production of multiple ions including  $\text{H}_3\text{O}^+ 45$ , and  $\text{H}_3\text{O}^+ 81$  (**Figure 6D**). A  
382 significant higher proportion of lactate ( $\text{H}_3\text{O}^+ 81$  signal) was measured in the hindgut sample in trout  
383 fed with the high-starch diet.

### 384 **3.4. Gene expression in liver**

385 We evaluated the expression of different genes involved in gluconeogenesis, glycolysis, lipogenesis  
386 and fatty acid oxidation in the liver, the center of the intermediary metabolism. ANOVA revealed that  
387 there was not a significant effect of CHO on the expression of *glut2a* and *glut2b*, two genes involved  
388 in glucose transport (**Table 5**). The mRNA level of genes implicated in the first (*gcka*, *gckb*), the third  
389 (*pfkla*, *pfklb*) and last (*pk*) glycolysis steps was measured. The expression of genes involved in the first  
390 steps of glycolysis (*gcka*:  $p < 0.001$  \*\*\*; *gckb*:  $p < 0.01$  \*\*) increased whereas the expression of the gene  
391 implicated in the last-step (*pk*:  $p < 0.001$  \*\*\*) decreased in the high-starch group. In the same way, the

392 *pck1* ( $p < 0.05$  \*) and *fbp1b1* ( $p < 0.05$  \*) mRNA gene expression involved in gluconeogenesis were  
393 significantly lower in the high-starch group, while in this group the mRNA level of *g6pcb2a* ( $p < 0.05$  \*)  
394 was increased. High-starch diet did not affect the expression of genes involved in lipogenesis. By  
395 contrast, the *hadh* ( $p < 0.01$  \*\*) and *acox3* ( $p < 0.05$  \*) expression implicated in beta oxidation of lipids  
396 decreased in trout fed with the high-starch diet. Regarding cholesterol biosynthesis gene, the  
397 expression of the *srebp2a*, *hmgcs*, and *cyp51a* genes decreased significantly in high-starch diet group.

### 398 **3.5. Hepatic enzymatic activities**

399 To validate the gene expression at functional level, the specific activities of glucokinase, pyruvate  
400 kinase, glucose-6-phosphatase, and fatty acid synthase were measured in the liver. The enzymes  
401 involved in the first (glucokinase) and in the last (PK) steps of glycolysis were both significantly  
402 increased in trout fed with high starch diet (**Figure 7A, B**). Indeed, the average activity of glucokinase  
403 was higher in the high-starch group (+ 0.023 mU/mg of protein,  $p < 0.001$  \*\*\*). Glucose-6-phosphate,  
404 implicated in gluconeogenesis presented a significant ( $p < 0.05$  \*) higher specific activity in high-starch  
405 group,  $0.36 \pm 0.098$  mU/mg of protein, than low-starch group,  $0.26 \pm 0.11$  mU/mg of protein (**Figure**  
406 **7C**). Then, for lipogenesis the key enzyme, Fatty Acid Synthase (FAS), did not show significant  
407 difference between the two groups (**Figure 7D**).

### 408 **3.6. Correlations between the OTUs and the hepatic gene expression, zootechnical, liver, plasma** 409 **parameters and enzymatic activities**

410 The correlations between discriminatory bacterial genera and hepatic gene expression was firstly  
411 evaluated using regularized canonical correlation analysis (rCCA) (**Figure 8A**). *Anoxybacillus*,  
412 *Ligilactobacillus*, *Bacillus*, *Lactobacillus*, *Lentilactobacillus*, *Rickettsiella*, *Mycoplasma*, *Brevundimonas*,  
413 and *Fibrella* were positively correlated with *fbp1b1*, and *pck1* genes evolved in gluconeogenesis, as  
414 well as *pk* involved in glycolysis. These genera were all negatively correlated with *pck2*  
415 (gluconeogenesis) and *g6pcb2a* (glycolysis). *Sphingomonas*, *Undibacterium*, *Acinetobacter*, *Veillonella*,  
416 and *Salmonella*, were positively correlated with *g6pca*, *g6pcb2a*, *g6pcb2b*, *fbp1b1*, *pck2* (implicated in

417 gluconeogenesis), and negatively with *pk* and *pck1*. *Ralstonia* was negatively correlated with all of  
418 these gene expressions. Secondly, OTUs abundances were correlated with zootechnical, liver, and  
419 plasmatic parameters as well as enzymatic activities (**Figure 8B**). The first 9 OTUs i.e. *Lactococcus*,  
420 *Floricoccus*, *Ligilactobacillus*, *Lactobacillus*, *Peptoniphilus*, *Anoxybacillus*, *Bacillus*, *Rickettsiella* and  
421 *Mycoplasma* were positively correlated with FBM (Final Body Mass), DGI (Daily Growth Intake), SGR,  
422 DFI, FE and the level of liver cholesterol. These 9 OTUs were negatively correlated with the PER, HSI,  
423 as well as the level of glycogen and all the enzymatic activities and the plasma parameters. Inversely,  
424 the 9 OTUs, *Ralstonia*, *Burkholderia*, *Weissella*, *Cutibacterium*, *Limosilactobacillus*, *Acinetobacter*,  
425 *Fusobacterium*, *Macroccoccus*, and *Anaerobacillus*, were positively correlated with PER, HSI, as well as  
426 the enzymatic activities and the level of glucose and plasmatic lactate. These OTUs were negatively  
427 correlated with the zootechnical parameters implicated in growth parameters as well as the DFI and  
428 the FE and the level of liver cholesterol.

#### 429 **4. Discussion**

430 It is widely known that the vertebrate gut microbiome plays a critical role in digestive system by  
431 breaking down nutrients. Bacteria can provide vitamins, fatty acids, as well as nutrients to the host  
432 (Dhanasiri et al., 2011), and can also affect the gut morphology (Taschuk and Griebel, 2012). Diet  
433 composition is an important factor that could modify both intestinal microbiome (its structure and its  
434 metabolic function) and host metabolic response in fish (Ingerslev et al., 2014; Naya-Català et al., 2021;  
435 Yang et al., 2021). Although the gut microbiota diversity in fish has been characterized in the last  
436 decade (Mansfield et al., 2010), the influence of changes in nutrient composition linked to  
437 carbohydrates and proteins levels needs to be investigated in order to improve the use of all plant-  
438 based diet for farmed carnivorous fish. Therefore, the goal of this study was to evaluate the effect of  
439 dietary carbohydrates in rainbow trout fed with 100% plant-based diet. The use of high-starch diet  
440 have already been studied in diets containing FM and/or FO showing strong changes in the fish

441 microbiota and metabolism (Huang et al., 2021; T. Wang et al., 2021; Zhang et al., 2020) but has never  
442 been studied with a 100% plant-based diet. We used a similar approach in this study.

#### 443 **4.1. The high-starch diet strongly affects the composition and biodiversity of the gut microbiota**

444 Firstly, *Proteobacteria* and *Firmicutes* phyla were the most abundant phyla regardless the location and  
445 the diet according to previous studies in salmon and rainbow trout (Gajardo et al., 2017, 2016; Li et al.,  
446 2021; Villasante et al., 2022, 2019). Several studies have already shown that a high-starch diet  
447 decreases the intestinal microbiota diversity on the fish intestinal microbiota when combined with  
448 diets based on FM and FO in rainbow trout (Geurden et al., 2014), largemouth bass (Huang et al., 2021;  
449 Zhou et al., 2021), Chinese perch (Zhang et al., 2020), and Nile tilapia (Xu et al., 2022). Moreover, the  
450 comparison between a plant-based diet (but not 100% plant based-diet) and a FM/FO diet have been  
451 studied in rainbow trout, revealing that the *Firmicutes* phylum were dominant with the plant-based  
452 diet, while with the FM / FO diet, the *Proteobacteria* were dominant (Ingerslev et al., 2014). We  
453 sampled the microbiota in the midgut region by collecting the digesta, and by scrapping the mucus  
454 layer (mucosa associated microbiota) according to (Li et al., 2021). The results obtained in this study  
455 allows us to demonstrate that regardless of the diet, a significant difference between digesta and  
456 mucosa associated microbiota were observed according to previous works in mammals and fish (Bruni  
457 et al., 2022; Gajardo et al., 2017, 2016; Li et al., 2021). Most studies investigating diet effect on gut  
458 microbiota in fish were focused only on digesta or on both mucosa and content mixed together.  
459 Investigating only one or a mix could allow us to misinterpret the response of intestinal microbiota to  
460 dietary changes. Interestingly, in our study, *Ralstonia* dominates in digesta microbiota when  
461 *Mycoplasma* is highly abundant in mucus samples (Lokesh et al., 2023; Rasmussen et al., 2021). In the  
462 last version of silva database (n°138.1) used in this study ("[https://www.arb-  
463 silva.de/documentation/release-138/](https://www.arb-silva.de/documentation/release-138/)," n.d.), *Mycoplasma* is now part of the *Bacilli* class explaining the  
464 high abundance of *Firmicutes* in mucosa associated microbiota. The mucosa associated microbiota in  
465 salmonids is well known to be dominated by *Mycoplasma*, a potential intracellular bacterium (Cheaib

466 et al., 2021). Previous studies have shown a lack of pathogenicity genes in *Mycoplasma* strains  
467 identified in salmon suggesting a symbiotic relationship by enhancing host defense (Bozzi et al., 2021;  
468 Lian et al., 2020) and providing biotin in a nutrient poor environment (Lian et al., 2020). *Ralstonia* is  
469 already described in high abundance in the gut of marine fish (Huang et al., 2020) and in rainbow trout  
470 occasionally (Kim et al., 2007). But it is not the case in most studies on gut microbiota of salmonids.  
471 Interestingly, a study in yellowtail kingfish (*Seriola lalandi*) using a protocol allowing the authors to  
472 identify both active and inactive bacteria, showed that *Ralstonia* was more abundant after depletion  
473 of dead bacteria (Legrand et al., 2021). Regarding the effect of diet on gut microbiota diversity, we  
474 observed that it was dependent on the sample origin. Digesta associated microbiota was more affected  
475 by the diet than the mucosa associated microbiota. A significant decrease of the microbial diversity  
476 and richness (both alpha and beta diversity) was observed in the digesta for trout fed with the high-  
477 starch diet as previously described in fish fed with high CHO associated with FM/FO (Gajardo et al.,  
478 2017; Huang et al., 2021; Morrison and Preston, 2016). Inversely, no change in the alpha and beta  
479 diversities were observed in the mucosa associated microbiota, suggesting that the mucosa associated  
480 microbiota is more resilient to diet changes. In addition, it has already been shown that transient  
481 microbes in the digesta are influenced by multiple environmental factors such as diet, while mucosa  
482 contains more resident microbes that are more influenced by the host (Legrand et al., 2021). While in  
483 mammals the *Firmicutes/Bacteroidetes* ratio is helpful to understand the link with diet, in fish the ratio  
484 *Firmicutes/Proteobacteria* is more relevant regarding the low abundance of *Bacteroidetes* in fish  
485 microbiota (Desai et al., 2012). In our study, the gut microbiota of rainbow trout in the midgut digesta  
486 were mainly colonized by bacteria belonging to the *Proteobacteria* and *Firmicutes* phyla. The inclusion  
487 of high-starch diet (corresponding to a high CHO/Protein ratio) led to an increase to the abundance of  
488 *Proteobacteria* and *Actinobacteria* with a decrease in the *Firmicutes*. The *Firmicutes/Proteobacteria*  
489 ratio is more relevant in fish and the ratio decreased when rainbow trout are fed with the high-starch  
490 diet. This has been previously described in salmonids fed with FM/FO diets (Gajardo et al., 2017; Huang  
491 et al., 2021; Morrison and Preston, 2016). More specifically at genus level, the digesta is dominated by

492 *Ralstonia* which increased with the high-starch diet. Interestingly, we observed in the digesta  
493 significant higher proportion of Gram positive *Limosilactobacillus* and *Weissella* which are members of  
494 the Lactic Acid Bacteria (LAB). These bacteria are known to produce lactic acid through glucose  
495 metabolism and *Weissella* has been already identified at higher abundance in salmonids fed with high  
496 content of plant ingredients (Desai et al., 2012; Gajardo et al., 2016; Villasante et al., 2019; Zarkasi et  
497 al., 2014). Finally, 12 genera of bacteria were significantly affected by the high-starch diet in the digesta  
498 of the midgut. Among these 12 bacterial genera, other lactic acid bacteria were observed in lower  
499 abundance in the high-starch group, i.e. *Ligilactobacillus* showing all the complexity of gut microbiota  
500 analysis. To go further, the PLS-DA analysis, showing clear separation of the microbial composition,  
501 allowed us to identify the most divergent OTUs between the two groups. Most of these OTUs are part  
502 of the genera already identified as affected by the diet such as *Weissella*, *Ralstonia* or *Ligilactobacillus*.  
503 Regarding *Ralstonia pickettii*, in particular the OTU1 which increases in the high-starch group whereas  
504 other OTUs belonging to *R. pickettii* were significantly in lower proportion showing we need to go  
505 further the species level by using shotgun metagenomics to fully understand the role of these bacteria.  
506 Interestingly, in our study, *Ralstonia pickettii* was dominant in the digesta microbiota, regardless of the  
507 diet, and has been found in several environment such as soil, rivers or lakes. In mammals, *Ralstonia*  
508 *pickettii* has been linked to the development of obesity and type 2 diabetes (Udayappan et al., 2017).  
509 In this, the increase of *Ralstonia* was not associated to any negative effect of fish physiology. OTUs  
510 belonging to genus *Bacillus*: *Bacillus licheniformis*, *B. cytotoxicus*, and *B. amyloliquefaciens* as  
511 previously described, have been observed in lower abundance in the high-starch group (Burtscher et  
512 al., 2021; Cao et al., 2019; Xu et al., 2022). In the high-starch group we can notify the higher proportion  
513 of 4 OTUs corresponding to *Weissella cibaria*. The presence of these lactic acid-producing bacteria  
514 could have beneficial effects on the immune system and may protect against pathogen invasion  
515 through the intestinal surface (Nayak, 2010; Salinas et al., 2008).

516

517 **4.2. Modification in gut microbiota potentially mediates changes in SCFA concentrations in**  
518 **rainbow trout fed with the high-starch diet**

519 In humans, the metabolic changes in the liver in response to carbohydrates are known to be due to  
520 the activity of SCFA such as acetate and propionate, since butyrate is generally preferentially absorbed  
521 by intestinal cells (Den Besten et al., 2013; Frampton et al., 2020). Indeed, SCFA are good candidates  
522 to explain the crosstalk between diet, microbiota, host physiology and health (van der Hee and Wells,  
523 2021). SCFA i.e. acetate, butyrate, propionate, valerate, caproate, are produced mainly in the colon  
524 after saccharolytic fermentation (Cummings et al., 1987), mostly by the *Firmicutes* and *Actinobacteria*  
525 phyla (Louis and Flint, 2017; Zhu et al., 2017). In fish, the production of SCFA have already been  
526 described (Pardesi et al., 2022) as their beneficial effects on glucose tolerance and immune function  
527 were identified in tilapia (T. Wang et al., 2021). Moreover, it has been recently demonstrated that  
528 *Bacillus amyloliquefaciens*, could alleviate the metabolic phenotypes caused by a high-carbohydrate  
529 diet by enriching the acetate-producing bacteria in Nile tilapia intestines (Xu et al., 2022). Furthermore,  
530 a study in zebrafish has revealed that *Cetobacterium* improves glucose homeostasis, mediated by a  
531 potential effect of acetate (A. Wang et al., 2021). In our study, a significant increase of the valerate  
532 concentration was observed in the microbiota of trout fed with the high-starch diet whereas acetate,  
533 butyrate and propionate showed the same trend. Regarding SCFA levels, their increase observed in the  
534 high-starch group could at least partially explain differences in gene expression in the liver (Morrison  
535 and Preston, 2016). In addition, our data suggested a high production of lactate probably linked to  
536 lactate-producing bacteria, *Weissella* and *Limosilactobacillus*, in the high-starch group microbiota.

537 **4.3. The high-starch diet did not affect growth performance and glucose homeostasis but have**  
538 **expected effect on glucose and lipid metabolism in liver**

539 Overall, the incorporation of 20% of dietary starch to a 100% plan-based diet has resulted in strong  
540 change in the digesta associated microbiota of the midgut. Indeed, we observed a decrease of  
541 microbiota diversity, in particular in contents as well as changes in several bacterial groups abundance

542 without affecting the growth performance. Interestingly, while rainbow trout use high levels of protein  
543 for growth (Cleveland and Radler, 2019; Seiliez et al., 2008), decreasing the proportion of plant protein  
544 in the high-starch diet did not affect the trout final weight and even increase the protein efficiency  
545 ratio suggesting that increasing the CHO/protein ratio could prevent protein catabolism for energy  
546 needs as shown previously in fish fed with marine resources (Kamalam et al., 2017). For the first time,  
547 we showed that it is possible to incorporate high levels of digestible carbohydrates (20%) without any  
548 negative effects on zootechnical parameters and whole-body composition even in fish fed with a 100%  
549 plant-based diet. While trout are often described as poor users of glucose caused by a persistent post-  
550 prandial hyperglycemia when fed a diet containing more than 20% of carbohydrates (Polakof et al.,  
551 2012), this metabolic disorder has not been observed with the high-starch diet in our study. Other  
552 studies have also shown low blood glucose levels in mature brood stock trout fed with high levels of  
553 CHO in their diets (Callet et al., 2020). suggesting that CHO can be efficiently metabolized and/or stored  
554 as glycogen in the liver at least at later stage of development. Indeed, in rainbow trout fed with the  
555 high-starch diet, the glycogen level is higher in the liver resulting in a higher hepatosomatic index.  
556 Regarding the metabolism of glucose through glycolysis, our results reveal that the hepatic glucokinase  
557 mRNA gene expression (*gcka* and *gckb*) and their enzymatic activities were significantly higher in fish  
558 with the high-starch diet. The increase of glucokinase activity and glycogen level in trout fed with  
559 carbohydrates suggests that the rainbow trout can adapt at a metabolic level to the carbohydrate  
560 intake in fish fed with a 100% plant-based diet, as previously observed in fish fed with marine resources  
561 (Capilla et al., 2003; Pereira et al., 1995). We observed a significant lower expression of the *pk* gene  
562 (coding for the pyruvate kinase enzyme) involved in the last step of the glycolysis which is different to  
563 what is found in mammals (Yamada and Noguchi, 1999). However, this result is consistent in rainbow  
564 trout where it has been shown that the expression of the *pk* gene was poorly controlled with high  
565 levels of dietary carbohydrates, linked to a strong and constant expression of this gene (Enes et al.,  
566 2009; Panserat et al., 2001; Skiba-Cassy et al., 2013). The production of glucose in the liver through  
567 gluconeogenesis occurs from amino acids, glycerol, or lactate in mammals and fish (Kamalam et al.,



568 2017; Polakof et al., 2010) and is inhibited when the animals are fed with carbohydrates (Metzger et  
569 al., 2004). In fish fed with the high-starch diet, we observed as expected a significant diminution of the  
570 *pck1*, and *fbp1b1*, gene expression involved in different steps of gluconeogenesis pathway. By contrast,  
571 the enzymatic activity of the glucose-6-phosphatase (allowing the hydrolysis of the glucose-6-  
572 phosphate to D-glucose) is higher in the high-starch diet with higher *g6pcb2a* gene expression  
573 according to previous studies that the liver glucose-6-phosphatase (*g6p*) is not well regulated in  
574 rainbow trout in fish fed with FM and FO (Kamalam et al., 2012; Marandel et al., 2015; Skiba-Cassy et  
575 al., 2013). Indeed, the duplication of genes implicated in gluconeogenesis such as *g6pcb* was suggested  
576 to contribute to the glucose intolerance and poor use of dietary carbohydrates in rainbow trout  
577 (Marandel et al., 2015). In our study, we confirmed this atypical regulation of glucose-6-phosphatase  
578 in fish fed without fish meal and fish oil, although no hyperglycemia was observed; this was observed  
579 for the first time, suggesting that the deregulation of the *g6pcb2* gene expression by carbohydrates is  
580 not sufficient to explain the low carbohydrate use in trout. The absence of differences in lipid contents  
581 in whole body composition as well as triglycerides levels in plasma in fish fed carbohydrates suggests  
582 that de novo lipogenesis is not induced in fish fed with CHO. According to lipid contents, all lipogenesis  
583 genes were not regulated by CHO which was consistent with the FAS activity which is not modified in  
584 the high starch group confirming that in rainbow trout fed with CHO (Sam et al., 2014), dietary glucose  
585 is not a strong inducer of hepatic lipogenesis. Finally, we observed as expected a decrease of the beta  
586 oxidation capacity for lipid catabolism (through *hadh* and *acox3* genes expression) as it was  
587 demonstrated in rainbow trout fed with a high-starch diet containing fish meal and fish oil (Song et al.,  
588 2018). We then investigated cholesterol metabolism, which is known to play an essential role in  
589 modulating membrane fluidity and essentially synthesized in liver of all animals (Dietschy et al., 1993)  
590 but can also be provided by the diet. Interestingly, we observed a significant decrease of the  
591 cholesterol concentration in the liver of high starch group associated with a decrease in the expression  
592 of several genes (*srebp2a*, *hmgcs*, *cyp51a*) involved in cholesterol biosynthesis (Khare and Gaur, 2020).

593 *Lactobacillus* species have been previously identified to have cholesterol lowering effect on the hosts,  
594 in particular on hepatic cholesterol synthesis (Khare and Gaur, 2020; Martínez Cruz et al., 2012).

595 **4.4. Strong interactions between trout microbiota and host metabolism were observed in trout fed**  
596 **with high-starch diet**

597 There were positive correlations between genes glycolysis, and gluconeogenesis as well as with, the  
598 growth parameters and OTUS belonging to *Bacillus*, *Mycoplasma*, *Rickettsiella*, *Anoxybacillus*,  
599 *Ligilactobacillus*, and *Lactobacillus* whereas *Ralstonia* is negatively correlated with these pathways.  
600 correlated. A positive correlation with *Bacillus* groups with these metabolic pathways were previously  
601 observed in rainbow trout (Lokesh et al., 2022). Interestingly, *Bacillus* and *Lactobacillus* are already  
602 used as probiotics in teleost aquaculture showing different beneficial effect on fish (Martínez Cruz et  
603 al., 2012). However, we need further investigation, especially, information on the genomes  
604 *Lactobacillus* and *Bacillus* to fully understand the role of these bacteria.

605 **5. Conclusions**

606 The present work allows us to show clear differences between the digesta associated microbiota and  
607 mucosa associated microbiota. Phyla from *Proteobacteria* and *Firmicutes* are dominant in both  
608 contents and mucosa associated microbiota. CHO/protein ratio strongly modify the bacterial  
609 community and diversity especially in digesta-associated microbiota, associated with differences in  
610 concentration of SCFA. Nevertheless, we cannot discard that some of these effects can also be related  
611 to the different plant protein sources. We also identified for the first time a good utilization of dietary  
612 carbohydrates in carnivorous rainbow trout when associated with a 100% plant-based diet, as  
613 reflected by the growth performance and the metabolic analysis. Finally, important correlations have  
614 been highlighted between several OTUs and the trout zootechnical and metabolic parameters. Further  
615 investigations through the use of meta-omics approaches in future studies could provide a better  
616 understanding of the nutrient and carbohydrate utilization by the host microbiome in order to improve

617 the use of a 100% plant-based diet and be a sustainable alternative to FM and FO for carnivorous fish  
618 in aquaculture.

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## 620 **Supplementary Information**

621 **Supplementary table 1:** Product ions from the reaction of short-chain fatty acids and Lactic acid with

622  $\text{H}_3\text{O}^+$ ,  $\text{NO}^+$  and  $\text{O}_2^+$  precursor ions in Selected Ion Flow Tube - Mass Spectrometry (from LabSyft

623 software). **Supplementary table 2:** Primer sequences and accession numbers for qPCR analysis.

624 **Supplementary table 3.** Whole-body composition in rainbow trout fed with 100% plant-based diet

625 with high or low levels of dietary carbohydrates. **Supplementary table 4.** List of the top 30 most

626 contributing OTU, discriminated by the diet on the Midgut digesta samples, with the one-way ANOVA

627 results.

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## 629 **List of abbreviations**

630 CHO: carbohydrates; HS: high-starch; LS: low-starch; SCFA: Short-Chain Fatty Acid; FM: Fish meal; FO:

631 Fish Oil; FBM: Final body mass; SGR: Specific growth rate; FE: Feed efficiency; PER: Protein efficiency

632 ratio; DGI: Daily growth intake; SD: Standard deviation; OTU: Operational taxonomic unit; PLS-DA:

633 Partial Least Squares – Discriminant Analysis; bp: base-pair; 16S rRNA: 16S ribosomal Ribonucleic

634 acid; PCR: Polymerase Chain Reaction; PERMANOVA: Permutational Analysis of Variance; FROGS:

635 Find, Rapidly, OTUs with Galaxy Solution; LAB: Lactic-Acid bacteria; Cq: quantification cycle.

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## 639 **Declarations**

### 640 **Ethics approval and consent to participate.**

641 No submission to the bioethics committee has been made since the energy and nutritional needs of  
642 the animals have been covered. Moreover, all the samples were taken post mortem.

### 643 **Consent for publication**

644 Not applicable

### 645 **Availability of data and material**

646 All sequence data are available at the NCBI sequence read archive under accession numbers  
647 PRJNA827991, <https://www.ncbi.nlm.nih.gov/bioproject/827991> .

### 648 **Competing interests**

649 We declare no conflicts of interest

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652 Pays de l’Adour “(UPPA).

### 653 **Authors’ contributions**

654 RD designed and performed the wet lab experiments and data analysis, and drafted the first version  
655 of the paper with subsequent editing by coauthors. KR and SP designed, conceived and coordinated  
656 the study. JL contributed to the microbiota analysis and made the first correction of the first version.  
657 MG, MLB, and TP performed the SCFA analysis. FT formulated the diets and overlooked the  
658 experiment. MM, VV, SB, AS collected samples and performed several lab manipulations. All authors  
659 contributed to the review of the manuscript. All authors read and approved the final manuscript.

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983 **Figure Legends:**

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985 **Figure 1:** Experimental design. Two experimental diets containing a 100% plant-based diet with 20%  
986 of digestible starch (high-starch diet) or without digestible starch (low-starch diet) were produced as  
987 extruded pellets. The experimental diets were given manually, twice a day, during 12 weeks to 162  
988 females rainbow trout (50 – 70g) distributed in 6 tanks. The trout tanks were weight every 3 weeks for  
989 zootechnical parameters (n=3). At the end of the rearing trial, 4 fish per tanks (n=12) were randomly  
990 sampled for microbiota and metabolism studies. Additional trout were recovered for whole-body  
991 composition.

992 **Figure 2:** Bacterial alpha diversity represented in terms of observed OTUs, Chao1, Shannon Simpson,  
993 InvSimpson, in digesta **(A)** and mucosa **(B)** according to the experimental diversity. Alpha diversity  
994 between diet groups was compared using one-way ANOVA and  $p < 0.05$  was considered significant. Beta  
995 diversity is presented by a nMDS representation (Bray-Curtis distance, Weighted-Unifra analysis) in  
996 digesta **(C)** and in mucosa **(D)**. Beta diversity was compared using pairwise PERMANOVA and  $p < 0.05$   
997 was considered significant and indicated with asterisk.  $n = 12$

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999 **Figure 3:** Venn diagram showing compartmental core microbiota OTUs distribution **(A)** in digesta,  
1000 mucosa of the fish fed with high-starch (HS) or low-starch (LS) diet. Heatmap of the core microbiota  
1001 with the 12 most abundant OTUs among all groups **(B)**.

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1003 **Figure 4:** Microbial composition of the experimental groups in mucosa **(A, D, G)**, and digesta **(B, E, H)**  
1004 at phylum, family, and genus level. In panel **D, E, G** and **H** only the 10, and 11 most abundant Family  
1005 and genus, respectively, were presented. Means are presented as black points and SD as horizontal  
1006 error lines. Only some significant differences were showed on panels **C, F, I**. Significant differences  
1007 were measured with one-way ANOVA ( $P < 0.05$ ), represented by asterisk.  $P < 0.05$  \*,  $P < 0.01$  \*\*,  $P < 0.001$   
1008 \*\*\*.  $n = 12$

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1010 **Figure 5:** PLS-DA analysis on high-starch and low-starch groups based on OTU abundance **(A)**. Each red  
1011 points or blue triangles represent a fish. Fish can be discriminated according to experimental group on  
1012 component 1. Contribution level of the top 30 OTUs are presented **(B)**. The bar length represents the  
1013 importance of the variable in the multivariable model. Red bars correspond to the high-starch group  
1014 and blue bars to the low-starch group. Significant differences for each OTUs were calculated with  
1015 one-way ANOVA.  $P < 0.05$  \*,  $P < 0.01$  \*\*,  $P < 0.001$  \*\*\*.  $n = 12$

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1017 **Figure 6:** SCFA levels of Acetic acid, Butyric acid, Propionic acid, and Valeric Acid in the digesta of  
1018 different diets groups **(A)** were measured in function of the mass of the digestive tract (in gram) with  
1019 SIFT-MS mass spectrometry. A PLS-DA based on the product ions on the full scan spectrum were made  
1020 **(B)** using the H3O+, NO+, and O2+ precursor ions. Each red points or blue triangles represent a fish.  
1021 The top 15 ions discriminated in SIFT-MS were presented **(C)**. The bar length represents the importance  
1022 of variation contributed by each ions (variable). Red bars correspond to the high-starch group and blue  
1023 bars to the low-starch group. The proportion of ion H3O+ 45 and H3O+ 81 corresponding to the lactate  
1024 fragmentation are presented **(D)**. All significative differences ( $P < 0.05$ ) were calculated according to a  
1025 Wilcoxon non-parametric test.  $P < 0.05$  \*,  $P < 0.01$  \*\*,  $P < 0,001$  \*\*\*.  $n=5$

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1027 **Figure 7:** The enzymatic activities of Glucokinase **(A)**, Pyruvate kinase **(B)**, Glucose-6-phosphatase **(C)**,  
1028 and fatty-acid synthase **(D)** were measured in liver samples in function of the average of milligram of  
1029 proteins. Significative differences were calculated with one-way ANOVA.  $P < 0.05$  \*,  $P < 0.01$  \*\*,  $P < 0.001$   
1030 \*\*\*.  $n=12$

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1032 **Figure 8:** Correlations between OTU abundances and zootechnical, liver, plasma parameters, and  
1033 enzymatic activities **(A)** or with several liver gene expressions **(B)**, presented as heatmaps, were  
1034 calculated using regularized canonical correlation analysis (rCCA). The red stars correspond to the  
1035 parameters significantly affected by the diets ( $P < 0.05$ ).  $n=12$

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1040 **Tables:**

1041 **Table 1:** Formulation and proximate composition of two experimental diets.

	High-Starch	Low-Starch
<b>Ingredients (%)</b>		
Wheat gluten	20	15
Lysamine pea protein concentrate	20	16
Corn gluten	5.44	7.24
Whole wheat	7.09	-
Faba Protein Concentrate	5	-
Pregelatinized wheat starch	15.02	-
Lupin flour	-	4.53
Soybean meal	-	15
Soybean protein concentrate	-	12
Rapeseed oil	12	10.74
Linseed oil	5.29	6
Palm oil	2	2
Dicalcium Phosphate	2	2
L-Lysine	0.5	1
L-Methionine	0.5	1
Soy Lecithin powder	2.5	2.5
Premix Vitamins	1.16	1.5
Premix minerals	1.5	1.5
Cellulose	-	2
<b>Proximate composition (% DM)</b>		
Dry Mass (DM)	97.20	96.90
Starch (% DM)	19.73	3.11
Proteins (% DM)	42.23	51.39
Lipids (% DM)	23.25	23.88
Energy (KJ g <sup>-1</sup> DM)	24.54	25.27
Ash (% DM)	5.12	6.05

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1047 **Table 2:** Growth performance, and feed utilization, in rainbow trout fed with high-  
 1048 starch diet and low-starch diet

Zootechnical parameters	High-Starch	Low-Starch	P value
Initial body weight (g)	53.33	53.33	-
Final body weight (g)	237.80 ± 20.14	261.90 ± 9.80	NS
Daily growth index <sup>1</sup>	2.89 ± 0.17	3.13 ± 0.07	NS
Specific growth rate <sup>2</sup> (%/day)	1.78 ± 0.07	1.89 ± 0.03	NS
Daily feed intake <sup>3</sup> (gram/fish/day)	2.16 ± 0.18	2.38 ± 0.11	NS
Feed efficiency <sup>4</sup>	1.02 ± 0.02	1.04 ± 0.01	NS
Protein efficiency ratio <sup>5</sup>	2.61 ± 0.05	2.21 ± 0.02	***

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 1050 Data are presented as mean ± SD (n=3 tanks). Statistical differences were calculated by one-way  
 1051 ANOVA ( $P < 0.05$ ). NS not significant. Daily growth index<sup>1</sup> = 100x (Mean final weight<sup>1/3</sup>. g - Mean initial  
 1052 weight<sup>1/3</sup>. g)/Experiment duration (days). Specific growth rate (%/day) = 100x [Ln (final body weight.  
 1053 g)-Ln (initial body weight. g)]/ Experiment duration (days). Daily feed intake<sup>3</sup> (gram/fish/day) = (Total  
 1054 feed consumed. g/Number of fish/Experiment duration (days)). Feed efficiency<sup>4</sup> = (Final biomass. g -  
 1055 Initial biomass. g)/Total feed consumed (g DM). Protein efficiency ratio<sup>5</sup> = (Final biomass - Initial  
 1056 biomass)/ Total protein consumed (g).

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1063 **Table 3:** Hepatic and plasmatic parameters in rainbow trout fed with the high or low-starch  
1064 diet  
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	High-Starch	Low-Starch	<i>P</i> value
<b>Hepatic parameters</b>			
Hepatosomatic index (%)	1.28 ± 0.13	1.09 ± 0.14	**
Glycogen (mg/g)	32.65 ± 3.99	21.77 ± 1.86	***
Cholesterol (g/L)	5.30 ± 0.48	5.72 ± 0.36	*
Free-Glucose (mg/g)	0.45 ± 0.04	0.42 ± 0.03	NS
<b>Plasmatic parameters</b>			
Glucose (g/L)	1.11 ± 0.40	1.01 ± 0.38	NS
Triglycerides (g/L)	3.49 ± 1.04	3.17 ± 0.80	NS
Lactate (g/L)	3.59 ± 0.93	3.37 ± 0.89	NS
Cholesterol (g/L)	1.87 ± 0.36	1.84 ± 0.44	NS

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1068 Data are presented as mean ± SD (n=12 fish). statistical differences are calculated by one-ways ANOVA

1069 ( $P < 0.05$ ). NS not significant.  $P < 0.05$  \*.  $P < 0.01$  \*\*.  $P < 0.001$  \*\*\*.

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1079 **Table 4:** Genera abundances significantly affected by diets

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Location	Phylum	Family	Genus	High-starch	Low-starch	P value
<i>Digesta</i>	<i>Proteobacteria</i>	<i>Burkholderiaceae</i>	<i>Ralstonia</i>	0.74 ± 0.06	0.64 ± 0.12	0.019 *
<i>Digesta</i>	<i>Firmicutes</i>	<i>Bacillaceae</i>	<i>Bacillus</i>	0.0047 ± 0.0085	0.033 ± 0.014	4.45e-06 ***
<i>Digesta</i>	<i>Actinobacteria</i>	<i>Propionibacteriaceae</i>	<i>Cutibacterium</i>	0.037 ± 0.025	0.020 ± 0.0083	0.042 *
<i>Digesta</i>	<i>Firmicutes</i>	<i>Lactobacillaceae</i>	<i>Ligilactobacillus</i>	0.014 ± 0.0075	0.025 ± 0.016	0.035 *
<i>Digesta</i>	<i>Firmicutes</i>	<i>Lactobacillaceae</i>	<i>Weissella</i>	0.017 ± 0.0080	0.0075 ± 0.0043	0.0014 **
<i>Digesta</i>	<i>Firmicutes</i>	<i>Bacillaceae</i>	<i>Anaerobacillus</i>	0.0045 ± 0.0027	0.0026 ± 0.0014	0.00019 ***
<i>Digesta</i>	<i>Firmicutes</i>	<i>Lactobacillaceae</i>	<i>Limosilactobacillus</i>	0.0044 ± 0.0033	0.0017 ± 0.0011	0.012 *
<i>Digesta</i>	<i>Proteobacteria</i>	<i>Coxiellaceae</i>	<i>Rickettsiella</i>	9.7E-06 ± 2.2E-05	0.0049 ± 0.0044	0.00076 ***
<i>Digesta</i>	<i>Firmicutes</i>	<i>Peptoniphilaceae</i>	<i>Peptoniphilus</i>	0.00052 ± 0.0010	0.0022 ± 0.0016	0.0052 **
<i>Digesta</i>	<i>Firmicutes</i>	<i>Streptococcaceae</i>	<i>Lactococcus</i>	0.00048 ± 0.00053	0.0013 ± 0.00093	0.012 *
<i>Digesta</i>	<i>Firmicutes</i>	<i>Streptococcaceae</i>	<i>Floricoccus</i>	0 ± 0	0.0013 ± 0.00099	0.00015 ***
<i>Digesta</i>	<i>Firmicutes</i>	<i>Bacillaceae</i>	<i>Anoxybacillus</i>	0 ± 0	0.00080 ± 0.00060	0.040 *
<i>Mucosa</i>	<i>Firmicutes</i>	<i>Bacillaceae</i>	<i>Bacillus</i>	0.0049 ± 0.014	0.018 ± 0.02	0.041 *
<i>Mucosa</i>	<i>Firmicutes</i>	<i>Peptoniphilaceae</i>	<i>Peptoniphilus</i>	0.00011 ± 0.00032	0.0017 ± 0.0014	0.00078 ***
<i>Mucosa</i>	<i>Firmicutes</i>	<i>Clostridiaceae</i>	<i>Clostridium s.s. 1</i>	0 ± 0	0.00020 ± 0.00021	0.00321 **

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1082 Data are presented as mean ± SD (n=12 fish). statistical differences were calculated by one-ways

1083 ANOVA ( $P < 0.05$ ). NS not significant.  $P < 0.05$  \*.  $P < 0.01$  \*\*.  $P < 0.001$  \*\*\*.

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1089 **Table 5:** mRNA levels of liver genes of rainbow trout fed with the high or low-starch diet

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	High-starch	Low-starch	P value
<b>Glucose transporter</b>			
<i>glut2a</i>	1.31 ± 0.23	0.94 ± 1.02	NS
<i>glut2b</i>	1.09 ± 0.38	1.01 ± 0.35	NS
<b>Glycolysis</b>			
<i>gcka</i>	5.0 ± 4.07	0.39 ± 0.29	***
<i>gckb</i>	1.76 ± 0.79	0.74 ± 0.54	**
<i>pfkla</i>	1.15 ± 0.62	1.19 ± 0.56	NS
<i>pfklb</i>	1.10 ± 0.44	1.2 ± 0.45	NS
<i>pk</i>	0.90 ± 0.28	1.42 ± 0.33	***
<b>Gluconeogenesis</b>			
<i>pck1</i>	0.59 ± 0.36	4.76 ± 5.95	*
<i>pck2</i>	1.28 ± 0.96	1.21 ± 0.52	NS
<i>fbp1b1</i>	0.93 ± 0.41	1.48 ± 0.62	*
<i>g6pca</i>	1.01 ± 0.28	1.12 ± 0.48	NS
<i>g6pcb2a</i>	2.26 ± 1.91	0.79 ± 0.51	*
<b>Lipogenesis</b>			
<i>aclya</i>	1.03 ± 0.74	1.82 ± 1.57	NS
<i>aca-aa</i>	1.76 ± 2.00	1.50 ± 1.45	NS
<i>fasna</i>	2.25 ± 2.08	1.45 ± 0.94	NS
<i>fasnb</i>	1.47 ± 1.53	1.34 ± 0.65	NS
<b>Beta oxidation</b>			
<i>hadh</i>	0.91 ± 0.31	1.47 ± 0.56	**
<i>cpt1a</i>	1.08 ± 0.52	1.23 ± 0.57	NS
<i>acox3</i>	0.91 ± 0.35	1.48 ± 0.68	*
<b>Cholesterol synthesis</b>			
<i>srebp2a</i>	0.89 ± 0.48	1.51 ± 0.83	**
<i>hmgcs</i>	0.85 ± 0.51	1.70 ± 0.77	**
<i>cyp51a</i>	0.86 ± 0.47	1.66 ± 0.73	**

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1096 Data are presented as mean  $\pm$  SD (n=12 fish). statistical differences are calculated by one-ways ANOVA  
1097 ( $P<0.05$ ). NS not significant.  $P<0.05$  \*.  $P<0.01$  \*\*.  $P<0.001$  \*\*\*. *glut2a* and *glut2b*: glucose transporter  
1098 2 paralogs. *gcka* and *gckb*: glucokinase paralogs. *pfkla* and *pfklb*: 6-phosphofructokinase. *pk* : pyruvate  
1099 kinase. *pck1* and *pck2*: phosphoenolpyruvate carboxykinase paralogs. *fbp1b1*: fructose 1.6-  
1100 bisphosphatase. *g6pca*. *g6pcb2a*: glucose-6-phosphatase paralogs. *aclya*: adenosine triphosphate  
1101 citrate lyase. *aca- $\alpha$* : acetylcoA carboxylase alpha. *fasna* and *fasnb*: fatty acid synthase paralogs. *hadh*:  
1102 3-hydroxyacyl-CoA dehydrogenase. *cpt1a*: carnitine palmitoyl transferase 1. *acox3*: acylcoA oxidase.  
1103 *srebp-2*: sterol regulatory element-binding protein 2. *hmgcs*: hydroxymethylglutaryl-CoA synthase.  
1104 *cyp51a*: Lanosterol 14-alpha demethylase. *abca1a*: ATP-binding cassette transporter A1

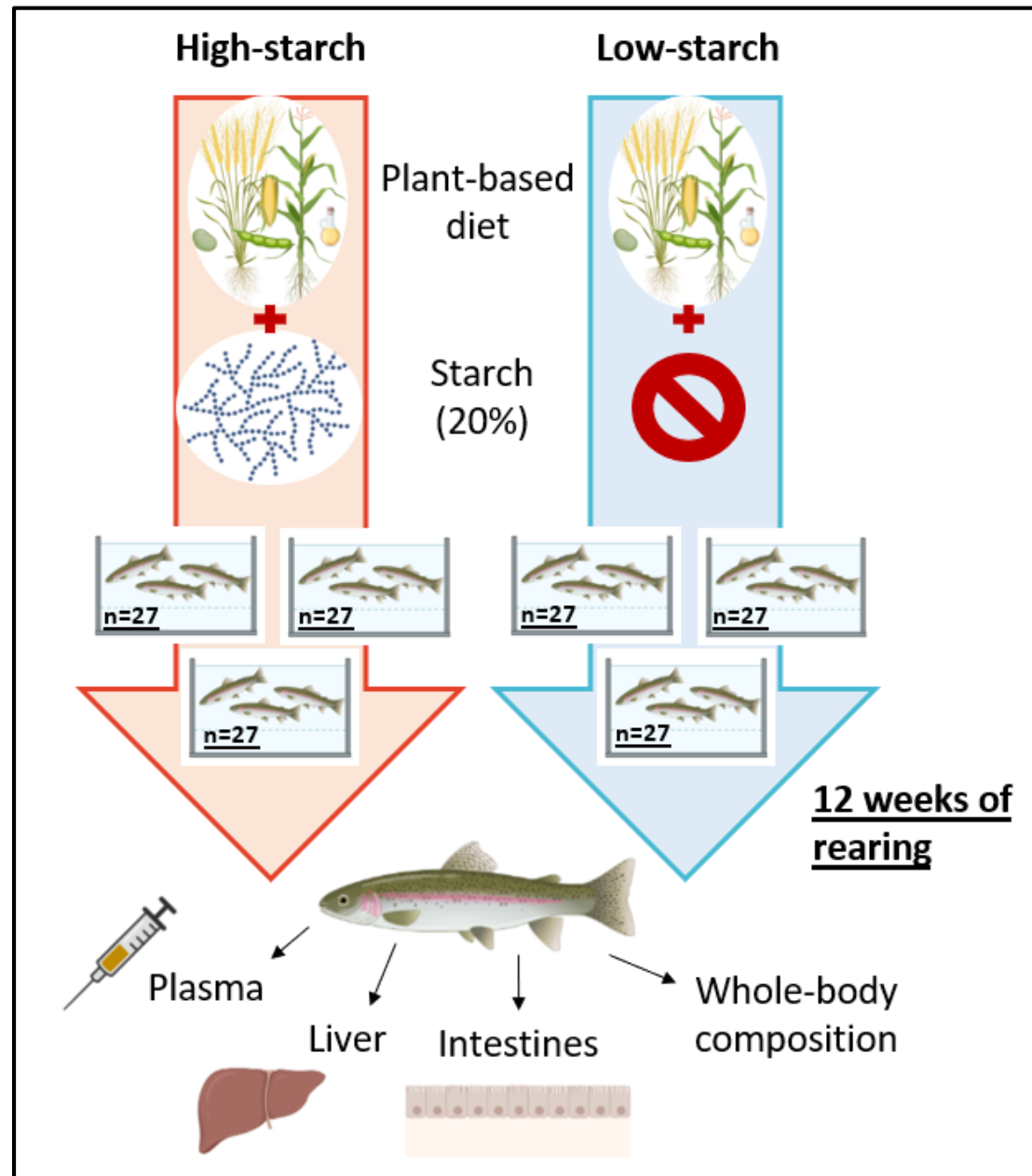
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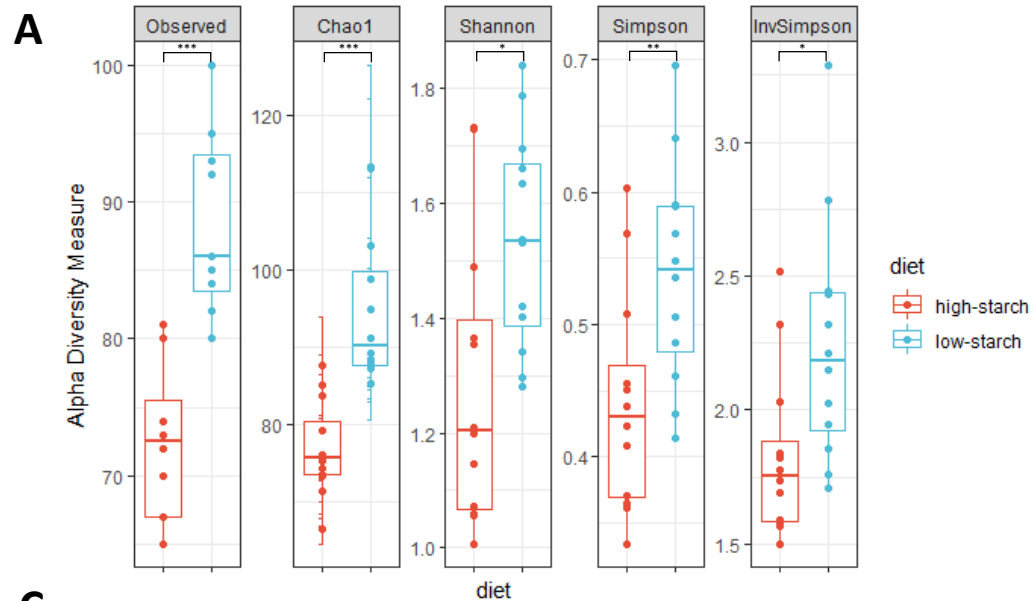
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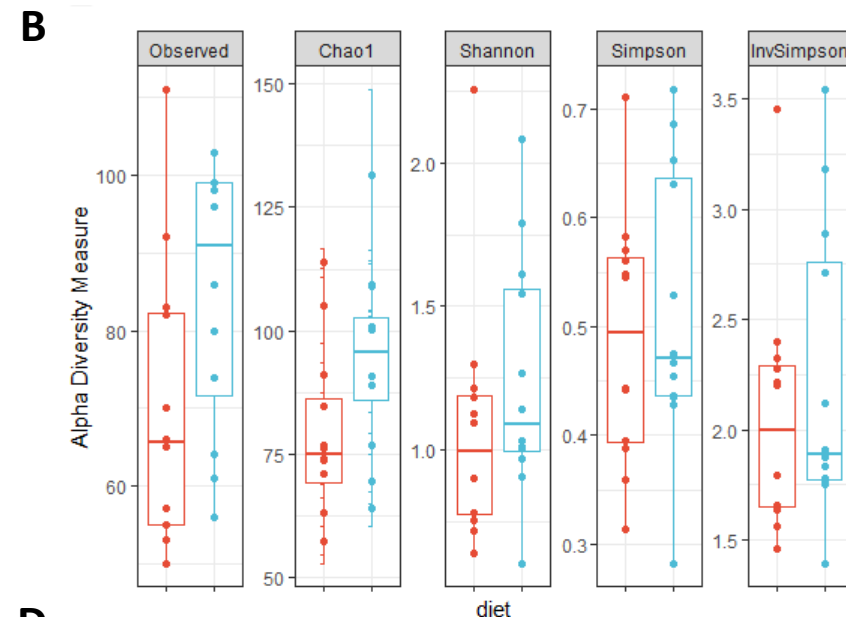
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## Digesta

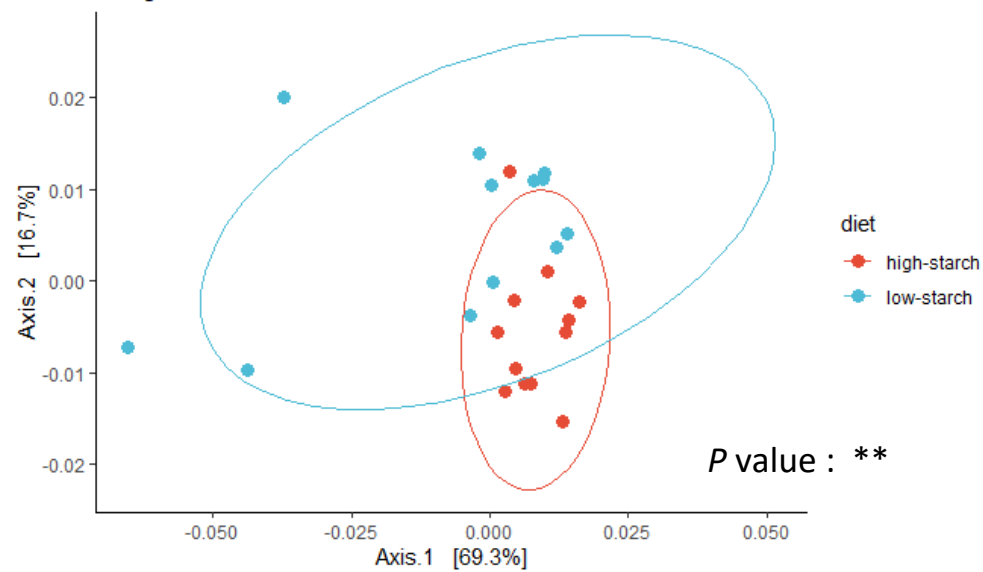


## Mucosa



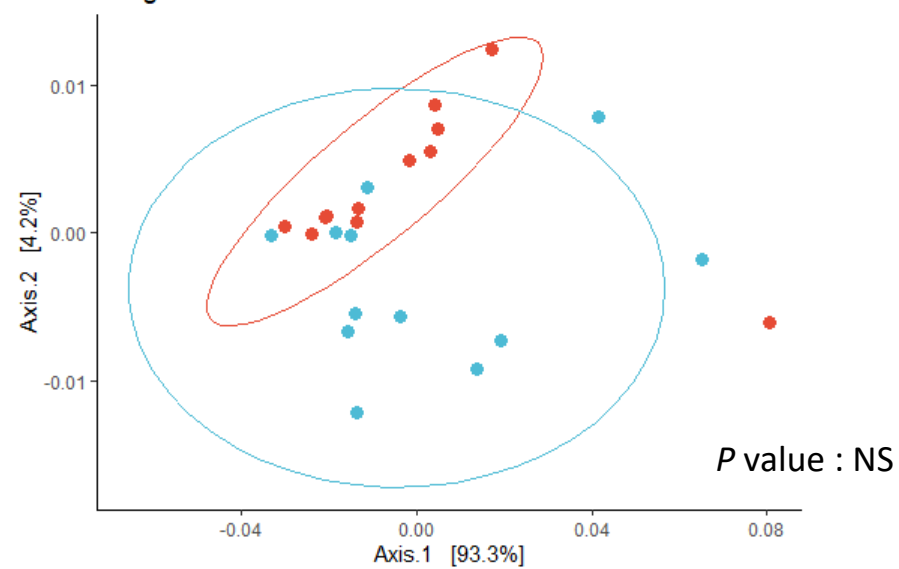
**C**

### Weighted unifrac



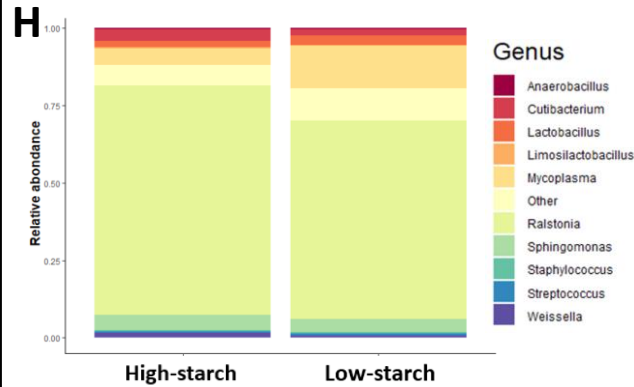
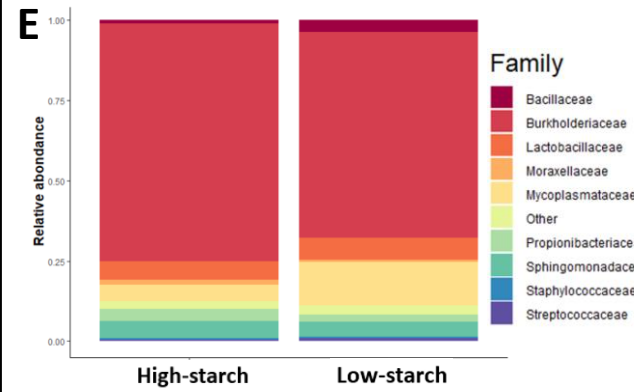
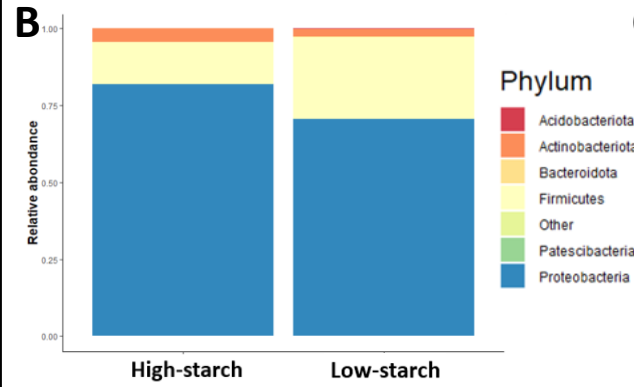
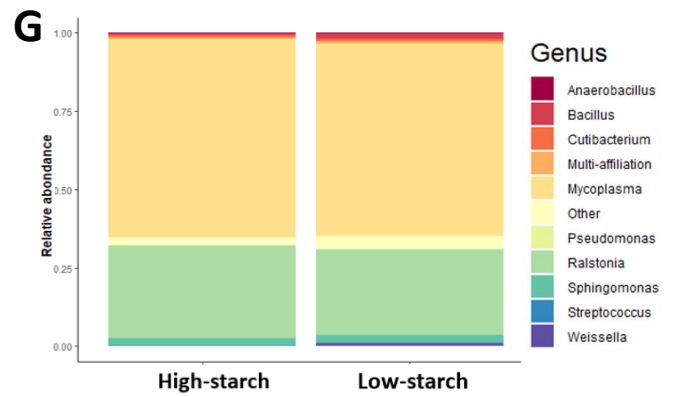
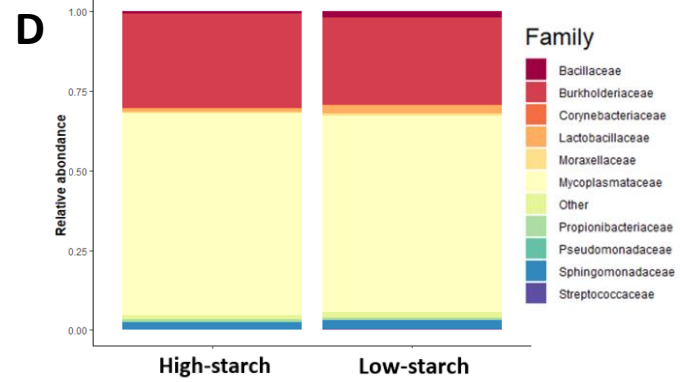
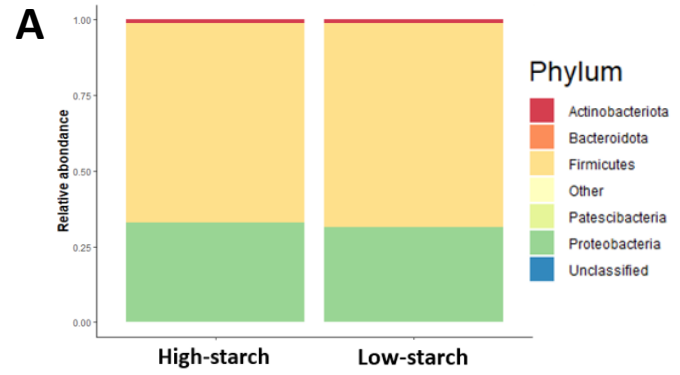
**D**

### Weighted unifrac

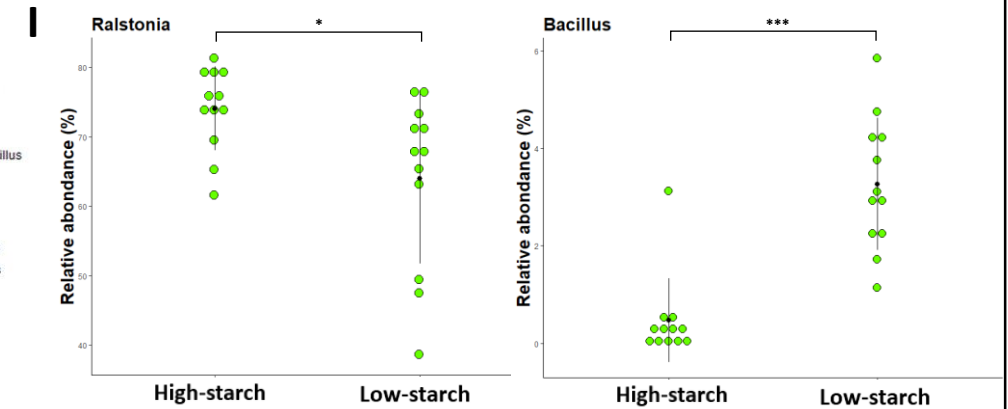
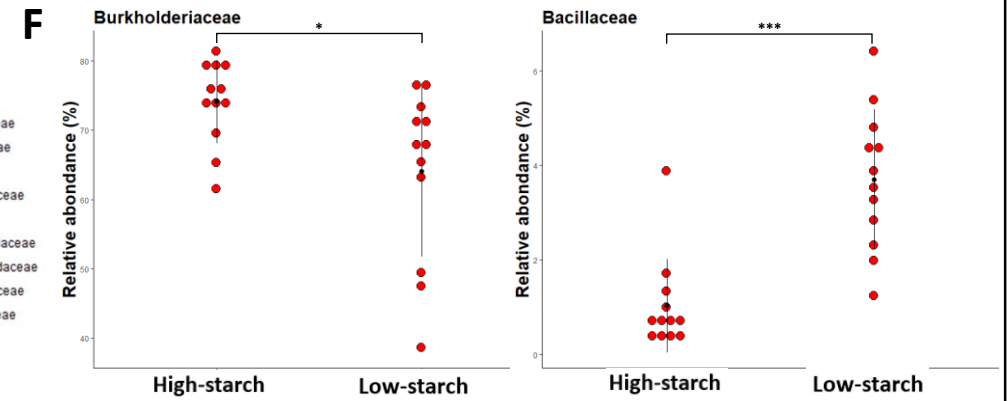
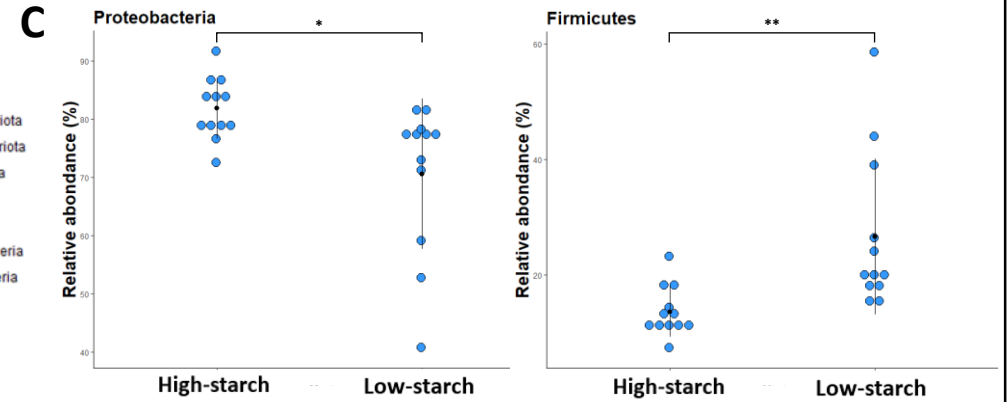




## Mucosa

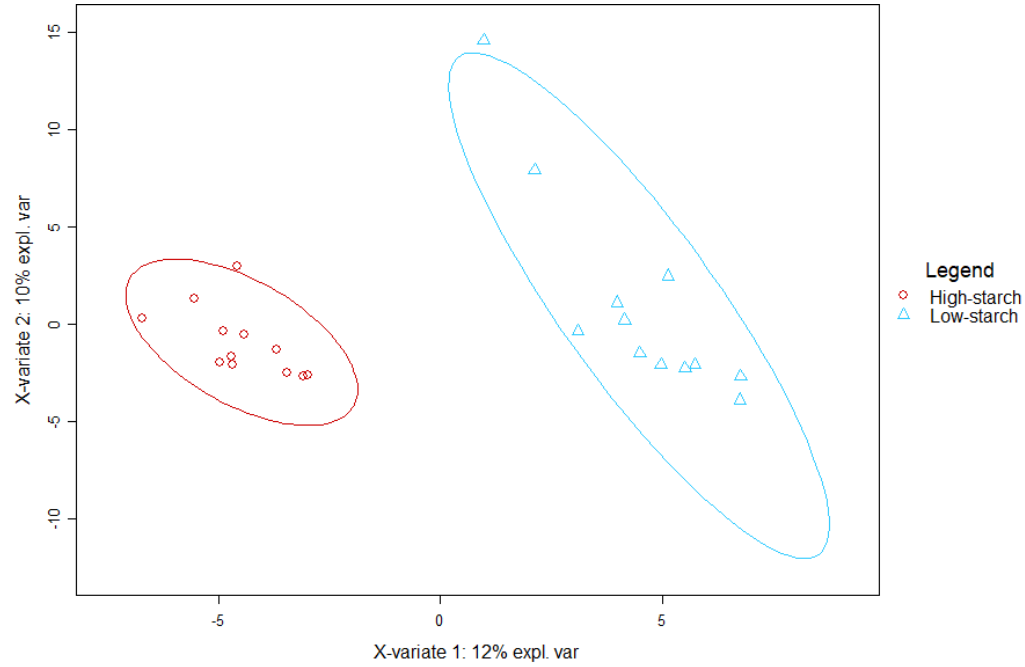


## Digesta

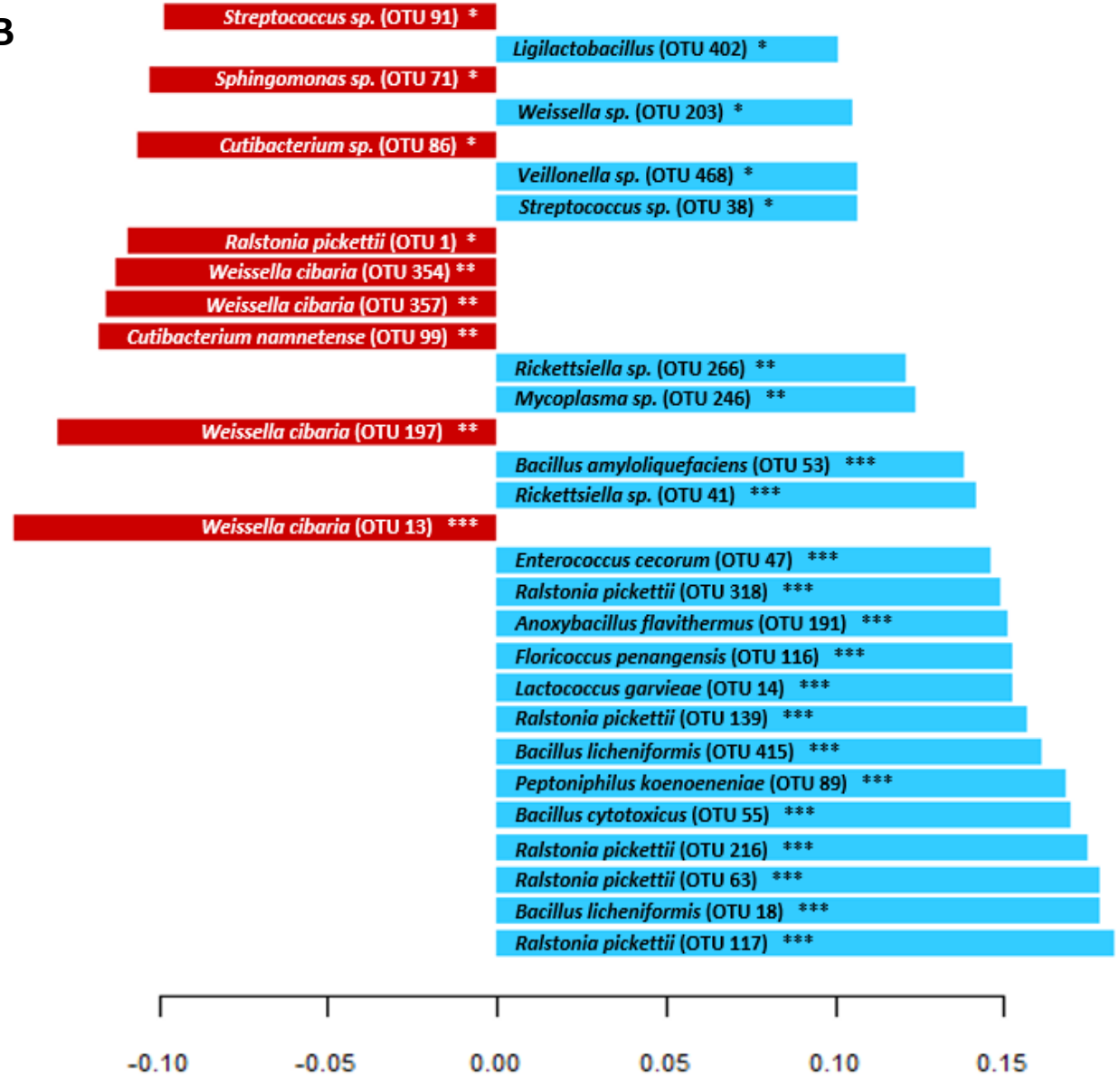


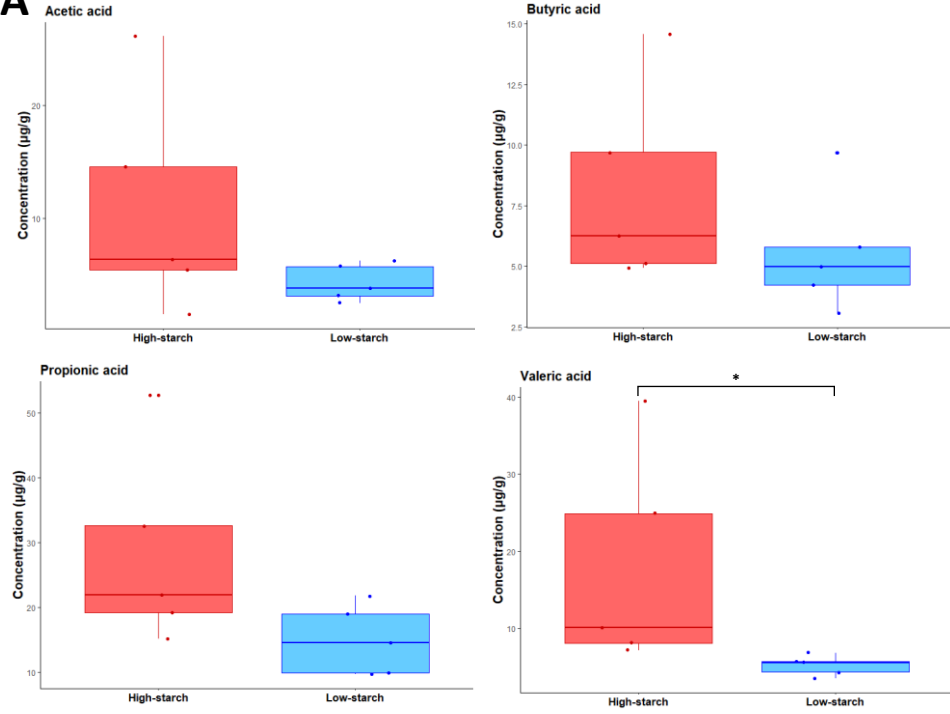
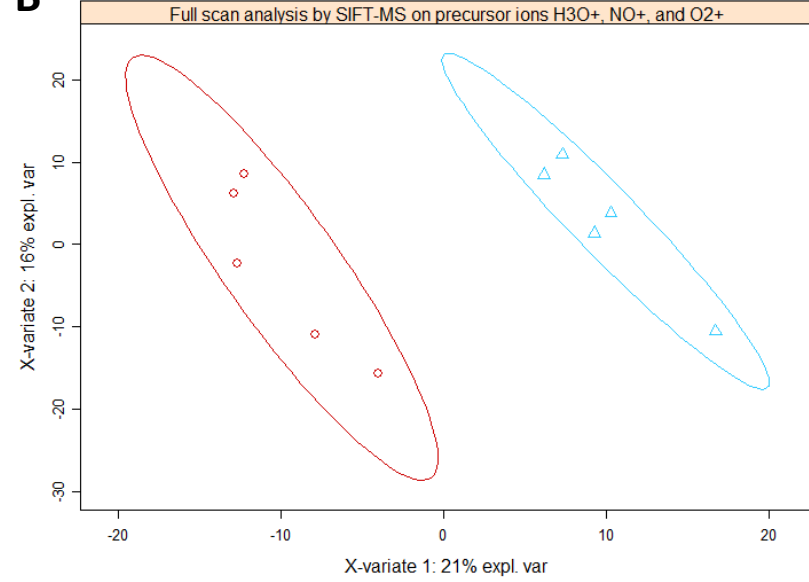
# Digesta

**A**

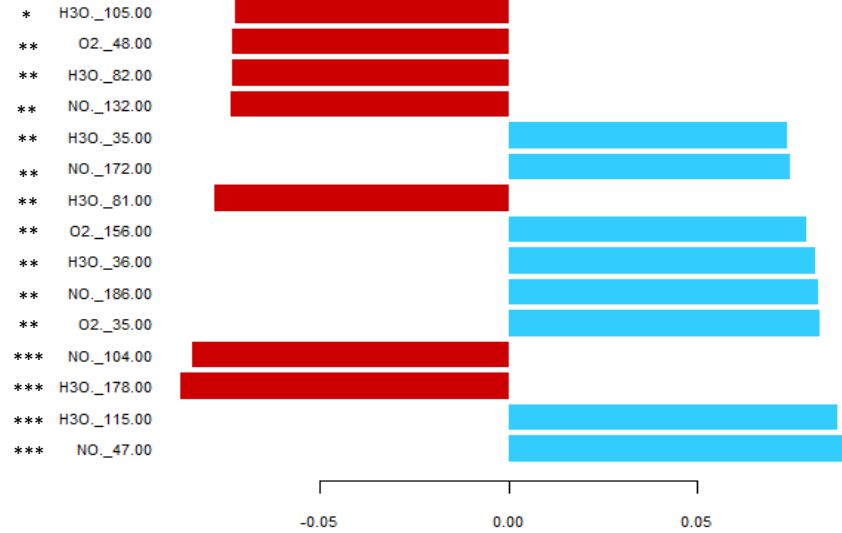
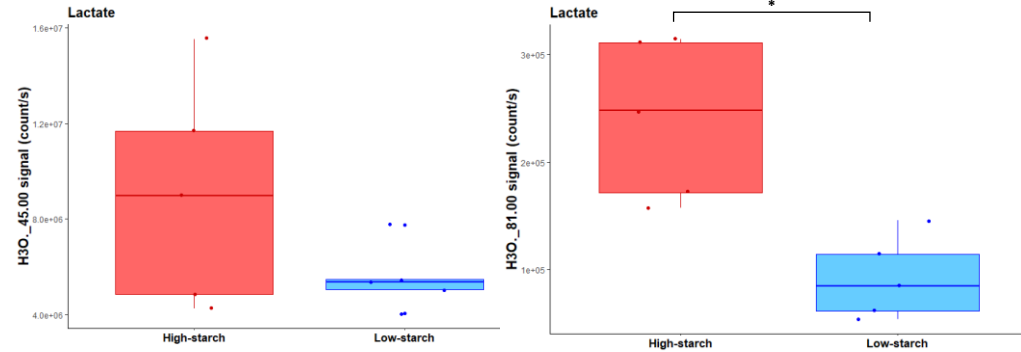


**B**

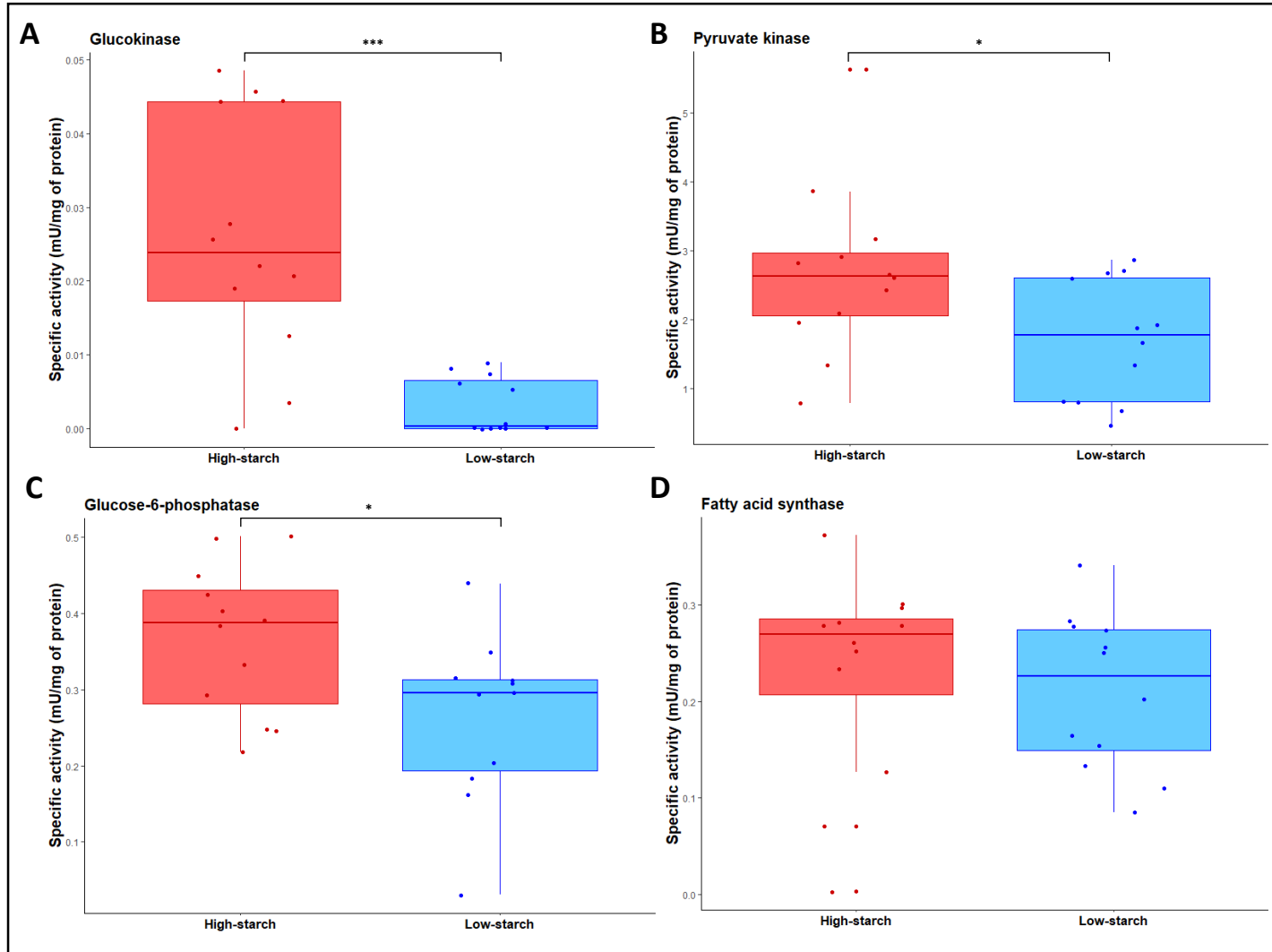


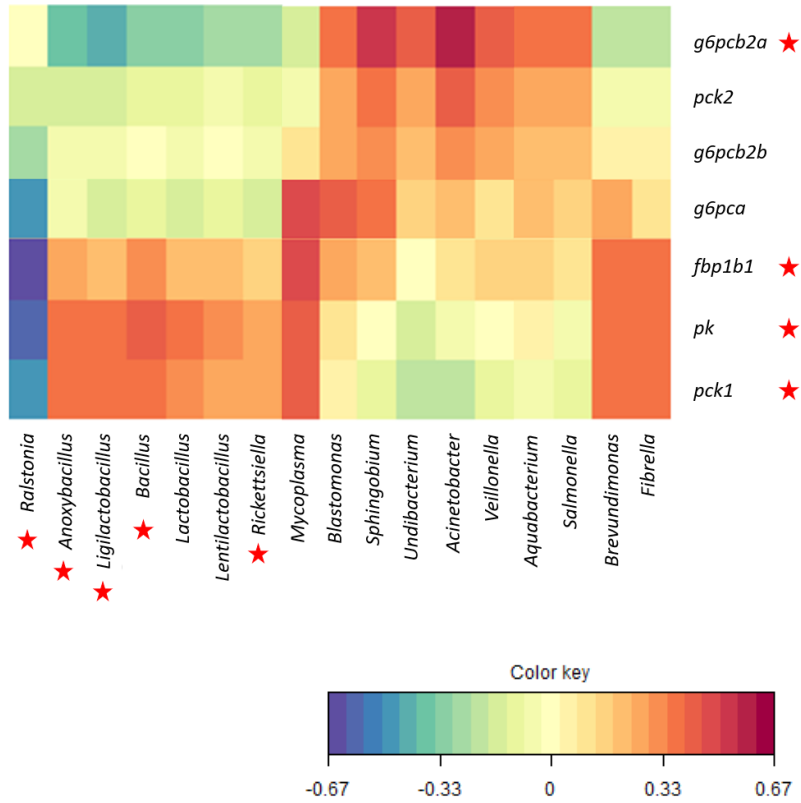
**A****B****C**

### Most discriminating ions by SIFT-MS

**D**





**A****B**