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## Synthetic and phytogenic antioxidants improve productive performance, antioxidant activity, gene expression, and offspring quality in breeder hens subjected to heat stress

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1 Running head: DIETARY SYNTHETIC AND PHYTOGENIC ANTIOXIDANTS IN HEAT-  
2 STRESSED BREEDER HENS

3

4 **Synthetic and phytogetic antioxidants improve productive performance, antioxidant**  
5 **activity, gene expression, and offspring quality in breeder hens subjected to heat stress**

6

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26 **ABSTRACT**

27         This study aimed to investigate the efficacy of a synthetic source (a combination of  
28 vitamin E, vitamin C, Selenium, and L-carnitine) and phytogetic sources (a combination of  
29 clove, green tea pomace, and Vietnamese coriander) in overcoming heat stress (**HS**) damage  
30 in female breeder hens on production, sperm survival in the oviduct, antioxidant properties,  
31 gene expression, and quality of offspring. One hundred SUT female breeder hens were housed  
32 in individual cages and divided into four treatment groups: T1) basal diets under thermoneutral  
33 temperature (**TN**); T2) basal diets under HS; 3) basal diets with synthetic antioxidants under  
34 HS; and T4) basal diets with phytochemical antioxidants under HS. The result revealed that  
35 HS condition had a negative effect on reducing final body weight, FCR, egg weight, and 1-day  
36 old chick weight while increasing water intake and altered blood chemicals in breeder hens  
37 compared to TN breeder hens ( $P < 0.01$ ). However, both synthetic and phytogetic antioxidants  
38 resulted in increased egg production and hatchability, while decreasing the number of late  
39 stages of embryo death during the incubation ( $P < 0.05$ ). Furthermore, the synthetic  
40 antioxidants also improved the uniformity of chicks and the late stage of embryo death  
41 compared with the phytogetic antioxidants ( $P < 0.05$ ). HS breeder hens fed with both  
42 antioxidant sources exhibited higher antioxidant capacity in terms of DPPH and ABTS radical  
43 scavenging (in yolk, liver, and breast meat) and FRAP radical scavenging (in yolk and liver)  
44 and lower liver malondialdehyde than HS breeder hens fed with the control diet ( $P < 0.05$ ).  
45 Additionally, the gene expression of antioxidant enzymes (superoxide dismutase, catalase, and  
46 glutathione peroxidase) in liver was significantly upregulated, whereas the expression of pro-  
47 inflammatory cytokines (nuclear factor- $\kappa$ B) and heat shock proteins (HSP70 and HSP90) was  
48 downregulated in breeder hens that received both antioxidant sources ( $P < 0.05$ ). This indicates  
49 the potential use of various bioactive antioxidant compounds as a combination of synthetic and  
50 phytogetic antioxidants against the deleterious effects of HS in breeder hens.

51 **Key words:** dietary antioxidant, breeder hen, heat stress, antioxidant activity, hatchability

52

53

## INTRODUCTION

54 In the context of global climate change, poultry production faces increasingly  
55 challenging conditions, particularly during heat stress (**HS**) episodes. High environmental  
56 temperature of 32 to 38°C coupled with high humidity could induce large amounts of reactive  
57 oxygen species (**ROS**) that lead to oxidative stress (**OS**) which negatively affects the integrity  
58 of sperm membrane and DNA in uterovaginal sperm storage tubules, consequently, influencing  
59 egg production, maturity, fertility, embryo development, and causing economic losses ([Fouad  
60 et al., 2016](#)). Female breeder hens are sensitive to HS because their physiology is covered with  
61 feathers and there are no sweat glands that are difficult to thermoregulate. Previous studies  
62 have focused more on HS mitigation in housing management and genetic improvement against  
63 HS than on the body's capacity for ROS scavenging ([Gharaghani et al., 2015](#)). HS has been  
64 reported to significantly reduce various key parameters in female breeder hens, including live  
65 weight, feed efficiency, egg production, egg quality, eggshell quality, fertility, hatchability,  
66 and the overall livability of hatchlings ([Ajakaiye et al., 2011](#)). Methods to overcome heat stress  
67 damage include supplementation with antioxidant substances, such as vitamin C, vitamin E,  
68 selenium (**Se**), manganese (**Mn**), zinc (**Zn**), or phytogetic substances ([Hu et al., 2019](#)). In  
69 addition, the resolution of HS using a mixture of antioxidant substances from synthetic or  
70 natural sources that function at all levels of the antioxidant defense network can potentially  
71 alleviate the negative impact of HS. Unfortunately, little information is available regarding the  
72 use of mixtures from synthetic or phytogetic sources in breeder hens.

73 The high potential of dietary antioxidants are expected to cover three major levels of  
74 antioxidant defense networks: organelles, subcellular compartments, and the extracellular  
75 space ([Horváth and Babinszky, 2018](#)). Antioxidant substances play a key role in activating

76 antioxidant enzymes, such as superoxide dismutase (**SOD**), catalase (**CAT**), and glutathione  
77 peroxidase (**GSH-Px**), during the early stages of ROS formation, necessitating optimal levels  
78 of Mn, Cu, Zn, and Se for effective detoxification. However, some ROS, particularly transition  
79 metal ions, may remain active, causing lipid peroxidation and damage to DNA and proteins.  
80 To address this issue, second-level antioxidants are required to break the chain by scavenging  
81 peroxy radical intermediates to prevent the propagation of lipid peroxidation. These functions  
82 are performed by substances such as vitamins A, E, and C; carotenoids; coenzyme Q10; and  
83 L-carnitine. The third level of the antioxidant defense network works continuously from the  
84 second level, aiming to repair and remove damaged molecules (lipids, proteins, and DNA)  
85 affected by ROS. This process involves the action of heat shock proteins (**HSPs**), methionine  
86 sulfoxide reductases, DNA repair enzymes, and phospholipases (Surai and Kochish, 2019;  
87 Surai et al., 2019). Based on the antioxidant functions mentioned above, the challenge for  
88 nutritionists and feed formulators is to find suitable antioxidants that can effectively support  
89 hens in coping with HS conditions (Surai et al., 2016).

90 Previous studies have reported a synergistic effect of dietary vitamins E and C in  
91 poultry during HS on antioxidant status (reduced lipid peroxidation and enhanced SOD and  
92 CAT activities) (Jena et al., 2013) and productive performance (improved fertile eggs,  
93 hatchability, and embryo mortality) (Ipek and Dikmen, 2014). The combination of vitamin E  
94 and Se in diets provides highly effective protection against OS and improves the production  
95 and reproduction of poultry in comparison to the use of individual antioxidants (Harsini et al.,  
96 2012; Horváth and Babinszky, 2018). In addition, vitamin E and Se combinations in laying hen  
97 diets have been shown to transfer to the tissue and egg yolk, leading to decreased lipid  
98 peroxidation, increased GSH-Px enzyme levels, and enhanced hatchability and chick quality  
99 (Urso et al., 2015; Celebi, 2019). The interaction between vitamins C and Se has also been  
100 reported to improve egg production and feed efficiency compared with individual

101 supplementation (Attia et al., 2016). The combination of vitamins E, C, and Se in the diet can  
102 act synergistically as antioxidants to reduce HS and lipid peroxidation in poultry meat  
103 (Leskovec et al., 2019). Furthermore, the use of L-carnitine has gained significant attention due  
104 to its crucial role as a novel antioxidant via preventing DNA damage induced by ROS and  
105 stimulating antioxidant enzyme activities, transferring long- chain fatty acids to maintain  $\beta$ -  
106 oxidation in the matrix compartment of mitochondria and energy production by stabilization  
107 acetyl Co-A/Co-A ratio for adequate acetyl storage for laying hens (Surai, 2015; Agarwal et  
108 al., 2018). Dietary L-carnitine supplementation in poultry decreases malondialdehyde (MDA)  
109 levels and increases SOD, CAT, and GSH-Px activities under high stocking density stress  
110 (Çetin and Güçlü, 2019). In addition, some studies have reported improved egg production,  
111 hatchability, antioxidant activity, and offspring quality in laying hens and duck breeders fed L-  
112 carnitine (Salmanzadeh, 2011; Wang et al., 2013; Awad et al., 2017).

113         Phytogetic compounds consist of a variety of polyphenols derived from plant materials  
114 that can activate the expression of stress response proteins, such as HSPs and antioxidant  
115 enzymes, which can repress ROS and interfere with negative inducers in the HS response (Hu  
116 et al., 2019; Saracila et al., 2021). The most bioactive compound in cloves (*Syzygium*  
117 *aromaticum*) is eugenol, which is a potent natural antioxidant (Hemalatha et al., 2016).  
118 Supplementation of poultry diets with clove oil or powder can improve feed efficiency, egg  
119 production, immunity, and antioxidant activity (Sehitoglu and Kaya, 2021; Mahrous et al.,  
120 2017). Green tea (*Camellia sinensis*) is rich in polyphenols, particularly catechins, that exhibit  
121 antioxidant, antimicrobial, antifungal, and anticarcinogenic properties (Pinto et al., 2020). It  
122 has been shown that supplementation of green tea in breeder poultry diets (powder or extraction  
123 form) can reduce MDA egg yolk concentrations, while increasing fertility, hatchability, and  
124 sperm quality (Kara et al., 2016; Chen et al., 2021; Wang et al., 2021). Vietnamese coriander  
125 (*Persicaria odorata*) has a high phytochemical composition, especially gallic acid, quercetin,

126 ferulic acid, apigenin, and essential oils, which contribute to its antioxidant and biological  
127 activities (Pawłowska et al., 2020). Supplementing broiler or laying hen diets with Vietnamese  
128 coriander leaf meal has shown beneficial effects on growth performance, digestibility, egg  
129 production, egg weight, and lipid peroxidation in meat (Basit et al., 2020; Ooi et al., 2018;  
130 Glinubon et al., 2022). In our previous *in vitro* study, we examined 17 edible plant materials;  
131 clove, green tea pomace, and Vietnamese coriander showed notably high levels of phenolic  
132 and total flavonoid content as well as strong antioxidant activity in terms of DPPH, ABTS, and  
133 FRAP. The combination of these plants in equal parts (1:1:1 ratio, v:v:v) produced synergistic  
134 antioxidant properties and improved cell safety, making them suitable candidates for use as  
135 phytogetic antioxidant feed additives (Pasri et al., 2023).

136 Unfortunately, no information is available on the combined effects of vitamins E, C,  
137 Se, L-carnitine, and phytogetic on the productive performance and antioxidant activities of  
138 breeder hens under HS that would be applicable to the development of a potential group of feed  
139 additives to alleviate the adverse effects of HS. Therefore, the aim of this study was to  
140 investigate the efficacy of two sources of antioxidant substances, synthetic (combination of  
141 vitamin E, vitamin C, Se, and L-carnitine) and phytogetic (combination of clove, green tea  
142 pomace, and Vietnamese coriander), to overcome HS damage in breeder hens and prolong  
143 sperm survival in the oviduct, antioxidant properties, gene expression, and quality of offspring.

144

## 145 **MATERIALS AND METHODS**

### 146 ***Ethics Statement***

147 All animal experiments were approved by the Animal Care and Use Committee of  
148 Suranaree University of Technology (SUT-IACUC-012/2020).

149

### 150 ***Housing, Birds and Experimental diets***

151 This study maintained controlled temperature (°C) and humidity (%) levels according  
152 to the temperature and humidity stress indices for laying hens (Hy-line, 2016). Thermoneutral  
153 (TN) and chronic HS were implemented according to the methodology described by  
154 Duangjinda et al. (2017). The TN was set up at 23±1°C with the humidity of 40–70% by using  
155 an air conditioner. The HS room was kept at a temperature of 36±1°C for 4 h daily (from 1 pm  
156 to 5 pm) using a gas heater with thermostat-controlled equipment, while during the rest of time,  
157 the temperature was maintained at the same conditions in the thermoneutral zone.

158 A total of 100 female SUT breeder hens (33 weeks old) were housed in individual cages  
159 with dimensions of 40 × 45 × 40 cm<sup>3</sup> (length × width × height) and divided into four treatment  
160 groups, each consisting of 25 females, using a Completely Randomized Design. Group 1 was  
161 raised in a TN room, whereas groups 2, 3, and 4 were subjected to HS for 4 h daily.

162 In this study, two sources of antioxidants (synthetic and phytogetic) were evaluated in  
163 female SUT breeder hens under HS conditions. The experimental diets consisted of four  
164 treatments as follows: T1) basal diets under thermoneutral temperature, T2) basal diets under  
165 HS; 3) basal diets with combined synthetic antioxidants (200 mg of vitamin C/kg, 150 mg of  
166 vitamin E/kg, 0.30 mg of Se yeast/kg, and 150 mg of carnitine/kg) under HS, and T4) basal  
167 diets with 1% phytochemical antioxidants (a mixture of clove, green tea pomace, and  
168 Vietnamese coriander powders, 1:1:1 ratio/w:w:w) under HS. Diets were formulated to meet  
169 the nutrient requirements according to the NRC (1994) and Ross 308 parent stock standard  
170 recommendations (Aviagen, 2021) (15% CP, 2800 kcal ME/kg), as shown in Table 1. All  
171 breeder hens were provided 16 h of light per day, received 140 g of feed daily, and had  
172 unrestricted access to water throughout the experimental period. Each experimental diet was  
173 fed to breeder hens for approximately one month prior to starting the trial.

174

175 ***Blood Chemical Analysis***

176           After the hens were subjected to HS for 4 h, 12 breeder hens from each treatment group  
177 were randomly selected for blood chemical analysis using an Abbott i-STAT 1 handheld blood  
178 gas analyzer (Abbott Point of Care Inc. IL, USA) equipped with a CG8+ cartridge (Abaxis item  
179 number 600–9001). This CG8+ cartridge performed various parameters such as partial pressure  
180 of carbon dioxide (**PCO<sub>2</sub>**) and oxygen (**PO<sub>2</sub>**), pH, saturation of oxygen (**sO<sub>2</sub>**), concentration of  
181 bicarbonate ions (**HCO<sub>3</sub><sup>-</sup>**), total concentration carbon dioxide (**TCO<sub>2</sub>**), concentration ionized  
182 calcium (**iCa**), sodium (**Na**), potassium (**K**), glucose (**Glu**), hematocrit (**Hct**), hemoglobin  
183 (**Hgb**), and base excess (**BE**). Blood from each breeder hen was collected and placed in a  
184 lithium heparin tube quickly, which should be used for analysis within 3 min. One hundred  $\mu$ L  
185 of blood was dropped into the CG8+ cartridge, which was subsequently inserted into the Abbott  
186 i-STAT 1 handheld blood gas analyzer (Barrett et al., 2019).

187

### 188 *Growth Performance and Productive Performance Measurements*

189           Productive performance parameters were measured over a 7-week period from 38 to  
190 44 weeks of age. Body weight was recorded at the beginning and end of the experiment. Daily  
191 records were made for the number of eggs, egg weight, feed intake, and water intake in each  
192 treatment throughout the experimental period and were used to calculate egg production, feed  
193 conversion ratio, average egg weight, average daily feed, and water intake.

194           The fertile period length of sperm was determined from eggs collected over 21 days  
195 (38–41 weeks of age). Semen samples were collected from 60 Lueng Hang Khao breeder males  
196 by pooling and diluting with Beltsville poultry semen extender II (1:1/v:v) prior to artificial  
197 insemination. The breeder hens were artificial inseminated two days continually (0.1 mL of  
198 pooled semen/time) and then the hens in groups 2, 3, and 4 were exposed to HS at 36°C for 4  
199 h/day. On day 3, eggs from all treatments were collected over a 21-day period and stored in a  
200 cool room at 15°C. Every 7 days, these eggs were then placed in automatic incubator (Model

201 192, Petersime Incubation Equipment Co., Ltd., Zulte, Belgium) with optimal conditions at  
202 37.67±0.20°C and 62–65% relative humidity at the hatchery of university farm. The fertile  
203 period of the sperm was candled on day 7 of incubation. When the infertile eggs broke, the  
204 germinal disc region was monitored for embryonic development. The number of days for the  
205 fertile period of sperm was counted from the last day of the fertile egg prior to a sequence of  
206 three consecutive days with detected infertile eggs (Biswas et al., 2010; Ahammad et al., 2013).

207 Fertility, hatchability, and embryonic mortality rate were performed over a period of  
208 41–44 weeks of age. Each breeder hen was artificially inseminated twice per week with pooled  
209 semen in the afternoon, and induced daily with heat stress at 36°C for 4 h. Then eggs in each  
210 treatment were collected daily and stored in a cool room at 15°C. Each week, the eggs were  
211 incubated in an automatic incubator for 21 days. Fertility and early and final embryonic  
212 mortality rates were detected by candling on days 10 and 18, whereas hatchability was  
213 measured on day 21 of incubation by counting the number of 1-day old chicks. Productive  
214 performances were calculated using formulas: fertility (%) = [(number of fertilized eggs/total  
215 eggs set) × 100]; early embryonic mortality rate (%) = [(number of fertilized eggs before day  
216 10/total eggs set) × 100]; late embryonic mortality rate (%) = [(number of fertilized eggs after  
217 day 10/total eggs set) × 100]; hatchability (%) = [(number of day old chicks/ fertilized eggs) ×  
218 100], and total hatchability (%) = [(number of 1-day old chicks/total eggs set) × 100]  
219 (Salmanzadeh, 2011; Urso et al., 2015).

220

### 221 *Sample Collection and Sample Extraction for Antioxidant Activity*

222 At the end of the experiments, 25 breeder hens were randomly selected and slaughtered  
223 after heating at 36 °C for 4 h. Liver and breast tissues were collected, immediately frozen in  
224 liquid nitrogen, and stored at –80°C until further gene expression and antioxidant activity  
225 analyses. Two grams each of egg yolk, liver, and breast tissue were extracted with 2 mL of

226 99% ethanol in a centrifugal tube. The samples were grinded for 20 s by ultra-homogenizer  
227 after that centrifuged at 12,000 x g at 4°C for 10 min. The supernatants were used to estimate  
228 the antioxidant activity.

229

### 230 ***2,2-Diphenyl-1-picrylhydrazyl (DPPH<sup>•</sup>) Scavenging Activity Assay***

231 DPPH<sup>•</sup> scavenging activity was determined according to the method described by  
232 [Nuengchamnong et al. \(2009\)](#). For each sample extraction (100 μL), 100 μL of 0.6 mM DPPH  
233 in ethanol was added to a 96 well microplate. The mixture was gently shaken and incubated in  
234 dark for 30 min. The absorbance of the reaction mixture was measured at 517 nm using a  
235 microplate spectrophotometer (Thermo Scientific<sup>TM</sup>, Multiskan<sup>TM</sup> GO, Japan). Ethanol was  
236 used as a reagent blank instead of the sample. The DPPH<sup>•</sup>-scavenging activity was calculated  
237 as follows: inhibition (%) = [(absorbance of blank-absorbance of sample)/(absorbance of  
238 blank)] × 100. All measurements were performed in triplicate.

239

### 240 ***Scavenging Activity Assay of 2, 2'-azinobis-(3-ethylbenzothiazoline-6-sulfonic acid)*** 241 ***(ABTS<sup>•+</sup>) Radical***

242 The ABTS<sup>•+</sup> cation radical assay was conducted as described by [Re et al. \(1999\)](#). The  
243 ABTS<sup>•+</sup> stock solution was prepared by mixing 7.4 mM ABTS with 2.6 mM of potassium  
244 persulfate in a 10 mM phosphate buffer solution at pH 7.4. The mixture was then left to react  
245 overnight (12–16 h) in the dark at 4°C. Before starting the reaction, the freshly prepared  
246 ABTS<sup>•+</sup> stock solution was adjusted to an absorbance value of 0.70±0.02 at 734 nm by dilution  
247 with a 10 mM cooled phosphate buffer. For the assay, 180 μL of ABTS<sup>•+</sup> working solution was  
248 added to 20 μL of the extracted sample solvents in a 96 well microplate.

249 After 6 min of inoculation at room temperature, absorbance at 734 nm was measured  
250 using a microplate spectrophotometer. The absorbance of the blank was measured using

251 ethanol used in the reaction. The ABTS<sup>•+</sup> cation radical was calculated using the following  
252 equation: inhibition (%) = [(absorbance of blank-absorbance of sample)/(absorbance of blank)]  
253 × 100. The results were compared to the standard curve and reported in mM equivalent trolox/g  
254 sample weight (mM TE/g sample).

255

### 256 *The Ferric Reducing Antioxidant Power (FRAP) Assay*

257 The FRAP assay was conducted according to the method described by [Benzie and](#)  
258 [Strain \(1996\)](#). The working FRAP reagent required fresh preparation before use, consisting of  
259 0.3 M acetate buffer (pH 3.6), 10 mM 2,4,6-Tris (2-pyridyl)-s-triazine in 40 mM hydrochloric  
260 acid, and 20 mM iron chloride, mixed at a ratio of 10:1:1/v:v:v. The reagent was incubated at  
261 37°C for 15 min. The 200 µL of the FRAP working reagent was added to 20 µL of sample  
262 extraction solvents in a 96 well microplate and incubated for 30 min, and the absorbance was  
263 then measured using a microplate spectrophotometer at 593 nm. The FRAP value was  
264 calculated using a calibration curve of trolox (25–100 mM/mL) and the results were reported  
265 as mM Trolox equivalents per gram of sample weight (mM TE/g sample).

266

### 267 *Thiobarbituric Acid Reactive Substances (TBARs)*

268 Egg yolk, liver, and breast tissue (2 g) were homogenized with 6 mL of DI water and  
269 34 µL of 7.2% butylated hydroxytoluene (**BHT**) in ethanol using ultra-homogenizer for 40 s.  
270 Subsequently, 2 mL of the homogenized sample was mixed with 4 mL of TBA-TCA solution  
271 (20 mM TBA in 15% TCA) in a 15 mL tube and boiled at 95°C for 20 min in an ultrasonic  
272 bath (Ultrasonic cleaner 3200 EP S3, Soltec, Italy, 40 KHz and 180 W). After cooling, the  
273 mixture was centrifuged at 5,000 x g for 10 min at room temperature. The supernatant (200  
274 µL) was then transferred to a 96 well microplate, and absorbance readings were taken at 532  
275 nm. To quantify lipid peroxidation, MDA was used as a standard at concentrations ranging 5–

276 40  $\mu$ M. The TBARS value was expressed as MDA equivalents per gram of sample weight ( $\mu$ M  
277 MDA/g sample) and determined based on the calibration curve of MDA (Grotto et al., 2009).

278

### 279 *Hepatic Gene Expression*

280 Total RNA was extracted from liver tissue using QIAamp<sup>®</sup> DNA Stool Mini kits  
281 (Qiagen, Hilden, Germany) and purified using a QIAamp spin column (Qiagen, Hilden,  
282 Germany). RNA purity and quantification were assessed using a Nanodrop spectrophotometer  
283 at 260 nm/280 nm. Subsequently, 1  $\mu$ g of high quality RNA sample was applied for  
284 complementary DNA (cDNA) synthesis using the QuantiTect Reverse Transcription Kit  
285 (Qiagen, Hilden, Germany). For real time PCR, each reaction's master mix (8  $\mu$ L) contained 5  
286  $\mu$ L of SYBR Green, 0.2  $\mu$ L of forward primer, 0.2  $\mu$ L reverse primer, and 2  $\mu$ L of cDNA  
287 samples in a 96 well microplate. The real time PCR was performed using the QuantiNova<sup>™</sup>  
288 SYBR Green PCR kit (Qiagen, Hilden, Germany) and analyzed in triplicate as described by  
289 Humam et al., (2019). The primer sequences for SOD, CAT, GSH-Px, nuclear factor- $\kappa$ B (**NF-**  
290  **$\kappa$ B**), heat shock protein 70 (**HSP70**), heat shock protein 90 (**HSP90**), and  $\beta$ -actin are presented  
291 in Table 2. Reverse transcription-quantitative real-time PCR (**RT-qPCR**) was accomplished  
292 using the CFX96 real-time PCR system (BioRad, Hercules, California, USA). The RT-qPCR  
293 reactions were conducted as follows: initial heat activation at 94°C for 10 min, followed by 40  
294 cycles of denaturation at 95°C for 10 s, annealing for 30 s, and final extension at 72°C for 30  
295 s. Relative quantification of the target gene expressions was normalized using  $\beta$ -actin as the  
296 reference gene and calculated using the  $2^{-\Delta\Delta CT}$  method (Livak and Schmittgen, 2001).

297

### 298 *Statistical Analysis*

299 Statistical analysis of the data was performed using ANOVA in a Completely  
300 Randomized Design (CRD) with SPSS software (version 16.0). Tukey's test was used to assess

301 significant differences among treatments. Additionally, orthogonal contrasts were used to  
302 compare the following conditions: 1, thermoneutral vs. heat stress; 2, supplementation vs. non-  
303 supplementation; and 3, synthetic vs. phytogenic conditions. A significance level at  $P < 0.05$   
304 was used (SPSS Inc., Chicago, IL).

305

306

## RESULTS

### *Productive Performances*

308 The effects of antioxidant supplementation in the form of synthetic (vitamins C, E, Se,  
309 and L-carnitine) and phytogenic (clove, green tea pomace, and Vietnamese coriander)  
310 substances on production performance are shown in [Table 3](#). In the orthogonal contrast test,  
311 HS breeder hens had lower final body weight (**FBW**), FCR, egg weight (**EW**), and day-old  
312 chick weight, but higher hatchability and water intake (**WI**) than TN hens ( $P < 0.01$ ). Both the  
313 synthetic and phytogenic antioxidant supplementation groups showed increased egg  
314 production (**EP**) and hatchability as well as reduced feed intake (**FI**), WI, EW, early dead and  
315 last dead embryos, and old chick weight compared to the non-supplementation group ( $P <$   
316  $0.05$ ). However, no significant differences were observed in any of the measured parameters  
317 between the synthetic and phytogenic antioxidants ( $P > 0.05$ ). Interestingly, based on the Tukey  
318 analysis, it was found that the supplementation of antioxidants in the HS group could increase  
319 EP, similar to that in the TN group ( $P > 0.05$ ). In addition, both forms of antioxidant  
320 supplementation resulted in significantly higher hatchability compared than in the TN group  
321 ( $P = 0.0001$ ). However, a reduction in FBW, FI, EW, and day-old chicks was observed in HS  
322 breeder hens that received phytogenic antioxidants compared to TN hens, whereas no such  
323 significant differences were observed for synthetic antioxidants ( $P > 0.05$ ). Additionally,  
324 supplementation with synthetic antioxidants demonstrated an improvement in the last stage of

325 embryo development during incubation and chick uniformity compared with phytogetic  
326 antioxidants ( $P < 0.05$ ).

327

### 328 ***Blood Chemistry Parameters***

329         Based on orthogonal contrasts, breeder hens subjected to HS had lower blood values of  
330  $\text{PCO}_2$ ,  $\text{PO}_2$ , BE,  $\text{HCO}_3^-$ ,  $\text{TCO}_2$ , and iCa, while pH and  $\text{sO}_2$  were higher than the TN breeder  
331 hens ( $P < 0.01$ ) (Table 4). In addition, HS led to decreased blood Na, K, Hct, and Hb and  
332 increased blood Glu compared to TN ( $P < 0.01$ ). However, under HS conditions,  
333 supplementation with both synthetic and phytogetic antioxidant substances did not  
334 significantly alter any of the blood parameters compared to the non-supplementation group ( $P$   
335  $> 0.05$ ). In particular, Tukey's test revealed that HS breeder hens supplemented with  
336 phytogetic antioxidants had lower blood Na and K levels than the TN group ( $P < 0.05$ ).

337

### 338 ***Antioxidant Activities in Liver, Breast, and Yolk***

339         The effects of antioxidant supplementation in the form of synthetic and phytogetic  
340 substances in breeder hen diets on antioxidant activity are shown in Table 5. According to the  
341 orthogonal contrast test, the HS breeder hen groups had significantly higher antioxidant  
342 activities in terms of DPPH radical scavenging in egg yolk and liver, and FRAP radical  
343 scavenging in the liver, but had lower levels of MDA in egg yolk than breeder hens in the TN  
344 group ( $P < 0.05$ ). Both antioxidant supplementation groups exhibited significantly highest  
345 antioxidant activities in DPPH, FRAP, and ABTS radical scavenging in all samples (except  
346 FRAP in breast tissue), as well as a decrease in MDA in egg yolk compared to the non-  
347 supplementation group during HS ( $P < 0.05$ ). The breeder hens fed with synthetic antioxidants  
348 exhibited the highest DPPH and FRAP radical scavenging activity and the lowest MDA levels  
349 in egg yolk compared to those fed with phytogetic antioxidants ( $P < 0.01$ ). Furthermore,

350 supplementation with synthetic antioxidants in breeder hen diets also improved the values of  
351 DPPH, FRAP, and MDA in the liver and yolk compared to non-supplementation under both  
352 HS and TN conditions ( $P < 0.05$ ).

353 Moreover, DPPH (in egg yolk and breast tissue), FRAP (in egg yolk and liver), and  
354 ABTS radical scavenging (in egg yolk, liver, and breast tissue) were elevated, whereas MDA  
355 levels (in egg yolk) were reduced in breeder hens fed phytogenic dietary supplementation  
356 compared to breeder hens without supplementation under HS ( $P > 0.05$ ).

357

### 358 *Gene Expression in Liver*

359 The gene expression levels related to antioxidant enzymes, pro-inflammatory  
360 cytokines, and heat shock proteins are presented in Table 6. In orthogonal contrasts,  
361 upregulation of SOD and GSH-Px genes and downregulation of HSP70 and HSP90 genes  
362 were observed in HS breeder hens compared to those in TN breeder hens ( $P < 0.05$ ). However,  
363 no significant differences in the expression of the CAT and NF- $\kappa$ B genes were found between  
364 the HS and TN groups ( $P > 0.05$ ). During HS, it was found that both synthetic and phytogenic  
365 antioxidants can alter gene expression in the liver by upregulating SOD, CAT, and GSH-Px  
366 and down regulating NF- $\kappa$ B, HSP70, and HSP90 compared to non-supplementation ( $P < 0.01$ ).  
367 It is interesting to note that phytogenic antioxidants were found to induce the expression of the  
368 GSH-Px gene in a similar manner to synthetic antioxidants ( $P < 0.05$ ). In addition, both  
369 synthetic and phytogenic antioxidants showed similar effects on the expression of SOD, CAT,  
370 NF- $\kappa$ B, HSP70, and HSP90 under HS conditions ( $P > 0.05$ ).

371

372

## DISCUSSION

373 Exogenous dietary antioxidants are widely accepted as effective substances for  
374 mitigating the adverse effects of HS on breeder hens in terms of favorable productive and

375 reproductive performance, immunity, embryonic development, and antioxidant activity  
376 ([Ibtisham et al., 2019](#); [Amevor et al., 2021](#); [Darmawan et al., 2022](#)). Our results revealed the  
377 beneficial effects of synthetic (vitamins C, E, Se, and L-carnitine) and phytogetic (clove, green  
378 tea pomace, and Vietnamese coriander) antioxidants on egg production, hatchability, embryo  
379 development, and antioxidant activity of breeder hens under HS.

380 In this study, both synthetic and phytogetic antioxidant sources were found to improve  
381 egg production and hatchability in breeder hens subjected to HS. However, in the orthogonal  
382 contrast test, the FI in the HS hen groups supplemented with antioxidants were lower than that  
383 in the HS hen group without supplementation or the TN hen group. This led to insufficient  
384 nutrient uptake. However, these groups of hens were still able to maintain egg production. This  
385 is probably because birds anabolize fat storage in the body to conserve the nutrients needed for  
386 maintenance and production, which can be confirmed from the reduced BW of HS hens. In  
387 general, HS poultry require higher maintenance energy than usual for thermoregulation.  
388 However, the decrease in FI during HS results in sufficient nutrient intake, as chickens  
389 compensate by breaking down glycogen or fat stored through gluconeogenesis ([Nawaz et al.,](#)  
390 [2021](#); [Jastreski et al., 2017](#)). In addition, [Xie et al. \(2015\)](#) reported that elevated plasma glucose  
391 levels in HS broiler breeders indicate changes in carbohydrate and lipid metabolism for  
392 maintaining the metabolic rate, which is consistent with our results, which revealed increased  
393 blood glucose in HS breeder hens. In addition, this study found reductions in PCO<sub>2</sub>, PO<sub>2</sub>, BE,  
394 HCO<sub>3</sub><sup>-</sup>, TCO<sub>2</sub>, and iCa, along with an increase in pH and sO<sub>2</sub> in the blood of HS breeder hens.

395 The current study indicates that both antioxidant sources play interconnected roles in  
396 metabolic pathways, which effectively assists breeder hens in combating the negative effects  
397 of HS. During HS, vitamin C serves as a co-factor for dopamine beta-hydroxylase, converting  
398 dopamine into norepinephrine in neural tissues during the HS, promoting gluconeogenesis,  
399 which indirectly causes an increase in heart rate, blood pressure, blood glucose, and skeletal

400 muscle blood flow (Shakeri et al., 2020). Vitamin E prevents liver damage and maintains  
401 vitellogenin synthesis, which is important for yolk formation and consequences of egg  
402 production (Khan et al., 2011). L-carnitine is crucial for transferring long-chain fatty acids from  
403 the cytoplasm to the mitochondrial matrix for  $\beta$ - oxidation and energy production, facilitating  
404 the anabolism of stored fat in bird bodies, which ultimately provides energy for follicle  
405 development and egg production (Zhai et al., 2008; Awad et al., 2017). In addition, Se is  
406 essential for optimal poultry performance during HS, indirectly regulating triiodothyronine  
407 (T3) and thyroxine (T4) hormones, which affect the metabolic rate, protein synthesis, and  
408 nutrient metabolism (Shakeri et al., 2020).

409         The improved hatchability and antioxidant capacity observed in breeder hens that  
410 received dietary phytogetic antioxidants in this study can be attributed to the deposition of  
411 bioactive antioxidant compounds. In phytogetic sources (clove, green tea pomace, and  
412 Vietnamese coriander), several bioactive compounds are associated with antioxidant  
413 properties, such as eugenol (from clove), catechin (from green tea pomace), and catechin,  
414 quercetin, kaempferol, and ellagic acid (from Vietnamese coriander). These polyphenols are  
415 potent antioxidants because their chemical structure contains more than two hydroxyl groups  
416 (PhenOH), which allow them to break bonds and release hydrogen and electrons. This  
417 effectively eliminates excess ROS (such as  $O_2$ ,  $H_2O_2$ ,  $OH^\bullet$ ,  $RO^\bullet$ , and  $RO_2^\bullet$ ) and transforms them  
418 into a phenoxyl radical (PhenO), which is more stable and less likely to initiate chain reactions  
419 than the initial radicals. Polyphenols can also transfer electrons to bind to metal-ion free  
420 radicals (such as  $Fe^{2+}$ ,  $Cu^{2+}$ , or  $Cu^+$ ) (Saracila et al., 2021). Dietary catechins or tea polyphenols  
421 have been shown to be transferred from the blood to the ovaries, magnum, and other organs,  
422 providing antioxidant capacity and stability for polyunsaturated fatty acids (PUFA) in eggs  
423 (Ariana et al., 2011). Chen et al. (2021) observed catechin deposition in chickens fed with green  
424 tea, which led to increased DPPH, ABST, and OH radical scavenging activities. Additionally,

425 clove oil or buds with high eugenol levels showed the potential to decrease MDA in eggs and  
426 increase the enzyme activity of reduced glutathione (GSH), SOD, and glutathione S-transferase  
427 (GST) in the breast muscle (Mahrous et al., 2017; Sehitoglu and Kaya, 2021). Feeding broilers  
428 with a mixture of herbal extracts (mulberry leaf, Japanese honeysuckle, and Goldthread)  
429 resulted in the accumulation of phenolic compounds in breast tissue and demonstrated the  
430 potential to increase DPPH and ABST and reduce TBARs (Jang et al., 2008). In this study,  
431 various bioactive polyphenol compounds, such as eugenol, catechin, quercetin, kaempferol,  
432 and ellagic acid, were detected, all of which could complement the mechanisms of action to  
433 eliminate ROS. However, there are limitations to the metabolism and bioavailability of  
434 polyphenols, as some are poorly absorbed in the small intestine and require enzymatic  
435 hydrolysis by gut microbes (Abd El- Hack et al., 2022). The rapid absorption and elimination  
436 of polyphenols is a major factor leading to their low accumulation in tissues compared to that  
437 of synthetic antioxidants; thus, frequent supplementation could potentially improve their  
438 biological activity (Hidalgo et al., 2012).

439         Although both the antioxidant sources maintained egg production, a reduction in egg  
440 weight was observed. HS is known to reduce FI in poultry, resulting in insufficient nutrient  
441 intake, particularly protein, which leads to a decrease in egg weight. Khatibi et al. (2021)  
442 revealed that laying hen diets with protein levels of 15.0–15.5% CP under a subtropical climate  
443 can improve production, egg weight, and egg mass compared to diets with 14.2–14.7% CP.  
444 Although both antioxidants in this study reduced egg weight compared to the control and HS  
445 without supplementation, the weight was still in the range of 50–70 g, which was suitable for  
446 hatching following the Cobb 500 or Ross 308 breeder guidelines. In general, egg weight is  
447 associated with chick weight, indicating that both antioxidant sources can help maintain egg  
448 weight, resulting in a normal chick weight, which benefits the poultry industry.

449           Neither the HS conditions nor antioxidant supplementation affected the fertility rate or  
450 fertile period length of the sperm. However, this phenomenon remains unclear, and related  
451 research on this subject is limited. HS can adversely affect the reproductive performance of  
452 both male and female poultry; however, its effects on male fertility, specifically  
453 spermatogenesis, have been extensively studied (Fouad et al., 2016). In this study, we  
454 attempted to minimize the sperm factor error by using artificial insemination techniques and  
455 pooling sperm. Based on our results, the fertility and fertile period length of sperm in breeder  
456 hens aged 47–50 weeks were 98–99% and 15 d, respectively. Notably, this fertility rate was  
457 higher than that of the Cobb 500 breeder hens (95%) (Cobb-Vantress Inc. 2018). This is  
458 consistent with previous reports in which the combination of vitamins C, E, and Se in ISA  
459 brown laying hen diets did not affect the fertility rate (77–80%) or fertile period length of sperm  
460 (17 days), possibly because the hens reached their maximum productivity aligned with their  
461 genetic potential (Pasri et al., 2018).

462           Notably, the hatchability rate in HS hens supplemented with both antioxidant sources  
463 was higher than that in TN and HS hens without supplementation. This is consistent with the  
464 results of increased antioxidant activities (DPPH, ABTS, and FRAP radical scavenging) and  
465 decreased lipid peroxidation (MDA) in the egg yolk, liver, and breast tissues of breeder hens.  
466 Both sources of dietary antioxidants were observed to enhance hatchability, probably because  
467 of the function of antioxidants that are deposited in the egg yolk and act on the elimination of  
468 ROS that occurs during embryonic metabolism. Embryonic tissues typically contain a high  
469 proportion of PUFA, rendering them vulnerable to lipid peroxidation (Zhai et al., 2008). ROS  
470 can also destroy other biological molecules, such as DNA, proteins, and carbohydrates, which  
471 are the leading causes of infertility and embryonic mortality (Surai et al., 2016). Various types  
472 of antioxidants have been observed in the egg yolk and tissues of chick embryos, which  
473 contribute to the achievement of high-quality and viable chicks, including antioxidant enzymes

474 such as SOD, GSH-Px, and CAT, water-soluble antioxidants such as vitamin C, taurine, L-  
475 carnitine, and glutathione, and fat-soluble antioxidants such as vitamin E, carotenoids,  
476 coenzyme Q, and Se (Urso et al., 2015; Surai et al., 2019).

477 The synergistic effects of a combination of various antioxidant substances, especially  
478 vitamin C, vitamin E, Se, and L-carnitine, have been reported (Abdel-Azeem et al., 2016;  
479 Leskovec et al., 2019; Shakeri et al., 2020). This revealed that a combination of these  
480 substances could function more effectively in the antioxidant defense network. Vitamin E  
481 plays an antioxidant role in cells and prevents the oxidation of low-density lipoproteins in cell  
482 membranes by donating electrons to lipid peroxyl radicals to stop chain-breaking antioxidant  
483 reactions before interacting with other lipids (Ebeid, 2012). Vitamin C acts as a potent reducing  
484 agent in ROS scavenging by interacting with the tocopheroxyl radical and regenerating reduced  
485 tocopherol (Akbari et al., 2016). Se plays a crucial role in antioxidant activity as an essential  
486 coenzyme of GSH-Px, which facilitates the disposal of hydrogen peroxide generated after the  
487 superoxide is catalyzed by SOD in the cellular antioxidant defense network, contributing to the  
488 detoxification of lipid peroxides (Lykkesfeldt and Svendsen, 2007; Mishra and Jha, 2019).  
489 Vitamins C and E supplementation in broiler breeder hen diets during the summer has been  
490 shown to improve FRAP activity and reduce MDA levels in erythrocytes compared with the  
491 control (Jena et al., 2013). Generally, MDA serves as a marker of oxidative stress and  
492 represents cell/tissue damage caused by lipid peroxidation, and its reduction is linked to the  
493 antioxidant defense system through antioxidant supplementation (Shakeri et al., 2020; Tang et  
494 al., 2022). It has also been reported that L-carnitine can prevent the formation of ROS in the  
495 mitochondria, such as xanthine oxidase, cytochrome p450, cyclooxygenase, lipoxygenase,  
496 nitric oxide synthase (NOS), and NADPH oxidases (NOXs), to maintain a normal electron  
497 transport chain during the elevated metabolic rates of rapid embryo development or HS  
498 exposure (Surai et al., 2016). The use of L-carnitine in female breeder hen diets has been shown

499 to increase carnitine deposition in egg yolks and promotes the utilization of yolk lipids for  
500 energy production during embryogenesis (Zhai et al., 2008; Awad et al., 2017).

501 We also found that synthetic and phytochemical sources upregulated the expression of  
502 gene-related antioxidant enzymes, such as SOD, CAT, and GSH-Px, in the liver. This result is  
503 consistent with the finding that vitamin E, vitamin C, and L-carnitine have the ability to activate  
504 the transcriptional factor activity of activator protein-1 (AP-1), nuclear factor erythroid 2  
505 related factor 2 (Nrf2), and NF- $\kappa$ B DNA binding site; this activation helps in regulating the  
506 expression of adhesive molecules, cytokines, and antioxidant enzyme genes, ultimately  
507 providing additional protection in HS condition (Surai, 2015; Min et al., 2018). Se mainly  
508 regulates GSH-Px mRNA through the biological processes of selenoproteins, requiring a  
509 selenocysteine insertion sequence that incorporates a Se-specific elongation factor,  
510 selenocysteinyl-tRNA, and a selenocysteine insertion sequence mRNA stem-loop structure  
511 into the Se-insertion complex during translation. This complex subsequently modulates a  
512 unique endonucleolytic cleavage site, resulting in increased GSH-Px mRNA expression (Weiss  
513 and Sunde, 1997; Puangmalee et al., 2020). Studies have reported that feeding chickens  
514 vitamins C, E, Se, and L-carnitine leads to increased expression of SOD, CAT, and GSH-Px  
515 mRNA in the liver, which is considered the initial step in the antioxidant defense against free  
516 radicals and superoxide (Elgendey et al., 2022). Polyphenols exert their influence on gene  
517 expression in the liver of breeder hens through an indirect mechanism involving the synthesis  
518 of ROS-removing enzymes, which can stimulate the Keap1-Nrf2 complex by modifying  
519 cysteine residues in Kelch-like ECH-associated protein 1, leading to the translocation of Nrf2  
520 into the nucleus. After that, Nrf2 binds to the antioxidant electrophile/antioxidant response  
521 element (EpRE/ARE) sequence (Lee et al., 2017; Saracila et al., 2021), resulting in the  
522 upregulation of cellular antioxidant enzymes, such as SOD, CAT, GSH-Px, and GST  
523 (Hosseini-Vashan et al., 2016; Bernetoniene and Kopustinskiene 2018). Interestingly, our

524 study revealed that phytogetic antioxidants have a greater capacity to upregulate GSH-Px gene  
525 expression than synthetic antioxidants do. This difference is likely attributable to the fact that  
526 synthetic antioxidants contain only one type of Se, which is the main precursor for GSH-Px  
527 synthesis, whereas the phytogetic antioxidants found in cloves, green tea pomace, and  
528 Vietnamese coriander consist of a variety of polyphenols with antioxidant properties, including  
529 eugenol, gallic acid, catechin, ellagic acid, quercetin, and kaempferol. The characteristic  
530 chemical structures of certain polyphenols can also activate antioxidant enzymes via  
531 modification of the transcription pathway (Saracila et al., 2021). Epigallocatechin gallate from  
532 green tea exhibits outstanding antioxidant activity in poultry, surpassing that of vitamin E by  
533 25 times and vitamin C by 100 times (Abd El-Hack et al., 2020). In vitro tests have  
534 demonstrated that clove oil exhibits pronounced positive effects on antioxidant properties.  
535 including radical scavenging of DPPH, ABTS, H<sub>2</sub>O<sub>2</sub>, superoxide anion radical, and chelating  
536 activities, compared to Butylated hydroxyanisole (BHA), BHT, tocopherol, and trolox (Gulcin  
537 et al., 2012). This can be attributed to the presence of natural antioxidants, essential fatty acids  
538 and lipid-soluble bioactive molecules typically found in clove oil (Sehitoglu and Kaya, 2021).  
539 While the bioactive compounds present in *Polygonum odoratum* L such as flavonoids,  
540 alkaloids, phenolic compound, and tannin showed moderately potent antioxidant activity  
541 ( $50.25 \pm 0.61$  mg/mL) compared to vitamin E ( $14.79 \pm 0.78$ ) and BHT ( $19.71 \pm 0.79$  mg/mL)  
542 (Somparn et al., 2014).

543 We found that NF- $\kappa$ B, HSP70, and HSP90 mRNA expression was down-regulated in  
544 HS hens receiving synthetic and phytogetic antioxidants compared to HS hens without  
545 supplementation. In general, when animals are exposed to HS, two possible mechanisms are  
546 involved in homeostasis that make the body tolerant to HS. First, in response to HSPs, cells  
547 promote the expression of HSPs genes to protect against cell damage, particularly HSP70,  
548 which plays an important role in the HS response in chickens (Soleimani et al., 2011). HSP70

549 in cells also helps maintain protein refolding, promotes the degradation of misfolded proteins,  
550 and reduces cell inflammation (Varasteh et al., 2015; Xu et al., 2018). Second, the oxidative  
551 stress response is a defense system against HS, and its gene plays a key role in the regulation  
552 is Nrf2 (Lian et al., 2020; Surai et al., 2021). Both response systems have been reported to  
553 improve the antioxidant capacity, reduce lipid oxidation, and increase digestive enzyme  
554 activity in the gastrointestinal tract (Shehata et al., 2020). Hence, dietary antioxidants (e.g.,  
555 vitamins C, E, Se, catechin from green tea, quercetin from Vietnamese coriander, and other  
556 phytochemicals) may inhibit NF- $\kappa$ B binding to inflammation-related genes. This in turn, can  
557 lower the expression of pro-inflammatory cytokines and decrease the levels of HSPs (HSP60,  
558 HSP70, and HSP90), which serve as mediators for inducing NF- $\kappa$ B expression (Jang et al.,  
559 2014; Akbarian et al., 2016; Bernatoniene and Kopustinskiene, 2018; Kumbhar et al., 2018;  
560 Chansiw et al., 2019; Manaig et al., 2022).

561 This study revealed the benefits of a combination of synthetic antioxidants (vitamins C  
562 and E, Se, and L-carnitine) and phytogetic antioxidants (clove, green tea pomace, and  
563 Vietnamese coriander) on breeder hens exposed to HS. Both sources of antioxidants  
564 demonstrated significant improvements in egg production and hatchability, and reduced  
565 embryo mortality. In addition, both antioxidant sources also alleviate the adverse effects of HS  
566 through antioxidant defenses and inflammation by reducing lipid peroxidation in yolk and  
567 tissues, up-regulating the relative expression of SOD, CAT, GSH-Px mRNA, and down-  
568 regulating of NF- $\kappa$ B, HSP70, and HSP90 mRNA expressions in liver. This finding suggests  
569 the promising application of a combination of synthetic and phytogetic antioxidant bioactive  
570 compounds to combat the deleterious effects of HS in breeder hens. This knowledge may lead  
571 to the development of innovative strategies for HS management by integrating dietary  
572 supplements with antioxidants.

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574

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579

580

## DECLARATION OF COMPETING INTEREST

581 The authors declare that they have no known competing financial interests or personal  
582 relationships that could have appeared to influence the work reported in this paper.

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895 **Table 1.** Ingredients and calculated nutrient composition of experimental diets (as-fed basis).

	25-50 weeks of age	After 50 weeks of age
Ingredients (%)		
Corn	64.60	63.50
Soybean meal, 44 %CP	18.20	16.52
Full fat soybean meal	6.70	9.00
Calcium carbonate	8.50	8.90
Monocalcium phosphate	0.94	1.00
Salt	0.41	0.44
DL-methionine	0.135	0.134
Copper	0.00040	-
Iodine	0.00022	0.00022
Vitamin B2	0.00043	0.00043
Vitamin D3	0.00030	0.00030
Manganese	0.00490	-
Biotin	0.00140	0.00140
Zinc	0.01230	0.00390
Premix <sup>1</sup>	0.50	0.50
Calculated compositions (%)		
Metabolizable energy (kcal/kg)	2,800	2,800
Dry matter	90.22	90.34
Crude protein	15.49	15.44
Crude fiber	3.09	3.07
Ether extract	3.84	4.19
Calcium	3.51	3.71
Total Phosphorus	0.53	0.54
Available phosphorus	0.31	0.32
Digestible Lysine	0.70	0.70
Digestible Methionine	0.35	0.35
Digestible Methionine + Cystine	0.57	0.57
Digestible Threonine	0.50	0.50

896 <sup>1</sup>Premix (0.5%) provided the following (per kg of diet) ; vitamin A, 15,000 IU; vitamin D3,  
897 3,000 IU; vitamin E, 25 IU; vitamin K3, 5 mg; vitamin B1, 2 mg; vitamin B2, 7 mg; vitamin  
898 B6, 4 mg; vitamin B12, 25 mg; pantothenic acid, 11.04 mg; nicotinic acid, 35 mg; folic acid, 1

899 mg; biotin, 15 µg; choline chloride, 250 mg; Cu, 1.6 mg; Mn, 60 mg; Zn, 45 mg; Fe, 80 mg; I,  
900 0.4 mg; Se, 0.15 mg.

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903 **Table 2.** Primer sequences used in real-time PCR.

Gene	Primer sequences <sup>1</sup>	Accession No.
SOD	F-5'-CACTGCATCATTGGCCGTACCA-3' R-5'-GCTTGCACACGGAAGAGCAAGT-3'	NM_001031215.1
CAT	F-5'-TGGCGGTAGGAGTCTGGTCT-3' R-5'-GTCCCGTCCGTCAGCCATTT-3'	NM_205064.1
GSH-Px	F-5'-GCTGTTGCCTTCCTGAGAG-3' R-5'-GTTCCAGGAGACGTCGTTGC-3'	NM_001277853.1
HSP70	F-5'-GATCTGGGCACCACGTATTCT-3' R-5'-GGTTCATTGCCACTTGGTTCTT-3'	FJ217667.1
HSP90	F-5'-ACACATGCCAACCGCATTTA-3' R-5'-CCTCCTCAGCAGCAGTATCA-3'	NM_001109785.1
NF-κB	F-5'-GAAGGAATCGTACCGGGAACA-3' R-5'-CTCAGAGGGCCTTGTGACAGTAA-3'	NM_205134
β-actin	F-5'-TTGGTTTGTCAAGCAAGCGG-3' R-5'-CCCCACATACTGGCACTTT-3'	NM_205518.1

904 <sup>1</sup>Data form reference [Chiang et al. \(2009\)](#), [Ahmadipour and Khajali, \(2019\)](#), and [Madkour](#)  
905 [et al. \(2021\)](#)

906 Abbreviations: SOD, superoxide dismutase; CAT, catalase; GSH-Px, glutathione  
907 peroxidase; HSP70, heat shock protein 70; HSP90, heat shock protein 90; NF-κB, nuclear  
908 factor-κB.

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916 **Table 3.** Effect of dietary antioxidant supplementation in breeder hen diets under heat stress  
 917 condition on productive performances.

Items	Treatments <sup>1</sup>				Pooled SEM	Contrasts <sup>2</sup>		
	T1	T2	T3	T4		1	2	3
IBW (g)	2795.21	2891.37	2747.18	2785.16	26.644	0.836	0.057	0.614
FBW (g)	3314.48 <sup>a</sup>	3176.57 <sup>ab</sup>	3102.67 <sup>ab</sup>	3048.19 <sup>b</sup>	34.971	0.013	0.215	0.571
FI (g/day/hen)	137.20 <sup>a</sup>	137.22 <sup>a</sup>	135.92 <sup>ab</sup>	135.56 <sup>b</sup>	0.2673	0.103	0.025	0.634
FCR	2.12 <sup>b</sup>	2.15 <sup>ab</sup>	2.16 <sup>a</sup>	2.15 <sup>ab</sup>	0.0044	0.007	0.600	0.431
WI (mL/day/hens)	290.60 <sup>b</sup>	406.57 <sup>a</sup>	370.27 <sup>a</sup>	372.05 <sup>a</sup>	7.7241	0.001	0.015	0.913
EP (g)	88.64 <sup>a</sup>	83.50 <sup>b</sup>	88.62 <sup>a</sup>	89.78 <sup>a</sup>	0.6707	0.372	<0.001	0.524
EW (g)	64.61 <sup>a</sup>	63.83 <sup>b</sup>	62.94 <sup>c</sup>	62.92 <sup>c</sup>	0.0943	<0.001	0<.001	0.925
Fertility (%)	98.86	98.43	99.34	99.14	0.1925	0.798	0.086	0.709
Hatchability (%)	87.63 <sup>b</sup>	87.79 <sup>b</sup>	91.81 <sup>a</sup>	91.71 <sup>a</sup>	0.6394	0.046	0.009	0.957
Fertile period length of sperm (day)	15.04	14.64	14.5	14.33	0.157	0.141	0.556	0.707
Day old chick weight (g)	46.30 <sup>a</sup>	45.55 <sup>a</sup>	44.89 <sup>ab</sup>	43.66 <sup>b</sup>	0.3195	0.009	0.037	0.074
Early dead (%)	2.06 <sup>b</sup>	4.70 <sup>a</sup>	2.76 <sup>ab</sup>	2.67 <sup>ab</sup>	0.3512	0.096	0.022	2.67
Last dead (%)	5.85 <sup>ad</sup>	6.16 <sup>a</sup>	2.83 <sup>c</sup>	3.27 <sup>b</sup>	0.5029	0.123	0.011	0.744
Abnormal chicks (%)	2.55	1.38	1.02	2.21	0.3215	0.172	0.769	0.192
Chick uniformity (%)	75.85 <sup>ab</sup>	76.39 <sup>ab</sup>	82.23 <sup>a</sup>	70.94 <sup>b</sup>	1.6265	0.833	0.953	0.007

918 <sup>a-b</sup>Means within each row with different superscripts are significantly different (P < 0 .05).

919 <sup>1</sup>T1, thermoneutral zone (23±1°C) + basal diet without supplementation; T2, heat stress  
 920 (36±1°C, 4 h/day) + basal diet without supplementation; T3, heat stress condition (36±1°C, 4  
 921 h/day) + basal diet with synthetic antioxidants; T4, heat stress condition (36±1°C, 4 h/day) +  
 922 basal diets with phytogenic.

923 <sup>2</sup>Orthogonal contrasts: 1) thermoneutral (T1) vs. heat stress conditions (T2, T3, T4); 2) non-  
 924 supplement (T2) vs. supplement (T3, T4); 3) synthetic antioxidants (T3) vs. phytogenic (T4).

925

926 **Table 4.** Effect of dietary antioxidant supplementation in breeder hen diets under heat stress  
 927 condition on blood chemistry.

Items	Treatments <sup>1</sup>				Pooled SEM	Contrasts <sup>2</sup>		
	T1	T2	T3	T4		1	2	3
pH	7.37 <sup>b</sup>	7.47 <sup>a</sup>	7.46 <sup>a</sup>	7.46 <sup>a</sup>	0.007	<0.001	0.458	0.859
PCO <sub>2</sub> (mmHg)	50.73 <sup>a</sup>	36.90 <sup>b</sup>	36.51 <sup>b</sup>	36.82 <sup>b</sup>	0.9762	<0.001	0.886	0.867
PO <sub>2</sub> (mmHg)	40.09 <sup>a</sup>	37.36 <sup>b</sup>	36.72 <sup>b</sup>	37.18 <sup>b</sup>	0.3859	<0.001	0.627	0.641
BE (mmol/L)	4.72 <sup>a</sup>	3.17 <sup>ab</sup>	2.55 <sup>b</sup>	2.41 <sup>b</sup>	0.2842	0.002	0.299	0.85
HCO <sub>3</sub> <sup>-</sup> (mmol/L)	29.94 <sup>a</sup>	26.84 <sup>b</sup>	26.35 <sup>b</sup>	26.20 <sup>b</sup>	0.3098	<0.001	0.368	0.842
TCO <sub>2</sub> (mmol/L)	31.33 <sup>a</sup>	27.94 <sup>b</sup>	27.44 <sup>b</sup>	27.35 <sup>b</sup>	0.3098	<0.001	0.406	0.902
sO <sub>2</sub> (%)	70.17 <sup>b</sup>	77.29 <sup>a</sup>	76.11 <sup>a</sup>	77.05 <sup>a</sup>	0.7313	<0.001	0.662	0.609
iCa (mmol/L)	1.78 <sup>a</sup>	1.53 <sup>b</sup>	1.51 <sup>b</sup>	1.58 <sup>b</sup>	0.0263	<0.001	0.860	0.225
Na (mmol/L)	148.35 <sup>a</sup>	146.43 <sup>ab</sup>	146.37 <sup>ab</sup>	146.00 <sup>b</sup>	0.3218	0.004	0.744	0.687
K (mmol/L)	5.13 <sup>a</sup>	4.92 <sup>ab</sup>	5.10 <sup>ab</sup>	4.86 <sup>b</sup>	0.0348	0.023	0.448	0.011
Glu (mg/dL)	229.77 <sup>b</sup>	241.17 <sup>a</sup>	246.16 <sup>a</sup>	246.47 <sup>a</sup>	1.6465	<0.001	0.159	0.947
Hct (%PCV)	28.27 <sup>a</sup>	25.64 <sup>b</sup>	25.72 <sup>b</sup>	25.47 <sup>b</sup>	0.3174	<0.001	0.942	0.781
Hb (g/dL)	9.62 <sup>a</sup>	8.71 <sup>b</sup>	8.75 <sup>b</sup>	8.66 <sup>b</sup>	0.1076	<0.001	0.966	0.760

928 <sup>a-b</sup>Means within each row with different superscripts are significantly different (P < 0.05).

929 <sup>1</sup>T1, thermoneutral zone (23±1°C) + basal diet without supplementation; T2, heat stress  
 930 condition (36±1°C, 4 h/day) + basal diet without supplementation; T3, heat stress condition  
 931 (36±1°C, 4 h/day) + basal diet with synthetic antioxidants; T4, heat stress condition (36±1°C,  
 932 4 h/day) + basal diets with phytogenic.

933 <sup>2</sup>Orthogonal contrasts: 1= thermoneutral (T1) vs. heat stress condition (T2, T3, T4); 2, non-  
 934 supplement (T2) vs. supplement (T3, T4); 3, synthetic antioxidants (T3) vs. phytogenic (T4).

935 Abbreviations: PCO<sub>2</sub>, Partial pressure of carbon dioxide; PO<sub>2</sub>, Partial pressure of oxygen;  
 936 BE, Base excess; HCO<sub>3</sub><sup>-</sup>, concentration of bicarbonate ions; TCO<sub>2</sub>, total concentration carbon  
 937 dioxide; sO<sub>2</sub>, saturation of oxygen; iCa, concentration ionized calcium. Na, sodium; K,  
 938 potassium; Glu, glucose; Hct, hematocrit; Hgb, hemoglobin.

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940 **Table 5.** Effect of dietary antioxidant supplementation in breeder hen diets under heat stress  
 941 condition on antioxidant activity in egg yolk, liver, and breast.

Items	Treatments <sup>1</sup>				Pooled SEM	Contrasts <sup>2</sup>		
	T1	T2	T3	T4		1	2	3
DPPH (%)								
Egg yolk	17.23 <sup>c</sup>	18.20 <sup>c</sup>	47.03 <sup>a</sup>	22.18 <sup>b</sup>	2.2021	<0.001	<0.001	<0.001
Liver	81.82 <sup>b</sup>	86.24 <sup>ab</sup>	87.48 <sup>a</sup>	86.43 <sup>ab</sup>	0.7426	0.003	<0.001	0.567
Breast	19.49 <sup>ab</sup>	18.60 <sup>b</sup>	21.05 <sup>a</sup>	21.35 <sup>a</sup>	0.3478	0.212	0.004	0.733
FRAP (mM TE/g sample)								
Egg yolk	0.42 <sup>b</sup>	0.36 <sup>b</sup>	0.71 <sup>a</sup>	0.40 <sup>b</sup>	0.0299	0.072	<0.001	<0.001
Liver	1.87 <sup>b</sup>	2.14 <sup>b</sup>	2.49 <sup>a</sup>	2.53 <sup>a</sup>	0.0628	<0.001	0.001	0.676
Breast	0.23	0.29	0.29	0.29	0.0111	0.023	0.962	0.934
ABTS (mM TE/g sample)								
Egg yolk	5.46 <sup>a</sup>	5.18 <sup>b</sup>	5.43 <sup>a</sup>	5.42 <sup>a</sup>	0.0336	0.052	0.001	0.921
Liver	35.56 <sup>ab</sup>	34.18 <sup>b</sup>	35.23 <sup>ab</sup>	37.28 <sup>a</sup>	0.4011	1.000	0.027	0.051
Breast	40.28 <sup>ab</sup>	38.29 <sup>b</sup>	45.37 <sup>a</sup>	45.02 <sup>a</sup>	0.8393	0.103	<0.001	0.855
MDA (uM/g sample)								
Egg yolk	28.14 <sup>ab</sup>	32.74 <sup>a</sup>	10.76 <sup>c</sup>	23.94 <sup>b</sup>	1.6502	0.001	<0.001	<0.001
Liver	10.92 <sup>a</sup>	10.90 <sup>a</sup>	8.65 <sup>b</sup>	11.53 <sup>a</sup>	0.3397	0.398	0.274	0.002
Breast	8.26	8.71	7.74	8.68	0.1433	0.716	0.134	0.015

942 <sup>a-c</sup>Means within each row with different superscripts are significantly different (P < 0 .05).

943 <sup>1</sup>T1, thermoneutral zone (23±1°C) + basal diet without supplementation; T2, heat stress  
 944 condition (36±1°C, 4 h/day) + basal diet without supplementation; T3, heat stress condition  
 945 (36±1°C, 4 h/day) + basal diet with synthetic antioxidants; T4, heat stress condition (36±1°C,  
 946 4 h/day) + basal diets with phytogenic.

947 <sup>2</sup>Orthogonal contrasts: 1, thermoneutral (T1) vs. heat stress condition (T2, T3, T4); 2, non-  
 948 supplement (T2) vs. supplement (T3, T4); 3, synthetic antioxidants (T3) vs. phytogenic (T4).

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953 **Table 6.** Effect of dietary antioxidant supplementation in breeder hen diets under heat stress  
 954 condition on gene related to antioxidant enzyme, pro-inflammatory cytokines, and heat shock  
 955 proteins expressions.

Items	Treatments <sup>1</sup>				Pooled SEM	Contrasts <sup>2</sup>		
	T1	T2	T3	T4		1	2	3
SOD	1.00 <sup>b</sup>	0.71 <sup>c</sup>	1.56 <sup>a</sup>	1.45 <sup>a</sup>	0.0001	<0.001	<0.001	0.121
CAT	1.00 <sup>ab</sup>	0.35 <sup>b</sup>	1.49 <sup>a</sup>	1.54 <sup>a</sup>	0.0240	0.672	0.003	0.907
GHS-Px	1.00 <sup>c</sup>	0.76 <sup>c</sup>	2.40 <sup>b</sup>	5.42 <sup>a</sup>	0.0001	<0.001	<0.001	<0.001
NF-κB	1.00 <sup>ab</sup>	1.25 <sup>b</sup>	0.64 <sup>ab</sup>	0.42 <sup>a</sup>	0.5257	0.285	0.009	0.381
HSP70	1.00 <sup>b</sup>	1.11 <sup>b</sup>	0.16 <sup>a</sup>	0.15 <sup>a</sup>	0.2252	<0.001	<0.001	0.799
HSP90	1.00 <sup>b</sup>	1.01 <sup>b</sup>	0.20 <sup>a</sup>	0.17 <sup>a</sup>	0.0058	0.011	0.001	0.872

956 <sup>a-c</sup>Means within each row with different superscripts are significantly different ( $P < 0.05$ ).

957 <sup>1</sup>T1, thermoneutral zone (23±1°C) + basal diet without supplementation; T2, heat stress  
 958 condition (36±1°C, 4 h/day) + basal diet without supplementation; T3, heat stress condition  
 959 (36±1°C, 4 h/day) + basal diet with synthetic antioxidants; T4, heat stress condition (36±1°C,  
 960 4 h/day) + basal diets with phytogenic.

961 <sup>2</sup>Orthogonal contrasts: 1, thermoneutral (T1) vs. heat stress condition (T2, T3, T4); 2, non-  
 962 supplement (T2) vs. supplement (T3, T4); 3, synthetic antioxidants (T3) vs. phytogenic (T4).

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