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► **To cite this version:**

Laure Hossard, Louise Blanc, Fatima Lambarraa-Lehnhardt, Christos Dordas, Paschalis Papakaloudis, et al.. Co-design of diversified cropping systems in the Mediterranean area. *European Journal of Agronomy*, 2024, 153, pp.127050. 10.1016/j.eja.2023.127050 . hal-04325813

HAL Id: hal-04325813

<https://hal.inrae.fr/hal-04325813>

Submitted on 6 Dec 2023

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1 Co-design of diversified cropping systems in the Mediterranean area

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19

20 Abstract

21 Agriculture today faces opposing challenges: reducing its environmental impacts while feeding a

22 growing population and adapting to climate change. Diversification of cropping systems has

23 been proposed as a solution to address these issues and promote sustainable and resilient

24 agricultural systems. While alternatives have been proposed by research and development,

25 changing the agricultural systems remains a huge challenge. Engaging local actors when

26 considering those changes is important for their successful implementation. While co-designing

27 with stakeholders is gaining interest in the scientific community, approaches that consider
28 varying local contexts remain uncommon. In this study, our aim was to co-design, during
29 workshops with local stakeholders, diversification options in five case studies located in the
30 Mediterranean countries of Algeria, France, Greece, and Spain. Prior to the co-design process,
31 we conducted a SWOT/PESTLE analysis in each case study to analyze the local context of
32 current and potential agricultural systems. Our hypothesis was that co-designed systems would
33 differ between case studies, according to their environmental, social and political contexts
34 leading to fine-tuned locally *ad hoc* systems. Options for intercropping and diversifying rotations
35 were considered for both cereal-based systems and vine systems. Additionally, these options
36 included adapted management practices for cereal-based systems and more innovative
37 diversification, such as photovoltaic panels or agroforestry, for vine systems. While some of
38 these options could serve as adaptations to climate change, they may not be sufficient to address
39 future climate conditions. Interestingly, we did not observe significant differences among the
40 system options designed for the various case studies, even though the local contexts were very
41 different. Indeed, options only partially addressed the issues identified by stakeholders:
42 primarily, economic and environmental threats. This study points to the advantage of
43 participatory research in diverse contexts along with cross-case analyses, and to the need to
44 consider the future of these Mediterranean regions, where crop diversification is limited by water
45 deficit. To foster the transition next steps should consider assessing experimentally these systems
46 with farmers to stimulate learning, while considering market possibilities.

47

48

49 Keywords

50 Participatory workshop; SWOT analysis; Vines; Cereals; Legumes; Semi-arid climate

51

52 Highlights

53 We combined SWOT analysis and co-design workshops to study diversification options

54 The approach was applied in five case studies in the Mediterranean basin

55 Intercropping was seen as the most promising solution in most case studies

56 New cereal-based rotations included legume species, or rapeseed

57 New systems provided a partial response to local environmental and economic threats

58 1. Introduction

59 Agricultural systems today are facing significant challenges, including the need to reduce the
60 pollution and biodiversity loss caused by intensive conventional practices (Foley et al., 2011;
61 Maxwell et al., 2016). They also need to adapt to climate change (Challinor et al., 2014) and
62 navigate the increased volatility in input and product pricing caused by shocks such as the
63 transport and logistic issues suffered during the Covid-19 crisis (Andrieu et al., 2021) and the
64 war in Ukraine (Bentley et al., 2022). At the same time, there is a pressing need to increase
65 agricultural production to meet the supply demands of a growing population and ensure access to
66 a balanced diet (Ericksen et al., 2009) when food security is being threatened by climate change
67 (Wheeler and Von Braun, 2013). Diversification has been suggested as a solution to face these
68 issues and promote sustainable and resilient agricultural and cropping systems (Peoples et al.,
69 2019; Reckling et al., 2023). Key for agroecology transition, diversification can be applied at
70 different levels, from plot to farm to landscape (Wezel et al., 2020). At plot level, cropping
71 systems can be diversified by increasing the number and diversity of cultivars and crops in the
72 rotation (Wezel et al., 2014). At farm level, diversification can involve both the diversity of
73 products, including livestock production, and the diversity of activity both on- and off-farm, all
74 of which can improve economic diversification (Wezel et al., 2020). At the agricultural
75 landscape level, diversification also involves the integration of semi-natural landscape elements,
76 together with diversified crop mosaics (Wezel et al., 2014). Diversification options have been
77 identified (e.g., legumes in Simon-Miquel et al., 2023 and Plaza-Bonilla et al., 2017 for
78 Mediterranean and temperate situations; species mixtures in McAlvay et al., 2022). However,

79 changing the agricultural systems remains a difficult challenge, in part because it can require
80 changes at other levels in the food chain, leading to socio-technical lock-ins that limit crop
81 diversification. For the French case, Meynard et al. (2018) showed that main obstacles were
82 interconnected and occurred at each stage of the value chain, e.g., lack of improved variety and
83 plant production methods, lack of information on rotations and complex new knowledge for
84 farmers, difficulties of coordination between actors. For legumes, Magrini et al. (2016)
85 highlighted interrelated factors that have favored cereals when compared to legumes (e.g.,
86 breeding for new varieties, public subsidies).

87 Agriculture in the Mediterranean is particularly vulnerable to the impacts of climate change
88 (Giorgi and Lionello, 2008), and is experiencing a progressive shift towards drier conditions
89 (Mariotti et al., 2015). This shift is accompanied by significantly reduced precipitation
90 throughout the region and in all seasons (Dubrovský et al., 2014). Questions are thus emerging
91 about the capacity of current Mediterranean agricultural systems to face these impacts and adapt
92 to new climate conditions. Historically, typical crops in the Mediterranean area have been
93 cereals, olives, and wine grapes, crops which are thus very important to the local economies.

94 Climate change impacts on vineyard yields at different sites in southern France have been
95 estimated by models (e.g., Naulleau et al., 2022), and comparisons to past dry years have been
96 provided by various stakeholders (e.g., Lereboullet et al., 2014) suggesting a potential yield loss
97 of 7-14% by 2100 in those areas if no adaptation is made. Lionello et al. (2014) estimated higher
98 potential yield losses (20 to 26%) by 2050 for irrigated vineyard systems in a southern Italian
99 region (Apulia). Those estimates were larger than the potential loss for olives (8 to 19%) and
100 wheat (1 to 4%) for the same time horizon and Italian location. At the scale of the Mediterranean
101 region, Saadi et al. (2015) also estimated relatively low (8%) decrease in wheat yield under
102 irrigated conditions; this decrease would reach 41% under a moderate deficit in irrigation, and up
103 to 95% under rainfed conditions in southern and eastern regions if no other adaptation was made.
104 Those impacts show it is crucial to study adaptations that could mitigate the threat. While

105 irrigation, and its continuous improvement, is seen as the first line of defense for climate change
106 adaptation in vineyards (Naulleau et al., 2021) and field crops (Marcos-Garcia et al., 2023), other
107 approaches have been suggested. For vineyards, adaptations of plant material (e.g., variety
108 choice), canopy and soil management, and vineyard design have been proposed in numerous
109 studies, but adapting farm strategy (e.g., diversifying) has experienced less attention (Naulleau et
110 al., 2021). For cereals, apart from irrigation, plant breeding for better adaptation to changes
111 (Lopes et al., 2015) and genetic engineering for drought resistance (Wang et al., 2003) are also
112 proposed, as well as cultivation timing and water-conserving soil management practices (Olesen
113 et al., 2011). Changing crop species is also proposed as an adaptation, moving from crops with
114 large inter-annual yield variability to crops with more stable yields but lower productivity
115 (Olesen et al., 2011).

116 Nevertheless, many of these adaptations remain theoretical because farmers and other local
117 stakeholders are mainly not implied in their design process, so they do not consider, test, and
118 exploit them. One answer is to involve those actors to co-design, in workshops, new alternative
119 systems that could help them confront their current and future issues (Jeuffroy et al., 2022). Such
120 approaches have gained interest in the scientific community and have been applied to diverse
121 objectives. For example they have been employed for designing arable systems with limited
122 greenhouse gas emissions (Colnenne-David et al., 2017), for reducing pesticide use (Reau et al.,
123 2012), for increasing fertilizer autonomy (Guillier et al., 2020), and for weed management
124 (Queyrel et al., 2023).

125 In the realm of diversification, co-design approaches, relying mainly on workshops, have been
126 used to help stakeholders consider how to use intercrops in the rotation (Salembier et al., 2023),
127 or change rotations to introduce legume species (Notz et al., 2023; Pelzer et al., 2020), or choose
128 specific crops (e.g., camelina in Leclère et al., 2021). Most of these studies were only conducted
129 on one specific site, making it impossible to compare results of the co-designed options among
130 sites and pedoclimatic contexts. In addition, they focused on only one diversification option for

131 arable systems, thus limiting the extent of stakeholder involvement in the co-designed system.
132 Lastly, while diagnosis is always the first step of design approach, in many studies it is limited to
133 agronomy (sometimes including the environment), leaving most social and economic aspects out
134 of the investigation's scope.
135 In this study, we aimed at co-designing, in participatory workshops, diversification options in
136 collaboration with stakeholders from a variety of situations in different regional environments.
137 These collaborations involved five case studies in both Northern and Southern countries of the
138 Mediterranean region with a specific focus on two key systems of this region: vineyards and
139 winter cereals. Drawing from a collection of existing methods, we developed a straightforward
140 method for co-designing diversified systems. To provide clarity for a comprehensive context, we
141 conducted a SWOT (Strengths, Weaknesses, Opportunities and Threats) analysis of the current
142 systems. Note that context is rarely considered in depth in co-design studies, where it is often
143 limited to the technical characterization of agricultural systems (e.g., Hossard et al., 2022; Pelzer
144 et al., 2020), which can restrict the construction of a holistic, shared diagnosis by stakeholders.
145 Using insights gained from SWOT analysis, we engaged stakeholders in the process of co-
146 designing alternative systems. This work addresses how far the participatory definition of local
147 context issues orientates the co-designed alternative systems. Our main hypothesis was that co-
148 designed systems would differ between case studies, according to their environmental, social and
149 political (current and expected) contexts leading to fine-tuned locally *ad hoc* systems, considered
150 as the expected outcome of this study.

151

152 2. Material and Methods

153 2.1. Methods overview

154 In each case study, the process of designing diversified systems was performed in three steps
155 (Figure 1): diagnosis of local agricultural systems, SWOT analysis, and co-design of
156 diversification options. The first step involved gathering secondary data from regional statistics,

157 surveys (ad hoc or already available), and expertise. The second and third steps were carried out
 158 in a participatory workshop in each case study, lasting approximately 4 hours. In each case
 159 study, the workshops involved diverse groups of local stakeholders, including farmers,
 160 representatives from extension services, regional administration services, irrigation water
 161 managing companies, a seed producing company (one case study), dealers, and researchers (both
 162 external and internal to the project) (Table 1). Stakeholders were selected based on their
 163 expertise in agricultural systems, current issues, and ability to envision and/or advocate for
 164 innovative solutions.

	Objective	Method
165 <i>Step 1</i>	Diagnosis (farm typology)	Surveys of actors and farmers; data analysis
<i>Step 2</i>	SWOT analysis	Workshop; Lab work
<i>Step 3</i>	Co-design diversification options	Workshop

166 Figure 1. Overview of the overall approach in 3 main steps.

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178 Table 1. Participants in case study's workshops (CER: Cereal-based system; VIN: Vineyard
 179 system).

Country	Algeria	France	Greece	Spain
System	CER	VIN	CER & VIN	CER
Farmers*	7	1	2	4
Extension services**	-	2	-	-
Private consultant/dealer	1	-	-	1
Seed producing company	-	-	1	-
Regional administration	7	-	-	1
Irrigation water management company	1	-	-	1
Agricultural engineering students	2	2	2***	2
Researchers (external)	2	4	1	1
Researchers (internal)	3	4	4	3
TOTAL	19	13	10	13

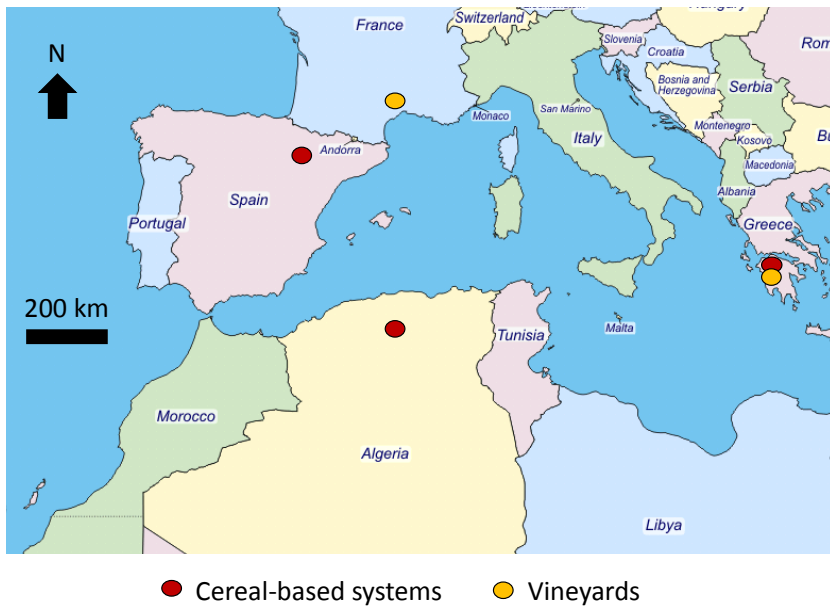
180 *Some farmers have two roles (i.e., farmer and working in regional administrations or as
 181 researchers); **Both public and private; *** refers to the participation of two students, future
 182 farmers who are also sons of farmers.

183

184 2.2. Case studies

185 The approach was applied on five case studies, located in four Mediterranean countries: Algeria
 186 (region of Setif), France (region of Hérault), Greece (region of Thessaloniki), and Spain (region
 187 of Ebro valley) (Figure 2). Here, we considered case studies as geographical areas where
 188 predominant and alternative cropping systems were defined, and on which stakeholders can take
 189 actions. The most representative crops of the regions were investigated: cereal-based systems in
 190 Algeria, Greece and Spain, and vineyards in Greece and France (Figure 2). They all exist in a
 191 Mediterranean-type climate, characterized by frequent droughts in the summer. They present a

192 gradient of soils and rainfall, which are variable within case studies and between case studies
193 (Table 2).
194



195

196 Figure 2. Location of the five case studies.

197 Table 2. Main characteristics of the case studies in terms of climate, agricultural systems, and soils.

Country	Region	Size (km ²)	Climate			Agricultural systems	Acreages of main crops (km ²)		Soils	References
			Air temperature (°C)	Rainfall (mm.y ⁻¹)	PET (mm.y ⁻¹)		Cereals	Vineyards		
Algeria	Setif	6 504	15 vs 11 (North, South)	450 vs. 250 (North, South)	775	Cereals and livestock	1 570	-	Clay to clay loam Deep vs. shallow (North, South)	Benniou and Brinis, 2006; Bouregaa, 2023; InfoClimat, 2022
France	Hérault	6 100	14-15	600-650	990	Vineyards	-	790	Deep, alluvial soils on plains Shallow to middle depth, shale or clay-limestone in foothills	ADEME, 2011; DRAAF Occitanie, 2022; Naulleau et al., 2022; Observatoire viticole, 2014
Greece	Thessaloniki	39 000	16	400	920	Cereals and vineyards	13 600	1 300	Loam Medium to deep soil	Antonopoulos and Antonopoulos, 2017; Papastylianou et al., 2021
Spain	Ebro valley	85 500	13-16	300-450 vs. 800 (central, mountainous areas)	1 000	Mainly cereals in the rainfed areas and livestock	14 900	-	Calcareous, with fine-grained sediments Medium soil depth	Badía et al., 2011; Cuadrat, 1999; ESYRCE, 2020; Herrero and Snyder, 1997

198 PET: Potential evapotranspiration

200 2.3. Diagnosis of current agricultural and cropping systems

201 The objective of this step was to analyze the current cropping and farming systems, identify the
202 main systems and select the ones to be included in the co-design step. Methods for the diagnosis
203 differed among the case studies and depended on certain conditions: (1) availability of secondary
204 data and/or national statistics, and (2) accessibility to farmers and other stakeholders (this part of
205 the work was performed during the lock-downs due to the Covid-19 crisis).

206 For the Algerian and French case studies, previous farm typologies were mobilized to
207 characterize the current agricultural systems. In Algeria, we used a diagnosis of the Setif area
208 performed in 2014 and actualized in 2018 (Benniou et al., 2014; Lupinko, 2018). In France, we
209 used a diagnosis of a watershed (45 km², 1,200 ha of grapevines) located north of the town of
210 Beziers, where 26 winegrowers were surveyed to build a farm typology leading to four main
211 farm types (Hossard et al., 2022).

212 For the Greek and Spanish case studies, data from national statistics and expert knowledge were
213 used to identify the main agricultural systems for SWOT analysis and co-design. We should
214 note that the definition of main cropping systems (the main rotation/crop for locally predominant
215 farm types) was presented, discussed, and updated, when necessary, all with stakeholder
216 participation in the first step of the co-design workshop.

217

218 2.4. SWOT construction and analysis

219 To analyze the context and the internal and external forces driving the agricultural systems in
220 each case study, we built a SWOT matrix in collaboration with local stakeholders. The SWOT
221 was built on a unique cropping system in France and on different types of agricultural systems in
222 Algeria, Spain, and Greece. In Greece, a general SWOT was built on the regional agriculture and
223 then specifically adjusted for vineyard or cereal-based systems. For the sake of clarity, we only

224 present the SWOT elements related to the cropping systems for which diversified alternatives
225 were co-designed.

226 The SWOT approach facilitates the strategic analysis through a comprehensive diagnosis of the
227 entire system, including external and internal factors, and leads to the development of the SWOT
228 matrix. This matrix provides an overview of the opportunities and threats presented by the
229 internal and external environment of the system (Lambarraa-Lehnhardt and Lmouden, 2022;
230 Nazari et al., 2018). This list of factors can be used to describe the current (corresponding to the
231 SW sections of the framework) and possibly future (OT) trends of both internal and external
232 environments participating in the shape and content of the studied system (Yavuz and Baycan,
233 2013). The SWOT analysis thus allowed us to conduct a situational evaluation (Wickramasinghe
234 and Takano, 2009)

235 Based on the presentation and discussion of the main agricultural systems, a SWOT was built
236 during the workshop with all stakeholders (Table 1). The identification of the elements of the
237 four quadrants was first realized by each participant individually for all case studies except
238 Spain, where it was directly performed by groups of two or three stakeholders. In all case studies
239 except Spain, this individual work was followed by small, one-to-one discussion groups which
240 produced an internal, initial ranking of all elements. In all case studies, the elements were
241 combined in a common SWOT matrix, which was then collectively discussed.

242 After the workshops, all factors from the SWOT matrixes were analyzed using the PESTLE
243 framework (Srdjevic et al., 2012) to highlight the main themes that were spotted in each case
244 study, with the objective of comparing the situations in the different case studies. PESTLE
245 considers Political, Economic, Social, Technological, Legal, and Environmental classes to
246 categorize sets of factors and facilitate their analysis and comparison. Note that a unique factor
247 could correspond to more than one element of the PESTLE framework. To facilitate the
248 comparison and analysis of the diversity of factors (Supp Mat 1A), we inductively built a
249 classification according to their main themes. 13 specific themes (i.e., specific to one PESTLE

250 class) were identified: Infrastructures and Political choices (for Political factors); Credit,
251 Diversification of activities, Investment, Market, Productivity and Financial resources (for
252 Economic factors); Social resources (for Social factors); Technological resources (for
253 Technological resources); Regulations (for Legal resources); Climate change and Environmental
254 resources (for Environmental factors). Themes, crossing PESTLE classes, concerned: Collective
255 organization (Economic, Social, and/or Technological), Infrastructures (Political and
256 Technological), Investments (Economic and Technological), Labor (Economic, Social, and/or
257 Technological), Resources (Economic, Social, Technological, and/or Environmental), and
258 Subsidies (Economic and Legal). The PESTLE framework has been used in the business and
259 management sectors to monitor the macro-environmental factors that have an impact on the
260 studied system environment (Widya Yudha et al., 2018).

261 2.5. Co-design of diversified systems

262 The co-design of diversified systems was conducted with local stakeholders after building the
263 SWOT matrix. While project researchers encouraged stakeholders to link the new systems co-
264 designed with the different part of the SWOT (e.g., reducing a weakness, facing a threat), this
265 was often not explicitly done. Those links were reframed by the research team when analyzing
266 the results of the workshops. The co-designing took place in two steps. First, each participant
267 was asked to propose diversification options that he/she had tested him/herself (successfully or
268 not) or heard/thought about. Second, there was a collective discussion where some of the
269 previously cited options were selected to construct a minimum of three alternative systems. The
270 discussion was organized as follows. First, the researchers recalled the different options cited.
271 Second, stakeholders were asked to choose the ones they evaluated as the most promising, either
272 alone or in combination. For each of these choices, stakeholders were asked for details of the
273 system, e.g., crop sequence composition for cereal-based systems, and if this system would be
274 imaginable for all or specific farm types. The level of detail (i.e., how far the system was

275 described in terms of its management practices, e.g., tillage, fertilization, sowing) of each system
276 varied among case studies, depending on the participants and their proposals.
277 Diversification options were analyzed according to the intensity of changes they involve.
278 Intensity was assessed according to the Efficiency-Substitution-Redesign framework of Hill and
279 MacRae (1996). We considered that alternative systems would be classified in the “efficiency”
280 class if they were limited to resources optimization (e.g., light), in the “substitution” class if they
281 did not change the overall crop management (e.g., replacing one crop by another, in case of
282 “similar” crop, i.e., replacing a cereal by another), and in the “redesign” class if they
283 significantly changed management (e.g., introducing new crops with other management (e.g.,
284 legumes, forage crops), extending crop sequences for cereal-based systems, replacing wines by
285 other crops for vineyard system).

286 3. Results

287 3.1. Description of the current agricultural systems

288 For cereal-based systems, the reference rotation was a 2-year rotation of winter wheat (*Triticum*
289 *durum* in Algeria and Greece, *Triticum aestivum* in Spain)-winter barley (*Hordeum vulgare* L),
290 in the three case studies (Algeria, Greece, and Spain). Therefore, the main crops were a unique
291 botanical family (*Poaceae*), cultivated for grain production. These crops were mostly rainfed,
292 with supplementary irrigation if needed and available—which might not be the case every
293 year—in Spain and for one farm type in Algeria that was located in the driest area.

294 In Algeria, this 2-year rotation was typical for two out of the three farm types: mixed farms with
295 ovine and bovine livestock, located in dry areas (250 mm rainfall per year); and mixed farms
296 with only ovine livestock, located in wetter areas (417 mm rainfall per year). Stakeholders
297 decided to focus on those two farm types because they are the most at risk due to their size
298 (small and medium farms, 5 to 10 ha). The third farm type involves larger areas (50 ha), a larger
299 workforce and more capital.

300 In Spain, the 2-year rotation was predominant in areas receiving about 300-400 mm of rainfall
301 and having 900-1000 mm potential evapotranspiration per year. This rotation is typical for mixed
302 farms with swine production that requires land for slurry management. These farms use intensive
303 tillage practices, mineral nitrogen fertilization, and irrigation if possible (water is often
304 unavailable during summers). This was one of the systems and farm types chosen by
305 stakeholders for co-design.

306 In Greece, the 2-year rotation was predominant in cereal-based farms with dry conditions. The
307 farmers used conventional tillage and both crops were sown during autumn as winter crops. The
308 system was based on using fertilizers with N and P, and herbicides. Normally the farmers did not
309 use other pesticides because pest damages did not significantly reduce grain yield.

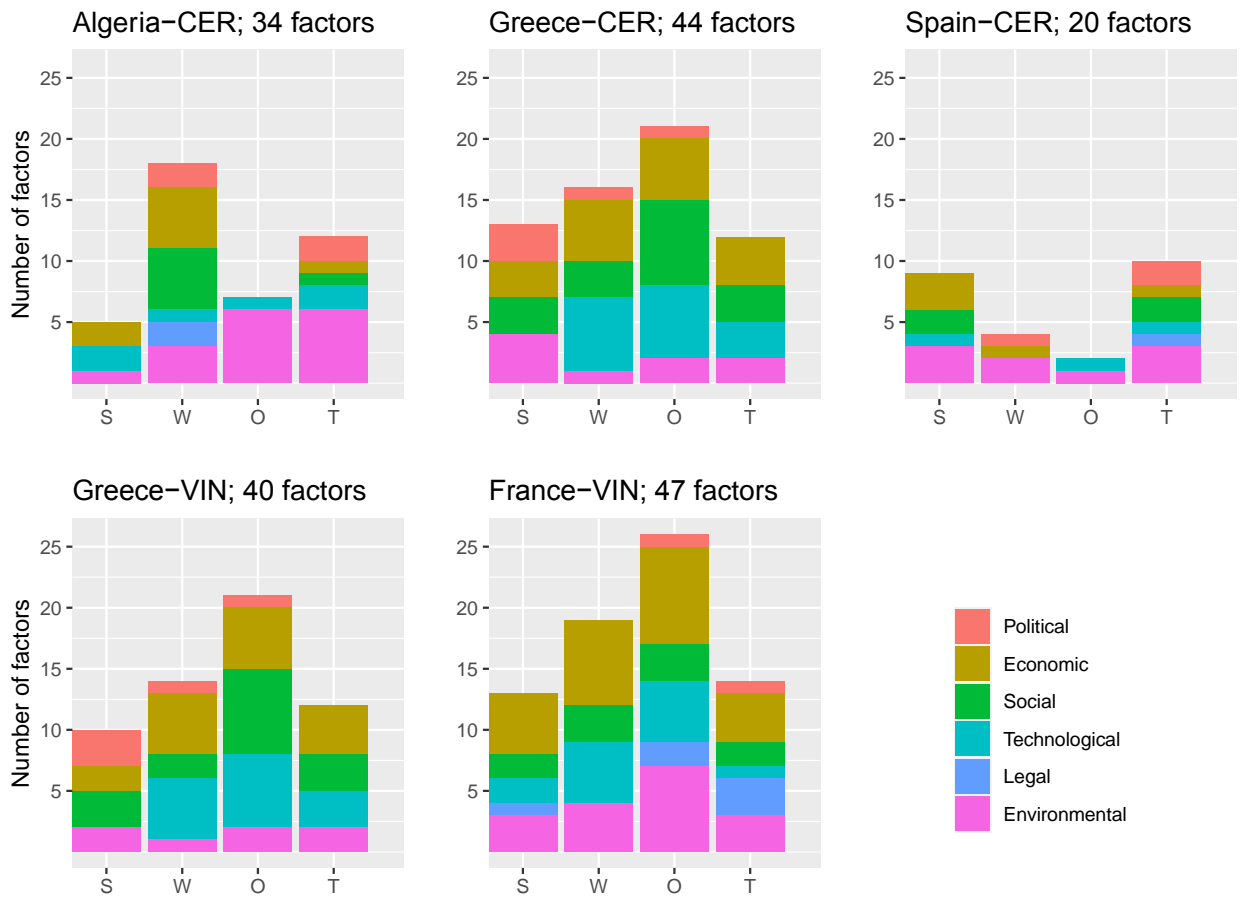
310 For vineyard systems in the two case studies (France and Greece), the reference was cultivating
311 vines only, using tillage (and some herbicides) in the rows to reduce weed pressure, leading to
312 bare soil most of the time. Typical vineyards were in areas subject to low rainfall averages: 600
313 mm per year in the French case and 450 mm in the Greek study. In France, this system was
314 typical of farms selling their product to cooperative wineries, employing relatively intensive
315 practices to obtain yields close to the maximum authorized by their label (Protected Geographic
316 Information in particular) (Naulleau et al., 2022). This farm type was predominant (65% of
317 cultivated areas) in the region, mostly rainfed (Hossard et al., 2022). Stakeholders drew on this
318 farm type for designing diversification options. In Greece, the farms were rainfed. Some of them
319 were situated on marginal soils and in hilly areas.

320

321 3.2. SWOT analyses

322 Overall, the profiles of the SWOT analyses differed among the case studies and types of
323 production (Figure 3). However, all the profiles ranked economic factors first when considering
324 factors for the entire SWOT matrix. The economic factors were particularly predominant in the
325 French vineyard case study, where they represented half of the total factors. For the two Greek

326 case studies, social and technological factors were almost as numerous as the economic ones. For
 327 Algeria, environmental factors were as numerous as the economic ones. For Spain, the number
 328 of social, and technological factors was close to the economic one.
 329



330
 331 Figure 3. Number of factors for the SWOT/PESTLE analysis for the five case studies. The total
 332 number of SWOT factors is indicated in the title of each case study; note that a unique SWOT
 333 factor could belong to more than one class of PESTLE. The scores were obtained by counting
 334 the number of elements in each PESTLE class, according to the different SWOT classes. SWOT:
 335 Strengths, Weaknesses, Opportunities and Threats; CER: Cereal-based system; VIN: Vineyard-
 336 based system.
 337 *Cereal-based systems*
 338 For cereal-based systems, local stakeholders in Greece expressed greater optimism regarding the
 339 considered agriculture compared to stakeholders in Spain or Algeria. In Greece, strengths and

340 opportunities accounted for 56% of the total, whereas in Spain and Algeria, they represented
341 only 40% and 33% respectively.

342 In Algeria, main strengths were related to economic and technological factors. But in Greece, the
343 strengths were environmental, political, economic, and social, and in Spain they were mainly
344 economic and environmental (Figure 3). While most categories of strengths were specific to one
345 case study (Supp Mat 1B), some were common to the three case studies (Table 3). They
346 addressed strengths (1) on infrastructures, resulting from political choices and allowing
347 technological development, e.g., agri-food companies or capacities for seed storage or
348 commercialization, and (2) on resources, either economic (e.g., high quality product for domestic
349 market), social (well-educated agricultural population), technological (e.g., organic fertilizers),
350 or environmental (e.g., livestock integration, natural resources richness).

351 Opportunities in Algeria predominantly revolved around environmental aspects, particularly the
352 potential to grow new crops, improve yield and quality, and ultimately improve food (grain) and
353 feed (forage) quality through diversification. For Greek cereal-based systems, opportunities were
354 economic, social, and technological. Economic opportunities were linked to the region's
355 dynamic nature, characterized by new investments, emerging companies, and a growing tourism
356 sector. Social opportunities were related to increasing skills associated with training, the arrival
357 of a younger generation, and the emergence of cooperation networks in rural areas.

358 Technological opportunities were related to the development of agri-food technology and
359 training opportunities for agricultural technologies. Little opportunity was identified in Spain,
360 except for the opportunity of diversifying cropping systems, which seems to be linked with its
361 strong water deficit. Opportunities common to the three case studies focused on economic,
362 social, and environmental resources (Table 3). Interestingly, we can observe some correlation
363 between opportunity levels claimed by local stakeholders, and water deficit, where foreseen
364 opportunities decline as the local climate becomes drier.

365 In terms of weaknesses, most of the factors were related to economic and social issues in
366 Algeria, economic and technological concerns in Greece, and economic and environmental
367 factors in Spain. Although most categories of weaknesses were case-study specific (Supp Mat
368 1B), common ones related to labor and market (case studies in Algeria and Spain), and to
369 resources (all three case studies). The labor category concerned both economic and social
370 weaknesses, and were based on the difficulty for young people to pursue a farming career
371 (Spain), or the difficulty to find workers for diversification species (i.e., market gardening in
372 Algeria). For market (all economic factors), weaknesses addressed production costs (Spain) or
373 the state-guaranteed price of wheat (Algeria). Resources included economic (e.g., small and
374 fragmented farms in Algeria and Greece), social (e.g., lack of knowledge on production
375 techniques in Algeria, low entrepreneurial skills in Greece), technological (e.g., missing
376 information on soil and crop in Algeria, weak technology transfer in Greece), and environmental
377 (e.g., exposure to pests and diseases in Spain, water issues in Algeria) weaknesses (Table 3).

378 In terms of principal threats, Algerian stakeholders identified the environment, economics, and
379 technology. In Greece they identified economic, social, and technological threats, and in Spain
380 they were environmental and legal. Most threats concerned categories of factors common to two
381 or the three case studies. Common threats to the Algerian and Spanish case studies related to
382 climate change (environmental issue), political choices in political, economic and legal
383 categories (e.g., orientation of subsidies in Algeria, controls and standards in Spain), and
384 regulations (i.e., legal factors concerning nitrogen fertilization regulation in Spain, the instability
385 of regulations in Algeria). Two categories were common to the three case studies: market (all
386 economic factors), and resources (social, technological and environmental factors). Market
387 threats concerned the volatility of prices (Spain), high input prices in Algeria, and the current
388 global crisis in Greece.

389 Table 3. Common themes for the cereal case studies resulting from the SWOT analysis. P: Political, Ec: Economic, S: Social, T: Technological, L:
 390 Legal, En: Environmental, nb: number of occurrences in each case study; DZ: Algeria; ES: Spain; GR: Greece.

Theme	P	Ec	S	T	L	En	Case studies (nb)	Exemples of factor
Strengths								
Infrastructures	3			2			DZ (1); ES (1); GR (3)	Infrastructures for commercialization, seed storage, well developed facilities
Resources		3	4	1		7	DZ (2); ES (3); GR (7)	Livestock integration, resilient systems, rich natural resources, well-educated agricultural population
Weaknesses								
Labor		2	2				DZ (1); ES (1)	Difficult for young farmers to take over farms, labor availability issues especially in case of diversification with market gardening
Market		3					DZ (2); ES (1)	Very large price (set by the State) of some species, production costs
Resources		3	2	4		4	DZ (5); ES (2); GR (5)	High exposure to pest and diseases due to low diversity of species, difficulties due to small farm size and low level of knowledge on production techniques, water availability issues, weak technology transfer, young generation not interested by agriculture
Opportunities								
Resources			4	5		6	DZ (5); ES (1); GR (4)	Enhance the nutritional value for the livestock, preserve natural resources, young generation highly skilled in information technology, water saving thanks to new crops
Threats								
Climate change						2	DZ (1); ES (1)	Impact of climate change on crops
Market		3					DZ (1); ES (1); GR (1)	Economic pressure from debt and volatile market prices, recession, high prices of inputs
Political choice	2	1			1		DZ (1); ES (1)	Controls and standards decided by states and European Union, orientation of subsidies to specific crop
Regulations					2		DZ (1); ES (1)	Nitrogen regulation, instability of regulations
Resources			4	5		9	DZ (6); ES (3); GR (4)	High age of farmers, herbicide resistance, pressure on biodiversity, loss of farm autonomy

391 *Vineyard systems*

392 Both the French and the Greek case studies considered more strengths and opportunities than
393 weaknesses and threats (51% and 55% positive factors in France and Greece, respectively;
394 Figure 3). According to the stakeholders, the vineyard system presented mainly economic
395 strengths in France, and political, economic, social and environmental strengths in Greece. Most
396 categories of strengths were specific to one case study (Supp Mat 1C). Common categories
397 related to market (economic factors), and resources (economic, social technological, and
398 environmental factors) (Table 4). Market strengths related to marketing through labels and the
399 type of container (France), and to the dynamism of agro-food companies (Greece). Resources
400 involved soil quality, diversity of varieties, and willingness to act in France, and appropriate
401 climate and educated agricultural population in Greece.

402 Stakeholders identified mainly economic, social and environmental opportunities in the French
403 case study, whereas Greek stakeholders noted technological and environmental opportunities as
404 well as the economic ones. Common opportunities related to Collective organization (economic,
405 social and technological factors), Market (economic factors), and Resources (economic, social,
406 technological and environmental) categories (Table 4). Opportunities for collective organization
407 related to the possibility for farmers to move to more dynamic cooperatives (France), and to
408 improved cooperation networks (Greece). All market opportunities were related to the different
409 labels (organic, Protected) in the two case studies. Opportunities in the Resources' category
410 included changing practices towards lower pesticide uses (e.g., resistant varieties, biocontrol,
411 decision making tools) in France, and to the increasing skills, especially for young people, in
412 communication, technology and innovation in Greece.

413 Most of the weaknesses identified in both vineyard case studies were economic and
414 technological. They related to the categories Labor (economic, social and technological factors),
415 Market (economic factors), and Resources (economic, social, technological and environmental
416 factors). Labor weakness concerned the too large area per worker in France (constituting also a

417 social weakness), and the low research capacity of agro-food companies in Greece (impacting
418 technological innovation). Market weaknesses concerned the strength on label, but with another
419 angle, i.e., the dominance of a specific label could expose farmers (France); in Greece it
420 concerned the type of targeted markets, i.e., the domestic market, which was fragilized with the
421 recession. Weaknesses belonging to the Resources category concerned the high pesticide use,
422 with low alternatives in France, and the low entrepreneurial skills and knowledge of farmers in
423 Greece.

424 The first threat identified in the two vineyard case studies was economic, followed by legal,
425 social and environmental in France, and social technological, and environmental in Greece.
426 Common threats were related to the Market (economic factors) and Resources (social,
427 technological and environmental factors) categories (Table 4). Market threats concerned the
428 increasing label requirements and the difficulty to build a market for resistant wine varieties (i.e.,
429 with a different taste) in France, and the general economic context linked to the recession in
430 Greece. Threats on resources included water management in France, and the risk of pollution and
431 impacts on biodiversity in Greece.

433 Table 4. Common themes for the vineyard case studies resulting from the SWOT analysis. P: Political, Ec: Economic, S: Social, T: Technological, L:

434 Legal, En: Environmental, nb: number of occurrences in each case study; FR: France; GR: Greece.

Theme	P	Ec	S	T	L	En	Case studies (nb)	Exemples of factor
Strengths								
Market		4					FR (3); GR (1)	Labels, bulk sales, small agro-food companies but flexible and dynamic
Resources		1	5	1		5	FR (4); GR (5)	Soil quality, diversity of varieties, willingness to act, appropriate climate, well-educated agricultural population
Weaknesses								
Labor		2	1	1			FR (1); GR (1)	Too large farm area per worker, low proportion of research personnel in agro-food companies
Market		3					FR (2); GR (1)	Labels, bulk sales, traditional products for domestic market
Resources		2	2	8		4	FR (6); GR (5)	Soil types, high pesticide use with few alternatives, low entrepreneurial skills and low knowledge about innovation, young generation not interested by agriculture
Opportunities								
Collective organization		1	4	2			FR (2); GR (2)	Move to dynamic winery, improved cooperation networks in rural areas
Market		6					FR (5); GR (1)	Labels and their associated market dynamics
Resources		2	5	9		6	FR (7); GR (5)	Changing practices for lower pesticide use (biocontrol, resistant varieties, tool), young generation highly skilled in information technology, increasingly rapid development of agro-food technology
Threats								
Market		5					FR (4); GR (1)	Increasing label requirements, economy seriously affected by the economic and debt crisis
Resources			3	3		4	FR (3); GR (4)	Water management (competition with other uses), risk of increasing environmental pollution due to the increase in tourism and agriculture activities, pressure on biodiversity

435

436 3.3. Cropping system diversification options

437 All options for diversification designed by the local stakeholders focused on plot scale, and some
438 of them could have implications at the farm scale (e.g., if it involved changing work organization
439 because of a different crop calendar, or required new machines, extra-labor, or integrated organic
440 sources from livestock production). Most diversification options were related to substitution
441 strategy and redesign (Table 5).

442 For the vineyard case studies, most options related to the management of the inter-rows and to a
443 lesser extent the management of the vines themselves. Of the eight options designed, three were
444 common to both case studies: animal grazing (substitution option if livestock is not owned by the
445 winegrower); cover-cropping with sown varieties (substitution) of *Poaceae* such as barley
446 (*Hordeum vulgare* L.) or triticale (*Triticosecale* Wittm.) or legumes such as pea (*Pisum sativum*
447 L.) or faba bean (*Vicia faba* L.) for the inter-row management; and changing vine varieties (more
448 local varieties in Greece, more resistant or juice varieties in France) (redesign). Note that
449 changing varieties would have implications at the farm scale, possibly affecting the work
450 calendar and wine composition. Two options were designed only by the Greek stakeholders:
451 cover cropping with spontaneous vegetation in the inter-row (substitution) and cropping in the
452 inter-row with aromatic or medicinal plants (redesign). The three options designed uniquely by
453 French stakeholders involved technological development with the installation of photovoltaic
454 panels above the vines (efficiency), tree planting as in agroforestry systems (redesign), and
455 developing other crops such as those for market gardening, aromatic and medicinal plants, or
456 cereals (redesign), although feasibility depended on water availability.

457

458 Table 5. Initial systems and co-designed type of diversification for the five case studies

Case study	Initial system	Type of diversification	Other changes	ESR
Algeria-CER	2-year rotation	Replacing 1 crop in the rotation	NA	S/R*
		3-year rotation by adding 1 and/or replacing barley by another crop		R
		Intercropping (1 species)		S
Greece-CER	2-year rotation	2-year rotation by adding 1 new crop in the rotation	Tillage, fertilization	R
		Intercropping (several species)		S
Spain-CER	2-year rotation	4-year rotation by adding 1 and/or replacing barley by another crop	Tillage, fertilization, crop protection	R
Greece-VIN	Vines only	Cover cropping (spontaneous)	NA	S
		Cover cropping (sowing, several species)		S
		Cropping in the inter-rows		R
		Animal grazing in the inter-rows		S
		Changing grape varieties (local)		R
France-VIN	Vines only	Tree planting	NA	R
		Animal grazing in the inter-rows		S
		Changing grape varieties (resistant or juice)		R
		Cover cropping (sowing, several species)		S
		Changing to other crops (several species)		R
		Photovoltaic production		E

459 CER: cereal-based system, VIN: vineyard system, NA: no information, ESR: Efficiency-Substitution-Redesign framework; E: Efficiency; S:

460 Substitution; R: Redesign; * S in case of replacing one cereal by another or R in case of replacing one cereal by a legume

461

462 For cereal-based systems, two main options were designed by stakeholders: changing the
 463 rotation in the three case studies and intercropping (growing two crops together) in two case
 464 studies. Several species were suggested for intercropping, mostly *Poaceae*, legumes (e.g., pea,
 465 faba bean) or a mixture of both, in Greece and in Algeria. In Spain, this option was mentioned,
 466 but considered unfeasible in terms of water availability. Changes in rotation involved replacing
 467 one crop with another crop or crop mixture or extending the rotation by adding one or more
 468 crops (Table 6). Two to five alternative rotations were designed by stakeholders, depending on
 469 the case study (Table 6), with one (Spain) to four (Algeria) rotations including legumes (pea in
 470 all case studies, chickpea in Algeria only, vetch as an intercropping species in Greece only). The
 471 introduction of leguminous species in the rotations varied among the case studies: replacing
 472 barley in Algeria and Spain, mixed with winter barley in Algeria and Greece. Rapeseed was also
 473 an option to change the rotation in Greece and Spain: in Greece, it was introduced between the
 474 two main crops (wheat and barley); in Spain, rapeseed replaced barley. Market gardening was
 475 designed as replacing winter barley in the Algerian case study, this option was only feasible for
 476 the farm type with access to irrigation.

477

478 Table 6. Co-designed changes in rotation in the three cereal-based case studies

Case study	Initial rotation*	New rotations*
Algeria-CER	Wheat- barley	Wheat- chickpea Wheat- pea- chickpea Wheat- barley- pea Wheat- barley/ pea intercropping Wheat- market gardening
Greece-CER	Wheat- barley	Wheat- rapeseed- barley Wheat- pea- barley Wheat- barley/common vetch intercropping- barley
Spain-CER	Wheat- barley	Wheat- pea- wheat- barley Wheat- rapeseed- wheat- barley

479 *All rotations include winter-type cultivars only (except for market gardening) for grain
 480 production; Durum wheat for Algeria and Greece, Aestivum wheat for Spain.

481

482

483

484 3.4. Linking SWOT/PESTLE analysis with diversification options

485 In the Algerian case study, the addition of legumes and reduced N fertilization could enhance the
486 national value of fodder, make better use of water (opportunity), and respond to the threat of
487 increased mineral N and herbicide prices (Supp Mat A1, last column). However, the way to
488 overcome identified weakness regarding the difficulty of finding workers for legumes was not
489 addressed by the stakeholders, neither the high prices of inputs for legumes (identified as a
490 threat). Surprisingly, stakeholders proposed diversifying crop rotations, despite the current
491 political context pushing for wheat. In addition, market gardening, envisioned in Algeria, may be
492 problematic because of the species' water requirements and the lack of workers. Diversifying the
493 rotation could help to increase yield, thanks to the break crop effect.

494 For Greece (both systems), growing legumes, as well as other diversification options, could take
495 advantage of the rising demand for diversified products and reduce the threat of increasing
496 pollution due to agricultural activities. Rapeseed did not seem to be an appropriate response to
497 any weakness or threat identified by stakeholders. Most other weaknesses were not addressed by
498 the diversification options designed by stakeholders (Supp Mat 1A), which could even worsen
499 some issues.

500 In the Spanish case study, the option to introduce legumes and oilseeds would diversify the
501 cropping system, address weaknesses of the cereal rotation, and support pest control and
502 herbicide resistance, especially for rapeseed (i.e., there are more active ingredients available). It
503 could also help with nitrogen legislation. Legume introduction coupled with reduced N
504 fertilization at the cropping system scale, along with a shift in N fertilization to mainly pig slurry
505 (instead of synthetic) and reduced tillage, could decrease production costs and help facing the
506 volatile market prices. The feasibility of this system, with regards to possible evolutions of the
507 Nitrogen regulation, was not discussed by stakeholders. In addition, it is unclear how these
508 systems would address other threats (e.g., aging of farmers, difficulty for young to take over
509 farms, land competition).

510 For the French vineyard case study, intercropping would not help increase yield (production
511 lower than the objectives was seen as a weakness), but it would help to reduce herbicide use
512 (weakness) and thus help adapting to changing pesticide regulations, including a glyphosate ban
513 (threat). This would however require extra work, a topic already identified as a weakness in the
514 current system. Introducing resistant varieties would (partly) solve the weaknesses and threats
515 regarding pesticide uses (which are mainly fungicides), and increasing demands for labelling.
516 One option designed for vineyard systems was livestock grazing, which could reduce the use of
517 herbicide or mechanical weeding in the winter, and promote cooperation among farmers. In the
518 French case study, it could help with the questions regarding herbicide use and legislation. For
519 the Greek case study, it could contribute to a more dynamic image of farm work for young
520 people (weakness of low attractiveness), improve synergy among farmers (opportunity), and at
521 the same time help reduce environmental pollution (threat).

522

523 4. Discussion

524 4.1. Diversified systems to face current and future local challenges?

525 Although the results of the SWOT/PESTLE analyses indicate that the environmental, social and
526 political contexts mainly differed between case studies, co-designed diversification options were
527 relatively similar. Therefore, our initial hypothesis was not supported. For cereal-based cropping
528 systems, alternatives relied on relatively well-known levers for diversification, namely
529 intercropping (synchronic in Algeria and Greece) and modifying crop rotations. However, those
530 levers may be (relatively) new for stakeholders, especially for farmers who have not tested them
531 yet. Moreover, the fundamental knowledge on the biological objects behind these levers needs to
532 be contextualized to their specific situations (Toffolini et al., 2017), i.e. translated into specific,
533 local ways of doing and effects. In this study, this could have been useful to deepen the analysis
534 of these levers, by providing for instance their agronomic advantages and limits, using
535 indicators, on these specific situations. Indeed, Périnelle et al. (2022) showed that alternative

536 systems may be diverse according to the diversity of farms, even being part of the same region.
537 In our study, co-designing according to (farm-) specific sets of situations and priorities could
538 have led to a larger diversity of options. These two studies (Périnelle et al., 2022; Toffolini et al.,
539 2017) also highlighted that current systems mostly do not mobilize those levers, and that
540 although their fundamental functioning is well known, those options appeared new to the
541 stakeholders, making such co-design studies important to the collective reflections on future,
542 locally adapted, systems.

543

544 Crop diversification was seen as an opportunity in all case studies. Environmental benefits of the
545 co-designed options are well known. For instance, intercrops in non-row crops can reduce water
546 erosion (Battany and Grismer, 2000), and if composed of legume species, they can reduce the
547 need for nitrogen fertilization (Bedoussac et al., 2015; Jensen et al., 2020). However, while
548 diversification reduces environmental impacts in long term experiments, it can however result in
549 lower and/or more variable yields (Colnenne-David et al., 2017). Consequently, there is a
550 potential trade-off between yield and environmental preservation, e.g., biodiversity (Kremen and
551 Miles, 2012). For instance, in semi-arid environments, cover crops can compete for water and
552 often reduce yields of subsequent crops (Nielsen and Vigil, 2005). For legumes, Cernay et al.
553 (2015) showed that yields were more variable than non-legumes. These lower productivities
554 could cause issues with regards to food security, unless the production at the cropping system
555 scale would compensate for these losses. Overall, the ecological-economic trade-offs are highly
556 dependent on context, and the short-term costs for farmers could be too high with regards to the
557 longer-term ecological benefits potentially leading to higher and less variable yields (Rosa-
558 Schleich et al., 2019). This outlines the need to assess, locally, the performances of the co-
559 designed systems.

560

561 The co-designed options were mostly related to substitution and redesign. Jeuffroy et al. (2022)
562 proposed four axes to analyze workshops and their outputs, including the level of exploration,
563 and the ways creativity is stimulated. In terms of exploration, the type of options co-designed
564 was similar among case studies. However, the number of options, and their level of detail,
565 differed among case studies. This could be linked with the output needed by local researchers for
566 the following step. For example, modelling in the Spanish case study required specific inputs
567 (e.g., details on fertilization, tillage), which is known to limit exploration (e.g., Delmotte et al.,
568 2017). This could be also linked to the local Spanish context, where disruptive diversification
569 strategies might be commercially unfeasible due to lack of market or machinery requirements.
570 For instance, in intercropping for grain production, it might be difficult to have control products
571 authorized for two species at a time that can even differ in their phenological stage. These
572 difficulties could have pushed Spanish stakeholders to focus more on crop management
573 practices. Deeper exploration was performed in vineyard systems, especially in the French case
574 study. This could be related to the larger economic margin (as compared to cereals), which could
575 allow experimenting with less “pragmatic” management options. This could also be related to
576 the relatively large percentage of researchers, whose diverse points of views stimulated
577 exploration (as highlighted by Vourc’h et al., 2018). However, this may have biased the
578 outcomes of the participatory processes, as it prevented us from highlighting ideas, knowledge,
579 and experiences of the primary users of co-designed systems, which is considered key by Groot
580 Koerkamp and Bos (2008). This over-representation of researchers in the two vineyard systems’
581 case study was not intentional, but due to last minute withdrawal from participation by other
582 types of actors. It could be linked with the existing work relationships between researchers and
583 local stakeholders, which differed between case studies, and are recognized key for successful
584 participatory projects (Ericson, 2006). In terms of stimulating creativity, as identified by Jeuffroy
585 et al. (2022), our choice of study participants was also crucial, and aimed at bringing together
586 open-minded people with different horizons and scales of action. We also stimulated creativity

587 by identifying tacit knowledge behind each alternative and encouraging the group to reflect on
588 this knowledge in order to explore new diversification options. Lastly, disruptive knowledge was
589 shared during workshops hosted by researchers and specific participants. Further knowledge
590 could have been brought by stakeholders, e.g., less water-demanding crops to adapt to climate
591 change (Olesen et al., 2011). However, typical summer crops are unfeasible without irrigation
592 water, and current crops, such as barley, are climate-resilient alternatives and are often cultivated
593 in severe water-stress conditions (UnNisa et al., 2022). Other options could include wheat
594 varietal mixtures aimed at increasing water-use efficiency (Adu-Gyamfi et al., 2015).

595

596 4.2. Originalities and limitations of the method and co-designed systems

597 We did not include olives in the list of main Mediterranean cropping systems. As a perennial
598 crop, diversifying olives orchards could be inspired by options designed for vineyards, although
599 trees provide different specificities (shading, rooting system, harvest periods). In Southern
600 France, De Lange et al. (2023) identified three main types of diversified systems by local
601 farmers: 1) combining olive trees with fruit trees (fig, peach, or apple trees) in the same rows,
602 either by replacing olive trees with fruit trees (new plantation) or by planting fruit trees in-
603 between existing olive trees (existing plantation); 2) cropping in the inter-row (market gardening,
604 medicinal plants); and 3) adding livestock for grazing. Note that the two last options were also
605 designed by local stakeholders as alternative options for vineyard systems.

606 The SWOT analyses we performed with stakeholders helped to clarify the context in which
607 alternative systems were co-designed, i.e., the baseline situation. Combining SWOT and
608 PESTLE frameworks allowed us to build an understanding on the current realities of all case
609 studies (as highlighted by Nazari et al., 2018). A few studies combined SWOT and PESTLE
610 frameworks on a diversity of topics, e.g., fossil fuel energy industry (Widya Yudha et al., 2018),
611 irrigation water management (Nazari et al., 2018), policy planning (Parra-López et al., 2021) or
612 autonomous vehicles for weed treatments (Tran et al., 2023). As far as we know, this is the first

613 work combining these two frameworks with a participatory design approach. Our objectives,
614 with these two frameworks, was twofold. First, we aimed to build, with stakeholders (mobilizing
615 SWOT only), a comprehensive overview of the context of each case study. Second, we aimed, to
616 compare the contexts between the case studies with the combination of the two frameworks. We
617 reached these two objectives. Among the studies mobilizing SWOT and PESTLE, a few used
618 participatory methods. For instance, Parra-López et al. (2021) identified PESTLE issues in the
619 literature, which was reviewed by six experts (one of each domain); this was followed by the
620 construction of SWOT by focus groups with larger participation, and the common factors were
621 merged. Tran et al. (2023), as we did, divided the SWOT factors according to the PESTLE
622 categories. They built it according to literature, and then discussed it with 10 experts. In addition,
623 Tran et al. (2023) prioritized the factors in further steps. Prioritizing could have been helpful in
624 our study. Indeed, when designing alternative systems, stakeholders rarely referred to elements
625 of the SWOT matrices, even though facilitators tried to encourage it. We hypothesized that
626 combining the analysis of environmental, social and political contexts (i.e., SWOT analysis) and
627 the co-design approach on a unique workshop would be sufficient for stakeholders to design new
628 systems according to their specific, multidimensional context, which appeared to be false. To
629 reach this objective, which can help to codesign *ad hoc*, local systems, one option could be to
630 identify, with the stakeholders, the most important factors (as Tran et al. (2023)), with the risk of
631 losing key information of the whole context. Another option would have been to classify the
632 SWOT factors in the PESTLE with the stakeholders, or with experts, and then have it validated
633 by participants, in another workshop. Given that, in most case studies, participants were not
634 familiar with participatory approach, building SWOT and/or PESTLE on literature, as Parra-
635 López et al. (2021) and Tran et al. (2023), could have lowered their implication. Last, one
636 difficulty that appeared in our study was the difficult distinction between internal (S-strengths
637 and W-weaknesses) and external (O-opportunities and T-threats) of the SWOT analysis. In some
638 cases, stakeholders analyzed factors as current (O and W) and future (O-T) factors (Supp Mat

639 1A). This difficulty could have been overcome by an extensive review of all factors, with
640 stakeholders, after a verification by the researchers. Those limitations would advocate longer
641 participatory process, involving more than a unique workshop. Another limitation of the results
642 of our study concerns potential biases linked to participants, particularly their limited number in
643 almost all case studies, as well as their limited diversity, although those characteristics are
644 common in design workshops (e.g., Jeuffroy et al., 2022).

645 One original aspect of our approach was to include SWOT analyses in the co-design process as a
646 baseline, placing the agricultural systems in their wider environment. On the first hand, Notz et
647 al. (2023) applied the DEED method (Describe, Explain, Explore, Design developed by Giller et
648 al., 2011) to co-design and assess diversification of arable crops with legumes. The diagnosis
649 phase (construction of the baseline)) of their approach focused on determining the current
650 challenges faced by agricultural systems, which could be described as weaknesses (e.g., high
651 dependence on mineral fertilizers, high fertilizer use) in the SWOT analysis. The DEED
652 approach allows loops (Falconnier et al., 2017), which were not applied in Notz et al. (2023)
653 who indicate that they continue to work on their case study to foster learning. The work should
654 also continue for our study. Indeed, as noted by Notz et al. (2023), participatory redesign can
655 support the transition and should be part of “a process of close stakeholders interactions” (Notz
656 et al., 2023), with learning, peer-networking, and outlets as key elements for a successful
657 transition (Mawois et al., 2019). On the other hand, Périnelle et al. (2021) used on-farm
658 innovation tracking (Salembier et al., 2016) as a baseline for co-design with stakeholders.

659 Identifying such local systems, already realized by some farmers, can help to design options both
660 innovative and feasible (i.e., already practiced). Indeed, recent studies highlighted the role of on-
661 farm field experiments in supporting the emergence of new systems (Salembier et al., 2023) and
662 steering the transition by building common knowledge (Navarrete et al., 2018) through a joint
663 exploration conducted with researchers, farmers, and other stakeholders (Lacoste et al., 2022).

664 As noted by Salembier et al. (2023), this emphasizes the need for combining methods to support

665 the design and transition process. In our study, the process was limited to co-designing new
666 systems with stakeholders, which can be seen as a first step of such methods. In that sense, our
667 approach allowed to build *in abstracto* prototypes (i.e., virtual solutions in real-growing
668 solutions in Jeuffroy et al., 2022), that need to be tested and refined in the field, iteratively, using
669 a step-by-step design process (Meynard et al., 2023). According to these authors, implementing
670 the co-designed systems, together with their *in situ* evaluation, is essential to make it “real” by
671 anchoring it in action, which may be a condition to transition.

672

673 5. Conclusion

674 In this study, we collaborated with local stakeholders to design diversified alternatives for
675 vineyard and cereal-based systems. The local context was analyzed through the incorporation of
676 a SWOT matrix, examined with the PESTLE framework, five case studies in four Mediterranean
677 countries. Our hypothesis was that co-designed systems would differ between case studies,
678 according to their environmental, social and political contexts, leading to fine-tuned locally *ad*
679 *hoc* systems, responding to different types of threats and weaknesses. However, while case
680 studies differed in terms of pedoclimatic, economic and social conditions, diversification
681 strategies were relatively similar in all of them. Diversifying with legumes, either as
682 intercropping or in the rotation, was an option common to almost all case studies. Most options
683 were related to substitution and redesign strategy. Those options would primarily respond to
684 environmental and economic threats and to a lesser extent, social issues; they would tackle only
685 a small part of all identified issues. Some options could be seen as adaptations to climate change
686 but might not be sufficient to face future climate conditions, which may require redesign to
687 tackle all local issues in a systemic way. To reach this objective, our method could be improved
688 by carrying out, with stakeholders, the PESTLE analysis to increase the depth of the systemic
689 context analysis. Considering explicitly the context could help to co-design *ad hoc* system, and

690 thus to foster the transition. Next steps should consider the in-field experiment of these systems
691 with farmers to stimulate learning, while considering market possibilities.

692

693 Funding

694 The study was developed in the framework of Biodiversify project (Boost ecosystem services
695 through high Biodiversity-based Mediterranean Farming systems) from PRIMA Foundation, call
696 2019-Section 2, a program supported by the European Union, and funded by national agencies:
697 ANR for France (grant number: ANR-19-P026-0008-01), Directorate General of Scientific
698 Research and Technological Development (DGRSDT-MESRS_Algers) for Algeria, General
699 Secretariat for Research and Technology of the Ministry of Development and Investments for
700 Greece, and the State Research Agency (aid PCI2020-112297 founded by
701 MICIN/AEI/10.13039/501100011033 and European Union Next Generation EU/PRTR) for
702 Spain. PRIMA is an Art.185 initiative supported and co-funded under Horizon 2020, the
703 European Union's Program for Research and Innovation. Daniel Plaza-Bonilla is Ramón y Cajal
704 fellow (RYC-2018-024536-I) co-funded by MICIN/AEI/10.13039/501100011033 and European
705 Social Fund. Louise Blanc was granted with a University of Lleida predoctoral contract.

706

707 Acknowledgments

708 We thank all stakeholders who participated to the surveys and workshops mentioned here. We
709 thank Ben Boswell for English reviewing and the three anonymous reviewers for their very
710 helpful comments. We thank also Prs. Ahcèn Kaci, Khaled Abbas and Amar Mebarkia for
711 participating in workshop moderation in Algeria, and the student Ms. Bensebsi Ichrak for the
712 participation and organization of the Algerian workshop.

713

714

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716 Conceptualization and methodology: L.H., F.L.L., D.P.B.; investigation: L.H., L.B., C.D., P.P.
717 A.M., J.L., M.L., R.T., O.K., R.M., A.R., D.P.B.; writing-original draft preparation: L.H.;
718 writing-review and editing: L.H., L.B., F.L.L., C.D., J.L., M.L., R.M., D.P.B.

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