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The competition between endogeneous phospholipids and proteins from pea protein ingredients rules their interfacial properties

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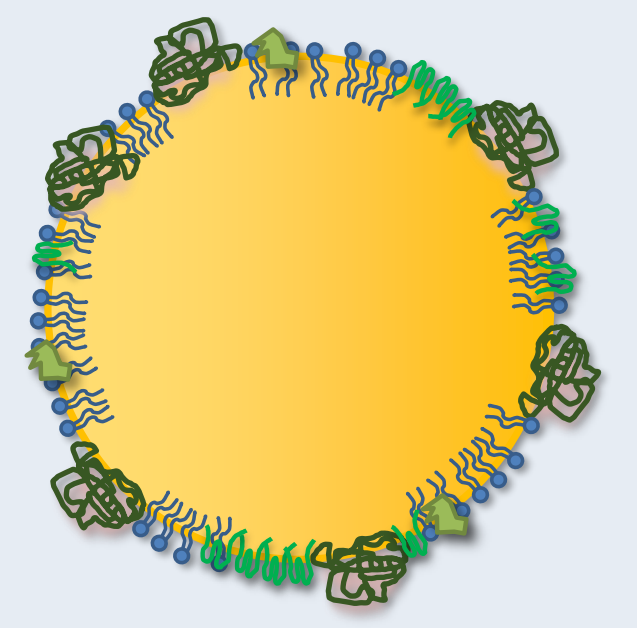
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The competition between endogenous phospholipids and proteins from pea protein ingredients rules their interfacial properties



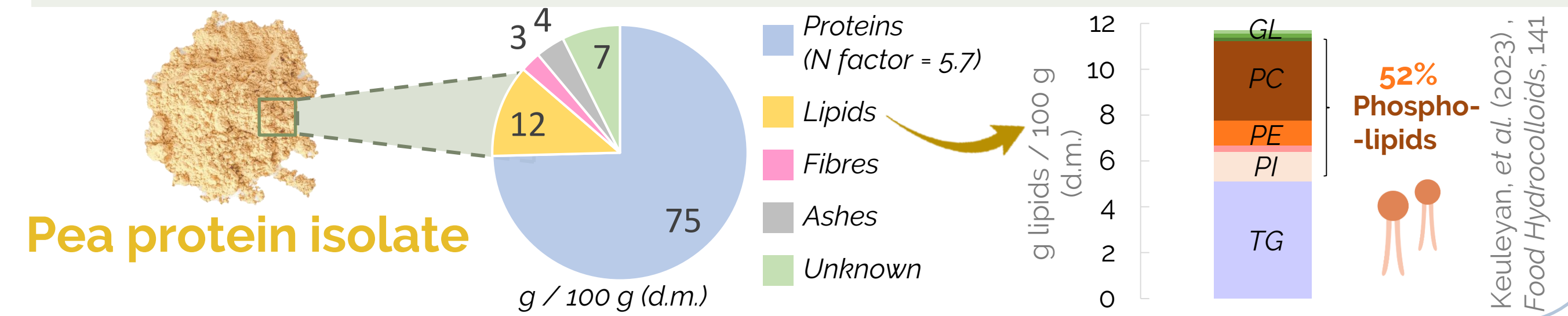
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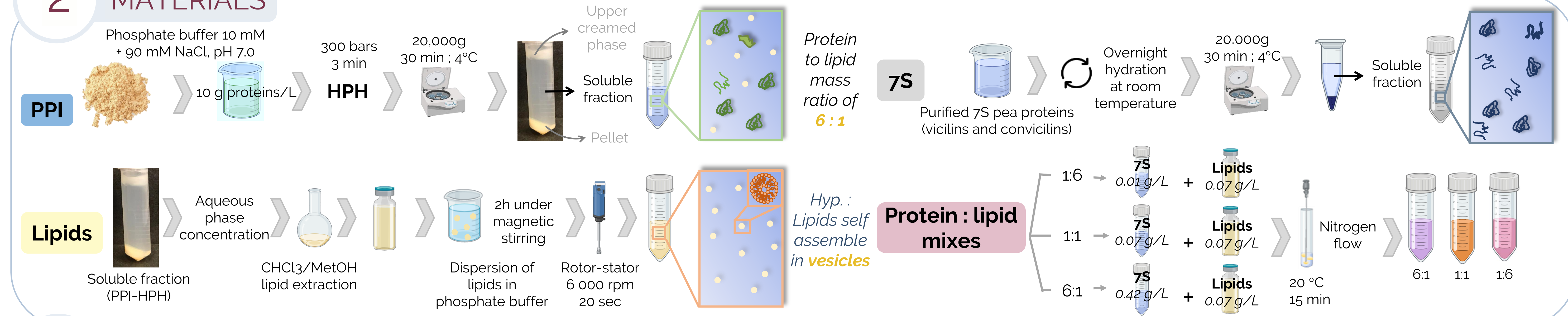
1 INTRODUCTION

Sustainable incentives foster the use of **plant-based ingredients** as emulsifiers, but their composition, functionality and interfacial properties deserve more attention. We recently discovered high contents of endogenous **phospholipids** in **pea** ingredients and the potential of **high-pressure homogenization (HPH)** to release submicron lipid structures in aqueous suspensions. Those findings raised the burning question of the **interplay** between proteins and phospholipids for interfacial adsorption.

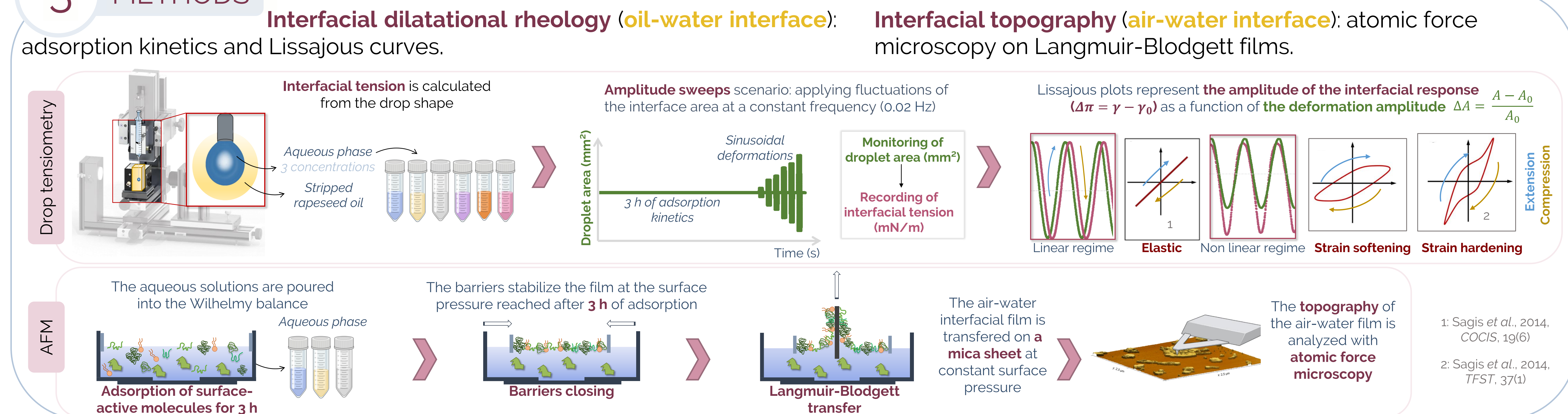
The aim of this work was to investigate the possible competition between endogenous polar lipids and proteins from a commercial pea protein isolate (PPI) for interfacial adsorption.



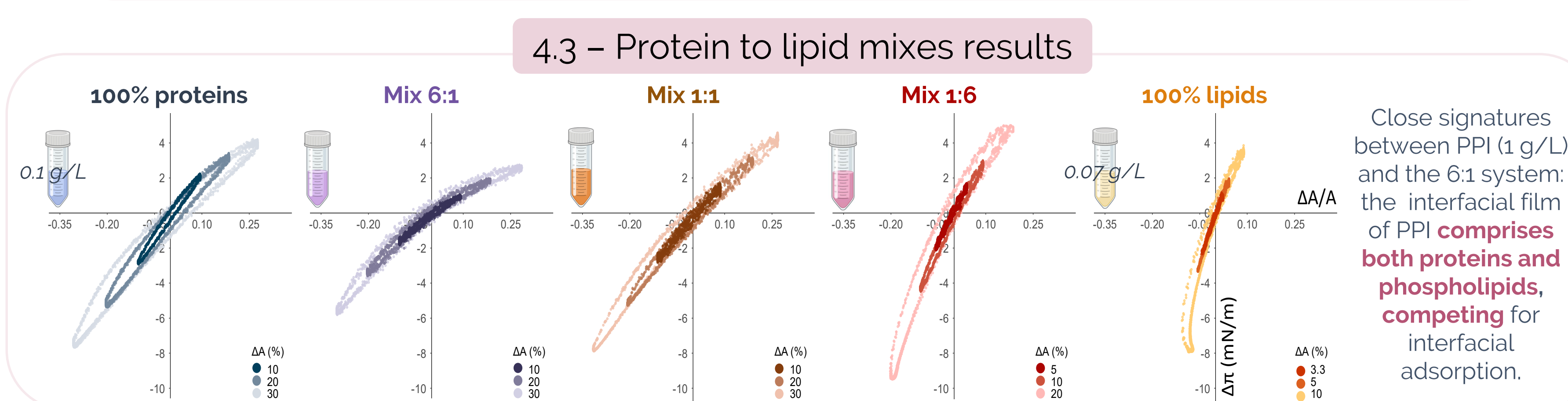
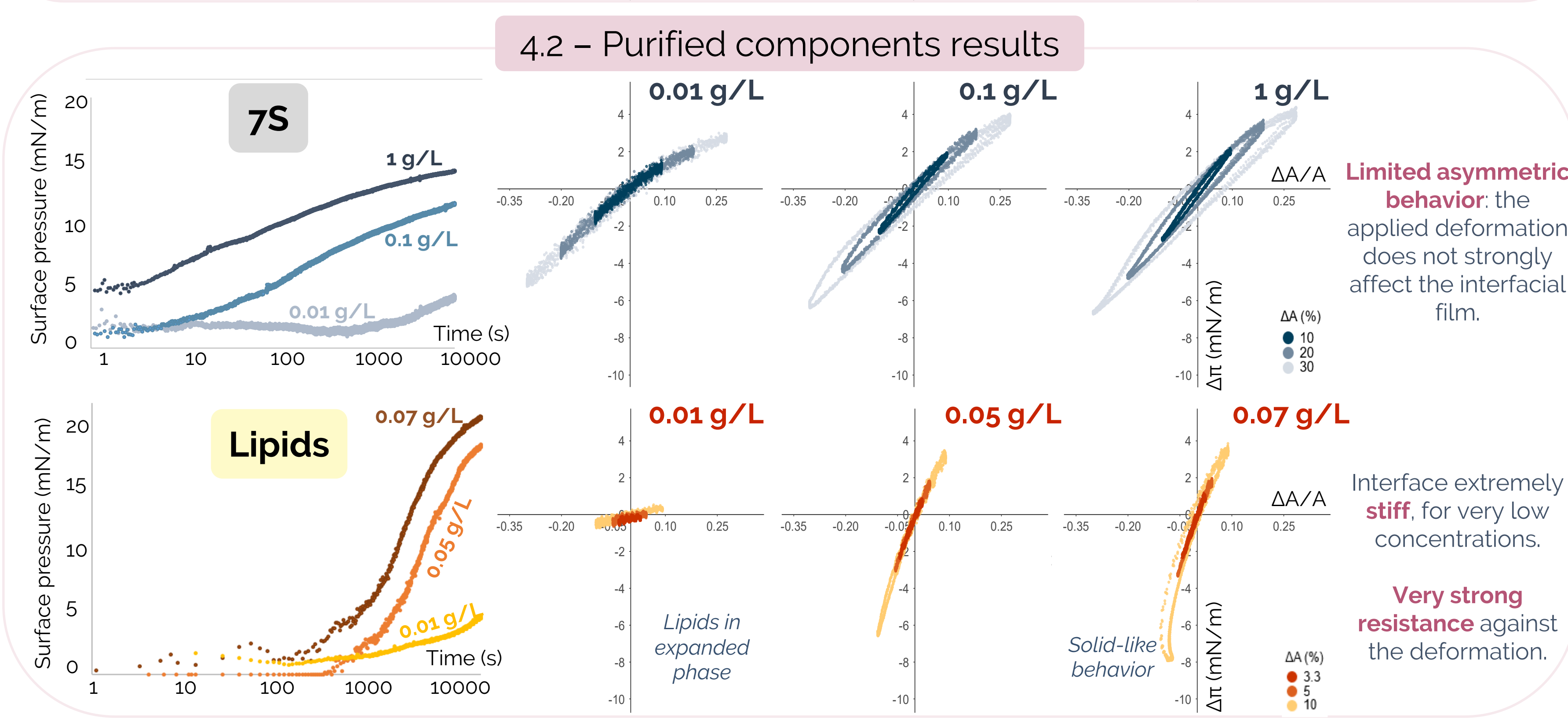
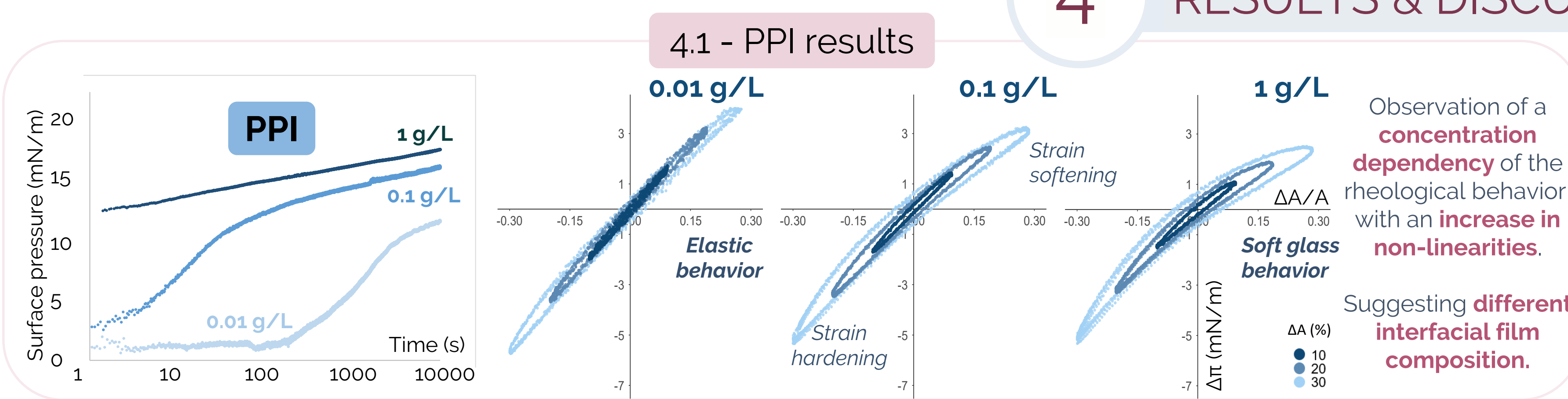
2 MATERIALS



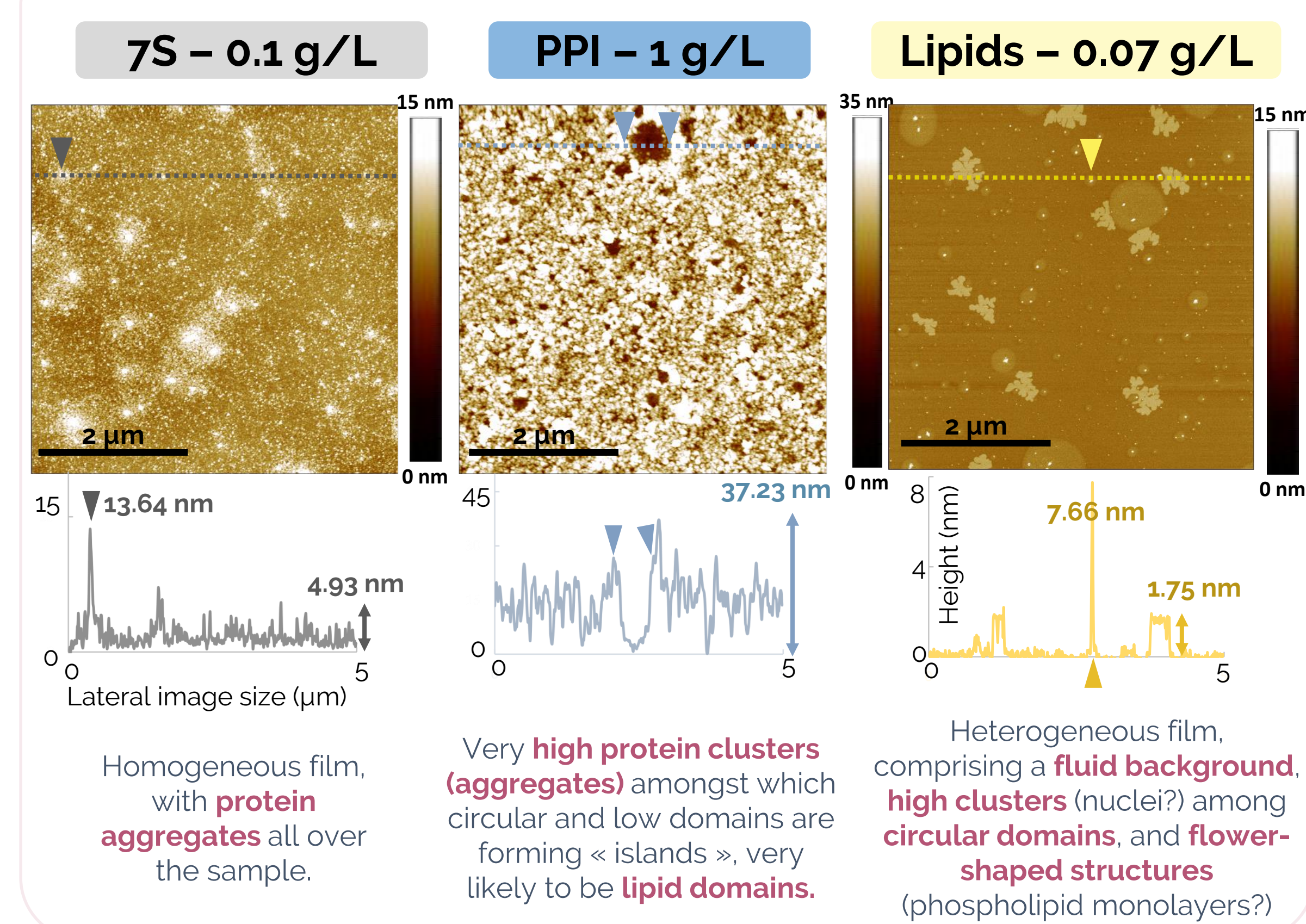
3 METHODS



4 RESULTS & DISCUSSION



4.4 - Atomic force microscopy



5 CONCLUSIONS

Proteins and phospholipids from a protein ingredient may adsorb and **co-exist** at fluid interfaces, forming complex and composite interfaces having **peculiar interfacial signatures**. These results highlight that with a rational use of food processing combined with a deep compositional and functional characterization, emulsions' stabilization can be enhanced by benefiting from the natural complexity of plant protein ingredients.