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### **To cite this version:**

Jean-Paul Douliez. Stabilizing an all-aqueous two-phase system using oil-in-water droplets to mimic double emulsions.  $2024.$  hal- $04743152$ 

## **HAL Id: hal-04743152 <https://hal.inrae.fr/hal-04743152v1>**

Preprint submitted on 18 Oct 2024

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### Stabilizing an all-aqueous two-phase system using oil-in-water droplets to mimic double emulsions

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#### **Abstract**

The production of water-in-water emulsion droplets, the coalescence of which is prevented by adding oil-in-water micrometric droplets is reported. Hexadecane (O) and cetyl trimethyl ammonium bromide (CTAB) were added to a W/W emulsion made of dextran (Dex)-enriched droplets in a Polyethyleglycol (PEG)-enriched continuous phase and the mixture was further sonicated. Using Nile red to label the oil droplets afforded to observe their presence at the surface of Dex droplets  $(5 \mu m)$  allowing stabilizing them, preventing coalescence of the W/W emulsion, and mimicking W/O/W double emulsions. Addition of sulfate derivative of Dextran (DexSulf) allowed stable droplets of slightly larger diameter. By contrast, addition of carboxymethyl Dextran (CMDex) destabilized the initial aqueous double-like emulsion, yielding sequestration of the oil droplets within the Dex-rich phase. Interestingly, addition of DexSulf to that unstable emulsion re-yielded stable droplets. Similar findings (destabilization) were obtained when adding sodium dodecyl sulfate (SDS) to the initial double-like emulsion, which reformed stable droplets when adding positively charged Dextran (DEAEDex) derivative. The use of fluorescently (FITC) labelled derivatives of Dextran (Dex, CMDex, DEAEDex and DexSulf) allowed to follow their position within, out or at the interface of droplets in the above-mentioned mixtures. These findings are expected to be of interest in the field of materials chemistry.

#### **Introduction**

Double water-in-oil-in-water emulsions (W/O/W) are attractive for technological applications owing to their ability to gather apolar and polar phases in a single compartment, then affording encapsulation of both hydrophilic and hydrophobic cargoes. They were initially produced by a two-step method  $1$  that consists of preparing W/O droplets that are further emulsified with water. This requires the use of hydrophilic and lipophilic emulsifiers that span at both interfaces and a relatively high amount of the last one to prevent release of the internal aqueous droplet during the second emulsification step  $2-15$ . This method allows facile encapsulation of hydrophilic cargos to be dispersed in the initial W/O droplets.

An alternative method was developed recently affording one-step preparation of such emulsions by using blends of surfactants or amphiphilic polymers  $5, 11, 16-27$ . This way is more attractive than the two-step method owing to its simplicity. However, because they are obtained by simply mixing oil and water (and emulsifiers), the aqueous inner droplet of the double emulsion has the same composition as that of the continuous phase so that encapsulation of cargos is much less efficient, mostly remaining in the outer phase. Another coming direction is the spontaneous emulsification that still proceeds in one-step and is achieved by osmose-induced diffusion of water in oil droplets. This was first observed when forming O/W droplets stabilized by amphiphilic polymers that also contained salts, dispersed in oil, which contributed to the formation of small aqueous droplets within oil  $17, 18, 22-34$ .

Another alternative method under study would be to produce double emulsions starting from water-in-water emulsions. These later are made of mixtures of for instance 2 segregative polymers, e.g., polyethylene glycol (PEG) and Dextran (Dex) that phase separate at a given concentration in water  $35-41$ . Depending on the concentration and the molecular weight of both polymers, one can form Dex-rich droplets in a continuous PEG-rich continuous phase. Such systems are also known as aqueous two-phase systems (ATPS). These all-aqueous emulsions can also form from aggregative polymers, e.g., counter-charged polymers, also including small polyampholytes as adenosine triphosphate  $42-48$ . In this case, both polymers are gathered within aqueous droplets with some remaining in the continuous phase. Such systems are also known as (complex or single) coacervates in the literature.

When formed, these aqueous droplets are not stable and generally, coalescence occurs yielding macroscopic phase separation. A strong effort has been devoted to the stabilization of these droplets during the last few years  $14, 36, 49-72$ . Such droplets can spontaneously sequester cargos and this represents a strong advantage for preparing synthetic cells  $^{73}$  or for building capsules that could encapsulate chemicals for various applications <sup>36</sup>.

Using the alternative method sus-mentioned to produce double emulsion form allaqueous emulsions would allow sequestration of cargos within the W/W droplets, and then, their strict encapsulation in the W/O/W emulsion. Here, aqueous two-phase systems are stabilized by small oil-in-water emulsion droplets, which come at the surface of Dex-rich droplets, forming a Pickering-like aqueous emulsion or a W/O/W double-like emulsion (see scheme 1). Adding counter-charged -surfactant or -polymers allowed destabilization and/or re-enforced stabilization of the initial emulsion.



Scheme 1. Schematic representation of the procedure to form double-like or Pickering emulsion. Oil (hexadecane, yellow) and surfactant (CTAB, dark) are mixed with a preprepared W/W made of Dex-rich droplets (blue) embedded in a PEG-rich continuous phase. The sample is then sonicated to produce Dex-rich droplets on which, small, micrometric oilin-water droplets get spontaneously juxtaposed.

#### **Results and discussion**

The W/W all-aqueous emulsion was made of dextran (Dex, 500 kDa, 32.5 mg/mL) and polyethylene glycol (PEG, 20 kDa, 70 mg/mL) dispersed in water. At these concentrations of polymers, and after vigorous stirring, 5-50 µm dextran enriched droplets in a PEG continuous phase were produced, forming a slightly turbid dispersion (not shown). If rested, Dex-rich droplets coalesced, further yielding macroscopic phase separation in about 1 hour, a well-known behavior <sup>35, 36</sup>.

To this aqueous emulsion  $(5 \text{ mL})$ , hexadecane  $(200 \mu L, \text{in which some Nile red was})$ also added) and CTAB dispersed in water  $(5\%, 100 \mu L)$  were added and the mixture was further sonicated for 30s. This yielded a very turbid, milky solution formed by small droplets surrounded by a red fluorescent shell having a diameter relatively monodisperse lower than 5 µm (figure 1A and B). These small droplets no longer coalesced as observed in the oil and CTAB free all-aqueous emulsion. The use of Nile red allowed labelling the oily hexadecane phase and the observation of small circles by epifluorescence (figure 1A) attested that the shell of these droplets is made of small oil-in-water droplets (stabilized by CTAB) that formed upon sonication of the mixture (note that here, the water phase is in fact a PEG-rich aqueous phase). Obviously, the size of oil-in-water droplets as produced by sonication is expected to range from 100 nm to 1 µm so that these are not distinctly visible on microscopy images. The solution was stable for months and showed creaming but no any coalescence of Dex-rich droplets.

Clearly, a Pickering-like W/W emulsion formed in these conditions, with oily droplets playing the role of particles. In other words, these compartments also resemble W/O/W double emulsion, although the Dex-rich droplets are not covered by a regular oily shell but by juxtaposed small droplets (see also scheme 1). Similar findings have been reported by others when using lipid particles that also spread at the Dex-rich interface with PEG<sup>14</sup>.

An alternative method was also used to produce such double-like emulsion. Instead of adding oil and CTAB in the pre-formed all aqueous emulsion, an oil-in-water emulsion was first prepared by adding oil and CTAB in a more concentrated *single* PEG aqueous phase (20 kDa,  $8\%$ ,  $4mL + 200 \mu L$  Hexadecane and  $100 \mu L$  CTAB (5%)). This mixture was sonicated as above to form an oil-in-water (PEG) emulsion (not shown). Then, a concentrated dispersion of Dex (21%, 1mL) was added upon vigorous agitation, affording the double-like or Pickering emulsion as described above with droplets having the same diameter (not shown).



Figure 1. Microscopy images (epifluorescence in false color: A, C and D (scale bar 10  $\mu$ m); bright field: B (scale bar 5  $\mu$ m)) of double-like emulsions. A, red channel) Emulsion produced with Nile red added with hexadecane. B) Same emulsion, the size of the image has been increased twice. C and D, respectively red and green channel) Same emulsion as in the case 'A' but after addition of DexSulfFITC.

The stability and robustness of such double-like emulsions were further evaluated by adding other chemicals: to the double-like emulsion prepared as described above (1 mL), the sulfate derivative of Dextran (DexSulf, 500 kDa, 5% in water, 200 µL) was added upon vigorous agitation. This yielded droplet having a slightly higher diameter of about 8 µm and noticeably, the shape of these compartments was also less spherical (figure 1C and D). Again, the use of Nile red allowed observing the oil-in-water small droplets shell at the surface of Dex-rich droplets (figure 1C). In the same way, the use of FITC-labelled DexSulf showed fluorescent circles attesting that this polymer was also localized at the interface (figure 1D), very logically interacting with positively charged oil-in-water droplets stabilized by CTAB. Again, these dispersions were stable for months without noticeable observation of coalescence event in the double-like emulsion, since the size and even the shape of droplets were the same after such a long period of time. It is expected that the DexSulf coupled to the oil-in-water droplets stabilized by CTAB, form a robust shell around the Dex-rich droplets.

By contrast, addition of carboxymethyl Dextran derivative (CM-Dex, 150 kDa, 5% in water, 200 µL in 1 mL double-like emulsion) to the initial double-like emulsion yielded destabilization (figure 2A-C). Droplets exhibited a size similar to that of 'simple' Dex-in-PEG all-aqueous emulsion, coalescence of droplets was also observed, which could also spread on the glass microscopy slide. The use of Nile red and CM-DexFITC allowed observing red and green patches and droplets (figure 2B and C). By contrast to what occurs when adding DexSulf, in this case, this suggests that CM-Dex probably covered the small oil-in-water droplets, interacting with CTAB and then get sequestered within the Dex-rich phase. This could be expected since CM-Dex alone is also sequestered within the Dex-rich phase in 'simple' Dex-in-PEG all-aqueous emulsion (not shown). The all-aqueous emulsion was no longer stabilized in these conditions.



Figure 2. Microscopy images (epifluorescence, except A: bright field, scale bar is the same for all images and stands for 10 µm. A-C, double-like emulsion (produced with Nile red in the hexadecane) in the presence of CM-DexFITC in the red and green channel (image B and C, respectively). D-E, same emulsion but in the presence of DexSulf, D) in the red

channel, E) in the green channel, here DexSulfFITC was used and CM-Dex was not fluorescently labelled, F) in the green channel, here CM-DexFITC was used and DexSulf was not fluorescently labelled.

Then, to this unstable emulsion, DexSulf was added as above under vigorous vortexing (DexSulf, 200 µL in 1 mL double-like emulsion that also contained 200 µL CM-Dex). This yielded stable and smaller droplets, the size of which was similar to that observed in figure 1. The use of both Nile red and DexSulfFITC allowed observing fluorescent circles (figure 2 D and E), attesting that oil droplets interacted with DexSulf and again covered Dexrich droplets. By contrast, the use of CM-DexFITC allowed observing small fluorescent droplets (figure 2 F), showing that this polymer remained entrapped within the Dex-rich phase. It is expected that the sulfate groups of DexSulf *interact much more strongly* with the tetrabutyl ammonium moiety of CTAB than do the carboxylate groups of CM-Dex. As a consequence, the oil droplets stabilized by CTAB are no longer covered by CM-Dex, but by DexSulf, allowing these colloidal droplets to move back to the interface of Dex-rich droplets and the PEG-rich continuous phase, leaving CM-Dex within droplets. This can then be a nice way to encapsulate negatively charged chemicals in such double-like emulsion.

Finally, the robustness of the double-like emulsion was also evaluated upon addition of negatively charged surfactant, sodium dodecyl sulfate (SDS, 5% in water, 50 µL in 1 mL double-like emulsion. SDS is expected to interact with CTAB used to stabilize the oil-inwater droplets. This negatively charged surfactant induced destabilization of the double-like emulsion, forming Dex-rich droplets having a larger size (figure 3A and B), which could also coalesce with time. This behavior resembles that observed previously when adding CM-Dex. It is believed that SDS micelles covered the oil droplets (initially covered by CTAB), which were then sequestered within the Dex-rich phase as occurred previously when adding CM-Dex. Here, addition of DexSulf again induced a transition to stable smaller droplets (not shown) as observed in the later case (fig. 2). In the same way, instead of DexSulf, addition of positively charge Dex derivative DEAE-Dex also induced a transition to stable smaller droplets (figure 3C and D), which no longer coalesced. That polymer is expected to recover

the oil-in-water droplets that were initially stabilized by CTAB but were also covered with SDS micelles, affording these oily droplets to come back to the Dex-rich droplet interface, yielding their stabilization. This feature was again clearly observed by epifluorescence microscopy using DEAE-DexFITC and Nile red.



Figure 3. Microscopy images (A, bright field and B-D, epifluorescence in false color, the scale bar is the same for all images and stands for  $10 \mu m$ ). A and B (red channel), for an double-like emulsion destabilized by using SDS. C (red channel) and D (green channel), same emulsion as above, after addition of DEAE-DexFITC.

In summary, small oil-in-water droplets produced 'in situ' by sonication in W/W emulsion allowed the stabilization of the later. This yields formation of a Pickering or double-like emulsion with oily droplets juxtaposed at the Dex-rich droplet interface with the PEG-rich continuous phase. Using additional surfactants or polymers allowed destabilization of the double-like emulsion, which could reform stable droplets upon addition of another polymer. This work shows an additional way to stabilize all-aqueous emulsions and could find applications in the domain of materials chemistry and encapsulation.

#### **Materials and methods.**

A 80 mL stock solution of (W/W) all-aqueous emulsion was prepared using dextran (Dex, 500 kDa, 32.5 mg/mL, Pharmacia T500) and polyethylene glycol (PEG, 20 kDa, 70 mg/mL, Sigma-Aldrich) dispersed in water. 5 mL of this emulsion were further poured in different tubes. Then, hexadecane and CTAB (initially dispersed in water at a concentration of 5%), both from Sigma-Aldrich were added and mixtures were submitted to ultrasoniation on a VibraCell SonicMaterials Inc, Danbury, Connecticut, USA, power 4, for 30 seconds.

All FITC-labelled Dextran derivatives were from Sigma-Aldrich and were prepared at a concentration of 5% in water. Unlabelled Dextran derivatives and SDS were also from Sigma-Aldrich and prepared at a concentration of 5% in water. Different volumes of these chemicals were added as described in the main text upon vigorous agitation.

Optical microscopy imaging was performed on a Leica DMI 4000B inverted epifluorescence microscope equipped with a  $\times$ 40 lens and a CoolLED light source combined with appropriate filter cubes to select the excited and emitted fluorescence wavelength range. Images were acquired using MicroManager and processed with ImageJ.

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