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3D DEM Simulations of Cyclic Loading-Induced Densification and Critical State Convergence in Granular soils

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Abstract: Granular soils exhibit very complex responses when subjected to cyclic loading. Understanding the cyclic behavior of such materials is not only crucial for engineering applications but also the bottleneck of most of constitutive models. This study employs 3D Discrete Element Method (DEM) simulations to explore the accumulative plastic deformation and the internal fabric evolution within granular soils during cyclic loading. Two novel observations are identified: 1) A distinct and unique linear relationship between post-cyclic loading void ratio e and $\log(p^*/p_0)$ is found independent of the amplitude of cyclic load and the initial stress state prior to cyclic loading, where p^* is the mean pressure incorporating cyclic loading stress and p_0 is the mean pressure prior to cyclic loading; 2) When resuming drained triaxial loadings after cyclic loadings, we observe that both microstructural and macroscopic variables converge to the same values they would have reached for pure monotonic drained triaxial loadings. This intriguing behavior underscores and extends to more general loading paths the influential and attractive power of the critical state.

Keywords: Cyclic loading; Discrete Element Method; Accumulative plastic deformation; Anisotropy; Coordination number; Granular material

29 **1. Introduction**

30 Granular soils, including sands and gravels, are subjected to complex cyclic loading in various scenarios, such as
31 waves, wind, earthquakes, construction work or moving traffic (Ng and Dobry, 1994; Donna and Laloui, 2015; Xu
32 and Guo, 2021). Consequently, the study of the cyclic behavior of granular soils has gained considerable attention
33 within the geotechnical community over the past few decades (Lazcano et al., 2020; Song et al., 2023).

34 Cyclic loads induce the accumulation of plastic deformation in granular soils. Numerous scholars have conducted
35 extensive research on the accumulative deformation of granular soils under cyclic loads. They have explored the
36 effects of various internal influencing factors, e.g., soil type (Li et al., 2021), grain size distribution (Cai et al., 2018),
37 initial density (Xiao et al., 2019) as well as external influencing factors, including cyclic frequency (Thakur et al.,
38 2013), amplitude of cyclic load (Lackenby et al., 2007), principal stress rotation (Guo et al., 2022), and cycle numbers
39 (Indraratna et al., 2012). Among these factors, the amplitude of the cyclic load is highlighted as a critical factor
40 influencing accumulative plastic strain development. The accumulative plastic strain is found to gradually stabilize if
41 the cyclic load is below a critical value (Hyde et al., 1993; Yang et al., 2012). However, when the cyclic load exceeds
42 a certain critical value, it results in a detrimental response of deformation characteristics which makes the specimen
43 collapse (Lei et al., 2016). Furthermore, the soil's initial stress state prior to cyclic loading significantly impacts its
44 dynamic performance. Studies indicate that specimens with higher initial stress ratios or lower confining stresses
45 exhibit greater accumulative axial strain under identical cyclic loading conditions (Peng et al., 2019; Cui et al., 2023).
46 Nevertheless, a comprehensive relationship between cyclic load amplitude, initial stress state, and accumulative
47 deformation of granular soils is still missing. The objective of this study is to develop such a relationship, which holds
48 significant implications for accurately predicting accumulative plastic deformation in granular materials subjected to
49 cyclic loading scenarios.

50 The mechanisms governing accumulative deformation under cyclic loads in granular materials result from the
51 collective rearrangement of particles through sliding, contact opening, and contact creation in response to cyclic load-
52 ing (Dean 2005; Kuhn and Chang, 2006; Wautier et al., 2019; Rahman et al., 2021; Mei et al., 2023). In this regard,
53 the discrete element method (DEM), renowned for simulating the movement and interaction of particles within granu-
54 lar assemblies, emerges as an appropriate tool for investigating the micro-mechanical mechanisms driving plastic
55 deformation. Through DEM simulations, Gu et al. (2020) found that the cyclic behaviors of granular materials with
56 the same micro state parameter Ψ_{MCN0} , defined as the difference between the initial and critical state mechanical

57 coordination number, are close to each other, indicating that Ψ_{MCN0} is a plausible state variable for characterizing the
58 behavior of granular materials. Kolapalli et al. (2023a) performed a large number of DEM cyclic triaxial tests and
59 evaluated various factors influencing the magnitude and rate of excess pore water pressure generation under cyclic
60 loading conditions. Additionally, Wang et al. (2021) conducted DEM simulations to investigate the fabric evolution,
61 plasticity, and dilatancy of sand under cyclic loading and proposed an anisotropic plasticity model based on their find-
62 ings.

63 .In monotonic loading tests, such as drained triaxial loading (axial compression with constant lateral confining
64 pressure), a granular assembly reaches a critical state—a stationary state where stress and volume tend to remain con-
65 stant under continuous shear strain. The critical state concept defines a unique linear critical state line (CSL) in e -log
66 (p') space, where e is the void ratio and p' is the effective mean pressure. A critical state soil mechanics framework
67 has proven to be powerful for capturing the monotonic behavior of soils, with some researchers extending it to cyclic
68 loading. These studies use a state parameter (Ψ) for quantifying liquefaction resistance for soil. This state parameter is
69 defined as the difference between the current void ratio and the corresponding void ratio on the CSL at a particular
70 mean effective normal stress (Huang and Chuang, 2011; Zhao and Guo, 2013; Rahman and Sitharam, 2020; Kolapalli
71 et al., 2023b). While the attractor property of the critical state has been studied in monotonic loading (Deng et al.,
72 2021), its application to non-monotonous loading paths, such as cyclic loading, remains unexplored. During stress-
73 controlled cyclic loading, the stress state point (e, p') in e -log (p') space shifts due to accumulative volumetric strain.
74 A key question arises: will a post-cyclic triaxial test drive the material to the same critical state observed in pure mon-
75 otonic loading? Answering this question is crucial for predicting post-cyclic behavior and establishing constitutive
76 models for granular soils. Investigating the attractor property of the critical state in relation with the significant chang-
77 es in microstructure induced by cyclic loading is the novel focus of this study.

78 This study intends to explore the accumulative deformation characteristics of granular media under cyclic
79 loading and its post-cyclic loading behavior by using DEM. The organization of this study is as follows: In Section 2,
80 drained triaxial tests are first executed, and specific stress states are chosen as initial stress states for subsequent cyclic
81 loading tests. Section 3 focuses on the analysis of accumulative volumetric strain induced by cyclic loading. In
82 Section 4, mixed cyclic loading and triaxial loading tests are performed to investigate how a specimen converges
83 towards its CSL after a cyclic loading test. Finally, concluding remarks are presented in Section 5.

84

85 2. DEM simulation of cyclic loading test

86 2.1 DEM model

87 In this study, we utilized the open-source software YADE (Šmilauer et al., 2015) for conducting numerical
88 simulations. The interaction between two grains was modeled using the classical elasto-frictional contact law
89 proposed by Cundall and Strack (1979). The calculation of normal and tangential contact forces (F_n and F_t) is outlined
90 as follows:

$$\begin{cases} F_n = k_n \delta_n \\ dF_t = k_t d\delta_t, \quad F_t \leq F_n \tan \phi \end{cases} \quad (1)$$

91 where k_n and k_t represent the normal and tangential stiffness, respectively. δ_n and δ_t correspond to the relative
92 displacements in the normal and tangential directions, respectively. Additionally, ϕ denotes the friction angle that
93 controls the sliding between grains, limiting therefore the tangential contact force through the Coulomb criterion.

94 In Equation (1), the normal stiffness k_n is contingent on the size of the two contacting grains, being proportional
95 to a material modulus E and the harmonic average of the radii of the two grains, R_p and R_q .

$$\begin{cases} k_n = E \frac{2R_p R_q}{R_p + R_q} \\ k_t = r k_n \end{cases} \quad (2)$$

96 The parameters employed in this simulation are detailed in Table 1. The parameters selected for this study are in
97 accordance with recommendations given in the Yade software manual (Šmilauer et al., 2015), and are consistent with
98 those used by Xu et al. (2024) and Shi et al. (2024) as well. They were chosen based on a balance between realism
99 and computational efficiency. We did not calibrate the DEM parameters to represent a specific granular material,
100 since our primary objective is to put forward the generic physics of granular materials.

101 **Table 1** Parameters used in DEM simulations

Parameter	Value
Density	3000 kg/m ³
Material modulus (E)	300 MPa
Stiffness ratio $r = k_t/k_n$	0.5
Inter-grain friction angle	35°
Grain-wall friction angle	0°

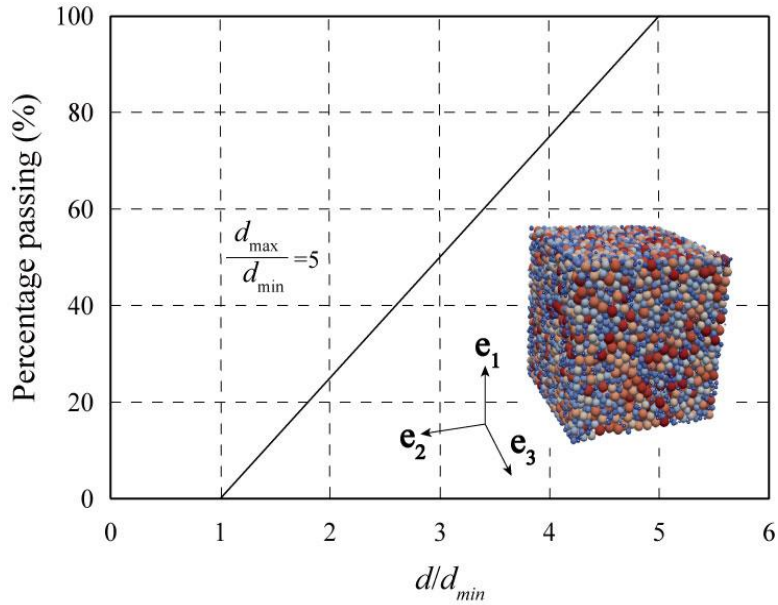
102 **2.2 Sample preparation and cyclic loading test**

103 The grain size distribution for all numerical specimens is illustrated in Fig. 1. The ratio of maximum diameter to
104 minimum diameter is five. To prepare the numerical samples, we initially generate a cloud of 12,000 non-overlapping
105 spheres within a box surrounded by frictionless walls. Subsequently, a consolidation process is applied to isotropically
106 compress the specimen. During the consolidation process, the contact friction is adjusted to control the final density of
107 the samples, wherein smaller friction angles result in denser samples. In this study, we consider loose specimens with
108 a friction angle of 35°, consistent with other references (Lobo-Guerrero and Vallejo, 2006; Wang et al., 2021). Void
109 ratios of numerical specimens after consolidation under different confining pressures are given in Table 2. Then, a
110 vertical compression (ϵ_1) is applied at a strain rate of 0.01/s while maintaining lateral stresses ($\sigma_2=\sigma_3$) constant. Note
111 that the inertial number is below 10^{-4} during the whole process of triaxial loading, which ensures that the loading can
112 be regarded as quasi-static (Anandarajah, 2008; Martin et al., 2020). Soil mechanics conventions are adopted where
113 compressions and contractions are counted positive.

114 **Table 2** Void ratios of numerical specimens after consolidation under different confining pressures

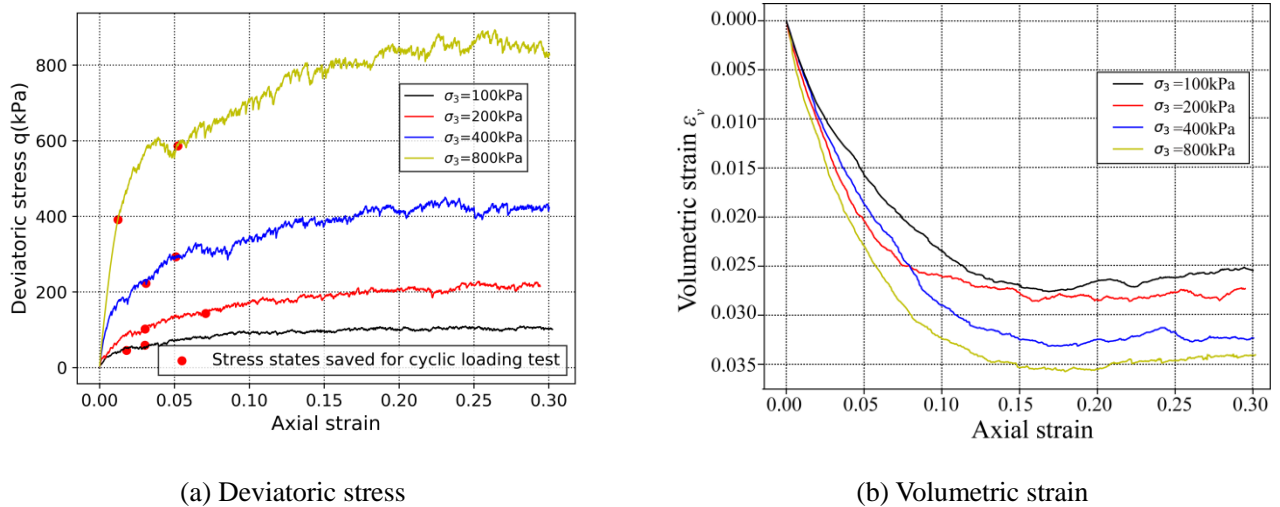
Confining pressure	Void ratio
100 kPa	0.751
200 kPa	0.745
400 kPa	0.732
800 kPa	0.710

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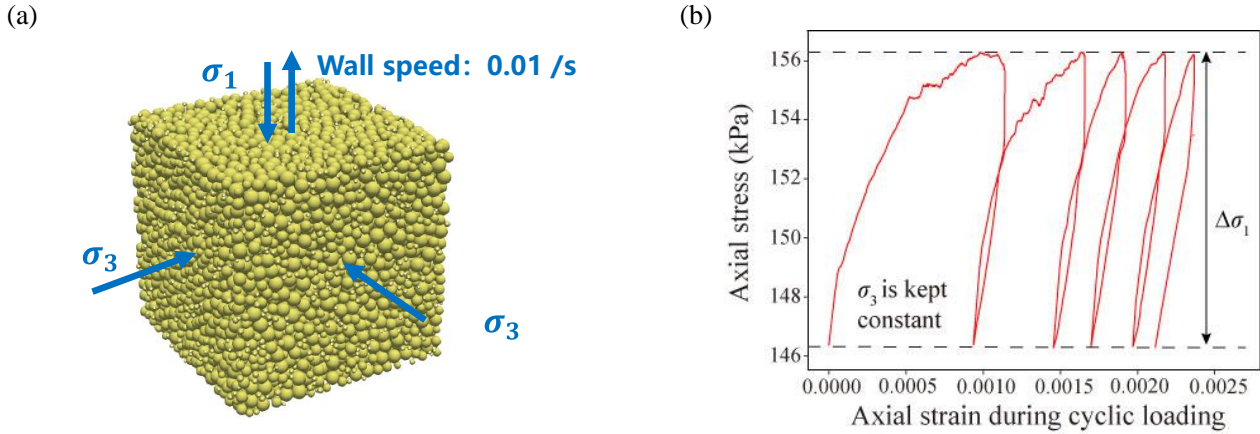
117
118 **Fig. 1** Grain size distribution of 3D numerical specimens
119

120 Figure 2 illustrates the progression of deviatoric stress ($q=\sigma_1 - \sigma_3$) and volumetric strain ($\varepsilon_v=\varepsilon_1+\varepsilon_2+\varepsilon_3$) with
121 axial strain for the numerical specimens subjected to various confining pressures during triaxial loading. It is clear that
122 both q and ε_v consistently rise with axial strain across all curves and demonstrate greater strength and higher
123 contractancy under increased confining pressures. To investigate the response of a specific specimen under cyclic
124 loading at distinct mechanical stress states, different specimens were saved during the triaxial loading, each
125 characterized by a different stress ratio ($\eta=p'/q$). The respective stress states are denoted by solid red circles in Fig. 2.



126 **Fig. 2** Deviatoric stress q (a) and volumetric strain ε_v (b) versus axial strain for the numerical specimens in triaxial
127 loading test under various confining pressures. Solid red circles indicate stress states saved for subsequent cyclic
128 loading test.

129 For the stress states selected during triaxial loading, a cyclic loading test is subsequently conducted in direction
 130 e_1 as defined in Fig. 1 while maintaining constant confining pressures in direction e_2 and e_3 , as shown in Fig. 3(a).
 131 During the cyclic loading process, a constant downward (and upward) velocity is initially applied to the upper (and
 132 bottom) wall to initiate the loading stage and impose an incremental stress $\Delta\sigma_1$. Once the stress on the upper wall
 133 reaches the target value $\sigma_1 + \Delta\sigma_1$, the movement direction of the upper (and bottom) wall is reversed to initiate the
 134 unloading stage. When the stress reduces to the initial axial stress σ_1 , the upper wall moves downward again. This
 135 completes one cyclic loading cycle, during which the lateral confining stress is kept constant. Various combinations of
 136 stress states, characterized by σ_3 , σ_1 and $\Delta\sigma_1$, are considered in this study, as outlined in Table 3. Throughout both the
 137 loading and unloading stages, the velocity of the upper wall is maintained constant and low enough, corresponding to
 138 an axial strain rate of 0.01/s, to ensure quasi-static conditions throughout the entire cyclic loading process. Fig. 3(b)
 139 give the axial stress–strain curve during the first 5 cycles for illustration under the case of $\sigma_3=100$ kPa, $\eta=0.39$ and
 140 $\Delta\sigma_1=10$ kPa. It shows that accumulative axial strain greatly develops during the first two cycles and gradually slows
 141 down in the following cycles.



142 **Fig. 3** (a) Movement of the walls to conduct cyclic loading and (b) Axial stress–strain curve during the first 5 cycles
 143 for illustration ($\sigma_3=100$ kPa, $\eta=0.39$, $\Delta\sigma_1=10$ kPa).

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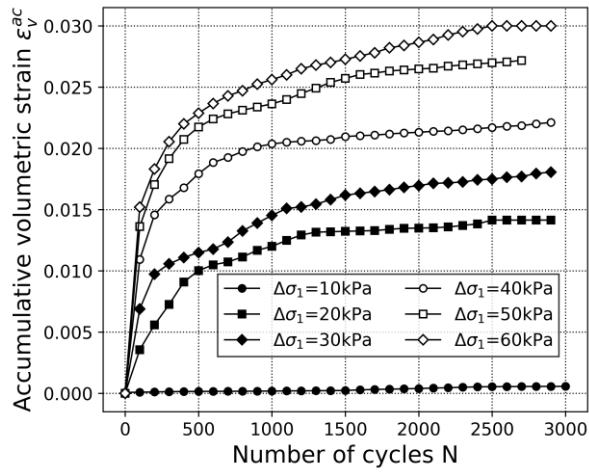
Table 3 Programs of cyclic loading test

σ_3 (kPa)	σ_1 (kPa)	η	$\Delta\sigma_1$ (kPa)
100	145	0.39	10, 20, 30,40, 50, 60
	159	0.49	5, 10, 20,30, 40, 50
200	302	0.44	20, 40, 60, 80, 100
	343	0.58	10, 20, 30, 40
400	623	0.47	20, 50, 100, 150, 200
	693	0.59	40, 80, 120, 160
800	1191	0.42	50, 100, 200, 300, 400
	1386	0.59	40, 80, 120, 160

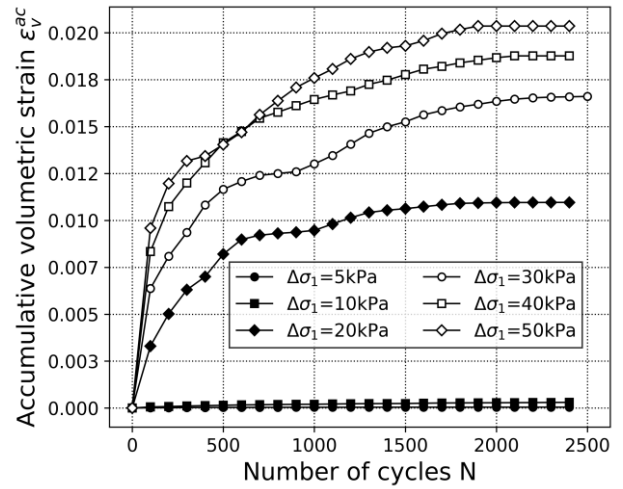
158 3. Macroscopic volumetric response to cyclic loading

159 3.1 Accumulative volumetric strain

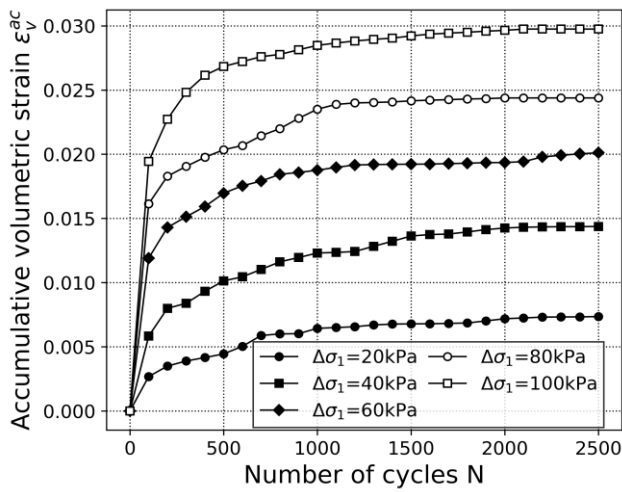
160 Figure 4 illustrates the evolution of accumulative volumetric strain (ε_v^{ac}) with the number of cycles (N) at various
161 loading amplitudes ($\Delta\sigma_1$) for specimens under different initial stress states (i.e., different σ_3 and η). All ε_v^{ac} - N curves
162 exhibit a monotonous increasing and eventually reach a steady value as N becomes relatively large. Note that in all
163 simulations, the values of $\sigma_1 + \Delta\sigma_1$ do not exceed the peak stress of the specimen which is obtained at the critical state
164 during monotonic triaxial loading, so that no detrimental response of deformation is observed. With the increase in
165 $\Delta\sigma_1$, both the number of cycles required to achieve a stabilized regime and the corresponding value of ε_v^{ac} increase.
166 For smaller $\Delta\sigma_1$ (e.g., $\sigma_3=800$ kPa, $\eta=0.42$ and $\Delta\sigma_1=50$ kPa), ε_v^{ac} stabilizes at a low value of 0.001 when the number
167 of cycles is only 100. However, for large $\Delta\sigma_1$, the resulting accumulative volumetric strain is significant. Considering
168 the case of $\sigma_3=100$ kPa, $\eta=0.39$ as an example, ε_v^{ac} exceeds 0.03 when $N > 2500$ at $\Delta\sigma_1=60$ kPa. This means that a
169 significant change in microstructure occurs during cyclic loading, consistent with the increase in the accumulative
170 volumetric strain.



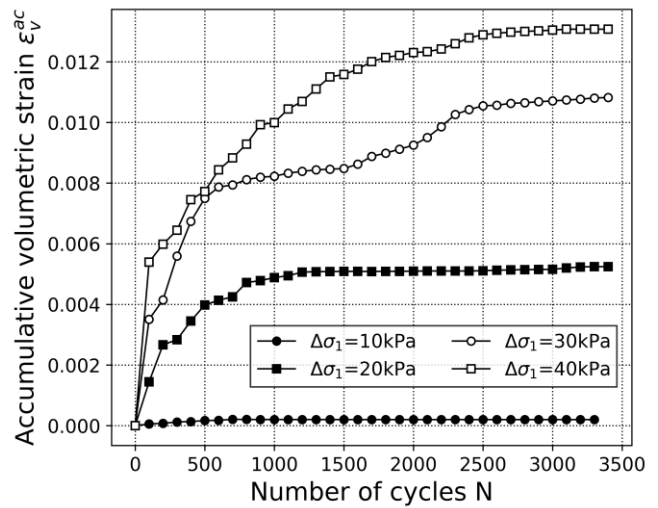
(a) $\sigma_3=100$ kPa $\eta=0.39$



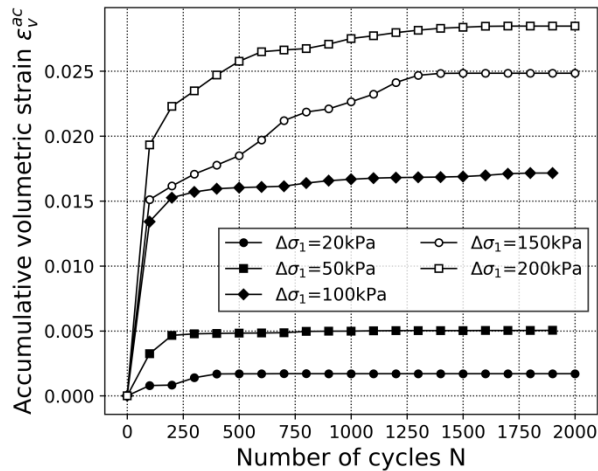
(b) $\sigma_3=100$ kPa $\eta=0.49$



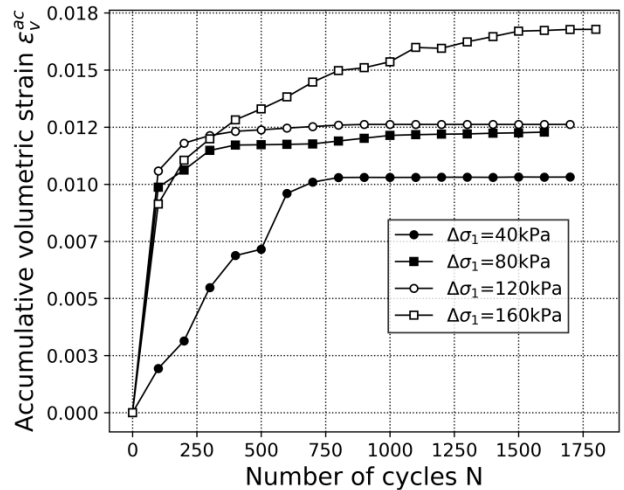
(c) $\sigma_3=200$ kPa, $\eta=0.44$



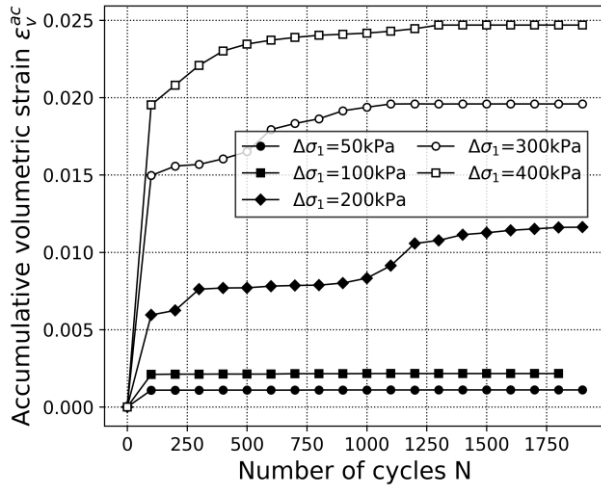
(d) $\sigma_3=200$ kPa, $\eta=0.58$



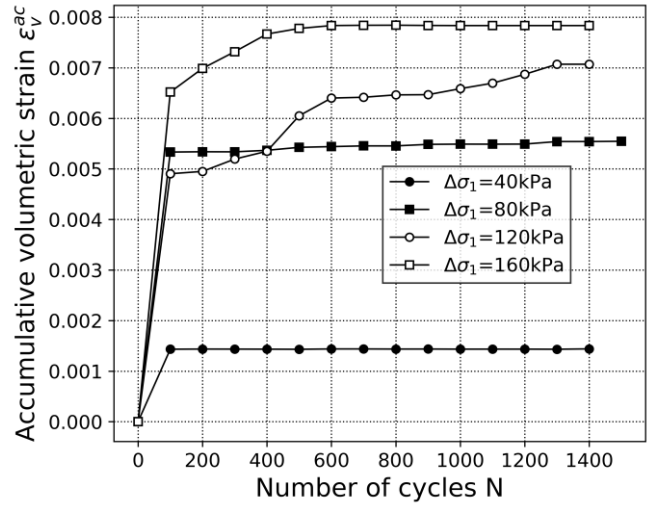
(e) $\sigma_3=400$ kPa, $\eta=0.47$



(f) $\sigma_3=400$ kPa, $\eta=0.59$



(g) $\sigma_3=800$ kPa, $\eta=0.42$



(h) $\sigma_3=800$ kPa, $\eta=0.59$

Fig. 4 Development of accumulative volumetric strain with number of cycles for specimens at various loading amplitudes and initial stress states.

171 3.2 Analysis of volumetric response in $e-p^*$ plane

172 The loose specimens investigated in this study undergo volumetric contraction during the cyclic loading process,
 173 resulting in a decrease in the void ratio. The void ratios after the cyclic loading test are computed under various
 174 loading amplitudes and are presented in Fig. 5 in terms of p^* . Here, p^* denotes the maximum mean pressure reached
 175 by the specimen during the cyclic loading by incorporating the cyclic loading amplitude ($\Delta\sigma_1$), expressed as
 176 $p^*=(2\sigma_3+\sigma_1 + \Delta\sigma_1)/3$, where σ_1 is the axial stress prior to the cyclic loading test. It is worth noting that the post-
 177 cyclic loading void ratios demonstrate a linear relationship with p^* in the $e-\log(p^*)$ plane, with a high correlation
 178 coefficient R^2 . Indeed, this linear relationship holds true irrespective of the initial stress state, encompassing different
 179 σ_3 and η . Similarly, Huang et al. (2019) observed that the final steady value of the void ratio (i.e., minimum void ratio)
 180 under cyclic loading varies linearly with the corresponding normal stress both in the shear band and outside the shear
 181 band of the specimen. They also noted that the slopes of these linear relationships are significantly different.
 182 Henceforth, we shall refer to this line in the $e-\log(p^*)$ plane as the maximum densification lines for cyclic loading,
 183 since the void ratio reach its minimum value under a certain cyclic load.

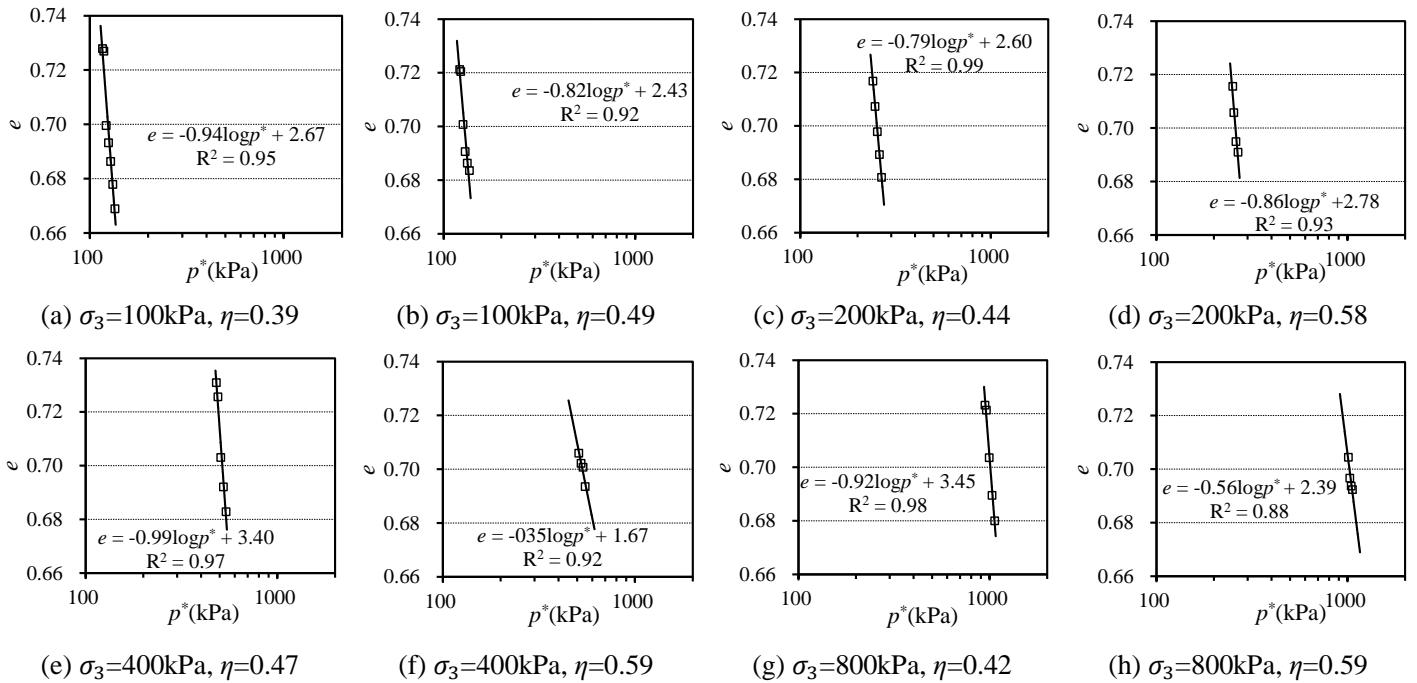
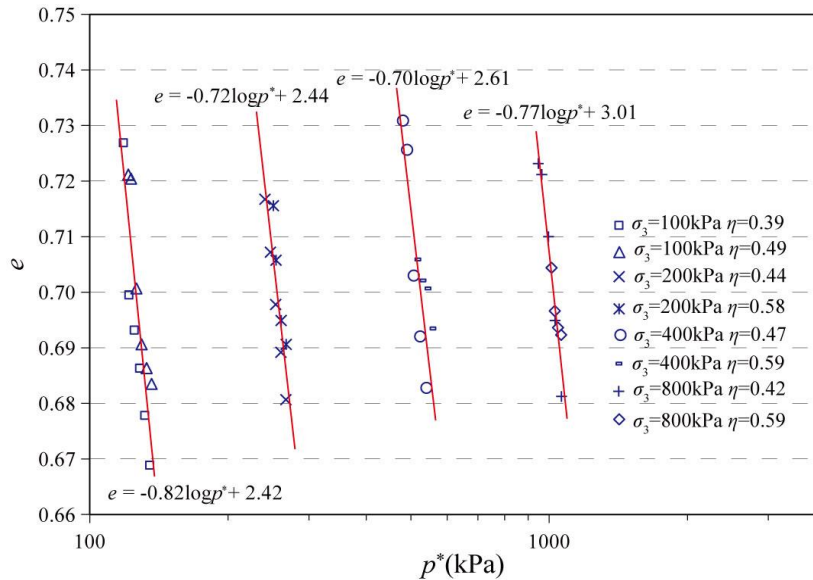


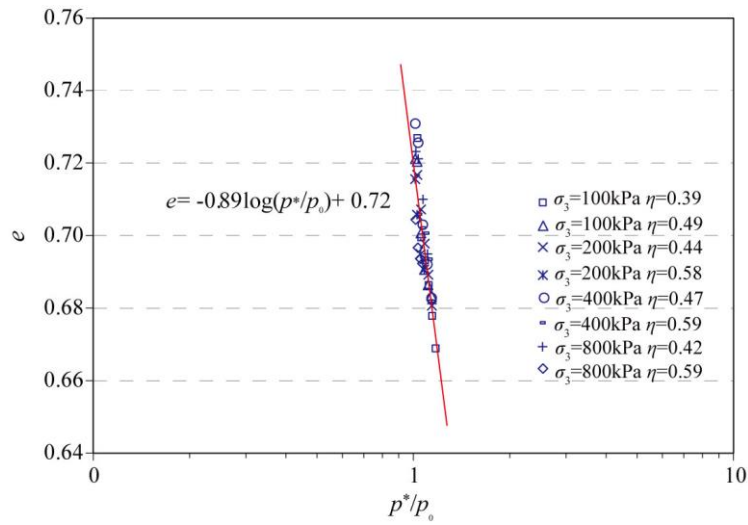
Fig. 5 Evolution of the void ratios after cyclic loading at various loading amplitudes as a function of p^* . p^* is the maximum mean pressure reached by the specimen during the cyclic loading.

184 Figure 6 presents all the post-cyclic loading void ratio data in the e - $\log(p^*)$ plane. A notable observation from
 185 Fig. 6 is that the post-cyclic loading void ratios of specimens subjected to the same confining pressure σ_3 lie on a
 186 single line in the e - $\log(p^*)$ plane. This indicates that after cyclic loading, specimens with an initial stress state
 187 corresponding to the same confining pressure share the same maximum densification line. Moreover, the slopes of the
 188 four fitted lines (i.e., $\sigma_3=100, 200, 400,$ and 800 kPa) are close, resulting in nearly parallel lines in the e - $\log(p^*)$
 189 planes.



190 **Fig. 6** Void ratios of specimens after cyclic loading versus p^* under various loading amplitudes and initial stress states.
 191

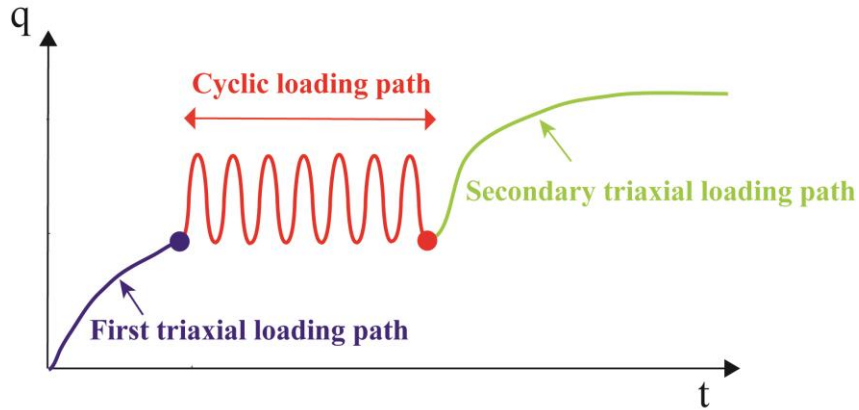
192 The data points representing the post-cyclic loading void ratios for all specimens are plotted in the e - $\log\left(\frac{p^*}{p_0}\right)$
 193 plane, as shown in Fig. 7. In this figure, p^* is normalized by its initial mean pressure p_0 , $p_0 = \frac{2\sigma_3 + \sigma_1}{3}$. An important
 194 finding is that these post-cyclic loading void ratios consistently form a single, unique line in the e - $\log\left(\frac{p^*}{p_0}\right)$ plane,
 195 independent of the initial stress state. This implies that for any stress states during a triaxial loading path, if a drained
 196 cyclic loading path is imposed at those stress states, they will all fall on the same maximum densification line. With
 197 this finding, by knowing the initial stress state before cyclic loading (p_0) and cyclic loading amplitude ($\Delta\sigma_1$), we can
 198 directly predict the void ratio after a large number of cyclic cycles.



199
 200 **Fig. 7** Void ratios of specimen after cyclic loading versus p^*/p_0 under various initial stress states. p_0 is the mean
 201 pressure of the specimen prior to cyclic loading test, $p_0 = \frac{2\sigma_3 + \sigma_1}{3}$.

202 4. Mixed cyclic loading and triaxial loading paths

203 This section aims to investigate how the cyclic loading path influences a specimen's progression towards the
 204 critical state. A fundamental question arises: if a specimen undergoes a cyclic loading path at a certain stress state, will
 205 it eventually reach the same critical state, just as it would without experiencing cyclic loading? In other words, does
 206 critical state depend on past loading history? To address this question, a comprehensive loading path combining cyclic
 207 loading path and triaxial path was simulated, as depicted in Fig. 8. The simulation was conducted as follows: after the
 208 cyclic loading paths were applied to the specimens as described in Section 2, a secondary triaxial loading path was
 209 executed while maintaining the lateral stress at its current level. These combined loading paths enable to evaluate
 210 whether the specimen converges to the same critical state when cyclic loading is applied.



212

213 **Fig. 8** Complex loading path combining cyclic loading path and triaxial loading path. The solid blue point denotes the
 214 state saved from triaxial loading to initiate cyclic loading. On the other hand, the solid red point represents the state
 215 when cyclic loading is completed and serves as the starting point for the subsequent triaxial loading.

216 4.1. p - q - e analysis

217 The evolutions of deviatoric stress q with axial strain during the process of secondary triaxial loading are
 218 depicted in Fig. 9. To facilitate comparison, the q curves from the primary triaxial loading are also included, as shown
 219 in Fig. 2 (section 2). One notable observation is that after cyclic loading, the q curves deviate from their original
 220 stress-strain paths, exhibiting a sharp increase at the beginning of loading and displaying considerably higher stiffness.
 221 This trend aligns with the finding that significant microstructure changes occur during cyclic loading, resulting in
 222 denser specimens. Furthermore, it is evident that the deviatoric stress increases with the rise of $\Delta\sigma_1$, some specimens
 223 even display stress softening under high $\Delta\sigma_1$, characteristic behavior of “dense specimen”. For instance, cases such as
 224 $\sigma_3=100$ kPa, $\eta=0.39$ and $\Delta\sigma_1=60$ kPa, as well as $\sigma_3=200$ kPa, $\eta=0.44$ and $\Delta\sigma_1=100$ kPa exemplify this behavior.
 225 Similar findings were reported by Cui et al. (2019), who conducted numerical monotonic simple shear tests on these
 226 samples after 6000 cycles of symmetric loadings. They observed that loose specimens densified during the cyclic
 227 loading, with the void ratio converging toward those of dense samples.

228 An intriguing observation is that all curves converge to the same deviatoric stress, regardless of the imposed $\Delta\sigma_1$
 229 during cyclic loading history. This deviatoric stress corresponds to the critical state stress obtained during standard
 230 monotonic triaxial loading path. It shows that critical state acts as a compelling attractor, pulling the specimen back
 231 towards the final state it should reach, despite the cyclic loading path induces significant alterations in the current state,

232 including density and fabric. This phenomenon underscores the remarkable attracting power of the critical state, as
 233 also noted by Deng et al (2021) in proportional loading path.

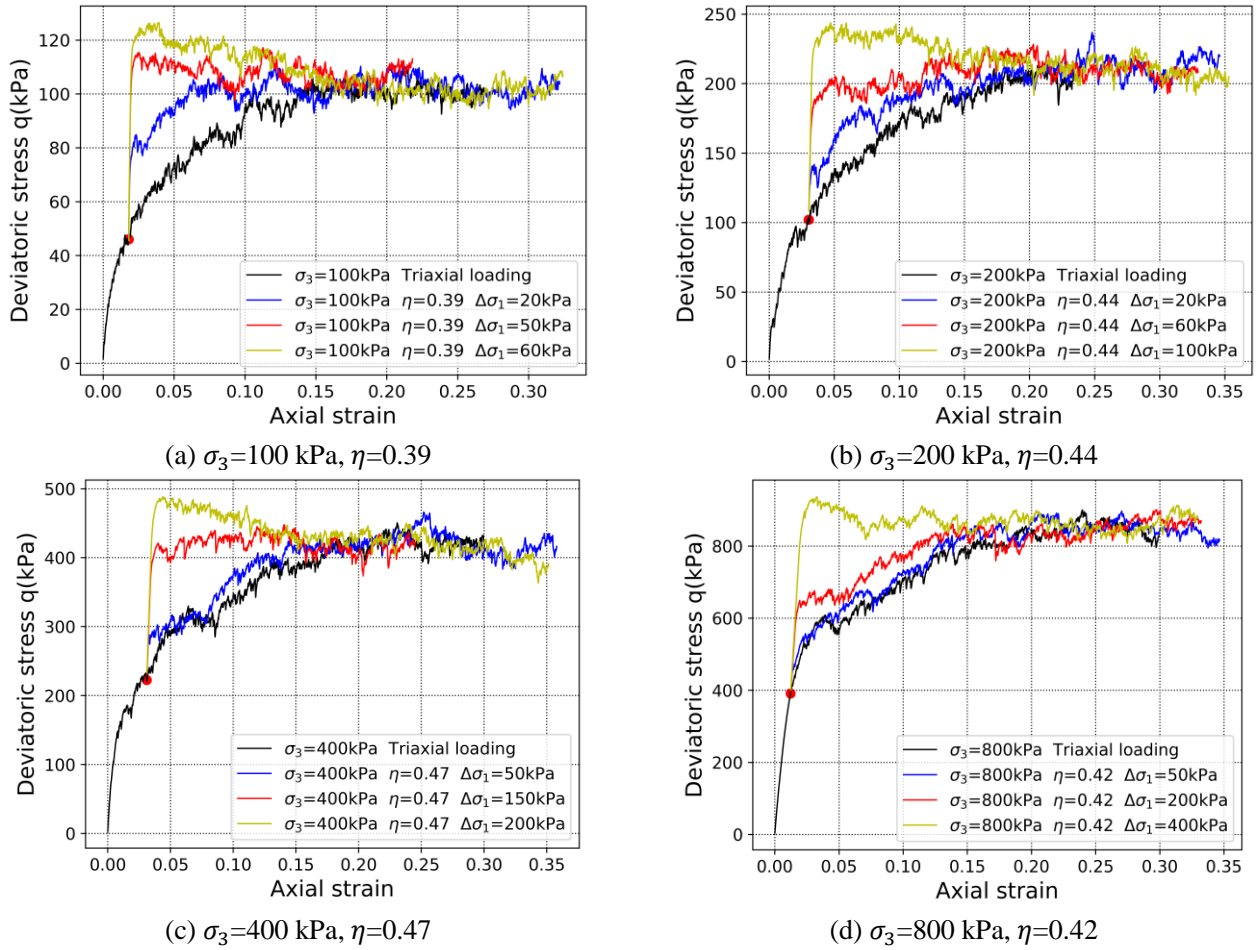
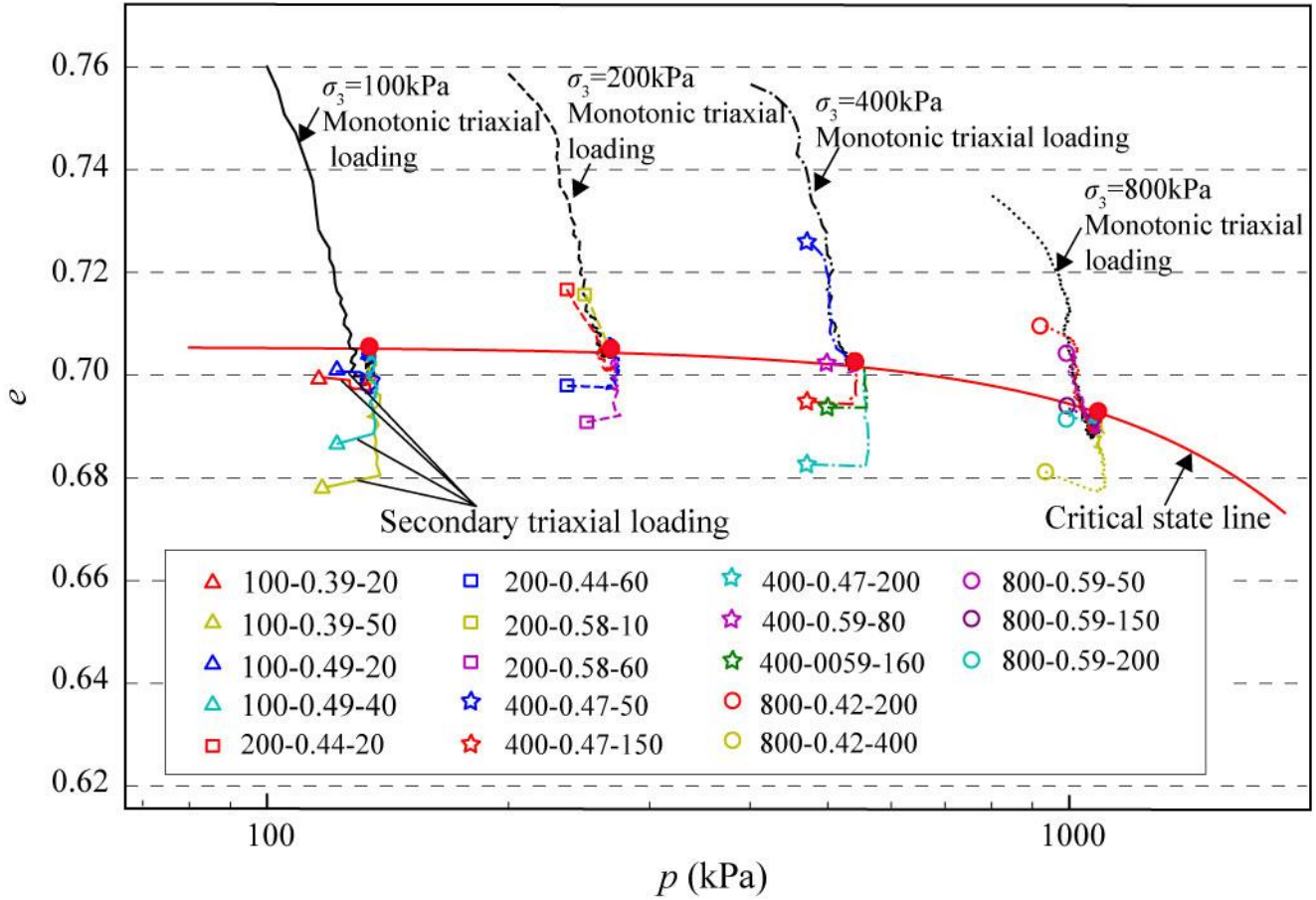


Fig. 9 Evolution of deviatoric stress with axial strain during the process of secondary triaxial loading after cyclic loading. Curves of reference triaxial loading are included for comparison. Red solid points represent the stress state after cyclic loading (i.e., the beginning of secondary triaxial loading).

234

235 Figure 10 illustrates the progression of void ratios for specimens during the secondary triaxial loading process.
 236 The critical state line obtained by fitting the critical void ratios under different confining pressures from monotonic
 237 triaxial loading is depicted as red curves. Hollow markers are plotted to represent the void ratio at the beginning of the
 238 secondary triaxial loading (i.e. end of cyclic loading). Remarkably, all post-cyclic loading void ratios evolve towards
 239 the critical state line, regardless of their initial state, and ultimately converge to the same critical state point as
 240 achieved in the loading path of monotonic triaxial loading. This feature confirms the remarkable attracting power of
 241 the critical state.



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244

245 **Fig. 10** Development of void ratios during secondary triaxial loading. Hollow markers are plotted to show the void
246 ratio of the state at the beginning of secondary cyclic loading (i.e., end of cyclic loading).

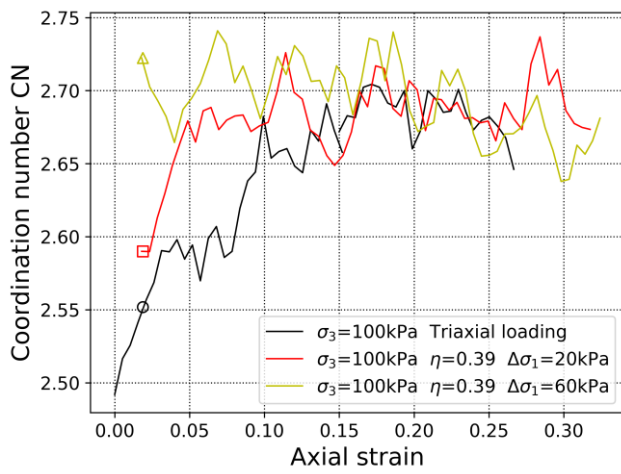
247

248 The findings reported in Fig. 9 and Fig. 10 provide compelling evidence that specimens evolve invariably
249 towards the same critical state p - q - e lines, irrespective of the altering effect of cyclic loading which induces
250 significant fabric changes within the specimen.

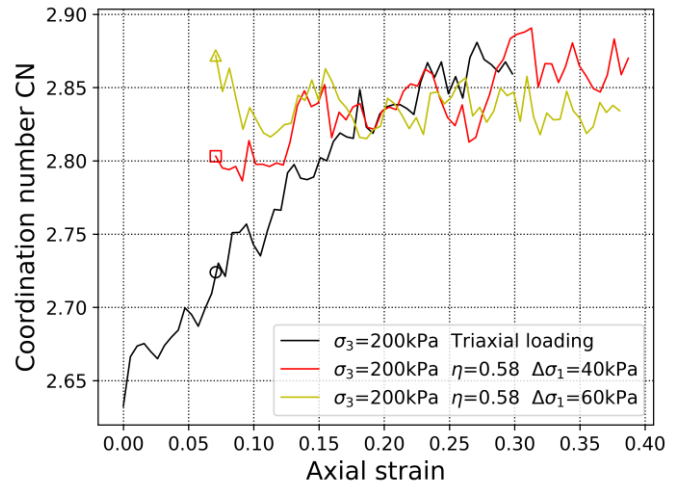
251 **4.2 Microscopic evolution**

252 The coordination number (CN), introduced by Rothenburg and Bathurst (1989), is a micromechanical metric that
253 quantifies the contact density within granular assemblies. It is defined as $CN = 2N_c/N_{total}$, where N_c represents the total
254 number of contacts and N_{total} represents the total number of particles. The evolution of CN during the secondary
255 triaxial loading under various initial states is presented in Fig. 11. Additionally, the evolution of CN within specimens
256 that only undergo triaxial loading is displayed for comparison marked as black curves. During triaxial loading with

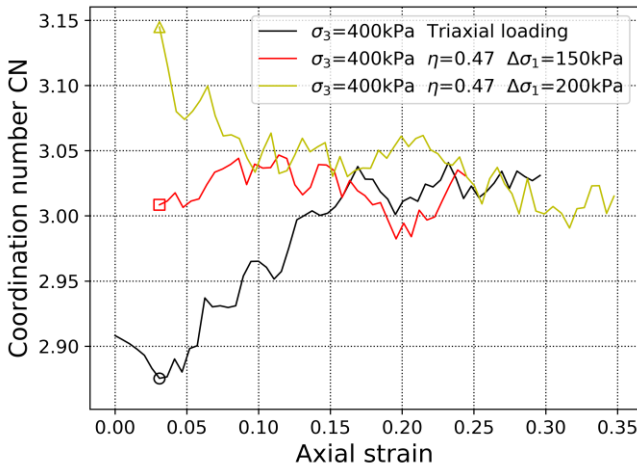
257 $\sigma_3=100$ and 200 kPa, CN remains below 3 throughout the entire loading process. As σ_3 increases to 400 and 800 kPa,
 258 CN increases overall, indicating that higher confining pressure enhances the contact density within the granular
 259 material. After cyclic loading, there is an increase in CN . Subsequently, with the development of axial strain, CN
 260 reaches the same value as the specimen during the reference triaxial loading. This observation is consistent with the
 261 behavior of q and e , both of which converging to the critical state value of the monotonic triaxial loading path. It
 262 should be noted that for the sake of clarity, only selected cases are presented here. The results for other cases are
 263 aligned with the above findings but not shown here.



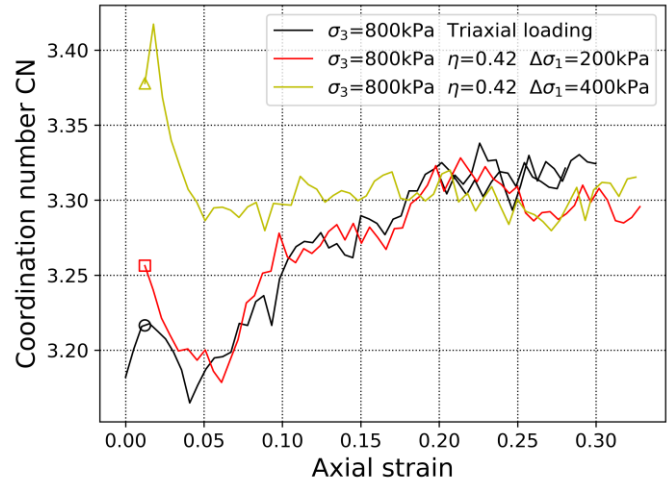
(a) $\sigma_3=100$ kPa, $\eta=0.39$



(b) $\sigma_3=200$ kPa, $\eta=0.58$



(c) $\sigma_3=400$ kPa, $\eta=0.47$



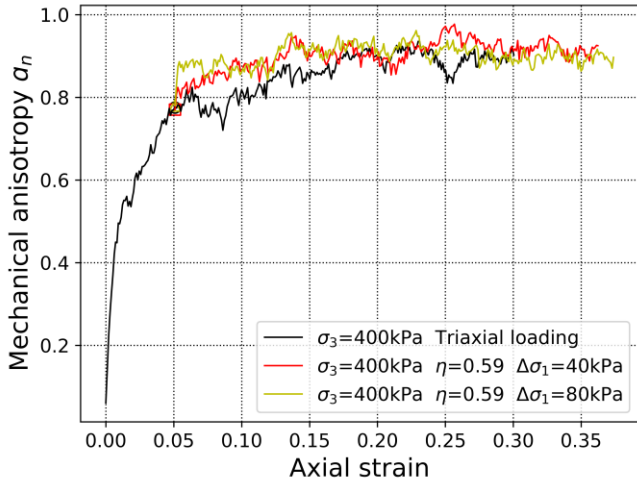
(d) $\sigma_3=800$ kPa, $\eta=0.42$

Fig. 11 Changes of coordination number (CN) with axial strain during the process of secondary triaxial loading. Hollow circle represents the CN at the state saved for cyclic loading. Hollow square and triangle represent the CN at the beginning of secondary cyclic loading.

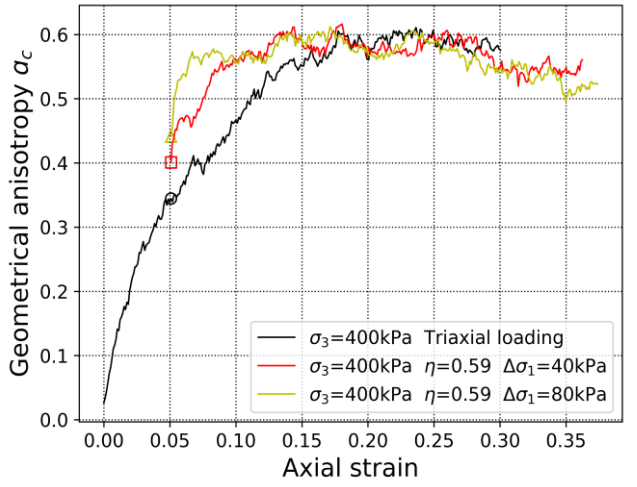
265 Anisotropy is an important concept in granular materials which reflects not only the fabric composition in
266 connection to the spatial arrangement of particles, voids and interparticle contacts but also the changes of these
267 microstructures induced by applied loads (Oda, 1982; Hoque and Tatsuoka, 1998). Within a granular assembly, two
268 main types of anisotropy are recognized: geometrical anisotropy and mechanical anisotropy (Cambou et al., 2004;
269 Rothenburg and Bathurst, 1989). Geometrical anisotropy is defined as the local orientation of a contact plane that
270 gives rise to the global anisotropic phenomenon. It can be quantified by a scalar a_c , which represents the deviatoric
271 invariants of the deviatoric part of fabric tensor as introduced by Oda (1982). Mechanical anisotropy is mainly caused
272 by external forces and depends on the induced contact forces in relation to contact plane orientations. It can be
273 quantified by a scalar a_n , which is associated with distribution of normal contact force¹. Well-established formulas for
274 a_c and a_n can be found in Guo and Zhao (2013) and are reviewed in Appendix A1.

275 Figure 12 shows the evolutions of a_c and a_n during secondary triaxial loading. It can be seen that after cyclic
276 loading, a_c experiences significant increase for loose specimens considered in this study, while a_n keeps almost the
277 same value. This highlights that the cyclic loading process changes the geometrical fabric (characterized by the
278 distribution of contact normal) but have little effect on the mechanical fabric (characterized by the distribution of
279 normal contact force) of the specimen. When a specimen is under cyclic loading, plastic deformation largely depends
280 on the rearrangement of grains by sliding, contact opening, and contact creation, all being related to the geometrical
281 fabric. Therefore, a_c show important change after cyclic loading. However, a_n is more related to the mechanical state
282 of the specimens. The fact that the cyclic tests are stress-controlled is consistent with that a_n does not change after
283 cyclic loading. During secondary triaxial loading, both a_c and a_n evolve towards the critical values of the specimen
284 along the reference triaxial loading path.

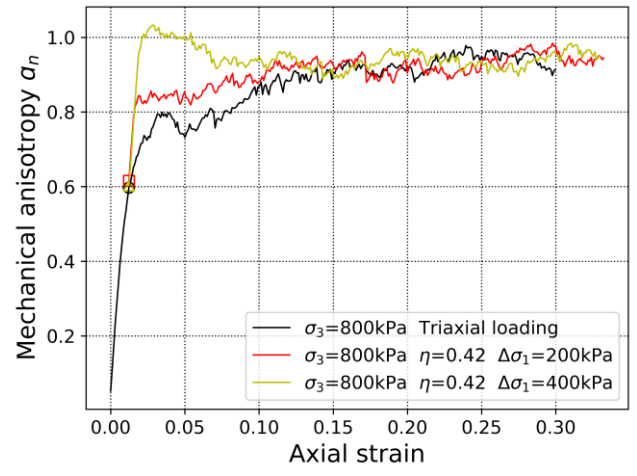
¹ Note that mechanical anisotropy should involve both normal contact force and tangential contact force. The anisotropy of normal contact force has been proven to be much more pronounced than that of tangential contact force. Thus, we only consider anisotropy of normal contact force here.



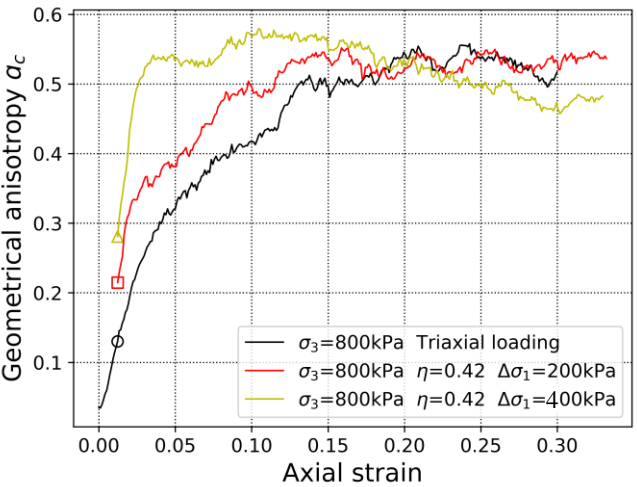
(a) a_n ($\sigma_3=400$ kPa $\eta=0.59$)



(b) a_c ($\sigma_3=400$ kPa $\eta=0.59$)



(c) a_n ($\sigma_3=800$ kPa $\eta=0.42$)



(d) a_c ($\sigma_3=800$ kPa $\eta=0.42$)

Fig. 12 Evolution of anisotropy (a_n and a_c) with axial strain during the process of secondary triaxial loading. Hollow circle represents the anisotropy at the state saved for cyclic loading. Hollow square and triangle represent the anisotropy at the beginning of secondary cyclic loading.

285

286 **5. Concluding remarks**

287 This manuscript intends to shed the light on the effect of initial stress state and cyclic amplitudes on the
 288 accumulative plastic deformation and the internal fabric evolution within granular materials during cyclic loading by
 289 means of 3D DEM simulations. The major novelties of this contribution are twofold:

- 290 • One significant finding of this research is the identification of a distinct linear relationship between post-cyclic
 291 loading void ratio (e) and the mean pressure of the specimen incorporating cyclic loading pressure (p^*) in the e - $\log(p^*)$
 292 plane across diverse cyclic loading amplitude. Furthermore, the post-cyclic loading void ratios were observed to

293 consistently fall on a unique line in the e - $\log(p^*/p_0)$ plane, regardless of the initial stress state p_0 prior to cyclic
294 loading, showing the existence of a unique maximum densification line of cyclic loading path. With this finding, by
295 knowing the initial stress state before cyclic loading (p_0) and cyclic loading amplitude ($\Delta\sigma_1$), we can directly predict
296 the void ratio after a large number of cyclic cycles.

297 • The study also delved into the interaction of cyclic loading with subsequent triaxial loading, revealing that
298 specimens, despite significant microstructure alterations are induced by cyclic loading, eventually converge to the
299 same critical state as they would attain along a unique triaxial loading without experiencing cyclic loading. This intri-
300 guing behavior underscores the influential and attractive power of the critical state, pulling the specimen back towards
301 its anticipated critical state despite perturbations from cyclic loading.

302 In summary, this study illuminates the presence of a unique maximum densification line in granular materials
303 under cyclic loading, providing essential insights for the development of constitutive models and accurate prediction
304 of accumulative plastic deformation in granular materials subjected to cyclic loading scenarios. However, it's
305 important to note that this study primarily focuses on stress-controlled drained cyclic loading paths. Future research
306 should expand the investigation to include other cyclic loading modes, such as undrained cyclic loading and constant
307 q (or p) cyclic loading, to further enrich our understanding of the complex mechanical responses of granular materials
308 in various loading conditions.

309

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409 **Appendix A1: Calculation of \mathbf{a}_c and \mathbf{a}_n**

410 The fabric tensor proposed by Oda (1982) quantifies the directional distribution of contact normals.

$$\phi_{ij} = \int_{\Omega} E(\mathbf{n}) n_i n_j d\Omega = \frac{1}{N_c} \sum_{c \in N_c} n_i n_j \quad (\text{A1})$$

411 where \mathbf{n} is the unit vector along the normal direction of the contact plane, n_i and n_j are the i th and j th component of \mathbf{n} ,
 412 Ω characterizes of the space of all the directions \mathbf{n} relative to the global coordinate system, N_c is the total contact
 413 numbers, and $E(\mathbf{n})$ is the distribution probability function for having a contact along direction \mathbf{n} . $E(\mathbf{n})$ can be
 414 expressed as the following second-order approximation:

$$E(\mathbf{n}) = \frac{1}{4\pi} (1 + a_{ij}^c n_i n_j) \quad (\text{A2})$$

415 where the second-order deviatoric anisotropy tensor a_{ij}^c is symmetric and characterizes the fabric anisotropy. a_{ij}^c can
 416 be determined using the following expression:

$$a_{ij}^c = \frac{15}{2} \phi'_{ij} \quad (\text{A3})$$

417 where ϕ'_{ij} is the deviatoric part of ϕ_{ij} .

418 As the mechanical anisotropy is related to normal force anisotropy, the following second-order tensor a_{ij}^n is
 419 adopted:

$$a_{ij}^n = \frac{15}{2} \frac{\chi'_{ij}{}^n}{\bar{f}^0} \quad (\text{A4})$$

420 where $\chi'_{ij}{}^n$ is the deviatoric part of χ_{ij}^n , χ_{ij}^n being determined from Equation (A5). $\bar{f}^0 = \chi_{ii}^n$.

$$\chi_{ij}^n = \frac{1}{N_c} \sum_{c \in N_c} \frac{f^n n_i n_j}{1 + a_{kl}^c n_k n_l} \quad (\text{A5})$$

421 Because \mathbf{a}^c and \mathbf{a}^n are deviatoric tensors by definition, it is convenient to use the following invariants to
 422 quantify the degree of anisotropy:

$$a_c = \text{sign}(a_{ij}^c \sigma'_{ij}) \sqrt{\frac{3a_{ij}^c a_{ij}^c}{2}} \quad (\text{A6})$$

$$a_n = \text{sign}(a_{ij}^n \sigma'_{ij}) \sqrt{\frac{3a_{ij}^n a_{ij}^n}{2}} \quad (\text{A7})$$

423 where σ'_{ij} is the deviatoric part of the stress tensor σ_{ij} and $\text{sign}()$ is the sign function. The sign function gives the

- 424 relative orientation of the principal direction of a_{ij}^c and a_{ij}^n with respect to that of the stress tensor. A positive sign
- 425 indicates that the major principal direction of a_{ij}^c or a_{ij}^n is closer to the major principal direction of the stress tensor.